

An Award Winning Publication

# KENTUCKY NURSE



Constituent of the American Nurses Association

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## Future Nurse

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## Convention Schedule and Registration

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## President's Pen

Susan Jones, MSN, BSN, RN, PhD, President

### The Time Has Come

Susan Jones, MSN, RN, PhD



Susan Jones

The Kentucky Nurses Association (KNA) has seized the opportunity to move forward with a streamlined remote office and more efficient and accessible communications for members anywhere across the state. The move to a remote, higher tech office has reduced operating costs and enabled KNA to redirect resources to programs, services and advocacy. This means the beginning of a new strategy with new programs and new ways for KNA members to access their areas of interest in policy-making, professional development, professional and workplace advocacy, education and research, patient advocacy and much more. The KNA is modernizing and positioned for success. And now the time has come . . . the time for nurses in Kentucky to rise to the occasion and play a role in protecting the nursing profession, the quality of health care, and the safety of patients. The time has come.

The time has come for nurses in Kentucky to take

ownership of the direction that our profession is headed in this state. For every nurse who feels that the nursing workplace (of every variety) would benefit from more RN input and increased appreciation of the importance of nursing, the time has come to assert your opinion and to learn how to do so professionally and effectively. For every nurse who believes that the delivery of health care will improve if nursing professionals (in all areas) are better utilized and valued, the time has come to make to develop your message and your presentation of the evidence that informs institutions, legislators, and the public in general about the essential role of nurses in patient care at all levels. For every nurse who believes that there is a problem with staffing levels or funding to provide the necessary staff to address RN staffing issues, the time has come to collaborate, strategize and work together to elevate public awareness and educate the community about the importance of having appropriate numbers of RNs available. This challenge demands collaboration and trust between staff nurses and nurse administrators.

The time has come for nurses in Kentucky to take their place in determining whether the state of Kentucky prioritizes nursing as the essential component of quality care for the citizens of this state. For every nurse who believes that she/he has been double taxed by the transfer of funds from the Kentucky Board of Nursing to the Kentucky General Operating Fund to cover state budget shortfalls, the time has come to make your voice heard, educate others and rally the voices of others—nurse and non-nurse alike. The time has come to raise your voice to ensure that the nurses of Kentucky are never again ignored, undervalued and disproportionately penalized for a budget crisis unrelated to nursing. For every nurse who believes that funding for higher education is woefully lacking and making the academic and professional advancement of nurses unacceptably difficult, the time has come to build a team of educators, health professionals, and nursing professionals of all variety to advocate for access to higher education for nurses.

The time has come for nurses in Kentucky to embrace and utilize their uniquely qualified and diverse expertise, as well as the enormous public trust and respect afforded the nursing profession. For every nurse who knows that nurses are the best possible advocates for quality care and patient safety, regardless of the area of nursing, the time has come to build a team of nurses to accomplish that goal in as many forums as possible. For every nurse who sees opportunity to improve the delivery of care at any level of the system, the time has come to develop the knowledge and skills to turn that vision into reality.

The time has come for the nurses of Kentucky to recognize that their professional association, the Kentucky Nurses Association,

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## Update From KNA Headquarters Members Only

There is a common misconception that all RNs become members of the Kentucky Nurses Association when they become licensed to practice in Kentucky. We wish that was the case because the larger the KNA membership, the stronger the voice of nursing in Kentucky. But the reality is that the KNA is supported, financed, organized and run by RNs who choose to make a commitment to nursing and patient care by being a part of the KNA. Some RNs support the KNA by being active and participating in KNA programs and initiatives, while others invest even more of themselves in KNA leadership positions. But the vast majority of KNA members contribute to KNA's ability to raise the voice of nursing and patients by simply joining the association and increasing our numbers—and therefore the size and weight of our voice.

It is because of KNA members that KNA is recognized as the voice of nursing in the Kentucky legislature, ensuring that nursing is heard in the General Assembly. It is because of KNA members that nurses have the ability to organize and to push back when nurses are double-taxed by state budget transfers. It is because of KNA members that nursing has a vehicle to pursue stronger regulations to protect nurses and patients. It is because of KNA members that nurses across Kentucky are able to call KNA for workplace crisis consultations. It is because of KNA members that we have an e-mail tree that allows the KNA to activate calls and letter-writing to advocate for nurses and patients. It is because of KNA members that KNA is able to recommend nurses for appointment to statewide Boards and Commissions, as well as to a wide variety of policy-making and non-profit boards and leadership positions. Anything that the KNA is able to do is because of KNA members.

The KNA believes that the time has come to focus more resources and effort on programs and services that directly benefit KNA members. While

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- **Kentucky Nurse** Editorial Board welcomes submission articles to be reviewed and considered for publication in Kentucky Nurse.
- Articles may be submitted in one of three categories:
  - Personal opinion/experience, anecdotal (Editorial Review)
  - Research/scholarship/clinical/professional issue (Classic Peer Review)
  - Research Review (Editorial Review)
- All articles, except research abstracts, must be accompanied by a signed **Kentucky Nurse** transfer of copyright form (available from KNA office) when submitted for review.
- Articles will be reviewed **only** if accompanied by the signed transfer of copyright form and will be considered for publication on condition that they are submitted solely to the **Kentucky Nurse**.
- Articles should be typewritten with double spacing on one side of 8 1/2 x 11 inch white paper and submitted in triplicate. Maximum length is five (5) typewritten pages.
- Articles should also be submitted on an IBM compatible 3.5" computer disk or CD in Word Perfect or Microsoft Word.
- Articles should include a cover page with the author's name(s), title(s), affiliation(s), and complete address.
- Style must conform to the Publication Manual of the APA, 5th edition.
- Monetary payment is not provided for articles.
- Receipt of articles will be acknowledged by a letter to the author(s). Following review, the author(s) will be notified of acceptance or rejection. Manuscripts that are not used will be returned if accompanied by a self-addressed stamped envelope.
- The **Kentucky Nurse** editors reserve the right to make final editorial changes to meet publication deadlines.
- Articles should be mailed to:
 

Editor, **Kentucky Nurse**  
 Kentucky Nurses Association  
 P.O. Box 2616  
 Louisville, KY 40201-2616  
 (502) 637-2546  
 or email: Contact@Kentucky-Nurses.org

**President's Pen**

*(continued from page 1)*

is the vehicle to accomplish all of these things and more. The time has come for nurses in Kentucky to work together and to commit themselves to creating a broad-based and unified voice for nursing to tackle the issues that challenge nursing, health care and patient safety. The KNA stands ready to welcome every nurse who is ready to play a part and to become a member of the KNA. The benefits of membership in the KNA are many, but for those who participate, the greatest benefit is being a part of the effort and a part of the change.

**District Nurses Associations Presidents 2008-2009**

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"The purpose of the Kentucky Nurse shall be to convey information relevant to KNA members and the profession of nursing and practice of nursing in Kentucky."

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## Update from KNA Headquarters

(continued from page 1)

the KNA continues to work to affect policy, practice, research, politics and other areas that benefit all nurses, we will be placing greater emphasis on serving those who support the organization and invest in the protection of nurses and patients throughout the state. The KNA urges all nurses across Kentucky to join the ranks of those who are currently members, as it is our goal to include as many nurses as possible throughout the state in the projects, programs, services, etc. that we offer now and in the future. Every nurse benefits from a larger and stronger KNA and KNA members deserve our personal attention.

To that end, the KNA is developing a "Members Only" category for all of its programs and services, beginning with the KNA website. By this Fall, the KNA website will have a new "Members Only" section that will provide access to information and resources not available to non-members. Included in this section will be a message board to facilitate communication with other members, experts in different fields, other professionals in your area of practice, and more. There will also be direct links to attorney LaTonia Denise Wright that members can use to acquire discounts on legal services. Members

will have access to an e-mail dedicated to workplace concerns that will function as a sort of electronic help-line. Members will also be able to download and print materials that are provided at cost to non-members and members will have access to updates about the background on KNA policies, actions, programs and positions. Other features for the "Members Only" section are still being developed.

Advancements on the KNA website are the first of many steps to elevate the benefits of KNA membership and to better reflect the value of KNA's members to the organization. These innovations are taking place while the KNA continues to devote itself to maintaining the voice of nursing in Frankfort and Washington, D.C., as well as a voice in the battle to protect the safety of patients.

The KNA urges nurses to join in the effort by joining the KNA and becoming part of a movement to preserve and increase nursing's role in health policy, the movement to give patients and nurses a voice in every discussion that affects them, and the movement to bring all nurses' voices together to increase the volume of our collective voice. Go to [www.kentucky-nurses.org](http://www.kentucky-nurses.org).

## Call for Research Abstracts for Poster Presentation

Greetings! The Kentucky Nurses Association's Education and Research Cabinet is sponsoring a poster session at the annual KNA Convention. The Cabinet cordially invites all faculty, students, and nurses in practice who have conducted research, utilized research findings in practice, and/or developed creative educational training models to share the findings and results. This is a wonderful opportunity to highlight the great things occurring in nursing in a very collegial atmosphere. This event may create the spark that ignites the flame of passion in a burgeoning future nurse researcher to find one's niche in the profession, and gives meaning to the words "evidenced based practice" for all.

We are seeking a broad array of research and educational projects. These could include: research in progress, completed research, hospital or community based studies, teaching strategies that have been analyzed using evaluative research, graduate student research projects, and innovation in practice settings. Hospitals, clinics and outpatient settings provide the backdrop for great things to occur as well; hospitals currently deemed Magnet status or aspiring to that level of quality will want to share ideas in service to the profession and community. Poster presentations can take the form of tabletop displays or power point displays. All participants will be awarded a Certificate.

There is a \$50 registration fee which covers daylong

CE Program, 5.4 contact hours, breaks, lunch, Instruction, Handout Materials, Research Poster Session/CE Credit with Wine and Cheese Reception, Poster Presenter KNA Commendation Certificate. This is a 55% discount from the \$110 rate. The student rate of \$25 will apply. Participants **must** register by **August 15, 2008**.

**The KNA Convention will be held on October 16-17 at the Marriot East in Louisville.**

**The Poster Session will be held on Thursday, October 16, from 4:00 p.m. until 6:00 p.m. as a continuing education (with wine and cheese) session.**

\*The attached **Presenter's Information form** and an **Abstract** must be completed and returned to Kathy Hall (502) 637-2546 ext. 10 (contact@kentucky-nurses.org) no later than **August 15, 2008** with attention directed to the Education and Research Cabinet, PO Box 2616, Louisville, Kentucky 40201-2616.

**Sponsorship Provided By: Eastern Kentucky University/College of Health Sciences**

**We look forward to seeing you at the 2008 Convention!**

## KNA Call for Posters

The Education & Research Cabinet members invite you to participate in the Research Poster Session of the 2008 KNA Convention (Oct. 16-17, 2008), at the Marriot East in Louisville, Kentucky; Poster Session to be held on Thursday, October 16, from 4:00 pm-6:00 pm. The application form is below. Please return the 1) **application form**, and 2) **a research abstract** 3) **registration fee of \$50.00 or \$25.00 for students** to the KNA office by **August 15, 2008**, to

Education & Research Cabinet, P.O. Box 2616, Louisville, KY 40201-2616 or fax to (502) 637-8236.

### Presenter's Information Form

Please complete one form for each presenter.

Name \_\_\_\_\_

Title of Research \_\_\_\_\_

Employer/School \_\_\_\_\_

Work Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_  
Home \_\_\_\_\_

Work \_\_\_\_\_

E-Mail Address \_\_\_\_\_

### Educational Data

Basic Nursing Degree \_\_\_\_\_ Year \_\_\_\_\_

Highest Degree \_\_\_\_\_ Year \_\_\_\_\_

Presently a student \_\_\_\_\_ Program \_\_\_\_\_

School \_\_\_\_\_

**KNA CONVENTION 2008—Choices & Change: Nurses' Voicing Influencing Tomorrow**

# 2008 Award Nominations

**2008 NURSE OF THE YEAR**

KNA is accepting nominations for the 2008 KNA Nurse of the Year.

Honorary recognition may be conferred upon one KNA member at any Annual Convention Award Dinner. Recipients of the award shall have contributed uniquely to the improvement of health care in the Commonwealth of Kentucky.

Criteria for selection:

1. The individual shall have made an exemplary contribution to nursing or health care in the Commonwealth of Kentucky.
2. The KNA member recipient shall demonstrate support of the KNA purpose and functions and shall be an active participant in the Association at the state or district level.

Please submit a Bio to the Board of Directors by August 1, 2008.

**CITIZEN OF THE YEAR 2008**

KNA is accepting nominations for the 2008 KNA Citizen of the Year.

Honorary recognition may be conferred upon one citizen at any Annual Convention Awards Dinner. Recipients of the award shall have contributed uniquely to the improvement of health care in the Commonwealth of Kentucky.

