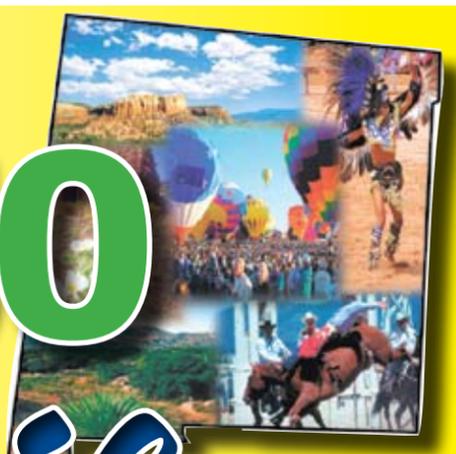


The NEW MEXICO Nurse



The Official
Publication of
NIMNA
NEW MEXICO NURSES
ASSOCIATION

A Constituent Member Association of the American Nurses Association
Quarterly circulation approximately 25,000 to all RNs, LPNs, and Student Nurses in New Mexico.

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Leadership and Self-Advocacy

by Dr. Leslie D. Paternoster
Part 2 of 4

During the last issue of the *New Mexico Nurse*, the concept of the transformational leadership was introduced. To remind the reader of the essence of this theory, the definition of the style of leadership associated with transformational "occurs when one or more persons engage with others in such a way that leaders and followers raise one another to higher levels of motivation and morality (fundamental wants, needs, aspirations, and values of the followers)" (Burns, 1978, p.8).

The four traits of the transformational leadership style are; 1) Inspirational Motivation; 2) Idealized Influence; 3) Intellectual Stimulation, and 4) Individualized Consideration (Northouse, 2001). In the last issue we discussed inspirational motivation and how to relate this trait to the novice nurse. To reiterate, challenging and supporting the novice nurse will help ensure the novice nurse to become a part of the unit of nurses on your floor or in your place of employment. We, as nurses need to nurture our own to ensure we deliver the best care we can. Remember that the inspirationally motivated leader will inject a team spirit on the floor or department. This leader will empower others to be the best they can be and will bring enthusiasm and optimism to their place of employment.

The second trait associated with the transformational leadership style is intellectual stimulation (Burns, 1978). The definition according to Northouse (2001) includes "leadership that stimulates followers to be creative and innovative and to challenge their own beliefs and values as well as those of the leader and organization (p. 138). When nursing leaders intellectually stimulate their followers it can help them to try new approaches and engage in careful problem solving (Northouse, 2001). This approach will help nurses think critically and hopefully engage in evidenced based practices to make their units update their current practice. This trait will work best with the competent, proficient, or expert nurses on the unit when working with evidenced based practice as the less experienced nurse is still focusing on learning nursing and the unit protocols. Benner (2001) describes the competent nurse as one who has 2-3 years of experience and is able to differentiate

important factors from less important factors. The proficient nurse has 3 to 5 years experience and perceives situations as wholes rather than in parts and has a more holistic understanding of the patient. The expert practitioner no longer requires rules or guidelines in her practice; she is able to make appropriate decisions about a situation using intuition and analytical ability (Benner, 2001).

An example of this type of leadership is a unit leader who encourages the more established nurses to develop unique ways to solve problems that have caused turmoil or questions on the unit. Consider the new information that has come forth on caring for people. With new drugs and new procedures nurses need to ensure that all their actions are up to date and supported by evidenced-based practice. This allows the nurse leader to use intellectual stimulation as a guide to help nurses understand the importance of evidence-based practice. By challenging nurses to keep up to date on research, and encouraging nurses to change their practice for the positive, the nurse leader can help nurses fulfill this important task. Nurses should be aware that what they are doing with patients, be it tracheotomy care, colostomy care, IV infusions, or others, is up to date. By intellectually stimulating nurses and allowing them the time to research such activities, the unit or place of employment can offer better, more improved care.

Much has changed in the world of nursing and maintaining an up-to-date practice is a needed requirement. A nurse leader who understands the transformational leadership style can help these nurses excel in their practice. Consider this second trait of intellectual stimulation in your everyday practice. Can you help nurses on your unit by intellectually stimulating them? In the next issue, we will look at the third component, Idealized Influence. Get ready for another discussion on how to help your nurses become leaders.

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Burns, J.M. (1978). *Leadership*. Harper Torchbooks: New York.
Northouse, P. (2001) *Leadership: Theory and practice* (2nd Ed.). Thousand Oaks: Sage.

