Society of Psychiatric Advanced Practice Nurses Honors Muñoz, Kelly, Austin-Benn, and Drake

Psychiatric Advanced Practice Nurses play a pivotal role in the future of mental health care delivery. Honoring exemplary professional achievement, commitment and excellence is a way of highlighting roles models to lead and inspire change. As such, the Society of Psychiatric Advanced Practice Nurses recognizes yearly these individuals at their Awards Dinner. This year the annual event was held in March at Shadowbook Country Club in Shrewsbury. Prefaced by a brief business report, awards were presented to the following nominees for their exceptional contributions to the advancement of their profession.

Assemblywoman Nancy Muñoz (R 21) was presented the Advocate of the Year Award, at the Society of Psychiatric Advanced Practice Nursing Annual Awards Dinner for her passionate dedication to advance the profession of nursing through story changes. She is committed to removing barriers for all nurses to practice to the fullest extent of their education and training and is the primary sponsor of A3512, The Consumer Access to Care Act, which if enacted, will remove the joint protocol requirement for APN prescribing. With a Bachelor’s degree in Nursing from Hunter College, the Assemblywoman is a clinical nurse specialist with a strong clinical background. Having had experience in both the delivery of health care and the insurance industry, she remains focused on the challenges within New Jersey regarding public health policy and advancing the role of nursing in meeting those needs.

Assemblywoman Muñoz initially assumed the unexpired term of her late husband, Assemblyman Eric Muñoz in May, 2009. She has since been elected and re-elected on her own merits and her party, as evidenced by her appointment to Deputy Republican Whip, has accordingly recognized her inherent leadership aptitude. She currently serves on the Assembly Health and Senior Services Committee, as well as the Assembly Commerce and Economic Development Committee. The only actively licensed RN legislator, she is a powerful voice for nursing in the State House. She is truly passionate about moving the profession forward, seizing every opportunity to educate and champion nursing.

Laura Kelly, PhD, APN, is the recipient of the Excellence in Psychiatric Advanced Practice Nursing Award for her commitment to her students and for her work with underserved populations and persons with barriers for receiving any psychiatric services. Associate Professor of nursing at the Marjorie Unterberg School of Nursing, Monmouth University, Kelly initiated and teaches the APN track.

Saundra Austin-Benn MSN, APN was recognized for her devotion to psychiatric nursing and its advancement. A long-time active member of the Society of Psychiatric Advanced Practice Nursing, she has served as both a secretory and co-chair of the Awards Committee. She has also been a facilitator for the NJSNA Recovery and Monitoring Program, and has served on several NJSNA committees. Austin-Benn brings her expertise and breadth of knowledge of the issues in advanced practice nursing to serve on a national scale. Having held committee and leadership positions on the New Jersey Board of Nursing since 2008, Ms. Austin-Benn was recently appointed to the APRN Committee for the National Council of State Boards of Nursing. Providing education, service, and research to promote evidence based regulatory excellence for patient safety and public protection. In addition to these stellar professional qualifications, she is the co-owner of the World Wellness Center in East Orange. Austin-Benn was awarded the Lifetime Achievement Award for many years of commitment and contribution to advanced practice nursing on local, state, and national level.

Suzanne Drake, PhD, APN was presented the Leadership Award for her considerable work for the Society of the Advanced Practice Psychiatric Nurses. As the Director of Public Relations for the Society since 2009, her energy has gone into designing and maintaining the organization’s website and creating and directing all internal and external communications, including press materials. Her marketing skills have generated new revenue streams to support the Society educational programs, and she continues to foster affiliation with other APN organizations.

Drake serves on a legislative committee at NJSNA, the New Jersey Action Coalition, and is co-creator of the ad hoc outreach grassroots lobbying organization, APN-NJ.org. Striving for progress and communication that stretches through the community, she maintains a private practice, mentors, and presents professionally. She works steadfastly for the support and sustainability of the APNs of New Jersey aiming to share her extensive knowledge and lending her leadership skills to projects that lead to the growth of her profession and the community.

For further information, visit http://www.psychapn.org or email Society of Psychiatric Advanced Practice Nurses at psychapn@gmail.com or by phone at 1-877-727-6283.
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Nurses Helping Nurses

Patricia Barnett, RN, JD

Two days after Super Storm Sandy first hit, the American Nurses Association (ANA) telephoned and asked if we would be interested in working with them to create a Sandy relief fund: NURSES HELPING NURSES. I was thrilled since they could reach out to ANA members and state nurses associations’ members to help start the ball rolling. From my friend’s basement, I spoke to the attorney and accountant for the Institute for Nursing (IFN), the Foundation of the New Jersey State Nurses Association (NJSNA), as well as ANA counsel, to draft the guidelines for the relief fund. Since the money was being donated by members, the applicants had to be members of NJSNA, or ANA New York. IFN agreed to do the administrative work related to the relief fund for nurses from New Jersey and New York, at no cost. All money raised would be distributed to nurses in need. We made it simple, a one page application with copies of invoices we could pay, and photographs of damage incurred. IFN grants helped to pay for appliances, furniture, food, storage units, boarding pets, new kitchen cabinets, rent, house raising, a heater, windows and ceiling/roof repairs.

To date, the ANA and IFN fund has raised $30,500 and distributed over $24,000 in awards ranging from $400 to $2,000. Our donors included the National Federation of Nurses (the ANA member union) and $25,000, as well as $25, contributed by an individual nurse. Nurses gave so much during Sandy. Some moved to the hospital to ensure that nurses from New Jersey and New York, at no cost. All money raised would be distributed to nurses in need. We made it simple, a one page application with copies of invoices we could pay, and photographs of damage incurred. IFN grants helped to pay for appliances, furniture, food, storage units, boarding pets, new kitchen cabinets, rent, house raising, a heater, windows and ceiling/roof repairs.

Over the next several days, we moved from house to house due to power outages, and lack of heat. We had to separate our children from us, and each other to provide shelter that they needed.

Who would have thought that 22 inches would have consumed and destroyed our entire first floor—kitchen, living room, dining room, playroom and bathroom? I would never have imagined that when I opened the door to the garage that after all that hard work, putting tools and items up, that the water had taken no mercy and destroyed everything, every tool, every drill, everything! My house and many items that were destroyed by the flood waters were a part of the history of who my family and I are. We are slowly starting to rebuild.

“Words can’t express my gratitude towards your generosity. Your gift of a storage shed solved our most pressing needs before we can properly start the demolition process.”

“I want to formally thank NJSNA [IFN] in recognizing the needs and setting up the relief fundraising. Also to thank all the donors that contributed to make this happen. Sandy brought disaster to me, but also allowed me to experience the badly needed warmth, concern, and support from my nursing fellows. Thank you sincerely from the bottom of my heart again to NJSNA [IFN] and its member contributors.”

“My husband and I are so very grateful for the generosity of the board. We have never been in a position of accepting help from anyone. Actually, we are always quick to help when we can. It certainly has been a lesson in humility. Things are moving very slowly but we are grateful to have a place to call home temporarily. Thank you from the bottom of our hearts—we never expected this gift.”

IFN also received a call from the landlord of one of the recipients. She called to say “she received the check and wanted to thank us [IFN] for being such a fine organization and offering to help others.”

