



## President's Address

**Rebecca Nichols, RN, MSN, CCNS, ANP-BC**

As anyone who has followed my reports in the past knows, I am quite fond of writing and especially like to share new information. However, as this is my last address as president I thought I would keep things short and sweet.



**Rebecca Nichols**

THANK YOU! First of all to the SDNA members who supported my elections not only once, but twice! Secondly to the board of directors; without your hard work, dedication and willingness to freely give of your talents and time, SDNA would not be the great organization that it is. Last and not least, Brittany Novotny and the staff at Midwest Solutions; you keep our organization running smoothly and our members informed. We absolutely could not do it without you.

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## SDNF Corner and Highlight

**MaryClaire May**  
**SDNF Board Public Member**

"I give the credit for me being a nurse to my grandfather," remarked Afton Sue Zediker, recent 2014 Rita H. Walsh Scholarship recipient. She is currently completing her BSN from SDSU and also taking classes for her Master's degree. "I am leaning toward the administration aspect of Master's Degree."

"I honestly never expected to be awarded a scholarship but I just put myself out there and was honest about who I am," she confessed. With confidence and a belief in herself, she advised, "You honestly don't lose anything by trying, you actually might learn something which is never a bad thing! This is just an overwhelming honor."

Afton started her post-secondary education studying Aquatic Biology. "I hated it!" Being clueless as to an academic direction, she returned home and enrolled in and thoroughly enjoyed an EMT class. Simultaneously, her endeared grandfather became seriously ill and Afton spent many hours by his hospital bedside.

"He was really proud of me with my EMT class and used to call me 'medicine woman' since I was the only person in my family with any interest in a medical field," stated Afton. He would observe the nursing staff ministering to him and "make comments like 'You could do this!' and 'You would be really good at this.'" And those grandfatherly words inspired her in spite of the fact that the sight of blood used to make Afton sick. "If you would ask anyone from my hometown they would have never guessed I would be a successful nurse," she retorted.

Mrs. Zediker was accepted into the nursing program a few days after her grandfather passed away. "I never got the chance to tell him I had even applied," she said. "He was my motivation to get through because he saw the passion inside of me that I didn't even know I had yet." With the needed grandfather vision, she has not looked back since, only forward.

Additionally, Afton Sue credits her supportive husband Jeremiah for her forward direction. "I honestly never thought I would ever go back to school," she commented. "I went back and forth about going back because I didn't want to take time away from him or the girls. He helped me see the benefits and helped pick up any slack so allow be to do this."

Because of her husband infrequently finds herself saying, "If I take this class or if I do my Masters!" Jeremiah will correct her and say, "You mean when!"

Upon the completion of her Masters, Afton intends to reciprocate the support 'when' her husband pursues his Masters.

Having completed five years with Sanford Health in March, Afton continues her Sanford tenure in her first year as clinical Supervisor at the Orthopedic and Sport Medicine Clinic. She supervises approximately 35 nurses and CMA's along with seven Radiology technicians. Being the largest clinic in the Sanford system, Afton is kept busy with scheduling, patient care, and assisting her staff with the "best practices for our

patients and the most efficient way" to implement those practices. She added, "Not many specialty clinics have this educational opportunity."

"I support our 15 providers and assist them with the EMR system as the super user," she said. "Our clinic is very fun because we see patients from a few weeks old to elderly, so it keeps you on your toes."

Mrs. Zediker strives to do her best and learn as much as she can. "Even if I am not successful there is always something to learn from every experience," she exclaimed. "I actually think you learn more from unsuccessful things then you do from times when you succeed." Afton is astounded by how much there is to learn. "I think it's another reason I like nursing and health care." She remarked. "Nothing stays the same. There are always new treatments and disease process and each patient is different so it a whole new adventure each time."

This Tea, SD resident and her husband of five years, have plenty of escapades with their two daughters, three-year old Brooklyn Mya and two-year old Bristol Olivia. During the summer the focus was swimming lessons. Afton remarked, "The next adventure Brooklyn thinks should be gymnastics."

Mrs. Zediker enjoys watching sports, hanging out with Jeremiah, and playing with their girls. "I am loving football season and my favorite sport, the baseball playoffs." She added her recreation is something as "simple as playing outside, going for a bike ride, or watching the newest Sophia the First or Doc McStuffin shows on Disney channel."

"I made myself a promise last December to take time for myself also," she stated. "I do Spin classes which I have become slightly addicted to." Aside from the loss of 44 pounds, the gym three to four times a week is a "great stress reliever and helps teach my girls the joys of exercise" also.

Afton also volunteers as a group leader for a local company called Educated Mommy. She leads the "Mommy back to work" group once a month. "It is a group that allows new mothers to come and learn from each other and voice concerns about their new roles of being a mother and going back to work," she said. "We discuss planning for daycares, breastfeeding/pumping plans when you go back, and just allow time for everyone to voice their emotions about this very busy and difficult time for mother." Afton had successfully worked with both her children. "I kept up with pumping/breastfeeding which can just be a full time job on its own," she said. "I was very proud to be asked to lead this group. I find it rewarding to be able to get these women together and let them know that they aren't alone in their feelings of conflict about going back to work." She is available 24/7 via email and phone support for her mommy group.

"Just let your life happen and listen to the little things deep inside of you that will help turn you into the person you secretly yearn to be," Zediker advised, "if I didn't listen to those little things deep down inside I wouldn't be the person I am today."

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President's Address continued from page 1

As I complete the role of SDNA president, I am so grateful for the opportunities for growth that I was offered and thrilled to meet so many nurses from different backgrounds. I am excited to branch out into new nursing endeavors as I encourage you to continue to grow, learn and branch out in yours.

Finally, I want to welcome our new SDNA president, Tanya Huck. Under her leadership, I believe that SDNA will continue to support and move nursing into the future in South Dakota.

President's Address on the September issue of the SD Nurse:

The President's Address published in the September issue of the SD Nurse was not written to discount any level of education, but instead highlight some of the benefits of higher education for nurses looking to improve their earning power. SDNA values each and every member of the association.

