President’s Message

by Janice Hoffman

As a resident of Anne Arundel County, I first became involved with the MNA through involvement in District 3, and first served as Treasurer. From 2009 – 2012, I served as the MNA Secretary, and was elected as President-Elect in 2012. I have been fortunate to be mentored by Neya Ernst (MNA President 2011 – 2013), as well as Past Presidents Dr. Patricia Travis and Rosemary Mortimer. Serving as a member of the MNA Board of Directors has afforded me the opportunity to be involved in membership growth and member participation across the state. Additionally, my service to MNA has provided opportunities to support and advocate for nurses and nursing students across the state.

My military experience and the administrative positions I have held in practice and academic settings have equipped me with competencies in leadership and policy that I will bring to my responsibilities as MNA president. During my tenure with MNA, I have been involved with legislative activities, including work with the Maryland Board of Nursing and Maryland Nursing Deans and Directors in testimony and actions related to distance education. Consistent with the 2010 IOM recommendations, I am committed to working with other nursing and healthcare organizations to promote nursing practice and remove barriers to nurses working to the full extent of their education.

The MNA is committed to supporting and advocating for registered nurses across the state. I highly encourage you to reach out to your District Leadership and become involved in local initiatives. Additionally, there are many opportunities to serve on MNA committees and work with colleagues from across the state. Opportunities are available on the Bylaws and Policy, Convention Planning, Environmental Health, Legislative, Membership, Nominating, and Practice and Education Committees. We are always looking for increased membership involvement. Please contact the MNA Office for more information about these opportunities at 410-944-5800 or contact Ed Suddath, Executive Director via email at esuddath@marylandrn.org.

As I begin my tenure as your President, I welcome communication from you! You can reach me at janicehoffman@marylandrn.org. I look forward to meeting many of you over the next two years, and again, thank you for your support.

Janice Hoffman

NPAM Holds Fall Conference

The Nurse Practitioner Association of Maryland (NPAM) held their Fall Conference “Improve Your Skills: Head to Toe and Everything in Between” on Saturday, October 12, 2013 at Howard Community College. Over 150 Nurse Practitioners and Nurse Practitioner students gathered for learning and networking. Pictured is Shannon Ildzik, (back to camera) Past-President speaking with attendees. NPAM is the largest association in Maryland dedicated solely to the advancement of Nurse Practitioners. The mission of NPAM is to ensure a sound policy and regulatory foundation that enables nurse practitioners to provide accessible, high quality healthcare to the public. For more information, visit our web site at www.NPAMonline.org.
Preparation of the Manuscript:
1. All submissions should be word-processed using a 12 point font and double spaced.
2. A title page should be included and contain a suggested title and the name of the author(s), credentials, professional title, current position, e-mail, mailing address, telephone contact, and FAX number, if applicable. Authors must meet the requirements for authorship. Contributors who do not meet the criteria for authorship may be listed in an acknowledged section in the article. Written permission from each person acknowledged must be submitted with the article.
3. Subheadings are encouraged throughout the article to enhance readability.
4. Article length should not exceed five (5) 8 ½ X 11 pages (1500-2000 words).
5. All statements based on published findings or data should be referenced appropriately. References should be listed in numerical order in the text and at the end of the article following the American Psychological Association (APA) style. A maximum of 15 references will be printed in the article. All references should be recent—published within the past 5 to 7 years—unless using a seminal text on a given subject.
6. Articles should not mention product and service providers.

Editing:
All submissions are edited for clarity, style and conciseness. Revised articles will be peer reviewed. Comments may be returned to the author if significant clarification, verification or amplification is requested. Original articles may be reprinted in The Maryland Nurse without permission from the publisher. Articles may be used in print or online by The Maryland Nurses Association, except where noted. Authors may review the article to be published in its final form. Authors may be requested to sign a release form prior to publication.

Adaptations to the American Nurses Association’s Copyright statement by The Maryland Nurse guarantees the rights of authors over their publications.

Additional information about the submission process can be found on the website at: www.marylandrn.org.
District 2 September Meeting

Delegate Shirley Nathan-Pulliam, RN, of Baltimore, shared her work in Annapolis to promote the health of Marylanders with a “packed house” of nurses at the District 2 September meeting held at Martin’s West in Baltimore. Pictured are Delegate Nathan-Pulliam (center) with (l to r) D2 Executive Director Nayna Philipsen, 1st Vice President Natasha Loving, President Christie Simon Waterman, and Director Tina Reinckens. More photos are available on D2’s website, www.mnadistrict2.com.

District News

Maryland Women’s Coalition for Health Care Reform to Present at District 2 November Policy Seminar

District 2 MNA continues its Seminar Series on Policy and Practice with a presentation at the next meeting on Thursday, November 14, 2013. This seminar is free and open to nurses and nursing students.

Leni Preston, Steering Committee Chair of the Maryland Women’s Coalition for Health Care Reform, will update nurses on “The Affordable Care Act: Getting it Right in Maryland.”

