Visions of the Past Lead FNA into the Future
by Andrea Gregg, DSN, RN
President, Florida Nurses Association

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Old friends and colleagues as well as first time attendees gathered for a celebration of FNA's 100 years of Advocacy for nursing in Florida. The Tradewinds Island Grand on St. Petersburg Beach was the site for the historically charged event. Highlights included the recognition of Great 100 Nurses of Florida and also the installation of Charlotte Dixon, at long time member of FNA into the association's Hall of Fame. (See page 8 for more on Mrs. Dixon)

The continuing education offering were well received and there were many accolades about the speakers and topics. Dr. Sandra Jones Campbell, opened the event with presentation “Nightingale on Nursing Now and the Blessing of the Hands” . She ended her program with an offer to actually perform the blessing of the hands on participants who wanted to experience practice from the past.

We wish to acknowledge the following speakers for adding immensely to the success of the program: Anna Small, Esq., Dr. Pam Chally, Barbara Russell, Dr. Ann-Lynn Denker, Dr. Norman Conner, Dr. Katherine Mason, Janice F. Hess, Fran Civilette Downs, Angie Ross, Matt Buckland, Cynthia Mikos, Esq. Dr. Donna Peters, Dr. Mary Ebener, Louise Zeuli, Dr. Ermalyn Kehl, Jackie Whiting, Sue Harttranf, Elaine Slocumb, Mary Lou Brunell, Barbara Hansen Cotrell and Deborah Hogan.

The CE received such approval that we have scheduled several repeat sessions by webinar in 2010. We hope you will take advantage of the opportunity.

We would also like to acknowledge Bob Levy for serving as the Master of Ceremonies for our opening session and Don Slesnick, Esq for serving as the Master of Ceremonies for the Great 100 Gala Event. Both of these gentlemen have been as the Master of Ceremonies for the Great 100 Nurses recognition.

Historical change took place in the 2009 House where representatives voted to change the structure of FNA by transforming from a district model to a regional model. After much preparation and discussion over the past year, the delegates took a bold step in voting to restructure FNA, paving the way for creating new and different ways of functioning for the association. Change is not always a simple or painless decision, but it is necessary. Leaders and members can explore ways to re-create the association into a model that works for our diverse membership. We have already gathered a list of leaders who have stepped forward to volunteer in this effort and others are welcome to contribute new ideas.

One of the ways that members can begin to contribute immediately is to begin to think of their special interests that can bring members together to form Chapters. We have heard several ideas already but we know that there are others. In the new model, Chapters can be formed based on clinical interests, nursing specialties, geographic boundaries and well and other special interests. For example, if you work in Parish Nursing or in Nursing Research, you may seek interested parties to come together to work on projects of interest. If you have an active group of nurses who wish to work together on nursing issues in a certain geographic area, then you may want to consider forming a new Chapter under FNA based on your location. A New Graduate Chapter would be another exciting new group to explore.

Having members create the new structure by choosing areas of nursing they are most passionate about ensures an association that works for the members involved. There will be new opportunities for leadership, involvement and participation, while we continue the strong work of the association in public policy, education and other collegial endeavors. We also hope that it will spark creative thinking and enthusiasm and increase participation and growth in the association at a time where nursing and healthcare needs our advocacy most.

We look forward to planning the historic First Annual Membership Assembly in 2010. As members, the board will be seeking your input on this as well as other issues related to the redesign of FNA. Please watch your emails for opportunities to submit ideas. If we do not have your email, please contact membership@floridanurse.org so we can add you to the database. Please note that opportunities for participation at the local, state and national level are sent on email for immediate action. Currently, about 60% of the membership is not always an easy, but with open hearts and minds paving the way for creating new and different positions we have already gathered a list of leaders who have stepped forward to volunteer in this effort and others are welcome to contribute new ideas.

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As fun as the Pit Stop Challenge was, I realized how much like real life it was, particularly in regards to your professional association membership. There are times when everything is going along great… the sun is shining and things are breezy, you may not even feel like there is a need to be a part of your professional organization. But then the wind changes and takes you by surprise. And it’s nice not to be on your own, it’s nice to be part of a team. You can learn together, act together and make changes together.

Every day is not a day on Victory Lane. Those days may even come few and far between. But in nursing, we must work together to make those days on Victory Lane happen. Victory Lane can mean a lot of things—it can mean passing a bill that supports nursing issues, it can mean supporting scholarships and research grants, it can mean standing up for those who can’t stand up for themselves. Victory Lane is what you want it to be for nurses and FNA.

For me, Victory Lane means making the voice of nurses stronger in the state of Florida. Ultimately, that means making each and every nurse in the state of Florida a member of FNA. That is why, during the months of December and January, FNA is offering a special offer to those of you who join as new members AND for those FNA members who recruit new members. If you join as a new member in the months of December and January, you will automatically be registered to win a weekend stay for two at the Hyatt Regency Bonaventure Conference Center & Spa in Weston, Florida, as well as prize packs to attractions from throughout the state of Florida. If you are already a FNA member and recruit new members during the month of December and January, you will automatically be registered to win a 6 day/5 night beach getaway at the TradeWinds Island Resort in St. Pete Beach. Winners will be announced in the March issue of The Florida Nurse.

Get To Know FNA Staff

The FNA Staff works hard to provide excellent member services and recruit new members. To reach FNA staff, you may email each individual at their email address or try their extension. Members may call anytime, Monday–Friday, 8:30 am–4:30 pm. Non-Members may call from 1-2 pm, Monday–Friday. The main number for FNA Headquarters is 407.896.3261. Email is appreciated!!!

Virmari Fuentes is the Bookkeeper for FNA. Contact Virmari at bookkeeper@floridanurse.org or X306.

Willa Fuller is the Executive Director of FNA. Contact Willa at wfuller@floridanurse.org or X304.

Leslie Homsted is the Director of Professional Practice Advocacy for FNA. Contact Leslie at lhomsted@floridanurse.org or X310.

Leah Nash is the Director of Member Services and Leadership Development. Contact Leah at lnash@floridanurse.org or X308.

Tunala Stark is the Membership Specialist for FNA. Contact Tunala at membership@floridanurse.org or X308.

Bibi Lowton is a Program Specialist for FNA. Contact Bibi at govtt@floridanurse.org or X310.

Lael Jones is the Executive Assistant. Contact Lael at info@floridanurse.org or X304.
MEMBERSHIP

2010 Star Campaign
“Starship FNA”

The Star Campaign has officially launched for 2010! Please see below for FNA superstars who are on board with the Star Campaign. The results below only reflect the number of recruitment made by October 31, 2009.

The Star Campaign cadets who recruited the most will receive special prizes, such as free registrations to FNA conferences. Winners of the Star Campaign will have been notified and announced in The Florida Nurse and in Members Only, FNA’s online e-newsletter.

Congratulations to Diane Mayes and Cheryl Cicotti for being Top Recruiters for the 2009 Star Campaign!

Thank you to those of you who have been working hard to recruit new FNA members. Remember, FNA only gets stronger with the more members that we have. As we grow in numbers, we grow in strength and voice! Keep recruiting so that you may be eligible for prizes in 2010!

Susan Fountain 1
Teresa Leo 1

How You Were Represented:

It is the responsibility of your FNA Board of Directors and staff to represent FNA at meetings throughout the state. As a member, this is also

- Meeting with the Florida Medical Association
- Florida Board of Nursing meeting
- FACN meetings
- Unit Negotiations
- State Nurse Negotiations
- Futures Exploration Task Force Meetings
- Central Florida Philippine Nurses Association Gala (Guest Speaker)
- FCNEA Meeting
- LERC and UAN meetings
- Florida Nurses Foundation Meetings
- LEHC and UAN meetings
- FOCNEA meeting
- Central Florida Philippine Nurses Association Gala (Guest Speaker)
- FNSA Conference
- Future Exploration Task Force Meetings
- State Nurse Negotiations
- Unit Negotiations
- QUIN Council
- FOCNEA meetings
- Florida Board of Nursing meeting
- Florida Nurse Practitioner Coalition
- Meeting with the Florida Medical Association

Florida Nurses Association
Membership Application

Membership is open to all registered nurses (RN). Please check the appropriate dues category.

- ADP Option—Automated Bank Withdrawal (Available to Full Pay Members, State Only Members and FNSA First Time Renewal Members)
- Authorization is given to withdraw $24.25 per month for full pay members, $16.83 for state only members, $12.63 for FNSA First Time Renewal Members over one year or $6.83 for FNSA First Time Renewal Members over two years (which includes $1.00 service charge) on or before the 20th of each month. Included is the first month’s payment for processing of further deductions. FNA is authorized to charge the amount by giving the undersigned thirty days written notice. The undersigned may cancel this authorization by written notification of termination to FNA within 30 days prior to deduction date.