References of the article:

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## Three Nurses Awarded South Dakota Nurses Foundation Scholarships

Carman Timmerman, EdD, RN  
SDNF Treasurer and Scholarship Committee Chair

As of this year, the South Dakota Nurses Foundation has awarded 20 scholarships to nurses pursuing degrees related to educating nurses or serving the citizens of South Dakota. I thought you might be interesting in knowing the names of these previous scholarship recipients:

SDNF Scholarship Recipients			Rita H. Walsh Scholarship Recipients			Marianne M. Stenvig Scholarship Recipients		
Year	Recipient	Amount	Year	Recipient	Amount	Year	Recipient	Amount
Fall 2005	Christina Erickson	\$500	Spring 2010	Michelle McGregor	\$1,000	Fall 2011	Garrett Houska	\$500
Fall 2006	No recipient	-----	Fall 2011	Sara Jane Lammer	\$1,000	Fall 2012	Phil Boettcher	\$750
Fall 2007	Robin Arends	\$1,000	Fall 2011	Stephanie Wessels	\$1,000	Fall 2013	No recipient	-----
Fall 2008	Robin Peterson-Lund	\$1,000	Fall 2012	Eric Curtis	\$1,000			
Fall 2009	Sr. Vicky Larson	\$1,000	Fall 2012	Mary Ann Gengler	\$1,000			
Fall 2010	Kathy Zambo	\$1,000	Fall 2012	Angela Smithhart	\$1,000			
Fall 2011	Arlene Horner	\$1,000						
Fall 2012	Suzanne Campbell	\$1,000						

## For 2013, SDNF Proudly Awarded 3 Scholarships to South Dakota Nurses. The Scholarships and their Recipients are:

**Rita H. Walsh Scholarship \$1000**  
Recipient: Afton Sue Zediker Tea SD  
Program of Study: SDSU RN Upward Mobility  
Employment: Clinical Supervisor Sanford Orthopedic and Sports Medicine



Afton Sue Zediker

**SDNF Scholarship \$1000**  
Recipient: Julie Symes Rapid City SD  
Program of Study: USD EdD Higher Education  
Employment: Faculty USD Department of Nursing, Lactation Consultant Rapid City Regional Hospital

**SDNF Scholarship \$1000**  
Recipient: Dawn Warren Rapid City SD  
Program of Study: USD EdD Higher Education  
Employment: Faculty USD Department of Nursing

The SDNF board is enormously proud of the 2013 scholarship recipients as well as the previous scholarship awardees. Further, we appreciate the generosity of South Dakota nurses and friends of South Dakota nurses whose contributions have made these scholarships possible.

Would you consider a gift to the South Dakota Nurses Foundation? Your gift will help sustain the Foundation's efforts to endorse the nursing profession as SDNF promotes positive health care changes in South Dakota. Please make your check payable to South Dakota Nurses Foundation Fund and send your check to South Dakota Community Foundation ~ Box 296 ~ Pierre, SD 57501.

In the next few months, look for articles in the *SD Nurse* highlighting the 2013 South Dakota Nurse Foundation scholarship recipients. And just in case you might be thinking of applying for these scholarships in 2014, you can check out the SDNF scholarships' criteria on the South Dakota Nurses Association website. Go to [www.sdnursesassociation.org](http://www.sdnursesassociation.org), click on South Dakota Nurses Foundation link and then click on Scholarships.

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**CIRCULATION, ARTICLES, LETTER TO THE EDITOR, ETC.**  
2013 deadlines for articles submitted to the *South Dakota Nurse*: July 15—September issue and October 14—December issue.

The *South Dakota Nurse* accepts and encourages manuscripts or editorials. We will determine which letters and articles are printed by the availability of publication space and appropriateness of the material. We welcome signed letters of 300 words or less, typed and double spaced and articles of 1,500 words or less. All materials should be mailed to: South Dakota Nurses Association, P.O. Box 1015, Pierre, SD 57501 or e-mailed to: [contactus@sdnurses.org](mailto:contactus@sdnurses.org).

The views expressed in the articles and editorials are those of the individual contributors and do not necessarily reflect the viewpoint of SDNA.

South Dakota Nurse Editor: Dohui Kim, Program Manager

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Left to right: Dawn Warren, Carman Timmerman, and Julie Symes

# 2013 SDNA Annual Convention

## 2013 SDNA Annual Convention Report

**Barbara Goehring, RN - District 4 President**

The Hub City Express welcomed 84 nurses from across the state of South Dakota to the 2013 SDNA Convention at the Best Western Ramkota. The convention was held on October 6 and 7, 2013. A derailment of tracks left 10 Rapid City nurses stranded due to the blizzard in the Black Hills.

The train came to a stop at the concourse area for registration. The nurses were greeted by Engineer Dorothy Bernard, Marilyn Asher, Merry Pettigrew, Georgia Fossum, Diana Hayes and Gwyna Dehne. It was then "All Aboard Nurses" to the amphitheater for the start of the convention. The Glacial Lakes Detachment 852 Marine Corps League did the Presentation of Colors. Dr. Russell Pietz sang the National Anthem. A Nurses Prayer was said by Pastor Gary Compton. Mayor Mike Levensen welcomed the nurses to the Hub City and also shared a film on the "Pheasant Canteen." The Chicago-Milwaukee Railroad brought US troops during WWII to the Aberdeen depot and were served pheasant sandwiches.

The keynote speaker, Jennifer S. Mensik, Vice President of the American Nurses Association, shared "Unleashing the Power of Nursing: Update on the Institute of Medicines Future of Nursing Report." Jennifer, who has never been to South Dakota, was presented a Black Hills Florence Nightingale Lantern pin. She stated, "South Dakota is beautiful with all the array of fall colors, but I do not care for all the snow." In July, 2014, the next ANA President will be elected and SDNA members are sounding the train whistles for Jennifer.

The train whistle blew for a break for everyone to enjoy the 20 vendors and have coffee and train cookies. The Engineers (District 4 members) said "All Aboard to the educational breakout session." The train took nurses to "Maintaining Fitness for Duty and Life" with Marie Quaschnick, CNP, or on to "Healthcare in Haiti: The Perspective of two South Dakotans" with Janie Kenny, RN and Suzanne Hofer, RN, or the last stop, "Present and Future Roles of Nursing: From Student to Doctoral Level" with Kathleen Zambo, DNP.

The whistle again blew for all nurses to attend the SDNA business meeting in the Northern Room.

The Hub City Express stopped at the Convention Center for the social hour and the Canteen Ladies of Aberdeen, 3 of which were the original ladies, served pheasant sandwiches and everyone received the original pheasant sandwich recipe.

Attending nurses enjoyed the banquet with background music and the train song performed by Peter Burckhard

and Bill Gisi. The live auction ended the evening with the great Auctioneer, Steve Simon, along with his wife, Peggy, as his assistant.

The next day the nurses arrived on time to board the Hub City Express to travel to the amphitheater to hear Deb Soholt, RN give the keynote address, "Healthcare Transformation: Nurses Pick Your Ride – Engine or Caboose."

