

# Utah Nurse

*Many Roles. One Profession.*

February, March, April 2008

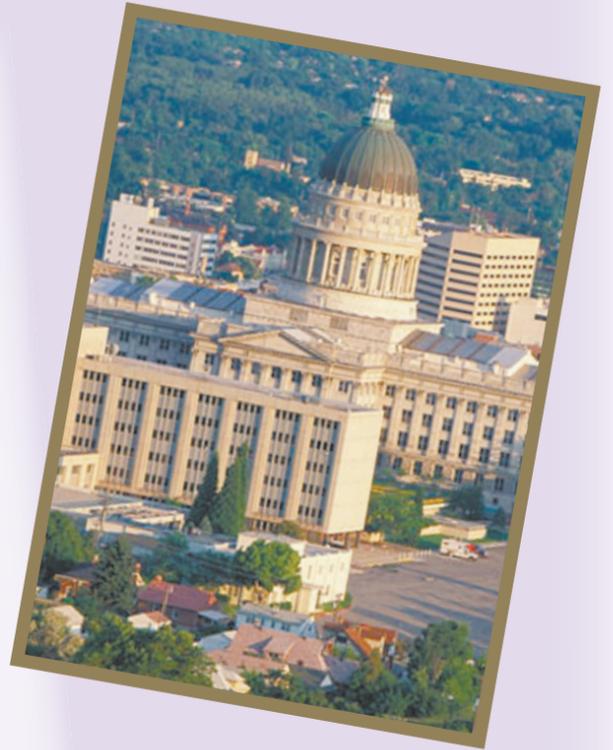
Volume 17 • Number 1

## **Utah Nurses Association's 2008 Nurses Day at the Legislature**

**February 1, 2008  
9:00 a.m. to 1:00 p.m.**

**The NEW Salt Lake City Library—Downtown**

**Utah Nurses Association presents the 2008 Nurse's Day at the Legislature scheduled for Friday, February 1, 2008 at the downtown Library in Salt Lake City. This beautiful venue will again provide a great setting in which we can learn about the legislative process and hear from our policy makers. Sessions will begin at 9:00 am. Plan on arriving early for the best seats. We are planning on an interesting and lively student debate. Last year's attendance set a record—let's plan on breaking it this year.**



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# President's Message



**Michelle Swift,  
RN, JD**

Nursing is in the midst of groundbreaking changes and I am very grateful to take the helm as the 2008 President of the Utah Nurse's Association as those changes literally happen overnight. As an advocate for nurses in the work place, we all try to meet the challenges of new technology, aging populations, provider shortages, the growing number of uninsured and difficult diseases.

## Take Courage in the Workplace

During a recent conference where I was invited to speak to nurses on legislative issues, I was asked about a work place situation where the nurses felt that management

ignored several problems the nurses were experiencing in trying to meet the demands of their jobs. I asked the nurse if she had addressed the problems with her supervisor along with offering possible solutions. She replied that she had not nor had she taken the time to think of any solutions for the dilemma. The nurse even confessed there were those nurses who were afraid to speak up, take action, or create change in the work setting. Many nurses undervalue their inner strength when dealing with these confrontational issues. My recommended approach is to always face up to the issues while submitting a well thought out solution for consideration. After all, are we not the ones that will have to work with the result in the end? It makes sense that it should be our own solution.

## Reach Outward and Be a Mentor

Recently, several young nurses expressed frustration with the profession and told me that they have been considering leaving the practice of nursing. Among the reasons given were burnout, the demands of the profession, and the need for a change. Further discussion revealed that among other things they have unfulfilled expectations, lack balance between personal and professional commitments, and are burdened by stress.

According to Greek mythology, Mentor was a senior friend of Odysseus who was placed in charge of Odysseus's son, Telemachus, whenever Odysseus left for war. Modern usage of the word "mentor" refers to one usually more experienced who is a trusted friend, counselor or teacher. I applaud those employers who promote mentoring in the work place, especially for new nursing graduates, nurses returning to the work place or those nurses who are temporarily working at the facility.

I believe that having a mentor can make a difference. I believe that in the process of mentoring other nurses we are rewarded with career satisfaction and longevity. Mentoring is even more important today because of the increasing

challenges of the nursing profession. Mentoring is a tool that will help ensure job satisfaction and advance the practice of nursing. I hope we take time to mentor others and make a difference in the practice of nursing.

## Speak Out for the Nursing Profession

This upcoming year is an election year, and an opportunity for you to vote for a presidential candidate. Learn about the candidates running for office in your district or state. Find out where they stand on nursing related issues and start to build a relationship with them—especially if they are not incumbents. Here are some simple ways you can support the pro-nursing candidate in your community:

- Make a financial contribution to the candidate's campaign.
- Invite colleagues and friends to your home for an informal forum on the election.
- Volunteer for campaign work.
- Make sure your friends and family are registered to vote.
- E-mail UNA Lobbyist Debra Hobins and CJ Ewell regarding legislative concerns of which they can assist with resolving.
- Join UNA—"one voice for a thousand is greater than one thousand voices."

I hope you enjoy this issue of the *UNA* newsletter and welcome the collegiality that can be gained from your regular reading of a newsletter for Utah Nurses by Utah Nurses.

