



The Mississippi RN

THE MISSISSIPPI NURSES ASSOCIATION IS THE VOICE OF REGISTERED NURSES IN MISSISSIPPI AND HAS PROVIDED LEADERSHIP TO IMPROVE THE HEALTH OF ALL PEOPLE FOR THE PAST 100 YEARS

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Quarterly circulation approximately 50,000 to all RNs, LPNs, and Student Nurses in Mississippi.

Fall 2011

MPB Documentary Headlines Gala MNA Sets Centennial Convention on Coast October 19-22

The Mississippi Nurses Association's 100th annual convention, scheduled Oct. 19-22 at the Mississippi Coliseum and Convention Center in Biloxi, is packed with activities, continuing education sessions, politics, demonstrations, receptions, exhibitors, sponsors and a gala like we have not seen in the last 100 years. The highlight of the convention plans is the premiere of a Mississippi Public Broadcast documentary of the association's 100 year history and its impact on professional nursing in Mississippi.

The documentary is sponsored by Memorial Hospital of Gulfport, North Mississippi Medical Center, Baptist HealthCare Corporation, Memphis, Baptist Health Systems, Jackson, and St. Dominic Health Care.

More than 300 registered nurses and 700 student nurses from across the state are expected to attend the 100th Mississippi Annual Nurses Association Convention Wednesday-Saturday, Oct. 19-22, at the Mississippi Coast Coliseum and Convention Center in Biloxi.

"Rarely, are we aware that our actions will mark history," said MNA President Gayle Harrell of Pelahatchie. "In this, our centennial convention, the actions we take will mark the beginning of the next century of MNA's future. Today, we are much a part of the history of MNA as we are of its future. Let us be mindful of the those who came before us and those who will come behind us as we ...reflect on the past and look to the future."

From the pre-convention workshops scheduled Wednesday, Oct. 19 from 1:30-5 p.m., to the last farewell wish at 5:15 p.m., on Saturday, Oct. 22, the scheduled is filled with opportunities to network, learn and share experiences.

The House of Delegates will have two extremely important tasks on their agenda on Thursday,

Centennial Convention continued on page 4

Tickets for the MNA Centennial Gala are \$75 and can be purchased online at the MNA MarketPlace or by calling MNA at (601) 898-0670

"The documentary will premiere at the Gala on Friday night," said MNA Executive Director Ricki Garrett, PhD. "The 30-minute film will focus on the impact MNA and its members have had on professional nursing in Mississippi. It is genuinely a look at nursing over the last 100 years."

Stipends Made Possible through Grant from the Department of Health's Office of Tobacco Control

In celebration of MNA's Centennial, the Mississippi Nurses Foundation is proud to offer MNA members an opportunity to attend the 100th Mississippi Nurses Association Annual Convention in Biloxi, MS. Thirty nurses from around the state, on a first come, first serve basis, will have the pleasure of attending convention through a grant from the Mississippi State Department of Health-Office of Tobacco Control. Each recipient will receive a \$400 stipend to attend the entire conference, October 19th-22nd. Pre-conference is required. The pre-conference speaker will be Ann M. Malarcher, PhD, MSPH, from the Center for

Disease Control.

Purpose: To educate nurses about tobacco use in Mississippi and the burden it places on the state's healthcare system, as the number one cause of preventable death and disability. Approximately 4,700 Mississippians die annually from tobacco-related illnesses and nurses should be empowered to intervene with those at risk from nicotine dependence and those exposed to second-hand smoke.

The criteria are as follows:

- Must be an MNA member
- Must attend the entire conference, including the pre-conference
- Must have the attached application completed and returned to the Foundation by September 16, 2011
- Must register online www.MNA.org once the stipend has been received.
- Must take a group photo after the pre-conference for publication

In the event you are selected to attend the conference and cannot attend due to unforeseen circumstances, the stipend must be refunded to the Mississippi Nurses Foundation to be offered to another nurse.

Stipends Made Possible continued on page 8

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Inside



MNA Returns Home

The Mississippi Nurses' Association celebrated its 100th anniversary June 10 and 11 in Natchez with a weekend event to beat the band.

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Town Hall Meetings

MNA will host a series of three regional town hall meetings focused at gathering clients, legislators and other community decision makers together to learn more about the services and scope of practice offered by Nurse Practitioners, and what the future holds for NPs in Mississippi.

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New Cancer Policy Available for Nurses through MNA

MNA has completed a review of insurance policies offering protection for the expenses of Long Term Care, Cancer and Disability Income Replacement to all licensed nurses.

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Centennial Coffee Table Book Available Online at MNA MarketPlace

You can now purchase the MNA centennial book, *A Way to Serve: The Mississippi Nurses Association, 1911-2011* by Seetha Srinivasan online at the MNA MarketPlace.

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JOIN MNA NOW!



Executive Director's Column

by Ricki Garrett, Ph.D.

Betty Ruth Hawkins, our Marketing and Communications Director, whom I have known most of my life, often reminds me that my motto is "Plant shade trees under which you know, full well, you will never sit." As we move into our Centennial Convention October 19-22, I am reminded of how important that message is and how appropriate to remember at this time.



Ricki Garrett

The remarkable women who in 1911 created the Mississippi Nurses Association and who also made significant strides in establishing the educational and regulatory requirements for nursing in our state obviously knew something about shade trees, too. They understood that, although it was important to take care of the issues of the day and to take care of the patients of the time, it was also important to look to the future and envision a nursing profession and association that could meet the needs of future generations of nurses and patients. Although they

worked diligently to make their world better, they were also visionary enough to see what would make the future for nurses better as well. Since that beginning, other remarkable nurses have followed in their footsteps and have helped create a nurses' association of which everyone can be proud and a nursing community in Mississippi that is the envy of many other states.

In just a few weeks, the Mississippi Nurses Association will celebrate one hundred years of service at our Centennial Convention, culminating in a Centennial Gala on October 21 at the Beau Rivage in Biloxi. The president of the American Nurses Association, Karen Daley, will join us, and we will premiere the Mississippi Public Broadcasting documentary based on our history, *A Way to Serve: The Mississippi Nurses Association 1911-2011*, by Seetha Srinivasan. A political rally, featuring all of the candidates for statewide office will also be held that day. What a wonderful way to celebrate MNA's significant past and highlight its influence with policymakers and the public.

