



Nebraska Nurse

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June, July, August 2011

Sent to all Nebraska Nurses courtesy of the Nebraska Nurses Association
Quarterly circulation approximately 30,500 to all RNs, LPNs, and Student Nurses in Nebraska.

The Foundational Documents of Professional Nursing

Pages 9-10

May is Skin Cancer Awareness Month: Protect Your Skin

Page 14

NEBRASKA LICENSEE ASSISTANCE PROGRAM

A SERVICE OF BEST CARE EAP

Page 14

2011 NNA Annual Convention and HOD

It's time to look ahead to NNA's annual convention and complete several activities. First, mark your calendars for October 14 and plan on being in Kearney with us at the Holiday Inn Convention Center for our one-day Convention program with excellent professional development opportunities. Second, mark down Saturday, October 15 from 8 a.m. to 5 p.m. for the annual House of Delegates and free leadership training opportunity for members. Next, plan on submitting nominations for awards, reference proposals and poster presentations by the requisite deadlines. You'll find information on all these activities within this issue.

Proposed Schedule:

Friday, October 14, 2011—Nurses: Trusted to Care

- 7:00–9:30 Convention Registration & Continental Breakfast
- 8:00–8:30 First Time Attendee / Student Orientation
- *8:30–10:00 KEYNOTE PRESENTATION—**Laughing Matters**
Speaker: **Tracie Foreman**
Sponsored by: **Every Woman Matters Program/Office of Women's and Men's Health**
- 10:00–10:45 Break / Exhibits / Networking / Silent Auction
- *10:45–12:15 Presentation/Contact Hours—**Nursing Hot Topics: Scope of Practice, Community Paramedicine, And Violence Against Healthcare Workers**
Speakers: **Don Wesely, Heidi Twohig, Karen Wiley**

2011 Annual Convention continued on page 4

Trusted to Care: Nurses' Week 2011

NNA President, **Torri Merten**, and NNA Executive Director, **Annette Belitz Harmon**, had the pleasure of traveling around the state, meeting many nurses and enjoying the many Nurses' Week celebrations. AAA Nebraska, an affinity partner with NNA, had representatives at Omaha, Lincoln, Norfolk and North Platte to let members know about the NNA benefit of a substantial discount on AAA membership and products. Thank you to each of the Districts who hosted these celebrations and honored nurses in many ways.

This year NNA hosted special "Celebrate Nursing" events in Lincoln on May 12 and in North Platte on May 13. "Crucial Conversations" and "Crucial Confrontations" were presented by VitalSmarts trainer, **Stacy Nelson**, in both locations. This programming was offered as a member benefit, free to NNA members as a result of a gift from long-time NNA member, **Carol Wilson**. The luncheon program consisted of **Teresa L. Anderson** presenting "Nursing: the Choice of A Lifetime."

Many thanks to all the nurses who planned, carried out and attended the state-wide celebrations. Let's continue to honor and celebrate nurses and the difference they make all year long!



Lunch Speaker **Terry Anderson**



Lincoln attendees



Vital Smarts Presenter **Stacy Nelson**

2011 Election

The 2011 Nominating Committee is proposing the following slate of candidates for the Nebraska Nurses Association 2011 election. This year's election includes officer positions of President-Elect and Secretary, Commission positions and ANA House of Delegates' positions. Each nominee has completed a "Leadership Profile" in order to have their name on the ballot, and has

indicated a level of commitment to the organization. Their Profile and Goals for the position are printed below. This year balloting will be available electronically via the NNA web site. You will need your NNA member username and password to vote. Detailed instructions will be mailed

2011 Election continued on page 5

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In This Issue

President's Column	2	Do You Want to Help Your Patients Quit Smoking, but Don't Know How to Get Started?	13
Executive Director's Column	3	News Briefs	14
2011 NNA Calendar	3	Nebraska Nurses Association Membership Application	15
The Foundational Documents of Professional Nursing	9-10		
Around the Districts	11-12		
New NNA Members	12		

President's Column

by Torri Merten, MSN, RN

I recently attended numerous celebrate nursing gatherings across the state. What a joyous time each year that we gather and praise and congratulate those around us for the wonderful care that they provide. We need to ensure that we are celebrating our nurses on an on-going basis. Please consider nominating a deserving nurse for one of the annual Nebraska Nurses Association Awards to be awarded in October 2011. Nurses must be a member of the Nebraska Nurses Association in order to receive an award, but nominations may be received from anyone interested in nominating a deserving nurse. Award nominations are due **August 15, 2011**. You can find the full criteria for nomination on our website at www.nebraskanurses.org. Take the time to celebrate your fellow nurses.



Torri Merten

In March of this year I attended the Constituent Assembly Meeting for the American Nurses Association. This meeting allowed me the opportunity to network with Presidents and Executive Directors from other states and areas. It was an amazing experience. Each time I attend an American Nurses Association or Constituent Assembly Meeting I am recharged for our organization and the work we are doing.

During our gatherings at the Constituent Assembly it was abundantly clear how much our world is constantly in a state of change. Healthcare is in a very volatile state right now. Many organizations are working feverishly to meet the changes related to healthcare reform and are trying to navigate how they will execute those changes with the forecast of less reimbursement. Also, in this ever changing environment new nursing graduates are without jobs while

we are talking about rural nursing shortages and upcoming nursing shortages in all areas. Throughout all this nurses must stay apprised of the changes and be informed at all times. Seek out information and knowledge related to the changes and take opportunities that you have to grow professionally.

During this meeting we also talked at length about governance, strategic planning and membership growth. Les Wallace gave an inspirational presentation on strategic planning and governance. He talked a lot about moving our organizations into the future and maintaining viability with forward thinking. Les will be coming to Nebraska to speak with our delegates about leadership and governance at the annual convention and will then return in November to provide a higher level of training and strategic workout for our Board of Directors. This is an exciting time in our organization. We are preparing to grow our leaders and also provide opportunities for our members to grow professionally and continue serve.

One way to continue to grow our organization is through membership. Did you know the highest percentage of membership increases usually occur from members personally asking non-members to join? Many of you do not know this, but that is why I initially joined ANA / NNA in the beginning, that is why I ran for my first and subsequent offices and that is why I continue to step up and serve the nurses of Nebraska. Someone asked and I answered by serving the organization.

I ask, who are the next 100 members that will join our organization? Target individuals you know should be a part of our organization and ask them. Can you ask one nurse this week to join our organization? Can you reach out to our future leaders and ask them to serve our organization in a leadership role? We have many opportunities for leadership development and service for anyone interested. As always, I welcome your comments or questions at NNAPresident@nebraskanurses.org.

NNA's Mission:

The mission of the Nebraska Nurses Association is to foster high standards for nursing practice, stimulate and promote the professional development of nurses, and advance their professional security, and to work for the improvement of health standards and availability of health care services for all people. (Adopted 10/95, NNA House of Delegates)

NNA's Vision:

Nebraska Nurses Association will be an effective voice for nurses; and an advocate for Nebraska consumers on issues relating to health. (Affirmed 12/04/2004, NNA Board of Directors)

Critical Success Factors for Vision:

- State and districts set mutual priorities
- Evaluate the success of the restructuring of NNA
- Enhance grass roots activities for membership involvement
- Advocate for statewide quality healthcare (Affirmed 12/04/2004, NNA Board of Directors)

NNA's Core Issues:

1. Workplace Rights
2. Appropriate Staffing
3. Workplace Health & Safety
 - a. Patients
 - b. Community/Public Health
 - c. Workplace
4. Continuing Competence (Affirmed 12/04/2004, NNA Board of Directors)

NNA's Official Publication:

The *Nebraska Nurse* is the official publication of the Nebraska Nurses Association (NNA) (a constituent member of the American Nurses Association), published quarterly every March, June, September and December. The NNA provides education, networking opportunities, publications and other products and services to its members and extends its mission to all nurses in Nebraska.

Phone: (402) 475-3859

Fax: (402) 328-2639

You can leave a message at any time!

Email: Executive@NebraskaNurses.org

Web site: www.NebraskaNurses.org

Mail: PO Box 82086

Lincoln NE 68501-2086

Questions about your nursing license?

Contact the Nebraska Board of Nursing at:

(402) 471-4376. The NBON is part of the Nebraska Health and Human Services System Regulation and Licensure.

Questions about stories in the *Nebraska Nurse*?

Contact: NNA.

Photo on front page: Minden Opera House.

Photo by: B. Greenspan.

"On the square in Minden, this beautifully refurbished Opera house is now home to a theatre and art gallery."

Writer's Guidelines:

Any topic related to nursing will be considered for publication in the *Nebraska Nurse*.

Although authors are not required to be members of NNA, when space is limited, preference will be given to NNA members.

Photos are welcomed, digital is preferred. The NNA assumes no responsibility for lost or damaged photos.

Submitted material is due by the 12th of the month in January, April, July and October of each year.

You may submit your material in the following ways:

Prepare as a Word document and attach it to an e-mail sent to Executive@NebraskaNurses.org.

Provide document on a disc clearly labeled with your name and return address.

Mail hard copy to NNA at PO Box 82086, Lincoln NE 68501-2086 or email to Executive@NebraskaNurses.org. Submissions should be prepared on white paper and double-spaced.

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NNA 2011 Calendar

Executive Director's Column

Celebrate Being A Nurse!

by Annette Harmon



Annette Harmon

It has been a pleasure to serve the nurses of Nebraska.

For five and a half years I have been immersed in nursing and healthcare issues. I have worked toward the mission of promoting the professional development and security of nurses, and the improvement of availability of healthcare services for Nebraska's citizens. I have had the pleasure of working with equally dedicated and passionate nurses who volunteered their time and talent for the benefit of all nurses in the state. These were nurses with spouses, children, and professional work responsibilities, who still found time to write and give that testimony, serve on that

committee (or two or three), provide leadership to the organization, write that donation check, contact Senators, celebrate nurses and the nursing profession, and so much more.

I have had the wonderful good fortune to work with many great nurses; and also some great "non-nurses." I appreciate the opportunity to work with and alongside lobbyists Tom Vickers and Don Wesely, from whom I have learned much and for whom I have great respect. They have been great advocates for nursing for many years.

I am honored to have learned as much as I taught, and am blessed to call many of you friend.

As I step down from the Executive Director position, my wish is for NNA to continue to grow and prosper, and for many more nurses to become involved in serving their profession through their professional association. I am, and will continue to be, an advocate for nursing.

Thank you for the opportunity to serve.

June

- 1 *The Nebraska Nurse* is in your mailbox
30 NNA Book of Reports submissions due to NNA office



July

- 1 Convention Reference Proposal Deadline
4 4th of July Celebration, NNA office closed
11 *Nebraska Nurse*: Articles due to NNA state office
15 Poster Presentation Abstracts for Convention deadline
TBA Budget and Finance Committee mid-year review
TBA NNA Board of Directors Meeting

August

- 1 Provider renewals due to NNA
1 Convention All Member Mail/60 day call to House/call for award nominees issued
15 NNA Convention Awards/NNA Hall of Fame nomination deadline

September

- 1 *The Nebraska Nurse* is in your mailbox
1 Names of district delegates due to NNA
5 Labor Day—NNA office closed
6 Ballot postmark Return Deadline/Closed Polls
15 NNA Convention hotel sleeping room reservation discount deadline
15 NNA scholarship (sponsored by A.L. Davis) application postmark deadline
15 NNA convention pre-registration deadline
14–16 ANA/CMA Lobbyist Meeting, Washington, DC
TBA CE Approval Committee meets; 9 am–3 pm
TBA NNA Board of Directors Meeting

October

- 10 *Nebraska Nurse*: Articles due to NNA state office
13 NNA Board of Directors Meeting, Holiday Inn, Kearney
14–15 NNA Convention/HOD—Holiday Inn Convention Center, Kearney, NE
– Nominating Committee looks for candidates for 2012
TBA Budget and Finance Committee prepares annual budget

November

- Provider Renewal notices sent
5–6 ANA Constituent Assembly, Virtual Meeting
8 Election Day
18–19 NNA Board Meeting (Friday night—Saturday afternoon)
24–25 Thanksgiving Holiday, NNA office closed

December

- 1 *The Nebraska Nurse* is in your mailbox
23–31 Christmas Holiday, NNA office closed

Join
NNA
Today!



