2011 NNA Annual Convention and HOD

It’s time to look ahead to NNA’s annual convention and complete several activities. First, mark your calendars for October 14 and plan on being in Kearney with us at the Holiday Inn Convention Center for our one-day Convention program with excellent professional development opportunities. Second, mark down Saturday, October 15 from 8 a.m. to 5 p.m. for the annual House of Delegates and free leadership training opportunity for members. Next, plan on submitting nominations for awards, reference proposals and poster presentations by the requisite deadlines. You’ll find information on all these activities within this issue.

Proposed Schedule:
Friday, October 14, 2011—Nurses: Trusted to Care
7:00–9:30 Convention Registration & Continental Breakfast
8:00–8:30 First Time Attendee / Student Orientation
8:30–10:00 KEYNOTE PRESENTATION—Laughing Matters
Speaker: Tracie Foreman
Sponsored by: Every Woman Matters Program/Office of Women’s and Men’s Health
10:00–10:45 Break / Exhibits / Networking / Silent Auction
10:45–12:15 Presentation/Contact Hours–Nursing Hot Topics: Scope of Practice, Community Paramedicine, And Violence Against Healthcare Workers
Speakers: Don Wesely, Heidi Twohig, Karen Wiley

2011 Annual Convention continued on page 4

The Foundational Documents of Professional Nursing
Pages 9-10

May is Skin Cancer Awareness Month: Protect Your Skin
Page 14

Trustee to Care: Nurses’ Week 2011

NNA President, Torri Merten, and NNA Executive Director, Annette Belitz Harmon, had the pleasure of traveling around the state, meeting many nurses and enjoying the many Nurses’ Week celebrations. AAA Nebraska, an affinity partner with NNA, had representatives at Omaha, Lincoln, Norfolk and North Platte to let members know about the NNA benefit of a substantial discount on AAA membership and products. Thank you to each of the Districts who hosted these celebrations and honored nurses in many ways. This year NNA hosted special “Celebrate Nursing” events in Lincoln on May 12 and in North Platte on May 13. “Crucial Conversations” and “Crucial Confrontations” were presented by VitalSmarts trainer, Stacy Nelson, in both locations. This programming was offered as a member benefit, free to NNA members as a result of a gift from long-time NNA member, Carol Wilson. The luncheon program consisted of Teresa L. Anderson presenting “Nursing: the Choice of A Lifetime.”

Lunch Speaker Terry Anderson

Lincoln attendees

Vital Smarts Presenter Stacy Nelson

2011 Election

The 2011 Nominating Committee is proposing the following slate of candidates for the Nebraska Nurses Association 2011 election. This year’s election includes officer positions of President-Elect and Secretary, Commission positions and ANA House of Delegates’ positions. Each nominee has completed a “Leadership Profile” in order to have their name on the ballot, and has indicated a level of commitment to the organization. Their Profile and Goals for the position are printed below. This year balloting will be available electronically via the NNA web site. You will need your NNA member username and password to vote. Detailed instructions will be mailed to you.

2011 Election continued on page 5
I recently attended numerous celebrate nursing gatherings across the state. What a joyous time each year that we gather and praise and congratulate those around us for the wonderful care that they provide. We need to ensure that we are celebrating our nurses on an on-going basis. Please consider nominating a deserving nurse for one of the annual Nebraska Nurses Association Awards to be awarded in October 2011. Nurses must be a member of the Nebraska Nurses Association in order to receive an award, but nominations may be received from anyone interested in nominating a deserving nurse. Award nominations are due August 15, 2011. You can find the full criteria for nomination on our website at www.nebraskanurses.org. Take the time to celebrate your fellow nurses.

In March of this year I attended the Constituent Assembly Meeting for the American Nurses Association. This meeting allowed me the opportunity to network with Presidents and Executive Directors from other states and areas. It was an amazing experience. Each time I attend an American Nurses Association or Constituent Assembly Meeting I am recharged for our organization and the work we are doing.

During our gatherings at the Constituent Assembly it was abundantly clear how much our world is constantly in a state of change. Healthcare is in a very volatile state right now. Many organizations are working feverishly to meet the changes related to healthcare reform and are trying to navigate how they will execute those changes with the forecast of less reimbursement. Also, in this ever changing environment new nursing graduates are without jobs while we are talking about rural nursing shortages and upcoming nursing shortages in all areas. Throughout all this nurses must stay apprised of the changes and be informed at all times. Seek out information and knowledge related to the changes and take opportunities that you have to grow professionally.

During this meeting we also talked at length about governance, strategic planning and membership growth. Les Wallace gave an inspirational presentation on strategic planning and governance. He talked a lot about moving our organizations into the future and maintaining viability with forward thinking. Les will be coming to Nebraska to speak with our delegates about leadership and governance at the annual convention and will then return in November to provide a higher level of training and strategic workshop for our Board of Directors. This is an exciting time in our organization. We are preparing to grow our leaders and also provide opportunities for our members to grow professionally and continue serve.

One way to continue to grow our organization is through membership. Did you know the highest percentage of membership increases usually occur from members person asking non-members to join? Many of you do not know this, but that is why I initially joined ANA / NNA in the beginning, that is why I ran for my first and subsequent offices and that is why I continue to step up and serve the nurses of Nebraska. Someone asked and I answered by serving the organization.

I ask, who are the next 100 members that will join our organization? Target individuals you know should be a part of our organization and ask them. Can you ask one nurse this week to join our organization? Can you reach out to our future leaders and ask them to serve our organization in a leadership role? We have many opportunities for leadership development and service for anyone interested. As always, I welcome your comments or questions at NNAPresident@nebraskanurses.org.
Executive Director’s Column

Celebrate Being A Nurse!

by Annette Harmon

It has been a pleasure to serve the nurses of Nebraska.

For five and a half years I have been immersed in nursing and healthcare issues. I have worked toward the mission of promoting the professional development and security of nurses, and the improvement of availability of healthcare services for Nebraska’s citizens. I have had the pleasure of working with equally dedicated and passionate nurses who volunteered their time and talent for the benefit of all nurses in the state. These were nurses with spouses, children, and professional work responsibilities, who still found time to write and give that testimony, serve on that committee (or two or three), provide leadership to the organization, write that donation check, contact Senators, celebrate nurses and the nursing profession, and so much more.

