

WEST VIRGINIA NURSE



*“Nurses working together
for a healthy West Virginia”*

The official publication of the West Virginia Nurses Association
Quarterly publication direct mailed to approximately 37,000 RNs & LPNs in West Virginia.

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PRESIDENT'S MESSAGE

Laure Marino, DNP, APRN, FNP-BC, GNP-BC

Happy spring! Welcome to daylight saving time, fragrant peonies hanging heavy on the vine, and cool fresh mornings loud with bird song. I love this time of year! I love being able to walk or ride my bike to work. And while cleaning our homes and offices is never sexy, the *idea* of spring cleaning is somehow appealing – we look forward to changing our environment: decluttering and lightening up. Turns out casting out the old isn't just for New Year's Eve. The tasks we engage in each spring refresh and energize us, preparing us for growth. I'm so glad we all made it to spring!



Laure Marino

Much as I love looking forward, I'd be remiss to not take a few minutes to look back and to update you on the incredible activity that occurred in the first quarter of 2019. Your state nurses' association was not resting on its laurels. No, the dark winter days and all that cold, rainy weather didn't slow us down one bit! As your new President, I have participated in the ANA presidents' call series and the national Access to Care Collaborative Calls. I've met with student nurse groups, attended the regular meeting of the WV RN Board, provided testimony to the WV House Health Committee and, along with other WVNA nurse leaders, met with WV Attorney General Patrick Morrisey to discuss common interests. I attended two national health policy meetings, both held in Washington, DC, discussing innovative research and programming designed to improve care delivery and, in turn, the health of all Americans.

The concerns of West Virginians mirror those of the nation: the high cost of care, suboptimal access to care, gun control, reducing the burden of chronic disease, eliminating HIV/AIDs, and coming to terms with the fact that the social determinants of health – where we live, work, and play – actually impact our health status much

more than going to the health care provider! Through each session, nurses and nursing – in particular, public health and community nurses – were recognized as a powerful vehicle to lead change. With close to 40,000 nurses in West Virginia, we certainly can and should lead the way in improving the health of our state. While the opening months of 2019 were a busy time for me personally, I embrace all these opportunities to promote WV nurses and the important work we do.

As is traditional, WVNA membership increased in the first quarter. Historically, this spike in membership is attributed to the legislative session, which runs January to March of each year for the regular session. Nurses are quite aware of how legislation impacts practice and the value that membership in WVNA provides as an effective mechanism to influence policy makers. We always record our highest numbers of nurses on our Tuesday night calls during the legislative session. But membership growth is not just due to timing, it's due to **time** – the countless hours WVNA Executive Director Julie Huron puts in, canvassing the state, meeting nurses from diverse practice settings, sharing the benefits not only of membership but of our expanding membership benefits slate. Julie keeps WVNA visible through a robust and relevant social media presence. I tip my hat to this lady who keeps WVNA on the radar! Julie's dedication translates into increased membership and member engagement.

In February, WVNA hosted its first annual Policy Summit, a full day of continuing education focusing on the impact of policy on nursing practice. Due to some factors outside of our control, we were not able to offer our traditional Unity Day at the State Capitol. Undeterred, led by Vice President Joyce Wilson, MSN, APRN, FNP-C, association members embraced the opportunity, creating an entirely new and exciting event. Over 200 nurses and nursing students attended. The WVN-PAC breakfast, held the same day, drew dozens of WV legislators. Fifty research posters were

President's Message continued on page 2

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President's Message continued from page 1

featured during the Policy Summit, highlighting nurse-led research, quality improvement, and programming projects. It was exhilarating and the beautiful result of a lot of hard work by many association members.

Read more about our first annual policy day in articles by Brad Phillips, p. 6. Save the date, and plan to join us February 20, 2020, for the second annual WVNA Policy Summit.

In a policy trifecta, the WVNA Health Policy and Legislative Committee, Hallie Mason Consulting, and Toni DiChiacchio, DNP, APRN (WVNA's government liaison), joined forces to usher us through the 2019 legislative session. This engaged group provided our elected officials with health information, counsel, and expert testimony on all matters nursing, scope of practice, and public health. For a more detailed review of the session, see Dr. DiChiacchio's Legislative Watch article on p. 9 of this issue. Words really are inadequate to express my gratitude and appreciation for the work product of these amazing policy experts.

As we begin the second quarter of 2019, my attention turns to infrastructure development. Earlier this year, Kendra Barker, DNP, APRN, notified the Board that she would be unable to fulfill her duties as Secretary for

WVNA. We will certainly miss Dr. Barker's perspective, calm demeanor, and professionalism. The Board of Directors acted quickly in recommending Jon H. Casto, RN, CRNI, for this position, and Mr. Casto has graciously agreed to serve the remainder of the term. A graduate of WV State University, Jon is the nurse manager at the Charleston branch of BioScrip Infusion Services, a nationwide home infusion company. Jon enriches our leadership team with his prior board service and health care management expertise. He also brings a unique clinical perspective to the Board, having worked in emergency medicine and aeromedical transport for most of his career before entering the home infusion arena.

Per our bylaws, several of our standing committees are required to have new chairs appointed. We also need to build depth in our standing committees. I describe our committee needs as well as other forms of association engagement in a separate article on p. 8. Please check this out and consider how you can get more involved in WVNA. The strength of our association is directly related to the talent and contributions of our members.

I thank you all for giving me the opportunity to lead such a dedicated and committed group of nurses. Together we can – Together we will!



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CORRECTIONS



**Martha Cook Carter,
DHSc, APRN, CNM, MBA**

In our January 2019 issue, on p. 8, we incorrectly wrote the name of a 40 Over 40 Award winner, honored September 29, 2018 at the Future of Nursing West Virginia Gala.

Martha Cook Carter, DHSc, APRN, CNM, MBA, the recently retired founder and executive director of FamilyCare Health Centers, does not have a hyphen in her last name.

Additionally, the abbreviation of Dr. Cook Carter's doctoral degree – DHSc – was itself truncated in that story. Our sincere apologies for these errors.



Nancy Tyler, JD

In the same issue, on p. 11, we printed a story about West Virginians for Affordable Health Care's board member and Rockefeller Award winner – Nancy Tyler, JD – who is to be honored by that organization on April 18, 2019. The photo of Ms. Tyler was not available as we were going to press with that issue of *West Virginia Nurse*, but we are providing it for our readers now.



West Virginia Nurse

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West Virginia Nurses Association

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The opinions contained herein are those of the individual authors and do not necessarily reflect the views of the Association.