Criteria for selection:

1. The individual shall have made an exemplary contribution to nursing or health care in the Commonwealth of Kentucky.
2. The KNA member recipient shall demonstrate support of the KNA purpose and functions and shall be an active participant in the Association at the state or district level.

Please submit a Bio to the Board of Directors by August 1, 2008.

**NURSING EDUCATION & RESEARCH CABINET NURSE RESEARCHER AWARD**

With the growth of nursing, there is an increased need for research to provide a scientific foundation for practice. The KNA Nursing Education Cabinet has designed an award to foster research. Please consider submitting papers for review.

**Criteria**

- 1) Submit a paper published in a referred journal by a nurse researcher.
- 2) The time frame for research paper must be within the last two years.
- 3) The focus for the research shall include any aspect of clinical practice, administration, or education.
- 4) The published paper shall include the following:
  - a) Significance of problem
  - b) Demonstration of scientific rigor
  - c) Clarity of analysis and conclusions
  - d) Adherence to guidelines for protection of human rights
  - e) Implications for nursing

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**SPECIALITY DAY SCHEDULE 2008****Wednesday, October 15, 2008**

12:30 PM	<b>Registration</b> At Each Meeting Room (Second Floor)	
	<b>CE TRACKS</b>	
1:00-4:30 PM	<b>LKAOHN Annual Meeting and CE Program: Managing the Employee Health Cost Drivers: Smoking and High Blood Pressure</b> 3.6 CE Summit A Room 1-00001-7-09-051	<b>KYANNA Annual Meeting and CE Program: Eliminating Health Disparities: the Nurse's Role in the Community—Virginia Bradford, RN</b> 1.0 CE Summit C Room 1-00001-7-09-052
1:00-4:30 PM	<b>Kentucky Coalition of Nurse Practitioners &amp; Nurse Midwives</b> 4.0 CE Ballroom A & B 1-00001-7-09-059	<b>District 6 and KNA Kickoff: Environmental Health Task Force</b> 1.0 CE Ballroom C & D 1-00001-7-09-060
	<i>All other specialty groups have been invited to utilize space. TBA</i>	
3:00-5:00 PM	<b>Pre-Convention Board of Directors Meeting</b> (Newly Elected Board Members are Invited to Attend) Ambassador Room	

**CONVENTION SCHEDULE 2008****Thursday, October 16, 2008**

7:00-8:30 AM	<b>Registration</b> Foyer A & B (Second Floor)		
	<b>Continental Breakfast</b> Pre Function Lobby		
8:30-09:50 AM	<b>Invocation: Beatrice A. Keller, SCN, RN, MA</b> <b>Nightingale Memorial Tribute: Beatrice A. Keller, SCN, RN, MA</b> <b>Greetings</b> <b>Opening Business Meeting</b> Embassy Ballroom		
9:50-10:00 AM	<b>Break</b> Pre Function Lobby		
10:00-10:50 AM	<b>Keynote Address: Congressman John Yarmuth</b> 1.0 CE Embassy Ballroom 1-00001-7-09-053		
11:00-11:50 AM	<b>Health Plans of the Presidential Candidates: An Overview</b> 1.0 CE Embassy Ballroom 1-00001-7-09-054		
12:00-12:50 PM	<b>Public Health Nursing and Homeland Security</b> <b>Ruth M. Carrico, RN, CIC, PhD</b> 1.0 CE Embassy Ballroom 1-00001-7-09-055		
1:00-4:00 PM	<b>Opening of Exhibits and Lunch in Exhibit Area</b> Pre Function Area and Second Floor Lobby		
3:00-3:50 PM	<b>Nursing Practice and Economic &amp; Professional Security Cabinet Meeting</b> Board Room	<b>Education &amp; Research Cabinet Meeting</b> Marquis Room	<b>Governmental Affairs Cabinet Meeting</b> Ambassador Room
4:00-6:00 PM	<b>Education &amp; Research Cabinet Presents: Research Poster Session</b> <b>Wine &amp; Cheese Reception</b> <b>Sponsored by: Eastern Kentucky University School of Nursing</b> 2.4 CE (No ANCC Accreditation for This Session) Summit A - C Room 1-00001-7-09-056		
6:30-10:00 PM	<b>Awards Dinner (Cash Bar) - Advanced Registration Required</b> Embassy Ballroom		

**Friday, October 17, 2008**

7:30 AM	<b>Registration</b> Foyer A & B (Second Floor)
	<b>Continental Breakfast</b> Pre Function Lobby
8:00-10:00AM	<b>What's New and Exciting in Pharmacology</b> <u>Melinda Joyce, Pharm.D, FAPhA, FACHE</u> 2.3 CE Embassy Ballroom 1-00001-7-09-057
10:00-10:10 AM	<b>Break</b> Pre Function Lobby
10:10-11:00 PM	<b>Politics Affecting RNs in Kentucky</b> <u>Sheila Schuster, PhD</u> 1.0 CE Embassy Ballroom 1-00001-7-09-058
11:00-2:00 PM	<b>Opening of Exhibits and Lunch in Exhibit Area</b> Pre Function Area and Second Floor Lobby
12:00-1:30 PM	<b>President's Lunch (By Invitation Only)</b> Ambassador Room
2:00-3:30 PM	<b>Business Meeting II</b> <b>Closing of Convention</b> Embassy Ballroom
3:30-4:00 PM	<b>Post-Convention Board of Directors Meeting</b> Embassy Ballroom

**KBN Approval:** These offerings for contact hours are provided by the Kentucky Nurses Association (KNA), Kentucky Board of Nursing (KBN), #1-0001-7-09-XXX. The KNA is an approved provider of continuing education in nursing by the KBN. KBN approval of an individual nursing continuing education provider does not constitute endorsement of offering content.

**ANCC Accreditation:** Eastern Kentucky University (EKU). The Division of Continuing Education & Development is accredited as a provider for continuing education by the American Nurses Credentialing Center's Commission on Accreditation.

# KENTUCKY NURSES ASSOCIATION 2008 CONVENTION REGISTRATION FORM

**October 15, 16 and 17, 2008**

**Louisville Marriot East  
1903 Embassy Square Boulevard  
Louisville, Kentucky 40299  
(502) 499-6220**

**REGISTER ON LINE AT:**  
www.Kentucky-Nurses.org

Name \_\_\_\_\_ Credentials \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Employer \_\_\_\_\_ RN License No. \_\_\_\_\_ State of Issue \_\_\_\_\_

Student\*\*  YES  NO School of Nursing \_\_\_\_\_

KNA Member: District No. \_\_\_\_\_ ANA Member in Other State (Name) \_\_\_\_\_

First KNA Convention as Member:  YES  NO  New KNA Member (1<sup>st</sup> Year)  New Graduate –  
Date \_\_\_\_\_

Do you need any specific accommodations or assistance due to disability? If yes, please explain \_\_\_\_\_

Do you request vegetarian meals? \_\_\_\_\_

Are you interested in serving on the Convention Program Planning Committee? \_\_\_\_\_

Pre-Registration By: September 15, 2008 Late Registration Begins: September 16, 2008							
Check One	CATEGORY	PRE-REGISTRATION <i>Post-Marked By 9/15/08</i>		REGISTRATION <i>Post-Marked After 9/15/08</i>		ON-SITE REGISTRATION	
		Total Convention (Circle One)	Daily Rate (Circle One)	Total Convention (Circle One)	Daily Rate (Circle One)	Total Convention (Circle One)	Daily Rate (Circle One)
	KNA Member	\$190.00	\$110.00	\$210.00	\$130.00	\$230.00	\$150.00
	KNA Associate or Special Member (Retired)	\$140.00	\$90.00	\$160.00	\$100.00	\$180.00	\$130.00
	Non-Member**	\$140.00*	\$195.00*	\$275.00*	\$215.00*	\$300.00*	\$240.00*
	Student		\$25.00**		\$25.00**		\$30.00**
	Poster Presenters		\$50.00***		\$50.00***		\$75.00***

\*Complete a membership form and return to KNA by October 1, 2008 and attend the convention as a new member at the member rate.

\*\*Student Rate is \$25.00 per day and does not include any Continuing Education Credits or the Awards Dinner.

\*\*\*Poster Presenters: Registration fees of \$50 for Thursday of the convention and participants must register in advance.

**Registration cost does not include the Awards Dinner. Registration and payment are required for these functions in advance. No on-site registration will be accepted for the Awards Dinner.**

<input type="checkbox"/> Entire Convention	\$	<b>Select Payment Type: Check (Make check Payable to: Kentucky Nurses Association)</b> <input type="checkbox"/> Visa <input type="checkbox"/> MasterCard <input type="checkbox"/> Discover <input type="checkbox"/> American Express  Account # _____ - _____ - _____ - _____  Expiration Date ____/____/____  Signature _____  Mail check or credit card information, completed Registration Form with CE Sessions to: Kentucky Nurses Association, P.O. Box 2616, Louisville, Kentucky 40201-2616. Fax Number: 502-637-8236 E-mail: Carleneg@kentucky-nurses.org
<input type="checkbox"/> Wednesday Only	\$	
<input type="checkbox"/> Thursday Only	\$	
<input type="checkbox"/> Awards Dinner @ \$50.00	\$	
<input type="checkbox"/> Guest/Student/Other Person Attending Awards Dinner @ \$50.00 Each	\$	
<input type="checkbox"/> Table for Awards Dinner @ \$400 for 8	\$	
<input type="checkbox"/> Friday Only	\$	
TOTAL AMOUNT ENCLOSED	\$	

**Thursday 7:00 PM Awards Dinner**  
Awards Dinner – Registration Required for Admission. Cost is \$50.00 for Each Nurse, Guest, or Student. Table of 8 at \$400.

**REFUND POLICY:** 50% of registration fee is available for refund until October 1, 2008. No refunds after that date.

**POSTER PRESENTERS: Registration fees of \$50 for Thursday of the convention and participants must register in advance.**

(continued on page 6)

## 2008 Award Nominations

*(continued from page 4)*

**Process**

- 1) Two copies of the published research paper and an abstract of 250 words or less must be submitted to the KNA Nursing Education & Research Cabinet. **Send submission to Kathy Hall, 1400 South First Street, P.O. Box 2616, Louisville, KY 40201-2616** and postmarked no later than September 1, 2008.
- 2) The abstract of the research paper will be published in the **Kentucky Nurse**.
- 3) Please include the current curriculum vita.

**NURSING EDUCATION CABINET RESEARCH UTILIZATION AWARD**

As nursing knowledge continues to rapidly expand, it is important to recognize individuals who incorporate research findings in their practice. The KNA Nursing Education Cabinet has designed an award to foster research. Please consider submitting papers for review.

**Criteria**

Submit a 1 or 2 page description of the project describing:

- a. Target population (e.g. clinical group, staff, student) and setting.
- b. Team members or disciplines involved.
- c. Focus of the project.
- d. Results/recommendations.

**Process**

1. Two copies of a paper describing research utilization in practice and an abstract of 250 words or less must be submitted to the KNA Nursing Education & Research Cabinet. **Send submission to Kathy Hall, 1400 South First Street, P.O. Box 2616, Louisville, KY 40201-2616** and postmarked no later than September 1, 2008.
2. The abstract will be published in the **Kentucky Nurse**.
3. Please include the current curriculum vita.

**NURSING EDUCATION CABINET INNOVATIVE TEACHING AWARD**

The Innovative Teaching Award is designed to recognize Nurse Educators in academic institutions and/or staff development/Continuing Education settings. Individuals nominated should have shown evidence of the creative presentation of concepts related to nursing practice, management, economics, legal and/or ethical issues, and/or research.

**Criteria**

The Nurse Educator:

- 1) Demonstrates creative teaching methodologies in an accredited nursing education program or in a Staff Development/Continuing Education program in Kentucky.
- 2) Presents evidence of positive outcomes on learner or recipient of program.
- 3) Participates as an active member of the Kentucky Nurses Association.
- 4) Is endorsed by two colleagues/participants.

**Process**

- 1) Nursing education program directors, staff development coordinators, CE providers, KNA members, and Kentucky Association of Nursing Students (KANS) members are urged to nominate outstanding teachers.
- 2) The letter of nomination should include a brief (no more than two pages) description of the creative teaching methodologies utilized by the nominee. Also, the letter should include evidence of membership and involvement in Kentucky Nurses Association activities.
- 3) A current resume or curriculum vitae and two letters of recommendation should accompany the nomination.
- 4) Nominations are to be submitted by September 1, 2008.
- 5) Members of the KNA Education & Research Cabinet will review the nominations and select an award winner.
- 6) The Chair of the Nursing Education and Research Cabinet will notify nominees of the decision of the committee.
- 7) A plaque will be presented to the winner of the Innovative Teaching Award at the Awards Dinner during the October 2008 KNA Convention.

# REGISTER ON-LINE AT www.kentucky-nurses.org



# Kentucky Nurses Association 2008 BALLOT

**INSTRUCTIONS:** Please note number code to the left of the candidates' name (that is 1, 2, 3, etc.). Mark your BALLOT (attached) by darkening the numbered area which corresponds with the code for the candidate of your choice with a **NO. 2 LEAD PENCIL**. (See example on Ballot).