**Michelle Swift, RN, JD**  
**President, Utah Nurses Association**

## **2008 BOARD OF DIRECTORS**

*President* Michelle Swift, JD, RN, BSN  
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*Treasurer* Carol Jeffers, RN, MS  
*Secretary* Sheri Tesseyman, RN

## **STAFF MEMBERS**

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*Lobbyist* Debra Hobbins, MSN, APRN  
*Membership Coordinator* Tracey Walpole, BSN, RN, CLNC

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*Membership Committee* Kathleen Kaufman, MS, RN  
*Nominating Committee* Gail Tuohig, PhD, RN  
Francis Swasey, RN, MN  
*Psych-Mental Health Nurses* Sheryl Steadman, APRN  
*Utah Nurse Practitioners* Judy Sampson, NP  
*Utah Student Nurses Association* Kelsey Jepsen  
*Economic & General Welfare*

## **DISTRICT PRESIDENTS**

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*District 2 President*  
*District 3 President* Frances Swasey, RN, MSN  
*District 4 President*

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*Publisher* Arthur Davis Publishing

Editor and Publisher are not responsible nor liable for editorial or news content.

Forward all advertising materials and requests for information to Arthur Davis Publications, 517 Washington, PO Box 216, Cedar Falls, Iowa 50613. Rates available upon request.

*Utah Nurse* is published four times a year, February, May, August, November, and is for the benefit of the Utah Nurses Association Members. *Utah Nurse* provides a forum for members to express their opinions. Views expressed are the responsibility of the authors and are not necessarily those of the members of the UNA.

Articles and letters for publication are welcomed by the editorial committee. UNA Editorial Committee reserves the right to accept or reject articles, advertisements, editorials, and letters for the *Utah Nurse*. The editorial committee reserves the right to edit articles, editorials, and letters.

Address editorial comments and inquiries to the following address:

Utah Nurses Association  
Attn: Editorial Committee  
4505 S. Wasatch Blvd., # 135  
Salt Lake City, UT 84124  
[una@xmission.com](mailto:una@xmission.com)  
800-236-1617

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Subscription to *Utah Nurse* is included with membership to the Utah Nurses Association. Complementary copies are sent to all registered nurses in Utah. Subscriptions available to non-nurse or nurses outside Utah for \$25. Circulation 25,000.

All address changes should be directed to DOPL at (801) 530-6628.

Articles appearing in this publication express the opinions of the authors; they do not necessarily reflect views of the staff, board, or membership of UNA or those of the national or local association.

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Utah Nurses Association **UNA**

### **Mission Statement:**

The mission of UNA is to advocate for nursing individually and collectively in all aspects of professional practice thereby facilitating quality care.

# ADMINISTRATIVE NOTES . . .



Happy New Year! Out with the old and in with the new is true for all of us, especially here at UNA. The New Year brings many changes as we said goodbye to Donna Eliason, our president, and thanked her for her outstanding leadership of the organization. Donna will continue to fill the Continuing Education Administrator position until a replacement can be found. Our new president, **Michelle Swift** is working hard to organize the Board and give it a little different structure and some new goals. Also leaving their Board terms are UNA's Board Secretary, Lynn Hollister who has done a fantastic job keeping our meeting records straight. Thanks, Lynn for a great job. **Sherri Tesseyman**, who is currently a full time faculty member at Westminster College of Nursing and Health Sciences, is replacing Lynn on the Board. Accepting the 1st Vice President position is **Nancy Watts**. Nancy is an educated and experience nurse who will bring much to our organization. Our 2nd Vice President, Deborah Judd has graciously agreed to stay on the Board another year and we are looking forward to her continued advice and expertise.

**Tracey Walpole**, our new membership coordinator, has taken on the huge challenge of raising the membership numbers of UNA. As you will see from her article in this

issue, Tracey is highly educated, motivated and possesses an undeniable charm. Her energy lights up a room and she has the confidence and support of our Board. UNA's membership has already increased and we look forward to her successful efforts encouraging nurses to take advantage of the benefits of membership in a professional organization.

**Debra Hobbins** is UNA's new lobbyist and we welcome her to the organization. Debra will be working closely with the Government Relations Committee and Committee Chairperson, CJ Ewell to craft and present legislation that will protect and benefit the nursing professionals of Utah.

UNA is off to a great start and we have much to be thankful for, not the least of which is our great staff of volunteers and employees. Their commitment and dedication to the nursing professionals of Utah is phenomenal. We can always use more volunteers, new ideas and new people. Call the office or any of our Board members—get involved today. It is YOU that makes the difference.

**Millie Nelsen**  
*Director of Operations*

# MEMBERSHIP SECTION

## APPLICATION FOR MEMBERSHIP IN UNA/ANA

Today's Date \_\_\_\_\_ First Name/Middle Name/Last Name \_\_\_\_\_  
 Credentials \_\_\_\_\_  
 Street or P.O. Box \_\_\_\_\_ City / State / Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Home Fax \_\_\_\_\_ Work Fax \_\_\_\_\_  
 Email \_\_\_\_\_ SS# \_\_\_\_\_ RN License # & State \_\_\_\_\_  
 Basic School of Nursing & Year Graduated \_\_\_\_\_  
 Employer Name \_\_\_\_\_  
 Employer Address \_\_\_\_\_ City / State / Zip \_\_\_\_\_

### CIRCLE YOUR MEMBERSHIP CATEGORY

- M Full Membership—Employed full or part-time
- R Reduced Membership—Not employed: full-time post graduate student; or new graduate within six months after graduation from basic nursing education program. **FIRST MEMBERSHIP YEAR ONLY**
- S Special Membership—62 years of age or over and not employed, or totally disabled