I have had the wonderful good fortune to work with many great nurses; and also some great “non-nurses.” I appreciate the opportunity to work with and alongside lobbyists Tom Vickers and Don Wesely, from whom I have learned much and for whom I have great respect. They have been great advocates for nursing for many years.

I am honored to have learned as much as I taught, and am blessed to call many of you friend.

As I step down from the Executive Director position, my wish is for NNA to continue to grow and prosper, and for many more nurses to become involved in serving their profession through their professional association. I am, and will continue to be, an advocate for nursing.

Thank you for the opportunity to serve.

by Annette Harmon

Annette Harmon

Join NNA Today!

NNA NEBRASKA NURSES ASSOCIATION
NNA Awards

General Guidelines

The nominee must be an NNA member. A colleague having personal knowledge of the nominee's abilities and contributions that reflect the focus of the specific award should write the letter of nomination. Additional letters of support are encouraged. Please include the nominees’ credentials in the letters of nomination. A CV of the nominee is helpful but not required. Each district is expected to nominate one person category. Districts are limited to one nominee per category. Selections will be made by the Convention Awards Committee. Deadline for submitting nominations is August 15, 2011.

NNA Nurse of the Year Award

The focus of this award is on outstanding achievement in nursing over a one-year period. The nominee must be directly involved in nursing through clinical practice, education, administration or research and have made a positive impact on the quality of nursing care or the nursing profession.

NNA Outstanding Achievement in Nursing Award

The focus of this award is on achievement in nursing over a cumulative number of years. There must be evidence of distinguished contribution to nursing at the local, state, or national level.

NNA Distinguished Service Award

The focus of this award is on the nominee’s service to the NNA at the district or state level.

NNA Outstanding New Nurse Award

The focus of this award is outstanding achievement in nursing by an RN practicing for five years or less since graduation from a basic nursing program.

NNA Outstanding Staff Nurse Award

The focus of this award is on achievement in nursing by a nurse providing direct patient care. The nominee is recognized for nursing expertise provided in a caring, professional manner.

NNA Outstanding Nurse Educator Award

The focus of this award is on achievement by a nurse whose primary role is as an educator. The nominee must be directly involved in patient education, nursing education, continuing education or staff development. The award recognizes innovation and expertise in the educator role.

Remember... the deadline for submitting award nominations is AUGUST 15, 2011. You may submit your nominations via mail or online at www.NebraskaNurses.org.

Call for Poster Presentations

at NNA's Annual Convention

“Nurses: Trusted to Care”

October 14, 2011—5:15 to 6:00 p.m.

Holiday Inn, Kearney, Nebraska

Abstracts are being solicited for the poster session describing initiatives and creative strategies that address challenges and issues in nursing. A broad range of topics will be accepted.

Remember... the deadline for submitting proposals is JULY 1, 2011.

June, July, August 2011

ABSTRACT SUBMISSION DEADLINE: July 15

• Limit to one page typed. Include in outline format: title, purpose/objectives, summary and implications for nursing practice in the future.

• Include a cover sheet that lists the following: title of abstract, author(s) name(s), credentials, position/agency, address, email address and home and work telephone numbers. Indicate the primary contact person and his/her email address. Abstracts will be blind reviewed.

• Written notification of acceptance will be sent prior to the convention.

• Submit abstracts to (or for more information contact):

• Nancy Walmam, c/o Nebraska Nurses Association, P.O. Box 82086, Lincoln, NE 68501. Phone: (402) 475–3859; Email: Executive@NebraskaNurses.org

Or complete your abstract and submit online at http://www.nebraskanurses.org/displayemailforms.cfm?emailformnbr=68410 (under the Education/Convention tab). Submit your poster abstract today!

CALL FOR REFERENCE PROPOSALS

Reference Proposals suggest the Nebraska Nurses Association’s actions in regards to certain issues or ideas. They are presented to and voted upon by the NNA’s House of Delegates during the Annual Convention.

Definition: Proposals are documents presented to the House of Delegates, which describe positions of the Association or propose the need for action to be taken.

What they do: Approved proposals guide and direct what NNA is to do during a given time period.

Why proposals are important: It’s a way for members to assure that the association will focus on matters that concern them.

When: The NNA Reference Committee is encouraging the submission of proposals to be considered for presentation to the 2011 House of Delegates.

Deadline: July 1, 2011, for all but emergency proposals. This allows the committee sufficient time to review the proposal and complete its charge of accepting, editing, consolidating, referring or rejection. It also will permit the committee sufficient time to consult with the submitter and/or other relevant groups, should there be a need. Emergency proposals (whose topics could not have been known by the deadline) are accepted after the deadline date and up to 5:00 p.m. on October 14, 2011.

Who can submit a proposal? Individual NNA members, district nurses associations, NNA structural units and the NNA Board of Directors may initiate proposals. When several groups are concerned about the same issue, collaboration is appropriate and valuable. The committee is available to assist any member or group in drafting proposals and urges that its help be solicited if there are any questions.

How can I find out more? A sample proposal that demonstrates the correct proposal format is available by contacting the NNA office, and is also posted on the NNA web site at: www.NebraskaNurses.org.

How can I improve the chances my proposal will be accepted? Applicants should make every effort to fit the proposal into the long-term goals of NNA and suggest specific activities to accomplish their intent. However, the Board of Directors is responsible for determining plans for final action.

What happens to the proposal? During the House of Delegates meeting on October 15, the Reference Committee will sponsor hearings on the proposals to provide information on issues and to provide an opportunity for clarification, discussions and perfection of the proposal prior to action by the House of Delegates. Delegates should plan to attend these hearings and work with the committee in order to move the actions of the House forward during its scheduled session.

Remember... the deadline for submitting proposals is JULY 1, 2011.
Goals for Leadership Role: To continue with recruitment of new members in NNA/ANA. To continue encouraging current district members to become actively involved, and to support nurses as well as NNA. To continue to support and promote the practice of Nursing, Nursing policies and Nursing legislation.