OFFICERS & DIRECTORS	CODE	NAME	CABINETS	CODE	NAME
<b>President-Elect (1 Year Term)</b> <b>President (2 Year Term)</b> (Vote for 1)		Susan Jones	<b>EDUCATION &amp; RESEARCH</b> (2-Year Term)		
			Nurse Faculty (Vote for 1)		Peggy Tudor
<b>Treasurer (2 Year Term)</b> (Vote for 1)		Betty M. Porter	Nurse in Research (Vote for 1)	OPEN	
<b>Director (2 Year Term)</b> (Vote for 2)		Mattie Burton Kathy K. Hager	Education Role (Vote for 1) Staff Nurse (Vote for 2) (1-Year Term)		Beverly Siegrist Judy L. Ponder
<b>ANA DELEGATES</b> (4 Year Term) (Vote for 4 Delegates)		Susan Jones Betty M. Porter Jason T. Shuffitt Mary Gail Wilder	<b>GOVERNMENTAL AFFAIRS</b> (2 Year Term) (Vote for 3)		Maggie Miller Jason T. Shuffitt OPEN
<b>ETHICS &amp; HUMAN RIGHTS COMMITTEE</b> (2 Year Term) Education (Vote for 1)		Evelyn Geller	<b>NURSING PRACTICE AND ECONOMIC &amp; PROFESSIONAL SECURITY</b> (2 Year Terms) Administrative Role (Vote for 1)		Sandra DeFoor
<b>Member At Large</b> (Vote for 2)		Anne Flynn OPEN	Clinical Practice (Vote for 1)	OPEN	
			Clinical Practice—Staff Nurse (Vote for 1)		Barbara Devers Brenda Sherwood
<b>NOMINATING COMMITTEE</b> (2 Year Term) (Vote for 3)		Kathy Hager Betty H. Olinger Mary Gail Wilder	Education Role (Vote for 1)		Elizabeth G. Johnson Doris Stone
			<b>KENTUCKY NURSES FOUNDATION Board of Trustees</b> (Vote for 4)		

The KNA Bylaws allow for write-in candidates in any position. Please clearly indicate the candidate's name and position on the back of the ballot. Return Ballot **POST-MARKED** by **AUGUST 10, 2008** to: KNA Teller, P.O. Box 2616, Louisville, KY 40201-2616.

## 2008 COLLECTIVE BARGAINING DIVISION STEERING COMMITTEE

<b>Chairperson (2 Year Term)</b> (Vote for 1)	1 2	Judy C. Moore Sarah Hunley
<b>Treasurer (2 Year Term)</b> (Vote for 1)	3	Bruce Saylor
<b>Members-at-Large (2 Year Term)</b> (Vote for 2)	4 5 6	Kathy Ford DeAnna Hamilton Wilma Jones
<b>UAN Delegate and Alternate</b> (2 Year Term) (Vote for 1)	7 8	Wilma Jones Judy C. Moore
<b>UAN Alternate</b> (2 Year Term) (Vote for 1)	9	Sarah Hunley

**\*\*Please use back of the small ballot for all CBDC Write-In votes. All write-in candidates must be staff nurses.**

The KNA Bylaws allow for write-in candidates in any position. Please clearly indicate the candidate's name on the back of the small ballot.

Return Ballot must be **POST-MARKED** by **AUGUST 10, 2008** to KNA Teller, P.O. Box 2616, Louisville, KY 40201-2616.

# BIOGRAPHICAL INFORMATION FOR 2008 ELECTION

The following is the biographical information furnished by the candidates on the 2008 ballot for election to service. Ballot will be mailed to all active KNA members in early August.

### BOARD OF DIRECTORS AND OFFICERS

#### President-Elect (1)

**M. Susan Jones, PhD, MSN, BSN, RN** – District 7

**Present Position:** Western Kentucky University

**Type of Position:** Professor of Nursing

**Area of Expertise:** Health Promotion for specific rural population including agricultural workers, seniors, and Mennonite communities

**Education:** University of Cincinnati, PhD; Vanderbilt University, MSN; University of Tennessee, BSN

**Professional Organizational Activities: District:**

Past President and Treasurer, Currently serving on committee planning Centennial Celebration

**State:** Current President, Served two terms on Education & Research Cabinet

**National:** ANA Delegate

#### Treasurer (1)

**Betty M. Porter, EdD, MSN, ARNP,**

**CFNP, RN** – District 10

**Present Position:** Retired

**Type of Position:**

**Area of Expertise:** Administrator,

Educational Administrator,

Educator, Nurse Practitioner

**Education:** of Kentucky, EdD,

BSN, MSN, Post Graduate Scholars'

Nurse Practitioner Program; Morehead State

University, BS, MS, MEd, EDS; Kings Daughters

Hospital School of Nursing at Ashland, RN

**Professional Organizational Activities: District:**

**State:** KNA Treasurer; Member of Policy Committee;

President Elect 1986; President 1987-1989; Member

of the Kentucky Commission on Women 2005-2009

**Statement:** I would like to participate in the

revitalization efforts of KNA. I believe the next

few years are extremely important in KNA future

directions. As Treasurer along with the Finance

Committee, I can continue to monitor KNA resources

and the expenditures made.

(continued on page 8)



## Biographical Information

(continued from page 7)

### Directors (2)

**Mattie Burton, MSN, RN, PhbD** – District 10

**Present Position:** Shawnee State University

**Type of Position:** Chair, Nursing, Associate Dean Health Sciences

**Area of Expertise:** Educational Administrator

**Education:** University of Cincinnati, PhD; University of Kentucky, MSN; Morehead State University, BSN; Eastern Kentucky University, ADN

**Professional Organizational Activities:** **District:** Vice President **State:**

**Statement:** As an educator for the past 13 years, I have taught many students the value of belonging to the professional organization and am in a position now where I can be more useful to the organization that has served me well. Priority goals for me include more nursing student participation and enhancing every opportunity to cover a wider geographic area of the state beyond the metropolitan communities. I would also like us to be able to actively recruit in more hospitals and long term care settings.

**Kathy K. Hager, DNP, CFNP, CDE** – District 1

**Present Position:** Bellarmine University

**Type of Position:** Educator

**Area of Expertise:** Clinical Specialist, Educator, Cancer, Hematology, Diabetes, End of Life, Long Term Care

**Education:** University of Kentucky, BSN, MSN, Post Masters, NP, DNP

**Professional Organizational Activities:** **District:** **State:** Governmental Affairs Cabinet (Chair); Membership Recruitment & Retention Committee (Chair); Director, KNA Board of Directors

**Statement:** I have been a nurse since 1972. I did not belong to KNA until 1988. I offer no excuse for that, except ignorance. I think it makes no sense to have sub-specialty nursing organizations without some unifying body to keep us all together, to give us a voice, and ultimately to accomplish great things in the name of nursing. United, I believe we could significantly impact health care, and our profession. Since 1988 I have been formulating that philosophy, and finally I realize that state and national nursing organizations are the only organizations capable of accomplishing those goals. As a director for the KNA Board, and as chair of the Membership, Recruitment and Retention Committee, I will work toward bringing the nurses of Kentucky together.

**Sonia Rudolph, MSN, RN, ARNP** – District 1

**Present Position:** Jefferson Community & Technical College

**Type of Position:** Assistant Professor of Nursing

**Area of Expertise:** Educator, Family Practice

**Education:** Spalding University, MSN-FNP and BSN; Jefferson Community College, RN

**Professional Organizational Activities:** **District:** **State:**

**Statement:** I feel it is my obligation to work within

my professional organization to be an advocate for nurses in Kentucky. As I work to increase my role within the organization, I not only model positive behaviors for fellow nurses but my students as well. I would like to see our numbers within KNA grow and hope my service to the organization can help to realize this goal.

### ANA DELEGATE (4) AND ALTERNATES

**M. Susan Jones, PhD, MSN, BSN, RN** – District 7

**Present Position:** Western Kentucky University

**Type of Position:** Professor of Nursing

**Area of Expertise:** Health Promotion for specific rural population including agricultural workers, seniors, and Mennonite communities

**Education:** University of Cincinnati, PhD; Vanderbilt University, MSN; University of Tennessee, BSN

**Professional Organizational Activities:** **District:** Past President and Treasurer, Currently serving on committee planning Centennial Celebration **State:** Current President, Served two terms on Education & Research Cabinet **National:** ANA Delegate

**Betty M. Porter, EdD, MSN, ARNP, CFNP, RN** – District 10

**Present Position:** Retired

**Type of Position:**

**Area of Expertise:** Administrator, Educational Administrator, Educator, Nurse Practitioner

**Education:** of Kentucky, EdD, BSN, MSN, Post Graduate Scholars' Nurse Practitioner Program; Morehead State University, BS, MS, MEd, EDS; Kings Daughters Hospital School of Nursing at Ashland, RN

**Professional Organizational Activities:** **District:** **State:** KNA Treasurer; Member of Policy Committee; President Elect 1986; President 1987-1989; Member of the Kentucky Commission on Women 2005-2009



**Jason T. Shuffitt, MSN, RN** – District 7

**Present Position:** Medical Center of Bowling Green

**Type of Position:** Emergency Room Charge Nurse

**Area of Expertise:** Emergency Room, Staff Nurse, Administration, Critical Care, Family Practice

**Education:** Western Kentucky University, MSN, BSN, RN

**Professional Organizational Activities:** **District:** District 7 Nominations Committee, President-Elect, President **State:** Education Summit Planning Committee, Nominating Committee, Convention Program Planning

**Statement:** Since graduating in 2004 with my Associate in Science in Nursing, I have been actively involved in the Kentucky Nurses Association at many levels. I have continued this involvement throughout my educational journey attempting to recruit new members with each new encounter. I have served in several positions at the district and state level with the KNA. In these positions, I have assisted with and lead many projects that have positively impacted the KNA, such as playing an integral role in the planning of the first Education Summit. The KNA has always served the nurses of our state well and has been instrumental in lobbying and creating positive change for the profession. As a member of the ANA Delegate Assembly, I will represent the will of the members of the KNA and ensure that their voices and concerns are presented to the ANA. I appreciate your consideration of my nomination and I humbly ask for your vote.

**Mary Gail Wilder, DSN, RN** – District 8

**Present Position:** Henderson Community College

**Type of Position:** Chairperson, Biological Sciences & Related Technologies, Coordinator of Nursing Program, Professor

**Area of Expertise:** Nursing Education

**Education:** Indiana University, DNS; University of Evansville, MSN & BSN; Sts. Mary & Elizabeth Hospital School of Nursing, RN

**Professional Organizational Activities:** **District:** **State:** KNA nominated representative to Kentucky Board of Nursing 2001 – 2005; ANA Delegate 2006-2008

**Statement:** When the nominating committee contacted me asking me to consent to be nominated to serve another term in this position, I felt honored. I was a KNA delegate in 2006 and again in 1992 and the experience was invaluable. Because of my past position on the Kentucky Board of Nursing and because of my serving NLNAC in the capacity of Accreditation visitor and Review Panel member, I feel that I am well versed in the current nursing issues and would represent the KNA membership in a fair and professional manner.

### ETHICS & HUMAN RIGHTS (4)

#### EDUCATION (1)

#### MEMBERS-AT-LARGE (2)

**Anne Flynn, BSN, RN, Med** – District 9

**Present Position:** Anne Flynn Consulting, LLC

**Type of Position:** Consultant

**Area of Expertise:** Consultant, Long-term care issues of standard of care, Community care for adults

**Education:** Spalding University, BSN; University of Kentucky, Med; Eastern Kentucky University, BA; Midway College, AA and ADN

**Professional Organizational Activities:** **District:** **State:** Ethics Committee

**Statement:** I have been active in KNA since 1984. I would like to continue with service on the Ethics Committee.

#### NOMINATING COMMITTEE (3)

**Betty H. Olinger, EdD, MSN, RN** – District 2

**Present Position:** Kentucky State University

**Type of Position:** Chairperson, School of Nursing

**Area of Expertise:** Educational Administrator, Pediatrics

**Education:** University of Kentucky, EdD, MSN; Berea College, BSN

**Professional Organizational Activities:** **District:** District 2 Board Member; President-Elect 2006-2007; President 2007-2008 **State:** Nominating Committee 2007-2008

**Statement:** The Nominating Committee is a vital part of the KNA's continuing functioning. Being a part of the nominating process helps one to be more involved with many nurses throughout the Commonwealth. It is through this process, KNA obtains its leaders for the coming years.