A brief glimpse into MNA's history will convince the most skeptical among us of the importance of MNA throughout its history and the value of all nurses belonging to their professional association. MNA's history is filled with examples of collaborative efforts, individual heroism, and political clout that have made nursing and the lives of nurses so much better. It has also contributed significantly to the healthcare of the state's citizens through individual efforts, task forces, and legislative lobbying.

Come join past presidents of MNA as they share some of the highlights of MNA's history and students as we look to the future of nursing through their eyes.

As we begin a second century of taking care of nurses and nursing in our state, I hope all nurses will take this opportunity to join MNA. There is no better time to take those steps to develop your own leadership and commitment to your profession than now. As nursing moves into a future that is full of change and challenge, we need the nurses of Mississippi to be at the forefront of healthcare, and the Mississippi Nurses Association can prepare you for that leadership and open the doors for those opportunities. Our membership has grown sixty-eight percent since 2004, as we have worked together to move nursing forward in our state and nationally. Please join us as we "Reflect on the Past and Look to the Future."



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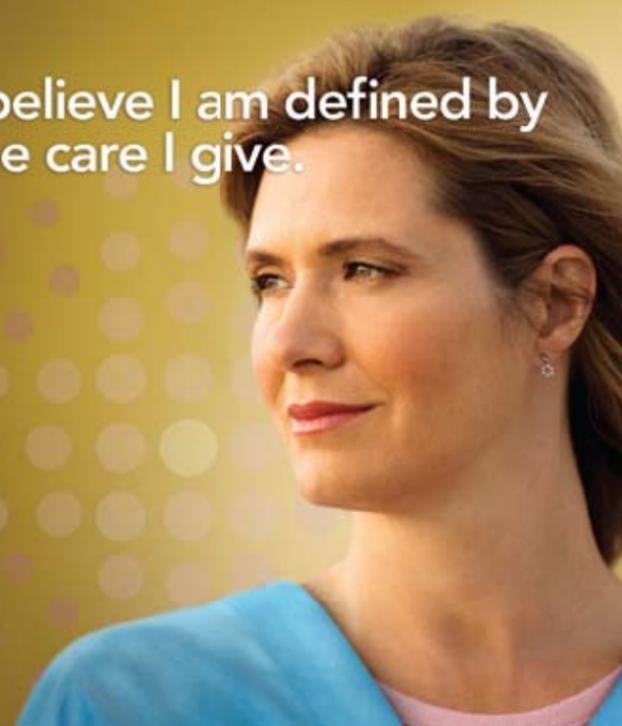
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A Report from the President...

by Gayle Harrell, President

As many of you know, this is MNA's 100th year anniversary. Our most recent event was held June 10th and 11th in Natchez. The city of Natchez welcomed MNA for our Centennial Celebration in real Southern style. The kickoff reception at the Visitors' and Convention Bureau was exceptional. The food and artists were fabulous. We were then treated to an evening tour of the cemetery where we learned of the part that nurses and physicians played in not only Natchez's history, but Mississippi's as well. On Saturday morning the tour of the city included the catastrophes of fires and yellow fever that killed and threatened the lives of many. During the tour we passed the "Towers." I was not able to visit The Towers, once the home for nursing students of Charity Hospital. I plan to make that a priority on my next visit there. Saturday night concluded our activities with a reception at The Prentiss House, previously known as "The Gentlemen's Club." The food, music, fellowship and book signing by Seetha Srinivasan, author of *A Way to Serve* completed this extra special weekend. The Centennial Committee, our executive director Ricki Garrett, and the MNA staff did an outstanding job putting this event together. If you missed it, you missed a once in a lifetime experience. We even had two nurses from Wisconsin attend with us. They stated, "Mississippi really knows how to throw a party."



Gayle Harrell

Setting the celebrating aside, MNA has been busy planning for the upcoming elections of the state and legislature. The MNA-PAC, Dr. Garrett, board members, and NP Council members have been planning and implementing plans to address ways to educate and guide candidates on the issues that will be important to nursing and the health care of Mississippi. Three things are important to most candidates: how many people do you represent, does our request affect them or someone in their district and how can we assist them financially and politically. MNA has the history to show that we are willing to work with the legislators, other organizations, and the people of our state to improve nursing and health care. As previously mentioned, we also must have the numbers and finances to be effective in achieving your goals to keep nursing at the table, especially now. Some will say, "MNA will get it done even if I'm not a member or if I don't give to the MNA-PAC." Unfortunately, when nurses don't speak as one, getting something done at the RIGHT time when YOU need it may not happen. Having a large percentage of the nursing population and ready funds to make it happen usually does not occur unless all of us come together and support each other and MNA.

The important issues for the coming year will include: allowing nurses to practice at their full scope, continuing education, student nursing retention and graduation success, and smoke free environment issues. Of course, there may be unforeseen issues as well. Please contact MNA for information to share with the candidates in your area, join MNA, and give to the MNA-PAC. Health care is changing and we must be involved to keep nursing and health care a top priority. Help make your profession the best it can be. We need each other to make a real difference. BECOME A MNA MEMBER and HELP KEEP THE VOICE OF NURSING HEARD.

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Centennial Convention continued from page 1

Oct. 20 from 8 a.m. until 5 p.m. First, they will vote on four board positions: president; vice president; director, Council on Nursing Education, and director, Council on Organizational Affairs; and elect three members to the Committee on Nominations. Second, they will act on a resolution supporting mandatory continuing education for nurses as a requirement for licensure.

The Keynote Luncheon will feature a panel of past MNA presidents. Current President Gayle Harrell will moderate the discussion focused at "Preparing for the Future by Learning from the Past."

Following the continuing education sessions from 5:30-7:30 p.m., Thursday, Oct. 20 the University of Mississippi Medical Center School of Nursing Alumni Association will sponsor simultaneous receptions.

The MNA District Presidents will gather for their annual breakfast at 7 a.m., Friday, Oct. 21 and will set goals for a statewide membership campaign scheduled to begin in January 2012.