WV Nurse reserves the right to edit all materials to its style and space requirements and to clarify presentations.

WVNA Mission Statement

The mission of WVNA is to empower the diverse voice of nurses in all settings toward unified focus of nursing knowledge, skill, and ability to promote the health & well-being of all West Virginians, through education, legislation, and health policy.

WVNA Executive Board

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West Virginia Nurse Copy Submission Guidelines

All WVNA members are encouraged to submit material for publication that is of interest to nurses. The material will be reviewed and may be edited for publication. There is no payment for articles published in the *West Virginia Nurse*.

Article submission is accepted in Microsoft Word or similar format.

Copy submission via email: Please attach a Microsoft Word (or similar) file to email. We ask that you not paste the text of the article into email. Please do not embed photos in Word files; please send photos as separate JPEG files.

Please do not convert the file to a PDF. When sending pictures, please provide a description identifying the people in the pictures and note who the photographer was, if relevant.

Approximately 1,600 words equal a full page in the paper. This does not account for headlines, photos, special graphics, pull quotes, etc.

Submit material to:

West Virginia Nurse
PO Box 1946, Charleston, WV 25327
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CONFERENCES *and* MEETINGS



Some nursing and multidisciplinary conferences and meetings scheduled for the coming months.

Conferences and Meetings in West Virginia

April 12-14, 2019 (Friday-Sunday)
WV Association of Nurse-Anesthetists (WVANA) Annual Meeting
The Greenbrier
White Sulphur Springs
www.wvana.com

May 3, 2019 (Friday)
CAMC'S 46th Annual Newborn Day
Charleston
<http://www.camcinstitute.org/conference/>

May 9, 2019 (Thursday)
Safe Sleep for Babies / Annual Competency Workshop
Mollohan Research Center
Fairmont
Info: becky@safesoundbabies.com

May 20-22, 2019 (Monday-Wednesday)
Lamaze Childbirth Instructor Seminar
WV Perinatal Partnership
Charleston
<https://wvperinatal.org/event/teaching-you-to-teach-others-lamaze-childbirth-instructor-program-2/>

May 31, 2019 (Friday)
Faith Community Nurse (FCN) Gathering
Parkersburg
<http://www.futureofnursingwv.org/fcn-gathering>

June 19, 2019 (Wednesday)
West Virginia Elder Abuse Awareness Day Seminar
WV DHHR
Charleston
<https://dhhr.wv.gov/bcf/Services/Pages/Elder-Abuse-Awareness-Day.aspx>

June 13-14, 2019 (Thursday-Friday)
WV Immunization Network (WIN) presents Immunization Summit
Charleston
<http://wvruralhealth.org/WIN/MHCP/>

Conferences and Meetings Beyond West Virginia

Selected conferences in "destination" locations. Enhance your professional practice by attending a conference with colleagues from around the U.S. and the world.

April 28-May 1, 2019 (Sunday-Wednesday)
World Health Care Congress (WHCC) 19
(Multiple tracks including nurse/APRN leadership, women's health, etc.)
Washington, DC
<https://www.worldhealthcarecongress.com/>

May 16-18, 2019 (Thursday-Saturday)
United States Lactation Consultant Association (USLCA)
Scottsdale, AZ
https://uslca.org/new_horizons_scottsdale

May 18-22, 2019 (Saturday-Wednesday)
American College of Nurse-Midwives – 64th Annual Meeting
(WV Affiliate get-together:
Mon. May 20, 6-7 pm. Location TBA.)
Washington, DC
<http://annualmeeting.midwife.org/>

May 20-23, 2019 (Monday-Thursday)
National Teaching Institute & Critical Care Exposition
American Association of Critical-Care Nurses
Orlando, FL
<https://www.aacn.org/>

June 2-4, 2019 (Sunday-Tuesday)
AcademyHealth's Annual Research Meeting (ARM)
Washington, DC
<http://www.academyhealth.org/events/site/2019-annual-research-meeting>

June 6-9, 2019 (Thursday-Sunday)
American Psychiatric Nurses Association
17th Annual Clinical Psychopharmacology Institute
Louisville, KY
<https://www.apna.org>

June 8-12, 2019 (Saturday-Wednesday)
AWHONN Annual Convention
Atlanta, GA
<http://www.awhonn.org/>

June 18-23, 2019 (Tuesday-Sunday)
American Association of Nurse Practitioners (AANP) National Conference
Indianapolis, IN
<https://www.aanp.org/conferences>

June 23-26, 2019 (Sunday-Wednesday)
Wound Ostomy and Continence Nurses Society (WOCN): Annual Conference.
Nashville, TN
www.wocn.org

July 24-27, 2019 (Wednesday-Saturday)
International Lactation Consultant Association (ILCA) Annual Conference
Atlanta, GA
<http://www.ilca.org/home>

July 25-27, 2019 (Saturday-Monday)
Philadelphia Trans Wellness Conference
Philadelphia, PA
<https://www.mazzonicenter.org/trans-wellness>

September 12-15, 2019 (Thursday-Sunday)
American Association of Birth Centers (AABC) Annual Birth Institute:
Birth Centers: Uniting Providers in an Integrated System
Orlando, FL
<http://www.birthcenters.org/>

September 26-29, 2019 (Thursday-Sunday)
Academy of Medical-Surgical Nurses (AMSN) 28th Annual Convention
Chicago, IL
<https://www.amsn.org/professional-development/annual-convention>

October 2-5, 2019 (Wednesday-Saturday)
American Psychiatric Nurses Association (APNA) 33rd Annual Conference
New Orleans, LA
www.apna.org

November 5-9, 2019 (Tuesday-Saturday)
Association of Rehabilitation Nurses (ARN) ARN Reach 2019
Columbus, OH
<http://www.rehabnurse.org/>

November 8-10, 2019 (Friday-Sunday)
"Transforming Health Through Genomic Nursing"
International Society of Nurses in Genetics (ISONG)
San Antonio, TX
<https://isong.wildapricot.org/page-1325152>

Please send us information on your organization's events for inclusion in *West Virginia Nurse*. List your nursing education, policy, or networking event here at no cost to you. Email us at centraloffice@wvnurses.org

Due Date for Articles, News, and Photos

Are you reading about great events for nurses in W.Va. and asking yourself, "Well, why don't they write about our organization's event?" The answer is, we want to write about it, but we didn't know about it.