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Rio Grande Chapter, Contact: Steve Ross
505-291-5474 or sross@salud.unm.edu

American Assn. of Critical Care Nurses (AACN)
Albuquerque Chapter, P.O. Box 36546
Albuquerque, NM 87156-6546
Heidi Radke, Chapter President
Email: hskrgl@msn.com

American Assn. of Nurse Assessment Coordinators

www.aanac.org a website for members of assn. of Long Term Care MDS Coordinators, offering CNE, on-line discussion, latest news updates.
1873 S. Bellaire Street, Suite 800
Denver, CO 80222
1-800-768-1880, Contact: Debbie Hoellen

American Nurses Association
8515 Georgia Avenue - Suite 400
Silver Spring, MD 20910
1-800-274-4ANA
www.nursingworld.org

American Society for Pain Management Nursing

Contact: Linda Sorensen
4401 Royene Ave. NE, Albuquerque, NM 87110
(505) 724-6134 lsorensen@phs.org

Assn. of PeriOperative RNs, Central NM Chapter

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Association of Women's Health, Obstetric and Neonatal Nurses (AWOHN)

Contact: Kathleen Matta 505-690-6218

Case Managers Society of American, Rio Grande Chapter

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Legal Nurse Consultants, Greater Albuquerque Chapter

Contact Maria Scarpelli at 505-352-6562 or mariascarpelli@onque.net

New Mexico Association for Home Care

3200 Carlisle Blvd. NE
Albuquerque, NM 87110
(505) 889-4556

New Mexico Association of Neonatal Nurses
Contact: Raychelle Creech, (505) 839-2625

New Mexico Board of Nursing
6301 Indian School, NE, Suite 710
Albuquerque, NM 87110
(505) 841-8340

New Mexico Developmental Disabilities Nurses Association

Contact Person: Judi Murphy
(505) 332-6820 or jmurphy@arc-a.org

NM Emergency Nurses Association (ENA)

Contact information, meeting dates, etc. can be found at www.nmena.com

NM Native American Indian Nurses Association

PO Box 26674, Albuquerque, NM 87125
Josephine Waconda, President (505) 869-2134

New Mexico Nurses Association

PO Box 29658
Santa Fe, NM 87592-9658
(505) 471-3324

New Mexico Nurse Practitioner Council

Contact any Board of Directors Member at nmnp@nmnp.org

New Mexico Organization of Nurse Executives

PO Box 4491
Albuquerque, NM 87196 or their web site:
www.nmone.org

NM School Nurses Association (NMSNA)

Contact Judith Bauer-Creegan, RN, BSN, MSN, President
jcreegan@gisd.k12.nm.us
(575) 882-0036

NM Wound, Ostomy, and Continence Nurses

Contact Pat Collins at 505-473-1544 or patjamescol@aol.com

PeriAnesthesia Nurses Assn. of NM

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Email toatea2@yahoo.com
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If you would like your organization's name and phone # listed in the *New Mexico Nurse*, forward your information to:

**NMNA, PO Box 29658
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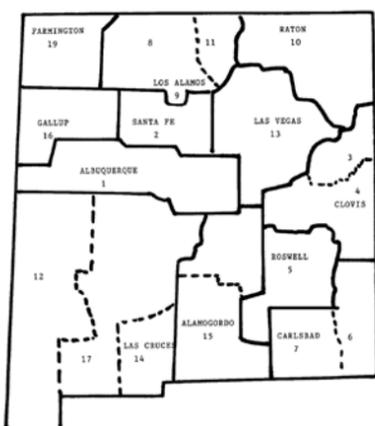
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DNA 13, Las Vegas;
DNA 15, Alamogordo;
DNA 16, Gallup;
DNA 17, Deming



Nursing Information Web Sites

NM Nurses Association: www.nmna.org

Information on the organization, calendar of events, legislative update, on line registration for workshops, job listings for all kinds of health care jobs, and Continuing Education applications for workshops for nurses.

NM Board of Nursing: www.bon.state.nm.us

Lists board meeting dates, download the Nursing Practice Act, Rules and Regulations, download renewal forms, complaint forms, get information on recent rules and regulation changes, get names of board members.

NM Center for Nursing Excellence: www.nmnursingexcellence.org

Information on NMCNE activities to lessen the nursing shortage, recognize nurses for their accomplishments, Links to nursing organizations, workforce reports and much, much more.

NM Nurse Practitioner Council:

www.nmnpc.org

Information on the organization, activities, legislative initiatives, and formulary for sale to NPs.

American Nurses Association:

www.nursingworld.org

Membership, bookstore to buy standards of various nursing practices, the Code of Ethics for Nurses, Online Journal of Nursing, press releases on various legislative initiatives, connections to state (constituent) nurses associations, American Nurses Credentialing Center, and the American Academy of Nursing.

