Congressman John Yarmuth (3rd Congressional District-KY) provided the following Op-Ed article to the Medical News Magazine in August 2009. Since the publication of this article, the US House of Representatives passed a comprehensive health reform measure that, at the time this edition of the KY NURSE went to print, was the center of debate in the US Senate. While it is extremely difficult to publish articles about health care reform because so much can change in the course of a month, we found that Rep. Yarmuth’s message in this piece is applicable no matter what changes occur by the time our readership receives this edition.

At the time this introduction is being written, one of the key debates relates to the proposition that health care reform should be tabled and one of the key debates relates to the proposition that health care reform should be tabled and resumed at a later date. Kentucky Senator Mitch McConnell has proposed that Congress “start over”.

This article is re-printed with the permission of Congressman Yarmuth and Medical News magazine.

Congress is currently considering historic health reform that will make sure all Americans always have access to high-quality and affordable health insurance. Spending on health care comprises a full 18 percent of our country’s GDP, so tackling this problem will not be easy. That’s why I am glad the President and my colleagues are taking the time necessary to make sure we get it right by listening to the ideas of everyone from health providers to business leaders to individual citizens—because we all have a stake in this health care debate.

What is clear is that the cost of doing nothing is unsustainable. If we do not act, premium costs for a family of four will increase to more than $24,000 per year by 2016 and 15,000 Americans are expected to lose their health coverage every day until this crisis is addressed.

The U.S. House of Representatives has responded to this crisis with America’s Affordable Health Choices Act. This legislation offers a uniquely American solution by combining the best of the public and private sectors to increase competition and expand consumer choice.

Over the coming months, as the details of the bill are finalized, there will be a lot of discussion about the more controversial aspects. Often overlooked, however, is the impact of reform on our health care workforce. Expansion in coverage will mean new patients, but we cannot build a successful system on the backs of doctors, nurses, dentists, pharmacists and other health providers who are already stretched thin.

That is why this legislation will strengthen our health care workforce by providing funding for crucial programs that help recruit, train, and retain health care professionals. It creates and expands new scholarship and loan repayment programs for primary care, nursing, dentistry, and other fields. It authorizes an additional $3.9 billion annually for the National Health Service Corps to expand this vital program that tackles workforce shortage problems in the highest-need areas. This investment not only helps patients in need, but also offers financial security to participants by offering them up to $50,000 annually for student loan repayments. Beyond that, I also authored a provision in the bill that will ensure our nation’s doctors have real world training through residency opportunities in community health centers, rural health clinics, and every day.

That goal is to ensure that those on the front-lines of health care—our health care providers—have the resources they need and the respect they earn each and every day.

The KNA is pleased to announce that, as of December 1, 2009, our new office is located at:

200 Whittington Parkway
Suite 101
Louisville, KY 40222-4900

Our phone number and fax remain the same as always.

We look forward to many happy years in our new space and we hope our members will visit often.
District Nurses Associations
Presidents 2009-2010

A1 Teresa Darrell, MSN, BSN, RN 6065 Winwood Parkery Florence, KY 40025 H: 502-746-7435 E-Mail: Teresa.Darrell@khub.com

A2 Lenadria M. Price, RN, EdD 385 Rochling Road Apt. H3 Lexington, KY 40507-2061 E-Mail: lenadriaprice@khub.com

A3 Marureen Kenner, RN 1505 Glade Drive Florence, KY 41042 E-Mail: marureen.kenner@khub.com

A4 Linda Craig, RN, MSN, CPN 450 Mary 3rd Blvd Bardstown, KY 40004 E-Mail: lmcraig@khub.com

A5 April M. Thompson, MSN, RN 230 Rowwood Drive Parkville, KY 40025 E-Mail: april.thompson@khub.com

A6 Kathy A. Fields, RN, CS, MP 73 Donald Court London, KY 40442 H: 606-558-4682 E-Mail: Kathy.Patfield@mail.state.ky.us FAX: 606-558-6665

A7 Jason Shuffitt, MSN, RN 734 Douch Street Bowling Green, KY 42101 H: 270-843-6335 E-Mail: Shuffitt@insightbb.com

A8 Russell J. Brown, BSN, RN 344 Hooper Hill Road Fort Mitchell, KY 41077 H: 270-209-0227 E-Mail: russell.r.brown@khub.com

A9 Jenna Buckle, BSN, RNC 1047 Medora Lane Lawrenceburg, KY 40342 E-Mail: jenna.buckle@khub.com

A10 Vanessa Sammons, MSN, RN 440 Highway 173 West Liberty, KY 42472 E-Mail: vanessa.sammons@khub.com

A11 Shenequa Allen, RN PO Box 304 Larson, KY 42347 H: 270-363-5714 E-Mail: shenequallen@khub.com

‘The purpose of the Kentucky Nurse shall be to convey information relevant to KNA members and the profession of nursing and practice of nursing in Kentucky.’

Copyright #TX1-333-346

For advertising rates and information, please contact Arthur L. Davis Publishing Agency, Inc., 517 Washington Street, PO Box 215, Cedar Falls, Iowa 50613, (800) 626-4081, sales@aldpub.com. KNA and the Arthur L. Davis Publishing Agency, Inc. reserve the right to reject any advertisement. Responsibility for errors in advertising is limited to corrections in the next issue or refund of price of advertisement.

Acceptance of advertising does not imply endorsement or approval by the Kentucky Nurses Association of products advertised, the advertisers, or the claims made. Rejection of an advertisement does not imply a product offered for advertising is without merit, or that the manufacturer lacks integrity, or that this association disapproves of the product or its use. KNA and the Arthur L. Davis Publishing Agency, Inc. shall not be held liable for any consequences resulting from purchase or use of an advertiser’s product. Articles appearing in this publication express the opinions of the authors; they do not necessarily reflect views of the staff, board, or membership of KNA or those of the national or local associations.