Face-Reader Ann Marks will be featured in the MNA/MASN Joint Session beginning at 8 a.m., Friday, Oct. 21. Marks is the business partner of Mac Fulfer, MD, who highlighted, to great reviews, the 2011 Nurse Practitioner Spring Conference in Point Clear, Ala., in April.

The Council on Nursing Research will sponsor its first competitive poster session from 10 until 11 a.m., also on Friday in the Convention Center Niche.

Now, in its seventh year, MNA's Developing Nurse Leader program will run from 3-5 p.m., Friday.

Former DNL Participants under the leadership of Tonya Moore, MSN, BSN, RN will guide aspiring nurse leaders through an intense session that provides registered nurses with knowledge, skills, and experience necessary to grow and mature leadership skills.

The University of Southern Mississippi's Chapter of Sigma Theta Tau-Gamma Lambda will host the annual honor society's luncheon from 11:30 a.m.-12:45 p.m., on Friday.

Chef Rob Stinson returns to the healthy cooking stage with a presentation and luncheon from 11 a.m.-12:45 p.m., Friday, featuring Flavorful Foods that will Fool You.

Once every four years, MNA hosts its Statewide Political Rally, this year from 1-2:30 p.m., Friday. Every candidate running for statewide office has made plans to join MNA and speak about his or her campaigns.

The two-hour Controlled Substances Workshop for nurse practitioners will be from 2:45-4:45

p.m., Friday, and there will be five Round Table Discussions 4-5 p.m., Friday, October 21. Participation in the round table discussions is on a "first-come-first-serve" basis. Wine and popcorn will be served.

The Centennial Gala will begin at 6 p.m., Friday, with a reception at the Beau Rivage sponsored in part by USM School of Nursing recognizing the sponsors of the MNA documentary, "A Way to Serve," produced by Mississippi Public Broadcasting.

Dinner will follow at 7:30 p.m., and will feature the American Nurses Association's President Karen Daley and the premiere of "A Way to Serve."

On Saturday, the Nurse Practitioners Fall Update will be held beginning at 7 a.m., with registration and a Continental Breakfast.

This year there will be two special hands-on workshops featuring Joint Injection Training and Contraceptive Implant Training.

Karen Daley, ANA's President will be the featured speaker at the NP Luncheon.

MNA Hall of Fame Recipient Celebrated

Gulfport Memorial Hospital celebrated the induction of the late Emma Burdonne Young, RN, into the Mississippi Nurses Association's Hall of Fame with ceremonies July 19. Dr. Ricki Garrett, MNA executive director officially presented the hospital with an engraved bowl in honor of Mrs. Young's contributions, service, and dedication to the profession of nursing.

Mrs. Young became a registered nurse at Memorial Hospital in 1950 and held numerous positions throughout her career including head surgical nurse and nursing director. The hospital and its foundation honored her at her first attempt at retirement with a scholarship in her name to be awarded to dependents of Memorial employees who are entering health-related careers. In 2000, she became a guest relations specialist in the emergency department.

Mrs. Young was named to the Hall of Fame in March at the annual Nightingale Awards. This prestigious award recognizes a Registered Nurse's lifelong commitment to the profession of nursing and its impact on the health and/or social history of the state of Mississippi. Hall of Fame inductees may be living or deceased. Other inductees into the Mississippi Nurses Association Hall of Fame for 2010 include: Brenda Castleberry, MSN, BSN, RN, of Jackson-Mississippi Baptist Health Systems; Edrie J. George-Royals, EdD, MSN, BSN, of Jackson-University of Mississippi Medical Center School of Nursing, Mary Holyfield, RN, BSN, MSN of Jackson and the late Mickey Aldridge, RN, MSN, NP-BC formerly of Starkville-University of Mississippi Medical Center Holmes County-Lexington.



David Dell, Gulfport Memorial Hospital volunteer, leads the gathering in a chorus of Forever Young in closing ceremonies honoring MNA Hall of Fame Inductee Emma Burdonne Young.



From left, Gulfport Memorial Hospital President/CEO Gary Marchand, MNA Executive Director Ricki Garrett, and Gulfport Memorial Hospital Vice-President, Patient Care Services/Chief Nursing Executive Jennifer Dumal show the bowl presented to the hospital on behalf of the MNA Hall of Fame Inductee Emma Burdonne Young.



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MNA Returns Home To Natchez

The Mississippi Nurses' Association celebrated its 100th anniversary June 10 and 11 in Natchez with a weekend event to beat the band.

"Returning to Natchez this weekend has a meaning to most everyone who is here," said MNA President Gayle Harrell, NP-C, CWCN of Pelahatchie. "Among us are some of the most knowledgeable of all the nursing historians in Mississippi and some of the most interested in learning about the storied past of Mississippi nurses. The history of our association mirrors the progress of the profession of nursing in the state. As we have all learned more about our association's history, the more we are impressed with the courage and foresight of founding mothers and fathers."

The Natchez Convention and Visitor's Bureau, the University of Mississippi Medical Center School of Nursing Alumni Association and the Office of the Dean of the UMMC School of Nursing sponsored a welcome reception for MNA and guests in the CVB's headquarters overlooking the Mississippi River. Natchez craftsmen and artists were on hand to sell their work and visit with guests. The Mississippi Organ Recovery Agency was also a contributor to the reception.

An exclusive night time tour of the Natchez City Cemetery, sponsored by Delta State University Robert E. Smith School of Nursing, followed the reception. Bee Byrnes of Natchez, a longtime cemetery docent, conducted the tour filled with stories highlighting some of the cemetery's most notable guests among who were three incredible nurses: Hattie Godbold Bauer—the first Mississippi graduate from the Natchez Charity Hospital Training School and a charter member of MNA, Lena Mullins and Charlotte Benoist.

MNA hosted a Centennial Nursing History City Tour on Saturday morning, which included some of Natchez' most historic spots including the site of the Natchez Charity Hospital, Trinity Episcopal Church and St. Mary's Basilica.

Following the city tour, MNA guests toured Stanton Hall and lunched at the Carriage House. The luncheon was sponsored by MNA District 13.