Do you have a photo of nurses and others in health care at a community event? This could be your golden opportunity: share some news with your fellow W.Va. nurses. Is the onset of spring giving you more energy to connect with nurses and nursing? If you read through this issue, you'll see it's a theme here: we welcome your involvement in ways large or small.

Please send any pictures or news to your state nurses' association – WVNA – with an explanation of who is in any picture you include. Email is best for article or photo submission.

Please contact us at centraloffice@wvnurses.org or (304) 342-1169. You can text to that number, as well. The deadline for our next issue of *WV Nurse* (the July-August-September 2019 issue) is Tuesday, May 28, 2019.



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Why Nurses Make Great Entrepreneurs

*Aila Accad, MSN, RN / Executive director,
Future of Nursing West Virginia*

First and foremost, nurses are **passionate** about helping people and have a desire to **make a difference**. To that end, nurses are astute about **assessing gaps** in the health care system and **creative** about how to fill those gaps.

Nurses have a whole-person perspective and are **problem-solvers**. They **see the big picture** and are able to identify and **mobilize resources** in creative ways. They are used to **working hard** and **taking responsibility** to get a job done, which requires **determination and persistence**.

As **problem-solvers** and **change agents**, nurses are **smart** and **always learning**. They are **customer centered**, **solution focused**, and **outcome oriented**, which makes them excellent at **evaluating** results. Nurses **expect the best** from themselves, are **quality driven**, and strive for **continuous improvement**.

Today's nurse must be an **organized, tech-savvy, decision-maker** to meet the challenges of a continuously expanding and changing health care system. Nurses are used to **being in charge** and **managing limited resources**.

Being **driven, energetic, self-starters**, nurses are **hands-on doers**, who are used to **taking calculated risks** to get a job done.

Nurses may not have requisite the **marketing skills** or a desire to be in the spotlight, yet continuously striving for excellence makes them naturally **competitive** and **successful** at whatever challenge they choose to address.

The **bold words** above are qualities of entrepreneurs. Do these words describe you? Join us for the next WV Nurse Entrepreneur Course. <http://www.futureofnursingwv.org/rn-entrepreneur-course>

WV Center for Nursing Announces 2019 Scholarship Applications – Due by June 1, 2019

*Lissa Gonzalez, MSN, MBA, APRN /
Administrator, WV Center for Nursing*

The West Virginia Center for Nursing has announced the due dates for its online scholarship applications for the 2019-2020 academic year. Applications will be accepted from **April 15 to June 1, 2019**. All necessary information is available at the Center for Nursing's website: <http://wvcenterfornursing.org> or at the College Foundation of West Virginia: <https://secure.cfwv.com/>.



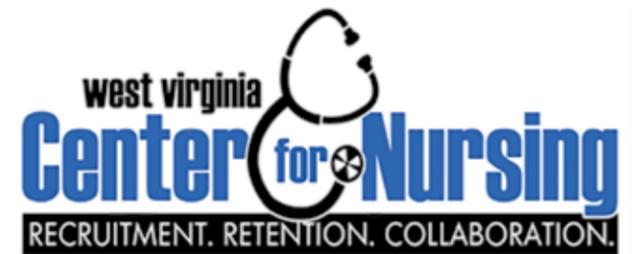
Lissa Gonzalez

The Nursing Scholarship Program has one award cycle for fall, spring, and summer semesters. The open application cycle is for **ALL** applicants. The nursing scholarship awards are made through a competitive review process, so applicants must indicate on the application each semester they want to be considered for the scholarship award. Each year, the Center determines the award amounts based on the number of scholarship applications and the current funds available. Last year, students were awarded between \$800-\$4,000 per semester, depending on their program type and length of program.

Students must be a West Virginia resident enrolled in an accredited West Virginia nursing program. In return for the scholarship award, recipients must begin employment at an eligible work site in West Virginia within six months of graduation to avoid needing to repay the award.

RN Scholarship Program Guidelines 2019-2020

RN students are eligible once they have completed one-half of their nursing program. After graduation, a recipient is required to work as an RN in WV or teach in an accredited WV nursing program for two years for every year an award was received.



LPN Scholarship Program Guidelines 2019-2020

LPN students are eligible once they have completed one-half of their nursing program. After graduation, a recipient is required to work as an LPN in West Virginia for one year for each year an award was received.

Master's Degree or Doctoral Nursing, or Education, Program Guidelines 2019-2020

Students are eligible for the award if they are currently and continuously employed as an educator in a West Virginia school of nursing while pursuing their master's or doctoral degree in nursing or education. A recipient is required to teach or practice nursing in West Virginia for two years following program completion for each year in which the recipient received an award.

LPN Teaching Certificate 2019-2020

This scholarship program provides funding for full-time LPN faculty to obtain a teaching certificate in order to continue to work in the West Virginia public education system.

A recipient is obligated to teach in West Virginia for one year for each award received.

About the Center for Nursing

The Center for Nursing is committed to assisting students at all levels of nursing education as a means to increasing the number of nurses working in West Virginia.

The West Virginia Legislature created the West Virginia Center for Nursing in 2004. In addition to supporting the Nursing Scholarship Program, the Center focuses on nursing workforce planning and development. The program is funded by a \$10 fee paid during the annual nursing license renewal process for WV LPNs and RNs.

Follow us on Twitter for scholarship and program updates at @WVcent4nursing.

Happy Nurses Week

2019

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2019 West Virginia Nurse Deadlines

We are a quarterly newspaper.
July 2019 issue material is due to *WV Nurse* by
Tuesday, May 28 at 5 p.m.
October 2019 issue material is due to *WV Nurse* by
Monday, August 19 at 5 p.m.
For submission information, see p. 2.

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The Entrepreneur's Corner

The Nurse Entrepreneur Course

**Aila Accad, MSN, RN / Executive director,
Future of Nursing West Virginia**

The first Future of Nursing WV Nurse Entrepreneur Course, held in 2018, graduated 14 nurses ready to open their own businesses. Three businesses opened immediately with four more in various stages of development. There is a store front consignment shop with classes for new moms on breastfeeding and more, a midwife home visiting service for busy moms, a primary care practice, a skin care service, a medical transportation business, and an elder care facility.

The course consists of two onsite training days at the beginning and ends (how about "at the initiation and conclusion of the course") with recorded webinars that can be viewed from home between the onsite dates. The first day "of on-site training" includes exercises in visioning, writing "developing?" the mission, and "encouraging" innovation. "Additionally, the entrepreneurs discuss health trends..." Content includes health trends and how to develop a business canvas (business plan). The webinar topics include:

- Building a small nurse business from scratch
- SWOT analysis
- Setting up your business
- Cost structure
- Setting up your office
- Revenue streams



- Defining & marketing to your customers
- Liability & insurance considerations
- Partnerships & collaborations

On the second day of the course, participants present their business canvas to professionals and business coaches (including nurse business coaches) from various backgrounds who offer feedback, as well as funding ideas that are critical to success.

