Learning Locally, Acting Globally
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President’s Message

Donna F. Richards, RN, PhD
President

In June, the biennial ANA meeting was held over two weather-perfect days in Washington, D.C. I, along with two Utah Nurses Association delegates, Marianne Craven and Frances Swasey, and 450 voting delegates from throughout the country participated in a truly landmark event! The ANA moved quickly to adopt precepts promulgated in Race for Relevance (Coerver & Byers, 2011) to effectively update and streamline organizational governance in order to address the most pressing issues that face today’s nurses.

Elected to her second term during the meeting, ANA President Karen Daley, PhD, MPH, RN, FAAN stated, “I applaud the wisdom and leadership of the House. The transformational changes approved by the House demonstrate the strong commitment of a broad coalition of leadership who came together with unity of purpose and a focus on serving members and the profession.” She also observed that these changes are aimed at creating a new course that will make the national organization a stronger advocate for registered nurses as well as create an organization that is relevant and responsive to its members.

The following is a description of the actions taken and the anticipated impact at both the national and state levels.

• The House of Delegates, the Constituent Assembly, and the Congress on Nursing Practice and Economics were dissolved. A Membership Assembly was created which will comprise of representatives from ANA’s constituent and state nurses associations, its organizational affiliates, and the Individual Membership Divisions. The Membership Assembly will serve as ANA’s governing and voting body. The Assembly will elect, advise, and direct the ANA Board of Directors on environmental trend data related to professional nursing issues as well as determine policy and positions for the association. The Membership Assembly will henceforth meet annually.

• The transformational changes approved by the House have also observed that these changes are aimed at creating a new course that will make the national organization a stronger advocate for registered nurses as well as create an organization that is relevant and responsive to its members.

• The ANA Board of Directors will be reduced from 15 to 9 members, four officers and five directors-at-large. One director will be a staff nurse and another, a recent nursing graduate. The new board will ensure that ANA can quickly address the emerging needs of its members, prospective members, and the profession. This change will go into effect in 2014.

• Delegates voted to approve new language in ANA’s governing bylaws. The association will “advocate for workplace standards that foster safe patient care and support the profession.” This change, along with a modification to a reference about advancing the “welfare” of nurses, updates language to better reflect ANA’s current, broad programmatic work related to workplace standards and the advancement of nurses’ interests.

In an effort to have a more nimble structure and to better serve the membership those states that rely on less than $200,000 annual membership dues will join other states in a multistate division pilot study. Currently Utah is in active talks with 5 western states with regard to forming such a division. As these meetings occur with greater frequency, ANA will publish reports on our website so that members may provide feedback. While it is anticipated that these multistate divisions will share resources, UNA will retain its unique identity and autonomy as we move forward.

This is an exciting time for our national organization as well as UNA! We welcome any ideas that you may have regarding recruitment of members, increased participation, and UNA’s continued involvement in issues that affect nurses in our state.

References


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Application on page 6
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Utah Nurses Association, Attn: Editorial Committee
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PUBLICATION
The Utah Nurse Publication Schedule for 2012-2013

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Guidelines for Article Development

The UNA welcomes articles for publication. There is no payment for articles published in the Utah Nurse. Articles should:
1. Articles should be no longer than five (5) pages 8 x 11
2. Reference list should not exceed five (5) pages.
3. Reference list should be cited at the end of the article.
4. Articles (if possible) should be submitted electronically.

Articles should be submitted to:
utahnursesassociation.com
or Attn: Editorial Committee
Utah Nurses Association
4505 Wasatch Blvd., Suite 330B
Salt Lake City, UT 84124
Phone: 801-272-4510
Fax: 801-272-4511

IN MEMORIAM

Joyce Evans Harris—Passed away June 20, 2012. After high school, Joyce entered nursing training at St. Joseph’s Hospital in Elgin, Illinois. As a 20-year-old student, Joyce showed leadership ability and was assigned charge roles in both surgery and labor and delivery. She earned her nursing license in 1945 and kept it current for 63 years. After graduation, Joyce enlisted in the Army Nurse Corps and attained the rank of First Lieutenant. She served in Manila, Philippines and at General MacArthur’s headquarters in Tokyo. Joyce recorded her story for the Women in Military Service Memories in Washington DC. Joyce received her BS in Nursing from Indiana University in 1949. In 1978, Joyce received her master’s in Health Science from the University of Utah. She taught nursing at Westminster College, BYU-SLC, and Weber State University, and worked as a clinical specialist at the University of Utah.