“I had evacuated Green Island, my neighborhood which is nestled in the Silverton section of Toms River along Barnegat Bay, about four hours before
the surge engulfed it. My children and I sat with friends in darkness because the electricity had already failed on their street. While listening to the wind, snapping trees and exploding power transformers, I was constantly wondering about what was happening by the water. With the power that remained on my cell phone, I was receiving calls and text messages from neighbors who chose to stay behind. They were describing their fears about the fast rising bay water and it was already too late for any of them to leave. Not long after, my friend’s small generator gave out and cell phones were losing their charges.

It would be two days before the water receded. Police and firemen had set up a makeshift checkpoint and it was obvious they had been working nonstop. They had made several rescues by boats and front loaders. Haggard looking residents were still being evacuated, brought to the first house, and given blankets, something to drink and a folding chair. It was reported that 5 to 6 feet of water flooded Green Island and for safety reasons, people were not being permitted back, even though some locals were offering to row us in.

… [A]s I was driving down my street and taking in the devastation to my left and right, parts of houses no longer existed; docks, patio furniture and grills were in the street. On one side a motorboat was lodged through a garage door and on the other, a sailboat met a similar fate. There was debris everywhere… thinking about whether or not my house was intact and then two—standing amid a mess! I sat in the car motionless, blinking away tears of relief while wondering which neighbor put up the garage doors. It didn’t take long to conclude that they were elevated from the sheer force of the water. Our belongings were strewn in every direction. After slowly opening the car door to exit, and immediately sinking into about three inches of mud, my nose was greeted with the pungent odors of oil, decaying sea grass and dead fish.

Within a few days of Hurricane Sandy, the weather had become colder. Firemen had already turned off the gas lines because of two fires in the neighborhood. The generator was leaking, our source of at least a little heat and light was now non-existent and gone after delivering snow and we were home again after a second evacuation. Outside looked like a war zone. And it felt like one too. Hurricane Sandy returned. While in the water, or light be taken for granted. We were more than ever before. We had been humbled by wind, rain, water and snow. No longer will heat, hot water, or light be taken for granted. We were deeply thankful for our blessings. A few weeks later there was a storm which resulted in more flooding and made the road impassable. Those of us who are able to remain were shaken. Would this become the new norm? The dampened spirits were palpable but this would not put a stop to the resolve to rebuild. As reported by June Brandeis Chu, NJSNA Board of Directors member.

Nursem by being a tireless advocate for school nurses by working with legislation for school age children on both a state and national level. Dr. Jannone is an Associate Professor, Graduate Faculty Coordinator of the School Nurse Program and Director of the MSN Program at the Marjorie K. Unterberg School of Nursing and Health Studies at Monmouth University. She also serves on the Executive Board of NJSSNA as research co-chair. NJSSNA was honored to have Linda Davis Alldritt, RN, MA, FNASN, FASH, President of National Association of School Nurses as Saturday’s keynote speaker addressing Advocacy, Access, Achievement: Connecting the Dots in School Nursing. Her talk pointed out that schools are the hidden health care system and frequently is the default medical health care for students. School nurses function as the first line of defense in managing health and wellness in school age children and their families.

On Saturday, the conference had educational sessions, poster presentations and multiple vendors that were relevant to the practice of school nursing. Saturday’s educational sessions included: concussion management, behavioral health assessment, vision screening, hearing loss in children, pediatric assessment skills, anger management, immunizations and vaccinations, Type 1 diabetes and eating disorders, advocacy, leadership development, affordable health care, infectious diseases, use of electronic health records and social media for school nurses, health office issues and parents as advocates for school nurse.

Besides the great educational sessions there was time to relax, meet new colleagues, share a ‘story’ with friends and win a gift basket donated by the individual county associations in the State. Looking forward to March 2014’s conference!
NJNI Explores Innovations in Clinical Education

After a year of supporting four pilot projects devoted to innovations in clinical education (ICE), the New Jersey Nursing Initiative (NJNI) sponsored a forum for educators and practitioners at the Robert Wood Johnson Foundation (RWJF), on January 25, 2013. NJNI’s initial ICE areas focused on the dedicated education unit (DEU), preceptor strategies, and clinical simulation.

Small-scale projects are important as we move to larger-scale efforts,” NJNI Program Director Susan Bakeless-Sachs, PhD, RN, PNP-BC, told attendees, and highlighted the work of nursing schools and practice organizations that partnered for the pilot grants:

- Georgian Court-Meridian Health School of Nursing and Meridian Health Affiliated Foundations (simulation);
- Fairleigh Dickinson University and Holy Name Medical Center (preceptor strategies);
- Rutgers-Newark College of Nursing and Saint Peter's University Hospital (simulation);
- William Paterson University and St. Joseph’s Regional Medical Center (DEU).

Facing Challenges, Finding Success

In the Georgian Court/Meridian simulation project, students in the five-year-old nursing program worked alongside practitioners in clinical education (ICE), the collaboration skills. The effort was successful, although the dynamic could be challenging. At times, “nursing students would defer to medical students, who had less experience than they did,” said Teri Warmser, PhD, MPH, RN, NEA-BC, chair of the Georgian Court-Meridian Health School of Nursing. The project laid the groundwork for a sustainable academic-practice partnership, including the addition of a pediatrics DEU.

Bakeless-Sachs praised all of the projects for the “enthusiasm and passion they have applied. Beyond the NJNI grants, this was an opportunity to bring people to the table. There really is an opportunity here to change education.”

“This is our future, folks,” she added. “This is part of our legacy, moving these issues forward.”

See presentation materials from the first ICE forum at www.njni.org Events.

NJNI Delving Into DEU Model for Clinical Education

New Jersey Nursing Initiative (NJNI) sponsored a forum focusing on the Dedicated Education Unit (DEU) model and why it should be a priority for educators and practitioners, at the Robert Wood Johnson Foundation on March 8, 2013. NJNI Program Director Asiana C. O’Lynn discussed the importance of the clinical education. "NJNI is committed to connecting clinical education and practice organizations that partnered for the pilot project has laid the groundwork for a sustainable academic-practice partnership, including the addition of a pediatrics DEU.

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New Graduate Program

Master of Science in Nursing

Rowan University now offers a Master of Science in Nursing (M.S.N.):

Clinical Nurse Leader for nurses who want to move into leadership roles within the healthcare setting—home care, hospice, and palliative care. Although some preceptors were initially reluctant to allow students to perform more complex procedures, the project progressed successfully. Students gave positive evaluations of their experiences with the preceptors, and the nurses who served as preceptors expressed a desire for continued involvement in the education of nursing students. "They all said they were willing to be a preceptor again," said Minerva Gutmann, EdD, RN, NP, director of the nursing school at Fairleigh Dickinson. "We were very happy with that.”

Julie Bliss, EdD, RN, chair of the William Paterson University Department of Nursing, emphasized that the dynamic could be challenging. At times, “nursing students would defer to medical students, who had less experience than they did,” said Teri Warmser, PhD, MPH, RN, NEA-BC, chair of the Georgian Court-Meridian Health School of Nursing. The project laid the groundwork for a sustainable academic-practice partnership, including the addition of a pediatrics DEU.

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Mildred Manning, ‘Angel’ of Corregidor, Dies at 98

Andrea Aughenbaugh, RN, MSN, APN, CNE, NSNA former CEO shared the following memories about Mildred Manning:

“The passing of Mildred Manning was a reminder of how excited I was to learn years ago from the author of ‘We Band of Angels,’ Beth Norma...”

by Richard Goldstein of the New York Times

Mildred Dalton Manning grew up poor on a Georgia farm. Her mother made all the family clothes on an old sewing machine. Hoping to escape a life of poverty, the family moved to California, where they faced near-starvation and were ravaged by disease and malnutrition while treating nearly 4,000 men, women and children.

