Carolina Family Practice

Nurse Practitioners Save SC Dollars and Provide Primary Care Access

Dr. Jeannette Andrews, PhD, FNP, FAAN, Dean and Professor, University of South Carolina College of Nursing

Dr. Stephanie Burgess, PHD, FNP-BC, FAANP, Associate Dean for Practice and Health Policy and Clinical Professor, University of South Carolina College of Nursing

Ms. Toriah Caldwell, MSN, FNP, Director Carolina Family Practice, University of South Carolina College of Nursing

John Brunelli, University of South Carolina, Office of Communications and Public Affairs

The Carolina Family Practice, a Nurse Practitioner Medical Home within the Palmetto Health USC Medical Group, has a new location to better serve its patients. In November 2017, the practice opened at 1410 Blanding St. in downtown Columbia. The University of South Carolina College of Nursing owns and operates the practice in partnership with USC-Palmetto Health. This practice provides primary care services with practice onsite laboratory services. The practice is open from 7:30 a.m. until 4:30 p.m. Monday, Wednesday and Thursday; 7:30 a.m. until 5 p.m. on Tuesdays and 7:30 a.m. until 1 p.m. on Friday. There are five nurse practitioners in the clinic, and rotate call for after-hours availability.

The nurse practitioners treat acute problems such as a sinus or an ear infection, as well as a wide-range of chronic conditions such as diabetes, hypertension, thyroid disease, and mental health problems. Nurse practitioners also provide preventive care such as well-child care exams, well women exams, and physicals (Medicare, annuals, and sports).

While the majority of patients are on Medicaid and Medicare (over 60%), Carolina Family Practice also sees patients with private insurance. The Director of the practice is Toriah Caldwell, MSN, MSN.

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The theme this year is a great reminder of how important it is for nurses to remind themselves of the importance of nursing to the wellbeing of this nation and well as to individual or himself each day of the importance of nursing to they provide to patients. It also is a great reminder just how wonderful they are in the services that are provided. Nurses Week is May 6-12 each year.

SCNA welcomes this year’s celebration of Nurses Week and Nurses Day in May. As a reminder, Nurses Week is May 6-12 each year. The theme this year is a great reminder of how important it is for nurses to remind themselves of just how wonderful they are in the services that they provide to patients. It also is a great reminder of how important it is for each nurse to remind her or himself each day of the importance of nursing to the wellbeing of this nation and well as to individual patients.

So, enjoy Springtime in South Carolina!
Carolina Family Practice continued from page 1

FNP-BC, a seasoned Family Nurse Practitioner. According to Caldwell, the practice’s mission is to provide accessible primary care services to individuals and families in the local region, while also providing clinical learning opportunities for our future healthcare workforce, including graduate students in nursing, pharmacy and social work. Caldwell says the practice offers flexibility by offering same-day appointments and has a patient-centered approach. “We really listen to our patients because we involve them in the treatment plan,” Caldwell says. “We especially want them to come up with a plan to improve lifestyle changes that need to be made and not just hand them a prescription and say, ‘take this medicine.’

When the college’s practice opened in the 1990s, it was the first solo Nurse Practitioner practice in the area. Dr. Stephanie Burgess estimated that the practice now treats more than 20 Nurse Practitioner-run practices statewide (mostly in rural or underserved areas), saving SC millions of dollars per year by providing primary care, thus, keeping patients out of the emergency room. The Medical Expenditure Survey estimates the typical emergency room visit costs approximately $1,100, with some areas experiencing even higher costs (http://www.consumerhealthratings.com/index.php?action=showSubCat&scat_id=276).

At the college’s practice estimates that Carolina Family Practice saved Richland County and South Carolina taxpayers in excess of $2 million in 2015.

Primary care access and access to certain specialties are especially problematic in South Carolina. In our state, 42 out of 46 counties are considered rural or underserved (DHEC). South Carolina ranks 44th in the nation in the United Health Foundation’s health report card, ranking of states (http://www.unfhealth.org/ranking.html). Currently, 8 SC counties have no primary care physicians; 16 have no OB-GYN physician providers; 21 have no orthopedic surgeons; and, one county has no primary care physician. The average distance to a hospital is 4.5 miles, and 38% of the population is without health insurance (Henry, 2016). It is essential that nurses take a more active role in national healthcare policy.

The South Carolina Nurse – April, May, June 2018

President’s Column

Sheryl Mitchell, DNP, APRN, FNP-BC, ACNP-BC
SCNA President

Welcome Spring! Much has changed since our first edition for 2018. The American Nurses Association designated 2018 as the “Year of Advocacy,” and we have had a great start to the year. SCNA attended and participated in NP and CNM Lobby Day held on February 7, 2018, at the South Carolina State House. Governor Henry McMaster held a press conference supporting Senate Bill 345, which increases access to health care and decreases cost by removing barriers to NP and CNM practice. Senate Bill 345 was voted out of subcommittee into full committee. SCNA signed on to support several bills that will affect nurses throughout South Carolina. Also, both the CEO and President attended the American Nurses Association GOVA/Health Policy call to receive updates on federal legislation concerning Safe Staffing, Health Care Reform, Nursing Workforce Development, and Home Health.

2018 OFFICIAL CALL FOR SUGGESTED SCNA BYLAW REVISIONS

Please consider this the official call for any suggested SCNA bylaw revisions for consideration at the 2018 SCNA Annual Meeting to take place May 1, 2018. Any SCNA member may research, write and submit resolutions for consideration by the 2018 SCNA Annual Meeting. Resolutions should be submitted in form for printing to the Reference Committee through SCNA at 1301 Gervais Street, Suite 802, Columbia, SC 29201. All proposed resolutions must be submitted to SCNA before May 1, 2018. Please forward to: SCNA-Bylaws Committee 1301 Gervais Street, Suite 802 | Columbia, SC 29201 FAX (803-779-3870)

CALL FOR RESOLUTIONS

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Guidelines for writing and submitting resolutions can be downloaded from http://www.scnurses.org/?SCNAAnnualMeeting

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SCNA State Convention and APRN Conference, October 4-6, 2018 – Marriott, North Charleston, SC
You worked so hard to become a nurse. A South Carolina Board of Nursing complaint is a threat to your reputation, your career, and your livelihood.

Your whole career could be at risk if you suddenly receive a letter from the South Carolina Department of Labor, Licensing and Regulation (LLR) Office of General Counsel (Disciplinary Counsel) about allegations of professional misconduct against you. We can help you avoid making a huge mistake. You may not have been told that you can immediately seek your own independent legal advice and help before even thinking about making a statement or signing a Consent Order prepared by LLR.

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CALL FOR POSTER ABSTRACTS 2018

Have you made a practice change that you believe has implications for the future of nursing? Have you implemented a practice change that is showing improved patient and/or nurse outcomes? Have you conducted research that you believe has implications for the future of nursing? If you answered yes to any of the questions, share your research by submitting your abstract for SCNA State Convention in 2018.

Submission Deadline
Abstracts must be submitted no later than May 31, 2018. Please submit your abstract to info@scnurses.org. Notice of acceptance will be sent to applicants no later than August 1, 2018.

A. Abstracts must be submitted electronically. Abstracts must be 300 words or less. Do not place your name on your abstract.
B. Posters may be for a completed project or a work in progress.
C. Please indicate whether the content of the abstract best fits the category of “research” or “clinical practice.”
D. For research abstracts, the following sections are required: Purpose, Review of Literature, Methodology, Results and Implications for Registered Nurses or Advanced Practice Registered Nurses.
E. For clinical practice abstracts, the following sections are required: Purpose, Review of Literature, Summary (of the innovation or practice), and implications for Registered Nurses or Advanced Practice Registered Nurses.
F. Bio-sketch(es) must be provided as part of the submission process. Include: name, credentials, position, and title of abstract. Submit the bio-sketch(es) as a separate page from the abstract.
G. If accepted, presenter(s) must register for the conference. At least one author must be available at the poster during poster session times for questions and discussion with participants. Handouts and your contact information are recommended for attendees.

Poster session times do not occur during any educational presentation at the conference.

Selection Process
All abstracts submitted prior to deadline and adhering to the guidelines will be considered. A limited number of abstracts will be accepted. The selection will be made by blind review. Please do not include your name on the abstract page. Include the title of your abstract on the bio-sketch page. Because the number of abstracts that will be accepted is limited, SCNA members will be given precedence, all other things being equal. A registration discount to attend the conference will be offered for accepted poster abstracts.

POSTER ABSTRACTS 2018

Abstracts will be offered for accepted poster abstracts.

Registration Fees
SCNA Member (SCNA/ANA and SCNA Only)
Three Day Rate $450.00 $475.00
Two Day Rate $350.00 $375.00
One Day Rate $250.00 $275.00
Annual Meeting $0.00 $0.00
Pre – Con $75.00 $90.00

Non SCNA Member
Three Day Rate $600.00 $625.00
Two Day Rate $500.00 $525.00
One Day Rate $400.00 $425.00
Pre – Con $100.00 $125.00

Contact SCNA for retired member registration fee for SCNA members who do not need continuing nursing education.