COMMISSION POSITIONS: Commissions are elected structural units that plan and implement activities related to the NNA mission at the direction of the NNA Board of Directors. There are two commissions of six members each: ten members; two members from 1st Congressional district, two members from 2nd Congressional district, two members from 3rd Congressional district, and four members at-large. (Half to be elected in even years and half to be elected in odd years.)

COMMISSION ON NURSING PRACTICE & PROFESSIONAL DEVELOPMENT
Commission on Nursing Practice and Professional Development Functions: 
* Promote the application of ANA standards for Nursing practice. 
* Evaluate relevant scientific and educational developments, changes in health needs and practices, with reference to their implications for continuing nursing education. 
* Promote the correlation of educational standards and practice competencies. 
* Address and respond to human rights and ethics concerns related to nursing practice, education, and research. 
* Promote the Code for Nurses. 
* Promote the utilization of research findings through dissemination of information to all areas of nursing.

Nominations for Commission on Nursing Practice and Professional Development (NPPD):
Congressional District 1: (to be elected) Kay Cotrbot, MSN, RN
Congressional District 2: (to be elected) Teresa Ruddy, MSN, RN

Goals for Legislative Role: 1. To provide consistent, transparent participatory leadership for the members of the organization and to facilitate the availability and improvement of health care services, to foster high standards of nursing practice, and to promote professional development and advancement. 2. To continue the growth of the organization to meet the challenges of the ever-changing health care environment, by strongly advocating for responsible and responsive health care policy, ethical regulation of practice, and fiscal accountability. 3. To reinforce the integrity of the organization by creating value-added programming to attract and retain Nebraska’s best and brightest nurses as active members.

SECRETARY:
Secretary Functions:
1. Assure that membership for ensuring that records are maintained of meetings of the NNA House of Delegates, the Board of Directors, and the executive committee of the board, and
2. shall notify constituent members of meetings of the NNA House of Delegates; and
3. assume other duties as assigned by the Board of Directors

Nominates for Secretary
Mavis Hatcliff, BSN, RN

Name of Candidate: Mavis Hatcliff, BSN, RN
Education: 1977-Bachelor of Science in Nursing, University of Nebraska at Omaha (Fall of 2007-Fall of 2008) School of Nursing, Omaha, NE. 1990-Diploma in Nursing, Methodist Kahler School of Nursing, Rochester, MN.

Professional Membership/Organizational Experience:
1990-2004 Nebraska Nurses Association, Treasurer, Vice President, President
2005-2009 Nebraska Nurses Association, President/Secretary

Goals for Legislative Role: 1. To continue with recruitment of new members in NNA/ANA. To continue encouraging current district members to become actively involved, and to support nurses as well as NNA. To continue to support and promote the practice of Nursing, Nursing policies and Nursing legislation.

COMMISSION POSITIONS: Commissions are elected structural units that plan and implement activities related to the NNA mission at the direction of the NNA Board of Directors. There are two commissions of six members each: ten members; two members from 1st Congressional district, two members from 2nd Congressional district, two members from 3rd Congressional district, and four members at-large. (Half to be elected in even years and half to be elected in odd years.)

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* Promote the Code for Nurses. 
* Promote the utilization of research findings through dissemination of information to all areas of nursing.
Election continued from page 5

Nominees for Commission on Advocacy and Professional Development

**CAR: 1st Congressional District Profiles:**

**Name of Candidate:** Nicole Colegrove, BSN, CRNN, RN
**Education:** MSN— in progress, Nebraska Wesleyan University
**Position:** 10/2008—current, RN Staff Nurse at Madonna Rehabilitation Hospital
**Work Experience:** 2010—current, RN Staff Nurse at Madonna Rehabilitation Hospital
**Goals for Leadership Role:** My goals are to serve as a representative of the NNA; to evaluate legislation and nursing through the legislative processes. I would seek to help nurses become knowledgeable and active in the governmental processes and in NNA.

**Name of Candidate:** Julie Howard, RN
**Education:** MSN—NP, Clarkson College, December 2010
**Position:** Nurse Practitioner, October, 2010—current for Madonna Rehabilitation Hospital
**Work Experience:** 2005–current, RN at Madonna Rehabilitation Hospital
**Professional Memberships/Organizational Experience:** NNA/ANA, LPNAN 12/2005—6/2006—president, state Nurses Association

**Goals for Leadership Role:** My goals are to serve as a representative of the NNA; to evaluate legislation and nursing through the legislative processes. I would seek to help nurses become knowledgeable and active in the governmental processes and in NNA.

**Name of Candidate:** Jodi Nelson, MSN, RN, CNE
**Education:** Bachelor of Science in Nursing, Creighton University; December 1993; Master of Science in Nursing, Creighton University; December 1999
**Professional Memberships/Organizational Experience:** Nebraska Community College, December 1993; First member of NNA; NNA/ANA since 1989; NNA PAC Secretary 1994-2000; NNA/ANA since 1989; NNA PAC Secretary 1994-2000; NNA CAR October, 2009 to present
**Goals for Leadership Role:** My goals are to serve as a representative of the NNA; to evaluate legislation and nursing through the legislative processes. I would seek to help nurses become knowledgeable and active in the governmental processes and in NNA.

**Name of Candidate:** Joan Carver, RN
**Education:** Bachelor of Science in Nursing, University of Nebraska Medical Center—East Campus; Bachelor of Science in Nursing, University of Nebraska Medical Center—East Campus; Master of Science in Nursing, University of Nebraska Medical Center—East Campus
**Position:** 1998 Pre-Nursing Courses University of Nebraska at Kearney—Teaching Assistant in Microbiology
**Professional Memberships/Organizational Experience:** NNA/ANA since 1989; NNA PAC Secretary 1994-2000; NNA CAR October, 2009 to present

**Goals for Leadership Role:** My goals are to serve as a representative of the NNA; to evaluate legislation and nursing through the legislative processes. I would seek to help nurses become knowledgeable and active in the governmental processes and in NNA.