When Mrs. Manning died on March 8 in Hopewell, N.J., at 98, she was the last survivor of the Army and Navy nurses who had been captured by the Japanese in the Philippines, said Elizabeth M. Norman, who told their stories in “We Band of Angels.” Dr. Norman’s book was first published in 1999 as a Random House hardcover, but she said she had continued to keep track over the years. “I’m certain she was the last one,” Dr. Norman said of Mrs. Manning.

“We Band of Angels” was published in paperback in 2000 and as an e-book in 2011. Mrs. Manning was preparing a revised paperback edition that will include a final chapter on Mrs. Manning titled “Last Woman Standing.”

Mrs. Manning—Lt. Mildred Dalton during the war—and her fellow nurses subsisted on one or two bowls of rice a day in the last stages of their imprisonment. She lost all her teeth to lack of nutrition.

“I have been asked many times if we were mistreated or tortured,” she wrote in a remembrance for her files, made available by her son, James, who announced her death. Physically, no. A few people managed to slip their faces stamped ‘Bows to a Japanese guard. Humiliated, yes. We would be awakened at two in the morning for head count or searched for contraband.

“From time to time they would round up a number of men and take them out of camp and they were never heard from again,” she continued. “Our internment was nothing compared to the Bataan Death March and imprisonment our soldiers went through. They were tortured and starved.”

Mildred Jeannette Dalton was born on July 11, 1914, near Winder, Ga. She graduated from the Grady Memorial Hospital School of Nursing in Atlanta, and then was head nurse at Grady before entering military service.

She was stationed at Clark Field, north of Manila, when the Japanese attacked Pearl Harbor on Dec. 7, 1941, and bombed the Philippines (where it was Dec. 8) across the International Date Line.

She treated servicemen at field hospitals in jungle terrain in the retreat to the Bataan Peninsula, and then joined the last-ditch stand on Corregidor, treating the wounded there in tunnels bombed incessantly by the Japanese, until the American capitulation.

The 1943 Hollywood movie “So Proudly We Hail,” starring Claudette Colbert, Paulette Goddard and Veronica Lake as Army nurses in the Philippines, was based on the memoir “I Served on Bataan,” by Lt. Juanita Redmond, who was among nearly two dozen nurses evacuated from Corregidor shortly before it fell.

The captive nurses—66 from the Army at Santo Tomas and 11 from the Navy, who had surrendered in Manila and were held at another internment camp—were liberated in the winter of 1945. The Army nurses received Bronze Stars in a ceremony on Leyte Island in the Philippines, then flew to California and received a message of gratitude from President Franklin D. Roosevelt.

Lieutenant Dalton was sent by the Army to promote war bond sales in her final months of military service. She met Arthur Brewster Manning, an editor at The Atlanta Constitution, at a rally and married him on her 31st birthday.

She later worked as a nurse in Jacksonville, Fla., while raising a family. In her later years she moved to Trenton to be near her son. In addition to him, she is survived by a daughter, March Price, as well as five grandchildren and a great-grandson. Her husband died in 1994.

Mrs. Manning told The Atlanta Journal-Constitution in 2001 that she continued to experience trauma from her war experiences. She feared dark places long after those grim days and nights in the tunnels of Corregidor, she said, and she built extra shelves in her home to store staples out of fear that she might have a panic attack. “But I came out so much better than many of my friends,” she said. “I have never been bitter, and I have always known that if I could survive that, I could survive anything.”

\[\text{By Andrea Aughenbaugh, RN, MSN, APN, CNE, NSNA former CEO, submitted by Andrea Aughenbaugh.}\]

\[\text{New Jersey State Nurses Association. We sent her a letter inviting her to join us and participate in events of her choosing. She was still driving at the time and did indeed attend some of our important gatherings. Our Presidents were always proud to introduce her as an NSNA member. A relative drove her in later years, and she always made a point of saying that she enjoyed keeping up by reading the New Jersey Nurse. Our last communication was by letter with her informing us that she was giving up her license and hence her honorary membership. She was well into her nineties by then.} \]

\[\text{Submitted by Andrea Aughenbaugh.}\]
Richard T. Hader, RN, PhD, FAAN, 51, of Jackson Twp., NJ, passed away Monday, March 25, 2013, peacefully at home surrounded by his loving family after a courageous battle with cancer. Born in Somerville, NJ, Dr. Hader received his nursing diploma from the Ann May School of Nursing in 1982 and immediately became an ICU nurse at Jersey Shore University Medical Center in Neptune where he dedicated his 31 year career. Later achieving his Bachelor of Science in Nursing from Monmouth University, his Master of Science in Nursing from Seton Hall University and his Doctorate from Adelphi University in New York, Richard rose to the highest ranks in the nursing profession, becoming the Vice President and Chief Nurse Executive at Jersey Shore in 1995 and the Senior Vice President and Chief Nursing Officer at Meridian Health in 2004. Throughout his career, Richard stood for important ideals that shaped the landscape of nursing and transformed what was possible in the delivery of patient care. Under his leadership, Meridian Health became known as the first health system in the country to earn the prestigious Magnet designation for nursing excellence. With the support of generous grant funding from the Robert Wood Johnson Foundation, Richard led the transformation of nursing practice and patient care at Meridian hospitals, which has become a best practice model for the RWJ Foundation and patient care at Meridian hospitals, which has become a best practice model for the RWJ Foundation and Organization of Nurse Executives of NJ. That same year, he also received the Margaret C. Haley Award from Seton Hall University at their Diamond Jubilee Celebration. In 2011, Richard was honored by the New Jersey Hospital Association as Health Professional of the Year for his tireless commitment by the New Jersey Hospital Association as Health Professional of the Year for his tireless commitment to the Advancement of the profession of nursing. In 2012, Richard was named a Living Legend by the New Jersey State Nurses Association and Organization of Nurse Executives of NJ. That same year, he also received the Certified Nurse of the Year Award from the American Nurses Credentialing Center. He was also the first to receive Meridian Health’s highest honor, the Spirit of Meridian Award, in 2005. In the same year of 2005, Dr. Hader was selected to be a Fellow in the American Academy of Nursing. He received the New Jersey Governor’s Merit Award for Nursing Excellence in 2004. Richard is survived by the love of his life, Christine Flickinger Hader, RN, DNP, with whom he enjoyed 27 years of marriage, and their daughter, Aurelia Hader, RN, MSN, and sons, Conor and Parker. Richard is survived by the love of his life, Christine Flickinger Hader, RN, DNP, with whom he enjoyed 27 years of marriage, and their daughter, Aurelia Hader, RN, MSN, and sons, Conor and Parker. A Mass of Christian Burial was held at St. Aloysius Roman Catholic Church in Jackson on Wednesday, April 3, 2013. David Yhlen, husband of Kathleen Flickinger, and brother-in-law of Richard, offered the eulogy at the Mass, and also at the Meridian Memorial Service held on April 5.