### EDUCATION & RESEARCH (4)

#### NURSE FACULTY (1)

**Peggy Tudor, MSN, RN** – District 9

**Present Position:** Eastern Kentucky University

**Type of Position:** Department Chair, Associate Degree Nursing

**Area of Expertise:** Maternal-Child Nursing, Administration

**Education:** University of Kentucky, EdD Candidate, MSN, BSN

**Professional Organizational Activities:** **District:** **State:** Education & Research Cabinet

**Statement:** As health care needs of our society become more complex, it is important that nurses use evidence-based information to guide their nursing practice. It is also important that nurses be supported in their research efforts to expand the scientific base of nursing in nursing practice, education, and nursing service. As a re-elected member of the Education and Research Cabinet, the focus of my efforts will continue to be to stimulate and promote the professional development of nurses and to advance the profession of nursing.

#### STAFF NURSE (2)

**Judy L. Ponder, MSN, RN** – District 9

**Present Position:** Shriners Hospital

**Type of Position:** Director, Educational Services

**Area of Expertise:** Educator, Clinical Instructor, Pediatrics, Orthopedics, Staff Development

**Education:** University of Kentucky, DNP Student currently; MSN; Berea College, BSN

**Professional Organizational Activities:** **District:** **State:** Education & Research Cabinet for 1 term

**Statement:** I am very interested in serving on the Education & Research Cabinet. My experience as a staff nurse, a clinical nurse specialist, as well as in staff development, will be advantageous to understanding and promoting nursing education and research. I am also actively involved in the education of student nurses as part-time clinical instructor at Eastern Kentucky University. I believe in lifelong learning for every nurse. I am a strong advocate regarding practice and education, as it relates to obtaining and maintaining nursing competency, integrity, and credibility. I would appreciate your vote; as serving would enable me to continue to support KNA activities.

#### NURSE IN RESEARCH (1)

#### GOVERNMENTAL AFFAIRS CABINET (3)

**Maggie Miller, RN, PhD** – District 1

**Present Position:** Retired

**Type of Position:**

**Area of Expertise:** Educator

**Education:**

**Professional Organizational Activities:** **District:**

(continued on page 9)

## Biographical Information

(continued from page 8)

**State:** ANA Delegate, Bylaws Committee, Finance Committee, Governmental Affairs Cabinet

**Jason T. Shuffitt, MSN, RN** – District 7

**Present Position:** Medical Center of Bowling Green

**Type of Position:** Emergency Room Charge Nurse

**Area of Expertise:** Emergency Room, Staff Nurse, Administration, Critical Care, Family Practice

**Education:** Western Kentucky University, MSN, BSN, RN

**Professional Organizational Activities:** District: District 7 Nominations Committee, President-Elect, President **State:** Education Summit Planning Committee, Nominating Committee, Convention Program Planning

**Statement:** Since graduating in 2004 with my Associate in Science in Nursing, I have been actively involved in the Kentucky Nurses Association at many levels. I have continued this involvement throughout my educational journey attempting to recruit new members with each new encounter. I have served in several positions at the district and state level with the KNA. In these positions, I have assisted with and lead many projects that have positively impacted the KNA, such as playing an integral role in the planning of the first Education Summit. The KNA has always served the nurses of our state well and has been instrumental in lobbying and creating positive change for the profession. As a member of the Governmental Affairs Cabinet, I will strive to maintain the positive momentum of the previous Cabinet members and look forward to assisting in developing new and long lasting positive outcomes for our profession. I humbly ask for your vote.

### NURSING PRACTICE AND ECONOMIC & PROFESSIONAL SECURITY CABINET (4)

#### ADMINISTRATIVE ROLE (1)

**Sandra DeFoor, RN** – District

**Present Position:** Retired

**Type of Position:**

**Area of Expertise:** Director of Nursing, Infection Control, Emergency, Administrative

**Education:** Baylor University, BSN

**Professional Organizational Activities:** District: District 9 President **State:** KNA Board Member, Nursing Practice Cabinet

#### CLINICAL PRACTICE (1)

##### CLINICAL PRACTICE STAFF NURSE (1)

**Barbara Devers, BSN, RN** – District 2

**Present Position:** Veterans Administration Medical Center, Lexington

**Type of Position:** Chemo/Inf. Nurse

**Area of Expertise:** Chemotherapy, Staff Nurse

**Education:** University of Kentucky, BSN

**Professional Organizational Activities:** District: **State:** Economic & Professional Security Cabinet, Local 102 President

**Brenda Sherwood, MSN, RN, CRN** – District 9

**Present Position:** Frankfort Regional Medical Center

**Type of Position:** Certified Radiology Nurse

**Area of Expertise:** Staff Nurse, Radiology

**Education:** University of Southern Indiana, MSN; University of Kentucky, BSN; Midway College, RN

**Professional Organizational Activities:** District: District 9 Secretary **State:** Member-At-Large Economic & Professional Security Cabinet

**Statement:** I am very interested in serving on the Professional Nursing Practice and Advocacy Cabinet. I believe my 35 years of experience as a nurse in the acute care hospital setting as well as in a large cardiology office will be advantageous to understanding and promoting the goals and purposes of this cabinet. I am a certified radiology nurse (CRN) and have recently completed a MSN in management/leadership at the University of Southern Indiana. I am very interested in promoting improvement in the areas of professional practice and advocacy of nurses by improving health care and workplace standards. As a member of the “baby-boomer” generation I am concerned about the future of nursing. It is important to recruit and promote the retention of nurses to prevent a projected shortage. With the advent of the computer age, consumers are much more health conscious and demand collaboration with health care providers; it is imperative that consumers be included in the development of policies relating to health and economic concerns. As a member-at-large of the Economic & Professional Security Cabinet for the past 2 years, I would like the opportunity to assist in the transition to the combined cabinet, newly named the Professional Practice and Advocacy Cabinet.

#### EDUCATION ROLE (1)

**Elizabeth G. Johnson, DNS, MSN, RN** – District 8

**Present Position:** University of Southern Indiana

**Type of Position:** Chairperson, Nursing Department

**Area of Expertise:** Education, Obstetrics, Newborn

**Education:** University of Alabama Birmingham, DNS; University of Evansville, MSN; Murray State University, BSN

**Professional Organizational Activities:** District: District Board of Directors, District President **State:** Economic & Professional Security Cabinet

**Doris A. Stone, RN** – District 1

**Present Position:** Jefferson Community & Technical College

**Type of Position:** Clinical Nursing Coordinator

**Area of Expertise:** Pediatrics – Cardiopulmonary, Educator

**Education:** Spalding University, Working for Doctorate in Education Leadership; Bellarmine University, MSN in Nursing Education; Webster University, Masters in Human Resource Development & Health Service Management; Nova University, BS;



Elizabethtown Community College, ADN

**Professional Organizational Activities:** District: **State:** Nursing Practice & Economic & Professional Security Cabinet 2006-2008

### KENTUCKY NURSES FOUNDATION (KNF) BOARD OF TRUSTEES (4)

#### COLLECTIVE BARGAINING DIVISION

##### Chairperson (1)

**Judy C. Moore, MSN, RN** – District 8

**Present Position:** Hazard ARH

**Type of Position:** Staff Nurse

**Area of Expertise:** Cardiovascular

**Education:** University of Phoenix, MSN; Hazard Community College, RN; Morehead State University, BA; Lees Junior College; AA

**Professional Organizational Activities:** District: **State:** Active at local level with Council of Presidents of the CBD

**Statement:** My fellow nurses, I graduated from nursing school in 1990 and its been a career choice that I have never regretted. Nursing is my life. I have been active in KNA, at the local level, all my 18 years as a nurse. I am currently an officer of Local 104 at Hazard ARH. I have been one of the representatives for the ARH nurses at our last three contract negotiations. I regularly attend the Council of Presidents and Collective Bargaining Division meetings to represent our nurses. I want to continue to represent our nurses with a greater voice. That's why I'm asking for your vote for chairperson of the CBDSC and UAN Delegate. Let's make the change together. Thank you.

(continued on page 10)

## Biographical Information

(continued from page 9)

**Sarah Hunley, RN** – District 6

**Present Position:** Harlan ARH

**Type of Position:** Staff Nurse

**Area of Expertise:** Staff Nurse, OB/GYN, Newborn Nursery, Surgery

**Education:** Appalachian School of Nursing, Diploma

**Professional Organizational Activities:** **District:** State: CBD Chairperson **National:** UAN Delegate; NLC Member

### Treasurer (1)

**Bruce Saylor, RN** – District 6

**Present Position:** Middlesboro ARH

**Type of Position:** Staff Nurse

**Area of Expertise:** Staff Nurse, Emergency Room, Critical Care,

**Education:**

**Professional Organizational Activities:** **District:** State: Member at Large for CBD

**Statement:** I would like to be Treasurer of the Collective Bargaining Division and my main interest is to give it my all in this capacity. Our union has been strong in the face of a company determined to destroy it. Our union of professional nurses makes up a strong part of the hub in the KNA and the need for a good Treasurer that will follow the great one we've had will be important at this point as we become our own entity of professional union nurses. I believe I can be this person and nurse to fill this role.

### Member-At-Large (2)

**Kathy Ford, RN** – District 6

**Present Position:**

**Type of Position:** Staff Nurse

**Area of Expertise:** Staff Nurse

**Education:**

**Professional Organizational Activities:** **District:** State:

**DeAnna Hamilton, RN** – District

**Present Position:** McDowell ARH

**Type of Position:** Staff Nurse

**Area of Expertise:** Emergency Room

**Education:** Hazard Community & Technical College, RN

**Professional Organizational Activities:** **District:** State:

**Statement:** I have decided to seek a position on the Collective Bargaining Unit as a Member-At-Large because I feel that all local bargaining units need to have a voice on the CBD. I feel that I can be a fresh voice of reason on the CBD.

**Wilma Jones, BSN, RN** – District 6

**Present Position:** Hazard ARH

**Type of Position:** Staff Nurse

**Area of Expertise:** Staff Nurse

**Education:** Eastern Kentucky University, BSN; Hazard ARH School of Nursing, Diploma; Hazard Community College, Associate Degree

**Professional Organizational Activities:** **District:** State:

**Statement:** Advisory for CBD Steering Committee; President, Council of Presidents; President, KNA Local 104 in Hazard National: ANA Delegate; UAN Alternate Delegate; Spot-Light Speaker

**Statement:** I have been committed to my professional organization my entire nursing career of 31 years. My focus to this day has always been high quality safe nursing care. If nurses do not know what their rights are – how can they speak for themselves and their patients? My years of service to represent nurses and patients remains and continues to be my commitment to this day.

### UAN Delegate (1)

**Wilma Jones, BSN, RN** – District 6

**Present Position:** Hazard ARH

**Type of Position:** Staff Nurse

**Area of Expertise:** Staff Nurse

**Education:** Eastern Kentucky University, BSN; Hazard ARH School of Nursing, Diploma; Hazard Community College, Associate Degree

**Professional Organizational Activities:** **District:** State:

Advisory for CBD Steering Committee; President, Council of Presidents; President, KNA

Local 104 in Hazard National: ANA Delegate; UAN Alternate Delegate; Spot-Light Speaker

**Statement:** I have been committed to my professional organization my entire nursing career of 31 years. My focus to this day has always been high quality safe nursing care. If nurses do not know what their rights are – how can they speak for themselves and their patients? My years of service to represent nurses and patients remains and continues to be my commitment to this day.

**Judy C. Moore, MSN, RN** – District 6

**Present Position:** Hazard ARH

**Type of Position:** Staff Nurse

**Area of Expertise:** Cardiovascular

**Education:** University of Phoenix, MSN; Hazard Community College, RN; Morehead State University, BA; Lees Junior College; AA

**Professional Organizational Activities:** **District:** State:

**Statement:** Active at local level with Council of Presidents of the Collective Bargaining Division

**Statement:** My fellow nurses, I graduated from nursing school in 1990 and its been a career choice that I have never regretted. Nursing is my life. I have been active in KNA, at the local level, all my 18 years as a nurse. I am currently an officer of Local 104 at Hazard ARH. I have been one of the representatives for the ARH nurses at our last three contract negotiations. I regularly attend the Council of Presidents and Collective Bargaining Division meetings to represent our nurses. I want to continue to represent our nurses with a greater voice. That's why I'm asking for your vote for chairperson of the CBDSC and UAN Delegate. Let's make the change together. Thank you.

### UAN Alternate (1)

**Sarah Hunley, RN** – District 6

**Present Position:** Harlan ARH

**Type of Position:** Staff Nurse

**Area of Expertise:** Staff Nurse, OB/GYN, Newborn Nursery, Surgery

**Education:** Appalachian School of Nursing, Diploma

**Professional Organizational Activities:** **District:** State: CBD Chairperson National: UAN Delegate; NLC Member

# Student Spotlight

## The Resurgence of Pertussis

**Salands C. Bowman, RN, CMSRN**  
**Western Kentucky University**  
**BSN Graduate, May 2008**

Over half a century ago diseases such as mumps, measles, and tetanus were considered a childhood rite of passage. Vaccination programs have all but eliminated most of these diseases. While incidences have declined to a small number each year, pertussis has made a comeback. The introduction of the pertussis vaccine in the early 1940s drastically decreased the incidence of pertussis. The pre-vaccination era accounted for an average of 160,000 cases per year resulting in 5,000 deaths annually. By 1976, the incidence rate had declined to a mere 1,010 reported cases. Since 1980 however, the reported cases have steadily increased, and in 2004, 25,827 cases of pertussis were reported (Campos-Outcalt, 2005). Fifty percent of the pertussis resurgence since 2004 has encompassed persons over the age of ten years. Despite routine pertussis vaccinations, this disease continues to be a cause of morbidity, not just to children, but all age groups. Of the 25,827 cases reported in 2004, an alarming 8,897 or 34%, were 11 to 18 year olds and 7,481 or 29%, were among the 19 to 64 year-old age group (CDC, 2006).

