Fall 2010

Sustaining Shared Hope for Breast Cancer Survivors

by Mary Kelton Smith, ADN, RN

It has been said that the most powerful element in the universe is water. Why you might ask? Water is flexible. It can take on any shape—liquid, gas, or solid. Water can be unassuming. It can be still and tranquil when required. Water can be forceful at times. It can move everything in its path. Water is without equal. I think the same is true for me.

I have been on the frontlines raising awareness about breast cancer in African American communities since 2000. I understand cancer as a healthcare professional, as a caregiver, and through personal experiences. Having undergone treatment for my first breast cancer diagnosis in 2000, I sought information and guidance from women who had experienced the disease. Nevertheless, having lost two sisters to breast cancer (in 1984 and 1993) has fueled (continued on page 2)
my passion for aiming the community with breast health education and support for women determined to survive this disease.

Finding no support groups specifically for woman of color with breast cancer. I created a network for myself and others through Sisters Network © Incorporated (SNN), the first national African American breast cancer survivorship organization in the United States. Sisters Network Nashville (SNN), one of 42 affiliate chapters of SNN, has advocated for and empowered African American breast cancer survivors and educated the community about the impact of breast cancer and prevention to save lives.

Sisters Network Nashville is committed to increasing local and national attention to the devastating impact that breast cancer has in the African American community. My local affiliate chapter has grown to 106 breast cancer survivors and 10 associate members over the last 10 years. I facilitate our support group meetings on the last Tuesday of each month at the Gilda’s Club, Nashville. I also make home visits and accompany breast cancer survivors to hospital and/or doctor appointments whenever possible. Being able to support other women along this uncertain journey is the “medicine” I need in keeping the faith. Likewise, I am truly grateful for the opportunity to serve in this capacity in sustaining shared hope.

Always the business to STOP THE SILENCE®, the National Branding Campaign for SNI. Effective Service through Health Education and Resources (ESTHER) was created to serve as an educational outreach project for the local communities. The project ESTHER provides monthly, face-to-face breast health education and awareness in primarily underserved African American communities. The project includes interactive videos, group discussions, simulated breast exams and evaluations to inspire local breast cancer survivors. No need to feel small, breast health is too big, or “No” is ever final for me. I am determined to fight until breast cancer is eliminated. I refuse to accept anything less than the best for cancer survivors. My “can do” spirit is inspired by what others have accomplished before me, especially nursing heroes like Mary Eliza Mahoney (1845-1926), the first African American registered nurse in the United States. If Mary Mahoney could create a path for me and others to follow, I can do the same for cancer survivors.

As a nurse professional, my faith in God continues to inspire me! Faith helped me cope with my first and subsequent bouts of breast cancer. Faith led me to establish SNN and faith is what I rely upon to continue my race in the fight against breast cancer. This same unshrinking faith makes me strive to create new, innovative and effective ways to raise awareness about breast cancer and support, for breast cancer survivors in Nashville and other surrounding counties. Without a doubt, this determination is what continues to take me and Sisters Network Nashville to even greater heights!

Visit www.sistersnetworkinc.org for additional information.
I was in school through the third grade with classes in both English and Spanish. My perceptions were impacted on multiple levels by the time spent in Central America. Cultural patterns of behavior, typical foods, social customs, problems, solutions, holiday rituals and much more were dually incorporated into my senses of perception. There was the North American value set and guidelines (heavily influenced by my mother’s Germanic and Norwegian expectations of children and their behavior); and there were the guidelines and expectations of the various sub-cultural groups of Central America that influenced both my siblings and myself.

My father left British American Tobacco and was recruited into the State Department’s Foreign Aid programs. So, we all relocated halfway around the world to a country that was totally different from that which we had experienced previously. We were sent to Saigon, South Vietnam. Here, the people would only speak to us in French! Although we made an effort to learn Vietnamese, we only mastered phrases and counting conventions. This is also where my youngest brother was born.

South Vietnam possesses a tropical climate, has beautiful and exotic fruit and flowers, open-air markets, the water had to be boiled before being drunk, the electric power was “sify,” poverty was very evident, the houses and stores all possessed fancy wrought iron burglar bars on doors, and houses were within enclosed walls. We were in Vietnam through my middle-school years. Religion and religious rituals were different. The Chinese New Year and the traditions that went with it were exciting and different. I was also introduced to violence and war. The Vietnam War and the butchering of Vietnamese village leaders, the mortar at one end of our street and the tank at the other, gun and shell fire requiring us to hide under our beds influenced still other levels of my perception. Fortunately, we were shipped home before the war became worse, and my father was transferred mid-tour to yet another very different country, Iran.

Now we relocated to Managua, Nicaragua, where my high school years were spent in Teheran, Iran. Now, high school is usually the time when my “world” really begins to drive and begins dating. Driving was prohibited to us. As a woman, my mother, my sister, and I were never allowed to go anywhere without a male escort. Although we were never required to wear the chador (long veil) or a head scarf, we were expected to wear sleeveless blouses and “below the knee” skirts or dresses in public. We could wear shorts and jeans, as long as they were not worn in public outside an enclosed compound. That isn’t to say that rebelliousness didn’t have some of us doing some of these things from time to time. We were chauffeured or bused wherever we went and our activities were predominantly confined to closed compounds. Of course, the major differences in religion, religious holiday rituals, and the Middle Eastern culture were the major factors dictating the restrictions that were placed on us. We were expected to conform as “guests” in their country.