### PAYMENT PLAN (CHECK ONE BOX)

- ELECTRONIC DUES DEDUCTION FROM CHECKING ACCOUNT  
 M - \$20.42 MONTH      R - \$10.38 MONTH      S - \$5.35 MONTH

If you choose Electronic Funds Transfer:  
 Please submit a check payable to UNA for the first month's amount to initiate transfer. Thereafter, you will need to provide authorization to the American Nurses Association to complete your dues transfer each month. Dues will transfer on the 15th of each month. Please read the statement below and sign in the space provided.  
 ANA is authorized to change the amount by giving the undersigned thirty (30) days written notice. You may cancel authorization upon receipt by ANA of written notification of termination twenty (20) days prior to the deduction date as designated above. A \$4 service charges is included in figuring monthly payments. ANA will charge a \$5 fee for any return- ed drafts. By signing this form I agree to these conditions.

Signature Required \_\_\_\_\_

- FULL ANNUAL PAYMENT  
 M - \$241      R - \$120.50      S - \$60.25

### PAYMENT METHOD

- CHECK ENCLOSED       VISA       MASTERCARD

Bank Card Number / Expiration Date \_\_\_\_\_ Cardholder Signature - required \_\_\_\_\_

Please check committees or councils that you would like to have more information about:

- COMMITTEES  
 Continuing Education     Government Relations     Economic and General Welfare (Staff Nurses Only)     Membership  
 By Laws     Convention     Nominating

- AFFILIATES  
 Psych/Mental Health Nurses     Utah Nurse Practitioners

### Becoming a "Friend of UNF"

- I would like to receive further information about the Utah Nurses Foundation; an organization dedicated to awarding scholarships and research awards to nurses in Utah since 1979.  
 I have enclosed a donation in the amount of \_\_\_\_\_ for the Utah Nurses Foundation with my membership application. (If you choose to pay membership dues by electronic funds transfer, you must send a separate check for your donation.)

For Office Use Only  
 Date Rec'd \_\_\_\_\_ District \_\_\_\_\_ Paid Thru \_\_\_\_\_ Anniversary \_\_\_\_\_ Data \_\_\_\_\_ Packet \_\_\_\_\_

**Please return this completed application with your payment to UNA, 4505 S. Wasatch Blvd. #290, Salt Lake City, UT 84124**

## Utah Only Member Application

Date \_\_\_\_\_  
 Name \_\_\_\_\_ Employer \_\_\_\_\_  
 Credentials \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ SS# \_\_\_\_\_ Birthday(mm/dd) \_\_\_\_\_  
 Email \_\_\_\_\_  
 Specialty/Practice Area \_\_\_\_\_

### PAYMENT OPTIONS

- \_\_\_ Annual Payment \$120.00      Annual Payment Method  
 \_\_\_ Check Enclosed      \_\_\_ Bill my credit card      \_\_\_ VISA/Mastercard (circle choice)

Card Number \_\_\_\_\_ Exp. Date \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_ Signature

If you desire membership in the local state association without affiliation in the national organization you may now join the Utah Nurses Association directly through our Utah Nurse Affiliate Member Organization. For as little as \$10.00 per month you can support the work of nurses in Utah.

**Utah Nurses Association  
 4505 S. Wasatch Blvd, #135  
 Salt Lake City, UT 84124**

## WELCOME NEW UNA MEMBERS

Brandi Barker-Showalter  
 Aileen Hoggan  
 Julie Valentine  
 Christene Rogers  
 Nathan Steenblik  
 Doris Christensen  
 Leslie Mack  
 Adam Jensen  
 Tyler Wilhelm  
 Nancy Watts  
 Tiffany Erickson  
 Cody Harris  
 Melissa Nelson  
 Tana Christensen  
 Linda Benson  
 Helen Aoki  
 Lindy Jean Buhl

## The Individual Gift of a Nurse

As the profession of nursing moves forward, it will demand our own unique and individual gifts. Recently, I had the privilege of spending an afternoon with several individuals who were just about to graduate from their chosen college of nursing. As you might guess, among them were soon to be intensive care nurses, neonatal nurses, cardiovascular care nurses, emergency and trauma nurses, and in totality the entire room was filled with “individual nurses” who planned to specialize their practice in just about every area of nursing. In talking to them, it became clear to me that each nurse had chosen their specialty primarily based upon their own unique and individual gifts. This, to me was exciting! Why? Because positive patient care settings are created when nurses connect to their own unique and individual gifts.



**Walpole**

In order for the profession of nursing to expand, it will demand our individual gifts. For instance, one of the nurses to whom I had the opportunity of speaking with decided to enter our profession after experiencing several snowboarding accidents wherein nurses played a primary role in his recoveries. Although difficult I'm sure, these injurious experiences nevertheless inspired and awoke within this individual a primary motivation that ultimately lead him to become a nurse. In speaking to one another, I said to him, “Wouldn't it be wonderful if you could now marry your love of nursing to your passion for snowboarding and expand both who you are as an individual as well as the profession of nursing?” In response, he said, “I would love that!” Moreover, and more than his words, you couldn't help but notice the light in his eyes and the true excitement he had when he connected his profession to his passion for own unique and individual gifts.

