The current fragmented and costly U.S. healthcare system is in a state of crisis and stands as evidence of the futility of patchwork approaches to health system reform.

Health care is a basic human right—all people are entitled to ready access to affordable, high-quality healthcare services. Care should not be conditioned on income, job status, health status, geographic location, race, gender, ethnicity or any other “qualifier.”

A restructured healthcare system must ensure that everyone has access to a standard package of essential healthcare services.

Accessible, affordable and high-quality health care will strengthen our health as individuals and our collective society’s well-being and productivity.

An adequate supply of registered nurses is necessary for an effective and affordable healthcare system. The impact of the current nursing shortage will intensify as aging Baby Boomers place increased demands on the system. Advanced practice registered nurses must be utilized to expand access to high-quality primary care.

The six Institute of Medicine (IOM) standards for a quality healthcare system—safe, effective, patient-centered, timely, efficient and equitable—must be pillars of any comprehensive reform proposal.

The nation must increase its investment in community-based primary care, wellness and prevention services, as well as chronic disease management, to reduce the need for more costly and technology-driven emergency, medical and surgical treatments in hospitals.

Reform must reduce the rate of healthcare cost growth in the long term. A public health insurance plan will provide a coverage option and help control costs. Ultimately, a single-payer healthcare system is the most desirable financing mechanism.

This is directly off the ANA website: www.nursingworld.org, found under Policies. From here you may download the ANA’s 15 page brochure, ANA’s Health System Reform Agenda (2008) [pdf] for free, and you don’t even have to be an ANA member to get this information!

SILVER SPRING, MD—The American Nurses Association (ANA) applauds President Obama’s executive order to establish a White House Office of Health Reform as a positive step toward achieving one of ANA’s top priorities: guaranteeing ready access to affordable, high-quality health care services for all people in the United States. “ANA looks forward to working with the Obama Administration and the White House Office of Health Reform to help make universal access to essential health care services a reality,” said ANA President Rebecca M. Patton, MSN, RN, CNOR. “As a grassroots organization, ANA appreciates that the Office of Health Reform is charged with working with state, local and community policymakers. That should give nurses on the frontlines more opportunities to make their concerns, experiences and knowledge heard.” ANA has long advocated that health care is a basic human right and contends that the current fragmented and costly U.S. health care system is in a state of crisis that patchwork approaches will be inadequate to fix. ANA emphasizes that ensuring an adequate nursing workforce is an essential component of meaningful health care reform to truly provide access to care for all.

The ANA is the only full-service professional organization representing the interests of the nation’s 2.9 million registered nurses through its 51 constituent member nurses associations and its 24 specialty nursing and workforce advocacy affiliate organizations that currently connect to ANA as affiliates. The ANA advances the nursing profession by fostering high standards of nursing practice, promoting the rights of nurses in the workplace, projecting a positive and realistic view of nursing, and by lobbying the Congress and regulatory agencies on health care issues affecting nurses and the public.
**NEW INFORMATION?**

Here's how to get in touch

**Academy of Med-Surg Nurses (AMSN)**
Rio Grande Chapter, Contact: Steve Ross
505-291-5474 or pross@salud.unm.edu

**American Assm. of Critical Care Nurses (AACNU)**
Albuquerque Chapter, PO. Box 36546
Albuquerque, NM 87156-6546
Hodl Radke, Chapter President
Email: hkr@msn.com

**American Assm. of Nurse Assessment Coordinators**
www.aanac.org a website for members of assm. of Long Term Care MDS Coordinators, offering CNE, on-line discussion, latest news updates.
1873 B. Belloire Street, Suite 800
Denver, CO 80222
1-800-768-1880, Contact: Debbie Hoellen

**American Nurses Association (ANA)**
6301 Indian School, NE, Suite 710
Albuquerque, NM 87110
(505) 841-8340

**New Mexico Board of Nursing**
New Mexico Developmental Disabilities Nurses Association
Contact Person - Judi Murphy
(505) 332-6820 or amurphy@arc-a.org

**NM Emergency Nurses Association**
Contact Jean Gomez at jean.gomez@loveface.com

**NM Native American Indian Nurses Association**
PO Box 269684, Albuquerque, NM 87125
Josephine Wacunda, President
(505) 869-2134

**New Mexico Nurses Association**
PO Box 29658
Santa Fe, NM 87529-9658
(505) 471-3324

**New Mexico Nurse Practitioner Council**
Contact any Board of Directors Member at nmnpn@nmnpn.org

**New Mexico Organization of Nurse Executives**
Contact: Raychelle Creech, (505) 839-2625

**NM School Nurses Association (NMSA)**
Contact Judith Bauer-Creegan, RN, BSN, MSN,
NM School Nurses Association (NMSA), PO Box 4491
Albuquerque, NM 87196 or their web site:
www.nmone.org

**NM Native American Nurses Assn. of NM**
Contact Corrine Fiores, President 2007-08
corrine.fiores@yahoo.com

**PeriAnesthesia Nurses Assn. of NM**
Contact Pat Collins at 505-478-1544
or patijames@Joel.com

**Santa Fe, NM 87529-9658**

If you would like your organization's name and phone # listed in the New Mexico Nurse, forward your information to:
NMNA, PO Box 29658
Santa Fe, NM 87592-9658

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**NMSA Board and Staff**

**President:** Mary Colleen Campbell, BSN, RN
1140 Bollwein Circle
Clerics, NM 88101

**Term Exp.: 2010**

**Treasurer:** Margaret Onuska, MSN, CNM, CNP
1332 Wohles Dr. NE
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**1st Vice-President:** Leigh Deloa, BSN, RN
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Las Cruces, NM 88011

**Term Exp.: 2010**

**2nd Vice-President:** Tracy H. Smith, DNP, MSN, RN
1925 Fairway Terrace NE
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**Term Exp.: 2009**

**Lobbyist:** Linda Siegle
5920 Unitas Lane, NW
Albuquerque, NM 87114

**Term Exp.: 2010**

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**Meetings:**

**Spanish Meeting 1:**
641 East 2nd Street
Santa Fe, NM 87505-8063

**Term Exp.: 2010**

**Spanish Meeting 2:**
1905 Rita Court NE
Albuquerque, NM 87106

**Term Exp.: 2009**

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**办公地址：**

The New Mexico Nurse is published quarterly by the Arthur L. Davis Publishing Agency, Inc. for the New Mexico Nurses Association with offices at 3018 Cida Court, Ste B, Santa Fe, NM 87507, Phone (505) 471-3324.

