President’s Pen

Your professional organization, the Kentucky Nurses Association (KNA), is again proud to provide you with this edition of Kentucky Nurse. KNA continues to work to advance the profession of nursing. In doing so, we expect that nurses will continue to improve the health of all Kentuckians as well as those for whom we provide care beyond the borders of our Commonwealth. It is easy to think that the work of nurses begins and ends at the doors of the facilities where we work. However, the work of advancing our profession is one that requires broad partnerships; a commitment to patients and communities, and a desire to understand how to address the issues that represent the greatest challenges and barriers to our practice.

Partnering with KNAC will create a vital new Kentucky Nurses Action Coalition (KNAC). Exploring a collaborative relationship with the education and nursing research. The KNA is that help the organization provide scholarships, of KNA, plans and conducts fundraising events across every Kentucky county. The Kentucky Nurses Foundation (KNF), the philanthropic arm of KNA, is busy expanding our influence, engaging in research, and exploring the innovations to address the needs of nursing practice now and in the future. In this work, the KNA has undergone significant growth and I want to make sure each of you, regardless of whether you are currently a member of KNA, are aware of these activities.

First, KNA members serve on the various cabinets and committees that allow Kentucky’s nurses to influence legislative initiatives, plan and have access to education and advances in current practice, promote ethical and caring nursing practice, and facilitate involvement of nurses across every Kentucky county. The Kentucky Nurses Foundation (KNF), the philanthropic arm of KNA, plans and conducts fundraising events that help the organization provide scholarships, education and nursing research. The KNA is exploring a collaborative relationship with the Kentucky Nurses Action Coalition (KNAC). Partnering with KNAC will create a vital new ground for nurse leadership and exceptional advances in current practice, we must have all nurses at the table. For KNA to achieve the greatest challenges and barriers to our practice.

Each of you reading this issue of The Kentucky Nurse has a role to play. First, if you are not a member of the KNA, your professional association, please consider joining today. There are many opportunities to become active in KNA and we need your involvement. Participation in your local KNA chapter connects you with others in your community and affords you the opportunity to become involved in activities that are important to those closest to you. The needs of our patients and those who care for them continue to evolve and become more complicated. Without your individual input and effort, these changes will occur without fellow nurses, legislators and healthcare leaders hearing your voice. Publishing articles in the Kentucky Nurse is our way of sharing information and keeping you informed, but it is not a substitute for your involvement. Whether you are providing care at the bedside, in a support or facility where we work. However, the work of advancing our profession is one that requires broad partnerships; a commitment to patients and communities, and a desire to understand how to address the issues that represent the greatest challenges and barriers to our practice.

Join the Kentucky Nurses Association today – YOUR professional organization.
KNA Chapter Leadership 2018-2019

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July, August, September 2019

“The purpose of the Kentucky Nurse shall be to convey information relevant to KNA members and the profession of nursing and practice of nursing in Kentucky.”

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www.kentucky-nurses.org
Chapter Updates

KNA Bluegrass Chapter
The KNA Bluegrass Chapter meets regularly on the third Tuesday of odd months at 6 pm at The Chop House, 2640 Richmond Road in Lexington. Everyone is invited and welcomed to attend.

More than 80 nurses attended The Bluegrass Chapter’s Bi-Annual Nursing Leadership Conference, “Lessons in Nursing Leadership: How to Leverage Your Skills for Professional Advancement” on April 12 at Spindletop Hall in Lexington. Speakers included Colleen Swartz, chief nurse executive for UK Healthcare; Carla Baumann, certified international nurse coach and Jill Cornelson, associate professor and nursing leadership faculty, Eastern Kentucky University.

Thanks to the KNA Bluegrass Chapter members for working hard to make this conference a great learning experience for all attendees.

The Bluegrass Chapter presented Amanda Hancock with the Karen Tufts Award at its May membership meeting. Amanda, a nursing student at Bluegrass Community & Technical College (BCTC), is a first-generation college student who, prior to enrolling in BCTC, “worked for 10 years in higher education supporting others who were pursuing their degrees and educational goals.” In addition to serving in many leadership roles in her community, Amanda currently serves as the student representative to her ADN program’s curriculum committee. She says, “I hope that my attitude and belief about education being one of the greatest equalizers of society will be passed along to my children.”

KNA Nightingale Chapter
The Nightingale Chapter members will host a food drive at its August 8 and October 10 meetings to donate to a local food pantry.

Pat Calico attended a career fair/education expo at Somerset Community College; 18 students requested information about the Nightingale Chapter Scholarship and 15 first-year students requested information on how to sign up as a KNA student subscriber.

The Heartland Chapter recognized past president, Janice Elder and Susan Nesmith, past treasurer, for their service. (Left): Susan Nesmith, Janice Miller and Sonia Miller, current Heartland Chapter president.

KNA Green River
The Green River Chapter members are working to improve future NCLEX Challenge events by bolstering its process of question creation, analysis and proofing. Chapter members invite all nurses interested in helping with the process to its monthly meetings (see the Calendar of Events on KNA’s website at Kentucky-nurses.org for dates, times and locations).

The Chapter is planning a new CE event and would love input from more nurses in the community. Bring ideas and friends to the Green River Chapter’s next meeting.

KNA Heartland Chapter
The Heartland Chapter is planning for its next meeting on Monday, September 16, more details to follow. The chapter is also facilitating Nightingale Tributes, participating in the “Feeding America” campaign and a membership drive.

KNA Northeast Chapter
Plans are underway now to celebrate KNA Northeast Chapter’s fifth anniversary in August. Stay tuned for more information. The chapter is also planning for its fall/winter holiday community drives and recruiting new members.

KNA River City Chapter
The leadership of the River City Chapter recently voted to appoint Dolores White as vice president of the chapter. Congratulations to Dolores.

Kathy Hager and JoAnn Mattingly are collaborating to create a Nightingale Tribute toolkit and communications plan to help KNA chapters coordinate Tributes.

On June 5, the chapter hosted a paint party to support current members and attract new ones. The event was well-attended and everyone had a great time.

The chapter has started planning its Second Annual River City Symposium. This year’s topic is substance use disorder and will offer a way for nurses to earn ANCC CEUs. The cost is $25 for members, $35 for non-members and $10 for non-licensed students. More details to follow.

KNA West Chapter
Earlier this year, the West Chapter hosted the First-Ever Bailey Holt Memorial Dinner to support the Bailey Holt Nursing Scholarship Program. The event garnered $1,700. Bailey Holt was murdered last year by her classmate at Marshall County High School.

KNA Northern Chapter
The Northern Chapter hosted its first quarter meeting on March 27 featuring a presentation by Terri Vietor, “RIGHTS: Response Initiative Guiding Human Trafficking Services Healthcare Response.”