### Resurgence epidemiology

Several probable causes for the resurgence exist. It is believed that the efficacy of the pertussis vaccine declines over time, leaving adolescents and young adults susceptible. Also, the *Bordetella pertussis* organism is thought to have possibly altered itself genetically to become less susceptible to the current antibodies introduced via vaccine. Moreover, it is possible that the rise in reported cases could be justified by an increase in case detection (Yeh & Mink, 2006). In addition, current speculation is that the recent emphasis on avoiding unnecessary antibiotics for respiratory infections has led to the unanticipated consequence of decreased treatment of under-diagnosed pertussis (Campos-Outcalt, 2005). Other possible factors contributing to the rebound include the increase and ease of international travel, which exposes travelers to a myriad of potential diseases and illnesses, and the longevity of human life. The pertussis vaccine, developed in 1940s, was thought to provide life-long immunity (Raguckas et al, 2007). At that time, human life expectancy, more than likely, was never imagined to be 80-plus years. With the waning of adolescent and adult immunity and because pertussis may not have a classical presentation in this age group, adolescents and adults become the reservoir of the pertussis pathogen and source of transmission and infection for non-immunized or partially immunized infants and children.

Classic pertussis, also known as whooping cough to many, presents in three clinical phases. These phases identified by stages in the progression of the infection are catarrhal, paroxysmal, and convalescent. After an incubation period between one to three weeks, the catarrhal stage is characterized by rhinorrhea, normal to low grade body temperature, and mild cough, often times undistinguishable from the common cold. Over a period of an additional one to two weeks the severity of the cough worsens. A prolonged burst of rapid coughs, followed by a massive inspiratory effort, which induces a "whooping," characterizes the paroxysmal phase. The coughing can become extremely intense inducing exhaustion and cyanosis. Often times the coughing spells are followed by vomiting or post-tussive emesis. This intense phase can last up to ten weeks. The paroxysmal stage is followed by the convalescent phase, lasting just a few weeks to a period of three months. While this recovery period is gradual, excessive coughing continues while the frequency decreases. However, the susceptibility to additional respiratory infections continues for months (Moss, 2006).

As mentioned, the presentation of pertussis in adolescents and adults may not have the classic features of whooping cough. The severity may be lessened, depending upon the amount of pre-existing immunity. Symptoms most commonly present as a cough lasting three to six weeks, nighttime coughing, pharyngitis, cyanosis, and apnea. Eating, drinking, physical exertion, and climate change

bring on reported coughing spells. With adult onset of symptoms, it is easy to understand how pertussis can be misdiagnosed as many other illnesses including asthma, sinusitis, or bronchitis. These misdiagnoses lead to the possibility of incorrect antibiotic therapies resulting in virulence of the infection and a reservoir for the pathogen.

### Pathogenicity

The bacteria associated with *Bordetella pertussis* are small, aerobic, gram-negative cocco-bacilli. The rod-shaped organism produces a toxin that inhibits the action of the respiratory tract cilia and causes local tissue destruction. This toxin produces a glue-like substance inhibiting the ability of the respiratory tract from clearing secretions, inducing excessive cough (Moss, 2006). Several complications associated with pertussis infection can occur, including sinusitis and pneumonia. In addition, urinary incontinence, facial pectechiae, hemorrhages in the central nervous system, subcutaneous emphysema, pneumothorax, umbilical and inguinal hernias, and rectal prolapse have been reported secondary to paroxysmal cough. Seizures, encephalopathy and, of course, death also have been reported. The frequency of such reported complications are higher in the infant and children population than in older adults (Yeh and Mink, 2006).

This recent shift in epidemiology and the resurgence of pertussis suggests that the disease has not been controlled with vaccination programs aimed only at infants and young children. Newer vaccines for adolescents and adults will continue to protect the individual as well as decrease the reservoir. The first vaccines in the United States consisted of killed whole *Bordetella pertussis* organisms, and in 1914 a licensed whole-cell pertussis vaccine became available. In 1948, this whole-cell vaccine was combined with diphtheria and tetanus toxoids. Unfortunately, this whole-cell vaccine was associated with unfavorable reactions resulting in the overall decline in public acceptability after a mid-1970s report of two deaths following administration. Success was reached in the early 1980s with the development of an acellular vaccine combined again with the diphtheria and tetanus toxoids. The acellular vaccine has proven its effectiveness and when vaccination is halted or withheld, re-emergence of this disease occurs. It is now known that vaccines only offer immunity for a limited duration of time. Interestingly, epidemic cycles of pertussis occur every 3-5 years, largely due to the fact that immunity is incomplete and that the *Bordetella pertussis* organism circulates freely in the population (Yeh and Mink, 2006).

### Updated recommendations

In 2005, with the rising occurrence of pertussis, the Advisory Committee on Immunization Practices (ACIP) reviewed the recommendations for pertussis vaccinations and approved two vaccines for older age groups: Boostrix, a combination of tetanus, diphtheria and acellular pertussis is licensed for use in 10-18 year olds, and Adacel is approved for 11-64 year olds. The Centers for Disease Control (CDC) recommends that most infants and children younger than seven years be vaccinated beginning at two months of age. A booster, Boostrix, vaccine should be received at 11-12 years of age if there has been at least a five-year interval since the last vaccine. This five-year interval reduces the likelihood of local and systemic reactions. Finally, adults ages 19-64 years, should receive Adacel if the most recent tetanus toxoid-containing vaccine was received ten or more years earlier. In addition, the CDC highly recommends that all health care professionals and adults in contact with children receive the appropriate vaccine, ensuring the curtailment of community outbreaks and the protection of infants who have not been completely immunized.

The success of childhood vaccination has been facilitated by scheduled, routine well-child visits during the early years of growth and development, which is a documentation requirement for school entry. Healthy young adults have few medical visits to provide opportunities for preventative care presenting a need for health care providers to develop a practice for reviewing vaccination needs at each visit. Medical visits prior to college entrance,



## Future Nurse

As we face a worsening nursing shortage, it is encouraging to know that future nurses are excited about the profession. One such future nurse is Abby Browning, 10-month-old daughter of Courtney Browning, RN, MSN, District #2 KNA member and EKU Baccalaureate & Graduate Nursing Faculty.

pre-natal visits, and employment physicals are opportune times for assessment of immunization status. Schools, day care centers, and health care facilities are potential foci of spread of infection. Such employers would benefit from vaccine requirements for employment. If exposure is confirmed, employees should be placed on sick leave until five days of antibiotic therapy has been completed. Health care providers should consider pertussis when an adolescent has experienced cough for two weeks or longer. Preventatively, providers should implement systems that insure all patients are vaccinated according to CDC recommendations and collaborate with schools, daycares, and local health departments to evaluate close contacts and possible outbreaks. Such procedures may become unnecessary in the future if the new pertussis vaccine products for adolescents are successful in turning pertussis into another vaccine preventable disease.

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# A Comparison of Methods of Assessing Patient Body Weight In The Pediatric Emergency Department

Kelly Zink, BSN, RN, Martha Bohn, BSN, RN, CNOR, Teresa Hood, BSN, RN, CNOR, Robert V. Topp, PhD, RN, & Jill Berger, MBA, RN, CNA

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The exact weight of a child undergoing resuscitation in a pediatric emergency department is critical to implementing protocols to save the child's life. These weight dependent protocols involve titrating drug dosages to the child's body weight in order to maximize the effect of the therapy while minimizing the toxic effect of the drug. Commonly, extenuating circumstances preclude the assessment of the child's weight by using a standard scale. These circumstances include the consciousness and cooperativeness of the child, severity of illness or injury, stability of the child's condition, as well as temporary braces to stabilize the child's back, neck and/or extremities. The purpose of this study was to compare the accuracy of five methods of estimating a pediatric patient's body weight in the pediatric emergency department (ED). The five methods compared included a physician's estimate, a nurse's estimate, the patient's parent's estimate, the estimate using the Broselow tape, which is a recommended length-based method in the Pediatric Advanced Life Support (PALS) course (American Academy of Pediatrics, American Heart Association, 2006), and the devised weight-estimation method (DWEM) (Garland, Kishaba, Nelson, Losek, & Sobocinski, 1986) which uses both length and body habitus to estimate weight. Accuracy was determined by comparing the five estimates with the patient's actual weight assessed using a standard weight scale.

Parents of 127 non-emergent pediatric patients (0-17 years) in a single pediatric ED were approached during the triage assessment of their child. After receiving consent from the parent the research staff member asked the parent to estimate their child's weight. At the same time the research nurse estimated the body habitus of the child (slim, average or heavy) in order to

Table 1. Correlation between actual and estimated weights

Estimation Method	Nurse Estimate	Physician Estimate	Parent Estimate	Broselow Tape	DWEM
Correlation to Actual Weight	.94	.94	.97	.88	.91

employ the DWEM. The ED triage nurse then weighed the patient using a standard scale and measured the child's height. If the child was unable to stand then the height/length was assessed with a measuring tape and the weight was assessed with an infant or chair scale. All weight assessments were conducted with the child wearing clothes. After examining the child, without knowledge of any prior weight estimates or measures, the examination room nurse and attending physician were asked separately to estimate the child's weight.

Descriptive analysis indicated that the sample's weight ranged from 2.7 to 153 kg, with a mean weight of 21.99 + 19.60 kg. All of the estimates of the child's weight yielded a high correlation with the child's actual weight (see Table 1). Differences between the estimated weight and actual weight were significant for the Broselow tape ( $t=3.83$ ,  $p<.00$ ) and the DWEM ( $t = 2.14$ ,  $p<.03$ ) methods. The weight estimates provided by the nurse, physician and the parent were not significantly different than the child's actual weight with the parent providing the most accurate estimate of the patient's weight.

The accuracy of estimates by nurses and physicians may be dependent upon the experience level of the practitioners and the frequency with which they treat children. In this study, nurses had an average of 7.7 years of pediatric ED experience, and physicians had an average of 6.5 years. The estimates of the nurses and physicians at this pediatric hospital were highly accurate, but it is not known if practitioner estimates would be more accurate than the Broselow or DWEM methods across multiple settings. The accuracy of parent estimates in this study could be due to the

population of children studied being recently seen by their pediatrician, and weighed in the office, then sent to the ED for additional care or evaluation. Based on these limitations of the study, it is not recommended that physician, nurse or parent estimate preclude the use of an objective methodology.

Of the five methods compared, the Broselow and DWEM methods were the least accurate in estimating the child's weight. This finding is contrary to recommendations in the literature which indicate that the Broselow tape and the DWEM are the most accurate methods of weight estimation in children (Black, Barnett, Wolfe & Young, 2002). This finding may be due to the Broselow and DWEM methods being based upon standard height and weight tables which were developed by Metropolitan Life in 1943 and since that time children have gained in body weight relative to their height (Lobstein & Jackson-Leach, 2007). Thus, the physician's, nurse's and parent's estimate of the child's weight may need to be considered in the final estimate of the child's weight which is employed in their care.

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# KNA Nurses on the Move

**1. Vicki Hines-Martin**, PhD, RN, was elected to serve on the Nursing Research Grant Reviewer (NRGR) committee for the American Nurses Foundation. She will serve for a 3-year term as part of a 12-member grant review committee.

Hines-Martin was also awarded the 2008 Diversity Award by the International Society of Psychiatric Mental Health Nurses on April 11, 2008 at the conference held in Louisville. She was recognized for her many efforts in promoting culturally competent mental health care and access to mental health services among minority and underserved populations. The award recognizes an ISPN member who has demonstrated outstanding leadership in providing culturally sensitive mental health services to individuals, families and/or groups through the development of innovative and significant contributions to teaching of, research about, and/or practice of culturally sensitive mental health care in nursing.

**2. University of Louisville School of Nursing** was second runner up to receive the UofL Diversity Award, which recognizes efforts to advance diversity and inclusion at UofL since the 2003 inception of the university-wide diversity plan "Achieving Our Highest Potential."

**3. Cynthia Logsdon**, DNS, ARNP, received

funding from the University of Pittsburgh for four years to code and analyze videotapes of maternal infant interactions. Dr. Katherine Wisner, MD, at the University of Pittsburgh, is Principal Investigator of the NIH funded primary grant, "Antimanic Use During Pregnancy."