**Name of Candidate:** Karen Smith, MSN, RN
**Education:** BA Nursing, Nebraska Wesleyan University—Graduated in 1999
**Position:** 2002 Graduate Assistant (University of Nebraska Medical Center—East Campus)
**Work Experience:** 2002–president, LCCHS College of Health Sciences Faculty August 1999—November 2002 Staff RN; general med-surg andMICU

**Professional Memberships/Organizational Experience:** American Nurses Association, March 2006—president National League of Nursing, January 2003—president Nebraska League of Nursing, January 2003—president Nebraska Nurses Association, March 2006—present Continuing Education Committee, past Chair of Sigma Theta Tau, March 2007—present Sigma Theta Tau, March 2007—present International Nursing Association for Clinical Simulation and Learning, March 2009—present

**Goals for Leadership Role:** My goals are to serve as a representative of the NNA; to evaluate legislation and nursing through the legislative processes. I would seek to help nurses become knowledgeable and active in the governmental processes and in NNA.

**Name of Candidate:** Joanne Katsurahara, RN
**Education:** Bachelor of Science in Nursing, University of Nebraska Medical Center—East Campus; Master of Science in Nursing, University of Nebraska Medical Center—East Campus; Master of Science in Nursing, University of Nebraska Medical Center—East Campus
**Position:** 2002 Graduate Assistant (University of Nebraska Medical Center—East Campus)
**Work Experience:** 2002–president, LCCHS College of Health Sciences Faculty August 1999—November 2002 Staff RN; general med-surg andMICU

**Professional Memberships/Organizational Experience:** American Nurses Association, March 2006—president National League of Nursing, January 2003—president Nebraska League of Nursing, January 2003—president Nebraska Nurses Association, March 2006—present Continuing Education Committee, past Chair of Sigma Theta Tau, March 2007—present Sigma Theta Tau, March 2007—present International Nursing Association for Clinical Simulation and Learning, March 2009—present

**Goals for Leadership Role:** My goals are to serve as a representative of the NNA; to evaluate legislation and nursing through the legislative processes. I would seek to help nurses become knowledgeable and active in the governmental processes and in NNA.
Lincoln, PN Diploma-7/2006, Southeast Community College–Beatrice
Work Experience: 3/2010–current, Care Manager at Madonna Rehabilitation Hospital, Team Leader of Upper 8-cm to 19-Cm, RN Staff Nurse at Madonna Rehabilitation Hospital, 2002–2006/2008, LPN Staff Nurse at Beatrice Manor Nursing Home, 2000–2002.


Goals for Leadership Role: My goals are to serve as a representative of the NNA; to evaluate legislation and the impact it may or may not have on Nebraska nurses; to promote the well being of the community and the integrity of the nursing profession by providing testimony related to legislation.

Name of Candidate: Elizabeth Furlong, PhD, JD
Education: J.D. 2000 Creighton University PhD 1994 U of Nebraska at Lincoln MS U of Nebraska at Lincoln (Political Science) BSN Creighton University (Community Health Nursing) BSN 1964 Marycrest College RN 1963 Mercy Hospital School of Nursing
Work Experience: Associate Professor, School of Nursing, University of Nebraska at Omaha, 2001–present; Sigma Theta Tau Sigma Theta Tau Chapter, Membership Involvement Chair 1997–2000
Professional Memberships/Organizational Experience: 1971+ ANA/ANA/Nebraska/II (Committee participation; past Chair of District II Legislative Committee; past Delegate to NNA Convention for several years; etc. Sigma Theta Tau Association of Community Health Nursing–Past President)

Goals for Leadership Role: 1–Best represent the voices of NE nurses at the ANA Delegate Meeting; 2–Bring nursing, policy and law knowledge and experience to the ANA Delegate Meeting; 3–Inform and educate NE nurses before and after this meeting: the integration of issues between ANA, the NNA and each NE District Chapter.

Name of Candidate: Linda Jensen, PhD, RN
Education: PhD Nursing 1997, UNMC College of Nursing MN Nursing 1982; RN Staff Nurse at Madonna Rehabilitation Hospital, 1995-2000; BS Psychology 1976; Kearney State College Diploma 1971+

Work Experience: Metropolitian Community College, 2003-present; Interim Healthcare, Staff Nurse, April, 2007-2009; Nebraska Medical Center, RN Staff Nurse, April, 2007-2009; Nebraska Methodist College, Assistant Professor, 2009-2010; Metropolitan Community College, 1979-2003
Professional Memberships/Organizational Experience: NNA/ANA since 1989; NNA PAC Secretary 1994–2000; Associate Professor and Program Chair for Nursing, 1999-2002

Goals for Leadership Role: Work toward legislative activities and goals of NNA *Collaborate with other organizations to achieve common goals in legislative activities *Work with other committees to support legislative goals of NNA *Maintain NNA strategic goals.

Name of Candidate: Nancy Shirley, PhD
Education: University of Indiana Web Course Development 2006/Certificate UNL Lincoln, Nebraska Education Leadership 2000/PhD UNMC College of Nursing Omaha, Nebraska Education Emphasis: Family & Community Health Nursing, 1984-1988; Family Health Nursing, 1978-1982; PhD 1982, University of Nebraska at Omaha, Nebraska

Work Experience: University of Nebraska at Omaha 1988-present, Professor and Grants Officer, 2003-present
Professional Memberships/Organizational Experience: NNA/ANA since 1989; NNA PAC Secretary 1994–2000; Associate Professor and Program Chair for Nursing, 1999-2002

Goals for Leadership Role: Work toward legislative activities and goals of NNA *Collaborate with other organizations to achieve common goals in legislative activities *Work with other committees to support legislative goals of NNA *Maintain NNA strategic goals.
**Goals for Leadership Role:** Represent the nurses in Nebraska and their concerns at the national level. Be a voice for our profession at both the state and national level. Be a voice for workplace advocacy at the state and national.

**Name of Candidate:** Karen Smith, MSN, RN

**Education:** BSN/MSN in Maternal Child Nursing from University of Nebraska Medical Center College of Nursing.

**Work Experience:**
- Charge Nurse at Ainsworth Care Center from 1995 to present
- MDS and Medicare Coordinator at Ainsworth Care Center from 2009 to present
- 2001-2005: Charge Nurse for 22 bed Skilled Nursing Unit at Madonna.

