



Volume 113 • No. 3

August 2013

Executive Director's Column

Reflections

Fran Ricker, RN, MSN

A reflection as I conclude six years of working for Colorado Nurses Association. Don't worry – there won't be a silly poem or quote at the beginning of this goodbye. Sorry – not my style. This will be short and to the point. I prefer more direct, sincere communication.

I begin with the news that Colorado Nurses Association was not extended opportunity by ANA to lead the Western States MSD, and thus I will not be staying to lead the division. This is a lost opportunity for our state. Many factors contributed to this decision by ANA. The complexities of the decision can be analyzed by future CNA leaders. The main point is that this is my final article as ED – I have made a personal choice to do something different.

It has been my privilege to work on behalf of the association and the profession for the past six years. I am grateful to have worked in a lead role during Sunset of the Nurse Practice Act in 2009. I have learned so much about advocacy, professional issues, and health care reform since first beginning with CNA in 2009. I have been privileged to have a better understanding of our national association (ANA) and its interdependence and relationship to the state associations that strengthen its identity and structure.

My "reflections" are a few observations based on experience – to be considered or not for the future.

1. I believe that the profession is best regulated by those that understand the profession, thus my preference would be to have our regulatory practice under the direction/lead of a registered nurse. Our association has seen a progressive decrease in influence and role with program directors that are not registered nurses. Advanced Practice issues are inherently harder to understand without the background of a nursing degree. Scope of practice also is another area that is complex with the many specialties and roles in nursing.
2. There is a distinction in the level of influence from an individual and a collective group. The "association" has more leverage than individual nurses appointed to serve or represent on policy/task force/work groups. There is a tendency to think that if there is "one" nurse representing – that the needs of the profession as a whole are understood or met. It is still important to have nurses on boards, etc. – but we are overlooking the more important goal of working together as a profession on goals, issues, and concerns.
3. Some of the most successful efforts in recent years have resulted from working with other organizations. Collaboration is important in moving nursing's agenda forward.



Fran Ricker

Reflections continued on page 4

2013 Nightingale Luminary Awards

Kymberly Dumont, Mary Romero, Carolyn Sanders, Linda Satkowiak, Julie Skinner, and Kathleen Wilson joined an elite group of nurses on May 11 when they each received the prestigious Nightingale Award for Excellence at the Colorado Nurses Foundation's annual awards event at the Westin Hotel Westminster – Westminster, Colorado. Continuing the twenty-seven year tradition of recognizing excellence in professional nursing, the awards highlight nurses whose actions exemplify the spirit of a citizen of the profession through either leadership, advocacy, or innovation. One hundred and eighty six outstanding nurses from across the state were nominated in one of two practice categories: nurses in clinical practice and nurse administrators, educators, researchers, or those in non-traditional roles. Nominators were asked to describe how their nominee advanced the profession of nursing, improved quality and access to care, or positively impacted their community through leadership, advocacy or innovation. Thirty-eight Luminaries were selected by either the Area Higher Education Centers (AHEC) or the Regional Nightingale Committees and forwarded to the State Selection Committee, where six of the Luminary Award recipients, one from each category and one from each area of recognition, were selected to receive the traditional Nightingale Award. The Luminary and Nightingale Award recipients, representing diverse roles and practice settings, are listed as follows, along with their contributions to their patients, their profession, and their communities.

The Nightingale Luminaries in Administrator, Educator, Researcher and non-traditional practice roles:

Marty Bachman is the Nursing Department Chair and Program Director at the Larimer Campus of Front Range Community College in Fort Collins. Marty was nominated for her leadership in guiding faculty through two major curriculum changes along with successful attainment of National League for Nursing Accreditation Commission Initial Accreditation status. The faculty describes Marty as an advocate for the program who supports new ideas and endeavors and finds opportunities for them to bond as a faculty. Another example of Marty's leadership skill is the FRCC NCLEX pass rate. Under her leadership, the pass rates have consistently ranged above the national level, even as high as 100%.

Diana Bailey is an Assistant Professor of Nursing at Colorado Mesa University in Grand Junction. Diana was nominated for her leadership excellence in clinical and classroom teaching. Over the past two years Diana has received very high evaluations from students who note that she is "highly organized, clear in communication and expectations, and highly knowledgeable in subject matter."

Diana is described as dedicated to "setting high standards for herself and her students" while leading and teaching with a heart of compassion.

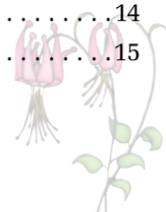
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Colorado Nurses Association President...

Moving Forward Together

Mary M. Ciambelli

This column comes to you from Arlington Virginia just after the Colorado contingent participated in the American Nurses Association Inaugural Membership Assembly. I wish that each and every nurse in Colorado could have attended this meeting and shared in this experience. Please accept sincere thanks from Carol O'Meara, secretary of the Board of Directors (BOD) of the Colorado Nurses Association; Fran Ricker, Executive Director of the Colorado Nurses Association and Western States Multi-State Division Leader and myself as president of the BOD for allowing us to represent you at this profoundly important gathering of national nursing leaders. Please join me in thanking Lola Fehr, immediate past-president of the BOD and Colleen Casper, vice president of the BOD for volunteering to attend as official observers.



Mary Ciambelli

Colleen also joined me in participating in ANA Lobby Day on June 27th on Capitol Hill. We had a personal meeting with Representative Mike Coffman from Congressional District 6 arranged by ANA government affairs staffers. Representative

Coffman is a member of the 113th Congressional Nursing Caucus and a co-sponsor of HR 2504 The House Healthcare Planning and Improvement Act. If passed, this bill will allow advanced practice registered nurses and physician assistants to order home health care. Pictorial evidence of our meeting can be found elsewhere in the *Colorado Nurse* and on Representative Coffman's website. In addition, we met with staff members at Senator Mark Udall's office, Senator Michael Bennet's office and Representative Jared Polis' office to discuss three nursing bills that are currently in the House of Representatives. In addition to HR 2504, those bills are HR 1821 Safe Staffing and HR 2480 Safe Patient Handling, The Nurse and Health Care Worker Protection Act of 2013. Additional information about HR 1821 and 2480 is available via ANA publications and about all three bills on the ANA website www.nursingworld.org.

All of the Coloradoans attending the Assembly enjoyed gathering at a reception organized and hosted on June 28th by Fran Ricker in her role as the Western States Multi-State Division (MSD) Leader with our current multi-state partners from Arizona, California, Idaho, New Mexico and Utah. We had a lively discussion at the MSD reception about the sole reference proposal that was up for a vote that resulted in a consensus to refer this reference proposal back to the BOD of ANA for more study. The reference proposal in question was successfully referred back to the BOD of ANA with the support of the states who had initially brought the proposal to the voting body. This proposal had to do with tele-health and tele-nursing and licensing issues when nurses are providing nursing services across state lines and sometimes across national boundaries. Stay tuned to the ANA website and CNA publications for future updates about the eventual work product of the ANA board and its designees about this complex issue.

The actual Membership Assembly took place on Friday June 28th and the morning of June 29, 2013. All members and observers present took part in a drumming exercise led by a professional group of drummers titled The Drum Café. Working together to create rhythms and to listen to others rhythms set the mood for the assembly to work together effectively for the entire assembly. In addition, it was enjoyable, entertaining and got everyone's blood circulating before we had to engage our brains in the work of the assembly. We engaged

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Editor: Kasey Grohe, MS, RN, CNE
Consulting Editor: Fran Ricker, MSN, RN

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| <p>President Mary M. Ciambelli (31) Englewood, CO 80113 drmaryc@msn.com Cell: (303) 229-9959</p> <p>Secretary Carol O'Meara (30) Centennial, CO Carolomeara@aol.com Home: (303) 779-4963 Cell: (720) 339-7274</p> | <p>Vice-President Colleen M. Casper (16) Denver, CO Mary.Colleen@comcast.net Home: (303) 929-9213</p> <p>Treasurer Paula Stearns (20) Lakewood, CO pstearnsrn@aol.com Home: (303) 238-4878</p> |
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Colorado Nurses Association
2170 South Parker Road, Suite 145, Denver, Colorado 80231

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2013 Convention “Advancing Leadership”



Hilton Garden Inn – Denver Tech Center
7675 East Union Avenue, Denver, CO 80237

Membership Assembly – Saturday, October 26, 2013
Registration with Light Breakfast
8:00am – 9:00am

Continuing Education Presentations
9:00am – 12:00pm

Awards Luncheon
12:00pm – 1:30pm

Membership Assembly Meeting
1:30pm – 5:30pm

Colorado Nurses Association invites members and interested nurses to attend the first annual Membership Assembly. For this inaugural event, we are returning to a one day program Saturday, October 26th. The day will include 2.5 hours of continuing education programs

On Saturday, October 26th, the first Membership Assembly will convene. This year’s meeting will present information on the important changes coming down from ANA. A review of CNA’s proposed bylaws will follow. Members are highly encouraged to attend the Membership Assembly meeting and participate in the critical discussions on the future and structure of Colorado Nurses Association. The Membership Assembly session will include any potential resolutions including the presentation of Association reports. Election results for officers will be announced occurring the Membership Assembly meeting. The Awards Recognition will take place during an extended, fully catered, lunch break between the Continuing Education Presentations and the Membership Assembly meeting.