北方地区的KNA chapter正在计划为庆祝KNA成立五周年进行活动。计划包括秋季和冬季的社区活动，以及招募新会员。

KNA River City Chapter的领导层最近投票任命Dolores White为副会长。祝贺Dolores。

Kathy Hager和JoAnn Mattingly正在合作创建一个Nightingale致敬工具包和通讯计划，以帮助KNA chapter协调致敬。

6月5日，该章举办了一次画派活动，以支持现有会员并吸引新会员。活动很受欢迎，每个人都玩得很开心。

该章已经开始计划其第二届年度River City Symposium。今年的主题是物质使用障碍，并将提供一种方法，让护士赚取ANCC CEUs。费用是$25给会员，$35给非会员和$10给非受过许可的学生。更多详情请关注。

KNA West Chapter今年早些时候，西部章举办了首场巴利·霍尔特纪念日晚餐，以支持巴利·霍尔特护理奖学金计划。该活动筹集了1,700美元。巴利·霍尔特去年被她的同班同学杀害，当时她就读于马歇尔县高中的高一。

KNA Northern Chapter北方地区的KNA章最近举办了第一季度会议，于3月27日举行，会议上由Terri Vietor作了“RIGHTS：响应倡议，指导人类 trafficking服务的医疗保健回应”报告。

欢迎订阅KNA Green River地区的会员订阅。
Information for Authors

- Kentucky Nurse Editorial Board welcomes submission articles to be reviewed and considered for publication in Kentucky Nurse.
- Articles may be submitted in one of the following categories:
  A. Personal opinion/experience, anecdotal (Editorial Review)
  B. Research/scholarship/clinical/professional issue (Classic Peer Review)
  C. Accent on Research (Editorial Review)
  D. Cultural Diversity (Editorial Review)
  E. Health Matters (Editorial Review)
  F. Student Spotlight (Editorial Review)
- Information about IRB or Ethical Board approval is a requirement for Quality Improvement projects, evidence practice based projects, and research studies.
- All articles, except research abstracts, must be accompanied by a signed Kentucky Nurse transfer of copyright form (available from KNA office or on website www.Kentucky-Nurses.org) when submitted for review.
- Articles will be reviewed only if accompanied by the signed transfer of copyright form and will be considered for publication on condition that they are submitted solely to the Kentucky Nurse.
- Articles should be typewritten with double spacing on one side of 8 1/2 x 11 inch white paper and submitted in triplicate. Maximum length is five (5) typewritten pages.
- Articles should also be submitted electronically.
- Articles should include a cover page with the author’s name(s), title(s), affiliation(s), and complete address.
- Monetary payment is not provided for articles.
- Receipt of articles will be acknowledged by email to the author(s). Following review, the author(s) will be notified of acceptance or rejection.
- The Kentucky Nurse editors reserve the right to make final editorial changes to meet publication deadlines.
- Please complete a manuscript checklist to ensure all requirements are met. You must provide a completed checklist when a manuscript is submitted. The Manuscript Checklist can be found at www.kentucky-nurses.org.
- Articles should be mailed, faxed or emailed to: Editor, Kentucky Nurse, Kentucky Nurses Association, 305 Townepark Circle, Suite 100, Louisville, KY 40243 (502) 245-2843 • Fax (502) 245-2844 • or email: admin@kentucky-nurses.org.
- Kentucky Nurses Foundation Highlights Activities and Accomplishments

  • We are happy to report that so far this fiscal year, since July 1, 2018, donations to the Kentucky Nurses Foundation (KNF) have totaled more than $4,600.00 to benefit nursing education, scholarships and research. Thanks to all our faithful donors for making this happen.
  • Along with funding nursing scholarships, Kentucky Nurses Foundation (KNF) funds support the Nightingale Tribute Program. This program includes a brief ceremony to honor any deceased Registered Nurse (RN) or Licensed Practical Nurse (LPN) for their years of commitment and dedication to nursing. Since our fiscal year started in July, we have honored 34 nurses in this special way. We are stepping up our efforts to expand this program and have included a video of a Tribute on our website at kentucky-nurses.org.
  • Contact the KNA if you would like to honor a nurse through the Nightingale Tribute Program.
  • If you’re already thinking about summer, mark your calendars now for our Second Annual “A Taste of Health” fundraiser on Thursday, July 25.

Please, give generously.

Sincerely,
Jo Singleton, DNP, RN-BC

P.S. Check out our list of donors on page 16.
## Calendar of Events

**KNA Board of Directors Meeting:**
First Friday of the Month, 10 AM - Noon (EST), video conference

**KNA Governmental Affairs Cabinet Meetings:**
First Monday of every Month, 3:30-4:30 PM (EST), video conference

**KNA Chapter Leadership Conference Call Meetings:**
Third Monday of every month, 1 - 2 PM (EST)

**Kentucky Nurses Foundation Board of Trustee Meetings:**
Fourth Tuesday of every other month at the KNA office, Noon - 4 PM (EST), KNA Office

**KNA Membership Recruitment & Retention Committee Meetings:**
Second Monday of every month, Noon - 1 PM (EST), video conference

**KNA Professional Nursing Practice & Advocacy Cabinet Meetings:**
First Wednesday of every month, 5 - 6:30 PM (EST), conference call

**KNA Event Planning Committee Meetings:**
Second Friday of every month, 12:30 - 2:30 PM (EST) KNA office/ video conference

**KNA Finance Committee Meetings:**
Fourth Wednesday of every month, Noon - 1 PM (EST), video conference

***All nurses are welcome to attend any nursing event. These are open to KNA members***

### July 2019

- **9**  Yearbook Call for 2019 Conference materials due
- **25** Taste of Health Fundraiser, 6 - 8 PM, University of Louisville Kosair Charities Clinical & Transitional Research Building, 505 S Hancock St., Louisville

### August 2019

- **5**  Materials due to the KNA Office for the October 2019 issue Kentucky Nurse
- **8**  KNA Nightingale Chapter Meeting

### September 2019

- **12**  KBN Education Committee Meeting, 1 - 4:30 PM
- **17**  KNA REACH Chapter, 5 PM (CST) dinner; 5:30 - 6:30 PM, meeting, location TBD
- **25**  KNA Northern Chapter Meeting

### October 2019

- **10**  Nightingale Chapter Meeting, 6:30 - 8 PM, location, TBD 2019 ANCC National Management Conference, TBD
- **24**  KNAC Meeting, Elizabeth Training and Education Center KNA Summit Poster Session, 5 - 7 PM, Elizabeth Training and Education Center
- **25**  KNA Education Summit, 8 AM - 4:30 PM, St. Elizabeth Training and Education Center, Erlanger

### November 2019

- **4**  Materials due to the KNA Office for the January 2020 issue Kentucky Nurse
- **7**  KBN Education Committee, 1 - 2 PM

### December 2019

- **11**  KNA Northern Chapter Meeting
- **12**  New Leader Orientation and Dinner
- **13**  KNA Board and Leadership Retreat

### November 2020

- **5-6**  KNA Annual Conference, Holiday Inn Louisville East

### November 2021

- **5**  KNA Education Summit, TBA

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The following is the biographical information furnished by the candidates on the 2019 Ballot for Election to Serve.

Please help us go green!

**Voting will take place electronically. Please do not mail in ballots. A link will be sent to all active KNA members on August 1, 2019. You can add/update your email address at ana.org.**

Candidate Board of Directors and Officers

President-Elect (Vote for 1):

Lisa Lockhart, BSN, MSN, MHA, NE-BC

- Present Position: Nurse Leader/Director
- Type of Position: Administrator
- Area of Expertise: Critical care, emergency care, stroke and nursing leadership
- Education: University of Phoenix, BSN and MHA; Eastern Kentucky University, BSN

**Professional Organizational Activities:** Serves as chair, Professional Nursing & Advocacy Cabinet

**Statement:** I am willing to serve the KNA in any capacity. I have enjoyed my current role and I feel we are making great strides in our involvement as an organization in addressing workplace violence. I would be honored to have the opportunity to continue this work with the KNA team in the role of president.