The location is The Education Center at FutureCare Health Irvington, 22 South Athol Avenue, Baltimore, Maryland 21229. Parking is free next to the building.

Refreshments will be served at 6:00 PM. The program will be from 6:30-8:00 PM. Seating is limited so register by November 8th via email to mnadistrict2@gmail.com or by US mail to District 2 MNA, 6400 Baltimore National Pike, Box 523, Baltimore, Maryland 21228.

District 5 News

JoAnn Kim PhD, RN graduated from Catholic University in May 2013. The focus of her dissertation was cardiac rehabilitation patients and nursing. The title of her dissertation is “The Relationship Between the Perception of Nurse Caring and the Phase II Cardiac Rehabilitation Patient’s Depression, Anxiety, and Adherence.”

Congratulations to Lisa Jordan PhD, RN, CNE and Ken Armstrong MS, RN, CNOR, CNE upon their successful completion of Certified Nurse Educator (CNE) through the National League of Nursing.

Michele Dickson DNP, MS, RN, CNE has graduated from Regis University. Her capstone project focused on math skills of entering nursing students. The title of her capstone project is “Does Associate Degree Nursing (ADN) Student Math Competency Improve with a Math for Nurses Session?”

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I believe
COLLABORATION INSPIRES SUCCESS

I believe in teamwork. That “good enough” never is. And that we can always do it better together. As a nurse at Kaiser Permanente, I put these beliefs into practice. My colleagues and I set our expectations high. And so does Kaiser Permanente. Together, we know that if we can help our patients maintain their best level of health, we’ve succeeded in our mission. When you work together as family in an environment where the whole becomes stronger. And so do the individuals. If you believe in the power of many, this is the place to put your beliefs into practice.

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MedStar St. Mary’s Hospital of Leonardtown, Maryland, offers patients state-of-the-art health-care in a warm, comfortable environment. We have a history of offering a progressive and professionally rewarding workplace. Our outstanding employee benefits and strong standards help make our hospital one of the best places to work in Southern Maryland. We encourage you to review our career opportunities and submit an application through our website. We are currently seeking:

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- Director of Perioperative Services
- Director of Performance Measurement and Corporate Compliance
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Maryland Women’s Coalition for Health Care Reform to Present at District 2 November Policy Seminar

The Maryland Nurse News and Journal • Page 3
Karen S. Kauffman, PhD, CRNP-BC, associate professor and chair of the Department of Family and Community Health at the University of Maryland School of Nursing (UMSON), and eight UMSON alumni, are among 172 nurse leaders who will be inducted into the American Academy of Nursing’s (AAN) 2013 Class of Fellows this fall. Joining Kauffman as members of this year’s class are UMSON alumni Anna C. Alle-White, PhD ‘87, RN; Col. Margaret M. McNeill, PhD ’07, MS ’93 RN, CCRN, CCNS, NE-BC, CIP; Renee A. Milligan, PhD ’89, WHNP; Sue A. Moorhead, PhD, RN, BSN ’72; Richard Ricciardi, PhD, MS ’91, NP; Diane Seibert, PhD, ARNP-BC, MS ’94; Elizabeth Sloop, PhD, MS ’86, RN, CRNP-BC; and Sharon A. R. Stanley, PhD, RN, NS, BSN ’77. Fellows will be inducted during the AAN’s 40th annual meeting being held in Washington, D.C. in October.

Nursing Foundation of Maryland Scholarship – Gordon Han, University of Maryland, Shady Grove

The Nursing Foundation of Maryland awards a $1,000 scholarship to promote nursing education and improved patient outcomes. The recipient of this scholarship will be a Baccalaureate or Graduate nursing student with an Associate Degree prepared RN licensed in Maryland who is continuing his or her education in an RN to BSN education program in Maryland. The recipient will exemplify academic achievement, leadership and community service.

Ruth Hans Scholarship – Gbemisola Adeleke, University of Maryland

The Ruth Hans Scholarship promotes lifelong learning and best practices in nursing by awarding an education scholarship to a Baccalaureate nursing student in Maryland. This can include an RN licensed in Maryland who is continuing his or her education in an RN to BSN nursing education program in Maryland. Ruth Hans received her entry nursing education from the Lutheran Hospital School of Nursing and this award was established in her honor in 2006. The recipient will exemplify academic achievement, leadership and community service. The scholarship is for $500.

Maryland General Hospital School of Nursing Alumnae Association Education Scholarship – Kyung-ja Lee, Howard Community College

The Alumnae Association of Maryland General Hospital awards one scholarship of $1,000. Preference will be given to the student enrolled in an Associate Degree Nursing program. The recipient must demonstrate financial need in addition to academic achievement and community service.

