2019 Annual SDNA Convention

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SDNA BOARD OF DIRECTORS

PRESIDENT
Term: 2017 - 2019
Margie Washnok
District 4
Cell: 380-4561 * Office: 229-8478
washnok@midco.net
drmargie.washnok@presentation.edu

VICE PRESIDENT
Term: 2017 - 2019
Deb Fischer-Clemens
District 10
Deb.fischerclemens@avera.org

SECRETARY
Term: 2018 – 2020
Dawn R. Warren
District 2
Office: (605) 791-6348
dawn.warren@usd.edu

TREASURER
Term: 2017 – 2019
Christina Plemmons
District 2
Office: 394-5166
christina.plemmons@sdstate.edu

GOVERNMENT RELATIONS COMMITTEE (GRC) CHAIR
Term: 2018 – 2020
Carrie Clausen-Hansen
District 4
Cell: 380-7320 Home: 877-3766
carrie.clausenhan@hotmail.com

PRESIDENT, DISTRICT 4
Term: 2018 - 2020
Marlys Volzke
Office: 229-5646
volzke@abe.midco.net

PRESIDENT, DISTRICT 5-7
VACANT

PRESIDENT, DISTRICT 8 & 9
Term: 2019 - 2021
Heidi Pelzel
Cell: (605) 949-1528 * Office: (605) 626-7188
heidi.pelzel@sdstate.edu

PRESIDENT, DISTRICT 10
Term: 2018 - 2020
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Office: 360-4441
gvdabuhr@gmail.com

PRESIDENT, DISTRICT 11
Term: 2017 – 2019
Kathy Jorgensen
Home: 267-4260 * Cell: 660-6763
kathy.jorgensen@usd.edu

SDNA STAFF
Eric Ollila
Executive Director
PO Box 1015 Pierre SD 57501
Phone: 271-7708 Fax: 888-600-1232
contactus@sdnurses.org
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I am a Nurse; Together we are SDNA

Cultural Covenant

As nurses, SDNA members and elected/appointed officials, we need each other to create nursing’s future.

Our issues are big and require the best thinking of each and every one of us.

Therefore, we shall demonstrate through our behaviors and preparation our commitment to the spirit and purpose of SDNA.

We recognize that we are more alike than we are different, but we know that differences often lead up to better decisions.

We believe that passion is positive and confrontation is counterproductive.

We affirm the value of each person.

We shall create an atmosphere of acceptance, demonstrating care for each other, as we do our patients.

We shall listen to each other so each voice will feel heard.

We shall respect each other’s opinions.

We shall be positive and open to new possibilities.

We shall build on our past by focusing on our future.

Through consideration, collaboration, compromise and consensus we can achieve our common goals.¹

If not us, who?
If not now, when?

¹ Authored by the Ohio Nurses Association, 2009
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<table>
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<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>9:00-11:00</td>
<td>Board of Directors Meeting <em>(Oz Room)</em></td>
</tr>
<tr>
<td>11:00-12:30</td>
<td>“A Nurse Is…” Program and Pizza Party for students ages 11, 12 and 13 <em>(Oz Room)</em></td>
</tr>
<tr>
<td>11:00-1:00</td>
<td>Convention Registration</td>
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*(All presentations will be held in the Theatre)*

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>1:00</td>
<td>Opening Ceremony – Carrie Clausen-Hansen, Master of Ceremony</td>
</tr>
<tr>
<td></td>
<td>Presentation of Colors – Glacial Lakes Detachment 852</td>
</tr>
<tr>
<td></td>
<td>Welcome by Mayor of Aberdeen</td>
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<tr>
<td></td>
<td>SDNA President, Margie Washnok, DNP, RN</td>
</tr>
<tr>
<td></td>
<td>“A Nurse Is…” Presentation of contest awards</td>
</tr>
<tr>
<td>1:15-2:15</td>
<td>Keynote – Nurses on Boards Coalition, Executive Director, Laurie Benson, <em>Raising your Leadership Voice: Connecting in Local Communities to Improve Health through Service on Boards</em></td>
</tr>
<tr>
<td>2:15-2:30</td>
<td>Break</td>
</tr>
<tr>
<td>2:30-3:30</td>
<td>Peggy Gebur, Department of Veterans Affairs: Serving Those Who Have Served. Sue Helling – <em>Access &amp; Types of Appointments</em>; Sherry Slycord – <em>Battlefield Acupuncture</em>; DeeAnn Suther – <em>Care in the Community or Mission Act</em>.</td>
</tr>
<tr>
<td>3:30-3:45</td>
<td>Break</td>
</tr>
<tr>
<td>3:45-4:45</td>
<td>Ashley Hansen, PharmD, BCPS, Sanford Pharmacy Manager- <em>Opioids: The “Easy Button” for Pain Control that Lead to an Epidemic</em></td>
</tr>
<tr>
<td>4:45-5:00</td>
<td>Break</td>
</tr>
<tr>
<td>5:00-6:00</td>
<td>SDNA Annual Business Meeting <em>(Convention Center)</em></td>
</tr>
<tr>
<td>6:00-9:30</td>
<td>Banquet, Entertainment by Magic Joe and Live Auction – Steve Simon, Simon Auction <em>(Convention Center)</em></td>
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</tbody>
</table>
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To promote unity of the nurse practitioner profession across the state, provide opportunities for education, networking with colleagues, and opportunities for political involvement.

Visit http://www.npasd.org for more information and to join online.
### Monday, October 7, 2019

#### 8:00-9:00 Registration and Continental Breakfast *(Atrium)*

*(All presentations will be held in the Theatre)*

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>9:00-10:00</td>
<td>Keynote Address- Nurses on Boards Panel Discussion. <em>Nurses Connecting for Impact in Communities through Board Service.</em> Laurie Benson- Moderator. Panelists – Heidi Myhre, Tom Stenvig, Sandra Welling, Deb Fischer-Clemens</td>
</tr>
<tr>
<td>10:00-10:15</td>
<td>Exhibitor Break</td>
</tr>
<tr>
<td>10:15-11:00</td>
<td>Carrie Churchill, RN South Dakota Department of Health Home Visiting Program Manager. <em>Bright Start – Big Difference: Maternal Infant and Early Childhood Home Visiting using an Evidence-based Nursing Model</em></td>
</tr>
<tr>
<td>11:00-11:45</td>
<td>Nancy Hartung, MSN RN CDE, Sanford Aberdeen Diabetes Educator. <em>Diabetes and the Carbohydrate Connection</em></td>
</tr>
<tr>
<td>11:45-12:15</td>
<td>Exhibitor Break, Poster Exhibit, &quot;A Nurse Is...&quot; Contest display</td>
</tr>
<tr>
<td>12:15-1:45</td>
<td>Awards Luncheon <em>(Convention Center)</em>. SDNA President’s Address – Margie Washnok. Award Presentations. Invitation to 2020 Convention from Rapid City</td>
</tr>
<tr>
<td>2:00</td>
<td>Silent Auction Closes</td>
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<tr>
<td>2:00-2:45</td>
<td>Bonnie Rinehart, RN – <em>Magnifying Your Days One Connection at a Time</em></td>
</tr>
<tr>
<td>2:45-3:15</td>
<td>Closing Ceremony/ Retire Flags/Evaluation/Adjournment</td>
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<tr>
<td>3:15</td>
<td>Post-Convention Board of Directors Meeting <em>(Theatre)</em></td>
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2019 South Dakota Nurses Association

2019 SDNA Annual Meeting Agenda

Sunday, October 6, 5 pm - 6 pm
Best Western Ramkota – Aberdeen, SD

I. Call to Order: Margie Washnok
II. Roll Call of Board of Directors: Dawn Warren
III. Approval of the Agenda
IV. Acceptance of Standing Rules
V. Acceptance of Cultural Covenants
VI. Approval of October 7, 2018 Annual Meeting Minutes
VII. Treasurer’s Report: Christina Plemmons
VIII. Executive Director Report: Eric Ollila
IX. District Reports
   a) Districts 1-3: Michelle Salazar
   b) District 4: Marlys Volzke
   c) District 5 - 7: N/A
   d) District 8 and 9: Heidi Pelzel
   e) District 10: Vicky Buhr
   f) District 11: Kathy Jorgensen
X. Committee Reports
   a) Awards Committee: Joanne Tieman
   b) Education Committee: Christina Plemmons
   c) Government Relations Committee: Carrie Clausen Hansen
   d) Nominations Committee: Sandra Wellington
   e) N-STAT: Deb Fischer Clemens
XI. Coalition and Liaison Reports
   a) SDNA Political Action Committee: Julie Dangel
   b) SD Nurses Foundation: Tom Stenvig
XII. Other Reports
   a) Board of Nursing Report: Gloria Damgaard
   b) Center for Nursing Workforce Report: Linda Young
XIII. Unfinished Business
XIV. New Business
   a) Tellers Report and Introduction of New Leadership
XV. Invitation to 2020 SDNA Convention
XVI. Resolutions
XVII. Adjourn
The meeting was called to order by President Margie Washnok

Roll Call of Board of Directors-Present: Margie Washnok (President), Deb Fischer Clemens (Vice President), Christina Plemmons (Treasurer), Carrie Clausen Hansen (GRC Chair), Eileen Bruner Halvorson (President D8&9), Kathy Jorgenson (President D 11), Eric Ollila (Executive Director)

Approval of Agenda- It was noted that the dates of the 2017 Annual Meeting were incorrect. The meeting was October 1, 2017. Motion to approve agenda as corrected—M Lois Tschetter, S Carmen Timmerman, Motion Carried

Acceptance of Standing Rules (pg 20) M—Roberta Olson, S Carmen Timmerman, Carried

Acceptance of Cultural Covenant- (pg 5) M- Susan Kelts, S Kathy Jorgenson, Carried

Approval of Annual Meeting Minutes (2017) M Marie Cissel, S Roberta Olson, Carried

Annual Book of Reports- President Margie Washnok invited attendees to review the reports as written in the book and as distributed. Those contributing reports were asked to provide additional information or information if needed.