Judy Ellen Hougaard—Passed away June 19, 2012. Judy attended BYU where she earned her nursing degree in 1966; she later earned her Master’s degree in both education and nursing. She worked at St. Mark’s Hospital, Intermountain Health Care, Westminster College and DMBA, dedicating 50 years to caring for others as a nurse, teacher and an administrator.

Dorothy Peer—Passed away June 21, 2012. Dorothy enrolled at the St. Marks School of Nursing where she graduated as a registered nurse in 1945. She served in the Cadet Nurses Corps, assigned to Bushnell Army Hospital in Brigham City where she cared for burn patients, many of whom were prisoners of war.

Merle Williams—Passed away July 10, 2012. Merle graduated from Weber State University with honors in the School of Nursing and was chosen most outstanding student in her class both academically and clinically. She later completed a B.S. degree in Nursing at the University of Utah. She worked at McKay-Dee Hospital in various capacities including the Clinical Coordinator of the operating room until she retired in 1988.

Margaret Hopkins Clinton—Passed away July 15, 2012. She received her B.S. in Nursing from the University of Utah in 1961. She worked as a registered nurse in public health for over 35 years.

Jean Louise Leonard Dodge—Passed away Aug. 02, 2012. She was a giving soul and it was shown by her career as a nurse working at both the LDS Hospital and Primary Children’s Hospital.

Dawn Westhoff Horne—Passed away Aug. 01, 2012. She graduated from BYU School of Nursing in 1971 specializing in mother and baby care.

Sandra E. Yeates—Passed away Aug. 03, 2012. She attended Brigham Young University where she received her BA degree in Nursing. Later she attended Westminster College where she obtained her Master’s Degree in Nursing. Sandy worked at LDS Hospital for 31 years.

Frances Arey Frost—Passed away August 17, 2012. Frances chose a career in nursing and attended the University of Utah and Michigan to fulfill her dreams. She became a teacher of nursing at the University of Utah and served various other positions including being in charge of crib death in the state.

Norma Harris Ward—Passed away September 8, 2012. At the age of 18, she joined the Cadet Nurse Corps and moved to Utah to study nursing. By the time she graduated from nursing school in June 1946, World War II and her military obligation had ended. She continued her education, while working as an evening nursing supervisor at Salt Lake County Hospital, attending classes at the University of Utah during the day. She graduated from the University of Utah in 1948 with her Bachelor’s degree in Nursing. During the time, she was serving as nursing supervisor at the County Hospital.

May Tsukamoto Matsuda—Passed away September 8, 2012. May was an OR nurse for over 40 years. May dedicated her life to caring for others; her concern for other people’s needs always came before her own. During World War II, she along with her sisters and brother, were prisoners of war. She and other people’s needs always came before her own. During World War II, she along with her sisters and brother, were prisoners of war. She and other people’s needs always came before her own. During World War II, she along with her sisters and brother, were prisoners of war.

Thanksgiving Point Campus, Lehi, UT
For additional information, contact TJ Carter at tjcarter@nm.edu or 801-339-4199
www.mlate.edu

The basic Nightingale Tribute to be offered in a nurses funeral will take about two minutes to deliver and can fit in many different areas of any funeral service. The words, pronouns and content can and should be changed to meet the circumstances. The presentation of a white rose by the speaker or by all nurses in attendance is an optional salute to the nurse. To read and print the basic tribute, please go to: http://www.ksnurses.com/publish/nightingale-tribute.html or go to the Kansas State Nurses Association and look under the publication tab.
New Specialty Nurses Organization in Utah

The Society of Otolaryngology Head and Neck Nurses (SOHN) sanctioned the Greater Salt Lake City Chapter at its national meeting held in Washington DC this past September. There are a total of 15 chapters in the society with most of them in the eastern part of the country. The Salt Lake City Chapter will be the first in the Intermountain West. The closest geographical chapter is located in Houston Texas. SOHN’s vision and mission is to support the professional growth and development of the Otolaryngology nurse through education, research and networking. The organization offers a national certifying test to become a Certified Otolaryngology Head and Neck Nurse or CORLN. There is just over 200 CORLN’s in the nation with 6 of these in the state of Utah.

The goal of the new chapter is to increase its membership among other nurses who work or are interested in Otolaryngology. Educational opportunities will be offered to both nurses and medical assistants to increase a working knowledge of disease processes, patient education and providing exceptional patient care. You would not be responsible to be the charge nurse. There are interpreters available to assist you. This is an excellent opportunity for retired nurses to keep up their practice hours to retain their licenses.

