National Nurses Week History

National Nurses Week begins each year on May 6th and ends on May 12th, Florence Nightingale’s birthday. These permanent dates enhance planning and position National Nurses Week as an established recognition event. As of 1998, May 8 was designated as National Student Nurses Day, to be celebrated annually. And as of 2003, National School Nurse Day is celebrated on the Wednesday within National Nurses Week (May 6-12) each year.

The nursing profession has been supported and promoted by the American Nurses Association (ANA) since 1896. Each of ANA’s state and territorial nurses associations promotes the nursing profession at the state and regional levels. Each conducts celebrations on these dates to recognize the contributions that nurses and nursing make to the community.

The ANA supports and encourages National Nurses Week recognition programs through the state and district nurses associations, other specialty nursing organizations, educational facilities, and independent health care companies and institutions.

A Brief History of National Nurses Week
1953 Dorothy Sutherland of the U.S. Department of Health, Education, and Welfare sent a proposal to President Eisenhower to proclaim a “Nurse Day” in October of the following year. The proclamation was never made.
1954 National Nurse Week was observed from October 11–16. The year of the observance marked the 100th anniversary of Florence Nightingale’s mission to Crimea. Representative Frances P. Bolton sponsored the bill for a nurse week. Apparently, a bill for a National Nurse Week was introduced in the 1955 Congress, but no action was taken. Congress discontinued its practice of joint resolutions for national weeks of various kinds.
1972 Again a resolution was presented by the House of Representatives for the President to proclaim “National Registered Nurse Day.” It did not occur.

Best Practices for Retention of Older Nurses

Improvements in Patient Handling
- Provide mechanical patient lifts & devices to aid ambulation and transfers
- Develop transport and lift teams
- Develop patient handling policies
- Education regarding improved Patient handling techniques
- Acquire new and improved patient handling techniques & devices

Adaptations in Work Environments for the Nurse
- Decentralized nursing stations to allow for easy access to patient rooms
- Improved flooring for areas of prolonged standing
- Enhanced lighting schemes over task areas
- Provide accessible, adequate, and comfortable rest areas away from nursing station
- Incorporate ergonomically correct seating at nursing stations

Scheduling Flexibility
- Offer nontraditional lengths of daily shifts
- Offer longer breaks for adequate rest
- Offer more off days between work days
- Offer self scheduling, shift sharing options, and flexibility around educational schedules

Best Practices continued on page 6
Alabama Board of Nursing Vacancies

There will be 2 RN positions open and 1 LPN position open as of January 1, 2011. The term of Pamela Autry, Nursing Practice; Sylvia Nobles, Advanced Education; and Greg Howard, AFLPN will expire December 31, 2010. RN applications only are available from the ASNA office. Call Betty at 334-262-8321 or Greg Howard. AFLPN 1-205-554-2000 Ext.2270.

Condolences to:

- Long-time active members Mattie Simms & Joy Morris.
- Long-time ASNA former member Frances Chisolm.
- Anita McFaddin on the death of her husband John.
- Edna Moore on the death of her sister.
- Paula Gasser on the death of her mother.

National Nurses Week continued from page 1

1974 In January of that year, the International Council of Nurses (ICN) proclaimed that May 12 would be “International Nurse Day” (May 12 is the birthday of Florence Nightingale.) Since 1965, the ICN has celebrated “International Nurse Day.”

1974 In February of that year, a week was designated by the White House as National Nurse Week, and President Nixon issued a proclamation.

1978 New Jersey Governor Brendan Byrne declared May 6 as “Nurses Day.”

1978 Mr. Scanlan had this date listed in Chase’s Calendar of Annual Events. He promoted the celebration on his own.

1982 Nixon issued a proclamation.

1993 ANA, along with various nursing organizations, rallied to support a resolution initiated by nurses in New Mexico, through their Congressman, Manuel Lujan, to have May 6, 1982, established as “National Recognition Day for Nurses.”

1982 In February, the ANA Board of Directors formally acknowledged May 6, 1982 as “National Nurses Day.” The action affirmed a joint resolution of the United States Congress designating May 6 as “National Recognition Day for Nurses.”

1982 President Ronald Reagan signed a proclamation on March 25, proclaiming “National Recognition Day for Nurses” to be May 6, 1982.

1990 The ANA Board of Directors expanded the recognition of nurses to a week-long celebration, declaring May 6–12, 1991, as National Nurses Week.

1993 The ANA Board of Directors designated May 6–12 as permanent dates to observe National Nurses Week in 1994 and in all subsequent years.

1996 The ANA initiated “National RN Recognition Day” on May 6, 1996, to honor the nation’s indispensable registered nurses for their tireless commitment 365 days a year. The ANA encourages its state and territorial nurses associations and other organizations to acknowledge May 6, 1996 as “National RN Recognition Day.”

1997 The ANA Board of Directors, at the request of the National Student Nurses Association, designated May 8 as National Student Nurses Day.
As a Registered Nurse we have all had those moments of great success when we felt like the work we had done truly made a difference in the world. I call those days our Florence Nightingale days. Nightingale has long been recognized all over the world as the official face of nursing. The work she did was groundbreaking and the accolades bestowed upon her are well deserved. We would all like to think that like Nightingale, we will also be remembered for our great works. However, I would like to introduce you to a nurse that made an equally important difference in the world during the same period as Nightingale. Many of us have never been taught about her, or have even heard her name. But, Carnegie (1995) captures the story of Mary Seacole who was by no means less important, nor did her work make less of a difference. When Seacole offered to care for dying soldiers in London, her services were not accepted. Not because she could not do the work of a nurse, but because she was female and a person of color. But although she faced prejudice, a lack of funds and minimal supplies she would not be deterred. Seacole spent her own money and was often found caring for soldiers on both sides of the battle. She along with many others whose names we will never know brought healing to the sick without any recognition or reward.

Nightingale has deservedly been honored many times for her work. Many of you may in fact be a Florence, working and making a difference one patient or student at a time, while you may not be remembered as a Florence, many of you may in fact be a Florence. The fact is most of us will not. But if you keep working and making a difference one patient or student at a time, you will be remembered as a Mary. Considering Mary Seacole's history, that wouldn't be so bad.


### Strategic Plan 2010

<table>
<thead>
<tr>
<th>GOAL</th>
<th>OBJECTIVE</th>
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<tbody>
<tr>
<td>Provide leadership for health policy and legislative activities</td>
<td>1. Collect and disseminate information related to proposed and on-going legislation affecting nursing and health care</td>
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<td>2. Maintain lobbying activities in the state legislature.</td>
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<td>3. Assume nursing representation on key committees and boards that affect health-related legislation.</td>
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<td>4. Endorse and provide support for qualified nurses and friends of nursing seeking elected office.</td>
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<td>Advocate for Alabama nurses on professional practice issues</td>
<td>1. Offer support and guidance for professional practice issues</td>
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<td>2. Disseminate information on professional practice issues</td>
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<td>Provide for the continuing professional development for Alabama nurses</td>
<td>1. Maintain continuing education provider and approval status</td>
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<td>2. Market continuing education services</td>
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<td>3. Market and disseminate leadership competency CD series to nurses</td>
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<td>4. Disseminate evidence-based practice (EBP) findings</td>
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<td>Improve the visibility and image of nursing</td>
<td>1. Recruit and retain members</td>
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<td>2. Improve public visibility and image of nursing</td>
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<td>Evaluate organizational effectiveness, relevance and efficiency as an on-going process</td>
<td>1. Review structural efficiency of ASNA</td>
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<td>2. Investigate more efficient and effective ways of communicating with nurses</td>
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<td>3. Explore a number of options for increasing the fiscal viability of ASNA such as, affinity programs, discounted membership options, etc.</td>
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### Evaluation of 2008-2009 Strategic Plan

- Lobbying presence during legislative session—5 days a week
- Nursing representation on 7 community boards and/or committees
- CE Committee sponsored a number of programs related to pertinent practice issues at the following educational opportunities: Elizabeth Morris Clinical Education Sessions—FACES ’09; ASNA 2009 convention; AND in the following publications and/or Websites: Alabama Nurse; ASNA Website; and regional educational opportunities: ASNA 2009 convention
- ASNA President and/or Executive Director (ED) attended all meetings of the Alabama Nursing Coalition

### ASNA President

**Debbie Faulk, PhD, RN**

**ASNA President**

When this edition of the Alabama Nurse is published and arrives in the mail to the homes of 62,000 plus Alabama nurses, I will be a mere seven months away from the end of my term as YOUR President of ASNA. In early November of 2009, the ASNA Board of Directors evaluated the 2008-2009 strategic plan and developed a new plan for 2010. In this message, I would like to provide you with a list of accomplishments, as well as, a list of goals and objectives for 2010. Many, many times I have heard nurses say, “What has ASNA done for me?” I believe it is extremely important that you know what YOUR state nurses association has done for you in fulfilling the mission of promoting excellence in nursing and in what ways it will continue to work throughout 2010. In the next edition I will provide the performance indicators and an update related to meeting the goals and objectives.