Exceptional Nurse: www.ExceptionalNurse.com

A nonprofit resource for nurses and students with disabilities. The email address is exceptionalnurse@aol.com.

MISSION STATEMENT

New Mexico Nurses Association is committed to advocating for all licensed nurses, improving health care, and promoting life-long learning.

Core Values

- Promote the professional and educational advancement of nurses.
- Develop alliances with other professional health care organizations on issues affecting nurses and health care.
- Enhance recognition of the contribution of the nurse in health care.
- Promote high standards of nursing practice by upholding the integrity of the New Mexico Nursing Practice Act.
- Improve access to health care services by expanding opportunities for nurses.
- Foster personal and professional self-advocacy.
- Advocate for nurses through legislative, regulatory, and policy making endeavors.

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under Licensing Forms

Resource Utilization

Nursing Council of New Mexico Practice and Work Environment Committee

In October 2010 the Institute of Medicine (IOM) issued a 465 page comprehensive report on nursing entitled "The Future of Nursing: Leading Change, Advancing Health". The report identified barriers and made recommendations for nursing. One of the recommendations for nursing is that "Nurses should practice to the full extent of their education and training." This is a recommendation regarding scope of practice for RN's and advance practice registered nurses (APRN). The Nurse Practice Act in New Mexico already allows nurses to practice according to their education and training. APRNs can practice as nurse practitioners, clinical nurse specialists, and nurse anesthetists according to Board of Nursing Practice Act and Regulatory Rules, by seeing patients and prescribing medications. The challenges for nurses to practice according to their education in New Mexico are due to organizational policies, not the NM Nurse Practice Act.

The revised Standards for Differentiated Competencies of the Nursing Workforce at the Time of Entry into Practice, published by the New Mexico Center for Nursing Excellence, is a document that provides a philosophical basis for nursing in New Mexico and identifies five key areas with specific competencies for unlicensed assistive personnel through Ph.D. in nursing. The five key areas are: Direct Care, Relationships with Patients and Other Healthcare Professionals, Membership in the Discipline, Context, and Research. This document was originally created in 1999 by a committed group of New Mexico nurses on the Standards Committee for the New Mexico Consortium for Nursing Workforce Development. The revised Standards for Differentiated Competencies of the Nursing Workforce at the Time of Entry into Practice was accepted by the Nursing Council of New Mexico in January 2010. This is an excellent document to clarify nursing duties and responsibilities. The Standards for Differentiated Competencies of the Nursing Workforce at the Time of Entry into Practice can be accessed through the NM Center of Nursing Excellence website, nmnursingexcellence.org, and click on Reports/Papers at the top of the home page. The National League for Nursing, www.nln.org, also has entry level competencies. Go to the NLN home page, at the top of the page, click the arrow after Quick Links, and scroll down to Competencies.

Included under the heading of "Nurses should practice to the full extent of their education and training," the IOM report also discusses

"high turnover rates among new nurses (that) underscore(s) the importance of transition-to-practice residency programs, which help manage the transition from nursing school to practice and help new graduates further develop the skills needed to deliver safe, quality care." The Practice and Work Environment committee of the Nursing Council of New Mexico implemented the Rural Nurse Residency program in conjunction with Idaho State University's Northwest Rural Nurse Residency in January 2010. It is a year-long residency program for new nurse graduates, utilizing on-line courses and facility based preceptors. This is a grant funded program and is available to all rural and remote hospitals in New Mexico at no charge. Contact the Director of Professional Development at the NM Center for Nursing Excellence for more information and enrollment (www.nmnursingexcellence.org, 505-889-4518). New residents can begin the program in January, June and September. Congratulations to the first group that graduated in January 2011 and congratulations to the six NM hospitals that currently have new nurses enrolled in the residency!

Changes are happening every day in healthcare. Now is a good time for nursing administrations and healthcare organizations to start building an operational model that will create a high-performing culture of health care in New Mexico. For your organization that may mean reviewing interview processes, job duties and responsibilities, training, and administrative and educational progression policies not just for nurses, but all employees. An excellent book on building an "enviable culture" is by Ann Rhoades, *Built on Values*, (ISBN 978-0-470-90192-2). This book has samples of forms and policies in use by a variety of organizations committed to nursing excellence.