The Centennial Celebration featured a Saturday evening gala at the famed Prentiss Club. Guests were greeted on the steps of the historic gentlemen's club with the sounds of the second line jazz band, Bayou Connection, under the leadership of Mr. Kimble Funchess. Chef Bingo Starr of the Carriage House prepared heavy hors d'oeuvres. The gala was sponsored in part by the Delta State University Robert E. Smith School of Nursing

The highlight of the evening was a presentation by Seetha Srinivasan, author of MNA's centennial history book, *A Way to Serve: The Mississippi Nurses Association, 1911-2011*. Srinivasan recounted her research in writing the book and spotlighted some

of the more poignant stories of nursing who created MNA's history. She signed books for guest following her presentation.



Event attendees were welcomed to the sounds of the Bayou Connection, under the leadership of Mr. Kimble Funchess.



Bess Blackwell, left, has her copy of *A Way to Serve: The Mississippi Nurses Association, 1911-2011* signed by author Seetha Srinivasan.



Bee Byrnes of Natchez, a longtime cemetery docent, conducted the tour filled with stories highlighting some of the cemetery's most notable guests among who were three incredible nurses.



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The University of South Alabama is now offering an online BSN-DNP Adult-Geron NP track with a Palliative Care subspecialty. Graduates will be prepared to provide and manage evidence-based primary and palliative health care for individuals in primary care clinics, assisted living facilities, nursing homes, hospice and palliative care facilities, and other ambulatory care settings. Graduates will also coordinate and develop health care programs for adults and those living with or dying from chronic, progressive illnesses. There is also a Post Masters and Post Doctoral option available for those interested in only Palliative Care. Graduates will be eligible to seek certification as Adult Nurse Practitioners (ANPs) in primary care and certification in advanced nursing practice in hospice and palliative care through the National Board for Certification of Hospice and Palliative Care Nurses (HPCHPN).

For more information please call or e-mail
Dr. Joyce Varner, Program Director:
Call 251-445-9455 or email jvarner@usouthal.edu

Visit our website:
<http://www.southalabama.edu/nursing/geronp.html>

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MNA Members Receive AANP State Awards

MNA's Gena Vail of New Albany and Jackie Williams of Ridgeland were among nurse practitioners to receive the prestigious American Academy of Nurse Practitioners State Awards for Excellence at the academy's 26th National Conference in Las Vegas June 22-26.

Vail received the State Award for Nurse Practitioner Excellence, which recognizes an NP in a state who demonstrates excellence in practice, research, NP education, or community affairs. In 1993, the State Award for Nurse Practitioner Advocate was added to recognize the efforts of individuals who have made a significant contribution toward increasing the awareness and acceptance of the NP.

Vail is CEO and owner of three clinics: Vail Health Services, Inc., and Vail Family Clinic of New Albany and Acute Care + Family Clinic of Pontotoc. She also owns and operates a consulting service, medical billing service, property management company, and a property investment company.

She is a member of the American Nurses' Association, Mississippi Nurses' Association, MNA

Advanced Practice Task Force, North Mississippi Nurse Practitioner Special Interest Group and the American Academy of Nurse Practitioners. She was recognized as one of Mississippi's 50 Leading Business Women in 2003 by the Mississippi Business Journal.

Williams was honored as a Nurse Practitioner Advocate which recognizes an NP in a state who demonstrates excellence in practice, research, NP education, or community affairs.

Williams served as the Mississippi Nurses Association first director, Council on Advanced Practice and is active in support of the MNA PAC and Council on Advanced Practice. She is a nurse practitioner at the Innovative Pelvic Health at Women's Specialty Center in Jackson. She earned her Bachelor of Science degree in nursing at the University of South Florida in Tampa and her Master of Science degree in nursing at the University of Mississippi in Jackson. She has completed several postgraduate preceptorships in the management of urinary incontinence and interstitial cystitis, and is trained in the clinical management of pelvic floor disorders.

The Mississippi Nurses Foundation Awards \$60,000 in Car Tag Stipends

The Mississippi Nurses Foundation recently awarded \$60,000 in stipends. Stipend funds were raised through the State of Mississippi Nurses Car Tag Program-Nurses Touch Lives and awarded to registered nurses and nursing students enrolled in an accredited Associate, Baccalaureate, Masters or Doctoral Nursing Program in Mississippi.

After a thorough review of applications, 10 recipients were chosen. As a full-time student, each recipients will be awarded a total of \$6,000 to be received in increments of \$500 each month for 12 months beginning in August, 2011 through July, 2012.

Recipients are required to sign a contract with the Mississippi Nurses Foundation to work as a full time Nurse in Mississippi within the first two years following completion of the program.

The 2011/2012 Stipend Recipients are as follows:

Associate Program: Hollie Alexander and Danni Jo Upperman both of East Mississippi Community College and Sarah Grace Domino of Mississippi Delta Community College.

Baccalaureate Program: Jessica Domina Crocco and Dana Hall, both of Mississippi University for Women; and Ryan Mittweide of the University of Mississippi Medical Center

Masters Program: Deborah Bailey of the University of Mississippi Medical Center; Gwendolyn S. Lordeon of Delta State University; and Whitney Carroll Roberson of Mississippi University for Women.

Doctoral Program: Tina Denise McDyess of the University of Southern Mississippi.

For additional information about the Car Tag Stipend/Scholarship Program, please contact the Mississippi Nurses Foundation at (601) 898-0850 or www.msnursesfoundation.com.

The Mississippi Nurses Foundation's mission is to promote the professional image of nursing, support continuing education and facilitate the health and well-being of Mississippi citizens.



University of South Alabama

Online Adult & Geron Nurse Practitioner Program

This online **Adult (Geron) Nurse Practitioner** program in primary care offers a Masters of Science in Nursing (MSN) degree or a Post Masters Certificate. This innovative program prepares graduates to provide primary care to patients from adolescence through elders and for the **Adult Nurse Practitioner (primary care) certification** exam. The Adult-Geron NP program provides enriched geriatric content throughout the curriculum, as older adults comprise the group that most frequently utilizes primary care.