Treasurers Report (pg . 22)- Christina Plemmons reviewed the Year-End report(pg . 23-24). Christina and Eric answered questions.

Executive Director (pg. 25-26), additions- Eric discussed the new website and highlights/benefits of the new website, clarified that it has the same web address

District Reports

1-3—Carla Texel provided the following additional information- meetings are held every other month, will have annual dessert with legislators, Susan Kelts is running for District 32 House, Sherry B Smith is running for D31 Senate, doing fundraiser with businesses (gift cards- SDNA gets a percentage of card $$)

4- No additions

5-7- No report

8/9 – was distributed, additional Thank You to committees and especially Chairs of Committees, Heidi Pelzel designed the logo,

10- No additions

11-No additions
Awards (pg. 30)- no additions,

By-Laws—(pg. 31—35) Marie Cissel discussed proposed changes and rationales for them,

Questions regarding District expectation for fundraising and money for membership development, how it is communicated, question regarding the need to include it in the By-Laws

Christina and Eric clarified budgetary process and how the money is allocated/expenses approved

The process of voting when no notice is given was clarified.

GRC (pg.37)- Carrie provided additional information about Federal legislation, topics discussed at the ANA meeting that she and Eric attended and encouraged all members to sign up for the Capitol Updates and RN Action notifications for Federal Legislation updates. She also encouraged each District to review GRC membership, assure members want to remain active and asked those districts without representation to elect someone.

Nominations (pg.38)- correction: Lois Tschetter was Chair not Linda Burdette

NSTAT (pg. 39)—Deb Fischer Clemens- discussed need to pay attention, nurses having the voice, we are the largest advocacy group for health and nurses, our voice is important and respected

Membership Assembly (pg. 40-41)- no additions

PAC- (pg. 41)—Julie Dangel- Goal for fundraising is $1000, reviewed the process of supporting candidates, possibility of changes, discussed need to elect 2 members at large to be on the PAC

Deb Fischer Clemens nominated Jacquie Kelley and Carla Texel. Heidi Pelzel —Moved that nominations cease, Tom Stenvig stated moved to call the question— passed,

Motion to elect passed

Foundation(pg. 42) Tom provided the following additions- 2019 the foundation will celebrate 20 years, he reviewed the amount of scholarship dollars that have been given thus far.

Those gathered gave a round of applause of Thank you to Tom and other members of the Foundation over the years.

South Dakota Board of Nursing (pg.43-44) Gloria Damgaard provided these additions/highlights- there is now audio streaming of the BON meeting via sd.net, fees will increase Nov 1-this is the first increase since 2003, new rules for APRN in July

Center for Nursing Workforce (pg.45-46)-Linda Young, in addition to the written report, Linda reported that CNW will be putting out a new report on supply, there is a Strategic Planning Session in April and reports will be available, will send date to Eric and all will be welcome, Nursing Leadership Program cohort is finishing mentorship—new cohort will then be developed in another area

NPASD—no additions
New Business

Lani White was recognized and thanked for her work on the Core Issues Task Force

By-Laws-Motion to vote on the changes proposed by Carrie Clausen Hansen, S Deb Fischer Clemens- Motion carried

By-Law changes

Teller Committee Report- The following were elected

Secretary –Dawn Warren

GRC Chair- Carrie Clausen Hansen

Nominations Committee-Helene Hegge, Lois Tschetter

Membership Assembly Delegate-Kathy Jorgensen-, KL Jean Yockey- alternate

Motion to destroy 2017 ballots—M Carmen Timmerman, S-Julie Dangel-Carried

Deb Fischer Clemens stated a resolution to congratulate newly elected leaders. A round of applause was given.

Invitation to 2019 Convention- deferred to Awards Banquet

Move to adjourn- M Heidi Pelzel, S Eileen Bruner Halvorson, Carried

Respectfully submitted,

Carrie Clausen Hansen – GRC Chair
Secretary Pro-Tem
STANDING RULES FOR THE SDNA ANNUAL
CONVENTION BUSINESS MEETINGS

• Rule 1. To obtain the floor, a Member shall rise, address the Chair (“Mr. or Madam President”),
give his or her name and district and, upon recognition by the Chair, may speak.
• Rule 2. No Member shall speak in debate on any one motion or question for more than two
minutes.
• Rule 3. No Member may speak more than once to a motion or question if a Member who has
not spoken wishes to do so.
• Rule 4. Members shall limit their remarks to the merits of the pending motion or question.
• Rule 5. Business interrupted by a recess of the meeting shall be resumed at the next business
meeting at the point where it was interrupted.

Resolutions
Honorary and Commemorative Resolutions can originate from any district or by an individual
member and may be brought from the floor. The procedure for presenting Substantive Resolutions
as adopted by the SDNA Board of Directors on October 7, 2012, to encourage presentation of
thoughtful and constructive resolutions on the part of the Membership through approved channels,
is as follows:

Substantive Resolutions must comply with the following process and timeline:
1. Substantive Resolutions must be submitted to the SDNA Board of Directors (Board) on or before
January 1st of the year in which the resolution will be considered;
2. The Board will review any Substantive Resolution(s) that have been submitted to the Board at its
regularly scheduled winter board meeting;
3. Additional information that the Board deems appropriate may be requested. The individual
submitting the Substantive Resolution(s) must submit said information by April 1st of that year.
The Board may also request that the individual submitting the Substantive Resolution(s) appear
at the regularly scheduled spring board meeting to present;
4. The Board will give final consideration to the Substantive Resolution(s) at the regularly scheduled
spring board meeting;
5. Any Substantive Resolution(s) approved by the Board will be published to membership during
the summer and presented to membership at the SDNA Annual Meeting for a vote of the
membership;
6. The Board will direct appropriate action of SDNA to carry out any Substantive Resolution(s)
passed by membership and will allocate appropriate resources if and when available.

Definition of Terms:
• Commemorative Resolution: deals with the commemoration of important events or developments
in nursing, in specific fields, or in government.
• Honorary Resolution: gives recognition to individuals who have made significant contributions to
nursing.
• Substantive Resolution: deals with the basic principles and policies of the Association, or issues
of statewide concern to nurses as practitioners and citizens.
Welcome to the 2019 SDNA Convention, "Nurses Connecting Communities." I am looking forward to another excellent, regenerating convention. I also suggest that we do not just work on “Connecting Communities” during the convention, but all year.

I would like each of you to think about how you can be the “Nurses Connecting Communities.” When you leave the convention, I urge each of you to make an effort to incorporate your ideas and the information you gained from the convention to connect communities. I believe this is how we help others understand what nurses do, how they are working in the communities, and helping each person in a community to engage in healthy lifestyle practices.

Reflect on the history of nursing and how many of our nurse leaders implemented measures to connect communities. Florence implemented this by working to reduce infections, include self-care assessments, through therapeutic communications, spiritual nursing care, and public health advocacy. As a community/public health nurse, I also think about the work that Lillian Wald did to connect the nurses in the community. She connected nurses in communities by teaching how to improve the environment, developed nursing centers, and the Henry Street Settlement where nurses helped people in homes and schools.

Ask yourself, how you can continue to be the nurse that connects communities. How can you implement self-care, therapeutic communications, create healthy environments, and be advocates for individuals/families/groups within the community.

I would also like to take a moment to reflect on the past five (5) years that I have served as SDNA President. This has been a very rewarding and informative time. It has been an honor to serve as the SDNA President and represent the organization at the ANA Membership Assembly, as well as; at other events. I believe our organization is growing, with each of us inviting a new member to attend a district meeting and the SDNA Convention.