Barbara Sudath Nursing Scholarship – Shannon Henretty, Stevenson University

The Barbara Sudath Nursing Scholarship was established to honor the memory of Mrs. Sudath, the mother of the Executive Director of the Maryland Nurses Association. The recipient must be a nurse enrolled in a graduate degree nursing program with the intention of working with the older population. The recipient will exemplify academic achievement, leadership and community service. The scholarship will be $500.

Arthur L. Davis Publishing Agency Scholarship – Amanda Arora, University of Maryland

Art Davis established the Arthur L. Davis Publishing Agency, the publisher of The Maryland Nurse. Now deceased, the business he began remains a family business dedicated to supporting the nursing community. The Arthur L. Davis scholarship was established in 2003. The scholarship will be awarded to one applicant in the amount of $1,000. The recipient must be a master’s degree nursing student and the preparation to teach in a Maryland nursing program. The recipient will exemplify academic achievement, leadership and community service. Applicants for this scholarship must be members of the Maryland Nurses Association.

Cheryl Dover DNP, MS, RN, NE-BC has graduated from Capella University with her doctorate in nursing practice. Her capstone project was titled “Safe Medication Administration Practices in the Use of Simulation in an Academic Setting.”

Pamela Ambush Burris, DNP, RN, FRE

Pamela Ambush Burris graduated from the University of Southern Indiana, Evansville, Indiana on May 3, 2013. Her capstone project was “Role Socialization: Utilization of a Regulation Toolkit for the prelicensed nursing student and new graduate.” The application design permits the applicant to download information pertinent to the new graduate nursing and provides a link to the Maryland Board of Nursing’s webpage providing information on the licensure process.

Dr. Arthur L. Davis earned a Bachelor of Nursing from the Lutheran Hospital School of Nursing, Washington, D.C. and a Master’s of Science in Nursing from Bowie State University, Bowie, Maryland. She is a Fellow of the National Council of State Board of Nursing (NCSBN), Regulator Excellence Institute earning the credential of FRE. The Institute of Regulatory Excellence (IRE) purpose is to provide selected professional staff from boards of Nursing with quality regulatory education and an expanded body of knowledge related to regulation through research and scholarly work and to develop professional staff regulators to become expert leaders in regulation.

Congratulations to 2013 MNA Award Winners

Outstanding Mentoring Award: Karen Evans
Outstanding Pathfinder Award: Nancy Hodgson
Outstanding Nurse Educator Award: Sharon Kozachik
Outstanding Leadership Award: Christie Simon-Waterman
Outstanding Nursing Practice Award: Mary Katherine Donnelly
Outstanding Advanced Practice Clinical Award: Barbara Biedrzycki
Outstanding Dissemination of Health Information Award: Mary Beth Zaber
There was a beautiful symmetry as, like the five points of a star, a handful of special nurses joined the galaxy of Johns Hopkins’ best at a Hollywood-themed gala celebrating students, faculty, and alumni.

An Evening With the Stars, a second-annual event, unspooled Saturday, September 28 at the Johns Hopkins University School of Nursing, with Adam May of Al Jazeera America serving as host and presenting the awards to the five winners. Now this year is the Cynthia and Peter Rosenwald Star Nurse of the Year Award, established by the Rosenwalds to recognize critical care nurses at The Johns Hopkins Hospital who go above and beyond the call of duty in providing compassionate and competent care.

Awards were handed out to five nurses in four categories: Shining Hospital Star, honoring nurses from Hopkins Hospital and its affiliates (two winners); Shining Faculty Star; Shining Student Star; and Rosenwald Star Nurse of the Year. The winners:

Shining Hospital Star—Keith Franqueiro, All Children’s Hospital in St. Petersburg, FL. Systems analyst Keith Franqueiro is “a role model” who works with the perioperative services team to enhance quality, safety, and efficiency of care, drawing upon 16 years of experience. He led the implementation of the electronic medical record system across the perioperative services areas. “Keith is admired and respected by surgeons, management, and staff.”

Shining Hospital Star—Donna Prow, Johns Hopkins Hospital. ICU Nurse Manager Donna Prow “encourages nurses to ask critical questions, make decisions, and take initiative.” Her number is in each patient room as well, with an invitation for families to call with any concerns. Her standards of patient care are a magnet for loyalty and commitment from her staff. “Donna helps nurses find their voice.”

Shining Faculty Star—Lori Edwards, DePh, RN, APRN “Everyone who comes into contact with her becomes a better person,” a student wrote of Instructor Lori Edwards, whose teaching and research focus on underserved populations. She founded the School of Nursing’s Community Outreach Program, coordinates global health placements for students, and directs the Coverdell Fellows Program for returned Peace Corps volunteers.

Shining Student Star—Emily Hutto, RN. Recognized for her bedside manner, Emily Hutto has represented Johns Hopkins “in an extremely positive way” as an emergency nurse, as a doula, and in clinical rotations. Focused on primary care and chronic disease management, the FNP student will “listen to her patients and truly show them how much she cares” and not just see a disease or illness.