**4. Barbara Jackson**, RN, PhD student, was awarded the Dr. Margaret S. Miles Student Poster Award from the Parent-Child RIG at Southern Nursing Research Society February 21-23, 2008 for her poster entitled "Adaptation and Resiliency in African American Mothers." Her co-authors were Dr. **Ermalynn Kiehl** and Dr. **Deby Armstrong**. This award marks the first time any SNRS RIG has awarded a prize in its specialty area. Ms. Jackson also received the second place student poster award for poster session 2, which included posters for the RIGs Education, Health Promotion, Parent-Child, Psychiatric/Mental Health, and Researchers in Clinical Settings.

**5.** A University of Louisville Intramural Research Incentive Grant (IRIG) was awarded to three School of Nursing faculty including **Peggy El-Mallakh**, PhD, RN, "Family Caregiving for Individuals with Schizophrenia and Diabetes Mellitus." **Kay Roberts** "The Prevalence and Characteristics of Diabetes-Related Disparities in an Underserved African

American Community" and **Cynthia Logsdon's** IRIG proposal entitled "Assessing fidelity of a Mental Health Nursing Intervention."

**6. Kay T. Roberts**, EdD, RNC, FNP, FAAN, received a grant from the Canaan Community Development Corporation for her project entitled "A Diabetes Free Destiny for African Americans." The project focuses on engaging diabetic and pre-diabetic low income African Americans in a comprehensive, year long, community-based intervention program in order to achieve diabetes control.

## FOCUS ON DIVERSITY

The *Kentucky Nurse* Editorial Board is accepting articles for a Focus on Diversity column. Focus on Diversity is a regular feature in the *Kentucky Nurse*. Manuscripts for this column may be submitted to PO Box 2616 Louisville, KY 40201-2616.

Join Us to Pamper, Inform and Network at the Ky Chapter of the American Psychiatric Nurses Association annual conference.

*Our topic this year is*

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Ella Hunter, Vice President - [ellafayhunter@yahoo.com](mailto:ellafayhunter@yahoo.com)

# Personal and Career Conflicts: Effects on Well-Being

by Susan Vorce Crocker, PhD, RN

New nurses are entering the workforce with college graduations in full swing across the United States. Are you looking forward to their contributions? At the same time, are you concerned about the nervous tensions and differences that novice nurses bring into your already hectic workplace? This article discusses the intersections of home and work life; looking at issues that may influence well-being along with career satisfaction. Are you experiencing a collision of opposing priorities, responsibilities, and expectations? Have you considered the effects of these and other conflicts on your health and wellbeing?

Psychologists tell us that quality ties to others are universally endorsed as central to optimal living. Social scientists have extensively studied the relational world, but in somewhat separate writings (e.g., attachment, close relationships, marital and family ties, social support). As nurses, you have many roles that vie with your professional career and work duties; as do those with whom you live and work. The conflict patterns are complex. So, put on your self-nursing assessment 'hat' and see what you discover!

## Shift Work

Our lives have been undeniably altered by the growing 24/7 global economy. Employees from all walks of life are increasingly working shifts. Many of these workers are married and many also have children. Single parents have their own set of shift work issues. Studies indicate that working the evening shift is associated with striking differences in home life than working the day shift. Women's evening shift work results in re-gendering the divisions of household and childcare tasks. For example, fathers whose wives work evening shifts will spend more time with their children and do more 'feminine' house-hold tasks than those whose wives work day shifts. At the same time, however, the shift mothers work is unrelated to the amount of time they spend with their children. Women who work evening shifts report significantly higher work-family conflict than do day shift workers (Barnett, Gareis & Brennan, 2008; Barnett & Gareis, 2007; Presser, 2003).

Conflict at home related to work expectation- does this resonate with your work-family experience?

## Hours Worked

A study reported in the American Journal of Nursing (Trinkoff, Geiger-Brown, Brady, Lipscomb, & Muntaner, 2006) states that extended work schedules—those that vary from the standard eight hours per day, 35 to 40 hours per week—are common in nursing and contribute to problems with nursing recruitment and retention in addition to compromising patient safety and the health and well-being of nurses. This study described the nature and prevalence of such schedules across nursing settings and concluded that the proportion of nurses who reported working schedules that exceed the recommendations of the Institute of Medicine should raise industry-wide concerns about fatigue and health risks to nurses as well as the safety of patients in their care. Is your health and well-being at risk due to the rising expectations and resulting conflicts from work expectations?

## Flexible and Variable Hours

Nurses continue to advocate for more flexibility and variability in our work place and work schedules. Costa, Sartori, & Akerstedt (2006) investigated the influence of flexible and variable working hours. They analyzed how these two dimensions relate to health and well-being. The flexibility and variability of working hours appeared inversely related to health and psycho-social well-being: the most favorable effects were associated with higher flexibility and lower variability. Physical work, age, and flexibility were found to be the three most important factors affecting health and well-being. Flexibility was reported as the most important factor to influence work satisfaction; the second to affect family and social commitment and the ability to do the same job when 60 years old, as well as trauma, overall fatigue, irritability, and headache; and the third to influence heart disease, stomachache, anxiety, injury, and the feeling that health being at risk because of work. Variability was the third most important factor influencing family and social commitments. Furthermore, shift and night work significantly influenced sleep, digestive

and cardiovascular troubles, as well as health and safety at work. Time pressure also showed a relevant influence, both on individual stress and social life. Workers who reported control of these variables had positive consequences related to coping strategies as evidenced by "feeling to be able to work until 60 years of age" (p.1125). The many issues surrounding the aging and shrinking nursing workforce apply here. Suitable arrangements of flexible working time, aimed at supporting workers' coping strategies, have been shown to have beneficial effects on worker health and well-being. How are you doing with so many "balls in the air?" Is your juggling of all of these conflicting roles and expectations taking a toll? Satisfaction results from having a sense of accomplishment, purpose, and control. As health care professionals, we must learn to take care to protect our-selves in order to protect our patients.

## Next Steps

Share this information with your family and your co-workers. We must face the issues and talk about the conflicts. Review the information on vitality and resiliency presented in previous articles. As nurses, we must put into practice for ourselves all that we have learned about managing conflict in others. Seek out avenues for conflict mediation or other training aimed at acquiring skills in conflict management. Together we can creatively and collectively work to reduce the myriad of conflicts that plague our day-to-day lives.

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# Top 10 Risk Management Strategies for Kentucky Nurses

**LaTonia Denise Wright, RN, BSN, JD**

As a Generation Xer, I grew up watching David Letterman and his Top 10. Well here is my “Top 10” for Kentucky licensed nurses to manage and mitigate the legal risks associated with nursing practice:

1. Track the latest developments in Kentucky nursing regulation. Review the Kentucky Nurse Practice Act and Kentucky Board of Nursing regulations. These are the legal foundations for your nursing practice. Read the KBNursing Connection from cover to cover quarterly when you receive the mailing. Bookmark the Kentucky Board of Nursing website on your computer and periodically check the Board's website to review its publications, updates, etc. The Kentucky Board of Nursing's website is <http://kbn.ky.gov/>.
2. Familiarize yourself with the nursing policies & procedures and employee handbook of your nursing employer. Know your employment options as a professional registered nurse: at-will employment, collective bargaining, and employment contracts and decide which employment option is best for you.
3. Do not take short-cuts (even if it is a common occurrence on your unit/floor) with administering, documenting, and handling medication especially controlled substances. This includes but is not limited to documenting waste, medication overrides, failing to document the administration of controlled substances, administering medication without an order, administering medication pursuant to a verbal order but failing to document the verbal order, withdrawing controlled substances “too frequently” and inconsistently with an order, etc. Chemical dependency and theft of drugs is a concern in nursing and healthcare in general therefore always, always, always practice in accordance with the standards of safe nursing practice when documenting, administering, handling, and wasting controlled substances.
4. Consider purchasing professional liability insurance that will cover attorney fees and costs associated with defending your license before the Kentucky Board of Nursing if a complaint is filed against your license and in the event that you are named as a defendant in certain civil suits. See <http://www.nso.com/nursing-resources/article/60.jsp> and <http://www.proliability.com> for additional information. You have life insurance, car insurance and health insurance, why do you not have professional liability insurance? There are several myths that exist about professional liability insurance for nurses. See <http://www.nso.com/professional-liability-insurance/gaps.jsp>. Make sure your policy has a licensure protection benefit. See <http://www.nso.com/nursing-resources/article/57.jsp>. Your employer's liability insurance does not have a licensure defense protection benefit for nurses as it is meant to protect the facility in civil suits.
5. Maintain competency in your specialty and ensure that you have the requisite knowledge, skills, and abilities to safely practice. Attend conferences that are applicable to your area of practice to stay abreast of new developments and standards of practice. Have a working knowledge of the specialty nursing association standards and guidelines applicable to your nursing practice. See <http://www.nursingworld.org/EspeciallyForYou/Links/SpecialtyNursing.aspx>. Take an active approach in your performance evaluation by soliciting advice on areas for improvement then take proactive steps to improve your nursing practice. Correct any identified practice deficiencies. Maintain your own professional portfolio that includes CE, in-services, training, etc. and keep this portfolio at your home.
6. You are accountable for your nursing practice. If you are unsure about delegating a task or performing a procedure, speak with a supervisor first and/or collaborate with other colleagues on the most appropriate course of action. When in doubt about any particular course of action, always ask questions and seek guidance until you are comfortable with the situation. Do not be afraid to follow the chain of command. Trust your instincts because if it does not feel right, it may not be right.
7. Establish and maintain professional boundaries with patients. Refrain from sexual relations with clients. The nurse-patient relationship is a professional relationship; it is not a personal, financial, business, or sexual relationship. See the National Council of State Boards of Nursing (NCSBN) booklet on professional boundaries at [https://www.ncsbn.org/Professional\\_Boundaries\\_2007\\_Web.pdf](https://www.ncsbn.org/Professional_Boundaries_2007_Web.pdf).
8. Before you sign any legal, business, or professional practice document that affects your nursing license, practice, or career, make sure you understand all of the terms, provisions, and conditions in the document. Consider having the document reviewed by an attorney prior to signing the document. This includes but is not limited to employment contracts and Board of Nursing agreed orders, consent agreements, and contracts. You want to make informed decisions about how the document affects your livelihood before you sign it.
9. Do not engage in any type of criminal conduct

in your personal or professional life. This seems like a no-brainer, but things happen. If you are charged with a crime remember you are a licensed professional and it's a privilege to hold a nursing license. You do not have a right to practice nursing. Consult with a criminal defense attorney about the criminal matter and consult with a licensure defense attorney about the nursing licensure, employment, and career implications of a criminal conviction. Why? A criminal conviction for a nurse may have a ripple effect on your liberty, licensure, and employability. A criminal conviction (except for traffic-related misdemeanors) must be reported to the Kentucky Board of Nursing within 30 days of the entry of the final judgment. See KRS 314.109.

10. Nursing documentation is extremely important. In the event of a medical malpractice action or a Kentucky Board of Nursing investigation your documentation may be reviewed and scrutinized. Consistently document in descriptive terms the nursing care you provide. Never chart ahead, submit fraudulent documentation, or make inappropriate notations or drawings in the medical record.

This article is not intended as an endorsement of the professional liability insurance products offered by Nursing Service Organization (NSO) or Marsh Affinity. The author of this article is not employed by or affiliated with NSO or Marsh Affinity.

This article is for informational and educational purposes only. This article is not intended to serve as legal advice. For legal advice consult your attorney. For an attorney referral contact The American Association of Nurse Attorneys (TAANA) at 877-538-2262.

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# Home Study Courses Offered by the Kentucky Nurses Association

Home Study Courses include a written booklet, fun activities, and an open-book post-test for CE credit. The test, regular grading, and CE Credit are included in the course price. Tests are hand graded by Susanne Hall Johnson with individual feedback on your test. **Course must be completed and returned within 3 months of receipt to receive credit.**

**Assessment of the Families at Risk: High Risk Parenting (AFR) (3)** Reviews family assessment and strategies for helping families when child or parent is at medical risk. (6 contact hours) \$59.00

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Audiotape courses are taught by Suzanne Hall Johnson and include a booklet with fun activities and audiotape(s). The post-test and CE credit are optional for the audiotape courses. Select just the course, or the course plus the test/credit below. Tests are hand graded by Susanne Hall Johnson with individual feedback on your test.

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Louisville, KY 40201-2616  
FAX: 502-637-8236

**PLEASE PRINT CLEARLY**

Date of Order \_\_\_\_\_

Name \_\_\_\_\_

Credentials \_\_\_\_\_

Home Telephone \_\_\_\_\_

Best Time to Call \_\_\_\_\_

Social Security Number \_\_\_\_\_

Kentucky License Number \_\_\_\_\_

Home Address \_\_\_\_\_

Other State & License # \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_

E-Mail: \_\_\_\_\_

Employer \_\_\_\_\_

Telephone \_\_\_\_\_

KNA Member  Yes  No

Program Costs \$ \_\_\_\_\_

KY Residents Add 6% Tax \$ \_\_\_\_\_

Total Costs \$ \_\_\_\_\_

MasterCard, Visa, American Express, Discover  
(Circle One)

Exp. Date \_\_\_\_\_

Signature \_\_\_\_\_

(Required)

## Galen College of Nursing Announces Campus Expansion College to Add New Student Resource Center, Clinical Learning Laboratory

Galen College of Nursing today announced a major expansion at its main campus that will include a new student resource center, new classrooms and a second clinical learning laboratory.