President Margie Washnok
SDNA members should be proud of what they accomplished in 2018-2019, though we can do more fundraising at the event and district level. District 8&9 did a great job on the 2018 convention in Brookings. The 2018 Convention was well received and exceeded our fundraising goals. 2019 NDL was well attended but not as much as the year prior; we came close to our fundraising goals but did not achieve them. District 10’s spring workshop had terrific programming and was again well-received but did not meet our income-over-expense goals. Next year’s Spring Workshop is April 4 in Sioux Falls; please save the date and attend, as D10 is working hard.

I attended two ANA events in 2018-2019, both in Washington D.C. In June 2019 I attended ANA Membership Assembly, and in September 2019 I attended ANA Lobbyist meetings. ANA MA delegate Margie Washnok also attended ANA MA, while an illness kept our other delegate from attending; SDNA GRC Chair Carrie Clausen Hansen also attended the ANA Lobbyist meeting.

A synopsis of the administrative work of the SDNA follows:

**Executive Director/Office/Bookkeeping:** The Association contracts for executive director and other office/bookkeeping services. These contractual relationships allow the Association to reduce overhead while maintaining the office and day-to-day operations. The Association is not responsible for office equipment, utilities, maintenance, rent, etc., but is instead benefitting from a sharing of office resources.

**Lobbying/Government Relations:** During the 2019 Legislative Session, Midwest Solutions lobbied on behalf of the SDNA. Legislative updates were emailed to SDNA members weekly to keep members apprised of the legislative issues and the current status of bills impacting the nursing profession and SDNA members. Additionally, teleconferences were held weekly with the Government Relations Committee to discuss bills of interest and the current status of each.

Action Alerts were emailed to membership throughout the 2019 Legislative Session. Please take action when you receive these Action Alerts and please do so within the timeframe set forth in the Action Alert. Bills move quickly through the legislative process. The Action Alerts are sent with instructions and a timeframe to allow SDNA members to participate in the legislative process and impact the ultimate disposition of bills.

We work hard to ensure that SDNA’s voice is heard, but legislators need to hear from their constituents about issues important to the nursing profession – not just during the legislative session, but throughout the year. You will never know what an impact you can have on the legislative process until you get involved!

We would like to thank the Government Relations Committee and its chair, Carrie Clausen Hansen, along with the SDNA members, nurses and students that participated in Nurses Day at the Legislature (NDL) or through the Action Alert process. We appreciate your time, talents and all that you do to engage legislators on SDNA issues. We look forward to the 2020 Legislative Session and hope to see many of you at NDL!

**Communications:**
*Newsletter:* Our quarterly publication is the “South Dakota Nurse,” and we mail it to all nurses who hold a license in South Dakota. The Association currently contracts with Arthur Davis Publishing.
Website: SDNA’s website can be found at www.sdnursesassociation.org. We continue to update content on a regular basis to reflect current events and information. Don’t forget that we have a “Calendar of Events” with information on upcoming SDNA activities and events. And the SDNA should have a new website by Convention, so we’ll have something new to explore.

Facebook: If you’ve not done so, please “like” the SDNA. Our Facebook “friends” continue to grow in number. We currently have 592 likes. We routinely post event information, surveys, articles, ANA information, etc. It’s a great way to stay informed. SDNA’s Facebook page can be found at www.facebook.com/sdnurses.

Membership: As of August 2019, the Association had 460 members, up 5 members from 2018. We continue to reach out to individuals whose memberships are coming up for renewal prior to, at and following the renewal period. The Association continues to work hard to engage the next generation of nurses.

We also encourage each of you to recruit one new member a year. Are there colleagues that are not currently members of the Association that you could recruit? Nurses need to hear from other nurses on the value of membership in SDNA. If you would like membership applications or other membership material, please contact the office and we would be happy to provide them.

Non-Dues Revenue: Non-dues revenue accounts for much of the Association’s operating budget. The Association has developed professional development programs and events that benefit nurses. Event registration is important for both educational and career development and revenue goals and factors. The Association evaluates these programming on an ongoing basis. The Board and districts focus on presenting topics that are relevant and interesting to our members and nurses in general.

Eric Olilla
TREASURER’S REPORT

I am pleased to report SDNA continues to maintain a prudent reserve fund. This is due to the fiscally responsible work of the Board of Directors and the Districts. Refer to the budget and account information provided in this convention program. As you can see, membership dues revenue continues to be a major source of funding for SDNA. We saw a slight downturn in membership last year, which is reflected in the income item. Annual convention revenue is our second major source of funds, and last year’s convention came in well under cost with strong revenue.

Your continued financial support at the local and state levels allows SDNA to advocate for the nursing profession at the state and national level.

It has been my pleasure to serve as SDNA treasurer. As your treasurer, I attend quarterly board meetings, review/approve income and payments via bi-weekly communication with the very supportive bookkeeping staff at Anderson, Nill & Associates, Inc., and work closely with SDNA’s President, Margie Washnok, and Executive Director, Eric Ollila.

Christina Plemmons, PhD, RN-BC CNE
SDNA Treasurer
### Income Statement

**Fiscal Year July 1, 2018-June 30, 2019**

**Budget vs Fiscal Year to Date Report - June 30, 2019**

<table>
<thead>
<tr>
<th>Description</th>
<th>Actual</th>
<th>Budget</th>
<th>Variance</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Membership Dues</td>
<td>$50,327.23</td>
<td>$51,941.40</td>
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<td>Affiliate Dues</td>
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<tr>
<td>Spring Workshop (D 10)</td>
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<td>$(3,217.49)</td>
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<tr>
<td>Convention Registrations and Fees</td>
<td>$20,774.20</td>
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<td>774.20</td>
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</tr>
<tr>
<td>Convention Auction</td>
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<tr>
<td>NDL Registrations and Fees</td>
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<td>Royalties</td>
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<td>$-</td>
<td>$(-2,211)</td>
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<tr>
<td>Career Center</td>
<td>$1,587.92</td>
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<td>$(512.08)</td>
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</tr>
<tr>
<td>District 1-3</td>
<td>$1,000.00</td>
<td>$1,000.00</td>
<td>$(0.00)</td>
<td>0.00</td>
</tr>
<tr>
<td>District 4</td>
<td>$1,000.00</td>
<td>$1,000.00</td>
<td>$(0.00)</td>
<td>1.00</td>
</tr>
<tr>
<td>District 5-7</td>
<td>$1,000.00</td>
<td>$1,000.00</td>
<td>$(0.00)</td>
<td>0.00</td>
</tr>
<tr>
<td>District 8-9</td>
<td>$1,000.00</td>
<td>$1,000.00</td>
<td>$(0.00)</td>
<td>0.00</td>
</tr>
<tr>
<td>District 11</td>
<td>$1,000.00</td>
<td>$1,000.00</td>
<td>$(0.00)</td>
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</tr>
<tr>
<td>Interest</td>
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<td>$100.00</td>
<td>$433.14</td>
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</tr>
<tr>
<td>Miscellaneous</td>
<td>$12.00</td>
<td>$-</td>
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<tr>
<td><strong>Total Income</strong></td>
<td>$96,633.36</td>
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</tr>
</tbody>
</table>