Nurses can and should play a fundamental role in transforming healthcare in New Mexico and the United States. New Mexico has a Nurse Practice Act in place that allows nurses to practice to the full extent of their education and training. By utilizing the Standards for Differentiated Competencies of the Nursing Workforce at the Time of Entry into Practice we can further clarify nursing duties and responsibilities. By implementing the Rural Nurse Residency program in our rural health care facilities we can support new nurses in their transition from nursing school to practice, assisting them to develop competence and confidence in their nursing roles. By creating a culture of solid nursing values in our healthcare organizations we can change policies regarding nurses being allowed to practice to the fullest extent of their education and training. This will help create a high-performing culture of safe and quality health care for all residents of New Mexico.



What are the Standards of the 2011 New Mexico Board of Nursing?

Submitted by Terri Fortner,
RN, MSN, PMHNP-BC

New Mexico Board of Nursing, Chairwoman

The New Mexico Board of Nursing is comprised by statute of four professional nurses and three professional public members. The members of the current appointed Board of Nursing take seriously the professional standards that the practice of nursing requires according to the Nurse Practice Act and its mission statement. The members have and do attend to the task with great earnest its duties despite opposition to any and all decisions.

The current goal of this Board is **openness and transparency** of all its operations. The budget, Governor's report, college of nursing reports and recommendations, rule changes, and discipline are dependent upon the executive director's and staff's presentation of valid and reliable information to all seven members of the Board under the Open Meetings Act for competent decision-making. Under the Nurse Practice Act the Board hires and oversees the management skills of the executive director, making the Board directly accountable to the sitting governor.

The New Mexico Board of Nursing was established under the New Mexico Nurse Practice Act to regulate and license nurses in the state of New Mexico. The members of the Board are appointed by the governor. Each member may serve two 4-year terms at the discretion of the governor. Any New Mexico professional organization of nurses in New Mexico can make recommendations to the governor. The members are chosen from different geographic areas (no more than 2 from any one county). The statute created the requirements of 3 public members and 4 nurse members. It is a volunteer, non-paid contribution to the service of New Mexico. The Board meets six (6) times a year for disciplinary hearings and a general meeting.

Under the New Mexico statute **61-3-10 A.B.C.** "the board shall adopt and revise such rules and regulations as may be necessary to enable it to carry into effect the provisions of the Nurse Practice Act and to maintain high standards of practice; B. shall prescribe standards and approve curricula for

educational programs preparing persons for licensure under the Nursing Practice Act; C. shall provide for surveys of educational programs preparing persons for licensure under the Nursing Practice Act" (<http://www.bon.state.nm.us/pdf/Statutes.pdf>, 2011).

The Board's attorney, Lesley Lowe, is an assistant attorney general that works with the Board during the meetings, as well as, with the prosecuting attorney during the months between disciplinary hearings. Ms. Lowe has served the Board of Nursing for over 23 years with integrity and an expansive knowledge of nursing and the law. Those individuals licensed or certified by the Board of Nursing are accountable to the rules and regulations according to the Nurse Practice Act **61-3-10 L.** "the board shall, for the purpose [purposes] of protecting the health and well-being of the citizens of New Mexico and promoting current nursing knowledge and practice, adopt rules and regulations establishing continuing education requirements as a condition of license renewal and shall study methods of monitoring continuing competence (<http://www.bon.state.nm.us/pdf/Statutes.pdf>, 2011). Thus, the Board's mission statement is **to protect the public safety through effective regulation of nursing care and services** is very important to each Board member and Board's attorney.

As members of the Board of Nursing, we request that you attend any and all meetings. Check our website for updates on dates, time, and location at http://www.bon.state.nm.us/mtg_sched.php. According to the Code of Ethics for Nurses (2011), "collaboration is the concerted effort of individuals and groups to attain a shared goal. Collaboration requires mutual trust, recognition, and respect among the health care team, shared decision-making about patient care, and open dialogue among all parties who have an interest in and a concern for health outcomes. Intra-professional collaboration within nursing is fundamental to effectively addressing the health needs of patients and the public" (American Nurse Association, 2011).

In the words of General Colin Powell (2011), "there has crept into our society and our public dialogue, coarseness, nastiness, an attack of people who don't share the same views as we do. All sorts of nastiness

and it is not just politicians who are doing this to each other, and frankly, politics has always been a contact sport in this country but with all of the cable channels and talk radio and blogs, where people can be anonymous with their nastiness, I think it has caused a level of coarseness in our society that we've all got to think about" (The Daily Times, 2011).

If you are interested in *participating on a committee*, submit applications to Dr. Nancy Darbro, interim executive director. There are over twenty-one (21) professional nursing organizations in New Mexico. Please consider being involved in the selection process of making recommendations to the governor for new Board members as these terms expire.