From Iran, I went back to the United States for my senior year of high school and to great culture shock! From a class of 25 people I knew fairly well to a class of 355 strangers; and, from an “Americans abroad” community with a common identity despite multi-cultural and multi-racial heritage, to segregation, racial and cultural tensions at “home.” It was this dichotomy of perceptions that helped gel my goals and direction in college—to find a profession that made a difference in people’s lives every day regardless of differences. I have been very lucky that my career has allowed me to help me be more accepting and tolerant of differences. I certainly cannot “hear” various points of view and try to help people listen and “hear” each other. I perceive that we are all more alike than we think, and that all we need are shared and hopes and dreams. I applaud our differences and hope that we can each learn something new from the differences in order to create better solutions to shared problems. What’s your perception?

I Am TNA
(Continued from page 1)

Memorial Building cafeteria and then accompany me to visit the sponsor of the bill. Talk about the spider and the fly! That cup of coffee was a turning point in my life. I've had numerous mentors and role models within TNA. Louise Browning, Beth Smith, Dava Shoffner, Sharon Adkins is always a voice of reason and today we have a window of opportunity like no other. And as we let our own Light shine, we unconsciously give people permission to shine their own light, too.

From the Executive Director

Manifesting Power Beyond Measure
by Sharon Adkins, MSN, RN

Times of great change and challenge often bring times of great opportunity and today we have a window of opportunity like no other. Our changing health care environment is forcing us to look for innovative ways and places to provide quality health care to our communities that are appropriate, affordable and accessible. Nursing is uniquely qualified to be part of the “big answer”...to be in the forefront of new systems, to develop new care models and challenge old ways of thinking. Nurses are smart, educated, creative, skilled thinkers and leaders who are integral in making successful change happen. But we must step up, find our “soul,” unified voice and take our rightful place at the “tables” of decision making. As the old saying goes, “if you’re not at the table, you’re probably on the menu!”

It is time to acknowledge our strengths and move forward. As we contemplate the opportunity before us, I would like to share the words of Nelson Mandela’s 1994 inaugural speech...always an inspiration to me.

Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our Light, not our Darkness, that most frightens us.

We ask ourselves, who am I to be brilliant, gorgeous, talented, fabulous? Actually, who are you NOT to be?

You are a child of God. Your playing small does not serve the world.
Enhance the value of your continuing nursing education offering! Submit it to the Tennessee Nurses Association for CE approval.

The Tennessee Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Visit www.tnaonline.org for details.

The State is now producing *Nurses Change Lives* license plates, which should be available for pickup and purchase in October at local County Court Clerk’s offices. The Tennessee Nurses Foundation thanks all of you who pre-ordered the plate, and you will be notified by the State when it is ready for pickup.

One-half of the proceeds from the plate will support TNF’s initiatives. Visit www.tnaonline.org for further information on the license plate and TNF.

For questions, email tnf@tnaonline.org or call 615-254-0350.
Make Plans Now to Attend!

2010 TNA & TASN Joint Convention
October 22-24, 2010
Franklin Marriott Cool Springs
Franklin, Tennessee

Make plans now to attend the 2010 TNA & TASN Joint Convention! This year the Tennessee Nurses Association and the Tennessee Association of Student Nurses are joining together for the convention! The event offers an exciting agenda packed with interesting educational sessions and enjoyable activities for all nurses and students who attend.

Educational sessions will focus on a variety of informative, innovative topics related to your practice. In addition, plenty of networking opportunities will be available for you and your colleagues, including an expanded Poster Presentation session.

The Tennessee Nurses Foundation Silent Auction will be held for the fifth year and again offer a unique assortment of items for sale with proceeds going to support TNF programs.

Saturday evening’s Saturday Fun Night with Karaoke promises a fun-filled experience and the opportunity to show off your sensational singing voice to colleagues and friends.

Back in 2010—Pre-Convention Educational Offering
Due to popular demand, based on your feedback from last year’s convention, TNA has again scheduled a pre-convention educational offering on Thursday, October 21, from 1:00 p.m.-4:30 p.m. entitled Nursing Ethics: When Reality Collides with What’s Right, presented by Kate Payne, JD, RN, Director, Ethics, Saint Thomas Hospital, Nashville. Payne writes a regular column on ethics for each issue of the Tennessee Nurse. *An additional fee is charged to attend, please see registration form for details.

Keynote Speaker Ronda Hughes, PhD, MHS, RN
Ronda Hughes regularly speaks and writes on patient safety, preventive and primary health care, patient-centered health care, quality of care, vulnerable populations, implementation of clinical guidelines, and current health policy issues.

Hughes was recently appointed to the Howe Chair for Healthcare Transformation at the University of Wisconsin-Milwaukee. In that role, her focus will be on developing and testing healthcare innovations and moving them into practice. She served as the Senior Advisor on nursing, policy and research for end-of-life care, patient centered care and for special needs populations within the Center for Primary Care, Prevention, & Clinical Partnerships at AHRQ.

General Session Speaker Shelley Cohen, MSN, RN, CEN
Shelley Cohen will be presenting Delegation in Nursing Practice, the online CE module she developed after conducting a survey of more than 100 nurses about their current nurse knowledge related to delegation and the Tennessee Nurse Practice Act. The responses came from TNA members and the results guided the content for the module. Cohen worked with TNA to create the educational tool.