### Expense Statement

**Fiscal Year July 1, 2018-June 30, 2019**

**Budget vs Fiscal Year to Date Report - June 30, 2019**

<table>
<thead>
<tr>
<th>Office</th>
<th>Actual</th>
<th>Budget</th>
<th>Variance</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rent</td>
<td>$960.00</td>
<td>$600.00</td>
<td>$(360.00)</td>
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<td>Telephone</td>
<td>$2,128.96</td>
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<td>Postage</td>
<td>$229.78</td>
<td>$400.00</td>
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<tr>
<td>Other</td>
<td>$-</td>
<td>$-</td>
<td>$-</td>
<td>0.00</td>
</tr>
<tr>
<td>Printing</td>
<td>$435.71</td>
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</tr>
<tr>
<td>SD Nurse</td>
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<td>$200.00</td>
<td>$(0.00)</td>
<td>0.00</td>
</tr>
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<td>Web Services</td>
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<td>$850.00</td>
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<td>1.709.63</td>
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<td><strong>Total Office</strong></td>
<td>$5,464.08</td>
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<td>1.06</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Insurance</th>
<th>Actual</th>
<th>Budget</th>
<th>Variance</th>
<th>Percentage</th>
</tr>
</thead>
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<td>Liability</td>
<td>$1,063.00</td>
<td>$1,118.00</td>
<td>$55.00</td>
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</tr>
<tr>
<td>Bonding</td>
<td>$100.00</td>
<td>$100.00</td>
<td>$(0.00)</td>
<td>1.00</td>
</tr>
<tr>
<td>Officers and Directors Insurance</td>
<td>$788.00</td>
<td>$788.00</td>
<td>$(0.00)</td>
<td>1.00</td>
</tr>
<tr>
<td>Total Insurance</td>
<td>$ 1,951.00</td>
<td>$ 2,006.00</td>
<td>$ 55.00</td>
<td>0.97</td>
</tr>
<tr>
<td>----------------------</td>
<td>------------</td>
<td>------------</td>
<td>---------</td>
<td>------</td>
</tr>
<tr>
<td><strong>Contracted Services</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>MWS</td>
<td>$ 20,554.15</td>
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<td>0.98</td>
</tr>
<tr>
<td>Bookkeeping/Office Services</td>
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<td>$ 2.00</td>
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<tr>
<td>Sales Tax</td>
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</tr>
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<td>Association Management</td>
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<td><strong>Total Contracted Services</strong></td>
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<td>$ 66,350.25</td>
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<tr>
<td><strong>Travel</strong></td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ED/Office</td>
<td>$ 3,288.85</td>
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</tr>
<tr>
<td>Officer/Designee</td>
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<td>$ 1,300.00</td>
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</tr>
<tr>
<td><strong>Total Travel</strong></td>
<td>$ 5,032.65</td>
<td>$ 4,500.00</td>
<td>$ (532.65)</td>
<td>1.12</td>
</tr>
<tr>
<td><strong>Other Expenses</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Annual Convention</td>
<td>$ 6,594.36</td>
<td>$ 10,000.00</td>
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</tr>
<tr>
<td>Board of Directors</td>
<td>$ 200.00</td>
<td>$ 200.00</td>
<td>$</td>
<td>0.00</td>
</tr>
<tr>
<td>Core Issues Task Force</td>
<td>$ 200.00</td>
<td>$ 200.00</td>
<td>$</td>
<td>0.00</td>
</tr>
<tr>
<td>District 1-3</td>
<td>$ 300.00</td>
<td>$ 300.00</td>
<td>$</td>
<td>1.00</td>
</tr>
<tr>
<td>District 4</td>
<td>$ 300.00</td>
<td>$ 300.00</td>
<td>$ 300.00</td>
<td>0.00</td>
</tr>
<tr>
<td>District 5-7</td>
<td>$ 300.00</td>
<td>$ 300.00</td>
<td>$ 300.00</td>
<td>0.00</td>
</tr>
<tr>
<td>District 8-9</td>
<td>$ 300.00</td>
<td>$ 300.00</td>
<td>$ 300.00</td>
<td>0.00</td>
</tr>
<tr>
<td>District 11</td>
<td>$ 300.00</td>
<td>$ 300.00</td>
<td>$ 300.00</td>
<td>0.00</td>
</tr>
<tr>
<td>District Activities: Student Nurses Conv.</td>
<td>$ 300.00</td>
<td>$ 300.00</td>
<td>$</td>
<td>1.00</td>
</tr>
<tr>
<td>Government Relations</td>
<td>$ 200.00</td>
<td>$ 200.00</td>
<td>$</td>
<td>0.00</td>
</tr>
<tr>
<td>Interest and Penalties</td>
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<td>$ 50.00</td>
<td>$</td>
<td>0.00</td>
</tr>
<tr>
<td>Miscellaneous</td>
<td>$ 1,250.00</td>
<td>$ 1,250.00</td>
<td>$ 1,250.00</td>
<td>0.00</td>
</tr>
<tr>
<td>Nurses Day at the Legislature</td>
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<td>Public Relations: Dues/Sponsorships</td>
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<td>Spring Workshop</td>
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</tr>
<tr>
<td>C-NET</td>
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<td>$ 1,600.00</td>
<td>$ (1.00)</td>
<td>1.00</td>
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<tr>
<td><strong>TOTAL EXPENSES</strong></td>
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<td>$ 104,456.25</td>
<td>$ 8,250.49</td>
<td>0.92</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th>Actual</th>
<th>Budget</th>
</tr>
</thead>
<tbody>
<tr>
<td>Net Profit (Loss)</td>
<td>$ 428.60</td>
</tr>
</tbody>
</table>
SDNA Mission Statement: The South Dakota Nurses Association speaks with a unified voice to support professional nursing through advocacy, communication, networking and collaboration across nursing specialties. The Registered Nurse is an advocate of access to quality, cost effective care while upholding standards of excellence for the profession.

The purpose of reading the Mission Statement at each District 4 meeting was included in my 2018 report. The mission statement is still relevant, is an affirmation of the purpose of SDNA and continues to be read at each gathering of SDNA District 4.

October 11, 2018: District 4 met at the home of Laurie Carda. A delicious meal was served prior to the meeting. Discussion of Old Business: Marlys Volzke-will chair as President of District 4 for 2018-2020; Kim Stoecker- Secretary 2018-2020; Carrie Hansen - continue with GRC; need to fill vice president position Report of members on Facebook page- 97 members. Organized committees for SDNA State Convention October 6-7, 2019; Ramkota has been reserved; Mayor has been contacted. Theme: Nurses Reaching Out and Connecting Communities. Ideas for registration, speakers, decorations. Food Committee: Barb Goehring and Sue Fischer; Decorating- Jeanette and Marlys; Registration Laurie Carda, Janet Bitz. Other committees to be filled are publicity; Exhibit/Vendor- will work with Eric; Live and Silent Auction and Planning committee. Discussed a Sunshine member to send cards to nurses for things such as illness, congratulations, new baby, sympathy. No volunteer for this position. Marlys reported Presentation College is hosting “Nurse for a Day”, Friday, October 12th 10 a.m.-2 p.m. and November 2nd 10 a.m.-2 p.m. Volunteers are needed. Margie reported on the 2018 SDNA State Convention. Recognition: Professional achievement: Naomi Gjergen, PICC certification; Retirement: Louise Kreich; Death: Kathryn Keeley; Darby Kalenberger

November 12, 2018: SDNA District 4 met briefly after the Rho Xi induction ceremony at Presentation College. Marlys reported the Welcome to the Profession breakfast for the graduating SDSU nursing students will be Tuesday, December 11, 2018 @ 8:00 a.m. at NSU. Marlys will contact members to bring breakfast items. Kim Stoecker is a new SDNA member. The committees for the state convention are Auction; Program; Exhibit/Sponsor; Registration; Logo; Decorations; Poster presentations.

December 11, 2018: A social event to welcome graduating SDSU accelerated program nursing students at NSU. Members of SDNA and Rho Xi brought fruit, sweet breads, bagels, coffee, and apple cider and paper products to serve the students breakfast before their EBP project presentations. Nurses were invited to stay and listen to the students presentations. There were 32 students, 5 instructors’ and 10 nurses. Each nurse introduced themselves and congratulated the new grads. Those present were Margie Washnok, Nancy Hartung, Marlys Volzke, Linda Erlendbusch, Melissa Gilbert, Barb Goehring, Laurie Carda, Mackenzie, Walsh, Carrie Hansen, and Megan Honeychurch. Jeanette Hahler was not able to attend but donated to the breakfast.

January 2019: No meeting

February 11, 2019: 5:30 at Presentation College Simulation Lab conference room. Attendance: Christina Pheloman via Skype, Margie Washnok, Lyncee Monson, Carrie Hansen, Jeanette Hahler, Laurie Carda, Rhonda Hoven. Marlys Volzke. Christina Plemenons was introduced as the Lead Nurse Planner for SDNA. Her function is the expert who ensures that the educational activities align with ANCC (through MNA) requirements for contact hours. Contact Hour equals 1/10th of a CEU. The planning committee will need to provide a list of three learning objects for the convention program. State Convention Theme-Logo design- Voted on wording,
"Nurses Reaching Out and Connecting Communities” or Nurses Connecting Communities”. Vote went out per e-mail and text. Nurses Connecting Communities was voted as the 2019 convention theme. Discussed the program offered by Keynote Speaker Laurie Benson- Nurses on Boards Coalition. Saturday w/s Board Leadership Development Experience. Discussed possibility of doing the w/s on Monday/Tuesday rather than on Saturday. Discussed the E-mail from Linda Burdette- “Why I Want to Be a Nurse” essay contest. Marlys will plan to develop a contest for middle school age students. Discussed displaying projects in the Wein gallery, pizza party, invite students to the opening of the convention to present the winner of the contest. GRC- Carrie Hansen- Reported on NDL and bills at the legislature. Margie Washnok SDNA President- State Board meeting, January 31st. Set April 24th, 0900 as the Welcome to the Profession breakfast for PC nursing graduates.

