Coalition for Access to Healthcare celebrates the signing of Senate Bill 345 to advance the practice of advanced practice nurses in South Carolina on August 15, 2018.
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Sheryl Mitchell, DNP, APRN, FNP-BC, ACNP-BC
SCNA President

President’s Column

Sheryl Mitchell

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SCNA President
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4723-A Sunset Boulevard, Lexington, SC 29072 | Michael R. Jeffcoat, Attorney at Law, P.A.
I truly hope that by the time you receive this edition of the SC NURSE, the cooler air will have started to flow in South Carolina. Talk about a beast of a summer! We have been spending a great deal of our time in the office of SCNA working toward a successful Convention and Annual Membership Meeting. It is always a good time to reflect as well as to look forward. This will be the last Convention with Dr. Sheryl Mitchell as our President as her term of office will end on December 31, 2018. Dr. Tena Hunt McKinney will be moving into the role of President from her role as President-elect on January 1, 2019. Time seems to be flying.

The Holiday Season and New Year will be upon us soon. It is always a great time of year, but, it is also a time of year for reflection and planning for the future. Reflection causes me to say that 2018 was an extraordinary year for many in SCNA and South Carolina. The updating of the Nurse Practice Act to include a modest expansion of activities that should fall under the purview of those APRNs in our state was the culmination of at least eight years of preparation, hard work, and dedication by wonderful Advanced Practice Registered Nurses. The work now goes on for APRNs to be able to truly practice as they are educated and certified. The planning for the future is to work to ensure that implementation takes place appropriately and with as few “speed bumps” in the road to hinder the practices so needed by those who need health care in South Carolina.

The time of changing the leadership of an organization is one that brings reflection as well. The dedication of Dr. Mitchell has been extraordinary when coupled with her very full life as a member of the faculty at USC… and a personal life! Thank you for a job really well done. Dr. McKinney is ready to go and bring her special skills and prowess to the office of the President as well. Welcome!

SCNA is grateful to each and every member who has also been an active part of the life of the SCNA. Your contributions are many and graciously given. 2019 should be in great hands once again with active volunteers in many areas. Does this mean that there is not room for new participants in the life of SCNA? OH, NO! SCNA eagerly welcomes all who wish to be active participants in YOUR organization. So, as some TV program used to say, “Come on down!” Join in the work and fun of being an active member! On a wee bit of a mercenary note, don’t forget that when you recruit a member and the member lets us know who suggested membership, there is a small reward for the member who invites the new member.

HAPPY NEW YEAR and ONWARD!

WOULD LIKE TO THANK THE SPONSORS, EXHIBITORS, AND DONORS

The South Carolina Nurses Association would like to thank the Arthur L. Davis Publishing Agency, Stephen Miller, General Manager, and all the superb staff for its continuing support of SCNA through the publication of the SC Nurse, the Annual Book of Reports, and other support.

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- Chamberlain University
- Charleston Southern University
- Coloplast
- CVS Specialty Pharmacy
- Grand Canyon University
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South Carolina Nurses Association

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Aiken SC

Donna Atkinson
Sumter SC

Serena Barnes
Summerville SC

Molly Bax
Columbia SC

Angela Bell
Fort Mill SC

Jennifer Berry
Walterboro SC

Lauren Biggers
Columbia SC

Paris Bloomfield
Charleston SC

Katherine Bowers
Easley SC

Latavia Bowman
North Augusta SC

Regina Bradley
Islandton SC

Katrina Bradwell
Bonneau SC

Susan Bryan
Ruffin SC

Sharon Bullard
Summerville SC

Stacey Bumgardner
Rock Hill SC

Amy Bunch
Boiling Springs SC

Andrea Butler
Sparkenburg SC

Chesanny Butler
Saint Helena Island SC

Lee Ann Butts
Westminster SC

Stacey Catoe
Barnwell SC

Christina Christensen
Fort Mill SC

Ruby Contreras
Greenville SC

Evelyn Allen
Aiken SC

Ruby Contreras
Greenville SC

Maureen Cook
Greenville SC

Andrea Butler
Boiling Springs SC

Anita Crawford
Hartsville SC

Amanda Dudley
Lugoff SC

Wanda Dooley
Myrtle Beach SC

Janie Davis Mount
Pleasant SC

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Lugoff SC

Tammy Duvall
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Linda Easterling
Newberry SC

Michelle Ehrlich
Elgin SC

Debra Erich
Mc Coolianville SC

Nina Ellison
Chapin SC

Jessie Farmer
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Florence SC

Hope Gibson
Columbia SC

Martha Glover
Greenville SC

Deborah Gordon
Mount Pleasant SC

Marianne Haugh
Summerville SC

Anna Healy
Taylors SC

Simone Howe
Mount Pleasant SC

Ashley Hubbard
Florence SC

Racquel Hudson
Greenville SC

Sheri Hughes
Georgetown SC

Taylor Hyman
Summerville SC

Rebecca Jablonski
Spartanburg SC

Tibitha Jackson
Summerville SC

Cassie Jenkins
Lancaster SC

Taylor Joest
Charleston SC

Alicia Jordan
Charleston SC

Marcille Jorgenson
Mount Pleasant SC

Christena Kindt
Charleston SC

Sarah Kirby
Irmo SC

Kayla Levy
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Myrtle Beach SC

Paula Lowther
Fort Mill SC

Christopher Lyon
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Hannah Mason
Anderson SC

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Sarah Morris
Camden SC

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Lexington SC

Alexus Myers
Greenwood SC

Malynna Pickens
Lexington SC

Debra Pickens
Irmo SC

Nellie Posley
Irmo SC

Callie Powell
Charleston SC

Kaitlin Rainwater
Exhibit SC

Carolyn Ramey
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The mission of the South Carolina Nurses Association is to represent all South Carolina registered nurses in a membership organization to promote and advocate the role of the registered nurse to improve health for all.
SCNA Welcomes New Professional Liability Insurance Provider: NSO

Effective immediately, SCNA will now offer Professional Liability Insurance through the NSO company, an AON Affinity partner. This decision was made following an offering by NSO to ensure nurses in South Carolina through its excellent products.