Authorized Signature

- FULL MEMBERSHIP DUES $279.00
- Employed full time or part time under 62 years of age.
- SEMI-ANNUAL DUES $140.75
- REDUCED MEMBERSHIP DUES $139.50
- Not currently employed
- Not currently employed
- Full time student
- FNSA First Time Renewal - 1 year (If ADP, provide info above)
- FNSA First Time Renewal - 2 years (ADP only)
- New graduate, basic nursing education program (first year only)
- 65 years of age or older and not employed.
- REDUCED SEMI-ANNUAL DUES $71.00
- SPECIAL RETIREMENT DUES $69.75
- 60 years of age or older and not employed
- FNSA STATE ONLY MEMBERSHIP $190.00

Choose the payment plan you desire:

- Full payment
- Semi-annual (Full and Reduced payment only)
- FNSA State Only Membership

Credit Card Information

- Discover
- American Express
- Master card
- Visa
- Card Number ________________
- 3 digit security code ________________
- Card expires ________________
- Signature on Card ________________
- Please make your check payable to Florida Nurses Association.
- P.O. Box 536985, Orlando FL 32853-6985.
- I was referred by ________________
- Graduate Nurse/FNSA ID # ________________
- District Number: ________________
- Amount enclosed ________________
- Last Name ________________
- First Name ________________
- Middle Initial ________________
- City ________________
- State ________________
- Zip Code ________________
- Telephone ________________
- Email address ________________
- Circle one: RN ARNP
- Major Area(s) of Practice ________________
- Employer ________________
- Address ________________
- City ________________
- Zip ________________
- License number ________________
- Date of graduation (student) ________________
- Employer Phone ________________
- Date of birth ________________

Note: Membership dues are not deductible as a charitable contribution, rather they may be deductible as a business expense if you itemize your deductions. The exception is that a portion of your FNA and ANA dues used for lobbying purposes that is estimated to be twenty five percent (25%). A portion of a members annual dues ($5) is automatically contributed to the Florida Nurses Political Action Committee unless by written request, the member designates this amount he paid to the FNA General Fund.

The Florida Nurse newspaper is being sent you courtesy of the paying members of the Florida Nurses Association. Receipt of the newspaper is not an assurance of membership. To join, please complete and mail in the application on this page or go to our website at www.floridanurse.org to join online.
FNA believes that new grads are amazing resources and want you to be a part of FNA! So FNA is giving FNSA grads your very first year of membership absolutely FREE! To receive your free membership, all you have to do is visit floridanurse.org and click on the “Join or Renew” button on the FNA homepage. Fill out the short online application and be sure to select the “Free Membership Dues” option (do NOT enter a credit card number). Joining the voice of thousands of your fellow nurses in Florida is just a few clicks away!

**But wait, there’s more!** If you graduated last year and were a FSNA member, FNA would also like to offer you a special membership price as well... half off! That’s only $139.50 for the second year of FNA membership.

**But wait, there’s more!** FNA heard from new grads and we are listening. One of the requests that the FNA membership department heard repeatedly was the option to pay membership dues monthly. Your new grad renewal is now available through ADP with a monthly automated bank withdrawal. That’s only $12.63 per month to be a part of your professional association, if you were a member of FNSA.

**But wait, there’s more!** If you are a new FNSA grad and would like to sign up for your two years of FNA membership now and start paying, you can! That stretches your membership fee of $139.50 over two years AND you have the ability to pay monthly with an automated bank withdrawal, making your monthly fee only $6.81 each month!

**Can you spare less than $7 a month to be part of your professional membership and make the voice of nursing in Florida stronger?** To take advantage of the ADP monthly automated bank withdrawal, fill out the membership application on page 4 and send to FNA Headquarters or visit floridanurse.org and fill out the online application.

When you join FNA, FNA encourages you to become an active member... go to conferences, join committees, get involved with the legislative program... Select an area of your profession that you are passionate about and concentrate on that arena. You will see that your work will reap results, you will make a difference! If you have any questions about FNA membership, please email membership@floridanurse.org.

**Greetings from the Florida Nursing Students Association!**

Sarah C. Lindley, FNSA President
fnsapresident@yahoo.com

Let me take a minute to introduce myself... My name is Sarah C. Lindley, President of both the Florida Nursing Students Association (FNSA) and the Florida Atlantic University Student Nurses Association (FAU SNA). I am currently in my senior year at Florida Atlantic University and I expect to graduate with a BSN in May 2010. I am looking forward to beginning my career as a nurse and pursuing my Doctorate in Nursing Practice.

This year, the FNSA is very fortunate to have twelve new and talented executive board members, and 3 consultants:

- Michele Duckstein, 1st Vice President, Polk State College
- Lori Wagner, 2nd Vice President, Central Florida Community College
- Becca Sloane, Corresponding Secretary, University of Florida
- Michelle Brooks, Recording Secretary, University of North Florida
- Dudley Deshommes, Treasurer, Florida State College-JAX
- Donna-Kaye Melbourne, Region 1 Director/Nominations and Elections, Florida State University
- Jessica Springer, Region 2 Director/Membership, Santa Fe College
- Bridget Linnehan, Region 3 Director/Breakthrough to Nursing, University of Central Florida
- Dana McLean, Region 4 Director/Resolutions, Polk State College
- Carolyn Mollo, Region 5 Director/Communications, Florida Atlantic University
- Stefan DeSimone, Region 6 Director/Legislative, Barry University
- Shelby Jones, Region 7 Director/Community Health, South Florida Community College

National Student Nurses’ Association’s annual convention is being held in Orlando, FL this year from April 7-11, 2010. In the past, the FNSA has had the highest number of delegates in attendance during national convention. I anticipate this year will be no exception. I am challenging all Florida nursing programs to encourage their students to experience this outstanding opportunity.

We are looking forward to another great year working with FNA! I want to personally thank you for your continued support and guidance!
A Fond Farewell

I'd like to thank you for your support over the past 55 years as this year we celebrated our 55th Annual Convention. It is with your support that the FNSA is so successful. This year has been a great one, even with the financial hardships affecting all of us.

At this year's FNSA Annual Convention, we had an astounding 1,020 students registered! We are more than happy with this turnout. Our keynote speaker was Anne Peach, Chief Nursing Officer (CNO) of M.D. Anderson Cancer Center Orlando, who spoke to our theme, Mentoring: Building Our Legacy. We also had two plenary sessions: a Legislative Panel with Barbara Lumpkin, past FNA Lobbyist and Barbara Curtis and an Emerging Advanced Practice Panel with Maria Stahl, public health nurse and nurse educator, Dr. Indra Hershorin, nurse educator, Dr. Judy Comeux, DNP, FNP and Susan Tocco as a Clinical Nurse Specialist. All of these sessions were very well attended and the central theme of our convention came out in all of them. We are very appreciative of the time taken out by all of our speakers to present to the future nurses of Florida! We'd also like to thank all of our exhibitors. FNSA Convention would not be made possible without you all.

FNSA is able to award certain individuals Honorary Lifetime Memberships for their years of service, guidance and contribution to the organization. Last year we did not award any, so this year, we have decided to award two, one to Carol Amole, consultant for over 20 years from Indian River State College and Dr. Indra Hershorin, consultant for over 8 years from Barry University. The 2009 House of Delegates voted to award both of these individuals with FNSA's highest honor. Each year we award a dean/director that has been supportive of FNSA, the Dean of the Year Award. This year the Dean of the Year Award was awarded to Dr. Annette Hutcherson from Polk State College. Lastly, Polk State College also received Chapter of the Year for the third year in a row. This is a huge accomplishment. Congratulations to all of our awardees.

Lastly, FNSA has turned over executive boards with the closing of this year's convention. The 2009-2010 FNSA President is Sarah Lindley, from Florida Atlantic University. I have high hopes for this year's Executive Board and know that they will do great things.

I'd like to thank FNA for inviting the students to all of their functions, the Barbara Lumpkin Public Policy Symposium, Lobby Days, the Biennial Convention, among other things. We as students have learned so much from you, and hope that you will continue to mentor students to become better nurses. As 2008-2009 FNSA President, I'd like to say thank you. Thank you for supporting us and for being our management firm. This is my last Florida Nurse article as FNSA President, so this is farewell. I will hope to see you all in the future, at future FNA and ANA events.

Thanks again,
Josephine Schreder-Guhl, RN, BSN
2008-2009 FNSA President
Barry University, Alumnus 2009
RNI, Arkansas Children's Hospital

FNAspace: FNA Wants to Reach YOU

FNA has taken the plunge and decided to ride the social networking wave with profiles on both myspace and Facebook. These are great ways to find out more information about FNA through bulletins, updates, photos, etc. on a regular basis. Check out the FNA myspace page at myspace.com/floridanursesassociation.com. If you already have a myspace page, make FNA your friend. FNA is also on Facebook at facebook.com/floridanursesassociation. Become a fan and start receiving updates and a feed right away!

Don’t forget... the FNA myspace page and Facebook pages are YOUR resources. Feel free to make comments, send messages, reply to updates... FNA wants you to be interactive on these pages. If there is something that you’d like to see on either of these pages, just leave a comment or send a message about it and we’ll try to get it on there for you.