I am also very excited to include an inspiring message that was presented by Mr. John Hankins, Director of Nursing for the Alabama Public Health Department, at the 2010 Nurse’s Day at the Capitol. This year’s event was a huge success with more than a 1,000 nurses and students advocating for nursing and access to health care for Alabama citizens.

As always, in order to make a difference in health care, nurses must be united. While we have many voices and diverse values, we can dialogue, agree to disagree, and yet show others that we speak with one strong CIVIL voice when it comes to providing quality access to care for Alabama citizens and to promoting excellence in nursing. We at ASNA strongly believe that this advocacy can be best accomplished through membership in ASNA. Thank you for your time and attention. I want ALL nurses in Alabama to know that ASNA is working with you and for you. If you are a member of ASNA, thank you! If you are not, JOIN us in promoting excellence in nursing.

### John Hankins, RN, MBA

**Director of Nursing, Alabama Department of Public Health**

As a Registered Nurse we have all had those moments of great success when we felt like the work we had done truly made a difference in the world. I call those days our Florence Nightingale days. Nightingale has long been recognized all over the world as the official face of nursing. The work she did was groundbreaking and the accolades bestowed upon her are well deserved. We would all like to think that like Nightingale, we will also be remembered for our great works. However, I would like to introduce you to a nurse that made an equally important difference in the world during the same period as Nightingale. Many of us have never been taught about her, or have even heard her name. But, Carnegie (1995) captures the story of Mary Seacole who was by no means less important, nor did her work make less of a difference. When Seacole offered to care for dying soldiers in London, her services were not accepted. Not because she could not do the work of a nurse, but because she was female and a person of color. But although she faced prejudice, a lack of funds and minimal supplies she would not be deterred. Seacole spent her own money and was often found caring for soldiers on both sides of the battle. She along with many others whose names we will never know brought healing to the sick without any recognition or reward.

Nightingale has deservedly been honored many times for her work. Many of you may in fact be a Florence Nightingale and will help to change the course of nursing history. The fact is most of us will not. But if you keep working and making a difference one patient or student at a time, while you may not be remembered as a Florence, you will be remembered as a Mary. Considering Mary Seacole's history, that wouldn't be so bad.
Every four years, Alabama nurses have the opportunity to determine how the state government will function during the next quadrennium. Of course, as an election year, 2010 presents that opportunity.

It’s been noted that decisions are going to be made. The only issue is who will be seated at the table when the choices are discussed. If nurses get involved in the election process now, RNs will be involved in the decision-making process later.

It also has been noted that politicians are interested in two things—money and votes. Political advertising is expensive, so it’s no disgrace that candidates ask various individuals and organizations for money. The Alabama State Nurses Association has a political action committee with very limited funds. When Joe Decker and I go to the Legislature, we are opposed by groups that put literally hundreds of thousands of dollars, even millions, into political campaigns. ASNA may spread a few thousand dollars among its friends.

The groups raise the funds because they know that campaign contributions will pay off later. No doubt, nurses are going to be out-spent in 2010, like we have been since the inception of political action committees. But these other groups cannot match us in sheer numbers. After all, the state has 62,000 plus licensed nurses. That’s a lot of man- and woman-power.

What should you do? First, we are in desperate need of nurse candidates. Registered nurses, who are ASNA members, are running in two of the 105 House districts. They include April Weaver, a Republican, in District 49, Bibb and Shelby counties, and Terrence Johnson, a Democrat, in District 82, Macon, Lee and Bullock counties. We need more House candidates and some Senate candidates as well. No nurses have announced in any of the 35 Senate districts.

If you are not inclined to offer for election, that is understandable. Public service takes considerable sacrifice and dirty work, so it’s quite an accomplishment that some of the most qualified people often refrain from running. But there are many other things you can do.

Every candidate needs volunteers. Call a candidate’s office and offer to type letters, make phone calls, hand out literature and put up yard signs. It does not matter whether the candidate is a Democrat, Republican or Independent as long as he/she supports nursing.

While the Legislature is where our proposed legislation is introduced, nurses need to be involved in other races as well. Appellate court contests will be decided in 2010 and the governor’s race will be hotly contested in both Republican and Democratic primaries.

The key is involvement. If we help candidates now, they will remember us in the future. So let’s get out there and make a difference for the next four years.

Our ASNA legislative agenda this year will look familiar. We will renew our push to revise the enabling legislation for nursing scholarships, and fight for funds in the Education Trust Fund Budget. We will also work hard to get the NPAA bill for nurse practitioners introduced, and pass along with the NPAA bill for the ADPH Director of Nursing; Heather Raschke, CRNA, President of the AANA; Lori Luce, CRNP and President of the NPAA; and Dr. Ruby Morrison, Professor at the University of Alabama Capstone College of Nursing, past President of ASNA and current President of the Alabama Coalition of Nursing Organizations. We also had excellent media coverage, including the Montgomery Advertiser and other newspapers, and local WAKA-TV 8 (CBS) and WSFA-TV 12 (NBC). Check out the photos on our website at www.alabamanurse.org, and in this edition of the Alabama Nurse.

While there is no need to remind everyone that this is indeed an election year, it is worth pointing out that the face of the Legislature and state government will change dramatically in the next year. Governor Riley is term limited and cannot run for re-election, and all other statewide offices are up for election in November. In the House, Speaker Seth Hammett (D), Reps. Ron Grantland (D) and Frank McDaniel (D) are not running for re-election. In the Senate, Sens. Bobby Benton (D), Larry Dixon (D), Myron Penn (D), and Sen. Kim Benefield (D) will retire/not run again, and Sen. Hank Erwin (R) will vacate his seat to run for another office. Sen. Hank Sanders (D), who had previously announced his retirement after 7 terms, has reconsidered and will in fact run for re-election. And don’t forget: we have two ASNA nurse members running for office–April Weaver (R) in District 49, and Terrence Johnson (D) in District 82. Let’s get out there and support them, it would be terrific to have two RNs in the state legislature! lots of changes coming. We urge all of us of the members to be informed about the issues and candidates, get involved and above all VOTE in November. You can make a difference.

Our ASNA legislative year this year will look familiar. We will renew our push to revise the enabling legislation for nursing scholarships, and fight for funds in the Education Trust Fund Budget. We will also work hard to get the NPAA bill for nurse practitioners introduced, fairly heard and debated, and passed. Other bills we have an interest in include: HB 462 (Lay) Midwifery Board; HB 207, Medical Marijuana; HB 134, Domestic Violence; HB 173, Patient’s Trafficking; HB 150, Alabama’s Disease Task Force; and HB 432, Human Trafficking. There are also numerous bills already introduced about gambling in Alabama, many ethics reform bills and various education related bills. This will be further complicated by the gambling, ethics reform, charter schools, sales tax on food, and road stimulus package (using Alabama Trust Fund monies) bills proposed. The result will most likely be a very contentious period, especially in an election year. We could be in for a rough ride.

Finally, here as some dates to remember for 2010.