Rosenwald Star Nurse of the Year—Mandy” Schwarz, RN.

A senior nurse in the WICU at Johns Hopkins Hospital, “Mandy is the nurse that I would want to take care of me and anyone in my family if they ever became ill,” a longtime colleague says of Mandalyn Schwarz, calling her a ‘quiet’ hero. “She is an exceptional role model to all new nurses.”

**Thank You For Your Service...**

Mary Reimer, outgoing First Vice President and Lorna House, outgoing District 8 Representative.

**Congratulations To...**

Joann Oliver, incoming Vice President and Linda Cook, incoming Treasurer-Elect.

Delegate Dan Morhaim, 2013 MNA Legislator of the Year.

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*APUS Alumni Employer Survey, January 2006-December 2012

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**Member News**

Hopkins Top Nurses Sparkle at An Evening With the Stars
Stevenson University Trains Law Enforcement Personnel

On August 30, Stevenson University’s new Center for Criminal Justice sponsored a “Go Kit” emergency medical training event for more than 200 law enforcement professionals from across Maryland. Faculty and students from Stevenson’s School of Nursing were integral in helping to train officers on the use of the kit, which is comprised of essential “stop the bleeding” tools including coagulant-laced gauze, a tourniquet, and a chest patch. The School also provided mannequins used for demonstration. Following the training, “Go Kits” were distributed to all officers in attendance.

Speaking with her group of law enforcement officials, Jean Wilson, Associate Professor of Nursing at Stevenson University’s School of Nursing, details the various contents of the “Go Kit.”

University of Maryland School of Nursing Faculty
Members Awarded Nurse Support Program II Grant

Four University of Maryland School of Nursing (UMSON) faculty members have been awarded Nurse Support Program II (NSP II) grants through the Maryland Health Services Cost Review Commission and the Maryland Higher Education Commission. Janice Hoffman, PhD, RN, assistant professor and assistant dean for the Bachelor of Science in Nursing program; Shannon Idrizk, DNP, CRNP, assistant professor and director, Doctor of Nursing Practice program; and co-recipients Louise S. Jenkins, PhD, RN, professor and Carol O’Neil, RN, PhD, CNE, associate professor, co-directors of the Institute for Educators in Nursing and Health Professions, were all awarded grants to assist with funding various programs.

NSP II grants are expected to help increase the capacity of nurses in Maryland by implementing statewide initiatives to grow the number of nurses prepared to function effectively in a faculty role. As a result of increasing the number of well-prepared nursing faculty, more students can be admitted to schools of nursing in Maryland, reducing the nationwide nursing shortage.

With the NSP II grants, UMSON seeks to revise and expand the current RN-to-BSN program; increase faculty development in workforce planning and interprofessional collaboration; and prepare nurses to function as clinical teachers in pre-licensure nursing programs.

“Our goal is to ensure that every student who graduates from the School of Nursing is expertly prepared to provide the highest quality of care to patients. We have the finest, most educated faculty who are poised to place our students in a position to flourish,” said UMSON Dean Jane M. Kirschling, PhD, RN, FAAN. “These grants will aid the School and allow us to have the resources necessary to successfully prepare the nursing workforce of the future.”

Thank You Offer
With deep appreciation for the difference nurses have made to not only our own family, but countless others, we’d like to offer a free wedding cake for any nurses’ family that books our wedding services.

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39 OFFICIAL STATE NURSING PUBLICATIONS
University of Maryland School of Nursing Opens New Lactation Center

Faculty, staff, students and guests of the University of Maryland School of Nursing (UMSON) joined University of Maryland, Baltimore (UMB) President Jay A. Perman, MD, and Jane M. Kirschling, PhD, RN, FAAN, dean of the School of Nursing, for the grand opening of UMSON’s new lactation center on Sept. 25.

The lactation center provides a private space for nursing mothers to pump breast milk. It has three stations with two hospital grade Medela pumps and a refrigerator to store milk. It is the seventh lactation center to be opened on the UMB campus.

Research shows that breastfeeding is important because not only provides babies with the vitamins and nutrients needed, but also helps protect against disease. Carmela Coyle, PhD, president and chief executive officer of the Maryland Hospital Association, and Delegate Shirley Nathan-Pulliam, BSN ’80, District 10, representing the governor, lieutenant governor and Maryland General Assembly, were also in attendance to help Perman and Kirschling lead the charge in advocating for breastfeeding and the addition of more lactation rooms on the UMB campus.

“Breastfeeding provides a protective effect against many early childhood illnesses so that children don’t get sick as often. You also get your permanent employee back to work sooner and they have to take less time off of work,” Perman said. “It’s a win-win situation for all. Let’s keep stressing the importance of breastfeeding.”

The grand opening concluded with a tour of the new lactation center, located on the second floor of UMSON.