Valencia Community College Nursing students wore pink one day in October to promote breast cancer awareness.
Summary of Actions

Nurses and nursing students alike heard the inspiring keynote address of Sandra Jones Campbell on opening day of the Centennial Convention of the Florida Nurses Association (FNA). Throughout the meeting, participants were given the opportunity to attend continuing education offerings on timely issues. Delegates to the House of Delegates participated in spirited debate and adopted position statements on critical issues affecting the profession. Through efforts of the Florida Nurses Foundation and a special fundraiser by LERC, funds were raised to assist the Florida Nurses Foundation Nurses In Need Program and the Texas Nurses Legal Defense Fund. In addition, the House of Delegates passed the motion to change the structure from a District design and re-engineer in favor of larger components such as “regions”. It was also the consensus of the group that the organization moves to a governance body consisting of a Board of Directors with elimination of the House of Delegates, to full membership meeting and voting annually. The election results of the 2009–2011 FNA Board of Directors were announced with formal installation at the close of session.

Florida Nurses Association Goals for 2009–2011

1. Increase the growth rate of FNA membership by 10% over the next biennium.
2. Proactively seek legislative and regulatory support for issues vital to professional nursing practice in Florida.
3. Partner with other professional organizations to advocate for the nursing profession and promote safe care environments.
4. Foster public awareness of the roles and contributions of professional nurses in Florida’s healthcare delivery systems.
5. Advance statewide awareness of programs that recognize nursing excellence (e.g., Magnet, Gold Seal, and Beacon Award).
6. Implement organizational restructuring as directed by the 2009 House of Delegates over the next Biennium.

STATEMENT OF POSITION:
The Florida Nurses Association believes that fundamental changes are needed to create a health care system that focuses on health promotion and disease prevention, and is affordable and accessible to all. Nurses have an important role in educating health care consumers and policy-makers and participating in health system reform activities.

STATEMENT OF POSITION:
The Florida Nurses Association believes that professional self-regulation is necessary and appropriate. Following current best practice, FNA believes that the Florida Board of Nursing’s regulatory focus over nursing education programs and nursing practice should not be abandoned. Such oversight is needed to protect the public from unqualified or unsafe nurses and guard nursing students from unscrupulous business endeavors. An alternative approach to safeguarding quality of nursing educational programs may be to require that all professional nursing education programs seek national accreditation.

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RECOMMENDATIONS FOR ACTION: That the Florida Nurses Association will:
1. Support ANA’s efforts toward health system reform by providing timely information to state legislators and health insurance policy-makers.
2. Collaborate with other professional nursing organizations to educate health care consumers on cost-efficient and effective risk reduction and preventive activities and the importance of personal responsibility for self-care.
3. Advocate that nursing and other health care professionals role model health promoting and disease preventing behaviors.
4. Act to educate the community and legislators regarding this position statement through available media sources.
   a. Develop and distribute to media a press release regarding the above statement.
   b. Develop and distribute speakers list to available media outlets
   c. Continually update members through FNA resources (e.g. webinars, The Florida Nurse, Members Only) regarding pending legislation and potential impacts.

Florida Nurses Association

FNA Proposal for Action Title: Oversight of Nursing Educational Programs Submitted by: Florida Association of Colleges of Nursing Contact person: Divina Grossman, PhD, RN, FAAN

FNA Proposal for Action Title: Support of Health System Reform Submitted by: FNA Board of Directors Contact person: Mavra Kear, PhD, ARNP

FNA Proposal for Action Title: FNA’s Health Literacy Statement Submitted by: Dorothy J Dunn PhD(c), MSN, ARNP, BC, FNP Contact person: Dorothy J Dunn

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The Florida Nurses Association supports any legislative reforms that accomplish the following:
1. Increases access to health care through meaningful insurance reform that provides each United States citizen with the opportunity to purchase affordable health insurance that meets his or her individual needs, improves access to healthcare services for low-income individuals and families, and strengthens and improves the existing public health system.
2. Ensures that individuals have the ability to choose their insurer, health care provider and benefits packages to meet their individual needs.
3. Eliminates insurance discrimination based on pre-existing conditions, ensures that all insurers provide a meaningful set of benefits to the insured that includes essential primary care and preventive services and acts to protect citizens of the United States from bankruptcy resulting from medical expenses.

STATEMENT OF POSITION:
The Florida Nurses Association believes that health literacy is required to strengthen health promotion and disease and injury prevention programs and that nurses have the foresight and clinical judgment to facilitate health literacy at the global, national, state and local levels.

RECOMMENDATIONS FOR ACTION: That the Florida Nurses Association will:
1. Educate nurses about the importance of screening, assessing and treating low health literacy.
2. Advocate for health care consumers to maintain as active role in managing their health or illness.

Florida Nurses Association

FNA Proposal for Action Title: Oversight of Nursing Educational Programs Submitted by: Florida Association of Colleges of Nursing Contact person: Divina Grossman, PhD, RN, FAAN

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FNA Proposal for Action Title: FNA’s Health Literacy Statement Submitted by: Dorothy J Dunn PhD(c), MSN, ARNP, BC, FNP Contact person: Dorothy J Dunn
Charlotte Dison Inducted Into FNA Hall of Fame

On September 24, 2009, FNA inducted Charlotte Dison, RN in the FNA Hall of Fame. Charlotte is the image of a transformational leader who has shaped the lives of countless RNs and professional nursing within the state of Florida. Her work also extends nationally and internationally through the American Nurses Credentialing Center’s Magnet Recognition Program. Through literature, conferences and other mediums, Charlotte led nursing through patient education, infection control, cardiac rehabilitation and oncology programs, architectural designs and renovation of patient care units and nurse-physician collaboration. She provided an empowered work environment and demonstrated business etiquette and professional ethics.

Charlotte Dison, RN is regarded as one of the pillars in the community and an advocate for RNs who temporarily left the clinical setting. Her proactive approach and commitment to education and patient care has not gone unnoticed. She is an inspiration to all nurses with her professionalism and commitment to nursing, and is an outstanding role model for the thousands of nurses whose lives she has touched throughout her career. FNA welcomes Charlotte Dison, RN into the FNA Hall of Fame.

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<tr>
<th>President</th>
<th>First Vice President</th>
<th>Second Vice President</th>
<th>Secretary</th>
<th>Treasurer</th>
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Charlotte Dison, RN is regarded as one of the pillars in the community and an advocate for RNs who temporarily left the clinical setting. Her proactive approach and commitment to education and patient care has not gone unnoticed. She is an inspiration to all nurses with her professionalism and commitment to nursing, and is an outstanding role model for the thousands of nurses whose lives she has touched throughout her career. FNA welcomes Charlotte Dison, RN into the FNA Hall of Fame.

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In a unanimous House vote, Representative Luis Garcia passed SB 408 earlier this year. The bill amends the statute which requires Clinical Laboratories to accept human specimens on the order of an allopathic or osteopathic physician, physician assistant, dentist, naturopath, podiatrist, or chiropractor to include orders from advanced registered nurse practitioners (ARNPs). ARNPs provide primary care to healthy people, manage chronic illness and diagnose acute illnesses. ARNPs have been authorized to order laboratory tests under Florida law since 1996. Laboratory results from clinical laboratories are an integral part of the healthcare team’s ability to diagnose and treat. This new law will facilitate the flow of healthcare for Florida’s citizens and permit ARNPs to deliver the best care possible to their patients. FNA recognizes Representative Luis Garcia as 2009 FNA Legislator of the Year.

FNA Recognizes 100 Great Nurses

In 1986, P.K. Sheerle established the Great 100 Nurses of Louisiana in which nurses are nominated by patients, families and their peers to be recognized at a gala celebration each year. This year, in celebration of FNA’s 100th anniversary as an organization, the FNA recognized 100 of its outstanding members. These nurses were nominated by their peers for excellence in diverse areas of nursing practice. A special commemorative pin and certificate were designed and presented to each honoree. Following, please find the list of FNA’s Great 100 Nurses in their categories of excellence:

**Clinical**
- Alison Brewer, ARNP
- Heidi David-Robinson, ARNP
- Yolanda Gertsch-Lapceuvic
- Tina Mason
- Olivia Hagos
- Marva Pharis
- Pam Pieper

**Advocacy**
- Alice Clark, RN
- Wynyard McDonald, RN
- Darlene Fritsma
- Andrea Gregg
- Deborah Hogan
- Barbara Lumpkin
- Vicki Marsee
- Bonnie Sklaren

**Administration**
- Sandra Janzen, MS, RN, FAAN
- Anne Peach, RN, MS, MSN, CNS
- Lisa Johnson
- Kelly Miles
- Mary Beth Reardon
- Rose Rivers
- Lucy Trice
- Susan White

**Research**
- Kathaleen Bloom, PhD, CNM
- Shirley Gordon, PhD, RN
- Audrey Nelson, PhD, RN, FAAN
- Mary Lou Brunell
- Jennifer Elder
- Sande Jones
- Roberta Vallish
- Jo Manion

**Entrepreneur**
- Anna Small, FNA Counsel, and Representative Luis Garcia, FNA 2009 Legislator of the Year
- Lillia Loriz, PhD, ARNP
- Inez Fielding
- Goldie Fralick
- Barbara Kruger
- Lolita Massengill
- M. Dee Williams