March 26, 2019 at 5:00 p.m., Presentation College Simulation Lab. Those in Attendance: Linda Erlendbusch, Jaci Berg, Marlys Volzke, Margie Washnok. Skype- Laurie Carda. Menu planned menu for Welcome to the Profession for PC nursing graduates on April 24, 2019 Nurses Week Celebration- May 6-12, 2019. District 4 will not be planning an event this year due to focus on planning the state convention. A new website-volunteersignup.org to staff the Brown County Fair First Aid Station. Convention report: Reviewed Convention Schedule, A Nurse Is..., meeting rooms and sleep rooms are reserved at Ramkota. We need to review how many meeting room will be needed and release rooms d/t not doing breakout sessions, food menu information has been given to Sue Fischer and Barb Goehring, decorations, exhibitors/sponsors, Speakers, Kila and Heidi- visit with Laura Benson and have decided to forge the Nurses on Boards Leadership event. Nurses who have recently passed away were Chole Krause Kaelberer, Berndatte Carroll

April 24, 2019 at the Flame Restaurant. Those in attendance were; Marilyn Asher, Deb Heine, Linda Erlendbusch, Jaci Berg, Barb Goehring and Marlys Volzke. The Welcome to the Profession Breakfast at PC on April 24th had 14 graduating nursing students and 12 nurses in attendance. The nurses gave helpful advice to the students such as supporting the profession through joining SDNA an ANA, interviewing for jobs, becoming certified in their specialty area and continue learning throughout their careers. A picture of the students was taken and will be added to the District 4 news in the South Dakota Nurse publication. Planning Committee report: Reviewed the convention schedule. There is one time slot needing to be filled. Discussed possibility of a panel discussion to highlight the need for Nurses on boards. Laurie Benson as the moderator. “A Nurse Is...” contest will be published in the Brown County 4-H Newshound and sent to county 4-H clubs throughout the state. Marlys will contact surrounding schools to distribute to students’ ages 11, 12 and 13. Decorating committee- Marlys will check if committee can decorate on Saturday before the Sunday start of the convention. Working on decorating ideas. Auction committee- Simon Auction will do the Live Auction Exhibit/ Sponsor Committee- no report. Registration/Hospitality Committee- Possibly have some type of welcome gift to give at the time of registration. Margie Washnok SDNA President- Not present. No report. Board meeting teleconference is scheduled for April 25 @ 6:00 Carrie Hanson GRC- unable to attend. No report. Recognition: congratulations to spring graduating nursing studentsDeath: Blondie Becker

May 15, 2019 at Mavericks Steak & Cocktails. Attendance were Jaci Berg, Linda Erlendbusch, Marilyn Asher, and Marlys Volzke. Jeanette Haehler joined the group later. There are many nurses who are deserving of recognition. Please go on-line to nominate someone you would like to honor. Deadline for nominations is August 1st. Awards will be presented on October 7th at the 2019 State Convention at the Aberdeen Ramkota. For more information go to https://sdnursesassociation.nursingnetwork.com/nursing-news/125741-2018-SDNA-awards. The District 4 Vice President position is open and needs to be filled ASAP. Current officers are President: Marlys Volzke 2018-2020; Secretary: Kim Stoecker 2018-2020; GRC- Carrie Hansen. November 2019 District 4 meeting will be hosted by Sanford Health. Pam Fietchner and one of the Trauma Surgeons will present a 1 hour class on Stop the Bleed. Attendees will have a credential to teach the class. Convention Reports: Planning Committee: Reviewed Convention Schedule- all presentation topics are filled. Panel discussion for Monday is confirmed, Meeting room arrangements are done; Note from Eric- “We don’t send out save the date postcards to members, as we have South Dakota Nurse and the website and email and all that. The latest issue of South Dakota Nurse will be hitting mailboxes by the end of the month.” “A Nurse Is...”
contest is in the May 2019 Brown County 4-H publication of Newshound on p.14 [https://www.brown.sd.us/sites/default/files/May%202019.pdf]. The contest information has been sent via e-mail to all counties in the state and also 29 schools in the surrounding area. Convention reports- Exhibit/Sponsor Committee: no report; Registration/Hospitality Committee: no report; Decorating Committee: discussed possible table decorations and name tag design. Auction Committee- received email from Kathy Zambo regarding possible Star Quilt for live auction. Margie Washnok, SDNA President- unable to attend. We extend our sympathy to Margie in the recent death of her mother. Board meeting teleconference will be May 23rd at 6:00 p.m. Carrie Hansen- GRC- unable to attend. Carrie sent two items to review at the meeting. ANA 2019 Call for Nominations. For more information go online to leader@ana.org. CAPITAL BEAT Update: Ending HIV/AIDS- Nurses on the Frontline as Administration Ramps Up New Initiative. For more information go online to anacapitalbeat.org.

**June 2019:** Summer break

**July 30, 2019** at the home of Marlys and Dennis Volzke. Attended by Linda Erlenbusch, Marilyn Asher, Carrie Hansen, Deb Heine, Lyncee Monson, Margie Washnok, Marlys Volzke and guest, SDNA Executive Director, Eric Ollila. An e-mail was sent to SDNA members and area nurses to invite nominations for the 2019 SDNA Awards. SDNA District 4 RN’s Facebook Page has 100 members. District 4 needs a Vice President ASAP. Marlys will be completing her second and final term in October 2020. Discussed the need for participation of those who are members and the need for new membership. Brown County Fair First Aid Station Staffing. There are 12 remaining slots to fill as of July 30th. SDNA District 4 has been committed to staffing the First Aid Station for nearly 40 years. Convention Committee Reports: Planning Committee: Marlys contacted PC Director of Special Projects, Erin Giovannini regarding gifts to students who participate in the A Nurse Is contest and program. Exhibit/Sponsor Committee: Eric will be sending invites to exhibitors in the near future. Registration/Hospitality Committee: Discussed ways to welcome convention guests such as scavenger hunt, welcome gift from local businesses etc. Marilyn Asher will create a game or quiz pertaining to the nursing profession. Lyncee reported approx. 30 SDSU nursing students will be attending the convention. Decorating Committee: Linda Erlenbusch presented a sample centerpiece and plans for decorations. Auction Committee: A Star Quilt is being made. Discussed live and silent auction responsibilities. Margie Washnok SDNA President and Executive Director, Eric Ollila reported on the National Assembly conference they attend in Washington, DC in June. Eric attended workshops on Media Training and Leadership Preparation. Margie’s report will be in the upcoming South Dakota Nurse publication. The Nursing Foundation is working on funding educational scholarships. Carrie Hansen position as SDNA State GRC will be completed as she has will be completing the term limits. She can continue as the District GRC. Carrie encourages ALL nurses to subscribe to RN Action and/or Capital Upbeat to stay informed of current issues that pertain to the nursing profession. Nurses who have recently passed away are Kathy Fandrich, Trudy Peterson and Cathy Breske. The November meeting is scheduled for Monday, November 18th. Aberdeen Sanford Medical Center will host a dinner @ 5:30 and an educational program. Pam Fiecthner and Dr. Spjut will be doing a session of Stop the Bleed. This is a 1 hour presentation and will credential all attendees to teach as well. Please RSVP to volzke@abe.midco.net by November 11th. SDNA members and nonmembers are invited to attend.

**August 13-18, 2019:** 96 first aid interactions were recorded in the Brown County Fair First Aid Station. The mobile unit is provided by Avera St Lukes and is staffed by nurses from the community. The majority of visits were blisters, burns, headaches, abrasions, cuts, fevers, indigestion, BP checks, and cold packs. More severe injuries were referred to urgent care or the ER. This is the second year the First Aid Station offered a private, cool and comfortable room with a rocking chair for nursing or pumping mothers. The mothers who used the room were very appreciative to have the space available. We plan to continue the Mother’s Room for future fair attendees. The nursing room was used 8 times. Being near the popular Ken’s tent, there were many requests for cart rides. We did this 20-30 or more times on a daily basis. The people were grateful they did not have to walk inside the Expo to ask for a cart. Volunteer Hours: 140 hours Staff volunteers (35 shifts staffed with 2 volunteers/shift= 70 staff x 2hr =140); 15 hours (conservative estimate) Fist Aid Station Coordinator, Marlys Volzke RN. This is the first year using the website volunteersignup.org/PCCEB. The signup
process was easy and I plan to use this website again next year. The duties of the Coordinator begin long before August. Communication with the Fair office, contact Avera for use of the mobile unit, contact with Char Doerr with Fire Safety First, arrange to have an AED, many communications, e-mails to recruit nurses within the community, texting staff with shift reminders, set up and take down the station, store items for the next year, written report to fair office and Avera St Lukes.

**September 10, 2019:** Will be held @ 5:30 at Presentation Convent. This will be the final meeting prior to the SDNA State Convention. All committee members were invited to attend for food and fellowship as we celebrate the accomplishments we are all working towards.

*Marlys Volzke, RN-C, CLC, BSN*
*SDNA District 4 President*

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**DISTRICT 8/9 ANNUAL REPORT**

The following members were elected to the District 8/9 board.

- a. President – Heidi Pelzel
- b. Vice President and Program Chair – Becka Foerster
- c. Secretary – Sylvia Pickard
- d. Administrative Assistant – Roberta Olson

Many district nurses participated in the Nurse’s Day at the Legislature, attending committee hearings and meeting with District Senators/Representatives regarding healthcare topics. Monthly/bi-monthly meetings were held throughout the year and discussed educational topics like “Night-Shift Napping,” “Genetics and Genomics,” and “Self-Care Management.” Additionally, District 8/9 held first-ever “Welcome to the Profession” breakfast for SDSU Senior Nursing students. The District 8/9 board plans to continue this new event, as well as incorporate it on the Lake Area Tech campus next year.