American Nurse Association (2011). *Code of Ethics for Nurses*. Retrieved January 24, 2011 from <http://nursingworld.org/MainMenuCategories/EthicsStandards/CodeofEthicsforNurses/Code-of-Ethics.aspx>

New Mexico Board of Nursing (2011). *Nurse Practice Act*. Retrieved January 24, 2011 from <http://www.bon.state.nm.us/pdf/Statutes.pdf>

Lee, M. (2011, January 24). Powell still bullish on Obama, not joining govt. *The Daily Times*, p. A2.

Carrie's Corner

The legislative session is in full swing with many new legislators in the House and Senate, so our lobbyist is very busy educating them about nursing and health care issues, and monitoring the wording in the bills to ensure that no group's proposed legislation negatively impacts the practice of nursing to the full extent of our Nursing Practice Act. Because of the dire straits of our state budget we are watching the health care and budget hearings to limit the damage done to impoverished folks relying on Medicaid for their health care.



Carrie Roberts

Back in October, 2010 the Institute of Medicine and the Robert Wood Johnson Foundation released their report: The Future of Nursing. This effort has a number of major recommendations to move nursing into the 21st century. These recommendations include states working to make seamless transitions from one nursing program to another; that when someone is enrolled in one program intending to move into a more advanced program, there will be efforts made to allow dual-enrollment so that courses do not have to be repeated when the student moves into the more advanced course. Another recommendation is that nurses are able to work to the full scope of their

education and licensure—this is pretty much in place as far as the board of nursing is concerned, although there are facilities that do not allow the nurses to function independently or will not hire advanced practice registered nurses (APRNs) for in-patient care. There are also insurance companies that slow down the credentialing of nurses with specialties or APRNs, limiting the ability of their insured to receive APRN services. The report also recommends that in 2020, 9 years from now, 80% of the nurses in the state should have a minimum of a BSN, and also in 2020 the number of doctorally prepared nurses should double. Currently the number of nurses with at least a BSN is about 38.4% in New Mexico.

New Mexico has a Consortium of Nursing Educators that has been working on the issue of seamless transition between and to more advanced nursing programs for about a year—they have been moving forward on developing connections between community colleges and universities to help with this, and they will continue to work on issues as they arise. Last summer the Board of Nursing and the NM Center for Nursing Excellence called a meeting with presidents, provosts, registrars and deans to discuss the connections and Memoranda of Agreements needed to assist with these connections.

As a diverse state with Hispanics, Anglos, Native Americans, African Americans, and Asian Americans, the nursing community has been aware of the need for diversity in the caring professions, and have worked to recruit and educate more men, more Hispanic, African, and Native American students, but we have more work to do for the diverse populations of nurses to be mirrored in the diversity of populations in the state, which is recommended in the report.

In addition the National Council of State Boards of Nursing and the IOM/RWJF Report on the Future of Nursing recommend that there be transition programs for new licensees and those nurses changing roles [from student to new licensee, from staff nurse to administration, from RN to APRN role] to assist them in making this professional transition. UNM Hospital and Gerald Champion RMC in Alamogordo have residency programs that meet this recommendation, and the NM Center for Nursing Excellence has paired with the University of Idaho developing a rural residency program that is mainly on-line, for new licensees in rural facilities. This program includes preceptors for each nurse-resident and training for the preceptors. The program has been in place for one year, and has doubled in the number of

participating facilities and residents/ preceptors. New Mexico needs to work on making residencies for new licensees and new roles more available to all who need them so that we can improve retention rates and the self-confidence of our nurses to be able to handle the issues of their positions.

Meetings are being held to develop our own Regional Action Coalition to address the IOM/RWJF Future of Nursing Initiative, and continue the work various groups have been doing over the past 4-5 years to improve nursing education, working conditions, and so much more. We were notified on February 11th that our application to be recognized as a RAC was accepted by IOM/RWJF. There will be work groups addressing parts of these issues- if you have the time and interest, contact me: carrie@nmna.org or 505-471-3324 to discuss how you might be able to help with this important work.

Capitol Challenge 2011, our annual legislative workshop for nursing students and nurses wanting to be involved in the legislative and policy-making process, occurred on Thursday, 2/3 in Santa Fe. There was a big snow storm and frigid temps (-22 degrees that morning on the way to the convention center) and a number of participants couldn't get to Santa Fe, but over 80 hardy souls made the effort, heard wonderful presenters on diverse topics including the legislative process, importance of political involvement for nurses, ways to jump start your career by becoming certified, and staying current with nursing standards. By the time we all got to the Capitol in the afternoon, the Governor had closed schools, and sent workers home because of the gas crisis, but as expected the legislature continued with their bill hearings in committees, so many were able to hear the deliberate process in action.