**Professional Memberships/Organizational Experience:**
- Member ANA since 1983. Member NNA since 1987.
- Chair of NNA Cabinet on Nursing Practice 1984-88.
- Co-Chair of NNA District 3 Committee on Publications and Public Relations 2008-10.

**Goals for Leadership Role:**
- Represent the average staff RN in the U.S., esp. for the Boomer generation, whose issues include physical safety as we near retirement yet are still working, being tech savvy in this computer age, and staying current in evidence-based practice.
- Learning about ANA directly by participating at convention, to be able to articulate to my peers why we need to be active in the professional organization and what that means. Obtain a better understanding of roles in ANA and NNA that are a good fit for my personal and professional skills.
- Renew the passion I used to have to be actively contacting my senators, congressman, and state legislator about nursing issues.

**Name of Candidate:** Karen K. Wiley, MSN, RN, CEN

**Education:**
- College of Saint Mary Omaha NE, RN, 1978
- Creighton University Omaha NE, BSN 2004

**Work Experience:**
- Alegent Immanuel Emergency Department Staff Nurse 1990-Current

**Goals for Leadership Role:**
- Be a voice for workplace advocacy at the state and national level.
- Listen to their experiences and bring home new ideas.
- Represent the nurses in Nebraska as a delegate to ANA. I want to understand the current political climate so that I can advocate for the nurses in Nebraska. Nebraska nurses deserve an active voice.
- They are had working and compassionate.

**Name of Candidate:** Faye Weckle, RN, BC, CRRN

**Education:**
- College of Saint Mary Omaha NE, RN, 1978
- Creighton University Omaha NE, BSN 2004 Nebraska Wesleyan University Omaha NE, MSN 2007

**Work Experience:**
- Staff Nurse at Madonna Rehabilitation Hospital, Lincoln, NE: 2009-11
- Traumatic Brain Injury and Pediatrics, 2007-09 as float for above units and Spinal Cord Injury, CVA and Cardiac 2006-07
- Subacute or Transitional Care Unit, 2005-06 Stroke unit
- 2001-2005: Charge nurse for 22 bed Skilled Nursing Unit at Madonna.

**Professional Memberships/Organizational Experience:**
- Nebraska Nurses Association 2006-07: Member of the NNA Commission on Advocacy and Representation 2006-2007
- Task force formed with Nebraska Nurses Association to develop a survey that later was placed on the Nebraska Nurses Association web site to collect data on workplace violence in the healthcare setting in Nebraska. The results were presented to the Nebraska Health Care Association and Nebraska Assisted Living Association Annual Convention on September 18-20 2007 and Nebraska Nurses Association Annual Convention 2007.
- Chairperson of the NNA Commission on Advocacy and Representation 2011-present.
- Chairperson on NNA's Commission for Practice and Professional Development 1996-2007
- Member of District 2 NNA Legislative Committee 2001-present.
- Co-chair of District 2 NNA Legislative Committee.
- Chairperson Emergency Nurses Association Work Team.
- Member of the Emergency Department Psychiatric Care Committee 2011: Candidate for the Emergency Nurses Association Board of Directors position for 2012.

**Goals for Leadership Role:**
- If elected, I promise to serve the Nebraska Nurses Association to the best of my ability in the promotion of the program adopted by the membership for the best interests of nursing. If elected, I agree to follow the policies, procedures, and bylaws of this association.

**Name of Candidate:** Rosalee Yaworth, PhD, RN, FCN

**Education:**
- College of Saint Mary Omaha NE, RN, 1978
- Creighton University Omaha NE, BSN 2004 Nebraska Wesleyan University Omaha NE, MSN 2007

**Work Experience:**
- Faith Community Nurse, Dundee Presbyterian Church Dean Emeritus & Professor Emeritus UNMC College of Nursing Volunteer advocacy, policy work, teaching and consultation.

**Goals for Leadership Role:**
- Faithfully represent the Nebraska Nurses Association. Since I have served as a delegate to the Nebraska Nurses Association Convention since I came to NE almost 32 years ago, with the exception of about two years, and worked with four divisions of the College across the state. I believe I have an understanding of the issues in NE and procedure of Conventions.
The Foundational Documents of Professional Nursing

by Teresa L. Anderson, EdD(c), MSN, RN-C, OB, NE-BC

This year marks my 30th year as a registered nurse, with all but eight of those years spent in Nebraska. In the last 10 years, I have had the opportunity to explore the profession of nursing and its practice, across the country. I have communicated with literally thousands of nurses. I am amazed at the number of practicing professionals who are not aware, have not read, and/or do not own the foundational documents of professional nursing—The Code of Ethics for Nurses With Interpretive Statements (2001), Nursing’s Social Policy Statement: The Essence of the Profession (2010), and Nursing’s Scope & Standards, 2nd Edition (2010). These documents are published by the American Nurses Association (ANA), which is recognized as the voice of nursing nationally. Two of the three documents have been updated in 2010, so now is a great time to remind practicing nurses throughout the state about the key components of these three documents, and to review the recent changes made to them. The Nursing Scope and Standards (2010), together with the Code of Ethics for Nurses (2008) and Social Policy Statement (2010), provide the expectations and competencies, which guide all nurses to the highest level of professional practice and accountability.

The ANA Code of Ethics for Nurses With Interpretive Statements informs our practice integrity and the personal and professional accountability assumed when one takes on the role of the registered nurse. It defines the contract that nursing has with society. Regardless of the path of education chosen to reach registered nurse status, the expectations and competencies are the same. There are nine provisions of the code, first written and accepted by the ANA in 1950. Major revisions have occurred in 1960, 1968, 1976, 1985, and finally in 2001, when the interpretive statements were added. The current version, Guide to the Code of Ethics for Nurses: Interpretation and Application, published in 2008, offers interpretation and application examples provided by nursing specialists from across the nation. The nine provisions include:

Provision One: The nurse, in all professional relationships, practices with compassion and respect for the inherent dignity, worth, and uniqueness of every individual, unrestricted by considerations of social or economic status, personal attributes, or the nature of the health problems.