In lieu of flowers, donations may be made in the name of the Conner and Parker Hader Educational Trust, c/o Peter S. Falvo, Jr., Esq., 1500 Lawrence Avenue, Ocean, NJ 07712 and to the Meridian Health Foundation, attention: Richard Hader Institute for Clinical Integration, 1345 Campus Parkway, Neptune, NJ 07753.
McClure is First Seton Hall DNP Graduate

Diane McClure, DNP, RN, CCRN, CPNP, is the first graduate of Seton Hall University, College of Nursing, Doctor of Nursing Practice (DNP) program. A Neonatal Critical Care Nurse at St. Joseph’s Healthcare System in Paterson, NJ, she focused on direct care for her doctoral studies.

Mary Ellen Roberts, DNP, RN, APN, C, FAANP, FAAN, director of the DNP program noted, “Dr. McClure’s hard work and dedication have truly been inspiring. We could not be prouder of what she has accomplished here at Seton Hall.” McClure implemented an evidence-based protocol on infant-driven feeding for her scholarship project in pediatric care. When discussing her experience with the College of Nursing, McClure stated, “I completed my post-master’s certificate here, I taught here and I’m back for my DNP. I really value the educational experience here.”

McClure has been involved in nursing for over 30 years and has held positions as staff nurse, educator, nurse manager and clinical nurse specialist. She is a bereavement counselor/teammember coordinator/through Resolve with Sharing, a regional trainer for the American Academy of Pediatrics Neonatal Resuscitation program and a speaker for two pharmaceutical companies. She has presented numerous quality management projects and research abstracts on staffing, infection control and late preterm infants. In addition, Diane serves as editor of a homegrown unit-based newsletter called “NeoLects.” She is a Caritas Coach thru the Watson Caring Science Institute and has recently completed the Integrative Healing Arts program at the BirchTree Center for Healthcare Transformation.

NJSNA Members in the News

March of Dimes Nurse of the Year Awards for Excellence in Nursing

The March of Dimes New Jersey chapter has announced the winners of the annual March of Dimes Nurse of the Year Awards. A presentation ceremony was held at The Easton Thornton Center at January 31, 2013. Nurse of the Year Winners are:

Catherine Amato Bowden, Robert Wood Johnson University Hospital New Brunswick
Category: Advanced Practice

Jeryl Holly, University of Medicine and Dentistry of NJ - School of Nursing
Category: Research

Ellen Shuzman, Central Jersey Family Health Consortium
Category: Education

Julie Fitzgerald, Ramapo College of NJ/Partnership for Maternal/Child Health of Northern NJ
Category: Public Health/ Occupational Health & Ambulatory Care

Nurses are an integral part of the March of Dimes mission for stronger, healthier babies. The state-wide event recognizes exceptional nurses, creates awareness of professional excellence and promotes the future of the nursing profession, while helping to advance the mission of the March of Dimes—“We could not do the work of the March of Dimes without the passion and commitment of nurses. This is our opportunity to show them how special they truly are,” said Addy Bonet, New Jersey Chapter of the March of Dimes, State Director. Award categories range from Adult Critical Care to Neonatal.

“Nurses play a vital role in our society. They are truly the unsung heroes of the health care provider community, and we are proud to honor the work they do,” said Pat Steingall, Honorary Chair, Vice President of Patient Care Services and Chief Nursing Officer at Hunterdon Medical Center. The Nurse of the Year Award is sponsored by Actavis, Investors Bank, Hunterdon Healthcare, and Robert Wood Johnson University Hospital - New Brunswick.

New Jersey Nursing Students Say Good Bye to Consultant Sandra Kearns

by Regina Adams, RN
NJNS Past President

Sandra Kearns, RN, MSN, was appointed as NJ State Nurses Association consultant to the NJ Nursing Students (NJNS), and has served for the past decade. An educator from Ocean County College, Kearns mentored many NJ Nursing Students’ members; she generously gave her time and talent, and has been a personal mentor to me. With her encouragement and support, students have learned to take an introspective look at their own clinical, professional, and volunteer practices, allowing for personal growth and reflection.

In recent years, NINS membership has declined and faculty/dean/mentor support has lessened. However, Mrs. Kearns has always been a champion for the nursing students’ organization, and envision the value it brings to the professional organizations. Kearns is vocal about the positive influence the NJNS organization has on students, and shares these thoughts with colleagues. For those faculty members who have not yet seen the benefit of students belonging to NJNS, we strongly suggest that you attend one of our monthly meetings or our convention in February. NINS provides accountability and leadership opportunities and encourages students to share their educational experiences. It is crucial for nurses to be a united voice to ensure nursing issues have representation.

On behalf of NJNS and NJNS, we would like to give a special thank you to Sandra Kearns for her decade of support and dedication to the students of New Jersey. Each student that she has influenced with her professionalism and knowledge is a lifelong legacy. We are eternally grateful.

The New Jersey Nursing Students, Inc. (NJNS) is comprised of a board of volunteer nursing students and appointed consultants from the NJ State Nurses Association, and the NJ League for Nursing (NLLN), Kim Seaman, RN, MSN, and parliamentarian, Barbara Chamberlain, RN, PhD. Members selflessly donate their time to this student organization.
Dear Friends & Colleagues,

The New Jersey State Nurses Association and the Institute for Nursing will be celebrating its 111th year of hosting their annual convention. Our theme is “Legislation + Education = Blueprint for Change.” This year provides an opportunity for all nurses from across the State to learn, dialogue and network as we support (showcase) the provision of high quality health care through education as it relates to new trends and issues affecting the changing roles of nurses in various healthcare settings.

This year the INPAC will be hosting a fundraising breakfast, separate fee required. Join our exhibitors and poster presenters from around the State and have a cup of coffee in the exhibit hall. Participate in the Exhibitor’s Bingo for a chance to win the Grand Prize on Wednesday and Thursday. There is a vast selection of educational activities to choose from where you will receive contact hours for your licensure renewal.

This year a student track has been added to keep our future nurses abreast of our legislative process. Pick up your box lunch in the exhibit area and network with your colleagues. We also will be offering “Recruiter’s Row” for those nurses who are interested in finding a job. Polish your resume and come present yourself for that one-on-one interview to be held on Friday.

Please join us as we celebrate the New Jersey State Nurses Association and the Institute for Nursing annual fundraising event to be held on Thursday, October 9, 2013, 4:45 p.m. – 6:15 p.m. at Bally’s Casino and Resort in Atlantic City at the New Jersey State Nurses/Institute for Nursing Convention.

Ms. Edge has been recognized, admired, and honored for her outstanding contributions to education, service, leadership, creativity and devotion to the profession. To honor her lifetime of achievement, an august body of black nurse leaders in collaboration with the Institute for Nursing (the foundation of the New Jersey State Nurses Association) has established the Sylvia C. Edge endowed scholarship to provide financial support to nurses of African descent who are pursuing a degree in nursing.

We have reached $90,000 and our goal is $100,000. “One Spirit Reaching Another” continues to be our motto. Help the Sylvia C. Edge Endowment make a difference and be part of an investment that can improve a student’s future in nursing. We have turned dreams into reality and still have a long way to go. With your continued generosity, we hope to have a very successful year.

RESERVE YOUR SPACE TODAY!

CALL FOR NOMINATIONS FOR ELECTIVE OFFICE

New Jersey State Nurses Association
2013 ELECTION BALLOT

VICE PRESIDENT
SECRETARY
BOARD OF DIRECTORS Member-at-Large (2)
BOARD OF DIRECTORS Staff Nurse (1)
COMMITTEE ON NOMINATIONS (3)
CONGRESS ON POLICY & PRACTICE (1)

CALL FOR RESOLUTIONS

New Jersey State Nurses Association
2013 STATE BALLOT

EARLY CALL FOR RESOLUTIONS

Resolutions can be submitted by any NJSNA member.