The Kentucky Nurse is published quarterly by Arthur L. Davis Publishing Agency, Inc. for KNA. Subscriptions available at $18.00 per year. The KNA organization subscription rate will be $6.00 per year except for one free issue to be received at the KNA Annual Convention. Members of KNA receive the newsletter as part of their membership services. Any material appearing herein may be reprinted with permission of KNA. For advertising information call 1-800-626-4081, sales@aldpub.com. 16mm microfilm, 35mm microfilm, 105mm microfiche and article copies are available through University Microfilms International, 300 North Zeeb Road, Ann Arbor, Michigan 48106.

EDITORIAL BOARD:
PRESIDENT M. Susan Jones, MSN, BSN, RN, PhD PRESIDENT-ELECT Matie H. Burton, RN, ARNP, BC, PhD VICE-PRESIDENT K. Leraw Wilson, MSN, BSN, RN, BC SECRETARY Paullette Adams, EdD, MA, BSN, RN TREASURER Betty Porter, MSN, BSN, RN, EdD, ARNP, CFNP DIRECTORS AT LARGE Kathy Hager, MSN, BSN, RN, ARNP, CPNP, CDE, DNP Mary A. Rombellager, MSN, RN, CS Kathy L. Hall, MSN, BSN, RN EDUCATION & RESEARCH CABINET Judy L. Ponser, MSN, BSN, RN GOVERNMENTAL AFFAIRS CABINET Jason T. Shuffit, MSN, BSN, RN PROFESSIONAL NURSING PRACTICE & ADVOCACY CABINET KNF PRESIDENT Jane Younger, MSN, BSN, RN
KNA EDUCATION SUMMIT 2009 Is A Great Success

On October 29th, the KNA hosted its second Education Summit entitled, VIOLENCE IN THE HOME Identifying, Responding, & Treating. The program was attended by more than two hundred nurses and nursing students and it received high marks from those who attended.

The day-long CE event covered a range of topics related to violence in the home. While the subject matter was difficult and often painful, the presenters were extraordinary in their abilities to deliver the information in an effective and meaningful way that connected the reality of violence in the home to nursing practice and health care in general.

Kate Dean of Prevent Child Abuse Kentucky and Debbie Acker, RN of the Department for Community Based Services co-presented a session that introduced the audience to an overview of issues related to child abuse and appropriate response and treatment of child abuse when identified.

Teri Faragher, MSW, Director of the Domestic Violence Prevention Board, provided a session on domestic and intimate partner violence. She addressed how to identify signs of intimate partner violence, as well as best practices for responding and treating victims.

Mike Blakeney, RN, MSN, EMT, Assistant Professor, Emergency Medical Care at Eastern Kentucky University, delivered a session on the realities, procedures and protocols for first responders in a domestic violence situation. And the day wrapped up with Fayette County Commonwealth’s Attorney, Ray Larson, and his resident nursing expert, Leslie Caudill, RN, who provided a provocative and deeply effective presentation on elder abuse.

The Summit provided an opportunity to examine some pressing delivery of care issues that bring social services, law enforcement, first responders and nursing together. KNA was pleased to offer this rare opportunity to expose nursing professionals to the entirety of the system that impacts these patients and to provide crucial insight and information about nurses’ roles in protecting and treating those patients.

KNA District #2 Sponsored a Booth at the Midway Fall Festival (Midway, KY) on Sept 19 & 20

The purpose of the booth was to educate the public about flu prevention; the focus was hand hygiene. Fair-goers were offered a squirt of waterless hand sanitizer to practice hand washing technique. They were also offered written information, sanitizer wipes, and stickers. The sanitizer wipes were attached to pamphlets about nursing provided by Johnson and Johnson’s campaign for nursing. Students from Midway College also offered B/P screening and information about Midway College.

Pictured are Linda Dempsey-Hall, Wink MacKay, Laura Riddle and flanked by two Midway College nursing students.
KNA Members on the Move

Mary Josephine Oberst, 95, of Owensboro, Ky., died on November 13, 2009 at Nazareth Home of Louisville, Ky.

Mary graduated as an RN from St. Joseph Infirmary, Louisville, Ky. in 1936 and remained there in medical surgical ward and operation room until she entered the Army Nurse Corps in November 1937. She served with great distinction during World War II during which time she was first stationed in December 1941 at Sternberg General. Her service took her to many locations, including Bataan Hospital where she became one of the “Angels of Bataan.” Along with the other “Angels of Bataan,” Mary was taken prisoner by enemy forces in May 1942 and remained a prisoner of war for three years until being freed by the US 44th Tank Battalion on February 3, 1945.

On return to the States February 24, 1945, she was a patient at Letterman General, San Francisco. Later the nursing duties took her to Nichols in Louisville, Ky.; Fort Knox, Ky.; Ashford General, WV and back to Fort Knox. Mary was a faithful member of several Veteran and POW organizations. Her military service awards include the Bronze Star Medal, Distinguished Unit Emblem w/2 OLCs, American Defense Service Medal w/Foreign Service Star Medal, Distinguished Unit Emblem w/2 OLCs, Philippine Defense Ribbon, Philippine Liberation Ribbon w/BS, WWIIIVM, APCM w/2 Bronze Battle Stars.

After retirement from the US ARMY, September 30, 1947, she worked at Mercy Hospital in Owensboro, Ky. In September 1950 she attended the Catholic University of America in Washington, DC and received degrees of BSN in 1953 and MSN in 1955 and then became assistant director of nurses at St. Mary Hospital School of Nursing in Evansville, Indiana. Ill health made retirement necessary in 1963.

Mary leaves behind a large and loving family and circle of friends, as well as hundreds of members of the KNA and the broader nursing community who were touched by her leadership and service as an RN.

Congratulations to the following Western Kentucky University (WKU) Nursing Faculty who recently completed their doctoral degrees.