Contact SCNA for group discount information for groups of 5 or more from the same payee.

Qualifications:
You are qualified to review abstracts if you meet the following criteria:
• Member of the South Carolina Nurses Association
• You have authored two or more peer reviewed articles
• You have a MSN, DNP, or PhD

The abstract review period will take place (approximate start date) June 4, 2018 — June 18, 2018. If you are qualified and willing to serve, please send an email to posse@scnurses.org by April 30, 2018.
Urgent Need for Foster Homes in SC

South Carolina has an urgent need to establish more foster homes, and that’s where you come in. Nurses make terrific foster parents, stepping in the breach where others might fear to go. There are more than 4,300 children in foster care in SC, and the state needs an estimated 1,300 additional homes to care for those children. When children enter foster care, it’s important to keep them as close to home as possible. That enables them to stay in their same school, church, scout troop, little league team – close to whatever network they have, however shaky it might be. Foster parents receive a monthly stipend, and all medical costs are paid for by the state. It takes about four months to become a licensed foster parent. Start your journey today at www.heartfeltcalling.org or by calling (888) 828-3555.

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SCNA State Convention and APRN Conference, October 4-6, 2018 – Marriott, North Charleston, SC
MUSC College of Nursing Receives Innovations in Nursing Award from AACN

The MUSC College of Nursing has received the American Association of Colleges of Nursing (AACN) Innovations in Professional Nursing Education Award that recognizes the outstanding work of AACN member schools to re-envision traditional models for nursing education and lead programmatic change.

The College of Nursing was recognized for its innovative approach to interprofessional education through its Virtual Interprofessional Learning (VIP), an innovative asynchronous platform utilizing Avatars to engage learners in interprofessional (IP) learning opportunities across disciplines, universities, and geographies. In 2014, with the support of a grant from the Josiah Macy Jr. Foundation the college created VIP as an online interactive learning experience to increase students’ IP engagement, knowledge of patient quality and safety, and IP communication.

The VIP platform is a virtual health care setting that utilizes avatars. The Interprofessional Education Collaborative Core Competencies (IPEC) guided the development of the VIP with a focus on patient care quality and safety and IP communication competencies. MUSC students from nursing, medicine, and pharmacy completed the Institute for Healthcare Improvement (IHI) root cause analysis and communication modules to build baseline knowledge before entering the virtual environment. Via the VIP platform, students interactively conducted a root cause analysis through a complex case in a virtual world scenario. Unique to the evaluation plan is the ability of the VIP platform to assess a number of IPEC competencies through automated scoring, populating at the end of the virtual student experience. Additional evaluation tools include focus groups, a self-assessment of IP practice in patient care and a user experience tool. This innovative approach helps advance IP education from siloed, limited experiences to accessible, innovative and interactive opportunities that are not bound by time or place. The VIP platform is portable, exportable and generalizable and will promote incorporation of IP education in a wide variety of clinical scenarios and locations.

SCNA Election 2018 – An Update

At its 2017 Annual Membership Meeting SCNA changed the Bylaws in regard to the election process. The change will enable SCNA to have an on-line voting process. The change was made to conform to current ANA Bylaws which all State Associations must do.

So, what does this change mean to you the member?
1. All members who are in our membership data base as of July 1, 2018 will be eligible to vote in the 2018 election that will be held from September 7 – September 21, 2018.
2. Each eligible member will receive a postcard with all needed information for logging on to the election system.
3. Please review the election materials carefully so that you will be able to complete your ballot(s) when you enter the system.
4. For those of you who are not currently members of any chapter you may join any chapter that you choose by completing the consent to participate form found on our website http://www.scnurses.org/?page=ConsentParticipateChC Current SCNA Chapter members do not need to re-join the chapter.

Elections will be help for Board positions as well as each chapter positions that are voted on in the even number years. See call for nominations on page 2.

Any questions please let us know at the SCNA office prior to June 30, 2018.
As the largest group of health professionals in America, and consistently the highest ranked in terms of ethical behavior by the public, nurses are in a unique position to influence the direction of both the profession and healthcare. Nurses advocate every day regardless of role and setting. ANA wants to recognize the numerous examples – for individual/groups of patients, self, colleague(s) and the profession as a whole; locally, nationwide or globally.

Therefore, ANA has declared 2018 as the ‘Year of Advocacy.’ Throughout the year, we will feature examples of ANA members advocating for patients and the profession in various roles and settings, hosted on the RNAaction website and distributed through various ANA digital and social media channels using the hashtag #BedsideAndBeyond. You are welcome to share any or all of the content in this packet as well as the member advocacy stories coming out from RNAaction throughout the year. Please feel free to include stories about your local members and the great advocacy work they are doing as well. Nurses advocate every day, so examples are endless and no illustration is too small.

Quarterly Themes
Q2: Nurses influencing elected officials and other key decision makers (April – June)
Highlighting efforts to impact change with key decision makers that are local, state or federal. Could be employer specific, immediate community/county, state legislative/regulatory, or federal. Individual influence as well as participation in a coalition.

What is the Healthy Nurse, Healthy Nation™ Grand Challenge?
If all 3.6 million registered nurses increased their personal wellness and then their families, co-workers and patients followed suit, what a healthier nation we would live in! That is the goal of the Healthy Nurse, Healthy Nation™ Grand Challenge, an initiative to connect and engage nurses, employers, and organizations around improving health in five areas: physical activity, nutrition, rest, quality of life, and safety.

Nurses are less healthy than the average American. Research shows that nurses are more likely to be overweight, have higher levels of stress, and get less sleep. As the largest and most trusted health care profession, nurses are critical to the health of the nation. Healthy nurses are great role models for their patients, colleagues, families, and neighbors.

Go to http://www.healthynursehealthynation.org/en/ to sign up.

April Physical Fitness
• Building to a 5K
• Spring Cleaning/Decluttering

May Nutrition for Optimal Wellness
• National Nurses Week Virtual 5K
• 5 Servings for 10 Days – Fruit & Veggie

June Hydration
• Hydration
• Resolution Check In

American Renal Associates
Our Staff Make the Difference!
Opportunities for dialysis nurses in the Columbia and Clemson areas.
Fax resume to Brittany Winter at efax 978-232-0876
## New and Reinstated SCNA/ANA Members

**November 19, 2017 – February 18, 2017**

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### New SCNA-Only Members

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<thead>
<tr>
<th>Name</th>
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<tr>
<td>Rayven Gillens</td>
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<tr>
<td>Kimberly Harrelson</td>
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<td>Kimberly Tolson</td>
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<td>Avery Veyon</td>
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<tr>
<td>Tanya West</td>
<td>Anderson, SC</td>
</tr>
<tr>
<td>Corazon White</td>
<td>Little River, SC</td>
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**REWARD$!**

**WANTED:** Members of SCNA who will recruit new members to SCNA

**REWARD:** A check for $25.00 for each new SCNA/ANA member or SCNA-only member. Not valid for any reduced price memberships

**HOW TO COLLECT YOUR REWARDS:** Be sure that your new recruit knows to join on line and to put your name in the “referred by” section of the application. It couldn’t be easier!

**HOW MANY REWARDS MAY A MEMBER COLLECT:** There is NO repeat NO limit to the number of reward checks of $25.00 that current members can earn. Start today and enjoy your rewards!

### Registered Nurse Opportunities with Dialysis Clinic, Inc. in Spartanburg, SC

- Will train! No dialysis experience required!
- Sign-on bonus offered for experienced dialysis RN’s
- Awesome team and great culture
- Comprehensive benefits and competitive pay

If interested in learning more about a position with Dialysis Clinic, Inc., please send your current resume to LaVonda.McClary@DClinc.com

More information: LaVonda McClary, Corporate Nurse Recruiter
https://dclinc.jobs / 864-293-2065

- PhD in Nursing/Nursing Science or DNP; FNP-C required
- Experience pristine, well-equipped facilities and unparalleled support of a system dedicated to producing top performers in the healthcare industry.

We have opportunities for nurse educators at our Columbia, South Carolina campus.

- Full-Time Faculty
- Undergraduate Nursing Program
- Terminal Degree in Nursing required
- Clinical Coordinator
- Graduate Nursing
- Terminal Degree in Nursing required
- Family Nurse Practitioner Program Director
- Graduate Nursing Program
- PhD in Nursing/Nursing Science or DNP: FNP-C required
- Experience pristine, well-equipped facilities and unparalleled support of a system dedicated to producing top performers in the healthcare industry.