For more information, contact:

Dr. Lynn Chilton, Coordinator of Program:
251-445-9433 or lchilton@usouthal.edu

Visit our website:

<http://www.southalabama.edu/nursing/geronp.html>

Funded by HRSA Grant #1D09HP14815-01-00.

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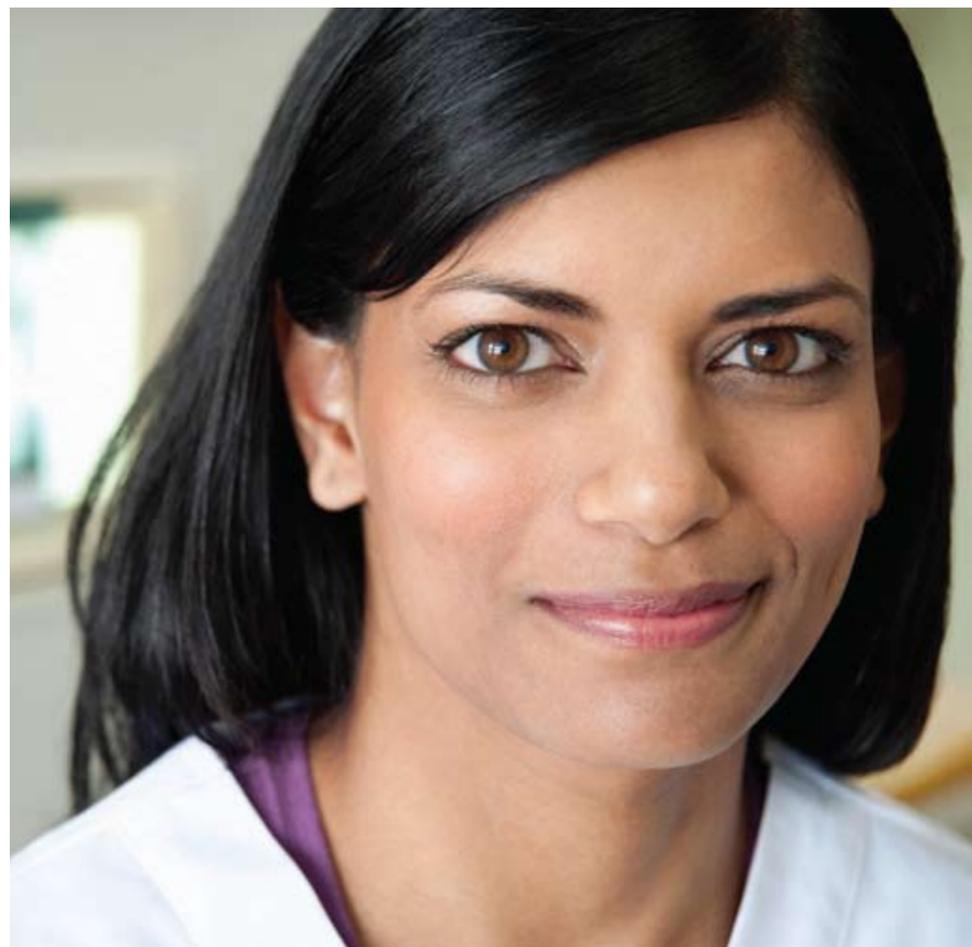
We deeply appreciate all the donor advocates in the nursing profession. Working together, we can help make unfortunate situations less tragic through the possibility of organ, tissue and eye donation.

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New Insurance Benefit Program made Available by MNA to All Licensed Mississippi Nurses

The Mississippi Nurses Association has recently completed a review of insurance policies offering protection for the expenses of Long Term Care, Cancer and Disability Income Replacement to all licensed nurses.

Long Term Care Insurance pays for specialized care and assistance provided for individuals who develop a serious illness or have an accident and need assistance with daily living activities. Long term care can affect people of all ages. The high costs of long term care services may present a serious threat to our financial independence and lifetime savings. Most health insurance plans and government plans, including Medicare, were not designed to provide adequate coverage for these expenses.

The Cancer plan was designed to address the initial cost related to this serious illness. The plan pays a Tax-Free Lump Sum Cash Benefit up to \$10,000-\$50,000 upon the initial diagnosis of cancer. Cancer does not discriminate by gender. In the U.S. men have a little less than 1 in 2 lifetime risk of developing cancer and for women the risk is a little more than 1 in 3.* This plan has a group rate for all Mississippi Nurses and their immediate family. The rates are the same ages 18 up to age 64. That's a HUGE savings!

The Disability Income Plan replaces a large portion of your income in the event you have an illness or injury that prevents or limits your ability to work. Keep in mind;

Every thirty seconds, someone files for bankruptcy in the aftermath of a serious medical problem.

Three in ten workers entering the work force today will become disabled before retiring.

To consider this important protection and receive an information package, call 1-888-846-9418 or e-mail mikerobinson7@aol.com

MNA Schedules Series of Town Hall Meetings to Promote Understanding of NPs Role in Future

The Mississippi Nurses Association (MNA) will host a series of three regional town hall meetings focused at gathering clients, legislators and other community decision makers together to learn more about the services and scope of practice offered by Nurse Practitioners, and what the future holds for NPs in Mississippi.

The meetings are scheduled: Thursday, Aug. 25 in Jackson; Thursday, Sept. 8 in Tupelo, and Thursday, Sept. 29 in Gulfport.

"Each town hall meeting will begin informally with light refreshments and then move into a somewhat brief PowerPoint presentation highlighting the major points of the bill introduced last year eliminating the written agreement between a nurse practitioner and a collaborating physician," said MNA Executive Director Ricki Garrett, PhD. "In each area, we have invited member NPs and selected clients to share their stories. This should be a popular media event."

Regional political candidates and officials will also have an opportunity to speak to the NP issues and any other issues they bring to the table related to the nursing and primary health care providers, Garrett said.

"To make these town hall meetings successful, we not only need your support, but also your participation," said Mary Pittman, M.Ed, MNA's Advanced Practice coordinator. "We will reserve venues that have the capacity to seat 100 people. We want you there. We need your unified voices. We need to speak loud and clear to all the political candidates. They need to hear your message—autonomous practice!"

For more information, contact Mary Pittman at (601) 898-0670.