Registration Information

Registration for this event is available online through the website link at www.nurses-co.org. This link will be active starting September 1, 2013. To get to the registration page, click on the “Convention Registration” link on our home-page. If you have difficulties or need assistance, contact Keith Segundo at ksegundo@nurses-co.org or call (303) 757-7483.

Registration Fees

| Registration Packages | CNA Member Price | Non-Member Price |
|---|------------------|------------------|
| Membership Assembly Full Day October 26 | \$120.00 | \$150.00 |
| Awards Luncheon Only October 26 | \$45.00 | \$45.00 |

THE DEADLINE FOR REGISTRATION IS FRIDAY, OCTOBER 18, 2013

After October 18 – you must register on-site. Please understand that if you register on-site, meals and convention packets cannot be guaranteed.

Hotel information will be available on the CNA website under “Convention”

Refund Policy:

Written requests for refunds must be received (or postmarked by October 23, 2013). These written requests will receive a full refund minus a 25% processing fee. No refunds will be made after this date.

Key Note Speaker



Gladys Campbell, MSN, RN, FAAN
CEO, Northwest Organization of Nurse Executives
CNE and Senior Leader for Clinical Strategy,
Washington State Hospital Association

Gladys Campbell began her career in Seattle, Washington where she graduated from the University of Washington School of Nursing. After graduation she was commissioned as an officer in the United States Public Health Service and worked at a variety of duty stations in Boston, New York and Bethesda, Maryland. While in Bethesda Ms. Campbell spent 20 years in progressive leadership positions at the National Institutes of

Convention continued on page 4

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Reflections continued from page 1

4. Nurses have a strong sense of the issues that affect their profession. I do believe that. What is sometimes missing to address issues effectively is a strategic tactical approach. We are prone to offering data (which is important) but fail to execute a thoughtful staged strategy. Complex professional problems are not solved by simple solutions or by simply running a bill.

Please indulge me in a few personal thanks. To the staff of CNA – Kasey Grohe, Associate Executive Director: It has been a pleasure working with you and my profound thanks for all you have done for CNA. Kasey Grohe has accepted a full time faculty position with Regis University and is leaving at the end of July. She will continue to support the education programs. Keith Segundo, Director of Membership, Marketing, and Revenue – Many thanks for your positive spirit and your passion for association management. Without the support of dedicated staff, an association is challenged to function effectively. Thank you for your dedication.

I will offer a personal thank you to Sara Jarrett who stepped up in time of need to Chair our advocacy program and legislative committee while the association explored the multistate initiative. Her time commitment has been extensive. Nolbert Chavez, Capitol Success Group has taken on the direct lobbying responsibilities for our association with early dedication and a strong skill set. CNA has the privilege of having the strongest practice attorney in the state in my opinion – many thanks to Linda Siderius for support on practice and regulatory issues.

A few leaders and members that set the mark in “commitment to the profession and association,” some with “moral courage” and loyalty to the better good of the association as a whole: Nora Fluke, Carol O’Meara, Eve Hoygaard (Past President), Paula Stearns, Carole Alexander, Alma Jackson, Elizabeth Pace, Theresa Buxton, Brenda Von Star, Sara Jarrett, Dale Colfack, Norma Tubman, Jo Ruth, Anne Seymour, Mark Merrill, Anita Roberts, etc. This list is not totally inclusive. All of you have made it easier for me to work on behalf of the profession and association. Thank you for your efforts. ♦

2013 Convention

Convention continued from page 3

Health Clinical Center, and also completed a graduate degree at the Catholic University of America.

After retiring from the USPHS, Gladys worked in Nashville, Tennessee as an Associate Chief Nurse Officer and as the Executive Director for the Regional Research Institute for Ascension Health. In November of 2003 Ms. Campbell relocated to Portland, Oregon where she was the Assistant Administrator for Nursing and Patient Care Services at the Providence Saint Vincent Medical Center. Since January of 2007 Gladys has served as the CEO for the Northwest Organization of Nurse Executives and the CNE and Senior Leader for Clinical Strategy for the Washington State Hospital Association.

Gladys is a past Fellow in the American Nurses Credentialing Centers Magnet Appraiser Program, a Past-President of the American Association of Critical Care Nurses, a Fellow in the College of Critical Care Medicine, a career long member of the ANA and Sigma Theta Tau, a member of the American Organization of Nurse Executives, a past member of the Board of Directors for the Certification Corporation of AACN and is a Fellow in the American Academy of Nursing. She has been a member of the editorial Board of Clinical Issues in Critical Care and is a published author and a frequent speaker with an extensive list of presentations to her credit.

Agenda

- 8:00am – 9:00am **Welcome, Registration, and Breakfast**
- 9:00am – 10:30am **Setting the Framework for a Life of Leadership**
Gladys Campbell, MSN, RN, FAAN
It is often said that “every nurse is a leader.” What does that really mean? Why is it important that all nurses accept the mantle of leadership? This presentation will focus on what leadership means in nursing and why it is important – from the legal and ethical obligations of licensure, to our commitment to patient trust and well-being, and including our professional roles and the opportunity we have to shape the future of a transforming health care system. Specifically the speaker will highlight nursing’s unique contribution to patient well-being and why we are perfectly positioned for impactful leadership as the Affordable Care Act moves forward.
- 10:30am – 10:45am **Break**
- 10:45am – 11:45pm **TBD**
TBD
- 11:45pm – 1:15pm **Awards Luncheon!**
We will provide a three course plated lunch for your enjoyment.
- 1:15pm – 5:00pm **Membership Assembly Meeting**

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President's message continued from page 2

in a brainstorming session about the future after the keynote address that challenged us all to envision the profession of nursing in 2023. On Saturday morning we voted on the 19 proposed bylaws changes (all of which passed, some of them unanimously) and one reference proposal. For more information about these governance issues, please contact me via my e-mail address drmaryc@msn.com.

I strongly encourage all members of the Colorado Nurses Association who are not members of the American Nurses Association to spend some time reflecting on joining our national professional nursing association. The benefits of being joined together with other nurses to protect our patients and advance our profession have an intrinsic value far above the increase in dues from a state only member to a full member of your professional association. When the dues increase is spread out in monthly payments from your checking account (which is how I pay my membership), the financial cost becomes more manageable than paying in a lump sum on a yearly basis. The numerous financial benefits of belonging to a national professional association such as ANA include deep discounts for American Nurses Credentialing Center (ANCC) certification examinations, discount purchasing of ANA cornerstone documents and other excellent publications and group discounts for malpractice insurance. The discount for the ANCC certification and re-certification in my specialty alone completely offsets almost two years of the difference in monthly dues payments between state only membership and full ANA membership.

This year the Colorado Nurses Association will also have our Inaugural Membership Assembly on Saturday October 26th in the Denver metropolitan area. Publication deadlines prevent me from telling you the precise location for the assembly at this time. All Colorado Nurses Association members in good standing who attend the Membership Assembly will be able to vote for proposed changes in our bylaws, reference proposals that are submitted for adoption, and will be asked to consider and adopt any changes in our mission statement, vision statement values and the new strategic plan. Exciting and valuable continuing education programs will be integrated into the Membership Assembly this year. For more information about the continuing education offerings at the assembly, please contact our Associate Executive Director Kasey Grohe at kgrohe@nurses-co.org or (303) 757-5048. The full details of our inaugural Membership Assembly will be communicated to our membership via our website, Facebook page, postal mail, electronic mail and personally from your district leadership and the board of directors and staff.

Nurses who are non-members of the association will be welcome as observers, but will be not eligible to vote for any governance changes. Membership will be verified at the door. If you wish to apply to the Colorado Nurses Association, you currently have three options. You can go to the ANA website at www.nursingworld.org to apply on line; go to our website at www.nurses-co.org to print up a paper application and mail it to the association offices or contact our Director of Membership, Marketing and Non-Dues Revenue Keith Segundo at ksegundo@nurses-co.org or (303) 757-7483. I anticipate a large turnout of active volunteers and other engaged members to plan the future of our state professional nursing association and shape the future of our chosen profession in Colorado.

We as nurses have numerous opportunities and challenges to our profession at this time due to varied environmental, social, and policy issues facing healthcare and the practice of nursing. I urge every nurse in Colorado to consider joining the professional association for nursing in Colorado and the United States by joining both the Colorado Nurses Association and the American Nurses Association today. Together, we are better. Thank you for all that you do every day for the people of Colorado. Please take good care of yourselves; we need to stay healthy and happy to move our profession forward to 2014 and beyond. ♦

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2013 Nightingale Luminary Awards continued from page 1

As a result of her natural leadership skills, in January 2013, Diana was appointed to the role of Program Director for the BSN Program at CMU.