**FACES 2010**
Tuesday, 20 April
Montgomery

**ANA HOD**
16-19 June
Washington DC

**ASNA Convention**
30 Sept–2 October
Mobile

Hope to see you at every event.
Suggestions on How to Celebrate National Nurses Week

- Hold a special celebration or reception to recognize a nurse or several nurses in your community. These nurses could be honored for heroic acts, years of service to the community, exemplary courage, or their commitment to the nursing profession over the years.
- Promote a positive, realistic image of registered nurses by sponsoring health fairs, conducting preventive screenings in underserved areas, organizing a walk-a-thon, etc.
- Place an article in your state or local newspaper(s) about National Nurses Week and the value of nurses.
- Invite a politician–local, state or federal–to accompany a nurse or several nurses at their place of employment for a day or part of a day. Health care remains an issue of tremendous importance to voters. Politicians should be visible and accountable for their positions on health care. This is a win-win situation and it offers good media coverage potential.
- Sponsor a community-wide event, such as a coloring contest or poem-writing contest for school children. The children could acknowledge their favorite nurse, a famous nurse, or family member who is a nurse–past or present–in a colorful drawing. The drawings could be displayed in local schools, hospitals, nursing homes, etc.
- Work cooperatively with hospitals, schools, and libraries to set up a special display for National Nurses Week.
- Host a press conference. Discuss an important health care issue in your community; release the findings of a local survey; honor a nurse for a heroic act; or bestow an “honorary” nurse title to a deserving politician or civic leader.
- Organize a free cholesterol and/or blood pressure screening in your local community and promote via radio announcements, flyers, posters, etc.
- Host a hearing before city council or hold a town meeting on nursing’s concerns about the recent trends in health care (nurses being replaced by unlicensed assistive personnel, safety and quality of care issues, etc.)
- Invite a local celebrity (one who has spoken about health care in the past; one who has personally been a patient of a nurse; or one whose family member has been a patient) and request his/her sponsorship of National Nurse Recognition Day and/or National Nurses Week. Hold an event and ask him/her to speak about a personal experience in which he/she was cared for by a nurse.
- Host a fund-raiser (i.e., walk-a-thon) and donate money to a local charity. Emphasize the importance of registered nurses in our nation’s health care system; pay tribute to a local nurse; or recognize all registered nurses who are indispensable and provide care selflessly 24-hours a day, seven days a week, 365 days a year.
- Request a proclamation from your mayor/governor declaring May 6 as National Nurse Recognition Day and/or May 6-12 as National Nurses Week. (Sample proclamation)
- Host an editorial board meeting with leading state or local newspapers. Discuss the importance of registered nurses at the bedside and the nursing profession’s concerns about current issues, specifically those related to safety and quality of care.
- Organize a candlelight vigil on National Nurse Recognition Day (May 6) in honor of the hard work and commitment of the nurses in America.
- Suggest that your state or local newspaper solicit stories from readers who would like to pay tribute to a nurse who provided exemplary care.
- Press release is available.
- Obtain support from other nursing and health care organizations in your area by asking them to sponsor National Nurse Recognition Day and/or National Nurses Week and to hold a joint event with your organization.
Best Practices for Retention of Older Nurses

Expanding Roles
• Development of career paths/ladders appropriate for the older nurse
• Re-tooling skills sets to accommodate other job positions
• Involve older nurses in succession planning
• Mentor younger nurses for succession planning
• Offer leadership, mentoring and preceptoring roles for older nurses
• Create non-traditional roles for the older nurse

Technological Support
• Offer training to older nurses in computer literacy
• Adapt training to different learning modalities and tools
• Redesign & simply processes
• Incorporate larger font for text & computer screens
• Use of integrated Management Information Systems, (MIS) that will reduce redundancy in documentation
• Provide Computer Work Stations on Wheels or at the bedside with consideration for larger computer screens
• Increase the number of work stations on nursing units
• Adapt systems that are more portable for use on nursing units
• Develop dedicated tech support teams to assist nurses
• Adapt telephone systems that are more portable

Retirement Benefits
• Portable pensions
• Incentivized pensions
• Avoid financial penalties for returning part time retirees
• Provide buy back options for nurses who return to the workplace

Health Benefits
• Provide access to health benefits for part time employees
• Group rates for Long Term Care insurance
• Discounted medication cost plan
• Offer the option of a cafeteria style healthcare benefit plan
• Offer a tax-free health account to save toward additional medical expenses.

Wellness Support Systems
• Provide access to preventive health and wellness programs
• Provide preferred parking or valet parking for older nurses
• Provide appropriate ergonomic environments
• Educate older nurses on appropriate ergonomic measures and ergonomic accessories
• Provide decreased membership cost in exercise facilities

Refine the Culture
• Include older workers in selection of new equipment, supplies or environmental changes
• Include older nurses in unit & hospital committees
• Include older workers in writing policies, procedures, and processes
• Include older workers in workplace redesign modifications
• Knowledge transfer paired with phased retirements
• Offer mentoring and coaching programs designed especially for the older nurse

Nurse Practitioner Alliance of Alabama 2010

This year marks the beginning of the fourth year for the Nurse Practitioner Alliance of Alabama (NPAA). Our mission is to advocate for professional privileges consistent with our educational preparation and for issues of significance for the welfare of advanced practice nurses and most importantly for our patients. The work of NPAA is completed through a steering committee comprised of representatives from the regional groups of advanced practice nurses in Alabama. If you are interested in serving on this committee, please contact Lori Liocce at liocce@samford.edu.

We are proud to announce that Joe Decker, the ASNA Executive Director and the Attorney Don Eddins are the new lobbyists for the NPAA legislative bill this year. This marks a tremendous moment in nursing in Alabama as the organizations join forces to advocate for nursing. I would like to thank the ASNA and NPAA leadership for completing this vision.

The 2010 NPAA Legislative bill has been completed. Included with this article, you will find a synopsis of the bill with rationale for the requested changes. I would like to emphasize that the bill does not in any way attempt to change collaborative practice.

All advanced practice nurses have been educated, nationally board certified, and charged with the responsibility of treating and diagnosing patients for primary care of injuries, acute and chronic disease and illness, but have not been granted the state authority to do so appropriately. The NPAA bill advocates for prescriptive privileges for controlled substances schedule II to V for advanced practice nurses in collaborative practice with physicians. This authority would improve the quality of symptomatic care and recovery for our patients. Alabama remains one of two states in the entire country that have not been granted this privilege.

Advanced practice nurses practice in many settings outside the hospital that add additional access to healthcare for patients who desire the best in medical care. Unilateral authority to prescribe controlled substances, schedules III to V. This was a monumental achievement for the patients of Alabama and we support and commend the legislators and physicians for supporting this improvement.

As nurses who represent a large and diverse group of constituents and patients, please join me in contacting legislators to support this bill and in voting for those legislators who are willing to stand up for the patients and nurses of Alabama. Remember this is an election year. Whatever you consider yourself a democrat, republican, or independent this is a bipartisan prescription to improve the quality of patient care by decreasing unnecessary pain and treatment delays.

A "Call to Action" has been issued for all nurses, not just advanced practice nurses. Please read and share the following information with your colleagues, friends, and families. Every call and letter makes a difference. Remember, only with a united mission and message will change succeed. Our message and mission are simple: advocate for your patients. The quality of healthcare should drive policy decisions. I thank you for your commitment and service to the nursing profession. For more information on how to help pass this legislation, find your regional group, or information on our bill please visit www.npalliancecalabama.org

Developed by ASNA Commission on Professional Issues


Panel discussions: leading a healthy work environment. Panel discussion at the Alabama State Nurses Association Convention, Tuscaloosa, AL.


I Stand for Nursing

by Rebecca Huie, BSN, RN

My nursing career began 14 years ago. I graduated from Wallace State Community College with an Associate Degree in Nursing. A very special person, Helen James, RN helped me to develop the excellent nursing skills, knowledge, and courage that I needed to embark in my career. Her patience, encouragement, and faith in me helped to give me the confidence that I needed.

I spent the next 8 years in long-term care as a staff nurse and RN Supervisor under her mentorship. This initial experience in nursing taught me how to be a loving, compassionate, and caring nurse. Working with the geriatric population requires the “Art of Nursing” to be incorporated into the core values of a person’s nursing career. As a young new nurse, working with this population was difficult at times, due to the substantial amount of end of life situations that I had to face. However, these experiences enhanced my understanding of the compassion that is required to be a true nurse.

For the past 6 years I have worked for the Birmingham Veterans Administration Hospital. My career there began on a busy surgical-neurology unit, where I had a couple of great mentors that help to encourage me and I currently work in the Surgical/Cardiovascular Intensive Care Unit in the role of Charge Nurse. Surgery is my passion and my interests reside primarily in Cardiac Surgery. I enjoy the exhilaration of receiving an open heart patient straight from the O.R. and providing the appropriate nursing care to the patient during this critical time. I serve as a mentor for new nurses at both the VA and UAB. I have received enormous support and encouragement from Greg Eagerton, DNP, Associate Director of Patient Care Services and Cynthia Cleveland, MSN, Chief Nurse of Patient Care Services since my employment at the VA. They both have encouraged me and given me many wonderful opportunities to enhance my career.