As an individual nurse, who you are and what you do bring valuable insight within the patient care setting, which is a unique gift given only to you. Equally important, these

unique and specialized nursing influences when combined collectively shape not only the current, but also all future patient care settings. With this in mind, it becomes important to note that the Utah Nurses Association (UNA) is the only professional association within the State of Utah that provides a voice for all registered nurses who practice within all specialty settings. As a member of the only statewide association that provides this opportunity, you too bring an inclusive element, that when combined with other nurses, forms an essential component to the creation of any health-related legislation. Thus, your individual knowledge, skills and experience are vital and never more needed in UNA than today.

In closing, I would like to remind you that when nurses connect to their individual gifts, they not only rediscover who they are, but also reawaken to the very reasons they entered the nursing profession. Likewise, advocating with other nurses who share this connection is vital to the nursing profession and when done in this manner, will enhance patient care in all settings in which we practice. Therefore, I say to every individual nurse within the sound of my voice that one person can make a difference. In nursing, we see it all of the time.

**Tracey T. Walpole, BSN, RN, CLNC**  
**UNA Membership Coordinator**

*Tracey T. Walpole will be replacing Sheila Moesinger as the new Membership Coordinator for the Utah Nurses Association. Tracey is a two-time College of Nursing graduate from Weber State University. She received the highest GPA in her 2005 BSN class and was inducted as a 2005 member of the Sigma Theta Tau International Honor Society of Nurses. As a practicing nurse for nearly 20 years, those who have had the opportunity to work with Tracey have often felt her love and excitement for the nursing profession.*

## Utah Nurses Foundation Nursing Grant-In-Aid Scholarships

### 2008 GUIDELINES

The guidelines listed below shall be followed to assist in ensuring the best possible coordination of efforts in receiving and processing nursing student requests for scholarships. Scholarships will be awarded for tuition and books only.

### SCHOLARSHIP INFORMATION

- Scholarships must be postmarked by June 1 or October 1 of each calendar year to be considered.
- Applicants will receive notice of the Board's recommendations by July 15 and October 15 of each calendar year.
- Recipients are only eligible to receive scholarships twice.
- Applicants must abide by the criteria listed below.

### GENERAL SCHOLARSHIP CRITERIA

- The applicant must:
  - o Have a cumulative grade point average which is equivalent to a 3.0 or higher on a 4.0 scale.
  - o Be a United States citizen and a resident of Utah.
  - o Have completed a minimum of one semester of core nursing courses prior to application.
  - o If a student in undergraduate nursing programs, be involved in the school's chapter of the National Student Nurses Association.
  - o If a registered nurse completing a Baccalaureate Degree or an Advanced Nursing Degree, be a member of Utah Nurses Association (state only) or a member of Utah Nurses Association/American Nurses Association.
  - o Submit a personal narrative describing his/her anticipated role in nursing in the state of Utah, which will be evaluated by the Scholarship Committee.
  - o Submit three original letters of recommendation. Letters submitted from faculty advisor and employer must be originals addressed to the Utah Nurses Foundation Scholarship Committee.
  - o Be enrolled in six credit hours or more per semester to be considered. Preference will be given to applicants engaged in full-time study.
  - o Demonstrate a financial need. All of the applicant's resources for financial aid (scholarships, loans, wages, gifts, etc.) must be clearly and correctly listed (and include dollar amounts and duration of each source of aid) on the application

- o The Scholarship Committee shall consider the following priorities in making scholarship recommendations to the Board of Trustees
  - RNs pursuing BSN
  - Graduate and postgraduate nursing study
  - Formal nursing programs—advanced practice nurses
  - Students enrolled in undergraduate nursing programs
- The Applicant is required to submit the following with the completed application form:
  - o Copy of current official transcript of grades (no grade reports).
  - o Three letters of recommendation.
    - One must be from a faculty advisor and
    - One must be from an employer. (If the applicant has been unemployed for greater than 1 year, one must be from someone who can address the applicant's work ethic, either through volunteer service or some other form.)
    - At least one should reflect applicant's commitment to nursing.
    - All must be in original form and must be
    - Signed and addressed to the UNF scholarship committee.
  - o Narrative statement describing your anticipated role in nursing in Utah, upon completion of the nursing program.
  - o Letter from the school verifying the applicant's acceptance in the nursing program.
  - o Copy of ID from National Student Nurses Association or Utah Nurses Association with membership number.

### AGREEMENT

In the event of a scholarship award, the nursing student agrees to work for a Utah Health Care Facility or Utah Educational Institution as a full-time employee for a period of one year, or part-time for a period of two years.

Student recipient agrees to join the Utah Nurses Association within 6 months of graduation at the advertised reduced rate.

If for any reason the educational program and/or work in Utah is not completed, the scholarship monies will be reimbursed to the Utah Nurses Foundation by the nursing student.