Jackie Bennett is an Adjunct Clinical Faculty for Adams State University in Alamosa. Jackie was nominated for her advocacy for both patients and students. She stresses the importance of therapeutic communication, compassion, and caring in all of her lesson plans and reminds students to care for patients from a holistic approach with an emphasis on advocacy. Jackie advocates for her students by searching for a variety of teaching methods in the pursuit of student success. She often volunteers her own time to offer study groups or open labs to help students succeed. As a result, students have expressed their commendation and appreciation, and describe her teaching style as "awesome."

Suzanne Bolton is a member of the Integrative Care Services team, and founding member of the Touch, Love, and Compassion Team at Mercy Regional Medical Center in Durango. Suzanne was nominated for innovation in facilitating healing. Using her knowledge of the gentle healing arts, Suzanne provides affirmations, aromatherapy, conscious breathing, imagery, meditation/prayer/ blessings and music therapy to help create a safe and sacred space for her clients. Suzanne is described as a nurse who advocates for the human condition from her heart, practicing the true art of nursing that began with Florence Nightingale.

Kristin Brim is the Clinical Resource Specialist and Nurse Residency Coordinator for Quality and Safety at St. Mary's Hospital in Grand Junction. Kristin was nominated for her advocacy of the newly graduated registered nurse as they transition from the student role to the independent, professional practice role. Kristin has developed and refined a system to support the new graduate nurse through their first year of practice by utilizing her leadership skills to nurture, educate, and mentor. She has also been instrumental in developing a workplace culture that supports the new nurses through the year-long program and has recently begun using simulation to enhance clinical and critical thinking skills.

Kerrie J. Burress is the Clinical Educator for Perinatal Services at Memorial Hospital in Colorado Springs. Kerrie was nominated for her advocacy in developing collaborative, safety-focused perinatal education. Three areas of advocacy under Kerrie's educator leadership involve interdisciplinary drills, providing outreach education to rural Southern Colorado, and in mentoring nurse leaders and educators. Kerrie specializes in advocacy and care of the high risk obstetrical patient. Her constant vigilance has made a difference for patients by improving the care the nursing staff provides, resulting in improved perinatal outcomes and advancement in meeting perinatal core measures.

Jayne Fontecchio-Spradling is the coordinator of the La Plata County Health Care Capacity Project and Citizens Health Advisory Council in Durango. Jaynee was nominated for her leadership in building a system of health care in the community for people who are uninsured or underinsured, including those who do not have access to preventive care. As a result of her leadership, in January 2013, the La Plata Community Clinic opened its doors one day a week to provide integrated health care to adults who are uninsured, low income, and lacking non-emergent access to care. Services are provided by qualified volunteers including licensed health care providers as well as non-medical support personnel.

Anne Hammer recently retired as Nursing Clinical Coordinator for the Denver Health Immunization Program in Denver. Anne was nominated for her leadership in managing an award winning program that has been successful in immunizing children, adolescents and adults. Anne has been described as the shining light-force behind the immunization's program's exceptional success over the past nine years. Along with the Joint Commission Codman Quality Award in 2006, this program has demonstrated continual excellence in the tracking of immunizations, increased rates of immunizations, and development of a tool that assures screening of all patients who are seen at Denver Health.

Roxie Keen is the Administrator of the Sangre de Cristo Hospice House and of the Sangre de Cristo Hospice and Palliative Care East Office. Roxie was nominated for her advocacy for patients and families. Roxie was a leader in the

development of the Veteran's Room at Hospice House, encouraging the staff, community, and families to become involved to make it happen. As a result, the room is a fine example of appreciation for those who have given so much for their country. Roxie's passion and determination prompted Sangre de Cristo Hospice to expand their service area to include rural parts of eastern Colorado, including establishing a branch in her home town of Fowler.

Helen Lester is the interim Executive Director of Hospice del Valle in Alamosa. Helen was nominated for her leadership as evidenced by her community involvement along with the variety of nursing roles she has held in the San Luis Valley. In the 1990s, Helen was the founding Executive Director for At-Home Health Care which continues to flourish today. She steadfastly held on to the goal of having a Bachelor of Science in Nursing Program accessible to students in a rural/frontier area of Southern Colorado and provided tireless, rock-solid, articulate, and professional leadership in pursuit of this goal. Helen's vision became a reality in 2012 when Adams State University in Alamosa graduated its first cohort of BSN students.

Royanne Lichliter is a Clinical Coordinator at the Children's Hospital Colorado in Aurora. Royanne was nominated for innovation in implementing an evidenced based clinical practice change along with an organizational policy change in drawing trough levels. Royanne questioned why a patient had to endure a finger stick to determine serum vancomycin and tobramycin levels when there was a peripheral venous access line in place. She reviewed the literature, obtained support from all stakeholders, applied for COMIRB approval, and received a research grant in 2010. The results of the study, compiled in 2012, showed no difference in the method used, resulting in improved care for her patients.

Mary Nifong is the interim Dean for Health and Sciences at Pikes Peak Community College in Colorado Springs. Mary was nominated for her leadership, most recently, in leading the program to a successful initial nursing accreditation from the National League of Nursing Accreditation Committee.

Obtaining certification involved a complex, two-year process of organizing faculty into teams that completed the rigorous task of writing a program self-study, and then organizing and preparing for a site visit by the accreditation team. Based on her experience and expertise, Mary has recently been selected to become a program evaluator for the NLNAC.

2013 Nightingale Luminary Awards continued on page 7



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Katie Poppert is the Charge Nurse of the Infusion Center at Presbyterian St. Luke's Medical Center in Denver. Katie was nominated for her advocacy in support of the Leukemia and Lymphoma Society and their Team in Training program. Katie has been described as a volunteer, advocate, leader, innovator and extraordinary fund raiser. Since 2008, she has raised almost \$100,000. Katie's activities include participating in national and international marathons, and 5K races, mud runs, and other adventure races throughout Colorado in honor of local patients. She recently set up her own third party fundraising group, the Craic (craic – pronounced crack – is an Irish word meaning having a good time, sharing a laugh) Addicts, who have committed to fighting cancer through laughter.

Peg Rooney is a Visiting Professor at the Colorado State University in Pueblo. Peg was nominated for her leadership in advancing the nursing profession while positively impacting her community. After a career that included multiple dean and directorships, Peg came out of retirement in 2008 to offer her expertise to the Colorado State University. She is described as an invaluable resource to the graduate nursing program as the coordinator of the Nurse Educator track and the lead faculty for the nurse educator synthesis class and thesis seminars. In addition to influencing nursing through leadership at an administrative and educational level, Peg impacts nursing through individual mentorship to new and inexperienced nursing faculty.

Luminary and Nightingale Award Recipient for Leadership: Carolyn Sanders is the Vice President of Patient Services and Chief Nursing Officer at the University of Colorado Hospital in Aurora. Carolyn was nominated for her strategic leadership that consistently results in positive outcomes. For example, the action that she took to move ownership of fall prevention to nurse managers resulted in a 35% reduction in patient falls. Recognizing that UCH needed an innovative approach to improving quality, she constructed a team to review data weekly, making rapid cycle improvements. This strategy resulted in UCH receiving the University HealthSystems Consortium Quality Leadership Award, outperforming over 100 academic hospitals.

Luminary and Nightingale Award Recipient for Advocacy: Linda Satkowiak is the Child Care Health and Safety Nurse Consultant with Children's Hospital Colorado in Aurora. Linda was nominated for her advocacy in improving the health and safety of children in Colorado by forging partnerships with local and state agencies and task forces. Linda is described as the "go-to" person for local and state agencies that need assurance that rules, regulations, and practices in child care create the safest possible environments for children. Linda builds collaborations among families, childcare programs, Child Care Licensing specialists, CCHC consultants and

the health care provider community with the objective of insuring child safety.

Luminary and Nightingale Award Recipient for Innovation: Julie Skinner is the Chief, Utilization Management, 10th Medical Group, United States Air Force Academy in Colorado Springs. Julie was nominated for her innovation in balancing patient workload in the primary care clinics. She applied the Johns Hopkins Adjusted Clinical Grouping scores, an acuity metric based on disease burden, age, and gender to balance out primary care provider teams and re-distribute complex patients. Julie also built a specialized primary care empanelment of high-user, high-cost, and high acuity patients. The establishment of this specialized team moved complex patients from primary care providers, reducing acuity, improving patient safety, and increasing care team satisfaction.

