Welcome summer! By the time this message is published, we will most likely be complaining about the heat and wishing for some of the cold weather we have endured over the past few weeks. It has been a busy late winter and early spring for the Maryland Nurses Association (MNA). In February, we gathered in Annapolis to meet with our legislators and let them hear the voices of Maryland nurses as they considered bills that might affect our practice and the health of Maryland residents. Our agenda for this year included encouraging legislators to support the Affordable Care Act with a resolution sent to Washington D.C. to retain the act. We received a positive response from the majority of the legislators with whom we met. Thank you to Mary Kay DeMarco, Ed Suddath, and Robyn Elliott for their hard work in organizing the evening and the follow up webinar. The Convention Planning Committee is meeting on a regular basis to have everything in place for the October 5 MNA Convention at Martin’s West. Please save the date!

A few weeks ago, I flew to Atlanta to attend a meeting. One of the instructions always given by the flight attendants is to “Put your own oxygen mask on first before helping others.” The American Nurses Association (ANA) has designated 2017 as the Year of the Healthy Nurse and it is time for nurses to put our masks on first. How do you balance work, family and life? Over the next year, ANA has designated each month with a different focus to help nurses improve their own health so they can help patients and others. I think back to the days when I put care of myself to the side because I thought my patients would suffer if I took 20 minutes to eat lunch, 5 minutes to drink some water or did not work yet another double shift. Now I wonder just how effective a nurse I was when I was hungry, thirsty or tired.

Nurses are the first to admit that ours is a high-stress profession. The month of April was dedicated to combatting stress with webinars, suggested books and articles to help nurses care for themselves while taking care of others. May and June will focus on women’s and men’s health, cancer awareness and skin health. In addition to topics to help individual nurses, organizations can join the “Healthy Nurse Healthy Nation” grand March 2017

114th Annual Convention Keynote Speaker: Dr. Ernest J. Grant, Vice President, ANA Board of Directors

Currently vice president of the American Nurses Association (ANA), Ernest J. Grant, PhD, RN, FAAN, has more than 30 years of nursing and leadership experience.

Grant is an internationally recognized burn-care and fire-safety expert and serves as the burn outreach coordinator for the North Carolina Jaycee Burn Center at University Hospitals in Chapel Hill.

Grant oversees burn education for physicians, nurses and other allied health care personnel and runs the center’s nationally acclaimed Burn Prevention Program, which promotes safety and works to reduce burn-related injuries through public education and the legislative process. Grant also serves as adjunct faculty for the UNC-Chapel Hill School of Nursing, where he works with undergraduate and graduate nursing students in the classroom and clinical settings.

Grant is frequently sought out for his expertise as a clinician and educator. In addition to being a prolific speaker, he has conducted numerous burn education courses with various branches of the U.S. military in preparation for troops’ deployment to Iraq and Afghanistan. In 2002, President George W. Bush presented Grant with a Nurse of the Year Award for his work treating burn victims from the World Trade Center site. In 2013, Grant received the B.T. Fowler lifetime achievement award from the North Carolina Fire and Life Safety Education Council for making a difference in preventing the devastating effects of fire and burn injuries and deaths within the state.

An active leader in professional organizations, Grant is currently chair of the National Fire Protection Association board of directors and second vice president of the American Burn Association board of trustees. He also holds membership in Sigma Theta Tau, Chi Eta Phi and the American Academy of Nursing. Grant served as president of the North Carolina Nurses Association from 2009-11. In 2002, ANA honored Grant with the Honorary Nursing Practice Award for his contributions to the advancement of nursing practice through strength of character, commitment, and competence. Grant holds a BSN degree from North Carolina Central University and MSN and PhD degrees from the University of North Carolina at Greensboro. He is the first male elected to the office of vice president of the American Nurses Association.
change with the goal of nurses becoming leaders in our nation’s journey to better health. Individuals and organizations can join the challenge. Think about ways that you as an individual can set an example of healthy physical activity, rest, nutrition, quality of life and safety. How often do we ask patients to do as we say and not as we do? Richard Paul Evans writes, “The Golden Rule is a two-edged sword. If some of us treated others as we treat ourselves, we would be jailed” (2014). While this quote makes me smile, I also realize that it is true. An ANA fact sheet about trends for registered nurses (RNs) and nursing students shows that 12% have nodded off while driving this month, only 16% eat enough fruits and vegetables and less than half get enough exercise.