The next few months will see the end of winter, the beginning of spring and Juniper Season, and longer days, warmer temperatures. When this arrives in about 6 weeks, around April 1, maybe we'll still be in Mud Season, but at least it won't be so darned cold. By April 1, we will also know more about the state budget, what bills have been passed and signed into law, and what bills didn't make it through the legislative process. Then we'll need to start figuring out how much these laws will affect our practice, how we can mitigate the harm to Medicaid recipients, and move forward with plans for Special Sessions and the 2012 legislative session.

Wishing you the very best this Spring!

Carrie

National Committee for Quality Assurance

Recognizes Nurse-run health care centers as patient-centered “medical” (health care) homes

WASHINGTON—Testifying to the strength of advanced practice nursing, the reality of primary care shortages, and the impact of advocacy efforts in Pennsylvania, eight member sites of the National Nursing Centers Consortium (NNCC) and Pennsylvania’s Chronic Care Initiative were recognized as patient-centered medical homes by the National Committee for Quality Assurance (NCQA).

The designation signaled a significant change by the committee which previously did not identify nurse-managed health centers as medical homes.

NNCC Chief Executive Officer Tine Hansen-Turton, MGA, JD, an Edge Runner, is a prominent example of the influence of the American Academy of Nursing’s Raise the Voice (RTV) campaign, touting the benefits of nurse-managed health centers on a host of panels and forums. Edge Runners, the centerpiece of RTV, consist of more than 40 nurse-led models of care that provide concrete solutions to health care challenges, demonstrating positive clinical and financial outcomes. NNCC is a national network of 250 nurse-managed health centers nationwide, many of them associated with schools of nursing, serving 2.5 million patients across the United States.

“The NCQA recognition is an indication of the great work nurse-managed clinics do around the country. I am confident that NCQA’s decision combined with new funding for nurse-managed health centers created through health care reform will help these clinics make high quality, affordable primary care more accessible to the underserved,” said Hansen-Turton. “It is also my hope that NCQA’s recognition will encourage other federal and state policy makers to take similar steps to

ensure that the nurse-managed model is fully supported in other areas of law and regulation. Only then will nurse-managed clinics reach their full potential as primary care providers.”

Led by former Pennsylvania Governor and current RTV Advisory Council Chair Edward Rendell, the Raise the Voice campaign focused on nurse-led innovations in Pennsylvania during his introductory event last spring at the National Press Club. An aim of the second phase of the campaign is to scale up nurse-led innovations and break down barriers prohibiting nurses from practicing to the full scope of their education.

Cited regularly by Raise the Voice, Edge Runner Patricia Gerrity, PHD, RN, FAAN, leads the Eleventh Street Family Health Services at Drexel University, which is one of the eight locations recognized as a patient-centered medical home. Her program provides comprehensive, community-based care and disease management for all populations and accrued more than 26,000 visits in 2009.

For more information on NNCC visit http://www.aannet.org/files/public/Nurse_Managed_Health_template%201-10_edits.pdf

For more information on the 11th Street Family Health Services visit http://www.aannet.org/files/public/11thStreetFamilyHelthSvcs_template.pdf

The American Academy of Nursing (www.aannet.org) anticipates and tracks national and international trends in health care, while addressing resulting issues of health care knowledge and policy. The Academy’s mission is to serve the public and nursing profession by advancing health policy and practice through the generation, synthesis, and dissemination of nursing knowledge.

Project C.U.R.E.'s "Clean Out Your Closets Week"—April 4-10, 2011

Do you have surplus or expired, medical supplies? Any working medical equipment that is just sitting in a store room or closet and has not been used in years, but could be put to good use in a developing country somewhere in the world? If so, then take advantage of Project C.U.R.E.'s upcoming **"Clean Out Your Closets Week"**—April 4-10, 2011.

Project C.U.R.E. is a nationwide volunteer organization collecting surplus medical equipment and supplies for distribution to clinics in developing countries. Its programs extend the useful life of equipment, and put to good use supplies which will not be used in the United States, all while reducing the amount of waste accumulating in our landfills.

During **"Clean Out Your Closets Week"**

Project C.U.R.E. will arrange to pick up donated equipment and supplies, and will provide a written acknowledgment of the donation for those who desire one. We are looking for no longer used, but usable, equipment and surplus supplies: from surplus or out-of-date medical supplies, to stethoscopes, sphygmomanometers and crutches, to exam tables and the like. Anything that might be useful. We cannot accept liquids or prescription medications,

or medical equipment in need of significant repair. Office furniture and equipment is not on our list, but we can take medical texts (10 yrs. old or less) and periodicals (5 yrs old or less).