Donna Meador, MSN, RN, CENP, CPHQ

- Present Position: Director
- Type of Position: Association clinical leader
- Area of Expertise: Emergency and critical care nursing, along with quality and patient safety
- Education: Bellarmine University, MSN and Kentucky Wesleyan College, BSN, ADN

**Professional Organizational Activities:** Serves on the Planning Committee, KNA River City Chapter; nurse representative on the Shelby County Board of Health and board of directors on the Kentucky Organization of Nurse Leaders (KONL)

**Statement:** In my 37-year nursing career, I have mostly focused on emergency/flight/critical care nursing, education and quality/patient safety. In my current position, I work with hospitals and nursing leaders across the state to improve the safety and outcomes of their patients and communities. If chosen as president-elect, I would seek to continue KNA’s efforts to improve the mental and physical health of nurses in Kentucky, identify and promote strategies to reduce workplace violence and strengthen resiliency across the Commonwealth.

Vice President (Vote for 1)

Lynn Roser, PhD, RN, CIC, FAPIC

- Present Position: Assistant Professor
- Type of Position: Educator
- Area of Expertise: Cardiovascular nursing, heart failure, infection prevention and epidemiology
- Education: PhD, MSN and BSN, University of Kentucky and ADN, Lexington Community College

**Professional Organizational Activities:** Serves as KNA Bluegrass immediate past president, (2018-2019); president, (2017-2018), president elect, (2016-2017) and KNA Bluegrass first vice president, (2014-2016); member of Association for Professionals in Infection Control and Epidemiology (APIC), treasurer, (2014-2016) and APIC board member, (2012 to 2014)

**Statement:** Serving as vice-president of KNA would be a wonderful opportunity to work with fellow nurses across the state. My interest in serving as vice president stems from my positive experiences with our local Bluegrass Chapter as president and vice president. The Bluegrass Chapter is very large and has a high level of engagement at the local and state level. I have enjoyed my time serving in these positions to promote nursing. I have been a member of KNA for more than 30 years and welcome the opportunity to work with other KNA members at the state level. I believe it is important to advance the profession of nursing through active involvement in KNA at all levels. Subsequently, my goals are to increase membership and advocate members to become more active at both the local and state levels by recognizing the important role KNA plays in advocating for nurses as well as the health and well-being of all people.

Patricia Spurr, RN, MSN, EdD, CNE

- Present Position: Director – RN to BSN
- Type of Position: Educator
- Area of Expertise: Nursing education
- Education: University of Louisville, EdD and MSN

**Professional Organizational Activities:** Currently serving as KNA KANS consultant; past policy committee member; public relations and membership; CE Cabinet (1991-1993); member of the CE Council (1992); Provider Unit member (1994-1996) and Education & Research Cabinet (2004-2008)

**Statement:** I have served on the NCSBN NCLEX Committee; CCNE site visitor; SACS Site team member; Kentucky Board of Nursing appointment; KNA Consultant to KANS; Kentucky League for Nursing; director, Sigma Theta Tau-Iota Gamma, president and Kentucky Association of Baccalaureate and Higher Degree Nursing Programs, treasurer.

**Statement:** Recently I completed the Gallup Strengths finder’s assessment. My primary strength is responsibility.

Misty Ellis, DNP, APRN-PC/AC

- Present Position: Lead Cardiac Nurse Practitioner
- Type of Position: Clinical leader
- Area of Expertise: Pediatric cardiac intensive care and advanced education for APPs
- Education: Vanderbilt University, DNP and Post-Master AC Pediatric Nurse Practitioner; Northern Kentucky University, MSN

**Professional Organizational Activities:** Serves as secretary, KNA and member of the Pediatric Cardiac Intensive Care Society APP Education Curriculum member

**Statement:** I am the secretary for KNA Board of Directors. During the last two years, it has been my privilege to serve KNA and the nursing profession for the Commonwealth of Kentucky. In my day-to-day career, I have had the honor of caring for Kentucky’s critically ill children for almost 18 years. If re-elected as secretary, I will continue to use my passion for nursing to support and enhance our profession among leaders in nursing across the state. I want to have an active voice for the patients I care for and serve as a representative for the nursing force I collaborate with daily.

Rhonda Vale, MSN, RN

- Present Position: Clinical Lab Coordinator
- Type of Position: Higher Education
- Area of Expertise: Cardiac Intensive Care
- Education: Western Kentucky University, MSN; Austin Peay State University, BSN and University of Maryland University College, ADN

**Professional Organizational Activities:** Chair, KNA Ethics & Human Rights Committee

**Statement:** If elected as secretary for the KNA Board of Directors, I will do my best to serve in this role by working diligently to help with recording and distributing the minutes and other clerical duties of the role as needed. This past year, I have served as chair of the KNA Ethics & Human Rights Committee. Through my years with KNA, I have had the pleasure of working with extremely talented nurses and I am very much looking forward to another opportunity to serve. If elected, I will do my best to fulfill expectations of the role.

Director-At-Large (Vote for 2)

Jitana Benton-Lee, DNP, MSN, MBA-HC, RN, NEA-BC

- Present Position: Patient Care Manager
- Type of Position: Clinical leader
- Area of Expertise: Diversity, inclusion, transcultural nursing, project management and program development
- Education: Northern Kentucky University, DNP; University of Phoenix, MSN MBA and Eastern Kentucky University, BSN

**Professional Organizational Activities:** Serves as secretary, KNA and member of the Pediatric Cardiac Intensive Care Society APP Education Curriculum member

**Statement:** I am the secretary for KNA Board of Directors. During the last two years, it has been my privilege to serve KNA and the nursing profession for the Commonwealth of Kentucky. In my day-to-day career, I have had the honor of caring for Kentucky’s critically ill children for almost 18 years. If re-elected as secretary, I will continue to use my passion for nursing to support and enhance our profession among leaders in nursing across the state. I want to have an active voice for the patients I care for and serve as a representative for the nursing force I collaborate with daily.

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Equal education and employment opportunities (MSU); An employer.
I would like to serve as chairperson of the GA, I also served as director of the Kentucky Nurses Association (KNA) and as a member of the KNA Governmental Affairs Committee (2014-2016); in addition, I served as a member of the KNA Planning Committee and Curriculum Review Committee for South Central Kentucky Community College, where I served as the primary research liaison for all KNA nurses.

Statement: Every day, I fight to elevate our profession and strive to make nursing more successful. Every day, I learn innovative ways to share how research has transformed our field, and how we can develop our careers together. Every day, I have a civic desire for nursing to be the strongest authority in the Commonwealth and have the loudest voice. Every day, I want the nurses of Kentucky to be unified and push the limits of healthcare impositions. Elect me, together we can make an impact through our KNA.

I’m an “Everyday” nurse named Jody.

Julie Wolford, DNP, RN

Present Position: Director of Patient Care
Type of Position: Clinical leader
Area of Expertise: Operational management/educational leadership
Education: DNP, University of Kentucky; MSN, Walden University and BS, Murray State University
Professional Organizational Activities: Serves as a member of the Kentucky Organization of Nurse Leaders (KONL); American Organization of Nurse Leaders (AONL) and the Kentucky Nurses Association.

Statement: I am eager for the possibility of being involved as a Director at Large for the Kentucky Nurses Association. I completed my DNP with a focus on executive nurse leadership one year ago and I am ready to use my academic and career experiences to advocate for the nursing profession. I have worked at Norton Healthcare for 12 years and am currently a director for our Institute for Nursing Department, where I am focused on nursing education. Paired with my background in operational leadership, I believe I could bring a unique perspective to the table for our Kentucky nurses.

Education & Research Cabinet-Staff Nurse (Vote for 1)

Myria Harris, MSN, RN, CNE

Present Position: Nurse
Type of Position: Clinical leader
Area of Expertise: Nursing practice, administration and education
Education: Chamberlain University, DNP (expected December 2020), MSN and BS and Western Kentucky University, ADN
Professional Organizational Activities: Serves as KNA REACH Chapter secretary and social media representative; active in Kentucky League for Nursing, former member of KLPNO and served as committee chair of the Professional Development Committee, and Curriculum Review Committee for South Central Kentucky Community & Technical College.