What is a NP?

Brochures, posters available for members to place in clinics, offices

MNA has prepared full-color posters and trifold brochures for Nurse Practitioner members to use in informing clients, potential clients and the general public about the services and capabilities of Nurse Practitioners.

"The posters and brochures are free of charge to members," said MNA Executive Director Ricki Garrett, PhD. "If you will call the office at (601) 898-0670 and let us know how many you want and how you want us to ship the material to you, we will begin getting packages out next week. MNA can ship via U.S. Postal Service. A shipping account number or a valid credit card will be required when making a request of the brochures and posters to be shipped.

The brochures can be used as self mailers or as informational handouts. The are 8.5"x11" folded twice to create a three-panel brochure. The posters are 11"x17" and are compatible with the brochures.

If you wish to pick up posters and brochures from the MNA office, again contact Mary Pittman and let her know how many you want and when you will be by. She will have them ready for you.

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Spicy Portuguese Beef Steak Kabobs

Ingredients:

1-1/2 pounds boneless beef top sirloin steak, cut 1-1/4 inches thick
1 large red bell pepper, cut into 1-inch pieces

Seasoning:

2 tablespoons chopped fresh cilantro
2 tablespoons olive oil
2 teaspoons hot pepper sauce
1 clove garlic, minced
1/4 to 1/2 teaspoon crushed red pepper (optional)

Instructions:

Cut beef steak into 1-1/4-inch pieces. Combine seasoning ingredients in medium bowl. Add beef; toss. Alternately thread beef and bell pepper onto six 10-inch metal skewers.

Place kabobs on grid over medium, ash-covered coals. Grill, uncovered, about 8 to 11 minutes for medium rare (145°F) to medium (160°F) doneness, turning occasionally. Season with salt.

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MNA's EXPO2011 to be One of the Largest and Best in Last 100 Years!

The doors open to perhaps one of the largest and best Expos in years at 9:45 a.m., Friday, in the Mississippi Coast Convention Center. This year's Expo has generated as much excitement as the convention itself. Vendors, health care agencies, colleges, universities, and book sellers from across the Southeast will be on hand from 9:45-11:30 a.m., for MNA Convention attendees and from noon until 3 p.m., for MASN Convention attendees.

Be sure to register for the Expo Grand Prize—a 64GB Apple iPad2—to be given will be at 10:40 a.m. You must be present to win.

Stipends Made Possible continued from page 1



Mississippi Nurses Foundation Stipend Request Form

CONTACT INFORMATION:

Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Cell: _____

E-mail: _____

Place of Employment: _____

Job Title: _____

Work Phone: _____

By completing the application, you agree with the terms of the agreement:

Signature required: _____

Please mail, fax or email the application to the address below.

Mississippi Nurses Foundation
31 Woodgreen Place
Madison, MS 39110
Phone: (601) 898-0850 • Fax: (601) 898-0190
foundation@msnurses.org

Please add the address you would like the stipend mailed to.

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MNA Centennial Convention Tentative Agenda

Continuing Education for this activity is provided by the Mississippi Nurses Association. MNA is accredited as a Provider of Continuing Nursing Education by the American Nurses Credentialing Center's Commission on Accreditation.

Wednesday, Oct. 19

Noon-3 p.m. Registration
 1:30 p.m.-5 p.m. . . . Pre-Convention Workshops (3.5 c/h each)
 5:30-9:30 p.m. MNA Board Meeting and Dinner, Imperial Palace Casino

Thursday, Oct. 20

7:30 a.m.-5 p.m. Registration
 8 a.m.-Noon House of Delegates Convened
 9 a.m.-4 p.m. MNA MarketPlace
 9-10:15 a.m. Continuing Education Concurrent Sessions (1.25 c/h each)
 10:30-11:45 a.m. . . . Continuing Education Concurrent Sessions (1.25 c/h each)
 12:15-2 p.m. Keynote Luncheon (1.0 c/h)
 2:15-5 p.m. House of Delegates Reconvenes
 2:15-3:15 p.m. Continuing Education in the House of Delegates Session (1.0 c/h)
 2:15-3:30 p.m. Continuing Education Concurrent (1.25 c/h each)
 3:45-5 p.m. Continuing Education Concurrent Sessions (1.25 c/h each)
 5:30-6:30 p.m. The University of Mississippi Medical Center School of Nursing Alumni Association Reception

Friday, Oct. 21

7-8 a.m. MNA District President's Breakfast
 7:30 a.m.-5 p.m. . . . Registration
 8-9:30 a.m. MNA/MASN Joint Session (1.5 c/h)
 8-9 a.m. Continuing Education Concurrent Sessions (1.0 c/h each)
 9-11 a.m. EXPO 2011 Opens
 9 a.m.-4 p.m. Market Place
 10:40 a.m. MNA EXPO2011 Grand Prize Drawing
 10-11 a.m. MNA Council on Nursing Research Poster Session (1.0 c/h)
 11 a.m.-12:45 p.m. . . . Healthy Cooking Demonstration (1.0 c/h)
 Noon-1:15 p.m. Sigma Theta Tau Luncheon (1.0 c/h)
 1-2:30 p.m. Statewide Political Rally
 1:30-2:30 p.m. Continuing Education Concurrent Sessions (1.0 c/h each)
 2:45-3:45 p.m. Continuing Education Concurrent Sessions (1.0 c/h each)
 2:45-4:45 p.m. Nurse Practitioners Controlled Substance Workshop (2.0 c/h)
 3-5 p.m. Developing Nurse Leader Program (2.0 c/h)
 4-5 p.m. Continuing Education Concurrent Sessions (1.0 c/h each)
 4-5 p.m. Round Table Discussions (1.0 c/h)

6:30 p.m. MNA Centennial Committee Reception
 7:30 p.m. MNA Centennial Gala (Attire: Semi-Formal)

Saturday, Oct. 22

8-9 a.m. Continuing Education Concurrent Sessions (1.0 c/h)
 9 a.m.-3 p.m. MNA MarketPlace
 9:15-10:15 a.m. Continuing Education Concurrent Sessions (1.0 c/h)