**Come grow with us. The South Way.**

**SCNA State Convention and APRN Conference, October 4-6, 2018 – Marriott, North Charleston, SC**

**The South Carolina Nurse – April, May, June 2018**

**WWW.SCNURSES.ORG**

**South Carolina Nurses Association**

**SCNA State Convention and APRN Conference, October 4-6, 2018 – Marriott, North Charleston, SC**

**The South Carolina Nurse – April, May, June 2018**

**WWW.SCNURSES.ORG**

**South Carolina Nurses Association**
Take Advantage of YOUR Member Benefits

SCNA Benefits

SCNA Welcomes New Professional Liability Insurance Provider: NSO

Effective immediately, SCNA will now offer Professional Liability Insurance through the NSO company, an AON Affinity partner. This decision was made following an offering by NSO to insure nurses in South Carolina through its excellent products.

So, if you are in need of liability insurance or wish to make some changes in your current coverage, please see the benefits page of the SC Nurse or the SCNA Website for further information.

Welcome NSO!

SCNA Nursing Flash and Legislative Updates – Members gain access to informative SCNA Nursing Flash including timely updates during the legislative session, national news & policy updates and vital information for all nurses.

Member Discounts on SCNA Convention and Event Registration – SCNA members receive special discounts on all SCNA events. Discounts available as well for ANA Events.

Free quarterly SCNA newspaper The South Carolina Nurse.

New leadership opportunities – Get involved with SCNA. Statewide recognition and professional development. Become a chapter member, participate in a task force or committee and run for elected office for a chapter or SCNA BOD.

SCNA Career Center – Find a new opportunity on SCNA’s online career center, http://nurses.sc.associationcareercenter.com

Connect with Leaders in the nursing profession – SCNA/ANA members will find numerous opportunities

SCNA/ANA Benefits

Some of the many great services, discounts and opportunities you will access as a member of SCNA/ANA:

The Largest Discount on initial ANCC Certification – SCNA/ANA members save $$$ on initial certification. The LARGEST available discount on ANCC re-certification – $$$ for SCNA/ANA members.

The ONLY discount on ANCC Review/Resource Manuals – SCNA/ANA members only.

Journals – 4 journals available, each a subscription to The American Nurse Today, an $18.95 value. Free online access to OJIN: The Online Journal of Issues in Nursing.

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Welcome NSO!

SCNA Career Center – Find a new opportunity on SCNA’s online career center, http://nurses.sc.associationcareercenter.com

Connect with Leaders in the nursing profession – By joining SCNA, you will gain access to a staff of dedicated professionals and skilled lobbyist, who advocate for you at the state and federal level.

The Great South Advisory Group is the approved retirement income consulting firm to the South Carolina Nurses Association. As a benefit of membership in the SCNA, you can receive your personalized Retirement Income Analysis report for no charge.


Snazzy Travel program

Unlock Your FREE Travel Membership Today!

Visit www.snazzytravel.com/SCNA and enter Promo Code: SCNAtravel

First Bankcard is a top consumer and commercial credit card issuer and a leader in the partnership business. SCNA is pleased to partner with First Bankcard. Go to www.scnurses.org to apply.

Exclusive Discounts For Over 500 Orlando Area Lodging and Attractions

Contact SCNA to request discount code http://www.orlandoemployeediscounts.com/member-login/

OneMain Loan Program

To help nurses enjoy the things that matter most, the South Carolina Nurses Association has teamed up with OneMain to offer you financial solutions that fit your needs and budget. A loan from OneMain gets you the money for things you need like a home improvement project you may have been putting off. Or you can use the money to take a dream vacation. The application is simple and OneMain has friendly, knowledgeable loan specialists in your area ready to answer your questions.

Do you have enough term life insurance to help ensure that your family is covered if you were to pass away? Would there be enough to provide for your children, your mortgage and save for college, not to mention unpaid medical bills and funeral expenses? To help, ANA has partnered with AXA WINS Group Benefits administrators to offer term life insurance with Hartford Life and Accident Insurance Company. With this plan you can receive term life insurance at competitive group rates, negotiated just for nurses by ANA. Because you are a member, you can apply for a plan with up to $250,000 in coverage at economical rates.

With ANA’s partnership with Nationwide®, ANA members can get great rates on Nationwide Automobile Insurance. ANA members can save up to 4% off of Nationwide’s great rates, and when you add features like Vanishing Deductible®, you can save $100 off your deductible for every year of safe driving, for up to $500 in savings.

With that proper planning, the costs of long-term care provided services can wipe out a lifetime of savings. Many may feel uncomfortable relying on their children or family members for support and find that Long-Term Care (LTC) insurance would significantly cover these expenses and help to keep them personally in control. Securing quality LTC insurance protection is a serious undertaking; that is why proper planning for ourselves and our families is increasingly critical to us all. ANA has teamed up with Anchor Health & Life Partners, administrators to offer special LTC rates through a company that for almost 20 years has worked with nurses and their families. ANA members will receive a 5% discount on top of other group rates, and will have personal access to specialized licensed advocates who help nurse’s every day with their LTC needs.

SCNA/ANA Benefits

Some of the many great services, discounts and opportunities you will access as a member of SCNA/ANA:

The Largest Discount on initial ANCC Certification – SCNA/ANA members save $$$ on initial certification. The LARGEST available discount on ANCC re-certification – $$$ for SCNA/ANA members.

The ONLY discount on ANCC Review/Resource Manuals – SCNA/ANA members only.

Journals – 4 journals available, each a subscription to The American Nurse Today, an $18.95 value. Free online access to OJIN: The Online Journal of Issues in Nursing.
The mission of the South Carolina Nurses Association is to represent all South Carolina registered nurses in a membership organization to promote and advocate the role of the registered nurse to improve health for all.

**2018 CALENDAR**

**APRIL**
- 3: Clinical Nurse Leader Chapter Meeting
  - 10:00 AM Conference Call
- 13: SCNA Board Meeting
  - 1:00 PM – 4:00 PM
- 14: APRN Chapter Meeting
  - 10:00 AM – Noon
- 14: Women’s and Children’s Health Chapter Meeting
  - 2:00 PM
- 15: SCNA Election
  - List of Nominations Due from SCNA Board and Chapter Chairs to Nominations Committee

**MAY**
- 1: SCNA Bylaws
  - Bylaws Proposals Due
- 1: SCNA Resolutions
  - Proposed Resolutions due to SCNA
- 9: CE Approver Committee
  - Submission Deadline Date for programs July 1st or later
- 14: South Carolina Nurse Publication Schedule
  - July—September 2018 Issue: Copy Due
- 14: SCNA Election
  - Final Ticket Due to SCNA Board of Directors
- 14: SCNA Election
  - Consent to Participate/Bio Form/Picture due for the July South Carolina Nurse

**JUNE**
- 1: Finance Committee
  - Request for budget allocations to Finance Committee
- 16: Nurse Educator Chapter
  - 10:00 Conference Call

**JULY**
- 13: SCNA Board Meeting
  - 1:00 PM – 4:00 PM
- 14: APRN Chapter Meeting
  - 10:00 AM – Noon

**AUGUST**
- 8: CE Approver Committee
  - Submission Deadline Date for programs October 1st or later

**SEPTEMBER**
- 6: SCNA Elections
  - List of members eligible to vote posted on SCNA Website
- 7: SCNA Elections
  - Election Notice Mailed
- 7: SCNA Elections
  - Last day to file consent to participate as officer on file at SCNA
- 7: SCNA Elections
  - Election Opens
- 15: Nurse Educator Chapter
  - 10:00 AM Conference Call
- 21: SCNA Elections
  - Election Closes
- 21: SCNA Annual Membership Meeting
  - Cutoff Date for membership in SCNA to vote at Annual Meeting
- 28: SCNA Elections
  - Officers notified of election results

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**Membership Made Easy** Everything you need to know is on line [http://www.nursingworld.org/joinana.aspx](http://www.nursingworld.org/joinana.aspx)

- **Full SCNA/ANA Membership Dues:** $293.00 annually or $24.09 monthly
  - Full time employed
  - Part time employed
- **Reduced SCNA/ANA Membership Dues:** $141.50 annually or $12.29 monthly
  - RNs not employed
  - RNs in full time study until graduation
  - Graduates of basic nursing programs for a first year of membership within 6 months following graduation
  - RNs 66 years of age or older who are not earning more than social security allows without a loss of social security payments
- **Special SCNA/ANA Membership Dues:** $70.75 annually or $6.40 monthly
  - 66 years of age or over and not employed;
  - Totally disabled
  - Past NSNA/SNA-SC Members for a first year of membership if membership is initiated within 6 months of licensure

- **SCNA State-Only Membership:** $187.00 annually or $16.08 monthly
- **ANA-Only Membership:** $191.00 annually or $16.42 monthly

As a member of SCNA there are several options available to you to enhance your membership experience. SCNA has Chapters that are open to members of SCNA. You are welcome to join any of the chapters listed, think about creating others, or simply enjoy your state membership in SCNA. For more information about SCNA Chapters go to [http://www.scnurses.org/?SCNAChapters](http://www.scnurses.org/?SCNAChapters)

**There is currently one geographical Chapter:**
- Piedmont Chapter (Spartanburg, Cherokee, Union, and York Counties)

**There are currently five practice based Chapters:**
- APRN Chapter
- Psychiatric-Mental Health Chapter
- Clinical Nurse Leader (CNL) Chapter
- Women and Children’s Health Chapter
- Nurse Educator Chapter

Sign up for chapter membership by going to [https://scnurses.site-ym.com/?page=ConsentParticpateChC](https://scnurses.site-ym.com/?page=ConsentParticpateChC)

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**McLeod Health**

Heights Your Nursing Career with McLeod Health.

