



## President's Address

*Rebecca Nichols, RN, MSN, CCNS, ANP-BC*

According to the Center for Disease Control, prescription drug-related deaths have more than tripled since 1990 with most related to opioids and those medications used to treat psychiatric conditions. Unfortunately, most of our patients do not have just one condition when we come into contact with them. They are typically being treated for multiple co-morbidities, see multiple providers and utilize several pharmacies. The vast array of possible adverse effects and drug interactions is mind-boggling and terrifying to comprehend. So what can nurses do to help combat this growing concern?



**Rebecca Nichols**

### Educate the patient.

Promote autonomy by educating about safe medication handling and use to aid the patient in preparing, recognizing and acting when an adverse reaction occurs.

*President's Message continued on page 2*

## Inside...

SDNF Scholarship Opportunities . . . . .	3
District News . . . . .	4
National Nurses Week . . . . .	5
2013 Legislative Report . . . . .	6
Why Join ANA/SDNA? . . . . .	7
2013 Calendar of Events . . . . .	7
Welcome New Members . . . . .	8
Membership Application . . . . .	8
2013 SDNA Annual Convention . . . . .	9

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## SDNF Corner

# Destined to be a Nurse

*M. Claire May, SDNF Public Board Member*

"Nursing called me," proclaims Suzanne Campbell, 2012 South Dakota Nurses Foundation Scholarship recipient. "I don't remember 'deciding' to be a nurse; I was always a nurse." After becoming a Registered Nurse, she "began the lifelong journey of learning to be a better nurse."

The better nurse quest includes her current SDSU study in the Doctorate of Nursing Practice with Administration program. She confesses, "I still don't know what I want to be when I grow up."

Perhaps the tongue in cheek remark is sparked by Suzanne's philosophy for life: "Live every day in the present, the past is gone, and tomorrow will get here quick enough!"

As Rapid City Regional Hospital's Director of the Cardiac Intervention Unit, functioning in the present is a necessity. Her staff and the "incredible" leadership team are invigorating. Her responsibilities comprise the day-to-day activities on the unit, financial responsibilities, staff development, the patient experience, employee engagement, and meeting the regulatory requirements of the state and federal government. On a daily basis she makes patient and staff rounds and participates in the various organizational committees and meetings.

Change is a significant factor in nursing; "where we've been and where we're going". She states, "I most enjoy being a part of a team attempting to dissect a problem or issue and find possible solutions and/or causes. Most teams have people with differing perspectives which I enjoy since I am not a creative thinker." In her signature candor, Suzanne reflects on the learning process. "Finding out that I was not 'all-knowing' and that I didn't know what I didn't know" has kept her vigilant in the life-long learning quest.

Suzanne knows her roots well, the South, Academia, Aerospace and family. Originating from the Swamp People near Baton Rouge, Louisiana, she lived on the campus of Louisiana State University while her father completed his degree in electrical engineering. Suzanne's youth was lived growing up near the Stennis Space Center and eventually Rocketdyne in Mississippi.

Her parents, two siblings, offspring Paul and Misty, and grandchildren Alex, Amber, Halley, Hanna, and Kyle still live in southern Mississippi. Destined to reside in the Black Hills of South Dakota, she loves the people, the organization she works for, and the patients and staff she serves. "I strongly believe that God will lead you if you allow him to do so; I've figured out that life is much better if I'm following His lead," she proclaims. "I will return to



the South eventually to be near my family but only after I've completed my mission here."

An eclectic woman, Suzanne's life experiences encompass the vigorous, healthy and nature embracing. Her vita includes being a certified scuba diver, certified aerobics instructor and weight trainer, gym owner, as well as a hunting and fishing woman. Additionally, "I can cook with the best of the Cajuns!" she states.

The Black Hills is Suzanne's preferred sanctuary as well. "The sounds you hear come from nature and are relaxing and the nurturing spirit you feel permeates the mind," she asserts. Communing with "absolutely delightful" grandchildren rejuvenates her. "My grandchildren are the light of my life and I thoroughly enjoy spending time with them," she states. Her oldest is in his first year of college and the youngest is in second grade.

Quilting is teaching her patience. "A year ago I bought a nice sewing machine and began what I called quilting, but found out that I wasn't really quilting but piecing the quilt tops. I'm still piecing and loving it," she remarks.

She is an indiscriminate "voracious" reader; if she is reading, she is learning something. Additionally, travel is a vital part of Suzanne's life equilibrium. Every year she takes at least one grandchild on a vacation to a destination they mutually agreed upon. Eldest grandson Alex and she savored a two-week sojourn in Alaska. She added, "We both want to go back to see the Aurora Borealis and have planned a trip when we both finish our degrees... funny how that worked out!"

Ms. Campbell's sage reflection to another considering the South Dakota Nurses Foundation Scholarship is succinct, "Keep an open mind and listen to your inner voice. APPLY!"

**Join SDNA Today!**  
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President's Message continued from page 1

Volunteer at community and church events to educate the public about opioid dependence and addiction. Advanced practice nurses should instruct patients to bring in their medications to every visit, advise them to use one pharmacy and inform their providers about new medications that are added to their regimen. Education should be provided in verbal and written form and verified through return demonstration. Teach patients who are on multiple medications to utilize pill organizers and observe as they are filled.

Educate yourself.

Acknowledge inexperience with an unfamiliar medication and obtain accurate information from reliable sources such as nursing drug guides and pharmacists. Smart phones have applications such as Epocrates® and Davis's Drug Guide® which are continuously updated and are simple to use. Acute care hospitals typically have access to pharmacy programs where multiple medications can be entered and interactions evaluated. Failure to fully

understand the implications of a medication that the nurse administers or the APRN prescribes puts the patient's life at risk and a license on the line.