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Inactive:
DNA 3, Tucumcari; DNA 5, Roswell; DNA 6, Hobbs; DNA 8, Española; DNA 9, Los Alamos; DNA 11, Taos; DNA 12, Silver City; DNA 13, Las Vegas; DNA 15, Alamogordo; DNA 16, Gallup; DNA 17, Deming

Nursing Information Web Sites

NM Nurses Association: www.nmna.org
Information on the organization, calendar of events, legislative update, on line registration for workshops, job listings for all kinds of health care jobs, and Continuing Education applications for workshops for nurses.

NM Board of Nursing: www.bon.state.nm.us
Lists board meeting dates, download the Nursing Practice Act, Rules and Regulations, download renewal forms, complaint forms, get information on recent rules and regulation changes, get names of board members.

NM Center for Nursing Excellence: www.nmnursingexcellence.org
Information on NM-NE activities to lessen the nursing shortage, recognize nurses for their accomplishments, Links to nursing organizations, workforce reports and much, much more.

NM Nurse Practitioner Council: www.nmnpcc.org
Information on the organization, activities, legislative initiatives, and formulary for sale to NPs.

American Nurses Association: www.nursingworld.org
Membership, bookstore to buy standards of various nursing practices, the Code of Ethics for Nurses, Online Journal of Nursing, press releases on various legislative initiatives, connections to state (constituent) nurses associations, American Nurses Credentialing Center, and the American Academy of Nursing.

Exceptional Nurse: www.ExceptionalNurse.com
A nonprofit resource for nurses and students with disabilities. The email address is exceptionalnurse@aol.com.

MISSION STATEMENT

New Mexico Nurses Association is committed to advocating for all licensed nurses, improving health care, and promoting life-long learning.

Core Values
• Promote the professional and educational advancement of nurses.
• Develop alliances with other professional health care organizations on issues affecting nurses and health care.
• Enhance recognition of the contribution of the nurse in health care.
• Promote high standards of nursing practice by upholding the integrity of the New Mexico Nursing Practice Act.
• Improve access to health care services by expanding opportunities for nurses.
• Foster personal and professional self-advocacy.
• Advocate for nurses through legislative, regulatory, and policy making endeavors.

revised 06/03/2008
Continuing Nursing Education Frequently Asked Questions (FAQs)

Q1. I took a class in ________ last month, and the person in charge told me I would have to apply for continuing education contact hours.

A1. No accrediting body in the U.S.A. will allow their approvers to retroactively approve continuing education courses. The PROVIDER of the Continuing Nursing Education (CNE) course would have had to apply ahead of time. Participants cannot apply.

Q2. I spent 8 hours (or 16) taking a BLS (ACLS/ PALS, others) course, and they didn't give me a certificate for my CEUs. How do I get that?

A2. The Board of Nursing here and in other states does not generally accept BLS, ACLS, PALS or other course of similar nature for license renewal because these courses rarely change. Yes, your facility or agency may require current certification, but continuing nursing education contact hours must be from courses that improve your nursing skills in your work setting (can't be how to plan for retirement, and cannot be routine re-certification of skills, etc.). By the way, CEUs is a term from the 1980's and what is presently used is the term "contact hours."

Q3. The Board of Nursing told me to call you about whether the course I want to take is approved or not.

A3. The Board of Nursing in NM will accept courses that NMNA's approver unit has approved. They will also accept Continuing Nursing Education (CNE) courses that are approved by ANCC (which we have) from other groups. They'll also accept CNE accepted by any other Board of Nursing. You'll often see courses advertised that were approved by another nursing organization that holds ANCC approval. That course is fine.

Q4. Some states require you to have no more than 50% of your CNE contact hours through online or home-study courses. What are New Mexico's requirements?

A4. In New Mexico, the requirement is that LPNs and RNs must have 30 contact hours of CNE between the beginning date of the most current licensure and the end of the licensure period. If you are an advanced practice nurse, you must have 30 hours of CNE, 15 of which must be from pharmacology courses, and 5 applicable to your specialty (family, ob/gyn, adult, etc.). These courses may be taken in person, online, or via home-study work books. Make sure you have every one of your CNE contact hours adding up to the correct amount before you sign your renewal application, because when you sign it, you are attesting that you have all your CNE contact hours. If you don't, the board may take disciplinary action against your license.

Q5. I want to take a homeopathy CNE course. Can I count that?

A5. If you work in a setting where you could possibly have patients/ clients who use Alternative/ Complementary therapies like homeopathy, acupuncture, herbal medicines, naturopathy, and others, then taking the course could help you and the physician, NP, or other provider to coordinate the care modalities to avoid complications. Having knowledge of the modalities would improve the quality of the care you are providing, thus the course would be appropriate. However, if you are taking the course thinking that you will become a provider of that type of care, it may not count, until you are certified or licensed for that kind of care.

Q6. I am working on my ADN (or BSN, or MSN), and have taken academic courses. Can I apply those classes to my CE, what is the conversion?

A6. If you have been taking nursing, pathophysiology, pharmacology, physical assessment, or Spanish for Health Care Providers in a college/ university, you may use your transcript to show you have continuing education. 1 Academic hour = 15 contact hour. Since you only need 30 contact hours (RN and LPN) every 2 years, one 3 hour course would give you 45 contact hours. If you are audited, send in a COPY of your transcript.

Q7. I have taken a BSL Instructor course. Can I count that toward my CNE requirements for relicensure?