The Hub City Express pulled away to obtain information from the exhibitors. Train whistles were blowing for all nurses to attend the educational breakout sessions, "Coming of the Blessing: A Pathway to a Healthy Pregnancy" with Wend Lewis, BS; or "Lymphoma Update" with Chris Nelson, APRN; and "Surviving the Stress of Contemporary Nursing Practice" with Rebecca Kuch, NCC.

After a relaxing break at the depot, all nurses boarded the Hub City Express to the Arikara Room for the Presidential Address given by Becky Nichols, RN, MSN, CCNS, ANP-BC and the Awards luncheon. Nurses receiving awards from District 4 were: Hall of Fame – Kathleen Zambo and Esther Preszler; and District 4 Nurse of the Year was Marge Washnok.

The train tracks led the nurses back to the amphitheater for the plenary session. Kevin DeWald, State Health IT Coordinator spoke on "Health Information Exchange: Embracing the Changing Landscape." Barb Goehring, District 4 President, thanked everyone for attending the 2013 SDNA Convention and nurses got on board to see a glimpse into the future of nursing.

I would personally like to thank District 4 members for all of their hard work preparing for the 2013 convention. A special thanks to Avera St. Lukes Print Shop – Gary Heier; James Valley Model Railroad Association – Tom Blanchard; Aberdeen Community Theater – Rhonda Anderson and Jim Walker; Dacotah Prairie Museum – Lora Schuanaman; Avera St. Lukes Organizational Development – Jan Reich; and Ramkota Hotel and Convention Center – Shauna Hinz and Kristan Morris.

Thank You to our Sponsors, Vendors and Exhibitors for their Participation and Support that made our 2013 SDNA Annual Convention a Success!

## SDNA Hosts Annual Convention and Honors South Dakota Nurses

The South Dakota Nurses Association (SDNA) recognized nurses from across the state at its 2013 Annual Convention in Aberdeen on October 6th and 7th. The following nurses were recognized for their exceptional service, dedication, and contributions to the nursing profession:

- Rookie of the Year Award** – Dawn Warren, Rapid City
- Distinguished Service Award** – Deb Fischer-Clemens, Sioux Falls
- Nursing Practice Award** – Philip Boettcher, Rapid City
- Joy of Nursing Award** – Marcy Lund, Vermillion
- Pioneer in Nursing Award** – Robin PetersonLund, Rapid City
- Nurse Educator Award** – Katherine Jorgensen, Yankton

Each SDNA district also honored one nurse for his or her contributions to the SDNA and the nursing profession.

- District 1, 2, 3** – Kay Foland, Rapid City
- District 4** – Margie Washnok, Aberdeen
- District 5 & 7** – Carena Jarding, Alexandria
- District 10** – Marian Eberhard, Sioux Falls
- District 11** – Sister Sharon Ann Haas, Yankton

The goal of the SDNA Annual Convention is to offer a forum for nurses to gain knowledge about clinical care, leadership, and professional practice issues and to build professional relationships. Featured speakers included the Second Vice President of ANA, *Jennifer Mensik, PhD, RN, NEA-BC, FACHE* and South Dakota State Senator, *Deb Soholt, RN, MS, NE-CB*.

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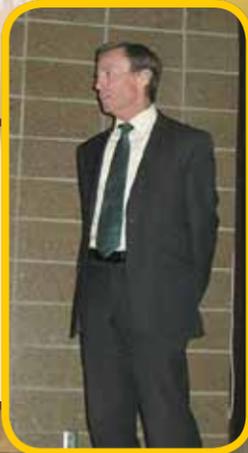
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# 2013 SDNA Annual Convention



# 2013 SDNA Annual Convention

## South Dakota Nurses Association Elects New Leadership

The South Dakota Nurses Association elected RN leaders to be a mentor, an advocate, and actively involved in shaping the future of the nursing profession.

The SDNA is excited to announce that the following members were elected at the 2013 Annual Convention in Aberdeen, SD.

- |  |  |
|--|--|
| <b>President</b><br>Tanya Huck – District 6                                | <b>Continuing Education Committee</b><br>Carol Peterson – District 9<br>Lynnette Leeseberg Stamler – District 9          |
| <b>Vice President</b><br>Margie Washnok – District 4                       | <b>Nominations Committee</b><br>Thomas Stenvig – District 9<br>Lori Hendrickx – District 4<br>Roberta Olson – District 9 |
| <b>Treasurer</b><br>Deb Fischer Clemens – District 10                      |  |
| <b>Core Issues Task Force Chair</b><br>Darcy Sherman Justice – District 10 |  |

## Government Relations Committee List

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| Member      | Sherry Bea Smith      | <a href="mailto:ssmith1@regionalhealth.com">ssmith1@regionalhealth.com</a>                           |
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| Lobbyist/ED | Brittany Novotny      | <a href="mailto:Brittany.Novotny@midwestsolutionssd.com">Brittany.Novotny@midwestsolutionssd.com</a> |
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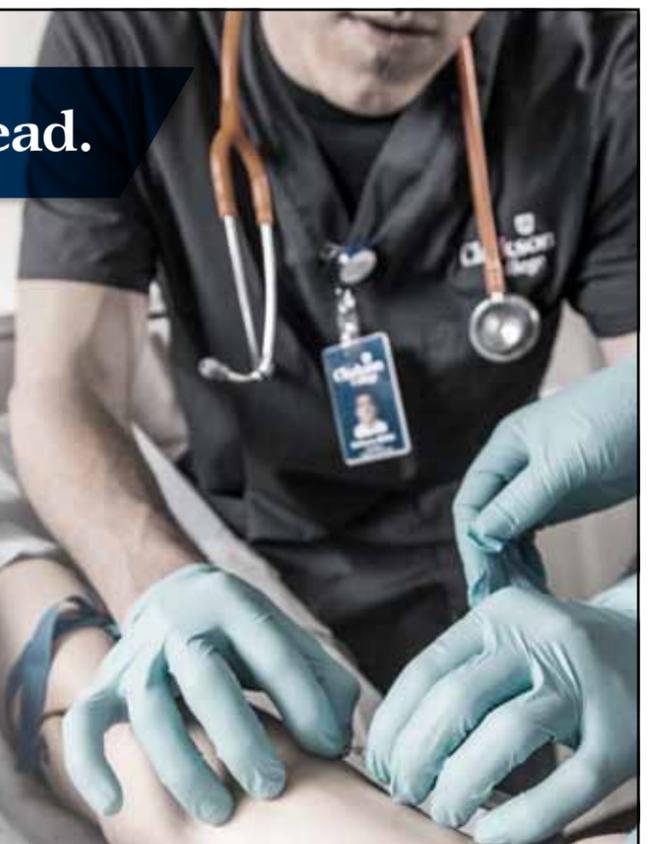
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## NURSES DAY AT THE LEGISLATURE 2014 RAMKOTA HOTEL RIVER CENTER, PIERRE, SD FEBRUARY 10-11, 2014

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To qualify for early rates, this form below must be filled out for *each* attendee and received by **January 17**.  
Please circle the amount you are attending so we may plan our numbers.