EARLY CALL FOR BYLAW CHANGES

Bylaw changes can be submitted by any NJSNA member. If you wish to submit a Bylaw change, please submit the changes, in writing, to NJSNA Bylaws Committee, 1479 Pennington Road, Trenton, NJ 08618 no later than August 15, 2013.

For assistance, contact Sandy Kerr at sandy@njsna.org or 609-883-5335 x11.

EARLY CALL FOR BIDJOW CHANGES

NJSNA is using a formal Call for Bylaw Changes for the 2013 NJSNA Annual Meeting to be held during the New Jersey Nursing Convention on October 9-10, 2013 at Bally’s in Atlantic City, NJ.

Please submit the changes, in writing, to NJSNA Bylaws Committee, 1479 Pennington Road, Trenton, NJ 08618 no later than August 15, 2013.

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Atlantic City, NJ

New Jersey’s ideal playground to deep sea fishing, and everything in between, always planned and ready to go is Atlantic City. Relaxing at one of the ocean’s top, the entertainment of 24/7 gaming, the birth of a new world found a new pair of shoes, the mindset is your own test, holding one of the many treasures. Whatever your passion is, it is always more pleasurable in AC.

Average temperatures for AC are Doubled High 74°F.

Hotel Informations

Bally’s Hotel & Casino

Partial Listing of Previous Exhibitors

Annapolis - Cancer Center
Aflac e-Health
Almeda College
Air Force Nursing
Ambrosia Treatment Centers
Assessment Technologies Institute
Backyard Art, LLC
Bloomfield College
Carrier Clinic
Cedar Crest-Erickson Retirement Communities
Cedar Crest/Seabrook Communities
CFG Health Systems
College of NJ School of Nursing, Health & Exercise Science
Consolidated Services Group, Inc.
Correctional Medical Surgery
David Lorber Associates
Discovery RX Infusion & Specialty Pharmacy
Down East

Rutgers University College of Nursing
Seabrook House
Select Medical Rehabilitation Services
Seton Hall University
Shop Healthy
South Jersey College of Nursing
SUNY Buffalo College of Nursing
Fiducia Capital Corporation
FN-Ni
Fresenius Vascular Care
Gideons International
Grand Canyon University
Guide Publication, Inc.
Harris County Hospital
Hartford Hospital
Horizon Healthcare Staffing
Hovertech International
ING Financial Partners
Kaplan Nursing
Kean University
Kelle Chevrolet
Kessler Institute for Rehabilitation
Logica Healthcare Media Group
Lourdes Specialty Hospital
Marianne Alexander Jewelry
Mechanic-on-Duty
Medtalents
Merian Publications, Inc (Advance)
Merrill Lynch
Minute Clinic
Monmouth University
New Jersey League for Nursing
NJNS, Inc.
NJ Association of Nurse Anesthetists
NJ Council on Developmental Disabilities
NJ Dept. of Children & Families
NJ Veterans Memorial Homes

Nursing Guide
Preferred Home Health Care
Rapid Response Training
Raritan Bay Medical Center
Recover Care
RJM Systems, Inc.
RN Money Coach
Rowan University CGCE
Seton Hall University
Shop Healthy
Sources One Medical Management
Sue Denon
Take Care Health Systems
The College Network
Thomas Edison State College—W. Cary Edwards School of Nursing
United States Army Healthcare Team
US Food and Drug Administration
Vitas Innovative Hospice Care
Walden University
Western Governors University
Widener Law
William Paterson University of NJ—Dept of Nursing

ABOUT NEW JERSEY STATE NURSES ASSOCIATION (NJSPA)

New Jersey State Nurses Association (NJSPA) represents the interests of its 35,000 Registered Nurses, advancing the profession of nursing and the communities we serve through scholarship, research and education. NJSPA is a state affiliate (designated by the IFS as a 2016) and must rely on the continued generosity of its donors to achieve and expand upon its missions and goals.

ABOUT THE INSTITUTE FOR NURSING (IFN)

The Institute for Nursing (IFN), the foundation of the New Jersey State Nurses Association, advances the professional practice of nursing and the communities we serve through scholarship, research and education. IFN is designated by the IFS as a 2016 and must rely on the continued generosity of its donors to achieve and expand upon its missions and goals.
**Attendee Pre-Registration**

2013 Nursing Convention "Legislation + Education = Blueprint for Change"

Keynote: Tim Porter-O'Grady

Please complete this form and mail or fax with payment to:

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REGISTER ON-LINE: WWW.NJNSA.ORG • Call 809-833-5335 x13 for Registration Assistance

Name: ____________________________ Credentials: ____________________________ Member ID#: ____________________________

Address: __________________________ City: ____________________________ State: _______ Zip: ____________

Phone: ____________________________ Email: ____________________________

Employer: __________________________ Job Title/Position: ____________________________

School of Nursing: __________________________ Anticipated Graduation Date: ____________________________

☐ I understand that there are no refunds/no exceptions ☐ To qualify for student rate you must be unlicensed /ID Required ☐

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*Registration includes first year NJNSA membership. Must be a licensed RN.

Convention registration includes access to the exhibit hall, welcome reception, all food functions, CE tracks, grand raffle, poster sessions, career workshops, and tote bag. Student registration includes student track, access to the exhibit hall, career workshops, poster sessions, opening session, all food functions. Exhibit Hall passes include access to the exhibit hall, career workshops, all food functions, poster sessions, grand raffle and tote bag.

**METHOD OF PAYMENT**

Registrations received without payment or PDF will not be processed.

Add One: ☐ INPAC Lunch $50 ☐ New Grad/Senior Student Lunch $

Total Amount Due: $ ____________

☐ Check Enclosed (Make payable to NJNSA)

☐ Purchase Order Attached ☐ American Express ☐ MasterCard ☐ Visa

Card No.: ____________________________ Exp. Date: ____________________________ Sec: ____________________________

Authorized Signature: ____________________________

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**FNAP EDUCATION DAY**

Friday • October 11, 2013

8:00 PM to 4:30 PM

Separate Registration Required at www.NJNSA.org

530 Members + $150 Non-Members (Lunch Included)

Goal: To provide the latest information to help increase the practice profitability and to discuss clinical issues that pertain to patients across the age spectrum

Topics: Anticoagulation, New B. Old, Autism; End of Life Issues; Drug Induce Dementia, Opioid Update and More

Target Audience: Acute Care, Critical Care, Post Op, Medical Surgical, Pediatrics, Psych, OBGYN, Community Health, Education Administration and Advanced Practice Nurses

Contact Hours: 7.5 The Institute for Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Students who have decided that they have nothing to exchange with this page are encouraged to support the convention. A mentor will print a check for your benefit, if you have a commercial that you wish to exchange.

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**NJSNA REGION MEET & GREET**

Thursday, October 10, 2013

12:00 PM to 1:30 PM in the Exhibit Hall

Bally’s • Atlantic City, NJ

Make Your Membership Work for You... Get Involved!

Meet your region board members
Get updated on past regional events
Learn about regional plans for the future
Network with other region members

And more

Thursday Boxed Lunches Sponsored by the Regions
The Institute for Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation – P100-7/2014.

Planners, content experts and speakers have declared no conflict of interest. There is no commercial support for this activity.