The spring 2019 course began March 20, 2019, and there will be another cohort in the fall. For more information, registration and to see class photos of previous cohorts, visit <http://www.futureofnursingwv.org/rn-entrepreneur-course>.

Meet Nurse Entrepreneur Course Graduate Heather O'Neal, MSN, APRN, CNM

Heather O'Neal, MSN, APRN, CNM, is a 2017 Future of Nursing WV "40 under 40" Emerging Nurse Leader Award winner and graduate of the first nurse entrepreneur course. She founded Wise Women Health Care (WWHC) in order to provide health care for women within their own comfortable space, be it their home or office. WWHC seeks to fill the gap in healthcare for busy women by providing increased access, convenience, and personalization to their care. It can be very challenging for the modern woman to schedule and follow through with appointments for check-ups or screenings when she has a demanding job or children to care for – or both! WWHC makes caring for women a priority, so women can continue caring for everyone else. The nurse-midwife is available for telephone consults, lab draws, physical exams, annual screenings, contraception, postpartum care, lactation support, and referrals when needed. Heather welcomes women from all walks of life, respects privacy, empowers women, and stands by the motto, "Your Body, Your Home, Your Midwife." You can find Heather through her website, www.thewwhc.com.



Heather O'Neal, MSN, APRN, CNM



WVU Medicine
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2019 WVNA Meeting Dates

May 21, 2019 (Tuesday) at 7 p.m. – 2nd Quarter Board Meeting Conference Call.

September 28, 2019 (Saturday) ~ 5 p.m. – 3rd Quarter Board Meeting, Charleston Embassy Suites (prior to Future of Nursing West Virginia Gala)

November 19, 2019 (Tuesday) at 7 p.m. – 4th Quarter Board Meeting Conference Call.

December date TBA, 2019 – Annual WVNA Membership Meeting.

We also have Tuesday evening calls for our members, which take place the second and fourth Tuesday of each month from 7 to 8 p.m.

Email notifications of meetings are sent to the current members of West Virginia Nurses Association, containing the call-in number and access code.



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POLICY DAY 2019

Nurses and Students Taking Action in Health Care Policy: Highlights from WVNA's 2019 Policy Summit

**Brad Phillips, MSN, RN, CNE /
WVU School of Nursing**

The 2019 West Virginia Nurse Policy Summit (formerly known as Unity Day) held on February 19, 2019 was a great opportunity for student and practicing nurses to learn about the role of nursing in advocating for our patients through health policy. Here are some highlights of the day.

An Engaging and Informative Program

Our keynote speaker – ANA Enterprise CEO and West Virginia native Loressa Cole, RN – inspired the audience with her discussion on national policy. Her dedication to the nursing discipline and unwavering leadership experiences offered a kaleidoscope of encouragement for nurses and students alike. Her motivational energy channeled through the essence of health care policy, providing an array of opportunities for individuals to become involved at various levels. She emboldened others to pursue their passion and advocate for change in their practice and communities.

In addition to our keynote speaker, multiple individuals spoke on an array of subjects, engaging the audience in discussions that touched on nursing policy, education, and practice. For example, Lisa Lilly, RN, JD, outlined “Ten Easy Ways to Lose your Nursing License,” a timely and essential topic for both nurses and nursing students, and the executive director of the WV Board of Examiners for Registered Professional Nurses, Sue Painter, RN, highlighted the expansion of practice

through the enhanced nurse licensure compact, known as the eNLC.

Panelists addressed the audience and opened the floor to questions. Aila Accad, RN, Teresa Cowan, RN, Lissa Gonzalez, RN, and Melanie Whelan, RN, discussed the downstream policy impact of the 2011 Institute of Medicine Report, “The Future of Nursing: Leading Change, Advancing Health,” incorporating information on health care policy, statistical data, and educational endeavors that continue to promote change in the state of West Virginia. Additionally, Jodi Biller, RN, and Toni DiChiacchio, RN, highlighted current legislation in the nation and West Virginia, educating and informing the audience on potential changes to health care policies that would impact nursing practice in the state and greater communities. Health care advocate Kelli Caseman’s talk was entitled “The Kids are **NOT** Okay: Advocacy for Children and Families,” and the audience felt Caseman’s passion for her topic.

An Opportunity to Get Involved

One way in which students and nurses demonstrated their involvement in health policy was by presenting posters in the poster exhibit. Throughout the day, attendees presented posters of evidence-based practice and research, clinical practice improvement projects, community engagement, and scholarly work from class assignments. Topics included safety, nursing education, advanced practice provider scope of practice, WV legislation, health promotion/disease prevention, substance use disorders, veterans, infectious disease, and health disparities.

Presenters selected their topics by various methods, including policy issues in the workplace, issues in the community, and issues that sparked passion within themselves. In doing so, the posters presented identified timely and relative issues in West Virginia that both current and future nurses wish to see changed in their workplaces and in their communities.

The 2019 West Virginia Nurse Policy Summit generated a sense of belonging in attendees, sparking a drive to be involved in health care policy and change. The informative presentations, networking, and educational offerings unveiled the significance of health policy as it relates to the heart of nursing, encouraging individuals to participate in influencing policy as a means to improve health and health care for all West Virginians.

Editor's note:

Brad Phillips is a clinical education instructor at West Virginia University School of Nursing in Morgantown.

To emphasize unity of nurses, titles of all nurses in this article were written as RN (i.e. not DNP, APRN, MSN, etc.)