I have been a member of ASNA/ANA for almost three years. I was unaware of the importance of being an active member of a professional organization. When I decided to further my education in nursing Debra Litton, SICU/CVICU Nurse Manager became my mentor. She was the President of District 3 at the time, and she helped to open doors of opportunities for me. She has been a vital part of my professional development and my endeavor as a member of ASNA/ANA. Since my membership in ASNA/ANA I have assisted with a scholarship fundraiser and I have attended the 2008 and 2009 Annual ASNA Convention and served as a delegate. I am on the Nominations Committee, Awards Committee, and I currently hold the position as Secretary for District 3. Being a part of such a huge organization that supports my profession is a huge reward.

I hope to encourage and educate fellow nurses of the importance of getting involved in making changes and fighting for the nursing profession. Every nurse should realize the impact that they can have on other nurses, just as I realize the positive impact that so many valuable nurses have had on my career and life. The support, encouragement, compassion, and confidence that were shown to me during my development as a nurse, means more to me than words can express. My experience as a nurse has shown me that nursing is more than just caring for the patient, but caring for each other.
### New/Reinstated Members:

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<tr>
<th>District 1</th>
<th>Name</th>
<th>Credentials</th>
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<tr>
<td></td>
<td>Amy Dooley-Speegle, RN</td>
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<td>Paul Thomley, RN</td>
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<td>Ava Farr, RN</td>
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<td>Mukesha Mgbuje, RN</td>
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<td>Diedre Malone, RN</td>
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<td>Patricia Pearce, MPH, PhD, FNP-BC</td>
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<td>Gina Nix, RN, BSN, MSN</td>
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<td>Beverly Douthit, RN</td>
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<td>Mary Lane, MSN, RN</td>
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<td>District 4</td>
<td>Jennifer Walley, RN</td>
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<td>Mary Geilhken, RN</td>
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<td>Cathy Beatty, ADN</td>
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<td>District 5</td>
<td>Jenn McLeod, RN</td>
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<td>Sabrina Lee, RN</td>
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<td>Lisa Martin, RN, HCS-D</td>
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### BE AN ACTIVE MEMBER!

Serve on an ASNA Committee for 2010-2011

If you are willing to serve, please indicate your choice(s) on this form and return it to the ASNA office.

### STANDING COMMITTEES

<table>
<thead>
<tr>
<th>Committee</th>
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<tr>
<td>___</td>
<td>Committee on Governance</td>
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<td>Committee on Legislative Task Force</td>
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### SPECIAL COMMITTEES

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<th>Committee</th>
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* Appointed by each District Board of Directors

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<th>Name</th>
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Meetings may be held at the ASNA office, virtual (online) or by telephone conference.

REMEMBER: 70% of your dues are tax deductible!

NOW IS THE TIME FOR YOU TO PROVIDE LEADERSHIP IN YOUR PROFESSIONAL ASSOCIATION!
<table>
<thead>
<tr>
<th>TIME</th>
<th>AANS</th>
<th>CLINICAL 1</th>
<th>CLINICAL 2</th>
<th>CLINICAL 3</th>
<th>DIABETES</th>
<th>MEDICAL</th>
<th>MENTAL HEALTH</th>
<th>SEXUAL ASSAULT NURSEING</th>
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<td>8:00–9:15 AM</td>
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<td>10:00–11:00 AM</td>
<td>A</td>
<td>Organ Donation</td>
<td>Health Literacy: Understanding</td>
<td>Women And End Of Life Needs: Gender</td>
<td>Diabetes In Pregnancy – Jennifer Godwin,</td>
<td>A Little Pain Will Not Kill You... Will It? – Amelia B. Blackwell, RN &amp; Dr. Ramona Browder Lazenby</td>
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<td></td>
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<td>And Transplantation: An Issue Without</td>
<td>The Nurse’s Role In Assessing The</td>
<td>Differences In Care – Dr. Joyce</td>
<td>BSN, RN</td>
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<td>Boundaries ~ Ann Rayburn, BSN, RNM, &amp;</td>
<td>Newest Vital Sign – Dr. Leigh Anne</td>
<td>McCallers Varner</td>
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<td>Beverly Berry, BS</td>
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<td>11:15 AM–12:15 PM</td>
<td>B</td>
<td>Passing Nursing School And The NCLEX® Exam ~ Wilda Rinehart, MSN, RN</td>
<td>Concierge Medicine And Its Impact On Health Care ~ Dr. Mary Annette Wright &amp; Dr. Janice L. Vincent</td>
<td>Effective Delivery Methods Of Cultural Competence Education For Health Care Professionals ~ Dr. Patricia Ann Pugh</td>
<td>Management And Treatment Of Post-Stroke Complications ~ Dr. Allison J. Terry &amp; Stacey E. White, MSN, MSHA, FNP</td>
<td>Managing The Pediatric Patient With Diabetes – Ava W. Mitchell, DNPhc, MSN, CRNP-BC, FNP</td>
<td>Autoimmune Diseases And Pregnancy ~ Dr. Janice Nelson</td>
<td>The Mental Health Needs of Foster Children ~ Dr. Sara C. Majors</td>
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<td>12:15–1:15 PM</td>
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<td>2:40–3:40 PM</td>
<td>C</td>
<td>Prepare For Your Retirement ~ Mark R. Miehle (CE Not Available)</td>
<td>Medication Administration Checking: The Use Of Bar Coding In Technology To Reduce Medication Errors In A Hospital Setting – Tricia K. Hury, MSN, RN, FNP</td>
<td>Asthma and the Environment – Weiyi Soong, MD</td>
<td>Has Your Well Run Dry? How To Revitalize Your Nursing Practice By Revitalizing Yourself ~ Jennifer B. Frank, APRN, BC &amp; Honey C. Holman, MSN, RN</td>
<td>Insulin Therapy In The ICU: Are We Doing Enough? ~ David H. James, MSN, RN, CCRN, CCNS</td>
<td>Liver: Without Onions Please! ~ Jill Stokley, MSN, MA, CNS, RN</td>
<td>Current Medications For Chemical Dependency Treatment ~ Dr. Susanne Astrab Fogger</td>
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<td>3:45–4:45 PM</td>
<td>D</td>
<td>Nursing Professionalism In The 21st Century ~ Dr. Janice Nelson &amp; Dr. Geraldine Allen</td>
<td>Elder Abuse ~ Dr. Joyce McCallers Varner</td>
<td>Obesity Of School-Aged Children In Alabama ~ Kimberly C. Norris, MSN, RN &amp; Stacey Bertolla, MSN, RN, CPNP</td>
<td>Diabetes: A Proxy For Cardiovascular Disease ~ Dr. Cathy Russell</td>
<td>Safety First! Caring For Obese Patients Without Harm ~ Dr. Cindy McCoy</td>
<td>Depression: It Is Not Just About Feeling Sad ~ Dr. Ramona Browder Lazenby</td>
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<td>1:15–2:30 PM</td>
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<td>Poster Exhibits will be available for viewing from 9:00 AM until 3:40 PM~You are encouraged to visit vendors during the breaks</td>
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At the conclusion of the presentation the participant should be able to:
1. Describe and define bullying in the workplace.
2. Discuss the relationship of harassment to bullying.
3. Present outcomes of an Evidence-Based Practice project on lateral violence in the workplace.

Clinical 1A
Health Literacy: Understanding the Nurse's Role in Assessing the Newest Vital Sign—Dr. Leigh Anne Minchew
At the conclusion of the presentation the participant should be able to:
1. Define health literacy.
2. Compare selected measures of health literacy.
3. Utilize selected teaching methods to improve health literacy.

Clinical 1B
Promoting Heart Health to African American Women—Dr. Celestine Dent Parker
At the conclusion of the presentation the participant should be able to:
1. Describe the incidence and prevalence of heart disease in African American women.
2. Describe the benefits of offering a church-based heart disease educational program.