McLeod Health is a leading healthcare system in South Carolina. Our 7 hospitals are located from the Midlands of SC to the coast. Over our 110-year history, we’ve earned numerous awards for excellence in our quality outcomes. All the fun of Myrtle Beach and the serenity of the Blue Ridge Mountains are just a short drive away.

McLeod Health offers the following benefits:
- Relocation Assistance
- Competitive Salaries
- Customized Orientation Plans
- Comprehensive Benefit Package
- Flexible Schedules and Much More

For more information on becoming a McLeod nurse or to apply for a position at McLeod Health please visit [jobs.mcleodhealth.org](http://jobs.mcleodhealth.org). You can also contact, Tasy Small at (843) 777-4538 or email tsmall@mcleodhealth.org.

Visit: [jobs.mcleodhealth.org](http://jobs.mcleodhealth.org)
Full Membership
- ANA Portion of dues that is non-deductible is 18.59% for a figure of $27.14 of your full ANA dues of $146.00.
- SCNA Portion of dues that is non-deductible is 14.5% for a figure of $19.87 of your full SCNA dues of $137.00.
- Therefore, a total of $47.01 is non-deductible of your total dues payment of $283.00.

Reduced Membership
- ANA Portion of dues that is non-deductible is 18.59% for a figure of $13.57 of your full ANA dues of $73.00.
- SCNA Portion of dues that is non-deductible is 14.5% for a figure of $9.93 of your full SCNA dues of $68.50.
- Therefore, a total of $23.50 is non-deductible of your total dues payment of $141.50.

Special Membership
- ANA Portion of dues that is non-deductible is 18.59% for a figure of $6.78 of your full ANA dues of $36.50.
- SCNA Portion of dues that is non-deductible is 14.5% for a figure of $4.97 of your full SCNA dues of $34.25.
- Therefore, a total of $12.75 is non-deductible of your total dues payment of $70.75.

SCNA Only Membership
- SCNA dues that are non-deductible is 14.5% for a figure of $27.11 of your SCNA Only dues of $187.

ANA Only Membership
- ANA dues that are non-deductible is 18.59% for a figure of $35.50 of your ANA Only dues of $191.

Please check with your accountant as to whether in your individual case any of your SCNA dues fee is deductible for business/professional expenses as this varies widely. This information is published each year in the South Carolina Nurse or you can call 803-252-4781. Thank you for your continued support of your profession through your professional organization.

Undergraduate Programs:
- Traditional Bachelor of Science in Nursing
- Accelerated Bachelor of Science in Nursing
- RN to BSN

Master of Science in Nursing
- Family Nurse Practitioner
- Nurse Educator
- Executive Leadership
- Psychiatric Mental Health Nurse Practitioner

For more information go to www.andersonuniversity.edu/nursing.

Post-Graduate Certificate with the following concentrations:
- Advanced Practice
- Executive Leadership
- Family Nurse Practitioner
- Psychiatric Mental Health Nurse Practitioner

Doctor of Nursing Practice

Dues Deductibility for the SC Nurses Association Calendar Year 2017

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Full committee membership:
- ANA Portion of dues that is non-deductible is 18.59% for a figure of $27.14 of your full ANA dues of $146.00.
- SCNA Portion of dues that is non-deductible is 14.5% for a figure of $19.87 of your full SCNA dues of $137.00.
- Therefore, a total of $47.01 is non-deductible of your total dues payment of $283.00.

Reduced committee membership:
- ANA Portion of dues that is non-deductible is 18.59% for a figure of $13.57 of your full ANA dues of $73.00.
- SCNA Portion of dues that is non-deductible is 14.5% for a figure of $9.93 of your full SCNA dues of $68.50.
- Therefore, a total of $23.50 is non-deductible of your total dues payment of $141.50.

Special committee membership:
- ANA Portion of dues that is non-deductible is 18.59% for a figure of $6.78 of your full ANA dues of $36.50.
- SCNA Portion of dues that is non-deductible is 14.5% for a figure of $4.97 of your full SCNA dues of $34.25.
- Therefore, a total of $12.75 is non-deductible of your total dues payment of $70.75.

SCNA Only membership:
- SCNA dues that are non-deductible is 14.5% for a figure of $27.11 of your SCNA Only dues of $187.

ANA Only membership:
- ANA dues that are non-deductible is 18.59% for a figure of $35.50 of your ANA Only dues of $191.

Please check with your accountant as to whether in your individual case any of your SCNA dues fee is deductible for business/professional expenses as this varies widely. This information is published each year in the South Carolina Nurse or you can call 803-252-4781. Thank you for your continued support of your profession through your professional organization.
Legislative Update

Much of the activity of the South Carolina General Assembly has been concerning issues about the SCEG/SCANA/Santee Cooper debacle and what to do about it.

However, a very successful activity was held on February 7, 2018 at the State House by the Coalition that is working diligently to attempt to update SC laws concerning Advanced Practice. The two highlight of the day were the press conference featuring the two bill authors and Governor Henry McMaster who all spoke in favor of the bills. Dr. Stephanie Burgess anchored the conference. Watch the whole press conference at the SCNA Face Book page: www.facebook.com/scnurses.

SCNA has also been involved in supporting several other bills:

H3483: A bill to make assault and battery of Health Care Professionals. The bill, if passed would make the assaulting person guilty of assault and battery of a high and aggravate nature.

S351: Tax credit for professionals: providing tax credits for preceptors for students. Passed the Senate and has received a favorable report from the House Ways and Means subcommittee. Waiting to go to the full House Ways and Means Committee at this writing.

H4802: Physician Orders for Scope of Treatment (POLST) act. Introduced to the House and in the 3M committee. SCNA has been a member of the coalition that worked to create this bill.
**Members in the News**

**Members Seen at Carolina Family Practice Opening**

Carolina Family Practice Nurse Practitioners: Dr. Tena Hunt McKinney, PhD, PMHNP-BC; Dr. Stephanie Burgess, PhD, FNP-BC, FAANP; Ms. Phyllis Poyner, MSN, PNP-BC; MS. DeAnna Cox, MSN, FNP-BC; Ms. Toriah Caldwell, MSN, FNP-BC

Dr. Jeannette Andrews, PhD, FNP, FAAN, Dean and Professor; Mr. Willie Scott, Former USC Football Player and Retired NFL (Kansas City Chiefs and New England Patriots); Ms. Toriah Caldwell, MSN, FNP-BC

Dr. Demetrios Abshire, PhD, RN, Assistant Professor; Mr. Rod West, Assistant Dean for Operations; Dr. Kathy Scharer, PhD, CNS, Former Professor

Dr. Jeannette Andrews, PhD, FNP, FAAN, Dean and Professor; Ms. Toriah Caldwell, MSN, FNP-BC; Ms. Phyllis Poyner, MSN, PNP-BC; Dr. Gwen Felton, PhD, ANP, FAAN, Former Associate Dean and Professor; Dr. Mary Ann Parsons, PhD, ANP, FAAN, Former Dean and Professor; Ms. DeAnna Cox, MSN, FNP-BC; Dr. Stephanie Burgess, PhD, FNP-BC, FAANP, Associate Dean for Practice and Health Policy

Carolina Family Practice Nurse Practitioners: Dr. Tena Hunt McKinney, PhD, PMHNP-BC; Ms. Toriah Caldwell, MSN, FNP-BC; Ms. Phyllis Poyner, MSN, PNP-BC; Ms. DeAnna Cox, MSN, FNP-BC; Ms. Toriah Caldwell, MSN, FNP-BC

Tiffani Baskin, Certified Medical Office Assistant, Carolina Family Practice; Dr. Ashley Sirianni, DNP, FNP-BC, Former DNP Student USC

Ms. Carole Cato, Donor; Ms. Betsy Dyches, Donor

Ms. Phyllis Poyner, MSN, PNP-BC

Community Guests

**Psychiatric/Mental Health Chapter**

The SCNA Psychiatric/Mental Health Chapter continued its tradition of donations to the American Foundation for Suicide Prevention by supporting the Columbia Out of Darkness Community Walk. The Chapter was pleased to be able to be a Bronze Level sponsor for this important community awareness activity.

