



Nebraska Nurse

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March, April, May 2013

Sent to all Nebraska Nurses courtesy of the Nebraska Nurses Association
Quarterly circulation approximately 31,000 to all RNs, LPNs, and Student Nurses in Nebraska.

NNA/ANA Membership Drive
Welcoming Nurses from Across the State

March 1 - April 15



www.nebraskanurses.org

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The 2013 NEBRASKA NURSES
HEROES AND MENTORS DINNER

Presented by the Nebraska Nurses Association in collaboration with TeamMates Mentoring Program

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FIRST and Fall Prevention

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MONA and Local NNA Members to Support NNA Operations

In December, NNA Board of Directors approved an agreement to transition NNA operations support for NNA from O'Hara Lindsay to the Missouri Nurses Association (MONA). This agreement is not a merger with the MONA. It is a business relationship, where MONA is performing many of the association management functions for NNA that were previously conducted by O'Hara Lindsay. Terry Anderson, NNA President, has kept us up to date with her monthly newsletter and email message. But in case you have not had a chance to read this information, MONA supports NNA by handling several key tasks:

- Mail—the Association's USPS address has been forwarded to the MONA office in Jefferson City
- Telephone—NNA's telephone numbers (402 and 800 area code phone numbers) have been forwarded to MONA; MONA staff answers the phone during normal business hours. They have been very good about forwarding questions and information to the NNA Executive Team. New conference lines have been created for NNA use. Currently, NNA does not have an active fax line.
- Website support—MONA uses the same website software as NNA, making it easy to post new information
- Accounting support—MONA also uses the same accounting software as NNA

Terry, MJ Peterson, and Anna Mackevicius had the pleasure to meet with several MONA staff in December in Kansas City. We left that meeting confident that this arrangement makes sense for NNA. MONA is led by Chief Executive Officer **Jill Kliethermes, MSN, RN, FNP-BC**. We were impressed with her knowledge, skills, and willingness to help NNA. The fact that the CEO is a nurse spoke volumes to us. She has an apparent balance of business acumen and personal touch. MONA and NNA have

similar challenges, such as small percentages of RNs in the state are association members, rural versus urban issues, engaging membership across a large geographic area. Jill has the "big picture."

Jill supported by a staff of 15 people in the MONA office. A few of the key players are:

- **Krista Lepper**, Director of Association Operations: Krista is the "go to" person at MONA. She knows



Jill Kliethermes, MSN, RN, FNP-BC

something about every task that MONA performs. Krista was at the meeting in Kansas City; she understands the business of a professional organization. One of Krista's main roles at MONA is development and maintenance of their website. Take a few minutes to navigate the MONA website—it is robust and user-friendly.

- **Lauren Brown**, Finance Coordinator: Lauren will be providing support for the NNA financials; she understand the need for transparency and had some good ideas for NNA when we met in December.

MONA continued on page 3



The 2013 NEBRASKA NURSES
HEROES AND MENTORS DINNER

Presented by the Nebraska Nurses Association in collaboration with TeamMates Mentoring Program

Featuring:



Dr. Tom Osborne



May 10, 2013

6:00pm–9:00pm

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Join Nurses from Nebraska, their Mentors, Heroes, Significant Others, and Friends of Nursing for an inspiring evening of fun and recognition.

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President's Column

Terry Anderson, EdD, MSN, RNC-OB, NE-BC

Adlai Stevenson once said, "Change is inevitable [but] change for the better is a full-time job." This has been the case since my beginning as President of the NNA. Through the vision of the Board of Directors, great changes are underway to maximize the value of NNA Membership and to unify the voice of nursing in Nebraska. Here are the highlights.



Teresa Anderson

- Association management has transitioned to a combination of support from the Missouri Nurses Association (MONA) staff and the great skills of Anna Mackevicius and Lynneé Patrín as paid consultants. This change will save the organization over \$40,000 per year in expenses, and has allowed us to balance our budget, while we prepare the organization for transition into the ANA Midwest States Division. This regional support, mandated by the ANA as part of the association transformation last summer, offers another opportunity to streamline operations and maximize economy of scale and support from the ANA. It does not replace state level decision-making or initiatives.
- The Transition Team, a team of NNA member volunteers, is working to propose an updated

governance structure and tactical plan to achieve our organization's mission and vision.