Clinical 2A
Women and End of Life Needs: Gender Differences in Care—Dr. Joyce McCullars Varner
At the conclusion of the presentation the participant should be able to:
1. Review clinical tools for assessing potential skin breakdown.
2. Discuss the risk factors associated with post-stroke complications and skin breakdown.
3. List examples of “best practices” for the prevention of skin breakdown in stroke patients.

Diabetes A
Diabetes in Pregnancy—Jennifer Godwin, BSN, RN
At the conclusion of the presentation the participant should be able to:
1. Identify the risk factors associated with the development of gestational diabetes.
2. Describe the potential pregnancy complications that can arise from uncontrolled diabetes.
3. Identify three factors associated with maintaining good glycemic control during pregnancy.

Diabetes B
Managing the Pediatric Patient with Diabetes—Avia W. Mitchell, DNP(NP), MSN, CRNP-BC, FNP
At the conclusion of the presentation the participant should be able to:
1. Describe and discuss the pathophysiology, diagnostic criteria, and treatment options for pediatric patients with diabetes.
2. Differentiate between type 1 and type 2 diabetes mellitus.
3. Discuss the management and nursing care of the child with diabetes in the primary care setting, utilizing current research.

Medical A
A Little Pain Will Not Kill You… Will It?—Amelia B. Blackwell, RN & Dr. Ramona Browder Lazenby
At the conclusion of the presentation the participant should be able to:
1. Define pain and characterize the types of pain and complications that may occur.
2. Identify legal issues of the mismanagement of pain.
3. Plan appropriate care for hospitalized patients based upon updated knowledge of pain management.

Medical B
Autoimmune Diseases and Pregnancy—Dr. Janice Nelson
At the conclusion of the presentation the participant should be able to:
1. Describe the following autoimmune diseases: Graves Disease, Myasthenia Gravis, Rheumatoid Arthritis, Systemic Sclerosis, Systemic Lupus Syndrome, and Antiphospholipid.
2. Discuss how autoimmune diseases affect pregnancy and how pregnancy can affect the diseases.
3. Describe the potential effects the autoimmune disease may have on the development of the fetus.

At the conclusion of the presentation the participant should be able to:
1. State the changes in the NCLEX® that occurred on April 1, 2007.
2. Implement testing strategies to correctly answer the multiple choice questions.
3. Explore the subject of becoming licensed to practice nursing.
At the conclusion of the presentation the participant should be able to:
1. Discuss reasons professional etiquette is helpful to nurses seeking cooperative relationships with other staff.
2. Identify potential blocks to career advancement by inadvertent breaches of professional etiquette.
3. Select appropriate behaviors for multiple scenarios in which professional protocol is in question.

**AANS C**

* Prepare For Your Retirement—Mark R. Miehle
At the conclusion of the presentation the participant should be able to:
1. Explain how your employee retirement program works.
2. Define the importance of starting early.
3. Explain how to use retirement accounts to your advantage.
4. Define the 3 options you have if you leave your job or retire.
5. Explain the ABC’s of Social Security.
6. Determine how much you will need to retire.

*Note: This activity has no continuing education.

**Clinical 1C**

Medication Administration Checking: The Use of Bar Coding Technology To Reduce Medication Errors In a Hospital Setting—Tricia K. Huey, MSN, RN, PNP
At the conclusion of the presentation the participant should be able to:
1. Explain the rationale behind utilizing bar coding technology including TJC recommendations and the national patient safety goals.
2. Describe procedure for medication administration using bar coding technology including it’s reinforcement of the five rights.
3. Discuss the strengths and weaknesses encountered with this system.

**Clinical 2C**

Asthma and the Environment—Wicky Srogo, MD
At the conclusion of the presentation the participant should be able to:
1. Identify specific environmental triggers that lead to asthma.
2. Explore specific ways to improve the environment of an individual to reduce asthma.

**Clinical 3C**

Has Your Well Run Dry? How to Revitalize Your Nursing Practice by Revitalizing Yourself—Jennifer B. Frank, APRN, BC & Honey C. Holman, MSN, RN
At the conclusion of the presentation the participant should be able to:
1. Describe the negative effects of improper life and role balance among nurses.
2. Name three strategies for improvement through self care and personal wellness.
3. Discuss ideas that will foster a positive work environment where employee wellness is promoted and facilitated.

**Diabetes C**

Insulin Therapy in the ICU: Are We Doing Enough?—David H. James, MSN, RN, CCRN, CCNS
At the conclusion of the presentation the participant should be able to:
1. Discuss the evolution of glycemic control in the ICU.
2. Describe the evolution of UAB’s insulin protocol.
3. Discuss the barriers to glycemic control in the ICU.

**Medical C**

Liver—Without Onions Please!—Jill Stukley, MSN, MA, CNS, RN
At the conclusion of the presentation the participant should be able to:
1. List signs and symptoms of Hepatitis.
2. Name 2 liver diseases.
3. Discuss treatment for 2 liver diseases.

**Mental Health C**

Current Medications for Chemical Dependency Treatment—Dr. Susanne Astrab Fogger
At the conclusion of the presentation the participant should be able to:
1. Identify medications commonly used to treat substance dependency.
2. Discuss management strategies for safe & therapeutic use of medications in recovery.
3. Describe nursing actions and implications for caring around the use of medications for the addict in recovery.

**Clinical 1D**

Nursing Professionalism in the 21st Century—Dr. Janice Nelson & Dr. Geraldine Allen
At the conclusion of the presentation the participant should be able to:
1. Define the components of professionalism.
2. Explore the challenges of professionalism.
3. List today’s challenges to nursing education to teach professionalism.

**Clinical 2D**

Elder Abuse—Dr. Joyce McCullers Varner
At the conclusion of the presentation the participant should be able to:
1. Define elder abuse.
2. Discuss types of elder abuse.
3. Relate when and how to report suspected elder abuse.

**Clinical 3D**

Obesity of School-aged Children in Alabama—Kimberly C. Norris, MSN, RN & Stacee Bertolla, MSN, RN, CPNP
At the conclusion of the presentation the participant should be able to:
1. Define obesity.
2. Identify health related issues in obese children.
3. Discuss programs utilized by the state of Alabama to combat childhood obesity.

**Diabetes D**

Diabetes: A Proxy for Cardiovascular Disease—Dr. Cathy Russell
At the conclusion of the presentation the participant should be able to:
1. Discuss the link between diabetes and cardiovascular disease.
2. Identify the ABCs for managing diabetes.
3. Discuss goals and strategies for minimizing cardiovascular disease in the patient with diabetes.

**Medical D**

Safety First! Caring for Obese Patients Without Harm—Dr. Cindy McCoy
At the conclusion of the presentation the participant should be able to:
1. Identify current nursing practice in caring for obese patients.
2. Discuss evidence-based practices recommended in caring for obese patients.

**Sexual Assault Nursing Intensive**

8:00 AM–4:30PM
Contact Hours: 7.33 (ANCC) 8.8 (ABN)
Forensic Nursing with a SANE/SART Program—Janet Donoghue, BS, RN, SANE-A
This all day workshop is for the nurse who is interested in going in a different direction, but still remains in the discipline of nursing. This session has been planned to paint a picture of the SANE nurse in all aspects of nursing. Have you, the nurse wondered what it would be like caring for a forensic victim? In nursing most of you have cared for a victim of some type forensically, and are unaware that the incident was involved forensically. This session will discuss sexual assault mainly, but you will find an overview of the other forms of forensic.

At the conclusion of the presentation the participant should be able to:
1. Justify ethical and legal concepts of the forensic nurse in clinical decisions.
2. List competencies to care for a forensic victim by a SANE from wounding and healing, evidence collection and nurse management to victims through the ages.
3. Demonstrate interviewing techniques, evidence collection and what is a chain of custody.
4. Describe the Alabama State Sexual Assault Protocol and the ABON in a SANE nursing practice case.
5. Discuss victim’s advocacy services, disabilities, cultural concerns in sex offenders and crime victim’s compensation.

