

Tennessee Nurse

The voice for professional nursing in Tennessee since 1905

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Fall 2010

I Am TNA

by Claire Karas BSN, RN, CRNFA

In the spring of 1998, I stepped into my first TNA District 3 meeting with a problem. I had been a perioperative RN for over 20 years and had a piece of proposed legislation in my possession. It was beyond the scope of my imagination to understand what to do about it. Janie Daddario greeted me at the door, listened to my concern, and advised me to go sit at the table with the members of their legislative committee.



Claire Karas

Derenda Hodge reviewed the bill and agreed that it was bothersome. Frances Edwards volunteered that the following Tuesday was District 3 Day at the legislature and that she would be happy to meet me for coffee at the War

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A Tennessee Nurse Reflects on Walking Capitol Hill

by Kathleen McCoy, DNSc, RN, APN, PMHNP-BC,
PMHCNS-BC, FNP-BC

This is the story of my reflections of my recent journey to Washington D.C. in June 2010 as a Tennessee Nurses Association Delegate to the American Nurses Association 2010 Annual Convention. The experience was memorable and took my breath away. I now know how essential the voice of each individual nurse is, that our representatives need to be informed by us, and that they are open to hearing from us. I would have never believed it until I myself had experienced being a delegate. Readers should be encouraged to personally reach out to their representatives to ensure that the voice of nurses is heard for the public good.



Kathleen McCoy

Preparing and getting to Washington D.C.

Tuesday, June 15, I traveled from a wonderful day with a student on a site visit to Baltimore, where I took the Amtrak (bliss!) to Union Station (what a WOW!) and ferried the Metro (not bad) to the local stop close to my hotel (back to bliss). I was ready for some shut-eye. For months, I had been exercising due diligence, reading available information on the ANA House of Delegates website, and participating in a telephone conference by TNA. I had made my logistical arrangements as soon as I was aware that my role of delegate was a happening thing.



President Barack Obama addressing the ANA House of Delegates on health care reform issues in June.

Photo taken by Mark Young

Sustaining Shared Hope for Breast Cancer Survivors

by Mary Kelton Smith, ADN, RN

It has been said that the most powerful element in the universe is water. Why you might ask? Water is flexible. It can take on any shape—liquid, gas or solid. Water can be unassuming. It can be still and tranquil when required. Water can be forceful at times. It can move everything in its path. Water is without equal. I think the same is true for me.

I have been on the frontlines raising awareness about breast cancer in African American communities since 2000. I understand cancer as a healthcare professional, as a caregiver and through personal experiences. Having undergone treatment for my first breast cancer diagnosis in 2000, I sought information and guidance from women who had experienced the disease. Nevertheless, having lost two sisters to breast cancer (in 1984 and 1993) has fueled

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Mary Kelton Smith, right, and her sister Mattie E. Scruggs, who was actually diagnosed with breast cancer approximately two years ago, can identify with the effects of breast cancer and how it can impact families.

Photo by Emanuel Roland

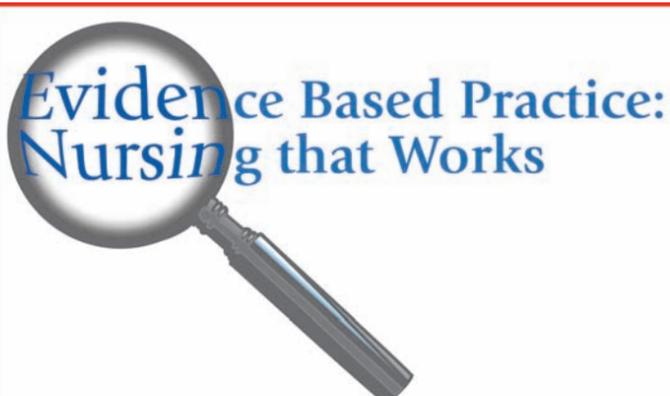
Working and enjoying the role of Delegate

Early on Wednesday, June 16, I woke up early and attended the Lobby Day Briefing. Here were 300 nurses, gathering for a bit of breakfast, a cup o' joe and instructions on how to best manage the forthcoming experience—lobbying our representatives on Capitol Hill. We were instructed on how to get past the popular notion that “everyone loves nurses” to the heart of issues. There were several state contingents traveling together to visit their representatives; an impressive sight. The plans were most courteous and organized; all appointments had been arranged by ANA. Not only did I have my talking points

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Sustaining Shared Hope for Breast Cancer Survivors

(Continued from page 1)

my passion for arming the community with breast health education and support for women determined to survive this disease.

Finding no support groups specifically for woman of color with breast cancer, I created a network for myself and others through Sisters Network ® Incorporated (SNI), the first national African American breast cancer survivorship organization in the United States. Sisters Network Nashville (SNN), one of 42 affiliate chapters of SNI, has advocated for and empowered African American breast cancer survivors and educated diverse communities about the impact of breast cancer and prevention to save lives.

Sisters Network Nashville is committed to increasing local and national attention to the devastating impact that breast cancer has in the African American community. My local affiliate chapter has grown to 106 breast cancer survivors and 10 associate members over the last 10 years. I facilitate our support group meetings on the last Tuesday of each month at the Gilda's Club, Nashville. I also make home visits and accompany breast cancer survivors to hospital and/or doctor appointments whenever possible. Being able to support other women along this uncertain journey is the "medicine" I need in keeping the faith. Likewise, I am truly grateful for the opportunity to serve in this capacity in sustaining shared hope.

Always about the business to STOP THE SILENCE®, the National Branding Campaign for SNI, Effective Service through Health Education and Resources (ESTHER) was created to serve as an educational outreach project for the local communities. The project ESTHER provides monthly, face-to-face breast health education and awareness in primarily underserved African American communities. The project includes interactive videos, group discussions, simulated breast exams and evaluations to assess impact. The ESTHER workshops are conducted by SNN members and volunteers. Since 2005, ESTHER has been supported by grants from the Greater Nashville Affiliate of Susan G. Komen for the Cure among others.

In addition to ESTHER, SNN hosts an annual city wide breast health awareness event, which is attended by more than 300 persons to celebrate cancer survivors and educate the broader community about cancer discoveries critical to breast cancer prevention and survivorship. Awards are also given to community members who are active cancer advocates in support of the SNN mission. The annual event receives financial and in-kind support from corporate, academic, and community organizations throughout middle Tennessee. This special event has become something that cancer survivors, families and friends look forward to each October.

When you see stories about breast cancer, they often do not include African American cancer survivors. That concerned me, however, rather than complaining, I decided to do something about it. With support from the Office of Minority Affairs, Vanderbilt-Ingram Cancer Center (VICC), and Roland's Photography, SNN created an 18-month inspirational calendar featuring breast cancer survivors. The calendar, entitled Fashioned in Faith,

was developed using a Community-based Participatory Research (CBPR) model and cultural tailoring strategies. The project included SNN partners and an African-American social scientist, who measured the effectiveness of the calendar as a health communication tool, and behaviors related to breast cancer prevention. There was also an on-line calendar and survey created on VICC's website for viewers to provide feedback about the calendar. We really wanted to know what people thought seeing and reading about African American breast cancer survivors. The response was remarkable. With the overwhelming response, plans are to develop subsequent editions of the calendar. I have also been fortunate to co-author and present the calendar project at national conferences sponsored by the Intercultural Cancer Council, Centers for Disease Control and Prevention, Duke University and the American Public Health Association. When it comes to *stopping the silence* around breast cancer for me, *nothing is impossible*.

My work as a breast cancer survivor and advocate extends beyond the local community. I have been nationally recognized for my commitment to eliminating breast cancer disparities for African American women and supporting survivorship. In 2008, Lifetime Television™ included my story in the viewer's guide for *Living Proof*, the movie about the development of a special breast cancer drug, and also recognized me in 2005 as one of its "Breast Cancer Heroes." The preceding year, Sisters Network® Incorporated bestowed me with the honor of "Chapter President of the Year." Yet my biggest accomplishments are being a wife, mother, sister, daughter, and nurse professional.

I am determined to make a positive difference in the lives of African American women (and their families) affected by breast cancer. No need is too small, obstacle is too big, or "No" is ever final for me. I am determined to fight until breast cancer is eliminated. I refuse to accept anything less than the best for cancer survivors. My "can do" spirit is inspired by what others have accomplished before me, especially nursing heroines like Mary Eliza Mahoney (1845-1926), the first African American registered nurse in the United States. If Mary Mahoney could create a path for me and other nurses to follow, I can do the same for cancer survivors.

As a nurse professional, my faith in God continues to inspire me! Faith helped me cope with my first and subsequent bouts of breast cancer. Faith led me to establish SNN and faith is what I rely upon to continue my race in the fight against breast cancer. This same unwavering faith makes me strive to create new, innovative and effective ways to raise awareness about breast cancer and support, for breast cancer survivors in Nashville and other surrounding counties. Without a doubt, this determination is what continues to take me and Sisters Network Nashville to even greater heights!

Visit www.sistersnetworkinc.org for additional information.

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The official publication of the Tennessee Nurses Association shall be the *Tennessee Nurse*. The purpose of the publication shall be to support the mission of the Tennessee Nurses Association through the communication of nursing issues, continuing education and significant events of interest. The statements and opinions expressed herein are those of the individual authors and do not necessarily represent the views of the association, its staff, its Board of Directors, or editors of the *Tennessee Nurse*.