JHUSON Degree Completion Ceremony

‘Your New Job Is to Care for People’

The first thing on many new nursing graduates’ minds is finally wearing that pin after so much hard work. The second is finding a job. For those gathered July 19 for the Degree Completion Ceremony at Shriver Hall, Baccalaureate Program representative Clifton Thornton offered a thoughtful, offbeat bit of advice.

“Plan ahead, and realize that becoming a nurse means that your new job is to care for people,” Thornton told fellow graduates of the Johns Hopkins University School of Nursing. “And as we go out and care for people, your new idea as you go to work every day is to have the goal of working yourself out of a job.”

Thornton explained that this means doing a task so well, so completely that you’re no longer needed, “because that’s when you know that you’ve done the most good.” Then, he said, move on to the next challenge.

The sentiment bookended a reminder from Karen Haller, PhD, RN, FAAN, dean of the Johns Hopkins University School of Nursing (JHUSON) for nursing and patient care services at Johns Hopkins Hospital: “Comfort doesn’t lead to growth.”

Haller spoke of the astonishing technological advances, such as those in prosthetics, since her nursing career began and of “the power it puts in your hands.” Still, she cautioned the class to remember that their skills, brains, and courage are the most important tools at their disposal. “What brought you to healthcare was not a computer. … Those who suffer need you to be something more than a nurse with technical skills. They need you to be a healer. We live in a world where healing has never been more needed.”

The ceremony awarded 128 bachelor of science degrees as well as recognizing two MSNs, five MSN/MPHs, and one PhD student who will complete their degree requirements in August.

JHUSON Faculty Honored By AACN

Pamela R. Jeffries, PhD, RN, FAAN, of the Johns Hopkins University School of Nursing (JHUSON) has been awarded a 2013 Scholarship of Teaching and Learning Excellence Award by the American Association of Colleges of Nursing (AACN).

“This is a very gratifying award personally,” says Jeffries, Associate Dean for Academic Affairs at JHUSON. “But more important, this is another push in the direction we as a school, as nurse leaders, want to go in educating the next generations.

The purpose of the AACN Scholarship of Teaching and Learning Excellence Award is to recognize a faculty member who systematically investigates questions related to student learning and the conditions under which it occurs in order to improve outcomes.

Jeffries, an expert in experiential learning, innovative teaching strategies, and the use of technology, is an American Nurse Educator Fellow (ANEF), a Robert Wood Johnson Foundation Executive Nurse Fellow (ENF), serves as a member of the Institute of Medicine’s Global, Inprofessional Education (IPE) forum, and is president-elect of the international Society for Simulation in Healthcare.

She recently edited two books, Simulations in Nursing Education: From Conceptualization to Evaluation (2nd edition) and Developing Simulation Centers Using the Consortium Model.

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2013 MNA Convention

Far right front is the Chair of MNA’s Convention Planning Committee, Diane Friend, with her students who helped to execute the 110th MNA Convention.

Neysa Ernst, Immediate Past President delivers greetings on Friday, October 11, 2013.

MNA Convention attendees network with the exhibitors.

Janice Hoffman and Jane Flowers (L-R) learn about mentoring initiatives at Shore Regional Health.

Marie Ciarpella, Ed Suddath and Susan Prentice work the registration table.

Dr. Rosalind Wright, DNP, and Dr. Solanges Vivens, MSN presented on October 11, 2013.

Jane Flowers, RN, MSN, CNOR (L) spoke about employee recognition and improving outcomes on October 11, 2013.

Nursing Students who attended the 2013 MNA Convention thanks to scholarships from the Medical Imaging Technology Alliance, a division of the National Electronic Manufacturers Association (NEMA).

(L-R) Rose Gonzalez, PhD, MPS, RN, Keynote Speaker, poses with Janice Hoffman PhD, President and Neysa Ernst RN, MSN, Immediate Past President.

Convention attendees on Friday, October 11, 2013.

Nursing Students from Harford Community College with faculty members, Brit Day and Tina Zimmerman.

(R) Kyung-ja Lee accepts the Maryland General Hospital School of Nursing Alumnae Scholarship.

Alleghany Community College students enjoy the exhibitors.
### MNA Gives a Special “Thank You” to our 110th Annual Convention Exhibitors and Donors

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Karen Evans (L) accepts the Outstanding Mentoring Award from Neysa Ernst (R)

Neysa Ernst (R) presents the Outstanding Leadership Award to Christie Simon-Waterman (L)

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Barbara Biedrzycki (L) accepts the Outstanding Advanced Practice Clinical Award from Neysa Ernst (R)

Denise Moore (L) presents the 2nd Place Poster Award to Nicole George (R)

Denise Moore (L) presents the 1st Place Poster Award to Patricia Setlow (R)

Gordon Han (L) accepts the Nursing Foundation of Maryland Scholarship from Patricia Travis (R)

Jane Kirschling, PhD, RN, FAAN gives Keynote Address at the Award Luncheon.