2011 Annual Convention continued from page 1

12:15–1:30	Lunch / Exhibits / Networking
*1:30–2:30	Presentation/Contact Hours– Nursing Workforce: Nebraska Center for Nursing Data Speaker: Juan Ramirez
2:30–3:00	Break / Exhibits / Networking
*3:00–4:00	Presentation/Contact Hours– IOM Report on Future of Nursing Speakers: Dr. Linda Lazure and Dr. Marilyn Valerio
*4:00–5:00	Presentation/Contact Hours– Care Transition Speaker: Diane Hayko
5:00–5:15	BREAK / CE Evaluation / CE Certificates
5:15–6:00	Poster Presentations
6:00–6:30	Reception
6:30–8:30	Awards Banquet Adjournment of Convention

***ABOUT CE (6.25 contact hours applied for):**

Application for contact hours has been made to CNE–Net, the education division of the North Dakota Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Please call Deb Ussery at Nebraska Nurses Association for more information about contact hours.

NNA Awards**General Guidelines**

The nominee must be an NNA member. A colleague having personal knowledge of the nominee's abilities and contributions that reflect the focus of the specific award should write the letter of nomination. Additional letters of support are encouraged. Please include the nominees' credentials in the letters of nomination. A CV of the nominee is helpful but not required. Each district is expected to nominate someone for each award category. Districts are limited to one nominee per category. Selections will be made by the Convention Awards Committee. **Deadline for submitting nominations is August 15, 2011.**

NNA Nurse of the Year Award

The focus of this award is on outstanding achievement in nursing over a one-year period. The nominee must be directly involved in nursing through clinical practice, education, administration or research and have made a positive impact on the quality of nursing care or the nursing profession.

NNA Outstanding Achievement in Nursing Award

The focus of this award is on achievement in nursing over a cumulative number of years. There must be evidence of distinguished contribution to nursing at the local, state, or national level.

NNA Distinguished Service Award

The focus of this award is on the nominee's service to the NNA at the district or state level.

NNA Outstanding New Nurse Award

The focus of this award is outstanding achievement in nursing by an RN practicing for five years or less since graduation from a basic nursing program.

NNA Outstanding Staff Nurse Award

The focus of this award is on achievement in nursing by a nurse providing direct patient care. The nominee is recognized for nursing expertise provided in a caring, professional manner.

NNA Outstanding Nurse Educator Award

The focus of this award is on achievement by a nurse whose primary role is as an educator. The nominee must be directly involved in patient education, nursing education, continuing education or staff development. The award recognizes innovation and expertise in the educator role.

Remember... the deadline for submitting award nominations is AUGUST 15, 2011. You may submit your nominations via mail or online at www.NebraskaNurses.org.

Call for Poster Presentations

at NNA's Annual Convention

"Nurses: Trusted to Care"

October 14, 2011—5:15 to 6:00 p.m.

Holiday Inn, Kearney, Nebraska

Abstracts are being solicited for the poster session describing initiatives and creative strategies that address challenges and issues in nursing. A broad range of topics will be accepted.

ABSTRACT SUBMISSION DEADLINE: July 15

- Limit to one page typed. Include in outline format: title, purpose/objectives, summary and implications for nursing practice in the future.
- Include a cover sheet that lists the following: title of abstract, author(s) name(s), credentials, position/agency, address, email address and home and work telephone numbers. Indicate the primary contact person and his/her email address. Abstracts will be blind reviewed.
- Written notification of acceptance will be sent prior to the convention.
- Submit abstracts to (or for more information contact):
- Nancy Waltman, c/o Nebraska Nurses Association, P.O. Box 82086, Lincoln, NE 68501. Phone: (402) 475-3859; Email: Executive@NebraskaNurses.org

Or complete your abstract and submit online at <http://www.nebraskanurses.org/displayemailforms.cfm?emailformnbr=68410> (under the Education/Convention tab). Submit your poster abstract today!

CALL FOR REFERENCE PROPOSALS

Reference Proposals suggest the Nebraska Nurses Association's actions in regards to certain issues or ideas. They are presented to and voted upon the NNA's House of Delegates during the Annual Convention.

Definition: Proposals are documents presented to the House of Delegates, which describe positions of the Association or propose the need for action to be taken.

What they do: Approved proposals guide and direct what NNA is to do during a given time period.

Why proposals are important: It's a way for members to assure that the association will focus on matters that concern them.

When: The NNA Reference Committee is encouraging the submission of proposals to be considered for presentation to the 2011 House of Delegates.

Deadline: July 1, 2011, for all but emergency proposals. This allows the committee sufficient time to review the proposal and complete its charge of accepting, editing, consolidating, referring or rejection. It also will permit the committee sufficient time to consult with the submitter and/or with other relevant groups, should there be a need. Emergency proposals (whose topics could not have been known by the deadline) are accepted after the deadline date and up to 5:00 p.m. on October 14, 2011.

Who can submit a proposal? Individual NNA members, district nurses associations, NNA structural units and the NNA Board of Directors may initiate proposals. When several groups are concerned about the same issue, collaboration is appropriate and valuable. The committee is available to assist any member or group in drafting proposals and urges that its help be solicited if there are any questions.

How can I find out more? A sample proposal that demonstrates the correct proposal format is available by contacting the NNA office, and is also posted on the NNA web site at: www.NebraskaNurses.org.

How can I improve the chances my proposal will be accepted? Applicants should make every effort to fit the proposal into the long-term goals of NNA and suggest specific activities to accomplish their intent. However, the Board of Directors is responsible for determining plans for final action.

What happens to the proposal? During the House of Delegates meeting on October 15, the Reference Committee will sponsor hearings on the proposals to provide information on issues and to provide an opportunity for clarification, discussions and perfection of the proposal prior to action by the House of Delegates. Delegates should plan to attend these hearings and work with the committee in order to move the actions of the House forward during its scheduled session.

Remember.... the deadline for submitting proposals is JULY 1, 2011.

Election continued from page 1

to each member in early August along with the "Call to Convention."

The 2011 Nominating Committee consisted of: Mavis Hatcliff, Chair (representing District 6); Marcia Donley (District 1); Nancy Shirley (District 2); vacant (District 3); Rita Weber (District 4); (District 5); Kay Olmsted (District 7); and Betsy Raymer (District 9).

OFFICER POSITIONS:

PRESIDENT-ELECT:

President-Elect Functions:

1. assume duties of the president in the president's absence or at the discretion of the president;
2. assume other duties as assigned by the Board of Directors; and
3. serve as an ANA delegate if separately elected as an ANA delegate.

Nominees for President-Elect:

Teresa L. Anderson, RNC, MSN

Name of Candidate: Teresa L. Anderson, RNC, MSN

Office Candidate is seeking: President-Elect

Education: EdD(c)-College of Saint Mary, Omaha (Anticipated Dec 2011) MSN (CNS/Nursing Education)-UNMC, Omaha, 1987 BSN (High Distinction)-UNMC, Lincoln, 1983 ADN (Distinction), UNMC, Lincoln, 1981.

Work Experience: ANCC Magnet Program Consultant-2005-Present; Alegent, Advanced Nurse Specialist (Per Diem) 2008-Present; Alegent, Director, Center for Nursing Excellence 2005-2008; Alegent, Magnet Program Director (system) 2002-2005; Alegent, Bergan Mercy Perinatal CNS 2000-2002.

Professional Memberships/Organizational Experience: AONE/NONL-District 1 Secretary (2006-2008); ANA/NNA-Chair, Commission on Nursing Practice and Professional Development-District 2 Delegate and Member Nominations Committee; AWHONN-Nebraska Section, Education Committee 2006-2008; Midwest Nursing Research Society STTI, Iota Tau Chapter, President (2008-2010), President-Elect 2006-2008; Raffle Chair-2004-2008; UNMC Alumni Association.

Goals for Leadership Role: 1. To provide consistent, transparent participatory leadership for the members of the organization and to facilitate the availability and improvement of health care services, to foster high standards of nursing practice, and to promote professional development and advancement. 2. To continue the growth of the organization to meet the challenges of the ever-changing health care environment, by strongly advocating for responsible and responsive health care policy, ethical regulation of practice, and fiscal accountability. 3. To reinforce the infrastructure of the organization by creating value-added programming to attract and retain Nebraska's best and brightest nurses as active members.

SECRETARY:

Secretary Functions:

1. be responsible for ensuring that records are maintained of meetings of the NNA House of Delegates, the Board of Directors, and the executive committee of the board, and
2. shall notify constituent members of meetings of the NNA House of Delegates; and
3. assume other duties as assigned by the Board of Directors

Nominees for Secretary

Mavis Hatcliff, BSN, RN

Name of Candidate: Mavis Hatcliff, BSN, RN

Education: 1977-Bachelor of Science in Nursing, University of Nebraska College of Nursing, Omaha, NE. 1959-Diploma in Nursing, Methodist Kahler School of Nursing, Rochester, MN.

Work Experience: 1983-June 30, 2010. Nebraska Department of Health and Human Services, Social Services Supervisor, retired. 1991 to Present-Northeast Community College, Adjunct Instructor.

Professional Memberships/Organizational Experience: Active member of the American Nurses Association since 1960. Currently chairperson of NNA Nominations Committee, member of NNA Bylaws and Finance Committee. Past District VI President, Vice President and Treasurer. Member of PATCH since 1991. Currently, Chairperson of PATCH. Currently, Board member of the Norfolk Community Health Care Clinic, past President and Secretary of the Board. Currently, member of the Public Health Association of Nebraska and the Nursing Section.

Goals for Leadership Role: To continue with recruitment of new members in NNA/ANA. To continue encouraging current district members to become actively involved in the District as well as NNA. To continue to support and promote the practice of Nursing, Nursing policies and Nursing legislation.

COMMISSION POSITIONS:

Commissions are elected structural units that plan and implement activities related to the NNA mission at the direction of the NNA Board of Directors. There are two commissions, each consisting of ten members; two members from 1st Congressional district, two members from 2nd Congressional district, two members from 3rd Congressional district, and four members at-large. (Half to be elected in even years and half to be elected in odd years.)

COMMISSION ON NURSING PRACTICE & PROFESSIONAL DEVELOPMENT

Commission on Nursing Practice and Professional Development Functions:

- * Promote the application of ANA standards for nursing practice.
- * Evaluate relevant scientific and educational developments, changes in health needs and practices, with reference to their implications for continuing nursing education.
- * Promote the correlation of educational standards and practice competencies.
- * Address and respond to human rights and ethics concerns related to nursing practice, education, and research.
- * Promote the Code for Nurses.
- * Promote the utilization of research findings through dissemination of information to all areas of nursing.

Nominees for Commission on Nursing Practice and Professional Development (NPPD)

Congressional District 1: (one to be elected)

Kathy Corbett, MSN, RN

Congressional District 2: (one to be elected)

Teresa Roddy, MSN, RN

Congressional District 3: (one to be elected)

Douglass Haas, BSN, RN
Sherry Hopkins, MSN, BSN, RN

NPPD: 1st Congressional District Nominee Profiles:

Name of Candidate: Kathy Corbett, MSN, RN

Education: MSN-University of Phoenix BSN-Nebraska Wesleyan University RN-Bryan School of Nursing.