Loressa Cole shared the following information with the audience on staying engaged:

- Follow @ANANursingWorld, @RNAction, @ANAPresident, and @ANAethics.
- Health care reform webpage: <https://www.nursingworld.org/practice-policy/health-policy/health-system-reform/>
- Subscribe to the Capitol Beat Blog: <https://anacapitolbeat.org/>

WVNA 2019 Policy Day Awards

Friend of Nursing

Delegate Matthew Rohrbach, MD

Lifelong Contribution to Nursing Award

Pamela Alderman, EdD, MSN, RN

Mentorship Award

Sandra (“Sam”) Cotton, DNP, APRN, ANP-BC

Excellence in Direct Patient Care Award

Becki Harless, RN

WVN-PAC Politically Active Nurse of the Year Award

Crystal Chapman, BSN, RN, CAPA

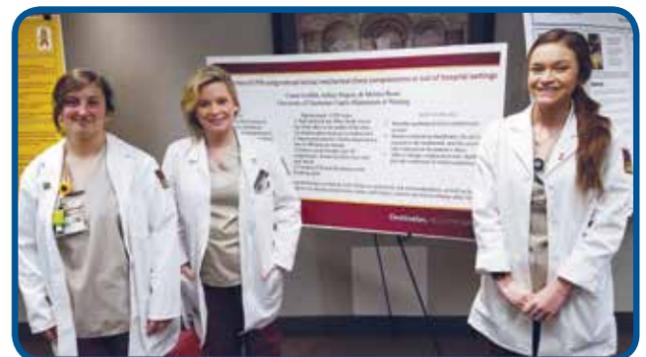
American Academy of Nurse Practitioners (AANP) Award for Clinical Excellence – WV

Donna Meadows, MSN, APRN, PMHNP-BC

AANP Advocate of the Year – WV

Kelli Sobonya

WV House of Delegates, 2002 to 2018



(L to R) Univ of Charleston nursing students Ashley Rogers, Cassie Griffith, and Monica Rossi with their poster



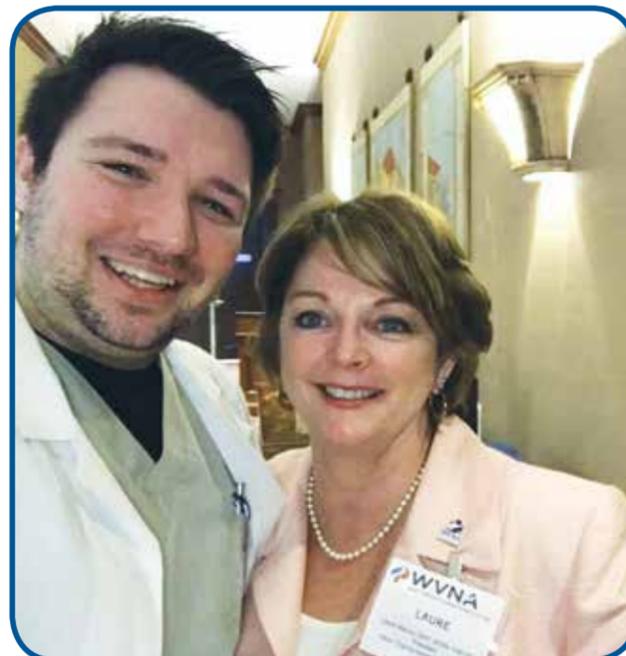
Crystal Chapman (in gold cardigan) smiles as Joyce Wilson (to her left) and others look on



Daniel (Lee) Lucas-Neel II, DNP candidate at Old Dominion University with his poster on ICU delirium



Aila Accad (L) and Lisa Lilly (R)



Student Andrew Bogan with instructor and family friend, Laure Marino

Hardy County Health Department Receives Gold Award for Immunizations



Delegate Matthew Rohrbach and Jodi Biller



Sandra (Sam) Cotton and Heather Glasko-Tully look at Cotton's poster about AMAPs



(L-R) Jessica Riggleman, BSN, RN, and Jacquelyn ("Marie") Kessel, BSN, RN

The Hardy County Health Department was recently honored with the Gold Award from the West Virginia Office of Epidemiology and Prevention Services (WVOEPS) after a routine audit of the health department's Vaccines for Children (VFC) patient records. The Gold Award is awarded to a county health department or other provider when 100% (or very close to 100%) of the child clients under age two have received all their recommended vaccines on time.

As of 2016, the last for which this information was available on the OEPS website, West Virginia had 410 enrolled VFC provider sites.



Policy Day attendees at the Embassy Suites in Charleston



Nightingale Tribute 2019

We honor our fellow nurses who left us in 2018

- Theresa Ann Dowdy Arthur
- Mary Biggs
- Tamara "Tammy" Kay Brown
- Bettie Jane Burdette
- Phyllis Joann Burgess
- Deborah Michelle Burklow
- Barbara Jo (Sperry) Burner
- Betty Jean DeBolt Butler
- Karen Campbell
- Patricia Ruth Carder
- Mary Alice Boyd Carpenter
- Barbara Lynn Knight Davis
- Louise B. "Jean" Dean
- Sally Ann Dempsey
- Lucille C. Dudley
- Judy Borus Edwards
- Larry Douglas Ford
- Carol Lynn "Carrie" Farnsworth Fusco
- Dorothy Louise Gardner
- Grace Margaret Gissy
- Patricia Marie ("Patty") Goodwin
- Ann Lee Hammack
- Nancy Davis Hauser
- Mavis Isabelle Jones Holyfield
- Tanya S. Jacobs
- Naomi Ruth Jones King
- Deborah Kay Brown Knowles
- Nancy Ann Lavy
- Jessica Lynn Kelly Losh
- Mildred McFarland
- Stella "Star" Adkins Martinez
- Sonya Irene Tustin Maset
- Tracy McClanahan Oliver
- Norma Kay Bocco Scott
- Dorothy Francis Smith
- Phyllis Ann Boggs Snodgrass
- Tonya Snodgrass
- Stacy Sparks
- Victoria "Vicki" Berry Stansbury
- Karen Annette Ferrell Tompkins
- Laurie Kay Vassel
- Donna Lee Vaughn
- Patricia Ann Bailey Waid
- Diane Walker
- Teresa L. Wall
- Barbara Byard Walters
- Tina Louise Shipley Wolfe
- Lisa Wyatt
- Betty Jean Fisher Young



(L to R) Jarena Kelly, Sandra (Sam) Cotton, and Heather Glassko-Tully



Jodi Biller and Delegate Evan Worrell



Kelli Caseman, MA, West Virginians for Affordable Health Care



(L to R) Julie Huron, Laure Marino, and Donna Meadows



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FUTURE OF NURSING WV UPDATE



Aila Accad, MSN, RN / Executive Director, FONWV

The Future of Nursing West Virginia Action Coalition (FONWV) is nurses and nursing champions working together for a healthier West Virginia through strengthening nursing practice, education, and leadership. Here is an update on our progress and an invitation to join us in working toward a culture of health in West Virginia.