The 12,000-square-foot expansion features a new library and resource center for students that includes a computer lab, counseling offices, a designated area for individualized testing, plus group study space and lounge seating. The resource center will also employ a full-time librarian.

In addition, the expansion will include a new clinical learning laboratory, in which students will learn bedside care through the use of computerized human patient simulators under the supervision of Galen faculty. The simulators enable students to practice advanced clinical learning in a safe, controlled environment.

"This expansion is to provide better resources for our students and to make sure we keep up with the changing technology in nursing," Galen Executive Vice President Joe Peters said. "As enrollment grows, so will our facilities; we also want to broaden our student resources to confirm our commitment to providing the best nursing education possible. This commitment is ongoing at Galen."

New multimedia classrooms, administrative offices and a new reception area are also part of the expansion, which will increase Galen's total size to more than 51,000 square feet. Galen currently enrolls more than 600 students at its Louisville campus and employs more than 70 people including staff and faculty.



## KNA PRODUCTS Order Form

## District #9 Activities

Our annual picnic was held Saturday, July 12th, at Logan Hubbard Park in Lincoln County. We made final plans for a group trip to see "Bodies: The Exhibition" at the Cincinnati Museum Center at Union Terminal on Saturday, August 2nd.

The September 11th meeting at 7 PM will be at Bill's Diner in Lancaster. Our final 2008 meeting will be November 14th at 7 PM at Freddie's in Stanford. New 2009-10 officers will be installed that evening.

District #9 encompasses Anderson, Boyle, Casey, Garrard, Lincoln, Marion, Mercer, Rockcastle and Washington counties. We welcome all nurses to our meetings and do have members from other counties.

Barbara E. Sonnen, president  
June 2, 2008

## Call for Articles

The KNA Editorial Board invites submission of articles to be considered for publication in the *Kentucky Nurse*. Articles may be submitted in one of three categories: 1) personal opinion or experiences; 2) research or scholarly articles that address professional issues or clinical practice; and 3) research reviews. The *Kentucky Nurse* is a peer-reviewed publication with a circulation of 62,000 nurses and nursing students in the state. Articles published in the *Kentucky Nurse* are indexed in CINAHL. We encourage you to share your research and scholarly activities that will further advance the professionalism of nursing.

<b>KNA Golf Shirt</b> —Short Sleeve— Available in Red or Royal Blue— <b>\$25.00</b> or <b>\$27.00 (2X and 3X Large Size)</b> each plus shipping & handling and tax:		<b>KNA Microfleece Vest</b> —Available in Red or Royal Blue— <b>\$32.00</b> or <b>\$34.00 (2X Large Size)</b> each plus shipping & handling and tax:	
_____ Small _____ Medium _____ Large _____ X-Large _____ 2X-Large* _____ 3X-Large*	_____ Red _____ Navy Blue	_____ Small (not available in Royal Blue) _____ Medium _____ Large _____ X-Large _____ 2X-Large*	_____ Red _____ Royal _____ Blue
_____			
KNA Post-It-Note Cube	<b>\$6.00</b>	KNA Mini-Umbrella	<b>\$12.00</b>
KNA Red, White & Blue Canvas Bag	<b>\$15.00</b>	Centennial Medallion	<b>\$15.00</b>
Red, White and Blue Vinyl Flag Tote Bag with white KNA Luggage Tag	<b>\$10.00</b>	Black KNA Travel Bag	<b>\$10.00</b>

**\*These sizes are an additional \$2.00 each**

\_\_\_\_\_ Total Purchases  
 \_\_\_\_\_ Shipping & Handling (See Scale Below)  
 \_\_\_\_\_ Subtotal  
 \_\_\_\_\_ 6% Sales Tax (KY)  
 \_\_\_\_\_ **Total**

**Make check payable and send order to: Kentucky Nurses Association, P.O. Box 2616, Louisville, KY 40201-2616 or fax with credit card payment information to (502) 637-8236. For more information, please contact (502) 637-2546 ext. 10.**

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Visa/MasterCard/Discover/American Express # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Expiration Date \_\_\_\_\_

Signature (Required) \_\_\_\_\_

Shipping and Handling			
\$0.00-\$5.00	\$2.50	\$75.01-\$90.00	\$19.00
\$5.01-\$15.00	\$4.50	\$90.01-\$150.00	\$25.00
\$15.01-\$30.00	\$6.50	\$151.01-\$200.00	\$35.00
\$30.01-\$45.00	\$8.50	\$201.00-\$300.00	\$50.00
\$45.01-\$60.00	\$10.50	\$301.00 and up	\$65.00
\$60.01-\$75.00	\$12.00	Express Shipments**	At Cost**

**\*\*Express Shipment Expense Billed to Credit Card Only\*\***

## Mary Breckinridge Print

To celebrate the centennial of professional nursing in Kentucky, a very special remembrance is now available. Perhaps the Commonwealth's most famous and influential nurse has been Mary Breckenridge, Founder of Frontier Nursing Services. Headquartered at Wendover, KY and started with three nurses in 1925, the Frontier Nursing Services became the largest midwifery school in the country. Continuing to thrive, it now includes four rural healthcare centers.

To bring honor to Mary Breckinridge, Historical Medical Art in Danville, KY was contacted. Founded by Dr. Robert Joseph, this company's sole purpose is to develop scenes of evolutionary periods of health professions and offer prints to health care professionals for framed display in offices, clinics, healthcare facilities, and homes. Experienced and talented artist Anne Crawford brings the subject matter to life on canvas after Dr. Joseph's careful historical research and scene development.

A beautiful landscaped pictorial scene of Mary Breckinridge on horseback, bringing her nursing skills to a cabin in Leslie County (circa 1925), has been created. A "legend" text chronicling Mary Breckinridge's life is included. The print is available in both 16" by 20" and 11" by 14" sizes as well as note cards. Endorsed by the Kentucky Nurses Association, a portion of each purchase price will be given by Historical Medical Art to the Kentucky Nurses Association.

These items may be purchased on line at [www.historicalmedicalart.com](http://www.historicalmedicalart.com) or by mail or phone order to:

**Historical Medical Art, LLC**  
**204 West Main Street**  
**Danville, KY 40422**  
**Phone: 1-888-282-0970 or**  
**Fax: 859-236-6703**

## Sponsored by The Kentucky Nurses Association and Historical Medical Art, LLC



**Frontier Nursing Service, circa 1925**

### Celebrate the 100th Anniversary of Professional Nursing in Kentucky

By purchasing an original lithographic print of one of the true pioneers of Kentucky nursing, Mary Breckinridge. The rendering was created by Historical Medical Art for this momentous occasion at the request of the KNA. It comes with a text describing the history of the Frontier Nursing Service. Own this beautiful reminder of your nursing heritage. A part of the purchase price will be donated to the KNA in your name.

<u>Order No.</u>	<u>Description</u>	<u>Special Offer</u> <u>Your Cost</u>	<u>KNA Gift</u>
FNS	16x20 Limited Edition	\$75.00	We send in your name \$25 of the \$75 to KNA
FNS1114	11x14 Open Edition	\$50.00	\$15 of the \$50 to KNA
NFNS	Note cards (pack of 6)	\$10.00	\$2 of the \$10 to KNA

Order Form:

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ Email \_\_\_\_\_

Order#	Description	No. of Items	Price per Item	Total Price

Subtotal \_\_\_\_\_

Shipping & Handling \$5.00 per Item \_\_\_\_\_

Total \_\_\_\_\_

Method of Payment

- Check (made payable to Historical Medical Art)  Money Order  
 Visa  MasterCard  American Express  Discover

\_\_\_\_\_  
 Name on Credit Card

\_\_\_\_\_  
 Address

\_\_\_\_\_  
 Credit Card #

\_\_\_\_\_  
 Expiration Date

\_\_\_\_\_  
 Signature

Mail, Phone or Fax Orders To:  
**Historical Medical Art, LLC • 204 West Main Street • Danville, KY 40422**  
**Phone: 1-888-282-0970 or Fax: 859-236-6703**

## Announcing the Kick-Off of the Kentucky Nurses Association (KNA) Environmental Health Task Force

Nurses are increasingly becoming aware of the connection between the health of the environment and the health of our patients, families, and communities. As nurses we have a responsibility to be knowledgeable regarding environmental health threats, engage our nursing expertise, and guide public policy for healthy environments. Many health trends thought to be linked to the environment are on the rise:

- In 2006, 9.9 million U.S. children under 18 years of age (14%) have ever been diagnosed with asthma; 6.8 million children (9%) still have asthma. (Bloom B, Cohen, 2007)
- Trends reveal hospitalizations for asthma have steadily increased for children in Kentucky rising 45 percent between 2000 and 2003. (Kentucky Environmental Quality Commission, 2004).
- Nine percent of U.S. children under 18 years of age suffered from hay fever in the past 12 months, 12% from respiratory allergies and 13% from other allergies. (Bloom B, Cohen, 2007)
- Autism spectrum disorders (ASDs) are diagnosed in 1 in 150 8-year-old children in multiple areas of the United States. It is now the fastest growing developmental disability in the United States. (Centers for Disease Control and Prevention, 2007)
- Between 1973 and 1998, breast cancer incidence in the United States increased by more than 40 percent. Today, a woman's lifetime risk of breast cancer is one in eight. (Breast Cancer Fund, 2008).
- In the United States in 2007, approximately 10,400 children under age 15 were diagnosed with cancer and about 1,545 children will die from the disease. (American Cancer Society, 2007).
- Hypospadias occurs in approximately 1 in every 250 male births in the United States. (Gatti, 2007).

The KNA Environmental Health Task Force is being formed by the Kentucky Nurses Association (KNA) in collaboration with KNA District 6. The purpose of the KNA Environmental Health Task Force is for Kentucky nurses to have a strong, united voice on environmental health issues, to explore and share information related to environmental health and to enhance networking to improve health through environmental initiative that impact practice, education, research, and advocacy.

The Kick-Off meeting of the KNA Environmental Health Task Force will take place on Wednesday, October 15, 2008 at 1:00pm at Louisville Marriot East, 1903 Embassy Square Boulevard, Louisville, KY 40299. The meeting is open to any nurse who is interested in learning more about promoting and protecting environmental health and becoming a member of the KNA and the KNA Environmental Health Task Force. Please come out to show your support. For further details please contact Lisa Abner, MSN, RN at 606-864-4764 x.114 or by email at LisaF.Abner@ky.gov.

### References

Akinbami LJ. The State of childhood asthma, United States, 1980-2005. Advance data from vital and health statistics; no 381, Hyattsville, MD: National Center for Health Statistics. 2006.

American Cancer Society. *Cancer Facts and Figures 2007*. Atlanta, GA: American Cancer Society. Retrieved June 05, 2008, from <http://www.cancer.org/downloads/STT/CAFF2007PWSecured.pdf>

Bloom B, Cohen RA. Summary Health Statistics for U.S. Children: National Health Interview Survey, 2006. National Center for Health Statistics. Vital Health Stat 10(234). 2007.

Breast Cancer Fund. (2008). *State of the Evidence 2008: The Connection between Breast Cancer and the Environment. 5th Ed.*

Centers for Disease Control and Prevention (2007). Autism Information Center. Retrieved June 05, 2008, from [http://www.cdc.gov/ncbddd/autism/faq\\_prevalence.htm](http://www.cdc.gov/ncbddd/autism/faq_prevalence.htm).

Gatti, J. (2007). Hypospadias. EMedicine. Retrieved June 05, 2008, from <http://www.emedicine.com/med/topic1136.htm#section-AuthorsandEditors>.

Kentucky Environmental Quality Commission, (2004). Children's Environmental Health. Retrieved June 05, 2008, from [http://www.eqc.ky.gov/NR/rdonlyres/BCFEF813-25B2-4993-96F7-A55B1F11DC26/0/indicator1\\_2.pdf](http://www.eqc.ky.gov/NR/rdonlyres/BCFEF813-25B2-4993-96F7-A55B1F11DC26/0/indicator1_2.pdf).

## Professional Nursing in Kentucky Yesterday Today Tomorrow

The historical narrative, *Professional Nursing in Kentucky: Yesterday, Today, Tomorrow*, is a KNA Centennial Project. Research and authorship was a collective effort of the KNA Centennial Publication Committee. The content was derived from published and unpublished documents in public and private archives of Kentucky schools of nursing, hospitals, colleges, universities, health agencies, libraries and historical societies. Selected photos and individual anecdotes lend a personal touch.

