



Nebraska Nurse

Volume 46 • No. 2
June, July, August 2013

Sent to all Nebraska Nurses courtesy of the Nebraska Nurses Association
Quarterly circulation approximately 31,000 to all RNs, LPNs, and Student Nurses in Nebraska.



**Nurses' Day
at the
Legislature 2013**

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**May is Bicycle
Safety Month**



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**District 1 NNA Member
and CU Instructor
Mentors Senior Project**

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American Nurses Association/ Nebraska Nurses Association Organizational Update

Teresa Anderson, EdD, MSN, RNC-OB, NE-BC

It is a time of change for the Nebraska Nurses Association and our parent organization, the American Nurses Association. In 2012, the ANA House of Delegates voted to eliminate this governing body and the accompanying Congress and Constituent Assembly, replacing them with an annual Membership Assembly (MA) and Professional Issues Panels. The size of the Assembly is now limited to 2 representatives per state, with these individuals having a "weighted" vote to represent their state nursing association membership numbers. Teresa Anderson, EdD, MSN, RNC-OB, NE-BC, President of NNA, and Douglass Haas, RN, BSN, Chair of the NNA Nursing Practice and Professional Development will represent NNA at this meeting in June of 2013. The MA will once again consider transformational bylaws changes, which will redefine the membership dues structure and governance model further.

Also significant in 2012 was the requirement that small State Nurses Associations (SNAs) join Multi-State Divisions (MSDs), under the leadership of a single executive, reporting to the CEO of the ANA. This project offers tremendous advantages to smaller states to leverage the economy of scale for website and email support, financial services, professional development, and other shared products and services. Nebraska and our sister states (North Dakota, South Dakota, Kansas, Missouri, Iowa, and Wisconsin) will have enhanced member services while significantly cutting costs.

At the state level, our association is also embarking on a transformation of its own, as we explore a leadership model that eliminates our districts. The new model, if adopted, considers Special Interest Groups and regional events, all supported by a NNA centralized financial structure that removes multiple levels of accounting and audits for the association. This model preserves our legislative advocacy and regional presence and events, while enhancing options for members. Rather than just one geographically identified group, a member may belong to multiple groups of interest to them. A change from a delegate based decision-making body to "one member, one vote" will empower all nurses who choose to become actively involved. This structure will reduce, by two-thirds, the number of volunteers needed to administer our association. Standardization of membership dues will simplify the enrollment process, and our House of Delegates will consider the feasibility of a progressive reduction in member dues as state membership levels increase, offering members an incentive for enrolling others. As we grow, we all win!

Contact Teresa Anderson for more information about these changes and our mission to "advance our profession to improve health for all."

Nursing Association Leaders in Nebraska

Networking Meeting



The NNA invites you to join us for a four-hour networking meeting, on **Tuesday, August 20th, from 1:30 – 4:30 pm at the offices of O'Hara Lindsay Government Relations**. The purpose of this meeting will be for each organization to share their mission, values, and strategic goals with others as we strive to find the common ground for collaborative initiatives and events that will support nursing in Nebraska. Please contact Teresa Anderson, NNA President to register your association for attendance. More details will be provided as the event evolves.

O'Hara Lindsay Government Relations
440 South 13 Street
Suite C
Lincoln, NE 68508

Questions?
Contact **Teresa Anderson**
nnapresident@nebraskanurses.org
402.679.1551

2013 NNA Annual Convention and House of Delegates

Preparations have begun for an exciting 2013 NNA convention! Mark your calendars for Friday and Saturday, **October 18th and 19th** in Kearney Nebraska at the Holiday Inn Convention Center.

In addition, plan on submitting nominations for awards, reference proposals and poster presentations by the requisite deadlines. Further information on all these activities can be found within this issue.

2013 NNA Annual Convention Schedule continued on page 3

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President's Column

Teresa Anderson, EdD, MSN, RNC-OB, NE-BC

I have been hearing great things from members about the energy and excitement rippling through the NNA. Members, who have never volunteered before, are volunteering to assist with committees and task forces. Nurses, who never considered joining a professional organization, are joining; if not NNA, then another professional nursing organization. There's a whisper of change and a ripple of anticipation...



Teresa Anderson

This is what it looks like when nurses sense that they are truly being empowered. They dare to hope that things can be different, and they begin to see that their contribution can make it happen. Through my work as an ANCC Magnet Program® consultant, I see this phenomenon every week. I watch novice nurses grow into expert leaders, controlling their practice at the bedside and improving the workplace for themselves and others. This is the vision I have for the NNA. To watch our members revitalize the NNA into a "living" organization comprised of like-minded nurses who want to make a difference. Nurses who think it is worth \$23.58 or less per month to support the voice of nursing and to feed the fire of change in healthcare.

Repeatedly, I hear the phrase "member value." It is coming at me in ANA emails, from the association management literature, and from members and non-members.

What is the Member Value of NNA?

I ask you to consider the question, "Why did you become a nurse?" For me, it was science, service, wanting to be like my mother, and never wanting to drive past an accident scene without the knowledge and skills to help save a life. However, for each nurse in Nebraska, the United States, or the world, that reason is different and personal. I believe that member value is also different and personal for each member. It is a personal decision to live above the line of accountability, to be the nurse who makes a difference, volunteers, and advocates for patients and the profession; instead of living below the line in blame, criticism, and waiting for someone else to take care of the problem.

In the words of the newly elected Pope of the Roman Catholic Church, "power is service" and I am using the power of this honorable position to serve the members by creating an infrastructure where every nurse can define "value" for themselves. I envision an association that takes on the hard questions – safe staffing, workplace violence, nurse fatigue, veterans' rights, scope of practice for NPs and RNs within assisted living facilities, and other public safety issues – while providing mentoring, networking, and professional development options for nurses. It is not our role as the association to serve up a menu of value options; it is the role of our members to engage within the structure to actively create the value they need. What a member may need within the first year of practice differs from their needs in the third year, tenth year, twenty-fifth year, or fiftieth year. An inviting and welcoming nursing community, with a fluid structure and open dialogue will be the association of value for all nurses in our state. NNA stands for collaboration, advocacy, respect, and education. The value for each member is still to be defined.

Visit www.nebraskanurses.org to become a member.

We will be defining the NNA of the future at the 2013 NNA Convention and House of Delegates on October 18-19, 2013, in Kearney, Nebraska. All members and non-members should plan to attend and be part of the dialogue. You owe it to yourself and your patients. All are welcome!

Share your ideas and thoughts with me anytime!
Teresa (Terry) Anderson
nnapresident@nebraskanurses.org



NNA President Terry Anderson presents NSSNA member Ryan Wood a certificate for a year membership to NNA



www.NebraskaNurses.org

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NNA's Mission:

The mission of the Nebraska Nurses Association is to foster high standards for nursing practice, stimulate and promote the professional development of nurses, and advance their professional security, and to work for the improvement of health standards and availability of health care services for all people. (Adopted 10/95, NNA House of Delegates)

NNA's Vision:

Nebraska Nurses Association will be an effective voice for nurses; and an advocate for Nebraska consumers on issues relating to health. (Affirmed 12/04/2004, NNA Board of Directors)

Critical Success Factors for Vision:

- State and districts set mutual priorities
- Evaluate the success of the restructuring of NNA
- Enhance grass roots activities for membership involvement
- Advocate for statewide quality healthcare (Affirmed 12/04/2004, NNA Board of Directors)

NNA's Core Issues:

1. Workplace Rights
2. Appropriate Staffing
3. Workplace Health & Safety
 - a. Patients
 - b. Community/Public Health
 - c. Workplace
4. Continuing Competence (Affirmed 12/04/2004, NNA Board of Directors)

NNA's Official Publication:

The *Nebraska Nurse* is the official publication of the Nebraska Nurses Association (NNA) (a constituent member of the American Nurses Association), published quarterly every March, June, September and December. The NNA provides education, networking opportunities, publications and other products and services to its members and extends its mission to all nurses in Nebraska.

Phone: (402) 475-3859

You can leave a message at any time!

Email: Executive@NebraskaNurses.org

Web site: www.NebraskaNurses.org

Mail: PO Box 82086

Lincoln NE 68501-2086

Questions about your nursing license?

Contact the **Nebraska Board of Nursing** at: (402) 471-4376. The NBON is part of the Nebraska Health and Human Services System Regulation and Licensure.

Questions about stories in the *Nebraska Nurse*?

Contact: NNA.

This newsletter is a service of the Nebraska Nurses Association and your receipt of it does not mean you are automatically a member. Your membership in support of this work is encouraged; please visit www.nebraskanurses.org.

Photo on front page: **Scotts Bluff National Monument**
Photo by: M. Forsberg, Nebraska DED
"Scotts Bluff was one of the key geographic landmarks pioneers sought on their journeys westward."

Writer's Guidelines:

Any topic related to nursing will be considered for publication in the *Nebraska Nurse*.

Although authors are not required to be members of NNA, when space is limited, preference will be given to NNA members.

Photos are welcomed, digital is preferred. The NNA assumes no responsibility for lost or damaged photos.

Submitted material is due by the 12th of the month in January, April, July and October of each year.

You may submit your material in the following ways:

Prepare as a Word document and attach it to an e-mail sent to anna@nebraskanurses.org.

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2013 NNA Annual Convention Schedule continued from page 1

Proposed Schedule:

Transformational Leadership from Boardroom to Bedside: Quality and Innovation

The 2013 Nebraska Nurses' Association Convention and House of Delegates

Thursday, October 17th	
1600 – 1730	Exec Committee/Bylaws Committee meeting with Parliamentarian
1730 – 1830	Board of Directors Meeting
1830 – 2000	Patron Party (Proceeds to the NNA Foundation)
Friday, October 18th	
0730 – 0830	Continental Breakfast, Vendors, and First Time Attendees Meeting Credentialing of Delegates Silent Auction Items Due Welcome
0830 – 0930 1.0 Hours	Update - ANA Transformation 2012-2013 Cindy Balkstra, MSN, Pulmonary CNS American Nurses Association, First Vice President United Hospice, Gainesville, Georgia Clinical Consultant, CareFusion/Adecco, San Diego, California
0930 – 1000	Break: Vendors and Posters Silent Auction Bidding
1000 – 1115 1.25 hours	Technology: The Forefront of Inter-Professional Collaboration Roy Simpson, DNP, RN, DPNAP, FAAN Vice President, Nursing Cerner Corporation, Kansas City, Missouri
1115 – 1200 0.75 hours	Leveraging the MSD Model for Thriving SNAs Jill Kliethermes, MSN, RN, FNP-BC Midwest Multi-State Division Leader Chief Executive Officer, Missouri Nurses Association (MONA)
1200 – 1300 1.00 hours	LUNCH: NNA: State of the Association Message Teresa (Terry) Anderson, EdD, MSN, RNC-OB, NE-BC President, Nebraska Nurses Association ANCC Magnet Program® Consultant Chief Nursing Officer, Voalte, Inc., Sarasota, Florida
1300 – 1330	Break: Vendors and Posters – Final Session Credentialing of Delegates Silent Auction Bidding
1330 – 1430 1.0 hours	Panel - Q& A (Morning Speakers) Moderator: Douglass Haas – NNA Delegate to the ANA Membership Assembly and Chair, Commission on Practice and Professional Development
1430 – 1530	Reading of Reference Proposals Douglass Haas, RN, BSN, MSN Student Chair of the Commission on Nursing Practice and Professional Practice Open Forum: NNA Governance and Transformational Bylaws Q&A Winnie Dolph, RN, BSN, MSN Vice President, Nebraska Nurses Association Chair, Bylaws Committee
1530 – 1600	Break: Credentialing of Delegates – Final Opportunity Silent Auction Bidding
1630 – 1730	HOD Session 1 – NNA Transformational Bylaws Teresa (Terry) Anderson, EdD, MSN, RNC-OB, NE-BC President, Nebraska Nurses Association
1730 – 1800	Social Time and Silent Auction Closing Bids (Proceeds to the Scholarship Fund)
1800 – 2000 1.0 hours	Dinner and A Movie: “NURSES If Florence Could See Us Now” Annual Awards Change Drive (Proceeds to the NNA-PAC)
2030 -2230	The President's Birthday Party and Movie Night:

Saturday, October 19, 2013	
0800 – 0830	Continental Breakfast Credentialing of Delegates
0830 – 1030	HOD Session 2 – NNA Transformational Bylaws (Continued) Reference Proposals Teresa (Terry) Anderson, EdD, MSN, RNC-OB, NE-BC President, Nebraska Nurses Association
1030 – 1100	Break
1100 – 1230	HOD Session 3 – Bylaws Revision - ANA/DNA changes (ANA Membership Assembly/results NNA Transformation Bylaws Changes Dues Policy
1230 – 1330	Lunch Planning Forum – Convention 2014 and Other State and Regional Events Teresa (Terry) Anderson, EdD, MSN, RNC-OB, NE-BC President, Nebraska Nurses Association
1330 – 1530*	HOD Session 4 – Dues Policy Continued Election Results and Installation of Officers President's Message 2013 HOD Closes
1600 – 1700*	Executive Board and Bylaws Committee with Parliamentarian Departure for Home* Times will vary based on progress of HOD work.

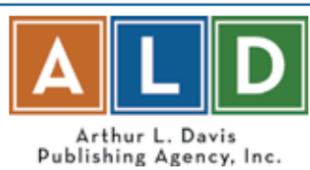
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2013 NNA Annual Convention continued from page 3

NNA Awards

General Guidelines

The nominee must be an NNA member. A colleague having personal knowledge of the nominee's abilities and contributions that reflect the focus of the specific award should write the letter of nomination. Additional letters of support are encouraged. Please include the nominee's credentials in the letters of nomination. A CV of the nominee

is helpful but not required. Each district is expected to nominate someone for each award category. Districts are limited to one nominee per category. Selections will be made by the Convention Awards Committee. **Deadline for submitting nominations is August 15, 2013**

NNA Nurse of the Year Award

The focus of this award is on outstanding achievement in nursing over a one-year period. The nominee must be directly involved in nursing through clinical practice, education, administration or research and have made a positive impact on the quality of nursing care or the nursing profession.

NNA Outstanding Achievement in Nursing Award

The focus of this award is on achievement in nursing over a cumulative number of years. There must be evidence of distinguished contributions to nursing at the local, state or national level.

NNA Distinguished Service Award

The focus of this award is on the nominee's service to the NNA at the district or state level.

NNA Outstanding New Nurse Award

The focus of this award is outstanding achievement in nursing by an RN practicing for five years or less since graduation from a basic nursing program.

NNA Outstanding Staff Nurse Award

The focus of this award is on achievement in nursing by a nurse providing direct patient care. The nominee is recognized for nursing expertise provided in a caring, professional manner.

NNA Outstanding Nurse Educator Award

The focus of this award is on achievement by a nurse whose primary role is as an educator. The nominee must be directly involved in patient education, nursing education, continuing education or staff development. The award recognizes innovation and expertise in the educator role.

Remember....the deadline for submitting award nominations is AUGUST 15, 2013. You may submit your nominations via mail or online at www.NebraskaNurses.org

Call for Poster Presentations

At NNA's Annual Convention
**Transformational Leadership from
 Boardroom to Bedside:
 Quality and Innovation**
 October 18-19th 2013
 Holiday Inn, Kearney, Nebraska

Abstracts are being solicited for the poster sessions describing initiatives and creative strategies that address challenges and issues in nursing. A broad range of topics will be accepted.

**ABSTRACT SUBMISSION DEADLINE:
 July 15, 2013**

- Limit to one page typed. Include in outline format: title, purpose, summary and implications for nursing practice in the future.
- Include a cover sheet that lists the following: title of abstract, author(s) name(s), credentials, position/agency, address, e-mail address and home and work telephone numbers. Indicate the primary contact person and his/her e-mail address. Abstracts will be blind reviewed.
- Written notification will be sent the week of **August 5th, 2013**
- Submit abstracts to (or for more information contact): lynnee@nebraskanurses.org

Call for Reference Proposals

Reference Proposals suggest the Nebraska Nurses Association's actions in regards to certain issues or ideas. They are presented to and voted upon by the NNA's House of Delegates during the Annual Convention.

Definition: Proposals are documents presented to the House of Delegates, which describe positions of the Association or propose the need for action to be taken.

What they do: Approved proposals guide and direct what NNA is to do during a given period of time.

Why proposals are important: It's a way for members to assure that the association will focus on matters that concern them.

Deadline: July 1, 2013 for all but emergency proposals. This allows the committee sufficient time to review the proposal and complete its charge of accepting, editing, consolidating, referring or rejection. It also will permit the committee sufficient time to consult with the submitter and/or with other relevant groups, should there be a need. Emergency proposals are accepted after the deadline date and up to 5:00 pm on October 18, 2013.

Who can submit a proposal? Individual NNA members, district nurses associations, NNA structural units and the NNA Board of Directors may initiate proposals. When several groups are concerned about the same issue, collaboration is appropriate and valuable. The committee is available to assist any member or group in drafting proposals and urges that its help be solicited if there are any questions.

How can I find out more? A sample proposal that demonstrates the correct proposal format is posted on the NNA website at: www.NebraskaNurses.org

How can I improve the chances my proposal will be accepted? Applicants should make every effort to fit the proposal into the long-term goals of NNA and suggest specific activities to accomplish their intent. However, the Board of Directors is responsible for determining plans for final action.

What happens to the proposal? During Convention, October 18-19, the Reference Committee will sponsor hearings on the proposals to provide information on issues and to provide an opportunity for clarification, discussions and perfection of the proposal prior to action by the House of Delegates. The Delegates should plan to attend these hearings and work with the committee in order to move the actions of the House forward during its scheduled sessions.

Remember....the deadline for submitting proposals is JULY 1, 2013



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2013 NNA Ballot - Candidate Information

The 2013 Nominating Committee for the Nebraska Nurses Association has proposed the following slate of candidates for the Association's 2013 election. The ballot for this year includes President Elect and Secretary, as well as positions on the Commissions on Advocacy and Representation (CAR) and Nursing Practice and Professional Development (NPPD).

To help you make your decision, a brief description of each position on the ballot is provided. Information for each candidate (organized by the positions on the ballot) is listed alphabetically. Balloting will be available electronically via the NNA web site. You will need your NNA member username and password to vote.

President-Elect

Description of Duties:

The president-elect of NNA shall assume duties of the president in the president's absence or at the discretion of the president, and other duties as assigned by the Board of Directors.

Number of

Candidates: 1

Candidate:

Teresa L. Anderson, EdD, MSN, RNC-OB, NE-BC

Demographics

tlanderson@cox.net

NNA District 2, Douglas County Congressional District 2

Work Experience

2011-Present: Chief Nursing Officer, Voalte, Inc.
2005-Present: Consultant, ANCC Magnet Program
2005-2008: Director, Alegant Health Center for Nursing Excellence
2002-2005: Director, Alegant Health Magnet Program

Education

EdD: College of Saint Mary, 2011
MSN: UNMC, 1987
BSN: UNMC – Lincoln Division, 1983
AND: UNMC – Lincoln Division, 1981

Professional Membership

Organizational Experience

- AONE/NONL – District I Secretary, 2006 -2008
- ANA/NNA – Chair, Commission on Nursing Practice and Professional Development; District 2 Delegate and Member Nominations Committee
- AWHONN – Nebraska Section, Education Committee, 2006 – 2008
- STTI, Iota Tau Chapter – President, 2008 – 2010; President Elect, 2006 – 2008; Raffle Chair – 2004-2008
- UNMC Alumni Association, member

Goals for Leadership Role

1. To provide consistent, transparent participatory leadership for the members of the organization while navigating the organization toward a sustainable structure and processes.
2. To foster high standards of nursing practice, and to promote professional development and advancement.
3. To enhance member value by leveraging resources at the national (ANA benefits), regional level (Multi-State Division), and state (NNA infrastructure and advocacy) while assuring ethical and fiscal accountability and quality of services
4. To continue the transformation of the NNA into a flexible, efficient, collaborative, and respectful association of which all nurses in Nebraska can be proud to belong.

Secretary

Description of Duties:

The secretary of NNA shall be responsible for ensuring that records are maintained of meetings of the NNA House of Delegates, the Board of Directors, and the executive committee of the board, notify constituent members of meetings of the NNA House of Delegates, and assume other duties as assigned by the Board of Directors

Number of

Candidates: 2

Candidate:

Colleen Dygert, BSN, RN

Demographics

dygert@windstream.net

NNA District 1, Adams County
Congressional District 3

Work Experience

2010 – present: Independent contractor conducting health fairs for businesses
2010-present: Volunteer Camp Nurse, Royal Family Kids Camp
1967-2007: Maternal-Child staff nurse, Mary Lanning Healthcare

Education

BSN: Creighton University School of Nursing, 2000
Diploma: Mary Lanning Memorial School of Nursing, 1967

Professional Membership

Organizational Experience

- ANA NNA – member since 1968; have held office of District President, VicePresident, and served on several committees at district and state level. Have served on Commission on Nursing Practice and Professional Development and previous NNA commissions; served as Acting Secretary in past NNA House of Delegates
- AWHONN – member since 1991
- Association of Collegiate Scholars

Goals for Leadership Role

1. Accurately record minutes of Board of Directors, executive committee, House of Delegates meetings, and other duties as assigned.
2. Promote the nursing profession through my contact with others through this position.
3. Promote the core values of NNA. (C.A.R.E.)
4. I hope to influence other nurses of value of membership and participation with professional organization.