FNA Celebrates continued from page 8

FNA Celebrates continued on page 10
**Education**

(Not pictured)
Cynthia Blum, PhD, RN, CNE
Mary Kathleen Ebener, PhD, RN

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<tr>
<th>Mary Jane Hopkins</th>
<th>William Ahrens</th>
<th>Carol Blakeman</th>
<th>Cynthia Boucher</th>
<th>Linda Hennig</th>
<th>Bonnie Hesselberg</th>
<th>Maria Seidel</th>
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<td>Claydell Horne</td>
<td>Cecilia Jevitt</td>
<td>Jean Kijek</td>
<td>John McDonough</td>
<td>Barbara Redding</td>
<td>Mary Tittle</td>
<td>Jean Wortock</td>
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<td>Jo Snider</td>
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**Role Model**

(Not pictured)
Valerie Browne-Krimsley, EdD, RN, CNE
Mary Clark, ARNP
Suzanne Edgett Collins, PhD, JD, RN
Leigh Hart, PhD, ARNP-BC
Bobbie Jean Primus-Cotton, PhD, RN
Elizabeth Wajdowicz, PhD, RN

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<th>Mary Bear</th>
<th>Linda Bell</th>
<th>Patricia Burns</th>
<th>Doreen Cassarino</th>
<th>Pamela Chally</th>
<th>Carol Cobb</th>
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<td>Mary Colvin</td>
<td>Paz David</td>
<td>Judith Davies</td>
<td>Charlotte Dison</td>
<td>Frances Downs</td>
<td>Mary Evans</td>
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<th>Cecile Lengacher</th>
<th>Jean Leuner</th>
<th>Patricia Liehr</th>
<th>Kathleen Long</th>
<th>Eugene Majka</th>
<th>Marsha Martin</th>
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<td>Katherine Mason</td>
<td>Patricia Messmer</td>
<td>Doreen Perez</td>
<td>Sally Petersen Karioth</td>
<td>Germina Rio</td>
<td>Barbara Russell</td>
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<tr>
<td>Sharon Smith</td>
<td>Mary Lou VanCott</td>
<td>Sandra Walsh</td>
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The Florida Nurses Foundation (FNF) is pleased to announce the recipients of the 2009 research grants and scholarships. This year, FNF awarded funding for seven research grants and 26 scholarships, over $36,000, to students throughout the state of Florida. FNF exists to promote nursing and delivery of healthcare through the advancement of research, education, and practice. Each year, funds are provided to registered nurses and students for scholarships and research grants.

**Scholarships and Research Grants**

- Holly Herrmann, from Brevard County and attending UCF College of Nursing, received the District 8 Charlotte Anzalone Scholarship;
- Taryn Barson, from Lee County and attending Florida Gulf Coast University, received a Statewide District 18 Scholarship;
- Jessica Ann Dorey, from Hillsborough County and attending USF College of Nursing, received the Undine Sams and Friends Scholarship;
- Stewart Hood, from Sarasota County and attending USF College of Nursing, received the District 4 Martha Russell Florida Nurses Scholarship;
- Charlotte Jarrett, from Dade County and attending the University of Miami, received the Nina Brookins Scholarship (from the District 5 Charitable Trust);
- Ivonne Johnson, from Seminole County and attending the UCF College of Nursing, received a District 3 Scholarship;
- Glenda Hannah, from Broward County and attending Florida International University, received the District 21 Louise Fiske Memorial Scholarship;
- Anna Nummelin, from Dade County and attending the University of Miami, received funding from the Connie Dorry Memorial Fund;
- Susan Thorsen, from Lake County and attending University of South Florida, received the District 14 Mary Klosterman Memorial Scholarship;
- Hetal Desai, from Marion County and attending the University of Tampa, received the District 3 Marion County Scholarship;
- Robert Evans, from Pinellas County and attending Florida State University, received the Ruth Jacobs District 46 Scholarship;
- Elizabeth Hernandez, from Dade County and attending Florida International University, received the Eleanor Bindrum Scholarship (from the District 5 Charitable Trust);
- Joyce Rios, from Broward County and attending University of Miami, received the Charlotte Liddell Scholarship (from the District 5 Charitable Trust);
- Carmen Polo, from Flagler County and attending UCF Daytona, received the Olive Seymour District 6 Scholarship;
- Jennifer Perkins, from Lee County and attending Florida Gulf Coast University, received the Ingeborg Mauksch Scholarship;
- Andrea Savas, from Pinellas County and attending St. Petersburg College, received the District 46 Olive Ramsey Memorial Scholarship; and
- Teresa Leo, from Walton County and attending Northwest Florida State College, received the Agnes Naughton RN-BSN Scholarship.

**2009 Scholarship Recipients are:**

- Debi Hunt, The Lived Experience of Young Onset Dementia–Imogene King Research Fund;
- Frances Civillette Downs, Seasonal Affective Disorder, A Phenomenological Inquiry–Undine Sams and Friends Research Grant Fund;
- Pam Peiper, Health Related Quality of Life Outcomes After A Mild Traumatic Injury From Child and Proxy Perspectives–Evelyn Frank McKnight Fund;
- Joanna Sikkema, The Influence of Family History, Gender and Ethnicity Upon Actual and Perceived Risk of Cardiovascular Disease in Minority Populations–Blanche Case Research Fund;
- Jennifer Rheingans, Valid Categorization of Peripheral Intravenous Initiation Skill Level–District 20, Evelyn Baxter Memorial Fund; and
- Beverlin Allen, Nutrition Management and Pressure Ulcers in Elderly Long Term Care Patients–Edna Hicks Research Fund.

**2009 Research Grant Recipients are:**

- Carol Parrales, from Palm Beach County and attending USF College of Nursing, received a Statewide District 18 Scholarship;
- Rosalie Del Valle, from Palm Beach County and attending Palm Beach Community College, received a Statewide District 18 Scholarship;
- Jael Mitten, from Palm Beach County and attending Palm Beach Community College, received the Edna Hicks Fund Scholarship;
- Venina Wicker, from Orange County and attending the UCF College of Nursing, received the Mary York Scholarship;
- Jamie Buchman, from Volusia County and attending the UCF College of Nursing, received the Lillian Hulla Scholarship;
- Elizabeth LaPorte, from Duval County and attending UCF College of Nursing, received the Great 100 Nursing Scholarship;
- Sarah Slagle, from Broward County and attending Florida State University, received the Ruth Finamore Scholarship;
- Felusha Denord, from Manatee County and attending Jacksonville University, received funding from the District 20 Evelyn Baxter Memorial Fund;
- Monica Benning, was honored as the last surviving nurse that served during Pearl Harbor.

**FNA Celebrates continued from page 10**

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FNA District 4 was honored as the district who recruited the most number of members this year.

Dr. Sandra Campbell was the keynote speaker for the FNA Centennial Convention, bringing the spirit of Florence Nightingale to life.

FNA Lamplighters, members for 25 continuous years or longer, were honored at the FNA Centennial Convention.

FNA leadership and local legislators with a resolution recognizing the FNA Centennial Convention.

Ashley Hunt, FNA new member, with Barbara Lumpkin and her mom, Debi Hunt, FNA 2nd Vice-President.

Andrea Gregg, FNA President, and FNA District 21 members.

FNA Members Leslie Homsted, Barbara Lumpkin, Willa Fuller and Ann-Lynn Denker.

FNA Legislator of the Year, Representative Luis Garcia, and FNA member, Ann-Lynn Denker.

FNA Member and newly elected FNA Secretary, Mary Lou Brunell, donated to the 50/50 raffle, benefiting FNPAC.

Andrea Gregg and Willa Fuller with Selina Frost, a FNA member for over 50 years.
If you are interested in learning more about supporting the Foundation and receiving exposure through the Foundation 2010 Corporate Partnership Program, please contact conferences@floridanurse.org as soon as possible.
Supporting the PAC to Provide FNA with a Voice in Healthcare Reform

by Anna Small, CMD, JD
Legislative Counsel to FNA

As this column goes to press, we are still in the throes of the debate on healthcare reform. With some luck, Congress will have passed some form of healthcare bill by the time this issue hits your doorstep, but the healthcare reform debate serves as an example of the significance of the Florida Nurses Political Action Committee (FNPAC).

The FNPAC is the fund used to pay for political donations to state level candidates. The FNPAC is funded in part by dues of all FNA members, but also accepts donations from members, non-members and even non-nurses. The trustees on the FNPAC Board conduct candidate interviews and decide which candidates for office are most supportive of nursing issues.

The FNPAC can only be used on state level candidates, not candidates for federal office, but we also work closely with the ANA PAC to evaluate Florida's candidates for Congress.

With the financial support of the PAC, it is easier for nurses to have a voice in the political process. The PAC provides a way for nurses to speak in a collective voice in a manner in which individuals are unable to. The money is used for state candidates, but many of Florida's congressional delegation once held state office. Those federal office holders remember their friends from when they were in state office.

At the recent FNA Convention, the overwhelming feeling of the attendees was to encourage nurses to be visible in the reform of our nation's healthcare system. In fact, some suggested it would be irresponsible of nurses not to play an active role. To this end, FNA has been attempting to be front and center in the debate. Obviously there will be no healthcare system without nurses, so we need to make sure we have a voice in this debate.

