



Volume 4
Number 1

ANA - NEW YORK NURSE

WE MAKE A DIFFERENCE FOR NURSES IN NEW YORK STATE

July 2019

The Official Publication of the American Nurses Association - New York
ANA - New York Nurse will reach over 6,000 New York nurses and schools of nursing through direct mail.

INDEX

ANA-NY's 7th Annual Meeting 1-4

President's Message 5

Letter to the Editor 5

From the Desk of the Executive Director 6

ANA-NY Open House 7

Members On The Move 8

Board Buzz 8

From the Historian's Desk 9

ANA-NY Elections - Candidate Profiles 10-11

In the Spotlight - Future Nurse Leader . 12

Committee Corner 12

Committee Spotlight 13

Organizational Affiliate Spotlight . . . 14

Sneak Preview of the "BS in 10" Book . . 15

Research You Can Use 15

Place Matters 16

Continuing Education 20-22

Membership Application 23



ANA-NY's 7th Annual Meeting

Speaker Information

Tammy J. Toney-Butler



Tammy J. Toney-Butler and her husband David reside in Naples, Florida. Tammy moved to the Southwest Florida area in May 2000 and now is on the Advisory Board of Path2Freedom, a faith-based, anti-trafficking organization, providing hope and healing for commercially sexually exploited children in Southwest Florida. Currently, an anti-human trafficking consultant, community outreach director, and victim advocate with Path2Freedom.

Tammy has 29 years of nursing experience, with 28 years spent in emergency/trauma medicine and is currently a sexual assault nurse examiner in Fort Myers, Florida.

Tammy graduated from Loganville High School in 1989, obtained a Diploma of Practical Nursing in 1990 from Gwinnett Technical Institute, and an Associate of Science in Nursing from the State University of West Georgia in 1997.

Currently, she holds three specialty certifications in nursing; CEN, TCRN, CPEN. She has specialized C-SEC Training for staff who care for sexually exploited children using trauma-informed, survivor-centered, neuro relational, integrated models of care.

A published author on human trafficking and nursing related topics in the National Library of Medicine/ PubMed. A mentor for the next generation of nurse leaders and advocate for the profession.

Brian Miller – Keynote Speaker



Brian Miller is a magician, speaker, and author of personal success book Three New People: Make the Most of Your Daily Interactions and Stop Missing Amazing Opportunities. For 12 years he has shared his magic and his message with thousands of audiences in 11 countries across four continents. Based in Connecticut, Brian now performs his interactive blend of jaw dropping magic and laugh-out-loud comedy at 200+ events each year.

<https://brianmillermagic.com/>
<http://brianmillerspeaks.com/>

Janet Franzese



Janet Franzese is a Psychiatric Mental Health Clinical Nurse Specialist, and Psychiatric Mental Health Nurse Practitioner. Her career in healthcare has spanned more than three decades encompassing a wide variety of roles and responsibilities. The majority of her career was spent working with the New York State Office of Mental Health which provides a comprehensive array of behavioral health services to youth with serious emotional

ANA-NY'S 7th Annual Meeting continued on page 2

current resident or

Presort Standard
US Postage
PAID
Permit #14
Princeton, MN
55371

GAIN A MEMBER!

PASS THIS NEWSLETTER ALONG TO A NURSE COLLEAGUE

MEMBERSHIP APPLICATION ON PAGE 23



ANA-NY's 7th Annual Meeting

ANA-NY'S 7th Annual Meeting continued from page 1

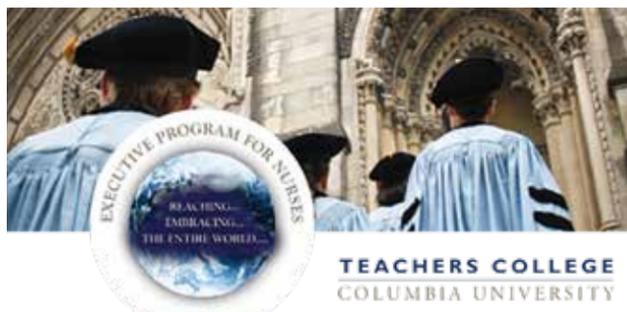
disturbances. For 25 years, her role included working closely with the treatment teams, nurses, therapy aides and administration. Serving as a nurse educator Janet was responsible for in-service training and seminars in addition to coordinating therapy and psych educational groups for children, adolescents and their families. Over the past 15 years Ms. Franzese has held various clinical adjunct positions at colleges and universities participating in their mental health rotations. During the past four years she has held a full-time position as an Assistant Professor at Queensborough Community College in Bayside, N.Y., teaching senior level nursing students. She has collaborated on grant applications, research projects and presentations on both local and national levels.

Kathleen Pecinka



Kathleen Pecinka is a registered nurse who holds a master's degree in nursing education and has 34 years of experience in cardiac, home care, telehealth and disease management nursing. For the past six years she has held a full-time position as an Assistant Professor of Nursing at Queensborough Community College in Bayside, N.Y. teaching

in the senior level division. Kathleen serves as an RN clinical and technical consultant working on numerous grants with the Department of Community Health and Health Services Research in the Northwell Health System. She has given both podium and poster presentations at local and national conferences such as those sponsored by the National Association for Home Care and Hospice and the Organization for Associate Degree Nursing. These presentations focused on innovative teaching and learning techniques, disease management and care of the home care patient. Kathleen is a member of an interdisciplinary team that has been awarded two Patient Centered Outcomes Research Institute (PCORI) grants. She is published in the Journal of Telemedicine and E Health and BioMed Central's Journal of Medical Informatics and Decision Making. Ms. Pecinka is a member of Sigma Theta Tau International Honor Society of Nursing and maintains the title of safety officer for her local Little League.



Department of Organization and Leadership

Elaine La Monica Rigolosi
Ed.D., J.D., F.A.A.N.
Professor of Education and Program Director

MASTER OF ARTS
Accepting full-time and part-time M.A. Students
Nurse Executive Role: Administration Studies
Nurse Education Role: Professorial Studies

DOCTOR OF EDUCATION
Next Ed.D. cohort program commences Fall 2021



Join Us!

Attend Our Upcoming Events

Webinars, Open Houses and
College Tours provided.

Go to <https://bit.ly/2I9SolC> for details.

To RSVP and for more information, please contact
Katie Davis, Program Manager, at 212.678.3812
or kgd2122@tc.columbia.edu

2016 RANKINGS
Executive Program
for Nurses MA:
Administration
Studies
#1 in New York State
#6 in the United
States

Amy Kellogg



Amy Kellogg's law practice focuses on representing a variety of New York State professional associations, businesses and not for profits before New York State Government including the State Legislature, Governor's Office and State Agencies. Amy is a former Legislative Aide to New York Assemblywoman Helene E. Weinstein, Chair of the Assembly

Ways and Means Committee. Her practice includes:

- Providing lobbying and government-related services.
- Monitoring, analyzing, and reporting on the status of pending legislation
- Communicating clients' positions to members of the State Legislature, state agencies, and the Governor's office.
- Drafting legislation on behalf of clients
- Researching and ensuring compliance with state and federal lobby and election laws.
- Assisting clients with strategy regarding the availability of and access to a variety of government funding-mechanisms and other programs
- Advising clients regarding a myriad of government relations compliance issues, form procurement regulations to campaign finance laws.

Carly Gerretsen



Dr. Carly Gerretsen, DNP, RN, FNP-C, RNFA is currently employed as the Director of Outpatient Operations-Oncology at Erie County Medical Center (ECMC) in Buffalo, New York. She received her Doctorate and Master's degrees at Stony Brook University, and her Bachelor's degree at Niagara University. She has worked for 20 years in

oncology, and reconstructive surgery. She has been a Nurse Practitioner since 2007 and joined the department of Head and Neck/Plastic and Reconstructive Surgery at Roswell Park Cancer Institute. In 2011 the practice moved to its current location at ECMC. She was an integral member of the team that developed the current oncology and transgender programs at ECMC. Her research interests have included: a multidisciplinary approach to improving swallowing in head and neck cancers, and more recently transgender care.

Janet Stevens



Janet Stevens is a 1984 Summa Cum Laude baccalaureate graduate of Molloy College. She graduated from Saint Xavier University's MSN Clinical Nurse Leader program where she received the Sigma Theta Tau International Dr. Agnes Poulos Outstanding Graduate Student award. She has been in clinical practice for over three decades.

She holds national certifications in critical care, inpatient obstetrics, advanced fetal monitoring, breastfeeding, perinatal loss care and is a certified nurse educator.

NursingALD.com can point you right to that perfect **NURSING JOB!**

NursingALD.com

- Free to Nurses
- Privacy Assured
- Easy to Use
- E-mailed Job Leads

ALD
Arthur L. Davis Publishing Agency, Inc.



ANA-NY Board of Directors

Officers:

Elisa (Lee) A. Mancuso MS, RNC-NIC, FNS, AE-C
President
Joanne Lapidus-Graham, EdD, RN, CPNP, CNE
Vice President
Tanya Drake, MSN, RN
Secretary
Susan Penque, PhD, RN, NE-BC, ANP-BC
Treasurer

Directors:

Mary Lee Pollard, PhD, RN, CNE
Francine Bono-Neri, MA, RN, PNP
Kathryn Murdock, MSN, RN, NE-BC, CMPE
Verlia M. Brown, MA, RN, BC
Ann Fronczek, PhD, RN

Article Submission

- Subject to editing by the ANA-NY Executive Director & Editorial Committee
- Electronic submissions ONLY as an attachment (word document preferred)
- Email: programassociate@anany.org
- Subject Line: ANA-New York Nurse Submission: Name of the article
- Must include the name of the author and a title.
- ANA-NY reserves the right to pull or edit any article / news submission for space and availability and/or deadlines
- If requested, notification will be given to authors once the final draft of the ANA - New York Nurse has been submitted.
- ANA-NY does not accept monetary payment for articles.

Article submissions, deadline information and all other inquiries regarding the ANA-New York Nurse please email: programassociate@anany.org

Advertising: for advertising rates and information please contact Arthur L. Davis Publishing Agency, Inc., 517 Washington Street, P.O. Box 216, Cedar Falls, Iowa 50613 (800-626-4081), sales@aldpub.com. ANA-NY and the Arthur L. Davis Publishing Agency, Inc. reserve the right to reject any advertisement. Responsibility for errors in advertising is limited to corrections in the next issue or refund of price of advertisement.

Acceptance of advertising does not imply endorsement or approval by ANA-NY of products advertised, the advertisers, or the claims made. Rejection of an advertisement does not imply a product offered for advertising is without merit, or that the manufacturer lacks integrity, or that this association disapproves of the product or its use. ANA-NY and the Arthur L. Davis Publishing Agency, Inc. shall not be held liable for any consequences resulting from purchase or use of an advertiser's product. Articles appearing in this publication express the opinions of the authors; they do not necessarily reflect views of the staff, board, or membership of ANA-Illinois or those of the national or local associations.



www.ana-newyork.org/

Published by:
**Arthur L. Davis
Publishing Agency, Inc.**





ANA-NY's 7th Annual Meeting

She is the clinical educator on her high-risk labor and delivery/antepartum unit at Good Samaritan Hospital Medical Center and is also the Resolve through Sharing Perinatal bereavement program coordinator for Catholic Healthcare Services of Long Island's interdisciplinary, holistic program that provides support and guidance for families dealing with early pregnancy loss, stillbirth or newborn death. She was part of the team that inaugurated Gabriel's Courage an in-utero hospice program for the imperiled newborn with a life-limiting diagnosis.

Janet also directs all the Emergency Cardiac care programs for Good Samaritan, St. Charles and St. Catherine's Hospital. She partners with the Louis J. Acompora and Robbie Levine Forever Nine Foundations deploying AED's for youth sports organizations and providing CPR training for public & private schools, churches, retirement communities and corporate offices. She was featured last year in the "Everyday Inspiration" article for West Islip and Riverhead Patch Communities for her tireless devotion that no mother will ever know the heartbreak of losing their child on an athletic field.

Janet has received many honors, including the 2011 recipient of The Town of Brookhaven Woman of the Year recognition award for Healthcare. In 2017 she received the Distinguished Alumni Award for Service from Molloy College last month. Last month she was recognized as the Outstanding Clinical Nurse leader for GSHMC. Published in a variety of nursing journals she has lectured and been a keynote speaker on the local, regional and state level. She and her daughter have traveled with Blanca's House, a non-profit organization on medical missions to central and south America, serving the underprivileged in that region by providing surgical and diagnostic procedures valued at over 1 million dollars with each trip.

Janet also hold a fulltime faculty position at Suffolk County Community College as an assistant professor and is the coordinator of the Practical Nurse program. Her greatest joy is mentoring graduate nurses in her newly created obstetrical nurse residency program and inspiring them to leave their unique mark on their vocation by finding their passion. She is currently the president elect for the Professional Nurses Association of Suffolk County where she serves her community of nurses.

Janet is eager to find more ways to be a servant leader in the clinical and academic arena. She ministers with an open heart to her patients and colleagues. She quotes Bradbury when she states, "Everyone must leave something behind when she dies... somewhere your hand touched...somewhere your soul has gone. It doesn't matter what you do, so long as you change something from the way it was before you touched it into something that's like YOU after you take your hands away."

Her humble desire for her own legacy is simply to be "remembered well."

Suzanne Gordon – Endnote Speaker



Suzanne Gordon is an award-winning journalist and author. She has written for The New York Times, The Los Angeles Times, The Washington Post, The Atlantic, The Nation, The American Prospect, The Washington Monthly, The Globe and Mail, The Toronto Star, JAMA, The Annals of Internal Medicine, The BMJ, and others. She is the co-editor of The Culture and Politics of Health Care Work series at Cornell University Press.

<https://suzannegordon.com/>



So many ways to enjoy the Annual Conference experience!

The ANA-NY Board has approved shuttles running from Syracuse, NY to and from the conference venue. The shuttles will be departing from the Syracuse Hancock International Airport & Syracuse William F. Walsh Regional Transportation Center traveling to the Harbor Hotel on 10/23/2019 & 10/24/2019. There will also be return shuttles leaving from the Harbor Hotel on 10/26/2019 & 10/27/2019 back to Syracuse Hancock International Airport & Syracuse William F. Walsh Regional Transportation Center.

Make sure to take a look at the registration link <https://bit.ly/31Qd2VX> to make your travel arrangements.

Once you are checked in to your luxurious, four diamond, hotel room, immerse yourself in this resort region. Thursday, start out with a fully-clothed massage <https://bit.ly/2FNwOmN>, lunch cruise, and/or explore the shopping district located steps from the hotel. Friday, massages continue, or, perhaps, you would like to join us for a wine pairing dinner at the hotel.

If you want to stretch your legs after the conference? You can take a walk down to the shopping district which has local high-end boutiques and local vineyards, distilleries taste rooms. Perhaps you would prefer a moonlight cocktail and dancing cruise? Wanting to enjoy something a little different? The local Opera House will be showing The Rocky Horror Picture show on Saturday night.

Don't miss out on all the fun! Make sure to register at <https://bit.ly/31YdDVA>.

ANA-NY'S 7th Annual Meeting continued on page 4



We Represent Health Care Professionals.

At the Brill Legal Group, we have been helping our clients through criminal and disciplinary investigations for over 20 years.

If you are under investigation by the Office of Professional Discipline, Office of Professional Medical Conduct, New York Attorney General, a District Attorney or United States Attorney's office, we can help.

BRILL | LEGAL | GROUP.P.C.

Offices in Manhattan, Hempstead and Hauppauge
Serving clients throughout New York State.

888-315-9841

www.brill-legal.com



ANA-NY's 7th Annual Meeting

Conference Agenda

Thursday 10/24/19

- 12:30 pm – 1:00 pm Preconference registration
- 1:00 pm – 4:00 pm **CE - Human Trafficking Intersections with Healthcare; Impacts on the Economy and Public Health, Tammy J. Toney-Butler, RN, CEN, TCRN, CPEN**
- 4:15 pm – 5:45 pm CE – Legislative Forum (Legislation Committee & Lobbyist)

Friday 10/25/19

- 8:00 am – 9:00 am Registration/Continental Breakfast/Exhibits/Committee Open House
- 9:00 am – 9:15 am Welcome
- 9:15 am – 10:45 am CE – Keynote: **Connect with Anyone...As if by Magic, Brain Miller, magician**
- 10:45 am – 11:15 am Break/Ten Minute Tune-up/Exhibits
- 11:15 am – 12:30 pm CE – **QSEN Across Health Care Settings, Janet Franzese, RN, PMHCNS, PMHNP and Kathleen Pecinka, MS, RN**
- 12:30 pm – 2:00 pm CE – Lunch/Exhibits/Posters
- 2:00 pm – 3:15 pm CE – Governing Assembly Session 1
- 3:15 pm – 3:45 pm Break/Ten Minute Tune-up/Exhibits
- 3:45 pm – 5:00 pm CE – **Albany 101: Understanding the Importance of Supporting Nursing Legislation, Amy Kellogg**
- 5:00 pm – 6:15 pm CE – Dialogue Forum
- 6:15 pm – 7:45 pm Awards Reception

Saturday 10/26/19

- 7:00 am – 8:00 am Nurses' House Healthy Nurse Walk (Nurses House) (Meet in Hotel Lobby)
- 8:00 am – 9:00 am Exhibits/Registration
- 8:00 am – 9:00 am NSO sponsored Breakfast
- 9:00 am – 10:00 am **Transgender Health, Carly Gerretsen, DNP, RN, FNP-C, RNFA**
- 10:00 am – 10:30 am Break/Ten Minute Tune-up/Exhibits
- 10:30 am – 12:00 pm CE – Governing Assembly Session 2
- 12:00 pm – 1:30 pm Lunch/Exhibits/Posters
- 1:30 pm – 2:45 pm CE – **Code Lavender, Janet Stevens, MSN, RNC-OB, CNE, CNL, CPLC, C-EFM, CBC, CCRN**
- 2:45 pm – 3:15 pm Break/Ten Minute Tune-up/Exhibits
- 3:15 pm – 4:45 pm CE – Endnote: **How Mastering Team Intelligence Can Help Nurses Supporting Nurses, Suzanne Gordon, author**
- 4:45 pm – 5:15 pm Closing/Drawings

7.0 hours of Exhibit time, up to 17.25 hours of Continuing Education time including pre-conference

Thank you to our sponsors



The continuing education program is approved for up to 17.25 hours of Continuing Education time including pre-conference. The Northeast Multistate Division is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.