Candidate: Connie L. Morrill, BSN, RN

Demographics

cmorrill56@yahoo.com
NNA District 5, Scotts Bluff County
Congressional District 3

Work Experience

2008-present: Staff RN, Regional West Medical Center
2011-2013: Pharmacy Med Rec RN, Regional West Medical Center
2003-2008: Surgery Aide, Regional West Medical Center
1985-2002: Veterinary Technician/Research Technician, University of Nebraska Veterinary Diagnostic Lab

Education

BSN: UNMC – Scottsbluff Division, 2008
AAS Nursing: Western Nebraska Community College, 2007
AAS Veterinary Technology: University of Nebraska School of Technical Agriculture, 1977

Professional Membership

Organizational Experience

- Unit Care & Practice Council, Secretary – Ortho/Neurosurgical Unit, Regional West Medical Center, 2013
- ANA/NNA — Delegate, NNA Convention 2008-2012
- Nurse Pharmacy Committee – Regional West Medical Center, 2011- present
- Evidence Based Practice Committee, Secretary – Regional West Medical Center, 2010
- Recording/Financial Secretary – Morrill United Methodist Church, 1995-2005

Goals for Leadership Role

1. To keep an accurate record of NNA meetings via conference call or in person
2. Learn more about the inner workings of my state organization.
3. I have been recording secretary for numerous organizations over the years and feel well qualified to hold this office if elected.

Commission on Advocacy and Representation

Description of Duties:

The role of the Commission on Advocacy and Representation will be to plan and implement activities related to professional security, client and nurse advocacy and, based on NNA's legislative platform, will represent NNA's positions on state and local concerns. The Commission on Advocacy and Representation shall:

1. Receive and disseminate information about workplace issues to the districts and individual members;

2. Develop mechanisms which are proactive and responsive to workplace advocacy issues;
3. Analyze the implications of federal, state, and local legislation on nursing and health care services for all people;
4. Develop and recommend to the House of Delegates a state legislative platform which reflects professional standards and social concerns;
5. Promote NNA's legislative positions through dissemination to structural units and individual members;
6. Enlist the expertise of individual members to respond to health care issues;
7. Communicate NNA's position on legislative issues.

Number of Candidates:

- 3 – Congressional District 1 (Jones, Spohn, Stones)
4 – Congressional District 2 (Connelly, Furlong, Phelan, Smidt)
2 – Congressional District 3 (Mitchell, Wehrman)

CAR Representative – Congressional District 1

Candidate: Shannon Jones, ADN, RN

Demographics

shannonjonesrn@yahoo.com
NNA District 2, Sarpy County
Congressional District 1

Work Experience

2012-present: Staff RN, Prime Home Health
2011-present: Staff RN, All Midlands Staffing

Education

BSN: UNMC – Omaha Division, May 2013 (anticipated)
ADN: Metropolitan Community College, 2012 with Honors

Professional Membership

Organizational Experience

- ANA/NNA – member since 2012, Delegate, NNA Convention 2012; NNA Transition Team Member
- SNA, Metropolitan Community College – 2011-2012, President Spring Semester 2011
- Phi Theta Kappa Honor Society, Metropolitan Community College, inducted 2011
- League of Women Voters, 2012-present

Goals for Leadership Role

As both a new RN and member of NNA, I am looking for opportunities to participate in the advancement of my profession. I am eager to contribute in areas where I might be beneficial and to grow my understanding of the dynamics of our organization. I have always had an interest in the legislative process. I have an application pending to enter the graduate program at UNMC; recent events have shifted my career goals more towards public health and a law degree. I feel that my participation in CAR may not only benefit NNA but may help me reconsider my career path. I would love to be considered for a position on CAR, should you feel that my eagerness and qualifications suit the demands. I appreciate your consideration and look forward to a long relationship with NNA!

Candidate: Terrie Spohn, MSN, APRN-NP, FNP-BC

Demographics

tlma143@yahoo.com
NNA District 3, Gage County
Congressional District 1

Work Experience

2012-present: Interim Family Nurse Practitioner, Marathon Health, HealthyU Clinic
2012-present: Family Nurse Practitioner, Independent Contractor, Nebraska House Call Physician, PC, Lancaster County Health Department, General Assistance and Sexually Transmitted Infection (STI) clinics.
2011-2012: Family Nurse Practitioner, Express Care/West Lincoln Family Medicine
2010: Family Nurse Practitioner, Johnson County Medical Center (JCMC)
2009 -2010: APRN, Family Nurse Practitioner, volunteer, People's City Mission Medical Clinic
2003-2007: ICU Registered Nurse, Nebraska Heart Hospital
2003: Hemodialysis Registered Nurse, Advanced Renal Services
2000-2003: Traveler RN, Heartland Health Resources, Bryan LGH

2013 NNA Ballot continued from page 5

Education

Master of Science in Negotiation and Dispute Resolution: Creighton School of Law, Werner Institute (anticipated graduation date, Dec 2014)
 DNP – Family Practice: Creighton University School of Nursing (anticipated graduation date: August 2013)
 Post-Masters Certificate: University of Nebraska Medical Center College of Nursing, Nurse Educator Track, 2010
 MSN: University of Nebraska Medical Center College of Nursing, Family Nurse Practitioner Program, 2010
 BSN: Hawaii Pacific University, 1997

Professional Membership**Organizational Experience**

- Alpha Sigma Nu, inducted 2013
- American Association of Nurse Practitioners (AANP): member
- American Nurses Association (ANA): member
- APRN Lincoln Journal Club: member
- Four Plus More LLC: Owner, Co-President (03/2006-present).
- Multistate Reimbursement Alliance (MSRA), Nebraska Representative, AANP (2011-present)
- Nebraska Action Coalition (NAC), Practice Committee Co-Chair Eastern Region (2011-present)
- Nebraska Center for Nursing: board member, governor appointed position (2007-2010, 2010-2013)
- Nebraska Health Care Alliance: Steering Committee (2011-2012).
- Nebraska Mediation Association: member
- Nebraska Nurses Association (NNA): member; past held positions: AMC Search Committee; Political Action Committee, NNA District 3 Legislative Co-Chair (2010-2011), NNA District 3 Delegate (2008, 2009, 2011).
- Nebraska Nurse Practitioner's Association: NNA Liaison (2012-present); Legislative Committee, student representative (2008-2010).
- Sigma Theta Tau, inducted 1997
- Women's Fund, Ready to Run: member
- HPU Student Nurses Association Junior and Senior Representative, Hawaii Student Nurses Association

Goals for Leadership Role

I have a strong passion regarding nursing advocacy and policy. I believe it is essential that nurses join together to affect legislative change in the health care policy arena. For as long as I can remember as a nurse I have felt a strong desire that nurses must be a part of the solution and have the opportunity to sit at the table and lead those important discussions in health care rather than be a blind follower to change that may not be in the best interest of our patients and our profession. It is vital that nurses be involved in health care discussions within local organizations as well within their state and nationally. Being a part of the CAR I can offer my experience as a nurse and NP as well as continue to be a steward, learning about health care legislation and policy with regards to nursing issues.

Candidate: Linda R. Stones, MS, BSN, RN, CRRN**Demographics**

linda.stones@bryanhealth.org;
lstonesne@gmail.com
 NNA District 3, Lancaster County
 Congressional District 1

Work Experience

2011 to present: Director of Rehabilitation Services and Interim Director of Organizational Quality, Bryan Medical Center
 2006 to 2011: Director of Nursing and VP/Chief Nursing Officer, Madonna Rehabilitation Hospital
 1994 to 2006: Various positions including CEO, Contract Manager, and Director of Mental Health Services, Sentara Healthcare

Education

PhD: All but dissertation, Virginia Commonwealth University, Richmond Virginia; disenrolled 2006.
 MS Business: Johns Hopkins University, Baltimore, MD, 1994
 BSN: Creighton University School of Nursing, 1989
 BS Psychology: Nebraska Wesleyan University, 1988.

Professional Membership**Organizational Experience**

- Alpha Sigma Nu, inducted 2013
- American Association of Nurse Practitioners (AANP): member
- American Nurses Association (ANA): member

- APRN Lincoln Journal Club: member
- Cedar Lake Homeowners Association: President (2005 to present), Vice President (2002-2005), Secretary (2001-2002)
- Four Plus More LLC: Owner, Co-President (03/2006-present).
- Multistate Reimbursement Alliance (MSRA), Nebraska Representative, AANP (2011-present)
- Nebraska Action Coalition (NAC), Practice Committee Co-Chair Eastern Region (2011-present)
- Nebraska Center for Nursing: board member, governor appointed position (2007-2010, 2010-2013)
- Nebraska Health Care Alliance: Steering Committee (2011-2012).
- Nebraska Mediation Association: member
- Nebraska Nurses Association (NNA): member; past held positions: AMC Search Committee; Political Action Committee, NNA District 3 Legislative Co-Chair (2010-2011), NNA District 3 Delegate (2008, 2009, 2011).
- Nebraska Nurse Practitioner's Association: NNA Liaison (2012-present); Legislative Committee, student representative (2008-2010).
- Sigma Theta Tau, inducted 1997
- Women's Fund, Ready to Run: member
- HPU Student Nurses Association Junior and Senior Representative, Hawaii Student Nurses Association

Goals for Leadership Role

I have a strong passion regarding nursing advocacy and policy. I believe it is essential that nurses join together to affect legislative change in the health care policy arena. For as long as I can remember as a nurse I have felt a strong desire that nurses must be a part of the solution and have the opportunity to sit at the table and lead those important discussions in health care rather than be a blind follower to change that may not be in the best interest of our patients and our profession. It is vital that nurses be involved in health care discussions within local organizations as well within their state and nationally. Being a part of the CAR I can offer my experience as a nurse and NP as well as continue to be a steward, learning about health care legislation and policy with regards to nursing issues.

CAR Representative – Congressional District 2**Candidate: Megan Connelly, MSN, APRN-NP, CPNP-AC, CCRN, CNML****Demographics**

mconnelly@childrensomaha.org
 NNA District 2, Douglas County
 Congressional District 2

Work Experience

2009-present: Emergency Services Manager, APRN Practice Coordinator (Emergency Department, Transport, and Trauma), Emergency Department Nurse Practitioner, Children's Hospital and Medical Center
 2006-present: Coordinator of Nursing Informatics and APRN Practice, Children's Hospital and Medical Center
 2003-2009: Cardiothoracic Surgery Pediatric Nurse Practitioner, Children's Hospital and Medical Center
 2002-2003: Cardiac Surgery Advanced Practice Nurse, Children's Mercy Hospital (Kansas City, MO)

Education

DNP: Creighton University, Pediatric Acute Care (anticipated completion, May 2013)
 MSN: University of Nebraska Medical Center, Parent – Child Nursing, 1997
 BSN: Midland Lutheran College, 1990

Professional Membership**Organizational Experience**

- ANA/NNA – member
- Sigma Theta Tau, Iota Tau Chapter – member
- American Academy of Nurse Practitioners – member
- Society of Pediatric Nurses/Nebraska Society of Pediatric Nurses – member
- Emergency Nurse Association – Operations Committee, member
- Air & Surface Transport Nurses Association – member
- Pediatric Trauma Society – member
- AONL/NONL - member
- National Association of Pediatric Nurse Practitioners – member
- Society of Pediatric Cardiovascular Nurses – member
- American Nurses Informatics Association – member (2005-2008)

- CARING (Connecting, Sharing, & Advancing Healthcare Informatics) – member (2006-2008)

Goals for Leadership Role

Throughout my nursing career, advocacy and health policy were terms that I purposefully stayed away from. I began my DNP program in 2010 and took my first Health Policy class. I completely was immersed and found a passion that I long avoided. The professor of the class taught it in such a manner, that I not only learned the importance of policy in our profession, but I wanted to become involved. Since then, I have become involved with advocacy and policy in our hospital and also through my nurse practitioner organization. I was honored with the Nurse in Washington Internship Scholarship this year and went to Capitol Hill in March. It was such a great honor to represent nurses to our policy makers and it only grew my passion.