Cathy Hoots Abell, PhD, MSN, MS, RN, CNE, Associate Professor, received the Doctor of Philosophy degree from the University of Louisville in May 2009. Dr. Abell’s dissertation was titled: Change and Administrative Barriers: Nurse Educators’ Perceptions Concerning the Use of Simulators.

Dawn Garrett Wright, Ph.D., MSN, RN, CNE received her PhD in Nursing Science from Vanderbilt University in August 2008. Her dissertation explored Parental Perceptions of Body Weight in Preschool Children. Dr. Wright is an Assistant Professor and Coordinator of the Pre-Licensure BSN Program.

Rachel Kinder, PhD RN, Associate Professor, received her PhD in Nursing Science from Vanderbilt University in December 2008. Dr. Kinder’s dissertation was titled: Development and Validation of the Student Activation Measure.

Sherry Lovan PhD, RN, Assistant Professor, received her PhD in Organizational Leadership through the cooperative doctoral program between the University of Louisville and WKU in December 2009. Dr. Lovan’s dissertation was titled: Comparing Perceptions of the Nursing Profession among Associate and Baccalaureate Nursing Students and Registered Nurses.

Expanding International & National Recognition

Vicki Hines-Martin, PhD, RN, FAAN, of UofL School of Nursing, was awarded the Outstanding Nurse of the Year Award from the KYANNA Black Nurses Association (Chapter of the National Black Nurses Association), September 26, 2009 in Louisville, KY.

M. Cynthia Logsdon, DNS, ARNP, FAAN, of UofL School of Nursing, was presented the 2009 Research Dissemination Award by the Honor Society of Nursing, Sigma Theta Tau, International, in conjunction with its 40th Biennial Convention. Logsdon received the award for her leadership in the development of the National Institute of Health funded website on postpartum depression, www.MediFedPPD.org.

The website is a rich source of information for health professionals and consumers for the most common disorder of childbearing, postpartum depression.

Expanding Faculty & Student Presentations

M. Cynthia Logsdon, DNS, ARNP, FAAN, presented a research poster in October, 2009 entitled “Acceptability, Feasibility and Efficacy of New Mother Program: Telephone Based Depression Care Management Intervention with Adolescent Mothers,” co-authored by W.M. Usui, B. Stein, and J.A. Myers, at the national conference of Nurse Practitioners in Women’s Health, Providence, R.I.

Expanding Leadership

Vicki P. Hines-Martin, PhD, RN, FAAN, led a team in the development of the position paper on “Female Genital Mutilation and Mental Health implications for Women and female children” for the International Society of Psychiatric-Mental Health Nurses which will provide direction for organizational initiatives and collaborations.

Elizabeth G. Johnson, DNS, RN, is the Owensboro Campus Coordinator for the School of Nursing (BSN) extension program. The University of Louisville and Owensboro Medical Health System (OMHS) are partnering to offer the program through a combination of distance education and on-site clinical instruction.

M. Cynthia Logsdon, DNS, ARNP, FAAN will foster research collaborations between faculty in the School of Nursing and nurses at UofL Healthcare (ULH) while strengthening the research enterprise at ULH in her new role as ULH Associate Chief of Nursing Research.

Congratulations to the following Western Kentucky University (WKU) Nursing Faculty who recently completed their doctoral degrees.

Cathy Hoots Abell, PhD, MSN, MS, RN, CNE, Associate Professor, received the Doctor of Philosophy degree from the University of Louisville in May 2009. Dr. Abell’s dissertation was titled: Change and Administrative Barriers: Nurse Educators’ Perceptions Concerning the Use of Simulators.

Dawn Garrett Wright, Ph.D., MSN, RN, CNE received her PhD in Nursing Science from Vanderbilt University in August 2008. Her dissertation explored Parental Perceptions of Body Weight in Preschool Children. Dr. Wright is an Assistant Professor and Coordinator of the Pre-Licensure BSN Program.

Rachel Kinder, PhD RN, Associate Professor, received her PhD in Nursing Science from Vanderbilt University in December 2008. Dr. Kinder’s dissertation was titled: Development and Validation of the Student Activation Measure.

Sherry Lovan PhD, RN, Assistant Professor, received her PhD in Organizational Leadership through the cooperative doctoral program between the University of Louisville and WKU in December 2009. Dr. Lovan’s dissertation was titled: Comparing Perceptions of the Nursing Profession among Associate and Baccalaureate Nursing Students and Registered Nurses.

Expanding International & National Recognition

Vicki Hines-Martin, PhD, RN, FAAN, of UofL School of Nursing, was awarded the Outstanding Nurse of the Year Award from the KYANNA Black Nurses Association (Chapter of the National Black Nurses Association), September 26, 2009 in Louisville, KY.

M. Cynthia Logsdon, DNS, ARNP, FAAN, of UofL School of Nursing, was presented the 2009 Research Dissemination Award by the Honor Society of Nursing, Sigma Theta Tau, International, in conjunction with its 40th Biennial Convention. Logsdon received the award for her leadership in the development of the National Institute of Health funded website on postpartum depression, www.MediFedPPD.org.

The website is a rich source of information for health professionals and consumers for the most common disorder of childbearing, postpartum depression.

Expanding Faculty & Student Presentations

M. Cynthia Logsdon, DNS, ARNP, FAAN, presented a research poster in October, 2009 entitled “Acceptability, Feasibility and Efficacy of New Mother Program: Telephone Based Depression Care Management Intervention with Adolescent Mothers,” co-authored by W.M. Usui, B. Stein, and J.A. Myers, at the national conference of Nurse Practitioners in Women’s Health, Providence, R.I.

Expanding Leadership

Vicki P. Hines-Martin, PhD, RN, FAAN, led a team in the development of the position paper on “Female Genital Mutilation and Mental Health implications for Women and female children” for the International Society of Psychiatric-Mental Health Nurses which will provide direction for organizational initiatives and collaborations.