Mary Vidmar is the Outpatient Clinic Nurse Manager at Craig Hospital in Englewood. Mary was nominated for her innovation in both leadership processes and problem resolution. One of the innovations that Mary conceptualized is the award winning Specialty Nurse Advice Line which is a formal, toll free advice line that caters specifically to spinal cord injury patients. After researching advice lines in the community, Mary identified that there was no information or guidelines specific to patients with SCI. Mary then developed a proposal for an advice line that was approved by the leadership team, and has worked to create over 150 triage guidelines specific to SCI that are backed by Craig Hospital Policy and expertise.

The Nightingale Luminaries in Clinical Practice Roles:

Paulette Barlow is a Nephrology Nurse at the Mercy Regional Medical Center in Durango. Paulette was nominated for her leadership in developing programs to care for the survivors of sexual assault. Paulette became the coordinator for the Sexual Assault Nurse Examiner group and created a program that included didactic

education, basic training, and supervision of exams. She worked within Mercy Hospital to obtain a private SANE room, call pay, and developed a call schedule to insure that a SANE nurse was quickly available to perform an exam. Paulette has also trained emergency room staff nurses in Cortez, Pagosa Springs, and Durango to care for victims of sexual assault if a SANE nurse is not available.

Karisa Berry is the Assistant Director of Nursing at the Colorado State Veterans Home in Walsenburg. Karisa was nominated for her leadership that has resulted in excellence in quality measures, great survey outcomes, and maintaining the 5 star quality rating. Karisa is described as an extreme advocate for her residents, first and foremost. She is a strong proponent of Culture Change, and continuously promotes a homelike environment which involves personal interactions with the residents as well as her persuasive approach with the staff to embrace this goal. As a result, satisfaction survey results from residents, families and staff are very positive.

Penny Crom is Adjunct Faculty and Instructor of Nursing at Colorado Mesa University in Grand Junction. Penny was nominated for her innovation in managing the complex Senior Specialty course schedules, assignments, and clinical sites, bringing order to new faculty members and students. After a biking accident that left her unable to practice as a nurse practitioner, Penny created a new nursing role for herself. The Senior Specialty course at CMU's BSN program drew on her experiences as a nurse and an educator. In her educator role, she not only influences student nurses in their transition from students to

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independent practitioners, but also mentors new nursing faculty.

Luminary and Nightingale Award Recipient for Innovation: Kimberly Dumont is a Charge Nurse in the Emergency Department at St. Francis Medical Center in Colorado Springs. Kimberly was nominated for her innovation in spear heading several ground breaking initiatives as the unit's practice council chair. Under her leadership, blood culture contamination rates dropped from 14% to 5%, and through Kim's continuing monitoring and feedback, a 3% contamination rate has been sustained for the past several months. She and her team also improved patient flow by developing a quick look system when a nurse greets patients and rapidly decides if the patient is stable to wait for triage or needs immediate bedding. As a result, median triage times dropped from 17 minutes to 11 minutes.

Barbara Godden is unable to attend this evening's event. Barbara is the Clinical Nurse Coordinator for the Post Anesthesia Care Unit at the Sky Ridge Medical Center in Lone Tree. Barbara was nominated for her leadership in championing patient safety, nursing education, and evidenced based clinical practice standards. Her leadership in ASPAN and the Rocky Mountain PeriAnesthesia Nurses Association has led to national recognition for her expertise. Barb has written extensively for journals, newsletters, and textbooks on topics regarding safety, patient advocacy, core competencies, best staffing practices, and evidence-based clinical practice standards for perianesthesia nursing.

Heather Haefeli is the interim Emergency Department Director at the San Luis Valley

Regional Medical Center in Alamosa. Heather was nominated for her positive leadership and effective communication style. As interim director, she has oversight over the emergency department, the Sexual Assault Nurse Examiner program and the trauma program. Heather is described as a natural leader. When on duty, she is aware of every patient in the department and ensures that all are safe and well taken care of. She is proactive and holds the department to high standards. Heather is a team player, patient centered in her decisions, and consistently goes above and beyond to provide assistance.

Lisa Hofstra is a Staff Nurse in the Emergency Department at St. Anthony's Hospital in Denver. Lisa was nominated for her advocacy in improving staff and patient satisfaction. Lisa developed and implemented the Patient Callback Project. She collaborated with emergency department leadership, RN colleagues, and the emergency department's unit based practice council to cultivate and refine a custom project that greatly serves the patients discharged from the emergency department. Her efforts and successes around this project have provided discharged patients with a unique navigational resource that ensures successful follow-up and decreases recidivism rates.

Carolyn Jewell is the Supervisor Nurse, Ambulatory Care Unit, at the United States Air Force Academy, 10th Medical Group in Colorado Springs. Carolyn was nominated for her leadership in the successful transition from an inpatient facility to an Ambulatory Surgery Center. In addition, Carolyn has implemented the LEAN methodology to streamline documentation and the training and orientation of staff members while ensuring that all regulatory requirements were met. Revamping the pre-operative screening

paperwork and appointment template has maintained surgical cancellations below the national average, and increased the available appointments by 88%.

Kryssy Kimminau is the Stroke Coordinator/Manager at Porter Adventist Hospital in Denver. Kryssy was nominated for innovation in leading Porter to designation as a Primary Stroke Center, and creating a nurse-led outpatient TIA clinic. Kryssy believed that patients with transient ischemic attack could benefit from outpatient monitoring, treatment, and education. She designed and opened a nurse-led TIA clinic, the fourth in the country and the first in the Rocky Mountain Region. Leading an interprofessional team, she developed a referral algorithm that identified the best candidates to be seen in this clinic. Most patients are seen in the clinic within two days after presentation in the ER, and none of the 64 patients seen to date has experienced a stroke after their initial TIA.

Justin Mast is a Nurse Clinician at The Medical Center of Aurora in Aurora. Justin was nominated for leadership in sharing best practices to impact patient care in a positive way. Justin has traveled extensively across the country to learn the latest techniques in mass casualty and hazardous materials management and brought this specialized training to the Medical Center of Aurora. He formed the Hospital Emergency Response Team and assumed the role of coordinator. Justin teaches this team on how to respond to situations that are a specialty within the realm of emergency nursing. As a result of Justin's leadership, the emergency department was prepared for, and managed one of the most challenging mass casualty events in history.

Analouse Matt is a Clinical Manager at the North Colorado Medical Center in Greeley. Ani was nominated for the patient advocacy that she eloquently and consistently provides. She brought the Reigniting the Spirit of Caring seminar supporting relationship based care models to the NCMC. Ani is one of the primary instructors and facilitators for this class and has taught the three day sessions monthly for hundreds of NCMC employees. In addition, Ani developed and implemented the Sexual Assault Nurse Examiner program at NCMC. The team consistently of eight RNs who have completed training and competency validation has been very successful in providing care and support to victims of sexual assault.

Janelle McCormick is the Mental Health Intensive Case Management Program's Team Leader/Case Manager, at the VA Medical Center

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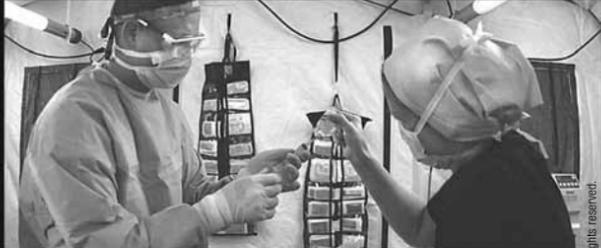


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in Grand Junction. Janelle was nominated for her advocacy of chronically mentally ill patients and their families. In this role, Janelle collaborates with primary care providers when the veteran has limitations articulating medical concerns. She holistically assesses the needs of each veteran, supporting the veteran to access housing, transportation, general medical needs including medication and nutritional needs. In addition, Janelle has obtained certification as a spiritual director and is able to care for the spiritual needs of veterans in the program.

Lynne Morison, recently retired from the New Mexico Department of Health, was nominated for her advocacy as educator, leader, and patient advocate during the course of her career. Lynne has been a Public Health Nurse, Nursing Instructor, Obstetrics Nurse, Family Nurse Practitioner, and Sexual Assault Nurse Examiner in her thirty-two year career. She has been described as a role model to whom all nurses should strive to achieve. Lynne has been an educator, leader, and patient advocate of whom Florence Nightingale would approve. Lynne is also an Adaptive Sports ski instructor, working to improve the mental and physical strengths of individuals who face daily challenges.

Gordon Ninde is a Nurse Case Manager at the Mercy Regional Medical Center in Durango. Gordon was nominated for innovation and adaptation, not only in performing nursing but in breaking barriers and overcoming prejudices. Gordon is described as the picture of equanimity, never getting flustered despite frequent and multiple requests for assistance from the hospitalist team. He has a can-do attitude and an exceptional ability to problem solve, innovating solution to problems in the most challenging cases. As the logistics for arranging outpatient care for patients becomes increasingly complex, Gordon diligently presses on with optimism, doing his best for the patients.