Resolve now to reverse this trend in your own life and professional practice. Take the time to review the topics and resources on the ANA website. Sign up for emails to support you while you take care of yourself in order to take care of others. Put the oxygen mask on yourself first and treat ourselves, we would be jailed” (2014). While this quote makes me smile, I also realize that it is true.

The Maryland Nurses Association, the voice for nursing, advocates for policies supporting the highest quality healthcare, safety environments, and excellence in nursing. Our core values: Camaraderie, Mentoring, Diversity, Leadership, and Respect.

Preparation of Manuscript:
1. All submissions should be word-processed using a 12 point font and double spaced.
2. A title page should be included and contain a suggested title and the name or names of the author(s), credentials, professional title, current position, e-mail address, telephone contact, and FAX number, if applicable. Authors must meet the criteria for authorship. Submitters who do not meet the criteria for authorship may be listed in an acknowledgments section in the article. Written permission from each person accompanied must be submitted with the article.
3. Subheadings are encouraged throughout the article to enhance readability.
4. Article length should not exceed five (5) 8 ½ x 11 pages (1500-2000 words).
5. All statements based on published findings or data should be referenced appropriately. References should be listed in numerical order in the text and at the end of the article following the American Psychological Association (APA) style.
6. A maximum of 15 references will be printed with the article.
7. All references should be recent—published within the past 5 to 7 years unless using a seminal text on a given subject.
8. Articles should not mention product and service providers.

The Maryland Nurse Publication Schedule
Issue Material Due to MNA
May, June, July 2017
The Maryland Nurse is the official publication of the Maryland Nurses Association. It is published quarterly. Annual subscription is $20.00.

articles and submissions for peer review
The Maryland Nurse welcomes original articles and submissions for publication. All material is reviewed by the editorial board prior to acceptance. Once accepted, manuscripts become the property of The Maryland Nurse. Articles may be used in print or online by the Maryland Nurses Association and will be archived online. It is standard practice for articles to be published in only one publication. If the submission has been previously distributed in any manner to anyone, please include this information with your submission. Once published, articles cannot be reproduced elsewhere without permission from the publisher.

Preparing the Manuscript:
1. All submissions should be word-processed using a 12 point font and double spaced.
2. A title page should be included and contain a suggested title and the name or names of the author(s), credentials, professional title, current position, e-mail address, telephone contact, and FAX number, if applicable. Authors must meet the criteria for authorship. Submitters who do not meet the criteria for authorship may be listed in an acknowledgments section in the article. Written permission from each person accompanied must be submitted with the article.
3. Subheadings are encouraged throughout the article to enhance readability.
4. Article length should not exceed five (5) 8 ½ x 11 pages (1500-2000 words).
5. All statements based on published findings or data should be referenced appropriately. References should be listed in numerical order in the text and at the end of the article following the American Psychological Association (APA) style.
6. A maximum of 15 references will be printed with the article.
7. All references should be recent—published within the past 5 to 7 years unless using a seminal text on a given subject.
8. Articles should not mention product and service providers.

Editing:
All submissions are edited for clarity, style and conciseness. Refereed articles will be peer reviewed. Comments may be returned to the author if significant clarification, verification or amplification is requested. Original publications may be reprinted in The Maryland Nurse with written permission from the original author and/or publishing company that owns the copyright. The same consideration is requested for authors who may have original articles published first in The Maryland Nurse. Additionally, once the editorial process begins and if a submission is withdrawn, the author may not use The Maryland Nurse editorial board review comments or suggestions to the article to another source for publication.

Authors may review the article to be published in its final form. Authors may be requested to sign a copyright transfer and warranty agreement, and may transfer their rights to a third party. Submissions should be sent electronically to TheMarylandNurse@gmail.com.

http://www.marylandnur.org

Published by: Arthur L. Davis Publishing Agency, Inc.
1. **Ruth Hans Scholarship**
   The Ruth Hans Scholarship promotes lifelong learning and best practices in nursing by awarding an education scholarship to a Baccalaureate nursing student in Maryland. This can include an RN licensed in Maryland who is continuing his or her education in an RN to BSN nursing education program in Maryland. Ruth Hans received her entry nursing education from the Lutheran Hospital School of Nursing and this award was established in her honor in 2006. The recipient will exemplify academic achievement, leadership and community service. The scholarship is for $500.