**Poster Sessions:**

1. Can Medication Administration Errors Be Prevented by RNs Documentation of Near Misses and a More Thorough Documentation of OOPs Reports?—Emily Friedman, BSN, RN, Terri Henderson, BSN, RN & Jennifer Thomas, BSN, RN, CPN
2. Over Their Heads—Is Your Healthcare Information Understandable?—Susan Dukett, BSN, RN
3. Changing the Life of Peripheral Intravenous Catheters—Craig Adams, RN, Zella Jones, RN, Leslie Tomin, RN & Susan Wilcon, RN
5. Lateral Violence: A Survey of Registered Nurses, Licensed Practical Nurses, and Psychiatric Nursing Technicians—Velma Freeman, RN, Shesha Harris, RN, & Francine Jones, PhD, RN
6. Job Satisfaction Among Nurses in an Acute Care Setting: Impacts versus Outpatient—Elizabeth Wyckoff, BSN, RN
7. Resistance to Implementation of Clinical Information Systems—Renee Vandiver, BSN, RN
8. Exposing Student Nurses to Death and Dying with Simulation—Cam Hamilton, MSN, RN, & Ginny Langham, MSN, RN
10. Emergency Department Overcrowding: Caring for the Underserved Population—Talya Ball-Cody, BSN, RN

11. The Effect of the Availability of Alcohol-Based Hand Sanitizer on Compliance with Hand Hygiene Policy—Margaret Dunn, BSN, RN-BC

12. Integration of High Fidelity Simulation into an Established Pediatric Code Review for Newly Hired Nurses—Debra Stewart, MSN, RN, Francine Jones, PhD, RN, Lynn Zinkan, RN, MPH, & Naomi Fineberg PhD

13. The Role Family Social Support Plays in Psychiatric Nurses’ Turnover—Beverly Myers, MSN, RN, MA, PhD(c), AHNP, Kathleen Brown, PhD, RN, Andres Azuero, PhD, MBA, Nataliya Ivankova, PhD, & Henry Robertson, MS

14. Mental Health Intensive Care Management (MHICM)—Martha Wood, MSN, RN-BC

15. Nurse Practitioners Knowledge Regarding Implantable Birth Control Device Use in Adolescents—Lucianne Wiggins, BSN, RN

16. The Relationship Between Perceived Wellness and Stages of Change for Exercise Among Rural African American Women—Imani Goodwin, PhD, RN, FNP-BC

17. Parents Perceptions of Nurse Actions Related to Satisfaction in Pediatric Care—Alyssa Cooper, RN, CPN, Francine Clark Jones, PhD, RN, & Bonnie Burnett, RN, BA

18. Nurse Practitioners’ Knowledge of Elder Abuse in Alabama—Tawanna Young, BSN, RN

19.–23. 5 Award Winning Geriatric Focused Posters from Auburn Montgomery Junior Nursing Students

Optional Lunch Menu: Ribeye Steak, (served Med. Well), Baked Potato, Salad, Assorted Desserts, & Tea or Water

Contact Hours:

ANCC = 1.0 CH/session–7.0 CH Possible (includes posters)
ABN = 1.2 CH/session–8.4 CH Possible (includes posters)

Elizabeth A. Morris Clinical Education Sessions–FACES ‘10

Elizabeth A. Morris Clinical Education Sessions–FACES ‘10–Registration Form

Print Name: ____________________________ ABN License Number: ____________________________
Address: ________________________________________________________________________________
City State ZIP
Credentials: ____________________________ Day Phone: ____________________________
*Email: ____________________________________________________________
*Confirmations by Email Only

ASNA is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation
Alabama Board of Nursing (ABNP002) expires March 30, 2013.

Refund/Substitutions:
If cancellation is received in writing prior to April 10, 2010, a refund minus a $20 processing fee will be given. After April 10, 2010, no refund will be given. We reserve the right to cancel the program if necessary. A full refund will be made in this event. A $30 return check fee will be charged for all returned checks/payments.

Make check payable to: Alabama State Nurses Association
Mail Registration form and fee to: 360 N. Hull St. – Montgomery, AL 36104
Fax Registration form to: 334-262-8578

Online Registration Open until Midnight April 15, 2010 at www.alabamanurses.org

Registrations Received after April 15, 2010 will be treated as “At Door”
Credit Card #: ____________________________ Exp. Date: ____________ CVV# ____________
Signature: __________________________________________

Fees if received by April 10, 2010:
( ) $59 ASNA Member ____________ ( ) $79 Non Member ____________
( ) $20 Student ____________ ( ) $10.00 LUNCH* (Optional) ____________
After April 10, 2010 add $10 late fee ____________
Amount Enclosed ____________

All individuals registering at door will be required to pay the late fee.

*Optional Lunch $10.00–not available after April 15, 2010 OR for at-door registration

Session Choices–Circle Only 1 (One) Class for Each Time Frame:
8:00 AM–4:30 PM—Sexual Assault Nursing
10:00 AM 2:40 PM
AANS A AANS C
Clinical 1A Clinical 1C
Clinical 1D Clinical 1B
Clinical 2A Clinical 2C
Clinical 2D Clinical 2B
Clinical 3A Clinical 3C
Diabetes A Diabetes C
Medical A Medical C
Mental Health A Mental Health C
11:15 AM 3:45 PM
AANS B Clinical 1D
Clinical 1B Clinical 2D
Clinical 2B Clinical 3D
Clinical 3B Diabetes D
Diabetes B Medical D
Medical B Mental Health D
Mental Health B

Poster exhibits available for viewing from 9:00 AM–3:40 PM

Join ASNA Today!
Legislative Day
Older women (65 to 69 years old) with operable breast cancer that has spread to one or more lymph nodes often benefit from receiving chemotherapy, clinical trials show. However, black women in this age group do not receive chemotherapy as often as white women, a new study finds.

Researchers at the University of Texas used data from Medicare, the U.S. Census, and the National Cancer Institute’s Surveillance, Epidemiology, and End Results cancer registry. They found 14,777 white women and 1,277 black women who were diagnosed with operable stage II or IIIA breast cancer with positive lymph nodes between 1991 and 2002.

For the 65-69 age group, 66 percent of white women received chemotherapy within 6 months of being diagnosed compared with 56 percent of black women. However, this racial disparity diminished with age. For instance, after age 74 there were no significant differences between the percentages of white and black women receiving chemotherapy.

When researchers adjusted the results to include socioeconomic status for women aged 65-69, poverty appeared to be at the root of the racial differences in who received chemotherapy. Despite being insured by Medicare, out-of-pocket costs and copayments may be burdensome for women without means, and women to live in poor areas may also have poor health, other health conditions, and employment difficulties. This study was funded in part by the Agency for Healthcare Research and Quality (HS16343).


Older Black Women with Breast Cancer Do Not Receive Beneficial Chemotherapy as Often as White Women

Most of us already understand the need to “reduce” our consumption of resources as a primary means of promoting a more environmentally sustainable earth. A good many people recycle and/or reuse many items. However, if we “reduce” our consumption that would cut back on the amount of materials to recycle and/or reuse.

Over the next year the Alabama State Nurses Association’s Environmental Task Force, as charged by the Board of Directors through the Strategic Plan, will provide short articles for publishing in the Alabama Nurse. These articles will provide suggestions and resources on how each of us can reduce our impact on the environment.

Certainly recycling is a terrific way to “reduce” waste. According to the National Recycling Coalition (NRC) recycling is up about 35% in the past three years and has been instrumental in decreasing the generation of 30 waste-borne chemicals by 50%. (These statistics were published before the economic down turn and it is unknown at this time what impact that will have on recycling.) NRC says that the 10 most important items to recycle are:

- Aluminum
- Electronic equipment (computers, cell phones)
- High Density Polyethylene (HDPE) plastic bottles
- Mixed paper
- Steel cans
- Cardboard (especially corrugated)
- Glass containers
- Magazines
- Newspaper
- Polyethylene Telephthalate plastic bottles

This article continues on alabamanurses.org; Nursing Advocacy; Environmental Go to www.carbonfootprint.com/calculator.aspx to measure your primary and secondary carbon footprint.

Helen Wilson may be contacted at Alabamasna@alabamanurses.org
ASNA's Official Call for Resolutions
All You Need To Know

What Is a Resolution?
It is a formal written call to action on a subject of great importance to members of ASNA. In other words this is an action members would like ASNA to pursue. Resolutions are often the source of action in developing positions on issues affecting nurses, nursing, and the needs of the public. Once the resolution is voted on and passed by the House of Delegates ASNA will try to implement in order to meet the needs of the association. Resolutions may be sent to other organizations, governmental agencies, or other individuals. The resolution process is one of the most important functions of the House of Delegates.