A7. BLS Instructor Course On November 29, 2006, the Commission on Accreditation moved to allow ANCC contact hours to be awarded for the teaching modality content only of the classroom based BLS Instructor course. Note that this does not include the BLS content portion of the course. In addition, accredited providers and approved providers cannot award ANCC contact hours for the course offered online or on CD ROM by AHA as these formats preclude the involvement of the accredited/approved continuing education unit in the planning or implementation of the activity.

See the Continuing Nursing Education Listings on page 12.
Nursing Legends

Background: The New Mexico Nursing Legends Awards are presented to retired nurses whose career has significantly enhanced the nursing profession in New Mexico. Sponsored by the University of New Mexico Hospitals, five Nursing Legends Awards are presented each year.

Criteria: A retired nurse with a minimum of 20 years of nursing experience who has had a significant impact on the profession of nursing in New Mexico.

Nominations: Nominations for the Nursing Legends Awards require the following:
1. The nominee's resume.
2. A letter of recommendation that includes:
   a. The Nominee's contact information
   b. The Nominator's contact information.
   c. Significant and outstanding contributions to building the profession of nursing in New Mexico.
   d. Contributions of the nominee are a living tribute to the commitment and dedication she/he demonstrated to the profession of nursing and to community service.
   e. The nominee has pioneered and/or provided leadership to building the profession of nursing in New Mexico.
   f. The nominee has advanced the profession of nursing through political, organization or academic process.

Deadline for Nominations: August 5, 2009

Notification of Legend Award Winners: Legend Award winners are selected by the Nursing Excellence Awards Planning Committee. They will be notified by September 19, 2009 with an invitation to attend the awards dinner.

Cost of Nomination: There is no cost to nominate a Nursing Legend.

Submit Nominations To: NMCNE, ATTN: Nursing Excellence Awards, 3200 Carlisle NE, Ste 205, Albuquerque, NM 87110
OR Fax to: 505-889-4551, Questions: 505-889-4518

The New Mexico Center for Nursing Excellence

The New Mexico Nursing Excellence Awards is a statewide program to recognize and honor nurses for excellence in nursing practice. Awards are presented in 22 nursing specialties. The premier award is the New Mexico Distinguished Nurse of the Year Award, presented to an individual whose practice exemplifies the best of the nursing profession. Also honored are the Nursing Legends of New Mexico - nurses whose lifetime achievements have significantly contributed to the nursing profession.

The Touch a Life Award provides patients and families an opportunity to recognize nurses who have touched their lives. Each honoree will receive an award designed especially for this event by Laguna/Zuni artist De Haven Solomon Chaffins.

Proceeds of the New Mexico Nursing Excellence Awards and Silent Auction go to support the New Mexico Center for Nursing Excellence (NMCNE). The NMCNE is a non-profit, 501(c)3 organization whose primary focus is strengthen and grow the nursing workforce in New Mexico. Advocating for nursing education, supporting nurse recruitment and retention through professional development, and recognizing nurses are the primary goals of the NMCNE. Major NMCNE programs include the Nightingale Scholarships for nursing students at all levels of nursing education, the Clinical Teaching Institute for nurses' professional development, and the Nursing Excellence Awards. The NMCNE also works to develop and coordinate a statewide nursing data set to ensure an accurate, factual picture of nursing in New Mexico.

The New Mexico Nursing Excellence Awards will be presented at the Awards Gala Saturday, October 24, 2009 at the Hyatt Regency Tamaya, Santa Ana Pueblo. Silent Auction: 5:30-7:00 Dinner: 7:00 pm with awards to follow

The Sponsors
The New Mexico Nursing Excellence Awards are presented by Lovelace Health System, with University of New Mexico Hospitals and Presbyterian Healthcare Services as major sponsors. The Awards have over 25 community sponsors.

The Beneficiary
Proceeds of the Nursing Excellence Awards supports the New Mexico Center for Nursing Excellence (NMCNE). The NMCNE is a 501(c)3 nonprofit organization whose mission is to strengthen the nursing workforce in New Mexico through advocacy and initiatives that support nurses in practice, nursing education, and research.
Kudos!

Barbara M. Thorpe, MSN, RNC, CNP, Certified Menopause Practitioner with the North American Menopause Society and Clinician with New Mexico Gynecology Consultants and Southwest Clinical Research, Albuquerque, New Mexico is guest editor for a supplement in The Journal of Nurse Practitioners. The supplement title is “Advances in the Treatment of Postmenopausal Osteoporosis” and will be sent to Nurse Practitioners throughout the country in June. Ms. Thorpe has contributed greatly to osteoporosis research and has taught nursing research at the university level. In the supplement, she wrote the introduction as well as the chapter on “Integrating Osteoporosis Prevention and Treatment into Clinical Practice.” Barbara received the NMCNE Award for Education and Research. We are proud to have Barbara in New Mexico and as a resource for bone health promotion.

ITT Tech

ITT Technical Institute in Albuquerque is helping meet the demand for nurses by expanding its existing offerings to include a new associate degree program in nursing. The program helps graduates prepare to become licensed Registered Nurses (RNs).

“We are helping New Mexico in its quest to provide qualified individuals an opportunity to become RNs,” said Fran A’Hern Smith, D.N.Sc. RN, Program Chair, ITT Tech, Albuquerque. “If the nursing workforce maintained two percent annual growth as seen during 2007-08, the state would fall short of the 2010 Health Resources and Services Administration projection by 483 nurses. ITT Tech is prepared to help these individuals pursue their dreams of becoming nurses while helping to ease the community’s nursing shortage.”

The American Association of Colleges of Nursing project that nursing will be the fastest growing job market in the nation through 2012, and the country will face a shortage of a half-million nurses by the year 2020.