**Prepares to Become A Registered Nurse**

**Active Recruiting Research and Faculty Positions**

- Associate Director of Nursing Research
- Tenured and Tenure Track Rank: Assistant, Associate, and Full Professors
- Lecturers

Begin... your career at Clemson

clemson.edu/employment/facultycareers/

**School of Nursing**

**The mission of the South Carolina Nurses Association is to represent all South Carolina registered nurses in a membership organization to promote and advocate the role of the registered nurse to improve health for all.**
HUMAN TRAFFICKING: Implications for Nurses

What is human trafficking?

Human trafficking is a form of modern slavery, not based on skin color/ethnicity. It occurs when a trafficker exploits an individual with force, fraud, or coercion to make them perform commercial sex or work.

According to Polaris National Data, since 2007 there have been more than 143,029 calls to their hotline, with more than 31,600 cases of human trafficking. More specifically, 1,661 calls were made from SC with 397 cases. The highest volumes of calls were from Charleston, Columbia and Greenville. SC has its share of criminal cases as described below:

In a story released by the FBI out of Georgia, a man was charged with sex trafficking. The defendant was involved in a sex trafficking operation that spanned multiple states, including South Carolina. Women from other countries were lured to the U.S. by fraudulent stories of how they would have a better life in America. These women were subsequently forced into sex trafficking, engaging in sexual activity with as many as 30 to 50 people a day. The traffickers physically injured the women and used children as leverage against them.

In June 2013, a Spartanburg, South Carolina, man was arrested for sex trafficking in Davidson County, North Carolina. It was alleged that the man used force to control the victim and attempted to sell her for sex to an undercover officer.

In October 2013, Georgia officials arrested a man from Columbia, South Carolina, on human trafficking charges. The officers discovered the human trafficking activity from complaints of loitering, drug activity, and prostitution. Officers questioned the victims and were able to learn that they were victims of human trafficking. While the offender was caught in Georgia, his residence was in Columbia, South Carolina.

Recently, 28 charges are pending in the State courts with 22 involving minor victims. The Office of the United States Attorney for South Carolina has 12 open cases of human trafficking in Federal Court.

The types of human of trafficking are:

Labor Trafficking – Individuals are compelled to work or provide services by force, fraud, or coercion.

Sex Trafficking – Adults are compelled to engage in commercial sex by force, fraud, or coercion. Minors are compelled to perform a commercial sex act regardless of the presence of force, fraud, or coercion.

The legal definition of human trafficking describes three facets of the crime: An action, a means, and a purpose. For example: if an individual is recruited by fraudulent means for the purpose of forced labor, that individual has experienced trafficking.

Facts About Human Trafficking

Targeted individuals are not limited to any class, religious, cultural, or ethnic group. Vulnerable populations include but are not limited to individuals who have experienced childhood abuse or neglect, children involved in the foster care and juvenile justice systems, runaway and homeless youth, victims of violence, lesbian, gay, bisexual, transgender, and Questioning (LGBTQ) individuals; migrant workers; undocumented immigrants, racial and ethnic minorities; people with disabilities; people with low incomes, those with a history of substance abuse and those communities exposed to intergenerational trauma.

The venues where human trafficking occurs vary from illicit markets to legal industries like hospitality, construction, or domestic services.

Traffickers can be any gender or age – some are strangers, while others are peers, friends, romantic partners or family members.

Human trafficking does not require movement or border crossing. If someone is forced to work or engage in commercial sex against their will, it is trafficking.

While some traffickers physically hold the people they exploit, it is more common for them to use psychological means of control. Fear, trauma, drug addiction, threats against families, and a lack of options due to poverty and homelessness, can all present someone from leaving. Some individuals experiencing trafficking may also be manipulated or believe they are in love with their trafficker, which can make them resistant to seeking help.

Frances E. Ashe-Goins

Women and Children’s Health Chapter – Member At Large National Human Trafficking Training and Technical Assistance Center’s Network Member

News flash

In July 2013, the FBI conducted a multistate crackdown on human trafficking called Operation Cross Country VII. Two stories involving South Carolina emerged from this operation. Three girls all under the age of 18 were rescued from a sex trafficking ring in Alabama. They were originally from South Carolina and had been transported state-by-state, ending up in Alabama. During the same bust, the FBI for trafficking of a minor arrested two individuals in South Carolina. The minor was advertised online and was being forced to engage in commercial sex acts in a hotel off Two Notch Road in Columbia. The minor said she became involved with the trafficker because he was giving her food, clothes, and shelter while she “worked” for him.

Stacey’s Story

18-year-old Stacey showed up in a health care center with Brian. She was unable to raise her arm. She is very thin, fragile, and shy, appears scared and has obvious old bruises in addition to the new injury. Brian does not let her talk much and says she “worked” for him.

Frances E. Ashe-Goins RN, MPH, FAAN, PhD (Hon)

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In a story released by the FBI out of Georgia, a man was charged with sex trafficking. The defendant was involved in a sex trafficking operation that spanned multiple states, including South Carolina. Women from other countries were lured to the U.S. by fraudulent stories of how they would have a better life in America. These women were subsequently forced into sex trafficking, engaging in sexual activity with as many as 30 to 50 people a day. The traffickers physically injured the women and used children as leverage against them.

In June 2013, a Spartanburg, South Carolina, man was arrested for sex trafficking in Davidson County, North Carolina. It was alleged that the man used force to control the victim and attempted to sell her for sex to an undercover officer.

In October 2013, Georgia officials arrested a man from Columbia, South Carolina, on human trafficking charges. The officers discovered the human trafficking activity from complaints of loitering, drug activity, and prostitution. Officers questioned the victims and were able to learn that they were victims of human trafficking. While the offender was caught in Georgia, his residence was in Columbia, South Carolina.

Recently, 28 charges are pending in the State courts with 22 involving minor victims. The Office of the United States Attorney for South Carolina has 12 open cases of human trafficking in Federal Court.

The types of human of trafficking are:

Labor Trafficking – Individuals are compelled to work or provide services by force, fraud, or coercion.

Sex Trafficking – Adults are compelled to engage in commercial sex by force, fraud, or coercion. Minors are compelled to perform a commercial sex act regardless of the presence of force, fraud, or coercion.

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Human Trafficking continued on page 16
Human Trafficking continued from page 15

Individuals who experience trafficking may not readily seek help due to a number of factors, including shame, self-blame, fear, or even specific instructions from their traffickers regarding how to behave when interacting with others. They do not always self-identify and may not realize that they have rights. Anyone can experience human trafficking, including men. Traffickers prey on the vulnerable, with promises of a better life. Risk factors for trafficking include: prior history of abuse or sexual violence, generational trauma, poverty, unemployment, and unstable living situations, or homelessness.

Nurses are in a unique position to assist someone who they believe is a victim of human trafficking. It has been found that 87.8% of persons who experienced trafficking most likely to interact with someone in the public health system. It is important in your assessment to know that victims may not readily disclose. You should be thoughtful in your engagement and use trauma informed practice. Create a safe space, assess potential safety risks and of course be non judgmental in your discussions with the patient.

Recommendations for Assessment

- Allow the patient to speak with the gender of their choosing, if possible.
- Utilize professional interpreters as needed.
- If accompanied, find private setting away from the person accompanying the patient
- Develop rapport with the patient
- Ensure that you and the patient understand confidentiality policies in your setting, recognizing that nurses are mandatory reporters.
- Use multidisciplinary resources available in your facility

There are some red flags and indicators that you should be aware of including an inconsistent history, unwilling or hesitant to respond, person accompanying the patient does all the talking; prior history of abuse or sexual violence, generational trauma, poverty, unemployment, and unstable living situations, or homelessness.

Mental Health Issues

- Depression
- Suicidal ideation
- Self-harming behaviors (cutting)
- Anxiety
- PTSD
- Nightmares
- Flashbacks
- No affect
- Guilt or shame
- Hyper-vigilance
- Hostility
- Attachment disorders
- Disassociation disorders

Social or Developmental Indicators

- Increased high-risk behaviors
- Trauma bonding with the trafficker
- Difficulty establishing and maintaining relationships
- Delayed physical or cognitive development
- Impaired social skills

Social or Developmental Indicators

- Developmental delay
- Learning disabilities
- Reduced psychological development
- Behavioral changes

Potential Screening Questions from USDHHS Include

- Can you leave your job or situation if you want?
- Can you come and go as you please?
- Have you been threatened if you try to leave?
- Have you been physically harmed?
- What are your living and working conditions like?
- Where do you eat and sleep?
- Do you sleep in a bed, cot or on the floor?
- Have you been deprived of food, water, sleep, or medical care?
- Do you have to ask permission to eat, sleep or go to the bathroom?
- Are there locks on your doors and windows so you cannot get out?
- Has anyone threatened your family?
- Has your identification or documentation been taken from you?
- Is anyone forcing you to do anything that you do not want to do?

Little Liz story

8-year-old girl brought to the ER by her “uncle.” She has vaginal bruising, cuts and bleeding. Her “uncle” says she fell off her bicycle. She appears very shy, quiet girl, seems afraid. She is very thin for her age and height and appears dehydrated. What do you do?