Kymberly Pepmiller is the RN Manager of the Medical Telemetry Unit at the North Colorado Medical Center in Greeley. Kimberly was nominated for her leadership in demonstrating both strong clinical and excellent organizational skills from the time she was a new graduate nurse. Kymberly was instrumental in the adoption of the hospital's Mobility Protocol that helps to ensure maintenance of a patient's mobility while hospitalized. She helped to develop the assessment tool used by every nurse on a daily basis to assess mobility needs. Kymberly submitted the work that she has done on the mobility protocol and was chosen to present at last year's ANA National Quality Conference.

Luminary and Nightingale Award Recipient for Advocacy: Mary "Rachel" Romero is a nurse in the Post Anesthesia Care Unit at the University of Colorado Hospital in Aurora. Mary was nominated for her advocacy in implementing best practice guidelines to decrease noise levels, thus improving both patient satisfaction and the delivery of nursing care. After completing a literature review, it was determined that the PACU was not adhering to best practice guidelines for enhancing the patient's well-being during the recovery process. Rachel also considered how

noise affects nurses and delivery of care, and implemented the HUSH campaign to create a quiet environment. HUSH has been a great initiative that has improved care, and patient and nurse satisfaction.

Laura Satorie is a Level 3 permanent Charge Nurse on the Acute Care of the Elderly unit at the University of Colorado Hospital in Aurora. Laura was nominated for her innovative approaches to improving the mobility of geriatric patients. She collaborated with a research scientist and an occupational therapist to increase patient ambulation and the frequency of patients being out of bed and in the chair for meals. Laura was motivated by the literature that speaks to the functional decline elderly patients can experience if they are not encouraged to ambulate. She promoted staff's use of gait belts, thus improving patient safety and decreasing fall rates.

Mary Shy is a Nurse Practitioner at the High Plains Community Health Center in Lamar. Mary was nominated for her advocacy for her patients as evidenced by achieving desired health outcomes for patients cared for at this Federally Qualified Health Center. Desired clinical outcomes for Mary's patients with diabetes and hypertension exceed national targets and averages. Mary has honed her skills in the treatment of patients with diabetes, is a Certified Diabetes Educator and trained on insulin pump therapy. Colleagues describe Mary as a key player in raising the population health in her community.

Carole Traylor is a Nurse Practitioner at Pediatric Specialists, Mountain View Medical Group, in Colorado Springs. Carole was nominated for her advocacy of children with asthma. Following the publication of national asthma clinical practice guidelines in 2007, Mary embarked on an initiative to improve the management of children with asthma in her practice. As a nationally certified asthma educator, she constantly explores new avenues to teach her patients, school nurses, and students in health care about pediatric asthma. Mary continues to encourage her professional colleagues in nursing to become champions for pediatric asthma.

Nightingale and Luminary Award Recipient for Leadership: Kathleen Wilson is a Clinical Nurse specializing in endoscopy and IV therapy at the Community Hospital in Grand Junction. Kathleen was nominated for leadership for constantly striving to improve standards and policies with evidenced based material in the area of vascular access and management. Kathleen has the unique ability to effectively motivate others to work toward the common goal of providing the best care possible. She leads by example, never simply delegating responsibilities, but brings research and ideas on current topics to staff for their consideration. Kathleen most recently participated in the development and implementation of a vascular access assessment and order tool, which the physicians can use to assist in ordering the most appropriate method/device. ♦

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People's Fair 2013

Conditions were perfect on the weekend of June 1st and 2nd for the Colorado Nurses Association's exhibit at the People's Fair. In the People's Fair 42 year history, this was Colorado Nurses Association's debut at the annual festival. This event provided CNA direct contact and outreach to the people of Colorado. The exhibit accomplished its purpose of informing the public about nursing, healthy lifestyle choices and healthcare in Colorado.

The People's Fair is operated by Capitol Hill United Neighborhoods (CHUN) alongside multiple corporate partners. Located in downtown Denver at Civic Park (14th and Broadway), the urban festival supplied food, entertainment, information and merchandise to over 200,000 visitors. CNA's booth was located in a section dedicated to non-profit and advocacy organizations.

The members of District 16 served as chief organizers and staffers of the booth. Student nurses from Colorado University, Platt College and Denver School of Nursing volunteered by interacting with visitors, distributing material and maintaining the booth. During its two day course, staff provided dozens of blood pressure checks and handed out hundreds of CNA adhesive bandage/business cards.

Some visitors asked questions about health, others expressed an interest in joining the profession or nursing associations. Children received coloring books, healthy eating flyers, and activity posters. The brochures, booklets and other items were donated by the American Nurses Association, Discovery Nursing by Johnson & Johnson, and the Colorado Department of Public Health.

Overall, the CNA booth at the People's Fair achieved the objectives of gaining public exposure and connecting with potential members and nurses, all while having a fun afternoon in the park. ♦



Nursing Memorabilia Gallery at Medical Center of the Rockies – 2013

Submitted by Vicki Carroll RN, MSN



For several years the Medical Center of the Rockies has opened a display of historical items and up to date items to the public to honor nurses during Nurses Week. The Gallery was open on May 9th and 10th in a room near the cafeteria.

Visitors were struck by the juxtaposition of old and new. Military uniforms worn by nurses in WWII were shown next to ones from the 1960's and today. So too were old posters and more modern ones. Vicki Carroll, chair of the Colorado Nurses Foundation Nursing Historical Society brought some of the photos, diplomas, and caps of early nurses collected by the group as well as a letter written by Florence Nightingale. A collection of dolls loaned by Jane Koeckeritz RN, PhD featured Florence Nightingale dolls as well as Nurse Barbie dolls.

An early member of District Nurses Association 9 arrived to view the display. Winifred Johnston Nichols, a Beth El graduate, applied for DNA 9 membership on April 7, 1939. Winifred worked in surgery in the Larimer County Hospital from 1938 until 1940. (The story of her long nursing career can be found in the *Colorado Nurse*, December 2009, January, February, 2010, page 5.)

Winifred was warmly welcomed by Kellie White RN, chair of the Nurses Week Committee. Kellie had wondered about an apparatus on loan from the Poudre Valley Foundation, and Winifred was able to identify it as a hand splint and describe how it was used. During this conversation, three nurses from the MCR cardiac surgical team walked by, viewing the tables of surgical appliances. An amazing conversation began between Winifred and these nurses who had graduated more than 50 years after her. They were interested in the instruments, some of which are still in use today. Winifred asked questions such as how they dealt with significant blood loss and was told about the cell saver used today. Winifred described some of the Navy nursing training she received during WWII. One nurse exclaimed, "We still do that today." They were talking about training to disembark a ship by jumping off into water wearing a life vest, carrying full gear, and supplies.

All of us felt privileged to witness this gracious conversation and see firsthand one of the reasons sharing nursing history with today's nurses and the public is so important. Thanks to the Medical Center of the Rockies for their continued support of this endeavor. ♦

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Updates from the

Colorado State Board of Nursing



The Department of Regulatory Agencies is excited to announce the appointment of Georgia Roberts to the Program Director position at the State Board of Nursing.

Ms. Roberts brings unique knowledge relating to nursing education, extensive legal and regulatory background, strength in operational, program and strategic management, and leadership, demonstrating a wealth of knowledge and experience. Ms. Roberts is an attorney, who previously served as Deputy Director with the Division of Private Occupational Schools, Colorado Department of Higher Education, as well as in the Division of Civil Rights, Department of Regulatory Agencies.

The Division of Professions and Occupations will now be organized into three branches, led by three Deputy Division Directors who will represent a strong external voice in the State for their respective areas, while providing internal leadership in pursuit of consistency and efficiency. Ronne Hines has been appointed as the Deputy Director for Healthcare. As the Deputy Director for Healthcare, Ronne will have responsibility for all health-related boards and committees, including the Board of Nursing.

Job Announcement for the State Board of Nursing

The State Board of Nursing is recruiting for a compliance specialist, who will provide enforcement monitoring of licensees and will be working with the nursing peer assistance program and those individuals on practice probation. This position will be to serve as the Board of Nursing's technical expert through knowledge and experience with the nursing standard of practice, addiction and mental health. To see more details related to the position description and requirements please visit www.governmentjobs.com and search the Department of Regulatory Agencies, Division of Professions and Occupations. ♦

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District & Committee Reports

DNA 6 (San Luis Valley)

Submitted by **Charlotte Ledonne, RN, BSN, MA, LPC, President DNA 6**

SLV Nightingale Luminaries Honored



Left to right – **Heather Haefeli, “Florence Nightingale,” Jackie Bennett and Helen Lester**

Local Nurses Honored



Left to right – **Nancy Schrader, Yvonne Olme, Mabel Cotton, Lois Booth and Anne Steinhage, representing her mother, Dottie McFadden**

The DNA 6 hosted a Nurses Tea on April 26, 2013 in anticipation of Nurses Week May 6-12. The tea honored some of our “seasoned” nurse leaders and was attended by local nurses and nursing students.