(L-R) Gail Shorter, MSN, RN, BC, CEN and Melanie Donaway, MSN, RN, CEN, CPEN spoke about mentoring at Shore Regional Health.

Medstar Southern Maryland distributed information.

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Send resumes to Employment Office, 2300 Dulaney Valley Rd., Timonium, MD 21093. E-mail: kiversen@cc-md.org. Or visit our web site at www.cc-md.org for a complete listing of our openings. Drug free work place. EOE/AA

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Advanced Practice Nurses Have Supported The Pro Bono Counseling Project For 22 Years

As THE PRO BONO COUNSELING PROJECT begins its 23rd year, we want to take this opportunity to acknowledge the wonderful contribution that advanced practice nurses have made toward eliminating disparities in access to mental health care by taking at least one family, couple or individual with limited resources into their private practice at no fee. During last year alone, 17 APRN/PMH and CRNPs throughout Maryland donated 213 hours of therapy for 34 families, couples and individuals.

During the past 22 years, more than 22,750 families, couples and individuals have received in excess of 84,000 hours of therapy from 1,695 psychiatric advance practice nurses, clinical social workers, professional counselors, psychologists and psychiatrists. During this time, 100 advance practice nurses have participated throughout Maryland. THE PRO BONO COUNSELING PROJECT requests licensed and insured clinicians take one carefully screened referral per year. Please call for more information: 410-825-1001, 301-805-8191, 1-877-323-5800 or e-mail: Ellen@probonocounseling.org. Join now and receive a great ACA info tool.

Although we have referred patients to nurse practitioners and advanced practice psychiatric nurses throughout the past 22 years, fewer of our patients are able to access any medical care. They will not be eligible for any entitlements with the ACA and will not be able to sustain enrollment in an exchange plan.

Please consider accepting one or two Pro Bono Counseling Project referrals annually of individuals who are motivated to receive health care but cannot afford it. The Pro Bono Counseling Project staff understands that your volunteer time is valuable, so we will thoroughly screen prospective clients for financial eligibility and eligibility for referral. Candidates not eligible would include those with any legal involvement with their case, who have a history of violence, who have some means to receive public or private help and those who present with substance abuse, chronic pain, crisis needs or chronic mental illness.

Clients are linked with mental health therapists first and on their recommendation are referred to nurse practitioners whose consultation regarding their care is recommended. Psychiatrists also will be available for consultation. We make every effort to distribute cases equitably so that your cases are pro bono for a limited number of sessions and may be requested to pay a minimal fee.

Throughout the year, the Pro Bono Counseling Project invites all clinicians to continuing education programs, some at no cost, and lunches. Every effort is made to recognize the contribution that clinicians are providing for clients.

Without a few volunteers from the nurse practitioner community there will be some clients who will not get the care they need. Please consider providing your expertise, for a limited time, to a few of our patients. We have truly exhausted all other options and are hoping you will help.

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Maryland Action Committee Addresses Nursing Education in Maryland

by Lyn Starrs-Zorn

Maryland nurses are actively engaged in the planning stages to implement the Institute of Medicine recommendations (http://thefutureofnursing.ionom-report). These recommendations were announced in 2010 and had eight suggestions for the future of the nursing profession. Included in these recommendations were changes to nursing education, on the undergraduate level most notably, Recommendation 4, which would increase the proportion of nurses with baccalaureate degrees to 80% by 2020. In coordination with IOM, Robert Wood Johnson Foundation and AARP have designed a national program called, “The Campaign for Action” which support state action committees that are designing individual state strategies to accomplish the goal of increasing baccalaureate degree nurses by 80% by 2020. In Maryland, members of the Action Committee; which is called the Academic Progression Committee for Recommendation 4, are an assortment of nurse educators, practitioners and administrators, led by Barbara Nubile MSN, RN, Associate Dean/ Director of Nursing, Montgomery College and Karen McCamant, MS, CNS-BC, CAPA, Professional Practice Coordinator, Patient Care Services, Union Grove Hospital. This statewide group has been created to identify issues and develop proposals for increasing the number of BSN nurses in Maryland. There are four models identified from other states that will help guide the Academic Progression Committee of Maryland nurses to create a shared or common curriculum, RN to BSN at the community colleges, competency based curriculum and possibly a RN to MS program. Deans and Directors from Acaroids and Nurse Executives from Health Care Institutions have been discussing potential solutions. Two year programs and Baccalaureate programs are encouraging partnerships to design a more seamless pathway for increasing the number BSNs. Rebecca Wiseman, PhD, RN, Assistant Dean at the University of Maryland, has received a State Implementation Project (SIP) grant from Robert Wood Johnson Foundation to explore development of a state model for dual enrollment. Maryland’s Academic Progression Committee is moving ahead!