The clinic is intended to serve children and adults in families below 150% of federal poverty guidelines and who do not have health insurance. It is meant to serve those not eligible for Medicare, Medicaid, homeless services or other programs. We will have a more in-depth article on this clinic in the next Utah Nurse, but do call today if you can help out. Call Jeanie Ashby, executive director at 801-266-3700. This clinic is located at 415 East and 3900 South. Clinic hours are 9am to 12 noon and 1pm to 4pm Monday through Friday.

We are always interested in hearing what YOU are doing as a volunteer in your community in Utah or in the larger world beyond our state borders. Please send in your lived experience in volunteering to share with and inspire our colleagues across the state. Email submissions to Jody Wolfe at una@xmission.com.
The appointment of Patricia K. Ravert, PhD, RN, CNE, ANEF, FAAN, as dean of the College of Nursing was recently announced by Brigham Young University administration. Her five-year term became effective August 1.

Dr. Ravert has served as an associate dean of the undergraduate nursing program for the past five years, as well as coordinator of the Nursing Learning Center and Clinical Simulation Laboratory.

A strong combination of experience and education prepare her well for her new responsibility. She completed her undergraduate degree in nursing at BYU as an instructor in 1975 then began a professional career with Intermountain Healthcare. She returned to BYU in the mid-90s to obtain a master’s degree in nursing administration and went on to acquire a PhD in nursing education and research from the University of Utah in 2004.

In 1999 Dr. Ravert came to BYU as a nursing instructor and soon became effectively involved in the use of simulators (manikins) for enhanced student learning. In 2007 she was selected by the National League for Nursing as one of eight national simulation experts for a special project focusing on faculty development for the use of simulation in nursing education. She has since authored and co-authored a number of courses for nurse educators at the online Simulation Innovation Resource Center and currently sits as research advisor on the board of the International Nursing Association of Clinical Simulation and Learning. Her eminence in the field of nursing simulation provides the opportunity to consult with over 30 nursing schools throughout the U.S. and Canada. Ravert was inducted as a Fellow of the American Academy of Nursing in 2011, and earlier this year was promoted to the rank of Full Professor at BYU.

She succeeds Beth V. Cole, PhD, RN, FAAN, who provided significant leadership as dean of the College of Nursing from 2007-2012.

For more information:
Contact Rose Ann Jarrett
801-422-4143
Roseann_jarrett@byu.edu
Learning Locally, Acting Globally: MUSE Scholarships Help Nursing Students Find Their Signature U Experience

Submitted by Katie Schrier

During a recent orientation for incoming nursing students, Assistant Professor (Clinical) Amy Cutting, MS, FNP asked how many in the group chose nursing as a profession because of the potential it presents for a career in global health. Students responded with a flood of hands, palms outstretched and minds wide open to the health care concerns of our global community.

In our ever-shrinking world, opportunities to visit resource-poor areas in order to participate in global health practices are increasing. As a world-class education institution, the University of Utah is ensuring students have access to learning experiences that are not only immersive and experiential, but focused on the development of partnerships that are community-based—and solutions that are sustainable. Launched in 2010, the Global Health Study Abroad Program engages students from nursing, medicine and public health with students and faculty from the Kwame Nkrumah University of Science and Technology (KNUST) in Ghana, as well as leaders from surrounding villages, to address health issues local Ghanaians have identified as most critical. The interdisciplinary teams analytically explore health concerns such as those associated with Malaria, maternal nutrition and child mortality, with the goal of producing findings local villagers can utilize to affect change.

“The learning experiences available to nursing students in Ghana dovetail with the community and global health curriculum in our baccalaureate degree programs, and challenge future nurses to explore alternative means for delivering health services,” says Cutting, who serves as co-director of the College of Nursing’s Global Health in Ghana Study Abroad program. The program also intersects with the vision behind the My U Signature Experience (MUSE) Project, a presidential initiative designed to build opportunities for students to create signature learning experiences—moments in their educational goals, “Their generosity conveys the message ‘we believe in you and we will invest in you.’”