All three San Luis Valley Nightingale luminaries attended the Nightingale dinner in Denver on May 11, 2013.

DNA 6 held a garage sale fund raiser on June 1, 2013. Many treasures were sold- sorry you missed this fun event!

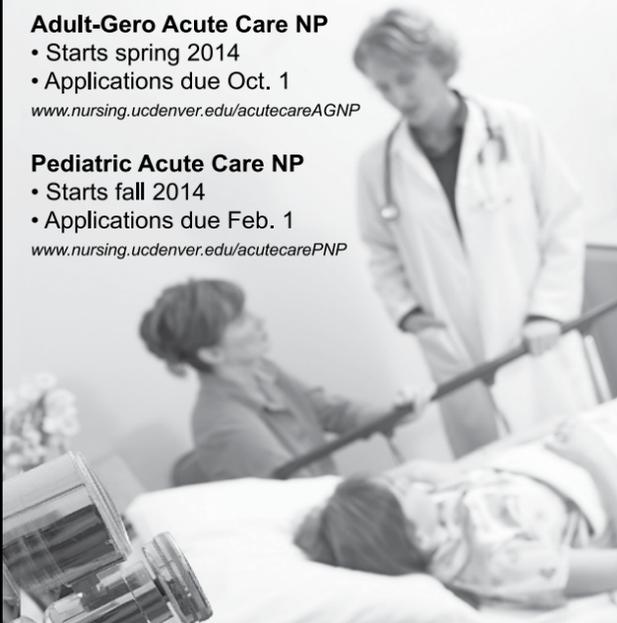
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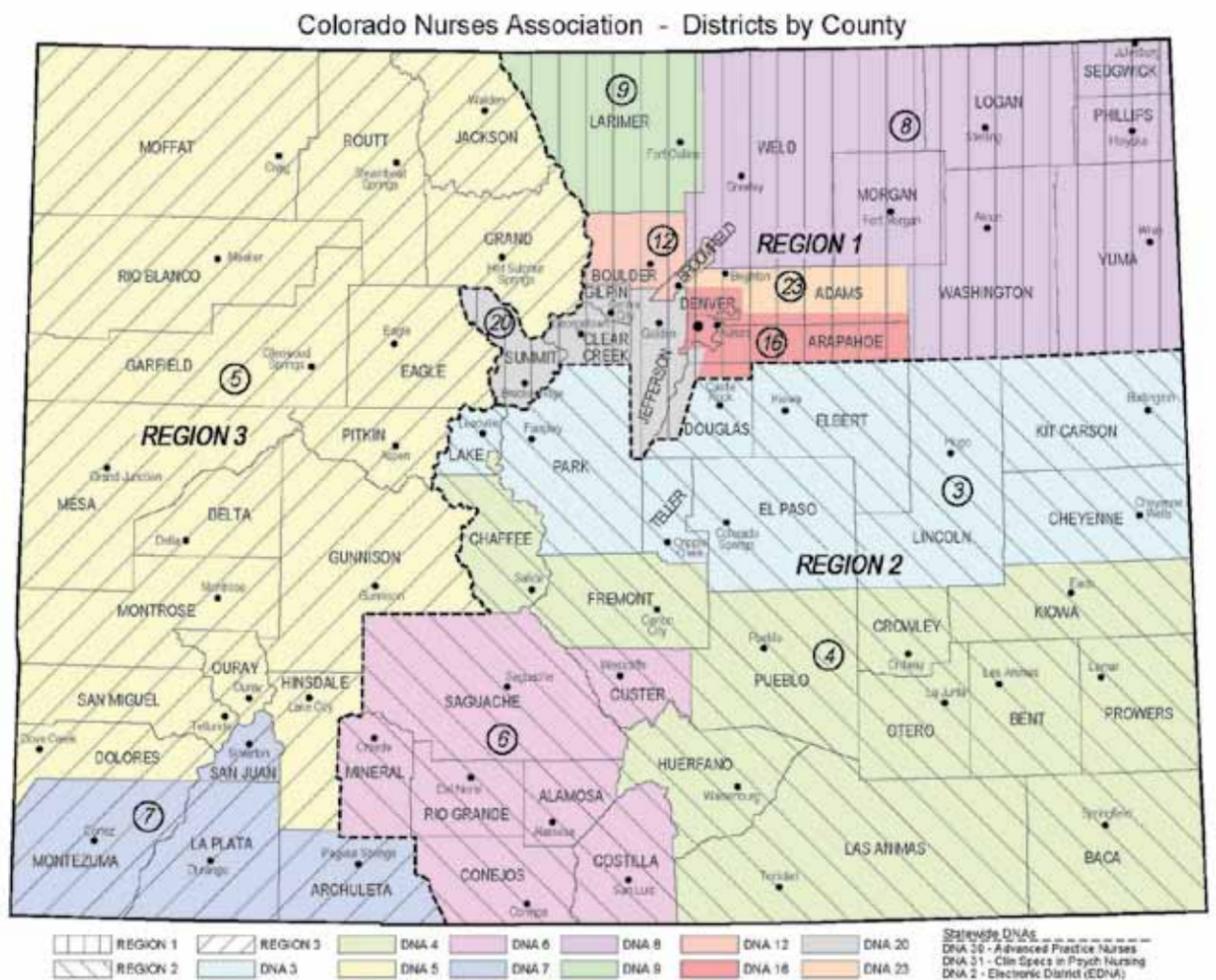
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District Reports



DNA 7 (Four Corners)

Submitted by **Terry Schumaker, RN, MS.**

DNA seven continues to welcome notable nursing leaders to our area. We were honored to have Karren Kowalski, RN, PhD, and executive director of the Colorado Center for Nursing Excellence recently. A wonderful dinner talk was held June 14th at the Strater Hotel in Durango. Karren presented a lively talk on the IOM future of nursing report and engaging practical insight for its use.

Our association was privileged to also sponsor a half day workshop on nursing leadership for all nurses. Both events were well attended and supported by our nursing community. We thank particularly Southwest Women’s health and the La Plata medical society for their special support of this event and their commitment to our nursing community.

We will be gathering later this summer to vision our future goals. We plan to be meeting regularly, at least every other month in the community and encourage and welcome nurses throughout the area to join us for networking, education and good food! Please call for details or contact Terry Schumaker @ terryschi2003@yahoo.com or 970-769-0286

DNA 9

Submitted by **Vicki Carroll RN, MSN, Secretary DNA 9**



The Board of Directors and several members of DNA 9, met in March, 2013. One of the items on the agenda was to discuss using some of our funds to provide grants to charitable organizations in our area. Four were identified.

The first check was presented to GoodHEALTHwill on May 14th at the Loveland location on W. 8th Street. Accepting that check was Heather Holmes, director of the non-profit which provides low-cost medical supplies to those in need. She gave DNA 9 members a tour of the warehouse, explaining that 85% of the items are donated and 15% are bought wholesale. Close to 65% of clients pay a fee for these items such as walkers, IV equipment, wound care supplies, monitoring equipment and much more. GoodHEALTHwill was contacted by 6000 people in 2012. Heather received the 7 Everyday Hero award in February of this year.

Another grant was given to Crossroads Safehouse, an emergency shelter for women and children in Ft Collins. Another recipient was the House of Neighborly Service which provides basic needs, makes referrals, and advocates for people who are experiencing the effects of poverty or situational crisis. The main office is in Loveland, one in Berthoud, and a 2 year old site in Loveland. DNA 9 Treasurer Jane Koeckeritz met with Respite Care representatives on June 20th to present them a check. Respite Care is a non-profit organization in Larimer County that provides short term care for children with developmental disabilities, giving respite to parents and enhancing the quality of life for the entire family. Respite Care has space for 50 children during the day, and provides 24/7 services for families who are leaving town.

For DNA 9 members, this has been a rewarding project, enhancing the health and well being of our community.

DNA 20 (West Metro Area)

Submitted by **Norma Tubman, RN, MScN, NC-BE**

In May, ten members closed out the 2012-2013 activities with a potluck at the home of outgoing

District & Committee Reports

DNA 20 continued from page 12

president, Allison Windes. Allison has served as the DNA 201 President for the past two years. At the meeting, member Ann Merrill explained her work with Five Point Auricular Acupuncture (Acudetox). The National Acupuncture Detoxification Association (NADA) protocol just passed in the State House allowing for trained and certified acupuncture Detoxification Specialists to integrate the acupuncture protocol into addictions or behavioral health programs. We hope to learn more about this treatment method and outcomes at a presentation at a DNA 20 meeting in the future.