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*Application on page 8*

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# Utah Nurses Foundation

NURSING GRANT-IN-AID SCHOLARSHIPS Application												
Date:												
Name:												
Present Address:												
	Street	City	State	Zip								
Permanent Address:												
	Street	City	State	Zip								
Telephone Number:	Home	Work										
Please indicate school of nursing to which you would apply a UNF scholarship.												
Starting Date:		Expected Graduation Date:										
Current and previous nursing experience (if applicable)—Attach Resume												
Where did you obtain your information about UNF and its scholarship program?												
<p><b>Reason for scholarship need.</b> Description of scholarship amounts requested (itemize tuition and books for each quarter or semester as well as financial support available). <b>Please use this format and attach to application.</b></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 25%;">Semester</th> <th style="width: 25%;">Expense Description</th> <th style="width: 25%;">Amount Requested \$</th> <th style="width: 25%;">Financial Support Available \$</th> </tr> </thead> <tbody> <tr> <td>Estimated total for academic year</td> <td></td> <td>\$</td> <td>\$</td> </tr> </tbody> </table> <p>List amounts of all other financial support available (i.e. awards, loans, gifts, scholarships, tuition reimbursements, wages, parents, spouse). <b>Please attach to application.</b></p> <p>The undersigned applicant agrees that if this application is accepted and an award made, the applicant will be bound by the terms and conditions of the award. The applicant certifies that the above statements are true and correct and are given for the purpose of obtaining a UNF scholarship. The Utah Nurses Foundation is authorized to verify the statements contained herein and all information contained on this application will be held in confidence.</p>					Semester	Expense Description	Amount Requested \$	Financial Support Available \$	Estimated total for academic year		\$	\$
Semester	Expense Description	Amount Requested \$	Financial Support Available \$									
Estimated total for academic year		\$	\$									
Signature:			Date:									
Send completed application to:												
<p><b>Utah Nurses Association</b> 4505 South Wasatch Blvd #135 Salt Lake City, UT 84124</p> <p>If you have any questions regarding the application, you may call the Utah Nurses Association at 801-272-4510 or toll free: 800-236-1617</p>												

## UNA IS SEEKING CANDIDATES FOR CONTINUING EDUCATION ADMINISTRATOR (PT Position)

This part-time position will coordinate and maintain the Continuing Education concerns of Utah Nurses Association. The position is responsible for the planning, development, implementation and evaluation of UNA sponsored Continuing Education activities. The ideal candidate will meet the following basic requirements:

R.N. with a Masters Degree or higher  
Baccalaureate or Graduate Degree in Nursing  
Educator and/or Continuing Education Experience  
Marketing, Communications & Literary Skills  
Knowledge of ANCC's Accreditation Process a Plus

Interested parties may submit resumes

by mail or e-mail to:

Utah Nurses Association  
4505 South Wasatch Blvd., #135  
Salt Lake City, Utah 84124  
[una@xmission.com](mailto:una@xmission.com)

## Are You Interested in Forensic Nursing?

### Adolescent and Adult Sexual Assault Nurse Examiner Course

**DATES: March 17 to 21, 2008**

**SALT LAKE CITY, UT**

**TUITION: \$275**

**CEUs: 40 hours**

**Sexual Assault Nurse Examiners positions are available in  
Salt Lake City and needed throughout the State of Utah**

SPONSORED BY: Salt Lake Sexual Assault Nurse Examiners

This course meets all requirements established by the International Association of Forensic Nurses in didactic training as a Sexual Assault Nurse Examiner. This material is required for those interested in sitting for national certification examination in Adolescent-Adult Sexual Assault Nurse Examiner. Clinical experience is also required before applying for the certification examination.

This training is open to any registered or advanced practice nurse with an interest in forensics and sexual assault. For further information contact:

Dianne Fuller, APRN [slsane@comcast.net](mailto:slsane@comcast.net)  
801-582-5573 or 801-910-3690.



## UTAH NURSE PRACTITIONERS National Nurse Practitioner Week 2007 Community Service Project

This year in celebration of the fourth annual National Nurse Practitioner Week, November 11th through the 17th, 2007, Utah Nurse Practitioners gave back to the community by collecting needed items in support of The Road Home Men's, Women's and Family Homeless Shelters. We set up collection boxes at the University of Utah, Brigham Young University and Westminster College, Colleges of Nursing and at the University Hospital.

During Nurse Practitioner Week and in "competition" with several other worthy causes, we collected enough clothes, blankets, toys and hygiene kits to burst the seams of my Subaru "Forester." We wish to sincerely thank all of you that donated to this project.

*Lee Moss, NP  
Utah State Representative  
American Academy of Nurse Practitioners*

## UTAH NURSE PRACTITIONERS State Awards for Excellence

- Clinician/Innovator—Kathleen Sillion-Allen, MS, APRN (Private Practice)**
- Community—Maritz Arce-Larreta, APRN (Private Practice)**
- Research—Ginny Pepper, PhD, APRN, FAAN (University of Utah, College of Nursing)**
- Educator—Patricia F. Pearce, PhD, APRN, CS-FNP (University of Utah, College of Nursing)**
- Leadership—Lee Moss, MS, APRN, NP-C (University of Utah)**
- Outstanding Student—Brett Rawlins, RN (FNP Student, Westminster College)**

### SCHOLARSHIPS

- Juanita Allen, MS, UNP Scholarship (University of Utah, College of Nursing, Doctorate in Nursing Practice Student)**
- Penny Jensen, MS, UNP Scholarship (University of Utah, College of Nursing, Doctorate in Nursing Practice Student)**
- Crystal Huffaker, MS, UNP Scholarship (Brigham Young University, College of Nursing, Family Nurse Practitioner Master's Student)**

### UPDATE

Save the date cards will be out shortly for the Pharmacology Conference. We are in the process of developing a database to become more efficient in keeping track of our memberships. Members please ensure that we have your email address so that we can add you to our listserv once we get it up and rolling. We will use it to send information, news, and updates. The website reconstruction is going along smoothly—please send comments about the site or additions you may want to see to Valerie Flattes at [vjfnp@msn.com](mailto:vjfnp@msn.com).

## Stevens Henager Continues to Lead

Medical experts envision a growing demand for nurses training being surpassed only by the demand for pharmaceuticals. It is a recognition that our world is really changing rapidly.