Call for Resolutions
Any ASNA member may research, write, and/or submit a resolution for consideration by the ASNA House of Delegates. Resolutions should be submitted to the Governance Committee located on the “Nursing Advocacy” tab.

Types of Resolutions
Resolution are classified according to the following:

• Substantive Resolution, which deal with basic principles and policies of ASNA, or issues of statewide or national concerns of nurses as practitioners and citizens.

• Courtesy Resolutions, which give recognition to outstanding persons who have made especially valuable contributions to ASNA or the nursing profession.

• Commemorative Resolutions, which deal with commemoration of important events or developments in nursing, allied professions, or government.

• Emergency Resolutions, which have significance for the association and require immediate action.

How is a Resolution written?
A resolution has two parts—the “whereas” section and the “resolved” section. The “whereas” section is a series of single item, factual statements which present documentation of the need for the resolution. The “resolved” section is a series of single item action statement(s) of position by ASNA and is the actions by which the intended results will be obtained.

ASNA will help you write a resolution if requested.

Any ASNA member, group or staff may submit nominations. The awards are as follows:

• Lillian B. Smith Award
• D. O. McClusky Award
• Outstanding Non-Member Award
• Outstanding New Member Award
• Lillian Holland Harvey Award
• Louise Barksdale Outstanding Nursing Practice Award
• Legislator Award
• Cindajo Overton Outstanding Nurse Educator-Academe & Service
• Outstanding Nursing Administrator Award-Academe & Service
• Outstanding Retired Nurse Award
• Outstanding Health Care Organization

You may use the form to the right or call Betty at the ASNA office for a brochure and nomination form. Awards are presented at the ASNA Annual Convention, but the Awards Committee needs all nominations by midnight July 21, 2010.

Awards criteria may be obtained at alabamanurses.org, located on the “Nursing Advocacy” tab.

Tips for Submitting a Nomination for an ASNA Awards
Convention may be a few months away but avoid the rush and start working on nominating some well-deserving person for an ASNA Award. Any ASNA member can submit a nomination. The form for nomination is included in this issue of the Alabama Nurse. Here are some tips on submitting a strong nomination packet.

• Make sure your candidate meets all the appropriate award criteria
• Make sure your packet is complete with all the required information by the time specified in the nomination form to the ASNA office.
• Look at the previous winners for some idea about the kinds of person who win the award for which you wish to nominate your candidate.
• Ask for letters of support from persons who are well known in ASNA and/or profession where applicable.
• Providing a letter from a customer (patient, student, nurse, etc.) the nominee serves may be helpful.
• Give the persons writing a letter of support a copy of the criteria for the award and the award description to help them frame their letter.
• Try to use specific examples of how your candidate meets the criteria specified. Make sure the letters accurately describe the nominee’s contributions and achievements. The more evidence provided on how the nominee meets the criteria, the stronger the case.
### Convention News

#### ASNA Leadership Opportunities: 2010

**Consent to Serve Form for Alabama State Nurses Association Office**

- President Elect/Delegate
- Treasurer
- Commission on Professional Issues
- Nominating Committee

The Commission on Professional Issues has openings for 4 positions this year.

The Nominating Committee has openings for 3 positions this year.

**All criteria for eligibility must be met before your name will appear on the ballot.**

Are you able to get time off to attend meetings necessary to fulfill the duties of the office for which you are submitting this Consent To Serve Form?  

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Be a current member of ASNA.</td>
<td></td>
</tr>
<tr>
<td>2.</td>
<td>Have sufficient education and experience within the organization that will demonstrate his/her understanding of the requirements of the office as evidenced by being active at the local and/or state level.</td>
<td></td>
</tr>
<tr>
<td>3.</td>
<td>Have commitment for time involved with the position compatible with current employment.</td>
<td></td>
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<tr>
<td>4.</td>
<td>Have ASNA District Board of Directors verify participation and attendance on the local level and his/her ability and willingness to give time and effort to accomplish tasks.</td>
<td></td>
</tr>
<tr>
<td>5.</td>
<td>Be assertive, understand appropriate methods of confrontation, exhibit good decision-making abilities, and have leadership qualities.</td>
<td></td>
</tr>
<tr>
<td>6.</td>
<td>Submit a statement, typed or printed in 200 words or less, regarding your views of issues facing the nursing profession, the Alabama State Nurses Association, and the office you are seeking.</td>
<td></td>
</tr>
<tr>
<td>7.</td>
<td>Because of time involved in serving the professional organization, we assume that you have cleared time with your employer to attend meetings. Applicants should be willing to absorb own expenses.</td>
<td></td>
</tr>
</tbody>
</table>

**My Views of the issues facing the nursing profession, the Alabama State Nurses Association, and the office I am seeking are:**  

(200 words or less - typed or printed)

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**Nominations Procedure for 2010**

**Criteria for Eligibility**

- **Deadline:** May 6, 2010

The person nominated for each office on the state level should:

1. Be a current member of ASNA.
2. Have sufficient education and experience within the organization that will demonstrate his/her understanding of the requirements of the office as evidenced by being active at the local and/or state level.
3. Have commitment for time involved with the position compatible with current employment.
4. Have ASNA District Board of Directors verify participation and attendance on the local level and his/her ability and willingness to give time and effort to accomplish tasks.
5. Be assertive, understand appropriate methods of confrontation, exhibit good decision-making abilities, and have leadership qualities.
6. Submit a statement, typed or printed in 200 words or less, regarding your views of issues facing the nursing profession, the Alabama State Nurses Association, and the office you are seeking.
7. Because of time involved in serving the professional organization, we assume that you have cleared time with your employer to attend meetings. Applicants should be willing to absorb own expenses.

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**Save These Dates**

September 30 - October 2, 2010

The Alabama State Nurses Association will hold its 97th Annual Convention co-sponsored by the Alabama Organization of Nurse Leaders and the Alabama Association of Nursing Students at the Renaissance Riverview Plaza in Mobile, AL. We invite each of you to attend. Thursday, September 30, 2010 will be a Pre-Convention CE day, held in the afternoon. This is a great opportunity for all you RNs, who haven’t quite met the ARN requirements during the RN renewal cycle, to finish getting your 24 hours. LPN’s are also encouraged to attend Friday and Saturday, October 1st and 2st, will be the Full Convention days. You’ll have the opportunity to hear a quality Keynote Address. ASNA members who are delegates to the convention will have the opportunity to debate on issues of current concern to the association and the nursing community.

Complete convention registration materials will be printed in the pull-out section of the June/July/August issue of The Alabama Nurse. Mark your calendars today and plan to attend an exciting convention.

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**Advocate Spotlight**

**Center for Healthy Communities** would like to recognize Dr. Bobbie Holt-Ragler for her outstanding contribution to the community.

Dr. Ragler has an extensive educational background including achieving a Doctorate of Nursing Practice from the University of South Alabama in 2007. She retired with 30 years of service from the University of South Alabama Hospitals and is currently a Nurse Manager of Education & Training at Mobile Infirmary West Hospital. Dr. Ragler is responsible for planning and organizing educational opportunities for the staff, consulting with other departments on education issues and providing supervision of clinical educators.

Dr. Ragler became a Community Health Advocate (CHA) four years ago because she believes that she is a servant for those in need and gets a sense of fulfillment when she is able to make a difference in the lives of others. She enjoys empowering people with knowledge concerning health information which can have a tremendous impact on their lives. Dr. Ragler states that being involved with the program has provided her with the opportunity to establish new community partnerships.

Dr. Ragler believes that access to quality health care should be our top priority in the effort to reform health care. She shares the concern with many others, while understanding that there is no perfect way to accomplish this goal, that something has to be done. Dr. Ragler also believes that our efforts should be tailored to place greater emphasis on preventative care. She believes that we can achieve that goal by empowering people with the knowledge necessary to make healthy lifestyle changes, which will improve their quality of life.

Dr. Ragler is a member of the Allenville Apostolic Overcoming Holiness Church where she serves on the Nurses’ Aides ministry. The mission of the Nurses’ Aides is to render service to those in need, to empower the people with knowledge on health information and to facilitate health promotional programs. Dr. Ragler has worked tirelessly in the community coordinating and participating in a wide range of special events including health screenings, seminars and providing presentations.