My goal for being a member on this committee is to increasingly become involved and learn from others in nursing who are skilled in this area. I would like to continue to develop my knowledge and become a leader in our state for our profession. This opportunity would be a tremendous way to accomplish this goal. Thank so much for your consideration.

Candidate: Beth Furlong, PhD, JD, RN**Demographics**

Furlongbeth68@gmail.com
 NNA District 2, Douglas County
 Congressional District 2

Work Experience

2011-present: Associate Professor, Center for Health Policy and Ethics, Creighton University
 2003-2010: Associate Professor, School of Nursing, Creighton University

Education

JD: Creighton University School of Law, 2000
 PhD: University of Nebraska, Political Science, 1993
 MS: University of Colorado, Community Health Nursing, 1971
 BSN: Marycrest College (Davenport, IA), 1964
 Diploma: Mercy School of Nursing (Davenport, IA), 1963

Professional Membership**Organizational Experience**

- ANA/NNA – member since 1971; current Chair of the Commission on Advocacy and Representation; served many years as member of the Legislative Committee of NNA, District 2; served many years as Delegate to the NNA Convention; current Board Member of NNA District 2 and many past years; and elected 5 times as NNA Delegate to the ANA House of Delegates
- American Public Health Association/Public Health Association of Nebraska - member
- Association of Community Health Nurse Educators - member
- American Society of Bioethics and Humanities - member
- Sigma Theta Tau and Iota Tau - member

Goals for Leadership Role

I have been a policy activist for five decades. I understand the Social Determinants of health and that structural changes need to be made to assure an enhanced health status for the whole population of Nebraska. Being an engaged policy activist is one way to enact changes (state policies) that assure that nurses can best function in the manner in which they have been educated and to promote or oppose policies for the health betterment of the Nebraska population. Emerging nurse practitioner legislation in the 2014 Unicameral will be a specific priority for NNA to promote.

Candidate: Jean Phelan, MS, RN**Demographics**

jdphelelan@cccneb.edu
 NNA District 2, Sarpy County
 Congressional District 2

Work Experience

2003-present: Nursing Education, Instructor
 Metropolitan Community College

Education

MS – Nursing Education: DePaul University (Chicago, IL)
 BSN: Creighton University School of Nursing

Professional Membership**Organizational Experience**

- ANA/NNA – member
- NNA Commission On Advocacy And Representation - member
- Planning Committee for Nurses Day at the Legislature – member, 2010-2013

2013 NNA Ballot continued from page 6

Goals for Leadership Role

None provided

Candidate: Brenda Smidt, MS, BSN, RN

Demographics

smidtconsulting@nebraskamed.com
NNA District 2, Douglas County
Congressional District 2

Work Experience

2007-present: Coordinator, Nursing Professional Practice and Development
2005-present: Director, Magnet Program
2001-2007: Staff Nurse, Medical/Surgical/Orthopedic/Neurological

Education

MS – Healthcare Leadership Business Management: Clarkson College, 2006
BSN: Creighton University School of Nursing, 2001
ADN: Central Community College, 1998
LPN: Central Community College, 1993

Professional Membership

Organizational Experience

- ANA/NNA – member
- Infusion Nurses Society – member

Goals for Leadership Role

In this day and age of continual change for healthcare, hospitals, and the nursing profession, I believe that my personal interest and professional experience will allow me to be a functional member of the CAR to address state and local concerns. In my current position, I am accountable to know and monitor state and federal regulations, in addition to being aware of any legislative impacts to our hospital and the nursing profession. My goal is to seek the input of nursing constituents in analyzing legislation and advocate for resolution for work place issues.

CAR Representative – Congressional District 3

Candidate: Terri Mitchell RN

Demographics

mitchell@westholtmed.org
NNA District 6, Holt County
Congressional District 3

Work Experience

1983-present: CNO, West Holt Memorial Hospital, past positions – staff nurse, nursing supervisor

Education

Diploma: Bryan Memorial School of Nursing, 1973

Professional Membership

Organizational Experience

- ANA/NNA – member
- ENA – member
- INS – member
- No offices held in these organizations.
- Served as president of our local school board for several years.

Goals for Leadership Role

Promote more nursing involvement in the legislative process. Learn more about the Legislative process. This year will be my 30th year working at West Holt Memorial Hospital.

Candidate: Barb Wehrman, MS, BSN, RN

Demographics

barb.wehrman@unmc.edu
NNA District 1, Nuckolls County
Congressional District 3

Work Experience

2011-present: Instructor, University of Nebraska Medical Center, College of Nursing
2008-2011: Instructor, Central Community College
2007-2010: Acute Rehab Department Mary Lanning Hospital
2006-2007 and 1998-2002: Heartland Home Health
2002-2006: Home Health Department Broadstone Home Health

Education

PhD – Nursing: South Dakota State University (coursework May 2011-2013)
MS – Nursing Education: Nebraska Methodist College, 2010
BSN: Kearney State College, 1983

Professional Membership

Organizational Experience

- ANA/NNA – member
- Sigma Theta Tau International, Gamma-Pi-At-Large Chapter – member

Goals for Leadership Role

I have been a member of NNA/ANA at various times in my career, but have never been actively involved. I would like to become more involved in this organization

for professional nursing. My initial goal in serving on this commission is learn more about the opportunities and responsibilities of being a nurse in Nebraska. I would like to be able to understand how I can support nurses and health care recipients as we navigate the changes in health care delivery. I am interested in the legislative process and how it can be translated to those trying to understand the changes in health care. My goals will also include promoting nurses and health care in Nebraska by communicating NNA values in legislative and political processes and in the variety of workplaces that Nebraska nurse provide care.

Commission on Nursing Practice and Professional Development

Description of Duties:

The role of the Commission on Nursing Practice and Professional Development will be to plan and implement activities related to nursing practice and professional development. The Commission on Nursing Practice and Professional Development shall:

1. Promote the application of ANA standards for nursing practice;
2. Evaluate relevant scientific and educational developments, changes in health needs and practices, with reference to their implications for continuing nursing education;
3. Promote the correlation of educational standards and practice competencies;
4. Address and respond to human rights and ethics concerns related to nursing practice, education, and research;
5. Promote the Code for Nurses; and
6. Promote the utilization of research findings through dissemination of information to all areas of nursing.

Number of Candidates:

- 2 – Congressional District 1 (Lainof, Pohren)
- 2 – Congressional District 2 (Eilers, McNeil)
- 1 – Congressional District 3 (Haas)

NPPD Representative – Congressional District 1

Candidate: Carole Lainof, MSN, BSN

Demographics

thelainofs@cox.net
NNA District 2, Sarpy County
Congressional District 1

Work Experience

Clinical and Education Nurse – Community Health, Interim HealthCare
Associate Professor – Community Health and Public Health Science, Nebraska Methodist College

Education

MSN: University of Nebraska Medical Center, 1998
MS – Health Education: SUNY (Cortland, NY)
BSN: Medical College of Virginia, 1967

Professional Membership

Organizational Experience

- ANA/NNA – member, past NNA President 2006-2008; ANA Delegate 2006, 2008; ANA Honorary Awards Committee 2011-2013
- Sigma Theta Tau, Tau Tau Chapter – member
- PHAN – member

Goals for Leadership Role

Continue advocacy for RNs to practice to their full scope of practice. Continue to advocate for independent APRN practice. Provide excellent opportunities for continuing education for all nurses in Nebraska. Work continuously for the implementation of the IOM recommendations for nursing practice in Nebraska.

Candidate: Elaine Pohren, MSN, RN-BC

Demographics

epohren@nebraskamed.com
NNA District 2, Saunders County
Congressional District 1

Work Experience

2011-present: Medication Safety Nurse, The Nebraska Medical Center
2007-2011: Lead Coordinator, Nursing Practice and Professional Development, The Nebraska Medical Center
2000-2007: Ambulatory Education Coordinator, Clarkson West Medical Center, The Nebraska Medical Center

Education

MSN: University of Nebraska Medical Center, 1984
BSN: Seton Hall University, 1976

Professional Membership

Organizational Experience

- ANA/NNA – member, District 2 Bylaws Committee, NNA Convention Delegate
- Sigma Theta Tau, Gamma Pi Chapter – member

Goals for Leadership Role

As this is an exciting time for NNA with many changes ahead and having been a member of NNA for several years, it is time to be more active as important decision are made about nursing within the state. My work positions as well as personal interest have prepared me to a member of this commission with experience related to professional practice, education and clinical competence of nursing staff, and the application of evidence-based care in clinical settings. Additionally I am ANCC-certified in Nursing Professional Development. My goal is to seek the input of nursing constituents in commission activities.

NPPD Representative – Congressional District 2

Candidate: June Eilers, PhD, APRN-CNS, BC

Demographics

jeilers@nebraskamed.com
NNA District 2, Douglas County
Congressional District 2

Work Experience

2003-present: Clinical Nurse Researcher, Office of Nursing Research and Quality Outcomes

Education

PhD: University of Nebraska Medical Center College of Nursing, 1996
MSN: Medical/Surgical Clinical Nurse Specialist, University of Nebraska Medical Center, 1974
BSN: University of Nebraska School of Nursing, 1971

Professional Membership

Organizational Experience

- ANA/NNA – member since 1971
- ONA/MOCONS – member since 1977, Evidence Based Practice Putting Evidence into Practice Team, Nominations Committee
- MASCC – member since 1980, Evidence Based Practice Team
- Sigma Theta Tau, Gamma Pi Chapter – member, Scholarship Team

Goals for Leadership Role

Assist the Nebraska Nurses Association with articulating and promoting evidence-based practice that supports the role of nurses in improving patient outcomes.