NURSES DAY AT THE LEGISLATURE	SDNA Member	Non-Member	Nursing Student/Retiree
Early NDL Registration	\$95.00	\$116.00	\$61.00
Postmarked after <b>January 17, 2014</b>			
Full NDL Registration	\$105.00	\$128.00	\$72.00

- Full refunds less a \$25.00 processing fee, allowed in case of major personal emergency when notice is given at least 96 hours prior to the start of the event.
- SDNA cannot be held responsible for weather-related problems.
- Due to the expenses that are incurred during the planning of this event, there will be no refunds issued if the event is cancelled for any reason including, but not limited to, bad weather, natural disaster, or acts of terrorism.
- Fees include education programs and materials, refreshments and meals as noted on the agenda.

A block of rooms will be held at the Ramkota until **January 9th**.  
Telephone: (605) 224-6877.

Please make your check payable to SDNA and mail to the SDNA Office with this registration form:

Name, Credentials \_\_\_\_\_  
(Please print your name as you would like it to appear on the nametag)

Email \_\_\_\_\_ Are you a Registered Nurse? Yes / No  
(Please circle Yes or No)

Address \_\_\_\_\_ Phone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Legislative District Number \_\_\_\_\_ (Can be found at <http://legis.state.sd.us>)

South Dakota Nurses Foundation (SDNF) is a charitable organization affiliated with SDNA to support nursing in South Dakota through education, research, and service.  
Please consider supporting SDNF by "Rounding Up" your registration fee.

Registration Fee \$ \_\_\_\_\_  
"Round Up" to SDNF \$ \_\_\_\_\_  
Total Submitted \$ \_\_\_\_\_

South Dakota Nurses Association  
PO Box 1015, Pierre, SD 57501  
Phone: (605) 945-4265 | Fax: (888) 425-3032  
[www.sdnurses.org](http://www.sdnurses.org) | [Contactus@sdnurses.org](mailto:Contactus@sdnurses.org)

### 2014 Nurses Day at the Legislature Agenda February 10 - 11, 2014 South Dakota State Capitol and Ramkota Hotel Pierre, South Dakota

#### Monday, February 10, 2014

- 10:00 AM – 11:00 AM **Registration**  
Ramkota Hotel River Centre
- 11:00 AM – 12:15 PM **Luncheon**  
Ramkota Hotel River Centre

#### Welcome

**Overview of SDNA Political Agenda / Orientation and Advocacy**  
Carrie Clausen Hansen, SDNA Government Relations Chair  
Brittany Novotny, SDNA Lobbyist  
Deb Fischer-Clemens, SDNA N-STAT Coordinator and GRC member

**Federal Legislation and Nurses Strategic Action Team Committee (N-STAT) Update**  
Deb Fischer-Clemens, SDNA N-STAT Coordinator and GRC member

- 12:15 PM – 12:30 PM **Break**
- 12:30 PM – 1:45 PM **South Dakota Department of Health Update**  
**South Dakota Department of Social Services Update**  
Ramkota Hotel River Centre
- 2:00 PM – 4:00 PM **House and Senate Floor (all attendees)**  
South Dakota State Capitol
- 4:00 PM – 4:45 PM **2013 Legislative Update**  
Ramkota Hotel River Centre  
Carrie Clausen Hansen, SDNA Government Relations Chair  
Brittany Novotny, SDNA Lobbyist
- 4:45 PM – 5:00 PM **Evaluations and Wrap-up**
- 5:00 PM – 7:00 PM **Chili Supper with South Dakota Legislators**  
Ramkota Hotel River Centre

#### Tuesday, February 11, 2014

- 7:00 AM – 10:00 AM **Legislator Breakfast**  
Presidents and Speakers Lobbies  
South Dakota State Capitol
- 7:45 AM – 12:00 PM (noon) **Committee Hearings**  
South Dakota State Capitol
- 9:45 AM – 10:00 AM **Picture on the Capitol Stairs (all attendees)**  
South Dakota State Capitol

**Fragrance Free Event:** We ask that you avoid wearing perfumes, fragrances or using perfumed soaps to create a more comfortable environment for those with chemical sensitivities.



Health care workers need  
a flu vaccine too.

# Suggestions For Contacting Your Legislators

## Internet

South Dakota has the legislative session on the SD Home page. The Legislative floor sessions are also broadcast live each afternoon during the debate from their Web Site.

SD Home Page: <http://sd.gov> – Click on government or legislature

Legislative Session: <http://legis.state.sd.us> – will take you to the page that lists all the legislators, full bill list, committee hearings, committee hearing minutes, email box to your legislators, bill status, lobbyist, and hearing dates in committees or debate on the floor.

- Bill text may be printed from HTML or from Adobe. The page allows you to load adobe into your computer so that you may bring up the bill. A message will appear with adobe that some of the deletions or underlines may be missing from the adobe version of the bill.

## Email

(Fastest way to reach them: ALL legislators have their own laptop computer!)

Go to: <http://legis.state.sd.us>. You will get the LRC site. Then click on contact information. Then click on email legislator. Select your legislator

- Make reference to the number of the bill HB or SB ### and its title
- Ask for support or opposition to the bill
- Provide brief and specific information to your reason
- **Include your name, RN, phone number and email address**

## Letters

- First sentence of the letter: Bill number HB or SB ###, title and request for support or opposition
- Keep your supporting information brief and concise
- Avoid the use of form letters
- If you have printed material that may assist in making your point – mail it with the letter
- **Always include your name, RN, address and phone number**

- Letters and postcards may be sent to the legislator's home
- The mailing addresses of legislators in Pierre are:

The Honorable __ Representative's name 500 East Capitol Pierre, SD 57501	or	The Honorable __ Senator's name 500 East Capitol Pierre, SD 57501
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## Phone Calls

- Legislators are best reached when they are home for the weekend. Do not worry about disturbing their "off" time. It's their job to listen to you and they expect calls.
- Identify yourself and the bill you are supporting and opposing.
- If you sent a letter or a postcard, ask if they received it and if there are any questions.