Article Submissions: The Tennessee Nurses Association encourages submissions of articles and photos for publication in the *Tennessee Nurse*. Any topic related to nursing will be considered for publication. Although authors are not required to be members of the Tennessee Nurses Association, when space is limited, preference will be given to TNA members. Articles and photos should be submitted by email to cglass@tnaonline.org or mailed to Managing Editor, Tennessee Nurses Association, 545 Mainstream Drive, Suite 405, Nashville, TN 37228-1296. All articles should be typed in Word. Please include two to three sentences of information about the author at the end of the article and list all references. Preferred article length is 750-1000 words. Photos are welcomed as hard copies or digital files at a high resolution of 300 DPI. The Tennessee Nurses Association assumes no responsibility for lost or damaged articles or photos. TNA is not responsible for unsolicited freelance manuscripts or photographs. Contact the managing editor for additional contribution information.

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From the President

Perception is Everything

by Beth Smith, PhD, RN, CCRA

Who we each are and how we each respond to the world and to others around us is strongly determined by our perception. We are each aware of our senses of perception: sight, sound, taste, touch, and smell. But, we do not stop and think of how each of these senses influence our daily choices and responses.



Beth Smith

In a recent conversation, I was asked to share some of my life experiences that have helped to shape my perceptions, and in consequence, my frame of reference for nursing and nursing practice. Being born in the USA does not mean that we are not a culturally diverse population. In fact, most of us can probably identify a "Heinz 57" type of genetic heritage. My family is no different. My mother's family was predominantly Norwegian and German—with a little English and Italian in there somewhere, and my father's family is predominantly Scottish and English. However, of the four of us siblings, I am the only one born in the continental USA.

My father took a position with British-American Tobacco when I was about nine months old. His first posting with this company was in San José, Costa Rica. This is where I first learned to speak Spanish, as well as English, and where my brother was born. We were next sent to San Salvador, El Salvador, where my sister was born and where I started school. Half of the school day, the classes were in English; the other half day, they were in Spanish.

Next, we were relocated to Managua, Nicaragua, where

I was in school through the third grade with classes in both English and Spanish. My perceptions were impacted on multiple levels by the time spent in Central America. Cultural patterns of behavior, typical foods, social customs, problem-solving strategies, holiday rituals and much more were dually incorporated into my senses of perception. There was the North American value set and guidelines (heavily influenced by my mother's Germanic and Norwegian expectations of children and their behavior); and there were the guidelines and expectations of the various sub-cultural groups of Central America that influenced both my siblings and myself.

My father left British American Tobacco and was recruited into the State Department's Foreign Aid programs. So, we all relocated halfway around the world to a country that was totally different from that which we had experienced previously. We were sent to Saigon, South Vietnam. Here, the people would only speak to us in French! Although we made an effort to learn Vietnamese, we only mastered phrases and counting conventions. This is also where my youngest brother was born.

South Vietnam possesses a tropical climate, has beautiful and exotic fruit and flowers, open-air markets, the water had to be boiled before being drunk, the electric power was "iffy," poverty was very evident, the houses and stores all possessed fancy wrought iron burglar bars and doors, and houses were within enclosed walls. We were in Vietnam through my middle-school years. Religion and religious rituals were different. The food was definitely different. The Chinese New Year and the traditions that went with it were exciting and different. I was also introduced to violence and war. The Vietnam War and the butchering of Vietnamese village leaders, the mortar at one end of our street and the tank at the other, gun and shell fire requiring us to hide under our beds influenced still other levels of my perception. Fortunately, we were shipped home before the war became worse, and my father was transferred mid-tour to yet another very different country, Iran.

My high school years were spent in Teheran, Iran. Now, high school is usually when a teenager learns to drive and begins dating. Driving was prohibited to us. As a woman, my mother, my sister, and I were never allowed to go anywhere without a male escort. Although we were never required to wear the chador (long veil) or a head scarf, we were expected to wear sleeved blouses and "below the knee" skirts or dresses in public. We could wear shorts and jeans, as long as they were not worn in public outside an enclosed compound. That isn't to say that rebelliousness didn't have some of us doing some of these things from time to time. We were chauffeured or bused wherever we went and our activities were predominantly confined to closed compounds. Of course, the major differences in religion, religious holiday rituals, and the Middle Eastern culture were the major factors dictating the restrictions that were placed on us. We were expected to conform as "guests" in their country.

From Iran, I went back to the United States for my senior year of high school and to great culture shock! From a class of 25 people I knew fairly well to a class of 355 strangers; and, from an "Americans abroad" community with a common identity despite multi-cultural and multi-racial heritage, to segregation, racial and cultural tensions at "home."

It was this dichotomy of perceptions that helped gel my goals and direction in college—to find a profession that made a difference in people's lives every day regardless of differences. I hope that my "lived" experiences have helped me be more accepting and tolerant of differences. I certainly can "hear" various points of view and try to help people listen and "hear" each other. I perceive that we are all more alike than we think we are, and that we all share similar hopes and dreams. I applaud our differences and hope that we can each learn something new from the differences in order to create better solutions to shared problems. What's your perception?

I Am TNA

(Continued from page 1)

Memorial Building cafeteria and then accompany me to visit the sponsor of the bill. Talk about the spider and the fly! That cup of coffee was a turning point in my life.

I've had numerous mentors and role models within TNA. Louise Browning, Beth Smith, Dava Shoffner, Wanda Hooper, and Virginia "Ginna" Trotter Betts have guided my development within the association ranks to name a few. The association staff has always been helpful, courteous, and patient while encouraging my participation in every way. Sharon Adkins is always a voice of reason within the storm.

All of you who are members of TNA have fostered an environment that allowed me to grow as a professional in more ways than I can enumerate in this small space. You've given me the benefit of your collective wisdom and the tools to develop a thoughtful legislative critique. I have benefitted from your member donations to the Tennessee Nurses Foundation by my receipt of a Leadership Development Award. I am writing this biographical sketch to thank each of you for your direct and indirect support of me through this fine organization.

My specialty nursing organization is the Association of periOperative Registered Nurses (AORN) with over 43,000 members in the U.S. and around the world. In March 2010, I assumed the Chair position of the AORN National Legislative Committee. Ten days later, I was presented with a bill filed in a legislature halfway across the country. At first, I became absorbed in the complexity of the language and the provisions of the proposed statute. However, as I thought about it, I found myself visualizing that group at my first TNA meeting...what would Frances do? The answer came to me. It was simple.

The goal of legislation is not to impose an artificial and complex set of requirements upon the individual health care worker and promulgate rules for the sake of having rules. The goal of legislation in nursing practice is to improve the environment of care for the patient and the practitioner. Ideally, the solution is cost-effective to the state and easy to implement. So, I will set off tomorrow morning to shape an official organizational response to a distant state legislature. My reaction will attempt to go down the path of designing a rational, evidence based solution to a patient care dilemma that has garnered national headlines. I think we'll start with a cup of coffee.

From the Executive Director

Manifesting Power Beyond Measure

by Sharon Adkins, MSN, RN

Times of great change and challenge often bring times of great opportunity and today we have a window of opportunity like no other. Our changing health care environment is forcing us to look for innovative ways and places to provide quality health care to our communities that are appropriate, affordable and accessible. Nursing is uniquely qualified to be part of the "big answer"...to be in the forefront of new systems, to develop new care models and challenge old ways of thinking. Nurses are smart, educated, creative, skilled thinkers and leaders who are integral in making successful change happen. But we must step up, find our loud, unified voice and take our rightful place at the "tables" of decision making. As the old saying goes, "if you're not at the table, you're probably on the menu!"



Sharon Adkins

It is time to acknowledge our strengths and move forward. As we contemplate the opportunity before us, I would like to share the words of Nelson Mandela's 1994 inaugural speech...always an inspiration to me.

Our deepest fear is not that we are inadequate.

Our deepest fear is that we are powerful beyond measure.

It is our Light, not our Darkness, that most frightens us.

We ask ourselves, who am I to be brilliant, gorgeous, talented, fabulous?

Actually, who are you NOT to be?

You are a child of God. Your playing small does not serve the world.

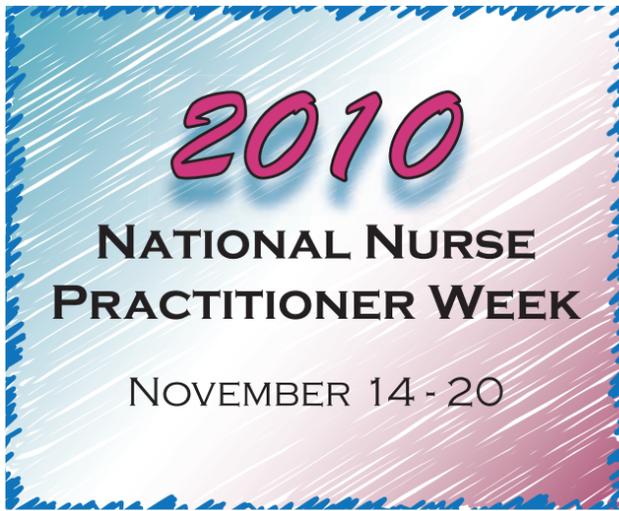
There is nothing enlightened about shrinking so that other people won't feel insecure around you.

We were born to make manifest the glory of God that is within us.

It is not just in some of us: it is in everyone.

And as we let our own Light shine, we unconsciously give other people permission to do the same.