To meet that need Stevens Henager College is reshaping itself to deliver 70% of its graduates in to the healthcare sector. Different approaches will be required. People with jobs and families clearly need more convenient schedules that are being accommodated in the way courses are offered.

Nursing is no different. One such offering is their "completion" Nursing Degree. Registered Nurses are playing a more important role in delivering instruction in such areas as Patient Education, Health Education and Information Systems. RNs serve as the backbone of the nursing field. This specialized program can be described as upgrading Diploma or Associate prepared staff to a more professional Bachelor's level.

The Stevens Henager's curriculum has a good mix of clinical and administrative content. This is very popular with evening/night shift personnel and others because it allows them to take classes at any time or place that suits the busy professional. It can be completed in as little as eleven months; but others can pace themselves to matriculate in twenty-two months.

Classes afford skill development in Team Leadership, Biological Psychology, Case Management, Nursing Informatics, Home Healthcare, Prevention, Community & Family Health, Psychological Aspects, Aging and Advanced Interpersonal Communication. Mentors are made available in Nursing, Research, Medicine and Administration. These professionals not only complement and supplement course material, but help relate it to individual career plans.

Other local offerings include Respiratory Therapy (one of only two programs in the state), Surgical Technology and Medical Specialties. The latter program has a different approach and culminates with an Associate in Occupational Studies Degree, but also affords certifications in eight realms: Medical Assistant, Limited Scope Radiology, Professional Medical Insurance/Coding and Nursing Assistant.

Stevens Henager College also has Masters programs that include a nursing track that could be instrumental in solving the state's shortage of nursing instructors. The Master of Science in Nursing Administration is also an OnLine offering, making it available anywhere and at any time through the Internet. Masters and Bachelors programs in Health Care Administration are also available. Additional information about how Stevens Henager College can assist career planning the nursing field is available from Tom Cherry at (801) 673-4580.

Founded in 1891, Stevens Henager College has a long tradition of serving the education and training needs of the citizens of Utah. The college has campuses in Ogden, Provo, Salt Lake City and Logan, Utah as well as Boise, Idaho.

*Striving to provide for the higher education needs of medical professionals throughout the state!*

## Government Relations Committee (GRC) Update

The Government Relations Committee of the Utah Nurses Association exists to promote the safe practice of nursing at all levels of preparation and in all settings in the Beehive State. We do this by interfacing with government entities, including the Board of Nursing, (Division of Professional Licensing), and the Legislature to represent nursing interests and perspectives. If you want to promote excellent nursing practice and if you are concerned about legislation or policies that may adversely impact YOUR practice of nursing, or if you have spare time and expertise to offer, **THIS IS THE PLACE FOR YOU!**

The GRC is building strong relationships with our stakeholders, including Utah Nurse Practitioners, the Division of Professional Nursing, and the Board of Nursing. The Committee has met with representatives from each of these groups and is actively pursuing areas of mutual interest and benefit on the legislative front. Resolutions sustained at the UNA Convention in Park City address safe patient handling, clean air, availability of health care coverage, and access to care providers in rural areas of our state. In keeping with these resolutions, UNA is partnering with Utah Moms for Clean Air in their efforts to improve air quality across Utah.

On a personal note, participating on this Committee is one of the most stimulating things I have been part of in a long time! It is a wonderful opportunity to get to know real experts in the policy arena. I was intimidated at first, but everyone I have met has been supportive and truly eager to help me learn how best to advocate for nursing. I am certain that there are nurses reading this article who have thought about getting involved. **THIS IS FOR YOU!** You don't have to be located on the Wasatch Front; we can facilitate communication and our rural areas have unique needs that YOU can help us understand.

The GRC has met several times this fall and will continue activity through the legislative session. We are currently monitoring several proposed bills that have potential to impact the nursing practice. All are welcome to join us in this important and fascinating endeavor. If you are interested, please contact CJ Ewell, Committee Chairperson at [fnp\\_cj@hotmail.com](mailto:fnp_cj@hotmail.com).

*CJ Ewell, MS, APRN-BC  
Chairperson, Government Relations Committee  
Utah Nurses Association*

## UNA's Lifetime Achievement Awards

Utah Nurses Association has developed three Lifetime Achievement Awards to be given as the Board of Directors chooses to exceptional individuals for their contributions to the Association and the nursing professionals of Utah. *The awards are: Lifetime Achievement for Service, Lifetime Achievement for Leadership and Lifetime Achievement for Education.*

These important awards recognize individuals whose efforts in the service of the nursing extend beyond the expected and set admirable examples of dedication and commitment to the nursing profession in Utah.

This year, the UNA Board of Directors presented three of these awards to the following individuals and institution for their contributions and expertise in the field of nursing.

*Lifetime Achievement for Service Award:* This year this award is given to the Castleview Hospital Nursing Staff for their compassion and care during the Crandall Mine disaster.

*Lifetime Achievement for Leadership Award:* This year this award is given to two former presidents of Utah Nurses Association: Donna Eliason and Marianne Craven for their excellent leadership and representation of the mission statement and ideals of UNA.

UNA thanks you for your service and congratulates Donna, Marianne and the nursing staff of Castleview Hospital for receiving these awards.