PRESIDENT'S MESSAGE

Letter to the Editor

Trevardo Tomlinson, RN, RN-BSN Student

Listen to Act

Elisa (Lee) A. Mancuso MS, RNC-NIC, FNS, AE-C

Decision making is challenging and at times frightening or even paralyzing especially when its impact can have profound consequences. In healthcare, nurses constantly make decisions whether minor or life altering and must consider all the contributing variables; positive and negative.

Ethical principles such as Autonomy, Beneficence, Nonmaleficence, Veracity and Justice must be the guiding force for any nursing action. This can be extremely difficult during critical emergency situations and dealing with opposing family/medical mindsets. Nurses are service oriented driven and thrive to advocate for diverse patients across the lifespan. We do not back down from any urgent multifaceted issue. Rather than being reactive we must be prepared to be proactive and anticipate any possible scenario. Opportunities to dialogue and plan prior to emergent incidents can offer a preemptive strike by facilitating communication resulting in realistic solutions.

At the April 12, 2019 Council of Associate Degree Nursing Conference, I was introduced to the concept of Collaborative Conversation. "World Café Style" creates a meaningful and cooperative dialogue regarding important questions. It is a change management tool that begins with small break out groups, rotating members and culminates with collective knowledge creating idea clusters. A simple concept and magical to witness and participate:

- Clarify the context and identify a clear purpose.
- Create a hospitable, safe environment using an open approach and inviting diverse stakeholders.
- Explore questions that matter and open new possibilities that generate energy and action.



- Encourage everyone's participation; speak your mind, your heart and listen to understand.
- Connect diverse perspectives and link ideas to deeper levels.
- Listen together for patterns, insights and cluster related meanings = "Ah ha" moments.
- Harvest and share collective discoveries which leads to advanced themes and questions.

As you can see the World Café approach empowers every participant to be innovative and unencumbered to tackle any pressing issue. The group impact truly reflects a creative, liberated and supportive approach. Nurses utilizing this framework are no longer frustrated or disenfranchised. They are valued critical stakeholders actively engaged to meet challenges head on since it is inherent in a nurses' DNA.

WHO declared 2020 as the "Year of the Nurse" and clarified nursing's new role: Chronic Care Manager (tertiary prevention), Wellness Coach (primary prevention) and Business Community Leader (secondary prevention - Nurse Run Clinics). This new mandate offers new opportunities and validates nursing's holistic framework. It is paramount for **Nurses to Nurture Their Own** via mentorship, professional organizations and fostering horizontal respect. While every nurse must carve out their own path colleagues are ready to stand beside them for every step. Having a network of seasoned diverse nurses by one's side assists each nurse to fine tune their own direction and future goals.

Let's support one another's journey with thoughtful compassionate communication. Embrace your passion for our profession with positivity and a dynamic transformative approach. Collaboration is the key. **We learn as we share, and we learn as we grow together.**

ANA-NY is your professional organization that can ignite and sustain your engagement with a collective supportive effort by every member.

Let's Listen to Act!

RN's needed to work at Residential Treatment Center located in Westchester NY!

Join us in an exciting and rewarding career! We are an innovative and award winning charity that offers training, benefits and opportunities for growth. Guided by the comprehensive knowledge of nursing theory and practice, applies the nursing process and is accountable for the health care services and nursing care of a group of specific residents of Children's Village. Graduated from an accredited Nursing program. Licensed as RN in NYS. CPR Certified preferred. Pediatric, psychiatric exp preferred.

Position is located in Dobbs Ferry (Westchester County), NY. We provide a free shuttle van from the Dobbs Ferry Train Station to the agency.

For more information and to apply go to: www.childrensvillage.org/employment. Please contact us with any questions at (914) 693-0600 x1402. Recruiting a Diverse Workforce EOE.



ASSISTANT PROFESSOR NURSING

SUNY Broome Community College is seeking a full-time, tenure-track appointment as an Assistant Professor in the Nursing Department beginning Fall, 2019.

Applications will be accepted until the position is filled. To apply online or for more information go to: www.sunybroome.edu/employment.



SUNY BCC is proud to be an Equal Employment Opportunity and Affirmative Action employer.



Since our bold beginnings in 1869, The New York Foundling has supported a quarter million neighbors on their own paths to stability, strength, and independence.

With an internationally-recognized and interrelated set of research-backed services, The Foundling works in partnership with children, families, and adults in New York and in Puerto Rico who are working to create transformational change in their own lives.

212-886-4056
jobs@nyfoundling.org

We are hiring Registered Nurses to join our team and care for individuals with developmental disabilities in group home settings across New York City and Rockland County.



NEW YORK STATE OF OPPORTUNITY. Office for People With Developmental Disabilities Career Opportunities

Join the NYS Workforce As a Registered Nurse

NYS Office for People With Developmental Disabilities (OPWDD) Finger Lakes DDSO provides services to Chemung, Livingston, Monroe, Ontario, Schuyler, Seneca, Steuben, Wayne, Wyoming and Yates counties.

Salary Range for Nurse 2: \$50,722 - \$72,557

- Positions are day shifts with weekends off at all locations.
- Nurses work in a variety of settings from homes to clinics, and other locations within the local community;
- Candidates should possess a great deal of compassion, patience and be able to interpret and anticipate the needs of the person;
- Nurses monitor health and safety and have an ongoing dialogue with members of treatment teams (direct support professionals, clinicians, family members, and others);
- Nurses are advocates; identifying medical and other health needs, and coordinating an appropriate therapeutic response.

Minimum Qualifications:

Must be licensed and currently registered to practice nursing in New York State AND have one year of full-time post-RN licensure clinical nursing experience.

For more information on OPWDD and the Career Opportunities available, visit the following website. <https://opwdd.ny.gov/>

Please email your resume to Bonnie Eaton, Human Resources at bonnie.eaton@opwdd.ny.gov

OPWDD IS AN EQUAL OPPORTUNITY/AFFIRMATIVE ACTION EMPLOYER



Join our compassionate and dedicated staff at Four Winds Hospital

Do you want to make a difference in someone's life?

As a Registered Nurse you will be a part of a clinical team that uses a multidisciplinary approach to treatment.

S/he must be a NYS Licensed Registered Nurse who will promote professional practice and patient focused approach to care. Your responsibilities will be

- Identification and documentation of patient's physical and mental health needs.
- Maintenance of safe and therapeutic environment.
- Provides milieu and crisis management and administration of medication.

12 hour shifts; Full Time, Part Time and Per Diem; nights and weekends. NYS License and Registration required, psychiatric experience is preferred. Competitive Salaries & Benefits

Four Winds Hospital is an Equal Opportunity Employer

Apply online to www.fourwindshospital.com or fax resume to (914) 763-8472

800 Cross River Road Katonah, New York 10536
(914) 763-8151 Ext. 2585
www.fourwindshospital.com

FROM THE DESK OF THE EXECUTIVE DIRECTOR

**Jeanine Santelli, PhD,
RN, AGPCNP-BC, FAAN,
Executive Director**



Wow! Having a lobbyist is hard work! Silly me, I thought that, once we hired a lobbyist, a little bit of my responsibilities would be off-loaded to Amy. Boy, was I wrong! Since she joined us in February I've been receiving reports and updates almost on a daily basis, we've had a Lobby Day (5/7/19) where twelve members met with sixteen legislators or their staff members, I've represented us on the dais at two press conferences, we've signed on to a letter in support of the Vaccine bill (you can find this on our website under the policy and advocacy tab), we've written a position statement (generated by the Nursing Education Committee) on the proposed charge for nursing students to attend clinical (also on our website under the policy and advocacy tab), I gave a TV interview to our local ABC affiliate, and we have been asked for language suggestions for two active pieces of legislation. I currently have a twelve-hour testimony in my inbox that Amy has recommended I review – thank goodness she highlighted specific sections of particular interest, so I can hit the highlights first. Amy, clearly, is moving our association forward, rapidly!

Speaking of moving forward, in May we broke the 6,000-member threshold!

We are proud to announce a bumper crop of Future Nurse Leaders this year. Thirty-eight colleges across the state participated in this awards program.

ANA-NY and the Future of Nursing, once again, have a booth at the Great New York State Fair. Please consider joining us for a short 4-hour shift staffing the booth and

then catch up with your family and roam around the fair for the rest of the day. See the information included in this newsletter.

The ballot is getting compiled for the 2019 ANA-NY Election. The polls will be open through the month of August. You must be a member in good standing to vote so make sure that your ANA-NY membership is up to date and your current, correct, email address is listed in your "My ANA" profile.

In addition to all of this, we have been busy putting together the arrangements for the 2019 Annual Conference. We have our second year of poster presentations; wonderful national and local speakers; the business meeting of our association; a return of the Legislative Forum and Dialogue Forum; ANA-NY awards to announce; great exhibitors; and, as always, tons of yummy food for you to enjoy at the conference. We will have a massage therapist available by appointment on Thursday and Friday of the conference weekend and yoga for our "Ten Minute Tune-ups." We are making arrangements for some other, fun, off-site activities, too (boat rides, wineries, breweries, shopping, shows). We have included a lot of information for the Annual Conference in this newsletter. Make sure to register and use the special ANA-NY link for hotel reservations.

We have also arranged to run shuttles from the Syracuse airport and train station up to hotel on Wednesday and Thursday and back to Syracuse on Saturday and Sunday, so don't worry about navigating your way to the north country. My philosophy – if the world can make it to Lake Placid, twice, for the Olympics; the nurses in NYS can make it up to the 1,000 Islands! See you in October!

Follow my blog at ananyexecutivedirector.wordpress.com.

**ANA-NY IS
6,000
MEMBERS STRONG**

Like us on Facebook:
<https://www.facebook.com/AmericanNursesAssociationNY/>

Follow us on Twitter:
[@newyork_ana](https://twitter.com/newyork_ana)

Nurses Needed to Help

Transform the Experience of Aging

Kendal® on Hudson, a Lifecare retirement community in the Hudson Valley, is seeking RNs, LPNs and CNAs to fill Health Center positions in Assisted Living, Skilled Nursing Care and Rehabilitation, and Long-Term Care settings to help us continue to transform the experience of aging for all of our residents.

We offer:

- A competitive compensation package, plus use of the fitness center and discounted meals
- Pay commensurate with experience
- Community sign-on bonus
- Outstanding company-paid benefits, including:
 - Health, vision and dental insurance, and wellness program
 - Life insurance, short- and long-term disability insurance, and accidental death and dismemberment insurance
 - Option to invest in a tax-deferred 403(b) retirement plan offering company match
 - Confidential employee assistance program with 24/7 access

Contact Human Resources
for more information:

914-922-1089

Koh_HR@kohud.kendal.org

**KENDAL®
on Hudson**

Together, transforming the experience of aging.®

*A not-for-profit Life Plan Community
serving older adults in the Quaker tradition.*

1010 Kendal Way | Sleepy Hollow, NY 10591
www.kohud.kendal.org

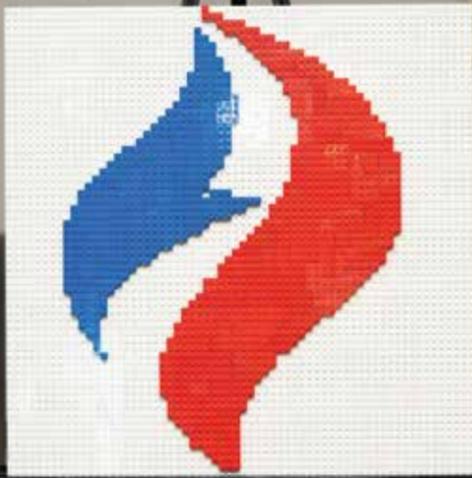


ANA-NY Open House

On June 8, 2019 ANA-NY held its open house at 150 State Street, 4th Floor, Albany, NY 12056 across the street from the New York State Capitol Building. Our guests included our members and Assemblymember Phil Steck (D-Colonie). It was a beautiful day and thank you for stopping by our open house.

Here are some pictures from the event.

*American Nurses Association- NY
Open House 2019*



MEMBERS ON THE MOVE

Francine Bono-Neri, an ANA-NY Director-at-Large, is the proud recipient of the 2019 Jane Eleanor Knox Scholarship and has become a member of the elite circle of NEF Doctoral Scholars. One of over 700 applicants nationwide, Francine was selected as the Jane Eleanor Knox Scholarship recipient, as this scholarship is awarded to a doctoral student who has illustrated a unique commitment to Nursing and has clearly demonstrated leadership potential. Francine is a PhD student who has recently achieved candidacy in The Barbara H. Hagan School of Nursing at Molloy College in Rockville Centre, NY. Her research focuses on helping the vulnerable infant population with a concentration on promoting infant safe sleep and putting forth preventative measures to reduce the incidence of SUID and SIDS.



Elisa A. Mancuso, ANA-NY President, is retiring from Suffolk County Community College after 28 years as an Educator and 35 years as a Nurse! Let's congratulate Elisa on all her accomplishments and wish her the best in her future endeavors. Best wishes Elisa!!!



On May 30th, ANA-NY Executive Director, **Jeanine Santelli**, was recognized by the National Susan B. Anthony Museum & House for her years of service on their Board of Trustees. On June 6th, Jeanine also graduated from the Empire State Society of Association Executives (ESSAE) Association Leadership Academy Master's Class. This six-month program provided training and networking in association management topics - things she didn't learn in nursing school!



On June 6th, the Northeast New York Professional Nurses Organization, Inc. (NNYPNO), at their 100th Birthday Celebration, awarded ANA-NY member, **Ann Bentzen**, the NNYPNO Excellence for Nursing - Distinguished Member Award for her years of service to NNYPNO and to nurses across New York State.

There is no picture to accompany the announcement.

I AM ESC

Programs designed to meet your personal and professional goals

- CCNE-accredited RN-BSN (requires a NYS license) MS in Nursing Education and MS in Nursing Administration programs
- Bachelor of Science degree in Allied Health
- Online courses
- Affordable tuition

Learn more:
www.esc.edu/ANANY
 800-GO-TO-ESC

SUNY EMPIRE STATE COLLEGE

BOARD BUZZ

On behalf of our members, the Board of Directors has:

- Approved the theme, logo, fees, speakers, agendas and call for posters for the 2019 Annual Conference and Governing Assembly. Join us!
- Selected the Turning Stone in Verona, NY for the 2020 Annual Meeting.
- Set the schedule, activities, catering, cleanup and gifts for the office Open House, June 8th.
- Selected five Observers to the ANA Membership Assembly, in Washington, DC, June 20-22 and approved a \$500 stipend for each.
- Increased our Albany visibility by meeting with 16 Legislators in conjunction with the Legislation Committee and our lobbyist, Amy Kellogg.
- Presented Future Nurse Leader Awards to 38 graduating students.
- Addressed short and long-term strategies for member recruitment with our marketing consultant, Lexi Godlewski.
- Updated policies to increase fiscal and disciplinary action oversight as proposed by the Audit Committee.
- Met with Merrill Lynch Financial Adviser to assure ongoing sound fiscal management.
- Given the President and/or the ED the ability, in a time-sensitive, rapid-response situation, to approve actions by our lobbyist which support our mission and goals.
- Tasked the Legislation Committee to develop a policy to establish Nurse Legislator Consultants.
- Approved attendance participation by our lobbyist and a Legislation Committee member or BOD liaison at the ANA Lobbyist Meeting in Washington, DC in September.
- Sponsored the Foundation of NYS Nurses Nightingale Gala and purchased the inside cover journal page to advertise our Annual Meeting.
- Participated in numerous professional, academic and community events to recruit members and raise ANA-NY's visibility.
- Approved two position statements:
 - o In support of outcomes-based, staff nurse led safe staffing models.
 - o In opposition to healthcare facilities charging fees for clinical placement of nursing students.
- Issued Memoranda of Support of:
 - o Limiting exemptions from DOH required vaccinations to medical reasons.
 - o Establishment of a clinical preceptor personal income tax credit.
 - o Requiring insurance companies to provide full coverage for treatment of eating disorders
 - o Codifying authorization for CRNAs to practice to their full scope of education, training and experience.
- Issued a Memorandum in Opposition to amending the public health law in relation to expanding community health paramedicine services provided by emergency medical providers.

Details on all these actions can be found in the approved BOD Minutes on the Members Only web site.

DAEMEN COLLEGE

Assistant/Associate Professor of Nursing (Tenure Track)

Daemen College seeks applications from exceptional leaders in nursing education for a tenure track faculty opportunity in the Nursing Department. Rank and salary are commensurate with experience. The anticipated start date is **September 2019**. The Nursing Department provides high quality, adult student-oriented, accessible education to registered nurses. Offerings include RN to BS program and three Master's programs. All programs are accredited by the Accreditation Commission for Education in Nursing (ACEN).

Assistant/Associate Professor of Nursing (Tenure Track)

Requirements include a Doctoral degree (DNP, DNS, PhD, EdD) in nursing or a related discipline or enrollment in such program. Certification as an advance practice nurse (e.g. FNP, AGPCNP, A-GACNP, GNP) is also required. Experience with program development, student advisement and recruitment, distance learning and on-line teaching methodologies, teaching and advising graduate students and in thesis/project supervision preferred.

For consideration submit CV, letter of interest, copies of transcripts and contact information for three professional references in a single attachment to <http://daemen.applicantpro.com>. Review of applicants begins immediately and continues until the position is filled.

Daemen College is an affirmative action, equal opportunity employer and strongly encourages applications from women, veterans, people of color, individuals with disabilities and candidates who will contribute to and support the cultural fluency and diversity of our campus.