- The Commission on Advocacy and Representation has worked with Don Wesley and O'Hara Lindsay, our lobbying firm, to identify our 2013 legislative platform and to host a successful Legislative Day.
- MJ Petersen, our Treasurer, is leading an initiative to redesign our website and to move our technological capabilities forward. This includes moving the application and recordkeeping for our Continuing Education Approval Committee to a "cloud-based" format.
- With the support of the Board, I was able to host a forum for the leaders of other nursing organizations in Nebraska, opening dialogue about common goals and values. I have met with the leaders of the Nebraska Organization of Nurse Leaders and the Nebraska Action Coalition. With the help of District V, we have supported the Nebraska State Student Nurses Association at their annual convention, held this year in Gehring.
- We are in the midst of a widespread membership drive, the first of its kind in many years. Besides enhanced member benefits, there is the limited time opportunity to join ANA/NNA at a 25% discounted rate for the first year, and to be eligible for exciting prizes. Visit the NNA website for more information.

NOTE: For several years, non-members of NNA/ANA have enjoyed the receipt of this newsletter without being members, providing you with information to guide your practice and improve your care. This newsletter, our lobbying efforts, our recognition events, and support for continuing education across our state all take human and financial resources. At this time, only 750 of the 31,000 nurses in Nebraska are helping to support this work through membership and active involvement. For the cost of about one latte per week, you can strengthen the voice of nursing in Nebraska at this critical time in healthcare reform.

- The Bylaws revisions, approved at the NNA House of Delegates last fall, have been forwarded to the ANA for approval. Our Bylaws Committee, under the leadership of Vice President, Winnie Dolph, is positioned to support additional changes as needed.
- The NNA has partnered with the TeamMates® Mentoring Program to sponsor the 2013 Nurses Heroes and Mentors Dinner on May 10, 2013 with Dr. Tom Osborne, as the featured speaker. Plan to attend this once in a lifetime event with your nursing heroes, mentors, and your significant others. Consider becoming a mentor to a young Nebraskan. Who better than a trusted professional nurse with a flexible schedule and a calling to care?

I have always believed in two things. The first, that anything worth doing, is worth my entire attention and my very best effort; and the second, that volunteering time, talent, and treasure is an opportunity to learn and grow. Each day as the President of the NNA has been a new adventure, and I invite you to join me for the fun... become a Nebraska Nurses Association member today!

NNA's Mission:

The mission of the Nebraska Nurses Association is to foster high standards for nursing practice, stimulate and promote the professional development of nurses, and advance their professional security, and to work for the improvement of health standards and availability of health care services for all people. (Adopted 10/95, NNA House of Delegates)

NNA's Vision:

Nebraska Nurses Association will be an effective voice for nurses; and an advocate for Nebraska consumers on issues relating to health. (Affirmed 12/04/2004, NNA Board of Directors)

Critical Success Factors for Vision:

- State and districts set mutual priorities
- Evaluate the success of the restructuring of NNA
- Enhance grass roots activities for membership involvement
- Advocate for statewide quality healthcare (Affirmed 12/04/2004, NNA Board of Directors)

NNA's Core Issues:

1. Workplace Rights
2. Appropriate Staffing
3. Workplace Health & Safety
 - a. Patients
 - b. Community/Public Health
 - c. Workplace
4. Continuing Competence (Affirmed 12/04/2004, NNA Board of Directors)

NNA's Official Publication:

The *Nebraska Nurse* is the official publication of the Nebraska Nurses Association (NNA) (a constituent member of the American Nurses Association), published quarterly every March, June, September and December. The NNA provides education, networking opportunities, publications and other products and services to its members and extends its mission to all nurses in Nebraska.

Phone: (402) 475-3859

You can leave a message at any time!

Email: Executive@NebraskaNurses.org

Web site: www.NebraskaNurses.org

Mail: PO Box 82086

Lincoln NE 68501-2086

Questions about your nursing license?