Elizabeth G. Johnson, DNS, RN, is the Owensboro Campus Coordinator for the School of Nursing (BSN) extension program. The University of Louisville and Owensboro Medical Health System (OMHS) are partnering to offer the program through a combination of distance education and on-site clinical instruction.

M. Cynthia Logsdon, DNS, ARNP, FAAN will foster research collaborations between faculty in the School of Nursing and nurses at UofL Healthcare (ULH) while strengthening the research enterprise at ULH in her new role as ULH Associate Chief of Nursing Research.
Falls and Fall Risks in the Elderly: A Population at Risk

Theresa Durham, RN, BSN student
McKendree University
Louisville, Kentucky

While falling is not a normal occurrence in aging, many older adults are at risk for falls. The fear of being considered old and dependent often keep the incidence of falls and near falls hidden from the aged person’s care provider. Researchers have called this the Geriatric Syndrome (Aronovitch, 2009).

One Healthy People 2010 objective is to reduce hip fracture hospitalization in women over or equal to 65 years of age by 932 per 100,000 persons (Stevens & Olson, 2000). One way to do this is to educate elderly persons about their fall risks and to promote the continuation of a healthy lifestyle.

What follows is a brief summarization of research related to the population at risk for falls, fall risk factors, consequences of falls, and fall prevention strategies to ensure that the elderly continue to grow old gracefully.

Review of Literature

Falls are the leading cause of injury deaths in the elderly. If the fall is not fatal, then the elderly person may have to live with debilitating injuries such as fractures, a decrease in the quality of life, or a decrease in mobility. Aronovitch (2008) stated that between 12% and 33% of elderly adults who fall one or more times are more likely to have at least one fracture. A convenience sample of 220 older adults taken from a retirement community, found that falls frequently occurred between 12 noon and midnight (Aronovitch, 2009). Abnormal sleeping patterns such as insomnia were the culprit. Falls from bed occurred more often in men over age 65, and are related to having to go to the bathroom at night. (Aronovitch, 2008)

Multiple experts that have studied the incidence of falls in the elderly suggest that extrinsic and intrinsic factors exist that contribute to falls (Hosseini & Hosseini, 2008). Some examples of extrinsic factors are throw rugs on the floor, loose carpet and cluttered hallways. Some intrinsic factors are visual deficits, chronic illness, foot abnormalities, administration of multiple medications, and Vitamin D deficiency. Poly-pharmacy increases a patient’s risk because of the adverse effects of multiple medications taken at one time (Jeske et al., 2009). The failure to have a periodic review of medications by the primary care provider or nurse practitioner can have dire consequences.

References


Chin, J. (2009). Vitamin D they need? Healthy Skin. Quality of Care Based on CMS Guidelines. 6 (1), 70-75.


Professional Nursing in Kentucky  
Yesterday Today Tomorrow

The historical narrative, Professional Nursing in Kentucky: Yesterday, Today, Tomorrow, is a KNA Centennial Project. Research and authorship was a collective effort of the KNA Centennial Publication Committee. The content was derived from published and unpublished documents in public and private archives of Kentucky schools of nursing, hospitals, colleges, universities, health agencies, libraries and historical societies. Selected photos and individual anecdotes lend a personal touch.

Price $29.95 Each (Tax Included)

Shipping & Handling $6.50 Each

Total Payment

Name:__________________________________________ Phone: __________________________

Address: __________________________________________________________________

City: ___________________________ State: _________ Zip Code: _______________

Visa—MasterCard—Discover # ______________________________________________

Expiration __________________________________________________________________

Signature (Required)  ________________________________________________________

Kentucky Nurses Association
100 Whittington Parkway, Suite 101, Louisville, KY 40222-4900
Phone: 502-637-2546, FAX: 502-637-8236

DID YOU KNOW ...

✓ All Kentuckians age 50 and older should get regular colon cancer checks.

✓ Early colon cancer may have no symptoms.

✓ 9 out of 10 colon cancers may be prevented or cured with regular checks.

NOW YOU KNOW

Talk to your doctor about getting checked for colon cancer

Kentucky Department for Public Health
Colon Cancer Screening Program
http://chfs.ky.gov/phd/ColoCancer.htm

Photographs courtesy of Kentucky Monthly and photographers Steve Pettay, Tim Webb, Warren Brunner, and Ann Shoffli
MAKE YOUR RESERVATIONS NOW!!!

The Kentucky Coalition
Of Nurse Practitioners
And Nurse Midwives

HOST

NURSES AT THE CAPITOL
2010

Please join the KNA on Tuesday, February 9, 2010 at the Frankfort Convention Center for a day-long CE program about nursing policy and politics in Kentucky.

The program will include discussion of health care reform and other national issues by leading Kentucky candidates for US Senate, an address from the President of the Coalition of Nurse Practitioners & Nurse Midwives about issues facing APRNs in the legislative session, as well as the real story about issues confronting public health from the Chief Nursing Officer of the state Public Health Department, and more.

To register:

1) Print, complete and mail or fax (with credit card #) the form on this page to KNA by 2/1/10.

OR

2) Go to www.kentucky-nurses.org to register online.

PRICES INCREASE AFTER 2/1/10

Registration after 2/1/10 will increase by $10*.