FROM THE HISTORIAN'S DESK



Jane Arminda Delano: A Centenary Remembrance of a New York Force for Nursing

Timeline of events in Jane A. Delano's Life

12 March 1858	BIRTH: Townsend, Schuyler Co., NY
1878-1884	TEACHER: 20-26 yoa., Schuyler Co., NY
1884-1886	NURSING EDUCATION: Bellevue Training School for Nurses, NYC, NY
1888	1st PATRIOTIC SERVICE: Volunteer Nurse with Yellow Fever patients, Jacksonville, FL
1888	ESTABLISHED MINING CAMP HOSPITAL FOR TYPHOID VICTIMS, Brisbee, AZ
1891-1896	SUPERINTENDENT of NURSE TRAINING SCHOOL, UNIVERSITY OF PA HOSPITAL Philadelphia, PA
1896-1898	DIRECTOR, GIRLS DEPARTMENT, HOUSE OF REFUGE, RANDALL'S ISLAND, NY
1898	JOINED AMERICAN RED CROSS NEW YORK CHAPTER: served as secretary of nurse enrollment
1898-1905	DIRECTOR of Bellevue Training School for Nurses, NYC, Manhattan Co., NY
1905-1912	DIRECTOR OF ARMY NURSE CORPS & AMERICAN RED CROSS (simultaneous appointments)
1909-1911	ANA PRESIDENT: 3 terms
1912-1919	DIRECTOR OF AMERICAN RED CROSS NURSES: served in this capacity without remuneration; recruited 8,000 nurses to serve ARC by the time America entered WWI.
1919	SAILED FOR FRANCE on USS George Washington: Evaluation of nursing conditions in France, the Balkans, Italy, and other European countries.
15 April 1919	DEATH: Complications of Mastoiditis and mastoid surgery, Base Hospital No. 69, Savenay of Loire-Inferieure. Interred in Savenay Military Cemetery
18 Sept 1920	EXHUMATION (FRANCE); REINTERMENT ARLINGTON NATIONAL CEMETERY
1982	POSTHUMOUS INDUCTION INTO ANA HALL OF FAME: 1982

Name: Jane Arminda Delano
 Birth Date: 12 Mar 1862
 Birth Place: Montour Falls, Schuyler County, New York, United States of America
 Death Date: 15 Apr 1919
 Death Place: Savenay, Departement de la Loire-Atlantique, Pays de la Loire, France
 Cemetery: Arlington National Cemetery
 Burial or Cremation Place: Arlington, Arlington County, Virginia, United States of America
 Has Bio?: Y

<https://search.ancestry.com/search/db.aspx?dbid=2365>
 U.S. American Red Cross Nurse Files, 1916-1959 Memorial for Jane A. Delano
 eulogized by MAN – her career as a nurse
 Contribution to ARC – Mrs. August Belmont
 Influence on military nursing – brig gen Francis A. Winter



Gertrude B. Hutchinson, DNS, RN, MA, MSIS, CCRN-R, The Sage Colleges, Russell Sage College School of Nursing



Figure 1: Jane Arminda Delano in her Red Cross uniform.

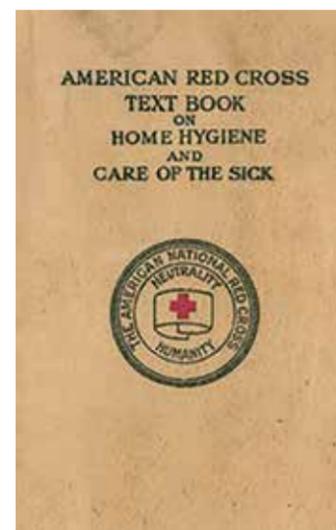
Last year, 2018, as a nation we recognized the centenary of the end of “The Great War,” “The War to End All Wars,” or as known in America, “World War I.” This year, 2019, is centenary of the quieting of a voice and force for nursing, a nurse described as “The Florence Nightingale of America,” - **Jane Arminda Delano, RN** - head of the Army Nurse Corps and the American Red Cross.

Miss Delano like many other women of her time was a teacher before they changed professions to become a nurse. She taught for six years at least one school in Schuyler County, NY. At the age of 26, she submitted her application to Bellevue Training School for Nurses (BTSN) in 1884. Attending all three years she graduated in 1886 and began her career of service. The timeline provides a glimpse into her life of service as a registered nurse.

Upon her graduation, Miss Delano volunteered her knowledge and skills in the public health arenas in Jacksonville, FL and Brisbee, AZ. In Florida, she tended to victims of Yellow Fever who required hospitalization and isolation. Later that year, she transferred her nursing and organizational acumen to Arizona by establishing a hospital for miners who contracted Typhoid Fever. She practiced the principles she learned about disease containment and treatment during her Bellevue years.

The importance of education was always with Miss Delano as she moved from her career as a teacher to that of a registered nurse. In 1891, she accepted the position of Superintendent of the Nurse Training School at the University of Pennsylvania Hospital in Philadelphia, PA. She established the school on the educational principles she utilized in the classroom and care criteria based on her initial training and the lived experiences of working in the public health arena. Realizing a need for further public health outreach and hygienic practices, Miss Delano returned to her home state of New York and more specifically – to New York City. She assumed the position of Director of the

Girls Department at the House of Refuge on Randall's Island. After two years, she started her life-long connection to the American Red Cross (ARC) by joining the New York Chapter and serving in the capacity of secretary of nurse enrollment. Continuing her push for public education about hygiene, she authored in the name of the ARC a text on hygiene and home care. That same year, 1898, she returned to BTSN as its Director.



In the early years of the 20th century, Miss Delano changed careers once again as she accepted simultaneous appointments as the Director of **both** The Army Nurse Corps (founded in 1901) and The American Red Cross (established in 1881). This was no easy assignment. During her tenure, she was in charge of personnel, staffing, billeting the Red Cross nurses, visiting Army hospitals, and preparing the Army nurses for deployment to war torn Europe – if or when the call came. As if these two jobs were not enough for her, Miss Delano served three terms as president of the American Nurses Association.

In her capacity as President of the ANA (1909-1911- each one year terms), Miss Delano confronted the question of whether or not unskilled aides should be utilized to give nursing care to hospitalized patients (Does this question sound vaguely familiar to issues the current profession is/has grappled with?) Leaders in nursing education such as M. Adelaide Nutting at Teachers College, Columbia University and Annie Goodrich at Yale University staunchly opposed the use of aides. Miss Delano argued that “The nursing profession ... stood at a cross roads” and sided with the hospital administrators of the day and against her nursing colleges. This resulted in a nasty feud between the proponents of the Nutting/Goodrich position against aide use and the proponents of the Delano/

Jane Arminda Delano...continued on page 23

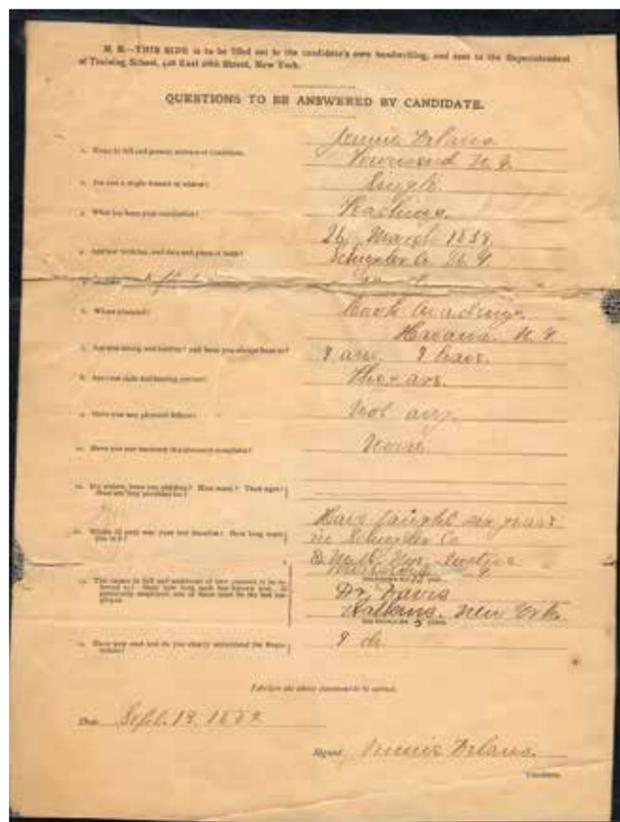


Figure 2: Delano's application to BTSN

NEW YORK STATE OF OPPORTUNITY | Office of Mental Health

Rochester Psychiatric Center

♦ ENHANCED SALARY DIFFERENTIALS ♦
Registered Nurse Opportunity

Rochester Psychiatric Center is growing. We need motivated nurses to grow with us. Are you ready for a change?

No shift rotation
Full-time and Part-time employment

Benefits Include:

- o Paid Vacation, Personal Leave, and Holidays
- o NYS Retirement System
- o Deferred Compensation Plan
- o Major Medical Insurance/Prescription Drug Plans
- o Dental and Optical Plans
- o Enhanced Paid Educational Benefits

Call/Send your resume to:
 RPC Human Resource Office
 1111 Elmwood Avenue
 Rochester, New York 14620
 (585) 241-1900
 Fax: (585) 241-1981
 E-mail: RPC-Human.Resources@omh.ny.gov

AA/EOE

ANA-NY ELECTIONS - CANDIDATE PROFILES

The Nominations & Elections Committee is pleased to announce the ballot for 2019 Elections. Meet your candidates. Polls will be open from 7/29/19 through 9/6/19. The candidate profiles will be available in the members only section of our website www.ana-newyork.org. Campaign materials from those candidates wishing to submit them will also be available in the members only section of our website.

VICE PRESIDENT and ANA Membership Assembly Alternate to the President



Joanne Lapidus-Graham, EdD, RN, CPNP, CNE

PRESENT POSITION:
Professor of Nursing, Farmingdale State College

POSITION STATEMENT:
1. Encourage the voices of RN's at local, state, and national levels as experts/leaders in the delivery of

quality health care.

2. Support ANA-NY's vision and mission of excellence in nursing practice.
3. Lead initiatives that promote innovation in the preparation of nursing students.
4. Inspire the ANA-NY membership to embrace research and evidence-based practice.
5. Facilitate collaboration with other healthcare professionals to build and strengthen ANA-NY.

I would be HONORED to serve again as Vice-President. The past two years have been an exciting time of developing and introducing new initiatives that helped to increase the visibility of ANA-NY.



Cynthia Quezada, BSN, RN-BC

PRESENT POSITION:
New York Presbyterian

POSITION STATEMENT:
I would love to be a part of an organization that is world-renowned recognize and respect and is in the cutting edge of nurse

innovation and advocacy.

I will also love to be a part to represent the minority group in this position. I would like to be a part of the change and evolution of the multicultural diverse nursing field that is supported by the ANA.

SECRETARY



James Connolly, BSN, RN

PRESENT POSITION:
Emergency Room RN at Good Samaritan Hospital

POSITION STATEMENT:
Nursing is a profession that is vital to the operation of healthcare. As such, nurses

should be considered and heard in healthcare policy decisions.

Nurses are vital to patient outcomes and population outcomes. Due to this, advancing the professions involvement is vital to the populations we provide service to. Educating nurses on how to be more involved in organizations and policy decisions will allow a higher percentage of nurses to be heard.

Through increased individual, organizational and governmental involvement nurses can push the profession forward and impact the lives of many.



Tanya Drake, MSN, RN

PRESENT POSITION:
Professor Emerita, Rockland Community College

POSITION STATEMENT:
I have been a healthcare advocate and active member of local, state and national nurses associations since earning my license and have served in many professional and academic leadership positions. As I complete my first term as Secretary, I am proud of the increased transparency I have brought to ANA-NY by posting approved Board of Directors meeting minutes on the Members Only web site and initiating 'Board Buzz' in the newsletter. If re-elected, I will continue to work for open communication, enhancement of member benefits, and greater transparency in decision-making processes.

DIRECTOR-AT-LARGE



Verlia Brown, MA, RN, BC

PRESENT POSITION:
Retired

POSITION STATEMENT:
As a current member of the board who serves on the Bylaws and Annual Meeting Committees, I seek re-election to ANA-NY Board of Directors. It is my intention to work with other members of the board to develop strategies and formulate goals that will benefit the viability and growth of our professional association. With my knowledge and experience, I have the ability to work with nurses across all practice settings. I am sensitive to the issues facing nursing and healthcare in our state and nation. If given a chance I will work to lead our association proactively into the future.



Susan Chin, MA, RN, NNP-BC

PRESENT POSITION:
Program Director, School Affiliations, New York Presbyterian Hospital

POSITION STATEMENT:
I am a registered nurse with over 30 years' experience in the clinical setting, education and leadership. Currently a PhD candidate, through my coursework and engagement in health policy advocacy, and professional associations, I have gained great appreciation for the critical role that nurses play. Through actively involved membership, both the nursing profession and the public that nurses serve, can be elevated to a higher level of health and wellness. If elected as a Director-at-Large, I will use this position to more fully participate in these activities and encourage others to become involved with the ANA-NY.



Linda O'Brien, MS, RN

PRESENT POSITION:
Home Care Coordinator, Brookhaven Memorial Hospital Medical Center Home Health Agency

POSITION STATEMENT:
Nursing has been my profession for many years. A profession, that not only focuses on direct patient care, but also involves needed political action to improve health care policy and access for all. ANA-NY as the professional organization for registered nurses in NYS has the ability to develop strategies to improve health care and advance profession

of nursing in NYS. As a practicing professional and longstanding member of professional organizations throughout my career, I ask that I be considered for a position as Director-at-Large for ANA-NY.



Kimberly Velez, MS, RN

PRESENT POSITION:
Northwell Health/Trainer-Educator

POSITION STATEMENT:
The message I bring is to be "proactive." I love motivating/mentoring fellow nurses to get involved and then stepping aside to watch them gain confidence and find their voice in nursing. I promise to lead by example, support nurses in all phases of their career, and encourage involvement with ANA-NY to enhance their membership.

Nominations and Elections Committee Member



Toby Bressler, PhD, RN, OCN

PRESENT POSITION:
Director of Nursing for Oncology

POSITION STATEMENT:
As a nurse leader focused on promoting scholarship and mentorship, I am committed to the promotion of professional development and creating leadership opportunities at the point of care. I am the past Chair and an active member of the ANA-NY Education Committee and have participated in the past several ANA-NY symposia. As a member of the ANA-NY nominating and awards committee, I hope to collaborate with other Board and Committee members and our regional and national communities to increase the visibility of nursing practice and to highlight leadership roles available within the organization and opportunities for professional development.



Mary Finnin, MSN, BSN, RN

PRESENT POSITION:
Retired PHN

POSITION STATEMENT:
I have been an active member of ANA & SNA for 62 years. As a former ANA board member & Treasurer, I am interested in being able to participate in the decision-making process of ANA. The Future of Nursing depends on continued commitment to the Professional Organization. I would be honored to serve, if elected.



Olga Kagan, PhD, RN

PRESENT POSITION:
Founder OKHCC

POSITION STATEMENT:
I have chaired and presided over several nominating committees and school boards. I am familiar with functions and skills one must possess to be elected into a leadership role.

My plans and goals in the role as a Nominating Committee Member for the ANA-NY is to be instrumental in putting forward a slate of highly motivated and qualified visionaries, to serve in a leadership capacity, for

ANA-NY ELECTIONS - CANDIDATE PROFILES



the greater good of the nursing profession, and ultimately for all those nurses serve on a daily basis.

Membership Assembly Representatives and Alternates



Verlia Brown, MA, RN, BC

PRESENT POSITION:
Retired

POSITION STATEMENT:
(Position statement reflects a different nominated position)

As a current member of the board who serves on the Bylaws and Annual Meeting Committees, I seek re-election to ANA-NY Board of Directors. It is my intention to work with other members of the board to develop strategies and formulate goals that will benefit the viability and growth of our professional association. With my knowledge and experience, I have the ability to work with nurses across all practice settings. I am sensitive to the issues facing nursing and healthcare in our state and nation. If given a chance I will work to lead our association proactively into the future.



James Connolly, BSN, RN

PRESENT POSITION:
Emergency Room RN at Good Samaritan Hospital

POSITION STATEMENT:
(Position statement reflects a different nominated position)

Nursing is a profession that is vital to the operation of healthcare. As such, nurses should be considered and heard in healthcare policy decisions.

Nurses are vital to patient outcomes and population outcomes. Due to this, advancing the professions involvement is vital to the populations we provide service to. Educating nurses on how to be more involved in organizations and policy decisions will allow a higher percentage of nurses to be heard.

Through increased individual, organizational and governmental involvement nurses can push the profession forward and impact the lives of many.



Tanya Drake, MSN, RN

PRESENT POSITION:
Professor Emerita, Rockland Community College

POSITION STATEMENT:
I have served in many professional and academic leadership positions and have

been an advocate and active member of professional nurses associations since earning my first professional license. I believe my knowledge of bylaws interpretation and organizational governance will benefit the ANA-NY delegation as we participate in the ANA Membership Assembly. As your representative, I will advocate for enhanced member benefits, improved communication and transparency.



Mary Finnin, MSN, BSN, RN

PRESENT POSITION:
Retired PHN

POSITION STATEMENT:
I have been an active member of ANA & SNA for 62 years. As a former ANA board member & Treasurer, I am interested in being able to participate in the decision-making process of ANA. The Future of Nursing depends on continued commitment to the Professional Organization. I would be honored to serve, if elected.



Donna Florkiewicz, MS, RN, CNE, CCRN-CMC, CSC

PRESENT POSITION:
Ellis Hospital ICU RN, SUNY Delhi Adjunct Clinical Instructor, SUNY Empire State College Adjunct Faculty

POSITION STATEMENT:
I have several years of experience as an ANA Membership Assembly Representative. I was a founding member of ANA-NY and served two terms as treasurer. I have a good understanding of ANA-NY and its relationship with ANA at the national level. I am also familiar with ongoing national nursing issues that have been presented to the ANA Membership Assembly voting body. I would be honored to continue representing ANA-NY members at the ANA Membership Assembly where I also attend its annual Lobby Day on Capitol Hill.