Contact the Nebraska Board of Nursing at:

(402) 471-4376. The NBON is part of the Nebraska Health and Human Services System Regulation and Licensure.

Questions about stories in the *Nebraska Nurse*?

Contact: NNA.

Photo on front page: Scotts Bluff National Monument

Photo by: M. Forsberg, Nebraska DED

"Scotts Bluff was one of the key geographic landmarks pioneers sought on their journeys westward."

Writer's Guidelines:

Any topic related to nursing will be considered for publication in the *Nebraska Nurse*.

Although authors are not required to be members of NNA, when space is limited, preference will be given to NNA members.

Photos are welcomed, digital is preferred. The NNA assumes no responsibility for lost or damaged photos.

Submitted material is due by the 12th of the month in January, April, July and October of each year.

You may submit your material in the following ways:

Prepare as a Word document and attach it to an e-mail sent to anna@nebraskanurses.org.

Provide document on a disc clearly labeled with your name and return address.

Mail hard copy to NNA at PO Box 82086, Lincoln NE 68501-2086 or email to Executive@NebraskaNurses.org. Submissions should be prepared on white paper and double-spaced.

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NNA/ANA Membership Drive

Welcoming Nurses from Across the State

March 1 - April 15



www.nebraskanurses.org

There's no better time to join the Nebraska Nurses Association!
If you've been thinking about joining NNA/ANA 2013 is the time to jump in!

New members joining before April 15th, receive a **25% discount** on national, state, and district dues for their first year.

Join between **March 1, 2013** and **April 15, 2013** to be eligible for a prize drawing.

join at www.nebraskanurses.org

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Great Prizes and Rewards!

One new member, drawn at random, will be seated with a guest at the head table of the May 10th Nurses Week Dinner and have their picture taken with Tom Osborne.

WHAT NNA/ANA PROVIDES

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Prizes Include:

Husker Baskets worth over \$100, Books Autographed by Dr. Tom Osborne, Free Travel, Massages, NNA Logowear, Gift Cards, and Much More!

MONA continued from page 1

- **Sara Fry**, Continuing Education Coordinator: Sara will be working with NNA's Continuing Education Approval Committee—a key NNA service and revenue source. Sara was not able to attend the meeting in Kansas City but I hope to meet her in the future.
- **Debbie Frank**, Office Services Coordinator: I am sorry that Debbie could not join us at our December meeting. I imagine her job is potpourri of activities.

The unexpected transition of Association operations was made less painful when Jill and her staff stepped up. They have a "we'll get it done" and "what can I do to help you?" attitude. As I mentioned, take a look at the MONA website (www.missourinurses.org) and learn more about their history, events, and structure. I hope we can arrange for Jill (and some of her staff) to join us at an NNA function in the near future.

Although MONA supports Continuing Education Approval Committee and Budget and Finance there are a number of functions that are not supported by MONA; these

activities are led by NNA's Commissions and Committees, whose function and purpose has not changed:

- Commission on Nursing Practice and Professional Development
- Commission on Advocacy and Representation
- Nominations Committee
- Bylaws
- Convention Planning

The NNA Board of Directors approved to provide support to, including with the support of two short-term consultants, by, to take the lead on key activities:

- **Lynnee Patrin** will take the lead on Convention and HOD planning, and will support the (NPPD) as a non-voting member. Lynnee can be contacted at lynnee@nebraskanurses.org
- **Anna Mackevicius** will support Nurses' Day at the Legislature, the *Nebraska Nurse*, and the (CAR) as a non-voting member. Anna can be contacted at anna@nebraskanurses.org

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Around the Districts

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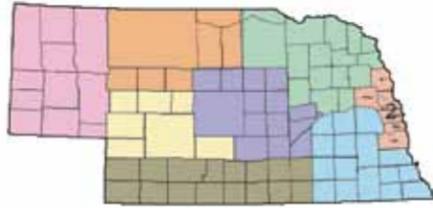
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Kate Pepin