There will be no registration at the door.
Health Information Security & Privacy Collaboration (HISPC) Provider Education Toolkit (PET)

Mary Helen Conner, MPH, BSN, CHES
Laura Cole, MBA
Charlotte A. Krebs, MA, CAE

From President Barack Obama to everyone across the country concerned about quality medical care, it appears that there is an increasing demand for the healthcare industry to go electronic. As nurses, we represent a large influential group to help with the transformation to health information technology nationwide. Although most industries including banks and even grocery stores have transitioned to electronic records, the medical community, for a variety of reasons, has been somewhat slower to move in that direction. Numerous efforts are underway to improve a system far too reliant on paper records. One such initiative aims to remove some of the barriers to participation in electronic health information exchange (HIE) technology by providing information and educational tools healthcare providers need to get connected electronically. The Health Information Security & Privacy Collaboration (HISPC) Provider Education Toolkit (PET), launched in January 2009, focuses on safe, private and secure health information exchange technology for healthcare providers. The Provider Education Toolkit is the result of work completed by HISPC, a multi-year project launched in 2006 by the U.S. Department of Health and Human Services (HHS). The collaborative addresses issues pertinent to electronic health information exchange through multi-state collaboration. Participating states include Kentucky, Louisiana, Michigan, Missouri, and Tennessee. The collaborative is working with medical and nursing associations, societies, and consumer-oriented organizations. The Web-based toolkit found at www.secure4health.org provides information on electronic health information exchange (HIE), health information technology and related privacy and security implications as well as tools and resources to help healthcare providers get connected electronically. Ricki Garrett, PhD, executive director of the Mississippi Nurses Association (MNA), stated at a recent nurse practitioner conference in Olive Branch, “I am very interested in making sure that nurse practitioners and nurses are included in educational initiatives related to health information technology. Nurses are in a strategic position to support the move to and benefit from the electronic exchange of health information.” Nurse practitioners and nurses can take advantage of free continuing medical education (CME) credits while learning more about privacy related to electronic health information exchange and electronic health record systems. The two CME courses offered have been designated for AMA PRA Category 1 Credits®. The boards of nursing in many states recognize Category 1 continuing medical education courses as acceptable activities for the renewal of licenses to practice nursing. Nurses need to check with the Board of Nursing in their state concerning state specific regulations. The Provider Education Toolkit is designed to:

• Introduce healthcare providers to the benefits of electronic health information exchange (HIE);
• Increase provider awareness of the privacy and security benefits and challenges of electronic HIE;
• Motivate providers to understand the advantages of electronic HIE;
• Identify the steps to HIE implementation; and
• Encourage participation in HIE.

David C. Kibbe, MD, serves as senior advisor for the American Academy of Family Physicians’ Center for Health Information Technology. “As a long-time advocate, I know health information technology has the potential to offer real-time information at the point of care and greater privacy and security protections,” said Dr. Kibbe. “After years of commitment to health information technology, I firmly believe that it offers healthcare providers the opportunity to make better clinical decisions, avoid duplication and medical errors, and aid in the prevention of certain diseases and conditions.” Kentucky Lt. Governor Daniel Mongiardo is a practicing surgeon and a strong proponent of secure health information exchange and electronic health record systems. He joins Dr. Kibbe in encouraging healthcare providers, especially those in rural areas, to engage in health information exchange. “Health information technology is the first thing on the list and the only thing on the horizon that will both significantly improve the quality of healthcare and decrease healthcare costs.”

Dr. Barbara Baker, a Kentucky-based nurse practitioner and policy analyst for the state, noted the importance of health information technology to nurses. “Health Information Technology is the foundation that will provide the tools to help achieve excellence in the delivery of nursing care in all settings—patient’s home, physician office, or at the bedside in a hospital. Health information technology promises to decrease medication errors, which are common in a paper-based system.” Educational elements from the PET toolkit garnered a great deal of interest from registrants at Missouri’s 19th Annual Coming Together in Advanced Practice Conference held in Columbia in April 2009. “We have a number of advanced practice and other nurses in our state who have pursued training in health informatics,” noted Jill Kliethermes, APRN, BC, FNP, chief executive officer of the Missouri Nurses Association (MoNA). “These professionals are often tasked by health systems, large and small, with the process of customizing a vendor-provided system to meet the clinical and operational needs of the practice. We believe nurses are central to the effective implementation and utilization of health information technology.” Additional information about the Provider Educational Toolkit is available at the national Web site www.Secure4Health.org.

References
Mary Helen Conner, MPH, BSN, CHES, Mississippi, Special Project Coordinator, Information & Quality Healthcare
Laura Cole, MBA, e-Health Project Manager, Kentucky Cabinet for Health & Family Services
Mary Conner, MPH, BSN, CHES, Kentucky Cabinet for Health & Family Services
Charlotte A. Krebs, MA, CAE, Program Manager, Missouri’s Health Information Collaboratives
Carole Kelly, MS, Communication Director, Information & Quality Healthcare, and Kathryn E. Piazza, MBA, RHIA, HIM Consultant

“Health information technology is the first thing on the list and the only thing on the horizon that will both significantly improve the quality of healthcare and decrease healthcare costs.”

Dr. Barbara Baker, a Kentucky-based nurse practitioner and policy analyst for the state, noted the importance of health information technology to nurses. “Health Information Technology is the foundation that will provide the tools to help achieve excellence in the delivery of nursing care in all settings—patient’s home, physician office, or at the bedside in a hospital. Health information technology promises to decrease medication errors, which are common in a paper-based system.”
The Human Touch

Copyright 1980
Limited Edition Prints
by
Marjorie Glaser Bindner
RN Artist

Limited Edition Full Color Print
Overall size 14 x 18

Signed Only (1250)—$20.00
Note Cards (package)—$ for $6.50
Cherry or Gold Frame
Framed Signed—$160.00

The Human Touch
Her step is heavy
Her spirit is high
Her gait is slow
Her breath is quick
Her stature is small
Her heart is big.
She is an old woman
At the end of her life
She needs support and strength
from another.

The other woman offers her hand
She supports her arm
She walks at her pace
She listens intently
She looks at her face.
She is a young woman at the
beginning of her life,
But she is already an expert in caring.

RN Poet
Beckie Stewart*

* I wrote this poem to describe the painting, The Human Touch, by Marge.

Edmonds, Washington '94

FOR MAIL ORDERS

I would like to order an art print of "The Human Touch"©

_______ Signed Prints @ $20.00
_______ Package of Note Cards @ 5 for $6.50
_______ Framed Signed Print @ $160.00
_______ Gold Frame
_______ Cherry Frame

Total Purchases
Shipping & Handling
Subtotal
6% KY Sales Tax on Subtotal
TOTAL

Make check payable to and send order to: Kentucky Nurses Association, 100 Whittington Parkway, Suite 101, Louisville, KY 40222-4900 or fax order with credit card payment information to (502) 637-8236.