The school is looking forward to an exciting June start. Congratulations to the Albuquerque school in achieving this milestone and offering a new program of study to the community.
Carrie's Corner

So I am sitting in my beach-front condo writing this as a storm rolls in after 6 days of non-stop rain in Key West, Florida. The deadline for articles is Monday, so I have to get busy. Despite being on vacation, I have been working on the annual meeting and have been reading the news each night, heard about the president’s visit to Tucson, Obama’s plan to talk about credit card issues, but isn’t it interesting that the most popular topic on the news was about health care? A woman asked why Single Payer was “off the table.” The answer is the political climate in Washington, DC. Between the “Big Pharma” controversy on drug prices, mandating managed care, and the insurance companies in the country, both of which have donated huge amounts of campaign funds to representatives and senators, there just isn’t the will in the Congress to move against the groups who have provided the funds for their re-elections. That despite the fact that recent polls show that a majority of Americans would support a Single Payer plan with supplemental coverage for things not covered by the basic plan.

We have not heard how the Affordable Care Act will impact our profession. New regulations are coming, at which new officers and directors are installed, bylaws changes are decided and voted on, and the legislative agenda is approved by all members. There will also be continuing education activities to attend, exhibitors to visit, and friends to see. We are particularly hoping to meet/ see members from Deming, Silver City, Alamogordo, Carlsbad, Hobbs, Las Cruces, and would hope there will be representatives from each of the districts to share they successes, and be involved in their professional organization. We’ve included a Consent to Serve form in this issue on page 11. If you want to be involved in determining the direction and the activities the organization is involved in, consider running for the board of directors. Terms are for 2 years. More information is available for the specific positions on that page. We also need three people who would serve as the nominating committee; their job is to contact nurse members who might be interested in running for office or the director positions. Each must come from a different district, and lists are provided to you. We know from experience that a personal invitation to run for office and to become more involved works much better than something like this. The amount of time you would need to spend getting nominees is up to you, but usually the nominating committee works for about 6 hours calling, which can be done on weekends or in the evening.

There is an article on page 5 about the New Mexico Center for Nursing Excellence’s Legend Award, an award given to retired nurses with at least 20 years of work in New Mexico who have improved nursing care in the state. The other awards of NMCE are available online at www.nmcn.org. The deadline to submit nominations for November 24th at Tamaya Resort, north of Albuquerque.

We are particularly hoping to meet/ see members from Deming, Silver City, Alamogordo, Carlsbad, Hobbs, Las Cruces, and would hope there will be representatives from each of the districts to share they successes, and be involved in their professional organization. It provides us with insight into the depth of nursing practice in New Mexico. We have new experiences gives us the energy to continue to work out the details, but they will be published by both mail and online, starting by the 1st of November.

Taking care of ourselves, giving ourselves permission for down time, new activities, and new experiences gives us the energy to continue to provide the very best in nursing care to our patients/ clients, and renew our dedication to the profession. It provides us with insight into the nation and enables us to make changes to provide care in innovative ways and advancing the profession to improve access to all the people in the U.S. Here’s to vacations!
ANSA Supports Public Plan Option for Health Reform, Contrary to Doctors’ Group

STATEMENT

SILVER SPRING, MD—The American Nurses Association (ANA) believes the best way to achieve its overall health system goal—guaranteed, affordable, high-quality health care for all—is through the inclusion of a public health insurance plan option in any health care reform legislation. ANA is deeply disappointed to learn of the American Medical Association’s position that private health insurance alone should dictate coverage options for all who don’t qualify for existing public plans, such as Medicare, as described in the June 11, 2009, New York Times article, “Doctors’ Group Opposes Public Insurance Plan.”

A public health insurance plan would expand choices and help protect against potential economic calamity for individuals or families who are not satisfied with their current health coverage, have difficulty paying for their health care, or cannot find affordable coverage. ANA supports President Obama’s call for a public plan option, and applauds its inclusion in Senator Kennedy’s comprehensive health reform legislation introduced June 9.

What is lacking in our current health care system, driven by for-profit, private insurance companies, is the reliability and predictability of accessible, affordable care. Many people have encountered the unpleasant reality that they can be denied care when they need it most, or lose coverage when they can least afford it. Private insurers can discriminate based on preexisting conditions, health status, gender, age, claims history, or other factors. In addition, in this unstable employment market, the loss of a job often leads to loss of health coverage, as insurance becomes less affordable.

ANA disagrees with the American Medical Association’s speculation that a public health insurance plan option would threaten to restrict patient choice by driving out private insurers, as stated in the New York Times story. The choice of a public health insurance plan will create a level playing field, where for-profit private plans will have to compete with each other out in the open under fair rules. Patients should be able to see what they’re getting so they can make the choice about where they purchase coverage and not receive a surprise from their insurer buried in the fine print when they seek health care services.

# # #

The ANA is the only full-service professional organization representing the interests of the nation’s 2.9 million registered nurses through its 51 constituent member nurses associations and its 24 specialty nursing and workforce advocacy affiliate organizations that currently connect to ANA as affiliates. The ANA advances the nursing profession by fostering high standards of nursing practice, promoting the rights of nurses in the workplace, projecting a positive and realistic view of nursing, and by lobbying the Congress and regulatory agencies on health care issues affecting nurses and the public.
To the Editor:

Re “Doctor Shortage Proves Obstacle to Obama Goals” (front page, April 27):

Making better use of advanced-practice registered nurses is a crucial component of health care reform. These registered nurses can help ensure that as more people gain coverage under reforms, they will have access to primary care and preventive services amid the shortage of primary care physicians.

Nurse practitioners, the fastest-growing group of primary-care professionals, can relieve burdens on the health care system, provided they qualify for reimbursement under insurance plans. Holders of master’s or doctoral degrees and trained to perform comprehensive health assessments, these professionals are licensed to diagnose; order and interpret tests; and prescribe medication—in short, to provide services on a par with those offered by primary-care physicians.

Advanced-practice registered nurses are one solution to expanding access to care to regions and populations that lack adequate health care. The key is to integrate this health care work force more effectively into our health care system.

Each year we elect half of the members of the board. Last year we had five new people elected to the board, who have brought fresh insights and ideas to us. We are looking for more members who want to help guide nursing to new heights of professionalism, improved working environments and patient outcomes.