2. **Maryland General Hospital School of Nursing Alumnae Association Education Scholarship**
   The Alumnae Association of Maryland General Hospital awards one scholarship of $1,000.00. Preference will be given to the student enrolled in an Associate Degree Nursing program. The recipient must demonstrate financial need in addition to academic achievement and community service.

3. **Barbara Suddath Nursing Scholarship**
   The Barbara Suddath Nursing Scholarship was established to honor the memory of Mrs. Suddath, the mother of the Executive Director of the Maryland Nurses Association. The recipient must be a nurse enrolled in a graduate degree nursing program with the intention of working with the older population. The recipient will exemplify academic achievement, leadership and community service. The scholarship is for $500.

4. **Arthur L. Davis Publishing Agency Scholarship**
   Art Davis established the Arthur L. Davis Publishing Agency, the publisher of The Maryland Nurse. Now deceased, the business he began remains a family business dedicated to supporting the nursing community. The Arthur L. Davis scholarship was established in 2003. The scholarship will be awarded to one applicant in the amount of $1,000. The recipient must be pursuing a master's degree in nursing. The recipient will exemplify academic achievement, leadership and community service. Applicants for this scholarship must be members of the Maryland Nurses Association.

5. **MNA District 2 Scholarship**
   The MNA District 2 awards one scholarship of $1,000 to a nursing student enrolled in the final year of study who is a first generation student – the first in the immediate family to attend college. The recipient must be enrolled in a school of nursing located within the geographic boundaries of MNA District 2.

6. **Travis Nursing Scholarship**
   The Travis Nursing Scholarship is being established to honor the memory of the mother of long-time MNA/ANA member, Patricia Travis, RN, PhD, CCRP. The recipient should be a student enrolled in a nursing program with an interest in promoting a seamless transition for end of life palliative care and home hospice. The beneficiary needs to exemplify academic achievement, leadership, and community service. The scholarship is for $500.

7. **Mercy Hospital Nursing Alumnae Scholarship**
   The Mercy Hospital Nursing awards one scholarship in the amount of $500. Preference will be given to a Baccalaureate nursing student in Maryland whose intention is providing elder care as the focus of practice. The recipient must demonstrate financial need in addition to academic achievement and community service.

---

**114TH ANNUAL CONVENTION**

**CALL FOR ABSTRACTS:**

**ORAL PRESENTATIONS AND POSTERS**

**Martin’s West | Baltimore, Maryland | October 5, 2017**

The Maryland Nurses Association, the voice for nursing, advocates for policies supporting the highest quality healthcare, safe environments, and excellence in nursing.

To support this year’s convention theme, the Maryland Nurses Association is seeking submissions that share innovative ideas and best practices.

**The Maryland Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.**

Nurses and nursing colleagues across the health care continuum are invited to submit abstracts for either an oral or a poster presentation. Authors may submit abstracts of completed work or work in progress. Abstracts will be reviewed and selected through a blind peer review process.

**Submission deadline is June 7, 2017**

**Convention Purpose:** The 2017 conference is designed to prepare nurses across a continuum of care to lead change that will improve the health of all Marylanders; and to discuss new opportunities and roles for nurses to advocate for policy supporting the highest quality healthcare and best practices.

---

**Presentation Options**

The conference is organized to include both oral presentations and poster sessions.

1. Oral presenters will have 50 minutes for the presentation followed by a 10 minute question and answer period.

2. Poster presentations should be a stand-alone visual display of a topic of interest. The author is required to be present during the poster viewing sessions to respond to questions posed by Convention attendees.

**Acceptance Notification**

Authors will be notified of the status of their submission via email by June 14, 2017.

Continental breakfast and lunch will be provided to all registered presenters and participants.

**Convention Fees**

Gratuitous registration allowed for one oral presenter per session. All presenters are required to register.

A copy of the 2017 Call for Abstracts: Oral Presentations and Posters can be found on the Maryland Nurses Association web site. You may go to www.marylandn.org where you will see News and Announcements/Upcoming Events box. Click on “2017 Call for Abstracts: Oral Presentations & Posters” to download your copy.