If you believe the patient has been trafficked

- Remove the patient to a safe, private place for assessment and alert co-workers.
- If the patient is a minor, follow mandatory state guidelines.
- When there is life-threatening danger, follow your facility protocols.
- Provide the adult patient with options for service, reporting, resources and safety planning.
- Provide the patient with the NHTRC hotline number and encourage them to call. 1-888-373-7888
- Ensure that all documentation regarding the patient’s injuries or treatment is accurately documented.

2014 SC State Plan to address Human Trafficking

South Carolina has taken a tough stance against the crime of human trafficking. In fact, South Carolina is perceived as having one of the strongest human trafficking laws in the United States. The very first finding is that first responders, medical professionals, labor agencies, and victim advocacy groups must be able to recognize the signs of human trafficking.

At South University, a degree represents more than an education. For over 115 years, we’ve worked to provide an academic experience that transforms the lives of nursing professionals. Take a step forward with one of our CCNE-accredited programs today:

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- RN to Bachelor of Science in Nursing (RN to BSN)
- Master of Science in Nursing with a specialization in Family Nurse Practitioner (MSN)
- RN to Master of Science in Nursing with a specialization in Family Nurse Practitioner (RN to MSN)

Apply today: SouthUniversity.edu 800.504.5278
Chapter News

Do You Have an Interest in Psychiatric Nursing?

Are you working in the area of Psychiatric-Mental Health nursing? Do you want to know more about the specialty? Would you just like to improve your knowledge of psychiatric conditions? Earn CE hours in psych? If the answer to any of these questions is “Yes,” then the Psychiatric-Mental Health Chapter of SCNA is for you!

Any registered nurse at any level of practice who is a member of SCNA is welcome to join the Chapter at no extra charge. What a bargain is that?

One of the great benefits of Chapter membership is the opportunity to get to know other nurses who share your interest in psychiatric-mental health nursing. The networking opportunities are invaluable. Members share their experience and expertise, offering ideas and support to each other. We also advocate on the state and national level for issues related to mental health and nursing practice.

This year, the Chapter has identified several goals. We are planning to offer continuing education opportunities at a workshop as well as at the SCNA Convention in October, so look for announcements about these activities. Chapter members will receive SCNA member discounts on registration.

Conclusions:
You may be the one to save someone from human trafficking.
Be aware!!!!
Respond appropriately!!!
Action needed !!!

Resources
DHHS, ACF Office on Trafficking in Persons resource materials
DHHS CDC – Understanding Sex Trafficking
2014 SC State Plan to Address Human Trafficking
SC Human Trafficking Task Force 2016 Annual Report

Opportunities for a Lifetime

LIFE AS A DUKE NURSE IS EXHILARATING.

Our nurses have unparalleled opportunities to grow and develop throughout their careers, with residency, mentoring and precepting programs; a robust clinical ladder; and a supportive environment for lifelong learning and academic progression.

Duke Nurses take pride in raising the standards of nursing excellence through research and performance improvement projects. They are valued leaders and members of interprofessional teams focused on fulfilling the Duke Health mission of “Advancing Health Together.”

Duke Nurses experience many intrinsic rewards in their professional practice, and are compensated with competitive pay and valuable benefits, including:

- Pension plan
- Generous paid time off
- Comprehensive health and wellness benefits
- Nursing school loan forgiveness
- Tuition assistance
- Community discounts

EXTRAORDINARY OPPORTUNITIES. REWARDING EXPERIENCES. BE A DUKE NURSE. dukenursing.org
Closing a Retirement Income Gap

When you determine how much income you'll need in retirement, you may base your projection on the type of lifestyle you plan to have and when you want to retire. However, as you grow closer to retirement, you may discover that your income won't be enough to meet your needs. If you find yourself in this situation, you'll need to adopt a plan to bridge this projected income gap.

Delay retirement: 65 is just a number

One way of dealing with a projected income shortfall is to stay in the workforce longer than you had planned. This will allow you to continue supporting yourself with a salary rather than dipping into your retirement savings. Depending on your income, this could also increase your Social Security retirement benefit. You'll also be able to delay taking your Social Security benefit or distributions from retirement accounts.

At normal retirement age (which varies, depending on the year you were born), you will receive your full Social Security retirement benefit. You can elect to receive your Social Security retirement benefit as early as age 62, but if you begin receiving your benefit before your normal retirement age, your benefit will be reduced. Conversely, if you delay retirement, you can increase your Social Security benefit.

Remember, too, that income from a job may affect the amount of Social Security retirement benefit you receive if you are under normal retirement age. Your benefit will be reduced by $1 for every $2 you earn over a certain earnings limit ($17,040 in 2018). But once you reach normal retirement age, you can earn as much as you want without affecting your Social Security retirement benefit.

Another advantage of delaying retirement is that you can continue to build tax-deferred (or in the case of Roth accounts, tax-free) funds in your IRA or employer-sponsored retirement plan. Keep in mind, though, that you may be required to start taking minimum distributions from your qualified retirement plan or traditional IRA once you reach age 70½, if you want to avoid harsh penalties.

And if you're covered by a pension plan at work, you could also consider retiring and then seeking employment elsewhere. This way you can receive a salary and your pension benefit at the same time. Some employers, to avoid losing talented employees this way, are beginning to offer “phased retirement” programs that allow you to receive all or part of your pension benefit while you're still working. Make sure you understand your pension plan options.

Spend less, save more

You may be able to deal with an income shortfall by adjusting your spending habits. If you're still years away from retirement, you may be able to get by with a few minor changes. However, if retirement is just around the corner, you may need to drastically change your spending and saving habits. Saving even a little money can really add up if you do it consistently and earn a reasonable rate of return. Make permanent changes to your spending habits and you'll find that your savings will last even longer. Start by preparing a budget to see where your money is going. Here are some suggested ways to stretch your retirement dollars:

- Refinance your home mortgage if interest rates have dropped since you took the loan.
- Reduce your housing expenses by moving to a less expensive home or apartment.
- Sell one of your cars if you have two. When your remaining car needs to be replaced, consider buying a used one.
- Access the equity in your home. Use the proceeds from a second mortgage or home equity line of credit to pay off higher-interest-rate debts.
- Transfer credit card balances from higher-interest cards to a low- or no-interest card, and then cancel the old accounts.
- Ask about insurance discounts and review your insurance needs (e.g., your need for life insurance may have lessened).
- Reduce discretionary expenses such as lunches and dinners out.

Earmark the money you save for retirement and invest it immediately. If you can take advantage of an IRA, 401(k), or other tax-deferred retirement plan, you should do so. Funds invested in a tax-deferred account may grow more rapidly than funds invested in a non-tax-deferred account.

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**News You Can Use**

**Retirement Q&A**

Chip Stanley

**Closing a Retirement Income Gap**

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**WE’RE HIRING EXPERIENCED BACHELOR-PREPARED NURSES.**

Great nurses have helped make Augusta University Health one of the nation’s premier academic health centers. And we’re looking for experienced bachelor-prepared nurses who strive to practice in a personally enriching environment that blends the best of leading-edge clinical research with the highest level of patient care. We offer remarkable career opportunities, competitive salaries and outstanding benefits.

Advance the power of your nursing career at Augusta University Health.

Search our nursing opportunities and apply online at augustahealth.org/nursing.

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**We’re Looking for Nurses who are "Committed to Caring", Because We’re Committed to Your Career.**

At PruittHealth, you can learn and grow your career in a place where our commitment to caring is our top priority.

We have exciting employment opportunities in our South Carolina Hospice, Home Health, Assisted Living and Healthcare Centers for Clinical Managers, RNs, LPNs, CNAs and Therapists.

We offer attractive sign on bonuses, ongoing education and training, and career growth opportunities!

Visit us at www.PruittHealth.com/employment to view all of our exciting opportunities and apply!

The PruittHealth organization complies with applicable Federal Civil Rights Laws and does not discriminate on the basis of race, color, national origin, age disability or sex.
Reallocate your assets: consider investing more aggressively

Some people make the mistake of investing too conservatively to achieve their retirement goals. That’s not surprising, because as you take on more risk, your potential for loss grows as well. But greater risk also generally entails potentially greater reward. And with life expectancies rising and people retiring earlier, retirement funds need to last a long time. That’s why if you are facing a projected income shortfall, you should consider shifting some of your assets to investments that have the potential to substantially outpace inflation. The amount of investment dollars you should keep in growth-oriented investments depends on your time horizon (how long you have to save) and your tolerance for risk. In general, the longer you have until retirement, the more aggressive you can afford to be. Still, if you are at or near retirement, you may want to keep some of your funds in growth-oriented investments, even if you decide to keep the bulk of your funds in more conservative, fixed-income investments. Get advice from a financial professional if you need help deciding how your assets should be allocated.