Work Experience: Assistant Professor-Nebraska Wesleyan University 2008-Current Director of Quality, Risk, Compliance-Lincoln Surgical Hospital 2006-2008 Case Review CIMRO of Nebraska 2005-2006 Quality & Infection Control-Nebraska Heart Hospital 2004-2005 Director of Nursing State of NE-DOC 2001-2004.

Professional Memberships/Organizational Experience: Current NNA Secretary 2008-2011 NNA District 3 President NEAQH President NAHQRS-member Board Member of the Nebraska Patient Safety Coalition.

Goals for Leadership Role: Ensure information on professional practice and development of Registered Nurses in the State of Nebraska is current, accessible, and evidence-based.

NPPD: 2nd Congressional District Nominee Profiles:

Name of Candidate: Teresa Roddy, MSN, RN

Education: May 2000, BSN, Midland Lutheran College March 2009, MSN with specialization in Education, Walden University.

Work Experience: Nov 2009 to Dec 2010, ITT-ADN Program, Lead Instructor Aug 2007 to Oct 2009, Kaplan University, Nursing Instructor July 2006-Aug 2007, College of Saint Mary's, Assistant Instructor June 2001-July 2006, Fremont Area Medical Center, Staff RN-Pediatrics June 2000-June 2001, Immanuel Medication Center, Staff RN-Med/Surg.

Professional Memberships/Organizational Experience: ANA, NNA-June 2000-Current Sigma Theta Tau-March 2000-Current NLN-November 2010-Current.

Goals for Leadership Role: My goal is to fully support, promote and advocate the Institution of Medicine's report (October 2010) 'The Future of Nursing: Leading Change and Advancing Health' that highlighted the following four key messages for the future of nursing: Nurses should practice to the full extent of their education and training. Nurses should achieve higher levels of education and training through an improved education system that promotes seamless academic progression. Nurses should be full partners, with physicians and other health care professionals, in

redesigning health care in the United States. Effective workforce planning and policy making require better data collection and information infrastructure. Another goal is to mentor and encourage nursing students and new nurses of the importance of joining a professional nursing organization.

NPPD: 3rd Congressional District Nominee Profiles:

Name of Candidate: Douglass Haas, BSN, RN

Education: University of Nebraska Medical Center, College of Nursing, Kearney, NE-(Fall of 2007-Fall of 2009) [Bachelor Of Science In Nursing] University of Nebraska at Kearney, Kearney, NE-(Fall of 2005-Spring of 2007) [UNMC RN-BSN Prerequisites]

Work Experience: Good Samaritan Health Systems, Kearney, NE. Progressive Care Unit, RN. January 2010-Present Wel-Life Assisted Living, Kearney, NE. Medication Aide. October 2008-January 2010. Garden County Health Services, Oshkosh, NE. Certified Nursing Assistant. May 2002-August 2007.

Professional Memberships/Organizational Experience:

American Nurses Association/Nebraska Nurses Association-February 2010-Present (Currently Applying for the Commission of Advocacy & Representation, & Currently Chairing the Local Committee focused on gaining & retaining members to our chapter with the help of technology & social networks.) Student Nurses Association-August 2007-December 2009 Resident Hall Association-August 2005-May 2007 (Secretary for University of Nebraska at Kearney Campus from August 2006-May 2007) National Honor Society, Garden County High School, Oshkosh, NE. August 2003-May 2005. (Secretary from August 2004-May 2005).

Goals for Leadership Role: My goals for this leadership role are as follows: 1. Become a positive nurse leader and role model for the current professional image of nursing. 2. Work with a team of experts to move the professional image of nursing to a new and higher standard than we are currently allowing ourselves to rest at. 3. Be a representative and voice for nurses who either cannot be professionally involved or choose not to be professionally involved. To help make choices that affect all nurses and to lookout for the greater good of all nursing.

Name of Candidate: Sherry Hopkins, MSN, BSN, RN

Education: Master of Science in Nursing Education May 2002 Nebraska Wesleyan University Bachelor of Science in Nursing May 1993 UNMC Licensed Practical Nurse Sept 1970 Central Community College School of Practical Nursing

Work Experience: Nurse Case Manager for Operations Enduring Freedom/Operation Iraqi Freedom/Operation New Dawn (OEF/OIF/OND) Aug. 2008 to present VA Medical Center Grand Island, Ne MDS Coordinator Aug. 2006 to Aug 2008 VA Medical Center Grand Island, Ne Night Nursing Supervisor Community Living Center May 1997 to Aug 2006 VA Medical Center Grand Island, NE.

Professional Memberships/Organizational Experience: Sigma Theta Tau 1993 ANA and NNA 2010

Goals for Leadership Role: To disseminate a wide range of educational information and knowledge to professional colleagues.

COMMISSION ON ADVOCACY AND REPRESENTATION

Commission on Advocacy and Representation Functions:

- * Receive and disseminate information about workplace issues to the districts and individual members.
- * Develop mechanisms which are proactive and responsive to workplace advocacy issues.
- * Analyze the implications of federal, state, and local legislation on nursing and health care services for all people.
- * Develop and recommend to the House of Delegates a state legislative platform which reflects professional standards and social concerns.
- * Promote NNA's legislative positions through dissemination to structural units and individual members.
- * Enlist the expertise of individual members to respond to health care issues.
- * Communicate NNA's position on legislative issues.
- * Liaison with NNA-PAC and encourage individual and organizational political promotion for public officials who are supportive/responsive to NNA's legislative platform.

Election continued from page 5**Nominees for Commission on Advocacy and Representation: (CAR)****Congressional District 1: (one to be elected)**

Nicole Colegrove, BSN, CRRN, RN
Julie Howard, RN
Jodi Nelson, MSN, RN, CNE

Congressional District 2: (one to be elected)

Elizabeth Furlong, PhD, JD
Linda Jensen, PhD, RN
Jean Phelan, MS, RN

Congressional District 3: (one to be elected)

Joan Carver, RN
Melissa Florell, MSN, RN

CAR: 1st Congressional District Profiles:

Name of Candidate: Nicole Colegrove, BSN, CRRN, RN
Education: MSN—in progress, Nebraska Wesleyan University

BSN—12/2009, University of Nebraska Med Center
AND—9/2008, Southeast Community College—Lincoln
PN Diploma—7/2006, Southeast Community College—Beatrice

Work Experience: 3/2010—current, Case Manager at Madonna Rehabilitation Hospital
10/2008—current, RN Staff Nurse at Madonna Rehabilitation Hospital
2/2006—1/2008, LPN Staff Nurse at Beatrice Manor Care Center

Professional Memberships/Organizational Experience: NNA/ANA, LPNAN 12/2005-6/2006—president, student chapter

Goals for Leadership Role: My goals are to serve as a representative of the NNA; to evaluate legislation and the impact it may or may not have on Nebraska nurses; to promote the well being of the community and the integrity of the nursing profession by providing testimony related to legislation.

Name of Candidate: Julie Howard, RN

Education: MSN—FNP: Clarkson College, December 2010
Doctor of Chiropractic: Palmer College, October 2004
BSN: Union College, May 1997
ADN, LPN: Western Nebraska Community College, December 1993.

Work Experience: Self-employed as FNP and Chiropractor in Plattsmouth, Nebraska. Have been a Chiropractor in independent practice since 2006. Worked as RN in various hospital settings from 1997 to 2006 while obtaining chiropractic education. Worked as Associate Chiropractor 2004-2006.

Professional Memberships/Organizational Experience: ANA 2010—present NNA 2010—present ACA (American Chiropractic Association) 2002—present NCPA (Nebraska Chiropractic Physician's Association) 2004—present.

Goals for Leadership Role: Promotion of the Nurse Practitioner with scope of practice, continuing education, and practice standards is extremely important in the current turbulent paradigm that we live in. Being able to effectively read and understand the current research literature is key, and having advanced education and training in dual fields of health care helps me be able to keep an open mind and educated eye on the research.

Name of Candidate: Jodi Nelson, MSN, RN, CNE

Education: BA Nebraska Wesleyan University 1991
Diploma Nursing Bryan School of Nursing 1999
BSN and MSN Graceland University 2008.

Work Experience: November 2002—present BryanLGH
College of Health Sciences Faculty August 1999—November 2002 Staff RN, general med-surg and trauma ICU.

Professional Memberships/Organizational Experience: American Nurses Association, March 2006—present
National League of Nursing, January 2003—present
Nebraska League of Nursing, January 2003—present
Nebraska Nurses Association, March 2006—present
2010—Legislative Committee Co—Chair Nu Rho Chapter of Sigma Theta Tau, March 2007—present
Sigma Theta Tau, March 2007—present
International Nursing Association for Clinical Simulation and Learning, February 2009—present.

Goals for Leadership Role: I wish to increase my activities to promote nursing to society on a local level. This includes my work as an assistant professor by teaching professionalism to nursing students. I wish to continue and increase my activism with local officials about the role of nursing. I wish to be more involved with informing and educating fellow nurses and society about bills up for vote in the Nebraska Legislature. I wish to educate our representatives at the local, state, and national level about the role of the nurse and what

we need to better care for our patients and to keep our work environments safe.

CAR: 2nd Congressional District Profiles:

Name of Candidate: Elizabeth Furlong, PhD, JD

Education: J. D. 2000 Creighton University PhD 1994 U of Nebraska at Lincoln MS U of Nebraska at Lincoln (Political Science) MS 1971 U of Colorado (Community Health Nursing) BSN 1964 Marycrest College RN 1963 Mercy Hospital School of Nursing.

Work Experience: Associate Professor, School of Nursing, Creighton University.

Professional Memberships/Organizational Experience: 1971+ ANA/NNA/District II (Committee participation; past Chair of District II Legislative Committee; past Delegate to NNA Convention for several years; etc. Sigma Theta Tau Association of Community Health Nurse Educators Association of Nurse Attorneys.

Goals for Leadership Role: 1) Strategize to best meet the goals of the IOM Report and decrease barriers for nursing practice in NE; 2) Inform and educate NE nurses on policy and activism.

Name of Candidate: Linda Jensen, PhD, RN

Education: PhD Nursing 1997; UNMC College of Nursing MN Nursing 1982; Wichita State University BS Psychology 1976; Kearney State College Diploma Nursing 1966; Lincoln General School of Nursing

Work Experience: Associate Professor Clarkson College 2007—present; UNMC College of Nursing—Kearney 1978-2007.

Professional Memberships/Organizational Experience: 1982—present NNA member; Advocacy and Representation Commission 2003-2007 & 2009-2011; Chair 2004-2007; NNA-PAC member Sigma Theta Tau 1982—present NAMI (National Alliance on Mental Illness) Member National Board of Directors, President Nebraska Board of Directors 2007-2009, 1997-2002, Sigma Theta Tau Omicron Pi Board of Directors, 2010-2012.

Goals for Leadership Role: I would assist with NNA taking a leadership role in improving health care and nursing through the legislative processes. I would seek to help more nurses become knowledgeable and active in the governmental processes and in NNA.

Name of Candidate: Jean Phelan, MS, RN

Education: MS in Nursing Education, 1986, DePaul University, Chicago, IL; BSN, 1976, Creighton University, Omaha, NE.

Work Experience: Metropolitan Community College, Instructor, March 2009—present; Interim Healthcare, Staff Nurse, April, 2007-2009; Nebraska Medical Center, Nurse Researcher, December, 2006-March, 2007; Kaplan University, Instructor, August, 2007-July, 2008; Nebraska Methodist College, Assistant Professor, August, 1989-December, 2006.

Professional Memberships/Organizational Experience: NNA/ANA since 1989; NNA PAC Secretary 1994-2000; NNA CAR October, 2009 to present

Goals for Leadership Role: Work toward legislative activities and goals of NNA *Collaborate with other organizations to achieve common goals in legislative activities *Work with other committee members to support legislative goals of NNA *Maintain NNA strategic goals.