Reduce the Risk

Because opioids are a significant part of prescription drug-related deaths, utilizing alternative methods for pain control should be attempted. Cold and heat application, massage, repositioning, deep breathing exercises and meditation have been proven to decrease both acute and chronic pain. Regular exercise leads to muscle strengthening, flexibility, weight management, stress reduction and an overall increased sense of well-being; all of which reduce pain.

The world we live in is one of quick fixes and the notion that cures come in pill form. As nurses, it is our responsibility to educate patients that these cures come with possible adverse reactions. For more information about prescription drug-related deaths, go to the Center for Disease Control and National Institutes of Health.



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CIRCULATION, ARTICLES, LETTER TO THE EDITOR, ETC. 2013 deadlines for articles submitted to the *South Dakota Nurse*: July 15—September issue and October 14—December issue.

The *South Dakota Nurse* accepts and encourages manuscripts or editorials. We will determine which letters and articles are printed by the availability of publication space and appropriateness of the material. We welcome signed letters of 300 words or less, typed and double spaced and articles of 1,500 words or less. All materials should be mailed to: South Dakota Nurses Association, P.O. Box 1015, Pierre, SD 57501 or e-mailed to: [contactus@sdnurses.org](mailto:contactus@sdnurses.org).

The views expressed in the articles and editorials are those of the individual contributors and do not necessarily reflect the viewpoint of SDNA.

South Dakota Nurse Editor: Dohui Kim, Program Manager

South Dakota Nurse is the newsletter of the South Dakota Nurses Association. Direct inquiries about SDNA or this newsletter to:

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# South Dakota Nurses Foundation Scholarship Opportunities for 2013

**Carman Timmerman, EdD, RN**  
**SDNF Treasurer and**  
**Scholarship Committee Chair**

The South Dakota Nurses Foundation (SDNF) awards scholarships to nurses who reflect the foundation's purposes of education, research and service. As SDNF president Tom Stenvig said, "Not long ago the South Dakota Nurses Foundation was just a dream, but we now have an established track record and are making a difference for nursing and healthcare in the state." Since the foundation formed in 1999, our goal has been to award a scholarship to recipients who demonstrate SDNF purposes of leadership in practice, education, and scholarship. Through the generous donations of SDNA nurses, as well as friends and families of nurses, the South Dakota Nurses Foundation is honored to be able to offer these significant scholarships.

The South Dakota Nurses Foundation awards three or more scholarships a year and has awarded sixteen scholarships to date. If you are a nurse pursuing a higher level of education and you think you meet the criteria for one or more of these scholarships, we strongly encourage you to apply.

**South Dakota Nurses Foundation Scholarship**  
**(3 scholarships available)**

**Amount**—\$1000 each

**Purpose**—To support a registered nurse pursuing a master's or doctoral degree with the career goal of education program.

**Criteria**

1. Current South Dakota resident
2. Current South Dakota RN license
3. Member of SDNA for at least one year
4. Graduate student pursuing a master's or doctoral degree in nursing or a related field with the goal of practicing nursing in a South Dakota high need area or teaching in a South Dakota baccalaureate or higher degree nursing education program
5. Cumulative GPA 3.0 or higher upon completion of highest degree, i.e., baccalaureate nursing program or master's in nursing program
6. Career goals and personal qualities congruent with South Dakota Nurses Foundation purposes
7. Evidence of leadership, compassion, involvement in professional organization(s), professional activities, and community service

**Application**—Access the South Dakota Nurses Association (SDNA) website at [www.sdnurses.org](http://www.sdnurses.org) and click on the *South Dakota Nurses Foundation*, then *Scholarships*, then *South Dakota Nurses Foundation Scholarship* or contact the SDNA office at [contactus@sdnurses.org](mailto:contactus@sdnurses.org) or (605) 945-4265.

**Application deadline**—July 15th, 2013 postmark

**Award date**—Fall 2013

**Rita H. Walsh Scholarship**

**Amount**—\$1000

**Purpose**—To support a registered nurse pursuing a higher level of nursing education. The scholarship will be awarded annually for the spring semester.

**Criteria**

1. Current South Dakota resident
2. Current South Dakota RN license
3. RN pursuing a bachelor's degree in nursing or RN to master's degree in nursing (bridge track)
4. Demonstrates need
5. Demonstrates the qualities of patient advocacy, patient education, compassion and peer mentoring

**Application**—Access the South Dakota Nurses Association (SDNA) website at [www.sdnurses.org](http://www.sdnurses.org) and click on the *South Dakota Nurses Foundation*, then *Scholarships*, then *South Dakota Nurses Foundation Scholarship* or contact the SDNA office at [contactus@sdnurses.org](mailto:contactus@sdnurses.org) or (605) 945-4265.

**Application deadline**— July 15th, 2013 postmark

**Award date**—Fall 2013

**Marianne M. Stenvig Scholarship**

**Amount**—\$1000

**Purpose**—To support a male registered nurse in pursuit of his educational goals.

**Criteria**

1. Current South Dakota resident
2. Current South Dakota RN license
3. Male RN pursuing a graduate degree in nursing (preferred) or a related field
4. SDNA membership preferred
5. Career goals consistent with South Dakota Nurses Foundation purposes of education, research and service
6. Evidence of leadership, compassion, involvement in professional organization(s), professional activities, and community service

**Application**—Access the South Dakota Nurses Association (SDNA) website at [www.sdnurses.org](http://www.sdnurses.org) and click on the *South Dakota Nurses Foundation*, then *Scholarships*, then *South Dakota Nurses Foundation Scholarship* or contact the SDNA office at [contactus@sdnurses.org](mailto:contactus@sdnurses.org) or (605) 945-4265.