District 2

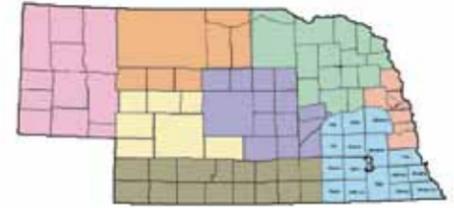
President:
Kate Pepin, PhD, MSN, RN
H—(402) 593-7687
E—kpepin@cox.net



Jan Tubbs

District 3

President:
Jan Tubbs, MS, MSN, RN
H—(402) 423-4716
E—jan.tubbs@bryanhealth.org



Happy New Year to all! As we move into a new year, we find the face of our supporting body in the name of the American Nurses Association undergoing a significant change as will the management of our Nebraska Nurses Association. We will proudly weather the changes, working more and more closely with peers, not only from Nebraska, but also from the Midwest regional area. Nurses are accustomed to professional growth in the healthcare milieu since the advent of research and technological innovation. There has always been fluidity in nursing practice that was welcomed. In like manner, as our management processes change, we will continue to grow stronger in the days and months before us. We stand, not at a crossroads, but at the brink of a new horizon.

As we begin a new year, the Board members of District 2 will hold a planning meeting in January to explore the focus of our efforts for the year to come. What we need is to hear from you, our nurses around the District.

Share your visions and your expectations for 2013. Work with us to make the coming year outstanding. The benefits we realize will affect our nurses, our clients, our District, and Nebraska.

The NNA District 3 Board meetings are held on the 1st Monday of the each month from 5:00 pm to 6:30 pm each month at Bryan College of Health Sciences in Lincoln. All are welcome to the meetings. We will set up goals in January. Minutes and announcements will be posted on the District's webpage on NNA's website. Also, you are encouraged to read *Perspectives*, the District's quarterly newsletter. Board Members are listed in the newsletter. Thanks to each Board Member for your dedication to your nursing organization. Change is occurring at a fast pace for ANA, NNA, and our District as we reorganize to best serve Nebraska Nurses. You will hear more as we learn how the multistate group will function.

I am learning new ways to get our work done. Please keep your emails up to date for us. We need current information on each member. Please update me if your email has changed or phone number. This will be an exciting year for transitions.



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For a complete job description, visit www.camphighhopes.com. To apply, email resume to info@camphighhopes.com, or mail to Camp High Hopes-Human Resources Department, 5804 Correctionville Road, Sioux City, IA, 51106, or fax to 712-224-2269.



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District 4



Judy McPhillips

President:
Judy McPhillips, RN
H—(308) 382-0052
E—j_mcphillips@hotmail.com



District IV held its February meeting on February 21st at the Quality Inn (former Interstate Holiday Inn). The dinner started at 6:30pm with ordering off the menu. The meeting started at 7pm.

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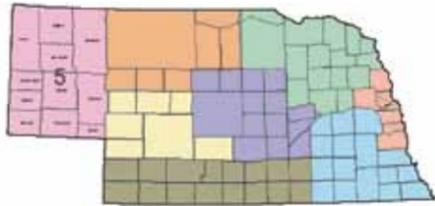
Around the Districts

Around the Districts continued from page 8

District 5

President:

F. Jordan Colwell, MHA, BSN, RN
H—(308) 760-8886
E—flcolw@gmail.com



Hello and Happy New Year from District V! I am excited for the year as President and want to thank our past President, Melissa Snyder for her guidance and foundation setting. This year's officers who will be serving with me are: President-elect, Janelle Schroeder; Secretary, Alicia Kunz; and Treasurer, Tiann Colwell.

We continue to recruit new members to the District and it will be one of our priority focus areas throughout the year. Along with membership, it will be imperative for us to invite current members to be active. Our first meeting was held on January 28, 2013 at Regional West Medical Center in the Keith Room at 6:00pm. During this meeting, we set the goals that we would like to achieve as a District. It will be a year for cost savings and therefore, we will have to become creative with funding earned. As President, I am up for the challenge and will help guide our district to have a successful year.