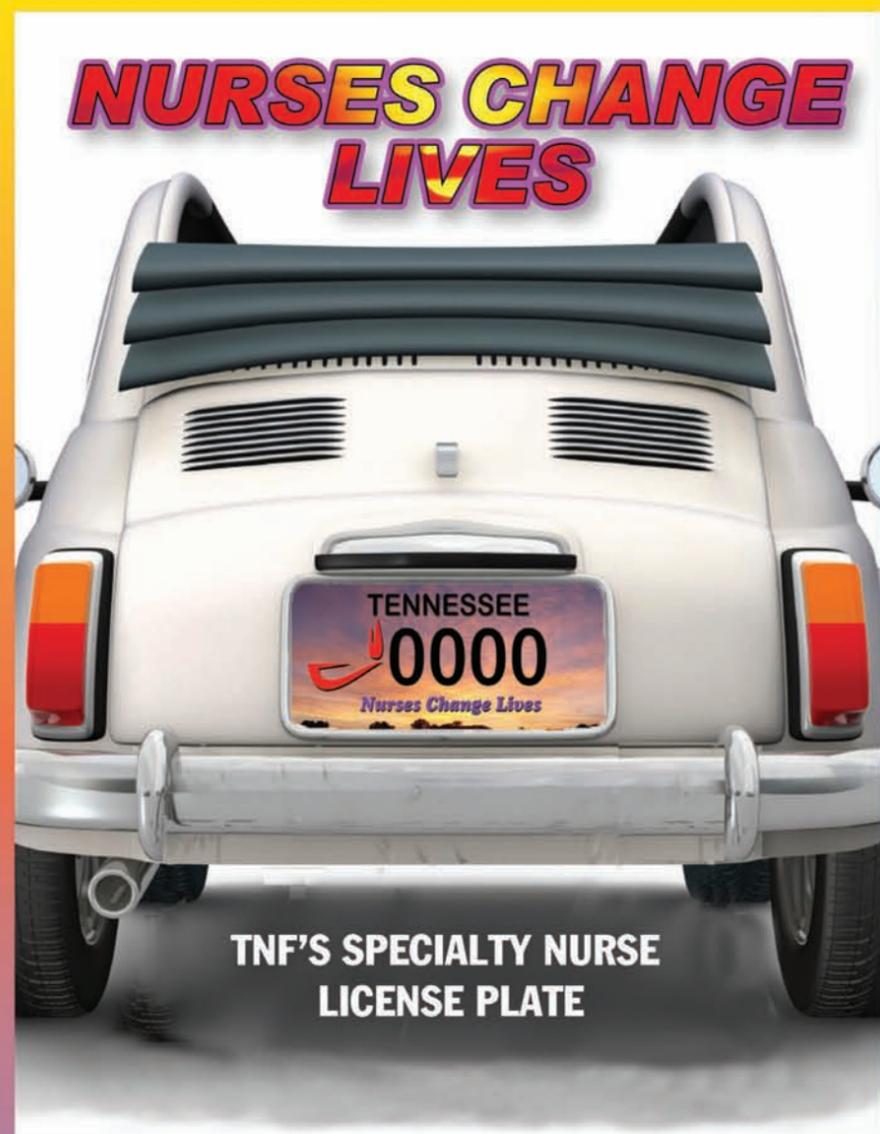
As we are liberated from our own fear, our presence automatically liberates others.



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Visit www.tnaonline.org for details



The State is now producing **Nurses Change Lives** license plates, which should be available for pickup and purchase in October at local County Court Clerk's offices. The Tennessee Nurses Foundation thanks all of you who pre-ordered the plate, and you will be notified by the State when it is ready for pickup.

One-half of the proceeds from the plate will support TNF's initiatives. Visit www.tnaonline.org for further information on the license plate and TNF.

For questions, email tnf@tnaonline.org or call 615-254-0350.

2010 TNA & TASN Joint Convention

Make Plans Now to Attend!

2010 TNA & TASN Joint Convention

October 22-24, 2010
Franklin Marriott Cool Springs
Franklin, Tennessee

Make plans now to attend the 2010 TNA & TASN Joint Convention! This year the Tennessee Nurses Association and the Tennessee Association of Student Nurses are joining together for the convention! The event offers an exciting agenda packed with interesting educational sessions and enjoyable activities for all nurses and students who attend.

Educational sessions will focus on a variety of informative, innovative topics related to your practice. In addition, plenty of networking opportunities will be available for you and your colleagues, including an expanded Poster Presentation session.

The Tennessee Nurses Foundation Silent Auction will be held for the fifth year and again offer a unique assortment of items for sale with proceeds going to support TNF programs.

Saturday evening's Saturday Fun Night with Karaoke promises a fun-filled experience and the opportunity to show off your sensational singing voice to colleagues and friends.

Back in 2010—Pre-Convention Educational Offering

Due to popular demand, based on your feedback from last year's convention, TNA has again scheduled a pre-convention educational offering on Thursday, October 21, from 1:00 p.m.-4:30 p.m. entitled *Nursing Ethics: When Reality Collides with What's Right*, presented by Kate Payne, JD, RN, Director, Ethics, Saint Thomas Hospital, Nashville. Payne writes a regular column on ethics for each issue of the Tennessee Nurse. *An additional fee is charged to attend, please see registration form for details.

Keynote Speaker Ronda Hughes, PhD, MHS, RN

Ronda Hughes regularly speaks and writes on patient safety, preventive and primary health care, patient-centered health care, quality of care, vulnerable populations, implementation of clinical guidelines, and current health policy issues.



Hughes was recently appointed to the Howe Chair for Healthcare Transformation at the University of Wisconsin-Milwaukee. In that role, her focus will be on developing and testing healthcare innovations and moving them into practice. She served as the Senior Advisor on nursing, policy and research for end-of-life care, patient centered care and for special needs populations within the Center for Primary Care, Prevention, & Clinical Partnerships at AHRQ.

General Session Speaker Shelley Cohen, MSN, RN, CEN

Shelley Cohen will be presenting *Delegation in Nursing Practice*, the online CE module she developed after conducting a survey of more than 100 nurses about their current nurse knowledge related to delegation and the Tennessee Nurse Practice Act. The responses came from TNA members and the results guided the content for the module. Cohen worked with TNA to create the educational tool.

Application of knowledge was a theme that emerged from the survey, and many case scenarios are included in the module. Organizations and individual nurses can improve practice and minimize risk when healthcare workers' knowledge of acceptable practice is current and consistent among the team. The online course is provided by the Tennessee Nurses Association and is approved for one contact hour of continuing nursing education.

TNA & TASN Joint Convention

Evidence Based Practice:
Nursing that Works

October 22 - 24, 2010
Franklin Marriott Cool Springs
Franklin, Tennessee



REGISTRATION FORM

Please Print

Name _____ Credentials _____

First Name for Badge _____ TNA Member I.D.# / RN License# _____

Address _____

City _____ State _____ Zip _____

Email _____ Nursing Area _____

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I am a: TNA Member Non-Member Full-time Student Retiree New Member First Time Attendee

Please change my membership record to reflect the above information.

Checking here indicates TNA will not provide your contact data to sponsors, exhibitors or attendees of this event.

I require special accommodations to participate in this program. Please specify: _____

Vegetarian Meals Diabetic Meals Food Allergy Identify Allergy _____

Please complete the following information by entering a check mark beside activities you will attend.

Note: These activities are included in your registration fee unless otherwise indicated.

By completing this information TNA can ensure that we provide adequate counts for meal and break functions.

Friday, October 22

Lite Continental Breakfast ✓ _____

Morning Break ✓ _____

Awards Luncheon ✓ _____

Saturday, October 23

Continental Breakfast ✓ _____

Morning Break ✓ _____

Luncheon with Exhibitors ✓ _____

Afternoon Break ✓ _____

Saturday Fun Night with Karaoke ✓ _____

Sunday, October 24

Continental Breakfast ✓ _____

Need More Information? Contact TNA by phone 615-254-0350, by FAX 615-254-0303, by email tna@tnaonline.org, by visiting our website at www.tnaonline.org, or by mail 545 Mainstream Drive, Ste. 405, Nashville, TN 37228-1296.

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TNA Achievement Awards Luncheon

The TNA Awards Luncheon offers an opportunity to honor nurses and other individuals by acknowledging their exceptional dedication, commitment and professionalism to the profession of nursing. Frances Edwards, MSN, RN, will emcee the luncheon.

Hotel Information – Franklin Marriott Cool Springs

To make a room reservation at the Franklin Marriott Cool Springs, you may visit <http://www.marriott.com/hotels/travel/bnacs-franklin-marriott-cool-springs/?tDate=10/26/10&groupCode=tnatnaa&fromDate=10/20/10&app=resvlink> or you may call 1-888-403-6772 and mention the conference name. The group block and rates are available until Wednesday, September 29, 2010 or until the block has filled. Room rates are \$129 plus tax per night. The Franklin Marriott Cool Springs offers complimentary guest parking.