**Application deadline**— July 15th, 2013 postmark

**Award date**—Fall 2013

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# District News

## District 1, 2, & 3

President: Marie Cissell  
 Vice President: Lani White  
 Secretary: Dawn Warren  
 Membership: Leslie Wilkerson  
 Nominations: Kay Foland  
 Government Relations Committee: Linda Wolden

The first meeting of the year was held on January 15 at the Health Science Building. The program was presented by Pat Shaver on Nursing and Ethics. Two guests attended.

The next meeting was held March 12th. The program was Social Media and Professionalism. The Spring Fling was discussed with potential ideas for places and speakers. April 20th was discussed as a possible date.

Nurse's Day at the Legislature was discussed at the meeting. Legislative issues were briefly addressed.

If you are new to Districts 1, 2, or 3 and have questions about opportunities, or you are looking for a place to share your talents to support nursing, feel free to contact me. If you have an idea for a great program, please let me know.

Respectfully submitted,

Marie Cissell, District 1-3 President  
 605-343-5841  
 Marie.cissell@sdstate.edu

## District 4

South Dakota Nurses Association District 4 met Tuesday February 26, 2013 at 6 pm at Presentation College Cafeteria. The meeting was called to order by President Barb Goehring at 6pm. District 4 members present were Kathi Piper, Sue Fischer, Karen Wolter, Carrie Clausen Hansen, Jeannie Chappell, Monica Karpinske, Marge Washnok and Barb Goehring. Minutes from the last meeting were approved with no changes made.

**Old Business:** Georgia Fossum will chair the registration table at the 2013 Convention. District 4 has decided to have non-members of SDNA assist with the registration table so District 4 members can attend the key note speakers and breakout sessions. Jeannie Chappell will call the Aberdeen Convention Center and inform them that the 2013 SDNA Convention is October 6-7 at the Ramkota in Aberdeen. Barb Goehring will contact Mayor Levensen to invite him to give the welcome October 6, 2013 for the SDNA Convention.

Discussion was held on keynote speakers, speakers for our breakout sessions and several suggestions for entertainment at the banquet. District 4 would like another \$500 for scholarships for nursing students attending Presentation College. This will be discussed at the SDNA Board meeting April 12, 2013 at the spring workshop in Mitchell. Government Relations Committee Chair Carrie Clausen Hansen held a discussion on bills that were in the legislature now. There was also much discussion on the Medicaid Bill and texting while driving. District 4 members were asked to contact legislators concerning the bills. District 4 has 2 new Government Relation Committee Representatives. They are Amanda Banker and Wendy Bloomerader. Thank you for volunteering for this committee.

**New Business:** Discussion on live and silent auction items with a list of places of Businesses given to members of the committee. Karen Wolter, chair of the live and silent auction for the 2013 Convention, also circulated a letter to give to the Businesses to thank them for the Donation. Barb circulated a letter from Becky Nichols, State SDNA President, providing information to join SDNA. Each District 4 member will circulate the letter to get new members to join SDNA and ANA. The Brown County Fair is being held August 12-18, 2013 in Aberdeen. The Brown County Fair Board agreed to increase the first aid booth from \$900 to \$1000 and also supply the SDNA first aid booth with a new banner. The 2013 spring workshop is being held Friday April 12, 2013 at Dakota Wesleyan University in Mitchell. A SDNA Board Meeting will be held Saturday, April 13, 2013 for strategic planning for SDNA due to all of the changes that are being made by the American Nurses Association.

District 4 will have a spring luncheon April 25, 2013 for the senior nursing students. The spring luncheon will be held at Presentation College in the nursing learning lab from 11am-1pm. Brittany Novotny, executive director for SDNA, will give an informational talk on the Benefits of joining a professional organization by becoming a member of SDNA and being able to network and collaborate with nurses throughout South Dakota. Membership in SDNA offers many excellent opportunities for individual nurses to improve their skills, network with other professionals, and actively participate in raising public awareness about health care issues and the nursing profession.

Celebrating nurse's week is May 6-12. Please send the following to the nurses who you know and respect. I just did.

*Somebody asked: "You're a nurse?!? That's cool, I wanted to do that when I was a kid. How much do you make?" The nurse replied: "HOW MUCH DO YOU MAKE?"...I can make holding your hand seem like the most important thing in the world when you're scared...I can make your child breathe when they stop...I can help your father survive a heart attack...I can make myself get up at 5 AM to make sure your mother has the medicine she needs to live...I work all day to save the lives of strangers...I make my family wait for dinner until I know your family member is taken care of...I make myself skip lunch so that I can make sure that everything I did for your wife today is charted...I make myself work weekends and holidays because people don't just get sick Monday thru Friday. Today, I might save your life. How much do I make? All I know is, I make a difference.*

SDNA District 4 meetings are held every other Monday at Presentation College Cafeteria. Our next SDNA meeting will be Monday, April 22, 2013 at 7:30 pm.

Respectfully Submitted,  
 Barbara Goehring, District 4 President

## District 8 & 9

District 8&9 members have met monthly in 2013. Beyond short business meetings, attendees (members and nursing students) heard interesting presentations from a variety of speakers regarding school health, oral health and nurse travelers. Meetings were held at several local Brookings restaurants.