Election results were also announced at the potluck. New officers elected are President: Janet Ballantyne; Vice President: Jean Rother; Secretary: Olivia Martinez; Board Members at Large: Kathy Butler, Norma Tubman, and Kiska May; Nominating Committee Members: Irene Drabek, Rebecca Fox, Kiska May, Allison Windes, and Barbara Pedersen. Treasurer: Linda Stroup and Board Member at Large: Kathy Crisler will continue on the Board. DNA 20 is lucky to have an active membership that willingly runs for office which brings new representation on the Board each year. The new Board will meet in August to plan for 2013-2014. When the 2012-2013 Nominating Committee contacted members regarding running for office, they asked members for feedback about methods of communication used to keep them informed of DNA 20 activities. The Committee found that many members did not open their e-mailed DNA 20 newsletter because it showed up as Spam. This led to a discussion about further activities that can be done to promote attendance at meetings. Posting meeting announcements in the local editions of the Sentinel Your Hub and working with the Chief Nursing Officer at St. Anthony Hospital to make in-house announcements of our meeting will be piloted in the coming year.

For information on DNA meetings, locations and speakers, contact DNA 20 President, Janet Ballantyne at 303.838.1240 or venery2nd@gmail.com.

DNA 16

Submitted by Nan Morgan, President DNA 16

District 16 has been enjoying the summer after a very fun spring. We started by attending the Rockies vs. the Yankees baseball game during Nurses Week. We had 115 tickets to this event and the display boards said "Happy Nurses Week" with lots of cheering from the fans every time it displayed. Too bad the Rockies lost, but we still had a good time. Thanks to those of you who joined us and Mary K who arranged this.



Several members trekked north to the Ft Collins home of Sharyn Salmen and her husband on May 19th. They hosted a potluck get together on Warren Lake with Smores, a boat ride around the lake and preparation planning for the Peoples Fair. We felt like we were welcoming summer with this beautiful day and surroundings.

We elected Heather Marlowe to the board of District 16 and retained LaVonne Harris Vice President and CJ Cullinan as Treasurer. Welcome Heather.

We also worked the first weekend in June at the Capitol Hills Peoples Fair Colorado Nurses Association booth. Rebecca Sposato had the

clever idea to put CNA logo stickers on band aid packages and offer all passerby's "Do you want our business card? It's also a band aid!" We had boxes of Discover Nursing information from Johnson & Johnson, including English and Spanish *Become a Nurse* coloring books. There was information from the Colorado Department of Public Health and even CDC literature. We answered questions about "how do you become a nurse" and offered "Free blood pressure checks." We found that the bass of the nearby band sounded remarkably like the heart beat so it was harder to accomplish BP's than we thought it would be.



Upcoming events will be our annual "Pool Party Pot Luck" at the clubhouse of Mary Kershner on Aug. 20th where we will begin to plan our next Legislative Dinner in February 2014. We will be spending the evening of Sept. 24th at Project Cure after a Maggiano dinner sorting medical supplies. Please feel free to join us and watch for more information on our WWW.DNA16.com website.

DNA 23

Submitted by Fran Dowling, President DNA 23

District 23 had its last meeting before summer in May when elections were held. Officers continue to be the same with Cathy O'Grady Melvin as VP/Treasurer, and myself as President for the coming year. Nominated for the District Nurse of the Year is Gail Rotante. Congratulations to a fine Nurse and lady. Further information about this will follow. Since I've had no requests for another meeting time, our next meeting will be Sept. at 6:30 p.m.

Our goal continues to try to remain viable as members at recent meeting voted. We need to strive to improve attendance, cooperation, as I've reported many times, and to help where we can in these difficult times with so many hurting from Fires, poor economy and lack of jobs. All Nurses are appreciated for their work/dedication to the Profession. (I recently read that Florence Nightingale preferred the term, a "calling.") Welcome to all new members and we hope to see you. Best Wishes to long time member Darlene Gaskin in her recovery and to all those who have been ill this past spring. Thank you to Cathy Melvin for her Nursing in her travels, plus her support. Also, to Jeanne Kearns, Charlotte Alexandre, Gail Rotante, Jennifer Allen-Thomas, Jacquie Bratt-Armstrong, Darlene Gaskin, Lois Brightenburg, I extend my appreciation for support at meetings. May I also add a large Thank You to Fran Ricker, RN, MSN, for her excellent writing of "Ethics and Respect for Each Other" which I hope everyone reads and will pass it on. It was in the May 2013 *COLORADO NURSE*.

Enjoy a great summer. Please call, email or write with any suggestions, needs or wants to Cathy or I.

DNA 30 (CSAPN)

Submitted by Kate Martinez MSN, FNP-BC
President-elect, DNA-30

About us: DNA-30/the Colorado Society of Advanced Practice Nurses (CSAPN) members include Nurse Practitioners, Clinical Nurse Specialists, Certified Registered Nurse Anesthetists, and Certified Nurse Midwives. RN's who are enrolled in an advanced practice

educational programs, both local and online/distance learning, are welcome to attend our monthly meetings.

Meeting Information: DNA-30 meets the first Wednesday of each month for a business/educational (dinner) meeting held in a metro-Denver restaurant. The location and topic are posted on our website at csapn.enpnetwork.com.

Community Service Project: We are encouraging our members to give back to the community by participating in many community projects. Quarterly we are participating in a highway cleanup project Adopt -A- Highway. We met in January and April at Colorado Highway #30 in the corner of South Havana and Lowell street in Aurora. In June we started volunteering at Project Cure at Commerce City sorting medical supplies that will be shipped to countries of need. We had 8 participants on June 1st and will schedule more events in the future. More information about upcoming projects are posted on our website. Volunteers are welcome, appreciated and needed!



Elections: Our officers are elected for terms each May. The new board members for the year 2013-2014 are: President: Kelly Mowrey, President-elect: Kate Martinez, Immediate Past President: Tara Caldwell, Treasurer: Cate McGraw, Secretary: Karen Rea, Legislative Committee chair/webmaster: Margaret Catchpole, Fundraising Committee chair: Marion Thornton, Membership Committee chair: Eve Hoygaard, Program Committee chair: David Rodriguez. The new board will be adopting some of the programmatic pillars of ANA's new strategic plan that are pertinent to APN's such as leadership, Cornerstone Documents, Scope of Practice, Care Innovation, Quality, Healthy Nurse, Advocacy and Professional Development.

Membership Recruitment & Retention: DNA-30 supports the CNA Membership efforts with goal of a significant increase in our membership. We know that there are many advanced practice nurses in Colorado who are not members of CNA. The advocacy for our profession and for the roles of the advanced practice nurse comes from CNA/ANA. If you are not a member, please consider joining us. Your membership will make a difference! And, our current members are encouraged to share information about DNA-30 with their non-CNA member peers as well. DNA 30 is always looking for members to serve on various committee which is a great way for new and old members to get more involved by doing something for our profession. Please email Kelly at k.mowrey@comcast.net if you are interested or with questions.

Scholarship: DNA-30 awarded two AANP conference scholarship to board members, two leadership scholarships to Krista Estes and Gayle Crighton to participate in the ANA Leadership Institute and contributed \$3000 to the Colorado Nursing Foundation for the PhD scholarship. We also reimbursed members for attending the CNA convention and donated several thousand dollars to the CNA Legal Defense Fund.

Contact Information for DNA 30/CSAPN: Options for contacting DNA-30 include visiting our website (csapn.enpnetwork.com), via link from the CNA website (www.nurses-co.org) and on Facebook (search for Colorado Society of Advanced Practice Nurses DNA30). ♦

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In Memory

The Colorado Nurses Association would like to honor the memory and acknowledge the work of deceased nurses in our state. Sharing names of/information about these members of our profession with their nursing colleagues is one way we do this. We have received information about the deaths of the nurses listed below who have lived in/worked in and/or were educated in Colorado. Membership in the Colorado Nurses Association is not required for inclusion. If you have information about the recent death of a nurse (RN or LPN) whose name should be included in the next issue, please send basic information (full name, city where they lived, nursing education site/date, area of practice, date/site of birth, etc.) about them to Eve Hoygaard (hoygaard@msn.com). We reserve the right to edit material submitted and endeavor to verify all information included in this column. If an error is noted, please advise us and a correction will be published. Your assistance will be greatly appreciated.

organizations included ANA/CNA. She was a member of DNA-8 at the time of her death.

(Space constraints limited the amount of information we are able to share at this time. The early winter issue of the *Colorado Nurse* will include a more comprehensive article about Dr. Rennin. If you were one of those who life and career were influenced by Dr. Rennin, please share your memories of her in an email to hoygaard@msn.com including your contact information. We look forward to recognizing this outstanding ANA/CNA member.)

We honor the following nurses...

Archuleta, Kathleen Erin Connor, RN, who died in Denver in May 2013, was born in 1932 in Starkweather ND. She graduated from nursing school in Minnesota and later worked as a nurse in Denver.

Heuer, Mary Ardis, RN, died in Laramie WY in June 2013. Born in 1925 in Grand Forks ND, she later moved to Colorado. She was a volunteer nurse for the Dominican Sisters for many years.