2010 TNA & TASN Joint Convention

2010 TNA & TASN Joint Convention Registration Fees										
NOTE: Only paid registrants, displaying an official TNA convention name badge will be allowed entrance to convention program events. <small>The Tennessee Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.</small>	Early Bird Registration (Must be postmarked by 8/31/10)			Regular Registration (Postmarked between the dates of 9/1/10 until 10/10/09)			On-Site Registration (On-Site Registrations will be accepted after 10/11/10)			Amount
	Member	Non-Member	TNA Member Full Time Student or Retiree	Member	Non-Member	TNA Member Full Time Student or Retiree	Member	Non-Member	TNA Member Full Time Student or Retiree	
Pre-Convention Educational Offering Thursday, October 21										
Thursday Only - Nursing Ethics: When Reality Collides with What's Right Kate Payne, JD, RN Director, Ethics Saint Thomas Hospital 1:00 p.m. - 4:30 p.m. Contact Hours: 3.25	\$79	\$99	\$69	\$99	\$119	\$89	\$119	\$139	\$109	\$
Convention Registration Options										
Full Registration - Includes attendance at all educational activities, entrance to Friday Awards Luncheon, Exhibit Hall, Saturday Luncheon, Saturday Fun Night with Karaoke, all Continental Breakfasts, and all Breaks	\$265	\$315	\$235	\$280	\$320	\$250	\$305	\$355	\$275	\$
Friday Only - Includes educational activities for the day, Lite Continental Breakfast, Awards Luncheon, and Breaks	\$150	\$190	\$125	\$170	\$210	\$145	\$190	\$230	\$165	\$
Saturday Only - Includes educational activities for the day, Continental Breakfast, entrance to Exhibit Hall, Luncheon, Breaks, and Saturday Fun Night with Karaoke	\$210	\$245	\$190	\$230	\$265	\$210	\$250	\$285	\$230	\$
Sunday Only - Includes educational activities for the day and Continental Breakfast	\$60	\$80	\$40	\$80	\$100	\$60	\$100	\$120	\$80	\$
Guest Tickets			Guest Ticket Pricing				Quantity Ordered			
Friday - Awards Luncheon			\$30 each						\$	
Saturday - Exhibits and Schools of Nursing Luncheon			\$25 each						\$	
Saturday Fun Night with Karaoke			\$35 each						\$	
Total Amount Due — Registration & Guest Tickets										\$
PAYMENT METHOD										
<input type="checkbox"/> Check <input type="checkbox"/> Employer Sending Check Employer _____ <input type="checkbox"/> Credit Card <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa <input type="checkbox"/> American Express Name of Card Holder _____ Address of Card Holder _____ City _____ State _____ Zip _____ Credit Card Number _____ Expiration Date _____ 3-Digit Authorization Code (Located on back of card) _____ Signature _____ 4-Digit American Express (Located on front of card) _____										

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Tennessee Nurses Association Members Only Request for Absentee Ballot

Please send an absentee ballot for the 2010 Tennessee Nurses Association election. **“Request for Absentee Ballot” must be received at TNA by September 22, 2010.** I understand that mailing this ballot to me in the manner and form approved discharges TNA's responsibility to me in the matter of absentee voting. Absentee ballots will be mailed September 23, 2010.

I further understand that requesting an absentee ballot removes my name from the list of eligible voters at the TNA Annual Meeting. **Completed absentee ballots must be received at TNA headquarters by the close of business on October 15, 2010.** No “group requests” will be honored. Mail this “Request for Absentee Ballot” to: TNA, 545 Mainstream Drive, Suite 405, Nashville, TN 37228-1296, fax it to 615/254-0303, or visit www.tnaonline.org to print out the form.

Name: _____

Address: _____

City/State/Zip: _____

District Number: _____

Member ID Number: _____

Signature: (Required to receive ballot) _____

Remembering the Good Ole Days...

Convention participants will have fun as they dress up in vintage nursing uniforms to have their pictures made Friday night during the *District 3 Welcome Reception*. Take your picture home for a nominal fee and you may even be chosen for a possible nurses calendar or nurses poster produced by the Tennessee Nurses Foundation. **Please bring your nursing caps, and if you have any vintage uniforms, please bring those too.**

Can't wait to see you there!

Visit www.tnaonline.org for Convention details

2010 TNA & TASN Joint Convention

*Fifth Annual
Tennessee Nurses Foundation
Silent Auction*

The TNF Silent Auction is held each year to help support the work of nurses, research, leadership and scholarships. Presented by the TNF Board of Trust, the *Silent Auction* features a variety of items, gifts and collectibles. Donations are still being accepted.

Visit www.tnaonline.org and click the *TNA & TASN Joint Convention* link to download a donation form. Your donation is TAX DEDUCTIBLE as TNF is a non-profit, tax-exempt, 501(c)(3) organization.

We look forward to seeing you there, and thank you for your donation!

Come Join Us at the Tennessee Nurses Foundation *Fifth Annual Silent Auction*

The Tennessee Nurses Foundation strives to support and encourage leadership and scholarships in nursing. The Tennessee nurse specialty license plate is about to become a reality and the Foundation has just begun a new scholarship program allowing tax deductible donations to be given for a Registered Nurse's TNA membership dues. The TNF Scholarly Writing Contest each year offers winners a \$1,000 award.

These worthwhile endeavors, as well as the TNF Memorial Educational Scholarship Program, come from donations to the Tennessee Nurses Foundation. The only program that has funding from another source within TNF is the Tennessee Professional Assistance Program, which is supported by the Tennessee Board of Nursing.

If more nurses were able to receive funding provided by TNF, it would make such a huge difference in the growth of Tennessee nurses as leaders within our profession. We hope you will help us achieve our goals!

So how can you help? In addition to direct donations to TNF, you can donate an item to the TNF Silent Auction to be held at the 2010 TNA Annual Convention on October 22-24, at the Cool Springs Marriott in Franklin, Tennessee. If each member provides an item, we can have a lot of fun at the auction, and, in turn, help support the profession of nursing in Tennessee.

Items suggested for donations include, but are not limited to, autographed sports items, tickets to the theater/movie/sports, restaurant/spa treatment gift certificates, a week of vacation at a time share, horseback ride, jewelry, apparel, paintings, gift baskets, etc. Antique nursing books and prints have been very popular. You can also share some of those lovely items that you would rather stop dusting. If you are downsizing, we would love your gently used treasures. Please let us know what you would like to donate by filling out the TNF Silent Auction Donation Form and mailing it to TNA by October 1, 2010. You may also fax the completed form to 615-254-0303.

We need your assistance to get the item to the Convention by personal delivery or through a fellow member (no items shipped to the hotel please). This ensures that nothing gets missed, damaged or misplaced.

The TNF 2010 Silent Auction donors will be listed in the Winter issue of the *Tennessee Nurse* publication (circulation more than 100,000). Also, your donation is TAX DEDUCTIBLE, as the Tennessee Nurses Foundation is a non-profit, tax-exempt, 501(c) (3) organization.

With a minimum of effort from each of us, a significant amount of money can be raised again this year. We look forward to seeing you in Franklin in October!



**2010 Silent Auction Donation Form
Tennessee Nurses Foundation
October 22-24, 2010
Franklin Marriott Cool Springs
Franklin, TN**

Donor's Name/Business Name: _____

Donor Contact Person: _____

Phone: () _____ Fax: () _____

E-mail: _____

Address: _____

City/State/Zip: _____

Description of donated item/s: _____

Estimated monetary value of donated item: \$ _____

Donor's Signature _____ Date _____

Thank you for your support!

IMPORTANT NOTE: Submission of this form to the Tennessee Nurses Foundation constitutes a written agreement between TNF and Donor in that Donor agrees to provide TNF with the donated item by: (1) getting the item to the TNF office at 545 Mainstream Dr., Suite 405, Nashville, TN 37228-1296 on or before October 8, 2010; (2) getting the item to their local District President on or before October 8, 2010, (District President contact information can be obtained by calling 615-254-0350 or email tnf@tnaonline.org); or (3) taking the item to the TNA staff office at the Franklin Cool Springs Marriott in Franklin, TN between Thursday, October 21, 2010 and no later than 8:00 a.m. Saturday, October 23, 2010. The Silent Auction begins Friday, October 22, 2010.

This donation becomes the property of the Tennessee Nurses Foundation and is to be offered for sale at an auction, the proceeds of which go to the Tennessee Nurses

Foundation. Should donor provide any displays or samples of the donation to coincide with a donated gift certificate, TNF will not be held responsible for those items. It will be the sole responsibility of the donor to either pickup the samples or displays, as stated above, at the hotel or to pay the shipping charges on the return.

Donors will be listed in the winter issue of the *Tennessee Nurse* (circulation 100,000+). The Tennessee Nurses Foundation is a non-profit, tax-exempt, 501(c) (3) organization.

If you are unable to submit this form by email, please print the completed form and fax to 615-254-0303 or mail the form to **TNF, 545 Mainstream Drive, Suite 405, Nashville, TN 37228-1296**. For questions regarding this event please contact TNF Staff Liaison, Kathy Denton at 615-254-0350 or email tnf@tnaonline.org.

A Tennessee Nurse Reflects

(Continued from page 1)

for four discreet issues, I had my map, appointments, a bus ride and great company as we headed out. I was well prepared for an experience that could have been daunting. Even the weather cooperated.

We arrived at the glorious Capitol steps, which is always a thrill for me. I made my way to visit both of Tennessee's Senatorial Staff to discuss issues relevant to professional nurses. We were instructed that the interns, who assist the representatives, interface with the public and the Senators of salient information. Each intern had expertise and those we talked to were assigned to health care issues. Also important to note is that the House has been saturated by health care reform in excess of 18 months, with that in mind, it was very important to provide information that will move implementation of reform quickly. No matter how votes were cast, each was to be thanked for their efforts regarding health care. I was intrigued, entering through security to find a polite staff. I found my way to the office of Sen. Lamar Alexander where I spoke with a very interested intern. He then escorted me to Sen. Bob Corker's office where I was again received warmly.

Full of bustling energy, people are flying in and out of offices including the offices I visited. I knew I had to compete for attention with other constituents/issues. I determined to be succinct, taking about 15-20 minutes to deliver talking points on the four issues. I referred to bill numbers and spoke to issues, how each bill affected health and welfare of the constituency. I weaved in health promotion and disease prevention, cost reductions of a viable nurse work force. Our representatives resonate when speaking of cost savings. I

spoke from my experience which was easier than Mom's apple pie, giving a small example of how the proposed bill is seen in everyday life. The questions amazed me; I was able to speak to definitions of nurses, roles and scope, how we interface on every level with every other stakeholder related to health and welfare. We spoke of ways to build and retain the nursing workforce. This I found to be a real touch point because Americans are acutely aware of the shortage of nurses and real difficulties in securing a seat in accredited nursing programs of study. This was such a thrill for me because I could see that the questions were sincere, from their lived experiences and concerns. I was able to inform each intern what they needed so that each could brief their assigned Senator regarding RN and APRN concerns.