Application of knowledge was a theme that emerged from the survey, and many case scenarios are included in the module. Organizations and individual nurses can improve practice and minimize risk when healthcare workers’ knowledge of acceptable practice is current and consistent among the team. The online course is provided by the Tennessee Nurses Association and is approved for one contact hour of continuing nursing education.

TNA Achievement Awards Luncheon
The TNA Awards Luncheon offers an opportunity to honor nurses and other individuals by acknowledging their exceptional dedication, commitment and professionalism to the profession of nursing. Frances Edwards, MSN, RN, will emcee the luncheon.

Hotel Information – Franklin Marriott Cool Springs
To make a room reservation at the Franklin Marriott Cool Springs, you may visit http://www.marriott.com/hotels/travel/bnacs-franklin-marriott-cool-springs/?t=50001026100&groupCode=ttn&area=132&from=2010-10-02&submit=Search or you may call 1-800-228-9000 and mention the conference name. The group block and rates are available until Wednesday, September 29, 2010 or until the block has filled. Room rates are $129 plus tax per night. The Franklin Marriott Cool Springs offers complimentary guest parking.
Remembering the Good Ole Days...

Convention participants will have fun as they dress up in vintage nursing uniforms to have their pictures made Friday night during the District 3 Welcome Reception. Take your picture home for a nominal fee and you may even be chosen for a possible nurses calendar or nurses poster produced by the Tennessee Nurses Foundation. Please bring your nursing caps, and if you have any vintage uniforms, please bring those too.

Can’t wait to see you there!

Visit www.tnaonline.org for Convention details

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2010 TNA & TASN Joint Convention Registration Fees

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<th>Category</th>
<th>Member</th>
<th>Non-Member</th>
<th>TNA Member Full-Time Student</th>
<th>TNA Member Part-Time Student or Intern</th>
<th>Men Only</th>
<th>Non-Men Only</th>
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Convenience Registration Options

- Full Registration = Includes attendance at all educational activities, entrance to Friday Awards Luncheon, Awards Luncheon, Saturday Fun Night with Karaoke, and Continental Breakfasts, and breaks
  - $265
- Friday Only = Includes educational activities for the day, Life Continental Breakfast, Awards Luncheon, and Breaks
  - $150
- Saturday Only = Includes educational activities for the day, Continental Breakfast, entrance to Exhibit Hall, Lunches, Breaks, and Saturday Fun Night with Karaoke
  - $210
- Sunday Only = Includes educational activities for the day and Continental Breakfast
  - $90

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Request for Absentee Ballot

Please send an absentee ballot for the 2010 Tennessee Nurses Association election. “Request for Absentee Ballot” must be received at TNA by September 22, 2010. I understand that mailing this ballot to me in the manner and form approved discharges TNA’s responsibility to me in the matter of absentee voting. Absentee ballots will be mailed September 23, 2010.

I further understand that requesting an absentee ballot removes my name from the list of eligible voters at the TNA Annual Meeting. Completed absentee ballots must be received at TNA headquarters by close of business on October 15, 2010. No “group requests” will be honored. Mail this “Request for Absentee Ballot” to: TNA, 545 Mainstream Drive, Suite 405, Nashville, TN 37228-1296, fax it to 615/254-0303, or visit www.tnaonline.org to print out the form.

Name: _______________________________________
Address: _____________________________________
City/State/Zip: _______________________________
District Number: _____________________________
Member ID Number: ____________________________
Signature: (Required to receive ballot) ____________
The Tennessee Nurses Foundation strives to support and encourage leadership and scholarships in nursing. The Tennessee nurse specialty license plate is about to become a reality and the Foundation has just begun a new scholarship program allowing tax deductible donations to be given for a Registered Nurse’s TNA membership dues. The TNF Scholarly Writing Contest each year offers winners a $1,000 award.

These worthwhile endeavors, as well as the TNF Memorial Educational Scholarship Program, come from donations to the Tennessee Nurses Foundation. The only program that has funding from another source within TNF is the Tennessee Professional Assistance Program, which is supported by the Tennessee Board of Nursing.

If more nurses were able to receive funding provided by TNF, it would make such a huge difference in the growth of Tennessee nurses as leaders within our profession. We hope you will help us achieve our goals!

How can you help? In addition to direct donations to TNF, you can donate an item to the TNF Silent Auction to be held at the 2010 TNA Annual Convention on October 22-24, at the Cool Springs Marriott in Franklin, Tennessee. If each member provides an item, we can have a lot of fun at the auction, and, in turn, help support the profession of nursing in Tennessee.

Items suggested for donations include, but are not limited to, autographed sports items, tickets to the theater/movie/sports, restaurant/spa treatment gift certificates, a week of vacation at a time share, horseback ride, jewelry, apparel, paintings, gift baskets, etc. Antique nursing books and prints have been very popular. You can also share some of those lovely items that you would rather stop dusting. If you are downsizing, we would love your gently used treasures. Please let us know what you would like to donate by filling out the TNF Silent Auction Donation Form and mailing it to TNA by October 1, 2010. You may also fax the completed form to 615-254-0303.

We need your assistance to get the item to the Convention by personal delivery or through a fellow member (no items shipped to the hotel please). This ensures that nothing gets missed, damaged or misplaced.