District 6

President: Pam List, MSN, APRN
H—(402) 528-7278
W—(402) 372-2404
E—plist@fcswp.org



District 6 members met by conference call in November. We had our largest attendance ever for a conference call! We were joined by Terry Anderson who updated members on all the changes happening at NNA. Our goal is to involve more members in NNA activities. If you are interested in attending the next conference call, please contact Pam List at 402-372-2477 or plist@fcswp.org.



Barb Wenz

District 7

President: Barb Wenz, RN, MSN
H—(308) 534-6748
E—rcwenz@charter.net



District 7 has been meeting via email communication. Planning for 2013 has progressed. This year District 7 will be hosting a Student Brunch for nursing students at Mid-Plains Community College. Information on the changes with the organization will be provided. Membership and active participation remain priorities for our District.

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District 9

President: Cathy Clark Sybrant, APRN, MSN
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The President and Delegate enjoyed the State Convention. We have been discussing the revamping of the executive position. Our membership plans to review the bills in the legislature in January and proceed with any action that is necessary. New members continue to be recruited and we have had some new nurses attend meetings. We plan to follow up with them on the actual "joining" process. It has been an interesting few months for NNA and we are thankful that we are kept informed.

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TeamMates Mentoring Program

by Callie Erickson, TeamMates

This year the Nebraska Nurses Association has teamed up with the TeamMates Mentoring Program. In 1991 Coach Tom Osborne of the University of Nebraska recognized a need for support and direction for the youth of the Lincoln community. He recruited 22 of his football players to mentor youth in surrounding areas. Upon the visible success of this venture, he and his wife Nancy founded the **TeamMates Mentoring Program**. In this school-based, one-to-one mentoring program, mentors are matched with students that hold similar interests at schools at a convenient distance from their work or home. With a mission *to positively impact the world by inspiring youth to reach their full potential through mentoring*, TeamMates now serves nearly 6,000 kids in 100 communities throughout Nebraska. Chances are there is a TeamMates program right in YOUR community!

Applying to mentor for TeamMates is easy. Go online to www.teammates.org and click "Become a Mentor." The commitment is simple: **One hour, once a week**. Time enough to make a difference in two lives, yours and a child's. The Nebraska Nurses Association has established a goal of recruiting at least 100 new mentors. Help reach that goal by mentioning the NNA under "how did you hear about TeamMates!"

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The 2013 NEBRASKA NURSES HEROES AND MENTORS DINNER

Presented by the Nebraska Nurses Association in collaboration with TeamMates Mentoring Program

With Featured Speaker:



Dr. Tom Osborne



May 10, 2013
6:00pm–9:00pm
The Cornhusker Hotel
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Details at www.nebraskanurses.org

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Payment Due
 NNA Member(s) at \$50 each x _____ attendees = \$ _____
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(Registrations are due no later than **May 6, 2013**.
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 01 = NNA member or guest
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 [Corporate Sponsors, please list your organization, specific attendee names can be provided at a later date, if desired]
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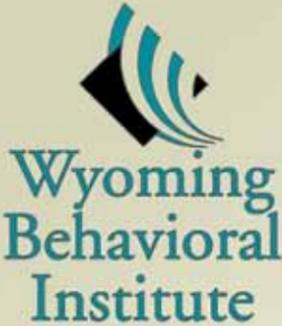
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 Administrator of Nursing, at
 712-525-1438 or
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FIRST and Fall Prevention

**Danielle Knudson, Safe Communities Director
National Safety Council, Nebraska**

There is a silent killer in our community that very few people talk about and this killer preys on older adults. It is not someone lurking in the shadows waiting to attack. It is much more subtle, but no less deadly. Statistical evidence predicts that one third of adults over 65 will fall each year. Debilitating injuries from falls account for up to 40% of all nursing home admissions. It doesn't have to be!

FIRST (Fall Intervention—Reaching Seniors Together) is a community collaborative that is presenting initiatives to reduce the trauma, injuries and deaths caused by falls in our older population. The risk factors included are Home Safety and Modifications, Medication Management and Physical Activity and Mobility. There is information available on the website, www.flrst.org and also resources that are available to be mailed.