Provision Two: The nurse’s primary commitment is to the patient, whether an individual, family, group, or community.

Provision Three: The nurse promotes, advocates for, and strives to protect the health, safety, and rights of the patient.

Provision Four: The nurse is responsible and accountable for individual nursing practice and determines the appropriate delegation of tasks consistent with the nurse’s obligation to provide optimum patient care.

Provision Five: The nurse owes the same duties to self as to others, including the responsibility to preserve integrity and safety, to maintain competence, and to continue personal and professional growth.

Provision Six: The nurse participates in establishing, maintaining, and improving healthcare environments and conditions of employment conducive to the provision of quality health care and consistent with the values of the professional through individual and collective action.

Provision Seven: The nurse participates in the advancement of the profession through contributions to practice, education, administration, and knowledge development.

Provision Eight: The nurse collaborates with other health professionals and the public in promoting community, national, and international efforts to meet health needs.

Provision Nine: The profession of nursing, as represented by associations and their members, is responsible for articulating nursing values, maintaining the integrity of the profession and its practice and for shaping social policy.

The interpretations and application examples serve as a great source for personal reflection related to self-practice, as a discussion starter for students or novice nurses, or as foundational work for the development of a professional practice model.

The second foundational document, Nursing’s Social Policy Statement, also has a history of development and revision. First introduced in 1980, this document set the context for nursing within the greater healthcare arena and provides definitions of nursing, the knowledge base for nursing practice, the scope of nursing practice, and regulation of practice. The 1995 and 2003 revisions added dialogue related to specialization in nursing and advanced practice. The current edition, Nursing’s Social Policy Statement: The Essence of the Profession (2010), elaborates on these concepts and brings the document forward for application within the complex healthcare environment of the 21st century, while building on the core document from 1980. The following is a review of some of the pertinent revisions.

The Social Policy Statement defines the social context of nursing and is centered on six key social concerns in healthcare and nursing:

- Organization, delivery, and financing of quality health care.
- Provision for the public’s health.
- Expansion of nursing and healthcare knowledge and appropriate application of technology.
- Expansion of healthcare resources and health policy.
- Definitive planning for health policy and regulation.
- Duties under extreme conditions.

The authority of nursing is based upon social responsibility derived from a social base and contract, which reflects nursing’s long-standing core value of ethics. “The nursing profession fulfills society’s need for qualified and appropriately prepared individuals who embrace, and act accordingly, a strong code of ethics, especially when confronted with the healthcare of individuals, families, groups, communities, and populations.” Nursing’s social contract with society is based on the following elements:

- Human experience is an essential unity of mind, body, and spirit.
- Health and illness are more human experiences. The presence of illness does not preclude health, nor does optimal health preclude illness.
- The relationship between the nurse and patient occurs within the context of the values and beliefs of the patient and nurse.
- Public policy and the healthcare delivery system influence the health and well-being of society and professional nursing.
- Individual responsibility and interprofessional involvement are essential.

Successful collaboration requires that nursing and its members respond to diversity by recognizing, assessing, and adapting the nature of working relationships with individuals, populations, and other health professionals and health workers. These efforts extend to relationships within nursing and between nursing and representatives of the public in all environments where nursing practice may occur.

The Social Policy Statement also describes the scope of nursing practice. Professional nursing has a single scope of practice that encompasses the range of activities from those of the beginning registered nurse through those of the most advanced level of nursing practice. Although a single scope of professional nursing practice exists, the depth and breadth to which individual nurses engage in the total scope of professional nursing practice is dependent on their educational preparation and self-development, their experience, their role, the setting, and the nature of the populations they serve. All nurses are responsible for practicing in accordance with recognized standards of professional nursing practice and the recognized professional code of ethics. Each nurse remains accountable for the quality of care within his or her scope of nursing practice, and each must rely on self-determination and self-regulation as the final level of professional accountability. Besides this self-regulation are the accountability of professional regulation, legal regulation, and institutional policies and procedures.

The Foundational Documents continued on page 10
In addition, the Social Policy Statement also addresses the definition of nursing, as it relates to specialty nursing and advanced practice nursing. This new edition includes within the appendices, the Consensus Model for APRN Regulation: Licensure, Accreditation, Certification, and Education (2008). This is a tremendous resource for advanced practice nurses when used in conjunction with the Scope and Standards of Practice.

The Standards of Professional Performance describe a competent level of behavior in a professional role, including activities related to ethics, evidence-based practice and research, quality of practice, communication, leadership, collaboration, professional practice evaluation, resource utilization, and environmental health. This represents a slightly different arrangement of the standards as well as the addition of two new standards–Communication and Environmental Health. Appendix B of the document includes the Professional Responsibility Act: ANA Position Statement (2008) and this document is a must read for all nurses. This single document provides not only the definition of the meaning of the term “nurse,” but the expectations for practitioners of professional nurse competence, but also the steps to effectively evaluate competence.

This new standard makes clear the expectations of nurses in this role. The nurse must recognize that “teamwork, building, teamwork, team-building, and cooperation. The nurse must also elicit values, preferences, expressed needs, and knowledge of the situation while applying ethical, legal, and privacy guidelines and policies. Other additions include the number of nurses, as it relates to specialty nursing and advanced practice nursing. This new edition includes within the appendices, the Consensus Model for APRN Regulation: Licensure, Accreditation, Certification, and Education (2008). This is a tremendous resource for advanced practice nurses when used in conjunction with the Scope and Standards of Practice.

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Assessment

The first notable change is a new title for those sections of the previous edition that included the definition of nursing, as it relates to specialty nursing and advanced practice nursing. This new edition includes within the appendices, the Consensus Model for APRN Regulation: Licensure, Accreditation, Certification, and Education (2008). This is a tremendous resource for advanced practice nurses when used in conjunction with the Scope and Standards of Practice.

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The morning was livened up by the drawing of names for gifts. The final drawing was for a year’s membership to the NNA. Linda Lazure, the guest speaker our Nurses Week event, shared information about the IOM report and discussed what it means to nurses in Nebraska.