- Ask if you can count on their support. Do not let them hedge.
- ALWAYS thank them for listening to your opinion.
- If you are unable to call them at home, you can call them at the Capitol Building and leave a message asking them to support/oppose HB or SB ###. The Senate Lobby number is 605-773-3821 and the House Lobby number is 605-773-3851. A page will take the information and deliver the message to your legislator.

## Cracker Barrel Sessions

- Local cracker barrel sessions are an effective way to receive and provide information to your Legislators. Check your local newspapers for dates, times and locations.
- Legislators listen to their constituents.

# District News

## District 1, 2, & 3

President: Marie Cissell  
 Vice President: Lani White  
 Secretary: Dawn Warren  
 Membership: Leslie Wilkerson  
 Nominations: Kay Foland  
 Government Relations Committee: Linda Wolden

Our first meeting, after the summer break, was held on September 10th. Planning was begun for the upcoming convention in 2014. The theme was chosen and a request for auction items for the 2013 convention was made.

Due to the blizzard, many of the district members were unable to travel to Aberdeen for the 2013 SDNA convention. Kay Foland was chosen as the District Nurse of the Year for 2013 and was to be honored at the convention. The district had prepared four baskets for the raffle. The members will decide what to do with the baskets at the October meeting.

Plans are under way for the 2014 SDNA Convention. It will be held in Rapid City at the Ramkota October 5th and 6th. The theme will be "Close Encounters of the Nursing Kind". We are having planning meetings throughout the year. The October meeting was held on the 15th at Minerva's Restaurant. The district can use a meeting room there three times without charge, so look for future meetings to be held there.

The district is planning to host the Dessert with the Legislators in November. The member should be alert for the date and the place it will be held.

If you are new to Districts 1, 2, or 3 and have questions about opportunities, or you are looking for a place to share your talents to support nursing, feel free to contact me. The District will be electing a new president this year and we are open to those who would like to serve. We are also looking for help for the convention. Please call or email if you have an interest in helping either in planning or helping on the days of the convention.

Marie Cissell  
 605-343-5841  
 marie.cissell@sdstate.edu

## District 4

SDNA District 4 meeting was held Monday, September 23, 2013 at 6:30 p.m. at Presentation College, Room E209.

The meeting was called to order by Barb Goehring. Members in attendance were: Susan Sueltz, Jeanne Chappell, Karen Wolter, Linda Erlenbusch, Charles Pugsley, Diana Hayes, Jeanette Hahler, Vicky Sieh, Monica Karpinski, Sue Fischer, Wendy Bloomenrader, and Margie Washnok.

**OLD BUSINESS:** Discussion was held concerning vendors on Sunday October 6 at the convention. Vickie Sieh and Jeanette Hahler discussed the decorations. Will need to announce that the table decorations are borrowed and they are not to take. Karen Wolter has 6 Engineer Caps and those will be used for the retired nurses at the registration table. There are 5 posters made by Gary Heier. He requested there would be \$50 to go to the Avera St. Luke's Foundation. Free will donation for community theater (ACT) and James Model Railroad Association, and Dakota Prairie Museum. Sue Fischer, Vickie Sieh, and Margie Washnok will assist with delivering the decorations to places that donated the items. If District 4 members can come early to help with decorations and the live and silent auction, it would be greatly appreciated. Margie Washnok said the senior nursing students will be assisting with decorations, live and silent auction, and will also help when the convention is over.

**DONATIONS AND DOOR PRIZES:** Susan Sueltz discussed businesses that have donated for the silent and live auction. Group discussed the other donations. The group will decide what will be used for silent auction, live auction, and door prizes. It was discussed that extra help was needed when the silent auction closes.

**REGISTRATION:** Those at the registration table will need to be there at 10 a.m. and will wear red bandanas and train engineer hats. Several businesses throughout Aberdeen will welcome nurses for the SDNA Convention on October 6 and 7, 2013. Jeanne Chappell will contact the Aberdeen American News.

The District 4 members decided to wear red bandanas to be recognized as the hostesses and also to blow their train whistle before each educational session.

**INTRODUCTION AND SPEAKERS:** Barb will introduce keynote speaker on Sunday evening and the Mayor. Jeanette will introduce Marie Quaschnick; Linda Erlenbusch will introduce Kathy Zambo and Susan Sueltz will introduce Jamie Kenny and Suzanne Hofer. On Monday Margie will introduce Deb Soholt; Charlie Pugsley will introduce Rebecca Kuch; Monica Karpinski will introduce Chris Nelson and Linda Burdette will introduce Wendy Lewis and Kevin Dewald.

Each member was instructed to assist in all areas of the Convention as needed. All District 4 members were on board the Hub City Express so all nurses would get a glimpse of the nursing future.

Respectfully submitted,  
 Barbara Goehring, RNC, BSN  
 District 4 President.

## District 8 & 9

The September district meeting was held at the Old Market for dinner followed by a tour of the Neighborhood, the new long-term care facility. The Brookings Neighborhood opened June 2013 and consists of 8 smaller individual neighborhoods. These smaller neighborhoods are the home for 13 residents. Daily meals as well as snacks are prepared on-site at each Neighborhood and lends a more home-like atmosphere. Residents from individual Neighborhoods meet in the facility's Town Hall meeting area is used for movie night as well as large group activities such as Bingo, card games and crafts. There is a library as well as physical therapy areas – including an outdoor walking garden. The next district meeting was held on Nov. 18 and the program was a tour of the United Living Center.

Respectfully submitted,  
 Paula Carson, District 8 President

## District 11

What a beautiful fall we are having in the District 11 area. The grass is green from the fall rains and the leaves are changing to beautiful colors. Fall always reminds me of the changes that happen throughout our lives. As healthcare providers we know the season of change best.

Here in District 11 we are making many plans for meetings, educational opportunities and community involvement. We are hoping our efforts will be seen by the many nurses in our area and increase our membership.

We had a business meeting in September to plan the year. Our first major event is to hold a fundraiser for the Servant Heart Clinic here in Yankton. Servants Heart Clinic is a "free clinic" provided to those who do not have insurance and need support by a provider to evaluate and a select number of medications are provided by the clinic with the support of Walmart Pharmacy. The clinic is staffed by trained and skilled volunteers and no fees are charged. RTEC on West 21st Street is the location and it is open the first and third Monday of the month, 5-8 p.m. It is based on the Christian Mission of providing care to those who cannot afford health care. The hope is to prevent the delay of health care until the individual is acutely ill.