President Pelzel created a Facebook page for District 8/9 in January, which currently is gaining members every day. Adding this social media resource has helped the District reach out to a wider nurse-base to recruit new SDNA members. The Facebook page is a place to post interesting articles, research topics, meeting dates, and entertaining videos that the district nurses can relate to.

District 8/9 board and members submitted multiple candidates for the SDNA Awards that will be presented at the SDNA State Convention. Several board and members at large have stated their intent to attend the State Convention, to be held in Aberdeen this October.

*Heidi Pelzel, MSN, RN*
*District 8/9 President*
The members of District 11 have had an interesting year in 2018-2019 again. We started out with a fundraiser at the Yankton Pizza Ranch for the Servant Heart Clinic, a free clinic in Yankton. The Pizza Ranch gave 15% of total earnings to the District 11 and our group, in turn, donated that money, a total of $649.42 to that clinic. District 11 members greeted Pizza Ranch guests, explained the fundraiser goals, bussed tables and monitored the “free will” containers on the tables and booths. After 8:00 PM, (when the fundraiser was completed), Frani Kieffer, the Director of the Servant Heart Clinic provided an informative discussion of the eligible patrons, activities, etc., to the District 11 members at the restaurant prior to our district meeting that night.

Students from the nursing programs in District 11 were very successful this year. Brinkley Lyon, a student at USD Vermillion, was elected the “South Dakota Student Nurse of the Year” at the SDSNA convention in Sioux Falls in February of 2019. Jeff Wanner, an MMC nursing student was awarded the Leadership in Nursing Scholarship at that SDSNA convention, also. Congratulations to District 11’s illustrious student nurses!

In May of 2019, Representative Jean Hunhoff discussed the issues and controversies of the 2019 Legislative Session. Jean discussed Medicaid reimbursement, telemedicine, workforce needs, measles outbreaks, the opioid crisis and the methamphetamine study. Members of District 11 had the opportunity to ask Representative Hunhoff questions throughout her presentation. As usual with Representative Hunhoff’s presentations, it was informative and very educational. After Jean’s presentation, Julie DeYonge, RN, Yankton County Community Health Nurse discussed the need for an exercise on Disaster Planning in Yankton County to the members present. She explained the Point of Dispersing (POD) set-up process and the need for a variety of Health Care workers in case of emergency in Yankton County.

At the July meeting of District 11, we held the meeting at the Mead Cultural Education Center (Former Mead Building at the Human Services Center). The Mead Building is planning an exhibit showcasing the 140th anniversary of the South Dakota Human Services Center. The Mead Building staff is asking for stories, memories, etc., of nurses, former student nurses, etc., to describe the project, “Yankton State Hospital: Minds, Methods and Medicine” showcasing the last 140 years of psychiatric care at that facility in South Dakota. It was entertaining and educational for the District 11 members who attended.

Kathy Jorgensen, RN, MA, MSN  
President, SDNA District 11
SDNA gives awards in the following areas:

1. Distinguished Service
2. District Nurse of the Year
3. Joy of Nursing
4. The Nurse Educator
5. Nursing Practice
6. Pioneer in Nursing
7. Rookie of the Year
8. SDNA Hall of Fame

District Nurse of the Year award for each district is chosen by that district. The President of each district must submit the nominee by August 1. There are specific criteria for each one which can be found on the SDNA website, www.sdnurses.org. Each nominee must be a SDNA member. This is a wonderful opportunity to recognize fellow nurses who are doing an outstanding job in their jobs and communities. Nominators must provide narrative statements describing the nominee’s compliance with established criteria for the awards. The Awards Committee considers all nominations and informs the SDNA Board of Directors of the award recipients. Award recipients are invited to attend the SDNA Convention for presentation of awards. If an award recipient cannot be present, the presentation is made in absentia.

If a nomination for an award doesn’t get voted in, please consider resubmitting it for a later year.

Joanne Tieman, Chair
Due to the efforts of many, SDNA continues to serve registered nurses across South Dakota by offering quality professional development opportunities. This Annual Convention, for example, offers timely professional development on a variety of topics because of the dedicated Convention Planning Committee members. Other professional development activities include the annual Nurses Day at the Legislature event and a Spring Workshop hosted by District 10. Between October 1, 2018 and September 30, 2019, SDNA sponsored professional development opportunities that were eligible for a total of 17.65 contact hours.

As your LNP, it is my responsibility to submit the required documentation to Montana Nurses Association for SDNA’s Approved Provider Unit every three years. Supporting documentation includes an organization overview; evidence of structural capacity, educational design process, and quality outcomes; a complete activity file outlining the LNP’s process for identifying professional practice gaps, evidence, and outcomes; method for evaluations; and disclosures to learners. Because of these requirements, it is important that the LNP and Education Committee be involved in all education activity planning, beginning with the first planning discussion.

It has been my pleasure to serve as SDNA Lead Nurse Planner. I look forward to working with the Education Committee as we make plans for the coming year.

Christina Plemmons, PhD, RN-BC, CNE
SDNA Lead Nurse Planner
The Government Relations Committee uses the SDNA Health Policy Agenda to guide decisions regarding support or opposition of legislation. We met weekly via phone conference during the 2019 Legislative Session to review Bills and determine SDNA’s position on them. We followed approximately 35 bills that had potential to impact nurses, and/or nursing practice and/or the health of SD citizens. The status of these Bills was shared with all SDNA members through weekly Legislative Updates.

Communication about the need for Legislator contact was sent via email when specific Bills were scheduled for Committee Hearing or to be discussed on the House or Senate floor. Talking points that supported the SDNA position were developed and shared with SDNA members to assist in their lobbying efforts.

While this year was less intense, in some ways, than previous years have been, there was still a good measure of discussion and lobbying to be done. The natural result of elections is a large turnover of Legislators. A good deal of time this session involved getting to know new legislators and providing education about nurses, nursing care and how we support the health of people in our state. In addition, a new Governor meant changes to philosophy, policy, and new individuals in the cabinet.

We welcomed many attendees to Nurse’s Day at the Legislature. This annual event is important to develop and maintain relationships with our Legislators and to educate them about health care issues and express our appreciation for their work. This activity also serves as a platform to educate nurses and nursing students about the policy making process and the critical role that nurses play. In addition, we received an update from the Secretaries of the Department of Health and Department of Social Services. We appreciate these partners in health care providing annual updates to the attendees at NDL.

As the Government Relations Chair, I attended the annual ANA Lobbyist Meeting in Washington D.C. I also participated in bi-monthly ANA Government Affairs phone conferences with others in similar positions around the United States. I so appreciate this opportunity to network with others around the country, gain insight on legislation and provide information about what is happening in South Dakota. It is an amazing opportunity to share information, resources, and policy making and lobbying techniques with others.

I want to thank the members of the GRC for their commitment to the policy making process and assuring that our Legislators are informed about nursing issues and how health care policy impacts South Dakota citizens. Each District in SDNA is asked to elect at least one member to serve on the GRC. At this time we have some areas of the state without representation. Please consider this opportunity to assist us. We would love to have you work with us.

I especially want to acknowledge and thank Eric Ollila, our Executive Director, Brittany Novotny and Jennifer Stalley who served as paid Lobbyists and provide updates to us. We appreciate their expertise in policy making and lobbying. The GRC would not be able to accomplish all we do without their guidance and expertise.

No matter what your perception of politics, all nurses have a responsibility to be informed and active regarding policy that impacts our practice and the health of citizens we care for. I appreciate the opportunity to serve as GRC Chair and look forward to the next Legislative Session.

Carrie Clausen Hansen
SDNA members were notified via e-mail and the *South Dakota Nurse* in the spring about leadership opportunities available for election in 2019. Members were invited to submit nomination materials.

Nominations Committee members: Vicky Buhr, Kim Nerud, Helene Hegge, Lois Tschetter, Sandra Welling.

2019 SDNA Ballot:

- President: Deb Fischer Clemens (D10)
- Vice President: Kay Foland (D1,2,3)
- Treasurer: Christina Plemmons (D1,2,3)
  Elizabeth Anderson (D5-7)
- Nominations Committee: Mary Anne Krogh (D8-9)
- Education Committee: Janice Noonan (D10)

Myself and Vicky Buhr will rotate off the Nominations Committee. Helene Hegge, Kim Nerud, and Lois Tschetter (Chair) and the newly elected members/appointees will serve in 2020. Thanks to each of you for your service in this capacity to SDNA.

*Sandra Welling, Chair*
*SDNA Nominations Committee*
I had the opportunity to represent SDNA at the annual ANA Membership Assembly meeting on June 20-22 in Washington DC.