Home Safety and Modifications

More than half of falls occur in the home. It is where one spends the most time, and where we tend to let our guard down. It is important to encourage older adults to look through their home to see if there are steps they can take to make their home safer. There are several resources available from FIRST.

There is a home safety DVD titled "Simple Changes Can Keep You Safe Where You Live." It is 10 minutes long, and is a great peer to peer video about modifications that can help a person stay safer, longer in their home. Another great resource is a home safety checklist that asks questions about areas inside and outside of the home, and gives suggestions with each question on how to make the home safer.

Pets and falling is another area that FIRST took on by teaming up with the Nebraska Humane Society, and put together a brochure that helps older adults live safer

with their pets. According to the CDC over 86,000 Americans visit the ER each year after a fall caused by pets or their paraphernalia, and we believe that number is actually much higher.



Medication Management

We are fortunate today to have modern medicines to help treat many conditions that older adults experience. Prescription and nonprescription medications can treat and help diminish symptoms and lead to a more productive, healthier life. But medications are serious business. Some may be a cause of loss of balance and falling. It is important for older adults to be proactive regarding their medications. Write questions to ask your doctor or pharmacist. FIRST created a brochure that gives tips and answers commonly asked questions.

Physical Activity and Mobility

Exercise is the best thing for the prevention of falls. Two ways to get exercise that do not involve any equipment are walking, and Tai Chi. Lower extremity strength is a strong prediction for fall risk, and walking builds lower extremity strength. It is great for older adults to establish a walking routine that includes an indoor location.

There is a program called Tai Chi: Moving for Better Balance that has been researched by the CDC and has proven to reduce falls by 50% when done regularly. It increases flexibility, balance and agility. FIRST provides instructor training in Tai Chi: Moving for Better Balance, and there are classes across Greater Omaha. The DHHS also has had instructor trainings through the health department in areas across Nebraska.

Another place to check out is the CDC (Centers for Disease Control and Prevention) website under Home Recreation and Safety, and Older Adult Falls because there is a brand new resource called *STEADI (Stopping Elderly Accidents, Deaths & Injuries) Toolkit for Health Care Providers*.

Please contact Chris Cady-Jones at ccady@safenebraska.org or 402-898-7358 for more information about FIRST.



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Nurse Practitioners Provide Viable Solution to Healthcare Need in State

**Cathy Phillips MS APRN-NP, Legislative Chair,
Nebraska Nurse Practitioners
Teresa Anderson EdD RN, President, Nebraska
Nurses Association
Victoria Vinton MSN RN, Director, Nebraska
Action Coalition**

The national shortage of rural physicians is gaining attention. Nebraska mirrors the nation's shortage—but at alarming levels. Sixty-five of Nebraska's 93 counties are primary care Health Professional Shortage Areas (HPSA), up from 51 in 2009 (OWH Dec. 10, 2012), 15 have no primary provider at all. There are disproportionately high and increasing numbers of rural residents over age 65 with chronic disease and disability markers. Mental health workforce data is worse with 88 HPSAs and 37 counties with no psychiatric provider. This problem will be further compounded with coverage of nearly 13% or 237,000 uninsured individuals seeking coverage by January 2014 and the aging of baby boomers. Nebraska has the highest median age in the nation at 42.7 years.

Evidence supports that access to health services such as basic screening, labs, physical exams and patient education results in earlier detection, treatment and illness prevention, thereby lowering costs. Sick time, missed work, and travel time to appointments is decreased with productivity increased. Costly emergency room visits and hospitalizations are minimized or avoided.