On October 26, 2009 I attended a Democratic party fundraiser in Miami. Despite the fact this was a Congressional event and no FNPAC funds were used, this was a good opportunity for FNA to be visible on health care reform issues. First, there were numerous state legislators present including Representative Yolly Roberson, RN, who is running for Congress. Also present were many of Florida's delegation to Congress including Debbie Wasserman-Schultz, Kathy Castor, Alan Grayson and Allen Boyd. Also present was Alex Sink, CFO and candidate for Governor, who was very interested in obtaining the support of the Florida Nurses Association. Nancy Pelosi and Florida's own Bill Nelson both spoke to the crowd and then President Obama came out. Of course, much of his speech was on the need for healthcare reform. After he spoke, he went around and shook hands with those of us in the crowd who had pushed their way to the front. I told him that Florida's nurses support health care coverage for all.

It is critical that nurses have a voice on the state and national level. You can contribute to that collective voice in many ways, one of which is by contributing to the FNPAC. You do not even have to be a nurse or a member of FNA to donate! Advocate for healthcare for all by supporting the FNPAC.

Anna Small, FNA Legal Counsel, and Congressman Alan Boyd.

Anna Small, FNA Legal Counsel, and Congresswoman Kathy Castor.

President Obama speaks to crowd in Miami at a Democratic party fundraiser.

Join the FNA E-Roll By Donating Today!

$20 to EMPOWER. Think of all of the things that you purchase each day for $20. Now just think if you and every other FNA member were to contribute $20 to the FNA Political Action Committee (FNPAC). The dollars raised could truly make a difference in the future of nursing! You have the POWER to make a difference!

$100 to ENLIGHTEN. When you contribute to FNPAC, you are making an effort to educate your legislators and others about FNA legislative priorities and how these efforts not only help nursing but help make the lives of their constituents and themselves better. Your contribution will ENLIGHTEN others with valuable information to make informed decisions!

$250 to ENABLE. FNPAC is not just about endorsements and education, it is the political arm of FNA that helps to make things happen. When you contribute to FNPAC, you are ENABLING nurses, legislators and YOURSELF to create a brighter future for nursing!

Return to FNA Headquarters at P.O. Box 53965, Orlando, FL 32853, fax to 407.896.9042 or email to fpr@floridanurse.org.
Intercoagulopathy, which results when the high demand for clotting factors depletes those clotting factors and mass bleeding occurs. "So we're thinking DIC?" They nodded yes. DIC is Disseminated Intravascular Coagulopathy.

"I grabbed two bath basins and filled them with the empty fluid and blood bags… "Seven liters and six blood bags, she needs lost count," the nurse said. I went to push and said, "I don't feel well" and passed out."

I studied the monitor with more horror. Heart rate 130 and systolic blood pressure 62 maxed out on dopamine 20 mcg/kg/min.

"OK," I tried to summarize the situation; clot to the lungs, bleeding uterus, four central lines, bilateral subclavian and bilateral femoral lines, each with fluids and blood being pressurized in. Blood pressure 62 maxed out on dopamine 20 mcg/kg/min.

"Something more caught my eye. She was cold from all the room temperature fluids. "Cold blood does not clot," I thought. Also high dose dopamine had clamped her distal vessels leaving her fingers, toes purple and her legs and abdomen mottled. "Dr. B, may we get a blood gas?" he defensively declined. "She was adequately ventilated." The intensivist agreed, "She is clamped down." As the respiratory therapist drew the blood sample, I explained that as tissues deprived of oxygen began the Krebs cycle and produce lactic acid. The electrical conduction is then impaired as is the heart muscles ability to contract a low pH. I obtained two amps of bicarb as we waited for the result: pH 6.2!!! I injected the bicarb as the physician gave the order, "How about two amps, Doctor?" He agreed. The blood pressure shot up to 82 and then 94.

The mood in the room suddenly became jubilant. "Let's go," said the OB/GYN as he sprang from his chair to assist with the transfer to the OR for a life saving emergent hysterectomy. I washed up and went home, replaying the scenario over and over, unable to sleep from the stress adrenaline. The patient was extubated and out of bed the seconde post-operative day.

As an educator, it is not commonly evident what act you may have on patient care. That evening, however, the opportunity arose to teach by example and communicate as a team, united in saving the life of a mother. One year later however, it was more evident.

The grateful parents held a celebration party at their home for all of us involved in the patient's care, even those that worked in the blood bank that night. Their three-year-old daughter and one-year-old son were puzzled over the excitement of the extraordinary birthday.
District 1 – Escambia and Santa Rose Counties
by Janice Hoff, ARNP

District 1 was honored to nominate Carol Cobb RN, MA in the category of Role Model for The Great 100 Nurses celebrated at the Centennial Convention. Carol continues to be a strong advocate for nursing and a leader/rule model for many nurses in current practice. An award celebration for Carol was present to accept the Diamond Award in recognition for over 50 Years of Continuous Years of Service and Dedication. We salute Carol and thank her for her dedication.

On September 23–26, against the backdrop of beautiful St. Petersburg Beach, the Florida Nurses Association held its 2009 statewide convention. It was the organization’s call to order for delegates from around the state to gather and address issues important to all of Florida’s professional nurses. FNA District 21 was proud to have 10 local members in attendance to represent our district. District 21’s delegation included Peggy Davis, Jeffery Mack, Sheree Rosenblom, Barb Pritchard, Selina Frost, Elizabeth Olafson, Naomi-Benton Brown, Sherry Pontious, Nelly Stone and Hector Cintron. Delegates participated in a busy agenda of discussions, and subsequent votes, on a variety of issues. The results of FNA’s 2009 elections were also announced at the convention. Elected to statewide office were District 21 members Naomi Benton-Brown to the 2009-2011 Nominating Committee and Vicky Stone Gale, a 2009-2011 Board of Directors’ Director, Director at Large. Congratulations to these two deserving individuals!

This year’s convention also offered a chance to celebrate FNA’s Centennial Anniversary: 100 Years of Advocacy in Nursing. Among the highlights of the celebration was the Centennial Gala, which was the perfect opportunity to kick back, enjoy some good food and exchange stories. Awards were presented at the Gala, including Hall of Fame Award to Charlotte Dixon, Legislature of the Year Award to Representative Luis Garcia and the naming of Florida’s Centennial Great 100 Nurses. District 21 Member Selina Frost was selected to accept the Diamond Award for recognition for over 50 Years of Continuous Membership. Selina has been a member of FNA for 63 years and serves as a shining example of service still active as a delegate this year!

District 21 – Broward County

Congratulations and thanks from District 21 to everyone involved in making this a successful and productive convention!

District 21 Delegates L-R: Jeffery Mack, Naomi Benton-Brown, Sherry Pontious, FNA Pres. Dr. Andrea Gregg (ctr-front), Selina Frost (r-front), Hector Cintron. Peggy Davis, Nelly Stone (r-front), Barb Pritchard (r-rear). Camera shy–Elizabeth Olafson and Sheree Rosenblom.

District 6 – Volusia County
by Angelina Bushy, RN

Florida Nurses Association District VI did not hold meetings during the summer. The organization reconvened for a September meeting held at the University of Central Florida (UCF) College of Nursing (CCN) on the Daytona Beach (DB) Campus. Officers for the organization are Barbara Wheeler (Vice President), Stacey Deluca (Secretary), Jan Crownover (Treasurer) and Angelina Bushy (President).

For the September continuing education meeting the film entitled, Influenza 1918 was shown. This documentary was produced as part of The American Experience Series. Essentially, the video highlighted events that took place in 1918–the last year of World War I. Even though the theater of conflict was in Europe, Americans found themselves fighting another war on the home front: a mysterious and deadly disease known as the ‘Spanish flu’. One year and 675,000 deaths later, the virulent strain disappeared as suddenly as it appeared, leaving a nation clamoring for health care and experts pondering the possibility of the devastating illness’ return. The movie viewing was followed by a discussion of similarities with the H1N1 pandemic based on information from the Centers for Disease Control (CDC) and the Volusia County Health Department (VCHD).

Veteran’s Day was celebrated on November 11, and FNA District VI recognized all nurses who have served in the armed forces. In particular, our thoughts and prayers are with nurses who currently and FNA District VI recognized all nurses who have served in the armed forces. In particular, our thoughts and prayers are with nurses who currently and FNA District VI recognized all nurses who have served in the armed forces. In particular, our thoughts and prayers are with nurses who currently and FNA District VI recognized all nurses who have served in the armed forces. In particular, our thoughts and prayers are with nurses who currently and FNA District VI recognized all nurses who have served in the armed forces. In particular, our thoughts and prayers are with nurses who currently and FNA District VI recognized all nurses who have served in the armed forces. In particular, our thoughts and prayers are with nurses who currently and FNA District VI recognized all nurses who have served in the armed forces. In particular, our thoughts and prayers are with nurses who currently...
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LERC UPDATE

The American Association of Nurse Attorneys
Tampa Bay Chapter
Nurse Attorney Notes

The Legal Path to “Death With Dignity” Acts in the State of Florida

by Cindy McGirk, BSN, RN, MBA, JD

The information presented by the Tampa Bay Chapter of the American Association of Nurse Attorneys is intended as an overview of selected legal topics. It is not legal advice. The information generally reflects the views of the particular author rather than the organization of which she is a member.