District II has more events planned for our members. On June 22nd a general meeting will be held at Lakeside Hospital at 6:00. Robin Higley will be speaking about NORS. The continuing education day will be October 25th at Lakeside Hospital from 7:30-12:00. Our annual dinner with awards presentations will be held November 7th at Grisanti’s Restaurant. Please consider who you would like to honor.

The District II board wishes you a great summer. We look forward to seeing many of our members at this year’s events.

The NNA District 3 board of directors continues to meet every 4th Monday of the month from 5:30-7:00 pm at Madonna Rehabilitation Hospital in Lincoln. Our yearly goals have been approved by the board and include:

a. Filling NNA vacancies for District 3 representation
b. Promoting attendance at District 3 Board Meetings
c. Providing website upgrades
d. Increasing membership, and
e. Fundraising

Monthly minutes and announcements will be posted on our website so please check for future activities. Also on our website, you will find the Spring 2011 edition of Perspectives composed by our Publications/PR co-directors, Sandy Carney and Carol Penrosa. NNA District 3 members will be voting on the 2011 NNA State Convention Delegates listed in the current Perspectives edition thanks to a wonderful slate of candidates composed by Virginia Hess and Cathy Smith our Nominations/Membership co-directors. Delegate selection will occur via on-line voting.

As part of 2011 Nurses Week and to coincide with this national occasion, plans have been secured by program co-chairs Becky Davis and Kelli Anderson to co-host our annual Celebrate Nursing event on April 25 at BryanLGH East Regional Medical Center in the Plaza Conference Center in Lincoln. Poster presentations and silent auction bidding will begin the evening at 5:30, followed by a buffet dinner. Don Wesely, our NNA lobbyist, will provide the evening’s program The Professional Nurse’s Role in the Legislative Process. At this event, we will recognize five District 3 nurses for their outstanding service. Registration forms can be found on our website and within the Perspectives on-line publication.

NNA District 3 will become officially unincorporated as of April 30 and our assets will be integrated under NNA, Lina Bobevick, NNA 3 Treasurer. Ginda Zimmer, Past NNA President, Annette Belitz-Harmon, NNA Executive Director, and I conducted an internal audit of our financials prior to the dissolution. NNA 3 will still maintain decision-making over our district financial interests.

Please remember to keep us updated to your current email addresses so we can keep our membership updated on current and forthcoming events. Any NNA District 3 board member can assist you with this request.
Old Chicago in Kearney was the site of the February meeting for District 4. The meeting was a success. We had members who have not been active attend as well as guests.

Douglass Haas gave an update on the legislative issues of interest to nurses in Nebraska. June Collison has agreed to head up our membership committee. We will again offer a scholarship to a nursing student active in SNA in district 4. We decided to support the NSSNA by donating a door prize. Plans for Nurses’ Week were discussed and will be implemented. A billboard will be posted in Kearney celebrating nurses.

The next meeting will be in April in Farwell. As a district, we will celebrate Nurses’ Week. Torri Merten and Annette Harmon will be our guests.

District VI members celebrated Nurses’ Week by meeting for dinner in Norfolk at Napoli’s. We look forward to this meeting to connect in person and talk about issues important to nursing. We also like to eat good food and enjoy a few laughs! Our other meetings are held by conference call. The next meeting will be sometime in August. We would love to have any interested nurse in our area join us on the call. Just contact Pam List at listpam90@hotmail.com for the date and call details. We hope to see many members at the NNA Convention in October!

Nurses’ Week was celebrated April 28th at Mid-Plains Community College. The District members sponsored a Salad Lunch for the nursing students. Executive Director Annette Harmon and State President Torri Merten presented a program for the nursing students and members.

District 3 continued from page 11

District 1
Annata Sullivan

District 2
Jane Carmody
Janet Wintle

District 3
Renee Ziegler

New NNA Members:
January 2011
Do You Want to Help Your Patients Quit Smoking, but Don’t Know How to Get Started?

The Nebraska Pharmacists Association has available for purchase the Tobacco Cessation Counseling Toolkit. The toolkit was designed to assist the provider in the tobacco cessation counseling process and includes:

- **Billing for Counseling Services**—instructions for billing Nebraska Medicaid as well as enrollment information
- **Documents for Providers**—forms to assist with documentation of counseling sessions
- **Documents for Patients**—handouts to facilitate counseling sessions by using the patient assessment tools, interactive worksheets, and patient take-home materials. The documents are intended to serve as original documents which can be copied for patient use.
- **Resources**—a list of websites which offer additional information for both patients and providers.

The toolkit was developed in cooperation with the Nebraska Pharmacists Association, the Department of Health and Human Services including Nebraska Medicaid and Tobacco Free Nebraska, the Pfizer Medical Outcomes Specialist, and practicing Nebraska pharmacists with an interest or certification in tobacco cessation.

Eligible health care professionals and hospitals can qualify for Medicare and Medicaid incentive payments for implementing programs in conjunction with electronic health records. One of the criteria set forth in Stage One Meaningful Use Guidelines pertains to capturing information at the point of care about patients’ smoking status and offering counseling to help patients quit smoking. The Tobacco Cessation Counseling Toolkit will assist you in implementing a successful Tobacco Cessation Counseling Program in your practice!

The Tobacco Cessation Toolkit is available for $49.99 plus tax and $5.99 for Shipping & Handling. To order call: 402-420-1500 (Mon-Fri, 9am-4pm CST). Or mail your order to:

NPA, 6221 S. 58th Street, Ste A, Lincoln, NE 68516
**Nurse Corps Officers**

The Nebraska Nurses Association of Occupational Health Nurses will hold its annual conference on August 5 and 6 in Lincoln. Registration rates are available for both days or for one day. Lunch and breaks are included with the registration fee.