Giselle Gerardi, MSN, RNC-OB

PRESENT POSITION:
Clinical Assistant Professor at Stony Brook University (Applied Health Informatics)

POSITION STATEMENT:
I am driven to contribute to healthcare and the nursing profession. As a 3rd generation nurse, I have had the unique opportunity to see how nursing has evolved through my whole life. Nurses are trusted, intelligent and creative, and now is the time that we continue to get involved in various facets in and out of healthcare. I am seeking this opportunity to do just that. I have worked in a variety of settings; homecare, inpatient, community hospital, academic hospital, private, and NYS facilities. I want to connect with my nursing colleagues to increase awareness and involvement in NYS nursing.



Devina Horton, MBA, BSN, RN

PRESENT POSITION:
Loretto Health/RN Case Manager

POSITION STATEMENT:
I have strong determination, exceptional organizational skills, as well as prominent critical thinking skills among patient-centered populations. I would be a great representation within ANA-NY illustrating diversity and adeptness to the evolving changes in healthcare practices. I want to convert this into becoming a vessel by providing prompt attention to the following objectives: 1) promotion of health care improvements, 2) sustaining quality assurance measures and 3) research of effective evidence-based practices among healthcare management and clinical management operations. To become more involved with ANA as a member and grow as a nursing professional alongside my phenomenal colleagues is the goal.

Karla Imonti, MBA, RN-BSN, RRT-BS

PRESENT POSITION:
LPN program faculty

POSITION STATEMENT:
I intend to shorten the gap of the benefit of supporting and joining a nursing organization such as this one.



Linda O'Brien, MS, RN

PRESENT POSITION:
Home Care Coordinator, Brookhaven Memorial Hospital Medical Center Home Health Agency

POSITION STATEMENT:
(Position statement reflects a different nominated position) Nursing has been my profession for many years. A profession, that not only focuses on direct patient care, but also involves needed political action to improve health care policy and access for all. ANA-NY as the professional organization for registered nurses in NYS has the ability to develop strategies to improve health care and advance profession of nursing in NYS. As a practicing professional and longstanding member of professional organizations, throughout my career, I ask that I be considered for a position as Director-at-Large for ANA-NY.



Cynthia Quezada, BSN, RN-BC

PRESENT POSITION:
New York Presbyterian

POSITION STATEMENT:
I would love to be a part of an organization that is world-renowned recognize and respect and is in the cutting edge of nurse innovation and advocacy.

I will also love to be a part to represent the minority group in this position. I would like to be a part of the change and evolvement of the multicultural diverse nursing field that is supported by the ANA.

Leorelkys Villar, BSN, FNP-S, RN, RN-BC

PRESENT POSITION:
RN

POSITION STATEMENT:
To collaborate with the interprofessional team to provide patient centered care with a focus on safety. Secondary duties are to fulfil the roles of: Preceptor, providing training of new nurses. Charge nurse who oversees the unit, delegates patient assignments, oversees admissions and discharges. Acting as telemetry technician by monitoring patients from four different units for cardiac arrhythmias. And as Skin Champion, which is a new leadership role only assigned to four RNs within my unit, where we oversee how pressure injuries, and other wounds are being documented within our unit to more accurately reflect the nursing care we are providing.

In the Spotlight - Future Nurse Leader

ANA-NY Congratulates 2019 Future Nurse Leaders

Award recognizes nursing students for achievement & potential

Albany, NY – The American Nurses Association - New York (ANA-NY) is proud to introduce its 2019 cohort of Future Nurse Leaders. Started in 2014 to recognize the high quality of students graduating from nursing schools in New York and foster engagement and ongoing professional development, the award is given to graduating students in honor of their scholarship, professional dedication and commitment to community service.

The 2019 cohort of ANA-NY Future Nurse Leaders is:

- Mallory Tobia, St. Joseph's College of Nursing
- Alyssa Jean, NYU Rory Meyers College of Nursing
- Scott Schultz, Stony Brook University
- Danielle DeSimone, Finger Lakes Health College of Nursing & Health Sciences
- Cameron Daleo, Binghamton University- Decker School of Nursing
- Zachary Duris, St. John Fisher College
- Cory Garner, Keuka College
- Kayandra Harris, Monroe College School of Nursing
- Kathryn Dzikas, Siena College
- Amy Fleck, Mohawk Valley Community College
- Olivia Salemi, Nazareth College
- Ashely Iype, The Sage Colleges

- Kiersten Gray, Memorial College of Nursing
- Zachary Sortore, Roberts Wesleyan College
- Rachel Decker, St Elizabeth College of Nursing
- Erica Lengefeld, Molloy College
- George Suarez, Mercy College
- Sabrina Furia, Adelphi University
- Michele Sleight, Ellis Medicine, the Belanger School of Nursing
- Jessica Reynolds, SUNY Delhi School of Nursing
- Alison Thorpe, University at Buffalo
- Meghan Delaney, LeMoyne College
- Shawn Warner, Niagara University
- Nicholas Terzulli, Mont Saint Mary College
- Jaclyn Hogancamp, The College at Brockport, SUNY
- Ashely Quinn, SUNY Sullivan County Community College
- Alexis Anderson, Pace University
- Morgan Josephs, Hostos Community College
- Erik Vasquez, Suffolk County Community College- Michael J Grant Campus
- Mackenzie Beck-Esmay, Hunter-Bellevue School of Nursing
- Samantha Hand, Elmira College
- Emily Halling, Monroe Community College
- Charles Park, SUNY Downstate College of Nursing
- Kelly Rodriguez, Farmingdale State College
- Bethanne Bond, Finger Lake Community College

"Congratulations to all of the 2019 Future Nurse Leaders. These recent nurse graduates reflect all the dynamic qualities of change agents and personify exciting new nursing leadership. They serve as role models who embody professionalism, patient advocacy and interdisciplinary collaboration. An inherent component of ANA-New York's mission is to support and encourage nurses as they take on leadership roles in direct patient care, healthcare administration and healthcare policy. It is refreshing to see such a level of dedication and passion in new nurses entering the profession. We look forward to seeing them evolve as risk takers and a force to be acknowledged and embraced during their professional careers," said Elisa (Lee) A. Mancuso MS, RNC-NIC, FNS, AE-C, President of ANA-NY.

The ANA-NY Future Nurse Leaders were nominated by their schools of nursing as *outstanding students*, who embody the ethics and values of nursing; demonstrate leadership; make a significant contribution to the overall excellence of their school; set a healthy example and promote a healthy lifestyle; and demonstrate a clear sense of the direction for their future nursing careers.

Each Future Nurse Leader receives a certificate of recognition, a free online continuing education course from Advantedge Education, Inc., and a complimentary joint membership to American Nurses Association and ANA-NY for one year.



Rachel Decker,
St Elizabeth College of Nursing



Scott Schultz, Stony Brook University



George Suarez, Mercy College

Future Nurse Leader Spotlight



Melinda Kane is a 2018 graduate of the Ellis Medicine Belanger School of Nursing in Schenectady, NY. She currently serves as a registered nurse at the Ellis Medicine Bellevue Women's Center in Niskayuna, NY, where she works on OB/GYN unit caring for postpartum couplets and gynecological post-surgical patients. This position was a

natural transition for her, as she had facilitated a peer support group for post-cesarean mothers for a decade and worked as a birth and postpartum doula for six years prior to entering nursing school. She has pursued significant additional training in perinatal nursing, including workshops on breastfeeding, postpartum mood disorders, and supporting sexual assault survivors through the perinatal period. She also co-founded a local doula networking group and worked to develop a set of professional standards by which the group would abide. She is currently pursuing formal training as a certified lactation educator and counselor, and her passion for the work is obvious to both her colleagues and her patients.

While in school, she was a member of the Alpha Delta Nu Nursing Honor Society, Alpha Rho Chapter. She was instrumental in organizing the group's capstone project on first aid and injury prevention for a local Girl Scout troop. In addition to the ANA Future Nurse Leader award, she also received the Alice W. McChesney award, the Dr. Charles E. Weidenman Award for excellence in obstetric nursing, and the Nancy Clark Thorkildsen Award for the highest GPA in her graduating class. She pursued nursing as a second career, having previously obtained an M.S. and Ph.D. in ecological economics. She taught economics for several years at the undergraduate level, but finds teaching new parents to care for their babies much more rewarding. Outside of work, when she's not chauffeuring her two middle-schoolers, she enjoys gardening, reading, and yoga, and volunteers as a Girl Scout troop leader.



Erik Vasquez,
Suffolk County Community College



Amy Fleck, Mohawk Valley Community College

COMMITTEE CORNER

The Education Committee

The Education Committee supports the mission of ANA-New York by focusing on the educational advancement of nurses. The committee has thirteen members, most of whom are nurse educators, and has met monthly since January along with our board liaison, Joanne Graham, and the ANA-NY Executive Director, Jeanine Santelli. At our May meeting, we were very excited to welcome our first student member, Kristina Fanos, who is a student at Molloy College and serves on the board of the Nursing Student Association of New York State (NSANYS).

The main work of the committee this year has been to draft a position statement for ANA-NY on the issue of hospitals requiring colleges, universities and schools to pay significant fees for clinical placement for students of the health professions, in particular, nursing. This issue arose because a major teaching hospital in the Albany area decided to charge a minimum of \$10 per hour per

student for clinical placement experiences. At this time, it appears that the hospital has decided not to charge for clinical. This is the result of extensive efforts on the part of many stakeholders, including ANA-NY, bolstered by the position statement. You can find the statement on the ANA-NY website under the "Policy & Advocacy" tab.

Other activities of the committee have been to work to recruit more nursing faculty to become members of ANA-NY and to prepare articles for publication in the ANA-NY newsletter to help the membership stay abreast of current practices (and to earn CNE). Other issues for discussion will include: "holistic admissions" for nursing education programs. A holistic admissions process is a strategy promoted by the American Association of Colleges of Nursing to increase the diversity of nursing students, and thus ultimately increasing the diversity of the nursing workforce.

COMMITTEE SPOTLIGHT



Nursing Education



Susan Birkhead, Committee Chair

Dr. Susan Birkhead graduated from Boston University in 1974. She worked in various staff nurse positions in Boston. In 1984, she worked for eight months in a refugee camp in Thailand. When she returned to the US, she attended Johns Hopkins University, where she earned a master's degree in public health. Subsequently, she worked in public health, including a year as a nurse epidemiologist at the Centers for Disease Control. She spent the majority of her career in nursing education at the Samaritan Hospital School of Nursing, first teaching and then as the director of the program. During that time, she earned a doctorate in nursing science at the Sage Colleges in 2015, concentrating on assessment of learning using written exams. Dr. Birkhead is a certified nurse educator. She recently retired and is working as an adjunct professor at Empire State College. She serves as an auxiliary member of the NYS Board for Nursing. She has published several articles in the peer reviewed literature.



Toby Bressler, PhD, RN, OCN

Toby is currently the Director of Nursing for Oncology and Clinical Quality for the Mount Sinai Health System and is an Associate Professor Medical Oncology at the Icahn School of Medicine at Mount Sinai. In addition to her clinical service, Toby has held leadership positions in national and local nursing and palliative care associations and has authored articles, book chapters, and has presented locally and nationally on a variety of topics related to oncology, nursing leadership and public policy regarding health disparities. Toby's research interests' focuses on health promotion in faith based minorities care of the cancer patient and the promotion palliative care and quality of life of patients and families, her work has been funded by professional and private foundations.



Jennifer Bryer, PhD, RN

Dr. Jennifer Bryer is a registered nurse, Professor, and Assistant Dean of the School of Health Sciences at Farmingdale State College. She has been a nurse educator for 26 years, teaching at the PN, AS, and BS levels. Her areas of expertise are nursing education, research, QSEN, and HPV vaccine acceptance. Dr. Bryer is a Certified Nurse Educator and a member of the QSEN National Practice Task Force. She is published in numerous peer-reviewed journals and has presented her research nationally and internationally. Dr. Bryer is a member of the ANA-NY Education Committee and is on the editorial review board for The Journal of Nursing Education. She holds a PhD in nursing research from Rutgers University and is a recipient of the SUNY Chancellor's Award for Teaching Excellence.



Nemcy Cavite Duran, BSN, RN, RAC-C, QCP, CDP

President of Duran Consulting Services, Inc. and Corporate Director of MDS and Clinical Reimbursement, Nemcy has over 25 years of nursing experience and has served as charge nurse, supervisor, nursing faculty, assistant director of nursing, quality assurance director, risk manager and legal nurse consultant. She was a reviewer of the MDS GURU, an e-learning tool by Briggs Corporation and has numerous publications in the area of survey management, quality assurance, resident assessment and clinical

reimbursement. Nemcy is a published author in Eli's MDS Alert, Contemporary Long-Term Care, Medical Newswires, Long Term Care Survey Alert, PPS Alert, HcPro Briefings for Long Term Care, Strategies for Nurse Managers, and a host of other professional publications. Nemcy had lectured nationally and internationally on clinical issues, leadership, management, legal trends in nursing documentation, regulatory compliance, maximizing facility reimbursement and cultural diversity. Her passion for teaching is evident through her presentation style, energy, and ability to engage her audiences. In addition, Nemcy's demonstrated knowledge of the subject matter and use of innovative teaching methods made her achieve a consistent record of excellent ratings by workshop attendees since 2001. She is a Federally-trained MDS Instructor. Nemcy was a recipient of prestigious awards such as Nurse Excellence Award in Education, Nurse Educator of the Year, 2010 given by PNA-NY. Recipient of the Outstanding Filipino-American in New York -Health Care category-October 2014 at the Carnegie Hall, NY. Outstanding Alumna 2017, International Award and recipient of Sesquicentennial Vincentian Alumna Award 2018 given by Universidad de Santa Isabel, Philippines.



Nadia Joseph, RN

Nadia Joseph is currently employed at South Nassau Communities Hospital as a Nursing Professional Development Specialist/Orientation Coordinator and also holds a partnership with academic affiliates. She received her Bachelor of Science in Nursing from SUNY at Downstate and her Master of Science with education track from Molloy College. She is board certified's from ANCC. She has over 25 years' experience in nursing ranging from critical care level 1 trauma from Stony Brook University Hospital, Assistant Nurse Manager at Winthrop University Hospital, Faculty at Nassau Community College and adjunct faculty at Adelphi University. For the past decade, Nadia has been an educator/faculty and is committed to promoting advanced education for all nurses. Nadia served as a member of Nurses Association of the Counties of LI (NACLI). She is a member of ANA-NY, where she serves on the education committee. She is also an active member for ANA Mentor online Community. In her spare time, she enjoys exercising (kickboxing & military boot camp style) and a great spa.



Joanne Lapidus-Graham EdD, RN, CPNP, CNE, Vice-President ANA-NY

Professor of Nursing at Farmingdale State College since 1990. My nursing specialties include: Pediatrics and Maternal/child nursing. I also serve as the lead faculty for the Health promotion/Patient education course.

My past educational endeavors in nursing have spanned over 30 years. I began my education in an Associate Degree Nursing program followed by the completion of a BS degree in nursing at Adelphi University. Shortly after beginning my first full time position as a labor/delivery nurse, I returned to school and received a Master's Degree in nursing education at NYU followed by a post masters certificate as a Pediatric Nurse Practitioner at Molloy College, and concluding with a Doctorate in education at the University of Phoenix. My dissertation focused on student participation in professional nursing organizations and the development of leadership after graduation.

I was elected over five years ago to the first board of ANA-NY, first serving two terms as a Director, and currently serving as Vice-President.

As a result of my experiences in nursing education, I was appointed in October 2018 as the new ANA Consultant to the Nursing Student Association of New York State (NSANYS).

As the board liaison to the Nursing Education Committee for ANA-NY and as a nursing educator for over 30 years, my goal is to help committee members to recruit more nursing faculty as members of our organization and to address issues of importance to both nursing students and faculty at all levels of nursing education.

Other current professional service in nursing includes: Faculty Counselor to the Chi Gamma Chapter of Sigma at Farmingdale State College and was part of the committee who formed the official chapter.

Faculty advisor to the Farmingdale State College (FSC) Student Nurses Association for 28 years.

Past offices in nursing organizations include: President (four years) and Board of Directors (four years) for the Nurses Association of the Counties of Long Island (NACLI), Chair of the Parent/Child Clinical Practice Unit, and Council on Nursing Education of NYSNA.

Involvement in professional nursing organizations and giving back to the nursing profession has been a lifelong passion of mine. Our students are the future nurse leaders of the profession and as such, they need to be empowered by faculty, by staff nurses at the bedside, and by nursing leaders in ANA, to be active participants in professional nursing organizations.

Bios and photos are not available

**Barbara Messina, RN
Melissa Davis, RN
Maria Mendoza, RN
Marina Andrade, RN
Joanne Layton, RN
Natalie Stepanian, RN**

OSWEGO HEALTH

JOIN OUR AWARD WINNING TEAM OF PROFESSIONALS

LEADER'S HOSPITAL SAFETY GRADE

NOW HIRING REGISTERED NURSES

APPLY TODAY!

OSWEGOHEALTH.ORG/EMPLOYMENT

WESTERN CONNECTICUT STATE UNIVERSITY
SCHOOL OF PROFESSIONAL STUDIES

GOING ONLINE FALL 2019

RN-BS courses fully ONLINE

Make **Western** your **ONLINE** choice.