CAR: 3rd Congressional District Profiles:

Name of Candidate: Joan Carver, RN

Education: Three year Diploma R.N.—Graduated from Bishop Clarkson Memorial School of Nursing—1954

Work Experience: Retired Registered Nurse; Rancher—with my Husband and Daughter

Professional Memberships/Organizational Experience: ANA & NNA member since 1974 (Held officer positions in NNA District 9—at present, I am Treasurer); Pat Moeller and I helped to organize and were the first two Members / Officers of NNA District 9; Commission on Advocacy & Representation (3 and ½ terms); American Legion Auxiliary—Lifetime Member—(Past President); V.F.W. Auxiliary—Lifetime member; Past member of League of Women Voters; Served on local School Board for 7 years; Served on The Election Board for 35 years; Have been and am a Cherry County GOP Delegate.

Goals for Leadership Role: I love the legislative process and study the pending legislation closely. Evaluating the effects on Our Patients and Our Profession. I have lived and worked in Rural America most of my life, so I know the Medical needs for patients outstate. I have worked relentlessly for improvement in Emergency Care at the Local Hospital (it has been an uphill climb). NNA District 9 would like me to represent Our District on this Commission.

Name of Candidate: Melissa Florell, MSN, RN

Education: Yale University, New Haven, CT—Master of Science, Nursing Management, Policy, and Leadership 5/2010 University of Nebraska Medical Center—College of Nursing BSN 5/2003 University of Nebraska, Bachelor of Science, Agronomy 8/1997.

Work Experience: State Cancer Partnership Coordinator, Good Samaritan Hospital, Kearney 11/10—present
Staff RN, Pre and Post Op, Heartland Surgery Center 4/2006-12/10
Staff RN, PCU and Family Birth Center, Good Samaritan Hospital 2003-2006
Pharmacy Technician, Good Samaritan Hospital 1999-2003
Agronomic Research Assistant, Monsanto Global Seed Co. 1997-1999.

Professional Memberships/Organizational Experience: Center for Rural Affairs, Policy Advisory Board 2009—present—attended lobby days, legislative testimony, authored rural healthcare workforce position paper and editorials Buffalo County 4—H Council—Family and Consumer Science Chair/ President Elect 2008—present NNA, District 4 Board of Directors, 2009.

Goals for Leadership Role: To play an active role in advocating for legislation that supports the nursing profession and a healthy population.

Four (4) At Large Members (2 from each commission): The Congressional District representatives receiving the highest votes will be elected to represent that district. The two nominees receiving the next highest votes will be elected as Members at Large.

ANA DELEGATE (Vote for 6)
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ANA Delegate Functions:

1. The number of delegates to represent NNA at the ANA House of Delegates shall be determined by ANA.
2. Delegates and alternates to the ANA House of Delegates shall be NNA/ANA/DNA members elected by secret ballot by NNA/ANA/DNA members in good standing.
3. Delegates and alternates to the ANA House of Delegates shall serve for a two-year term or until a successor is elected.

Nominees for ANA Delegate:

Torri Merten, MSN, RN (President)
Teresa L. Anderson, RNC, MSN (Nominee for President-Elect)

Nicole Colegrove, BSN, CRRN, RN

Elizabeth Furlong, PhD, JD

Linda Jensen, PhD, RN

Carole Lainof, MSN, RN

Linda Lazure, PhD, RN

Judy McPhillips, RN

Jean Phelan, MS, RN

Nancy Shirley, PhD

Karen Smith, MSN, RN

Diana Syfie, RN

Denise Waibel-Rycek, MSN, RN

Faye Weckle, RN, BC, CRRN

Karen K. Wiley, MSN, RN, CEN

Rosalee Yeaworth, PhD, RN, FCN

ANA Delegate Profiles:

Name of Candidate: Torri Merten, MSN, RN (President)
Education: May 2003 Master's of Science Degree in Nursing University of Nebraska Medical Center Graduate College; December 2000 Bachelor's of Science Degree in Nursing Clarkson College; 1996-1998 Pre-Nursing Courses University of Nebraska at Kearney

Work Experience: March 2009—Present—Bellevue Medical Center—See Positions Below:

October 2009—Present Nursing Coordinator, Clinical Education

March 2009—January 2010 Present—System Consultant III

2001-March 2009—Alegent Health—See Positions Below:

2006—Present Electronic Medical Record Training Specialist (Alegent Health Clinic)

2006-2006 Training Specialist (Alegent Heath Clinic)

2004-2006 Clinical Nurse Specialist (Center for Nursing Excellence System—Wide)

2003-2004 Staff Nurse (Immanuel Medical Center Emergency Room)

2001-2004 Staff Nurse (Lakeside Express Care/Lakeside Emergency Room/Lakeside Observation Unit)

2003-2004 Registered Nurse/Nursing Instructor (Nebraska College of Business/Hamilton College)

2003 Staff Nurse (Methodist Hospital Critical Care)

2002 Graduate Assistant (University of Nebraska Medical Center)

Election continued from page 6

2001 Staff Nurse (Clarkson Hospital Telemetry Unit)
2000 Patient Care Technician (University of Nebraska Medical Center Operating Room and Oncology Hematology Special Care Unit)

Professional Memberships/Organizational Experience:

2001-Present American Nurses Association
2001-Present Nebraska Nurses Association
President (October 2010-Present)
Vice President (October 2008-October 2009)
Commission on Practice and Professional Development Chair (Oct 2007-Oct 2009)
Commission on Practice and Professional Development Member (Oct 2007-Jan 2011)
District 2-Membership Committee Chair (Aug 2002-Jan 2003)
District 2-Marketing Committee Chair-2005-2009)
2002-Present-Sigma Theta Tau International Honors Society of Nursing
2001-2003 National Student Nurses Association (Sustaining Member)
1998-2001 Nebraska State Student Nurses Association
Image of Nursing State Officer (April 2000-March 2001)
1998-2000 National Student Nurses Association
1998-2000 Clarkson College Student Nurses Association (President-May 1999-April 2000)
1998-2000 Clarkson College Student Government Association 1996-1998 University of Nebraska at Kearney Student Government Association

Goals for Leadership Role:

- Act as an agent of change by encouraging all members to participate in the planning for the future of the organization.
- Represent the organization in positive ways.
- Participate and encourage other members to participate in their community and make the presence of nurses known.
- Participate actively in legislative activities and support our organization's stand on current issues.
- Work with current membership to form a mentoring program / develop a list of available members to work with our future nursing leaders and new graduates to assist with leadership development and the professional transition into nursing.
- Participate with other states and network to improve our relationships with the states and the American Nurses Association.
- Serve the members in this role in order to represent our state and support state and national initiatives.
- Participate in district, state and national activities and represent Nebraska nurses positively and professionally.

Name of Candidate: Teresa L. Anderson, RNC, MSN (Nominee for President-Elect)

Education: EdD(c) Anticipated graduation May 2012, College of Saint Mary, Omaha, NE, MSN, 1987, UNMC, Omaha, NE, BSN, 1983, UNMC, Lincoln, NE, ADN, 1981, UNMC, Lincoln, NE.

Work Experience: ANCC, Silver Spring, MD: Magnet Program Consultant-2005-Present Alegent, Omaha, NE: Advanced Nurse Specialist 2008-Present Alegent, Omaha, NE: Operations Director, CFNE 2005-2008 Alegent, Omaha, NE: Magnet Program Director, 2002-2005 Alegent, Bergan, Omaha, NE: Perinatal CNS, 2001-2002.

Professional Memberships/Organizational Experience: AONE/NONL—District I Secretary (2006-2008) ANA/NNA—Chair, Commission on Nursing Practice and Professional Development—District 2 Delegate and Member Nominations Committee AWHONN—Nebraska Section, Education Committee 2006-2008 Midwest Nursing Research Society STTI, Iota Tau Chapter, President (2008-2010), President-Elect 2006-2008; Raffle Chair-2004-2008 UNMC Alumni Association.

Goals for Leadership Role: Goals for this Leadership Role 1. To represent the members of the organization to facilitate the availability and improvement of health care services, to foster high standards of nursing practice, and to promote professional development and advancement. 2. To continue the growth of the organization to meet the challenges of the ever-changing health care environment, by strongly advocating for responsible and responsive health care policy, ethical regulation of practice, and fiscal accountability at a state and national level. 3. To reinforce the infrastructure of the organization by creating value-added programming to attract and retain Nebraska's best and brightest nurses as active members.

Name of Candidate: Nicole Colegrove, BSN, CRRN, RN
Education: MSN—in progress, Nebraska Wesleyan University, BSN-12/2009, University of Nebraska Med Center, AND-9/2008, Southeast Community College—

Lincoln, PN Diploma-7/2006, Southeast Community College-Beatrice

Work Experience: 3/2010-current, Case Manager at Madonna Rehabilitation Hospital, 10/2008-current, RN Staff Nurse at Madonna Rehabilitation Hospital, 2/2006-1/2008, LPN Staff Nurse at Beatrice Manor Care Center

Professional Memberships/Organizational Experience: NNA/ANA, LPNAN 12/2005-6/2006—president, student chapter

Goals for Leadership Role: My goals are to serve as a representative of the NNA; to evaluate legislation and the impact it may or may not have on Nebraska nurses; to promote the well being of the community and the integrity of the nursing profession by providing testimony related to legislation.

Name of Candidate: Elizabeth Furlong, PhD, JD

Education: J.D. 2000 Creighton University PhD 1994 U of Nebraska at Lincoln MS U of Nebraska at Lincoln (Political Science) MS 1971 U of Colorado (Community Health Nursing) BSN 1964 Marycrest College RN 1963 Mercy Hospital School of Nursing.

Work Experience: Associate Professor, School of Nursing, Creighton University.

Professional Memberships/Organizational Experience: 1971+ ANA/NNA/District II (Committee participation; past Chair of District II Legislative Committee; past Delegate to NNA Convention for several years; etc. Sigma Theta Tau Association of Community Health Nurse Educators Association of Nurse Attorneys.

Goals for Leadership Role: 1—Best represent the voices of NE nurses at the ANA Delegate Meeting; 2—Bring nursing, policy and law knowledge and experience to the ANA Delegate meeting discussions; 3—Inform and educate NE nurses before and after this meeting re: the integration of issues between ANA, the NNA and each NE District Chapter.

Name of Candidate: Linda Jensen, PhD, RN

Education: PhD Nursing 1997; UNMC College of Nursing MN Nursing 1982; Wichita State University BS Psychology 1976; Kearney State College Diploma Nursing 1966; Lincoln General School of Nursing

Work Experience: Associate Professor Clarkson College 2007-present; UNMC College of Nursing-Kearney 1978-2007.

Professional Memberships/Organizational Experience: 1982-present NNA member; Advocacy and Representation Commission 2003-2007 & 2009-2011; Chair 2004-2007; NNA-PAC member Sigma Theta Tau 1982-present NAMI (National Alliance on Mental Illness) Member National Board of Directors, President Nebraska Board of Directors 2007-2009, 1997-2002, Sigma Theta Tau Omicron Pi Board of Directors, 2010-2012.

Goals for Leadership Role: I would assist with NNA taking a leadership role in improving health care and nursing through the legislative processes. I would seek to help more nurses become knowledgeable and active in the governmental processes and in NNA.

Name of Candidate: Carole Lainof, MSN, RN

Education: BSN 1967 Medical college of VA MA Health Education SUNY College Cortland, NY, MSN Community Health Nursing UNMC 1988.

Work Experience: Community Health Nurse Interim Health Care 1998-present Clinical Instructor Nebraska Methodist College 1996-2006 VNAS Hospice Nurse 1995-1996 Clinical Instructor Metro Community College 1993-1994.