The conference will feature a variety of speakers and topics pertaining to occupational health. They include:

- Diane Donovan, MD: Top Down Pain Management: Cervical, Thoracic, Lumbar
- Linda Stoneh, RN: State of the Nebraska Nurses Address
- Doug Fletcher, OSHA Update
- Nancy Wahlman, APRN/Cathy Parker, RN: Headache Management Clinic in the Workplace
- Adam Kafka, MD: Medical Management of Occupational Health Injuries
- Doug Kavanaugh, PT: Shoulder Pain and Impingement Treatment
- Ally Dering-Anderson, RN: No Rx doesn’t mean-- No Risk
- David Durand, MD: How to Get the Disabled Injured Worker to MMI
- Scott Swanson, MD: Foot and Ankle Injuries

For registration information and a printable brochure, see www.nnca.org. Contact person is Cathy Parker, Conference Planning Chairperson at 402-481-8946, catherine.parker@bevanah.org.

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**May Is Skin Cancer Awareness Month: Protect Your Skin**

While you enjoy the outdoors this summer, protect yourself from skin cancer by using sunscreen, seeking shade, and wearing sunglasses, a hat, and sun-protective clothing. When you’re having fun outdoors, it’s easy to forget how important it is to protect yourself from the sun. Unprotected skin can be damaged by the sun’s ultraviolet (UV) rays in as little as 15 minutes. Yet it can take up to 12 hours for skin to show the full effect of sun exposure. Even if it’s cool and cloudy, you still need protection.

UV rays, not the temperature, do the damage. Clouds do not block UV rays; they filter them—and sometimes only slightly. Remember to plan ahead, and keep sun protection handy in your car, bag, or child’s backpack.

Tan? There’s no other way to say it—tan skin is damaged skin. Any change in the color of your skin after time outside—whether sunburn or suntan—indicates damage from UV rays. Using a tanning bed causes damage to your skin, just like the sun.

**Risk Factors**

- Anyone can get skin cancer, but some things put you at higher risk, like having--
- A lighter natural skin color.
- A personal history of skin cancer.
- A family history of melanoma.
- Exposure to the sun through work and play.
- A history of sunburns early in life.
- Skin that burns, freckles, reddens easily, or becomes painful in the sun.
- Blue or green eyes.
- Naturally blond or red hair.

**How to Protect Yourself**

Take precautions against sun exposure every day of the year, especially during midday hours (10:00 a.m.–4:00 p.m.), when UV rays are strongest and do the most damage. UV rays can reach you on cloudy days, and can reflect off of surfaces like water, cement, sand, and snow.

- Seek shade, especially during midday hours.
- Cover up with clothing to protect exposed skin.
- Wear a hat with a wide brim to shade the face, head, ears, and neck.
- Wear sunglasses that wrap around and block as close to 100% of both UVA and UVB rays as possible.
- Put on sunscreen with sun protective factor (SPF) 15 or higher, and both UVA and UVB protection.
- Avoid tanning beds and sunlamps. The UV rays from them are as dangerous as the UV rays from the sun.

Source: www.cdc.gov

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**Calling for all Navy Nurse Corps Officers…..**

*active duty, reserve, retired, or honorably discharged*

Are you one? Do you work with someone who you know has been a Navy nurse?

The Navy Nurse Corps Association (NNCA) is a non-profit national organization dedicated to bringing Navy nurses together. Any Navy Nurse Corps Officer, active duty, reserve, retired, or honorably discharged may join the NNCA and the regional chapters. The Land Locked Navy Nurse Corps Association (LLNNCA), one of the regional chapters of the Navy Nurse Corps Association (NNCA) is eager to find and encourage all Navy nurses in the area to join the chapter. The LLNNCA chapter covers four states: Colorado, Wyoming, Nebraska, and New Mexico. Our membership is a fascinating mix of ages, Navy and nursing experiences. Once a Navy nurse, always a Navy nurse! We want to find you!

Contact: Membership Chair
Nancy Larson
nancy07@moneytide.com
303-457-0546

Public Relations Chair
Kathy Noll
kathleennoll@msn.com
303-907-2061

Submitted by Kathy Noll, retired Navy nurse, kathleennoll@msn.com. Please contact me, if I can answer questions.

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**NEBRASKA LICENSEE ASSISTANCE PROGRAM**

A SERVICE OF BEST CARE EAP

**Did you know………..**

The Nebraska Licensee Assistance Program (NE LAP) services include informational presentations on the services of the program and educational presentations on alcohol/drug abuse and addiction and the health professional? These presentations can be made to licensees, certificate holders, and registrants, professional organizations and associations representing health professionals, college or university students enrolled in classes for health professionals and employers of health professionals regulated by the Nebraska Department of Health and Human Services, Division of Public Health, Licensure Unit.

The focus of the informational session, Nebraska Licensee Assistance Program Services, is on the availability of, and services provided by, the NE LAP. Educational sessions focus on chemical impairment and alcohol/drug use, abuse and addiction and on the alcohol/drug treatment and recovery process and available treatment services. These sessions are titled Alcohol/Drug Addiction and the Health Service Professional and Understanding the Symptoms of Alcohol/Drug Addiction.

The presentations are provided by the NE LAP Coordinator, Judi Leibrock, throughout the rural and urban areas of Nebraska. These areas have included Lincoln, Omaha, Hastings, Alliance, Scottsbluff, Grand Island, O’Neill and Mahoney State Park. Presentations can also be provided via a video conference where these technological capabilities are available.

The NE LAP presentations have generally been well received and appreciated by the audience participants as reflected by the following session coordinator comments.

“Thank you Judi for your presentation to our graduating dental hygiene class. I appreciate your expertise in this area and all that you can teach the students. Very good info for them all—especially since there is the likelihood that they will either work with someone who is addicted or they themselves may have to deal with it personally.”

“This presentation was not only beneficial, it was and is essential for our student nurses. It’s very well done and so important!”

“I don’t like to give all “10s” on surveys but I was extremely pleased with Judi’s presentation, as well as the interaction with her to get this set up. She is always professional and extremely cooperative. It is very comforting to know that Judi is the coordinator for such an important program.”

NE LAP informational or educational presentations can be scheduled by contacting the NE LAP at (800) 851-2336 or (402) 354-8055. Information on these presentations and other NE LAP services is also available on our web site at www.lapew.org.
### Membership Dues Vary By District

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<th>Membership Option</th>
<th>Monthly epay* ($)</th>
<th>Annual Dues ($)</th>
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*50 cent surcharge per month for epay feature