I left the Dirkson Senate Building knowing two things: I had contributed input that counted and in such a simple way; making a prepared visit. My sore feet were a small price to pay for the day's impact.

The House of Delegates was to begin, security measures to be honored, and I rushed back as our Commander in Chief was expected to speak to the delegation that night and I wasn't going to miss this. The illustrious Rebecca Patton, then President of ANA, spoke briefly to a very anticipatory crowd, and then President Barack Obama spoke longer than 20 minutes, without script, in a compelling manner and as friends to all 1,000 of us—an enthusiastic crowd. He addressed how nurses are the heartbeat of healthcare and that we need help. Nurses have supported changes for improvement of healthcare so far back that Obama said nurses laid the groundwork for reform. He thanked us time and time again for our passion for caring for people and keeping patients as our central focus. He duly noted that nurses have been short shrifted as a profession.

Obama said nurses are the key to solutions in the nations'

healthcare dilemmas because we are intimately involved in every layer of care and we understand the rules and regulations well. We navigate the system for our patients and it should be made easier for us and patients. He could have spoken to each one of us individually; his message was given warmly and convincingly, he then shook hands and made greetings through a very appreciative crowd. What a way to begin a meeting!

The remainder of our HOD continued with this momentum. There was tremendous collegiality and celebration. As we worked through issues, the House of Delegates was a house of finesse; there was order and smooth transitions. Many reports of breaking news triumphs in differing states, punctuated by awards, made time fly. The Past-Presidents Forum panel included our own visionary Virginia Trotter Betts, who was recognized for her part of the health care reform mission. The Tennessee Delegation swelled with pride! As an ANA-PAC supporter, I enjoyed the company of like supporters at the Congressional Reception in beautiful Union Station. I spoke at length with U.S. Rep. Eddie Johnson, Texas; and Rep. Lois Capps, Calif. Each could not hold back their enthusiasm for nurses and our place in healthcare reform.

Elections brought forth a new ANA Board of Directors and many rousing speeches including a goodbye from beloved Becky Patton, who through her gifts has built many bridges for nurses during her tenure as ANA President. We were seated next to the Ohio delegation; a group with personality plus. They were so happy to welcome Patton home and showed her their appreciation without reserve, which was contagious to say the least. We welcomed in new ANA President Karen Daley.

Completing the work

My follow up includes this narrative and notes of thanks to each intern and Senator among others—essential for many reasons, but mostly because the *squeaky wheel gets the grease*. In closing, I offer my story, in hopes of encouraging other nurses to become involved in efforts to affect public policy.

Last, I want to thank the TNA Nominating Committee, who invited this alternate to step in and serve as a delegate; my employer, The University of Tennessee Health Science Center, Memphis, for supporting me in this role; and, my husband Tom, for his wholehearted support of my role and life as a professional registered nurse and advanced practice registered nurse.

About the Author

Kathleen McCoy lives in the Upper Cumberland, in Cookeville, Tenn., and is the current TNA District 9 President. She serves on the TNA Committee for Professional & Public Relations. McCoy is an assistant professor at the University of Tennessee Health Science Center, College of Nursing, Memphis, where she teaches in the Department of Primary Care & Public Health as distance faculty in the PMH DNP option. She has practiced in local clinics in the Upper Cumberland as a PMH NP/CNS, as well as an FNP, and focuses upon reflective practice and integrative care. She is proud to be a nurse in Tennessee and hopes to mentor nurses who wish to affect public policy.



President Barack Obama took time for a photo with ANA Past Presidents including, from left, Barbara Blakeney, MS, RN, ANA President 2002-2006; Mary Foley, PhD, MS, ANA President 2000-2002; Virginia Trotter Betts, MSN, JD, RN, FAAN, ANA President 1992-1996; Lucille Joel, EdD, RN, FAAN, ANA President 1988-1992; Eunice Cole, BSN, RN, ANA President 1982-1986; Barbara Nichols, DHL, MS, RN, FAAN, ANA President 1978-1982; and, Jo Eleanor Elliott, BSN, RN, FAAN, ANA President 1964-1968. Betts is a long-time TNA member and served as TNA President from 1985-987. White House Photo.

TNA Member Keesha Reid Participates in ANA Initiative to Enhance Political Advocacy

by Keesha Reid, NSN, RN, FNP-C

During October 2009, I was fortunate to attend the first American Nurses Advocacy Institute (ANAI) in Washington D.C. designed by American Nurses Association (ANA) and constituent member associations (CMA). This unique opportunity, led by Janet Haebler, Associate Director, State Government Affairs for ANA, was for individuals who are new to the world of political advocacy or who would like to strengthen their aptitude in the political arena. Therefore, the two days were full of gaining competency in advocating for policy change for our profession and patient care.



Keesha Reid

Our sessions consisted of topics including *Conducting a Political Environmental Scan; Politics 101: How a Bill Doesn't Become a Law*; effective message development; and, message delivery, including media training, networking and coalition building.

Our mentoring continues through conference calls, where we discuss the importance of Political Action Committees, preparing for and delivering testimony before a legislative or regulatory body, and bill analysis.

I can attribute these sessions and calls to my development and growth as an active TNA/ANA member.

TNA Members Experience Recent ANA HOD

A collection of experiences from TNA Delegates to the ANA HOD

by Lena Patterson, MSN, RN, APN

Most recently, I attended the ANA House of Delegates as an Alternant Delegate. What an unbelievable experience! Leaders of my chosen profession, from its inception until now, with my passion, came together in one place—all with varying levels of experience, but the same level of enthusiasm.

Some clinicians were recognized for a lifetime of excellence in all areas of nursing. I realized that even after 22 years of nursing, I really am still just a "babe" compared to many of these. I have truly just begun. I was intimidated and excited at the same time before the HOD. The intimidation quickly dissipated once I realized I was among colleagues who shared common interests and goals. I soon realized the true value of ANA, which had seemed to elude me for years. I could not wait to get home to share what I have learned. How exciting and wonderful to know that I am a part of a group that truly embraces diversity in every way imaginable, yet comes together for the common good.

A remarkable and energizing experience, I am ready... and yes, I was in the same room with President Obama when he spoke to the HOD.

by Keesha Reid, MSN, RN, FNP-C

I attended the American Nurses Association House of Delegates June 16-19 in Washington, D.C. as one of 10 elected delegates for the Tennessee Nurses Association. There were a total of 582 delegates (registered nurses) from across the U.S. and Guam, as well as another 200 attendees.

There was an opportunity to vote in new officers,

including a Director At-Large Recent Graduate, for the ANA Board of Directors. This position was created to enhance promoting the novice nurses' involvement on a national level.

We were in the presence of great leaders in nursing, the ones you read about in our textbooks, who were inducted into the ANA Hall of Fame. One inductee, no longer with us, was John Deveraux Thompson. He was a nurse known for being the originator of diagnostic-related groups (DRGs), which became the standard for reimbursements. Also, nurses with various backgrounds were honored for their contributions to the nursing profession.

As the policy-making body of ANA, we voted to exert energy legislatively toward APRNs to sign orders for home health services and supplies. The HOD also voted for ANA to provide guidance and support for nurses who speak out about workplace abuse and abuse of authority. Other issues adopted were nursing initiatives to improve health literacy for patients and an effort by ANA to support the reprocessing of single use devices (SUD) in healthcare based on research and evidence.

The HOD was also a great place to network with other nurses from across the states to become informed of their legislative triumphs and learn that as of June 18, 2010, in the state of New York, it is a felony to commit assault against an RN.

This event not only afforded me the opportunity to shake the hand of U.S. President Barack Obama (Yes! I did!), it also allowed me the opportunity to influence decisions ANA will work toward at the national level that will affect the practice of nursing and the health of our patients.

LEGISLATION

Being There: Policymaking and Nurses

Carole R. Myers, PhD, RN, APRN
 Chair, Tennessee Nurses Political Action Committee

Nurses have a unique, much-needed, and highly valued perspective on health and health care and the policies which impact both. Too often though, too many nurses have been absent from policy deliberations. This absence violates the moral obligation nurses have to care for their patients. It is a proud moment in our profession's history when we contemplate the role nurses played in the recent passage of the national health reform legislation. We need to continue to build on the legacy by *being there*.

The process of policymaking is ongoing and continually evolving. The process consists of three intertwined steps: policy *formulation*, policy *implementation*, and policy *modification*. Although each step is dependent upon and complemented by the others, it is often policy formulation that generally captures the public's attention. Policy implementation can be protracted and the linkage with the first step obscured, which creates a gap between what is being implemented and what was originally envisioned. The success of implementation can make or break a policy. The most neglected step of the policymaking cycle is arguably the last, policy modification.

The passage of the *Patient Protection and Affordable Care Act (PPCA)* and the companion reconciliation bill earlier this year was historic and long overdue. The 2009 drama of the summer of discontent when town hall meetings were held across the country and the Tea Party emerged as a force to be reckoned with signaled a change in the debate related to the development of the reform bill. The difficult-to-understand legislative maneuvering, the evolving role of key players (consider most importantly how the President's role changed over time), the final debate, and the very narrow passage of the bill which followed during the fall and early winter were key steps in the policy formulation stage. Nurses were there during the debates about health care reform that just transpired...and we have been there a long time.