Respectfully submitted,  
 Paula Carson, District 8 President

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# National Nurses Week

## Executive Proclamation

State of South Dakota  
Office of the Governor

*Whereas*, Nearly 3.1 million registered nurses in the United States comprise our nation's largest health care profession; and,

*Whereas*, The depth and breadth of the registered nursing profession meets the different and emerging health care needs of the American population in a wide range of settings; and,

*Whereas*, The South Dakota Nurses Association and the American Nurses Association, as voices for the registered nurses of this country, are working to chart a new course for a healthy nation that relies on increasing delivery of primary and preventive health care; and,

*Whereas*, A renewed emphasis on primary and preventive health care will require the better utilization of all our nation's registered nursing resources; and,

*Whereas*, Professional nursing has been demonstrated to be an indispensable component in the safety and quality of care of hospitalized patients; and,

*Whereas*, The demand for registered nursing services will be greater than ever because of America's changing demographics, the continuing expansion of life-sustaining technology, and the explosive growth of home health care services; and,

*Whereas*, More qualified registered nurses will be needed in the future to meet the increasingly complex needs of health care consumers in our communities; and,

*Whereas*, The cost-effective, safe, and quality health care services provided by registered nurses will be an even more important component of the United States health care delivery system in the future; and,

*Whereas*, The South Dakota Nurses Association and the American Nurses Association have declared the week of May 6-12, 2013, as National Nurses Week with this year's theme, "Delivering Quality and Innovation in Patient Care":

Now, Therefore, I, **Dennis Daugaard**, Governor of the state of South Dakota, do hereby proclaim May 6-12, 2013, as

### NURSES WEEK

in South Dakota, and I call upon all citizens to join me in honoring and recognizing registered nurses this week and throughout the year.



In Witness Whereof, I have hereunto set my hand and caused to be affixed the Great Seal of the state of South Dakota, in Pierre, the Capital City, this Sixteenth Day of April in the Year of Our Lord, Two Thousand and Thirteen.

*Dennis Daugaard*  
Dennis Daugaard, Governor

Attest:  
*Jason M. Gant*  
Jason M. Gant, Secretary of State



Delivering Quality & Innovation in patient care

## NATIONAL NURSES WEEK TO BE CELEBRATED MAY 6-12 Delivering Quality and Innovation in Patient Care

Every year, National Nurses Week focuses attention on the diverse ways America's 3.1 million registered nurses work to save lives and to improve the health of millions of individuals.

South Dakota Nurses Association joined the American Nurses Association in celebrating National Nurses Week. This year, "Delivering Quality and Innovation in Patient Care" was selected as the theme for 2013. Annually, National Nurses Week begins on May 6, marked as RN Recognition Day, and ends on May 12, the birthday of Florence Nightingale, founder of nursing as a modern profession.

Traditionally, National Nurses Week is devoted to highlighting the diverse ways in which registered nurses, who comprise the largest health care profession, are working to improve health care. From bedside nursing in hospitals and long-term care facilities to the halls of research institutions, state legislatures and Congress, the depth and breadth of the nursing profession is meeting the expanding health care needs of American society. The purpose of National Nurses Week is to raise awareness of the value of nursing and to help educate the public about the role nurses play in meeting the health care needs of the American people.

In honor of the dedication, commitment, and tireless effort of registered nurses nationwide, the South Dakota Nurses Association is proud to recognize registered nurses everywhere for the high quality of work they provide seven days a week, 365 days a year.

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EEO/AA

# 2013 Legislative Report

**Brittany Novotny, JD, MBA**

By way of background, during each legislative session, members of the Government Relations Committee (GRC) meet weekly to discuss bills of interest to the SDNA. The GRC consists of a geographic representation of politically active nurses from across the state. The GRC reviews each bill introduced to determine if SDNA will take a position on the bill. These decisions are driven by the Legislative Agenda of the SDNA. The five basic tenants of the SDNA Legislative Agenda are to support: professional nursing practice, access to quality and affordable health care, public health, occupational and environmental health, and human rights. The full version of the Legislative Agenda can be found on the SDNA website [www.sdnurses.org](http://www.sdnurses.org).

The 2013 Legislative Session was certainly a busy one for SDNA! There were 492 bills introduced during South Dakota's 2013 legislative session. Throughout the course of the session, SDNA reviewed all 492 bills and tracked 36 bills. Of these 36 bills, the SDNA supported six, opposed four and monitored 26.

## SDNA supported the following bills:

SB 69, an Act to revise certain provisions of the health professionals diversion program. This bill Updates the program and makes changes to the statutes to comply with the current operation of the program. Also adds mental health services to the services that may be provided through the program. This bill has been signed by the Governor.

SB 106, an Act to prohibit certain minors from using wireless communication devices while operating motor vehicles upon the public highways. This bill prohibits holders of instructional and restricted permits from using handheld wireless devices. A violation would be a secondary offense. This bill has been signed by the Governor.

SB 142, an Act to prohibit the use of certain handheld electronic wireless devices for electronic messaging while driving and to prohibit conflicting municipal regulations. This bill prohibits texting while driving and preempts local ordinances on texting. This bill was killed in the House Judiciary committee.

HB 1038, An Act to make an appropriation to reimburse certain family physicians, dentists, and physician assistants who have complied with the minimum requirements of the recruitment assistance program. This bill provides funding of \$208,000 to provide

reimbursement to participants of the recruitment assistance program who have fulfilled the requirements of the program. This bill has been signed by the Governor.

HB 1217, an Act to revise and expand certain provisions related to organ and tissue donation. This bill enables the state to establish an online organ donor registry through the Department of Public Safety and allows appropriate healthcare organizations to access whether someone is an organ donor in a timely manner. This bill has been signed by the Governor.

HB 1233, an Act to facilitate the provision of voluntary medical services to the disadvantaged under certain circumstances. In its original amended form, it allowed an MD, DO, DC or DDS that is providing services at no cost to require that a recipient sign a waiver of civil liability. In its current form, it revises 47-23-29 to include any healthcare professional licensed under title 36, which includes all nurses. This bill has been signed by the Governor.

## SDNA opposed the following bills:

SB 98, an Act to revise certain statutory immunization exemption requirements. This bill allows for an exemption to the immunization requirements based on a personal religious commitment. This bill was killed in the Senate Health and Human Services Committee.