2019 Upcoming Events

Faith Community Nurse Gathering / May 31
Try This Health Professionals Conference / June 6
Awards Gala / September 28, 2019

FONWV's Nurse Entrepreneur Course

This is an ongoing project with classes presented spring, fall, and possibly summer. We are submitting another grant proposal to develop nurse entrepreneur curricula for nursing schools and an APRN curriculum for opening primary care practices. See an additional nurse entrepreneur article which discusses one of our graduates, Heather O'Neal, in this issue on p. 5, and the article entitled "Why Nurses Make Great Entrepreneurs" on p. 4.

40 under 40 Nominations Open

Please nominate an outstanding Emerging Nurse Leader for the awards coming September 28, 2019, at our Gala dinner dance celebration at the Embassy Suites in Charleston. Access the nomination criteria and see photos of past awardees and galas online at <http://www.futureofnursingwv.org/gala>

Faith Community Nurse (FCN) Gathering

The next FCN gathering will be held May 31, 2019, at Friendship Kitchen in Parkersburg. The participants will share what WV FCNs are doing to improve the health of their communities, projects, and fundraising opportunities. They will take away tips, tools, and new friends to support community health ministries. All interested nurses and students are welcomed. Five CEs are available for the day.

Nurses on Boards

If you are currently serving on a board, whether of a health care organization or not, please register your board service with the National Nurses on Boards Coalition at <https://www.nursesonboardscoalition.org/>. The next issue of *WV Nurse* will feature an update on WV nurses on boards.

Try This Health Professionals Conference

This conference will be held June 6, 2019, in conjunction with the Try This Conference June 7-8 at West Virginia Wesleyan College in Buckhannon. Future of Nursing WV is one of the co-sponsors for this conference and serves on the steering committee for Try This WV. See more online at: <http://trythiswv.com/conference/>

Graduate Nurses, Nurse Managers, and Preceptors

The online *Transition to Practice, Mentoring, Precepting, and Nurse Management Courses* have CEs available and are open for enrollment. You can see more about the courses on the FONWV website and enroll in a course at the careLearning website: <http://www.carelearning.com/>.

Experienced and Retired Nurses

Please register in the mentor directory on the website to support our next generation of nurse leaders. There is no cost, you will have access to the online mentor course and materials, and you will be richly rewarded by the experience.

All FONWV meetings welcome nurses statewide by conference line and webinar. Call or e-mail Aila to discuss your interests.

You can see all the activities on the website www.futureofnursingwv.org. If you are interested in participating in any of the projects, please contact Aila at futureofnursingwv@gmail.com or (304) 404-3990.

If you or your organization would like to support the work of the WV Action Coalition, or be a Gala sponsor, contact Aila at futureofnursingwv@gmail.com or sign up on the website at www.FutureofNursingWV.org.

Also, join us on our social media sites:

Facebook – look for Future of Nursing WV

[LinkedIn.com/in/FONWV](https://www.linkedin.com/in/FONWV)

[Twitter.com/FONWV](https://twitter.com/FONWV)

CALL FOR WVNA BOARD NOMINATIONS

Aila Accad, MSN, RN / WVNA Nominations and Awards Committee Chair

The West Virginia Nurses Association will be electing new officers to its board of directors in the fall of 2019. The positions that will be open are Secretary and Vice President. Those interested in running for these two-year term positions should submit a letter of intent and a current CV and must be a full member in good standing of WVNA and ANA. Also, once elected, you cannot currently be serving as an officer or director of another organization wherein such participation may result in a conflict of interest with WVNA.

Functions of Officers

The Secretary shall be responsible for ensuring that the records are maintained of meetings of the board and Membership Assembly, and serves as a member of the Board of Directors, the Executive Committee of the Board of Directors, shall notify members of the annual meeting of the Membership Assembly, and serves as a liaison with the editor of *West Virginia Nurse*.

The Vice President assumes all the duties of the President and the President-elect in their absence and shall be chair of the WVNA Policy Day Planning Committee.

Additional information can be found at <https://wvnurses.nursingnetwork.com/> and in the next issue (July-August-September 2019) of *West Virginia Nurse*. Please send your letter of intent and CV to centraloffice@wvnurses.org or West Virginia Nurses Association, P.O. Box 1946, Charleston, WV 25327.

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Legislative Watch

Toni DiChiacchio, DNP, APRN, FNP-BC, FAANP / WVNA government liaison



Toni DiChiacchio

With the 2019 WV legislative session due to wrap up five days from this writing, 64 bills have passed both chambers of the Legislature. Additionally, 152 bills have passed the House and are pending Senate action, while 160 have passed the Senate and are awaiting House action. A total of 1,818 bills were introduced during this session. Here are just some of the many bills the WVNA has been monitoring.

Completed Legislation Approved by the Governor

House Bill 2324 – Authorizing the acupuncture board to issue certificates to perform auricular acudetox therapy: permits nurses, along with several other professions and occupations, to apply for a certificate from the WV Acupuncture Board to perform auricular acudetox once training has been completed by an organization approved by that Board for treatment of substance use disorder, for behavioral therapy, or for trauma recovery. The WV Acupuncture Board has emergency rule-writing authority to implement this new provision.

House Bill 2351 – Relating to regulating prior authorizations: streamlines and standardizes the prior authorization process through establishing universal forms and deadlines when a prior authorization is submitted electronically.

Completed Legislation Awaiting Approval by the Governor

House Bill 2204 – Prohibiting state licensing boards from hiring lobbyists: prohibits state licensing boards from hiring lobbyists but explicitly permits the director, board counsel, and appointed board members of each board to lobby on behalf of the board.

House Bill 2510 – Relating to special funds of boards of examination or registration: requires the Legislative

Auditor to conduct review of the fee structure and report findings to the Legislature if a specific board of examination or registration special fund exceeds twice its annual budget or \$10,000, whichever is greater.

Pending Bills Eligible to Pass the Legislature

House Bill 2397 – Requiring county school boards to provide adequate mental health and counseling services: requires county school boards to provide adequate mental health and counseling services to pupils to address issues stemming from drug abuse. (Passed House; pending in Senate with references to Education then Finance Committees.)

House Bill 2407 – Relating to registered professional nurses: updates the nurse practice act including increasing membership and restructuring the composition of the Board of Registered Professional Nurses and permitting biannual RN licensure renewal. The bill currently has no impact on scope of practice. (Passed House; pending in Senate Health Committee.)

House Bill 2525 – Tobacco Cessation Therapy Access Act: permits a pharmacist to dispense tobacco cessation therapy under a standing prescription drug order. (Passed House; pending second reading in Senate.)