There are many issues for the Academic Progression Committee to address with a goal to implement the new state plan in 2014. One of these projects will include a gap analysis to differentiate what is being taught in ADN and BSN programs, to develop an improved educational plan for our RNs to achieve the BSN. There are some educational issues ranging from the development of the specific and general courses that may be applicable to many institutions of higher learning and decreasing the variety of coursework required by specific schools in order to provide the RN savings on time and money. Another challenge will be working with employers to accommodate work schedules that will allow the RN to continue their life-long education and achieve the BSN. There is a very positive side, the work has started, and the Academic Progression Committee is composed of dedicated members and leadership to guide this very significant project. They welcome input regarding curriculum changes and adaptations. Maryland RNs stand to gain opportunity to continue their education and increase the proportion of nurses with baccalaureate degrees in the next 7 years to 80%.

PK Law Supports Maryland Nurses
Nursing Malpractice Defense, Defense of Medical Negligence Claims, Professional Liability, Disciplinary Actions Before the Maryland Board of Nursing, Risk Prevention, By-Laws and Nursing Home Liability

Hospice of the Chesapeake, a nonprofit serving Anne Arundel and Prince George’s counties, has opportunities available for skilled professionals. Begin a new career with a growing premier hospice and palliative care provider.

**Please note all applicants must have a current Maryland license and a minimum of two years nursing experience.

An MS-100 form must be accessed and electronically submitted to the Department of Budget and Management’s website at www.dbm.maryland.gov for employment opportunities. All submissions must include license or certification.
Florence Murphy Retires After 59 Years in Nursing

Florence Murphy, Licensed Practical Nurse, recently retired from Nursing after 59 years of caring for others. Florence graduated from Cambridge High School in 1952. Two weeks after graduating she was in an automobile accident in which she was a passenger. The girl beside her died and Florence spent one month in the hospital with a severely injured left arm. After recovering, Florence went to work for Cambridge Maryland Hospital as a Certified Nursing Assistant. She entered the LPN nursing program at Cambridge Maryland Hospital the latter part of 1953 and graduated with six classmates. She graduated from the nursing program in September 1954 and married her husband Bill. Florence and Bill were married for 52 years and had four sons, until Bill died in 2006.

Florence started her career at Cambridge Maryland Hospital working on the Medical/Surgical floor for several years then went to the Emergency Department and finally to OB/Pediatrics. She loved taking care of children.

On Florence’s first day as a nurse she took care of eight patients. In the 1950’s the nurse did all of the hands on care and all the charting for each patient. Eventually she had 30 patients with the help of 3-4 Nursing Assistants. The Head Nurse would help give medications but Florence would be the only nurse on the floor providing hands on care & charting for each patient.

In 1954 nurses did not start IV’s or draw blood. Years later Dr. Robert McDonald, a physician in the ER made every nurse learn to start IV’s and draw blood. Florence has been known for her proficiency in starting IV’s even when other nurses have failed. In the 1960’s the ER was run by a staff physician and one nurse. It was also during the 50’s & 60’s that the hospital had only 5 physicians on staff. The nurse had to call the physician to come in whenever they got a patient. The ER had only five beds and the nurse had to set up all trays for suturing, etc. After a few years in the ER the hospital hired physicians from Baltimore who worked the ER from Friday 6pm to Monday 6am. If there was a bad accident the ER nurse would call the medical staff for help. Eventually the ER nurse was given a technician to assist with care.

During her early years of nursing the nurse had to sharpen needles on an Arkansas stone. To test the needle to make sure it was able to be used the nurse would rub the needle on a piece of gauze and if the needle did not grab the gauze then it was okay to use. Florence also remembers her first code where it was just her and the physician and the patient survived. For surgical patients and patients having pain Florence remembers the procedure was to get a basin of water, wash their back, rub their back and then give them pain medication. This had to occur every time the patient had pain.

Florence always worked full time during her 59 years of nursing service. She also worked part time jobs at William Hill Health Care in Cambridge, The Pines in Easton and William Hill in Easton. For her whole nursing career she worked locally in the towns of Cambridge and Easton on the Eastern Shore of Maryland. Even when she would be on vacation from Cambridge, Maryland Hospital she would work part time for Dr. Hanks, a well known Cambridge physician.

Cambridge Maryland Hospital became Dorchester General Hospital in 1974. Once leaving Dorchester General Hospital Florence went to work full time at Mallard Bay Nursing Home and then to Chesapeake Woods Center. Florence retired from her full time position of LPN at Chesapeake Woods Center in Cambridge Maryland on August 29, 2013. Florence received a citation from Governor Martin O’Malley, an official citation from Delegate Richard Colburn, a commendation from the Dorchester County Council and a plaque for years of service at Chesapeake Woods.
About MONE
MONE is a non-profit organization consisting of nurse leaders, executives, educators, administrators and officers from across the state of Maryland. MONE leaders are experts in nursing administration, nursing advocacy, nursing policy, professional nursing practice, nursing leadership and the Maryland nursing workforce. MONE members are nurse leaders in a variety of key positions from across the state, representing most acute care hospitals and numerous other healthcare entities in Maryland. The mission of MONE is to empower dynamic nursing leaders with the knowledge and resources necessary to influence the delivery of healthcare through proactive, collaborative efforts. They lead the way in shaping the future of healthcare in the state of Maryland. For more information, visit www.mdone.org.