And remember, no matter how you decide to allocate your money, rebalance your portfolio now and again. Your needs will change over time, and so should your investment strategy. Note: Rebalancing may carry tax consequences. No strategy assures success or protects against loss.

Accept reality: lower your standard of living

If your projected income shortfall is severe enough or if you’re already close to retirement, you may realize that no matter what measures you take, you will not be able to afford the retirement lifestyle you’ve dreamed of. In other words, you will have to lower your expectations and accept a lower standard of living. Fortunately, this may be easier to do than when you were younger. Although some expenses, like health care, generally increase in retirement, other expenses, like housing costs and automobile expenses, tend to decrease. And it’s likely that your days of paying college bills and growing-family expenses are over.

Once you are within a few years of retirement, you can prepare a realistic budget that will help you manage your money in retirement. Think long term: Retirees frequently get into budget trouble in the early years of retirement, when they are adjusting to their new lifestyles. Remember that when you are retired, every day is Saturday, so it’s easy to start overspending.

Should I invest in a Roth IRA or a Traditional IRA?

There is no easy answer to this question. Traditional IRAs and Roth IRAs share certain general characteristics. Both feature tax-deferred growth of earnings and allow you to contribute up to $5,500 in 2018 (unchanged from 2017) of earned income, plus an additional $1,000 “catch-up” contribution if you’re 50 or older. Both allow certain low- and middle-income taxpayers to claim a partial tax credit for amounts contributed. But important differences exist between these two types of IRAs. In fact, the Roth IRA is in some ways the opposite of the traditional IRA.

A traditional IRA allows anyone with earned income who is under age 70½ to contribute the maximum $5,500 in 2017 and 2018, plus catch-up if eligible. However, your ability to deduct traditional IRA contributions will depend on your annual income, your filing status, and whether you or your spouse is covered by an employer-sponsored plan. You may be able to deduct all, a portion, or none of your contribution for a given year. Any distribution from a traditional IRA will be subject to income taxes to the extent that the distribution represents earnings and deductible contributions. You may also be hit with a 10 percent early withdrawal penalty if you draw money out before age 59½ (there are exceptions to this rule). Beginning at age 70½, you must begin to take annual distributions from a traditional IRA.

With a Roth IRA, no age limitation applies to contributions. As long as you have taxable compensation and qualify, you can contribute to a Roth IRA even after age 70½. However, your ability to contribute and the amount you’ll be able to contribute (up to the annual limit) will depend on your income and tax filing status. Although Roth IRA contributions are not tax deductible, Roth IRAs have other advantages. You’re not required to take distributions from a Roth IRA at any age, which gives you more estate planning options. Another key strength: Qualified withdrawals will avoid both income tax and the early withdrawal penalty if certain conditions are met. Nonqualified withdrawals will be taxed and penalized only on the earnings portion of the withdrawal, since the principal is your own after-tax money.

Your personal goals and circumstances will determine which type of IRA is right for you. If you wish to minimize taxes during retirement or preserve assets for your heirs, a Roth IRA may be the way to go. A traditional IRA may make more sense if you can make deductible contributions and want to lower your taxes while you’re still working.

About The Great South Advisory Group

The Great South Advisory Group is the approved retirement income planning firm to the South Carolina Nurses Association. As a benefit of membership in the SCNA, you can receive your personalized Retirement Income Evaluation report for no charge. Simply call to schedule your complimentary appointment at 803.223.7001. Visit their website at www.greatsouthadvisorygroup.com.

Janney Montgomery Scott LLC. Member: NYSE, FINRA, SIPC. Portions of this article were prepared by Broadridge Investor Communication Solutions, Inc. Copyright 2017
News You Can Use

Why are Nurses Suing the EPA?

How is it that our shampoo can contain carcinogens and our floor cleaner reproductive toxins?

For over a decade, nurses have been working with a wide range of partners, including other health professionals, environmentalists, and health-affected groups, to update the nation's chemical safety policy. Written in 1976, the Toxic Substance Control Act was an ineffectual safety net for people and the environment from exposures to toxic chemicals in our air, water, food, and products. It did not require companies to do any sort of pre-market testing of their products for toxicity or potential harm.

Our new chemical safety law, which has a very long name and honors the original Senator who sponsored the bill, is called the Frank R. Launtenburg Chemical Safety Act for the 21st Century. Once signed into law, the EPA was mandated to issue guidance documents for how they were going to review the chemicals under the updated regulation. Unfortunately, the EPA is now under a different and admittedly anti-regulatory administration. The new guidelines, issued in June 2017, reflect this bias. Instead of looking at all possible information on health and environmental safety, the new guidelines allow the EPA to pick and choose which uses they will consider when determining if the chemical poses an unreasonable health risk.

To join in free monthly national calls with other nurses who are concerned about chemicals and public health policy, go to the website of the Alliance of Nurses for Healthy Environments: envrn.org/policy-advocacy

As a nurse, whose mantra is “evidence-based practice,” I find it difficult to help individuals and communities navigate the necessary purchasing decisions required to live, work, learn, and play because of the lack of information about so many of the chemicals that make up our everyday products. Because we don’t require complete labeling for the vast majority of products, we can’t even do our own independent literature searches regarding the ingredients. When nurses started working on the revamping of the old chemical law, we had 3 elements that our coalition members agreed upon: 1) We need basic health and safety information on all chemicals in the marketplace, 2) We must be able to protect the most vulnerable of our population, indicating the effects of toxic chemicals, from the effects of toxic chemicals, and 3) The EPA must have the power to ban chemicals that create the greatest risk of harm.

For a complete list of Approved Three Year Providers and Approved Individual Activities please visit our Continuing Nursing Education page on www.scnurses.org. You will also find all the information you need to know about how the SCNA CNE process works.

Clinical Nursing Instructors

needed for the Nursing Assistant, Practical Nursing, and Associate Degree Nursing Program

Qualifications:

• Nursing Assistant Instructor: minimum of Associate Degree in Nursing with 1 year long term care experience and current SC nursing license.

• Practical and Associate Degree Instructors: minimum of BSN, MNI preferred with 2 years recent clinical experience and current SC nursing license.

Interested persons should submit resume and unofficial transcripts stating Social Security Number to Kimberly Cochran at cochrank@midlands tech.edu.

SCNA Contributions to State Nurses Associations following Hurricane Harvey

The Board of SCNA was pleased to be able to send contributions to the South Carolina Nurses Foundation, the Florida Nurses Association, the Texas Nurses Association and the Virgin Island State Nurses Association following the terrible damage from Hurricane Harvey. These donations were to aid nurses in those states who needed assistance.

This kind of donation is a continuation of an activity of SCNA following the generous outpouring from Hurricane Harvey. The donations were to aid the Florida Nurses Association, the Florida Alumni Foundation, the South Carolina Nurses Foundation.

Interested persons should submit resume and unofficial transcripts stating Social Security Number to Kimberly Cochran at cochrank@midlands tech.edu.

Applications due by May 9, 2018

Application due by August 8, 2018

Application due by November 14, 2018

2018 Calendar for CEAC Submissions

Application due by May 9, 2018

Application due by August 8, 2018

Application due by November 14, 2018

For Program/Expiration dates July 1, 2018 or later

For Program/Expiration dates October 1, 2018 or later

For Program/Expiration dates January 1, 2019 or later

Author: Barbara Sattler, RN, MPH, DrPH, FAAN, Professor, University of San Francisco School of Nursing and Health Professions (bsattler@usfca.edu) and Board Member in the Alliance of Nurses for Healthy Environments (www.envrn.org).
Support Your Nurses Foundation!

“Everyone can become a philanthropist!” That’s the slogan used by Central Carolina Community Foundation for the annual day of giving – Midlands Gives. This 24-hour online event provides non-profits the opportunity to raise funds to support their mission. The SCNF is once again participating in Midlands Gives this year to be held on May 1st. Over the past three years the event has raised over $3 million for non-profits. All donations made on that day go directly to the non-profit and are tax deductible.

The event begins at 12:01 am and goes to 11:59 pm on May 1st. Please consider becoming a philanthropist and supporting the SCNF. We need you to help us continue to pursue our mission of advancing the profession of nursing!

How you can Help:
• Please like our Facebook Page (www. Facebook/SCNursesCare) and our Twitter account (www.Twitter/SCNursesCare). This will be our primary means of communication on Giving Day.
• Go to the #MidlandsGives website on May 1 (www.midlandsgives.org) and click on the “Donate Now” button, then scroll down to the SCNF logo and make your donation. A minimum of $20 is required. Donations must be made with a credit or debit card. The donation will reflect that you have made a donation to the Central Carolina Community Foundation, but your donation will be credited to the SCNF. Our website – www.scnursesfoundation.org – will also get you to the Midlands Gives site. Our Goal is to get as many donors as possible to earn an extra $500 prize for an increase in the most unique donors from last year. Please help us by spreading the word!
• If you will not be in town on May 1 or wish to schedule your gift early, there is an opportunity to do so. Just go to the Midlands Gives website after April 17 and you can schedule your gift to be made on May 1.
• The SCNF has a “Matching Funds” gift of $1000. If we reach the $1000 donation mark by 3PM on May 1, we will double your gift up to $1000!
• May 6 is “Nurses Day” and there will be a week of honoring nurses. Won’t you consider honoring a nurse by giving a donation in his/her honor on May 1 to the SCNF.