Respectfully submitted,  
 Sister Kathryn Burt, District 11 president



### Consider a Career in Teaching & Research

Full-time assistant professor and instructor positions and temporary summer teaching positions for 2014 now available.

The College of Nursing is seeking full-time assistant professor and instructor positions and part-time faculty in Sioux Falls and Aberdeen for the summer of 2014. SDSU is a land-grant institution and the state's largest institution of higher education with an enrollment of approximately 13,000 students. The College of Nursing includes CCNE accredited undergraduate standard, accelerated, RN Upward Mobility and graduate programs with more than 900 students at multiple sites. For a closer look, visit our website: [www.sdstate.edu/nurs/index.cfm](http://www.sdstate.edu/nurs/index.cfm)

For a full list of qualifications and to apply for the full-time positions, visit: <http://yourfuture.sdbor.edu>. For temporary summer teaching options, please call the number below. Applications will be screened as received and will continue to be accepted until positions are filled.

For information contact:  
 Nancy Fahrenwald, PhD, RN, APHN-BC, Dean  
 Call: (Toll Free) 1-888-216-9806  
 Email: [Nancy.Fahrenwald@sdstate.edu](mailto:Nancy.Fahrenwald@sdstate.edu)

SDSU is committed to affirmative action, equal opportunity and the diversity of its faculty, staff, and students. Women and minorities are encouraged to apply. Arrangements for accommodations required by disabilities can be made at TTY (605) 688-4394.



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[heh.knh@gmail.com](mailto:heh.knh@gmail.com)

# South Dakota Nurses Association Health Policy Agenda

This agenda reflects SDNA's commitment to the assurance of an optimum level of health for all citizens of South Dakota.

## Professional Nursing Practice

SDNA supports legislation or administrative action that:

- Establishes the South Dakota Board of Nursing as the sole regulatory authority for professional nursing practice;
- Implements SDNA's position on education for nursing practice;
- Protects nurses from discrimination in the workplace due to age, color, creed, disability, gender, health status, lifestyle, nationality, race, religion, or sexual orientation;
- Protects the economic and employment rights of nurses, including their right to advocate for patients;
- Provides direct third-party reimbursement for services provided by nurses, including advanced practice nurses;
- Provides for rehabilitation of impaired health care workers;
- Places professional nurses on boards, commissions and other entities which have responsibility for health care planning and policy making;
- Provides funding for nursing education and research at basic and advanced levels;
- Facilitates recruitment and retention of an adequate and culturally diverse registered nurse workforce.

## Access to Quality and Affordable Health Care

SDNA supports legislation or administrative action that:

- Provides access to quality, cost-effective health care for all South Dakotans, especially vulnerable populations, such as children, pregnant women, older adults, impoverished persons, minorities, homeless persons, the chronically mentally ill, residents of correctional facilities, and those who lack health insurance;
- Provides access to alternative models of quality, cost-effective health care, such as community nursing centers, hospice, home care, and adult day care;
- Assures access to nursing care services and recognizes advanced practice nurses as qualified providers of primary health care services;
- Improves the coordination of healthcare delivery systems to enhance continuity of care;
- Promotes public accountability for positive health outcomes through use of appropriate quality indicators;

## PAC Update

*Julie Dangel, PAC Chair*

Greetings from PAC--Thank you to all who donated to SDNA PAC during the 2013 SDNA Annual Convention in Aberdeen. Through your generous donations we raised **\$998.37** which brings our total to **\$1,846.68**. With many changes I am sure that we will have many issues near and dear to nursing.

It was reported at convention that there are over 18,000 RN's in South Dakota. It would be awesome if every RN just gave 50 cents. Fund raising would reach a new high, which would be 1/4 of a coffee at a shop. SD legislature would listen to SD Nurses.

If anyone has ideas for fund raising please let me know at (julie\_dangel@yahoo.com), any suggestions are welcome.

- Provides incentives for cost containment in health care without compromising quality or access.

## Public Health

SDNA supports legislation or administrative action that:

- Assures public health and safety
- Strengthens the public health infrastructure;
- Sustains and promotes access to effective public health services (e.g., school health centers, sexually transmitted infection clinics, and community mental health providers);
- Assures availability of essential health services for all South Dakota citizens;
- Provides for resources to promote a healthy society;
- Provides adequate funding for programs aimed at health promotion and prevention of disease/disability for people in all stages of life;
- Assures adequate prevention, preparedness and response to natural, biological and chemical disasters and to acts of terrorism;
- Initiates measures to reduce or eliminate violent crimes.

## Occupational and Environmental Health

SDNA supports legislation or administrative action that:

- Assures workplace safety;

- Protects employees, including those in health professions, from health hazards encountered in employment settings, including the establishment of ergonomic standards
- Sets and enforces standards for the protection of the environment

## Human Rights

SDNA supports legislation or administrative action that:

- Supports the basic rights of all people for equity under the law regardless of race, creed, color, gender, age, disability, lifestyle, religion, health status, nationality, or sexual orientation;
- Protects the privacy rights of patients in all health settings;
- Assures provision of health care information to consumers to facilitate informed choice in health care.

Revised:  
10/2005

Approved by Executive Committee, 11/2005  
9/2007

Adopted by the Board of Directors, 10/2007

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**Join our Black Hills Life Flight crew as a Flight Nurse**

Black Hills Life Flight base of operations is located at the Rapid City Regional Airport in South Dakota. This program provides safe and efficient critical care transport for seriously ill or injured patients. Our scene and interfacility transports are accomplished using both rotor and fixed wing air frames.

- Autonomy to perform advanced patient care
- Comprehensive benefits package
- Work two 24-hour shifts per week
- Must hold a current South Dakota nursing license in good standing with no less than three years RN experience working in either Emergency Department or Critical Care.
- Current certifications: BLS, PALS, ACLS and completion of an advanced trauma course such as TNCC.
- Preferred candidates will hold a current specialty certification such as CFRN, CEN, and/or CCRN in addition to previous flight nursing experience.

All qualified candidates should apply at  
<http://www.airmethods.com/careers>

# Why Join SDNA/ANA?

*Sister Kathryn Burt, District 11 President*

Why Join SDNA/ANA? The answer is simple; to have your voice heard. SDNA and ANA provide the legislative representation for nurses in the United States. It is through SDNA and ANA that we as nurses learn valuable information related to what is happening in the legislature as far as healthcare is concern. Senator Jeanne Hunhoff has spoken to the District 11 nurses and nursing students at MMC for several years. I am always amazed at how many of the legislative issues are related to healthcare.