Statement: I relish my career as a member of the nursing profession and the fulfilling experiences afforded to me personally and professionally. I have a diverse nursing background which includes nursing practice, administration, and education. I am a life-long learner currently pursuing my terminal nursing degree to further my professional career. I am a strong advocate for positive patient outcomes and believe that the proper translation and implementation of the best available evidence is the key to combating current practice problems. I am an active member of the KNA REACH Chapter and I humbly ask for your consideration to expand my experience to the state level.

Education & Research Cabinet – Administration (Vote for 1)

Judy Godsey, PhD, MSN, RN

Present Position: Director/Owner
Type of Position: Nursing Research
Area of Expertise: Education: University of Hawaii, PhD; Northern Kentucky University, MSN, BSN, ADN
Professional Organizational Activities: Serves as an advisory board member for the Kentucky Nurses Association (KNA) and as a member of the Association of Nurse Executives, (ACLE)

Statement: I have been a registered nurse for 28 years, with experience in acute care, research administration and education. I serve as director of the KNY Nursing Interprofessional Research Collaborative (which I founded in 2008) and as assistant professor at Northern Kentucky University. I have also served as director of nursing research for The Christ Hospital in Cincinnati, Ohio and as the primary research liaison for all levels of interprofessional nursing practice. I am currently engaged in national research describing the “Brand Image of the Nursing Profession” and the implications of a consistent brand for the future of nursing.

KNA 2019 Election continued on page 8

Carmel Manor

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Located just outside of Cincinnati—we have a beautiful location overlooking the Ohio River.
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www.PeterNaakeLaw.com
(Some legal work may be performed by other lawyers in the firm.)

This is an advertisement.
nursing workforce in the state. Through my affiliation with nursing programs, I oversee all undergraduate and graduate nursing education, critical care, psychiatric nursing. Education: EdD, Spalding University, MSN, Bellevue University, and BA and ASN, KWC Owensboro.

Professional Organizational Activities: Serves on the board of a community theater organization and the activities committee of a women’s group. I would like to be considered for a position with the Kentucky Nurses Association. During my 20 plus years as a nurse educator, I have had the distinct honor of helping many new nurses enter the great profession of nursing. I would now like to help the profession in total. Serving the KNA will allow me to be a change agent and welcome the opportunity to collaborate to elevate nursing practice throughout the state. I am passionate about high quality nursing education that prepares nurses to adapt to changes in healthcare, as I have done in 12+ years as an educator. As someone who values professional service, I work to be a change agent and welcome the opportunity to serve with KNA. If elected, I will represent ALL Kentucky nurses.

Angela Combs, DNP, MSN, BSN, RN

Present Position: Charge Nurse/ Tele-Icu. Type of Position: Clinical leader. Area of Expertise: Critical care, sleep research. Education: Capella University, DNP and MSN EdD; Old Dominion University, BSN.

Professional Organizational Activities: Serves as KNA Ethics Committee Secretary. Statement: It is with great passion that I respectfully submit my application to serve the Kentucky Nurses Association. The KNA has a long history of involvement in policy and advocacy for nursing. My interest in serving KNA stems from my life’s work and passion for nursing and improving the nursing profession. Participating as the Ethics and Human Rights secretary has taught me a great deal. As the KNA continues the journey towards improving workplace safety, I would be honored to be chosen to continue as improvements are made to nursing through policy, legislation and education.

Tanya Stephens, MSN, RN

Present Position: Simulation Coordinator. Type of Position: Nurse Faculty. Area of Expertise: Nurse education, hospice and palliative care. Education: MSN, Grand Canyon University; BSN, Indiana Wesleyan University and ADN, Lexington Community College.

Professional Organizational Activities: Served on the KNA Ethics & Human Rights Committee and Nominations Committee, KNA Bluegrass Chapter; Society for Simulation in Healthcare; American Holistic Nurse Association; National League of Nursing; American Nurses Association; National Student Nurses Association; Sustaining member, GLMA (Health Professionals Advancing LGBTQ equality). Statement: I have served as a nurse educator for five years and continue to find ways to develop my own professional development and serve as a role model for student nurses. I hope to promote professional nursing practice and work with KNA to provide educational opportunities for nurses and our future nurses. I actively encourage nursing students to attend chapter meetings with me so they can begin to learn about KNA as a professional organization. I look forward to serving KNA and will be committed to learning and serving in any capacity.

Deb Chicolette, DNP, RNC

Present Position: Assistant Professor. Type of Position: Educator. Area of Expertise: Expertise: Obstetrics (maternal and newborn). Education: DNP; University of Kentucky; MSN, Northern Kentucky University; RN-BSN, College of Mt. St. Joseph; Christ Hospital School of Nursing, RN and BA, University of Cincinnati.

Professional Organizational Activities: Serves as chairperson of KNA Nominating Committee and peer reviewer for Kentucky Nurse and Rho Theta (STTI) awards chair.

Statement: Ethics is the cornerstone of the nursing profession. Nurses are at the forefront of ethical issues involving patients, families, and nurses-medical care for all, heroism use, the rising costs of prescription drugs to name of few. I have been a nurse for many years (I am currently an educator at Northern Kentucky University) and have proudly served on the KNA nominating committee since 2017. I want to continue to serve my fellow nurses and KNA. I believe I could accomplish that goal by serving as a resource for fellow nurses as we navigate the 21st century.

Jennifer Hunter, MSN, RN


Professional Organizational Activities: Member of Sigma Theta Tau Rho Chapter; Northern Kentucky University and Kentucky Public Health Association (KPHA).

Statement: I have been a public health nurse for most of my career and am recently retiring from the Northern Kentucky Health Department after more than 28 years. I am a lecturer and director of the Nurse Advocacy Center for the Underserved in Northern Kentucky. Public health nursing is a very important specialty and has a unique importance to the health of each community. I am passionate about public health and want to bring my knowledge and experience to KNA.

Professional Nursing & Advocacy Cabinet – Administration (Vote for 1)

Elizabeth Rowland, MSN, RN-BC

Present Position: Clinical director. Type of Position: Clinical director. Area of Expertise: Telemetry, med-surg, operating room and transplant services. Education: BSN to MSN, Western Governors University; AS, Eastern Kentucky University and LPN, Central Kentucky Technical College.

Statement: Over the past 20 years as a nurse, I have had the opportunity to experience many different areas of nursing, from a bedside nurse to management. I am ready to take the next step in my nursing career and become involved in nursing advocacy to collaborate and foster high standards of nursing practice. I believe that by working with my colleagues and building a coalition of nurses with networking opportunities to learn more about the issues that nursing is faced with.
Jennifer Wiseman, MSN, CRNA

Present Position: Nurse Anesthetist, United States Air Force Reserves, Nurse Corps
Type of Position: Nurse anesthetist
Area of Expertise: Anesthesia
Education: MSN – Nurse Anesthesia, University of Cincinnati and BSN, University of Kentucky Professional Organizational Activities: Chaired the KyANA Government Relations Committee
Statement: I have been actively involved at the state and national level (to include meetings in Frankfort, KY & Washington, DC) to meet with legislators to educate and advocate for ALL nurses. I have personally advocated for the enhanced nurse licensure compact, full-scope of practice, removing CAPA-NSC barriers, increasing/maintaining nursing education federal funding and troubleshooting issues related to reimbursement. I’ve most recently been active on the KyANA BOD. I am passionate about advocating about nursing issues and look forward to working with the KNA on future legislation.