Project C.U.R.E. has filled over 30 tractor trailers of medical supplies and equipment from New Mexico alone, and nationwide it shipped 119 containers overseas during the past year. Despite this success, it is likely that doctors' offices,

medical clinics and hospitals have equipment and supplies stuffed into closets and back rooms (and maybe in garages and storage units) just wasting away but which could be saving lives or offering improved health and healthcare in the developing world. **"Clean Out Your Closets Week"** is an effort to bring these items to light and put them to productive use.

If you have equipment or supplies that you would like to donate, or questions about this program, please call Charlie Ofelt, New Mexico coordinator

for Project C.U.R.E., at **505-296-5084**. Volunteers will schedule a pick up at your door step. Please take the next few weeks to have your staff check what you no longer need and plan on calling Project C.U.R.E. to make your donations!



Continuing Nursing Education Listings

NMNA is now an ANCC-accredited approver—all CNE is ANCC approved!

A: = Alternative Therapies

Date	Location	Title	CE	Sponsor	Contact
TBA	TBA	Homeopathy, a Complementary Therapy	6.5	The Mirus Foundation	Lia: 505-474-4917
Anytime	Online	Multiple titles-high quality CNE	varies	Graduate Education Foundation: CE Lectures	www.nmna.org , click on Lecture of the Month on Home page.
Any time	Home Study	Neck and Shoulder Pain	3.0	Institute for Natural Resources	925-609-2820
Any time	Home Study	Chronic Fatigue Syndrome	3.0	Institute for Natural Resources	925-609-2820
Anytime	Online or video course	Professional Legal Nurse Consultant certification course	16.0	Jurex Center for Legal Nurse Consulting	www.jurexnurse.com 901-496-5447
Any time	at your home computer	multiple titles	various	National Council of State Boards of Nursing	www.learningext.com
Any time	at your home computer	multiple titles—all free!	various	Medscape website	www.medscape.com
Any time	at your home computer or by book & mail	multiple titles	various	Nursing Education of America	www.nursingeducation.com 1-800-234-8706
Any time	at your home computer or by book & mail	multiple titles	various	Western Schools	www.westernschools.com 1-800-438-8888
Any time	at your home computer or by book & mail	multiple titles	various	National Center of Continuing Education	www.nursece.com 1-800-824-1254
Any time	at your home computer	multiple titles	various	American Nurses Association	http://nursingworld.org/ce/cehome.cfm
look at the website	NM and elsewhere	Various CE activities—all ANCC approved via Wisconsin Nurses Association	various	HEALTH Education Network	http://www.health-ed.com/



A constituent member association of the American Nurses Association
 P. O. Box 29658, Santa Fe, NM 87592-9658 www.nmna.org
 505-471-3324 Fax: 1-877-350-7499 toll free

Office Use Only	
CMA _____	DNA _____
Exp date _____	
Approved by _____	Date _____
Amt. enclosed _____	Ck # _____

Combined Membership Application

_____ for ANA/NMNA/ District membership, NMNA or NMNA/ District ONLY, and LPN Affiliate membership

Last name _____ First name _____ MI _____ DOB: _____

Check preferred contact

Home Address _____ City _____
 County _____ State _____ Zipcode _____ Hm. Phone (_____) _____ - _____
 Fax (_____) _____ - _____ Email: _____

OR Employer name _____
 Street/POB _____ City _____
 County _____ State _____ Zipcode _____ Wk Phone (_____) _____ - _____
 Fax (_____) _____ - _____ Email: _____

Basic nursing program/ City/ State _____ License # _____ License State _____

Graduation month/ year _____ Highest degree held _____

Member of a collective bargaining unit? YES—specify what unit _____ NO

Trilevel-ANA, NMNA, and Active district membership

<input type="checkbox"/> Full membership (employed full or part time in nursing)	\$230.00 yearly or	\$19.67 /month
<input type="checkbox"/> Reduced 50% reduction in membership fees <input type="checkbox"/> Not employed <input type="checkbox"/> Full Time student <input type="checkbox"/> New licensee within 6 mo. of graduation <input type="checkbox"/> 62 y/o and not earning more than Social Security allows	\$115.00 yearly or	\$10.08 /month
<input type="checkbox"/> Special—75% reduction in membership fees <input type="checkbox"/> > 62 y/o and not employed or <input type="checkbox"/> Totally disabled	\$57.50 yearly or	\$5.30 /month

Only the following districts are active and are either receiving membership fees or are accruing them:
District 01– Albuquerque; **District 02**– Sante Fe; **District 04**– Clovis/Portales; **District 10**– Raton;
District 14– Las Cruces; **District 15**– Alamogordo; and **District 19**– Farmington.