This was the sixth annual meeting of the ANA Membership Assembly under the new structure created in 2012. This meeting featured the following:

- Research was provided, discussion was held, and ANA members voted to adopt the revised position statement in Appendix A that includes:
  - Removal of the religious exemption.
  - Requirement of mandated annual medical exemption recertification.
  - ANA, C/SNAs and IMD to pursue programs to equip nurses with more reliable data collection strategies for and track vaccination compliance.
  - Advocate increased funding for social marketing education campaigns, incentives for vaccine-compliant parents, and reimbursements to providers who have high vaccination compliance.

- Information was provided on Deferred Action for Childhood Arrivals (DACA) Recipients Eligibility (DACA). Students who are classified as DACA can attend college to obtain a nursing degree, but in most states cannot take the NCLEX exam. ANA Membership Assembly voted to:
  - Advocate for state legislation that will open eligibility requirements to allow DACA nursing students to take NCLEX in all states without barriers. If a DACA recipient nursing student is not eligible to take the NCLEX in a state, the nursing education programs in that state should be required to disclose this information to all DACA recipient students.

- A RN presented information about Human Trafficking. The ANA Membership Assembly voted for American Nurses Association, Constituent/State Nurses Associations, and the Individual Member Division advocate for:
  1. Concise training about screening upon admission to a healthcare facility and human trafficking protocols in all 50 states and U.S. territories.
  2. ACEs training and baseline scoring with prevention education and risk mitigation as they pertain to human trafficking supply-and-demand risks in all 50 states and U.S. territories.
  3. Trauma-informed care, victim-survivor-centered care using a collaborative approach when dealing with a human trafficking victim/survivor. Educate on the potential for diagnostic overshadowing in all 50 states and U.S. territories.
  4. Nurses to be on advisory boards for the Commercial Sexual Exploitation of Children (CSEC) and human trafficking organizations that provide long-term, trauma-informed care using a holistic approach. Encourage the development of human trafficking-free zones and interagency cooperation in all 50 states and U.S. territories.
  5. Nurses to educate the community with prevention and awareness campaigns in cooperation with trained CSEC and human trafficking trained advocates. Nurses to attend community advocacy meetings on human trafficking coalitions to provide and stay updated on resource information and have a seat at the table.

- Round table discussion was held on visibility of nurses in the media. Ideas were generated how nurses can be visible in the media. The attendees also asked for assistance/webinars on working with the media. This was a great networking time with nurses from six other states.
Another round table discussion was "End Nurse Abuse." ANA is working with Occupational Health & Safety to develop a workplace violence standard to end workplace violence and sexual harassment. I am encouraged to practice and engage public advocacy at all levels, including for our peers on the workplace.

Healthy Nurse Health Nation Campaign was discussed. I urge all of you to review the resources on ANA's website under the Health Nurse Healthy Nation Campaign. There are resources available concerning opioid overdose crises, and how RNs/EMT/Law Enforcement/etc. can protect themselves from opioid exposures by coming in contact with the drug when working with people who have overdosed.

Discussion was held on ANA not endorse Presidential Candidates. The members voted to Rescind the existing House of Delegates policy and adopt the ANA Presidential Election Engagement policy. Nurses are to continue to be politically active, provide information to all candidates related to nursing issues/healthcare policy/etc.

The members discussed the revised position statement by the ANA Ethics and Human Rights Advisory Board that the 2018 ANA Membership Assembly recommended:

- Nurses must respect patients' right to request aid in dying.
- Nurses must be knowledgeable of the law regarding aid in dying in the state or territory in which they practice.
- While nurses are ethically permitted to participate in aid in dying, in states or territories where it is legal, they retain the right to conscientiously object.
- Nurses must be able to provide information on aid in dying and provide emotional support to patients and families who face this decision at the end of life.

Value Pricing and the Revised Membership Assembly Policy: Assessment of ANA Dues from C/SNAs and Direct Members The Value Price was discussed. The Value Pricing for dues has been a pilot study for several years in a variety of different states. The states that have instituted the Value Pricing have seen 50% or more membership increase. The members voted to extend the Value Pricing and Revised Membership Assembly Policy to all states. States are not required to participate.

Discussion and voting was held on several of the Bylaws Changes.

During breakfast and lunch time I visited with RN from all over the US. There were two representatives from Hawaii who were there as guest. Hawaii is working with ANA to be a SNA for the 2020 ANA Membership Assembly. I also interacted with nurses from Guam and the US Virgin Island Territories, who have SNAs that were represented at the assembly. The ANA Membership Assembly is an excellent opportunity for nurses to network and gain new friendships. This was an opportune time for Dr. Tom Stenvig and me to sell the SDN Foundation note cards. Note cards were also sold to the delegates from Guam and US Virgin Islands. We were joined with North Dakota delegates and executive director during the meetings. We discussed common issues between our two states.

The Midwest Region, which SD is a part of met on June 21, 2019, to discuss various topics. One topic that was added to the agenda was the Veterinary Nurse, which is viable in a few states. Some of the members stated the Veterinary Tech/Assistant schools in their states (MI, TN) have changed the name of the degree to Veterinary Nurse. Later I Googled more information about this and found the following website: https://www.appvoc.com/vet-assistant-nurse-technician/ to include the definition of Veterinary Nurse. Some of the nurses were asking for assistance from the Midwest Region members to assist with education
for members and people in their communities/states to lobby against the Veterinary Nurse name and programs. I believe we need to keep our eyes open for information re: Veterinary Nurses and educate our legislatures and others that this profession is not a nurse.

- This year the Nightingale Tribute poem was read and the names of all nurses who died over the past year in all the states were recognized. This was a very touching time, as we lost numerous nurses in our nation.

- ANA Foundation encouraged nurses to honor a nurse by donating to the foundation and writing the name of nurse to honor on a heart shaped card. The card was placed on a wall visible for all to see. Thanks Dr. Tom Stenvig for honoring me!

- I would like to thank Dr. Tom Stenvig for representing SDNA and providing service as the ANA Nomination Chair. He spent several months obtaining names of qualified ANA members to place their names on the ballot for the vacant offices.

- The Bicentennial of Florence Nightingale’s birth will be celebrated in 2020. This will be part of the celebration and focus at the 2020 ANA Membership Assembly.

- Overall, this was a very productive meeting reflecting organizational changes in which ANA has emerged as a relevant and effective national voice for nursing.

*With gratitude and collegiality,*

*Margie Washnok*
SDNA believes that advocacy is a pillar of nursing. Nurses instinctively advocate for their patients, in their workplaces, and in their communities; but legislative and policy advocacy is no less important to advancing patient care and the profession.

Through championing the nursing profession, nurses give a voice to the essential role that they play in advancing access to high-quality, affordable care. With energetic participation in advocacy, every nurse can help the profession to improve and move to higher levels.

**Why should nurses advocate?**
For the past 16 years. The public has voted nursing the most trusted profession in Gallup’s annual honesty and ethics survey, and this is a testament to the dedication that nurses show every day. Nurses provide essential services, are knowledgeable about client needs, and interact closely with health care consumers across a variety of care settings and social groups. This gives nurses a broad appreciation of health needs and an understanding of the factors that affect health care delivery.

**Growing your leadership skills**
Any nurse can become an advocate at the local, state, or federal level. You can make phone calls to elected representatives about bills under consideration, testify before committees, become involved in practice councils or boards at the workplace, and even run for elected office.

**Stay informed and make your voice heard**
Visit RNAction (https://ana.aristotle.com/SitePages/HomePage.aspx) and sign up to receive email or text alerts that will let you know what is happening on Capitol Hill and how you can get involved.

Follow @RNAction on Twitter

Subscribe to the ANA Capitol Beat blog at http://anacapitolbeat.org

At the RNAction website you can review in detail the following areas that current in Congress:
- Healthcare Reform
- Safe Staffing
- Home Health
- Gun Violence
- Workplace Violence
- Opioid Epidemic

*Deb Fischer-Clemens, BSN, MHA*
Greetings from the PAC. Our current balance is $235.98.

This campaign year we dispersed the following: *indicates won their seat
- Jean Hunhoff $500*
- Deb Soholt $500*
- Deb Peters $200
- Heinert for Senate $200*
- Janae Hanson $500
- Parsley for Senate $200
- Susan Kelts

This year we will begin raising money to support our South Dakota legislators who will be running for seats in the legislature. The candidates that we traditionally support are those that are responsive to Nursing issues that concern the health and welfare of our citizens. I will have a limited amount of cakes this year so be sure to purchase your piece of cake early at the convention to support PAC. Let us know if you want/need a receipt for your purchase.

I would like to invite you to become a member of PAC. We have 2 times a year that would take a little of your time and that is prior to convention and then at Nurses Day at the Legislature. We are welcome to new members and new ideas.

I want to thank each of you that donate to the PAC, without your generous contributions we would not be able to be monetarily involved which adds strength to our one voice.