Professional Memberships/Organizational Experience: ANA Delegate 2006 NNA Member since 1993, President 2006-2008 Legislative Committee Member District 11 1993-present PHAN Member 1996-present STT Tau Tau Chapter, Membership Involvement Chair 2009-2011.

Goals for Leadership Role: Be an active member of the 2012 NNA delegation to the ANA and participate fully in the preparation and proceedings of the convention and other events scheduled for this event.

Name of Candidate: Linda Lazure, PhD, RN

Education: PhD-Nursing 1993 U of NE Medical Center (UNMC) MSN 1979 UNMC College of Nursing BSN 1975 UNMC College of Nursing Diploma 1970 St. Catherine's School of Nursing.

Work Experience: Creighton University School of Nursing: Associate Dean for External Relations 2010 to present Associate Dean for Student Affairs 1997-2010.

Professional Memberships/Organizational Experience: American Nurses Association (ANA)—National level 1994-1996 Member, ANA Constituent Assembly (as NNA president) 1996-1998 Member, ANA Nominating Committee 1998-2000 Chair, ANA Nominating

Committee 2006-2009 Member, Center for American Nurses Policy Workgroup on Health and Workforce Advocacy, appointed by Center for American Nurses' Board of Directors. 2007 Leader-Lateral Violence and Bullying in the Workplace Position Paper sub-working group 2007 Member-Leadership White Paper sub-working group 2006 Alternate, ANA Reference Committee, appointed by ANA Board of Directors 2009-2010 Chair, ANA Reference Committee, appointed by ANA Board of Directors 2010-2012 Member, ANA Honorary Awards Committee NNA (state level); 1988-1992 First Vice-President (Re-elected 1990) 1988-1992 Executive Committee 1988-1992 Chairman, Resolutions Committee 1989-1990 Co-Chair, 1990 NNA Convention Arrangements 1992-1994 Chair, Nominations Committee 1994-1996 President 1996-1997 Past-President (member Board of Directors) 1998-2006 ANA Convention Delegate

Goals for Leadership Role: I will report back to the NNA membership regarding ANA issues. I will represent NNA as a delegate and also through the national relationships I have fostered through the years.

Name of Candidate: Judy McPhillips, RN

Education: Diploma, 1968, St. Francis Hospital, Grand Island, NE

Work Experience: Cardiac Cath Lab, CHF Care Manager

Professional Memberships/Organizational Experience: Nebraska Nurses Association, District 4—President, Board Member, Secretary (several times), currently President-Elect.

Goals for Leadership Role: Continue to learn more about our organization to share with other nurses.

Name of Candidate: Jean Phelan, MS, RN

Education: MS in Nursing Education, 1986, DePaul University, Chicago, IL; BSN, 1976, Creighton University, Omaha, NE.

Work Experience: Metropolitan Community College, Instructor, March 2009-present; Interim Healthcare, Staff Nurse, April, 2007-2009; Nebraska Medical Center, Nurse Researcher, December, 2006-March, 2007; Kaplan University, Instructor, August, 2007-July, 2008; Nebraska Methodist College, Assistant Professor, August, 1989-December, 2006.

Professional Memberships/Organizational Experience: NNA/ANA since 1989; NNA PAC Secretary 1994-2000; NNA CAR October, 2009 to present

Goals for Leadership Role: Work toward legislative activities and goals of NNA *Collaborate with other organizations to achieve common goals in legislative activities *Work with other committee members to support legislative goals of NNA *Maintain NNA strategic goals.

Name of Candidate: Nancy Shirley, PhD

Education: University of Indiana Web Course Development 2006/Certificate UNL Lincoln, Nebraska Educational Admin Higher Education: Educational Leadership 2000/PhD UNMC College of Nursing Omaha, Nebraska Education Emphasis: Family & Community Health Nursing 1977/MSN University of Rhode Island College of Nursing Kingston, Rhode Island Nursing, Honors Program 1971/BS.

Work Experience: Associate Professor and Chair, BSN Program, Creighton University School of Nursing December 2003-present Professor and Grants Officer, Nebraska Methodist College January-December 2003 Associate Professor and Program Chair for Nursing, Nebraska Methodist College 1991-2002.

Professional Memberships/Organizational Experience: NNA, 1973-present President-Elect; President; Past President; Nominating Committee; Commission on Advocacy & Representation; Finance Committee; Membership Committee; numerous Task Forces; ANA delegate; Center for Nurses delegate NNA, District 2 1973-present CHN representative on Board; Nominating Committee; NNA delegate ANA, Elected to Congress on Nursing Practice and Economics, 2006-2010 served on numerous work groups; served as liaison from CNPE to Quad Council of Public Health Nursing Organizations Quad Council of PHN Organizations 2006-2010 Chairperson and Secretary Center for American Nurses 2004-2010 numerous task forces Sigma Theta Tau 1978-present (Gamma Pi and Iota Tau chapters) NE Assembly of Nursing Deans and Directors 1996-2003 Treasurer NE Nursing Leadership Group Coordinating Committee 2004-2006 Nursing Summit Planning Committee 2001-2003, Chair Nebraska Center for Nursing, appointed by Governor American Public Health Association, Public Health Nursing Section 1983-1991; 2007-2010 NE Public Health Association, Public Health Nursing Section.

Election continued from page 7

Goals for Leadership Role: Represent the nurses in Nebraska and their concerns at the national level. Be a voice for our profession at both the state and national level. Be a voice for workplace advocacy at the state and national.

Name of Candidate: Karen Smith, MSN, RN

Education: BSN/MSN in Maternal Child Nursing from University of Nebraska Medical Center College of Nursing.

Work Experience: For past 20 plus years, Pediatric Clinical Nurse Specialist at The Nebraska Medical Center. Recently retired.

Professional Memberships/Organizational Experience: Member in ANA, NNA, and District for over 40 years. NNA–Convention planning committee. In the past served as Secretary District II–Secretary currently. Served in past as President, Maternal Child Representative, secretary and numerous committees.

Goals for Leadership Role: My major goal is to communicate to the Nebraska Nurses' membership, the goals and objectives of the National ANA. Particularly interested in the IOM recommendations and how these will affect the Nebraska nurses.

Name of Candidate: Diana Syfie, RN

Education: Diploma from Sacred Heart School of Nursing in 1964.

Work Experience: Charge Nurse at Ainsworth Care Center from 2009 to present MDS and Medicare Coordinator at Ainsworth Care Center from 1995 to 2009 Interim Director of Nursing at the Ainsworth Care Center at various times when there was no DON from 1995 to Oct 2010.

Professional Memberships/Organizational Experience: Was a member of AANAC from 2005 to 2010. Current member ANA/NNA.

Goals for Leadership Role: I would like to learn how the National Organization works and meet other nurses and listen to their experiences and bring home new ideas.

Name of Candidate: Denise Waibel–Rycek, MSN, RN

Education: MSN Creighton University, 1996 BSN Rush University, Chicago, 1979 BS in Biology, University of Illinois, Chicago, 1977.

Work Experience: Instructor, UNMC CON Kearney 2006-present Research Recruiter, UNMC 2006-2007 Department Director, Homecare Services, Good Samaritan Hospital, 1989-2006.

Professional Memberships/Organizational Experience: ANA 1979-present NNA 1983-present District 4 1983-present (Past vice president, President 2009-2011 NAHCHA (Nebraska Association of Home and Community Health Agencies), President 1990's for 2 years. Charter member of Central Nebraska chapter of Oncology Nursing Society (1980's)

Goals for Leadership Role: I am very interested in representing Nebraska on the national level as a delegate to ANA. I want to understand the current political climate so that I can advocate for the nurses in Nebraska. Nebraska nurses deserve an active voice. They are hard working and compassionate.

Name of Candidate: Faye Weckle, RN, BC, CRRN

Education: Diploma RN June 1977, Bryan Memorial Hospital School of Nursing, Lincoln, NE. Five classes taken at Southeast Community College, Lincoln, NE. toward prereq. for BSN.

Work Experience: Staff Nurse at Madonna Rehabilitation Hospital, Lincoln, NE: 2009-11 Traumatic Brain

Injury and Pediatrics, 2007-09 as float for above units and Spinal Cord Injury, CVA and Cardiac 2006-07 Subacute or Transitional Care Unit, 2005-06 Stroke unit. 2001-2005 Charge nurse for 22 bed Skilled Nursing Unit at Madonna.

Professional Memberships/Organizational Experience: Member ANA since 1983. Member NNA since 1987. Chair of NNA Cabinet on Nursing Practice 1984-88. Co-Chair of NNA District 3 Committee on Publications and Public Relations 2008-10.

Goals for Leadership Role: Represent the average staff RN in the U.S., esp. for the Boomer generation, whose issues include physical safety as we near retirement yet are still working, being tech savvy in this computer age, and staying current in evidence based practice. Learning about ANA directly by participating at convention, to be able to articulate to my peers why we need to be active in our professional organization and what that means. Obtain a better understanding of roles in ANA and NNA that are a good fit for my personal and professional skills. Renew the passion I used to have to be actively contacting my senators, congressman and state legislator about nursing issues.

Name of Candidate: Karen K. Wiley, MSN, RN, CEN

Education: College of Saint Mary Omaha NE, RN, 1978 Creighton University Omaha NE, BSN 2004 Nebraska Wesleyan University Omaha NE, MSN 2007

Work Experience: Alegent Immanuel Emergency Department Staff Nurse 1990-Current

Professional Memberships/Organizational Experience: 1999-Present: Government Affairs Chair Nebraska Chapter Emergency Nurses Association 2001 and 2010: President Nebraska State Council Emergency Nurses Association 2006-2007: Member of the NNA Commission on Advocacy and Representation 2006-2007 Task force formed with Nebraska Nurses Association to develop a survey that later was placed on the Nebraska Nurses Association web site to collect data on workplace violence in the healthcare setting in Nebraska. The results were presented to the Nebraska Health Care Association and Nebraska Assisted Living Association Annual Convention on September 18-20 2007 and Nebraska Nurses Association Annual Convention 2007. 2007-2009: Chair person of the NNA Commission on Advocacy and Representation 2011-present: Chairperson on NNA's Commission for Practice and Professional Development. 1996-present: Member of District 2 NNA Legislative Committee 2001-present: Co-chair and Chair of District 2 NNA Legislative Committee. National 1999, 2000, 2001 2008, 2009, 2010: Nebraska Delegate to Emergency Nurses Association House of Delegates at Annual Convention 2000: Member Emergency Nurses Association Government Affairs Committee 2009 and 2010: Chairperson Emergency Nurses Association Work Team. 2011-2012: Member of the Emergency Department Psychiatric Care Committee 2011: Candidate for the Emergency Nurses Association Board of Directors position for 2012.

Goals for Leadership Role: If elected, I promise to serve the Nebraska Nurses Association to the best of my ability in the promotion of the program adopted by the membership for the best interests of nursing. If elected, I agree to follow the policies, procedures, and bylaws of this association.

Name of Candidate: Rosalee Yeaworth, PhD, RN, FCN

Education: BSN Nursing 1951 University of Cincinnati, Ohio MSN Nursing 1966 University of Cincinnati, Ohio PhD Sociology 1970 University of Cincinnati, Ohio

Work Experience: Faith Community Nurse, Dundee Presbyterian Church Dean Emeritus & Professor Emeritus UNMC College of Nursing Volunteer advocacy, policy work, teaching and consultation.

Professional Memberships/Organizational Experience: ANA/NNA–Education Cabinet for 8 years. District 2 By-laws Committee and Nominating Comm. Sigma Theta Tau, American Association of Colleges of Nursing–6 years on Board, 4 as secretary, currently honorary member. Founding member and on initial Board of Midwest Nursing Research Society; NLN accreditation visitor 1985-1988; Center for Nursing Board 2000-2007.