So, if you are in need of liability insurance or wish to make some changes in your current coverage, please see the benefits page of the SC Nurse or the SCNA Website for further information.

Welcome NSO!

SCNA Nursing Flash and Legislative Updates – Members gain access to informative SCNA Nursing Flash including timely updates during the legislative session, national news & policy updates and vital information for all nurses.

Member Discounts on SCNA Convention and Event Registration – SCNA members receive special discounts on all SCNA events. Discounts available as well for ANA Events.

Free quarterly SCNA newspaper The South Carolina Nurse.

New leadership opportunities – Get involved with SCNA. Statewide recognition and professional development. Become a chapter member, participate in a task force or committee and run for elected office for a chapter or SCNA BOD.

SCNA Career Center – Find a new opportunity on SCNA’s online career center, http://nurses.sc.association

Connect with Leaders in the nursing profession – SCNA/ANA members will find numerous opportunities to connect with peers through special events, chapter involvement, the SCNA website, and other services.

SCNA Chapters – Get involved with SCNA at the chapter level and you will have the opportunity to connect with nursing professionals who have the same interest/specialty as you!

Dedicated professional staff & lobbyist – By joining SCNA, you will gain access to a staff of dedicated professionals and skilled lobbyist, who advocate for you at the state and federal level.

The Great South Advisory Group is the approved retirement income planning firm to the South Carolina Nurses Association. As a benefit of membership in the SCNA, you can receive your personalized Retirement Income Analysis report for no charge. Simply call to schedule your complimentary appointment at 803.223.7001. Visit their website at www.greatsouthadvisorygroup.com.

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SCNA/ANA Benefits

Some of the many great services, discounts and opportunities you will access as a member of SCNA/ANA:

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The LARGEST available discount on ANCC recertification – $$55 for SCNA/ANA members.

The ONLY discount on ANCC Review/Resource Manuals – SCNA/ANA members only.

Journal of Nurse Anesthesia subscription to The American Nurse Today, an $18.95 value. Free online access to OJIN: The Online Journal of Issues in Nursing.

SCNA/ANA members can save up to 4% on Nationwide®’s great rates, and when you add features like Vanishing Deductible®, you can save $100 off your deductible for every year of safe driving, for up to $500 in savings.

Nurses know that without proper planning, the costs of long-term care provided services can wipe out a lifetime of savings. Many may feel uncomfortable relying on their children or family members for support and find that Long-Term Care (LTC) insurance would significantly cover these expenses and help to keep them personally in control. Securing quality LTC insurance protection is a serious undertaking; that is why proper planning for ourselves and our families is increasingly critical to us all. ANA has teamed up with Anchor Health Administrators to access special LTC rates through a company that for almost 20 years has worked with nurses and their families. ANA members will receive a 2% discount on top of all other available discounts, and will have personal access to specialized licensed advocates who help nurse every day with their LTC needs.

Do you have enough term life insurance to help ensure that your family is covered if you were to pass away? Would there be enough to provide for your children, your mortgage and save for college, not to mention unpaid medical bills and funeral expenses? To help, ANA has partnered with AmWINS Group Benefits administrators to offer term life insurance with Hartford Life and Accident Insurance Company. With this plan you can receive term life insurance at competitive group rates, negotiated just for nurses by ANA. Because you are a member, you can apply for a plan with up to $250,000 in coverage at economical rates.

SCNA/ANA members can save up to 4% off Nationwide®’s great rates, and when you add features like Vanishing Deductible®, you can save $100 off your deductible for every year of safe driving, for up to $500 in savings.

THERE ARE MANY MORE BENEFITS TO JOIN SCNA/ANA AND YOU CAN TAKE ADVANTAGE OF THEM RIGHT NOW.

With ANA’s partnership with Nationwide®, ANA members can get great rates on Nationwide®’s Auto and Home Insurance. ANA members can save up to 4% off Nationwide®’s great rates, and when you add features like Vanishing Deductible®, you can save $100 off your deductible for every year of safe driving, for up to $500 in savings.

Members also have the first opportunity to access OJIN & TANJ’s content online!

ANA Nursing Knowledge Center Free Webinars & CE opportunities – SCNA/ANA members can access frequent educational webinar offerings from ANA at no cost to the members.

ANA SmartBrief – SCNA/ANA members receive ANA’s SmartBrief electronic newsletter via email on a weekly basis. SmartBrief provides members with up-to-date nursing news and information in a convenient format. Members may self-nominate to participate in ANA task forces; they arise for issues of interest and concern to nursing.

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ANA, through its partnership with Nationwide®, offers a range of insurance options to members.

So, if you are in need of liability insurance or wish to make some changes in your current coverage, please see the benefits page of the SC Nurse or the SCNA Website for further information.