Candidate: Francie McNeil, MSN, RN

Demographics

franciemcneil@yahoo.com
NNA District 2, Douglas County
Congressional District 2

Work Experience

2004-present: Nurse Case Manager/Care Coordinator, UNMC Physician's Pediatric Clinic - Children's Physician's at UNMC
2004: Home Health Nurse, Bayada Home Health Nursing (Bryn Mawr, PA)
2002-2004: Nurse Coordinator Urogynecology & Continence Center, University of Pennsylvania

Education

MSN: University of Nebraska Medical Center College of Nursing, 2013
BSN: University of Nebraska Medical Center College of Nursing, 1997

Professional Membership

Organizational Experience

- Nebraska State Board of Nursing, Staff Nurse Member appointed 12/2010, term ends 12/2015
- National Council of State Boards of Nursing (NCSBN) 2010 - present
- American/Nebraska Nurses Association (ANA/NNA) – member
- National Association for Continence (NAFC) 2002-2004
- American Urogynecology Society (AUGS) 2001-2003
- Society of Urologic Nurses and Associates (SUNA) 1999-2004
- Sigma Theta Tau- member, 1997-1998, 2011-current

2013 NNA Ballot continued on page 8

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Midwest Multi-State Division Update

Jill Kliethermes, MSN, RN, FNP-BC

Thank you for the opportunity to introduce myself as your Midwest Multi-State Division (MSD) Leader. I am Jill Kliethermes, MSN, RN, FNP-BC and current Chief Executive Officer of the Missouri Nurses Association. The American Nurses Association (ANA) has given us the opportunity to conduct a 2 year pilot project on Multi-State Divisions. The following states are currently included in the Midwest MSD: Iowa, Kansas, Missouri, Nebraska, North Dakota, South Dakota, and Wisconsin.

So what is this MSD really all about you may ask? The Midwest MSD will operate as a unified entity yet retain the unique state identities. There is a great opportunity to leverage the mass of several state operations with unifying tools and technologies, while providing the constituent their unique state-specific experiences and utilizing the ANA capabilities.

The Midwest MSD will implement a stream-lined business operations model that leverages common capabilities of the State Nurses Associations (SNA) and ANA to enhance the multi-state operations. Through this joint, collaborative effort the Midwest MSD will be more efficient and profitable, allow for more effective advocacy and membership recruitment, and retention efforts in the SNAs. The overarching goal is for the SNAs to grow and become more vital and visible in the future.

The Midwest MSD will develop a model for work flow to include the function and percentage of time spent on MSD functions, train and transition staff to new positions, roles, functions, and responsibilities, address any function design problems, and ensure quality output of MSD functions.

The criteria for success of the Midwest MSD function will be to increase revenue for each SNA member; transfer of SNA operational business functions and processes (as applicable) to the Midwest MSD; increase in membership within the division; increase visibility and viability for each SNA member; the member will see increase responsiveness and relevance from their SNA.

The establishment of best practice operational work and function for the Midwest MSD will be a work in progress. The SNAs will work collaboratively and in partnership to achieve the greater goal.

This pilot creates multiple opportunities for SNAs to work together and work smarter in the future. Understand the pilot is a work in process and we will try different ideas to see what works and what may not work. I will be spending 90% of my time over the next year focused on the work at the Midwest MSD level and 10% on oversight of the Missouri Nurses Association.

One of my goals is to have at least one staff person in each SNA who is actively working on membership recruitment/retention and advocacy. Some of the SNAs in the Midwest MSD already have some staff, which is wonderful; however for those SNAs who currently do not have staff we want to help you grow in order to have staff person(s) in your SNA.

I am very excited to be working with the Midwest MSD and believe there are many opportunities for each of us as we pilot this new way of conducting business. I will end with a quote that I use often: "Believe and act as if it were impossible to fail and we are all in this together."

2013 NNA Ballot continued from page 7

Goals for Leadership Role

To dedicate myself to being an instrumental part of the NPPD team in order to improve the commission's effectiveness.

NPPD Representative – Congressional District 3
Candidate: Douglass Haas, BSN, RN, CCRN
Demographics

Rn2succeed@gmail.com

NNA District 4, Buffalo County

Congressional District 3

Work Experience

2013-Present: Graduate Assistant, University Of Nebraska Medical Center

2011-Present: Staff Nurse Good Samaritan Hospital, Emergency Department, previously Progressive Care Unit

2008-2010: Medication Aide, Wel-Life Assisted Living

2002-2007: Certified Nursing Assistant, Garden County Health Services

Education

MSN: University of Nebraska Medical Center

College of Nursing, began program August 2012

BSN: University of Nebraska Medical Center College of Nursing, 2009

Professional Membership

Organizational Experience

- ANA/NNA – member; ANA Membership Assembly Constituent 2013, CAR member 2011-2013, NPPD member 2012-present (co-chair, 2013), District 4 Social & Legislative Council Chair January 2011-Present
- American Association of Critical Care Nurses – member
- Progressive Care Unit Based Council – member 2010, chair August 2011-Present

Goals for Leadership Role

My goals for this leadership role are as follows:

1. Become a positive nurse leader and role model for the current professional image of nursing
2. Work with a team of experts to move the professional image of nursing to a new and higher standard than we are currently allowing ourselves to rest at
3. Be a representative and voice for nurses who either cannot be professionally involved or choose not to be professionally involved.
4. To help make choices that affect all nurses and to look out for the greater good of all nursing.

CEAC Members Needed

Judi Dunn MS, CPP, RN, Co- Nebraska Lead
Nurse Peer Reviewer,
Continuing Education Approval Committee

The Nebraska Nurses Association Continuing Education Approval Committee (CEAC) is looking for new members. The CEAC is a group of dedicated educators and practioners who are responsible for overseeing the ANCC application and administration process for Approved Provider Units in Nebraska to offer continuing nursing education.

The Continuing Education Approval Committee of NNA is accredited by the American Nurses Credentialing Center (ANCC) Commission on Accreditation (COA). In April of 2012, our most recent application for accreditation was awarded "with Distinction, the highest recognition awarded by the American Nurses Credentialing Center's Accreditation Program." Committee members meet face-to-face 2 times a year, and communicate via email and conference calls as necessary. The main activities of the committee are to educate and mentor, monitor adherence of Approved Providers to ANCC/NNA accreditation criteria and to promote quality continuing nursing education.

Required qualifications for CEAC membership include:

- Is a Registered Nurse with a current, valid license to practice as an RN, and a baccalaureate (or higher) degree in nursing.
- Must be a member in good standing of the Nebraska Nurses Association.

In addition to the required qualification, preferred qualifications for members include:

- Education and/or experience in the field of education or adult learning and expertise with staff development and continuing education in a variety of practice settings.
- Demonstrate knowledge and the willingness to learn of the ANCC/NNA Accreditation criteria, and
- Demonstrate excellent communication skills and a commitment to NNA's continuing education program and continuous quality improvement.

If you are interested in joining a vibrant, dedicated group of nurse leaders please contact Judi Dunn MS, RN at 402.552.6123, dunn@clarksoncollege.edu or Kitty Oetting MSN, MA, RN-BC at 402.219.5170, koetting@stez.org.

Review Recommends Removal of IPA for NE NPs

Nebraska Nurse Practitioners (NNP) is pleased to announce that the Credentialing Review Committee received majority votes on all six criteria for the proposal to remove the Integrated Practice Agreement (IPA) requirement with physicians in the state. The Technical Review Board issued a seventh and unanimous vote that recommends that the proposal be enacted by the Legislature.

Core Credentialing Review Committee members had their final meeting with the Technical Review Board on Friday, April 19th in Lincoln to hear deliberation and respond to inquiries prior to the witnessing the final vote tallies. The final seventh vote, deemed to be the most critical in the evaluation process, was accompanied by a single ancillary recommendation from the Board that the proposal that goes before the Legislature includes provisions for entry into practice requirements for new graduate nurse practitioners.

Credentialing Review Committee Chair, Kathy Hoebelheinrich, requested that the Board qualify Advanced Practice Registered Nurses (APRNs) as Nurse Practitioners (NPs) in the final recommendation. She also requested that language in the recommendation replace *supervision* with *mentorship*. Board members further qualified that consideration might be extended to those graduates that can demonstrate desired competencies ahead of a yet to be defined period as a new practitioner. A final written summary of the Technical Review Board proceedings and the ancillary recommendation is pending.

The recommendation of the Board will advance to a subcommittee of the Board of Health for the second phase of the Credentialing Review. NNP is the applicant group for the credentialing review on behalf of approximately 1100 licensed NPs in the state. A credentialing review is a regulatory requirement under the direction of the Board

of Health that all health care professionals must undertake prior to introducing scope of practice legislation. NNP anticipates the introduction of a legislative initiative to remove the IPA to enable full practice authority for NPs in the state in the 2014 legislative session.

Nebraska will join as many as 14 other states with varying scope of practice legislative proposals for NPs in progress in their states. There are currently 18 other states with full practice authority, including neighboring Colorado, Wyoming, and Iowa. The key impetus in Nebraska for removal of the IPA are the shortages of primary care and psychiatric health care providers that are felt most intensely in rural areas of the state. The IPA poses a significant barrier to consumers to access much needed services of NPs as competent and highly qualified providers.

Core Credentialing Committee members Sharon Gossman, Neligh; Julie Sundermeier, Omaha; Sandra Borden, Gibbon; and Kathy Hoebelheinrich, Lincoln were appointed in August of 2012 and have navigated a lengthy and tedious credentialing review process on behalf of NPs in the state. The excitement generated by the final vote of the Technical Review Committee was preceded by an equally significant public hearing on March 22, 2013. Over two dozen Advanced Practice Nurses, nursing educators and administrators, NP practice owners and stakeholders from around the state rallied to prepare and submit testimony on behalf of the proposal.

NNP wishes to acknowledge the faithful meeting attendance and unwaivering support from our colleagues and leadership within the Nebraska Nurses Association (NNA). All are encouraged to visit the DHHS link to view the application for the proposal and proceedings to date at http://dhhs.ne.gov/pages/reg_admcr.aspx. Information about upcoming public meetings for the credentialing review will also be posted there.