House Bill 2531 – Permitting trained nurses to provide mental health services in a medication-assisted treatment program: permits psychiatric-mental health certified APRNs to provide counseling services in office-based medication-assisted treatment programs. (Passed House; pending third reading in Senate.)

House Bill 2583 – Family Planning Access Act: permits pharmacists to dispense self-administered hormonal contraceptives under a standing prescription drug order. (Passed House; pending in Senate Health Committee.)

House Bill 2768 – Reducing the use of certain prescription drugs: clarifies certain provisions within the Opioid Reduction Act 2018. (Passed House; pending in Senate Health Committee.)

Senate Bill 199 – Authorizing certain miscellaneous agencies and boards to promulgate legislative rules: includes rules to be approved for the Board of Registered Professional Nursing as forwarded from the interim rule-making committee. (Passed Senate; pending in House Judiciary Committee.)

Senate Bill 368 – Relating to tobacco usage restrictions: raises the legal age for purchase of tobacco, alternative nicotine products, or vapor products to 21 and prohibits adults from smoking in automobiles with children less than 17 years of age. (Passed Senate; pending in House Health, then Judiciary, committees.)

Senate Bill 537 – Creating a working group to review hospice needs and standards: establishes a workgroup, including a member recommended by the WVNA, to review the need standards of hospice services in this state. (Passed Senate; pending first reading in the House.)

Bills Ineligible to Pass During this Legislative Session

Senate Bill 548 – Relating to administration of medication in nursing homes: permits nursing homes to use trained but unlicensed personnel [sometimes referred to as approved medication administration personnel, or “AMAPs”] to administer medication under the direction of a registered professional nurse. (Not placed on agenda in Senate Health Committee.)

If you have questions about these or any bills, contact us at centraloffice@wvnurses.org. A broader explanation of the bills that will become law most affecting the nursing profession and those we care for will be presented in the next edition of West Virginia Nurse.

Editor’s Note:

“Referred” or “referenced” in the context of a bill before the legislature means the bill is getting sent to a certain committee, such as the Health and Human Resources Committee of the House of Delegates.

For more meanings and background on some of the legislative terms you’ll see WVNA and West Virginia Nurse use, you may find this glossary helpful. It’s on the website of the National Council of State Legislatures: <http://www.ncsl.org/research/about-state-legislatures/glossary-of-legislative-terms.aspx>.

For more information on acudetox, or auricular acupuncture, one source is <https://acudetox.com/>.

Congresswoman Johnson Introduces National Nurse Act of 2019

Mar. 7, 2019

Washington, DC – Congresswoman Eddie Bernice Johnson today introduced the National Nurse Act of 2019. This bill, H.R. 1597, will designate the Chief Nurse Officer of the U.S. Public Health Service as the “National Nurse for Public Health.” The responsibilities of the position would task the National Nurse for Public Health with identifying and addressing national health priorities.

“For years, our national health care policies have not helped nurses administer the best possible health care. The National Nurse Act of 2019 improves the health care of Americans across the country by appointing a National Nurse to join the Surgeon General in advocating for nurses who provide care for millions of Americans each day,” said Congresswoman Johnson. “This act would empower a medical professional to focus on critical issues, such as promoting healthier practices, improving health literacy and decreasing health disparities.”

The act has 52 original cosponsors in the House at the time of its introduction. It has been endorsed by more than 50 nursing and labor associations, including the National Nursing Network Organization. Companion legislation has also been introduced in the Senate by Sen. Jeff Merkley (D-OR) and Sen. Shelley Moore Capito (R-WV).

“As the first registered nurse elected to Congress, I understand the unique role nurses play in our national health care system,” said Congresswoman Johnson. “By supporting this bill, we not only acknowledge the benefit nurses bring to our discourse, but we are also enhancing our health care system as well.”

Key Responsibilities of the National Nurse:

- Collaborate with the Office of the Surgeon General to identify and address national health priorities;
- Serve as a visible national spokesperson for engaging nurses in leadership, policy, and prevention efforts;
- Encourage health professionals to work with community programs to improve health;
- Increase public safety and emergency preparedness; and
- Prepare and submit biennial report to Congress on nurses serving in the U.S. Public Health Service.

Editor’s note: WVNA proudly supports this important piece of legislation. As we go to press, some of our association leaders are preparing to travel to Washington, DC, for further in-person promotion of this legislation. A follow-up report will be posted to the WVNA website and appear in the next issue of WV Nurse.

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WVNA 2019 PARTNER

Julie Huron, BSH, LNHA / Executive Director

A huge thank you to Grand Canyon University (GCU) for their 2019 partnership with WVNA. “I am dedicated to working with West Virginia students and WVNA members,” says Carrie Cantrell, who is a counselor at GCU. Carrie’s link is <https://www.gcu.edu/counselor/Carrie.Cantrell/step-1/> and her phone contact is (304) 989-9449 and email is carrie.cantrell@gcu.edu.

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Being Part of the Solution: WV Nursing Workforce Summit 2019

Aila Accad, MSN, RN

The first WV Nursing Workforce Summit was held in spring 2017. You can see the photos and download presentations and proceedings on the Future of Nursing WV website: <http://www.futureofnursingwv.org/> One result of the first summit is the creation of four Action Teams to work on finding and implementing projects toward improving the nursing workforce in WV.



Progress

The Recruiting and Retaining Nurses at the Bedside Team's mission is developing a collaborative to explore retention strategies that are currently working or have not worked. The Team is co-led by Amy Bullington, MSN, RN, from Cabell-Huntington Hospital and Mary Fanning, MD, from WVU Medicine. They held a retention collaborative meeting in April 2018 to share best practices and brainstorm additional solutions. Then, they created the retention toolkit on the Future of Nursing West Virginia (FONWV) website, which provides a catalog of strategies shared by team members for others to use. Strategies to date include shadowing, nurse residency programs, nurse satisfaction surveys; more are continuously added. If you have a strategy to share, you can e-mail the materials to Aila for upload to the site.

The mission of the Expanding the Pipeline into Nursing Team is promoting and exposing students to the art and science of nursing, while nurturing and preparing students to enter nursing school. The Team is led by Lynda F. Turner, EdD, MSN, ACNS-BC, CNE, from Marshall University. They are developing the Faces of WV Nursing Poster Project. WV nurse action posters are being created on the website for middle school counselors to download and post in their schools. The posters are intended to inspire more students to consider nursing careers. Our research shows that the number one reason people choose nursing is that they were inspired by a nurse.