Welcome NSO!
Just Because You Received This Publication, It Doesn’t Mean You Are A SCNA Member

Membership Made Easy  Everything you need to know is on line http://www.nursingworld.org/joinana.aspx

SCNA State-Only Membership: $187.00 annually or $16.08 monthly

SCNA State-Only Membership: $191.00 annually or $16.42 monthly

As a member of SCNA there are several options available to you to enhance your membership experience. SCNA has Chapters that are open to members of SCNA. You are welcome to join any of the chapters listed, think about creating others, or simply enjoy your state membership in SCNA. For more information about SCNA Chapters go to http://www.scnurses.org/?SCNAChapters

There is currently one geographical Chapter:
- Piedmont Chapter ( Spartanburg, Cherokee, Union, and York Counties)

There are currently five practice based Chapters:
- APRN Chapter
- Psychiatric-Mental Health Chapter
- Clinical Nurse Leader (CNL) Chapter
- Women and Children's Health Chapter
- Nurse Educator Chapter

Sign up for chapter membership by going to https://scnurses.site-ym.com/?page=ConsentParticipateCHC

2018 Calendar for CEAC Submissions

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<th>Submission Date</th>
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<td>For Program/Expiration dates January 1, 2019 or later</td>
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<td>For Program/Expiration dates April 1, 2019 or later</td>
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For a complete list of Approved Three Year Providers and Approved Individual Activities please visit our Continuing Nursing Education page on www.scnurses.org. You will also find all the information you need to know about how the SCNA CNE process works.

South Carolina Nurses Association

Full SCNA/ANA Membership Dues: $283.00 annually or $24.09 monthly
- Full time employed
- Part time employed

Reduced SCNA/ANA Membership Dues: $141.50 annually or $12.29 monthly
- RNs not employed
- RNs in full time study until graduation
- Graduates of basic nursing programs for a first year of membership within 6 months following graduation
- RNs 66 years of age or older who are not earning more than social security allows without a loss of social security payments

Special SCNA/ANA Membership Dues: $70.75 annually or $6.40 monthly
- 66 years of age or over and not employed;
- Totally disabled;
- Past NSNA/SNA-SC Members for a first year of membership if membership is initiated within 6 months of licensure.

22 - Jan 1, 2019 SCNA Office will be closed

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You’ve heard the saying, "The grass is always greener on the other side.”

Well, on our side, It’s true.

Benjamin, Clinical Supervisor

Aiken Regional Medical Centers (ARMC) provides nearly 50 specialty services through our 273-bed acute care facility, behavioral health hospital, integrated rehabilitation hospital and Cancer Care Institute of Carolina. We’re a smaller hospital with a big reputation. Aiken team members enjoy a family atmosphere and flourish under leadership that focuses on appreciation of talent, skills and dedication.

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Professionals across the nursing spectrum are welcome to find out more about ARMC’s career opportunities, great benefits, and outstanding local and national reputation. Please visit our website and discover a better career. And a better life.
How the ANA’s Code of Ethics applies to South Carolina Nurses in Clinical Practice

Mary Beth Wilson Steck, PhD, APRN, FNP-BC, Assistant Professor
Jennifer Oeter Rice, DNP, APRN, FNP-BC
Clinical Assistant Professor, School of Nursing
College of Behavioral, Social and Health Sciences
Clemson University, Clemson, SC 29634

Introduction:

The American Nurses Association’s (ANA) Code of Ethics for Nurses with Interpretative Statements (Code) states the standards for ethical conduct of individual nurses, as well as the entire nursing profession. The Code serves to describe nurses’ actions, according to the profession’s ethical standards (American Nurses Association [ANA], 2015). The most recent Code revision in 2015 and contains nine provisions. Each provision is accompanied with more specific interpretative statements. Code provisions are broad in scope, providing noncontextual statements of nursing’s ethical obligations. Provisions 1-3 express the fundamental values and commitments of the nurse to the patient. Provisions 4-6 address the duty and loyalty of the nurse in various settings. Provisions 7-9 address nurses’ duties beyond individual patient encounters. These include continuing education, nursing research, and activities that address social justice, health disparities, and health policy advocacy. The Code’s provisions are revised every decade. Interpretative statements are revised more frequently as the nursing profession evolves in the areas of science, art, and practice of nursing. The 39 interpretative statements provide guidance on how each provision may be met by the nurse, though they do not include specific steps on how nurses can achieve these ethical goals (ANA, 2015). Although the Code serves United States (U.S.) nurses in all settings and roles, the purpose of this article is to review how selected revised provisions, and their interpretative statements from the Code are specific to South Carolina (SC) nurses in clinical practice at the bedside and the Advanced Practice Registered Nurse (APRN) role.

Ethical Implications for SC Nurses at the bedside:

Provision 1 states the nurse practices with compassion and respect for the inherent dignity, worth, and unique attributes of every person. Interpretive statement 1.4 addresses the patient’s right to self-determination (ANA, 2015). This right is predicated upon “accurate, complete, and understandable information” which will enable the patient to make informed decisions regarding their care (ANA, 2015). According to Cutilli and Bennett (2009), about one-third of individuals living in the U.S. have limited health literacy; with South Carolina having the 13th highest rate of adult functional illiteracy in the U.S. (The Literacy Center, 2018). Of great concern is that only 34% of 4th graders in SC read at grade level (Reading Partners, 2020). This implies that these future adults may lack the comprehension and reading skills necessary to understand informed consents and patient care instructions, so SC nurses, in particular, need to take additional steps to meet this ethical obligation.

Provision 3 stipulates that all nurses have a duty to “advocate” for the health and well-being of their patients. Interpretive statement 3.1 reinforces the obligation to protect patients’ privacy (ANA, 2015). This privacy is defined as the “right to control access to, and control of disclosure of, information pertaining to oneself, and to control the circumstances, timing and extent to which information may be disclosed” (ANA, 2015).