Accredited status does not imply endorsement by Institute for Nursing, New Jersey State Nurses Association or ANCC of any commercial products or services.

Speakers and educational programs are subject to change; please go to the NJSNA website for the most up-to-date information.
The Promise of Stardust

The Promise of Stardust is the debut novel by Priscille Sibley, a neonatal intensive care nurse at St. Peter’s University Hospital in New Brunswick. An essay sharing her experience about becoming a nurse, she describes a situation when her relative was in the NICU and she found it difficult to cope with the constant suffering of innocent children.

A few years later, working in pediatrics, she took care of a young child who was critically ill. She recalls, “I didn’t have any idea what I was getting myself into when I became a nurse. Does anyone really know what it’s like?”

The book is a powerful expression of the needs of all nurses, the practicing nurse, educators, and their leaders. It encourages the responsibility for change upon ourselves, our leaders, and staff development educators as well as practicing nurses and those in positions of authority. The promise of stardust is not just to get us through tough times but to raise a question about the quality of life, the end of life, and the right to die with dignity – and it raised a question I have struggled with ever since: what is mercy?

We all begin with our own natural interests in caring for others and go on to learn communication techniques, interpersonal relations, ways of demonstrating listening and giving loving care...
Helping to Save Lives: Overdose Prevention Legislation Signed into Law in NJ

by Sue Varga, MSN, RN-BC
COPP Region 4 Representative and NJNSNA Region 4, Vice President of Policy & Practice

Imagine yourself walking down a street, when suddenly you see a person collapse to the ground. Instinctively, as a nurse, you would check to see if the person was breathing. Call 911 and start CPR (if trained) and stay until help arrives. You are a proverbial “Good Samaritan,” a hero, a lifesaver! Now think about an opiate abuser collapsing to the ground in the presence of another person who may be under the influence of drugs. Would that individual react just as you had? Unfortunately, chances are good that the answer to that question is no. In fact, people are left to fend for themselves when it comes to seeking medical assistance. We believe this policy will save lives and support further initiatives that promote public safety with comprehensive solutions.

In New Jersey, overdose is now the leading cause of accidental death, and research has shown that most overdoses are drug induced, and at least one person is left to deal with the aftereffects of overdose. The New Jersey State Legislature took a stand against this tragedy with the introduction of two bills. The Opioid Antidote and Overdose Prevention Act (S2082/A3095), enacted into law to provide immunity to anyone who administers naloxone and prevention of negative legal action against healthcare providers who administer it in emergency situations. In 2005, the New Jersey Good Samaritan Emergency Response Act, it sought to eliminate barriers to seeking medical help by providing immunity to people who seek medical attention in the case of overdose. After much debate among legislators, philosophical discussions among New Jersey citizens, and heartfelt pleas from families who experienced overdose, on May 2, 2013, the New Jersey State Legislature passed legislation known as the Overdose Prevention Act 1 this spring. This was true example of government working for the good of its citizens. The “Overdose Protection Act” (S2082/A3095), a law that passed in both NJ Senate and the Assembly with bipartisan support, was an amalgamation of the two prior bills with recommendations from Governor Christie.7 The first part of the act encourages the prescription and distribution of naloxone to non-healthcare providers, such as families, friends, and caregivers of opiate abusers. With the prescription or medication, that person also receives education on prevention and recognition of overdose, basic life support measures, and how to call 911. The second part of the act provides immunity to the overdose victim and/or observer who in good faith seek emergency medical assistance. The immunity extends to the possession, obtaining, using or being under the influence of naloxone. In other words, the State is asking its citizens to seek medical help by providing immunity to people who seek medical attention in the case of overdose.

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References

5 COPP representatives at the NJNSNA October Professional Summit, pictured from left to right are Pat Barnett, RN, Jamie Smith, RN, Heather Weaver, RN, Eleanor Dietrich-Wilthington, RN, and Grace Reilly, RN.

In October 2012, the Congress on Policy and Practice voted to support this legislation and the Overdose Prevention Campaign. COPP wants to hear from NJNSNA members. Please send any practice or policy concerns to the COPP via Jamie Smith, MSN, RN, CORN at Jamie@njnsna.org.

Seton Hall Dean and Student Advocate for Nursing

Alana Cueto, a second year nursing student at Seton Hall University, College of Nursing’s Entry program for Clinical Nurse Leaders, Anderson County, South Carolina, said she was encouraged to call 911 with confidence, no matter if the overdose is from use of illicit drug, alcohol intoxication by experienced by undergraduate students. Those personal present must be encouraged to call 911 when the life of others is at stake; granting immunity from Manager New Jersey at meagan@drugpolicy.org. Go to for information on local and state government.

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NJ Board of Nursing Update

by George Hebert, RN, MA, Executive Director

This update offers an opportunity to reflect and celebrate a profession whose mission is to help recipients of nursing care to heal in mind, body, and spirit as individuals, and as members of families and communities. The contribution of nurses was celebrated in an attempt to keep New Jersey nurse licensees and other nursing professionals aware of new developments and opportunities. The Board continues to navigate the post-health care reform environment, our academic medical center is fortunate to welcome Dr. Reinhard’s health care expertise to our Board. In her role with AARP, Reinhard directs the organization’s Public Policy Institute, which is the focal point for national and international policy research and analysis (federal and state). Prior to her position at AARP, she was a Professor and Co-Director of the Rutgers University Center for State Health Policy, nationally recognized for research on aging. Reinhard developed a push technology service for employers, the Boston Marathon terrorist attacks and the West, Texas fertilizer factory explosion, for example. In these instances, nursing’s presence was felt, as nurses, alone or as members of interdisciplinary teams, responded as these disasters unfolded. As a profession, we are proud of these nurses and grateful for their ability to thrive and effective in providing health interventions.

Insights into commonly occurring issues of interest, continuing education programs, renewal and licensing information are included.

The Board has the following number of currently active licensees:

- Advanced Practice Nurses 6,148
- Forensic Nurses – CSA 355
- Registered Practical Nurses 23,820
- Licensed Practical Nurses 23,820
- Homemaker Home Health Aides 54,582
- HHHA Program Instructors 1,357
- Homemaker Home Health Aides 54,582

It is important for the licensees to be aware that they are responsible for being familiar with the NJ Nurse Practice Act, the overarching title which restricts the Board of Nursing and Statutory Regulations (http://www.njconsumeraffairs.gov/nursing/nur_rules.htm). The newest revisions require nurse consumers to conduct research on a licensed nurse's Board website http://www.njconsumeraffairs.gov/nursing/nur_consumers.htm. Within the past two years the Board has convened a sub-committee of the Education Committee with the intent to review existing education regulations and make recommendations for change. Those recommendations are currently under review, with change being slow, but deliberate.

The Board is engaged in a number of current active initiatives:

The Board is moving forward with maximizing the use of technology to support its services for both nurses and(h)ome-maker/home-health aides. It has recognized the importance of technology as a tool to support the ongoing regulatory process. The Board oversees 88 nursing education programs that are in various stages of initial or continuing nursing program approval/accreditation. The Board oversees 88 nursing education programs that are in various stages of initial or continuing nursing program approval/accreditation. The Board is moving forward with maximizing the use of technology to support its services for both nurses and homemaker-home health aides. It has recognized the importance of technology as a tool to support the ongoing regulatory process.