Contact our RN-BS Admissions Counselor
Nicole Kullberg at kullbergn@wcsu.edu

www.wcsu.edu

ORGANIZATIONAL AFFILIATE SPOTLIGHT



Professional Nurses Association of Rockland County

PNARC is an organization of 90 members who are professional nurses that practice in many different specialty areas including acute care, critical care, home care, public health and nursing education. We also offer specially priced student and retiree memberships. The organization holds membership meetings every other month where nurses network, updates are provided on legislative issues and educational programs are presented. Our current executive board meets six times yearly and has been very active this year. PNARC joined ANA-NY this past fall and has since started offering members CEUs for the educational programs provided. Recent topics included "Lymphedema management" and "Why the Heel" a program focused on preventing foot drop and foot pressure injuries. PNARC is actively involved in supporting our local community's needs. At each meeting, money is raised through our 50/50 raffles which is donated to a different local charity each year. Last year money was donated to Habitat for Humanity. This year over \$500 dollars was donated to Rockland Recovery Homes, an organization providing housing and support services for people recovering from addiction. Members also donate food to our local food pantry at each meeting and personal care items to local women's shelters. For Veterans Day members donated socks to our servicemen. PNARC supports our local students providing two scholarships each year to graduating high school seniors who are pursuing a nursing degree. We also provided scholarships to local ADN graduates and BOCES graduates to assist them with continuing their paths towards their BSN. Several of our board members assist with planning of Rockland County's Nurse Recognition Day luncheon and ceremony each year. PNARC proudly supports and promotes the nurses of Rockland County in their pursuit of improving both acute care and community wellness through education and support of our members.



PNARC Board Members and Nominating Committee 2018-2019
Board Members: Sara Annunziato, Carol Massaro, Patricia Schneider, Jane McGrath, Heidi Grecco, Julie Commene, Kathy O'Brien, Helen Infante, Jumana Sayegh, Holly Bee. **Nominating Committee Members:** Mary Paoli and Eileen Mastrovito.

Scholarship Awards

PNARC High School Scholarship Winners



Aiden Doherty on the right



Carly Donoghue on the right

We are seeking:

- Full-time and adjunct faculty to teach beginning August 2019
- Simulation Director



www.helenefuld.edu/employment

To apply for please email your cover letter, resume, and salary requirements to employment@helenefuld.edu.

Bassett Healthcare Network
Bassett Medical Center
YOU TAKE CARE OF OUR PATIENTS, WE TAKE CARE OF YOU!
Nurses are the heart & soul of Bassett Medical Center
 If you're looking for a rewarding, challenging RN career that promotes performance, inspires success and offers a great support system, explore the world of opportunities at Bassett. Located in Cooperstown, NY, Bassett Medical Center is an integrated health care delivery system serving 8 counties in Upstate New York. We are a progressive 180 bed teaching facility that offers RN's the opportunity to work in a high acuity setting with a variety of patient diagnosis. We are a rural community hospital that offers multiple specialty services to our patients including a Level 3 Trauma Center, Cardiac Center, Stroke Center and we are a CTC Center of Excellence. The culture for our RN's are one of shared governance; working together to make decisions that affect nursing practice and patient care.
Full-time, Part-time and Per-diem opportunities available
Apply today!
www.bassettopportunities.org

PeopleInc
Hiring RNs and LPNs
 People Inc., a leading health and human services provider, is seeking RNs and LPNs to enrich the lives of people with developmental disabilities. Great benefits available.
Apply online: people-inc.org/careers
 For more information or questions, call 716.322.7050 or email careers@people-inc.org

SUNY Corning Community College
 invites applications for the position of:
Instructor/Assistant Professor
Nurse Education
 Ten (10) month full-time tenure-track positions in their AAS, Nursing degree program, housed in the new state-of-the-art Health Education Center on Denison Parkway in Corning, NY with the flexibility to teach in both the classroom and /or clinical setting. Experience with online learning management platforms essential.
Required:
 Masters degree in nursing | 5 years of current clinical experience in nursing | BLS-CPR certification, and proficiency in the use of instructional technology | Appropriate nursing license; both NY and PA preferred | CPR certification
APPLICATIONS MAY BE FILED ONLINE AT:
www.corning-cc.edu/jobs

To access electronic copies of the ANA-New York Nurse, please visit <http://www.nursingald.com/publications>

Sneak Preview of the “BS in 10” Book

The long-awaited book, *Advancing the Education of Registered Professional Nurses to the Baccalaureate Degree: New York's Journey*, is now available for purchase! Authored and collated by Dr. Barbara Zittel, and published by the Foundation of NYS Nurses, Inc., this 392-page manuscript captures the essence, tribulations and triumphs of a sixteen-year journey that resulted in landmark legislation. With more than 100 testimonies, stories and letters from nursing experts, leaders, and educators, this book is a stellar example of persistence, perseverance and collaboration.

The book is divided into five sections; *Intersecting Pathways*, *Individual Journeys and Reflections*, *Replication*, *Beyond New York*, and *Messages to Convince the Governor to Sign our Bill*.

Section I, *Intersecting Pathways* provides a detailed account of the history of educational advancement efforts in NY, the inception and decade and a half long journey of the BS in 10 bill, commitment by collaborating organizations and entities, and the expansion of innovative models for nursing education. This section also includes a commentary by Dr. Linda Aiken discussing the research and data critical for gaining support and sustaining momentum.

Section II, *Individual Journeys and Reflections* spans 75 pages of moving and revealing testimony from many who were at the forefront of the BS in 10 movement. Their dreams and visions are shared in a manner that is heart-warming, yet informative and truly tells the story. Accounts of their own educational journeys and the challenges they faced are intertwined with expressions of celebration confirming the value and significance of the resulting law. Many tears, both of frustration and joy, were shed during this time period and the stories told envelope the reader in a way that make you feel part of this unprecedented experience.

Section III, *Replication*, written by Dr. Zittel, is a “treasure map” providing valuable insight and guidance for other states desiring to pursue a similar goal. Dr. Zittel’s transparency and willingness to share is honest and inspiring, leaving the reader with promise and hope. Her ending words say it all, “...this movement should not conclude with NY being the only state with such a mandate. A cascading effect needs to occur across the nation. The evidence is clear. We call on nursing leaders throughout the nation to mount a campaign, to fulfill your destiny. We are here to assist. Much success!”

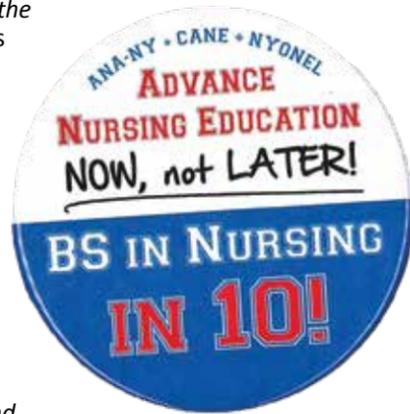
Section IV, *Beyond New York State*, confirms the impact New York’s legislation has had on other states across the U.S. Accounts from Colorado, Ohio, Vermont and Washington share their journeys and their unique, yet similar, approaches to the same challenges and dilemmas NY faced. Dr. Priscilla Sager’s concluding report in this section provides a global perspective stating, “the BSN in 10 could have far reaching effects in the quest for an international model for nursing education, regulation and practice.”

Section V, *Messages to Convince the Governor to Sign our Bill*, the concluding section of the book, displays the magnitude and dedication from the larger nursing community in New York who rose to the occasion when the clock was ticking. More than 100 letters to Governor Cuomo are reprinted, with permission from the signatories, compelling him to sign the legislation during the final hours. This, and all the efforts put forth during this 16-year crusade, are indicative of how limitless and relentless the nursing profession can be when united and committed around a cause. Whether it is advocating for patients, standing up for rights or influencing legislation, registered professional nurses can be powerful and effective.

Reviews of *Advancing the Education of Registered Professional Nurses to the Baccalaureate Degree: New York's Journey* by **Dr. Pamela F. Cipriano**, Former President, American Nurses Association, **Dr. Eileen M. Sullivan Marx**, Dean, NYU Rory Myers College of Nursing, **Dr. Marianne Markowitz**, Vice President/Dean at St. Joseph’s College of Nursing, Former President, Council for Associate Degree Nursing in New York, and **Dr. Joanne Ritter-Teitel**, President NYONEL grace the back cover of the book. Their comments commend the contributions, accomplishments and tenacity of nurse leaders in NY and confirm that the stories and testimony contained within bring the journey to life!

Deborah Elliott, MBA, BSN, RN, Executive Director, Center for Nursing at the Foundation of NYS Nurses

To order your copy of the book visit the Center for Nursing website, www.cfny.org



RESEARCH YOU CAN USE



Do you Screen for Food Insecurity?

Food insecurity and hunger are terms often used interchangeably, but do not mean the same thing. Hunger is a subjective feeling while food insecurity is defined by the U.S. Department of Agriculture as lack of “consistent, dependable access to adequate food for active, healthy living.” According to the authors (Forbes and Amiri), food insecurity affected about 41.2 million people in the United States in 2016. With the national average being 13%. They identify four dimensions of food insecurity: availability, access, utilization and stability. Availability refers to an adequate supply of food, while accessibility means food is affordable and in close proximity. Utilization means the household has the means for cooking and feeding, and stability refers to all of the dimensions being stable over time.

Food insecurity is associated with a long list of other health risks such as low income, low educational attainment, racial or ethnic minority, renting a home, urban environment, single parenthood, disability, and maternal depression.

Food insecurity can have adverse effects on the health of populations. The authors estimate that in addition to the human suffering, the cost in dollars is about \$77.5 billion in additional health care spending per year. These costs cover a range of situations including pregnancy complications, intimate partner violence, child health, mental health and stress and obesity. The populations most at risk include households with children, veterans and military families, immigrants, older Americans, college students and the LGBT community.

Screening for food insecurity is as easy as asking two questions. The *Hunger Vital Sign* is a two-question screening tool which has been validated and found to be reliable. Acknowledgement that either of the following questions is ‘often true’ or ‘sometimes true’ will identify households at risk:

- Within the past 12 months, we worried whether our food would run out before we got money to buy more
- Within the past 12 months, the food we bought just didn’t last and we didn’t have money to get more

Agreement with one or both of the statements also correlates with an increased risk of poor or fair child health.

Beyond screening, nurses have a role in educating patients as well as the community on immediate solutions and creative approaches to food insecurity. One of the features of this article is the list of Federal Food Assistance Programs which could be copied and hung in every clinic area. The authors identify an immediate assistance program 2-1-1 which is run by the United Way in all states. The Supplemental Nutrition Assistance Program (SNAP, formerly Food Stamps) is also a resource found in most communities which will offer education as well as access to food sources. More creative approaches are found in communities such as farmers markets, Food Rx programs which distribute fresh produce and food pantries.

The authors also suggest that information about food insecurity and assessment be incorporated into nursing education and that students have the opportunity to participate in food assessment and distribution programs outside the classroom.

Reference

Flores, Heather L. DNP, RN, FNP-BC and Azita Amiri, PhD, RN. 2019, AJN January 2019, vol 119, no 1, pg38-45.



Visit nursingALD.com today!

Search job listings

in all 50 states, and filter by location and credentials.

Browse our online database

of articles and content.

Find events

for nursing professionals in your area.

Your always-on resource for
nursing jobs, research, and events.



Place Matters

Purpose: to discuss the relationship between nurses and opportunities for community engagement to promote a local culture of health.

"Place matters" is a relatively common phrase with varying interpretations ranging from the realtor's cry of "location, location, location," to organizations promoting historical preservation, to policy discussions and position papers discussing the relationship between community environments and population health. Nursing students completing a community Windshield Survey assignment quickly identify risk and protective factors associated with the physical, economic, and social environment. The students accurately connect their observations of closely spaced homes in need of repair, kids playing in the streets dodging traffic, garbage and litter easily identifiable, and lack of a local grocery store, with census tract data indicating a high percentage of single parent residences, limited education, and lower household incomes.

All county health departments in New York State complete a formal comprehensive community health assessment to identify local assets and challenges to population health. New York hospitals are also required to complete an assessment and develop community health improvement plans. Both hospitals and local health departments are encouraged to work collaboratively to bring in community stakeholders, identify local priorities, and together, develop a plan to address at least two Prevention Agenda priority areas, and then implement evidence based public health strategies. Preventing chronic disease and promoting mental health/preventing substance abuse were the priority areas identified most frequently in the 2017 plans. Other priority areas identified include promoting a healthy and safe environment; healthy women, infants and children; and preventing communicable diseases. (New York State Department of Health, 2018 and 2019) The local health departments and hospitals are presently developing their 2019-2024 plans and often post information on their websites. This process presents an opportunity for nurses, within these organizations or as members of the community served, to provide input and guidance to those developing the plans.

Nursing assessments of patient care needs may identify a relationship between a patient's health and

illness with their social and physical environment, both the natural environment and the built environment. "Compliance" with any plan of care is significantly influenced by individual resources including housing options, economic opportunities, and decisions regarding when and where to access health care services. Personal and family health choices are influenced by access to healthy food, opportunities that support physical activity, and transportation options to work, school, and healthcare providers. These determinants of health are shaped by our communities, the places where we are born, live, learn, work, play, worship, and age. Place does matter to health; zip codes are linked to life expectancy. How healthy is your community? The zip code level data in the County Health Rankings and Road Maps may surprise you. (Robert Wood Johnson Foundation, 2019).

Nurses have many opportunities to influence health of individuals, families, groups, communities, and populations as part of our professional practice and in our personal lives. Promoting health is supported by our code of ethics in multiple provisions: respect for others, commitment to the patient, advocacy for the patient, contribution to healthcare environments, and promotion of community and world health. (ANA, 2015) Professionally, nurses promote health and prevent illness every day, often through education of patients, families, groups, or populations; by creating facility or home environments conducive to health, healing, or palliative care; with participation in community or population-based surveillance, and implementation of population-based plans of care.

Many nurses also personally contribute to their communities. This may be donations of time or money to a non-profit or charity; participation in a city, town, or village council meeting regarding local ordinances; providing health related information to a school or parent-teacher organization; or volunteering at a health fair. In my community, there are nurses who knit shawls for a local hospice; nurses who prepare sandwiches and distribute them to the homeless; nurses who rock babies in the Neonatal Intensive Care Unit when the baby's family is not present; nurses who support the local diaper bank for moms and babies in need; nurses who enter local fund raising run/walks; nurses who support veterans; nurses who volunteer time to a faith-

based clinic serving the inner city; and nurses who read to elementary school children. The choice of what to do is personal. The action may be quietly accomplished or publicly recognized. It is the activity itself that makes a difference, both to the nurse and to their community.

What activities are you already involved in to promote health in your community? What are you interested in? Ask a friend to join you. Invite someone from another profession to work with you. Talk with your family about why health is important, and how our individual health is linked to others. Our health is impacted by our community. Place matters.

Nurses are four million strong nationally (ANA, 2019). This represents four million opportunities to promote health in our own communities and collaborate with like-minded colleagues across the country. Think of the potential collective impact!

Maria A. MacPherson, RN, MPH is a Robert Wood Johnson Foundation Public Health Nurse Leader and active in the New York State Action Coalition. Send comments regarding your thoughts on nurses, community engagement, and promoting health to mmacpherson25@outlook.com.

American Nurses Association (ANA). (2015). Code of ethics for nurses with interpretive statements. website www.nursingworld.org

American Nurses Association (ANA). (2019). National nurses week 2019. Retrieved from https://pages.nursingworld.org/ana-2035_nnw19_phase2?utm_campaign=186194_%202019%20National%20Nurses%20Week&utm_source=Digital%20Ad&utm_medium=House%20Ad MPU&utm_term=National%20Nurses%20Week%202019&utm_content=General

New York State Department of Health (NYSDOH). (2018). New York State health assessment 2018. Retrieved from https://www.health.ny.gov/prevention/prevention_agenda/2019-2024/sha.htm

New York State Department of Health (NYSDOH). (Revised March 2019). Prevention agenda 2018 – 2024: New York State's health improvement plan. website https://www.health.ny.gov/prevention/prevention_agenda/2019-2024/index.htm

Robert Wood Johnson Foundation (RWJF). (2019). County health rankings and roadmaps. website <http://www.countyhealthrankings.org/>

Nurses Promote ... Healthy Lives

Volunteer and join us at the nursing booth for the 2019 New York State Fair



Connect with and educate our community about the nurses' role, health promotion, and advocacy!

Network with other nursing and healthcare professionals and add the service to your resume!

Four-hour shifts available from 10am to 10pm each day August 21st - September 2nd, 2019



SIGN UP HERE: <https://www.signupgenius.com/go/60B054CA9AB2DA0FB6-2019>

For more info contact

Deborah Elliott delliott@cfny.org or Carrie Rewakowski crewako1@binghamton.edu

See you at the Fair!

What the Mirror Doesn't Tell You

Tracey Long, PhD, RN, MS, MSN, CDE, CNE, CHUC, CCRN

"I hate my body." "Where did all these ugly gray hairs and wrinkles come from?" "How could anyone find me attractive when I look like this?" "My body is such a burden."

If you're like 97% of the American population, you've probably said something like this to yourself. According to a repeat survey done by *Glamour* magazine 30 years ago and updated in 2014, 54% of women are unhappy with their body and 80% claim the mirror makes them feel bad about themselves. Even men admit to body image angst; from 1997 to 2001, the number of men who had cosmetic surgery increased 256%. Unhappiness about body image has been reported among girls as young as age six. Clearly, we need to evaluate the messages the mirror is sending to us.

Mirror, mirror, on the wall

Although many of us rely on mirror messages as the absolute truth, we need to be aware of the inherent distortions the mirror may hold. Ever since 8,000 B.C., when the mirror made its first appearance, people have been evaluating their personal worth based on their physical appearance. Two opposite attitudes exist: Some people are fixated by their own faces, as shown by an obsession with "selfies." Others declare their body hatred throughout the day as we often see on social media. We have a love-hate relationship with the mirror—but the mirror may not always tell the truth.

People with anorexia nervosa see a distorted view in the mirror; some view themselves as fat even though they're dangerously thin. The mere act of focusing on something, such as a nose or a mole, may make it look larger in the mirror. Even your mood may affect the way you see yourself. When you're tired, angry, or anxious, the mirror may reflect your emotions more than your true physical image.

What the mirror tells you

Relying on the mirror to tell you "who is the fairest of them all" may not give you the whole truth. Despite potentially negative messages people get from the mirror, it can provide helpful information. It can tell you a lot about both the outside *and* the inside of your body. Although we focus on our exterior image, the mirror can provide information about the internal health of your body.