The Health Insurance Portability and Accountability Act of 1996 (HIPAA), Public Law 104-191, is current federal law since patient privacy became an ethical issue, due to problems with electronic health records. These HIPAA provisions mandate the adoption of federal privacy protections for a patient’s identifiable health information due to problems with electronic health records. These HIPAA provisions mandate the adoption of federal privacy protections for a patient’s identifiable health information. In South Carolina, the state law to protect patients’ medical records is called the Patient Health Information Privacy Records Act (South Carolina Code of Laws, 2010) which states, aside from a court order, healthcare professionals may not share a patient’s medical record without expressed written consent. Nurses need to be aware that SC DHEC is authorized by law to obtain access to a patient’s medical record in the public interest. Healthcare providers may be required to report patient information for contagious/infectious disease surveillance, environmental and/or occupational disease notifications, births, deaths, and immunizations (SC DHEC, 2018). A complete list of current SC Privacy Practices can be found at: https://www.scdhec.gov/InternetPDFs/SDHECNoticeofPrivacyPractices/08107.pdf

Provision 8 states that the nurse collaborates with other health professionals and the public to protect human rights, promote health development, and resolve issues relevant to the ethical obligations of nursing. This moral agency is established within the ANA Code of Ethics with Interpretative Statement 8.3 that states, “The reduction in health disparities is a nursing obligation. According to the U.S. National Library of Medicine (2009), “healthcare disparities refer to differences in access to care and availability of facilities and services. Health status disparities refer to the variation in rates of disease occurrence and disabilities between socioeconomic and/or geographically defined population groups” (U.S. National Library of Medicine, 2018). This moral agency is a common goal so nurses have shared responsibilities for reducing health disparities. SC nurses have a unique responsibility to advocate for the health of their patients. Cardiovascular events are also on the increase in SC. Therefore, it is an ethical obligation of all SC nurses that they include education concerning obesity and smoking with every patient encounter.

Ethical Implications Due to Newly Expanded SC APRN Practice Responsibilities:

The signing of R.203/S.345 into law on May 18, 2018, amends the South Carolina Nurse Practice Act, Effective July 1, 2018, some barriers to the SC APRN scope of practice were lifted. APRNs can now medically certify students for homebound instruction, refer patients for physical therapy, pronounce death and sign death certificates, order medications, see patients in clinic, order lab tests, order X-rays, order social security sign to protect the public’s health. Healthcare providers may be required to report patient information for contagious/infectious disease surveillance, environmental and/or occupational disease notifications, births, deaths, and immunizations (SC DHEC, 2018). A complete list of current SC Privacy Practices can be found at: https://www.scdhec.gov/InternetPDFs/SDHECNoticeofPrivacyPractices/08107.pdf

Provision 4 asserts that nurses are accountable for nursing care and must act to provide optimal care. Interpretative statement 4.1 states nurses must maintain current knowledge and standards of practice. Interpretive statement 4.1.3 states nurses are responsible for knowledge of state laws and policies, as well as national standards of nursing practice. In 2013, only 34% of all 4th graders in SC read at grade level (Reading Partners, 2020). SC APRNs campaigned tirelessly to pass R.203/S.345, defining that an APRN is a nurse that can perform those acts, according to the profession’s ethical standards (American Nurses Association (ANA), 2015). Autonomy for the SC APRN has increased since the “APRN to physician” mileage barrier has been removed and the number of APRNs per physician has increased. According to a 2013 report by the American Journal of Nursing, the APRN and physician has not been removed (Campaign for Action, 2018). A recent research study suggests that APRNs greatly appreciate activities involving joint treatment of traditional case dialectic, collaborating physical therapists (Cutilli et al., 2015). It is important to note that SC APRNs must document in their practice agreements for APRNs and physicians to ensure the quality of care through consultations and collaborations (SC Board of Nursing, 2018; S345, 2018).

Provision 5 asserts the nurse owes the same duties to self as others, including the responsibility to promote health and safety, preserve wholeness of character and integrity, maintain competence, and continue the maintenance of competence and continuation of professional growth (ANA, 2015). Due to recently expanded professional responsibilities, SC APRNs must routinely evaluate their performance by peer review as well as participate in continuing education. This education is necessary for nurses to become ethically sensitive, a first step in developing moral agency (the ability to act to meet the patients’ needs). This moral agency is established within the ANA Code of Ethics with Interpretative Statement 5.5 which states, “The maintenance of competence and continuation of professional growth (Wholeness of Character and Integrity, 2015). Due to recently expanded professional responsibilities, SC APRNs must routinely evaluate their performance by peer review as well as participate in continuing education. This education is necessary for nurses to become ethically sensitive, a first step in developing moral agency (the ability to act to meet the patients’ needs). This moral agency is established within the ANA Code of Ethics with Interpretative Statement 5.5 which states, “The maintenance of competence and continuation of professional growth” (ANA, 2015). Provisions 7 states that the nurse, in all roles and settings, advances the profession through research and scholarly inquiry, professional standards development and the generation of both nursing and health policy. Interpretative statement 7.3 states that nursing and advocate civic activities related to health care through local, regional, and state initiatives (ANA, 2015). SC APRNs campaigned tirelessly to pass R.203/S.345, defining that an APRN is a nurse that can perform those acts, according to the profession’s ethical standards. Although SC APRNs have not yet achieved full scope of practice, they were successful in removing some barriers to practice. Even though elected officials introduce and pass healthcare legislation, it is nurses, trusted by the patients and public, that interpret current healthcare law to its fullest potential and meaning (Schuster & Milliken, 2012). Continued involvement by SC APRNs in legislative initiatives at the local, regional and state levels is imperative if our patients’ voices are to be heard.