The TNF 2010 Silent Auction donors will be listed in the Winter issue of the Tennessee Nurse publication (circulation more than 100,000). Also, your donation is TAX DEDUCTIBLE, as the Tennessee Nurses Foundation is a non-profit, tax-exempt, 501(c)(3) organization.

With a minimum of effort from each of us, a significant amount of money can be raised again this year. We look forward to seeing you in Franklin in October!
A Tennessee Nurse Reflects

(Continued from page 1)

Keesha Reid, RN, FNP-C

During October 2009, I was fortunate to attend the first American Nurses Advocacy Institute (ANAI) in Washington D.C. designed by American Nurses Association (ANA) and constituent member associations (CMA). This unique opportunity, led by Janet Haebler, Associate Director, State Government Affairs for ANA, was for individuals who are new to the world of political advocacy or who would like to strengthen their aptitude in the political arena. Therefore, the two days were full of gaining competency in advocacy for policy change for our profession and patient care.

Our sessions consisted of topics including Conducting a Political Environmental Scan; Politics 101: How a Bill Doesn't Become a Law; effective message development; and, message delivery, including media training, networking and coalition building.

Our mentoring continues through conference calls, where we discuss the importance of Political Action Committees, preparing for and delivering testimony before a legislative or regulatory body, and bill analysis.

I can attribute these sessions and calls to my development and growth as an active TNA/ANA member.

President Barack Obama took time for a photo with ANA Past Presidents including, from left, Barbara Blakeney, MS, RN, ANA President 2002-2006; Mary Foley, PhD, MS, ANA President 2000-2002; Virginia Blakeney, MSN, JD, RN, FAAN, ANA President 1992-1996; Eunice Cole, BSN, RN, ANA President 1982-1986; Barbara Nichols, DHL, MS, RN, FAAN, ANA President 1978-1982; and, Jo Eleanor Elliott, BSN, RN, FAAN, ANA President 1964-1968. Betts is a long-time TNA member and served as TNA President from 1985-98. White House Photo.

Most recently, I attended the ANA House of Delegates as an Alternant Delegate. What an unbelievable experience! Leaders of my chosen profession, from its inception until now, with my passion, came together in one place—all with varying levels of experience, but the same level of enthusiasm.

Some clinicians were recognized for a lifetime of excellence in all areas of nursing. I realized that even after 22 years of nursing, I really am just a “baby” compared to many of these. I have truly just begun. I was intimidated and excited at the same time before the HOD. The intimidation quickly dissipated once I realized I was among colleagues who shared common interests and goals. I soon realized the true value of ANA, which had seemed to elude me for years. I could not wait to get home to share what I have learned. How exciting and wonderful to know that I am a part of a group that truly embraces diversity in every way imaginable, yet comes together for the common good.

A remarkable and energizing experience, I am and... and yes, I was in the same room with President Obama when he spoke to the HOD.

by Keesha Reid, MSN, RN, FNP-C

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Nurses have a unique, much-needed, and highly valued perspective on health and health care and the policies which impact both. Too often though, too many nurses have been absent from policy deliberations. This absence violates the moral obligation nurses have to care for their patients. It is a proud moment in our profession’s history when we contemplate the role nurses played in the recent passage of the national health reform legislation. We need to continue to build on the legacy by being there.

The process of policymaking is ongoing and continually evolving. The process consists of three intertwined steps: policy formulation, policy implementation, and policy modification. Although each step is dependent upon and complemented by the others, it is often policy formulation that generally captures the public’s attention. Policy implementation can be protracted and the linkage with the first step obscured, which creates a gap between what is being implemented and what was originally envisioned. The success of implementation can make or break a policy. The most neglected step of the policymaking cycle is arguably the last, policy modification.

The passage of the Patient Protection and Affordable Care Act (PPACA) and the companion reconciliation bill earlier this year was historic and long overdue. The 2009 drama of the summer of discontent when town hall meetings were held across the country and the Tea Party emerged as a force to be reckoned with signaled a change in the debate related to the development of the reform bill. The difficult-to-understand legislative maneuvering, the evolving role of key players (consider most importantly how the President’s role changed over time), the final debate, and the very narrow passage of the bill which followed during the fall and early winter were key steps in the policy formulation stage. Nurses were there during the debates about health care reform that just transpired…and we have been there a long time.

When Virginia Trotter Betts, now Tennessee Commissioner of Mental Health and Developmental Disabilities, was President of the American Nurses Association (ANA), she spearheaded efforts to develop the first Nursing’s Agenda for Health Care Reform (the original before the failure of the Clinton health care reform proposal). As the country most recently debated the why and how of health care reform, nurses were well-represented by our national professional organization and by countless individual nurses, who spoke out in their communities in public meetings, churches, civic meetings, in letters to newspapers and op-eds, and to their elected officials. The ANA has a strong presence at a variety of Congressional hearings, White House meetings, health care summits, and regional forums on health care. At these various gatherings, ANA leaders promoted the reformer’s concerns and our patients, their families on, primary care, prevention, and the management of chronic disease. At these two levels, nurses showed yet again that we are credible, respected, and trusted professionals regarding health care, our patients, and our profession.

Our support of political leaders committed to improving health care in our country was well-recognized as evidenced by Rebecca Patton’s re-telling of a conversation she had just before the U.S. House of Representatives passed their version of the health reform bill.