Oletski, Mary, RN, (80) died in March 2013. Her work as a RN included working for the Visiting Nurses Association of Denver. She was involved in professional nursing organizations including the Colorado Nurses Association and the Non-practicing and Part-time Nurse Group in Metro Denver

Beckman, Beverly, RN, (81) died in Brighton CO in May 2013. Her work as a registered nurse included working many years for the State of Colorado.

Premac, Dorthy J. Norman, RN, was born in Grand Forks, ND, in 1925 and died in Denver in June 2013. A diploma nurse graduate of St. Michaels School of Nursing in ND and of the University of Minnesota, she moved to Colorado where she was a surgical nurse at St. Anthony's Hospital and also was a nurse in a private physician office.

Berg, Nancy King, RN, died in June 2013 in Denver. She was born in Minnesota in 1953. A graduate of College of St. Scholastica in Duluth MN; she was a hospital nurse in Denver and also an industrial nurse for both Mountain Bell and Public Service Co.

Ross, Rose, RN, a graduate of the Academy of our Lady in Peoria IL in 1958, she worked in Pediatrics at St. Anthony's Hospital.

Drennan, Phyllis, PhD, RN, born in Mason City, Iowa in 1926, Dr. Drennan died in Greeley in April 2013. Her nursing education started with a diploma in nursing at Jennie Edmundson Memorial Hospital, Council Bluffs, Iowa, in 1948, followed by a BSN, University of Denver, 1960, MSN, at University of Colorado in 1961 and in 1974 she earned a PhD at the University of Iowa. Her career was long and varied from clinical hospital settings to nursing education including being Dean at the University of Northern Colorado School of Nursing in Greeley, CO. and the University of Missouri-Columbia. While she received many awards and honors during her forty-seven years of practice, what may have been her greatest contribution to the profession of nursing was the number of outstanding nurses across the country that she mentored. Her multitude of professional nursing

Snodgrass, Evelyn C., RN, BS, ANP, was 90 at the time of her death (June 2013) in Denver. Her career as a nurse began in 1945, in Rochester, MN when she completed her diploma program. She completed a BSN at Metropolitan State College where, in 1979, she completed an Adult Nurse Practitioner program. She completed her MSN at University of Northern Colorado, Greeley in the early 1980's. Prior to becoming a nurse practitioner, she was employed at both Presbyterian/St. Luke's in Denver and at Presbyterian, Aurora. She retired after 15 years of employment as a nurse practitioner at the State of Colorado Youth Detention Center in Brighton. She continued to be involved in nursing when she also worked for Denver VNA flu clinics, etc. A long time member of ANA/CNA, she attended DNA-30 meetings until late 2012. ♦

Submitted by Eve Hoygaard, MS, RN, WHNP - Region I Director, Colorado Nurses Association.

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- Trauma Nurse Core Curriculum – November 4-5, 2013

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*All information must be completed for application to be accepted



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Fax 303-757-8833
www.nurses-co.org cna@nurses-co.org

MAIL/FAX COMPLETED APPLICATION WITH PAYMENT TO:
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2170 South Parker Road Suite 145
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Thank you for your interest in the Colorado Nurses Association or ANA/CNA. We appreciate your awareness that nurses have responsibilities to their profession in addition to their job requirements, and welcome your membership and participation.

Please fill out entire form, front and back, call 303-757-7483 if you have any questions.

Date: _____

| | | | |
|-------------------------|------------------------------------|---|-------------|
| Last Name | First Name | Middle | Credentials |
| Basic School of Nursing | | Graduation (Month /Year) RN License Number - REQ'D | |
| Telephone | Fax Number | Please Circle One: Male / Female | |
| Home Address | City | State | Zip |
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Access to the ANA "Members Only" articles at the ANA website – nursingworld.org. Includes ANA publications: *The American Nurse, American Nurse Today and Online Journal of Nursing*

STATE ONLY MEMBERSHIP

Assures support for state legislative issues, public education, promotion of nursing throughout the state.

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Colorado Nurses Association: We Need You

Submitted by Colleen Casper, RN, MS, DNP

As you are reading *The Colorado Nurse* today, we would like to invite you to join us and become a member of the Colorado Nurses Association (CNA) and the American Nurses Association (ANA). The ANA Mission Statement is simply:

“Nurses advancing our profession to improve health for all.”

The Colorado Nurses Association in partnership with the American Nurses Association is the key political voice for over 3 million RN's nationwide, influencing the changing nursing practice and health care policy locally, regionally, and nationally. Your membership supports this work and benefits you personally by expanding your career network and advancements; your ability to shape and share the essential nursing practice standards and ethics; access to comprehensive and peer reviewed publications and continuing education; participation in advancing work place safety standards; and, discounted rates for services such as professional liability and credentialing exams offered by American Nurses Credentialing Center (ANCC).

The American Nurses Association and the Colorado Nurses Association provides an opportunity for each of us to “band together to impact others” (Weston, 2013) through strategic plans and actions. We want the voice of new graduates, the voice of clinical nurses, the voice of faculty, the voice of metropolitan and rural areas of Colorado (and all in between), as well as the voice of nurse leaders in the State of Colorado to unite with us to inform and direct nursing's role in improving the health of all of our communities.

Join today!

Weston, Marla J. 2013 ANA Membership Assembly: Report of the Chief Executive Officer ♦

Los Alamos Visiting Nurse Service
Home Care & Hospice



Executive Director – Home Health Agency

Los Alamos Visiting Nurse Service, a non-profit, community based home health care and hospice service, located in Northern New Mexico, is currently interviewing qualified candidates for the position of Executive Director. The candidates must be self directed, demonstrate leadership and supervisory skills and work with a Board of Directors. Responsibilities include, but are not limited to, planning, developing and implementing the goals, policies and procedures of the agency. Additional responsibilities include budgeting and monitoring profitability for 30+ professional staff and proposed in-patient hospice facility. Degree strongly desirable in the medical profession and/or business administration. Knowledge of home health and hospice operations and regulations helpful. Respond with letter of interest and credentials to LosAlamosVisitingNursesSearch@gmail.com before September 15.

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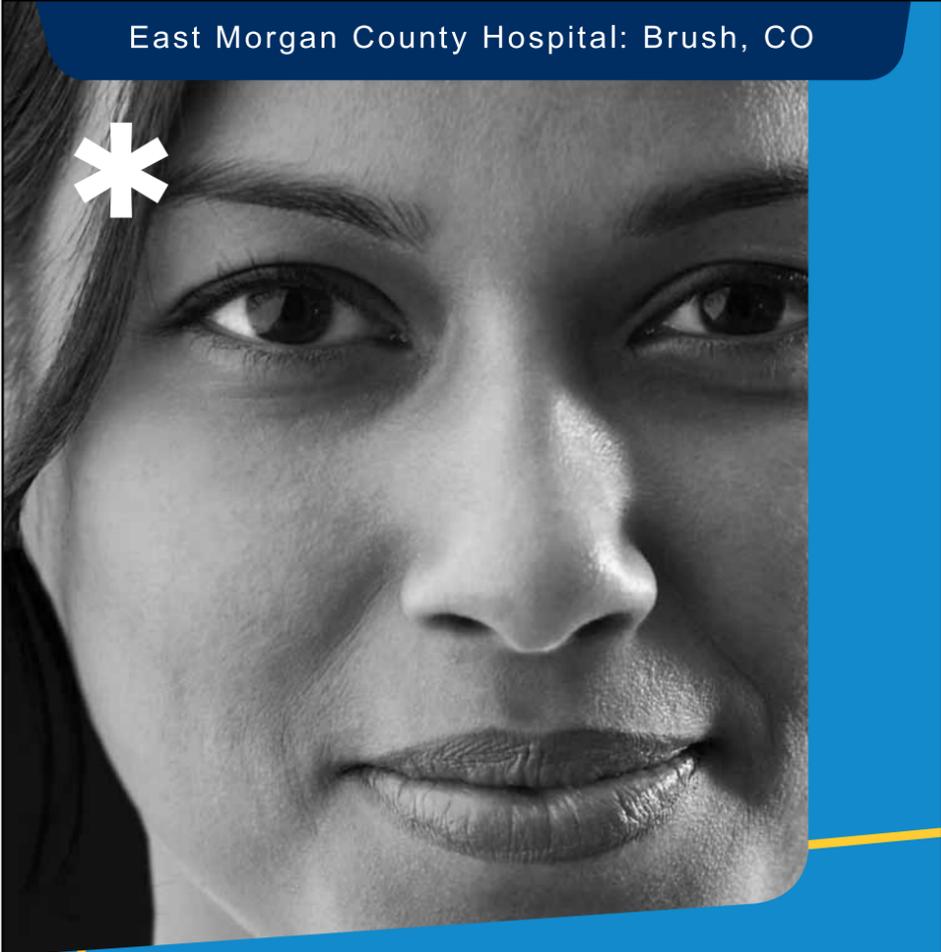
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