Psychiatric APRN

Community Mental Health Center serving north central Kansas is recruiting a Psychiatric APRN to assess a broad range of client needs, provide treatment including medication mgmt.; document progress and perform follow up. This position will serve our Concordia, KS site. NO EVENING or WEEKEND CALL! In addition to a very competitive salary and comprehensive benefit plan, relocation assistance and student loan repayment program are available. For more information and to apply contact: HR Director, 2001 Claflin Rd., Manhattan, KS 66502, (785) 587-4300 or hr@pawnee.org EOE

Nurses' Day at the Legislature 2013

Anna Mackevicius, BSN, RN, PMP

On February 14, 2013 approximately 355 nurses and students came together in Lincoln to learn about and discuss nursing issues. It was a collaborative event, with the following organizations partnering with the Nebraska Nurses Association:

- Nebraska Organization of Nurse Leaders
- Nebraska Organization of Nurse Leaders, District 1
- Nebraska Assembly of Nursing Deans and Directors
- Association of peri-Operative Registered Nurses of Omaha
- American Psychiatric Nursing Association – Nebraska Chapter

The morning workshop included four presentations. The keynote speaker was Stephen Moore, RN. Ms. Moore, recently named the HHS Regional Director, spoke about Nurses and the Affordable Care Act (ACA). Ms. Moore presented the elements of the ACA and

how nurses will be impacted. Teresa Anderson, NNA President, presented on nursing advocacy – past, present, and future. Julie Sundermeier, NNA member, presented her recent experience regarding the effort taken to pass the Respiratory Care Act during the 2012 Legislative session. Lastly, Don Wesley, NNA's Lobbyist, presented legislative bills of concern to nurses. It was a very informative and interesting morning. Stephen Moore's and Teresa Anderson's presentations are available on the NNA website at <http://www.nebraskanurses.org/displaycommon.cfm?an=1&subarticlenbr=75>.

A luncheon with the Senators and their staff followed the workshop. More than 250 nurses and students attended the luncheon and discussed nursing and other healthcare issues. After the luncheon, many of the participants walked to the Capitol Building to observe the legislative bill hearings.

NNA wishes to extend a huge thank you to our partnering organizations, the Planning Committee, and all attendees for helping to make this a very successful Nurses' Day at the Legislature!



NNA President Terry Anderson concludes her presentation on Advocacy.



NNA CAR Chair Beth Furlong poses a question to one of the speakers.



Terry Anderson (NNA President) and Stephen Moore (Keynote Speaker) discuss presentation logistics.



NNA members, Linda Lazure (left) and NAC Executive Director Vicki Vinton (right) speak with Stephen Moore.



Stephen Moore (Keynote Speaker) presents information about the ACA to the audience.



Past and Present NNA Presidents, Rita Weber (left) and Terry Anderson (right).



Stephen Moore (Keynote Speaker) "Nurses will make a difference"



NNA Member Julie Sundermeier presents her experience with a legislative bill.



NNA CAR member Douglass Haas addresses the participants.



NNA Lobbyist and former State Senator Don Wesley reviews current legislative bills.



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District 1

Vacant



District 2



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Kate Pepin

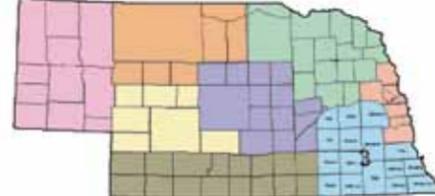


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President:
Jan Tubbs, MS, MSN, RN
H—(402) 423-4716
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Greetings to all and welcome to Spring!

The District 2 Board has been very busy already this year! We meet on the first Monday of each month to provide continuity for planning membership events as well as a forum for issues and concerns.

The March 21st Membership Meeting featured Ms. Ann Van Hoff presenting on the History of Nursing in Omaha at the Home Instead Center for Successful Aging (HICSA) in Omaha. A light supper helped create a spirit of camaraderie; a great evening was enjoyed by those in attendance. Our next District II Meeting will be held on June 20th at 6pm. The venue and presentation will be announced to all via e-mail in advance of the meeting.

The Celebrate Nursing Breakfast will be held at the Georgetowne Club on May 4th from 9am to 11:30am. Registration is \$25 and tables for eight people may be reserved for \$190. The agenda is simple to allow for networking among the membership: there will be a buffet breakfast, a slide presentation, nursing excellence awards, and door prizes. Letters describing the process for nominations for the Nursing Excellence Awards were sent during the first week of March. Please make certain all nominations are sent to Anna on a timely basis. Our speaker will be Ms. Joy Eng, a nursing student at Creighton University. If there are questions about the Breakfast, please ring Ms. Anna Mackevicius on 402-397-3202 or Dr. Kate Pepin on 402-593-7687.

Plans are also being made for video interviews to be held at the Celebrate Nursing Breakfast. The subject, "What Membership has Done for Me," will provide a foundation for a brief video that can be used to promote NNA District II as we reach out to nursing programs to expand our membership. Consent forms will be available for all who wish to participate in the brief interviews.

A Continuing Education seminar is planned for September 12th. Watch this publication for more information or visit the District 2 website (www.nnadistrict2.org).

In a message from NNA President, Terry Anderson, she states the following "...Nebraska Methodist Hospital has applied for Magnet designation. A site visit has been scheduled for May 13-15, 2013. The applicant is now required to post signs at major entrances, exits, and public gathering places inviting public comment on their application. In addition a public notice announcement is being posted on the Magnet web site at <http://www.nursecredentialing.org/Magnet/PublicComment.aspx>. If your organization or any individual within your organization would like to provide public comment, be sure to let me (Terry) know. [She] would be more than happy to communicate with those individuals to ensure that they have the opportunity to comment. The deadline for public comment is May 3, 2013."

Please take advantage of the opportunity to support your colleagues.

That said, I wish you all a beautiful Spring and the best of wishes as you go about your days. Please note: You can also follow District II activities on Facebook, thanks to the efforts of District II members Julia Kass and September Wanzenried.

Florence Nightingale not only founded and helped foster the practice of modern nursing; she was also politically active, using her voice to help bring about what she saw as necessary social change. Nurses today are still helping to influence the ever-changing field of healthcare. In Nebraska, our group works to bring together and empower nurses, each of whom then becomes an effective force of change. I encourage you, our members, to get other nurses involved in NNA. Bring them to the board meetings and activities we have planned this year. By doing so, you'll be helping us meet our goal to increase membership. You'll also be welcoming those new members into a supportive group of colleagues and helping to give them a voice in local and national healthcare discussions. If we could get every nurse in Nebraska to join the association we would be the most powerful force for change in healthcare in the state. I challenge each member to get five new members to join by the end of the year. It is a goal I know we can reach.

It has been a very busy year so far and exciting events coming up. Don't forget to register to attend the Mentor Dinner: featuring speaker Tom Osborne at the Cornhusker Hotel on May 10. During the next two months begin to think of what issues you want the district to bring forth at our "Issues Form" June 3rd. All members and non members are welcome to attend.

Our program on the discipline process, how to identify problems by reviewing the statues and regulations and mandatory reporting laws was great information. Thanks to the Board of Nursing representatives in presenting a very pertinent topic. Thanks so much to each board member for their ongoing contributions and efforts to meet the needs of Nebraska's nurses.

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District 4



President:
Judy McPhillips, RN
H—(308) 382-0052
E—j_mcphillips@hotmail.com

Judy McPhillips



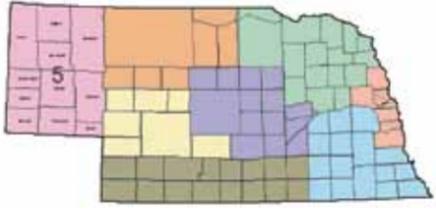
On April 18, 2013, District 4 nurses met in Kearney; the District also invited new nursing graduates to the meeting as a recruitment effort. Please contact j_mcphillips@hotmail.com for additional information.

Around the Districts

Around the Districts continued from page 8

District 5

President:
F. Jordan Colwell, MHA, BSN, RN
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E—flcolw@gmail.com



Greetings from District V! We have been diligently working on recruitment, fundraising, and setting up our community events for the year. The main event that we are focusing on is our Nurse's day celebration which will be held on May 2, 2013 at Regional West Medical Center in Scottsbluff, NE. District V will be having a booth during Regional West's Magnet Fair and will present a Nurse's Day award to the nominee that receives the most votes from the District members. This will tentatively occur at 2:30 p.m. Also at this time, we will be presenting an award to the top students from University of Nebraska College of Nursing, Scottsbluff Division (UNMC) and Western Nebraska Community College. On May 3, 2013 NNA members will meet with UNMC senior students and Jordan Colwell will be presenting on the importance of being an American Nurses Association and Nebraska Nurses Association member during this day-in-age in health care.

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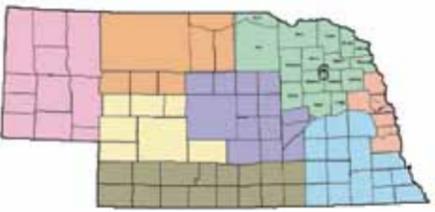
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District 6

President: Pam List, MSN, APRN
H—(402) 528-7278
W—(402) 372-2404
E—plist@fcswp.org



Our goal continues to be an increased involvement of more members in NNA activities. If you are interested in participating in any NNA or District 6 activity, please contact Pam List at 402-372-2477 or plist@fcswp.org.

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District 7



President: Barb Wenz, RN, MSN
H—(308) 534-6748
E—rcwenz@charter.net



Barb Wenz

On April 11th District 7 sponsored the annual nursing student brunch for the nursing students at Mid-Plains Community College. Teresa Anderson was unable to attend in person due to weather, but provided a dynamic lecture via Skype. Our members that were present had a tour of the new Health-Science building at the College, including the new nursing department and simulators. It is inspiring to see our next generation of nurses. Our District was spotlighted on the local KNOP TV. Change and the best ways to serve the West Central Nebraska Nurses were the topics. Membership and active participation remain priority for our District.

District 9

President: Cathy Clark Sybrant, APRN, MSN
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E—cclark1@huntel.net



District IX has been making plans to attend the Hero's Nurses Dinner in Lincoln as our nurses week event... we have also been making plans to host our State President Terry Anderson in some local events. It will be great to join our nurses on these endeavors. We can energize our organization and ourselves by encouraging participation.

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Nebraska Nurse Practitioners Update

Tara Whitmire, DNP, APRN, NNP
Incoming Legislative Chair

Nebraska Nurse Practitioners (NNP) is a non-profit organization that operates to promote excellence in NP practice and continuing education, and to shape the future of healthcare through advancing health policy in the state of Nebraska. NNP has approximately 561 members as of February 2013 and represents nearly 50% of the licensed nurse practitioners in the state. Membership includes 77 graduate nursing student members.

Nebraska Nurse Practitioners has been busy in 2013. We are currently in the process of the 407 Technical Review Process to remove the IPA and gain full practice authority. Although this bill may not directly affect all of the NNP members, it will affect all of the nurse practitioners in the state. Committee members Sandra Borden, Sharon Gossman, Kathy Hoebelheinrich and Julie Sundermeier have submitted the final documents to HHS preparation for the final criterion vote by the Technical Review on April 19, 2013. That date is also the six-month date for the credentialing review process! All are invited to review the minutes of the meetings and the documents that have been posted at http://dhhs.ne.gov/Pages/reg_admcr.aspx.

NNP is also working toward increased awareness of nurse practitioners and our role in the current health care shortage. Our new Public Relations Chairperson is Kathy Havlicek-Cook. Her co-chairs are Mary Scherling and Kelley Hasenauer. They replace Tara Whitmire who moved from PR Chair to Legislative Chair. Public Relations is a huge part of getting the word out regarding who we are, what we do, and how we serve the public. The PR committee will be working with other committees of NNP to brainstorm and formulate ideas to help get our message to the public.