Patton said, “Saturday night while Congress was voting, I was honored to receive a personal phone call from President Obama himself. Once I got over the shock of hearing, ‘Becky, this is Barack Obama,’ I listened as he expressed his gratitude for the work of ANA and its members for the cause of health reform. And, as he has done in the past, he expressed his appreciation for the work nurses do.”

I am proud that our professional association has long advocated for the enhancement of human dignity through the provision of basic, high quality health care for all. I am encouraged that ANA has been stalwart about the essential and vital role nurses can play in closing the gaps in health care access, acceptability of care to patients and their families, and patient-centered outcomes. Although we can savor the possibilities of the recent legislation, we are far from the ending of the story. The debate around health care reform continues and our patients, their families, and the general public are looking to us to help them understand what all of this means and to protect their interests. Nurses need to continue to be there—offering solutions to the inevitable and complex questions that will arise during implementation and sharing our expertise and insight, while continuing to assess the situation and promote policy modification rooted in evidence about what works and what does not.

Next issue: Look for a discussion on the opportunities afforded to nurses in Tennessee because of health care reform. One part of policy formulation is political advocacy. The Tennessee Nurses Political Action Committee (TN-PAC), the political advocacy arm of TNA, provides this support to candidates for elected positions in the Tennessee General Assembly through campaign contributions. We need your donations to allow us to continue to support Tennessee Representatives and Senators that promote the health of Tennesseans and support professional nurses across the state.
Foundation Report

Please direct your money to a specific project if that is your desire.

Last year at convention, there was discussion of donating moneys to sponsor TNA membership for new members—in fact, several Districts challenged each other to see who might sponsor the newest members. Remember that the TNA webpages have information on the tax-deductible donation process to sponsor membership dues, either as a restricted donation whereby the TNF board will make a decision on the nurse who will receive the membership, or you may sponsor a nurse of your choosing. Has your District fulfilled its challenge?

The TNF Board has recently approved the Arthur Davis LPN to RN Scholarship guidelines. This $1,000 scholarship will be awarded each year to a qualified LPN who is pursing education to become an RN. General information and how to receive an application form are included in this issue of the Tennessee Nurse on page 11. It is also on the TNA website on the TNF Initiatives page.

The Fifth Annual TNF Silent Auction is underway! Please refer to the information found in this publication. We need your donations to make the project successful!

Please join us at convention for the TNF-sponsored session on Post Traumatic Stress Disorder and its relationship to addiction. Mark Harkreader, MSN, RN, CARN, Executive Director of the Tennessee Nurses Professional Assistance Program, will moderate. The panel will include Jason Carter, PharmD, TNF Board of Trustees; Scott Ivy, RN; Holly Cook, LPC-MHSP; and Robert Eastwood, BSN, RN, Skyline Medical Center.

Tennessee Nurses Foundation Initiatives

- **Promotion of Nursing Image Program**
  The Tennessee Nurses Foundation partners with other organizations to accurately portray the professionalism of nursing and to promote a positive image of the profession and nursing.

- **TNF’s TNA Membership Dues Scholarship Program**
  The Tennessee Nurses Foundation partners with the Tennessee Nurses Association. The mission of the Tennessee Nurses Foundation is to promote professional excellence in nursing. The mission of the Tennessee Nurses Foundation is to promote professional excellence in nursing. Membership in Tennessee’s professional nurses association, TNA, is the essence of being a nursing professional. Your kind donation will help a nurse in pursuit of that endeavor.

- **Memorial Educational Scholarship Program**
  The Tennessee Nurses Foundation supports the education of nurses who are members of the Tennessee Nurses Association by awarding a $1,000 scholarship, once a year, to a deserving RN. Application deadline is November 1, 2010.

- **Nursing Research Grants**
  The Tennessee Nurses Foundation provides grants to registered nurses engaging in scientific and other research projects focusing on nursing practice. Application deadline is February 28, 2011 and August 31, 2011.

- **Leadership Nursing Program**
  The Tennessee Nurses Foundation provides leadership opportunities for members of the Tennessee Nurses Association to participate in a variety of leadership development programs to prepare nurses for an enhanced role in nursing and community involvement. Application deadline is February 28, 2011 and August 31, 2011.

- **TNF’s Scholarly Writing Contest**
  As part of the celebration of Nurses Week, an annual $1,000 award is given to the TNA registered nurse member whose publishable manuscript best describes the requirements set forth by the TNF Board of Trustees for the contest. Deadline March 31, 2011.

Please provide the RN’s name, mailing address, daytime phone and email address on the form below and mail it in with a check in the amount of the RN’s membership dues, or fill in the credit card information section on the back of this form. If you do not have a specific RN you would like the donation to go to, check ‘A Deserving RN’ and the TNF Board of Trustees will designate the membership for you.

The mission of the Tennessee Nurses Foundation is to promote professional excellence in nursing. Membership in Tennessee’s professional nurses association, TNA, is the essence of being a nursing professional. Your kind donation will help a nurse in pursuit of that endeavor.