Using your nursing assessment skills, take an objective look at your skin and hair. The skin, the body's largest organ, can provide a lot of feedback on your sleep (or lack thereof) and nutrition. Without adequate vitamin intake or sun, your skin may be pale and flaccid; without adequate essential fatty acids, it may be dull or dry. Stress, overwork, and lack of purpose in your life may reflect in the empty eyes that stare back at you.

What the mirror doesn't tell you

Shakespeare's Hamlet exclaimed, "What a piece of work is man! How noble in reason, how infinite in faculty! In form and moving how express and admirable! In action how like an angel! In apprehension how like a god!"

The mirror *doesn't* tell you about the amazing functions of your body systems, or that you and your body are the most brilliant creations in the universe. For instance, your endocrine system is an amazing creation of numerous autonomic functions working through feedback loops of chemicals to regulate many systems. It also balances your energy levels through the thyroid gland. When is the last time you thanked your adrenal glands for helping regulate your blood pressure via cortisol and aldosterone?

Thanks to auto-regulation, your body can maintain its temperature within the same general range even when the environment around it changes constantly. Breathing is controlled by tissues in your carotid arteries that track carbon dioxide (CO₂) concentration and send messages to the brain's respiratory center. Your body breathes faster

or slower to eliminate CO₂ as needed, all without your conscious awareness.

Your pancreas produces both insulin and glucagon, which naturally oppose each other, but work in harmony to balance blood glucose levels. These levels affect the function of all three trillion cells in your body. Your glucose level rises in the morning to awaken you and give your cells energy to start the day automatically. Somatostatin regulates the endocrine system, balancing insulin and glucagon to work in complete balance without your attention. When is the last time you thanked your pancreas?

The mirror also doesn't tell you how well your liver detoxifies drugs and chemicals and maintains your blood glucose level when you're asleep. Nor does it reveal that your immune system constantly monitors and patrols your blood for foreign pathogens, which it then kills through a complex chemical cascade. Does the mirror tell you that your spleen has been working hard to store white blood cells and recycle red blood cells? When did you last thank your spleen?

What the mirror doesn't tell you about your magnificent self is far more interesting and exciting than the cellulite you may glimpse in the mirror. It doesn't let on that your body has innate abilities, such as auto-regulation, self-defense, and self-healing. Your body has the ability to detect injury and immediately goes into repair. Your natural self-healing includes the inflammatory process and movement of white blood cells to the site of damage to destroy pathogens that may have caused or entered the injury. Your body moves gracefully through tissue repair and healing autonomically, usually. We often treat our bodies so poorly and then expect them to perform without our support. An example is giving our bodies Styrofoam (such as poor food choices) and expecting it to repair like steel.

The nursing reflection

Ironically, some nurses who care for sick patients and help promote health and healing are unhealthy themselves. Research shows that occupational stress, poor coping behaviors, and lack of support create anxiety and depression in nurses. The longitudinal Nurses' Health Study, which began in 1988, examines relationships among hormone replacement therapy, diet, exercise, and other lifestyle practices and chronic illnesses. It found female nurses' health was no better than that of the general populace. Ideally, a nurse's health should reflect their education and knowledge of the human body. Unfortunately, knowledge alone doesn't create vibrant health. We should sing along with the Disney character Mulan, who asks, "When will my reflection show who I truly am?"

You're invited to join the American Nurses Association campaign for action improving nurses' health and

wellness. For more information please visit <http://www.healthynursehealthynation.org/> and view the free webinar on the grand health challenge for nurses at <https://campaignforaction.org/webinar/improving-nurses-health-wellness/>

As nurses, we can do better to reflect the true inner beauty of our bodies—and project that beauty in our lifestyles. Balancing the mirror's messages is the key. What the mirror *doesn't* tell you can inspire you to honor your body. What it *does* tell you can motivate you to care for yourself, so you can better model healthy behaviors for patients.

Fixing the mirror's reflection

In our society of quick fixes and limited warranties, it's easy—and often necessary—to replace just about everything. Most material objects can be replaced when they're worn out.

The only thing that can't be replaced is the human body. We can misuse and abuse it or treat it with loving care. Despite the amazing advances of medical science (and plastic surgery), your body is still your physical essence. Although it comes with a lifetime warranty, its quality isn't guaranteed; that's up to you. Our decisions can determine our destiny with health. Saying you don't have time for your health today may leave you with no health for your tomorrow.

What does your mirror say to you? Will you listen?

AUTHOR BIO

Tracey Long is a Professor of nursing in Las Vegas, Nevada for Chamberlain and Arizona College. As an identical twin, she regards her twin sister as her better reflection.

Selected references

- Coditz GA, Manson JE, Hankinson SE. The Nurses' Health Study: 20-year contribution to the understanding of health among women. *J Women Health*. 2009;6(1):49-62.
- Dove® Campaign for Real Beauty. www.dove.us/Social-Mission/campaign-for-real-beauty.aspx
- Enoch JM. History of mirrors dating back 8000 years. *Optom Vis Sci*. 2006;83(10):775-781.
- Mark G, Smith AP. Occupational stress, job characteristics, coping, and the mental health of nurses. *Br J Health Psychol*. 2012;17(3):505-21.
- Cleveland Clinic. Fostering a better self-image. Retrieve from http://my.clevelandclinic.org/health/healthy_living/hic_Stress_Management_and_Emotional_Health/hic_Fostering_a_Positive_Self-Image
- American Nurses Association health nurses campaign. Retrieved from <http://www.nursingworld.org/healthynurse>
- Song, M. and Iovannucci, E. Nurses Health Study. *JAMA* Retrieved from <http://oncology.jamanetwork.com/article.aspx?doi=10.1001/jamaoncol.2016.0843>



ADVANCE YOUR NURSING CAREER @HOFSTRA

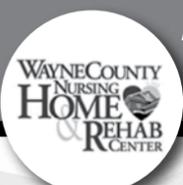
Choose from our diverse graduate nursing programs:

- MS, Family Nurse Practitioner
- MS, Psychiatric-Mental Health Nurse Practitioner
- MS, Adult-Gerontology Acute Care Nurse Practitioner
- Advanced Certificate, Registered Nurse First Assistant (RNFA)
- Advanced Certificate, Adult Gerontology Acute Care Nurse Practitioner
- Advanced Certificate, Family Nurse Practitioner

To learn about these and other graduate programs, including the new **Master of Science in Cardiovascular Sciences** and **Perfusion Medicine**, visit hofstra.edu/gradnursing.



WANTED: Supervising RN's, Staff RN's, & LPN's.



Excellent benefits: Sick time, 13 holidays, vacation days, health & dental insurance, NYS retirement

Apply at: Wayne County Nursing Home
1529 Nye Road, Lyons, NY 14489

Or contact us via e-mail at: wcnh@co.wayne.ny.us

Job descriptions may be viewed on our website under Employment Opportunities, at

www.waynecountynursinghome.org

EOE

HIPAA Violations: A Great Way to Destroy Your Nursing Career

By John A. Musacchio, Esq.

Have you reviewed the HIPAA laws involving your patients' medical records and private health information lately? Chances are, you answered "no" to that question. You provide excellent patient care and treat all of your patients with respect and dignity. You would never intentionally let any information about a patient fall into the hands of someone who shouldn't have it. And if you accidentally let some small piece of information slip, it won't be that big of a deal, right?



John A. Musacchio

Wrong! There are lots of negative consequences that nurses can face if they release a patient's protected health information without the proper authorization, including termination from your job, as well as suspension or revocation of your nursing license.

This article will look at some common scenarios that many nurses face in their daily lives, the penalties that you can face for violating HIPAA, and ways that you can protect yourself, your patients and your nursing license in light of HIPAA's requirements.

WHO DOES HIPAA APPLY TO?

The Health Insurance Portability and Accountability Act (HIPAA) protects the private identifying health information of all individuals, including current and former patients. In fact, it might surprise you to know that HIPAA also protects the private health information of **deceased** patients for fifty (50) years after the patient's death.

WHEN CAN YOU RELEASE A PATIENT'S INFORMATION OR MEDICAL RECORDS WITHOUT VIOLATING HIPAA?

You can lawfully release a patient's medical records and information under some very specific circumstances.

Authorization from the patient. A patient can sign a HIPAA-compliant authorization which will allow you to provide his/her medical records and private information to a specific person, such as a family member or an attorney. The New York Court System has released an approved, HIPAA-compliant authorization form, and many health care providers have developed their own HIPAA-compliant authorization forms. Note that you may sometimes see an authorization form that looks different from the ones you are used to seeing. You should always verify that the authorization form complies with HIPAA's requirements and that all of the necessary information is filled in. Also, make sure you only release the particular records or information specified in the authorization.

Health care proxies and living wills. Some patients may have signed certain legal documents days, months or even years before there is a need for a health care professional to share the patient's medical information with someone else. These types of documents are sometimes called "advance directives." By using advance directives, such as a health care proxy, the patient may appoint one or more agents to make their health care decisions for them if they become incapacitated or unable to make or communicate their own wishes. The most common types of advance directives in New York are the health care proxy and the living will. By appointing a person as his/her agent and signing the advance directive, the patient is authorizing the agent to make the patient's health care decisions if the patient is unable to do so. (For a more in-depth discussion of the use of

advance directives, please read my article published in the November 2017 ANA-NY Nurse Newsletter).

Ways to Protect Yourself

- Make sure an authorization seeking medical records complies with HIPAA's requirements
- Don't provide records or information that are not specifically authorized in a HIPAA-compliant authorization, such as mental health information, drug/alcohol information, and HIV-related information
- Don't try to cover up a HIPAA violation
- Don't help anyone else cover up a HIPAA violation
- Review your employer's policies and procedures and make sure they are accurate and up to date
- Contact an experienced attorney immediately if you are investigated or face discipline by your employer or the Office of the Professions, or even if you think you may have committed a HIPAA violation



3 WAYS WE CAN HELP!

1 **Online Clinical Guidelines**
WWW.HIVGUIDELINES.ORG
 Access clinical guidelines for HIV, hepatitis C (HCV), STDs, substance use, pre-exposure prophylaxis, and more!

2 **CEI Line**
1.866.637.2342
 Access to a specialist to discuss case-based HIV, HCV, STD, PEP or PrEP patient care.

3 **Free Online CE and Educational Resources**
WWW.CEITRAINING.ORG
 Earn CE credit at your leisure and stay abreast of HIV, HCV, STD, PEP and PrEP clinical updates.

heart & mind
ALIGNED

RN's, B.S./M.S. Nursing Degrees | 15-20 months
www.roberts.edu/Nursing-Degrees

Court appointment. There are two fairly common scenarios in which a court may give someone the right to obtain another person's medical records. The first is through a guardianship proceeding and it applies to living patients. The second applies to a deceased patient's estate.

Guardianship proceedings. When the court appoints someone as your patient's guardian and gives the guardian specific authority to make the patient's medical and health care decisions, the guardian will need to have the patient's medical information in order to make the best informed decision possible about the patient's care.

Estate proceedings. In the case of a deceased patient, the Surrogate Court will typically appoint a relative of the deceased patient to administer the patient's estate. When the family member is appointed, the Court will issue something called either "Letters Testamentary" (if the patient died with a will) or "Letters of Administration" (if the patient died without a will) to formally appoint that person as the representative of the patient's estate. The person appointed by the Court can then sign a HIPAA-compliant authorization and provide a copy of the official Letters Testamentary or Letters of Administration issued by the Court to obtain the deceased patient's medical records from his/her providers. This is often done if a patient suffered personal injuries that resulted in the patient's death.

Of course, a single article cannot cover all of the possible scenarios that you may face. Therefore, you should be sure to review your employer's policies and procedures, and if in doubt, ask a nurse manager, supervisor or compliance officer for guidance. If you think you may have committed a HIPAA violation, be sure to contact an experienced attorney immediately to help you protect your nursing license.

WHAT HAPPENS IF YOU VIOLATE HIPAA?

You probably know that HIPAA violations are serious, but you may not know just how serious. Here are some of the consequences that a nurse can face for violating HIPAA.

You could lose your job. Employers usually don't take kindly to an employee who has violated HIPAA. This only makes sense, as the employer could face fines up to \$50,000.00 for each individual HIPAA violation. Also, in the modern age where we frequently see stories in the news about the latest data breach and identity theft scam, cyber security is of paramount importance to many health care providers. A HIPAA violation can seriously damage a provider's reputation. Therefore, it is not uncommon for nurses to be reprimanded or terminated for committing a HIPAA violation.

You could lose your nursing license. Yes, you can face professional discipline and even lose your nursing license if you violate HIPAA. The rules implemented by the New York State Department of Education's Office of the Professions, which is the agency that regulates nursing licenses, state that it is professional misconduct for a nurse to release confidential information without proper authorization. (For a complete list of instances of professional misconduct, visit www.op.nysed.gov/opd). The penalties can include revocation or suspension of the nurse's license, a fine of up to \$10,000.00, or both.

You could face criminal charges and jail time. Serious HIPAA violations can cost you more than just your license; they can also cost you your freedom. The criminal penalties can range from one (1) to five (5) years imprisonment, as well as fines up to \$250,000.00. Criminal charges can be brought not only against the individual who committed the HIPAA violation, but also against others who have tried to help cover it up.

CONCLUSION

As you can see, it is very important to know and follow the rules. If you are concerned that you may have committed a HIPAA violation or if you are ever under investigation, you should contact an experienced attorney as soon as possible to help protect your rights, your license, and your freedom.

Biography

John A. Musacchio is an attorney with the law firm Towne, Ryan & Partners, P.C., with four offices in Upstate New York and a fifth office in Bennington, Vermont. In addition to defending nurses in professional discipline matters, John also assists clients with labor and employment law matters, estate planning, Medicaid planning, criminal and DWI defense, compliance issues, personal injury matters, real estate transactions, business law, and litigation in all of these areas. He has been selected to the Upstate New York Super Lawyers Rising Stars list in 2015, 2016, 2017 and 2018. John is also the founder of the Facebook group Nursing Law 101: Protecting Nurses, where he offers daily legal tips and guidance for nurses.

John is proud to serve on the Committee on Character and Fitness for the State of New York Supreme Court Appellate Division Third Judicial Department, which reviews applications and interviews attorneys who have applied to practice law in the State of New York. He also proudly serves as Secretary of the Capital Region Italian American Bar Association. He is admitted to practice law in New York, Vermont, Massachusetts and Connecticut Federal District Court.

John can be reached by telephone at (518) 452-1800 and by e-mail at john.musacchio@townelaw.com.



MCC NEW YORK NOW HIRING!

**Nurses • Medical Officer • Health Techs
MLPs • Paramedics • Lab Techs**

TO APPLY VISIT **USAJOBS.GOV**

Adelphi's graduate nursing programs: Your prescription for a healthy career.

Be on the leading edge of nursing—in community hospitals, in schools, in long-term care facilities or wherever your advanced degree in nursing takes you.

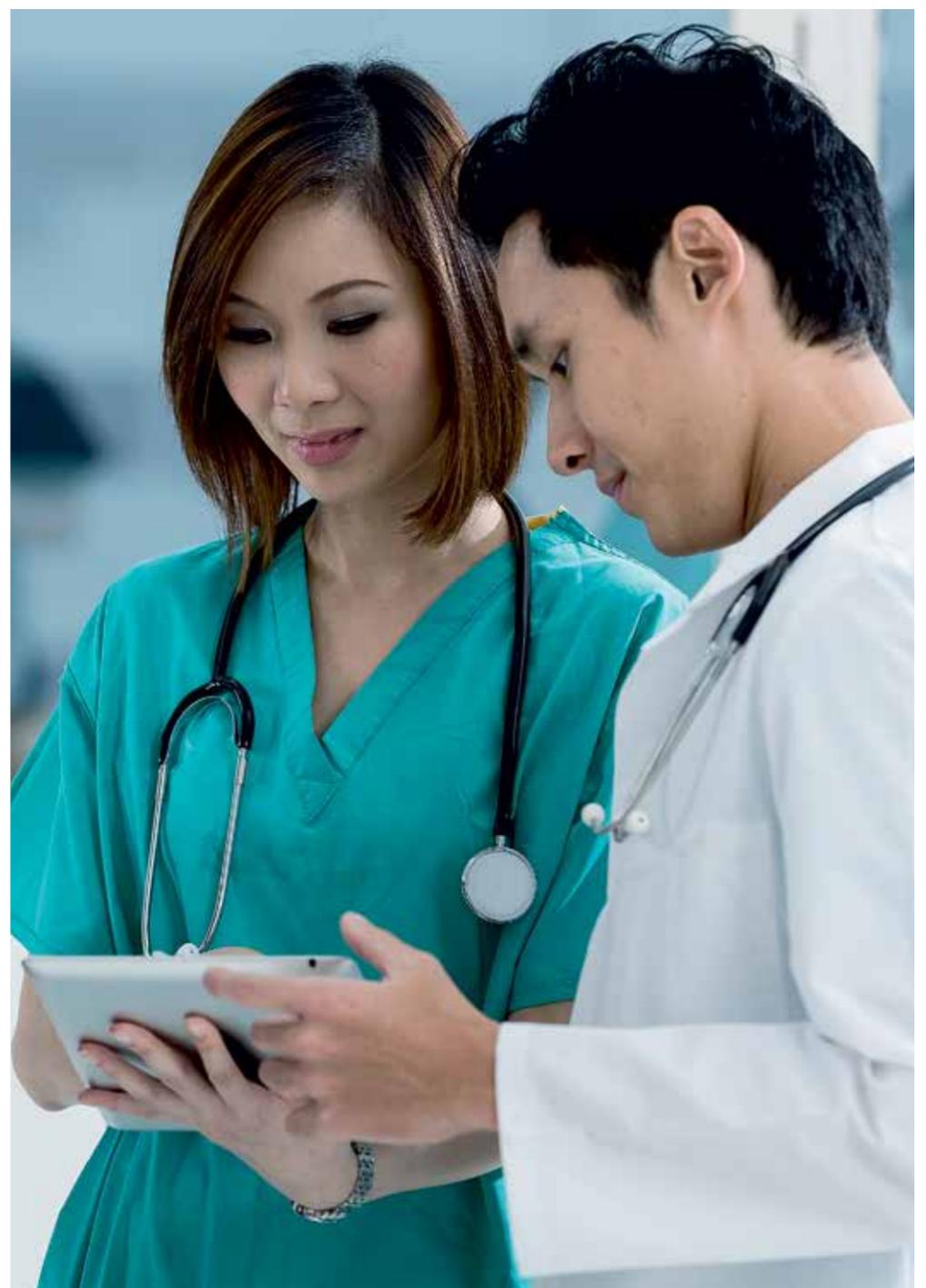
- Master of Public Health
- M.S. in Adult Gerontology Primary Care Nurse Practitioner*
- M.S. in Healthcare Informatics* (online option available)
- M.S. in Nursing Administration*
- M.S. in Nursing Education*
- M.S. in Nutrition (online)
- M.S. in Psychiatric-Mental Health Nurse Practitioner*

* Advanced certificate options available

Visit Adelphi.edu/GradNursing



ADELPHI
UNIVERSITY
NEW YORK



CONTINUING EDUCATION



What is Palliative Care?