NNP had its 22nd Annual Conference February 14-16th in Kearney, NE. 206 NPs and graduate students attended the conference. We had a wide variety of speakers. Attendees enjoyed networking and learning with their colleagues. We celebrated NNP Goes Red for Women and helped raise money for the American Heart Association's Go Red for Women campaign.

Our lobbyist continues to inform us of the bills to follow and advises on those we need to support. Senator Sara Howard of Omaha introduced LB 243 for us. This bill adds the word "acute" to the Nurse Practitioner Act to help update the act and reflect current state and national practice and certification standards. There are three other bills we are supporting and one we weighed in on as 'neutral.'

NNP is constantly building relationships with other professionals and making lasting alliances. We look forward to the next months of 2013 and the opportunities we have to advance our profession. Be sure to follow the organization on Facebook. Search for NNP: Nebraska Nurse Practitioners and click "Like."

News from the Nebraska Center for Nursing

Linda Stones, MS, BSN, RN, CRRN (Chair)

The Nebraska Center for Nursing Board is mandated by the Nebraska Legislature to develop a statewide plan to alleviate the nursing shortage in Nebraska, to convene various groups representative of nurses and other health care providers to recommend systematic changes and to enhance and promote recognition and reward and renewal activities for nurses. The Center for Nursing Board meets every other month. Our meeting dates and times are posted on the Center's website. <http://www.center4nursing.com/>

The Center for Nursing has been working on a strategic plan that focuses on four broad areas. These areas are (1) Recruitment, (2) Retention, (3) Enrollment and (4) Sustainability. Recruitment is focused on bringing individuals into nursing. The goal is to increase diversity and increase numbers of nurses in Nebraska. One of the initiatives of this group is to bring resources together. The Center for Nursing would like to provide links to programs that allow shadowing or internships for potential future nurses. If your organization provides a nurse job shadowing program, please provide us with a link to your program. Through retention strategies, the Center for Nursing is working to promote retention of nurses in the workforce.

The group is working to provide resources on keeping the older nurse at the bedside and analyzing data of those individuals who do not renew their licenses. Enrollment is focused on improving the nurse educational programs in the state. One big initiative, which was supported by the Nebraska Hospital Association, was the development and implementation of the passport program. The passport program allows students to complete all of the fire safety, infection prevention education at one time and that can be used across all of their clinical settings. This allows more time to be spent on nursing knowledge development. Sustainability is in ensuring that the work of the Center for Nursing is continued. A Foundation has been set up to help support this final initiative. Individuals can donate to the Foundation to assist the Center in continuing their work to ensure that Nebraska has an adequate supply of nurses. Donations are accepted on the Center for Nursing website.

The Center for Nursing utilizes licensure renewal information to assist us in our analysis of the nursing workforce in Nebraska. We rely on data from the Nebraska Board of Nursing to determine what is occurring with the nursing workforce in Nebraska. When licensure renewal occurs electronically, it enhances our ability to get information analyzed in a timely manner and start acting on the information. In 2010, 7% of RNs (Approx 1300) renewed via the paper survey process. There were no statistically significant differences in gender of this group; however, there was a significant difference in the age of the individual. The average age of those who responded on line was 44.2 years of age and those who completed paper renewals was 53.3 years of age. Forty two percent (42%) of nurses over the age of 70 preferred to use the paper survey rather than the online survey. The analysis also showed that a higher number of minorities used paper renewals than on-line renewals and a larger portion of those individuals were in rural areas. Therefore, a decision was made to delay analysis of the renewal information until all the paper surveys were manually entered into the database. In the future we hope that all individuals will renew using the on-line renewal process.

If you have any questions about the Center for Nursing work or have questions about the nursing workforce in Nebraska, please do not hesitate to contact us. Please visit our website to learn interesting facts about the Nebraska Nursing Workforce.

May is Bicycle Safety Month

Danielle Knudsen,
National Safety Council – Nebraska
(This information is adapted from
National Safety Council)



Bicycling is one of the most popular ways to get-around, whether for recreation, sport or transportation. An estimated 73 to 85 million Americans consider themselves bike riders.

With millions of cyclists on the roads—the same roads occupied by millions of motor vehicles that are larger, heavier and faster than bikes—the National Safety Council believes that defensive driving applies to people who pedal with their feet to travel, as well as to those who push on the gas pedal. Approximately 800 bicyclists were killed and more than 540,000 visited the emergency room with injuries in 2010. Taking precautions in traffic and wearing protective equipment are a cyclist's best shields against unintentional injuries.

The Council offers the following tips for safe and enjoyable bicycling:

- Obey traffic rules. Get acquainted with ordinances. Cyclists must follow the same rules as motorists.
- Know your bike's capabilities. Remember that bicycles differ from motor vehicles; they're smaller and can't move as fast. But, they can change direction more easily, stop faster and move through smaller spaces.
- Ride in single file with traffic, not against it. Bicyclists should stay as far right on the pavement as possible, watching for opening car doors, sewer gratings, soft shoulders, broken glass and other debris. Remember to keep a safe distance from the vehicle ahead.
- Make safe turns and cross intersections with care. Signal turns half a block before the intersection, using the correct hand signals (left arm straight out for left turn; forearm up for right turn). When traffic is heavy and the cyclist has to turn left, it is best to dismount and walk the bicycle across both streets at the crosswalks.
- Never hitch on cars. A sudden stop or turn could send the cyclist flying into the path of another vehicle.
- Before riding into traffic: stop, look left, right, left again, and over your shoulder.
- Always be seen. During the day, cyclists should wear bright clothing. Nighttime cycling is not advised, but if riding at night is necessary, wear reflective clothing, designed to bounce back motorists' headlight beams, will make cyclists more visible.
- Make sure the bicycle has the right safety equipment: a red rear reflector; a white front reflector; a red or colorless spoke reflector on the rear wheel; an amber or colorless reflector on the front wheel; pedal reflectors; a horn or bell; and a rear view mirror. A bright headlight is recommended for night riding.
- **Wear a helmet.** The Council strongly urges all cyclists to wear helmets. The first body part to fly forward in a collision is usually the head, and with nothing but skin and bone to protect the brain from injury, the results can be disastrous. Head injuries cause about two thirds of all bicycling fatalities. A properly designed helmet has four characteristics:
 1. A stiff outer shell designed to distribute impact forces and protect against sharp objects
 2. An energy-absorbing liner at least one-half inch thick
 3. A chin strap and fastener to keep the helmet in place
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District 1 NNA Member and CU Instructor Mentors Senior Project Collaborating for Community Health

Written by: **Lindsay Seeley**

Based on the project by **Lindsay Seeley,**

Tonya Peterson, and Cedric Young; special thanks to Marilee Aufdenkamp
Editor's Note: *Marilee Aufdenkamp is an active member of NNA and District 1.*

As senior nursing students at Creighton University, our fall semester included a Population-Focused Care Management practicum in which we were assigned to a facility in the community. Our assignment was to design, implement, and evaluate a program to improve health outcomes for the selected population. On the heels of a four-week, multiple client medical-surgical rotation in the hospital, we thought this community project couldn't possibly be as much work- no early mornings, no 10-hour shifts, no pathodiagrams to complete. However, we soon found out that planning and implementing a program, as students, with no working budget and with only four weeks to accomplish our objectives, was going to be much more work- and much more rewarding- than we thought possible.

Our group of three was assigned to a homeless shelter called Crossroads in Hastings, Nebraska. Our population consisted of about 70 homeless men, women, and children. Because the majority of the residents were ages 18-65, we decided to focus our program on the adults at the shelter. Residents at the shelter were ethnically diverse and were at the shelter for a variety of reasons. As directed by our assignment, we researched Crossroads online before we met with the program director. We learned from the director that while Crossroads provides food, shelter, classes, and help finding jobs, many health needs cannot be met. When we suggested the idea of blood pressure screenings and flu vaccines, his eyes lit up. Then we learned that for many of the residents, the only dental care they are able to receive is a discounted tooth extraction for \$10. Enthusiastically, we said maybe we could help with that too. Providing a variety of health services to a population who may not otherwise get them went along well with Creighton's Jesuit value of 'faith that does justice', which teaches us to work actively for and with the poor.

The next day, we met with about 15 Crossroads residents and told them about our idea- a sort of "health day" where individuals could get their blood pressure checked, a flu shot, and some sort of dental screening. Other needs expressed by the residents include stress management and eating healthy on a budget. Residents were interested in getting flu shots, but did not have the funds to pay for a \$25 vaccine at the drugstore. And, while there are free blood pressure machines at some drugstores, many lacked the time or transportation to get there. Finally, we found that there were low-cost, "health-day" type programs in neighboring towns and even in Hastings, but it was just too much trouble for the residents to get there without a car. With the director and the residents onboard, we took our ideas to our instructor, Marilee Aufdenkamp.

Our instructor was impressed with our ideas but expressed doubt that we could do all of this in just four weeks. She said maybe we could lay the foundation for the program and get things set up so that students could implement it the following year. We agreed that it was a lot to take on but were determined to make it happen anyway. Because we only had a four-week rotation and limited resources to meet the needs of our population, we knew we would need to collaborate with other agencies in the community.

We decided on three priority services- blood pressure screenings, flu vaccines, and dental assessments- which would be provided at our "health day." We decided that a stress management class and a healthy eating lecture could be provided at one of our weekly, 1-hour sessions. Providing blood pressure screenings was simple- Creighton would provide blood pressure cuffs and we and our classmates could conduct the screenings. Flu vaccines were a little tougher- we contacted local pharmacies for donations of the vaccines without success. Next we contacted the local hospital, Mary Lanning Healthcare, where we do most of our clinical rotations. Fortunately, even though the vaccine supply was low, the hospital generously donated enough vaccines for sixty people. As a university, not a healthcare organization, we needed to find a sponsoring organization. Thanks to Sharon Hayek, Director of Organizational Development at Mary Lanning Healthcare, our project became a Mary Lanning health day and we functioned as student volunteers, planning and providing the program. Creighton donated alcohol swabs, cotton balls, gloves, and adhesive bandages. Again, we were counting on our classmates and faculty to help us administer the shots. Next we met with the director of the dental hygiene program at our local community college and arranged for its students to perform basic dental screenings at our health day. We worked our health day around the hygiene students' availability as they were, like us, in the middle of the semester. At this point, we started to realize just how big our project was becoming, and that we would need to recruit junior nursing students and faculty as health day workers.

Meanwhile, we met with the residents at Crossroads each week for short sessions to cover issues which we couldn't work into the actual health day. At one of these sessions, we were fortunate to have our mental health faculty member present a stress management session, which was a big hit with the residents. In addition, the topic of stress relief reignited an early project idea of including therapy dogs in some way. As dog lovers who had seen the uplifting effects of therapy dogs, we knew we wanted to explore this further. The residents, who cannot own pets at the facility, were so enthusiastic at the prospect of a therapy dog activity; we knew we had to include this in our health day too. A classmate referred us to K-9s and Friends, a pet therapy group in Hastings, and they were thrilled to participate at our health day.