In 1997, the Oregon legislature became the second state after Oregon to enact legislation legalizing physician-assisted suicide as a patient option for end-of-life care. As the nation focuses on healthcare reform and terms such as “death panels” surface in conversation, patients may seek advice from nurses about this controversial option. Nurses faced with these types of questions may find it helpful to understand the legal history that made this legislation possible and its legal status in Florida.

The seminal case pertaining to a patient’s right to refuse medical intervention was Cruzan v. Director, Missouri Department of Health.20 Cruzan, a woman in a persistent vegetative state, sued Missouri Health Department after Dr. Beardsley determined that she had a “carefully created statute authorizing assisted suicide”21 for persons “who by nature, disease, or accident have become incompetent and incapacitated.”22

In Vacco v. Quill, the Court also upheld a New York State law prohibiting assisted suicide, ruling the law did not violate the Equal Protection Clause of the U.S. Constitution.23 The Court distinguished the Oregon Act from the New York Act because the latter scenario, the underlying disease process causes patient death, while in the latter, the drug kills the patient.24

Finally, the Act provides requirements of informed consent. Cruzan v. Director, Missouri Department of Health and Gonzales v. Oregon25 were heard by the U.S. Supreme Court in 2006 in response to an Interpretive Rule from Attorney General Alberto Gonzalez, which effectively banned the use of controlled drugs used for physician-assisted suicide based on the Federal Controlled Substances Act 21 U.S.C. § 801.26 The Court held that the intent of the Controlled Substances Act did not reach the Oregon Act and encroached into the power of the States to regulate medical practice.27 The Oregon Death With Dignity Act, as interpreted by the Court, was valid for the Washington state act.

In the background of the previous two cases, the Florida legislature in 1999 enacted Florida’s physician-assisted suicide case of its own: Krischer v. McVey.28 In Krischer, the patient and his physician challenged Fla. Stat. § 782.08 (2009). The Court held that there is “a difference between a patient refusing life-sustaining medical treatment and taking a deadly dose of a self-prescribed drug to bring about one’s own death.”29 The Act further provides that the physician may only issue the prescription, but may not administer it.30 Finally, the Act provides requirements of informed consent.31

The 2009 Florida Supreme Court held that the Act does not violate the Equal Protection Clause of the U.S. Constitution.32 The Act further provides that the physician may only issue the prescription, but may not administer it.30 Finaly, the Act provides requirements of informed consent.31 In Krischer, the patient and his physician challenged Fla. Stat. § 782.08 (2009). The recent U.S. Supreme Court cases were referenced in the decision,33 as well as Florida’s legitimate state interest in maintaining the medical practice, suicide prevention and maintaining the medical profession’s ethical integrity.34 The Krischer outcome held that Fla. Stat. § 782.08 (2009) was not unconstitutional as Florida had a compelling state interest in three of the four interests (the asserted interest being the protection of the patient’s life).35

As you move from orientation as novice nurse to graduate nurse to experienced nurse, remember your experience as a new graduate. Use that experience to shape how you accept and welcome the new graduate into your unit. Become the role model for your colleagues on how to treat the “new kid.” Be friendly, be supportive, be encouraging… Be a mentor! Remember that all that new graduate experienced at one time, share your knowledge, share your passion for the profession!

Help us by completing the survey:
Please visit http://www.zosmercapg.com/Surveys/NewGradSurvey to take the New Graduate Survey today. Results will be reported in a future issue of TNP.

References
3. Id. at 725-726.
7. Id. at 725-726.
8. Vacco, 521 U.S. at 796.
9. Id. at 807.
10. Id.
12. Id. at 127.815.
13. Id.
15. Id.
17. Id. 240.
18. Id. 275.
20. Id. 99.
21. Id. 100.
22. Id. 102.
23. Id. 102-104.
24. Krischer v. McVey, 697 So. 2d 79 (Fla. 1997).
The Florida Organization of Nurse Executives

The 2010 Board of Directors was installed in November. Innette Sarduy, Chief Nurse/Acute Care of the James A Haley VA Medical Center in Tampa is the new Florida Organization of Nurse Executives (FONE) new President. Heartfelt thanks to Claudia Distrito for an excellent term as our President during 2009. Listed below is a summary of all the major activities for the FONE in 2009:

- Establishment of two more chapters, Panhandle and Fort Myers, for a total of 11.
- FONE website makeover to better meet our members' needs. FONE is also Facebook!
- FONE turns 40 in 2010... Join us to celebrate!!
- Two FONE scholarships this year, recognized at the Fall Conference.
- FONE participated in the Florida Education Capacity Summit meetings; FNA’s Legislative Days in March, supported FCN with the nursing survey, held a joint conference with the S. FL Nursing Consortium in March and continues to collaborate with FNA as partners in nursing.
- Re-establishing a master calendar on the website. All nursing organizations are welcome to forward their conference/meeting dates and info to Yvonne Doval at fonexo@aol.com.
- Continues to collaborate with nursing organizations within the state, especially members of the QUIN (Quality and Unity in Nursing) Council: Florida Center for Nursing, Florida Hospital Association, Florida Board of Nursing, Deans & Directors, Florida League for Nursing, and Florida Nurses Association.

- As a local chapter, FONE continues to update its bylaws, strategic plan and mission to mirror AONE’s. The FONE Strategic Planning Committee has thoroughly reviewed and revised the 2008-2010 Strategic Plan. This was presented to the Membership at the November 2008 meeting with resounding support. This plan focuses on reestablishing the Mission and Vision statement to be the recognized voice in Florida for Nursing Leaders at the State and National level. In addition, Relationship building with other nursing organizations throughout the State of Florida, Public Policy, Marketing/ Image, Mentoring/ Coaching, Engaging the membership and communication are key initiatives as well.
- FONE, through the Research Committee, is in the process of applying for the AONE Chapter Award. This award is given to chapter that promotes nursing leadership and its influence in the areas of the advancement of nursing practice, patient safety and quality, recruitment and retention, etc... If selected, the winner will be honored at the AONE conference in April 2010.
- The FONE Research Committee continues to award grants to FONE members. The purpose of the $1000 grant is to support novice or beginning investigators in conducting nursing administration and leadership research.
- FONE continues to attend AONE chapter meetings and participate in the AONE chapter conference calls. Lori Knarr was selected to represent Region 4 for the remainder of Pam Hardesty’s term. Region 4 serves Florida, Georgia, South Carolina, Alabama and Mississippi.
- FONE presented our annual nursing leadership award in the spring to Vicki Marssee, Director of Nursing Systems from H. Lee Moffitt Cancer Center. There were a total of 10 outstanding nominees.
- FONE’s 40th Anniversary celebration was held in March. FONE presented our annual nursing leadership award in the spring to Vicki Marssee, Director of Nursing Systems from H. Lee Moffitt Cancer Center. There were a total of 10 outstanding nominees.
- Innette Sarduy, Chief Nurse/Acute Care of the James A Haley VA Medical Center in Tampa is the new Florida Organization of Nurse Executives (FONE) new President. Heartfelt thanks to Claudia Distrito for an excellent term as our President during 2009. Listed below is a summary of all the major activities for the FONE in 2009:

Advanced Practice Council of Southeast Florida

Change Happens! The Advanced Practice Council of Southeast Florida (APNCSFL), suffering from a year long lack of attendance and numerous CPR attempts, has finally succumbed and crossed over. Formed in the 1980s to support Nurse Practitioners (NPs) in Dade county, the Council enjoyed many years of meetings and granting CEUs, providing service to about 800 members. As more NPs graduated so did NP interest groups/councils at VAMC, Baptist Health Systems, UM/JMH and UM reducing, in part, the attendance at meetings. Many other reasons were part of the demise.

At a last ditch effort to revive the Council once more, the decision was made in September 2008 by those present, to form a new Council. The Nurse Practitioner Council of Miami-Dade, Inc. (NP of M-D) was created, incorporated, with bylaws and officers. NP of M-D has received the monies, maintaining the spending intent, of the previous council. Some of the new council Board of Directors are previous council APNCSFL members, others are new members.

Contact: dochauri@bellsouth.net

PNA of Northeast Florida Celebrates 5th Anniversary

Philippine Nurses Association of Northeast Florida (PNANEF) celebrates its 5th year anniversary recognizing integrity and creating a brand of professionalism, leadership, service as well as a caring character among its officers and members. PNANEF’s visibility extends to the South Central Region, the PNA America and internationally through various initiatives including educational programs; research and leadership training; collaboration with other organizations; providing monthly health care services for the uninsured; and partnership with the Eye Care We Care program recycling, using eyeglasses for the poorest of the poor in the Philippines.

Thirteen nurse awardees were chosen through blind review, under the leadership of Lilibeth Cuevas, ARNP for excellence in clinical practice, administration, education and community service. Three of these awardees were also named among the Great 100 Nurses in the state of Florida by the Florida Nurses Association. They are Dr. Gemma Rios-Rio, Heidi David-Robinson and Paz David.