KNA Ballot 2019

1. President-Elect (Vote for 1)
   - Lisa Lockhart, BSN, MSN, MHA, NE-BC
   - Donna Meador, MSN, RN, CENP, CPHQ

2. Vice President (Vote for 1)
   - Lynn Roser, PhD, RN, CIC, FAPIC
   - Patricia Spurr, RN, MSN, EdD, CNE

3. Secretary (Vote for 1)
   - Misty Ellis, DNP, APRN-PC/AC
   - Rhonda Vale, MSN, RN

4. Director-At-Large (Vote for 2)
   - Jitana Benton-Lee, DNP, MSN, MBA-HC, RN, NEA-BC
   - Shawn Nordheim, Ed.D., RN, CCRN-K, CNE
   - Michael Rager, PhD, DNP, MSN, FNP-BC, APRN, CNE
   - Jody Rogers, MSN, RN, NEA-BC
   - Julie Wolford, DNP, RN
   - Jutina Benton-Lee, DNP, MSN, MBA-HC, RN, NEA-BC
   - Shawn Nordheim, Ed.D., RN, CCRN-K, CNE
   - Michael Rager, PhD, DNP, MSN, FNP-BC, APRN, CNE
   - Jody Rogers, MSN, RN, NEA-BC
   - Julie Wolford, DNP, RN

5. Education & Research Cabinet-Staff Nurse (Vote for 1)
   - Myria Harris, MSN, RN, CNE

6. Education & Research Cabinet – Administration (Vote for 1)
   - Judy Godsey, PhD, MSN, RN
   - Leslie Jeffries, MSN, BSN, RN

7. Education & Research Cabinet – Faculty (Vote for 1)
   - Barbara Jackson, PhD, RN

8. Ethics & Human Rights Committee – Member-at-Large (Vote for 1)
   - Rudy Clark, EdD, MSN, RN

9. Ethics and Human Rights - Secretary (Vote for 1)
   - Rudy Clark, EdD, MSN, RN
   - Angela Combs, DNP, MSN, BSN, RN

10. Nominating Committee Member (Vote for 5)
    - Deb Chicozle, DNP, RNC
    - Jennifer Hunter, MSN, RN

11. Professional Nursing & Advocacy Cabinet – Administration (Vote for 1)
    - Elizabeth Rowland, MSN, RN-BC

12. Professional Nursing & Advocacy Cabinet – Staff Nurse (Vote for 1)
    - Denise Alvey, MSN, RN-BC

13. Professional Nursing & Advocacy – Member-At-Large (Vote for 1)
    - Jennifer Ramsey, DNP, APRN, FNP-C, WHNP-BC, SANE

14. Governmental Affairs Cabinet, Member-At-Large (Vote for 2)
    - Sheila Melander, PhD, APRN-BC, FCCM, FAANP, FAAN

15. Please indicate any candidate you want to “write in” with the position for which you want to nominate that person or persons. You may write in as many candidates as you wish. If none, leave blank.
KNA Announces 2019 Awards

Nominate the “best of the best” to honor Kentucky nurses and students. Annually, the Kentucky Nurses Association (KNA) recognizes individuals who make significant contributions to the nursing profession and the KNA. The KNA awards are prestigious and an honor to receive. This year’s awards will be given at the KNA Summit on Friday, October 25. Awards include Nurse of the Year, Nurse Researcher of the Year, Student Nurse of the Year and Citizen of the Year. Winners will receive commemorative awards and are publicized via KNA publications and on its social media outlets. The deadline for nominations is Monday, September 2. For award criteria and applications, visit kentucky-nurses.org.

Make plans to attend the 2019 KNA Summit

Creating a Safe and Caring Workplace

Plan to attend the KNA Annual Summit this October. Come and join your colleagues for an extraordinary summit sponsored by the Kentucky Nurses Association (KNA). “Creating a Safe and Caring Workplace,” 8 a.m. – 4:30 p.m., Friday, October 25 at St. Elizabeth Training and Education Center (SETEC) in Erlanger, Ky. The KNA will host a poster session from 5-7pm on Thursday, October 24 at the SETEC.

Workplace safety has been identified as a concern among nurses as they seek to care for their patients and patient families often during times of intense stress. Sometimes this stress places nurses at physical risk. The KNA is committed to working with nurses across the state to ensure a safe and effective healthcare work environment.

KNA Summit attendees will learn about various aspects of a fostering a safe and caring workplace through shared best practices and other learning modalities.

Now Open: Sponsorship opportunities and exhibitor registration for the 2019 KNA Annual Summit.

Get your business, school, program or organization in front of 500 nurse summit attendees. Sponsors and exhibitors are featured in the Kentucky Nurse newsletter that is mailed to more than 80,000 Kentucky Nurses.

For sponsor/exhibitor information, call 502-245-2843; email, admin@kentucky-nurses.org or visit us online at Kentucky-nurses.org.

Hotel Information

The KNA has blocked rooms at the Courtyard by Marriott Cincinnati Airport and Residence Inn Cincinnati Airport. Attendees must make their own hotel reservations:

- For discounted rates, book by Tuesday, October 1.
- Residence Inn Cincinnati Airport – 859-282-7400
- Courtyard by Marriott Cincinnati Airport – 859-647-9900
- $125 member
- $150 non-member
- $45 student
- $165 non-member
- $55 student
- $119 per night
- Residence Inn Cincinnati Airport – 859-282-7400
- $125 per night
- For discounted rates, book by Tuesday, October 1.
- Onsite
- $160 member
- $180 non-member
- $55 student

Registration – Kentucky-nurses.org

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For sponsor/exhibitor information, call 502-245-2843; email, admin@kentucky-nurses.org or visit us online at Kentucky-nurses.org.
St. Elizabeth Education & Training Center offers state-of-the-art venue for KNA Summit attendees

If you are going to take time away from your “day job” to attend the KNA Summit, you might as well do it in style at the St. Elizabeth Education & Training Center (SETEC). We sincerely thank SETEC for hosting the KNA Summit at its 66,000 square foot facility located in Erlanger, Ky. The SETEC offers these educational programs and training to St. Elizabeth associates and community partners:

- Nursing, CNA, Nurse Extern and Clerical Orientation
- Multi-disciplinary education
- Nurse Residency Transition Program
- Annual mandatory education
- Simulation programs: unit specific skills days, interprofessional training and in-situ drills
- Unit based educators
- AHA Training Center (BLS, ACLS, and PALS certifications)
- Continuing Education Programs (with contact hours for licensure renewal)
- STNA Course
- Nursing and allied health school clinical placement
- Teen volunteer training
- Health careers programs
- Leadership Academy
- Community partner training space for organizations such as EMS

KNA Legislative Wrap Up

Looking back at the 2019 Legislative Session affords us a wonderful opportunity to remind everyone about the importance of advocating for issues that affect the nurses, those in their care and the health of all Kentuckians. The KNA Board of Directors sets the KNA legislative agenda and your membership in our organization gives you a voice in Frankfort. Check out these Session highlights:

**SUPPORT – NURSING PRACTICE**
- **SB 132** – Removes the Collaborative Agreement for Prescriptive Authority for Controlled Substances (CAPA-CS) for APRNs after four years of prescribing controlled substances with a CAPA-CS. Result – no vote.
- **SB 1** – School safety bill includes nurses as additional mental health workforce in the schools; adds a school nurse to Center for School Safety board. Result – amended version passed, signed into law by the Governor.

**SUPPORT – TOBACCO CONTROL/SMOKING CESSION**
- **HB 11** – Prohibits tobacco use in schools and on public school property and activities (K-12). Result – passed, signed into law by the Governor.