Please Print

Donor’s Name

Donor’s Address

Donor’s Phone (Home) Phone (office)

Fax Email

Please accept my donation of:

$137 $274 $190

Enclose a check or mail to: Tennessee Nurses Foundation
545 Mainstream Drive Suite 405
Nashville TN 37228-1296

Credit Card Payment

VISA MasterCard American Express

Name on Card

Credit Card #

Exp. Date

3-4 Digit Authorization Code

Signature

Please provide the RN’s name, mailing address, daytime phone and email address on the form below and mail it in with a check in the amount of the RN’s membership dues, or fill in the credit card information section on the back of this form. If you do not have a specific RN you would like the donation to go to, check ‘A Deserving RN’ and the TNF Board of Trustees will designate the membership for you.
**TNA Launches LPN Connect – Special New Online Program Especially for LPNs**

The Tennessee Nurses Association is launching a special new program in early October open to Tennessee’s Licensed Practical Nurses! LPNConnect will include online services to help LPNs stay informed on issues related to their nursing practice and network with other LPNs across the state.

LPNConnect will offer subscribers the following benefits and services:

- Access to an LPN only password protected area on the TNA website at www.tnaonline.org that will contain articles and other information.

- An LPN Listserv exclusively for use by LPNConnect subscribers to communicate by email with a group of their peers. Topics of discussion on the LPNConnect Listserv may include questions on nursing practice, the announcement of meetings and events of interest to LPNs.

- A monthly LPNConnect enewsletter containing nursing related news.

- Webpages within the protected LPN area filled with other information of interest to LPNs in Tennessee, including important legislative information and health policy development.

Subscriptions to LPNConnect are available for a special introductory price of $25 per year until March 31, 2011. LPNConnect is open to any LPN with a current Tennessee nursing license.

To subscribe, visit www.tnaonline.org and click the LPNConnect link on the left on the home page. You will purchase your subscription through a secure online form and will need to pay online with a credit or debit card. When your payment is processed, you will receive an email with instructions on registering for your account login and password.

**TNA Launches Special Subscription Online Program Open to all Licensed Practical Nurses in Tennessee!**

LPNConnect services include:

- Access to password protected LPN area on TNA website at www.tnaonline.org

- LPNConnect Listserv to allow subscribers to network

- Monthly LPNConnect enewsletter for nursing related news

- Protected web pages filled with information of interest to LPNs

Special Introductory Price through March 31, 2011

$25 per year

*See article on this page or visit www.tnaonline.org, LPN Connect for details

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**The Tennessee Nurse**

**Tennessee Nurses Foundation Announces Arthur Davis LPN to RN Scholarship Program**

**General Information**

The Arthur Davis LPN to RN Scholarship is an educational scholarship for eligible licensed practical nurses in the State of Tennessee. The Arthur L. Davis Publishing Agency, Inc., publisher of TNA's *Tennessee Nurse*, is the sole contributor to this fund. The scholarship is awarded once a year in the amount of $1,000.

All requests for scholarships shall be made on the Arthur Davis LPN to RN Scholarship Program Application form available from the Tennessee Nurses Foundation, (TNF’s contact information is below), by calling 615-254-0350 or emailing tnf@tnaonline.org. You may also download it as a PDF file from www.tnaonline.org. Click Tennessee Nurses Foundation on the left on the home page and then click TNF Initiatives for the link to the Arthur Davis LPN to RN Scholarship Program application.

Approval for granting scholarships shall rest with the Tennessee Nurses Foundation Board of Trustees. Applicants must complete the application, have satisfactory references and agree to the terms of this scholarship request. A personal interview with the applicant may be requested by the Tennessee Nurses Foundation Board of Trustees.

The Arthur Davis LPN to RN Scholarship is given once each year in the amount of $1,000 and is intended to support further nursing academic achievement for licensed practical nurses in an accredited LPN to RN program in the State of Tennessee.

**Eligibility Criteria**

1. Applicant must be enrolled in an LPN to RN program of study in an accredited institution of higher education.

2. Applicant shall be a resident of or employed in the State of Tennessee.

**Process**

1. Complete the Arthur Davis LPN to RN Scholarship Program Application Form.

2. Submit proof of acceptance from institution of higher education.

3. Submit reference from current employer or, if in school, from dean/director of school.

4. Submit 2 letters of recommendation, one of which is a TNA member.

**Selection Criteria**

Applications are reviewed once each year. The submission deadline date is November 1. Preference shall be given to the following:

1. Financial need

2. Leadership potential
2011 TNA Legislative Summit  
April 12, 2011  
War Memorial Auditorium  
Nashville, Tennessee

Make plans now to attend this special event designed for nurses and nursing students to become more involved in the legislative process!

Visit www.tnaonline.org for details

The Tennessee Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.
TNA District News

District 1

Tonya Warmbrood, BSN, RN, CWOCN was named Methodist University Hospital’s Nurse of the Year 2010 after being selected as a Methodist Nursing Star and receiving the Power of One Award earlier in the year.

Teresa Webb, BSN, RN, RNC, would like to congratulate MMHI staff for publishing Developing a Psychosocial Rehabilitation Treatment Mall: An Implementation Model for Mental Health Nurses in the Archives of Psychiatric Nursing.

Lucie Elfervig, DNS, MA, RN, APRN, FAAN, has numerous publications to her credit, plus her most recent contribution, the chapter “Caring for the Patient with Visual Disorders,” published in K. Osborn, C. Wraa, & A. Watson (Eds)’s Visual Disorders, (1st. ed., 2010). Upper Saddle River, NJ: Pearson. Elfervig is an Ophthalmic Consultant, Nurse Practitioner, Researcher, and Educator with Eye Specialty Group, Memphis.