For more information, please call (502) 637-2546 ext. 10 or (800) 348-5411.

Name:__________________________________________Phone:__________________________
Address:_____________________________________________________________________
City:________________________State:_____________Zip Code:_____________________
Visa/MasterCard/Discover:________________________Expiration Date:______________
Signature (Required):__________________________________________________________

Shipping and Handling
$ 0.00 to $5.00 ........................................... $2.50
$ 5.01 to $10.00 ........................................... $4.50
$10.01 to $20.00 ......................................... $6.50
$20.01 to $45.00 ......................................... $8.50
$45.01 to $60.00 ......................................... $10.50
$60.01 to $75.00 ......................................... $12.00
$75.01 to $90.00 ......................................... $19.00
$ 90.01 to $150.00 ....................................... $25.00
$151.01 to $200.00 ..................................... $30.00
$201.01 to $300.00 ..................................... $50.00
$300.00 and up .......................................... $65.00

* Express delivery will be charged at cost and will be charged to a credit card after the shipment is sent.

*THE PAINTING

“The Human Touch” is an original oil painting 12” x 16” on canvas which was the titled painting of Marge’s first art exhibit honoring colleagues in nursing. Prompted by many requests from nurses and others, she published a limited edition of full color prints. These may be obtained from the Kentucky Nurses Association.

Make check payable to and send order to: Kentucky Nurses Association, 100 Whittington Parkway, Suite 101, Louisville, KY 40222-4900 or fax order with credit card payment information to (502) 637-8236.

For more information, please call (502) 637-2546 ext. 10 or (800) 348-5411.

Name:__________________________________________Phone:__________________________
Address:_____________________________________________________________________
City:________________________State:_____________Zip Code:_____________________
Visa/MasterCard/Discover:________________________Expiration Date:______________
Signature (Required):__________________________________________________________

Shipping and Handling
$ 0.00 to $5.00 ........................................... $2.50
$ 5.01 to $10.00 ........................................... $4.50
$10.01 to $20.00 ......................................... $6.50
$20.01 to $45.00 ......................................... $8.50
$45.01 to $60.00 ......................................... $10.50
$60.01 to $75.00 ......................................... $12.00
$75.01 to $90.00 ......................................... $19.00
$ 90.01 to $150.00 ....................................... $25.00
$151.01 to $200.00 ..................................... $30.00
$201.01 to $300.00 ..................................... $50.00
$300.00 and up .......................................... $65.00

* Express delivery will be charged at cost and will be charged to a credit card after the shipment is sent.
**WHO WOULD YOU NOMINATE? Outstanding Nurse Awards**

As the 2010 KNA Convention approaches in October 2010, we look forward to celebrating and honoring outstanding RNs in a variety of categories for their extraordinary achievement and contributions.

The KNA invites its members to nominate deserving nurses (and one non-nurse citizen) for the following awards:

- **Nurse of the Year**
- **Citizen of the Year**
- **Research Utilization Nurse of the Year**
- **Innovative Teacher of the Year**

For information on nomination criteria and process, go to the KNA website at [www.kentucky-nurses.org](http://www.kentucky-nurses.org) and click on the Continuing Education tab and then on the Convention tab.

---

**MARK YOUR CALENDAR & PLEASE JOIN US**

Emerging Health Issues Symposium: H1N1, Medical Devices, Career Changes and Designing Safe Work Places for our Future

In Collaboration with the EKU Department of Environmental Health and the Kentucky Nurses Association

**Thursday, March 18, 2010**

8:00 a.m.-4:15 p.m.

Perkins Building, EKU Campus, All Quads

**CONTACT HOURS:** 6.9 KBN Contact Hours. 5.75 ANCC Contact Hours. (60 minutes = 1 contact hour for ANCC Credit)

**FEE:** Full Time Students: $15.00. Attendees: $25.00. KNA Members: $35.00. $45.00 for all other Nurses.

Includes instruction, handout materials, contact hours, supplies, break, and lunch.

FOR PROGRAM AGENDA AND TO REGISTER ONLINE, PLEASE VISIT [WWW.KENTUCKY-NURSES.ORG/CE](http://WWW.KENTUCKY-NURSES.ORG/CE)

---

**KNA PRODUCTS Order Form**

<table>
<thead>
<tr>
<th>KNA Golf Shirt—Short Sleeve—</th>
<th>KNA Microfleece Vest—Available in Red or Royal Blue—</th>
</tr>
</thead>
<tbody>
<tr>
<td>Available in Red or Royal Blue—$25.00 or $27.00 (XX and 3X Large Size) each plus shipping &amp; handling and tax.</td>
<td>Available in Red or Royal Blue—$32.00 or $34.00 (2X Large Size) each plus shipping &amp; handling and tax.</td>
</tr>
<tr>
<td>___ Small</td>
<td>___ Small</td>
</tr>
<tr>
<td>___ Medium</td>
<td>___ Medium</td>
</tr>
<tr>
<td>___ Large</td>
<td>___ Large</td>
</tr>
<tr>
<td>___ X-Large</td>
<td>___ X-Large</td>
</tr>
<tr>
<td>___ 2X-Large*</td>
<td>___ 2X-Large*</td>
</tr>
<tr>
<td>___ 3X-Large*</td>
<td></td>
</tr>
<tr>
<td>$25.00</td>
<td>$32.00 or $34.00 each</td>
</tr>
<tr>
<td>$27.00 (XX and 3X Large Size)</td>
<td></td>
</tr>
</tbody>
</table>

*These sizes are an additional $2.00 each*

- $6.00 KNA Post-It-Note Cube
- $12.00 KNA Mini-Umbrella
- $15.00 KNA Red, White & Blue Canvas Bag
- $15.00 Centennial Medallion
- $10.00 Red, White and Blue Vinyl Flag Tote Bag with white KNA Luggage Tag
- $10.00 Black KNA Travel Bag

Make check payable and send order to: Kentucky Nurses Association, 100 Whittington Parkway, Suite 101, Louisville, KY 40222-4900 or fax with credit card payment information to (502) 637-8236. For more information, please contact (502) 637-2546.