As a final note I was looking at the latest numbers of nurses in South Dakota which is close to 20,000. My first thought was that if each member contributed $1 per year our PAC would be an extremely strong voice! Just let that sink in......

Sincerely,

Julie Dangel
PAC Chair
The South Dakota Nurses Foundation (SDNF) was established in 1999 as a charitable organization affiliated with SDNA to advance philanthropic purposes of interest to South Dakota nurses and the health care community.

Through a partnership with the South Dakota Community Foundation (SDCF), SDNF maintains a family of separate donor advised funds within SDCF. This arrangement allows accumulated contributions to achieve a superior rate of investment return while allowing potential donors to take advantage of SDCF’s tax exempt IRS status. At present, the SDNF fund group includes the seven following separate funds:

- South Dakota Nurses Foundation Fund
- Rita H. Walsh Scholarship Fund
- Marianne M. Stenvig Scholarship
- Dr. Carl and Leona Stadler Scholarship Fund
- SDNA Undergraduate Nursing Scholarship Fund
- Phi Chapter Memorial Scholarship Fund
- SDNF Research Grant Fund

SDNF continues to grow as an important resource for the nursing community in South Dakota. Total SDNF fund assets now exceed $164,000 (an increase of over $8,000 since a year ago) and continue to grow! To date, SDNF has awarded 40 nursing education scholarship totaling over $36,000. And 2018 was an important year for SDNF for another reason. The SDNF board wishes to thank Mary and Gary Brendtro who created the SDNF Research Grant Fund in late 2018, enabling SDNF to begin supporting nursing research as one of SDNF’s purposes.

A two-year fundraising campaign to raise $500,000 to celebrate SDNF’s 20th anniversary will be launched in 2019 -2020. Contact any member of the SDNF Board of Directors to donate, recommend other donors, or for additional information. Limited edition prints and notecards depicting SDNF’s purposes to support research, education, and practice are again be available for purchase at this year’s convention.

We thank all donors who have helped make this progress possible. Continued asset growth will allow SDNF to award additional scholarships in 2019, and to consider support for other program areas in addition to scholarships. The SDNF board feels this action gives credence to our charitable mission and lends tangible evidence to justify how contributions to SDNF can make a difference.

The SDNF board wishes to thank board members Mary Brendtro, Mary Edelen, Deb Fischer Clemens, Claire May, Eric Ollila (ex officio), Carol Peterson, Christina Plemmons, Tom Stenvig, Carman Timmerman, and Margie Washnok for their service.

Tom Stenvig, RN, SDNF President
The South Dakota Center for Nursing Workforce, initially funded by the Robert Wood Johnson Foundation, was established in 1996 as the SD Colleagues in Caring Project. At the completion of the grant in 2002, state legislation was enacted in the Nurse Practice Act. This legislation, SDCL 36-9-95 and 36-9-96, created the Center and placed the South Dakota Board of Nursing as the lead agency for the Center. The mission of the Center is to design a nursing workforce prepared to partner with South Dakota citizens to meet their changing health needs. The Center is responsible for addressing issues regarding supply, demand, and need for nurses.

Activities and accomplishments:
- Maintain database on the supply, demand, and need for nurses in the state.
- Maintain a website to provide nurses and employers with current data on nursing workforce.
- Offer Nursing Leadership Academy in partnership with EmBe. The goal of the academy is to facilitate the development of emerging nursing leaders by utilizing the experiences and skills of established nurses and community leaders to extend a hand-up to those nurses who follow. This program is currently being held in Aberdeen; previously held in Rapid City and Sioux Falls.
- Held a Strategic Planning event on April 30, 2019 with over 100 nurses and stakeholders attending. The outcomes of this planning session will assist the Board in developing the Center’s strategic plan.
  - The event featured keynote speaker Dr. Peter Buerhaus, Ph.D., RN, FAAN, a nationally known expert and economist on workforce, presented current research findings and employment trends on the nation’s nursing workforce. SD specific data was also presented, including current information on the state’s nursing supply and employment characteristics, nursing education programs, and RN and LPN graduates.
  - In the afternoon attendees participated in a World Café focusing on what direction SD needs to take to ensure we have a strong future for nursing. Participants completed three rounds of questions, after each round key themes were harvested.
    Round 1: Given what you heard this morning and your own experiences, what key trends are affecting the future of nursing in South Dakota and why?
    Round 2: Based on what we just heard in the reports from the tables, what does South Dakota need to focus on in nursing workforce development?
    Round 3: What immediate, intermediate and long-term actions should the Center for Nursing Workforce be taking to ensure a strong future for nursing care in South Dakota?
- See the full Harvest and Strategic Plan on the Center’s website.

Visit the CNW Website to see more information!
http://doh.sd.gov/boards/nursing/SDcenter.aspx
Nurses in South Dakota

Actively Licensed RNs: 18,573

- 30 and Younger: 17.3%
- 31 to 50: 46.1%
- 51 to 65: 30.2%
- 66 and Older: 6.3%

Actively Licensed LPNs: 2,668

- 30 and Younger: 24.3%
- 31 to 50: 37.8%
- 51 to 60: 18.5%
- 61 and Older: 19.4%

Educational Preparation:

64.4% of SD's licensed RNs currently hold a baccalaureate or higher degree; and 92% of pre-licensure RN students are enrolled in Baccalaureate Programs.

Actively Licensed APRNs: 1,800

- CNMs: 37
- CNPs: 509
- CRNAs: 1189
- CNSs: 65

Where You Live Matters...

Many communities in SD are experiencing nursing shortages. SD needs to continue to prepare qualified nurses to ensure enough nurses to meet population health needs.

Nursing Education Faculty: 497

- 30 and Younger: 28.4%
- 31 to 50: 48.5%
- 51 to 60: 15.1%
- 61 and Older: 8.0%

Educational Preparation:

Nursing faculty must be prepared with a masters or higher degree to teach baccalaureate or graduate level nursing students.

Sources: SD Board of Nursing (BON) Licensing Data: 9/12/19; SD BON Annual Report of Nursing Education Programs: 2018; SD CNW 2019 Workforce Supply and Employment Report.
Outcomes:
What knowledge have you gained to advocate for access to quality and cost-effective care by connecting families, clients, and community members to appropriate community resources?

Describe at least two ways you will apply what you have learned to your professional practice.

Comments:
What changes would have made the presentations more effective?

What topics would you like to see in future SDNA educational activities?

South Dakota Nurses Association is approved as a provider of continuing nursing education by Montana Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.
3 contact hours can be received upon completion of day 1 of this education activity. Attendance at all three educational activities is required to receive contact hours.
Outcomes:
What knowledge have you gained to advocate for access to quality and cost-effective care by connecting families, clients, and community members to appropriate community resources?

Describe at least two ways you will apply what you have learned to your professional practice.

Comments:
What changes would have made the presentations more effective?

What topics would you like to see in future SDNA educational activities?

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3 contact hours can be received upon completion of day 1 of this education activity. Attendance at all three educational activities is required to receive contact hours.
**Smart Start**

**BEEF AS A FIRST FOOD FOR INFANTS**

The addition of solid foods to the diet of breastfed and formula-fed infants, referred to as complementary feeding, is recommended to begin around 6 months of age, when the child enters a period of rapid growth and development. Complementary foods are essential to prevent vitamin and mineral deficiencies with potential long-term adverse consequences, even though breastfeeding may continue beyond 2 years. The World Health Organization guidelines for complementary feeding recommend daily intake of animal source foods to ensure nutrient needs are met. It is reported that less than 10 percent of infants consume meat in their first nine months. However, the American Academy of Pediatrics advises that meat, including beef, be introduced as an early solid food in an infant’s diet, since proper nutrition during this critical time sets the stage for continued development and lifelong health.

1. **STARTING STRONG FOR OPTIMAL GROWTH**

   Beef contains essential nutrients to fuel a child’s early growth and development. With nutrients like zinc, iron and protein, along with vitamins B6 and B12, choline and selenium, beef as a complementary food is associated with normal physical growth in infants. Recent research has shown that high-protein intake from meat as a complementary food favorably increases growth but not adiposity in breastfed infants.

2. **INTRODUCING VITAL NUTRIENTS FOR A BUDDING BRAIN**

   Infants and toddlers need protein, iron and zinc to support brain health and optimal cognitive development. Iron deficiency can have long-term effects on learning, behavior and neurodevelopment. Studies show that the iron and zinc found in animal protein foods are more readily absorbed than the same nutrients from plant sources like rice and grains – an important consideration when selecting nutrient-rich complementary foods for infants.

3. **NURTURING IMMUNITY**

   Zinc and iron play an important role in an infant’s developing immune system. Introduction of foods that are a good dietary source of iron and zinc, like beef, early in life supports the growth of healthful bacteria in an infant’s gastrointestinal tract, which plays an important role in enhancing immune function.

Visit www.BeeResearch.org for more research on Beef’s Role as a complementary food.

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