**SUPPORT – NO TAXES ON NON-PROFITS**
- **HB 354** – Exemption of taxes on sales of admissions for nonprofit organizations. Result – amended version passed, signed into law by the Governor.

**SUPPORT – MAINTAINING MEDICAID SERVICES**
- **SB 78** – Requires Medicaid to maintain dental & vision services and non-emergency medical transportation for all recipients. Result – no vote.

**SUPPORT – PATIENT/PROVIDER PROTECTIONS**
- **SB 18** – Bans workplace discrimination based on pregnancy, childbirth and related conditions. Result – passed, signed into law by the Governor.
- **SB 65** – Create a Palliative Care Interdisciplinary Advisory Council; may include hospice nurse or APRN. Result – amended version passed, signed into law by the Governor.

For more information about the 2019 Legislative Session results, visit Kentucky-nurses.org.

A limited number of chances are available to win vacation packages and support KNF. Go to the KNA website to support scholarship, research and education.

Kentucky Nurses Foundation
kentucky-nurses-foundation.square.site/

**YOUR PASSION. YOUR CAREER.**

With our newly reduced tuition rates, now is the perfect time to earn your BSN. Visit sullivan.edu/nursing to learn more and register today.

Sullivan University

For more information about program successes in graduation rates, employment rates and occupations, please visit sullivan.edu/promosuccess.
As we enter the second half of the year, we wanted to offer you this brief summary of KNA/KNF activities and invite you to get involved in our organization:

- The Second Annual KNA Chapter Challenge recently ended and we are proud to report that our chapters recruited 108 new members. This year’s bragging rights, trophy and gift cards go to the KNA Northern Chapter. If you aren’t already a KNA member, take this opportunity to join today.

- Along with funding nursing scholarships, the Kentucky Nurses Foundation (KNF) funds support the Nightingale Tribute Program. This special program includes a brief ceremony to honor any deceased Registered Nurse (RN) or Licensed Practical Nurse (LPN) for their years of commitment and dedication to nursing. Contact the KNA if you would like to honor a nurse in this special way. Also, check out our Nightingale Tribute video at Kentucky-nurses.org.

- It’s not too late to purchase your tickets to the Second Annual “Taste of Health” fundraiser from 6 – 8 PM on Thursday, July 25 at the University of Louisville Kosair Charities Clinical & Transitional Research Building in Louisville. Proceeds benefit KNF. Read more about that on page 4.

- Mark your calendars now to attend the KNA Annual Summit on Friday, October 25 at St. Elizabeth Training & Education Center (SECTC) in Northern Kentucky. We’ll also host a poster session the evening before on October 24 at SECTC. Read more about that on page 10.

- We continue our outreach to student nurses through our relationship with the Kentucky Association of Student Nurses (KANS) and encourage all students to join as student subscribers. In addition, our chapters regularly host NCLEX challenges across the Commonwealth.

- The team at the KNA office is available as a resource to you if you have questions about your membership, need help addressing clinical or educational issues or want to make your voice known within Kentucky’s nursing community. Stop by our office. Call us. Visit us on social media. We want to hear from you.

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**KBN News Brief**

The KBN Announces Open Positions

To apply, nurses must be members of the Kentucky Nurses Association.

The Kentucky Board of Nursing (KBN) is seeking nurses to serve on its board in these positions – RN, education, practice and APRN.

To apply visit, Kentucky-nurses.org. Nurses must belong to the KNA to be eligible for nominations by the Kentucky Nurses Association.

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**FOR SOME OF OUR MOST ELITE SOLDIERS, PATIENT RECOVERY IS MISSION CRITICAL.**

Becoming a critical care nurse and officer in the U.S. Army health care team is an opportunity like no other. You’ll provide the very best nursing care to our Soldiers and their families while developing new skills and gaining experience to set you apart from your peers. With this elite team, you will be a leader – not just of Soldiers, but in patient care.

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- Fax referral form or e/referrals at https://www.quitnowkentucky.org/en-US/Just-Looking/Health-Professional

Phone | Web | Text

www.QuitNowKentucky.org
### KNA New Member List (March 1 – May 15, 2019)

<table>
<thead>
<tr>
<th>Name</th>
<th>Location</th>
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<tbody>
<tr>
<td>Norma Ginter</td>
<td>Maysville, KY</td>
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<tr>
<td>Tina Gifford</td>
<td>Lancaster, KY</td>
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<td>Jennifer Gibson</td>
<td>Lexington, KY</td>
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<td>Stephanie Hargis</td>
<td>Somerset, KY</td>
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<td>Mary Hatch</td>
<td>La Grange, KY</td>
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<td>Elise Hawkins</td>
<td>Godwin, KY</td>
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<td>Jordan Helfst</td>
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<td>Jennifer Hensley</td>
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<td>Shannon Heul</td>
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<td>Tabitha Hiatt</td>
<td>Independence, KY</td>
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<td>Natalie Hickam</td>
<td>Georgetown, KY</td>
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<td>Lori Hodge</td>
<td>Shepherdsville, KY</td>
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<td>Amanda Hofmeyer</td>
<td>Covington, KY</td>
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<td>Robert Holland</td>
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<td>Elizabeth Holt</td>
<td>Bardstown, KY</td>
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<td>Melanie Hug</td>
<td>Paris, KY</td>
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<td>April Hunt</td>
<td>Carlisle, KY</td>
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<td>Jo Ellen Jackson</td>
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<td>Deborah Jagers Kessler</td>
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<td>Cheryl Johnson</td>
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<td>Judy Kantlehner</td>
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<td>Kassandra Keeslar</td>
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<td>Julia Kilelsey</td>
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<td>Theresa Kirk</td>
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<td>Curtina Kirkpatrick</td>
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<td>Margaret Klenksch</td>
<td>Fort Mitchell, KY</td>
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<td>Meredith Koslo</td>
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<td>Susanah Krebs</td>
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<td>Kathryn Kyrlyczuk</td>
<td>Lexington, KY</td>
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<td>Hannah Lamppin</td>
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<td>Allison Landrell</td>
<td>Mayfield, KY</td>
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<td>Tina Landry</td>
<td>Burlington, KY</td>
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<td>Megan Leftew</td>
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<td>Erika Lewis-Hargrove</td>
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<td>Amita Madan</td>
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Vaccination of Food Service Workers: A Novel Approach to a Community Outbreak of Hepatitis A in Louisville, Kentucky

Brigid Connelly1, Terrel Young1, Ibrahim Noor2, Emilio Barrios Lazo3, Geoffrey Ntama4, Bhim Koirala1, Audria Denker5, Delanor Manson3, Ruth Carrico5

1Global Health Center International Travel Clinic, Division of Infectious Diseases, University of Louisville; 2Galen College of Nursing, Louisville KY; 3Kentucky Nurses Association, Louisville, KY

Introduction:
Louisville remains in the midst of a Hepatitis A outbreak first recognized in August 2017. As of Sept 17, 2018, 605 cases were reported, resulting in five deaths and 372 hospitalizations. Infected persons having major risk factors identified include: illicit drug use 368 (61%), homelessness/unstable housing 150 (25%), MSM 17 (3%), known contact with an HAV case 88 (15%), and food service workers (FSW) 27 (5%). The latter category was of particular concern, given the possibility of transmitting infection to large numbers of patrons through contamination of food during preparation or service.

Given this concern and an overlap between the otherwise at-risk populations of illicit drug users and MSM and the FSW group, an intensive effort to locate and immunize FSWs was initiated following the identification of the first cases of infection among FSWs in March 2018.