Furthermore, I ask you do you want to see changes made in healthcare. Would you like to see nurses and nurse practitioners have more autonomy in our health care system. Are you interested in helping create changes that will influence the outcomes the patients we care for receive? If you have answered yes to any of the above questions then you need to be active in SDNA and ANA, because through this organization our voices can be heard. It is hard to bring about change as one person. However, with a band of other caring, intelligent, advocating nurses such as those who belong to SDNA and ANA, that voice becomes stronger and more power.

Why Join SDNA and ANA to become informed to help change the profession you are passion about, and to help increase positive patient outcomes. I ask who better than you!

## Welcome New Members

**District 1, 2 & 3**  
Michelle Boettcher  
Catherine Bryan  
Suzanne Campbell  
Emma Duffy  
Natasha Ferguson  
Gregory Gunwall  
Clarice Lebrun  
Peggy O'Sullivan  
Travis Williamson

**District 10**  
Bethlee Burke  
Michelle Cole  
Cassandra Deffenbaugh  
Deanne Donaway  
Danielle Huehl  
Nicole Jonas  
Chandra Malsam  
Loris Metzger  
Lois Plooster  
Courtney Vesely  
Danielle Washegesic

**District 4**  
Anne Buttolph

**District 5 & 7**  
Angela Broughton

**District 8 & 9**  
S. Jo Gibson  
Kasey Ellis-Van Liere

**District 11**  
Jo Stanage

**Out of State**  
Jacquelyn Hedstrom

## 2013-14 SDNA Calendar of Events

If you have events that you want posted on the SDNA Calendar of Events, please contact the SDNA Office at (605) 945-4265 or by email at [contactus@sdnurses.org](mailto:contactus@sdnurses.org)

### December, 2013

**District Leadership Reporting Form Due to SDNA Office**

December 1, 2013

**Christmas Day – Office Closed**

December 25, 2013

### January, 2014

**New Year's Day – Office Closed**

January 1, 2014

**SD Nurse Article Submission Deadline – March Issue**

January 10, 2014

**Martin Luther King Day – Office Closed**

January 20, 2014

### February, 2014

**Nurses Day at the Legislature (NDL)**

February 10-11, 2014

### March 2014

**Last day of the 89th Legislative Session Calendar**

March 14, 2014

### April 2014

**SDNA Spring Workshop**

TBA

**SDNA Board of Directors Meeting**

TBA

**SD Nurse Article Submission Deadline – June Issue**

April 11, 2014



## SDNA Resolution Recognizing Roberta K. Olson, RN, PhD

WHEREAS, Roberta K. Olson is a native South Dakotan who hails from Groton, South Dakota, and

WHEREAS, Roberta K. Olson is a 1964 graduate of SDSU's College of Nursing, and

WHEREAS, after graduation Roberta K. Olson pursued roles in nursing education and leadership outside South Dakota before returning to South Dakota as Dean of the SDSU College of Nursing in 1993, and

WHEREAS, Roberta K. Olson served nearly 20 years as Dean of Nursing at SDSU, and

WHEREAS, Roberta K. Olson led efforts to create nursing accelerated baccalaureate programs in Sioux Falls and Aberdeen and establish practice and research doctoral programs (the Doctor of Nursing Practice and nursing PhD) at SDSU, all for the benefit of the public while advancing the profession of nursing in South Dakota, and

WHEREAS, Roberta K. Olson has the distinction of serving as the president of both the Missouri and South Dakota Nurses Associations, and

WHEREAS, through all these endeavors, Roberta K. Olson has worked tirelessly to support SDNA and its purposes as a voice for the nursing profession in South Dakota,

THEREFORE, BE IT RESOLVED that the South Dakota Nurses Association congratulates Roberta K. Olson on her recent retirement as Dean of the SDSU College of Nursing, and be it further

RESOLVED, that this Assembly recognize Roberta K. Olson for her many contributions to SDNA with a standing ovation and round of applause.

## AUGUSTANA



Augustana College in Sioux Falls, SD, has an exciting faculty opportunity for a tenure-track Assistant or Associate Professor beginning Fall 2014. A doctoral degree is required and the PhD in nursing is preferred. If the doctoral degree is in a related field, the applicant must have a graduate degree in a nursing clinical specialty. An interest in gerontology, informatics or translational research is a plus.

If you are interested in learning more about this position, please visit our web site at:

[www.augie.edu/jobs](http://www.augie.edu/jobs)



Augustana College is an Equal Opportunity Employer/Affirmative Action/Title IX Employer. Women and Minorities are encouraged to apply. Applicants must comply with the Immigration Reform and Control Act and may be required to submit official transcripts upon employment.

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**Rikki Lynn Schad, RN, BSN**  
Acting Director of Nursing  
Cheyenne River Health Center

P.O. Box 1012, Eagle Butte, South Dakota 57625  
(605) 964-0706 - direct line • [rikki.schad@ihs.gov](mailto:rikki.schad@ihs.gov)

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Prairie Community Health  
(605) 466-2120 • (605) 848-3215 Cell  
[plocken@pchchc.net](mailto:plocken@pchchc.net)



# Announcements



South Dakota Nurses Association  
Nurses Day at the Legislature

**REGISTRATION IS NOW OPEN! PAGE 6**

February 10-11, 2014  
Pierre, SD

For more information:  
Contactus@sdnurses.org  
(605) 945-4265



“like” us on  
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FOR: 1) Important information / dates 2) Helpful tools and articles  
3) Network with your colleagues 4) Online Activities

[www.facebook.com/SDNURSES](http://www.facebook.com/SDNURSES)

## 2014 SDNA/ANA Membership Due Increase Notification

In 2004, the ANA House of Delegates passed an automatic dues escalator that increases the ANA Assessment Factor based on the Consumer Price Index for Urban Consumers (CPI-U). The rate change is computed using the 12 months percentage change from June to June each year. It stipulates that the change for any year cannot go below 0% and there is a 2% cap on any increase. In addition, the change in the Assessment Factor is to be rounded to the nearest dollar. Although this computation is made each year, the policy states that the dues increase is only to be implemented every three years.

In 2010, the ANA House of Delegates removed the sunset clause from the escalator policy allowing these changes in the ANA Assessment Factor to continue. The next increase will be effective on January 1, 2014. The ANA Assessment Factor will increase by \$8.00 as of this date. The increased funding will be used to strengthen and sustain ANA and the CMAs and to support programs that enhance the ANA/CMA partnership.

Note that this is an increase in the ANA dues and these funds will go directly to ANA. Thus, you will see that the SDNA Only membership category, a reduced rate category that provides membership only in SDNA, did not increase.