The NJ Board of Nursing (NBON) is a 13-member public board composed of six registered professional nurses, one advanced practice nurse, two licensed practical nurses (LPN), one state government representative, and three public members (N.J.S.A. 45:13-24 and N.J.S.A. 13:45-12.2), per statute. The Board meets the second Tuesday of each month, with meetings held via conference call and in-person attendance. At these meetings, the Board addresses a wide range of issues, including the development of new rules and regulations, oversight of the nursing education program, and the investigation and discipline of nurses. The Board's meetings are open to the public, and interested parties are encouraged to attend and participate in the ongoing regulatory process. Each of these areas presents unique opportunities and challenges.

In 2017, the Board approved the state’s new online renewal program, a significant step forward in streamlining the process for nurses. This program allows nurses to complete their continuing education requirements and renew their licenses online, reducing the burden on both nurses and the Board. The Board is committed to ensuring that nurses have access to quality education and resources to support their professional development.

Looking towards the future, the Board is focused on promoting the value of the nursing profession and ensuring that nurses have the tools they need to excel in their work.

The Board continues to review regulations to ensure that they are consistent with the needs of nurses and the public. The Board is also committed to ensuring that nursing education programs are held to high standards, and that nurses are providing the best possible care to patients.

The Board’s ongoing work is essential to maintaining a high standard of care for all New Jersey residents. By remaining focused on these goals, the Board is helping to ensure that nurses are prepared to meet the challenges of the future and continue to provide excellent care to patients.

The Board is committed to ensuring that nurses have access to quality education and resources to support their professional development. The Board is also committed to ensuring that nursing education programs are held to high standards, and that nurses are providing the best possible care to patients.

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Sylvia Edge Endowment Reaching its Goal

The Sylvia C. Edge Endowment (SCEE) continues to make history and create a legacy. The SCEE board has been hard at work and we are able to see the fruit of our labor. We have been working towards a goal of $100K to provide annual scholarships to qualified nursing students—we are at $84K. Thank you to our nursing community and others for their generous donations.

SCEE scheduled three fundraisers for this year and two have been accomplished. Our first fundraiser was March 2nd—the President of the Institute for Nursing (IFN), Norma Rodgers gave back in a big way, setting the standards high, by turning her 50th birthday party into a fundraiser and the funds were split between IFN and SCEE, the second fundraiser event took place at the NJLN convention on Thursday, March 21st. The third event will take place at the New Jersey State Nurses Convention, Thursday, October 10th—PLEASE JOIN US and you will be delightedly pleased with the program, an evening of jazz, desserts, and champagne. A scholarship will be presented.

Sylvia C. Edge, RN, MA, passed on March 18, 2009. She was a teacher of countless nursing students, helping them to graduate, and as a dedicated nurse; she also mentored seasoned nurses. Edge was a highly revered as an ICON, LEADER, TRAILBLAZER, and HERO, known for her tireless kindness, always willing to support; she had numerous accomplishments, remarkable calmness, strong spirit, and a true spirit of “REACH ONE TEACH ONE.”

I would like to THANK my committee members for their volunteering, commitment, and team spirit: Lyma, Arnold Davis, MPAS, PA–C; Roberta Benjamin, PhD, RN, Dorothy Carolina, PhD, RN, Donna Cills, DNP, FNP-BC, Tyra Fields-Gary, MSN, RN, Andrea Hubbard, MA, RN, Deanna Johnson, MSN, APN, BC, Caroline Tindall (community member); Mitchellene Swann, RN,MSN; Debra Walker-McCall, MBA, RN, Yvonne Wesley, PhD, RN, FAAN Immediate Past President, and Debra Harwell, Associate Director, NJSNAs Institute for Nursing. We look forward to seeing you on OCTOBER 10th at the NJSNA convention, Bally’s Hotel and Casino, Atlantic City, NJ.

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VP3: nurse vs. nurse: what makes a role difference?

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For 24 years the Institute for Nursing has been helping New Jersey nursing students to further their educational dreams by providing scholarships for nursing studies. Scholarships are awarded to students who demonstrate academic excellence and have the potential to make a significant contribution to society. This year’s scholars are no exception. The applicants are enthusiastic about the chance to begin or continue their studies with the help of the Institute for Nursing.

The Institute for Nursing Scholarship Committee, Dr. Carolyn R. Tuella, Annette Hubbard, RN, Dr. Regina Mastrangelo, Deborah Walker-McCall and Norma Rodgers, President of the Institute awarded ten (8) scholarships from the 33 scholarship applications received.

The Valerie E. Yahn Nursing Scholarship was awarded to a deserving New Jersey high school graduating senior intending to pursue a nursing (BSN) degree at a college/university. The Committee and the family of Valerie Yahn gave consideration to the following factors when judging the applications for this scholarship—academic excellence, passion for nursing and strength of character.

While the Institute scholars must now do their part and study hard in their chosen field, the success of the Institute’s scholarship program relies on the behind-the-scenes activities of New Jersey State Nurses Association members who volunteer their time and energy throughout the year to support the program. As one Committee member remarked, “it is hard work but it’s so rewarding to see the fruits of our efforts and to know that through our support we are helping these women and men to make a valuable contribution to society in the future.”

Since its beginning in 1989 more than 350 students have benefited from the financial support of the Institute for Nursing Scholarship Program. Many nurses have experienced successful careers in direct patient care, education and research, administration, advanced practice, public health, corporate health, school nursing and countless other fields all of which allow them to give back to the communities and our profession.

IFN 2013 scholarship recipients are:

Valerie E. Yahn Scholarship
Julie Le
Pennsauken High School has been accepted at Rutgers Camden University, School of Nursing

Centennial Scholarship
Vanessa Betancur
Passaic County Community College

Idelisa Cabrel
Passaic County Community College

Arthur L. Davis Publishing Agency, Inc. Scholarship
Danielle Erickson
Seton Hall University, College of Nursing
GCU Accelerated BSN Program

Mary Germain Scholarship
Jeanine LaBoy
Seton Hall University, College of Nursing

Newark City Hospital School of Nursing Alumni Association Scholarship
Joanne Didier
Bloomfield College
Frances M. McLaughlin Division of Nursing

Sylvia C. Edge Endowment Scholarship
Rananda Braswell
Eastern International College

Meridian Health Care Systems Jean Marshall Scholarship Award
Christine M. Zebrowski
Rutgers, University College of Nursing

Varsha Singh
Seton Hall University, College of Nursing
Doctoral Program

If you would like to help continue this invaluable program as a volunteer or through a gift donation, please contact the Institute for Nursing at 1479 Pennington Road, Trenton, New Jersey 08618-2694. Telephone 609-883-5335; Fax 609-883-5343 or email Debbra Elko, Chief Financial Officer at Debbra@njsna.org for more information or visit our web site through the NJSNA website www.njsna.org. Congratulations again to the 2013 Institute for Nursing Scholarship Recipients. Good luck in all your endeavors.

Become a Passaic County MRC Volunteer
Volunteers build a strong, healthy & prepared community

In the event of a public health emergency, volunteers are our most valuable resource. We need to continue to identify a dedicated group of individuals that can be relied upon in the event of a bioterrorist or natural disaster to help put our plans into action.

The Passaic County Medical Reserve Corps invites both licensed & certified health care professionals and community health volunteers to apply to become members.

Join the Passaic County MRC by logging onto www.njmrc.nj.gov or call 973-881-4396.
New Jersey State Nurses Association
NOT A MEMBER?