---

**114TH ANNUAL CONVENTION**

**NURSES: MAKING CHANGE TO IMPROVE CARE**

**OCTOBER 5, 2017**

**Maryland Nurses Association Inaugural Awards Banquet**

The Maryland Nurses Association will hold its inaugural Awards Banquet on Thursday evening, October 5, 2017 at Martin’s West in Baltimore. This event will be open to all MNA award nominees, their families, friends and employers. All MNA members are also welcome to attend. Stay tuned for more details to come.
Johns Hopkins School of Nursing Faculty to Join STTI Nurse Researcher Hall of Fame

Danielle Kress

Johns Hopkins School of Nursing (JHSON) Professor Cheryl Dennison Himmelfarb, PhD, RN, ANP, FAAN, FAHA, FPCNA, has been selected for induction to the Sigma Theta Tau International (STTI) Nurse Researcher Hall of Fame. The honor acknowledges nurses who have achieved national or international recognition and whose research has improved people’s lives and the profession.

“This is a gratifying and humbling moment in my career,” says Dennison Himmelfarb. “I am thankful to the mentors, colleagues, and funders that have guided and collaborated with me in this most rewarding work. I am proud to be inducted among so many distinguished nurses and esteemed colleagues.”

Dennison Himmelfarb’s scholarship focuses on cardiovascular risk and chronic illness management and patient safety. Her research looks closely at social and cultural determinants of cardiovascular risk, particularly among resource-limited populations.

By serving on numerous National Institutes of Health and American Heart Association panels, Dennison Himmelfarb has helped develop national clinical guidelines to reduce health disparities and improve cardiovascular care. She fosters interprofessional collaboration through her role as a deputy director of the Johns Hopkins Institute for Clinical and Translation Research, and she helps enhance and promote best practices around research participant recruitment/retention and community engagement.

Within the JHSON, Dennison Himmelfarb is director of the Helene Fuld Leadership Program for the Advancement of Patient Safety and Quality, offering mentorship and guidance to the next generation of nurses interested in quality and safety within health care. She also directs the school’s Office for Science and Innovation, which facilitates faculty and student research and scholarly opportunities.

In addition, Dennison Himmelfarb is current president of the Preventive Cardiovascular Nurses Association, a fellow of the American Academy of Nursing, Preventive Cardiovascular Nurses Association and the American Heart Association, and was named on The Daily Record’s “VIP List of Very Important Professionals Successful by 40.”

“We are so proud of this new achievement,” says Patricia Davidson, PhD, MEd, RN, FAAN, dean of JHSON. “Dr. Dennison-Himmelfarb is a leader in many capacities within our school and the profession. She has a drive for excellence and innovation that is patient-centered and an asset to our profession.”

Dennison Himmelfarb will be inducted at the STTI’s 28th International Nursing Research Congress in July. The recognition brings almost a dozen faculty from JHSON to receive this honor.

The author, Danielle Kress, may be contacted at dkress@jhu.edu or 410-955-2840.
Johns Hopkins School of Nursing Ranked No. 2 by U.S. News & World Report

Danielle Kress

The Johns Hopkins School of Nursing (JHSON) has been ranked the No. 2 graduate nursing school in the nation by U.S. News & World Report in its 2018 survey. Consistently ranked as one of the top three schools in the U.S. and around the world, JHSON also earned the No. 1 spot in three specialty areas, and the Doctor of Nursing Practice (DNP) program retained its No. 2 ranking from 2017.

Additional highlights from the year include the promotion of six faculty members to full professor, being ranked No. 2 in the world by QS World University, No. 1 rankings by College Choice and Mometrix, and the launch of the “We Got This” campaign, which sparked international conversation about the changing role of nurses.

“This success holds true to our long-standing reputation of being a leader in nursing education,” says Patricia Davidson, PhD, RN, FAAN, Dean of JHSON. “Our research and funding have remained strong and been vital to an outstanding year in education and practice. We have been fueled by growing opportunities within the profession that continue to position nursing as a leader in health care.”

Within specialty areas, the school ranked:

- No. 1 in Administration; tied
- No. 1 in Nurse Practitioner (adult gerontology: acute care)—up from No. 2
- No. 1 in Nurse Practitioner (family)—up from No. 4
- No. 2 in Nurse Practitioner (adult gerontology: primary care)
- No. 4 in Nurse Practitioner (pediatric: primary care)
- No. 5 in Nurse Practitioner (psychiatric: mental health: across the lifespan)—up from No. 9

The rankings, conducted annually, are a weighted average of 14 indicators including research activity, faculty credentials, achievements, student grade point average, acceptance rates, peer assessment, and others. This year’s survey included 292 schools offering master’s degrees and 186 offering the DNP.