Instructions

Steps to complete independent study and receive 0.75 contact hours.

- Read the article below
- Complete the post test, evaluation and registration forms.
 - Mail to: ANA-NY, 150 State Street, 4th Floor, Albany, NY 12207
 - \$7.00 Fee for non-members. Members are free
- Certificates are emailed after a passing score is achieved.
- Objective/Learning Outcome:
 - Upon completion of this activity, participants will affirm their role in providing palliative care and embedding its values into their practice.

With healthcare and technological advancement, there has been a significant increase in the number of people diagnosed with life threatening illnesses (Bakitas et al; 2015). This creates additional demand for palliative care as well as the opportunity to improve the end of life experience.

Palliative care (pronounced pal-lee-uh-tiv) is specialized care for people with serious illness. Palliative Care focuses on providing relief from the symptoms and stress of a serious illness. The goal is to improve quality of life for both the patient and the family. It is appropriate at any age and at any stage in a serious or life limiting illness.

Palliative care is defined by the World Health Organization (WHO) as "...an approach which improves the quality of life of patients and their families facing life-threatening

illness, through the prevention, assessment and treatment of pain and other physical, psychosocial and spiritual problems." It includes people of all ages in any stage of the disease process and is a collaborative effort provided by a team of physicians, nurses, psychologists, chaplains (or spiritual advisors), social workers and others who work together to provide an extra layer of support in treating and managing the patient's symptoms. The Palliative Care team also works with the team including the patient, their family, and loved ones to provide emotional and psycho-social support.

The focus of palliative care is to provide physical comfort from symptoms such as pain and other debilitating symptoms that interfere with life's daily activities. Another important focus is ensuring the patients' wishes are respected and empowerment for the patient's decisions with his or her healthcare decision making process. This is achieved by engaging both patients and their families in the decision process for choosing treatments, providing them with information and resources for advance care planning and ensuring their physical, emotional and psycho-social goals are met (Kavalieratos, D., Corbelli, J., Zhang, D., Dionne-Odom, J. N., Ernecoff, N. C., Hanmer, J., & Morton, S. C. (2016).

Benefits of Palliative Care

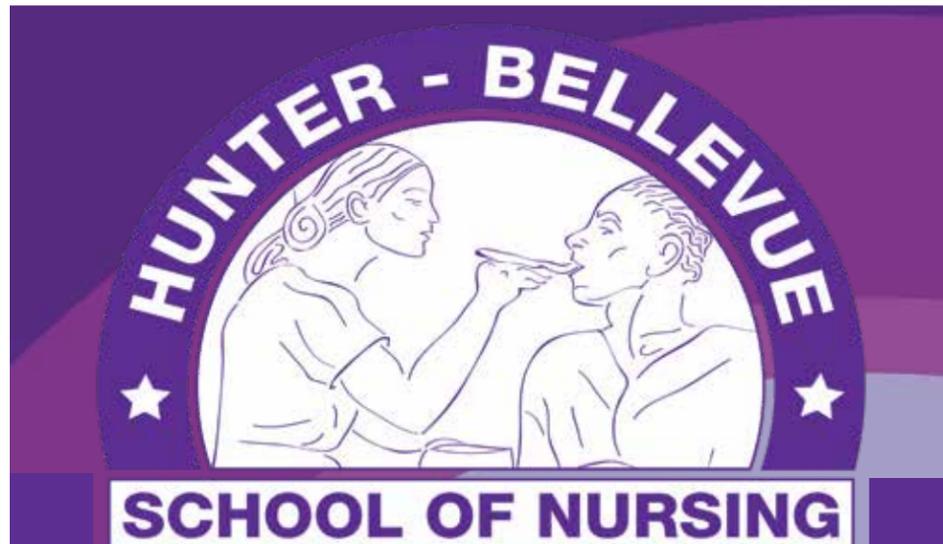
Studies have shown that people with chronic illnesses, like cancer, who receive palliative care, have less severe symptoms. They have better quality of life, less pain, less shortness of breath, less depression, and less nausea (Ferrell & Temel, 2016). Patient's receiving palliative care tends to better align with their values, goals, and preferences. They and their families also feel more satisfied with the care their loved one received. According to the American Cancer Society, "patients who had hospital-based palliative care visits spent less time in intensive care units and were less likely to be re-admitted to the hospital after they went home."

Getting Palliative Care Early

Palliative care early in the course of an illness may also help some cancer patients live longer. A landmark study published in the New England Journal of Medicine in 2010 compared patients with metastatic lung cancer who got referred to a palliative care specialist soon after diagnosis, while receiving treatment for their lung cancer, with patients who were referred later, when they had developed symptoms that were difficult to control or treatments were no longer working. The patients who got palliative care earlier not only felt better but lived nearly three months longer than the patients who did not.

The Philosophy of Palliative Care

In light of the growing number of individuals with serious or life threatening illness and the increasing numbers of older adults the Advanced Practice Nurse and



Hunter College's School of Nursing has been a critical component of the NYC health care community for over 50 years. The School's undergraduate division consists of three programs leading to the Bachelor of Science (Nursing) degree: Generic, for undergraduate students who do not have a RN license; Accelerated Second-Degree, for students who have already earned a baccalaureate degree in another field; and RN-BS, for those students who have completed an associate degree nursing program and have a current license. In addition, graduate students are enrolled in 10 specialties toward the MS degree and DNP. The School also is a partner in the PhD in Nursing Science program based at the CUNY Graduate Center. Hunter College's School of Nursing is the nursing school partner for the Clinical Translational Science Center at Weill Cornell Medical College. This partnership affords faculty with interdisciplinary research opportunities and funding.

Open Rank Assistant, Associate, Full Professor, and Clinical Professor Positions

Minimum Qualifications:

Earned doctorate in nursing or related field, demonstrated excellence in teaching and research, unrestricted New York RN license or eligibility.

Preferred Qualifications:

Doctoral degree in nursing or related field, with a Master's degree in a clinical specialty in nursing. Evidence as a researcher with a program of research appropriate for rank (tenure-track); record of dissemination of research in high-impact journals and at conferences appropriate for rank (tenure-track); ability to use technology in research and teaching; excellent interpersonal and communication skills; demonstrated ability to work with students, faculty, communities, and diverse populations; involvement with professional organizations in the discipline.

Individuals interested in this opportunity should send a letter of interest or email, including curriculum vitae to:

Dean Gail C. McCain
Hunter College School of Nursing
425 E. 25th Street, Room 530W
New York, NY 10010 • 212.396.7140
gmccain@hunter.cuny.edu



Corrections and Community Supervision

Great Career Opportunities for Registered Nurses

We have openings in the following counties offering a choice of urban, suburban or rural living:

Chemung	Elmira Correctional Facility (picturesque Southern Tier)
Columbia	Hudson Correctional Facility (antiquing, arts & collectables)
Dutchess*	Fishkill & Green Haven Correctional Facilities (Hudson Valley charm)
Erie	Collins, Gowanda & Wende Correctional Facilities (Niagara Falls, Go BILLS)
Essex	Adirondack Correctional Facility (hiking, skiing and boating)
Franklin	Bare Hill, Franklin & Upstate Correctional Facilities (North Country, 1 hour to Montreal)
Fulton	Hale Creek Correctional Facility (located along the Erie Canal)
Greene	Coxsackie & Greene Correctional Facilities (rural charm yet only 2 hours to NYC)
Jefferson*	Cape Vincent Correctional Facility (1000 Islands, resort living)
Livingston	Groveland Correctional Facility (State Parks, hiking, fishing)
Oneida*	Marcy, Mid State & Mohawk Correctional Facilities (baseball & breweries)
Orange*	Otisville Correctional Facility (shopping, restaurants, short drive to NYC)
Seneca	Five Points & Willard Correctional Facilities (heart of wine country)
St. Lawrence*	Gouverneur Correctional Facility (short drive to Canada)
Ulster*	Eastern, Shawangunk & Ulster Correctional Facilities (hiking, fishing, casinos)
Washington	Washington Correctional Facility (hiking, boating, skiing, snowboarding)
Westchester*	Bedford Hills & Sing Sing Correctional Facilities (Less than 1 hour to NYC)
Wyoming	Attica & Wyoming Correctional Facilities (waterfalls, family farms, natural beauty)

Minimum qualifications: must be licensed and currently registered to practice nursing in New York State, AND have one year of full-time post-RN licensure clinical nursing experience. Limited permit holders are encouraged to apply. Per diem/hourly also available.

NYS DOCCS offers a salary from \$50,722 - \$64,557. Additional compensation depending on shift, experience and workplace location *(**many at \$12,000**).

Benefits include comprehensive health insurance, including dental, vision and prescriptions. NYS retirement system, deferred compensation plan, flexible spending plan, 13 vacation days, 5 personal days, 13 sick days and 12 paid holidays annually.

Contact: www.doccs.ny.gov or DOCCS Personnel Office at (518) 457-8132 for more information and to apply.

the Registered Professional Nurse is likely to provide care for these populations as part of a community based practice and in the acute and long term care setting. Nurses are more than likely to encounter individual patients and families in need of a comprehensive approach to symptom management, support for psycho-social issues, grief and bereavement, end of life decision making. Many nurses at all levels will engage in providing aspects of palliative care as generalists rather than specialists. This is particularly true of registered nurses working in the acute care setting and APNs (NPs) working in primary care. Nurses may be called upon to serve in a de-facto role of palliative care generalist without the educational preparation or competency training to do so. The need is for generalist knowledge to be rooted in an understanding of a philosophy of palliative care. The concept of comfort care is not the equivalent to a philosophy of palliative care. A philosophical understanding and approach to palliative and end of life care is needed to meet the needs of our patients, their families and the communities we serve.

Best Practice

Utilizing the National Consensus Project for Quality Palliative Care Clinical Practice Guideline (3rd edition, 2013) and the ANA Scope of Practice as a framework and guideline to practice can be used as foundational knowledge to Nurses providing care. Application of the eight domains of palliative care as identified in the Guideline will reinforce the context and purpose of the nurse providing care. An added benefit of this will be the emphasis on the interprofessional team which aligns with the Core Competencies for Interprofessional Collaborative Practice endorsed by AACN.

Nurses' professional responsibilities to provide palliative care are grounded in the essence of nursing practice and supported by the American Nursing Association's code of ethics. Both palliative and nursing care emphasize comprehensive care supporting the holistic needs of patients and their caregivers including the assessment and treatment of physical, emotional, and spiritual health. Nurses often recognize changes in patients' health status, and these are the junctures during which palliative care may be introduced.

Conclusion

To manage patient symptoms and improve patient quality of life, all nurses need to be able to provide palliative care to patients with serious or life-limiting illness. The nursing workforce must be trained in palliative care skills and its philosophy, especially nurses who work with patients with serious illness. In the United States, approximately 90 million people live with serious life-threatening illness. Approximately 80% of patients who die could have benefited from palliative care, and only half of patients admitted to an acute care setting received the palliative care they needed (Murtagh et al., 2014). For patients and caregivers (families, friends, and others who provide support to patients) to benefit most from palliative care, it needs to be introduced early and continue throughout the illness trajectory. As the mounting evidence demonstrates palliative care is beneficial to patients and families and nurses must affirm their role in providing palliative care and embedding its values into practice.

"Our society is aging, and soaring numbers of chronically ill people live among us—the result of decades of medical progress. They do not have to be social problems. They are family members, neighbors, and friends. We have the collective responsibility to care for them with skill and deep respect. We have the opportunity to care for them with tenderness and love. Most of us will be physically dependent and intimately cared for by others before we die. This fact does not destine us to become undignified. It simply confirms that we are human." Ira Byock: Dying with Dignity

References

- American Academy of Colleges of Nursing: End-of-Life Nursing Education Consortium. (2013). Fact sheet: End-of-life nursing education consortium. Washington, D.C.
- American Nurses Association. Nursing: Scope & Standards of Practice. American Nurses Association. Silver Spring, MD; 2004.
- American Nurses Association and Hospice and Palliative Nurses Association. (2017). Call to action: nurses lead and transform palliative care: Retrieved from <http://nursingworld.org/MainMenuCategories/ThePracticeofProfessionalNursing/Palliative-Care-Call-for-Action/Draft-PalliativeCare-ProfessionalIssuesPanel-CallforAction.pdf>
- Bakitas, M. A., Tosteson, T. D., Li, Z., Lyons, K. D., Hull, J. G., Li, Z., ... & Azuero, A. (2015). Early versus delayed initiation of concurrent palliative oncology care: patient outcomes in the ENABLE III randomized controlled trial. *Journal of Clinical Oncology*, 33(13), 1438-1445.

- Buxton, D., & Clancy, S. (2013). Working with families perceived as difficult. *Pediatric annals*, 42(4), 167-171.
- Center to Advance Palliative Care. (2014). National Palliative Care Registry Annual Survey Summary. Retrieved from <https://registry.capc.org/wp-content/uploads/2016/01/The-National-Palliative-Care-Registry-2014-Annual-Survey-Summary-1.pdf>
- Center to Advance Palliative Care & National Palliative Care Research Center. (2015). America's care of serious illness: 2015 state by state report card on access to palliative care in our nation's hospitals. <https://reportcard.capc.org/wp-content/uploads/2015/08/CAPC-Report-Card-2015.pdf>. Accessed Jan. 24, 2017.
- Dahlin, C. (2015). Palliative care: Delivering comprehensive oncology nursing care. *Seminars in Oncology Nursing*, 31(4), 327-337.
- Dionne-Odom, J. N., Azuero, A., Lyons, K. D., Hull, J. G., Tosteson, T., Li, Z., ... & Hegel, M. T. (2015). Benefits of early versus delayed palliative care to informal family caregivers of patients with advanced cancer: Outcomes from the ENABLE III randomized controlled trial. *Journal of Clinical Oncology*, 33(13), 1446-1452.
- Eaton, L. H., Tipton, J. M., & Irwin, M. (Eds.). (2009). Putting evidence into practice: Improving oncology patient outcomes. Pittsburgh: Oncology Nursing Society.
- Ferrell, B. R., Temel, J. S., Temin, S., Alesi, E. R., Balboni, T. A., Basch, E. M., ... & Stovall, E. L. (2016). Integration of palliative care into standard oncology care: American Society of Clinical Oncology clinical practice guideline update. *Journal of Clinical Oncology*.
- Gomes, B., Calanzani, N., & Higginson, I. J. (2014). Benefits and costs of home palliative care compared with usual care for patients with advanced illness and their family caregivers. *JAMA*, 311(10), 1060-1061.
- Hebert, K., Moore, H., & Rooney, J. (2011). The nurse advocate in end-of-life care. *The Ochsner Journal*, 11(4), 325-329.
- Hagan, T., Xu, J., Lopez, R., Bressler, T. (2018) Nursing's role in leading palliative care: A call to action. *Nurse Education Today*. (61) 216–219. <https://doi.org/10.1016/j.nedt.2017.11.037>
- Hjelmfors, L., Van Der Wal, M. H., Friedrichsen, M. J., Mårtensson, J., Strömberg, A., & Jaarsma, T. (2015). Patient-nurse communication about prognosis and end-of-life care. *Journal of Palliative Medicine*, 18(10), 865-871.
- Hospice and Palliative Nurses Association. (2013a). Patient/Family teaching sheet: Palliative care and hospice. Retrieved from <http://community.hpna.org/p/do/sd/sid=78&fid=453&req=direct>
- Hospice and Palliative Nurses Association. (2013b). HPNA position statement: the nurse's role in advance care planning. Retrieved from <http://hpna.advancingexpertcare.org/wp-content/uploads/2015/08/The-Nurses-Role-in-Advance-Care-Planning.pdf>
- Institute of Medicine (US). Committee on Approaching Death: Addressing Key End-of-Life Issues. (2015). Dying in America: Improving Quality and Honoring Individual Preferences Near the End of Life.
- Jensen-Seaman, K., & Hebert, R. S. (2016). Palliative care education in nurse practitioner programs: A survey of academic deans. *Nurse Educator*, 41(3), 130-133.
- Kavalieratos, D., Corbelli, J., Zhang, D., Dionne-Odom, J. N., Ernecoff, N. C., Hanmer, J., ... & Morton, S. C. (2016). Association between palliative care and patient and caregiver outcomes: a systematic review and meta-analysis. *JAMA*, 316(20), 2104-2114.
- Kennedy, C., Brooks Young, P., Nicol, J., Campbell, K., & Gray Brunton, C. (2015). Fluid role boundaries: exploring the contribution of the advanced nurse practitioner to multi-professional palliative care. *Journal of Clinical Nursing*, 24(21-22), 3296-3305.
- Lopez, R. P., Amella, E. J., Mitchell, S. L., & Strumpf, N. E. (2010). Nurses' perspectives on feeding decisions for nursing home residents with advanced dementia. *Journal of Clinical Nursing*, 19(5-6), 632-638.

What is Palliative Care? continued on page 22



Our faculty advisors are invested in your future.