TNA District One held its Nurses Walk for Health on June 3, 2010, at the W.J. Freeman Park in Bartlett, Tenn. More than 50 canned goods were collected for the Mid-South Food Bank.

NOTIFICATION OF ANA DUES INCREASE

Beginning January 1, 2011, the American Nurses Association (ANA) dues will increase $4 per year, which comes out to $33 per month. This adjustment will help ANA cover increasing cost of operating expenses. If you have any questions, please call 615-254-0350.

The Tennessee Nurse

New and Reinstated Members

District 1


District 2


District 3


District 4

Deborah Joan Angel-Pompi, Lindy Starling Case, Anthony C. Edwards, LaAnita Gillispie, Amy L. Graham, Julia L. Miller, Leslie M. Moro, Kathryn Posey, Carely I. Segelke

District 5

Sandra Faye Deacon, Kimberly D. Driskill, Misti Marie Gillmore, Helen Harrison, Jason L. Heiner, Maryam Mohammad Zadeh, Jennifer Robertson, Sherri Moore Thompson, Jessica Lynn Webster

District 6

Anna Marie Cook, Rebecca Ann Graves

District 8

Cassie L. Buholzer, Jennifer L. Jones, Sue Richardson

District 10

Tanya Lynn Arnold

District 12

Jessica Jobes, Valerie Elizabeth Stout

District 15

Joy Windham

Special Tennessee Nurse Requests to TNA Members

The Tennessee Nurses Association accepts articles submitted by current TNA members for possible publication in the Tennessee Nurse. If you are interested in writing an article for our official publication, please email Cheri Glass at cglass@tnonline.org, or call 615-254-0350 to discuss your topic.

Please let TNA know if you are not receiving each quarterly issue of the Tennessee Nurse. Every effort will be made to ensure that you receive your copy.

Thank you for your help, and for being a TNA member!
Your membership brings value to YOU as a professional AND brings value to the profession of nursing.

JOIN TODAY!

In 1908 Theodore Roosevelt recognized the value of associations when he said, “Every man (woman) owes a part of his (her) time and money to the industry to which he (she) is engaged. No man (woman) has a moral right to withhold his (her) support from an organization that is striving to improve conditions within his (her) sphere.”

As a Registered Nurse, we urge you to exercise your moral right and become a part of the working team that strives to improve conditions within his (her) sphere.

As a Registered Nurse, you are entitled to the benefits of membership. You can join TNA today for only $10.55 a pay period. Check Payroll Deduction on the lower right-hand side of the TNA Membership application. A TNA staff member will send you the form you need to take to the VA Payroll Department to setup your payroll deduction dues plan. It’s that simple. You will never miss $10.55 from your paycheck and you will have gained so much in return. If you have any questions, call 615-254-0350.

TNA also has Payroll Deduction Dues plans set up at the:
Regional Medical Center - Memphis
Bordeaux Hospital - Nashville
Nashville General Hospital

September, October, November 2010

Member News

Stegbauer is a Professor and Associate Dean for Academic Programs in the College of Nursing at the University of Tennessee Health Science Center, Memphis. Her faculty teaching role includes teaching Philosophy of Science for DNP and PhD students as well as serving as Faculty Advisor for DNP doctoral students. She is Director of the MSN and DNP advanced practice program. Stegbauer was selected by the Nurse Practitioner Journal as one of the Top 25 Nurse Practitioners in the U.S. in the history and development of the NP profession. She has been active at both state and national levels with professional groups concerned with the legal and collaborative aspects of practice.

Myers and Stegbauer are currently collaborating on the development of a state summit on the role of nurses in primary care in a reformed health care delivery system that will be held in the state capital November 4, 2010.

Janet Ridley, MSN, RN, has been appointed the new director of the Tennessee Department of Health’s Southeast Region since 1995. Ridley will provide leadership for all administrative, clinical, non-clinical and medical services within the East Region. In her new role, she will oversee management of county health departments in Anderson, Blount, Campbell, Claiborne, Cocke, Grainger, Hamblen, Jefferson, London, Monroe, Morgan, Roane, Scott, Sevier and Union Counties. Located in Knoxville, the East Regional Office is also responsible for providing guidance within the region in areas of community emergency preparedness, communicable and environmental disease control, health education and outreach.

Clare Thomson-Smith, MSN, JD, RN, FAANP, was named Assistant Dean for Faculty Practice at Vanderbilt University School of Nursing. Thomson-Smith heads the Center for Advanced Practice and Allied Health, and will continue in that role as well.

Carol Thompson, PhD, RN, ACNP, FNP, FCCM, was recently selected for induction as one of 116 nurse leaders as a Fellow of the American Academy of Nursing. Induction will occur at the Academy’s 37th Annual Meeting and Conference on November 13, 2010 in Washington. Thompson is a Professor of Nursing in Academic Programs at the University of Tennessee Health Science Center in Memphis and a member of the Board of Nursing.

Mona Wix, PhD, RN, was recently selected for induction as one of 116 nurse leaders as a Fellow of the American Academy of Nursing. Induction will occur at the Academy’s 37th Annual Meeting and Conference on November 13, 2010 in Washington. A Robert Wood Johnson Executive Nurse Fellow, Wicks is Professor and Associate Dean for Research in the College of Nursing at the University of Tennessee Health Science Center.