JHSON is the No. 1 school of nursing in total National Institutes of Health and federal research funding, and faculty and students conduct research in community and global health, clinical practice, administration, aging, pediatrics, mental health, and a range of other areas. In 2016, the school graduated its final baccalaureate class completing its transition to an all-graduate curriculum and announced a new pathway to the DNP degree to provide a more seamless progression for nurses to advance their roles.

In addition to various program developments still on the horizon, like a Post-Master Pediatric Acute Care Nurse Practitioner Certificate and a shift toward more online programs, the school also will see the graduation of the first Saudi Arabia DNP cohort this August.

“It has been a tremendous year, and our steadfast commitment to health care access and equality is evident through the innovation and excellence I see displayed by our students and faculty,” says Davidson. “The rankings provide a snapshot of our accomplishments, but it’s the continued local to global collaborations and advancement that makes every day that make the true impact.”

The author, Danielle Kress, may be contacted at dkress@jhu.edu or 410-955-2840.

Three Faculty Members Awarded Nurse Educator Doctoral Grants

Three University of Maryland School of Nursing (UMSON) faculty members have been awarded a Nurse Educator Doctoral Grant for Practice and Dissertation Research: 1) Clinical instructors Ameera Chakravarthy, MS, BSN ’02, CRNP, interim specialty director, Adult-Gerontology Acute Care Nurse Practitioner/Adult-Gerontology Clinical Nurse Specialist; 2) Ernest Opoku-Agyemang, MA, MS, RN; and 3) Mary Pat Ulicny, MS ’11, MHA, RN, CNE, clinical simulation lab director for UMSON’s Bachelor of Science in Nursing program at the Universities at Shady Grove, all received the maximum award amount of $30,000.

At LifeBridge Health, we honor all nurses for the selfless work they do every day.

As we celebrate our nurses, visit lifefjobs.org/nurses to learn how you can join the future of health care.
CSU Nurses Support President Maria Thompson at the Dr. Martin Luther King, Jr. Breakfast

“2017 Woman of the Year Award”

Hosted by: The Kings Landing Women’s Service Club

Charlotte M. Wood, PhD, MBA, RN, Editor

The Kings Landing Women’s Service Club (KLW) has played a very significant role in Baltimore city and the Greater Baltimore community. Founded in September 1964, KLW club host the oldest Dr. Martin Luther King breakfast on the East Coast. The goal of the women’s club this year was to celebrate individuals that preserve, embrace and inspire others to promote the legacy of Dr. Martin Luther King through education.

Dr. Martin Luther King, Jr. was an outstanding leader and a powerful advocate for education. The KLW club nominated and awarded Dr. Maria Thompson, President of Coppin State University the 2017 Woman of the Year Award. Dr. Thompson has demonstrated high standards of excellence and an ongoing commitment to increasing graduation rates, as well as graduating the largest number of diverse nurses in the state of Maryland. Nurse Educators at Coppin State University stand with and salute their President. The first woman and seventh President of Coppin State University as she continues to inspire, ensure, and promote the “Preservation of the Legacy” of Dr. Martin Luther King, Jr.

The author, Charlotte M. Wood, PhD, MBA, RN, may be contacted at charlottewood58@gmail.com.

CSU Senior Family Nurse Practitioner Student Testifies in Annapolis

Ms. Pramila Jaladanki MBA, BSN, RN, CCRN testified in Annapolis regarding the bill on Planned Parenthood.

CSU DNP Chairperson Makes Maryland Top 100 Women’s List

Dr. Joan Tilghman, Chairperson of the DNP Program, Coppin State University has been selected by the Daily Record and an outside panel of judges for her professional achievements, community service, leadership and commitment to mentoring to Maryland’s Top 100 Women. Maryland’s Top 100 Women recognizes high-achieving Maryland women who are making an impact through their leadership, community service and mentoring. Past Top 100 Women and business leaders select the winners.

The Daily Record received 420 nominations this year and held two rounds of judging. Each time, Dr. Joan Tilghman exceeded the criteria. Her ability to nurture and transform the lives of others reflects her commitment to the growth and transformation of nurses.

The author, Charlotte M. Wood, PhD, MBA, RN, may be contacted at charlottewood58@gmail.com.