Name __________________________ Phone __________________________
Address ___________________________________________________________________________________________
City __________________________ State ________ Zip Code __________________________
Visa/MasterCard/Discover # _______ - _______ - _______ - _______
Expiration Date __________________________
Signature (Required) __________________________

Shipping and Handling

| $0.00-$5.00 | $2.50 | $75.01-$90.00 | $19.00 |
| $5.01-$15.00 | $4.50 | $90.01-$150.00 | $25.00 |
| $15.01-$30.00 | $6.50 | $151.01-$200.00 | $35.00 |
| $30.01-$45.00 | $8.50 | $201.00-$300.00 | $50.00 |
| $45.01-$60.00 | $10.50 | $301.00 and up | $65.00 |
| $60.01-$75.00 | $12.00 | Express Shipments** | At Cost** |

**Express Shipment Expense Billed to Credit Card Only**

---

---
<table>
<thead>
<tr>
<th>January 2010</th>
<th>August 2010</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 New Year’s Day Holiday—Office Closed</td>
<td>16 Materials due for October / November / December 2010 Issue of Kentucky Nurse</td>
</tr>
<tr>
<td>4 KNA Office Reopens</td>
<td></td>
</tr>
<tr>
<td>5 2010 Legislative Session, Frankfort, KY (January 5-April 15, 2010)</td>
<td>6 Labor Day Holiday – KNA Office is Closed</td>
</tr>
<tr>
<td>12 2:00 PM Governmental Affairs Cabinet</td>
<td>October 2010</td>
</tr>
<tr>
<td>14 2:00 PM Nominating Committee</td>
<td>13-16 American Psychiatric Nurses Association Annual Meeting, Louisville</td>
</tr>
<tr>
<td>25 9:00 AM—Noon KNA Board of Directors Meeting, KNA Office</td>
<td>20 Specialty Day at KNA Convention, Louisville, Kentucky</td>
</tr>
<tr>
<td>February 2010</td>
<td>21-22 KNA Convention, Louisville, Kentucky (Holiday Inn, Hurstbourne)</td>
</tr>
<tr>
<td>9 Legislative Day, Frankfort Convention Center, Frankfort, KY</td>
<td>TBA KANS Convention</td>
</tr>
<tr>
<td>15 Materials due for April / May / June 2010 Issue of Kentucky Nurse</td>
<td>November 2010</td>
</tr>
<tr>
<td>March 2010</td>
<td>15 Materials due for January / February / March 2011 Issue of Kentucky Nurse</td>
</tr>
<tr>
<td>1 11:00 AM Editorial Board</td>
<td>25-26 Thanksgiving Day Holiday – KNA Office is Closed</td>
</tr>
<tr>
<td>April 2010</td>
<td>December 2010</td>
</tr>
<tr>
<td>May 2010</td>
<td>20-31 Christmas Holiday – KNA Office is Closed</td>
</tr>
<tr>
<td>16 Materials due for July / August / September 2010 Issue of Kentucky Nurse</td>
<td>January 2011</td>
</tr>
<tr>
<td>31 Memorial Day Holiday – KNA Office is Closed</td>
<td>1-2 New Years Day Holiday – KNA Office is Closed</td>
</tr>
<tr>
<td>June 2010</td>
<td>3 KNA Office Reopens</td>
</tr>
<tr>
<td>30 Deadline for Submissions for the Call to Convention 2010</td>
<td><strong>All members are invited to attend KNA Board of Directors meetings (please call KNA first to assure seating, meeting location, time and date)</strong></td>
</tr>
<tr>
<td>July 2010</td>
<td></td>
</tr>
<tr>
<td>3 Fourth of July Holiday – KNA Office is Closed</td>
<td></td>
</tr>
</tbody>
</table>
Home Study Courses Offered by the Kentucky Nurses Association

Home Study Courses include a written booklet, fun activities, and an open-book post-test for CE credit. The test, regular grading, and CE Credit are included in the course price. Tests are hand graded by Susanne Hall Johnson with individual feedback on your test. Course must be completed and returned within 3 months of receipt to receive credit.

- Assessment of the Families at Risk: High Risk Parenting (AFR) (3) Reviews family assessment and strategies for helping families when child or parent is at medical risk. (6 contact hours) $59.00

- Management by Objectives for Nurses (MON) (9) Use the management by objectives technique in your nursing practice to manage a project, group, or professional growth. (6 contact hours) $48.00

- Marketing Nursing at the Bedside (MN) (9) Increasing the image, respect, and reputation of the nurse, your unit, and your agency by marketing yourself as a nurse directly to the patient, family, client, physician or management. (6 contact hours) $48.00

- Preventing Burnout: Reducing Frustrations and Dealing with Stress (PBO) (2) Guides you in identifying the nursing stressors which increase frustration at work and helps you actually develop strategies to reduce burnout. (6 contact hours) $48.00

Audiotape Courses

Audiotape courses are taught by Suzanne Hall Johnson and include a booklet with fun activities and audiotape(s). The post-test and CE credit are optional for the audiotape courses. Select just the course, or the course plus the test / credit below. Tests are hand graded by Susanne Hall Johnson with individual feedback on your test.

- Increasing Nurses’ Time in Direct Care (DIR) (2) (6 contact hours, 3 tapes and booklet: $65.00. Additional $19 for optional test/credit.)