SB 114, an Act to provide a definition of smoking. This bill defines smoking to include the smoke from tobacco that is burned, heated or lit, so as to include hookah smoke within the smoke free law (Amendment creates a grandfather clause for businesses eligible for a malt beverage or liquor license that sell have at least 10% of sales in hookah or premium tobacco. This amendment creates a major expansion of smoking places under the current smoke free law.) This bill was killed in the House of Representatives.

SB 201, an Act to remove the requirement that fluoride be added to municipal water supplies. This bill removes the requirement that fluoride be added to municipal water supplies. This bill was killed in the Senate Local Government Committee.

HB 1065, an Act to allow student midwives to practice the functions of nurse practitioner or nurse midwife in certain instances. This bill would add to the exemptions continued in 36-9A-3 to allow a certified professional midwife student to perform the functions of a nurse practitioner or nurse midwife, if practicing under the direct supervision of a preceptor who has met criteria established by the North American Registry of Midwives (NARM). This bill was killed in the House Health and Human Services Committee.

In addition to the bills listed above, SDNA monitored 26 other bills. It was certainly a busy session, but also reminds me of how lucky we are to have such engaged and passionate members. I want to say thank you to the entire Government Relations Committee and especially to its chair, Carrie Clausen Hansen. Thank you for your time and your passion for the nursing profession. I would also like to thank each nurse and nursing student that participated in the legislative process, whether you responded to our Action Alerts and contacted local legislators or you attended Nurses Day at the Legislature and talked with a legislator at the Chili Supper. Legislators love to hear from nurse constituents. Thank you for your participation and for representing nurses!

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— Amy, BHSH RN

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# Why Join ANA/SDNA?

Marian Eberhard, District 10 President

I believe that Nurses are experts at multi-tasking; they are very involved with family, school, church, and work. Yet, these areas seem to take precious time from them. We are always asking nurses to “manage their stress” be able to recognize overload, resulting in nurses prioritizing WHAT COMES FIRST!

We are also finding that nursing as a career is becoming more specialized; therefore, organizations which represent special nursing areas and that offer certification such as American Society of Neurology Nurses, Association of Perioperative Nurses, and American Society of Perioperative Nurses require continuing education hours to stay current. The answer to this challenge is to embrace the diversity within nursing and to allow these specialized areas to share through an organization like SDNA. The organization reflects the diversity of our profession including educators, clinical practitioners, retired nurses, business orientated nurses, managers, students, researchers and office nurses. All add value to each other, and this professional network is invaluable. An organization like SDNA challenges each and every member to see the whole picture of the profession of nursing and to value the differences that are represented by its members.

As nurses, we can get so occupied thinking of professional advancement and academic accomplishment, or the science behind our practice, that we can forget to enjoy each other as fellow nurses with a common goal “to care” for our patients and each other.

This is what I see as the biggest benefit to SDNA at the local and state levels. From the national arena, membership with ANA provides food for thought on the future of our profession, the challenges facing nursing, and the successes we as a professionals need to hear about to bring our spirits up.

I want to challenge any who read this to take some time to appreciate our profession. Find reward in coming together to meet as one profession with the goal of valuing all nurses in their chosen fields. It is good to share with fellow nurses the rewards and challenges of our world past, present and future.

I think one of the biggest goal of the SDNA is to meet the needs of the members and to offer members the ability to attend meetings either in person or on the web. We must bring our organization into the computer age so that belonging can take on an individual nature. Districts across the state are involved in community projects, continuing education, personal sharing, political awareness projects and preparing for the annual convention. This year’s convention is in Aberdeen with a bunch of enthusiastic members so it is sure to be fun, educational and inspiring.

## 2013 Calendar of Events

If you have events that you want posted on the SDNA Calendar of Events, please contact the SDNA Office at (605) 945-4265 or by email at [contactus@sdnurses.org](mailto:contactus@sdnurses.org)

<p><b>July</b>  <b>SDNA Consent to Serve Forms Due</b>                  July 1, 2013</p> <p><b>Independence Day – Office Closed</b>                  July 4, 2013</p> <p><b>SD Nurse Article Submission Deadline – September Issue</b>                  July 10, 2013</p> <p><b>August</b>  <b>Awards Nominations Due</b>                  August 1, 2013</p> <p><b>SDNA Board of Directors Meeting</b>                  August 26, 2013</p> <p><b>September</b>  <b>Labor Day – Office Closed</b>                  September 2, 2013</p>	<p><b>October</b>  <b>SDNA Board of Directors Meeting</b>                  October 6, 2013</p> <p><b>SDNA Annual Convention</b>                  October 6 &amp; 7, 2013                  Aberdeen, SD</p> <p><b>SD Nurse Article Submission Deadline – December Issue</b>                  October 9, 2013</p> <p><b>Native American Day – Office Closed</b>                  October 14, 2013</p> <p><b>November</b>  <b>Veterans Day – Office Closed</b>                  November 11, 2013</p> <p><b>Thanksgiving – Office Closed</b>                  November 28, 2013</p> <p><b>December</b>  <b>District Leadership Reporting Form Due to SDNA Office</b>                  December 1, 2013</p> <p><b>Christmas Day – Office Closed</b>                  December 25, 2013</p>
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 Keena Byrd-Moro  
 Terra Cavaness  
 Sherry Gutsche  
 Malia Meyer  
 Robin Peterson-Lund  
 Lesley Sandgren  
 Jesi Whiting-Smith