NP Fall Workshop

Saturday, Oct. 22

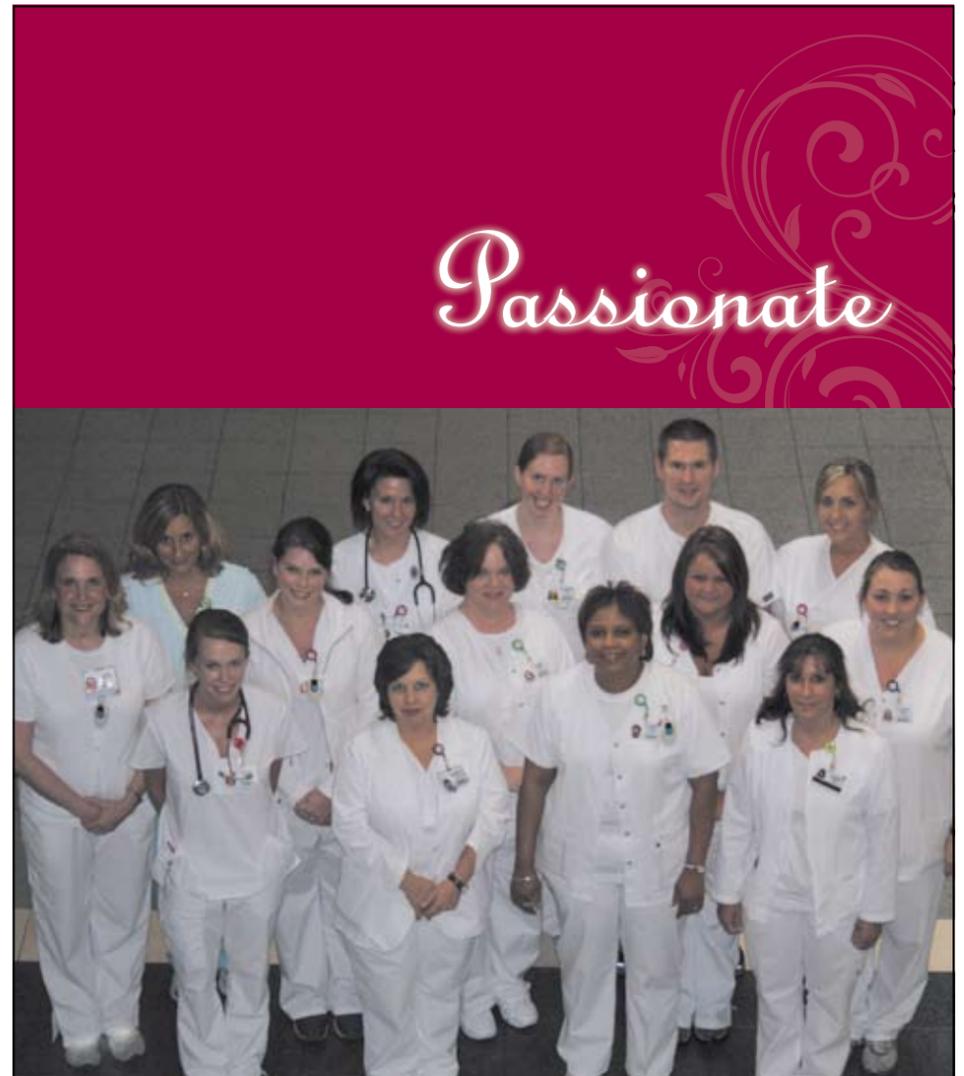
7-9 a.m. NP Fall Update Registration
 7-8 a.m. Nurse Practitioner General Assembly and Breakfast Buffet (1.0 c/h)
 8-10:15 a.m. Joint Injections Training (2.0 c/h)
 8-9 a.m. Nurse Practitioner Exhibit Hall
 9-10:15 a.m. Continuing Education Concurrent Sessions (1.25 c/h each)
 9 a.m.-3 p.m. MNA MarketPlace
 10:15-10:45 a.m. Coffee with the Nurse Practitioner Exhibitors
 10:45 a.m.-Noon. . . . Continuing Education Concurrent Sessions (1.25 c/h each)
 12:15-1:30 p.m. NP Keynote Luncheon (1.25 c/h)
 1:45-2:45 p.m. Continuing Education Concurrent Sessions (1.0 c/h each)
 3-4 p.m. Continuing Education Concurrent Sessions (1.0 c/h each)
 3-5 p.m. Contraceptive Implant Training (2.0 c/h each)



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Running for Office

The House of Delegates for the 100th Mississippi Nurses Annual Convention will elect four offices and three appointees to the Committee on Nominations during their one-day session Wednesday, Oct. 21. The delegates will elect a president, vice president, and directors for the councils for Nursing Education and Organizational Affairs. Five candidates have declared for office. Nominations may also be made from the floor. The following have announced their candidacies.

For President: Gayle Harrell, NP-C, CWCN, of Pelahatchie and Carl Mangum, PhD, RN, CHS, CHEP of Byram.

For Vice President: Jennifer Hitt, RN, MSN, CNE of Oxford and Heather Mangum, MSN, C-FNP of Brandon.

For Director of the Council on Nursing Education: Bettye Logan, BSN, MSN, NP-C of Mt. Olive.

For Director of the Council on Organizational Affairs: Amy Forsythe, BSN, MSN, NP-C of Madison.

Candidates will make a five-minute speech following the afternoon CE session. All convention attendees are welcome to come and listen to the speeches and to let your district delegates know of your preferences. Only delegates are eligible to vote.

Announcement of new officers will be made at the conclusion of the House.

Centennial Coffee Table Book Available Online at MNA MarketPlace

MNA launched the sale of its centennial book, *A Way to Serve: The Mississippi Nurses Association, 1911-2011* by Seetha Srinivasan, director emerita of the University Press of Mississippi, Saturday, June 11 during gala festivities in Natchez at the Prentiss Club. The price of the book is \$29.91. To order online, check out the MNA Marketplace at <http://memex.msnurses.org/webapps/mainStore.htm>.

The book recounts the 100 years from the day Jennie Quinn Cameron and Leola Steele took the initiative to meet with a few nurses in the Natchez Charity Hospital to organize a state association of graduate nurses to today.