Awardees during the PNANEF 5 year Anniversary & Recognition Night (left to right):
Greetings from the Florida Association of Nurse Anesthetists

by Jeanne M. Antolchick, CRNA, MS, ARNP
Chair, FANA Communications Committee, 2009–2010

Representatives from the Florida Association of Nurse Anesthetists (FANA) joined FANA President Tony Umadhay, CRNA, MSN, ARNP at the Florida Nurses Week and FAPA meeting on June 24–26, 2009. First year of advocacy at their Centennial Convention, September 23–26, 2009 at the Tradewinds Island Grand Resort in St. Pete Beach. FANA was pleased to participate by sponsoring a coffee and coffee break on Friday, September 25, giving our representatives the opportunity to meet and greet your organization.

This has been an arduous year for all of us as we face a weakened economy and the challenges associated with health care reform. Our facilities are experiencing reductions in patient volume and staffing needs. Meanwhile, Congress struggles to develop the complex language required for health care reform. Our associations are committed to ensuring that the interests of our patients and our members remain at the forefront of the campaign. At our Annual meeting in Lake Buena Vista, October 2–4, 2009, FANA welcomed our 2009–2010 Board of Directors:

- FANA President: Lori Schirle, CRNA, MSN, ARNP
- President-Elect: Michael Steighner, CRNA, ARNP
- Vice President: Danny Aceda, CRNA, MSN, ARNP
- Secretary/Treasurer: Kathleen Thibaud, CRNA, MSN, ARNP
- Director: Thomas J. Smith, CRNA, ARNP
- Director: Lauren Cordor, CRNA, Ed.D, MSN, ARNP
- Director: Cary N. Carter, CRNA, MS, ARNP
- Director: Jose D. Castillo, III, CRNA, MS, ARNP
- Director: Jorge A. Valdes, CRNA, MNA, ARNP

Our Nominating Committee members for 2009–2010 include:

- Jennifer Barajas, CRNA, MS, ARNP
- Leanne Paris-Wade, CRNA, MS, ARNP
- Dennis Stevens, CRNA, ARNP

We will be celebrating National Nurse Anesthetists Week, June 24–30, 2010. First introduced in 2000, National Nurse Anesthetists Week recognizes the profession of nurse anesthesia. Certified Registered Nurse Anesthetists (CRNAs) across the country promote the profession with posters, billboards, table tents, passing out brochures and buttons, seeking out the media to bring awareness to the profession, and requesting proclamations from local and state government officials.

FANA members plan to join the FNA in Tallahassee during the FNA Lobby Days March 16 & 17, 2010. FANA members will celebrate CRNA Day in Tallahassee on March 17, 2010. We look forward to standing with our fellow nurses to promote the interests of our patients and our membership.

Florida Association of Public Health Nurses (FAPHN)

The Florida Association of Public Health Nurses (FAPHN) announces the results of their July 29, 2009 election for Officers and Directors to the Board of Directors. Outgoing President Stephanie Vick announced Election results at the 2009 WEBINAR, July 29, 2009. The new board is: Officers: President Cynthia Whetsell, President-Elect Naomi Benton-Brown, 1st Vice President Dr. Kim Curry, 2nd Vice President Judith Nuland, Secretary Connie Wolfe, Treasurer Amelia Kane-Crawford and Past-President Stephanie Vick.

Directors-At-Large: Paula Dorhout, Ethel Edwards, Hattiesburg, Hattiesburg, FAPA 2009 Meeting

Diana Coyle, President of the Florida Professional Association of Care Givers (FPACG), is pleased to announce our 2009 Professional Caregivers of the Year Awards. The awards were presented at the 14th Annual FPACG Convention on October 6, 2009 at the Ramada Inn of Winter Haven.

The Florida Professional Association of Care Givers (FPACG) is pleased to announce our 2009 Professional Caregivers of the Year Awards. The awards were presented at the 14th Annual FPACG Convention on October 6, 2009, at the Ramada Inn of Winter Haven.

Congratulations to Brenda Robinson, CNA of Lake Placid Health Care in Highlands County, who was named the FPACG’s Care Giver of the Year and received an engraved plaque and cash award of $100.

Brenda was nominated by her Administrator and Director of Nursing for this award. A CNA since 1989, Brenda is noted to have “set a standard of care that our residents and families have come to cherish and expect. She continues to challenge the entire staff, from administrator to DON and down, to strive to provide the quality of care our residents deserve.”

The FPACG applauds Brenda for her excellence in care giving and is proud to honor her as Care Giver of the Year!

Known as “Bea” by her friends, co-workers and patients, her written nomination for this award came from 2 letters from 3 RN’s of Cornerstone Hospice that praise Bea for her positive attitude, dependability, going over and above the call of duty for her patients, as well as noting her skill, dedication and compassion as a Care Giver. Bea has been a CNA since 1985, and has been with Cornerstone Hospice for 20 yrs. The FPACG applauds Bea for her demonstrated excellence and honored her with an engraved plaque and a $200 cash award.

FAPA 2009 Meeting

Dr. Tigar (R) with Dr. Brubeck. (L) Naomi Benton-Brown, Linda LaComb-Williams, Cindy Whetsell

FAPA 2009 Meeting

Dr. Tigar (R) with Dr. Brubeck. (L) Naomi Benton-Brown, Linda LaComb-Williams, Cindy Whetsell
We are pleased to announce that the Florida Center for Nursing (Center) has updated our geographic regions in order to provide valuable data on nurse supply, demand and education at the most useful level for those of you working locally to address the nursing shortage. The Center’s new designations encompass eight workforce regions instead of the previous six regions. The regional definitions were changed to meet our goal of accurately describing the nursing workforce, educational capacity and demand for nursing labor within the diverse regions of Florida. Beginning in 2010, Florida’s nurse workforce data can be viewed at the statewide level and that of the Center-defined regions; nurse supply data can also be examined at the Regional Workforce Board and county levels.

The Center had received numerous suggestions from Team Florida (a collaborative team of representatives from the Florida Center for Nursing, the AARP Florida State Office, Workforce Florida Inc., BlueCross/BlueShield of Florida, the Florida Hospital Association, the Florida Nurses Association, the Florida Board of Nursing and the Deans & Directors of Nurse Education Programs, working to expand education of highly skilled nurses) and other nursing groups to improve our regional workforce definitions. Several recommendations were made to create a region including Broward, Miami-Dade and Monroe counties, as this area’s nursing workforce characteristically draws from these counties. More recommendations were made to divide the very large and populous Southwest Region into two smaller regions, and to include Gadsden, Leon, and Wakulla counties in a North Central Region. Additionally, several new nursing education programs have recently been approved, and the increased number of schools leads to greater refinement of regional-level educational statistics.

The revision process was undertaken with much analysis, thought and discussion. We wanted to be certain not to identify individual facilities or educational programs, and to ensure that we had adequate data to complete analysis and report within smaller regions. We first reviewed the number of hospitals, skilled nursing facilities, home health agencies, hospices and public health departments within each potential new region. Then we reviewed the number of educational institutions (LPN, ADN, and BSN), the number of nurses in the potential nurse workforce and the Florida population numbers including the percentage of the population over age 70 years. After an in-depth review of the data, including input from regional constituents attending the June Summit of Team Florida, our Board of Directors voted to approve the new regions in their July 2009 meeting.

The final result is eight new regions, with improved reporting capabilities that still reflect a reasonably equal distribution of health resources within each region. The table (Florida Center for Nursing Regional Data) provides some of the criteria considered in the decision-making process. For example, dividing the previous Southwest Region into the new West Central and Southwest Regions allows for greater refinement of local data. The West Central Region contains 25% of the potential nurse workforce, 59 hospitals, 33 nursing education programs and 14.9% of its population age 70 years or older. The Southwest Region has 13 hospitals and 18.1% of its population is age 70 years or older. The revised South Region, comprised of Miami-Dade, Monroe and Broward counties, has 96 hospitals, 16,280 hospital beds and 28 nursing education programs. By looking at the Regional Map, you can find your region. Then look at the table for some interesting information you may not have realized. And, as new reports are published by the Center in 2010 you will learn more about the nurse workforce in your region and can compare it to other regions or the state as a whole.

These new regional definitions will allow us to take a more refined look at the Center’s nurse workforce data. We will be able to more accurately pinpoint regions with nursing shortages, changes in nurse demand, and the impact of regional nursing education program expansion. Be sure to look for our new nurse supply, demand, and education reports in Spring 2010.