About MDAC
The Maryland Action Coalition was established in September 2011 joined by the other 50 states and the District of Columbia; it has developed a plan of action to improve the health and health care of all Marylanders. The blueprints for action developed by every state will accelerate the on-the-ground momentum of the national Future of Nursing: Campaign for Action. For more information, visit http://futureofnursingcampaign.org/state/maryland.
Join Maryland Nurses Association Membership Application Today!

Complete the application below or join online at www.marylandrn.org

Maryland Nurses Association Membership Application

21 Governor's Court • Suite 195 • Baltimore, MD 21244 • 410-944-5800 • Fax 410-944-5802

Last Name/First Name/Middle Initial

Basic School of Nursing

Credentials

Graduation (Month/Year)

Home Address

RN License Number

Home Phone

License State

Work Phone

City/State

County

Zip Code

Employer Name

E-mail Address

MEMBERSHIP DUES VARY BY STATE

MEMBERSHIP CATEGORY (check one box)

Full Membership Dues

Employed-Full Time

Employed-Part Time

Full Dues MNA Membership Only

To belong to the Maryland Nurses Association and your District Only

Reduced Membership Dues

Not Employed

Full Time Student

New Graduate from basic nursing education program within six months to two years after graduation (first membership year only)

62 years of age or over and not earning more than Social Security allows

Special Membership Dues

62 years of age or over and not employed

Totally Disabled

Note: $7.50 of the SNA member dues is for the American Nurses Association and your District Only

Payment Plan (check one box)

Full Amount Payment

Check

Mastercard or Visa Bank Card

(Available for annual payment only)

Bank Card Number and Expiration Date

Signature for Bank Card

Mail with payment to MNA at the above address

Payroll Deduction–This payment plan is available only where there is an agreement between your employer and the association to make such deduction.

Signature for Payroll Deduction

Payment Plan (continued)

Electronic Dues Payment Plan (EDPP)–$14.16

Read, sign the authorization and enclose a check for first month’s EDPP payment (contact the SNA/MDA for appropriate ratio). 1/12 of your annual dues will be withdrawn from your checking account each month in addition to a monthly service fee.

AUTHORIZATION to provide monthly electronic payments to American Nurses Association (ANA): This is to authorize ANA to withdraw 1/12 of my annual dues and any additional service fees from my checking account designated by the enclosed check for the first month’s payment. ANA is authorized to change the amount by giving the undersigned thirty (30) days written notice. The undersigned may cancel this authorization upon receipt by ANA or written notification of termination (30) days prior to the first month’s payment.

Signature for EDPP Authorization

For All Districts

Full Dues

Reduced Dues

Special Dues

Annual

EDPP

$248

$21.17

$124

$10.84

$62

$5.67

Annual Dues to belong to the Maryland Nurses Association and your District only are:

Full Dues Annual – $150 for all Districts Full Dues EDPP* – $13 for all Districts.

*EDPP – monthly Electronic Dues Payment Plan

Make checks payable to: American Nurses Association

P.O. Box 504345

St. Louis, MO 63150-4345

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District 2: Baltimore City

Baltimore County

Howard County

Carroll County

District 3: Anne Arundel County

District 4: Eastern Shore

Except Cecil County

District 5: Montgomery County

Prince Georges County

District 7: Harford County

Cecil County

District 8: Frederick County

Washington County

District 9: St. Mary’s County

Charles County

Calvert County

All membership dues are apportioned to the American Nurses Association, the Maryland Nurses Association, and the District. All membership category dues may be paid either annually, or through monthly electronic dues payment plans (EDPP). A service charge applies to the monthly electronic dues membership payment plan except annual membership paid in full at the time of application.

Please choose your district and payment plan from the following chart:

For All Districts

Full Dues

Reduced Dues

Special Dues

Annual

EDPP

$248

$21.17

$124

$10.84

$62

$5.67

Annual Dues to belong to the Maryland Nurses Association and your District only are:

Full Dues Annual – $150 for all Districts Full Dues EDPP* – $13 for all Districts.

*EDPP – monthly Electronic Dues Payment Plan

Make checks payable to: American Nurses Association

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• Emergency Department Charge Nurse (Full-Time)
• Registered Nurse, OR, ED and Med/Surg (Full-Time and Per Diem)
• Mammography Technologist (Part-Time)
• CT Technologist (Rotating Shifts)
• EEG Technologist (Per Diem)

For specific position details and requirements, please visit the Careers Section on our website: www.fortwashingtonmc.org

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For specific position details and requirements, please visit the Careers Section on our website: www.fortwashingtonmc.org

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