The Facilitating the Pathways in Nursing Education Team is tasked with evaluating and proposing strategies to facilitate the pathways from admission through graduation from various levels of nursing education, while preserving the importance of public safety and quality care. The Team co-leads are Pamela Alderman, EdD, MSN, RN, and Amy Bruce, MSN, RN, NE-BC, from the University of Charleston. This Team is exploring the advantages of implementing a universal application to nursing school with the Association of Deans and Directors of Nursing Education (ADDNE). They are also exploring the advantages of developing a mentoring project and other strategies to support retaining more students in nursing school. Nursing students have many challenges and many students leave school. Some of those challenges could be alleviated with support.

The mission of the Recruiting and Utilizing Nursing Faculty Team is developing innovative strategies for recruiting and efficiently using nursing faculty. The Team lead is Maryanne Capp, DNP, MSN, RN, from Marshall University. The Team is currently working on writing and publishing a white paper on faculty issues and recommendations.

You can see more information on the teams and their work on the FONWV website.

April 2019 Summit

As discussed in the last issue, the next Summit will be held on April 5, 2019 – as this issue of *West Virginia Nurse* is being printed. We anticipate another dynamic, solution-focused day. Lissa Gonzalez, MSN, MBA, APRN, FNP-BC, Administrator of the Center for Nursing, will kick off the Summit with a look at current West Virginia nursing workforce data. The Nursing Workforce Action Team will present on projects, progress, and recommendations for the future. Tools to increase nurse satisfaction, and an exciting world-café-style brainstorming session around key questions and ongoing recommendations will round out the day.

Even if you missed the Summit, you are most welcome to join one of the Action Teams. <http://www.futureofnursingwv.org/workforce-summit>

Aila Accad, MSN, RN, is the Executive Director of the Future of Nursing West Virginia Action Coalition. She can be reached by e-mail at futureofnursingwv@gmail.com and by phone at (304) 404-3990.

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Membership Corner

Julie Huron, BSH, LNHA / Executive Director

Hello spring! WVNA continues to experience phenomenal growth in 2019. I have met many new members at various events in the last several months and West Virginia nurses are discovering opportunities to get involved with WVNA – this is a fantastic time to be involved with the association!

I have monitored our growth closely during my first year with the association, and I am thrilled that we grew 20% during my first year and it looks like 2019 is on track to break last year's record! We truly have an amazing team with our WVNA board, our dedicated committee chairs, and members. I love when nurses reach out by phone calls, emails, text messages, and social media to inquire how they can get more involved in WVNA. This makes my heart sing and I try to quickly get them connected and involved.

Several nurses have found that my personal passion is to ensure that all WVNA members have a voice in our association and that they have an opportunity to share their views in a safe environment. We are truly a bipartisan association that is inclusive of ALL West Virginia nurses. I diligently work to ensure the association represents the values of ALL West Virginia nurses. This is not an easy task, and at times I find myself in a position that makes me protective of WVNA. Everything I do as the Executive Director of WVNA is for the greater good of the association and West Virginia nurses. During our weekly legislative update calls (January through March, during the legislative session), we have had passionate conversations, weighing the pros and the cons of particular positions. In the end, the goal I have is to ensure that all West Virginia nurses are heard and honored in a fair manner.

Keep joining our calls, watch for our messages and remember – you are invited to be involved! Just reach out any time and let me know your interest. You can call or text me at 866-WVNURSE or (866) 986-8773.



Julie A. Huron

WVNA welcomed 38 new members in the first three months of 2019.

Billie Adams
Tina Beckett
Landon Blankenship
Micah Brunty
Kelly Chandler
Megan Ruitter
Angela Fetty
Melody Finch
Amy Foster
Stephanie Gardner
Caroline Giambi
Christy Gibson
Becki Harless

Heather Hickman
Ben Klos
Susan Leight
Nichole Linzy
Kelly Lopez
Heather Lynch
Danyashae Martinez
Tara Matthews
Bridget McClure
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Call for Applicants to Serve on the WV Board of Examiners for Registered Professional Nurses

Julie Huron, BSH, LNHA / Executive Director

West Virginia Code §30-7-3 outlines the method by which appointments to the WV Board of Examiners for Registered Professional Nurses are made. The West Virginia Nurses Association is responsible for providing a list of names to the governor from which he or she makes selections for appointments. The WVNA is currently soliciting applicants from qualified registered nurses who are interested in Board service. The qualifications defined by statute to serve on the Board are that each member must be a U.S. citizen and WV state resident; be a graduate of an accredited educational program, college, or university with a nursing major; be licensed as an RN in WV or eligible for licensure as such; have at least five years of teaching experience in a registered professional nursing program or in a combination of such teaching and nursing administration or nursing education administration; and have been engaged in registered professional nursing for at least three of the past five years preceding appointment or reappointment. If you are interested and meet the above qualifications, please email a letter of interest and a résumé or CV by May 1, 2019, to the WVNA Central Office at centraloffice@wvnrurses.org. Interviews will be scheduled with qualified applicants.

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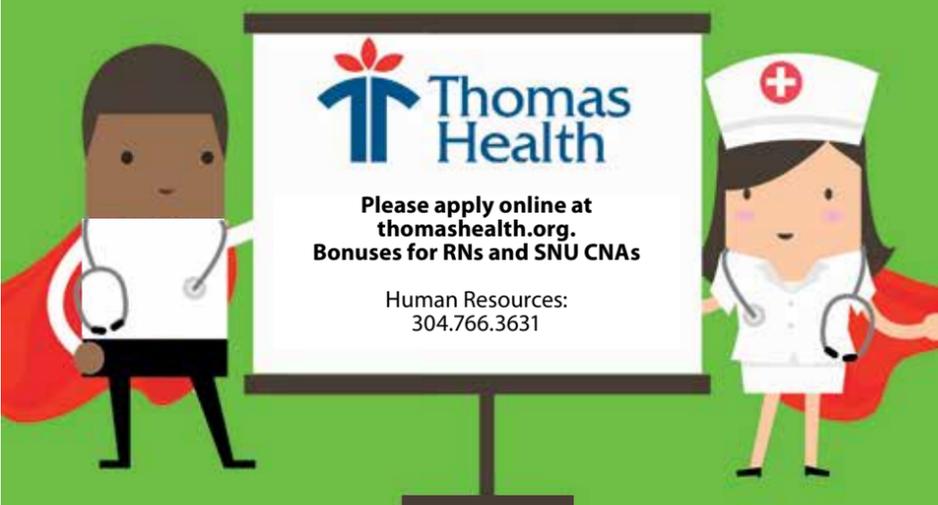


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