Their call was in response to the fact there were no laws regulating the profession of nursing in Mississippi, and, in their absence, anyone could claim to be a nurse. *A Way to Serve* documents the activities of the association and presents its efforts over the years to regulate its own profession, to ensure that its members adhere to the highest standards of education and training, and to secure their well-being. Throughout its distinguished history, the MNA has sought ways to balance these objectives while delivering optimum health care to those entrusted to it.

FROM THE BOOK JACKET

"A Way to Serve: The Mississippi Nurses' Association, 1911-2011 is an account of how the action of these women resulted in the establishment

of a professional organization that, from its very beginnings, has served with distinction nursing in Mississippi.

A Way to Serve documents the activities of the association and presents its efforts to regulate the profession, to ensure that its members adhere to the highest standards of education and training, and to secure their well-being. The book makes evident how, throughout its distinguished history, the MNA sought ways to balance these objectives while delivering optimum health care.

The book delineates the growth of the association by focusing on pivotal moments in its history. It is a succinct recounting of the most significant achievements of the MNA, linking these to historical context and to broader developments in the profession. About one hundred photographs supplement the text, and lengthy captions make connections between their subjects and pertinent larger circumstances.

Taken together, the text and the photographs in *A Way to Serve*, will make nurses proud of their leaders and of the rich history of their association. It is a book that should grace the shelves of every person connected with the nursing profession in Mississippi."

Seetha Srinivasan is director emerita of the University Press of Mississippi, whose staff she joined in 1979 as editor. She served as president of the Association of American University Presses and is a recipient of its Constituency Award. Srinivasan has lived in Jackson for over forty years and is active in civic and community affairs.

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Dr. Katherine Hopkins displays her signed copy of *A Way to Serve*. Signed books are still available.

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Program Director Geri-Psych Unit—minimum requirements—MS RN license, 3 years Geri/Psych experience, 3 years supervisory experience.

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Pictured left to right CCU Nurses: Jennifer Jacobs, RN, Claire Butler, RN, and Naomi Heagwood, RN.



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Why nurses need their own malpractice plan:

Because an employer's plan **generally won't cover you** if you provide care outside of work



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- A neighbor falls from a ladder while cleaning the eaves and his frantic wife calls you for help...

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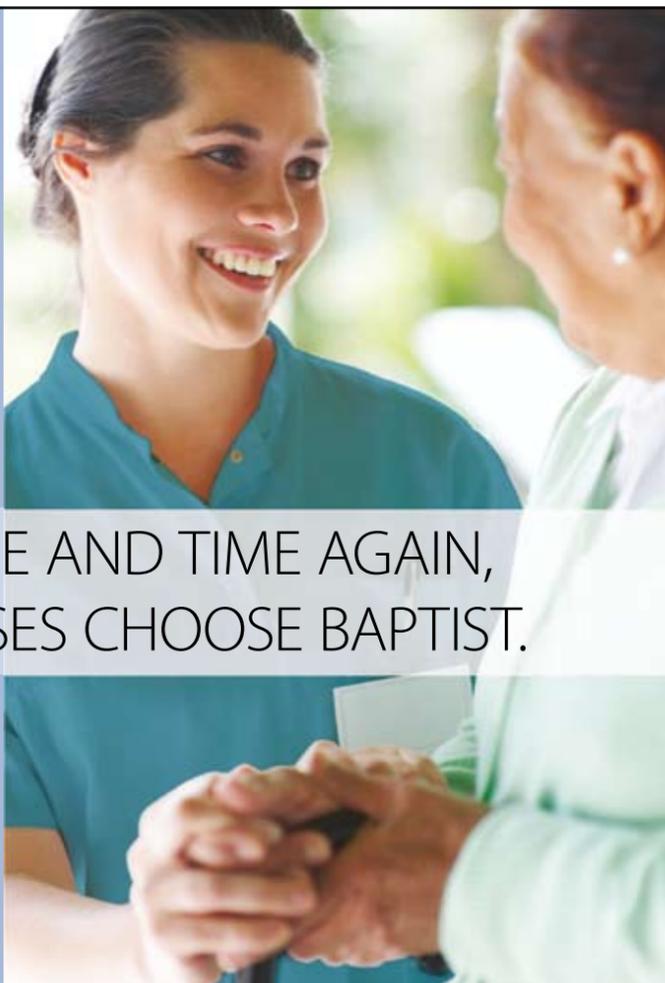


Set up your own malpractice safety net with the ANA-endorsed proliability Program: Call 1-800-503-9230 or visit www.proliability.com/51937 today.

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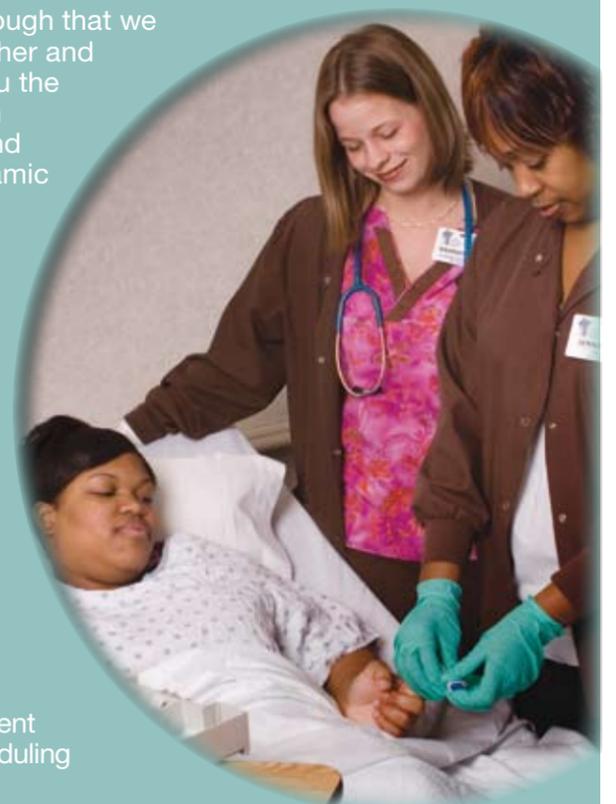
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