At every step working on inter-professional teams, students grew to appreciate the importance of combining resources and backgrounds as they problem solved. “In our ever-shrinking world, opportunities to visit resource-poor areas in order to participate in global health practices are increasing. As a world-class education institution, the University of Utah is ensuring students have access to learning experiences that are not only immersive and experiential, but focused on the development of partnerships that are community-based—and solutions that are sustainable. Launched in 2010, the Global Health Study Abroad Program engages students from nursing, medicine and public health with students and faculty from the Kwame Nkrumah University of Science and Technology (KNUST) in Ghana, as well as leaders from surrounding villages, to address health issues local Ghanaians have identified as most critical. The interdisciplinary teams analytically explore health concerns such as those associated with Malaria, maternal nutrition and child mortality, with the goal of producing findings local villagers can utilize to affect change.

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**Address:**  
**Home Phone:** ____________________  
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**Zip:** ____________________  
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anmanda.lloyd@snow.edu

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Please print this form, fill it out, and mail it to UNA. The address is at the bottom of the page.

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**Basic School of Nursing**  
**Year Graduate**  
**Referred By:** ____________________

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**Membership Categories**

- Full Membership:
  - Employed full-time student: or new graduate within six months after graduation from basic nursing education program
  - Reduced Membership: Not employed: full-time
- Special Membership: 62 years of age or over and not employed, or totally disabled

**PAYMENT OPTIONS** (Choose either Annual or Monthly)

**Annual Payment:**
- Full $253.00 / year
- Reduced $126.50 / year
- Special $63.25 / year

**Monthly Payment (Electronic Funds Transfer for Checking):**
- Full $24.59 / month
- Reduced $13.04 / month
- Special $5.77 / month

**Details:**
- The ANA will automatically deduct membership dues from your checking account. Dues transfer on approximately the 15th of each month. A check must be submitted, payable to UNA for first month’s amount to initiate transfer. Dues deductions will continue on a month-to-month basis until UNA/ANA receives notification to stop deductions.

**Signature:**

Please check committees or councils that you would like to have more information about:

- COMMITTEES:
  - Continuing Education  
  - Government Relations  
  - Economic and General Welfare (Staff Nurses Only)
- Membership:
  - By Laws  
  - Conference  
  - Nominating  

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- Psych/Mental Health Nurses  
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- I would like to receive further information about the Utah Nurses Foundation; an organization dedicated to awarding scholarships and research awards to nurses in Utah since 1979.
- I have enclosed a donation in the amount of ____________ for the Utah Nurses Foundation with my membership application.
- I would like to receive further information about the Utah Nurses Foundation; an organization dedicated to awarding scholarships and research awards to nurses in Utah since 1979.
- I would like to receive further information about the Utah Nurses Foundation; an organization dedicated to awarding scholarships and research awards to nurses in Utah since 1979.

**Signature:**

Please return this completed application with your payment to UNA, 4505 Wasatch Blvd. #330B, Salt Lake City, UT 84124

**Utah Only Membership Application**

**Date:** ________________

**Name:** __________________________

**Credentials**

**Address**:  
**Home Phone:** ____________________  
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**RN License #:** ____________________  
**State:** ____________________  
**Zip:** ____________________

**Specialty/Practice Area**

**PAYMENT OPTIONS:**

- Annual Payment $120.00 Annual Payment Method
- Check Enclosed
- VISA/Mastercard (circle choice)

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**Employer Name** __________________________

**Address:**  
**Home Phone:** ____________________  
**City** ____________________  
**State** ____________________  
**Zip:** ____________________

**Signature:**

If you desire membership in the local state association without affiliation in the national organization you may now join the Utah Nurses Association directly through our Utah Nurse Association Member Organization.

**Utah Nurses Association**

4505 Wasatch Blvd. #330B  
Salt Lake City, UT 84124

Phone 801-272-4510

Email: una@xmission.com

www.utahnursesassociation.com
This year posters were presented that covered a wide spectrum of nursing from maternity care to patient education to the need and efficacy of quality and safety standards in nursing education and practice. Below are summaries of those posters accepted and presented in the 2012 Utah Nurses Association Conference. Thanks to all applicants for their interest in this conference. We encourage each presenter to consider writing a more detailed summary for publication in the Utah Nurse where 26,000 of your peers will have an opportunity to more fully understand and implement your findings.

Alison Lee Eldredge, MSN, RN, and PhD student at the University of Utah, presented “Transitions and Health Trajectories of Parents Caring for Children with Intellectual Disabilities.” Through thoughtful interviews with caregivers, Eldredge has demonstrated a beginning understanding of the long term effects of constant caregiving by both mothers and fathers for significantly intellectually disabled children. This work will eventually lead to a series of case studies representing patterns of parents’ health trajectories. These case studies and findings from this research could be used in a variety of ways including education of health care providers and development of policies to assist this patient and family population. Look for final results of this work in the nursing literature in the next year or so.