It was exciting to have the hygiene program, therapy dogs, blood pressure screenings, and flu vaccines arranged. However, we were beginning to worry how everyone would fit in the facility, if we would have enough volunteers, and most of all, would any of the residents even show up? Both the hygiene program and the therapy dog group wanted the biggest room- we corresponded back and forth with the director to see where everyone

could fit. Also we found out that a key group of volunteers, the junior nursing students, had class on the day of our health day and wouldn't be able to help out. And I almost forgot that there was construction going on at Crossroads and one of the biggest rooms, the cafeteria, was unusable. We were nervous, but too many commitments had been made to turn back now.

The health day was here. We and our volunteers arrived early. We set up the blood pressure screening and flu vaccine stations. We hadn't been there ten minutes when residents started showing up to get screened and vaccinated. Soon, there was a line out the door. While residents waited, they were able to pick up free toothbrushes and healthy snacks, generously donated by community members. Not long after, the hygiene students began to arrive and wanted to know where to set up- we directed them to the biggest room. The dogs, which arrived moments later, would have to go somewhere else. We thought there would be one or two dogs but four showed up, and one was a Great Dane. We led the canine group down to the basement, not an easy task for the arthritic Boxer, but they made it, tails wagging.

Over the next two hours our team of volunteers provided 15 flu shots, 22 blood pressure screenings, and 5 dental assessments. The therapy dogs attracted about 20 residents- some of whom spent more than an hour with the animals. Overall, we were very pleased with the turnout at our health day. We had expected a higher number of dental assessments, but we believe that timing/scheduling conflicts were to blame, not necessarily a lack of interest. On the other hand, the therapy dogs were more popular than we expected. It was awesome to see the dogs, their owners, and the residents interacting- it was pure fun. Some residents talked about dogs they used to have when they were kids. Others got down on the floor and gave the dogs tummy rubs. As an added bonus, as a result of the health day, the therapy dog group made arrangements to come back to the shelter on a regular basis.

Homeless people have many basic healthcare needs. Costs for our health day were minimal due to donations from local businesses and use of the Crossroads facility. This program provided stress relief techniques, dental assessments, pet therapy, blood pressure screening, and flu vaccines to the homeless community at Crossroads. Working together with the community college, hospital, Creighton, K-9s and Friends, and community members and volunteers, we were able to provide much needed services to a vulnerable population. We are so thankful that the Crossroads residents let us into their lives and helped us learn about community health nursing.

If this program were to be replicated, more planning time would be beneficial. This would allow time to recruit community support and to hold fundraisers to support the program. Also, the residents may benefit from having vaccines earlier in the fall, before flu season really starts, instead of our late October date. There may have been a better overall turnout if we had scheduled both morning and evening sessions due to the number of working residents. Turnout may have also increased if all of the services had been provided simultaneously. We hope that our health day can be refined and expanded by next year's senior nursing students to create an even better health day at Crossroads.



Lindsay Seeley



**Tonya Peterson and
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Nebraska Nurses Association Membership Application

PO Box 82086, Lincoln, NE 68501-2086 • (402) 475-3859 • Fax: (402) 474-6206 • admin@nebraskanurses.org

Please type or print clearly. Please mail your completed application with payment to: NNA, PO Box 82086, Lincoln, NE 68501-2086

Date _____

Last Name/First Name/Middle Initial _____ Home Phone Number _____

Credentials _____ Home Fax Number _____ Basic School of Nursing _____

Home Address _____ Work Phone Number _____ Graduation (Month/Year) _____

City/State/Zip Code + 4 _____ Work Fax Number _____ RN License Number/State _____

County _____ Position _____

Email Address _____ Employer _____

Membership Dues Vary By District

Membership Option

M-ANA/NNA/District Membership (chart below)
(Includes full membership to NNA and the American Nurses Association (ANA) for 12 months.)

D-NNA/District Membership (chart below)
(Full membership only. Includes NNA membership benefits limited to state and district membership.)

Membership Category

F-Full Membership

- Employed full-time
- Employed part-time

R-Reduced Membership

- Not employed
- Full-time student (must be a RN)
- New graduate from basic nursing education program, within six months of graduation (first membership year only)
- 62 years of age or older and not earning more than Social Security allows

S-Special Membership

- 62 years of age or over and not employed
- Totally disabled

Select your NNA district from the map at right; choose the correct membership option chart below; and find the appropriate dues for the category you have selected above.

State nurses' association dues are not deductible as charitable contributions for tax purposes, but may be deductible as a business expense.

Under the Omnibus Budget Reconciliation Act of 1993, that portion of your membership dues used by Nebraska for lobbying expenses is not deductible as an ordinary and necessary business expense. NNA reasonably estimates that the non-deductible portion of dues for the 2007 tax year is 31%.

Payment Plan (please check)

Full Annual Payment

Membership Investment _____
ANA-PAC (Optional - \$20.05 suggested) _____
Total dues and contributions _____

Check (payable to ANA)

Visa

MasterCard

Payroll Deduction

This payment plan is available only where there is an agreement between your employer and NNA to make such deduction.

Payroll Deduction Signature* _____

Payment Plan (please check)

Epay (Monthly Electronic Payment)

This is to authorize monthly electronic payments to ANA. By signing on the line, I authorize NNA/ANA to withdraw 1/12 of my annual dues and any additional service fees from my account.

Checking: Please enclose a check for the first month's payment; the account designated by the enclosed check will be drafted on or after the 15th of each month.

Credit card: Please complete the credit card information and this credit card will be debited on or after the 1st day of each month.

Epay Authorization Signature* _____

Annual Credit Card Payment

This is to authorize annual credit card payments to ANA. By signing on the line, I authorize NNA/ANA to charge the credit card listed for the annual dues on the 1st day of the month when the annual renewal is due.

Annual Credit Card Authorization Signature* _____

*By signing the Epay or Annual Credit Card authorizations, you are authorizing ANA to change the amount by giving the above-signed thirty (30) days advance written notice. Above signed may cancel this authorization upon receipt by ANA of written notification of termination twenty (20) days prior to the deduction date designated above. Membership will continue unless this notification is received. ANA will charge a \$5 fee for any returned drafts of chargebacks.

To be completed by NNA/ANA

Employer code _____

State _____ District _____

Approved by _____ Date _____

Expiration Date _____ Amount Rec'd _____

Check # _____

NNA Districts

Sponsor name and member # _____

2011 ANA/NNA/District Option Membership Dues by District				2011 NNA/District Option Membership Dues by District			
District	Monthly epay* (\$) (\$)		Annual Dues (\$) (\$)		District	Monthly epay* (\$) (\$)	
	Full (MF)	Reduced (MR)	Full (MF)	Reduced (MR)		Full (DF)	Full (DF)
1	22.13	11.31	259.50	129.75	1	15.29	177.50
2	23.58	12.04	277.00	138.50	2	16.75	195.00
3	23.34	11.92	274.00	137.00	3	16.50	192.00
4	22.17	11.34	260.00	130.00	4	15.33	178.00
5	21.83	11.17	256.00	128.00	5	15.00	174.00
6	21.25	10.88	249.00	124.50	6	14.42	167.00
7	22.92	11.71	269.00	134.50	7	16.08	187.00
9	21.25	10.88	249.00	124.50	9	14.42	167.00

*50 cent surcharge per month for epay feature

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- **PhD** — Doctor of Philosophy in Nursing: leader, researcher, practitioner, educator.

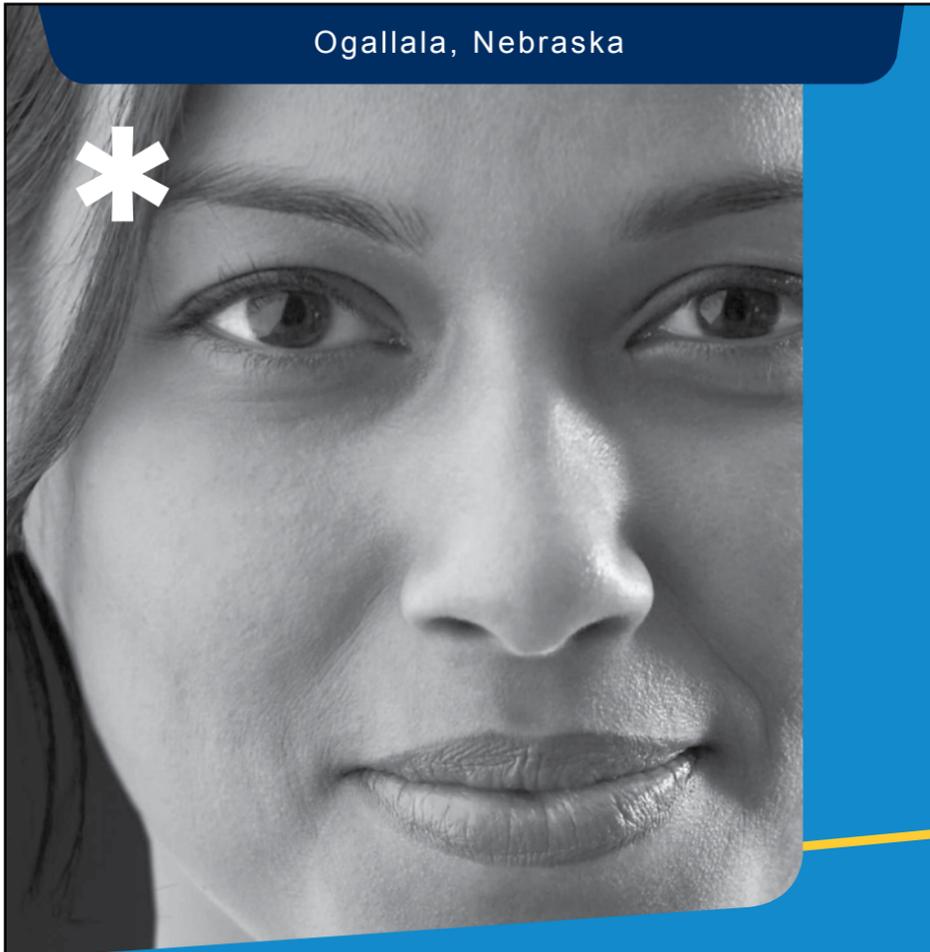
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gshs.org

† **Saint Francis Medical Center**
Grand Island, NE
saintfrancisgi.org

† **Saint Elizabeth Regional Medical Center**
Lincoln, NE
SaintElizabethOnline.com

† **Nebraska Heart Hospital**
Lincoln, NE
neheart.com

† **St. Mary's Community Hospital**
Nebraska City, NE
stmaryshospitalnecity.com

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