Pursue your passion and expand your professional possibilities:

- RN to BS (online)
- MS in Nursing Leadership
- DNP (Post-BS and Post-MS)
- PhD (Post-BS and Post-MS)
- Advanced Certificates:
 - Family Nurse Practitioner
 - Nursing Education
 - Family Psychiatric/Mental Health
 - Nursing Leadership

Learn more at nursing.buffalo.edu.



D'Youville

ADVANCED NURSING DEGREES FOR THE WORKING PROFESSIONAL

Program Offerings Include:

UNDERGRADUATE PROGRAMS

- Nursing (2-yr. RN to BSN Online)

MASTER'S PROGRAMS

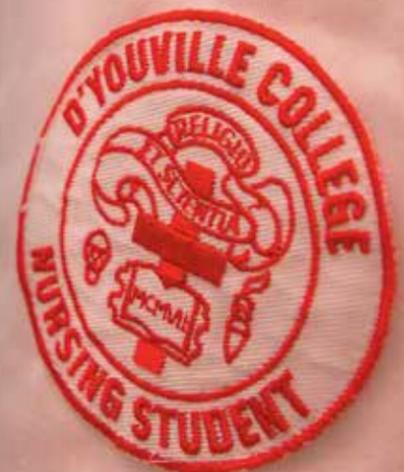
- Family Nurse Practitioner
- Nursing Management and Quality Leadership
- Nursing Education with a Clinical Focus
- Psychiatric Mental Health Nurse Practitioner

DOCTORAL PROGRAMS

- Doctor of Nursing Practice (Family Nurse Practitioner)
- Doctor of Nursing Practice (Psychiatric Mental Health Nurse Practitioner)

ADVANCED CERTIFICATES

- Family Nurse Practitioner (post-master's certificate)
- Nursing and Health-Related Professions Education
- Psychiatric Mental Health Nurse Practitioner (post-master's certificate)



D'Youville
716.829.8400 | WWW.DYC.EDU

What is Palliative Care? continued from page 21

Martins Pereira, S., & Hernández-Marrero, P. (2016). Palliative care nursing education features more prominently in 2015 than 2005: Results from a nationwide survey and qualitative analysis of curricula. *Palliative Medicine*, 30(9), 884-888.

Milic, M. M., Puntillo, K., Turner, K., Joseph, D., Peters, N., Ryan, R., ... & Anderson, W. G. (2015). Communicating with patients' families and physicians about prognosis and goals of care. *American Journal of Critical Care*, 24(4), e56-e64.

Murtagh, F. E., Bausewein, C., Verne, J., Groeneveld, E. I., Kaloki, Y. E., & Higginson, I. J. (2014). How many people need palliative care? A study developing and comparing methods for population-based estimates. *Palliative Medicine*, 28(1), 49-58.

National Consensus Project for Quality Palliative Care. (2013). Clinical practice guidelines for quality palliative care 3rd edition. Retrieved from http://www.nationalconsensusproject.org/NCP_Clinical_Practice_Guidelines_3rd_Edition.pdf

O'Hare, A. M., Szarka, J., McFarland, L. V., Taylor, J. S., Sudore, R. L., Trivedi, R., ... & Vig, E. K. (2016). Provider perspectives on advance care planning for patients with kidney disease: Whose job is it anyway?. *Clinical Journal of the American Society of Nephrology*, 11(5), 855-866.

Perez, G. K., Haime, V., Jackson, V., Chittenden, E., Mehta, D. H., & Park, E. R. (2015). Promoting resiliency among palliative care clinicians: stressors, coping strategies, and training needs. *Journal of Palliative Medicine*, 18(4), 332-337.

Reimer-Kirkham, S., Sawatzky, R., Roberts, D., Cochrane, M., & Stajduhar, K. (2016). 'Close to'a palliative approach: nurses' and care aides' descriptions of caring for people with advancing chronic life-limiting conditions. *Journal of clinical nursing*, 25(15-16), 2189-2199.

Unroe, K. T., Cagle, J. G., Lane, K. A., Callahan, C. M., & Miller, S. C. (2015). Nursing home staff palliative care knowledge and practices: Results of a large survey of frontline workers. *Journal of Pain and Symptom Management*, 50(5), 622-629.

Winters, C. A. (2016). Palliative care in critical rural settings. *Critical Care Nurse*, 36(1), 72-78.

Please return (all documents are required or will result in no certificate)

- Completed Registration Form (Include e-mail address or will result in no certificate)
- Completed Continuing Education Post-test Questions

- Completed Evaluation Form
- Members are free, \$7.00 Fee for non-members

Registration

Name: _____

E-mail address: _____

Address _____

Phone number _____

Continuing Education Post-Activity Questions

- 1) Palliative Care is the same thing as Hospice.
 - _____ True
 - _____ False
- 2) Members of the Palliative Care Team may include all of the following, except:
 - a) chaplain
 - b) nurse
 - c) radiologist
 - d) psychologist
- 3) People who receive Palliative Care experience:
 - a) better quality of life
 - b) less pain
 - c) less depression
 - d) less nausea
 - e) all of the above
- 4) Palliative Care decreases hospital length of stay.
 - _____ True
 - _____ False
- 5) Palliative Care prolongs life.
 - _____ True
 - _____ False

- 6) Palliative Care differs from Comfort Care.
 - _____ True
 - _____ False
- 7) Palliative Care is limited to home care settings.
 - _____ True
 - _____ False

EVALUATION

1. The learning outcome(s) for this activity was met?
 - _____ Yes _____ No
2. I found this activity worthwhile for my professional practice. (If you select "Disagree" or "Strongly Disagree," please provide a comment below.)

Strongly Agree - Agree - Neutral - Disagree - Strongly Disagree
3. This activity will enhance my knowledge/skill / practice as a health care provider. (If you select "Disagree" or "Strongly Disagree," please provide a comment below.)

Strongly Agree - Agree - Neutral - Disagree - Strongly Disagree
4. The authors were knowledgeable about the topic:

Strongly Agree - Agree - Neutral - Disagree - Strongly Disagree
5. As a result of this activity, please share at least one action you will take to change your professional practice/performance.
6. Was this independent study an effective method of learning?
7. What other topics would you like to see addressed in an independent study?



CONTINUING EDUCATION STATEMENT:
 The continuing education program is approved for 0.75 contact hours.
 The Northeast Multistate Division is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.



Monroe College understands the care and dedication necessary to grow as a nursing professional.

We offer Registered Nurses who graduated from an associate degree or diploma-granting nursing program the opportunity to earn their Bachelor of Science, Nursing Program in as little as 11 months. Most of this program is offered online with only one day per week in the classroom. In addition, the flexible clinical opportunities are designed specifically to fit around your work schedule.

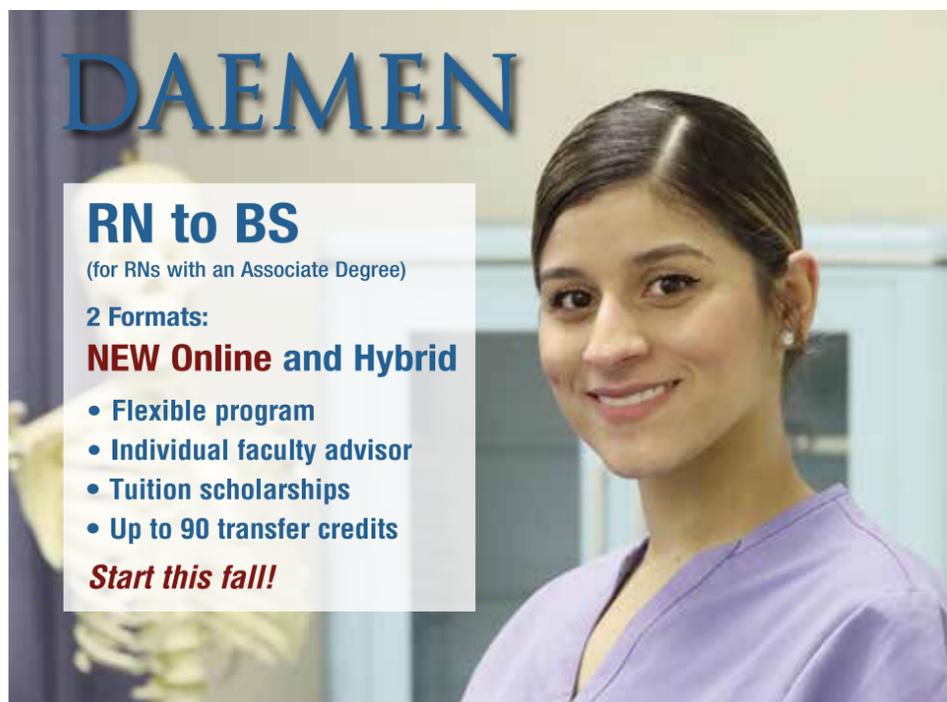


For information, visit www.monroecollege.edu/nursing

Contact Lisa Becker
 (914) 740-6756 | Lbecker@monroecollege.edu



MONROE COLLEGE
 LET'S FIND OUT WHO YOU CAN BE



Graduate Degree Programs:

Adult-Gerontology Primary Care Nurse Practitioner

Assistance with Clinical Preceptor Placements

Nursing Education

Preparing students to become certified Nurse Educators

Nursing Executive Leadership

Focus on leadership skills to manage effectively

“ We realize that a lot of our students are working professionals and that they have a busy schedule. We try to make the Nursing programs as supportive and flexible as possible. ”

– Dr. Cheryl Nosek, Nursing Department Chair

Amherst, NY | 716.839.8387 | Daemen.edu/Nursing

MEMBERSHIP



ANA-NY and ANA Membership Activation Form



Essential Information

First Name/MI/Last Name _____

Mailing Address Line 1 _____

Mailing Address Line 2 _____

City/State/Zip _____

County _____

Date of Birth _____ Gender: Male/Female _____

Credentials _____

Phone Number _____ Check preference: Home Work _____

Email address _____

Current Employment Status: (eg: full-time nurse) _____

Professional Information

Employer _____

Type of Work Setting: (eg: hospital) _____

Practice Area: (eg: pediatrics) _____

Current Position Title: (eg: staff nurse) _____

Required: What is your primary role in nursing (position description)?

Clinical Nurse/Staff Nurse

Nurse Manager/Nurse Executive (including Director/CNO)

Nurse Educator or Professor

Not currently working in nursing

Advanced Practice Registered Nurse (NP, CNS, CRNA)

Other nursing position

Ways to Pay

Monthly Payment

Checking Account *Attach check for first month's payment.*

Checking: I authorize monthly recurring electronic payments to the American Nurses Association ("ANA") from my checking account, which will be drafted on or after the 15th day of each month according to the terms and conditions below. Please enclose a check for the first month's payment. The account designated by the enclosed check will be used for the recurring payments.

Credit Card

Credit Card: I authorize monthly recurring electronic payments to the American Nurses Association ("ANA") be charged to my credit or debit card on or after the first of each month according to the terms and conditions below.

Annual Payment

Check Credit Card

Membership Dues

Joint Membership Monthly = \$22.17 **OR** Annual = \$260

New Graduate Monthly = \$11.33 **OR** Annual = \$130
(within one year of graduating from nursing school)

Dues:\$ _____

ANA-PAC Contribution (optional).....\$ _____

American Nurses Foundation Contribution\$ _____

(optional)

Total Dues and Contributions.....\$ _____

Authorization Signatures

Monthly Electronic Deduction | Payment Authorization Signature*

I understand that I may cancel this authorization by providing ANA written notice twenty (20) days prior to deduction. I understand that ANA will provide thirty (30) days written notice of any dues rate changes. I understand that my dues deductions will continue and my membership will auto-renew annually unless I cancel.

Credit Card Information Visa Mastercard AMEX Discover

Credit Card Number _____ Expiration Date (MM/YY) _____

Authorization Signature _____

Printed Name _____

Please note: \$49 of your membership dues is for a subscription to *American Nurse Today*. American Nurses Association (ANA) membership dues are not deductible as charitable contributions for tax purposes, but may be deductible as a business expense. However, the percentage of dues used for lobbying by the ANA is not deductible as a business expense and changes each year. Please check with your State Nurses Association for the correct amount.

For assistance with your membership activation form, contact ANA's Membership Billing Department at (800) 923-7709 or e-mail us at memberinfo@ana.org

 Online Join instantly at JoinANA.org	 Mail ANA Customer & Member Billing PO Box 504345 St. Louis, MO 63150-4345	 Phone 1 (800) 923-7709	 Fax (301) 628-5355
--	---	--------------------------------------	----------------------------------

Jane Arminda Delano...continued from page 9

Administrators position advocated for aide use at the bedside. In the end, Nutting, Goodrich, et al won the day. Miss Delano accepted her defeat and moved on.

The year was 1912. Miss Delano resigned her position as Director of the Army Nurse Corps and remained the Director of the American Red Cross for the rest of her life. She served voluntarily receiving no remuneration. The United States entered World War I in 1917 and Delano and the ARC were ready through her recruitment of 8,000 RNs. Many nurses served with honor throughout WWI and many continued their volunteer service with the ARC in their communities. However, many troops were still recuperating in base hospital in Europe in 1919 and inspections were required and as ARC Director, Delano knew it was her duty to conduct those inspections.

The *USS George Washington* (President Woodrow and Mrs. Edith Wilson's ship) once again set sail for France in April 1919. During this voyage, the VIP on board was Miss Jane Delano. She was sailing to evaluate the conditions of the base hospitals in France, Italy, the Balkans, and other European countries housing our sick and wounded soldiers. She was keen to observe the nursing care given in the name of the American Red Cross. Sadly, this would be her final trip to Europe.

Jane Arminda Delano's amazing life of nursing, service, and influence ended in one of the hospitals she planned to inspect: Base Hospital No. 69, Savenay de Loire-Inferieure. During her inspection trips, she contracted mastoiditis. Antibiotics were yet to be invented; therefore, surgery was the only treatment option available. Death came to Delano on April 15, 1919. She was interred in Savenay Military Cemetery. There she lain until September 18, 1920 when her body was exhumed from the Savenay Military Cemetery and reinterred at Arlington National Cemetery. Delano was posthumously inducted into the ANA Hall of Fame, Class of 1982.

Until we meet again around the Historian's Desk – have a great summer.

See you at ANA-NY conference.

REGISTERED NURSE TO BACHELOR OF SCIENCE PROGRAM

- Program accredited by the Commission on Collegiate Nursing Education (CCNE)
- College is accredited by the Middle States Commission on Higher Education
- Full-time and part-time classes available
- All courses completed as part of the Associate degree requirement, including the sciences, are accepted
- Financial Aid available

APPLY TODAY

START CLASSES IN SEPTEMBER 2019

Please join us for a
RN to BS Instant Decision Day
Tuesday, July 30, 2019 at 11:30 am.
Thursday, August 22, 2019 at 11:00 am.

[Bring your transcripts and licenses to event.](#)
\$50 application fee waived
[Provisional acceptance granted the same day.](#)

For more information or to RSVP, please call (212) 616-7282, or e-mail recruitment@helenefuld.edu

Helene Fuld College of Nursing

24 East 120th Street, New York, NY 10035
www.helenefuld.edu

WHERE NURSING LEADERS ARE MADE

Graduate programs include:

- Nursing Education
- Nursing Administration with Informatics
- Clinical Nurse Specialist: Adult-Gerontology Health
- Family Nurse Practitioner
- Adult-Gerontology Nurse Practitioner
- Pediatric Nurse Practitioner
- Family Psychiatric Mental Health Nurse Practitioner
- Dual Degree MS Nursing Administration with Informatics/ MBA Healthcare Administration

Doctoral programs include:

- Doctor of Philosophy in Nursing (PhD) program
- Doctor of Nursing Practice (DNP) program

ONE OF THE NATION'S TOP-THREE VALUE COLLEGES FOR THE SECOND CONSECUTIVE YEAR.

For more information about Molloy College's Graduate Nursing Program call **516.323.4000** or visit www.molloy.edu

LECOM

INSTITUTE FOR SUCCESSFUL AGING

5535 Peach Street
Erie, PA 16509

JOIN OUR TEAM

The LECOM Institute for Successful Aging is unique in its goal to enhance the quality of life through improved healthcare for adults who are over the age of 50. Our team works closely with patients and families to promote health and wellness in **Personal Care, Skilled Nursing Care, Home Health and Hospice.**

To schedule an interview, call **(814) 868-3880** or email resume to HRDepartment@lecomslc.org

NEW Competitive Starting Wage!

IT'S YOUR TIME!

EARN YOUR DEGREE ONLINE OR ON-CAMPUS.

RN to BS in Nursing *

**Dual-Degree
Nursing - AAS, BS**
(take the NCLEX-RN in three years)

**Health Care
Management, BS ***

*available online



SUNY
CANTON

1-800-388-7123

www.canton.edu

admissions@canton.edu



COLLEGE OF
MOUNT SAINT VINCENT
PROFESSIONAL AND GRADUATE STUDIES

Master of Science in Nursing

Family Nurse Practitioner

Master of Business Administration

Health Care Management

Contact us and learn how you can advance your leadership role in nursing and management with a graduate degree from Mount Saint Vincent.

gradstudies@mountsaintvincent.edu | (718) 405-3322

6301 Riverdale Avenue, Riverdale, NY 10471



TAKE THE
NEXT STEP

CONNECT WITH US

facebook.com/CMSVGraduateAdmissions
@MountStVincent



"My master's degree helps me develop strategies for how an effective leader can create a comprehensive vision and motivate their organization [to become] a patient-centered, value-driven provider of efficient and effective health care."

DEBRA FIELDS
MS IN NURSING, 2015

ADVANCE YOUR CAREER

Gain skills that will help you make a greater impact on the lives of those you care for by earning your bachelor's or master's degree in nursing.

- Get credit for your professional nursing certification such as **CCRN, CEN, CPAN, CAPA** and more
- Receive **30 credits** for your active RN license
- Take **online courses** and earn credit by exam
- Enroll anytime with terms that **start six times** a year

To find out how soon you can start, speak with an admissions counselor today at **888-647-2388**.

 **EXCELSIOR
COLLEGE®**

➔ EXCELSIOR.EDU/NURSING