Nurse Practitioners (NPs) are a viable solution to the health care provider shortage. The Center for Health Policy at the University of Nebraska's College of Public Health points out that many rural Nebraska counties already rely on NPs to fill the void. There are 1080 NPs statewide who may be the only health care provider in some areas. Twenty years of evidence shows that nurse practitioners are safe healthcare providers who deliver high quality, accessible and cost-effective care. Nebraska loses NPs to other states that allow independent practice, further draining the pool of potential primary care providers. The Rural Health Research Center has encouraged states to consider independent practice for NPs to address rural provider shortages. The Institute of Medicine has recommended removing all barriers to nursing practice in its 2010 report, "The Future of Nursing: Leading Change, Advancing Health." Nebraska requires NPs to have an Integrated Practice Agreement (IPA) with a physician. The IPA can be difficult to obtain and maintain and is a barrier to accessible health care. No evidence supports that requiring an IPA results in higher quality care. Eighteen states including neighboring Iowa, Colorado and Wyoming have independent NP practice.

The nursing profession seeks partnership with others to address the shortage. Nebraska Nurse Practitioners (NNP), Nebraska Nurses Association (NNA), and Nebraska Action Coalition (NAC) share the concerns of our physician colleagues, policy makers, stakeholders, and consumers that action is required to address accessible, cost-effective health care that is patient-centered and of high quality. These organizations recognize the importance of collaborating with all our health care colleagues to find solutions that allow Nebraskans to maintain *The Good Life*.

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Update from the Nebraska Nurse Practitioners

**Tara Whitmire, DNP, APRN
NNP Public Relations Chair**

Nebraska Nurse Practitioners (NNP) is a non-profit organization that operates to promote excellence in NP practice and continuing education, and to shape the future of healthcare through advancing health policy in the state of Nebraska. NNP has approximately 539 members as of December 2012 and represents nearly 50 per cent of licensed nurse practitioners in the state. Membership includes 72 graduate nursing student members.

NNP is preparing for its annual election. Members will be voting for a President-Elect and nominating committee members. Voting will take place January 7-February 7 with results being announced at the annual membership meeting on February 15, 2013. Members will also be voting to approve a significant revision of the organization bylaws at the annual membership meeting.

The Education committee has been working hard to organize the annual NNP Conference. The 22nd Annual Conference will take place February 14-16, 2013 in Kearney, Nebraska. The theme of the conference is *NNP Goes Red*. Sessions topic will focus on women and heart disease to coincide with Go Red for Women day and Valentine's Day. The conference brochure will be arriving in mailboxes soon. There will also be information posted on our website, www.nebraskanp.org.

On the legislative front, NNP is currently engaged in a 407 Credentialing Review process before the Board of Health. The Credentialing Review is a regulatory requirement that must be met prior to introducing legislation to remove the requirement for an Integrated Practice Agreement in the state. We expect the review to consume most of the next year, with a tentative plan to introduce legislation in January 2014. NNP members have been asked to respond to surveys, as well as, telephone and email inquiries in an effort to gather information to assess the impact of the integrated practice agreement on nurse practitioners in Nebraska. The committee meets with the Technical Review Committee on January 11, February 1, February 22, March 22 and April 19, 2013. These meetings are open to the public. We particularly encourage the attendance of our nursing colleagues. More information can be obtained at http://dhhs.ne.gov/Pages/reg_admcr.aspx.

NNP is looking forward to a busy, but productive 2013. Be sure to follow the organization on Facebook. Search for NNP: Nebraska Nurse Practitioners and click "Like."



Nebraska Nurses Association Membership Application

PO Box 82086, Lincoln, NE 68501-2086 • (402) 475-3859 • Fax: (402) 474-6206 • admin@nebraskanurses.org

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Date _____

Last Name/First Name/Middle Initial _____ Home Phone Number _____

Credentials _____ Home Fax Number _____ Basic School of Nursing _____

Home Address _____ Work Phone Number _____ Graduation (Month/Year) _____

City/State/Zip Code + 4 _____ Work Fax Number _____ RN License Number/State _____

County _____ Position _____

Email Address _____ Employer _____

Membership Dues Vary By District

Membership Option

M-ANA/NNA/District Membership (chart below)
(Includes full membership to NNA and the American Nurses Association (ANA) for 12 months.)

D-NNA/District Membership (chart below)
(Full membership only. Includes NNA membership benefits limited to state and district membership.)