The objective was to describe the development, implementation, and outcomes of a novel vaccination process focusing on FSW.

Methods:

Two phases of immunization were planned: on-site administration in restaurants beginning in March-April 2018 and a pop-up clinic for walk-ins starting in May 2018.

The Louisville Metro Department of Public Health and Wellness (LMDPHW) provided vaccine at a reduced cost, syringes, and needles to the University of Louisville’s Global Health Center (ULGHC). A team from ULGHC took responsibility for maintaining the cold chain, transporting supplies and obtaining consent and vaccine information forms. Teams of vaccinators were drawn from local schools of nursing, the Kentucky Nurses Association (KNA), and the ULGHC.

Local restaurants provided lists of their food service employees. ULGHC and LMDPHW personnel entered recipient information into a secure study database (REDCap) as well as the Kentucky State Immunization Registry. Restaurants were invoiced for the cost of vaccines administered.

Results:

During March and April 1337 doses of vaccine were provided to FSWs on-site at 66 restaurants. Restaurants contacted UL-GHC via a designated telephone number and arranged for vaccination times. Teams from UL-GHC transported vaccine in temperature-monitored refrigerators as well as vaccination supplies and information forms. Vaccinators were responsible for administering the vaccine and all engaged in competency-based training and assessment prior to participation. Scheduling was done using SignUpGenius (Image 1) and managed by Galen School of Nursing and Kentucky Nurses Association personnel.

In late April, the number of on-site requests exceeded the ability to respond, so activities were centralized at the UL-GHC and a walk-in clinic was implemented. From April to September, more than 5000 additional FSWs from more than 500 individual restaurant sites were vaccinated at the walk-in clinic (Image 2).

Staffing included 44 nurses who were members of KNA, 12 faculty from local schools of nursing, 18 student nurses, and 16 UL-GHC medical assistants, nurses, physicians, and advanced practice nurses.

No adverse events were identified at either the restaurant vaccination sites or at the pop-up walk-in clinic. Two 18-year-old vaccine recipients were given the adult dose of vaccine (1.0 ml) instead of the pediatric dose (0.5ml).

Conclusions:

This study found that a new approach to community-based vaccination targeting and engaging the food service worker population in a large metropolitan city can be successful. Logistics for the restaurant vaccination events represented the greatest challenge as significant time was spent on transportation and on-site vaccination. The walk-in clinic was planned and implemented over a weekend, and that proved to be the most efficient use of time and resources once the interest in immunization had been established with local restaurant owners/management staff. The most difficult aspect of the project has involved billing of the individual restaurant sites for the vaccine doses administered and verification of employees vaccinated.

Our novel approach can be implemented in other cities across the United States experiencing outbreak of Hepatitis A among hard to reach populations but lessons learned in the process constitute valuable information for those planning such responses.

References:
Exploring Resiliency with the YogaNurse Model of Care

Kerry Churchill, BSN, RN, HN-BC, Certified YogaNurse®
Nathania Bush, DNP, PHCNS-BC, Certified YogaNurse®
Mary J. Sanders, BSN, RN, Certified YogaNurse®

Objectives:
1. Describe the history and evolution of the YogaNurse Holistic Model of Care.
2. Describe at least one benefit of the YogaNurse Holistic Model of Care for nurse self-care.
3. Demonstrate at least one component of the YogaNurse Holistic Model of Care to promote resiliency.

Background and Significance to the Field of Nursing:
Annette Tersigni (2016) recognized that stress is among the highest ranked reasons for nurse burnout. As a result, she went on to develop the YogaNurse Holistic Model of Care. Long hours, heavy lifting, computer use and many other factors contribute to mental and physical pain. Job satisfaction and quality of care are tested on a daily basis. YogaNursing unites the ancient wisdom of yoga with the science of modern nursing. Conference attendees will learn and experience the 3-Part Sacred Remedy. The methods include diaphragmatic breathing, six essential movements of the spine, and relaxation techniques.

Research Methods:
The YogaNurse Holistic Model of Care was developed to relieve stress, anxiety, pain and suffering as a self-care path for nurses. Where appropriate, it may be incorporated as an adjunct therapy in patient care. The care plan, called the 3-Part Sacred Remedy, is culturally competent and is simple, proven, and anyone can do it. These methods can be practiced and integrated into nursing school curriculum, as well as workplace for nursing students, nurses and in patient care.

Findings: More than 1000 nurses globally have participated in the YogaNurse Holistic Model of Care program in person or online. In addition, YogaNursing is being incorporated into nursing school programs across the country. Many hospitals such as Mayo Clinic have adopted the model in employee wellness programs.

Implications: The YogaNursing Holistic Model of Care has shown potential and demonstrated an increase in well-being and quality of life for both nurses and patients. Conference attendees, through an experiential mind-body-spirit presentation, can experience positive effects. They will take away simple, proven techniques that anyone can do, enhancing self-care and patient care. In an era of declining health care, all strategies that potentiate caring and ensure improved nurse-patient satisfaction should be explored.

Reference:

Maintaining One’s Health While Homeless

Jennifer Cline, DNP, APRN
Welcome House of Northern Kentucky

Background and Significance: The interdependence of housing and health is substantial. A lack of housing is an independent risk factor for indiscriminate use of acute health services by homeless adults that is not offset by coverage with health insurance. Crisis driven service access leads to poor health outcomes with higher morbidity and mortality. Current recommendations, policies, and processes to address these issues are largely based upon the perceived needs of homeless adults from the viewpoint of service providers and are compounded by stereotype bias. Less known are the practical strategies homeless persons use to maintain their health and how they prioritize their health needs. This exposes an important informational gap. The purposes of this project were to:

a. uncover health related experiences of homeless adults,

b. identify resource assets and deficits as perceived by homeless adults, and
c. determine best practices for assisting a person who is homeless to meet their health care needs.

The conceptual framework for this project was participatory action research.

Methods: A mixed methods approach was used that combined Photovoice with a pre/post assessment of health self-efficacy.

Evaluation: Pre and post scores on the Health Self-Efficacy scale were compared for any change in perception related to study participation. In-depth interviews with participants were facilitated by critical discussion of the photographs they took. The interviews were recorded, transcribed verbatim, and then thematic analysis applied.

Findings: Housing and homelessness are highly interdependent. Stable housing is a necessary prerequisite for stabilizing and improving health outcomes for homeless adults and containing costs of crisis driven health services. Health care systems fail to provide homeless centric, evidence based care that is practical to the survival context of homeless adults.

Clinical Implications and Summary: The findings offer insight into best practices for improving health outcomes and informing policy and advocacy initiatives.
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Pre-licensure nursing students often seek employment while they are in school (Rochford, Connolly, & Drennan, 2009). Healthcare-based employment can be attractive, because students are able to obtain experience in the healthcare setting, while supporting themselves financially (Phillips, Extermann, Smith, & Kenny, 2012). However, the risk of exposure to inappropriate care techniques and difficulty balancing time between work and school can be of concern. The purpose of this study was to discover the perceptions that nursing students, nursing program faculty, and actively practicing nurses have about the overall impact of healthcare-based employment on pre-licensure nursing students.