7 Reasons Why You Should Join

1. Advocacy – get a seat at the table
2. Hob Knob with the movers & shakers of the nursing profession
3. Get the 411 – member only website content and news flashes
4. Weekly job notifications give you the scoop on who's hiring
5. Swag – discounts & special member only registration rates
6. Meet career ladder requirements
7. Scholarship $$$

Bonus reason exclusively for newly licensed RNs

8. Kick start your career with an introductory dues rate of only $50

Nurse Research Award. The event was on May 11, 2013 at Appian Way in Orange NJ. The Topic was Nursing Leadership, and Region 3 President was one of the presenters at the event. The event featured the Cohort 3 NJHA CAUTI Collaborative where she presented EOGH success story of their achievement. The event also included an update at www.facebook.com/NJSNA/Region I.

Nominating Committee – 3 positions. For further information, please contact Francesca Nordin at fan.pnp@gmail.com. You may also visit our Facebook page for event updates at www.facebook.com/NJSNA/Region I.

The Board has completed proposed revisions of the Constitution and By-Laws to be submitted to Region members for review and comment, after they are approved by NJSNA. If you need a hard copy, please contact Francesca Nordin at fan.pnp@gmail.com.

NURSE AWADEES: Region 1 salutes ALL of our nurses who strive daily to promote nursing, teamwork, education, leadership, and outstanding patient care. We are especially proud of Dr. Yvonne Rosales, who was publicly recognized for specific contributions to advance nursing practice.

Katie Peterson, MSN, RN-BC, ONC accepted the 2013 Outstanding Orthopedic Nurse Practice Award at the National Association of Orthopaedic Nurses Annual Conference on May 18, 2013. Furthermore, she was recognized as a 2013 NJNOS Nursing Excellence Giving Excellence Meaning (GEM) Award in the inpatient clinical care category sponsored by Nurse.com.

Dan Minn, CRNP reviewed the “2013 Rising Star Award” at the New Jersey Emergency Nurses Association Emergency Care Conference on March 13, 2013.

If you or any nurse you know in our Region has received an award, please contact Francesca Nordin, Vice President for Communications, with information that can be published in future issues of New Jersey Nurse.

Region 1 – Morris, Passaic, Sussex, Warren

Francesca A Nordin, RN, VP for Communications

MEETINGS: REGION 1 meetings continue to be rotated to the counties we represent (Sussex, Morris, Warren, and Passaic). Traditionally, our May meeting is an Annual Dinner. We greatly appreciated the work of Sue Weaver, MSN, RN, CRNI, NEA-BC, NJNSA COP Chair, for arranging the event held on May 7, 2013, at Lake Mohawk Country Club, Sparta, NJ. Keynote speaker, Nancy Greutner, ADN, RN, NCTMB, CCAP offered a program entitled, ‘Self Care for Nurses’ which was well received by nurses who have at least 10 years of nursing experience and a Bachelors degree have been recruited for the program. This five-year program is expected to train 75 Ghanaian nurses and three nursing faculty from the University of Ghana to sustain the program after the five year period is completed.

NPSN is holding their Annual Nursing Convention on May 18, 2013 from 8am-4pm at Renaissance Hotel in Woodbridge. For information about the convention, you can email nmsrealesal@gmail.com or go to the NPSN website.

Region 4 – Hunterdon, Mercer, Middlesex, Somerset

Sandy Quinn, RN, President

Region 4 hosted a Day at the New Jersey Statehouse on Thursday, February 21, 2013. Judith Schmaltz, NJNSA President, gave a welcome address. A legislative briefing was given on Senate Bill 2354/Assembly Bill 3201, the Consumer Access to Care Act, by Suzanne Mahoney, RN, BSN, MS, Clause Ramirez-Estevez, RN, CCRN, and Patricia Barnett followed by Richard Sheedy from the NJ Legislative. The New Jersey Committee for the Statehouse tour. Dr. Barbara Wright encouraged several assemblywomen and men as well as the speaker of the house to greet the group. In the afternoon, attendees had the opportunity to attend the New Jersey Assembly Voting Session.

Region 4 held their annual meeting on Thursday, May 9, 2013 at the Stone Terrace by John Henry’s in Hamilton Square, New Jersey. The guest speaker was Barbara Chamberlain, RN, PhD, whose presentation was titled, ‘Crucial Conversations for Communication.’ It included information on how to communicate during crucial interactions that occur in everyday life, especially when emotions are strong. The reviewed crucial conversations and provided a framework for resolving issues. There were over 60 participants in attendance including over 20 nursing students. Thank you also to Regina Adams, Region 4 President-Elect and Barbara Kunklie, Region 4 Treasurer for planning and coordinating the evening’s festivities.

Region 4 Call for Nominations 2013

The following positions are open on the Region 4 Board: President, Patty Stevens, VP of Nominations and Elections at cardiomanager@verizon.net or Sandy Quinn, Region 4 President at nurse Quinn519@comcast.net, if you are a Region 4 member and are willing to run for a position. President-Elect, Vice President of Membership; Vice President to the Institute for Nursing; Vice President for Nominations and Elections; Secretary; Member at Large (Somerset).

Region 6 – Atlantic, Cape May, Monmouth, Ocean

Kathleen Mullen, RN, VP of Communication

Region 6, well represented by the executive board, membership, and Norma Rodgers, President of the Institute for Nursing, marched in the annual St. Patrick’s Day Parade in Seaside Heights on March 9th. Thousands of spectators attended the parade to support the town in their first event after Superstorm Sandy.

At the April meeting, educational program, “Readmissions. No One Wins” was presented by Mary Ellen Levine, BSN, RN, VP for Planning and Development. It was titled, ‘The Communication Project on readmission rates in Atlantic and Cape May counties.’

The Annual Meeting in June began with an auction of a wide array of gift baskets, donated by the board members in support of the scholarship fund. During the business meeting, new officers were installed and the recipients of the annual Beulah Miller Scholarship for Nursing Education were announced. Four scholarships are awarded and each recipient was invited to attend the Annual Meeting, and assist the Scholarship Committee in evaluating applicants for the 2013 cycle. Raffle tickets will be sold throughout the summer as a fundraiser in support of the Beulah Miller Scholarship. The winning raffle ticket will be drawn at the NJNSA Annual Meeting in October. For information about the 2014 cycle of the Beulah Miller Scholarship for Nursing Education, view the Region 6 page on the NJNSA website or email SarahAnne Campbell, Scholarship Chairperson, at Sarahanne@csnhs.org.

Call for Nominations: please contact Barbara Johnstone, bjohnston@monmouth.edu, to learn more and get information about the position to run for the Region 6 positions of Treasurer, Vice President of Membership, Vice President, Institute, and Chairpersons for Atlantic County and Monmouth County.

Want to help patients better... and stay better?

Join the dedicated team of experts at RWJ Rahway, an acute care hospital professional staffed by nurses who strive daily to promote nursing teamwork, education, leadership, and outstanding patient care. We are especially proud of Dr. Yvonne Rosales, who was publicly recognized for specific contributions to advance nursing practice.

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July 2013

New Jersey Nurse & Institute for Nursing Newsletter
Meeting the NEW Challenges in Nursing

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Nurses have earned an increased role in healthcare delivery. You make more decisions. Your judgment has become more critical. Staff reductions and limited resources facing many healthcare facilities place even higher demands on you to act quickly and do more. But with greater autonomy comes greater risk.

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(Nurse Practitioner)

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