Membership Category

F-Full Membership

- Employed full-time
- Employed part-time

R-Reduced Membership

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- Full-time student (must be a RN)
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- 62 years of age or older and not earning more than Social Security allows

S-Special Membership

- 62 years of age or over and not employed
- Totally disabled

Select your NNA district from the map at right; choose the correct membership option chart below; and find the appropriate dues for the category you have selected above.

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Epay Authorization Signature* _____

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NNA Districts

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District	Monthly epay* (\$)		Annual Dues (\$)		District	Monthly epay* (\$)		Annual Dues (\$)	
	Full (MF)	Reduced (MR)	Full (MF)	Reduced (MR)		Full (DF)	Full (DF)	Full (DF)	Full (DF)
1	22.13	11.31	259.50	129.75	1	15.29		177.50	
2	23.58	12.04	277.00	138.50	2	16.75		195.00	
3	23.34	11.92	274.00	137.00	3	16.50		192.00	
4	22.17	11.34	260.00	130.00	4	15.33		178.00	
5	21.83	11.17	256.00	128.00	5	15.00		174.00	
6	21.25	10.88	249.00	124.50	6	14.42		167.00	
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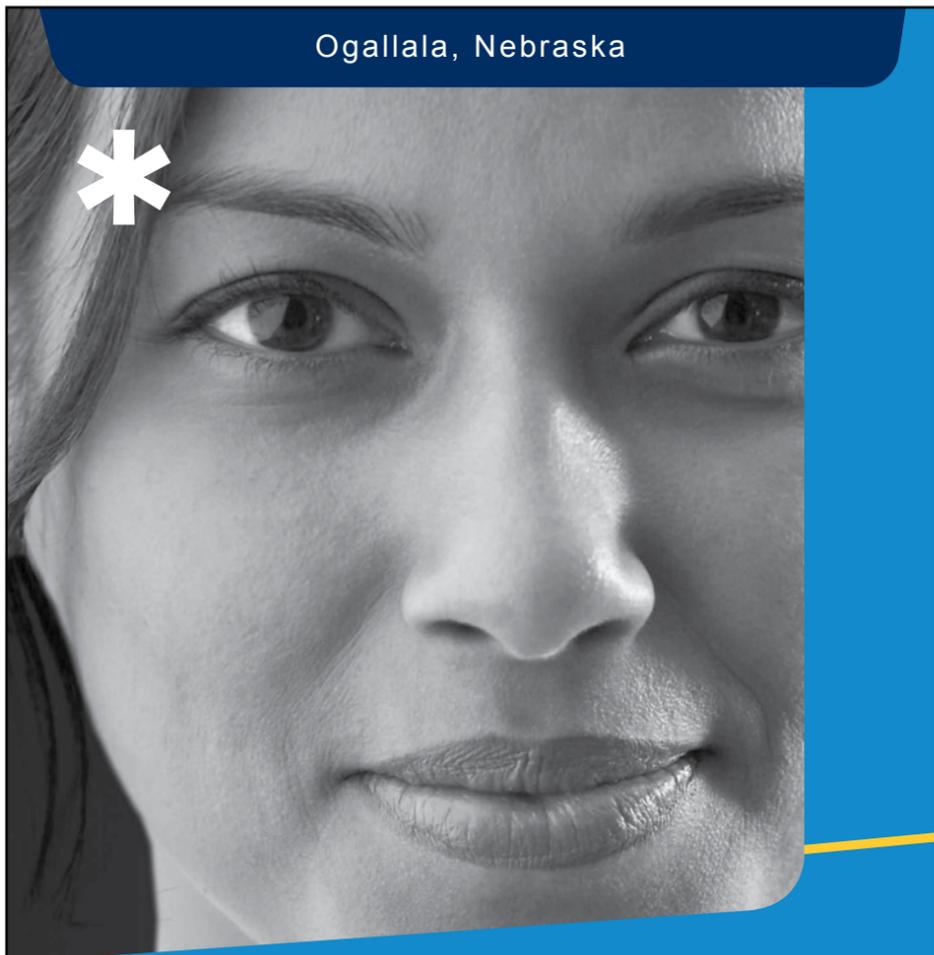
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