### Table 1. Florida Center for Nursing Regional Data, as of July 2009

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<th>Regions</th>
<th># Hospitals</th>
<th># Hospital Beds</th>
<th># Skilled Nursing Facilities</th>
<th># Public Health Agencies</th>
<th># Hospices</th>
<th># Home Health Agencies</th>
<th>Potential Nurse Workforce</th>
<th># Nursing Education Programs</th>
<th>% Population &gt;= 70 years</th>
<th>Total # Educational Institutions</th>
<th>BSN Programs</th>
<th>ADN Programs</th>
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<td>10</td>
<td>19</td>
</tr>
<tr>
<td>Southeast Central</td>
<td>22</td>
<td>5,487</td>
<td>80</td>
<td>5</td>
<td>6</td>
<td>73</td>
<td>16,892</td>
<td>18</td>
<td>17.1%</td>
<td>18</td>
<td>4</td>
<td>4</td>
<td>10</td>
</tr>
<tr>
<td>Southwest</td>
<td>13</td>
<td>2,974</td>
<td>39</td>
<td>4</td>
<td>2</td>
<td>40</td>
<td>14,470</td>
<td>8</td>
<td>18.1%</td>
<td>8</td>
<td>2</td>
<td>1</td>
<td>5</td>
</tr>
<tr>
<td>South</td>
<td>56</td>
<td>16,280</td>
<td>91</td>
<td>3</td>
<td>9</td>
<td>342</td>
<td>65,310</td>
<td>28</td>
<td>10.2%</td>
<td>28</td>
<td>5</td>
<td>7</td>
<td>16</td>
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### FADONA Announces Winner of DON Administration Award

The Florida Association Directors of Nursing Administration/LTC (FADONA) President Bonnie Cruz is pleased to announce that the 22nd Annual Convention Carrying the Torch of Leadership 2009 was a resounding success, with more than 500 participants. Each year, FADONA acknowledges a nurse administrator who has demonstrated professional responsibility by mentoring and nurturing, as well as commitment to the standards of nursing practice and excellence in long-term care. The 2009 winner of the Director of Nursing Administrator of the Year is Reuben Bowie, RN, MS, CDONA/LTC at Health Central Park in Winter Garden, FADONA’s Treasurer and FNA member.

The first ever Imogene Ward scholarship was also presented to Manda Thomas, an LPN and MDS Coordinator at the Health Center at Lake City and FADONA presented its 5th annual CAN awards, recognizing certified nursing assistants (CNAs) across the state of Florida. In addition to the awards, FADONA acknowledged Patches Bryan, RN and chief executive clinical officer at Greystone Health Care Management, as the recipient of its Nursing Excellence Award and Hope Caldwell, RN from the Large Rehabilitation Center and Tina Vanaman, RN from the Palm Garden of Ocala received certificates of recognition for the dedicated professionalism to long-term care.
Nursing Scholarships Reach $1 Million Awarded Over Four Years

Foundation for Florida's Community Colleges Will Distribute Fall 2009 Funds to 28 Colleges

The Foundation for Florida’s Community Colleges (FFCC) is distributing $273,882 for nursing and allied health scholarships, bringing the total to $1 million awarded since 2006. More than 1,359 students have benefited from the scholarships, representing a diverse population, both in gender and ethnicity, from every region of Florida.

The Blue Cross and Blue Shield of Florida Endowed Scholarship for Nursing and Allied Health is aimed at increasing the number and diversity of nurses and allied health employees. The scholarships are awarded to Florida’s 28 colleges serving the 67 counties in Florida and are matched in the local community, making the total award to date $2 million. Scholarship recipients are selected by the community college where they are enrolled, and awards are administered and allocated at the discretion of each school.

Scholarship funds are generated by an endowment established by Blue Cross and Blue Shield of Florida (BCBSF) in 2004. These funds have been established as part of BCBSF’s strategic philanthropy program called Generation RN to support public/private partnerships that address the state’s nursing shortage.

FIU College of Nursing & Health Sciences Receives Grants For Scholarships & Loans

Florida International University (FIU) College of Nursing & Health Sciences (CNHS) has been awarded a $31,000 grant from the Dr. John T. Macdonald Foundation to establish full-tuition scholarships for two undergraduate nursing students for two years. The grant funds from the Dr. John T. Macdonald Foundation Undergraduate Nursing Scholarships will be awarded evenly between the nursing students to completely cover tuition costs for two years in their pursuit of Bachelor of Science in Nursing degrees. The CNHS Scholarship Committee will select the two undergraduate students in the Spring 2010 semester.

The federal Health Resources & Services Administration (HRSA) has awarded $146,000 to Florida International University (FIU) College of Nursing & Health Sciences (CNHS) to establish the Nurse Faculty Loan Program (NFLP). Through the FIU Nursing Faculty Loan Program, master’s (MSN) and doctoral (PhD) nursing students will have access to funds which will support their educational costs, with the opportunity to “work off” the majority of the loan upon graduation by working as faculty members for four years in any nursing school.

Sharon Pontious, PhD, RN, CNE, Associate Dean of Academic Affairs and FNA member, has been responsible for obtaining this HRSA grant, which further augments the College’s commitment to developing culturally competent nursing faculty. In 2007, HRSA awarded the College more than $34 million to implement the Post-MSN Nurse Educator Certificate Program, which will graduate more than 40 culturally competent nurse educators over the grant’s three-year span.

Seminole State College Foundation Hosts Healthcare Forum

Healthcare forum at Seminole State College emphasized a background in math and science for students interested in healthcare.

About 140 students and community members attended a health care forum on Oct. 29 at Seminole State College of Florida’s Altamonte Springs Campus. Healthcare professionals discussed opportunities in health care; industry trends; issues affecting the healthcare environment; and the merging of Internet and medical technologies.

Keynote speaker Elizabeth Gianini, vice president of external relations for the Burnham Institute for Medical Research at Lake Nona, and Cheryl Cicotti and FNA member, Seminole State’s nursing director, emphasized the importance of a strong background in science and math for students interested in healthcare.

Cicotti said Seminole State is focusing on drawing more students to its nursing program and the concurrent program with the University of Central Florida. Through this program, which is unique in Florida, students take nursing classes though Seminole State and UCF. Upon graduation from Seminole State, students will need just two more classes to complete a bachelor’s degree in nursing.

Groer Awarded NINR Funding

Dr. Maureen Groer, FNA member, has been awarded $259,674 from the National Institute of Nursing Research (NINR) for her study, “Influence of Lactation on Postpartum Stress and Immunity”. This grant is a competing revision, funded as a challenge grant under the ARRA. The aims of the grant are to analyze the Natural Killer Cell Suppression mechanism in postpartum women.
by Ellen Swartwout, RN, MSN, NEA-BC

The American Nurses Credentialing Center’s (ANCC) Pathway to Excellence® credential is granted to healthcare organizations that create work environments where nurses can flourish. The designation supports the professional satisfaction of nurses and identifies best places to work.

To earn Pathway to Excellence status, an organization must integrate specific Pathway to Excellence standards into its operating policies, procedures and management practices. These standards are foundational to an ideal nursing practice environment with a positive impact on nurse job satisfaction and retention. Pathway to Excellence designation confirms to the community ANCC’s Pathway to Excellence Program that the healthcare organization is committed to nurses, recognizes what is important to nursing practice and values nurses’ contributions in the workplace. Nurses know their efforts are supported. They invite other nurses to join them in this desirable and nurturing environment.

ANCC grants Pathway to Excellence designation for three years. Any healthcare organization, regardless of its size, setting or location, may apply for this mark of excellence.

Healthy Work Environments Make a Difference
Research has shown the nurse practice environment greatly influences many factors that affect both the nurse and patient. One key priority in healthcare is the safe delivery of nursing care. The Institute of Medicine’s (IOM) report indicated that between 44,000 to 98,000 deaths occur annually due to medical errors. Nurses are among the healthcare professionals who practice in a complex environment and can impact patient safety through their clinical practice.

At the core of the Pathway to Excellence program is a nursing practice environment that supports shared governance, interdisciplinary collaboration, leadership, quality, safety, professional development and work-life balance. Tested in Magnet environments, similar characteristics have translated into better patient outcomes, nurse satisfaction and quality care. Work-life balance and recognition for one’s contributions in the workplace are also important factors in the prevention of burnout.

Each Pathway to Excellence practice standard supports the essential components of a healthy work environment. The evidence indicates that organizations that embrace the elements of a positive nursing practice environment have a great impact on nurse satisfaction and retention, a key component of a Pathway to Excellence designation. Results have also demonstrated an influence on patient safety and quality care as well. It is evident that a healthy work environment does indeed matter for both nurses and patients.

Pathway to Excellence Standards
Based on evidence and expert nurse input, the Pathway to Excellence Practice Standards represent qualities that both nurses and researchers agree are critical to high quality nursing practice, professional development, and job satisfaction. ANCC encourages the use of these standards in all nursing practice environments. The Pathway to Excellence practice standards are:

1. Nurses Control the Practice of Nursing
2. The Work Environment is Safe and Healthy
3. Systems are in Place to Address Patient Care and Practice Concerns
4. Orientation Prepares New Nurses
5. The Chief Nursing Officer is Qualified and Participates in all Levels
6. Professional Development is Provided and Utilized
7. Competitive Wages/Salaries are in Place
8. Nurses are Recognized for Achievements
9. A Balanced Lifestyle is Encouraged
10. Collaborative Interdisciplinary Relationships are Valued and Supported
11. Nurse Managers are Competent and Accountable
12. A Quality Program and Evidence-Based Practices are Utilized

Is Your Organization Ready?
Use the Pathway to Excellence self-assessment tool at www.nursecredentialing.org to determine if your organization is ready to begin the application process.

E-mail the Pathway to Excellence Program Office at pathwayinfo@ana.org if you have questions.