Goals for Leadership Role: Faithfully represent the Nebraska Nurses Association. Since I have served as a delegate to the Nebraska Nurses Association Convention since I came to NE almost 32 years ago, with the exception of about two years, and worked with four divisions of the College across the state. I believe I have an understanding of the issues in NE and procedure of Conventions.

The Foundational Documents of Professional Nursing

by Teresa L. Anderson, EdD(c),
MSN, RNC-OB, NE-BC

This year marks my 30th year as a registered nurse, with all but eight of those years spent in Nebraska. In the last 10 years, I have had the opportunity to explore the profession of nursing and its practice, across the country. I have communicated with literally thousands of nurses. I am amazed at the number of practicing professionals who are not aware, have not read, and/or do not own the foundational documents of professional nursing—*The Code of Ethics for Nurses With Interpretive Statements (2001)*, *Nursing's Social Policy Statement: The Essence of the Profession (2010)*, and *Nursing's Scope & Standards, 2nd Edition (2010)*. These documents are published by the American Nurses Association (ANA), which is recognized as the voice of nursing nationally. Two of the three documents have been updated in 2010, so now is a great time to remind practicing nurses throughout our state about the key components of these three documents, and to review the recent changes made to them. The *Nursing Scope and Standards (2010)*, together with the *Code of Ethics for Nurses (2008)* and *Social Policy Statement (2010)*, provide the expectations and competencies, which guide all nurses to the highest level of professional practice and accountability.

The *ANA Code of Ethics for Nurses with Interpretive Statements* informs our practice integrity and the personal and professional accountability assumed when one takes on the role of the registered nurse. It defines the contract that nursing has with society. Regardless of the path of education chosen to reach registered nurse status, the accountabilities are the same. There are nine provisions of the code, first written and accepted by the ANA in 1950. Major revisions have occurred in 1960, 1968, 1976, 1985, and finally in 2001, when the interpretive statements were added. The current version, *Guide to the Code of Ethics for Nurses: Interpretation and Application*, published in 2008, offers interpretation and application examples provided by nursing specialists from across the nation. The nine provisions include

Provision One: The nurse, in all professional relationships, practices with compassion and respect for the inherent dignity, worth, and uniqueness of every individual, unrestricted by considerations of social or economic status, personal attributes, or the nature of the health problems.

Provision Two: The nurse's primary commitment is to the patient, whether an individual, family, group, or community.

Provision Three: the nurse promotes, advocates for and strives to protect the health, safety, and rights of the patient.

Provision Four: The nurse is responsible and accountable for individual nursing practice and determines the appropriate delegation of tasks consistent with the nurse's obligation to provide optimum patient care.

Provision Five: The nurse owes the same duties to self as to others, including the responsibility to preserve integrity and safety, to maintain competence, and to continue personal and professional growth.

Provision Six: The nurse participates in establishing, maintaining, and improving healthcare environments and conditions of employment conducive to the provision of quality health care and consistent with the values of the professional through individual and collective action.

Provision Seven: The nurse participates in the advancement of the profession through contributions to practice, education, administration, and knowledge development.

Provision Eight: The nurse collaborates with other health professionals and the public in promoting community, national, and international efforts to meet health needs.

Provision Nine: The profession of nursing, as represented by associations and their members, is responsible for articulating nursing values, for maintaining the integrity of the profession and its practice and for shaping social policy.

The interpretations and application examples serve as a great source for personal reflection related to self-practice, as a discussion starter for students or novice nurses, or as

foundational work for the development of a professional practice model.

The second foundational document, *Nursing's Social Policy Statement*, also has a history of development and revision. First introduced in 1980, this document set the context for nursing within the greater healthcare arena and provides definitions of nursing, the knowledge base for nursing practice, the scope of nursing practice, and regulation of practice. The 1995 and 2003 revisions added dialogue related to specialization in nursing and advanced practice. The current edition, *Nursing's Social Policy Statement: The Essence of the Profession (2010)*, elaborates on these concepts and brings the document forward for application within the complex healthcare environment of the 21st century, while building on the core document from 1980. The following is a review of some of the pertinent revisions.

The *Social Policy Statement* defines the social context of nursing and is centered on six key social concerns in healthcare and nursing.

- Organization, delivery, and financing of quality of health care
- Provision for the public's health
- Expansion of nursing and healthcare knowledge and appropriate application of technology
- Expansion of healthcare resources and health policy
- Definitive planning for health policy and regulation
- Duties under extreme conditions

The authority of nursing is based upon social responsibility derived from a social base and contract, which reflects nursing's long-standing core value of ethics. "The nursing profession fulfills society's need for qualified and appropriately prepared individuals who embrace, and act accordingly to, a strong code of ethics, especially when entrusted with the healthcare of individuals, families, groups, communities, and populations. Nursing's social contract with society is based on the following elements:

- Humans manifest an essential unity of mind, body, and spirit.
- Human experience is contextually and culturally defined.

- Health and illness are more human experiences. The presence of illness does not preclude health, nor does optimal health preclude illness.
- The relationship between the nurse and patient occurs within the context of the values and beliefs of the patient and nurse.
- Public policy and the healthcare delivery system influence the health and well-being of society and professional nursing.
- Individual responsibility and interprofessional involvement are essential.

Successful collaboration requires that nursing and its members respond to diversity by recognizing, assessing, and adapting the nature of working relationships with individuals, populations, and other health professionals and health workers. These efforts extend to relationships within nursing and between nursing and representatives of the public in all environments where nursing practice may occur.

The *Social Policy Statement* also describes the scope of nursing practice. Professional nursing has a single scope of practice that encompasses the range of activities from those of the beginning registered nurse through those of the most advanced level of nursing practice. Although a single scope of professional nursing practice exists, the depth and breadth to which individual nurses engage in the total scope of professional nursing practice are dependent on their educational preparation and self-development, their experience, their role, the setting, and the nature of the populations they serve. All nurses are responsible for practicing in accordance with recognized standards of professional nursing practice and the recognized professional code of ethics. Each nurse remains accountable for the quality of care within his or her scope of nursing practice, and each must rely on self-determination and self-regulation as the final level of professional accountability. Besides this self-regulation are the accountabilities of professional regulation, legal regulation, and institutional policies and procedures.

The Foundational Documents continued on page 10

The Foundational Documents continued from page 9

In addition, the *Social Policy Statement* also addresses the definition of nursing, as it relates to specialty nursing and advanced practice nursing. This new edition includes within the appendices, the *Consensus Model for APRN Regulation: Licensure, Accreditation, Certification, and Education* (2008). This is a tremendous resource for advanced practice nurses when used in conjunction with the *Scope and Standards of Practice*.

The *Nursing Scope and Standards of Practice, 2nd Edition*, replaces the original 2004 edition. This 2010 edition expands not only the number of standards but also significantly on the competencies which accompany each standard. The six Standards of Practice remain the same, anchored in the nursing process. The nursing process, a critical thinking model, includes the components of assessment, diagnosis, outcomes identification, planning, implementation, and evaluation.

The Standards of Professional Performance “describe a competent level of behavior in a professional role, including activities related to ethics, education, evidence-based practice and research, quality of practice, communication, leadership, collaboration, professional practice evaluation, resource utilization, and environmental health.” This represents a slightly different arrangement of the standards as well as the addition of two new standards—Communication and Environmental Health. Appendix B of the document includes the *Professional Role Competence: ANA Position Statement* (2008) and this document is a must read for all nurses. This single document provides not only a concise description of the concept of professional nurse competence, but also the steps to effectively evaluate competence. The following discussion highlights the major enhancements made to the competencies of each standard.

Assessment

The first notable change is a new title for those served by nurses. No longer “patients”, these “healthcare consumers” are now the focus of our collective nursing efforts. The nurse is expected to collect comprehensive data including, but not limited to, physical, functional, psychosocial, emotional, cognitive, sexual, cultural, age-related, environmental, spiritual /transpersonal, and economic components while “honoring the uniqueness of the person” (ANA, 2010, p 32). The nurse must also elicit the values, preferences, expressed needs, and knowledge of the situation while applying ethical, legal, and privacy guidelines and policies. Other additions include the identification of barriers, recognition of personal attitudes, values, and beliefs, and the assessment of family dynamics. The nurse must recognize that the healthcare consumer has the authority for their own health, honoring their care preferences.

Diagnosis

Added to the competencies for this standard is an obligation to identify actual or potential risks to safety and health, which may be interpersonal, systematic, or environmental circumstances. The nurse is also directed to use “standardized classification systems and clinical decision support tools, when available, in identifying diagnoses” (ANA, 2010, p 34).

Outcomes Identification

These competencies remain consistent with the 2004 edition with only the substitution of the term “healthcare consumer” for patient. In addition, the outcomes must be defined in terms of the culture, values, and ethical considerations, of that consumer.

Planning

Planning now includes the expectation for individualized plans formulated in partnership with the healthcare consumer and including values, beliefs, spiritual and health practices, preferences, choices, developmental level, coping style, culture, and environment. In addition to promoting health and preventing illness, now nurses

also strive to alleviate suffering and support those who are dying. Strategies for health and wholeness across the lifespan are needed, while considering the economic impact, consumer’s response and outcomes in a new requirement.

Implementation

The implementation standard has been significantly enhanced with the addition of many new competencies. The nurse is expected to partner with individuals and families to implement the plan of care, in a caring, holistic, safe, and collaborative manner. As the advocate for the healthcare consumer the nurse considers diversity and communication styles, while integrating traditional and complementary health practices as appropriate.

Coordination of Care includes organizing the components of the plan, managing care toward consumer independence, and advocating for the delivery of dignified and humane care. The nurse assists the healthcare consumer in identifying options for alternative care and communicates with all during transitions in care.

Health Teaching and Promotion

Health promotion now includes the consideration of consumer values, beliefs, health practices, spirituality, and socioeconomic status. It is expected that information technology be used to communicate health promotion and disease prevention information and that all consumers are provided with information about intended effects and potential adverse effects of proposed therapies.

Consultation

The consultation competencies are essentially unchanged from the previous version of the standards.

Evaluation

This standard has also changed very little relative to the competencies of the nurse. Nurses are expected to collaborate with the healthcare consumer and others involved in the evaluation and should also participate in assessing and assuring the responsible and appropriate use of interventions in order to minimize unwarranted or unwanted treatment and healthcare consumer suffering.

Ethics

The competencies of the nurse for ethics now specifically include the expectation that the nurse use the *ANA Code of Ethics with Interpretive Statements* to guide practice. Care should preserve and protect consumer autonomy, dignity, rights, values, and beliefs, while recognizing that the healthcare consumer and familiar are core members of any health team. The nurse upholds consumer confidentiality, and assists with self determination and informed decision-making. The nurse must take appropriate action regarding instances of illegal, unethical, or inappropriate behavior that can endanger or jeopardize the best interest of the consumer or situation. It is expected that, when appropriate, the nurse will question practice affecting safety and quality, and advocates for equitable healthcare.

Education

In keeping with the requirements for life-long learning, the nurse is expected to seek experiences to maintain knowledge, skills, abilities, and judgment in clinical practice appropriate to the role, population, specialty, setting, or situation. The nurse participates in consultations to address issues in nursing practice as an application of education and knowledge. The nurse shares educational findings, experiences, and ideas, and contributes to a work environment conducive to the learning needs of others. The maintenance of professional records that provide evidence of competency and lifelong learning is also a new expectation.

Evidence-Based Practice and Research

The nurse is expected to utilize current evidence-based nursing knowledge and to incorporate that evidence when initiating changes in nursing practice. The nurse, as appropriate to education level and position, participates in the formulation of evidence-based practice through research and shares those findings with colleagues and peers.