**Time commitment:** 5 or 6 meetings, lasting 3-5 hours, each year, plus helping out with workshops, the Career Expo, or other events 2-3 times a year. Conference calling is available for those unable to travel to board meetings, which move around the state. In 2008/2009 we will have been in Albuquerque, Santa Fe, Clovis, Las Cruces, and more.

**Advantages:** be a part of the professionals working to improve nursing in New Mexico; be “in the know” about the latest issues; looks great on a resume; terrific support and networking inherent in being on the board, plus you get to see a New Mexico you may never have seen before!

**Open officer positions are: The President shall**

a. Be Chief Executive officer of the Board, representing the membership and the best interest of the organization.

b. Establish goals and objectives in collaboration with the Board of Directors.

c. Exercise personal leadership in motivating officers, the Board and Committees.

d. Direct and supervise the Executive Director.

e. Be spokesperson for the Board and the organization.

f. Attend the Constituent Forum of ANA or designate an alternate.

g. Appoint all committee chairs and task force chairs and communicate to each the purpose of these committees.

h. Serve on the ANA House of Delegates only if elected as an ANA delegate by the individual NMNA/ANA members.

i. Serve as an elected representative to the Center for American Nurses Membership Council only if elected as such by the individual NMNA/ANA members of The Center for American Nurses.

**The Second Vice President shall:**

a. Coordinate fund raising for the state organization.

b. Initiate evaluation of structure, policies, and personnel.

c. Serve on the ANA House of Delegates only if elected as an ANA delegate by the individual NMNA/ANA members.

**The Secretary shall:**

a. Maintain records of the meetings of the Board, Executive Committee, and Convention/Annual Meeting.

b. Serve as liaison to NMNA committees as assigned by the Board.

c. Serve on the ANA House of Delegates only if elected as an ANA delegate by the individual NMNA/ANA members.

**Three (3) Directors positions are open:**

The Board of Directors shall:

A. Conduct the business of NMNA between an Annual Meeting/Convention.

B. Adopt such policies and procedures and standing rules as needed to carry on business of the organization.

C. Establish standing and special committees for the Board as deemed necessary for the performance of its duties, and define purpose and authority of such committee.

D. Adopt a budget for the fiscal year.

E. Provide an annual report at the Annual Meeting/Convention.

F. Assume other duties as deemed necessary for the operation of NMNA.

G. Have the authority to designate alternate representatives to attend the ANA Constituent Assembly meetings.

H. Directors provide additional representation of nursing from the various geographical and practice areas of nursing within the state.

I. Serve on the ANA House of Delegates only if elected as an ANA delegate by the individual NMNA/ANA members.

**Three (3) Nominating Committee positions are open:**

Nominating Committee

A. A nominating committee consisting of three members shall be elected by ballot for a term of two years. No two members may reside in the same District. The committee will select a member to serve as chair.

B. Four months prior to the Annual Meeting/Convention, the committee shall provide each DNA with the names of officers, directors and delegates whose terms expire that year, citing those eligible for re-election.

C. At least six weeks prior to the convention/annual meeting the committee shall prepare a ballot having representation, if possible from the various districts. No name shall be placed in nomination without the written consent of the nominee.

**ANA House of Delegates:**

Any member may run for a delegate position. The top 5 vote-getters will be the delegates, all others will be alternates. If a delegate is unable to attend because of financing or conflicts in schedule, the next alternate will be asked if that person can join the delegation. Next HOD - June, 2010, usually for about a week.
CONSENT TO SERVE AS AN ELECTED OFFICIAL OF NMNA
Postmarked by 08/01/2009 for the 2009 election.

You may run for an office or board position AND/ or a delegate position AND/ or (if not a union member) Representative to the Center for American Nurses.

Board position:  
- President (must have served on the NMNA or a district board for at least 2 years in the recent past)  
- 2nd Vice-President (responsible for fund-raising)  
- Secretary (takes minutes at meetings)  
- Board of Directors (3 positions open)  
- Delegate to ANA's House of Delegates every 2 years (4 positions open)  
- Nominating committee (3 positions open. Only responsibility is to call members and recruit them for the next elections. Term is 2 years, and each must be from a different district).

Name: __________________________________________________ NMNA District: __________________

Address: ____________________________________________________________________________________

Phone (home): ____________________ (work): ___________________ Email ________________________

Place of employment: _________________________________________________________________________

Present position: _____________________________________________________________________________

Professional education: _____________________________________________________________________

Professional Organizations: ____________________________________________________________________

Statement to be published on the NMNA Ballot:

My signature below represents permission for my name to appear on the ballot of the New Mexico Nurses Association.

Signature __________________________________________________  Date __________________________

Individuals running for Delegate positions to the American Nurses Association House of Delegates understand expenses for transportation, hotel, meals, etc. are paid by the individual and may not be reimbursed, dependent on the financial status of the organization.
### Continuing Nursing Education Listings