Dr. Joan Tilghman, Ph.D., RN, WHNP-BC, CRNP, CNE Chairperson DNP Program, Coppin State University

Collington, A Kendal Affiliate, is a premier full-service not-for-profit continuing care retirement community (CCRC) located in Mitchellville Maryland.

Positions available: Registered Nurses (FT/PT), MDS Coordinator

Visit www.collington.kendal.org click on employment or e-mail bables@collington.kendal.org

Maryland Responders are dedicated volunteers who stand ready to respond to the public health needs of our community. Whether it’s responding to a natural disaster or helping community members prepare for flu season, Maryland Responders are ready for anything. Help us prepare and protect our community by becoming a Maryland Responder today!

To learn more, visit mdr.dhmh.maryland.gov.

When Disaster Strikes...

Maryland Responds

Join us: mdr.dhmh.maryland.gov

Maryland Responders are dedicated volunteers who stand ready to respond to the public health needs of our community. Whether it’s responding to a natural disaster or helping community members prepare for flu season, Maryland Responders are ready for anything. Help us prepare and protect our community by becoming a Maryland Responder today!

To learn more, visit mdr.dhmh.maryland.gov.

Student Loan Forgiveness for Nurses

888-850-4819

More Than Healthcare, Correct Care Solutions.

Registered Nurses
Licensed Practical Nurses
At our facilities across Maryland
Full-time, part-time and PRN available
New grads welcome!

Comprehensive Benefits - 401K - Tuition Reimbursement
Competitive Compensation - So Much More...

Are you looking for a change?
“JOIN THE WINNING TEAM THAT CARES”
Aurora Health Management
RN & LPN CAREER OPPORTUNITIES AVAILABLE
Skilled Nursing & Long-Term Care

Aurora Senior Living of Manakin
(Prince George, VA) HR Dept. 804.365.0011
Colvert Manor Healthcare Center
(Rising Sun, MD) HR Dept. 410.588.6555
Caroline Nursing & Rehabilitation Center
(Denton, MD) HR Dept. 410.475.2150
Lang Vue Healthcare Center
(Manchester, MD) HR Dept. 410.238.7139
Citizens Care & Rehabilitation Center
(Frederick, MD) HR Dept. 240.772.9200

CALL TODAY OR APPLY ONLINE
Edwin Roberson (815) 815-2795 or
ERoberson@CorrectCareSolutions.com
CCS.careers

CS: A FUTURE-READY CAREER OPPORTUNITY WAITS
Howard Community College Hosts the 37th Annual MANS Conference

The annual MANS (Maryland Association of Nursing Students) convention was hosted by Howard Community College (HCC) on Saturday, March 18, 2017. One hundred twenty-five nursing students and faculty from both the associates degree in nursing and the Bachelor of Science in nursing programs in Maryland were in attendance. The convention began with the opening keynote speaker, Judy Coster, RN, CWCN, speaking on the health crisis in Haiti followed by thirty different breakout sessions and ending with a closing keynote speaker, Dr. Pamela Shumate, DNP, RN, CCRN, CNE, who spoke about “Creating Change in your own Backyard.” Over 20 health-related business vendors and nurse education programs were available for the participants. Special appreciation for the planning and implementation of this year’s convention goes to MANS 2016-2017 officers Karissa Van Wyck-Dungy, president, and Courtney Chang, vice-president and Allison Cohen, secretary who are all current HCC nurse education program students. Thanks also go to Georigene Butler, Theresa Cooney, Harolda Hedd, Ellen Nichols, Cheryl Nitz, Vijaya Ramakrishnan, Deborah Smith, Jennifer Stanford, Kamala Via, and Margaret Wedde. Congratulations are extended to HCC nurse education program students Loah Hunter, Ariel Anderson, and Tania Roque for being elected to the incoming 2017-2018 MANS board as president, image of nursing chair and legislative Chair, respectively.

Mid-Atlantic Region
Wound, Ostomy & Continence Nurses Society
2017 Annual Conference

Change the Future with Knowledge
October 13-14, 2017
Clarion Inn
Frederick, Maryland
www.marwocn.org

Maryland Higher Education Commission has awarded four CSU faculty members and the Dean of the College of Health Professions with the Nurse Educator Doctoral Grant for Practice and Dissertation Research. Faculty members from right to left are: Dean and Professor, Tracey L. Murray, DNP, CRNP, FNP-BC, RN, Assessment and Remediation Coordinator, Dr. Charlotte M. Wood, PhD, MBA, RN, Student Enhancement Coordinator, Ms. Stacey Wood, MSN, RN, Director of the Simulation Center, Ms. Denyce Watties-Daniels, MSN, RN, and Clinical Facilities Coordinator, Ms. Ericka Brice, MSN, RN.