Proceeds from the sale of this book will benefit the Kentucky Nurses Foundation in forwarding its mission of providing nursing scholarships and funding nursing research.

\_\_\_\_\_ **Price \$29.95 Each (Tax Included)**

\_\_\_\_\_ **Shipping & Handling \$6.50 Each**

\_\_\_\_\_ **Total Payment**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

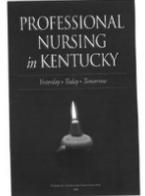
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Visa—MasterCard—Discover—American Express # \_\_\_\_\_

Expiration \_\_\_\_\_

Signature (Required) \_\_\_\_\_

Kentucky Nurses Association  
PO Box 2616, Louisville, KY 40201-2616  
Phone: 502-637-2546, FAX: 502-637-8236



## “NURSING: LIGHT OF HOPE”

by **Scott Gilbertson**  
Folio Studio, Louisville, Kentucky

Photo submitted by the Kentucky Nurses Association, July 2005 to the Citizens Stamp Advisory Committee requesting that a first class stamp be issued honoring the nursing profession. (Request Pending)

NOTE CARDS (package)—5 for \$6.50

I would like to order **“Nursing: Light of Hope”** Note Cards

\_\_\_\_\_ Package of Note Cards @ 5 For \$6.50  
 \_\_\_\_\_ Total Purchase  
 \_\_\_\_\_ Kentucky Residents Add 6% Kentucky Sales Tax  
 \_\_\_\_\_ Shipping and Handling (See Chart)  
 \_\_\_\_\_ TOTAL

Shipping and Handling		
\$0.00-\$5.00 .....	\$2.50	\$60.01 - \$75.00 .....
\$5.01-15.00 .....	\$4.50	\$75.01-\$90.00 .....
\$15.01-\$30.00 .....	\$6.50	\$90.01-\$150.00 .....
\$30.01-\$45.00 .....	\$8.50	\$151.00-\$300.00 .....
\$45.01-\$60.00 .....	\$10.50	\$300.00 and up .....
		\$50.00

\*Express Delivery will be charged at cost and will be charged to a credit card after the shipment is sent.

Name \_\_\_\_\_ Phone \_\_\_\_\_

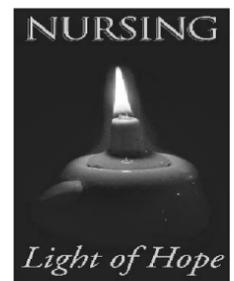
Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Visa \* MasterCard \* Discover \* American Express # \_\_\_\_\_

Expiration \_\_\_\_\_ Signature (Required) \_\_\_\_\_

**Kentucky Nurses Association**  
PO Box 2616, Louisville, KY 40201-2616  
Phone: (502) 637-2546 Fax: (502) 637-8236





**THE PAINTING**

“The Human Touch” is an original oil painting 12” x 16” on canvas which was the titled painting of Marge’s first art exhibit honoring colleagues in nursing. Prompted by many requests from nurses and others, she published a limited edition of full color prints. These may be obtained from the Kentucky Nurses Association.

# The Human Touch

Copyright 1980  
 Limited Edition Prints  
 by  
 Marjorie Glaser Bindner  
 RN Artist

Limited Edition Full Color Print  
 Overall size 14 x 18

Signed Only (1250)—\$20.00  
 Note Cards (package)—5 for \$6.50  
 Framed Signed—\$160.00  
 Cherry or Gold Frame

## The Human Touch

Her step is heavy  
 Her spirit is high  
 Her gait is slow  
 Her breath is quick  
 Her stature is small  
 Her heart is big.  
 She is an old woman  
 At the end of her life  
 She needs support and strength  
 from another.

The other woman offers her hand  
 She supports her arm  
 She walks at her pace  
 She listens intently  
 She looks at her face.  
 She is a young woman at the  
 beginning of her life,  
 But she is already an expert in caring.

RN Poet  
 Beckie Stewart\*

\*I wrote this poem to describe the painting,  
**The Human Touch** by Marge.”  
 Edmonds, Washington ‘94

**FOR MAIL ORDERS**

I would like to order an art print of “The Human Touch”©

- \_\_\_\_\_ Signed Prints @ \$20.00
- \_\_\_\_\_ Package of Note Cards @ 5 for \$6.50
- \_\_\_\_\_ Framed Signed Print @ \$160.00
- \_\_\_\_\_ Gold Frame
- \_\_\_\_\_ Cherry Frame

- \_\_\_\_\_ Total Purchases
- \_\_\_\_\_ Kentucky Residents Add 6% Kentucky Sales Tax
- \_\_\_\_\_ Subtotal
- \_\_\_\_\_ Shipping and Handling (See Chart)
- \_\_\_\_\_ **TOTAL**

Make check payable to and send order to: Kentucky Nurses Association, P.O. Box 2616, Louisville, KY 40201-2616 or fax order with credit card payment information to (502) 637-8236. For more information, please call (502) 637-2546 ext. 10 or (800) 348-5411.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip Code: \_\_\_\_\_

Visa/MasterCard/Discover/American Express: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Signature (Required): \_\_\_\_\_

Shipping and Handling	
\$ 0.00 to \$5.00 . . . . .	\$2.50
\$ 5.01 to \$15.00 . . . . .	\$4.50
\$15.01 to \$30.00 . . . . .	\$6.50
\$30.02 to \$45.00 . . . . .	\$8.50
\$45.01 to \$60.00 . . . . .	\$10.50
\$ 60.01 to \$ 75.00 . . . . .	\$12.00
\$ 75.01 to \$ 90.00 . . . . .	\$19.00
\$ 90.01 to \$150.00 . . . . .	\$25.00
\$151.01 to \$200.00 . . . . .	\$35.00
\$201.01 to \$300.00 . . . . .	\$50.00
\$300.00 and up . . . . .	\$65.00

**\*Express delivery will be charged at cost and will be charged to a credit card after the shipment is sent.**

# Welcome New Members

**The Kentucky Nurses Association welcomes the following new and/or reinstated members since the April/May/June 2008 issue of the *KENTUCKY NURSE*.**

## Kentucky Nurses Association Calendar of Events 2008

### July 2008

1 Materials due for the **Call to Convention 2008**

4 KNA Office Closed  
Fourth of July Holiday

24 10:00 AM Finance Committee

### August 2008

18 Materials due for the October/November/December Issue of **Kentucky Nurse**

### September 2008

1 KNA Office Closed Labor Day Holiday

### October 2008 15-17

**KNA Convention 2008 (Louisville Marriot East)**

15 6:00 PM KNA Board of Directors Meeting

### November 2008

17 Materials due for January/February/March 2009 Issue of **Kentucky Nurse**

27-28 KNA Office Closed Thanksgiving Day Holiday

### December 2008

22-31 KNA Office Closed Christmas Holiday

### January 2009

1-2 KNA Office Closed New Years Day Holiday

5 KNA Office Re-opens

\*\*All members are invited to attend KNA Board of Directors meetings (please call KNA first to assure seating meeting location, time and date).

#### District #1

Melanie N. Brown  
Nanci Brown  
Rebecca Brown  
Pamela C. Derbin  
Rebecca Garmon  
Rebekah L. Easton-Hogg  
Vanessa K. Harvey  
Eugenia R. Hill  
Jennifer M. Smithers

#### District #2

Courtney P. Browning  
Carrie L. Crum  
Susan C. Harrod  
Lori S. Mendoza  
Jessica L. Murray  
Gina L. Purdue  
Angela C. Smith  
Dean Scott Treadway

#### District #3

Nitashia M. Fryman  
Karen W. Lahr

#### District #4

Amanda S. Haycraft  
Leslie Jeffries  
Linda R. McCown

#### District #5

Michele Carbonell-Smith

#### District #6

Brandi Amburgey  
Amanda M. Baisden  
Arlene D. Baker  
Charity Carrier  
Mary Ellen Clayton  
Reigena Coleman  
Emily Collingsworth  
Angela K. Combs  
Lisa Ann Combs  
William R. Combs

#### Recruited By

Judith Pollmann

Barb Devers

Brenda Foley

Karen Hartman

#### Recruited By

Rebecca Conley  
Carla Croushorn  
Julie R. Duffy  
Antonia Fields  
Melissa Fields  
Jessica Gibson  
Tamie Hall  
Rae M. Hensley  
Anna Jarboe  
Karen Sue Johnson  
Connie Jones  
Earl Jones  
Delores J. King  
Billie J. Lewis  
Ruth E. Lewis  
Tina Messer  
Ashley B. Mullins  
Elizabeth M. Smith  
Jesse Smith  
Christine Stacy  
Lisa Faye Stowers  
Wendi Turner  
Nora M. Vanover  
Karen L. Whorrall  
Christie Lee Wooten

#### District #7

Dana H. Lewis  
Christine H. Tellis

#### District #8

Katherine K. Biodini

#### District #9

Mary E. Batt

#### District #10

Kimberly J. Morgan  
Kim R. Pack  
Christina Marie Tackett

#### District #11

Amanda J. Hurt



**KENTUCKY NURSES ASSOCIATION MEMBERSHIP APPLICATION**

P.O. Box 2616, Louisville, KY 40201-2616  
(502) 637-2546 \* (800) 348-5411 \* Fax: (502) 637-8236  
www.kentucky-nurses.org \* Contact@kentucky-nurses.org



Date \_\_\_\_\_

Please type or print clearly. Please mail your completed application with payment to Kentucky Nurses Association (KNA), P.O. Box 2616, Louisville, KY 40201-2616.

Last Name/First Name/Middle Initial		Home Phone Number
Credentials	Home Fax Number	Basic School of Nursing
Home Address	Work Phone Number	Cell Phone Number
City/State/Zip Code + 4	Work Fax Number	Pager Number
County	Position	Graduation (Month/Year)
E-Mail Address	Employer	RN Licensure Number/State

Would you like to receive KNA email updates with important information relative to nursing and healthcare?  Yes  No

**Membership Category**

- Full Membership: \$279.00 Annually or \$23.75 Per Month**
  - Employed full-time
  - Employed part-time
- Associate Membership: \$139.50 Annually or \$12.29 Per Month**
  - RN if enrolled as a full-time student at \_\_\_\_\_ (KNA reserves the right to verify enrollment)
  - New graduate from basic nursing education program within six months of graduation (first membership year only)
- Special Membership: \$69.75 Annually or \$6.31 Per Month**
  - RN who is retired and not actively employed
  - RN who is not currently employed as a nurse due to disability

**Select your KNA District from the map.**

District # \_\_\_\_\_

**Note:** State nurses' association dues are not deductible as charitable contributions for tax purposes, but may be deductible as a business expense.

Under Kentucky Law, that portion of your membership dues used by Kentucky for lobbying expenses is not deductible as an ordinary and necessary business expense. KNA reasonable estimates that the non-deductible portion of dues for the 2008 tax year is \$98.74.

**In am an actively licensed RN (check one):**

- \_\_\_\_\_ Management
- \_\_\_\_\_ Staff
- \_\_\_\_\_ Educator

**I heard about KNA from (please check):**

- KNA Member
- Presentation
- KANS
- Mailing/Publication

**Payment Plan (please check)**

- Full Annual Payment**
  - Check (Payable to ANA)
  - Visa
  - MasterCard
- Payroll Deduction  
This payment plan is available only where there is an agreement between your employer and KNA to make such deduction.

Payroll Deduction Signature\* \_\_\_\_\_

**Payment Plan (please check)**

- Epay (Monthly Electronic Payment)\***  
This is to authorize monthly electronic payments to ANA. By signing on the line, I authorize KNA/ANA to withdraw 1/12 of my annual dues and any additional service fees from my account.
- Checking:** Please enclose a check for the first month's payment; the account designated by the enclosed check will be drafted on or after the 15th of each month.
- Credit Card\*:** Please complete the credit card information and this credit card will be debited on or after the 1st day of each month.

Epay Authorization Signature\*\* \_\_\_\_\_

**Sex**

- 1. Male
- 2. Female

\*By signing the Epay or Annual Credit Card authorizations, you are authorizing ANA to change the amount by giving the above-signed thirty (30) days advance written notice. Above signed may cancel this authorization upon receipt by ANA of written notification of termination twenty (20) days prior to the deduction date designated above. Membership will continue unless this notification is received. ANA will charge a \$5 fee for any returned drafts of chargebacks.

\*\*Monthly epay includes \$.50 service charge (effective 1/2004)

**Credit Card Information**

Bank Card Numbers \_\_\_\_\_

Expiration Date \_\_\_\_\_ \$ \_\_\_\_\_ Amount

Authorization Signature \_\_\_\_\_

Printed Name \_\_\_\_\_

To Be Completed by KNA/ANA  
Employer Code \_\_\_\_\_  
State \_\_\_\_\_ District \_\_\_\_\_  
Approved by \_\_\_\_\_  
Expiration Date \_\_\_\_\_  
Amount Received \$ \_\_\_\_\_  
Check # \_\_\_\_\_