Bi-level-ANA, NMNA, no active district or District “50” membership

<input type="checkbox"/> Full membership	\$218.00 yearly or	\$18.67 /month
<input type="checkbox"/> Reduced 50% reduction in membership fees <input type="checkbox"/> Not employed <input type="checkbox"/> Full Time student <input type="checkbox"/> New licensee within 6 mo. of graduation <input type="checkbox"/> 62 y/o and not earning more than Social Security allows	\$109.00 yearly or	\$9.48 /month
<input type="checkbox"/> Special—75% reduction in membership fees <input type="checkbox"/> > 62 y/o and not employed or <input type="checkbox"/> Totally disabled	\$54.40 yearly or	\$5.05 /month

Choice of payment:

- Full Annual Payment (submit application with a check payable to ANA for the yearly amount)
 - Online (www.nursingworld.org—credit card only)
 - E-Pay (This is to authorize monthly electronic payments to American Nurses Association, Inc. (ANA)). By signing on the line, I authorize my Constituent Member Association (CMA)/ ANA to withdraw of 1/12 of my annual dues plus bank fees from my account.
 - Checking—Please enclose a check for the first month’s payment; the account designated by the enclosed check will be drafted on or after the 15th of each month.

 Monthly Electronic Deduction Authorization Signature

- Automated Annual Credit Card Payment This is to authorize annual credit card payments to American Nurses Association, Inc., (ANA). By signing on the line, I authorize my Constituent Member Association (CMA)/ ANA to charge the credit card listed in the credit card information below for the annual dues on the 1st day of the month when the annual renewal is due.
- Monthly Electronic Payment through Credit Card Please complete the credit card information below and this credit card will be debited on or after the 1st day of each month.

CREDIT CARD INFORMATION

VISA Mastercard

Bank Card Number and Expiration Date _____

Authorization Signature _____

Printed Name on Card _____ Amount _____

Please mail your completed application to: New Mexico Nurses Association, P. O. Box 29658, Santa Fe, NM 87592 or American Nurses Association Customer and Member Billing, P. O. Box 17026, Baltimore, MD 21297-0405

By signing the Monthly Electronic Deduction Authorization or the Automatic Credit Card Payment Authorization, you are authorizing ANA to change the amount by giving the above-signed thirty (30) days advance written notice. Above signed may cancel this authorization upon receipt by ANA of written notification of termination twenty (20) days prior to deduction date designated above. Membership will continue unless this notification is received. ANA will charge a \$5 fee for any returned drafts or chargebacks.

NMNA-only or NMNA/ District- ONLY membership (Not ANA)

Membership Category (check 1)

- NMNA only \$128.00/year
- NMNA & active district only \$140.00/year

LPN Affiliate membership (Not ANA)

Membership Category (check 1)

- NMNA only \$50.00/year
- NMNA & active district only \$62.00/year

Active districts: **District 01**– Albuquerque; **District 02**– Sante Fe; **District 04**– Clovis/Portales; **District 10**– Raton; **District 14**– Las Cruces; **District 15**– Alamogordo; and **District 19**– Farmington.

New Members

December 2010 -February 2011

District 1- Albuquerque area
 Francis Cortes
 Jeanine E. Davis
 Maebeth Ferrell
 Elizabeth Anne Finley
 Lisa K. George
 Helen Hendrix-Poling
 Debra J. Jaccard
 Amber L. Jones
 Loren Sapphire Kelly
 Karen M. Lopez-Rivera
 Emily Maner
 Susan E. Morgan
 Sherry Lynn Reeder
 Kathryn Marie Schneider
 Donna M. Tomky
 Pauline Zelaya

District 2- Santa Fe area
 Ruth M. Baca
 Nicole Renee Broderson
 Jo A, Schroeder

District 4- Clovis/ Portales area
 Kristin L. Kuhlmann

District 14- Las Cruces area
 Mary Ellen Hunner
 Laura M. Johnson
 Terry Joyce Zeigler

District 19- Farmington-area
 Brent Accursio
 Terri Fortner
 Melisa Sue Jackson

District 50 (no active district/ “at large”)
 Cynthia Jane Hartman- Questa
 Judy Glenn- Roswell
 Roni DaLaO Kerns- Albuquerque
 Durward D. Lynch- Gallup
 Catherine B. O’Conner- Deming
 Constance Sue Reichert- Las Vegas
 Eileen Romero- Springer
 Deborah J. Storms- Los Alamos
 Sarah C. Yye – Hobbs