**NMNA is now an ANCC-accredited approver—all CNE is ANCC approved!**

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Title</th>
<th>CE</th>
<th>Sponsor</th>
<th>Contact</th>
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</thead>
<tbody>
<tr>
<td>any time</td>
<td>at your home computer</td>
<td>multiple titles</td>
<td>various</td>
<td>National Council of State Boards of Nursing</td>
<td><a href="http://www.learningext.com">www.learningext.com</a></td>
</tr>
<tr>
<td>anytime</td>
<td>at your home computer</td>
<td>multiple titles- all free!</td>
<td>various</td>
<td>Medscape website</td>
<td><a href="http://www.medscape.com">www.medscape.com</a></td>
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<tr>
<td>anytime</td>
<td>at your home computer or by book &amp; mail</td>
<td>multiple titles</td>
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<td>Western Schools</td>
<td><a href="http://www.westernschools.com">www.westernschools.com</a></td>
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<tr>
<td>anytime</td>
<td>at your home computer or by book &amp; mail</td>
<td>multiple titles</td>
<td>various</td>
<td>National Center of Continuing Education</td>
<td><a href="http://www.nursece.com">www.nursece.com</a> 1-800-824-1254</td>
</tr>
<tr>
<td>any time</td>
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<td>multiple titles</td>
<td>various</td>
<td>American Nurses Association</td>
<td><a href="http://nursingworld.org/cc/home.cfm">http://nursingworld.org/cc/home.cfm</a></td>
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<tr>
<td>TBA</td>
<td>New Mexico</td>
<td>Understanding Infant Adoption</td>
<td>7.5</td>
<td><a href="http://www.libraryriver.com">LibraryRiver.com</a></td>
<td>Carol 505-766-9361  <a href="mailto:jessica@libraryriver.com">jessica@libraryriver.com</a></td>
</tr>
<tr>
<td>TBA</td>
<td>Santa Fe</td>
<td>Trauma First Aide</td>
<td>19.5</td>
<td>Trauma First Aide Associates</td>
<td>Email: <a href="http://nepenthe@cybermesa.com">nepenthe@cybermesa.com</a></td>
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<tr>
<td>TBA</td>
<td>San Diego, CA</td>
<td>Trauma First Aide</td>
<td>19.5</td>
<td>Trauma First Aide Associates</td>
<td>Email: <a href="http://nepenthe@cybermesa.com">nepenthe@cybermesa.com</a></td>
</tr>
<tr>
<td>TBA</td>
<td>Northern NM</td>
<td>Homeopathy- Medicine for the Whole Family</td>
<td>7.5</td>
<td><a href="http://www.mirusfoundation.net">Mirus Foundation</a></td>
<td><a href="mailto:belli@kitcarson.net">belli@kitcarson.net</a></td>
</tr>
<tr>
<td>look at the website</td>
<td>NM and elsewhere</td>
<td>Various CE activities-all ANCC approved via Wisconsin Nurses Association (can be used in NM)</td>
<td>various</td>
<td><a href="http://www.health-ed.com/">HEALTH EDucation Network</a></td>
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<td>TBA</td>
<td>Albuquerque</td>
<td>Introduction to IV Procedures for Nurses and Non-nurse Professionals</td>
<td>8.3</td>
<td>Central New Mexico Community College</td>
<td>Alicia West at 505-224-5204</td>
</tr>
<tr>
<td>Any time</td>
<td>on home computer</td>
<td>School Nurse Emergency Preparedness</td>
<td>1.0</td>
<td>UNM Dept. of Emergency Medicine</td>
<td>Rob Elgie <a href="mailto:relgie@salud.unm.edu">relgie@salud.unm.edu</a></td>
</tr>
<tr>
<td>Any time</td>
<td>on home computer</td>
<td>School Nurse &amp; EMS Continuum of Care</td>
<td>1.0</td>
<td>UNM Dept. of Emergency Medicine</td>
<td>Rob Elgie <a href="mailto:relgie@salud.unm.edu">relgie@salud.unm.edu</a></td>
</tr>
<tr>
<td>Any time</td>
<td>on home computer</td>
<td>School Emergency Preparation &amp; Medical Response Plans</td>
<td>1.0</td>
<td>UNM Dept. of Emergency Medicine</td>
<td>Rob Elgie <a href="mailto:relgie@salud.unm.edu">relgie@salud.unm.edu</a></td>
</tr>
<tr>
<td>Any time</td>
<td>on home computer</td>
<td>School Nurse Assessment &amp; Triage</td>
<td>1.0</td>
<td>UNM Dept. of Emergency Medicine</td>
<td>Rob Elgie <a href="mailto:relgie@salud.unm.edu">relgie@salud.unm.edu</a></td>
</tr>
<tr>
<td>Any time</td>
<td>on home computer</td>
<td>Special Emergencies &amp; Gadgets</td>
<td>1.0</td>
<td>UNM Dept. of Emergency Medicine</td>
<td>Rob Elgie <a href="mailto:relgie@salud.unm.edu">relgie@salud.unm.edu</a></td>
</tr>
<tr>
<td>Any time</td>
<td>on home computer</td>
<td>Emergency Care of the Airway</td>
<td>1.0</td>
<td>UNM Dept. of Emergency Medicine</td>
<td>Rob Elgie <a href="mailto:relgie@salud.unm.edu">relgie@salud.unm.edu</a></td>
</tr>
<tr>
<td>Any time</td>
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<td>Emergency Care of Musculoskeletal Injuries Part 1</td>
<td>1.0</td>
<td>UNM Dept. of Emergency Medicine</td>
<td>Rob Elgie <a href="mailto:relgie@salud.unm.edu">relgie@salud.unm.edu</a></td>
</tr>
<tr>
<td>Any time</td>
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<td>Emergency Care of Musculoskeletal Injuries Part 2</td>
<td>1.0</td>
<td>UNM Dept. of Emergency Medicine</td>
<td>Rob Elgie <a href="mailto:relgie@salud.unm.edu">relgie@salud.unm.edu</a></td>
</tr>
<tr>
<td>Any time</td>
<td>on home computer</td>
<td>Emergency Care of Spine Injuries Part 1</td>
<td>1.0</td>
<td>UNM Dept. of Emergency Medicine</td>
<td>Rob Elgie <a href="mailto:relgie@salud.unm.edu">relgie@salud.unm.edu</a></td>
</tr>
<tr>
<td>Any time</td>
<td>on home computer</td>
<td>Emergency Care of Spine Injuries Part 2</td>
<td>1.0</td>
<td>UNM Dept. of Emergency Medicine</td>
<td>Rob Elgie <a href="mailto:relgie@salud.unm.edu">relgie@salud.unm.edu</a></td>
</tr>
<tr>
<td>Anytime</td>
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<td>Scenarios #1 for School Health Nurses</td>
<td>1.5</td>
<td>UNM Dept. of Emergency Medicine</td>
<td>Rob Elgie <a href="mailto:relgie@salud.unm.edu">relgie@salud.unm.edu</a></td>
</tr>
<tr>
<td>Anytime</td>
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<td>Scenarios #2 for School Health Nurses</td>
<td>1.5</td>
<td>UNM Dept. of Emergency Medicine</td>
<td>Rob Elgie <a href="mailto:relgie@salud.unm.edu">relgie@salud.unm.edu</a></td>
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<tr>
<td>Anytime</td>
<td>on home computer</td>
<td>Scenarios #3 for School Health Nurses</td>
<td>1.0</td>
<td>UNM Dept. of Emergency Medicine</td>
<td>Rob Elgie <a href="mailto:relgie@salud.unm.edu">relgie@salud.unm.edu</a></td>
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<tr>
<td>Anytime</td>
<td>on home computer</td>
<td>Scenarios #4 for School Health Nurses</td>
<td>1.0</td>
<td>UNM Dept. of Emergency Medicine</td>
<td>Rob Elgie <a href="mailto:relgie@salud.unm.edu">relgie@salud.unm.edu</a></td>
</tr>
<tr>
<td>Various times</td>
<td>at your home computer</td>
<td>Various titles, subjects Gerontology; Complementary &amp; Alternative Medicine; Spirituality, Health and Healing; End of Life; and many more.</td>
<td>various</td>
<td>[Clevio Community College/ ALLORGA Learning Solutions](<a href="http://www.educare.com/clevio/then">http://www.educare.com/clevio/then</a> click on Health Care Continuing Education)</td>
<td></td>
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<tr>
<td>any time</td>
<td>at your home computer</td>
<td>School Nurse Emergency Preparedness</td>
<td>1.0</td>
<td>UNM Emergency Medicine</td>
<td><a href="mailto:relgie@salud.unm.edu">relgie@salud.unm.edu</a> 505-272-1209</td>
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To the Editor:

I just concluded reading the article, “BSN Requirement Plan,” in the past issue of the Board of Nursing’s publication “Nursing News and Views.”

I’ve been “fence sitting” on this issue ever since the idea of this concept was being tossed around the office during my tenure at the Board of Nursing some 6 years ago. I would now like to offer my observations, critique and alternative solution.

The concept of acquiring a BSN for advanced educational knowledge based patient care planning is not new. Moving the nursing education programs from a “diploma” status to formal academia setting occurred long before my 38 year tenure in this profession. The rationale was sound, as it facilitated the steps required to advance the education and practice levels of nursing throughout the years. FYI, there are still diploma programs in existence. The states that have these programs do NOT require an academic degree to sit for their license. (The language states, “graduate from a NLN approved nursing program”)

The talking points that are mentioned in the above article are well researched but lack conceptual practicality in today’s real world. I would like to focus on the report, “Status of Nursing in New Mexico 2009” as published on the Board of Nursing web page. (Ironically portions of that report are published in the same page and “Moving from Talk to Action” published on the New Mexico Center for Nursing Excellence web page. (Ironically portions of that report are published in the same publication of the aforementioned article.) Essentially the realities that I glean from the above two reports are:

- New Mexico (as the rest of the nation) is suffering from a documented nursing shortage.
- Because of faculty shortages, the nursing schools are turning away applicants.
- To complicate the existing “shortage” problem, roughly 40% of the approximately 6,000 licensed nurses in New Mexico are in the retirement zone. (This also includes nursing faculty.)
- It is projected that nursing programs cannot meet projected patient staffing needs of the pending retirement of the baby boomers.
- Nurses are leaving the profession due to poor job satisfaction and burnout.

I don’t find it necessary to quote a study to post my personal observations and readings from my 38 year tenure in Nursing. Some of those are:

- Nursing programs have been turning away applicants since I entered my nursing program at UNM in 1971.
- I can’t remember when we DIDN’T have a documented nursing shortage.
- Nurses have left this profession due to poor job satisfaction and burnout since the profession’s conception.
- I can’t remember the number of studies that I have read over the years that come to the same conclusions. I apologize in advance for the cynicism, but how frequently do studies need to be done that come to the same conclusions and how much money (taxpayer dollars and licensing fees) need to spent? Frankly, I’ve seen more studies than action and changes during my 38 years.
- The major social change that HAS occurred since my entry into the profession is that nursing used to be a predominately female profession. The doors have opened to women in the past 4 decades to pursue other careers in law, medicine, science, space and engineering just to name a few. This change has facilitated recruitment issues and challenges for the profession. For that matter, nurses that have been nurses for years have made career changes to other professions because of these open doors.

Now to address my practical and realistic issues the BSN requirement plan.

- As professionals we all are obligated to pursue and expand our knowledge base in order to facilitate safer and competent patient care. Continuing education and evidence based nursing practices already assure this. (Of course, not all states require continuing education for relicensure, nor do all institutions advocate or implement evidence based nursing practices.)
- The majority of the healthcare industry does not recognize more pay for more education (most pay differentials are for “experience”). Only one state has attempted to regulate a difference in degree status only to find that the hospitals and industry still compensated the same for both licenses.
- I predict legal issues facing the academic intuitions’ trying to accommodate the influx of existing ADN nurses into already packed BSN programs. (Aren’t they currently turning away applicants?)
- Will there be free money for the ADN nurses to pay for this transition? IF so, where is MY free money to pay for my advanced degree?
- Since the vast portion of New Mexico is “rural” with much of it still lacking adequate telephone, wireless and high-speed internet capabilities? How do the planners plan for access to BSN programs? Most of our colleges in the rural areas are community colleges. Many face financial difficulty. College of Santa Fe has already gone under.
- Requiring and regulating degree advancement for licensure purposes is a violation of freedom of choice.
- Then, what is the next step? Requiring a MSN from BSN? Again, I fear and predict legal challenges as well as implementing this requirement would severely hamper the recruitment and retention issues that are currently documented.