Kathleen T. McCoy, DNSc, RN, APRN-BC, CS, was appointed to serve as an Alternate on the American Nurses Association Delegate Credentials Committee. McCoy is an Assistant Professor in Nursing-Academic Programs at the University of Tennessee Health Science Center in Memphis. She is TNA District 9 President.

Maureen Nalle, PhD, RN, a member of TNA District 2, was elected to the ANA Congress on Nursing Practice and Economics at the recent ANA House of Delegates. This will be Nalle’s second time to serve on the Congress. Nalle is a past president of TNA and currently serves as President of the Tennessee Center for Nursing.

Carole R. Myers, PhD, FNP, APN, and Cheryl Stegbauer, PhD, FNP-BC, APN, were recently appointed as Fellows for Health Policy at the Howard H. Baker, Jr. Center for Public Policy at the University of Tennessee in the newly created Health Policy Program. Myers is an Assistant Professor in the College of Nursing at Knoxville. She currently coordinates health policy courses for Masters and PhD students and conducts research that centers on policymaking and health services with an emphasis on public health programs, access to services, disparities, and program evaluation. Her doctoral dissertation was on the TennCare program, followed by a study on the Tennessee Safety Net and a Robert Wood Johnson Foundation-funded study on how public health programs affect the level of health care across the United States. Myers is a Family Nurse Practitioner who founded and operated a rural primary care clinic in the early 1980s.

Maureen Nalle, PhD, RN, is an Assistant Professor in the College of Nursing at the University of Tennessee Health Science Center. Nalle is a past president of TNA and currently serves as President of the Tennessee Center for Nursing.

Joan Stewarts is a Professor and Associate Dean for Academic Programs in the College of Nursing at the University of Tennessee Health Science Center, Memphis. Her faculty teaching role includes teaching Philosophy of Science for DNP and PhD students as well as serving as Faculty Advisor for DNP doctoral students. She is Director of the MSN and DNP advanced practice program. Stegbauer was selected by the Nurse Practitioner Journal as one of the Top 25 Nurse Practitioners in the U.S. in the history and development of the NP profession. She has been active at both state and national levels with professional groups concerned with the legal and collaborative aspects of practice.

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American Nurses Association/Tennessee Nurses Association Membership—It’s Your Privilege!

**Tennessee Nurses Association Membership Application**

545 Mainstream Drive, Suite 405 • Nashville, TN 37228-1296 • Phone: 615-254-0356 • Fax: 615-254-0303

Please type or print clearly. Please mail your completed application with payment to TNA, 545 Mainstream Drive, Suite 405, Nashville, TN 37228-1296.

**Membership Categories (please choose one category):**

- **ANA/TNA Full Membership Dues**
  - Employed full or part-time. $23.34 per month or $274.00 annually. Includes membership in and benefits of the American Nurses Association, Tennessee Nurses Association, and the TNA District Association.

- **ANA/TNA Reduced Membership Dues**
  - Newly-licensed graduates, not employed. RNs who are full-time students, or age 62+ and not earning more than Social Security allow. $11.62 per month or $139.44 annually. Includes membership in and benefits of the American Nurses Association, Tennessee Nurses Association, and the TNA District Association.

- **ANA/TNA Special Membership Dues**
  - $5.26 per month or $63.16 annually. Includes membership in and benefits of the American Nurses Association, Tennessee Nurses Association and the TNA District Association.

- **TNA Individual Membership Dues**
  - Any licensed registered nurse living and/or working in Tennessee. $18.34 per month or $219.96 annually. Includes membership in and benefits of the Tennessee Nurses Association and the TNA District Association.

**Communications Consent**

I understand that by providing my mailing address, email address, telephone number and/or fax numbers, I consent to receive communications sent by or on behalf of the Tennessee Nurses Association (and its subsidiaries and affiliates, including its Foundation, Districts and Political Action Committee) via regular mail, email, telephone, and/or fax.

**Signature**

Date

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**To Be Completed by TNA Staff**

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**Dues Payment Options (please choose one)**

- **Automatic Monthly Payment Options**
  - This is to authorize monthly electronic payments to American Nurses Association, Inc. (ANA). By signing on the line, I authorize TNA/ANA to withdraw 1/12 of my annual dues and any additional service fees from my account. *SEE AT RIGHT*

- **Automatic Annual Credit Card Payment**
  - This is to authorize annual credit card payments to American Nurses Association, Inc. (ANA). By signing below I authorize TNA/ANA to charge the credit card listed below for the annual dues on the 1st day of the month when the annual renewal is due. *SEE AT RIGHT*

- **Charge to My Credit/Debit Card**
  - *VISA (Available for Annual or Monthly Draft Payments)*
  - *MasterCard (Available for Annual or Monthly Draft Payments)*
  - Number
  - Exp. date
  - Verification Code
  - Signature

- **Authorization to Bill My Employer**

- **Payroll Deduction**
  - This payment plan is available only where there is an agreement between your employer and the association to make such deduction.

**PARTICIPATING AGENCIES**

- VA - Nashville, Memphis, Mountain Home, Murfreesboro
- Regional Medical Center - Memphis
- Bordeaux Hospital - Nashville
- Nashville General Hospital

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**Signature for Payroll Deduction**