Quality of Practice

The quality of practice standard has changed very little, with the major addition being the expectation that nurses participate in leading teams and efforts to enhance quality, evaluate clinical care, promote safety, and minimize cost and unnecessary duplication.

Communication

This new standard makes clear the expectations of

the nurse related to effective communication. The nurse is asked to assess communication format preferences of healthcare consumers, family and colleagues, as well as his or her own communication skills, seeking continuous improvement as needed. Information should be conveyed accurately, to the appropriate level, including the disclosure of the hazards and errors in care, when they occur. The nurse maintains communication with other providers and questions rationale when they do not appear to be in the best interest of the patient. The nurse contributes his or her own professional perspective in discussion with the interprofessional team.

Leadership

The nurse oversees the care given by others while retaining accountability for the quality of care given to the healthcare consumer and abides by the plan of care within the context of the organization. Colleagues are treated with respect, trust, dignity and are mentored for the advancement of nursing practice, the profession, and quality health care. The nurse communicates effectively with the consumer and colleagues, developing communication and conflict resolution skills. The nurse seeks ways to advance nursing autonomy and accountability and participates in efforts to influence healthcare policy involving healthcare consumers and the profession.

Collaboration

Collaboration is intended to produce positive outcomes through the sharing of knowledge of the healthcare consumer and/or situation. This collaboration is accomplished through conflict resolution, consensus building, teamwork, team-building, and cooperation. The nurse participates in groups and applies group process and negotiation techniques with consumers and colleagues. The nurse is expected to adhere to standards and applicable codes of conduct that govern behavior among peers and colleagues to create a work environment that promotes cooperation, respect, and trust.

Professional Practice Evaluation

The professional practice evaluation standard remains consistent with the previous version with the exception a few minor changes. The nurse needs to provide evidence for practice decisions and actions, and the need to interact with peers and colleagues to enhance personal professional nursing practice or role performance. He or she is expected to provide peers with formal and informal constructive feedback regarding their practice or role performance.

Resource Utilization

This standard has been significantly enhanced with many new competencies for the nurse. The nurse should assess the individual needs and resources of the consumer, identify priority needs and desired outcomes for the consumer. The nurse may delegate elements of care to appropriate healthcare workers in accordance with any applicable legal or policy parameters or principles. The nurse advocates for resources, including technology and modifies practice when necessary. He or she assists the healthcare consumer and family in factoring costs, risks, and benefits in decisions about treatment and care.

Environmental Health

This new standard of professional practice notably elevates the accountability of the nurse for the work environment of the facility. The nurse promotes a practice environment that reduces environmental health risks for all, and does this by attaining knowledge related to environmental health concepts and implementation strategies. This is accomplished through assessment of sound, odor, noise, and light threats as well as the communication of such risks and the reduction of exposure to risks. The nurse participates in strategies to promote healthy communities.

It is an obligation not an option for nurses to self-regulate and to assure advancement of their knowledge, skills, and abilities. This is aptly stated in the *Scope and Standards*:

“All registered nurses are expected to engage in professional role activities, including leadership, appropriate to their education and position. Registered nurses are accountable for their professional actions to themselves, their healthcare consumers, their peers, and ultimately to society.” (ANA, 2010, p 10).

American Nurses Association. (2010). *Nursing scope and standards of practice*. 2nd (ed.) Silver Spring, MD: American Nurses Association.

American Nurses Association. (2010). *Nursing's social policy statement: The essence of the profession*. (2010 Ed.)

Fowler, M. (2008). *Guide to the code of ethics for nurses: Interpretation and application*. Silver Spring, MD: American Nurses Association.

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Around the Districts



Donna Montemayor

DISTRICT 1

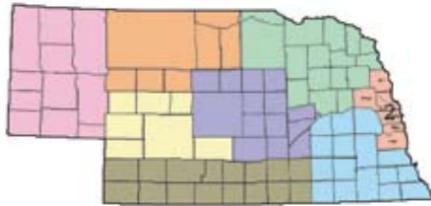
President: Donna Montemayor,
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E—dmontemayor@charter.net



**Bonnie Kokes,
BSN, RN**

DISTRICT 2

President:
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H—(402) 331-9071
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The first of three general meetings of NNA District II was held at the Alegend's McCauley Center on March 24th. The District II members were enlightened about the scope of palliative care by Carrie Siedik. A lively discussion followed about the need for offering palliative care and its role in the new health care initiative. A summary of Marilyn Valerio's report at Legislation Day on the eight key recommendations and proposed actions from the Institute of Medicine 2010 report: *The Future of Nursing-Leading Change, Advancing Health* was discussed. On April 6th a meeting was held at Nebraska Methodist College to discuss how the IOM recommendations could be implemented in Nebraska and how the NNA is needed as a fully committed partner. Karen Wiley reported on the status of the bills in the Nebraska legislature that affect nurses and healthcare.

The annual Celebrate Nursing Breakfast was held at the Georgetowne Club in Omaha on April 30th. About 125 members and guests enjoyed a buffet breakfast at tables decorated with turquoise, purple, and red flowers. The theme of the day was Nursing: Trust to Care. The thirty recipients of the Positive Image of Nursing Award were nominated by their peers because they exemplified the highest endeavor of nurses to give exceptional care and to give outstanding service to those they care for or teach. Each honored nurse was presented a certificate and a potted flower to remember this day by.

The morning was livened up by the drawing of names for gifts. The final drawing was for a year's membership to the NNA. Linda Lazure, the guest speaker our Nurses Week event, shared information about the IOM report and discussed what it means to nurses in Nebraska.

District II has more events planned for our members. On June 22nd a general meeting will be held at Lakeside Hospital at 6:00. Robin Higley will be speaking about NORS. The continuing education day will be October 25th at Lakeside Hospital from 7:30-12:00. Our annual dinner with awards presentations will be held November 7th at Grisanti's Restaurant. Please consider who you would like to honor.

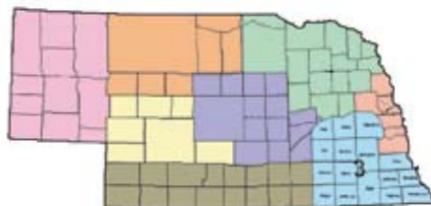
The District II board wishes you a great summer. We look forward to seeing many of our members at this year's events.



**Missy Ofe Fleck,
RN, MSN**

DISTRICT 3

President:
Missy Ofe Fleck, RN, MSN
H—(402) 335-3620
E—mofleck@unmc.edu



The NNA District 3 board of directors continues to meet every 4th Monday of the month from 5:30-7:00 pm at Madonna Rehabilitation Hospital in Lincoln. Our yearly goals have been approved by the board and include:

- Filling NNA vacancies for District 3 representation
- Promoting attendance at District 3 Board Meetings
- Providing website upgrades
- Increasing membership, and
- Fundraising

Monthly minutes and announcements will be posted on our website so please check for future activities. Also on our website, you will find the Spring 2011 edition of *Perspectives* composed by our Publications/PR co-directors, Sandy Carney and Carol Penrosa. NNA District 3 members will be voting on the 2011 NNA State Convention Delegates listed in the current *Perspectives* edition thanks to a wonderful slate of candidates composed by Virginia Hess and Cathy Smith our Nominations/Membership co-directors. Delegate selection will occur via on-line voting.

As part of 2011 Nurses Week and to coincide with this national occasion, plans have been secured by program co-chairs Becky Davis and Kelli Anderson to co-host our annual *Celebrate Nursing* event on April 25 at BryanLGH East Regional Medical Center in the Plaza Conference Center in Lincoln. Poster presentations and silent auction bidding will begin the evening at 5:30, followed by a buffet dinner. Don Wesely, our NNA lobbyist, will provide the evening's program *The Professional Nurse's Role in the Legislative Process*. At this event, we will recognize five District 3 nurses for their outstanding service. Registration forms can be found on our website and within the *Perspectives* on-line publication.

NNA District 3 will become officially unincorporated as of April 30 and our assets will be integrated under NNA. Lina Bostwick, NNA 3 Treasurer, Cinda Zimmer, Past NNA President, Annette Belitz-Harmon, NNA Executive Director, and I conducted an internal audit of our financials prior to the dissolution. NNA 3 will still maintain decision-making over our district financial interests.

Please remember to keep us updated to your current email addresses so we can keep our membership updated on current and forthcoming events. Any NNA District 3 board member can assist you with this request.

District 3 continued on page 12

Around the Districts

District 3 continued from page 11

DISTRICT 4

President: Denise Waibel-Rycek, MSN, RN
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 E—dwaibelrycek@unmc.edu



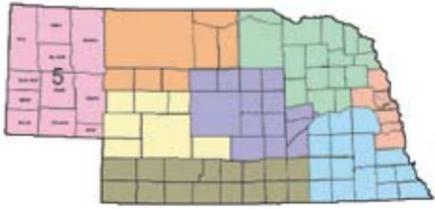
Old Chicago in Kearney was the site of the February meeting for District 4. The meeting was a success. We had members who have not been active attend as well as guests.

Douglass Haas gave an update on the legislative issues of interest to nurses in Nebraska. June Collison has agreed to head up our membership committee. We will again offer a scholarship to a nursing student active in SNA in district 4. We decided to support the NSSNA by donating a door prize. Plans for Nurses' Week were discussed and will be implemented. A billboard will be posted in Kearney celebrating nurses.

The next meeting will be in April in Farwell. As a district, we will celebrate Nurses' Week. Torri Merten and Annette Harmon will be our guests.

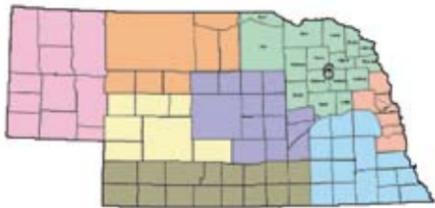
DISTRICT 5

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 W—(308) 630-2230
 E—snyders@rwmc.net



DISTRICT 6

President: Pam List, MSN, APRN
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 W—(402) 372-2404
 E—plist@fcswp.org



District VI members celebrated Nurses' Week by meeting for dinner in Norfolk at Napoli's. We look forward to this meeting to connect in person and talk about issues important to nursing. We also like to eat good food and enjoy a few laughs! Our other meetings are held by conference call. The next meeting will be sometime in August. We would love to have any interested nurse in our area join us on the call. Just contact Pam List at listpam06@hotmail.com for the date and call details. We hope to see many members at the NNA Convention in October!

DISTRICT 7



Barb Wenz

President: Barb Wenz, BSN, RN
 H—(308) 534-6748
 E—rcwenz@charter.net



Nurses' Week was celebrated April 28th at Mid-Plains Community College. The District members sponsored a Salad Lunch for the nursing students. Executive Director Annette Harmon and State President Torri Merten presented a program for the nursing students and members.

DISTRICT 9

President: Cathy Clark Sybrant, APRN, MSN
 H—(402) 684-3235
 E—cclark1@huntel.net



New NNA Members: January 2011

District 1

Annata Sullivan

District 3

Renee Ziegler

District 2

Jane Carmody
 Janet Wintle

Do You Want to Help Your Patients Quit Smoking, but Don't Know How to Get Started?

The Nebraska Pharmacists Association has available for purchase the *Tobacco Cessation Counseling Toolkit*. The toolkit was designed to assist the provider in the tobacco cessation counseling process and includes:

- *Billing for Counseling Services*—instructions for billing Nebraska Medicaid as well as enrollment information
- *Documents for Providers*—forms to assist with documentation of counseling sessions
- *Documents for Patients*—handouts to facilitate counseling sessions by using the patient assessment tools, interactive worksheets, and patient take-home materials. The documents are intended to serve as original documents which can be copied for patient use.
- *Resources*—a list of websites which offer additional information for both patients and providers.