Conclusion:

Nursing ethics determine how nurses should practice within their scope of nursing practice. Nursing ethics (Wilson & Milliken, 2016) describes how nurses act within the ethical imperative to balance personal and professional growth. Continuing education opportunities (ANA, 2015). This responsibility specifically applies to the issue of increasing opioid use in South Carolina. In 2015, deaths due to heroin and opioid overdoses in South Carolina surpassed homicides (SC DHEC, 2014). SC APRNs must remain knowledgeable and informed of the current healthcare climate and actively advocate for the health of their patients. Although SC APRNs have not yet achieved full scope of practice, they were successful in removing some barriers to practice. Even though elected officials introduce and pass healthcare legislation, it is nurses, trusted by the patients and public, that interpret current healthcare law to its fullest potential and meaning.

South Carolina nursing leadership continues to be integral to the establishment and revisions of state nursing guidelines that protect the well-being and rights of SC residents. In addition, nurses, including APRNs and PAs, have professional responsibilities to uphold the ethical standards for the nursing profession through continued professional development, collaboration and active involvement in legislation to enhance patient care. Thus, there is a critical need for reciprocal exchange of information between SC nurses and policymakers, as well as nurses and community health professionals.
The Code of Ethics for Nurses with Interpretive Statements

The Code of Ethics for Nurses with Interpretive Statements, hereafter referred to as the Code, establishes the ethical standards for the nursing profession. The Code provides a guide for professional judgment, ethical analysis and decision making (American Nurses Association [ANA], 2015). The Code is non-negotiable in any setting (ANA, p. 20). All professional nurses in South Carolina practice nursing in compliance with the Rules and Regulations of the South Carolina Board of Nursing. A copy of the Code of Laws. Section 40-33-70 directs the professional nurse to "conduct themselves in accordance with the code of ethics adopted by the board in regulation," and the South Carolina Board of Nursing has adopted as policy the ANA Code of Ethics with Interpretive Statements. This statement means that ALL registered nurses, regardless of where they practice or in what role the nurse is practicing are required by South Carolina law to practice professional nursing in a manner consistent with the Code.

Every day, in every practice setting, a professional nurse confronts a moral issue. Typically, the issue involves an individual patient or a population such as issues surrounding patient autonomy and informed consent, and non-discriminatory care for marginalized populations. Nurses face ethical challenges from organizational systems: hospitals and agencies that are slow to adopt patient safety and quality programs, ANA staffing patterns that inhibit the ability of the professional nurse to deliver high-quality, compassionate care. Nurses are also concerned with issues that affect their professional practice such as health care reform, medication costs, and disparities in healthcare (Epstein and Turner, 2015). The Code addresses issues as well as collective nursing interrelated actions and [the Code] requires each nurse to demonstrate ethical competence in professional life" (ANA, 2015, p. 21).

Robichaux (2017) defines ethical competence as “the knowledge, skills, and attitudes required to address the many ethical issues that arise daily in nursing practice.” Ethical competency concerning practice that the nurse can identify the issue and have the necessary confidence to propose a course of action to solve the ethical issue. The action can take many forms, but the Code and South Carolina law requires that the nurse attempt to take action. Practicing nurses can improve their ethical competence by attending local, regional or national conferences that have sessions that focus on nursing ethics. Improvement in ethical competence may also be achieved by enrolling in online courses, such as one that the ANA sponsors. The Code of Ethics: An Overview at: https://www.nursingworld.org/continuing-education/online-courses/code-of-ethics-an-overview-653725fd/, and accessing a read-only copy of the Code of Ethics for Nurses with Interpretive Statements at https://www.nursingworld.org/practice-nursing-excellence/ethics.

This link will also provide nurses with a wealth of resources to help improve ethical competence and assist nurses in identifying ethical issues. The Code of Ethics for Nurses with Interpretive Statements is one of the foundational documents of our profession that is written by nurses for nurses to use. It is not a dusty tome, but a relevant document that can assist the nurse in providing high quality, compassionate care. USE IT!

References


This document was written by Elizabeth O’Connor Swanson in her personal capacity. The opinions expressed in this article are the author's own and do not reflect the view of the American Nurses’ Association or the Center for Ethics and Human Rights of the American Nurses’ Association.

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Interested persons should submit resume and unofficial transcript to: Human Services Regional Office, 1300 W. Blackstock Rd., Greenville, SC 29613.
As the largest group of health professionals in America, and consistently the highest ranked in terms of ethical behavior by the public, nurses are in a unique position to influence the direction of both the profession and healthcare. Nurses advocate every day regardless of role and setting. ANA wants to recognize the numerous examples - for individual/group of patients, self, colleague(s) and the profession as a whole; locally, nationally or globally.

Therefore, ANA has declared 2018 as the ‘Year of Advocacy’. Throughout the year, we will feature examples of ANA members advocating for patients and the profession in various roles and settings, hosted on the RNAction website and distributed through various ANA digital and social media channels using the hashtag #BedsideAndBeyond.

Quarterly Theme

Global Impact and Making every year a year of advocacy

Continue highlighting nurses who have had an impact within their community, state, or at the federal level, while also expanding to experiences beyond the US borders. Considering 2019 and future policy issues relevant to the nursing profession, and will include an analysis of the November election results as well as insight on potential impact of political advocacy, and tips and words of wisdom on how to make every year a year of advocacy at any level in any role and setting.

The Medical University of South Carolina (MUSC Health) is launching a 60-day nutrition pilot intended to improve the eating habits of working nurses. MUSC Health nurses were hungry for healthier food options so they created a pilot program to give themselves new opportunities to increase their daily consumption of fruits and vegetables and improve their quality of life. According to the American Nurses Association, the health of the average nurse is worse than that of the average American. A survey conducted at MUSC found that 75 percent of their nurses say they put the health, safety, and wellness of their patients before their own. Due to the demanding shifts and stress associated with nursing, nurses often put their own health and well-being last, especially their nutrition, despite their knowledge about prevention.