Thank you so much for your support! Every dollar earned helps us accomplish our mission to advance nursing through scholarships, grants and programs of excellence. We can’t do it without YOU!!
Let’s show our Nurse Power!

Nurses House, Inc.
Dolphins for Nurses Campaign

Celebrate National Nurses Week 2018
Help Raise Funds for Registered Nurses in Need!

Nurses House Inc., the only national fund for RNs in need, will be hosting its annual Dolphins for Nurses campaign from April 6- May 12, culminating in National Nurses Week. Hospitals and groups nationwide are invited to help us raise funds for our colleagues in need by offering blue, gold and white donation circles in exchange for $1, $5 or $10 donations.

This fundraiser is a great team building activity and is easy to incorporate into already planned Nurses Week events. We will provide you with everything you need to make the fundraiser a success including dolphin circles, brochures, flyers, posters, table tents and pens. We hope you will share the idea with your Nurses Week Committee or nurse leaders. If interested, contact dolphin@nurseshouse.org or 518-456-7588 x127 for an informational packet. To learn more about Nurses House and our fund for nurses in need visit us at www.nurseshouse.org.

Campaign sponsored by -

NURSES HOUSE, INC. • A NATIONAL FUND FOR RNs IN NEED • WWW.NURSESHOUSE.ORG

NURSES INSPIRE, INNOVATE, AND INFLUENCE – NATIONAL NURSES WEEK 2018 – MAY 6-12

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The mission of the State Board of Nursing for South Carolina is the protection of public health, safety, and welfare by assuring safe and competent practice of nursing. This mission is accomplished by assuring safe initial practice and continuing education and professional development, through setting educational requirements, examining applicants, licensing nurses, employing registered nurses, examining and disciplining licensed nurses, and investigating and prosecuting violations of the nursing practice act. The board also provides continuing education opportunities for nurses and regulates the practice of nursing in South Carolina. The board is committed to the public's health, safety, and welfare by assuring safe and competent practice of nursing, through the adoption of policies and procedures that are fair, just, and consistent with the laws and regulations governing nursing in South Carolina. The board is also committed to the promotion of nursing excellence in the areas of education and practice, through the provision of continuing education opportunities for nurses and the regulation of the practice of nursing in South Carolina. The board is located at 110 Centerview Dr., Columbia, SC 29210 and can be reached at 803-737-3400. The board is accountable to the Governor, through the Office of the Governor, for the regulation of the practice of nursing in South Carolina. The board is also accountable to the General Assembly for the regulation of the practice of nursing in South Carolina. The board is accountable to the public for the protection of the public's health, safety, and welfare, through the regulation of the practice of nursing in South Carolina.
South Carolina Department of Labor, Licensing and Regulation

document(s) (copy of marriage certificate, divorce decree, court order, etc.) to LLR-Board of Nursing, PO Box 12367, Columbia, SC 29211 or you can send the request and documents by fax to (803) 896-4515 to the attention of the Board of Nursing. Please indicate in your request whether you will use your middle name or maiden name for your middle initial or if you wish to hyphenate your name. Your request will be processed within 14 business days of receipt of your documents in the Board’s office and will be reflected on Licensee Lookup within three to five days after the name change is made.

You may verify that your name change request has been processed on Licensee Lookup on the Board’s website at www.llr.sc.gov/pol/nursing/ When utilizing Licensee Lookup, you do not have to enter your full name. Refer to Section 40-33-36(B) of the Nurse Practice Act regarding statutory requirements for your name. You may view your Nurse Practice Act – Chapter 33 - located under Information, Laws/ Policies on the Board’s website.

APRN Certification, Recertification or Renewal

You must notify the Board of your certification, recertification or renewal. If you have recently become certified, recertified or renewed your certification, mail a copy of your current certification card to: LLR-Board of Nursing attn: Advanced Practice Licensure, P.O. Box 12367, Columbia, SC 29211. You may also scan your document and email it to NurseBoard@llr.sc.gov or send it by fax to (803) 896-4515.

Have You Moved?

Section 40-33-38 of the South Carolina Code of Laws (Nurse Practice Act) requires that all licensees notify the Board in writing within 15 days of any address change. So you do not miss important time-sensitive information, such as your courtesy renewal notice, audit notice or other important licensure information, be sure to notify the Board immediately whenever you change addresses. Failure to notify the Board of an address change may result in a public reprimand and $500 civil penalty. You may change your address online utilizing the address change form under Online Services found on the Board’s website: www.llr.sc.gov/pol/nursing/ under licensure.

Note: Changing your address with the South Carolina Nurses Association (SCNA) does not change your address on your licensing records with the South Carolina Board of Nursing. It is important to notify the Board of changes to your e-mail address as well. The Board communicates information to its licensees through e-mail and the postal service. A current e-mail also facilitates access to the Board of Nursing website services.

Board Members

- Samuel H. McNutt, RN, CRNA, MHSA, Congressional District 5 – President
- W. Kay Swisher, RN, MSN, Congressional District 3 – Vice President
- Karen R. Hazzard, MSN, RN, NEA-BC, Congressional District 7 – Secretary
- Jacqueline L. Baer, APRN, DNP, FNP-BC, Congressional District 1
- Eric J. Sellars, RN, Congressional District 2
- Jan R. Burdette, LPN, At-Large
- Neil B. Liptitz, Public Member
- Vacant, (1) Registered Nurse, Congressional District 4
- Vacant, (1) Licensed Practical Nurse At-Large
- Vacant, (1) Lay Member At-Large
- Vacancies: (See Section 40-33-10(A) of the Nurse Practice Act for prerequisites and requirements)

SC State Board of Nursing Contact Information

Main Telephone (803) 896-4550
Fax Line (803) 896-4515
General Email Nurseboard@llr.sc.gov
Website www.llr.sc.gov/pol/nursing/

The Board of Nursing is located at Synergy Business Park, Kingstreet Building, 110 Centerview Drive, Suite 202, Columbia, SC 29210. Directions to the office can be found on the Board’s website – www.llr.sc.gov – at the bottom of the page. The Board’s mailing address is LLR – Office of Board Services – SC State Board of Nursing, Post Office Box 12367, Columbia, SC 29211-2367.

Regular Board business hours are 8:30 a.m. to 5 p.m., Monday through Friday. Offices are closed for holidays designated by the state.

Board of Nursing Administration

Carol A. Moody, RN, MAS, NEA-BC, Administrator

Office of Investigations and Enforcement

Main Telephone Line (803) 896-8470

Visit the Board Website Often:

The State Board of Nursing recommends all nurses licensed by or working in South Carolina visit its website (llr.sc.gov/pol/nursing/) at least every other month for up-to-date information on nursing licensure in South Carolina. The State Board of Nursing Website contains the Nurse Practice Act (Chapter 33 – Laws Governing Nursing in South Carolina), Regulations (Chapter 91), Compact Information, Advisory Opinions, Position Statements, Licensure Applications, Competency Requirements/Criteria, Application Status, Licensee Lookup, Disciplinary Actions, and other helpful information. The Nurse Practice Act, Regulations, Advisory Opinions and Position Statements are located under Laws/Policies, Competency Requirements/Criteria, which includes continuing education contact hours, are located under Licensure, Education. You will also find the Board meeting calendar, agendas, minutes, Board member names and the areas they represent.

The Board hopes you will find this information useful in your nursing practice.

Board of Nursing Meeting Calendar for 2018

Board and Committee meeting agendas are posted on the Board’s website at least 24 hours prior to meeting.

Board of Nursing Meetings

May 17-18, 2018
July 26-27, 2018
September 27-28, 2018
November 29-30, 2018

Advanced Practice Committee

May 4, 2018
August 3, 2018
November 2, 2018

Advisory Committee on Nursing Education

April 17, 2018
August 28, 2018
October 16, 2018
December 4, 2018

Nursing Practice & Standards Committee

April 12, 2018
July 12, 2018
October 11, 2018

Designated 2018 State Holidays

Confederate Memorial Day
May 10, 2018
Memorial Day
May 28, 2018
Independence Day
July 4, 2018
Labor Day
September 3, 2018
Veteran’s Day
November 12, 2018
Thanksgiving Day
November 22, 2018
Day after Thanksgiving
November 23, 2018
Christmas Eve
December 24, 2018
Christmas Day
December 25, 2018
Day after Christmas
December 26, 2018

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SCNA State Convention and APRN Conference, October 4-6, 2018 – Marriott, North Charleston, SC

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