## SAVE THE DATE

The Brigham Young University College of Nursing and Alumni Board invite you to join us at this year's banquet for the Mary Ellen Edmunds Nursing Endowment for the Healer's Art. The event will be held April 9, 2008, at 6:30 p.m. in the BYU Wilkinson Center Ballroom. The endowment was created to honor the outstanding nursing legacy of Mary Ellen Edmunds, BYU Nursing Alumna and Emeritus faculty member. Contributions to the endowment are used to enhance student learning. For more information call (801) 422-4143.



## SURGICAL OPPORTUNITIES in the Developing World

Sponsored by:  
International Surgery Roundtable  
and ACS Utah Chapter



February 2, 2008  
**Hotel Monaco**  
Salt Lake City, Utah

### Meeting Information

**Location:**  
Hotel Monaco  
15 West 200 South  
Salt Lake City, Utah 84101  
**local phone:** 801-595-0000



**Date:** February 2, 2008

#### Registration Fees:

Physician Non-member				\$125.00
Utah Chapter ACS	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Physician Member				\$100.00
Utah Chapter ACS	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Nurses, residents, students	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	\$30.00

Fees include continental breakfast, lunch, reception, snacks, CME.

*Note: Space is limited to 100 participants and will be filled on a first come first served basis.*

If you have registration questions, please contact:

**Teresa Holdaway**  
American College of Surgeons, Utah Chapter  
Utah Medical Association  
310 East 4500 South, Suite 500  
Salt Lake City, Utah 84107  
**phone:** 801-747-3500  
**e-mail:** [teresa@utahmed.org](mailto:teresa@utahmed.org)



#### Course Directors:

**Catherine deVries, MD, FACS**  
(International Surgery Roundtable)  
**Raymond R. Price, MD, FACS**  
(International Surgery Roundtable)  
**Mark Ott, MD, FACS**  
(American College of Surgeons, Utah Chapter)

#### ACS Utah Chapter Officers:

President: **Robert Glasgow, MD, FACS**  
Treasurer: **Clark Rasmussen, MD, FACS**  
Utah Governor: **Leigh Neumayer, MD, FACS**

#### Learning Objectives:

1. To provide attendees with a forum to learn and discuss the latest information regarding international surgical volunteerism
2. To explore key concepts needed for sustainable surgical projects
3. To identify ways to encourage local and global collaboration for international surgical education and research

#### Accreditation:

The American College of Surgeons is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

#### CME Credit:

The American College of Surgeons designates this educational activity for a maximum of **6 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

UNA will be providing **4.5 CEUs** for nurses who attend.



American College of Surgeons, Utah Chapter  
Utah Medical Association  
310 East 4500 South, Suite 500  
Salt Lake City, Utah 84107

#### Join us...

Come explore the complex issues involved in surgical volunteerism. Learn as colleagues discuss sustainable surgical projects from many countries in surgical education, service, and research. Be a part of improving surgical care throughout the world!



The University of Utah  
College of Nursing



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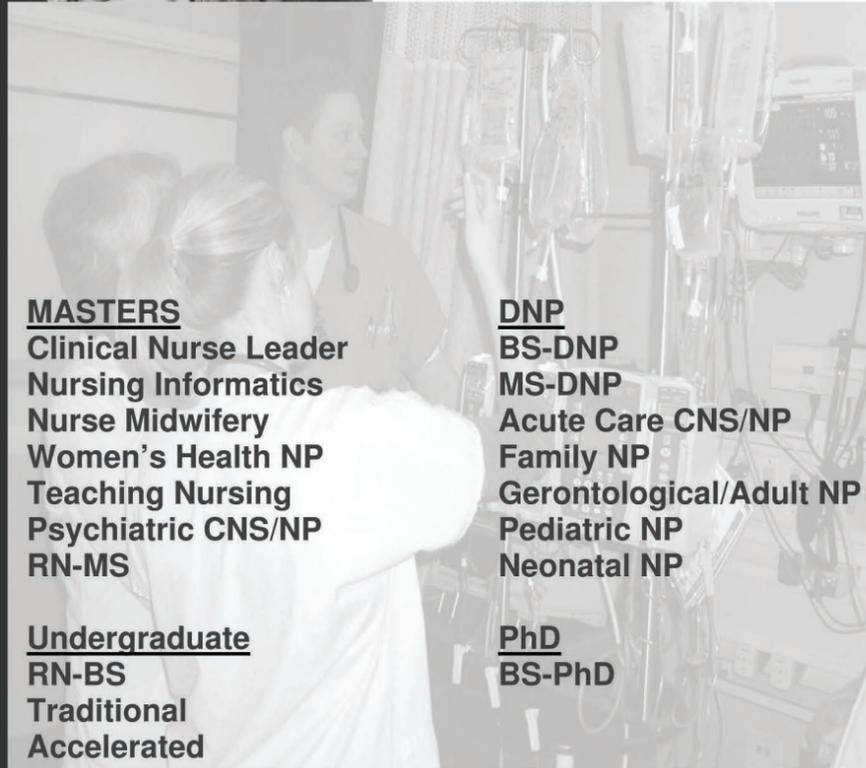
## INTERNET NURSING

UTAH NURSES ASSOCIATION receives its Internet services due to a generous grant from XMISSION, Utah's largest and best local Internet Service Provider. For more information on XMISSION's services and pricing visit XMISSION on the Web at [www.xmission.com](http://www.xmission.com) or call 801-539-0852.

**Please visit the Utah Nurses Association's Web Page!**

[www.utahnurses.org](http://www.utahnurses.org)

Visit our site regularly for the most current updates and information on UNA activities. You can obtain a listing of Continuing Education Modules available through UNA or a listing of seminars and conferences that offer CE credits.