The pilot nutrition program offers fresh, seasonal, and locally sourced to-go food items available for quick pick-up at three locations on the MUSC campus. The pilot is supported by Sodexo Healthcare, a food services and facilities management company committed to improving quality of life. They are partnered with the Healthy Nurse, Healthy Nation Grand Challenge (HNHN), an initiative of ANA Enterprise. MUSC is also an HNHN partner and the first organization selected to participate in an HNHN quality of life program in the US.

Andrea Coyle, MUSC Health Professional Excellence and Magnet Program director and registered nurse tells NursingWorld.org, “Our nurses impact the lives of their patients, colleagues, families, and neighbors every day. We had no reservations when we were approached to spearhead the pilot because the health of our staff is a top-priority. We are honored to work alongside Sodexo and ANA to offer more quality food options on our campus and serve as a model for other organizations.

The outcomes and results of the MUSC nutrition pilot will be presented this fall. To learn more about the university’s pilot nutrition program to improve nurses’ eating habits, visit https://www.nursingworld.org/news/news-releases/2018/musc-pilot-launch2/.

What is the Healthy Nurse, Healthy Nation™ Grand Challenge?

If all 3.6 million registered nurses increased their personal wellness and then their families, co-workers and patients followed suit, what a healthier nation we would live in! That is the goal of the Healthy Nurse, Healthy Nation™ Grand Challenge, an initiative to connect and engage nurses, employers, and organizations around improving health in five areas: physical activity, nutrition, rest, quality of life, and safety.

Nurses are less healthy than the average American. Research shows that nurses are more likely to be overweight, have higher levels of stress, and get less sleep. As the largest and most trusted health care profession, nurses are critical to the health of the nation. Healthy nurses are great role models for their patients, colleagues, families, and neighbors.

Go to http://www.HNHN.org to sign up.
Advocacy Fund

The SCNA ADVOCACY FUND is in need of donations for some of the work that we shall be doing during this year and in preparation for next session. So, send your contributions to:

SCNA ADVOCACY FUND, SCNA
1301 Gervais St., Suite 802,
Columbia, SC 29201

...or set up one time or a monthly donation through our website

www.scnurses.org

AND THANK YOU!

Carolyn Duff, school nurse at A.C Moore Elementary School, was named a National Academy of School Nursing Fellow, the highest and most prestigious honor in the profession. Carolyn is the first recipient of this award in South Carolina.

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- Hewlett, Peggy
- Holaday, Bonnie
- Hughes, Ronda
- Jenkins, Carolyn
- Kelechi, Teresa
- Loquist, Renatta
- Mackey, Marlene
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- Malloy, Catherine
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of SCNA sent to
Pi Johnson and her family on the recent death of her husband, Harry Johnson.

SCNA Annual Meeting

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If you don't want the money, you can always disclaim (refuse to accept) the inherited IRA or plan funds. But if you're like most people, you will want the money. Your first thought may be to take a lump-sum distribution, but that's usually not the best idea. Although a lump sum provides you with cash to meet expenses or invest elsewhere, it can also result in a huge income tax bill (in most cases, due all in one year). A lump-sum distribution also removes the funds from a tax-deferred environment. Fortunately, you probably have other alternatives.

If you are the designated beneficiary (i.e., you are named as beneficiary in the IRA or plan documents), you can take post-death distributions over your remaining life expectancy, spreading out distributions over a number of years. This life expectancy calculation will give you the minimum amount you must withdraw from the IRA or plan each year (you can actually withdraw more than required in any year). Yearly distributions from the IRA or plan must begin by December 31 of the year following the year of the owner's or participant's death. If there are other designated beneficiaries and separate accounts have not been set up, the oldest beneficiary must be used for the life expectancy calculation. (Note: An employer-sponsored retirement plan can specify the distribution method that beneficiaries must use.)

You may have other options as well. If the IRA owner or plan participant died before he or she began taking required minimum distributions, you can generally elect to distribute the entire interest in the IRA or plan within five years of the owner's or participant's death. (In this case, you don't have to take any distributions if you've already taken a distribution after the owner's or participant's death.)

If you're the sole beneficiary of the IRA or plan, you may be able to roll the assets over to your own Roth IRA (you'll generally pay tax upon the “conversion” but qualified distributions from the Roth IRA will be tax free). If you're a non-spouse beneficiary, you generally have far fewer options. For example, you can't roll over a distribution from an employer retirement plan into your own IRA or plan account but you can generally directly roll the distribution over into an inherited IRA (complex rules apply). Like spouse beneficiaries, you can also roll over (“convert”) non-Roth distributions from an employer plan into an inherited Roth IRA (however, you must do so in a direct rollover).

Certain restrictions apply to rollovers, however. For example, you cannot roll over required minimum distribution amounts (i.e., distributions required in the year of death). Also, inherited Roth IRAs can only be rolled over into a Roth IRA, and inherited Roth 401(k)/403(b)/457(b) accounts can only be rolled into another Roth 401(k)/403(b)/457(b) account that accepts rollovers, or into Roth IRAs.

Finally, Roth IRAs are subject to similar rules. If you inherit a Roth IRA, you can take distributions over a five-year period (following the Roth IRA owner's death) or over your remaining life expectancy. If you are a surviving spouse beneficiary, you may be able roll the assets over to your own Roth IRA or, if you're the sole beneficiary, treat the Roth IRA as your own. This is significant because, as a Roth IRA owner, you do not have to take any distributions from the Roth IRA during your life. Distributions from an inherited Roth IRA are usually free from income tax if made at least five years after the deceased IRA owner first contributed to any Roth IRA.