The Center would like to thank Dr. Bobbie Holt-Ragler for her continued effort in working with and assist members of the community through her work as a Community Health Advocate.
Alabama Nurses Foundation

The Alabama Nurses Foundation has been designated by the Internal Revenue Service as a 501(c) (3) organization existing exclusively for charitable, educational, scientific, and literary purposes. All gifts to the Foundation are tax deductible to the extent allowed by applicable law.

The Foundation invites and sincerely appreciates donations in any amount.

This year the primary goal of the foundation is to raise enough money to be able to offer several scholarships to encourage nurses to become nurse educators/faculty.

The public is already aware that this nation is suffering a severe nursing shortage. Alabama is not at this shortage level yet. Alabama’s severe shortage is in available nurse faculty. What this means is that just about every school of nursing in the State must turn away qualified students because they do not have the nursing faculty to accommodate the increasing enrollment.

With the ever increasing costs of tuition the Foundation want to be able to offer scholarships to individuals interested in pursuing the advance degrees required to become a faculty member of a school of nursing. But help is needed. Please invest in the future of nursing and nurses in Alabama. The Foundation invites and sincerely appreciates donations in any amount. If every nurse in Alabama would donate just a few dollars we could solve this shortage in record time.

Yes! I want to help. Here’s my contribution to the Alabama Nurses Foundation.

Amount:
Graduate school minimum award $2500
Undergraduate school minimum award $1000

Limitations:
1. Legal resident of Alabama for at least 1 year (provide evidence).
2. Priority will be given to students seeking graduate degree and interested in teaching in a school of nursing.
3. Remain employed in Alabama for at least two (2) years after graduation. May attend either an in state or out-of-state school.
4. Recipients who withdraw from the program before completing the semester/year for which the scholarship applies agree to repay the Alabama Nurses Foundation the sum advanced.

Dates:
1. Application deadline 1 July 2010

Name/Credentials: ____________________________
Permanent Address: ___________________________
City, State, Zip: ______________________________
Day phone number: ___________________________
Email: ______________________________________

Indicate the National Accredited school where you will apply the scholarship:

Honors and achievements/extracurricular activities:

Career Goals (100 words or less)

Send the following with application:
1. Official Copy of current transcript
2. Names and contact information for two (2) references (at least one should be academic)

Send To: Alabama Nurses Foundation
Attn: Scholarship Application
360 North Hull Street
Montgomery, Alabama 36104

The Alabama Nurse  •  Page 17

Scholarship Information

Success Depends on You

The Foundation invites and deeply appreciates your tax deductible contributions from all who believe in and wish to support its purposes and programs. Investment in the Foundation's work enables contributors to help increase public understanding of nursing and health, promote better use of nursing services and strengthens nursing research and practice.

Yes! I want to increase Public Understanding of Nursing and Health...Enclosed is my contribution to the Alabama State Nurses Association Foundation.

□ Supporter $10  □ Friend $25  □ Sponsor $50
□ Fellow $100  □ Patron $500  □ Benefactor $1000
□ Other
□ In Memory or Honor of ________________________ (name)

ADDRESS ____________________________

STATE _______________________  ZIP __________

Please make check payable to the Alabama State Nurses Foundation and mail to: 360 North Hull Street, Montgomery, AL 36104.

Arthur L. Davis
2010 Scholarship Award

ASNA is pleased to announce that the company that publishes the Alabama Nurse newspaper has given a gift to honor the founder of the company, Arthur L. Davis. This gift is a scholarship to be awarded to (1) RN and (1) LPN Student entering senior year of an accredited nursing program. Applicants must have a minimum of a 3.0 GPA and the RN applicant must be a member of Alabama Association of Nursing Students.

The Alabama Nurses Foundation decided that this gift would be used to fund a minimum of two (2) $500.00 scholarships.

The award will be given at the 97th Anniversary Convention on Thursday, September 30, 2010 at the Awards Ceremony.

Please apply by September 10, 2010 by filling in this form and sending it to ASNA, 360 North Hull Street, Montgomery, AL 36104. Notification of the award will be made by telephone followed with a notice by mail. Winners will be invited to be present at the Awards Ceremony, Thursday, September 30, 2010.

ARThur L. Davis Scholarship Application

Name: ______________________________________
AANS Member Number: ______________________
Address: ___________________________________
City, State, Zip: ______________________________
Telephone Number: _________________________
School Attending: ___________________________
GPA: ______________________________________

Signature and telephone number of the Dean or Program Director: _____________________________

I attest that __________________________________

is a student in the _______________________ RN to BSN program and that the GPA listed is correct.

Signed: ____________________________________

ALABAMA ASSOCIATION OF NURSES FOUNDATION

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Name: ______________________________________
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City, State, Zip: ______________________________
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School Attending: ___________________________
GPA: ______________________________________

Signature and telephone number of the Dean or Program Director: _____________________________

I attest that __________________________________

is a student in the _______________________ RN to BSN program and that the GPA listed is correct.

Signed: ____________________________________

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In an effort to celebrate and recognize professional nurses, the Alabama State Nurses Association announces the 2011 The FACE of Nursing project. If you know a nurse who inspires other nurses and patients through his or her outstanding professional practice of nursing, and whom you would like to receive special recognition, then write ASNA and tell us in 150 words or less. Twelve nurses from across the state will be selected to appear on a 2011 FACE of Nursing Calendar sponsored by the Alabama State Nurses Association. Submissions are due to the Alabama State Nurses Association no later than June 1, 2010, and must include the following information:

Nominations
- Full name and nursing credentials of Nominee.
- Daytime phone number and email address of Nominee.
- Position and years in the position for Nominee.
- Recent Photograph(s). (Digital camera is good; please transmit to us electronically.)
- Employer’s Name and address.
- Employer Statement of Support from the Nominee’s Chief Nurse/Nurse Executive/Supervisor must accompany each nomination.

Describe the Nominee in a 150 word (maximum) overview, including how the nominee’s professional conduct:
- inspires nurses in their practice
- represents the best example of a professional nurse, and
- promotes professional nursing to colleagues and the general public.

Each nomination must also include:
- The Nominator’s name, mailing address and daytime phone.
- A signed Employer Statement of Support (see attached) from the Nominee’s Chief Nurse/Nurse Executive/Supervisor must accompany each nomination.

Nurses selected will be required to provide a release for appearing in the calendar. Photographs should be taken of the selected nurses in their places of work for inclusion in the calendar. Employers may be asked to participate in doing some photographs or allowing access to their facilities to do photographs.

Twelve nurses will be selected to appear in a 2011 FACE of Nursing Calendar. These nurses will also be featured in an upcoming issue of The Alabama Nurse, and will be recognized at the 2010 ASNA Convention to be held September 30/October 1-2 at the Riverview Plaza Hotel in Mobile, Alabama. Submissions may be done by mail, fax or electronically: Alabama State Nurses Association 360 N. Hall St. Montgomery, AL 36104 Electronically to alabamasna@alabamanurses.org • FAX: 334-262-8578 Deadline for all submissions is June 1, 2010.

If you have any questions please contact Joe Decker, Executive Director, Alabama State Nurses Association at edasna@alabamanurses.org or 334-262-8321.

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The FACE of Nursing 2011 Calendar

Alabama State Nurses Association

Employer Statement of Support

I support the nomination of __________________________ for the 2011 ASNA Face of Nursing Calendar. This individual is an employee in good standing at our facility.

I understand that photographs will need to be taken of this employee in his/her area of work and agree to have our in-house photographer or a photographer selected by the Alabama State Nurses Association to do this photography.

Signature __________________________

Printed name __________________________ Title __________________________

Facility __________________________

Phone __________________________ Email __________________________

Please be advised that your facility/organization may purchase advertisement in the calendar, which will be made available across the state. In addition, should your nominee be selected, there will be a formal presentation to that person that will include recognition of the Chief Nurse/Nurse Executive at the ASNA Annual Awards dinner on September 30, 2010. A confirmation of date will be sent to you with a notice of selection.

You may also wish to purchase individual calendars for your nursing staff or units. Order forms will be available later in the year with delivery in October 2010, just in time for the holidays. Bulk purchasing rates will be available.

If you have any questions please contact Joe Decker, Executive Director, Alabama State Nurses Association at edasna@alabamanurses.org or 334-262-8321.