In conclusion, I offer a practical, prudent and common sense approach. As nurses, we are advocates for our patients. We all should be their ambassadors to relay the demise of their future care to our legislatures. I personally advocate tackling the current problems of the nursing shortage. NOT creating new ones. Some good solutions have been mentioned in the report. “From Talk to Action.” Personally, I feel the timelines are too long. I personally have been corresponding with my legislative representatives advocating for more funding for scholarships, loan forgiveness programs for nurses to work in rural areas. Salary increases for our nursing faculty that would facilitate out of state recruitment. Yes, we already have these, so why not “study” the effectiveness of these programs and use them to build upon. We need more…much more for the citizens and patients of New Mexico…soon!

With all of the hoopla over national healthcare, the last article that I read in AARP so eloquently summarized, “We can have all of the insurance to cover healthcare in the world, but if we don’t have doctors and nurses, good luck accessing it.”

Ron Nelson, BSN, RN
Combined Membership Application
for ANA/NMNA/District membership, NMNA or NMNA/District ONLY, and LPN Affiliate membership

Last name ______________________________________  First name ____________________________________

Check preferred contact

Home Address ______________________________________  City ____________________________

County ___________________  State _______  Zipcode ______________________________

Fax (_________) -___________-______________  Email: ________________________________________________________________________________________________

OR

Employer name ______________________________________  City ____________________________

County ___________________  State _______  Zipcode ______________________________

Fax (_________) -___________-______________  Email: ________________________________________________________________________________________________

Basic nursing program/ City/ State ______________________________________  License #_____________________________

License State _____________________

Member of a collective bargaining unit?  YES  NO

Graduation month/ year ______________________________________________  Highest degree held ________________________________________________________

Fax (_________)-___________-______________  Email: ________________________________________________________________________________________________

County ___________________  State _______  Zipcode ______________________________  Wk Phone (________) -_________- ______________________________

Choice of payment:

□ Full (employed fulltime or part time) $208.00

□ Reduced 50% reduction in dues $104.00

□ Not employed FT student or New grad within 6 mos. of graduation $52.00

□ Special--75% reduction in dues $40.00

Choice of payment: $12.00 (check one)

□ Monthly Electronic Deduction Authorization Signature

□ Full Annual Payment (submit application with a check payable to ANA for the yearly amount!)  $128.00

□ E-Pay (This is to authorize monthly electronic payments to American Nurses Association, Inc. (ANA). By signing on the line, I authorize my Constituent Member Association (CMA) of ANA to withdraw from my checking account) $140.00

□ Checking—Please enclose a check for the first month’s payment; the account designated by the enclosed check will be drafted on or after the 15th of each month.  $62.00

□ Automated Annual Credit Card Payment This is to authorize annual credit card payments to American Nurses Association, Inc., (ANA) By signing on the line, I authorize my Constituent Member Association (CMA) of ANA to charge the credit card listed in the credit card information below for the annual dues on the 15th of each month.  $120.00

□ Monthly Electronic Payment through Credit Card Please confirm the credit card information below and this credit card will be debited on or after the 15th of each month.  $4.58

□ Special—75% reduction in dues $52.00

□ > 62 y/o and not employed or 0 Totally disabled $40.00

Monthly Electronic Deduction Authorization Signature

□ VISA

□ Mastercard

CREDIT CARD INFORMATION

Bank Card Number and Expiration Date ____________________________________________

Authorization Signature ______________________________________________________

Printed Name on Card _________________________________________________________

Amount __________________

Please mail your completed application to: New Mexico Nurses Association, P. O. Box 29658, Santa Fe, NM 87592 or American Nurses Association Customer and Member Billing, P. O. Box 17026, Baltimore, MD 21297-0405

By signing the Monthly Electronic Deduction Authorization or the Automatic Credit Card Payment Authorization, you are authorizing ANA to change the amount by giving the above-signed thirty (30) days advance written notice. Above signed may cancel this authorization upon receipt by ANA of written notification of termination twenty (20) days prior to deduction date designated above. Membership will continue unless this notification is received. ANA will charge a $5 fee for any returned drafts or chargebacks.

□ NMN-only or NMNA/District-ONLY membership (Not ANA)

Membership Category (check 1)

□ NMN only $128.00/yr.

□ NMN & active district only $140.00/yr.

Active districts: 1—Albuquerque, 2—Santa Fe, 9—Los Alamos, 10—Raton, 14—Las Cruces, 19—Farmington

All other "districts" are subsumed into "District 50"—At Large members—no dues.

□ LPN Affiliate membership (Not ANA)

Membership Category (check 1)

□ NMN only $50.00/yr.

□ NMN & active district only $62.00/yr.

Active districts: 1—Albuquerque, 2—Santa Fe, 9—Los Alamos, 10—Raton, 14—Las Cruces, 19—Farmington

All other "districts" are subsumed into "District 50"—At Large members—no dues.

District Dues—All 3 Types of Members

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<td>04—Clovis/Portales</td>
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<td>07—Carlsbad</td>
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<td>09—Los Alamos</td>
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<td>10—Raton</td>
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<td>19—Farmington</td>
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<td>50—&quot;At Large&quot;</td>
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New Members

District 1 (Albuquerque)

Nedra A. Foster (D12, Silver City)

Barbara M. Mader (D5, Roswell)

Julia R. Reynolds (D6, Hobbs)

Jenny M. Schurtz (D 12, Gila)

District 2 (Santa Fe)

Terry Joyce Zeigler

District 3 (Las Cruces)

Sharon R. Noe

District 4 (Clovis)

Denise L. George

District 14 (Las Cruces)

Terry Joyce Zeigler

Sharon R. Noe

Gina M. Pullbright

District 19 (Farmington)

Emily F. O’Leary

Elena M. Osin

District 50 (at large, or inactive districts)

Barbara deNevers (D-5, Los Alamos)

Jeffrey Douglas (D-9, Los Alamos)

Andrew M. Vick (D-14 or 15, Orogrande)

Jenny M. Schurtz (D 12, Gila)

Julia R. Reynolds (D6, Hobbs)

Barbara M. Mader (D5, Roswell)

Dara A. Foster (D12, Silver City)