### MASTERS

Clinical Nurse Leader  
Nursing Informatics  
Nurse Midwifery  
Women's Health NP  
Teaching Nursing  
Psychiatric CNS/NP  
RN-MS

### Undergraduate

RN-BS  
Traditional  
Accelerated

### DNP

BS-DNP  
MS-DNP  
Acute Care CNS/NP  
Family NP  
Gerontological/Adult NP  
Pediatric NP  
Neonatal NP

### PhD

BS-PhD

Visit [www.nurs.utah.edu](http://www.nurs.utah.edu) to learn more  
about our undergraduate,  
Graduate and PhD program information.

## **Sarah Alice Strebel**

Sarah Alice Strebel peacefully passed away after a 26-year battle with Juvenile Diabetes. Although Sarah was physically limited by her disease and was unable to attend regular High School classes, she graduated from Weber High School. The limitations of her illness also did not prevent her from earning a Nursing Degree that she used to lovingly help others as a Pediatric Home Care Nurse. She also worked at McKay Dee hospital on the medical floor. Even with her deteriorating health, Sarah was able to maintain all her nursing certifications and had worked on attaining her Masters degree.

## **Lucile Fronk Smith**

Lucile passed away in early October from a short but valiant battle with promyelocytic leukemia. Most of her childhood was spent in Cutler Dam, Utah graduating from Bear River High School and completing her nursing training at the Thomas D. Dee School of Nursing in 1948. Lucile worked in the nursing field throughout her life. Most of her career was spent at the Dee Hospital and later at the McKay Dee Hospital.

## **Lisa Ann Pirtle**

Lisa was born and raised in Ogden, Utah where she graduated from Weber High School and received her Associates Degree in Nursing from Weber State University. Lisa worked as a nurse at McKay Dee Hospital. Lisa loved her family, enjoyed camping and hiking and was a member of the Summiteers in Pleasant View. She enjoyed scrapbooking, crafts and loved to serve and was always thoughtful of others.

## **Joyce Ann Davies Summers**

Joyce passed away peacefully after a courageous battle with renal cell carcinoma. She grew up in West Point,

Utah where she was educated and later attended Clearfield High School. She graduated 14th in her class and went on to continue her education at Weber State University. She graduated in nursing with a 4.0 grade point average and high honors and was named the recipient of the Outstanding Clinician Award. She went on to further her education at the University of Utah where she obtained her Master of Science Degree in Nursing. She began her career at McKay Dee Hospital working in different departments, and also for the late Dr. Glen Church as his surgical nurse.

## **Catherine J. Barker**

Catherine passed away in November of 2007. Catherine, who was also known as Kay, graduated from Holy Cross in 1940. She loved nursing and used her skills well into her retirement as she cared for those around her. She passed away at her home in Leawood, Kansas.

## **Jeanellyn Lewis**

Jeanellyn passed away in October 2007 at Salt Lake Regional Medical Center of complications due to surgery. She was employed as a Registered Nurse at St. Benedict's Hospital for 30 years. Jeanellyn loved to travel with her grandchildren and is remembered as a giving mom and grandmother.

## **Lida M. Goodell**

Lida was born in North Dakota and was very proud of her Danish heritage. Following her graduation from high school, Lida studied nursing in Jamestown, South Dakota as a Cadet Nurse. Later she continued her education in nursing graduating from the Sisters of St. Joseph Nursing School in 1947. Lida worked as a Registered Nurse for 35 years at McKay Dee Hospital in the Labor and Delivery Unit. Lida loved her work, the people she worked with and was very proud of the babies she helped bring into the world.

# *A Tribute to Senator Ed Mayne*

**Eddie Paul Mayne—A Life Well Lived  
1945–2007**

Ed was born on September 16, 1945 in Bingham Canyon, Utah, son of Rolland and Ruth Oliver Mayne. He married Karen Marie Hibler on September 21st and are the parents of two children. They shared their loving companionship for 39 years. Ed attended Granger High School, Snow College and the University of Utah. He received an honorary doctorate degree from Salt Lake Community College. Ed was noted in a recent interview as one of the most influential Democrats in the State of Utah. He had served as a State Senator since 1994, where he remained dedicated to the people in his district and guaranteed that their concerns and needs were heard and acted upon. He also proudly served as Utah State AFL-CIO President since 1977 and fulfilled his commitment to his fellow brothers and sisters with loyalty and honor. During Ed's career, he was a consumer advocate to the Federal Reserve Bank of San Francisco representing Utah and nine other western states. Other committees include the United Way Executive Committee, Workers Compensation Legislative Advisory Board, Blue Cross/Blue Shield Executive Board, University of Utah Rocky Mountain Center for Occupational and Environmental Health, and numerous other influential committees. Ed was asked by then Salt Lake Olympic Committee organizer Mitt Romney, to carry the Winter Olympic Torch through Kearns. Ed was one of just three known public elected officials in the nation to have carried the Olympic Torch in 2002. In 1993 "Ed Mayne Street" was dedicated as a tribute for his community service to Salt Lake County and his help in developing Oquirrh Hill Park across from Kearns High School. In recognition for his support to the schools within his district, Granite School Board is dedicating the Hunter High Football Stadium in his name.

**Senator Mayne was a well-respected advocate for nursing in the State of Utah and will be remembered and missed by many.**