The author, Charlotte M. Wood, PhD, MBA, RN, may be contacted at charlottewood58@gmail.com.

Four CSU Faculty Members and Dean Receive the Nurse Educator Doctoral Grant

Maryland Higher Education Commission has awarded four CSU faculty members and the Dean of the College of Health Professions with the Nurse Educator Doctoral Grant for Practice and Dissertation Research. Faculty members from right to left are: Dean and Professor, Tracey L. Murray, DNP, CRNP, FNP-BC, RN, Assessment and Remediation Coordinator, Dr. Charlotte M. Wood, PhD, MBA, RN, Student Enhancement Coordinator, Ms. Stacey Wood, MSN, RN, Director of the Simulation Center, Ms. Denyce Watties-Daniels, MSN, RN, and Clinical Facilities Coordinator, Ms. Ericka Brice, MSN, RN.

The author, Charlotte M. Wood, PhD, MBA, RN, may be contacted at charlottewood58@gmail.com.

Maryland Higher Education Commission has awarded four CSU faculty members and the Dean of the College of Health Professions with the Nurse Educator Doctoral Grant for Practice and Dissertation Research. Faculty members from right to left are: Dean and Professor, Tracey L. Murray, DNP, CRNP, FNP-BC, RN, Assessment and Remediation Coordinator, Dr. Charlotte M. Wood, PhD, MBA, RN, Student Enhancement Coordinator, Ms. Stacey Wood, MSN, RN, Director of the Simulation Center, Ms. Denyce Watties-Daniels, MSN, RN, and Clinical Facilities Coordinator, Ms. Ericka Brice, MSN, RN.

The author, Charlotte M. Wood, PhD, MBA, RN, may be contacted at charlottewood58@gmail.com.

Maryland Higher Education Commission has awarded four CSU faculty members and the Dean of the College of Health Professions with the Nurse Educator Doctoral Grant for Practice and Dissertation Research. Faculty members from right to left are: Dean and Professor, Tracey L. Murray, DNP, CRNP, FNP-BC, RN, Assessment and Remediation Coordinator, Dr. Charlotte M. Wood, PhD, MBA, RN, Student Enhancement Coordinator, Ms. Stacey Wood, MSN, RN, Director of the Simulation Center, Ms. Denyce Watties-Daniels, MSN, RN, and Clinical Facilities Coordinator, Ms. Ericka Brice, MSN, RN.

The author, Charlotte M. Wood, PhD, MBA, RN, may be contacted at charlottewood58@gmail.com.

Maryland Higher Education Commission has awarded four CSU faculty members and the Dean of the College of Health Professions with the Nurse Educator Doctoral Grant for Practice and Dissertation Research. Faculty members from right to left are: Dean and Professor, Tracey L. Murray, DNP, CRNP, FNP-BC, RN, Assessment and Remediation Coordinator, Dr. Charlotte M. Wood, PhD, MBA, RN, Student Enhancement Coordinator, Ms. Stacey Wood, MSN, RN, Director of the Simulation Center, Ms. Denyce Watties-Daniels, MSN, RN, and Clinical Facilities Coordinator, Ms. Ericka Brice, MSN, RN.

The author, Charlotte M. Wood, PhD, MBA, RN, may be contacted at charlottewood58@gmail.com.

Maryland Higher Education Commission has awarded four CSU faculty members and the Dean of the College of Health Professions with the Nurse Educator Doctoral Grant for Practice and Dissertation Research. Faculty members from right to left are: Dean and Professor, Tracey L. Murray, DNP, CRNP, FNP-BC, RN, Assessment and Remediation Coordinator, Dr. Charlotte M. Wood, PhD, MBA, RN, Student Enhancement Coordinator, Ms. Stacey Wood, MSN, RN, Director of the Simulation Center, Ms. Denyce Watties-Daniels, MSN, RN, and Clinical Facilities Coordinator, Ms. Ericka Brice, MSN, RN.

The author, Charlotte M. Wood, PhD, MBA, RN, may be contacted at charlottewood58@gmail.com.