When evaluating whether to initiate a rollover always be sure to (1) ask about possible surrender charges that may be imposed by both the distributing plan and the receiving plan, (2) compare investment fees and expenses charged by your IRA (and investment funds) with those charged by your employer plan (if any), and (3) understand any accumulated rights or guarantees that you may be giving up by transferring funds out of an employer plan. The rules governing inherited IRAs and employer-sponsored plan accounts are complex. Consult a tax advisor for more information.
The South Carolina Nurses Foundation Receives American Nurses Foundation Award

The American Nurses Foundation (ANF) announced in April that applications were open throughout the country for state-based foundations to compete for fifteen $1,000 scholarships to distribute each year for 3 years. The scholarships were to focus on nurses who have demonstrated advocacy – local or national. ANF described advocacy as incorporating leadership and excellence in a broad variety of settings.

In May, the SC Nurses Foundation (SCNF) was awarded two $1,000 scholarships. One is an Anna Gallagher/American Nurses Foundation Scholarship which must be given to an MSN, DNP or PhD student. The second $1,000 is for a Fresenius Kabi/American Nurses Foundation Scholarship which can be awarded to BSN, MSN, DNP, or PhD student.

SCNF is pleased to announce that Taylor Carter from USC-Update is the recipient of the Fresenius Kabi/American Nurses Foundation Scholarship and Dori Dahlberg, a graduate student at Anderson University will receive the Anna Gallagher/American Nurses Foundation Scholarship. Congratulations to Taylor and Dori!

Nurses Care Scholarship Awardedees

The South Carolina Nurses Foundation (SCNF) is proud to announce the 2018 recipients of scholarships from the License Plate Initiative fund: The Nurses Care Scholarships.

Notification was sent to all South Carolina Nursing Schools, the Chief Nursing Officers of all South Carolina hospitals, and to the South Carolina Student Nurses Association in March 2018 advertising the undergraduate and graduate scholarships.

In total, 288 applications were received online via Formsite. Eligible applications were comprised of submission of a complete application form; a transcript with current cumulative GPA of 3.0 or higher and showing evidence of enrollment in nursing courses; and two faculty recommendation letters.

Review by the Scholarship Committee resulted in a total of 34 applications which met criteria and included two recommendation letters - 24 undergraduate and 10 graduate applications.

2018 SCNF NURSES CARE SCHOLARSHIP AWARDDEES

Undergraduate Awardees

<table>
<thead>
<tr>
<th>Awardee</th>
<th>School</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Tracy Maddix</td>
<td>Anderson</td>
</tr>
<tr>
<td>2. Stephanie Greene</td>
<td>Citadel</td>
</tr>
<tr>
<td>3. Ashley Haynes</td>
<td>Tri-County Tech</td>
</tr>
<tr>
<td>4. Kelsey Ramsey</td>
<td>Anderson</td>
</tr>
<tr>
<td>5. Peyton Reeves</td>
<td>Clemson</td>
</tr>
<tr>
<td>6. Jill Roy</td>
<td>Tri-County Tech</td>
</tr>
<tr>
<td>7. Nancy Lawyer</td>
<td>Citadel</td>
</tr>
<tr>
<td>8. Meagan Painter</td>
<td>MUSC</td>
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</tbody>
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Graduate Awardees

<table>
<thead>
<tr>
<th>Awardee</th>
<th>School</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Bethany Smith</td>
<td>Purdue Global</td>
</tr>
<tr>
<td>2. Grace Moore</td>
<td>USC</td>
</tr>
<tr>
<td>3. Heather Vance</td>
<td>USC</td>
</tr>
</tbody>
</table>

Scholarship committee members stated that it was difficult to select awardees as there were many excellent applicants. Congratulations to all the SCNF Scholarship recipients!

Save the Date

The SCNF appreciates the support received over the years as we have provided millions of dollars in student nurse scholarships, research grants and hosted the wonderful Palmetto Gold Nurse Recognition Gala (April 22, 2018). Our desire is to be able to provide even more scholarship support and grow the Foundation’s assets so that we can make an even bigger impact in the nursing profession. To that end, the SCNF will be participating for the third year in a 24 hour online giving event on May 3, 2019 known as #MidlandsGives. The event is sponsored by the Central Carolina Community Foundation and over the past several years has raised over $3 million for non-profits. All donations made on that day go directly to SCNF and are tax deductible. The event begins at 12:01am and goes to 11:59 pm on May 3rd.

How you can Help:

- Please like our Facebook Page – “SC Nurses Care” and follow us on Twitter @SCNursesCare. This will be our primary means of communication on giving day.
- Go to the #MidlandsGives website on May 3rd – midlands.gives – and click on the “Donate Now” button. You then scroll down to the SCNF logo and make your donation. A minimum of $20 is required. Donations must be made with a credit or debit card. The donation will reflect that you have made a donation to the Central Carolina Community Foundation, but your donation will be credited to the SCNF. Our website – www.scnursesfoundation.org – will also get you to the Midlands Gives site.
- Plans are underway for the 18th annual Palmetto Gold Nurse Recognition and Scholarship Program. The gala is set for April 27, 2019 at the Columbia Metropolitan Convention Center.

The Palmetto Gold Nurse Recognition and Scholarship Program is under the auspices of the South Carolina Nurses Foundation, a 501-C 3 organization whose mission is to promote high standards of health care by insuring the advancement of the nursing profession through scholarships, grants, and programs of excellence. The purpose of the Palmetto Gold program is to annually salute 100 registered nurses who exemplify excellence in nursing practice and commitment to the profession. A secondary purpose is to provide scholarships to registered nurse students ensuring an adequate supply of nurses for the future.