When Virginia Trotter Betts, now Tennessee Commissioner of Mental Health and Developmental Disabilities, was President of the American Nurses Association (ANA), she spearheaded efforts to develop the first *Nursing's Agenda for Health Care Reform* (even before the failure of the Clinton health care reform proposal). As the country most recently debated the why and how of health care reform, nurses were well-represented by our national professional organization and by countless individual nurses, who spoke out in their communities in public meetings, churches, civic meetings, in letters to newspapers and op-eds, and to their elected

officials. The ANA had a strong presence at a variety of Congressional hearings, White House meetings, health care summits, and regional forums on health care. At these various gatherings, ANA leaders promoted the profession's commitment to a system focused on primary care, prevention, and the management of chronic disease. At these two levels, nurses showed yet again that we are credible, respected, and trusted professionals regarding health care, our patients, and our profession.

Our support of political leaders committed to improving health care in our country was well-recognized as evidenced by Rebecca Patton's re-telling of a conversation she had just before the U.S. House of Representatives passed their version of the health reform bill.

Patton said, "Saturday night while Congress was voting, I was honored to receive a personal phone call from President Obama himself. Once I got over the shock of hearing, 'Becky, this is Barack Obama,' I listened as he expressed his gratitude for the work of ANA and its members for the cause of health reform. And, as he has done in the past, he expressed his appreciation for the work nurses do."

I am proud that our professional association has long advocated for the enhancement of human dignity through the provision of basic, high quality health care for all. I am encouraged that ANA has been stalwart about the essential and vital role nurses can play in closing the gaps in health care access, acceptability of care to patients and their families, and patient-centered outcomes. Although we can savor the possibilities of the recent legislation, we are far from the ending of the story. The debate around health care reform continues and our patients, their families, and the general public are looking to us to help them understand what all of this means and to protect their interests. Nurses need to continue to be there—offering solutions to the inevitable and complex questions that will arise during implementation and sharing our expertise and insight, while continuing to assess the situation and promote policy modification rooted in evidence about what works and what does not.

Next issue: Look for a discussion on the opportunities afforded to nurses in Tennessee because of health care reform.

One part of policy formulation is political advocacy. The Tennessee Nurses Political Action Committee (TN-PAC), the political advocacy arm of TNA, provides this support to candidates for elected positions in the Tennessee General Assembly through campaign contributions. We need your donations to allow us to continue to support Tennessee Representatives and Senators that promote the health of Tennesseans and support professional nurses across the state.



I WANT TO PUT NURSE POWER INTO TENNESSEE POLITICS BY SUPPORTING TN-PAC!

Name _____

Address _____

City, State, Zip _____

Phone (Home) _____ Phone (Office) _____

FAX _____ Email _____

Occupation _____ Employer _____

I WANT TO MAKE MY CONTRIBUTION TODAY

I am contributing:

\$5,000 \$500 \$50

\$2,500 \$250 Other \$ _____

\$1,000 \$100

I WOULD LIKE TO MAKE A PLEDGE

I pledge to contribute:

\$ _____ per Month. (Minimum monthly pledge is \$15.)

\$ _____ per Quarter.

\$ _____ Semi-annually.

Note: Pledges must be paid by credit or debit card. TN-PAC will automatically charge your card as directed. Pledges will continue until written notice is received by TN-PAC to discontinue a pledge.

PAYMENT METHOD

I am paying by Cash

I have enclosed my Check

Please charge my credit or debit card

VISA MasterCard American Express Debit

Name on Card _____

Address of Card Holder _____

Credit Card # _____

Exp. Date _____ 3-Digit Authorization Code _____
(Located on back of Card)

Signature _____

Tennessee Nurses Foundation Report

by Sharon P. Bailey, MSN, RN, APN-CNS
TNF President

“Our goal for selling license plates has been met!” It was with joy that the TNF Board recently received this information from the TNA office staff. When will you see them on the road? Hopefully, some of you will have received yours by the start of the *TNA & TASN Joint Convention* in October. Right now, the plates are being road-tested to be sure the design is readable and meets the safety requirements. *Nursing does make a difference*, and as the license plate says, *Nurses Change Lives*, are messages we want to communicate. Remember that the funds received from the license plates by TNF will be used for scholarships and support for nursing education, to promote the professional image of nursing, for nursing research, to facilitate leadership development and other projects identified by our members and approved by the TNF Board. When annual contributions are made to TNF,



please direct your money to a specific project if that is your desire.

Last year at convention, there was discussion of donating moneys to sponsor TNA membership for new members—in fact, several Districts challenged each other to see who might sponsor the newest members. Remember that the TNF webpages have information on the tax-deductible donation process to sponsor membership dues, either as a restricted donation whereby the TNF board will make a decision on the nurse who will receive the membership, or you may sponsor a nurse of your choosing. Has your District fulfilled its challenge?

The TNF Board has recently approved the Arthur Davis LPN to RN Scholarship guidelines. This \$1,000 scholarship will be awarded each year to a qualified LPN who is pursuing education to become an RN. General information and how to receive an application form are included in this issue of the Tennessee Nurse on page 11. It is also on the TNA website on the TNF Initiatives page.

The Fifth Annual TNF Silent Auction is underway! Please refer to the information found in this publication. We need your donations to make the project successful!

Please join us at convention for the TNF-sponsored session on *Post Traumatic Stress Disorder* and its relationship to addiction. Mark Harkreader, MSN, RN, CARN, Executive Director of the Tennessee Nurses Professional Assistance Program, will moderate. The panel will include Jason Carter, PharmD, TNF Board of Trustees; Scott Ivy, RN; Holly Cook, LPC-MHSP; and Robert Eastwood, BSN, RN, Skyline Medical Center.



GIVINGMATTERS.COM
an initiative of The Community Foundation of Middle Tennessee

Tennessee Nurses Foundation Initiatives

• Promotion of Nursing Image Program

The Tennessee Nurses Foundation partners with other organizations to accurately portray the professionalism of nursing and to promote a positive image of the profession and nursing.

• TNF's TNA Membership Dues Scholarship Program

Scholarship program that allows a tax-deductible donation to be given for TNA membership dues, thereby sponsoring a Registered Nurse's membership in the Tennessee Nurses Association. The mission of the Tennessee Nurses Foundation is to promote professional excellence in nursing. Membership in Tennessee's professional nurses association, TNA, is the essence of being a nursing professional. Your kind donation will help a nurse in pursuit of that endeavor.

• Memorial Educational Scholarship Program

The Tennessee Nurses Foundation supports the education of nurses who are members of the Tennessee Nurses Association by awarding a \$1,000 scholarship, once a year, to a deserving RN. Application deadline is **November 1, 2010**.

• Nursing Research Grants

The Tennessee Nurses Foundation provides grants to registered nurses engaging in scientific and other research projects focusing on nursing practice. Application deadline is February 28, 2011 and August 31, 2011.

• Leadership Nursing Program

The Tennessee Nurses Foundation provides scholarship opportunities for members of the Tennessee Nurses Association to participate in a variety of leadership development programs to prepare nurses for an enhanced role in nursing and community involvement. Application deadline is February 28, 2011 and August 31, 2011.

• TNF's Scholarly Writing Contest

As part of the celebration of *Nurses Week*, an annual \$1,000 award is given to the TNA registered nurse member whose publishable manuscript best describes the requirements set forth by the TNF Board of Trustees for the contest. Deadline March 31, 2011.

For complete details on TNF Initiatives, visit www.tnaonline.org and click on the Tennessee Nurses Foundation link on the home page, call 615-254-0350 or email tnf@tnaonline.org.

TNF Membership Dues Scholarship Program

The Tennessee Nurses Foundation's **TNA Membership Dues Scholarship Program** is a program that allows a tax-deductible donation to be given for TNA membership dues, thereby sponsoring a Registered Nurse's membership in the Tennessee Nurses Association. Donation amounts are for annual dues only. TNF will accept a Reduced Dues donation only if the person being sponsored qualifies for that dues rate. TNA Reduced Membership dues, (\$137), are for RNs who are not employed, RNs who are full-time students, newly licensed graduates, or age 62+ and not earning more than Social Security allows. All other RNs will qualify for the Full Rate of TNA/ANA dues, (\$274), or (\$190) for the State-Only dues.

Please provide the RN's name, mailing address, daytime phone and email address on the form below and mail it in with a check in the amount of the RN's membership dues, or fill in the credit card information section on the back of this form. If you do not have a specific RN you would like the donation to go to, check 'A Deserving RN' and the TNF Board of Trustees will designate the membership for you.

The mission of the Tennessee Nurses Foundation is to promote professional excellence in nursing. Membership in Tennessee's professional nurses association, TNA, is the essence of being a nursing professional. Your kind donation will help a nurse in pursuit of that endeavor.