**District 4**  
 Deeann Suther

**District 6**  
 Kelly Grimshaw

**District 7**  
 Mary Lanning

**District 8 & 9**  
 Monica Everson  
 Jaime Pearson  
 Lynnette Stamler

**District 10**  
 Chelsea Hinders  
 Lanette Schmidt  
 Gayla Stewart  
 Karen Wallenberg

**District 11**  
 Erica Christoph  
 Luke Frohreich



## South Dakota Nurses Association Membership Application

PO Box 1015, Pierre, SD 57501  
 t. 605.945.4265 f. 888.425.3032 sdnurse@midco.net

*LAST NAME / FIRST NAME / MIDDLE INITIAL		CREDENTIALS
*STREET OR PO BOX #	BASIC SCHOOL OF NURSING	HOME PHONE
*CITY / STATE / ZIP	GRADUATION: MONTH / YEAR	WORK PHONE
EMPLOYER NAME	*R. N. LICENSE #	FAX
EMPLOYER ADDRESS / CITY / STATE / ZIP		E-MAIL
TITLE / POSITION	MAJOR CLINICAL, PRACTICE, OR TEACHING AREA	RECRUITED BY

### MEMBERSHIP CATEGORIES

PLEASE CHECK ONE

- FULL ANA/SDNA MEMBERSHIP**  
RN employed full or part time
- REDUCED 75% OF FULL ANA/SDNA MEMBERSHIP DUES (STUDENT)**  
RN enrolled in baccalaureate, masters or doctoral program, at least nine (9) credit hours per calendar year
- REDUCED 50% OF FULL ANA/SDNA MEMBERSHIP DUES (NEW GRADUATES)**  
RN who is unemployed  
 - OR - over 62 years of age & earning less than maximum allowed receiving Social Security benefits  
 - OR - enrolled in baccalaureate, masters or doctoral program, at least 20 credit hours per year  
 - OR - RN FIRST YEAR, WITHIN SIX (6) MONTHS AFTER GRADUATION
- REDUCED 25% OF FULL ANA/SDNA MEMBERSHIP DUES (RETIRED)**  
 - RN who is over 62 years of age and unemployed  
 - OR - who is totally disabled
- SDNA ONLY MEMBERSHIP**  
RN employed full or part time

MEMBERSHIP TYPE	MONTHLY (EDPP)	ANNUAL
FULL ANA/SDNA MEMBERSHIP	\$ 22.92	\$269.00
STUDENT ANA/SDNA MEMBERSHIP	\$ 17.32	\$201.75
NEW GRADS ANA/SDNA MEMBERSHIP	\$ 11.71	\$134.50
RETIRED ANA/SDNA MEMBERSHIP	\$ 6.11	\$67.25
SDNA ONLY MEMBERSHIP	\$16.04	\$186.50

### PAYMENT OPTIONS

- FULL ANNUAL PAYMENT BY CHECK**
- PAY BY ELECTRONIC DUES PAYMENT PLAN (EDPP)**  
 Read, sign the authorization, and enclose a check for the first month's payment (amount shown in bold above); one-twelfth (1/12) of your annual dues will be withdrawn from that checking account monthly, in addition to an annual \$6.00 (50¢ per month) service fee (total is amount above).  
**AUTHORIZATION:** This authorizes ANA to withdraw 1/12 of my annual dues and any additional service fees from the checking account designated by the enclosed check for the first month's payment. ANA is authorized to change the amount by giving the undersigned 30 days written notice. The undersigned may cancel this authorization upon receipt by ANA of written confirmation of termination 20 days prior to the deduction date as designated above. ANA will charge a \$5.00 fee for return drafts.  
**SIGNATURE FOR EDPP AUTHORIZATION:** \_\_\_\_\_
- PAY BY CREDIT CARD**  
 \_\_\_\_\_ Full annual payment—automatic annual credit card payment (automatic renewal)  
 \_\_\_\_\_ Monthly payment from credit card  
 \_\_\_\_\_ Full annual payment—one year only

\_\_\_\_\_ Visa/MasterCard \_\_\_\_\_ Expiration date

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# 2013 SDNA Annual Convention

## SDNA Leadership Opportunities

The South Dakota Nurses Association (SDNA) is looking for RN leaders who want to be a mentor, an advocate, and actively involved in shaping the future of the nursing profession.

All candidates for office must submit a "Consent to Serve" form, your statement, and a photograph of yourself by July 1st, 2013 to the SDNA Office. To obtain a "Consent to Serve" form or to learn more about each of the leadership positions, please visit the SDNA Website at [www.sdnurses.org](http://www.sdnurses.org) or call the SDNA Office at (605) 945-4265.

If you have any questions or would like further information on how to run for one of these offices please contact Sharon Rehorst, Nominations Committee Chair at [srehorst@mitchelltelecom.net](mailto:srehorst@mitchelltelecom.net) or the SDNA office at [contactus@sdnurses.org](mailto:contactus@sdnurses.org) or (605) 945-4265.

The Nominations Committee is seeking interested SDNA members who wish to serve in leadership roles.

- President
- Vice President
- Treasurer
- Core Issues Task Force Chair
- Two (2) Continuing Education Committee Members
- Two (2) Nominations Committee Members

### DUTIES OF THE PRESIDENT

- a. The President shall:
  1. Serve as the official representative of SDNA and as its spokesperson on matters of policy and positions;
  2. Preside over meetings of Membership, the Board, and the Executive Committee;
  3. Serve as ex-officio Member of all SDNA committees, except Nominations Committee;
  4. Direct the activity and supervise performance of SDNA's Chief Executive Officer;
- b. The President may delegate duties to another Board Member as necessary and appropriate.

### DUTIES OF THE VICE PRESIDENT

- The Vice President shall:
- a. Assume the duties of the President in the President's absence or at the discretion of the President;
  - b. Succeed to the office of President for the unexpired term if the office of President is vacant;
  - c. Assume other duties as assigned.