Jonda Purper, MSN student and Adjunct Faculty at Weber State University, presented a creative poster demonstrating a close relationship between fear and moral distress in her poster titled “Moral Distress Cycle: Interviewed with the Fear Cycle.” Purper’s model generated discussion about the degree of moral distress that staff nurses encounter in their daily practice. This moral distress impacts nurses’ energy and their ability to be effective patient advocates. Purper sees a close correlation between the generation of moral distress in nurses and the work field of the nursing fear cycle. According to Purper, this moral distress/fear cycle can be disrupted through several interventions at various phases of the cycle. A useful brochure was also presented as this idea as well as several approaches towards this problem. This graduate project has the potential to assist many of our nursing colleagues.

Nanci McLeskey, MCG, MDIV, RN-BC, FNGNA and Clinical Instructor in gerontology at the University of Utah College of Nursing, presented “Development of a Novel Curriculum to Better Prepare Nurses for Future Demands in Caring for the Growing Geriatric Population.” McLeskey presented a new curriculum which engages students in hospice and home health care of elders. Geriatric content was presented in conferences and through hands-on experience in a variety of settings, including adult day care, hospice, independent and assisted living facilities. Pre- and post-coursework surveys of students measured changes in both evidence-based knowledge and attitudes towards care of the geriatric population. Initial results with the first two cohorts of students demonstrated an increased emphasis on the geriatric population’s needs and care. The course content equips future nurses with knowledge to care for healthy older adults and those with special needs.

Ellen Lucas, BSN, RNC and Quality Improvement Staff Nurse at the University of Utah Hospital, presented “A Maternal Newborn Care Unit Practice to Increase Patient Satisfaction on a Maternal Newborn Care Unit.” Lucas reviewed the patient satisfaction outcomes following the introduction of an innovative program to increase infants’ skin-to-skin comfort and provide the Defense and Veterans’ Pain Rating Scale; fears about addiction, pharmacokinetics, rationales for the effectiveness of non-pharmacological pain relief. The percentage of patients who reported frequently experiencing severe pain on the NMBC Unit decreased from 45% in Phase I of a study to 22% after Phase II. Pain control choices in the immediate post-partum period. Based on results of the National Database of Nursing Quality Indicators(NDNQI) National Pain Study, in which this nursing unit was a participant, staff education needs were identified. Evidence-Based best practices for pain management obtained from the NDNQI Pain Care Toolkit were used by the staff for education handouts. The action plan involved group in-services and one-on-one “gorilla rounds” between staff to provide everyone the same information in a short time.

Debra Edmunds, MSN, RN, CNE and Assistant Teaching Professor at Brigham Young University School of Nursing, presented “Effective Patient Teaching. ADDS demonstrated the key areas to address in teaching patients and families: Assess the learning needs of the patient and family. Discuss important issues. Demonstrate psychomotor skills and allow time for return demonstration, and Summarize important points at the conclusion of the teaching session. This easy-to-remember acronym reinforces the four key elements needed in effective teaching session. Hopefully, Edmunds will expand on this in future publications. Education is a key nursing responsibility whose methods often are blurred in busy daily practice. Recollection of this acronym will keep nurses focused on essential elements of teaching.

Katreena Collette Merrill, PhD, RN Assistant Professor, and Arlene Johnson, Student Nurse, at Brigham Young University School of Nursing presented “What should nurses know about quality and safety?” This informative poster reviewed the Quality and Safety Education for Nurses (QSEN) program and its implications for nursing practice.

Practicing nurses quickly come to recognize that safety underlies quality in every nursing activity. This entire area of quality and safety has driven workplace initiatives in healthcare for at least a decade and has been integrated at various levels into academic preparation of student nurses. This poster presented results of a literature review which indicate that relatively few articles have been published on the QSEN initiative. According to Merrill and Johnson, currently the QSEN website contains the most comprehensive review of the QSEN initiative. Hopefully Merrill and Johnson will be continuing their work and publish their findings to inform educators and practitioners of the ongoing need for vigilance in this area.

Nurses throughout Utah are doing important research, creating valuable models, and expressing key aspects of nursing in innovative ways. Please consider submitting YOUR work for acceptance as a poster at next year’s conference. Watch the Utah Nurse for deadlines and instructions. Contact Kathleen Kaufman at UNA for information and supportive suggestions for your application. This is a peer-reviewed poster presentation with acceptance based on the quality of work submitted.
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