FACULTY
Suzanne Hall Johnson, MN, RNC, CNS is the Director of Hall Johnson Consulting and the Editor of Nurse Author & Editor. She is a Clinical Nurse Specialist, UCLA graduate with honors, and a Distinguished Alumni from Duke University. (Copyright 2003 Suzanne Hall Johnson)

To order, please check the box in front of the Home Study or Audiotape Course(s) you want to purchase. Complete the information below, and return with your check, money order or credit card information to:

Kentucky Nurse Association
200 Whittington Parkway, Suite 101
Louisville, KY 40222-4900
FAX: 502-637-8236

KNA Centennial Video
Lest We Forget Kentucky’s POW Nurses

This 45-minute video documentary is a KNA Centennial Program Planning Committee project and was premiered and applauded at the KNA 2005 Convention. “During the celebration of 100 years of nursing in Kentucky—Not To Remember The Four Army Nurses From Kentucky Who Were Japanese prisoners for 33 months in World War II, would be a tragedy. Their story is inspirational and it is hoped that it will be shown widespread in all districts and in schools throughout Kentucky.

POW NURSES
Mary Jo Oberst, Owensboro
Edith Shacklette, Cedarflat

Video Price: $25.00 Each
DVD Price: $25.00 Each
Total Payment

Name ________________________________ Phone ________________________________
Address ________________________________
City ___________________________ State _________ Zip Code ______________
Visa * MasterCard * Discover * # ________
Expiration _________ Signature (Required) ________________________________
WELCOME NEW MEMBERS

The Kentucky Nurses Association welcomes the following new and/or reinstated members since the October/November/December 2009 issue of the KENTUCKY NURSE.

District #1

Recruited By

Tina Marie Ballard
Diane L. Bielefeld
Jane K. Bradshaw
Angela M. Budd
Ruth M. Carrico
Dino A. DeSantis
Melanie Eadens-Schardein
Barbara Fallis
Kimberly Gibbs
Jeanette M. Jeffers
Vickie Ann Miracle
Vicky Lynn Raisor
Maria Rowena Sale Cadorna
Melissa O. Schellenberger
Jorecia Adams Singleton
Barbara H. Stackhouse
Sheila D. Ward

District #2

Recruited By

Stephanie D. Burdine
Valerie R. Cornett
John R. Evans
Julianne Z. Ewen
Billie J. Miller
Lori Susan Molenaar
Joan Alice Osborne
Elizabeth L. Owen
Aundrea Raleigh
Peggy Ann Riley
Susan W. Skorn
Carla M. Teasdale
Donna S. Tessner
Deborah C. Whitehouse

District #3

Recruited By

Mary A. Crowell
Donna M. Gates
Karen W. Lahr

District #4

Recruited By

Janice D. Elder
Debra Winstead

District #5

Recruited By

Jennifer Lynn Blasdel
John Joseph Carroll
Megan Fondaw
Laura L. Miller
Kathy G. Rudolph
Kevin Scalf

District #6

Recruited By

Yalanda D. Baker-Scalf
Melissa D. Cornett-Kearnely
Robin Shawn Goff
Melissa D. Humfleet
Karen Stephens
Venda J. Kelley
Terry A. Larson
Nancy G. Owens
M. Susan Jones
Tracy S. Patil

District #7

Recruited By

Lori K. Diehl
Jame Powers

District #8

Recruited By

Mary Gail Wilder
Jana Buckles

District #9

Recruited By

Charlene Maddox
Kelly A. Workman
Jennifer Moore

District #10

Recruited By

Judy G. Jenkins
Stephanie Jo Johnson
Joyce A. Menshouse
Heidi M. Moore
Mary T. Shoemaker
Sheila Stephens

District #11

Recruited By

Brandy Dawn Johannes
Membership Category
- Full Membership: $287.00 Annually or $23.92 Per Month
- Associate Membership: $143.50 Annually or $11.96 Per Month
- Special Membership: $71.75 Annually or $5.98 Per Month

New graduate from basic nursing education program within six months of graduation (first membership year only)
- RN if enrolled as a full-time student at
- (KNA reserves the right to verify enrollment)
- RN who is not currently employed as a nurse due to disability
- RN who is retired and not actively employed
- RN if employed full-time
- Full Membership: $287.00 Annually or $23.92 Per Month
- Associate Membership: $143.50 Annually or $11.96 Per Month
- Special Membership: $71.75 Annually or $5.98 Per Month

Select your KNA District from the map:
District 1

Note: State nurses' association dues are not deductible as charitable contributions for tax purposes, but may be deductible as a business expense.

Under Kentucky Law, that portion of your membership dues used by Kentucky for lobbying expenses is not deductible as an ordinary and necessary business expense. KNA reasonable estimates that the non-deductible portion of dues for the 2008 tax year is $98.74.

Payment Plan (please check)
- Full Annual Payment of $287.00
- Check (payable to KNA)
- Yes
- MasterCard
- Payroll Deduction
- This payment plan is available only where there is an agreement between your employer and KNA to make such deduction.

Payroll Deduction Signature*

Epay Authorization Signature**

Credit Card Information
- Bank Card Numbers
- Expiration Date
- Amount
- Authorization Signature

Printed Name
I heard about KNA from
- KNA Monitor
- Presentation
- RNSS
- Media/Publication

If you are an actively licensed RN (check one):
- Management
- Staff
- Educator

Status

Sex
- 1 Male
- 2 Female

Would you like to receive KNA email updates with important information relative to nursing and healthcare? Yes ☐ No ☐

State _______________ District ____________________

To Be Completed by KNA/ANA

Printed Name

*By signing the Epay or Annual Credit Card authorizations, you are authorizing ANA to change the amount by giving the above-signed thirty (30) days advance written notice. Above signed may cancel this authorization upon receipt by ANA of written notification of termination twenty (20) days prior to the deduction date designated above. Membership will continue unless this notification is received. ANA will charge a $5 fee for any returned drafts of chargebacks.

**Monthly epay includes $.50 service charge (effective 1/2004)