### DUTIES OF THE TREASURER

- The Treasurer shall:
- a. Monitor SDNA's fiscal and financial affairs;
  - b. Provide reports of SDNA's financial status to the Membership, the Board, and the Executive Committee;
  - c. Provide for the receipt, deposit, and disbursement of all SDNA funds;
  - d. Ensure sound, accurate, timely management of SDNA books, accounts, and record-keeping procedures, processes, and systems;
  - e. Ensure compliance with applicable ANA, governmental, and grant financial management and reporting requirements.

### BOARD RESPONSIBILITIES AND LEADERSHIP DUTIES

- a. The Core Issues Coordinator (CIC) shall be a member of the SDNA Board of Directors and elected for a two-year term by the SDNA membership.
- b. The Core Issues Coordinator will work collaboratively with each CITF Chairperson.
- c. Each CITF Chairperson shall coordinate and preside over CITF meetings, report CITF plans, propose positions and activities to the Core Issues Coordinator prior to each Board meeting.
- d. The CIC and each CITF Chairperson shall work together to prepare accurate reports for the Annual Book of Reports. They may also prepare articles for The Nurse as necessary to keep SDNA members abreast of their progress.

The SDNA Board of Directors meet 4 times a year: February, via phone conference; April, in Mitchell during the Spring Workshop; July, usually done via phone conference so no travel is required, and October, during the state convention (site varies yearly).

### CONTINUING NURSING EDUCATION COMMITTEE

- a. This committee shall be composed of four members. Three members will be elected in accordance with ARTICLE XI for two-year terms, with two members being elected in odd years and one member being elected in even years. One member who actively practices in academia and/or continuing education will be Board-appointed to chair the committee for a three-year term.
- b. This Committee shall be responsible for:
  1. Assessment, planning, implementation and evaluation of continuing education activities for SDNA;
  2. Assurance that the ANCC Commission on Accreditation standards and guidelines are utilized in planning continuing education activities for nurses;
  3. Serving as a resource for Districts, Members, and others on CNE activities and issues.

### NOMINATIONS COMMITTEE

- a. The Nominations Committee shall be composed of five members, all of whom are elected by the members-at-large to two year terms in accordance with Article XI;
- b. Two members will be elected in odd years and three will be elected in even years;
- c. The individual receiving the highest number of votes in that election cohort will serve as chair during the second year of their term;
- d. Members of the Nominations Committee shall not be eligible to run for election as a Member of the Board, as a District President or CITF Chair, nor as a Delegate to ANA Membership Assembly, nor for election to the Government Relations Committee;

### CONSENT TO SERVE South Dakota Nurses Association BIOGRAPHICAL DATA

NOMINEE FOR THE OFFICE OF: \_\_\_\_\_

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

TEL: HOME: \_\_\_\_\_ WORK: \_\_\_\_\_ FAX: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

School/College of Nursing: \_\_\_\_\_

Additional Professional Education: \_\_\_\_\_

Area of Practice: \_\_\_\_\_

Present Position and Place of Employment: \_\_\_\_\_

Professional Organization Activities at District (Region), Council, State, National Level(s) for the past five years, including Student Association office: \_\_\_\_\_

Current SDNA Member District: \_\_\_\_\_ (Number or City)

Signature \_\_\_\_\_ Date \_\_\_\_\_

*Please attach a signed statement of your personal position regarding current nursing and SDNA issues. Limit your statement to a maximum of three sentences.*

Send (1) this form, (2) your statement, and (3) a PHOTOGRAPH of yourself by **July 1, 2013** to SDNA, PO Box 1015, Pierre, SD 57501.

### SDNA 2013 AWARDS NOMINATION FORM

NOMINATION FOR:  
*(PLEASE CIRCLE ONE)*

- DISTRICT NURSE OF THE YEAR AWARD
- ROOKIE OF THE YEAR AWARD
- DISTINGUISHED SERVICE AWARD
- NURSING PRACTICE AWARD
- JOY OF NURSING AWARD
- PIONEER IN NURSING AWARD
- SDNA HALL OF FAME AWARD
- THE NURSE EDUCATOR AWARD

#### NOMINEE:

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_ EMPLOYER: \_\_\_\_\_

EMPLOYER ADDRESS: \_\_\_\_\_

#### NOMINATOR:

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_ EMPLOYER: \_\_\_\_\_

OTHER CONTACT INFORMATION: \_\_\_\_\_

Please submit complete nomination form to the SDNA Office, PO Box 1015, Pierre, SD 57501 by **August 1<sup>st</sup>, 2013**. Nominators must provide narrative statements describing the nominee's compliance with established criteria for the award as explicitly and concisely as possible.

The Awards Committee shall consider all nominations and inform the SDNA Board of Directors of the award recipients. Award recipients will be invited to attend the SDNA Convention for presentation of awards. If an award recipient cannot be present, the presentation will be made in absentia.

# 2013 SDNA Annual Convention

## SDNA AWARD CRITERIA

The South Dakota Nurses Association sponsors these annual awards for nurses, given during the *SDNA Annual Convention in Aberdeen, October 6-7, 2013*. Nominations for the following awards will be taken until **August 1st, 2013**. For complete award criteria, please visit our website at <http://www.sdnurses.org> or contact the SDNA office at [contactus@sdnurses.org](mailto:contactus@sdnurses.org).

**DISTRICT NURSE OF THE YEAR AWARD** was developed to recognize a nurse in each SDNA district who has contributed to the district and profession in a significant way. This award criteria and award winner is determined by each individual district.

**ROOKIE OF THE YEAR AWARD** is for the new SDNA member who has contributed energy and commitment to SDNA.

Rookie of the Year Award Criterion:

- The nominee must have been an SDNA member for at least one year, but not longer than three years.