Below you will find the new dues structure, effective January 1, 2014. If you have any questions or concerns, please contact our office and we would be happy to speak with you.

**Full ANA/SDNA Membership:** Employed full or part-time working RNs – Monthly Payment Plan \$23.59 a month or annual payment of \$277

**Full ANA/SDNA Membership Dues (Student):** RN enrolled in Baccalaureate, masters or doctoral program, at least nine (9) credit hours per calendar year – Monthly Payment Plan \$17.82 a month or annual payment of \$207.75

**Full ANA/SDNA Membership Dues (New Graduates):** Newly-licensed graduates, RNs not employed; RNs who are full-time students; or age 62+ and not earning more than Social Security allows – Monthly Payment Plan \$12.04 a month or annual payment of \$138.50

**Full ANA/SDNA Membership Dues (Retired):** RNs 62+ years of age and not employed, or totally disabled – Monthly Payment Plan \$6.27 a month or annual payment of \$69.25

**SDNA Only Membership Dues:** RNs employed full or part-time – Monthly Payment Plan \$16.04 a month or annual payment of \$186.50. *Note that this category did not increase.*



### South Dakota Nurses Association Membership Application

PO Box 1015, Pierre, SD 57501  
t. 605.945.4265 f. 888.425.3032 sdnurse@midco.net

*LAST NAME / FIRST NAME / MIDDLE INITIAL		CREDENTIALS
*STREET OR PO BOX #	BASIC SCHOOL OF NURSING	HOME PHONE
*CITY / STATE / ZIP	GRADUATION: MONTH / YEAR	WORK PHONE
EMPLOYER NAME	*R. N. LICENSE #	FAX
EMPLOYER ADDRESS / CITY / STATE / ZIP		E-MAIL
TITLE / POSITION	MAJOR CLINICAL, PRACTICE, OR TEACHING AREA	RECRUITED BY

#### MEMBERSHIP CATEGORIES

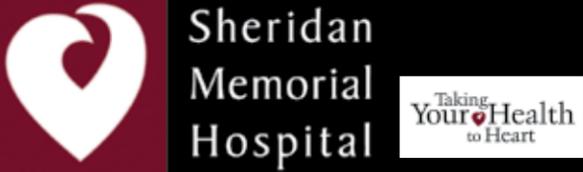
PLEASE CHECK ONE

- FULL ANA/SDNA MEMBERSHIP**  
RN employed full or part time
- REDUCED 75% OF FULL ANA/SDNA MEMBERSHIP DUES (STUDENT)**  
RN enrolled in baccalaureate, masters or doctoral program, at least nine (9) credit hours per calendar year
- REDUCED 50% OF FULL ANA/SDNA MEMBERSHIP DUES (NEW GRADUATES)**  
RN who is unemployed  
- OR - over 62 years of age & earning less than maximum allowed receiving Social Security benefits  
- OR - enrolled in baccalaureate, masters or doctoral program, at least 20 credit hours per year  
- OR - RN FIRST YEAR, WITHIN SIX (6) MONTHS AFTER GRADUATION
- REDUCED 25% OF FULL ANA/SDNA MEMBERSHIP DUES (RETIRED)**  
- RN who is over 62 years of age and unemployed  
- OR - who is totally disabled
- SDNA ONLY MEMBERSHIP**  
RN employed full or part time

MEMBERSHIP TYPE	MONTHLY (EDPP)	ANNUAL
FULL ANA/SDNA MEMBERSHIP	\$ 22.92	\$269.00
STUDENT ANA/SDNA MEMBERSHIP	\$ 17.32	\$201.75
NEW GRADS ANA/SDNA MEMBERSHIP	\$ 11.71	\$134.50
RETIRED ANA/SDNA MEMBERSHIP	\$ 6.11	\$67.25
SDNA ONLY MEMBERSHIP	\$16.04	\$186.50

#### PAYMENT OPTIONS

- FULL ANNUAL PAYMENT BY CHECK**
- PAY BY ELECTRONIC DUES PAYMENT PLAN (EDPP)**  
Read, sign the authorization, and enclose a check for the first month's payment (amount shown in bold above); one-twelfth (1/12) of your annual dues will be withdrawn from that checking account monthly, in addition to an annual \$6.00 (50¢ per month) service fee (total is amount above).  
**AUTHORIZATION:** This authorizes ANA to withdraw 1/12 of my annual dues and any additional service fees from the checking account designated by the enclosed check for the first month's payment. ANA is authorized to change the amount by giving the undersigned 30 days written notice. The undersigned may cancel this authorization upon receipt by ANA of written confirmation of termination 20 days prior to the deduction date as designated above. ANA will charge a \$5.00 fee for return drafts.  
**SIGNATURE FOR EDPP AUTHORIZATION:** \_\_\_\_\_
- PAY BY CREDIT CARD**  
\_\_\_\_ Full annual payment—automatic annual credit card payment (automatic renewal)  
\_\_\_\_ Monthly payment from credit card  
\_\_\_\_ Full annual payment—one year only  
\_\_\_\_\_ Visa/MasterCard \_\_\_\_\_ Expiration date



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Mail: Cherry County Hospital  
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Valentine, NE 69201

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**University of South Dakota Department of Nursing Faculty Openings**

*USD's growing Nursing Programs need energetic and enthusiastic educators to serve as full or part time faculty!*

The University of South Dakota (USD), Department of Nursing is seeking multiple faculty for its Rapid City and Vermillion sites. The faculty positions are 9-month, part-time or full-time positions. Salary and rank dependent on education and experience. The faculty may be responsible for classroom, laboratory, clinical, simulation and related academic roles. Recent clinical experience required.

The successful candidate will be a licensed RN, eligible for licensure in South Dakota, and hold a minimum of a Master's degree in nursing from a nationally accredited program. Earned doctorate in nursing or related field and teaching experience is preferred. Exceptional written and verbal skills are essential with the ability to incorporate technology into teaching and learning. Diversity and inclusiveness are values that are embraced and practiced at the University of South Dakota. Candidates who support these values are encouraged to apply.

Apply online at <https://yourfuture.sdbor.edu>.

The application packet should include a current curriculum vitae, a list of three references, and a letter of interest. Review of applications will begin November 12, 2013, and continue until the positions are filled.

EEO/AA

**Questions may be directed to:**  
Carla Dieter, EdD, RN, FNP-BC  
Professor and Chair, USD Nursing  
Phone: 605-357-1553  
[Carla.Dieter@usd.edu](mailto:Carla.Dieter@usd.edu)



**UNIVERSITY OF SOUTH DAKOTA**  
SCHOOL OF HEALTH SCIENCES