The toolkit was developed in cooperation with the Nebraska Pharmacists Association, the Department of Health and Human Services including Nebraska Medicaid and Tobacco Free Nebraska, the Pfizer Medical Outcomes Specialist, and practicing Nebraska pharmacists with an interest or certification in tobacco cessation.

Eligible health care professionals and hospitals can qualify for Medicare and Medicaid incentive payments for implementing programs in conjunction with electronic health records. One of the criteria set forth in *Stage One Meaningful Use Guidelines* pertains to capturing information at the point of care about patients' smoking status and offering counseling to help patients quit smoking. The *Tobacco Cessation Counseling Toolkit* will assist you in implementing a successful Tobacco Cessation Counseling Program in your practice!

The Tobacco Cessation Toolkit is available for \$49.99 plus tax and \$5.99 for Shipping & Handling.

To order call: 402-420-1500 (Mon-Fri, 9am-4pm CST). Or mail your order to:

NPA, 6221 S. 58th Street, Ste A, Lincoln, NE 68516

News Briefs

NAOHN Annual Conference

Submitted by Sandy Stutzman,
NAOHN Secretary

The Nebraska Association of Occupational Health Nurses will hold its annual conference on August 5 and 6 in Lincoln. Registration rates are available for both days or for one day. Lunch and breaks are included with the registration fee.

The conference will feature a variety of speakers and topics pertaining to occupational health. They include:

- Liane Donovan, MD: Top Down Pain Management: Cervical, Thoracic, Lumbar
- Linda Stones, RN: State of the Nebraska Nurses Address
- Doug Fletcher, OSHA Update
- Nancy Waltman, APRN/Cathy Parker, RN: Headache Management Clinic in the Workplace
- Adam Kafka, MD: Medical Management of Occupational Health Injuries
- Doug Kavanaugh, PT: Shoulder Pain and Impingement Treatment
- Ally Dering-Anderson, RP: No Rx doesn't mean-- No Risk
- David Durand, MD: How to Get the Difficult Injured Worker to MMI
- Scott Swanson, MD: Foot and Ankle Injuries

For registration information and a printable brochure, see www.naohn.org. Contact person is Cathy Parker, Conference Planning Chairperson at 402-481-8946, catherine.parker@bryanlgh.org.

Calling for all Navy Nurse Corps Officers.....

(active duty, reserve, retired, or honorably discharged)
Are you one? Do you work with someone who you know has been a Navy nurse?

The Navy Nurse Corps Association (NNCA) is a non-profit national organization dedicated to bringing Navy nurses together. Any Navy Nurse Corps Officer, active duty, reserve, retired, or honorably discharged may join the NNCA and the regional chapters. The Land Locked Navy Nurse Corps Association (LLNNCA), one of the regional chapters of the Navy Nurse Corps Association (NNCA) is eager to find and encourage all Navy nurses in the area to join the chapter. The LLNCA chapter covers four states: Colorado, Wyoming, Nebraska, and New Mexico. Our membership is a fascinating mix of ages, Navy and nursing experiences. Once a Navy nurse, always a Navy nurse! We want to find you!

Contact : Membership Chair
Nancy Larson
nancy07@moneytide.com
303-457-0546

Public Relations Chair
Kathy Noll
kathleennoll@msn.com
303-907-2061

Submitted by Kathy Noll, retired Navy nurse, kathleennoll@msn.com. Please contact me, if I can answer questions.

May Is Skin Cancer Awareness Month: Protect Your Skin

While you enjoy the outdoors this summer, protect yourself from skin cancer by using sunscreen, seeking shade, and wearing sunglasses, a hat, and sun-protective clothing. When you're having fun outdoors, it's easy to forget how important it is to protect yourself from the sun. Unprotected skin can be damaged by the sun's ultraviolet (UV) rays in as little as 15 minutes. Yet it can take up to 12 hours for skin to show the full effect of sun exposure.

Even if it's cool and cloudy, you still need protection. UV rays, not the temperature, do the damage. Clouds do not block UV rays; they filter them—and sometimes only slightly. Remember to plan ahead, and keep sun protection handy in your car, bag, or child's backpack.

Tan? There's no other way to say it—tanned skin is damaged skin. Any change in the color of your skin after time outside—whether sunburn or suntan—indicates damage from UV rays. Using a tanning bed causes damage to your skin, just like the sun.

Risk Factors

- Anyone can get skin cancer, but some things put you at higher risk, like having—
- A lighter natural skin color.
- A personal history of skin cancer.
- A family history of melanoma.

- Exposure to the sun through work and play.
- A history of sunburns early in life.
- Skin that burns, freckles, reddens easily, or becomes painful in the sun.
- Blue or green eyes.
- Naturally blond or red hair.

How to Protect Yourself

Take precautions against sun exposure every day of the year, especially during midday hours (10:00 a.m.-4:00 p.m.), when UV rays are strongest and do the most damage. UV rays can reach you on cloudy days, and can reflect off of surfaces like water, cement, sand, and snow.

- Seek shade, especially during midday hours.
- Cover up with clothing to protect exposed skin.
- Wear a hat with a wide brim to shade the face, head, ears, and neck.
- Wear sunglasses that wrap around and block as close to 100% of both UVA and UVB rays as possible.
- Put on sunscreen with sun protective factor (SPF) 15 or higher, and both UVA and UVB protection.
- Avoid tanning beds and sunlamps. The UV rays from them are as dangerous as the UV rays from the sun.

Source: www.cdc.gov

NEBRASKA LICENSEE ASSISTANCE PROGRAM

A SERVICE OF BEST CARE EAP

Did you know.....

The Nebraska Licensee Assistance Program (NE LAP) services include informational presentations on the services of the program and educational presentations on alcohol/drug abuse and addiction and the health professional? These presentations can be made to licensees, certificate holders, and registrants, professional organizations and associations representing health professionals, college or university students enrolled in classes for health professionals and employers of health professionals regulated by the Nebraska Department of Health and Human Services, Division of Public Health, Licensure Unit.

The focus of the informational session, *Nebraska Licensee Assistance Program Services*, is on the availability of, and services provided by, the NE LAP. Educational sessions focus on chemical impairment and alcohol/drug use, abuse and addiction and on the alcohol/drug treatment and recovery process and available treatment services. These sessions are titled *Alcohol/Drug Addiction and the Health Service Professional and Understanding the Symptoms of Alcohol/Drug Addiction*.

The presentations are provided by the NE LAP Coordinator, Judi Leibrock, throughout the rural and urban areas of Nebraska. These areas have included Lincoln, Omaha, Hastings, Alliance, Scottsbluff, Grand Island, O'Neill and Mahoney State Park. Presentations can also be provided via a video conference where these technological capabilities are available.

The NE LAP presentations have generally been well received and appreciated by the audience participants as reflected by the following session coordinator comments.

"Thank you Judi for your presentation to our graduating dental hygiene class. I appreciate your expertise in this area and all that you can teach the students. Very good info for them all—especially since there is the likelihood that they will either work with someone who is addicted or they themselves may have to deal with it personally."

"This presentation was not only beneficial, it was and is essential for our student nurses. It's very well done and so important!"

"I don't like to give all "10s" on surveys but I was extremely pleased with Judi's presentation, as well as the interaction with her to get this set up. She is always professional and extremely cooperative. It is very comforting to know that Judi is the coordinator for such an important program."

NE LAP informational or educational presentations can be scheduled by contacting the NE LAP at (800) 851-2336 or (402) 354-8055. Information on these presentations and other NE LAP services is also available on our web site at www.lapne.org.



Nebraska Nurses Association Membership Application

PO Box 82086, Lincoln, NE 68501-2086 • (402) 475-3859 • Fax: (402) 328-2639 • admin@nebraskanurses.org

Please type or print clearly. Please mail your completed application with payment to: NNA, PO Box 82086, Lincoln, NE 68501-2086 Date _____

Last Name/First Name/Middle Initial	Home Phone Number	
Credentials	Home Fax Number	Basic School of Nursing
Home Address	Work Phone Number	Graduation (Month/Year)
City/State/Zip Code + 4	Work Fax Number	RN License Number/State
County	Position	
Email Address	Employer	

Membership Dues Vary By District

Membership Option

M-ANA/NNA/District Membership (chart below)
(Includes full membership to NNA and the American Nurses Association (ANA) for 12 months.)

D-NNA/District Membership (chart below)
(Full membership only. Includes NNA membership benefits limited to state and district membership.)

Membership Category

F-Full Membership

- Employed full-time
- Employed part-time

R-Reduced Membership

- Not employed
- Full-time student (must be a RN)
- New graduate from basic nursing education program, within six months of graduation (first membership year only)
- 62 years of age or older and not earning more than Social Security allows

S-Special Membership

- 62 years of age or over and not employed
- Totally disabled

Select your NNA district from the map at right; choose the correct membership option chart below; and find the appropriate dues for the category you have selected above.

State nurses' association dues are not deductible as charitable contributions for tax purposes, but may be deductible as a business expense.

Under the Omnibus Budget Reconciliation Act of 1993, that portion of your membership dues used by Nebraska for lobbying expenses is not deductible as an ordinary and necessary business expense. NNA reasonably estimates that the non-deductible portion of dues for the 2007 tax year is 31%.

Sponsor name and member #

Payment Plan (please check)

Full Annual Payment

Membership Investment _____

ANA-PAC (Optional - \$20.05 suggested) _____

Total dues and contributions _____

Check (payable to ANA)

Visa

MasterCard

Payroll Deduction

This payment plan is available only where there is an agreement between your employer and NNA to make such deduction.

Payroll Deduction Signature* _____

To be completed by NNA/ANA

Employer code _____

State _____ District _____

Approved by _____ Date _____

Expiration Date _____ Amount Rec'd _____

Check # _____



Payment Plan (please check)

Epay (Monthly Electronic Payment)

This is to authorize monthly electronic payments to ANA. By signing on the line, I authorize NNA/ANA to withdraw 1/12 of my annual dues and any additional service fees from my account.

Checking: Please enclose a check for the first month's payment; the account designated by the enclosed check will be drafted on or after the 15th of each month.

Credit card: Please complete the credit card information and this credit card will be debited on or after the 1st day of each month.

Epay Authorization Signature*

Annual Credit Card Payment

This is to authorize annual credit card payments to ANA. By signing on the line, I authorize NNA/ANA to charge the credit card listed for the annual dues on the 1st day of the month when the annual renewal is due.

Annual Credit Card Authorization Signature*

*By signing the Epay or Annual Credit Card authorizations, you are authorizing ANA to change the amount by giving the above-signed thirty (30) days advance written notice. Above signed may cancel this authorization upon receipt by ANA of written notification of termination twenty (20) days prior to the deduction date designated above. Membership will continue unless this notification is received. ANA will charge a \$5 fee for any returned drafts of chargebacks.

Credit Card Information

Bank Card Number and Expiration Date _____

Authorization Signature _____

Printed Name _____

Amount \$ _____

2011 ANA/NNA/District Option Membership Dues by District					2011 NNA/District Option Membership Dues by District		
District	Monthly epay* (\$)		Annual Dues (\$)		District	Monthly epay* (\$)	Annual Dues (\$)
	Full (MF)	Reduced (MR)	Full (MF)	Reduced (MR)		Full (DF)	Full (DF)
1	22.13	11.31	259.50	129.75	1	15.29	177.50
2	23.58	12.04	277.00	138.50	2	16.75	195.00
3	23.34	11.92	274.00	137.00	3	16.50	192.00
4	22.17	11.34	260.00	130.00	4	15.33	178.00
5	21.83	11.17	256.00	128.00	5	15.00	174.00
6	21.25	10.88	249.00	124.50	6	14.42	167.00
7	22.92	11.71	269.00	134.50	7	16.08	187.00
9	21.25	10.88	249.00	124.50	9	14.42	167.00

*50 cent surcharge per month for epay feature