Palmetto Gold originated in 2001 when a coalition of nurse leaders from major nursing organizations came together to plan a strategy for showcasing the many contributions nurses make to the health care system. The organizations include South Carolina Nurses Foundation, South Carolina Nurses Association, South Carolina Organization of Nurse Leaders, South Carolina League for Nursing, and Sigma Theta Tau International.

The Steering Committee is preparing for a vast amount of excellent nominations. The selection process undergoes the difficult decision in choosing 100 recipients of this prestigious award. In addition to honoring the 2019 Palmetto Gold recipients, the 2019 Palmetto Gold Scholarship recipients will be featured and formally recognized.

Net proceeds generated from the gala evening are used to provide nursing scholarships for students attending South Carolina registered nurse education programs and to build the Palmetto Gold Scholarship Fund. Palmetto Gold advertising and sponsorship opportunities are available for purchase for any business or individual interested. The Steering Committee is grateful to the many employers and benefactors that have contributed to the success of this program for the past 17 years. The impact of the program has been far-reaching as over $392,000 in scholarships have been awarded to student nurses. If interested, please contact Liza McDowell at liza.mcdbwell@mcleodhealth.org.

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Please reserve April 27, 2019 on your calendar for an exciting evening to celebrate nursing excellence.

SHOW YOUR NURSING PRIDE!!!
SUPPORT NURSING SCHOLARSHIPS!!!
GET A LICENSE PLATE!!

Nurses Foundation

The Nurses Care Specialty License Plate Initiative was created in 2002 to provide an opportunity for nurses and the supporters of nursing to make a contribution to the profession and to increase the public’s awareness of the contribution of nurses. “Nurses Care” specialty license plates are available from the Department of Motor Vehicles. The proceeds are used to fund both graduate and undergraduate scholarships. Please go to this website to purchase your “Nurses Care” license plate:

http://www.scdmvonline.com/Vehicle-Owners/License-Plates/Plate-Gallery
South Carolina Board of Nursing

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Phone: 803-896-4550 • NURSEBOARD@LLR.SC.GOV • Fax: 803-896-4515 • http://www.llr.sc.gov/nursing/

MISSION OF THE BOARD OF NURSING

The mission of the State Board of Nursing for South Carolina is the protection of public health, safety, and welfare by assuring safe and competent practice of nursing.

This mission is accomplished by assuring safe initial practice and continuing competency in the practice of nursing and by promoting nursing excellence in the areas of education and practice. The Board licenses qualified individuals as licensed practical nurses, registered nurses or advanced practice registered nurses. Complaints against nurses are investigated and disciplinary action taken when necessary. Schools of nursing are surveyed and approved to ensure quality education for future nurses.

NEW LEGISLATION IMPACTING NURSING IN SOUTH CAROLINA

Several new Bills were recently impacting nursing in South Carolina. To view the Bills, you may visit the Board’s website at bit.ly/39sW0uX or send the request and documents by email to NURSEBOARD@LLR.SC.GOV. Please indicate in your request whether you will use your middle name or maiden name for your middle initial or if you wish to hyphenate your name. Your request will be processed within 14 business days of receipt of your documents in the Board’s office and will be reflected on Licensee Lookup within three to five days after the name change is made.

To check your name change request has been processed on Licensee Lookup on the Board’s website at www.llr.sc.gov/pol/nursing/. When utilizing Licensee Lookup you will have to enter your full name. Refer to Section 40-33-36(B) of the Nurse Practice Act regarding statutory requirements for your name on your license. You may view the Nurse Practice Act - Chapter 33 - located under Information, Law/Policies on the Board’s website.

APRN CERTIFICATION, RE-CERTIFICATION OR RENEWAL

Notify the Board of your national certification, recertification or renewal. If you have recently become certified, recertified or renewed your certification, mail a copy of your current certification card to: LLC-Board of Nursing, Attn: Advanced Practice Licensure, P.O. Box 12367, Columbia, SC 29211. You may also scan your certification card to nurseboard@llr.sc.gov or send it by fax to (803) 896-4515.

UPDATE ON THE RN/LPN NURSE LICENSURE COMPACT (eNLC)

Unlocking Access to Nursing Care Across the Nation
The eNLC was implemented on January 19, 2018. For details on compact rules and regulations that relate to Continuing Education and competency, please visit the NCSBN.org website. As a reminder, RN and LPN applicants who DO NOT MEET the Uniform Licensure Requirements (ULR’s) may still be eligible for a single-state license in South Carolina.

CE BROKER: CONTINUING EDUCATION TRACKING / REPOSITORY

South Carolina Board of Nursing Partners with CE Broker

CE Broker is the official Continuing Education tracking and repository system for the South Carolina Board of Nursing! CE Broker is your main resource for everything related to Continuing Education and competency. All continuing education credits must be tracked and recorded with CE Broker. If you have previously used the South Carolina Board of Nursing’s tracking system and if you have completed your credits, you will be able to use that system. The system will be available soon and you will have access to your course history. This list all of the courses you have completed and you can also track, log in, and pay your fees online.
The mission of the South Carolina Nurses Association is to represent all South Carolina registered nurses in a membership organization to promote and advocate the role of the registered nurse to improve health for all.
At Lexington Medical Center, the future has never looked brighter. Our exceptional nurses take pride in their profession, and our hospital is strong and thriving. In fact, we’re nearing completion on a 10-story patient tower that will open in February 2019. And we’re hiring nurses who want to grow with us.

Looking for a great place to work? We offer opportunities to expand your career, a voice in making decisions and benefits that reward your commitment. Come join the outstanding nurses at Lexington Medical Center.

Apply online at LexMed.com

Now Hiring Registered Nurses