Please Print

Donor's Name _____

Donor's Address _____

Donor's City, State, Zip _____

Donor's Phone (Home) _____ Phone (office) _____

Fax _____ Email _____

Please accept my donation of:

\$137 \$274 \$190

Enclose a check and mail to:

Tennessee Nurses Foundation
545 Mainstream Drive
Suite 405
Nashville TN 37228-1296

Credit Card Payment

VISA MasterCard American Express

Name on Card _____

Credit Card # _____

Exp. Date _____

3-4 Digit Authorization _____

Please Print Designee's Information

Designee's Name _____

Designee's Address _____

Designee's City, State, Zip _____

Designee's Phone (Home) _____ Phone (office) _____

Fax _____ Email _____

I Want to Support the
Tennessee Nurses Foundation

Name _____

Address _____

City, State, Zip _____

Phone (Home) _____ Phone (Office) _____

FAX _____ Email _____

Please accept my donation of:

\$1,000 \$250 \$50

\$500 \$100 Other _____

I would like to make my donation as an Annual Pledge
(Annual pledges limited to gifts of \$250 or more)

I will honor my Annual Pledge

Semi-Annually (July & January)

Quarterly (July, October, January, April)

Please use my donation for:

Capital Campaign/Building Fund (Restricted)

General Fund (Unrestricted)

Memorial Education Scholarship (Restricted)

Leadership Nursing Program (Restricted)

Research Grants (Restricted)

In Tribute In Memory

In Name of _____

Send acknowledgement to:

Name _____

Address _____

City/State/Zip _____

Method of Payment

Check enclosed for the amount of \$ _____

Charge my credit card in the amount of \$ _____

VISA MasterCard American Express

Name on Card _____

Credit Card # _____

Exp. Date _____

3-4 Digit Authorization Code

Signature _____

TNA Launches *LPN Connect* – Special New Online Program Especially for LPNs

The Tennessee Nurses Association is launching a special new program in early October open to Tennessee's Licensed Practical Nurses! *LPNConnect* will include online services to help LPNs stay informed on issues related to their nursing practice and network with other LPNs across the state.

LPNConnect will offer subscribers the following benefits and services:

- Access to an LPN only password protected area on the TNA website at www.tnaonline.org that will contain articles and other information.
- An LPN Listserv exclusively for use by *LPNConnect* subscribers to communicate by email with a group of their peers. Topics of discussion on the *LPNConnect* Listserv may include questions on nursing practice, the announcement of meetings and events of interest to LPNs.



- A monthly *LPNConnect* newsletter containing nursing related news.
- Webpages within the protected LPN area filled with other information of interest to LPNs in Tennessee, including important legislative information and health policy development.

Subscriptions to *LPNConnect* are available for a special introductory price of \$25 per year until March 31, 2011. *LPNConnect* is open to any LPN with a current Tennessee nursing license.

To subscribe, visit www.tnaonline.org and click the *LPNConnect* link on the left on the home page. You will purchase your subscription through a secure online form and will need to pay online with a credit or debit card. When your payment is processed, you will receive an email with instructions on registering for your account login and password.

Tennessee Nurses Foundation Announces Arthur Davis LPN to RN Scholarship Program

General Information

The Arthur Davis LPN to RN Scholarship is an educational scholarship for eligible licensed practical nurses in the State of Tennessee. The Arthur L. Davis Publishing Agency, Inc., publisher of TNA's *Tennessee Nurse*, is the sole contributor to this fund. The scholarship is awarded once a year in the amount of \$1,000.

All requests for scholarships shall be made on the Arthur Davis LPN to RN Scholarship Program Application form available from the Tennessee Nurses Foundation, (TNF's contact information is below), by calling 615-254-0350 or emailing tnf@tnaonline.org. You may also download it as a PDF file from www.tnaonline.org. Click *Tennessee Nurses Foundation* on the left on the home page and then click *TNF Initiatives* for the link to the Arthur Davis LPN to RN Scholarship Program application.

Approval for granting scholarships shall rest with the Tennessee Nurses Foundation Board of Trustees. Applicants must complete the application, have satisfactory references and agree to the terms of this scholarship request. A personal interview with the applicant may be requested by the Tennessee Nurses Foundation Board of Trustees.

The Arthur Davis LPN to RN Scholarship is given once each year in the amount of \$1,000 and is intended to support further nursing academic achievement for licensed practical nurses in an accredited LPN to RN program in the State of Tennessee.

Eligibility Criteria

1. Applicant must be enrolled in an LPN to RN program of study in an accredited institution of higher education.
2. Applicant shall be a resident of or employed in the State of Tennessee.

Process

1. Complete the Arthur Davis LPN to RN Scholarship Program Application Form.
2. Submit proof of acceptance from institution of higher education.
3. Submit reference from current employer or, if in school, from dean/director of school.
4. Submit 2 letters of recommendation, one of which is a TNA member.

Selection Criteria

Applications are reviewed once each year. The submission deadline date is **November 1**. Preference shall be given to the following:

1. Financial need
2. Leadership potential



TNA Launches Special Subscription Online Program Open to all Licensed Practical Nurses in Tennessee!

LPNConnect services include:

- Access to password protected LPN area on TNA website at www.tnaonline.org
- *LPNConnect* Listserv to allow subscribers to network
- Monthly *LPNConnect* newsletter for nursing related news
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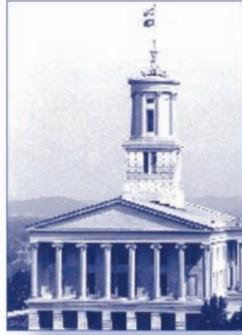
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April 12, 2011
War Memorial Auditorium
Nashville, Tennessee

Make plans now to attend this special event designed for nurses and nursing students to become more involved in the legislative process!



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Tennessee Nurses Association

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TNA District News

District 1

Tonya Warmbrod, BSN, RN, CWOCN was named Methodist University Hospital's *Nurse of the Year 2010* after being selected as a *Methodist Nursing Star* and receiving the *Power of One Award* earlier in the year.

Teris Webb, BSN, RN, RNC, would like to congratulate MMHI staff for publishing *Developing a Psychosocial Rehabilitation Treatment Mall: An Implementation Model for Mental Health Nurses in the Archives of Psychiatric Nursing*.

Lucie Elfervig, DNS, MA, RN, APRN, FAAN, has numerous publications to her credit, plus her most recent contribution, the chapter "Caring for the Patient with Visual Disorders," published in K. Osborn, C. Wraa, & A. Watson (Eds)'s *Medical-Surgical Nursing: Preparation for Practice*, (1st. ed., **Chapter 71**, Vol II, pp 2325-2379). Upper Saddle River, NJ: Pearson." Elfervig is an Ophthalmic Consultant, Nurse Practitioner, Researcher, and Educator with Eye Specialty Group, Memphis.



TNA District One held its *Nurses Walk for Health* on June 5, 2010, at the W.J. Freeman Park in Bartlett, Tenn. More than 50 canned good items were collected for the Mid-South Food Bank.

All members are welcome to attend the Board of Directors Meetings. All meetings are held at the Memphis Public Library (Poplar Street location) from 5 p.m.-8 p.m. on Tuesdays in Meeting Room A.

2010 District 1 Meetings

September 14, 2010—Board of Directors Meeting
October 12, 2010—Annual Delegate Meeting
November 9, 2010—CE Program
December 14, 2010—BOD (CE planning meeting for 2011)

La-Kenya Kellum, MSN, RN, NE-BC
District 1 President

District 10

The health care system is changing. Do you know your role as a registered nurse for the future? Stay informed and get involved with your local TNA District. District 10 will meet September 14 at 6 p.m. in Room 136 of Gooch Hall at UT Martin. Items on the agenda will include discussion of current issues, plans for convention, election of officers for 2011, and plans for post convention follow-up. If you are interested in running for president, secretary or serving as a delegate to convention please contact me as soon as possible.

Ruby Black, MSN, RN
District 10 President

NOTIFICATION OF ANA DUES INCREASE

Beginning January 1, 2011, the American Nurses Association (ANA) dues will increase \$4 per year, which comes out to 33¢ per month. This adjustment will help ANA cover increasing cost of operating expenses. If you have any questions, please call 615-254-0350.

New and Reinstated Members

District 1

Astara E. Barker, Shana Carey, Ernestine R. Chism, Michelle M. Haimes, Brenda S. Hill, Megan Elizabeth Ignatius, Beverly A. Jones, Patricia R. Keene, Jacquelyn A. Owens, Cynthia F. Powers, Mickie D. Preston, Lakecia N. Purnell, Adam R. Singleton, Valerie M. Watters-Burke, Sarah E. Whitaker, Evelyn Denise Wright-Lewis

District 2

Renee Carol Burk, Nicole W. Eagle, Kristi Kell Falco, Kristi Knight, Carla Larkin, Phillip J. Moore, Sonya R. Newman, Marguerite Virginia-Lynn Proffitt, Karen D. Smith, Betty A. Stanley, Kelly Savannah Sutton, Lisa Y. Wagoner, Jacqueline Suzanne Zgiet

District 3

Robingale Panepinto Anderson, Penny Sue Arnold, Caryn Ballard, Sabrina L. Cook, Anisha Fuller, Lisa Dawn Hacker, Nicola Hart, Susan Hernandez, Frances Hodges, Jennifer Hutcherson, Sarah Anne Hutchison, Trishonna M. Jackson, Suzanne Kaprich, Thresa D. Lawson, Holly Liter, Julia Elizabeth MacFarland, Jacqueline C. Mosley, Phyllis J. Ogbode, Bro. Timothy Ignatius Perkins, OP, Dalton Pickney, Esmeralda Pilgram-Thomas, Diana V. Storey, Christine Taherian, Jo V. Theobald, Loretta Katherine Wilson, Tanika Shea Wilson, Laura S. Winslow

District 4

Debora Joan Angel-Pompi, Lindy Starling Case, Anthony C. Edwards, LaAnita Gillispie, Amy L. Graham, Julia L. Miller, Leslie M. Moro, Kathryn Pesce, Carey I. Segelke

District 5

Sandra Faye Deacon, Kimberly D. Driskill, Misti Marie Gillmore, Helen Harrison, Jason L. Hefner, Maryam Mohammad Zadeh, Jennifer Robertson, Sherri Moore Thompson, Jessica Lynn Webster

District 6

Anna Marie Cook, Rebecca Ann Graves

District 8

Cassie L. Buholzer, Jennifer L. Jones, Sue Richardson

District 10

Tanya Lynn Arnold

District 12

Jessica Jobs, Valerie Elizabeth Stout

District 15

Joy Windham

Special Tennessee Nurse Requests to TNA Members

The Tennessee Nurses Association accepts articles submitted by current TNA members for possible publication in the *Tennessee Nurse*. If you are interested in writing an article for our official publication, please email Cheri Glass at cglass@tnaonline.org, or call 615-254-0350 to discuss your topic.