**DISTINGUISHED SERVICE AWARD** acknowledges specific contributions and achievements of an individual or group and provides formal recognition of SDNA member(s) singled out by colleagues for accomplishments in a given field of endeavor. The Award may be awarded for professional achievement in nursing, outstanding contributions in the community, for dedicated service to the association, to name a few possible categories.

Distinguished Service Award Criteria (must meet all criteria):

- The nominee must be an SDNA member.
- The Distinguished Service Awards represents a more highly specialized type of award than the broad special interest categories reflected in other SDNA Awards.
- Distinguished Service Awards must be in keeping with goals and purposes of SDNA.
- A Distinguished Service Award must not be exploited for commercial purposes.

Examples of Possible Distinguished Service Award Categories:

- Human Rights
- Membership Activities
- Specialty Work
- History
- Ethics

**NURSING PRACTICE AWARD** acknowledges a Registered Nurse involved in direct patient care. The recipient, through strength of character, commitment, and competence, receives peer recognition as one who contributes to advancement of nursing practice.

Nursing Practice Award Criteria (must meet all criteria):

- The nominee must be an SDNA member.
- The nominee, through application of nursing knowledge, must assist patients to function at and maintain optimum levels of health and activities, as persons, as family members, and as members of their community.
- The nominee, through direct nursing practice, must provide innovations to help and encourage peers in nursing and is a role model, inspiring peers to improve quality of practice, and has contributed to improvement of quality of direct patient care.

**JOY OF NURSING AWARD** recognizes the Registered Nurse who, through the years of practice, continues to truly love all aspects of nursing.

Joy of Nursing Award Criteria (must meet all criteria):

- Nominee must be an SDNA member.
- Nominee has practiced nursing for at least 5 years.
- Nominee has been a formal or informal mentor to students or new graduate nurses.
- Nominee has collaborated with and is respected by nursing colleagues and other health professionals.



- Nominee exemplifies the "Joy of Nursing" in care and relationships.

**PIONEER IN NURSING AWARD** was developed to recognize the nurse who has contributed to the profession or to history by being the first so that others may follow. This award recognizes a nurse who exemplifies the spirit that motivates other nurses to follow on a path less traveled.

Pioneer in Nursing Award Criteria (must meet all criteria):

- The nominee must be an SDNA member.
- The nominee must have helped guide the course of nursing in South Dakota.
- The nominee must have contributed talents to the profession by being the "first," whether that is within practice, education, program development, administration, government, community activities, or any other first.

**SDNA HALL OF FAME AWARD** recognizes an individual's lifelong commitment to nursing and that commitment's impact on the health and/or social history of South Dakota. Up to five nurses may be inducted each biennial year into the SDNA Hall of Fame.

Hall of Fame Award Criteria (must meet all criteria):

- The nominee(s) must have demonstrated leadership that affected the health and/or social history of South Dakota through sustained, lifelong contributions in or to nursing practice, education, administration, research, economics, or literature.
- The nominee(s) must have been prepared in a formal nursing program, unless the contribution was made before 1873 when no formal training was available.
- The nominee(s) must have worked in or represented South Dakota.
- Achievements of the nominee(s) have enduring value to nursing beyond the nominee's lifetime.

(Note: Nominees for the Hall of Fame Award may be living or deceased.)

**THE NURSE EDUCATOR AWARD** acknowledges a Registered Nurse who serves as a faculty member at one of the South Dakota nursing programs. The recipient is recognized by peers to be exemplary in the areas of teaching effectiveness and facilitating learning for students in nursing. This nurse also participates actively in professional nursing activities as well as, the community in which he or she lives, demonstrates leadership skills, has a strong ability to work with others, and is seen as a mentor for future nurse educators. The Nurse Educator Award is awarded jointly by SDNA and NEDDS (Nursing

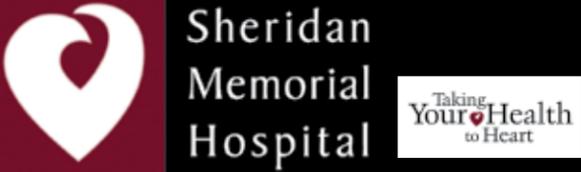
Education Deans and Directors). A letter of support by the dean/chair of the nominee's school is recommended.

Nurse Educator Award Criteria (must criteria as noted below):

- The nominee must be an SDNA member
- The nominee must demonstrate teaching effectiveness through one or more of these criteria:
  - application of nursing knowledge that facilitates students' learning to the highest level
  - use of creative teaching strategies in class room presentations
  - mentorship of new nursing faculty to the role of teaching
- If the nominee has a regular clinical supervision assignment, the nominee must demonstrate effective supervision strategies in the clinical setting to facilitate students' application of theoretical knowledge to patient care
- The nominee must participate in service activities through one or more of these criteria:
  - assumption of a leadership role in the nursing program
  - participation in committee work at the university or college level
  - service as a student organization advisor such as the South Dakota Student Nurses Association
  - initiation of efforts that enhance the success of nursing graduates
  - service in a leadership position in SDNA
- The nominee must have a sustained record of scholarship in the art of teaching, research, or contribution to improved health in the community through one or more of these criteria:
  - recognition by peers for their scholarship of teaching
  - dissemination of scholarship through presentations, publications, or as a consultant
  - initiation of a unique project that enhanced the health of the community

Other considerations include:

- Participation in community affairs
- Recognition by peers
- Participation in organizational affairs
- Ability to work with others
- An innovative outlook



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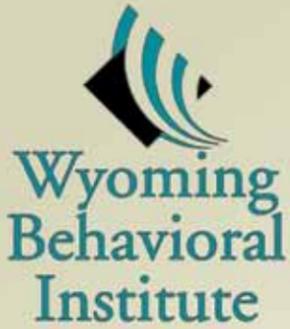
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