**Literature Review**

While there are several studies focusing on the influence of pre-licensure student employment on academic performance, there is limited research on the overall impact of healthcare-based employment on the undergraduate nursing student experience. Working while in nursing school has been correlated with reduced academic performance, with working greater than 16 hours per week being commonly noted as the point at which academic performance tends to suffer (Pitt, Powis, Jones, & Hunter, 2012; Reyes, Hartin, Lofrin, Davenport, & Carter, 2012; Rochford et al., 2009; Salamonson et al., 2018). Hasson, Mckenna, and Kenney (2013) interviewed 13 pre-registration nursing students and held focus groups with 32 nursing students of the same status and six nurse educators at one university, and nursing staff from one hospital in Kentucky about the overall impact of healthcare employment on the nursing school experience. The questions addressed the number of hours worked per week while in school, type of work performed, and the positive and negative aspects of working in healthcare before or during nursing school. The participants were asked if they would recommend working in healthcare to nursing students while in school, and if they thought requiring healthcare work experience for nursing students, would be beneficial for professional growth.

**Methods**

This study used a ten-question survey, created by the researchers, to identify the perceptions of Bachelor of Science in Nursing students and nursing faculty from one university, and nursing staff from one hospital in Kentucky about the overall impact of healthcare employment on the nursing school experience. The participants were asked if they would recommend working in healthcare to nursing students while in school, and if they thought requiring healthcare work experience for nursing students, would be beneficial for professional growth.

**Results**

Questionnaires were completed by 199 students, seven nursing faculty, and 57 licensed nurses. Of the students, 82% had experience working in healthcare, with various hours worked weekly. Of those who worked in healthcare, 44% said they felt that they had adequate time for work and school, 81% stated that healthcare work experience was overall beneficial to nursing students, 71% stated that they had increased self-confidence in their ability to perform in nursing school, and 73% stated that they would recommend obtaining some form of healthcare experience prior to or during nursing school. Some of the positive aspects of working in healthcare prior to, or during, nursing school reported by the students included increased confidence, improved communication skills, improved time management, and increased understanding of the

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**Perceptions of the Impact of Healthcare-Based Employment on Pre-Licensure Nursing Students continued on page 18**

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healthcare environment. The negative aspects included variance in care practices taught in the classroom and those observed in the healthcare setting, difficulty in transitioning between the roles of nursing assistant and nursing student, limited study time, and increased stress.

All faculty members responding to the survey had worked in healthcare prior to becoming a registered nurse. All felt that healthcare work experience was overall beneficial and felt that it increased their confidence in their work as a student. Most (86%) stated that they would recommend healthcare work experience to students. The faculty reported that healthcare-related work experience, as a student, led to increased comfort in the healthcare setting, improved preparation for care environments, and the development of workplace skills, such as communication techniques, conflict management, and teamwork. Negative aspects included: learning improper techniques, animosity from co-workers for being a temporary worker in the setting, and role confusion.

Seventy-seven percent of the surveyed nurses from the hospital setting had worked in the healthcare setting prior to becoming a licensed nurse. Of those who had prior work experience, 100% stated that healthcare fieldwork was overall beneficial for nursing students and would recommend it, 91% stated that healthcare work experience had increased their self-confidence while in nursing school, and 75% felt that they had adequate time for both work and school. The nurses’ comments about the positive and negative aspects of healthcare work experience were similar to those of the nursing students. One nurse shared that seeing the daily work of nurses could be both affirming and discouraging for students. Some nurses felt that healthcare work experience should be mandatory for nursing students.

Discussion

The participants in this study, in general, felt that healthcare-related employment while in nursing school was beneficial for students and would recommend it to others. There were some drawbacks, such as reduced study time, having negative work experiences, or learning improper care techniques. However, the general consensus of the participants was that working in healthcare prior to, or during, nursing school allowed it would be helpful to expand the study to a greater number of institutions. The faculty and the licensed nurses were asked to their recall of previous experiences in the survey. This could result in false recollections.

Conclusions

Obtaining healthcare-related work experience might be a way to help nursing students gain a more well-rounded learning experience. The evidence in the review of literature does appear to point to working less than 16 hours per week, if the healthcare work experience is synchronous with nursing school, to limit interference with the students’ academic performance. Using this guideline, encouraging healthcare-related work experiences might be a way to help pre-licensure students gain confidence and learn how to effectively navigate the healthcare setting as a student, and in their future nursing careers.

References


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References


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<td>Address Line 1</td>
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<tr>
<td>Address Line 2</td>
<td></td>
</tr>
<tr>
<td>City/State/Zip</td>
<td></td>
</tr>
<tr>
<td>Country</td>
<td></td>
</tr>
</tbody>
</table>

### Professional Information

<table>
<thead>
<tr>
<th>Field</th>
<th>Information</th>
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</thead>
<tbody>
<tr>
<td>Gender</td>
<td>Male/Female</td>
</tr>
<tr>
<td>Credentials</td>
<td></td>
</tr>
<tr>
<td>Phone Number</td>
<td></td>
</tr>
<tr>
<td>Email Address</td>
<td></td>
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</tbody>
</table>

### Membership Activation Form

For ANA and State Membership Dues:

- **$15.00 Monthly or $174.00 Annual**

**Membership Dues**

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>ANA-PAC Contribution</td>
<td>$x</td>
</tr>
<tr>
<td>ANF Contribution</td>
<td>$y</td>
</tr>
<tr>
<td>Total Dues and Contributions</td>
<td>$z</td>
</tr>
</tbody>
</table>

- **Ways to Join**
  - Join instantly online.
  - Visit us at JoinANA.org to become a member and use the code: ADKN15
  - Pay by check, credit card, or automatic electronic deduction.

### Credit Card Information

- Visa
- Mastercard
- American Express
- Discover

### Authorization Signature

- Monthly Electronic Deduction Authorization Signature
- Automatic Annual Credit Card Payment Authorization Signature

### Printed Name

- Please note: All of your membership dues are for a subscription to The American Nurse and $27 is for a subscription to American Nurse Today.

Your membership dues are not deductible as charitable contributions for tax purposes, but may be deductible as a business expense. However, the percentage of dues used for lobbying by the ANA is not deductible as a business expense. Therefore, the portion of dues paid for lobbying by the ANA is not deductible as a business expense and changes each year. Please check with ANA for the correct amount.

Go to JoinANA.org to become a member and use the code: ADKN15

**Ways to Pay**

- **Monthly Payment:** $15.00
  - Check
  - Credit Card
  - Yes

- **Annual Payment:** $174.00
  - Checking Account
  - Credit Card

**Authorization Signatures**

- Monthly Electronic Deduction | Payment Authorization Signature
- Automatic Annual Credit Card | Payment Authorization Signature

By signing the Monthly Electronic Payment Authorization or the Automatic Annual Credit Card Payment Authorization, you are authorizing ANA to change the amount, giving the above signed thirty (30) days advance written notice. Authorizing ANA to change the amount by giving the above signed thirty (30) days advance written notice will continue unless this notification is received. ANA will charge a $5 fee for any returned drafts or chargebacks. Full and Direct members must provide thirty (30) days advance written notice. ANA will charge a $5 fee for any returned drafts or chargebacks. Full and Direct members must provide twenty (20) days advance written notice. An annual dues amount that changes each year may be modified by giving the above signed thirty (30) days advance written notice.

**What is your primary role in nursing (position description)?**

- Clinical Nurse/Staff Nurse
- Nurse Manager/Nurse Executive (including Directors/CMO)
- Nurse Educator or Professor
- Not currently working in nursing
- Advanced Practice Registered Nurse (NP, CNS, CRNA)
- Other nursing position

**Ways to Pay**

- Monthly Electronic Deduction Authorization: Yes
- Automatic Annual Credit Card Payment Authorization: Yes

**Go to** JoinANA.org to become a member and use the code: ADKN15

---

**Credit Card Information**

- Visa
- Mastercard
- American Express
- Discover

**Authorization Signature**

- Monthly Electronic Deduction Authorization Signature
- Automatic Annual Credit Card Payment Authorization Signature

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