Please let TNA know if you are not receiving each quarterly issue of the *Tennessee Nurse*. Every effort will be made to ensure that you receive your copy.

Thank you for your help, and for being a TNA member!

Do you work at the VA? Join TNA today for only \$10.55 a pay period.

Check *Payroll Deduction* on the lower right-hand side of the TNA Membership application. A TNA staff member will send you the form you need to take to the VA Payroll Department to setup your payroll deduction dues plan. It's that simple. You will never miss \$10.55 from your paycheck and you will have gained so much in return. If you have any questions, call 615-254-0350.

TNA also has Payroll Deduction Dues plans set up at the:

Regional Medical Center - Memphis
Bordeaux Hospital - Nashville
Nashville General Hospital

Your membership brings value to YOU as a professional AND brings value to the profession of nursing.

JOIN TODAY!

In 1908 Theodore Roosevelt recognized the value of associations when he said, "Every man (woman) owes a part of his (her) time and money to the industry to which he (she) is engaged. No man (woman) has a moral right to withhold his (her) support from an organization that is striving to improve conditions within his (her) sphere."

As a Registered Nurse, we urge you to exercise your moral right and become a part of the working team that is the Tennessee Nurses Association. TNA was established in 1905 and works toward issues important to you as a Registered Nurse. TNA protects your license and **we become stronger each time another nurse joins!**

Visit www.tnaonline.org for member benefit information and a secure online membership application. If you have questions regarding membership call 615-254-0350 or email KDenton@tnaonline.org. Let us welcome you into TNA!

Kathleen T. McCoy, DNSc, RN, APRN-BC, CS, was appointed to serve as an Alternate on the American Nurses Association Delegate Credentials Committee. McCoy is an Assistant Professor in Nursing-Academic Programs at the University of Tennessee Health Science Center in Memphis. She is TNA District 9 President.



Maureen Nalle, PhD, RN, a member of TNA District 2, was elected to the ANA Congress on Nursing Practice and Economics at the recent ANA House of Delegates. This will be Nalle's second time to serve on the Congress. Nalle is a past president of TNA and currently serves as President of the Tennessee Center for Nursing.



Carole R. Myers, PhD, FNP, APN, and **Cheryl Stegbauer, PhD, FNP-BC, APN,** were recently appointed as Fellows for Health Policy at the Howard H. Baker, Jr. Center for Public Policy at the University of Tennessee in the newly created Health Policy Program.



Myers is an Assistant Professor in the College of Nursing at Knoxville. She currently coordinates health policy courses for Masters and PhD students and conducts research that centers on policymaking and health services with an emphasis on public health programs, access to services, disparities, and program evaluation. Her doctoral dissertation was on the TennCare program, followed by a study on the Tennessee Safety Net and a Robert Wood Johnson Foundation-funded study on how public health programs affect the level of health care across the United States. Myers is a Family Nurse Practitioner who founded and operated a rural primary care clinic in the early 1980s.

Member News

Stegbauer is a Professor and Associate Dean for Academic Programs in the College of Nursing at the University of Tennessee Health Science Center, Memphis. Her faculty teaching role includes teaching Philosophy of Science for DNP and PhD students as well as serving as Faculty Advisor for DNP doctoral students. She is Director of the MSN and DNP advanced practice program. Stegbauer was selected by the *Nurse Practitioner Journal* as one of the Top 25 Nurse Practitioners in the U.S. in the history and development of the NP profession. She has been active at both state and national levels with professional groups concerned with the legal and collaborative aspects of practice.

Myers and Stegbauer are currently collaborating on the development of a state summit on the role of nurses in primary care in a reformed health care delivery system that will be held in the state capital November 4, 2010.

Janet Ridley, MSN, RN, has been appointed the new director of the Tennessee Department of Health's East Region. She assumes the role after serving as director of nursing for the Department of Health's Southeast Region since 1995. Ridley will provide leadership for all administrative, clinical, non-clinical and medical services within the East Region.



In her new role, she will oversee management of county health departments in Anderson, Blount, Campbell, Claiborne, Cocke, Grainger, Hamblen, Jefferson, Loudon, Monroe, Morgan, Roane, Scott, Sevier and Union Counties. Located in Knoxville, the East Regional Office is also responsible for providing guidance within the region in areas of community emergency preparedness, communicable and environmental disease control, health education and outreach.

Clare Thomson-Smith, MSN, JD, RN, FAANP, was named Assistant Dean for Faculty Practice at Vanderbilt University School of Nursing. Thomson-Smith heads the Center for Advanced Practice and Allied Health, and will continue in that role as well.



Carol Thompson, PhD, RN, ACNP, FNP, FCCM, was recently selected for induction as one of 116 nurse leaders as a Fellow of the American Academy of Nursing. Induction will occur at the Academy's 37th Annual Meeting and Conference on November 13, 2010 in Washington. Thompson is a Professor of Nursing in Academic Programs at the University of Tennessee Health Science Center in Memphis and a member of the Board of Nursing.



Mona Wix, PhD, RN, was recently selected for induction as one of 116 nurse leaders as a Fellow of the American Academy of Nursing. Induction will occur at the Academy's 37th Annual Meeting and Conference on November 13, 2010 in Washington. A Robert Wood Johnson Executive Nurse Fellow, Wix is Professor and Associate Dean for Research in the College of Nursing at the University of Tennessee Health Science Center.



American Nurses Association/Tennessee Nurses Association Membership—It's Your Privilege!



Tennessee Nurses Association Membership Application

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 Home Phone _____ Work Phone _____ Cell Phone _____
 Home Fax _____ Work Fax _____ Pager _____
 Employed at _____ as _____
 Employer's Address _____
 Academic Degree(s) _____ Certification(s) _____
 Graduation from basic nursing program (Month/Year) ____ / ____ RN License # State _____ Date of Birth ____ / ____ / ____

Membership Categories (please choose one category)

ANA/TNA Full Membership Dues
 Employed full or part-time **\$23.34 per month** or \$274.00 annually. Includes membership in and benefits of the American Nurses Association, Tennessee Nurses Association and the TNA District Association.

ANA/TNA Reduced Membership Dues
Newly-licensed graduates, not employed, RNs who are full-time students, or age 62+ and not earning more than Social Security allows. **\$11.92 per month** or \$137 annually. Includes membership in and benefits of the American Nurses Association, Tennessee Nurses Association and the TNA District Association.

ANA/TNA Special Membership Dues
 62+ and not employed, or totally disabled. **\$6.20 per month** or \$68.50 annually. Includes membership in and benefits of the American Nurses Association, Tennessee Nurses Association and the TNA District Association.

TNA Individual Membership Dues
 Any licensed registered nurse living and/or working in Tennessee. **\$16.34 per month** or \$190.00 annually. Includes membership in and benefits of the Tennessee Nurses Association and the TNA District Association.

American Nurses Association Direct Membership is also available. For more information, visit www.nursingworld.org.

Communications Consent
 I understand that by providing my mailing address, email address, telephone number and/or fax numbers, I consent to receive communications sent by or on behalf of the Tennessee Nurses Association (and its subsidiaries and affiliates, including its Foundation, Districts and Political Action Committee) via regular mail, email, telephone, and/or fax.

Signature _____ Date _____

To Be Completed by TNA Staff State: _____ District: _____ Expiration Month: _____ Year: _____

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<input type="checkbox"/> 1. New	<input type="checkbox"/> 1. Full (100%)	<input type="checkbox"/> 1. A	Amount Discounted: _____
<input type="checkbox"/> 2. Renewal	<input type="checkbox"/> 2. Reduced (50%)	<input type="checkbox"/> 2. EFT	Approved By: _____
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Fall 10	<input type="checkbox"/> 4. TNA Individual	<input type="checkbox"/> 4. PD	

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*** SIGNATURE REQUIRED BELOW**

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 This is to authorize monthly electronic payments to American Nurses Association, Inc. (ANA). By signing on the line, I authorize TNA/ANA to withdraw 1/12 of my annual dues and any additional service fees from my account. *SEE AT RIGHT

Automatic Annual Credit/Debit Card Payment
 This is to authorize annual credit card payments to American Nurses Association, Inc. (ANA). By signing below I authorize TNA/ANA to charge the credit card listed below for the annual dues on the 1st day of the month when the annual renewal is due. *SEE AT RIGHT

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 CREDIT/DEBIT CARD: Please complete the credit card information at right and this credit card will be debited on or after the 1st of each month (VISA and MasterCard Only).

Automatic Annual Payment Authorization Signature
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 VISA (Available for Annual or Monthly Draft Payments)
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 Number _____
 Exp. date _____ Verification Code _____
 Signature _____

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Company _____
 Contact Person _____
 Street or PO Box _____
 City _____ State _____ Zip _____
 (Many employers pay professional dues. TNA's educational programs alone justify it. Ask your employer.)

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 This payment plan is available only where there is an agreement between your employer and the association to make such deduction.

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 Regional Medical Center - Memphis
 Bordeaux Hospital - Nashville
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 Signature for Payroll Deduction