Maryland Higher Education Commission has awarded four CSU faculty members and the Dean of the College of Health Professions with the Nurse Educator Doctoral Grant for Practice and Dissertation Research. Faculty members from right to left are: Dean and Professor, Tracey L. Murray, DNP, CRNP, FNP-BC, RN, Assessment and Remediation Coordinator, Dr. Charlotte M. Wood, PhD, MBA, RN, Student Enhancement Coordinator, Ms. Stacey Wood, MSN, RN, Director of the Simulation Center, Ms. Denyce Watties-Daniels, MSN, RN, and Clinical Facilities Coordinator, Ms. Ericka Brice, MSN, RN.

The author, Charlotte M. Wood, PhD, MBA, RN, may be contacted at charlottewood58@gmail.com.
NPAM Holds 2nd Annual NP Lobby Day in Annapolis
Delegate Bonnie Cullison addresses NPs

Beverly Lang, MScN, RN, ANP-BC

Eighteen nurse practitioners from around Maryland convened at the House of Delegates in Annapolis at the 2nd annual NPAM Nurse Practitioner Lobby Day in Annapolis on February 21, 2017. Organized by the NPAM Legislative Committee chair, Beverly Lang, with the help of Legislative Consultants Julia Worcester and Bill Pitcher, the event proved very successful.

Delegate Bonnie Cullison, a champion of health care and friend of nurse practitioners in Maryland, opened the day with remarks about proposed legislation that is being discussed in Annapolis. NPAM thanks Delegate Cullison for taking the time from her busy schedule in Annapolis to greet those in attendance and for her continued support.

NPAM Legislative Consultants Julia Worcester and Bill Pitcher reviewed a bill that is being introduced this session and are of special interest to nurse practitioners in Maryland. One bill that NPAM supports is HB 683/SB 436: Income Tax Credit for Nurse Practitioner or Licensed Physician in Preceptorship Program – Alterations which fixes an error in the 2016 legislative authorising a state income tax credit for individuals who have served as a preceptor in a certain preceptorship program and work in certain areas of Maryland with a health care workforce shortage.

Thank you to all of the nurse practitioners who attended the 2nd annual NPAM NP Lobby Day in Annapolis! For more information about NPAM and to check out what is happening in Annapolis, visit our home page at www.npamonline.org.

The author, Beverly Lang, is Executive Director of NPAM and can be reached at NPAMExDir@npedu.com.

Maryland Health Care Commission Awards Fifth Round of Telehealth Grants
Funding will Demonstrate Telehealth Impact on Care Delivery in Rural Communities

Baltimore, MD (January 31, 2017) – Maryland Health Care Commission announced today a $75,000 grant to the University of Maryland Shore Regional Health as part of a telehealth project launched this month. The program will demonstrate the impact telehealth has on increasing access to health care and improving coordination of care in rural communities of the Eastern Shore.

“This is great news for health care access for Eastern Shore residents and for innovation in the medical field that will ultimately benefit Marylanders across our state,” said Governor Larry Hogan. “This grant funding will enable University of Maryland Shore Regional Health to serve more patients through telemedicine, while improving these cutting-edge technologies at the same time.”

Telehealth utilizes such telecommunications and related technologies as video-conferencing, image capturing and use of remote examination tools to support health care services, patient and professional health-related education, public health and health administration. The expanded telehealth capability aims to reduce hospital emergency department visits, inpatient admissions and readmissions; to enable the early provision of appropriate treatment; to improve access to care; and to provide cost savings to patients and providers.

Using telehealth, University of Maryland Shore Regional Health will work to increase access to palliative care services by expanding the clinical care and service area of the Shore Regional Palliative Care Program to patients in Kent County. Behavioral health services will also be expanded to patients in Kent and Queen Anne’s counties through the implementation of telehealth for emergency department psychiatric services and inpatient psychiatric consultations.

These projects aim to increase access to needed services and to decrease potentially avoidable hospital utilization. UM Shore Regional Health has agreed to provide a 2:1 financial match, as well as to demonstrate sustainability of the project. The project is a collaboration between Shore Regional Health, the University of Maryland Medical System eHealth and the University of Maryland School of Medicine, Department of Epidemiology and Public Health.

The telehealth project launched this month and will continue through July 2018. These new grants will allow Maryland Health Care Commission to continue to test the effectiveness of telehealth with various technologies, patients, providers and clinical protocols in a variety of settings. Since 2014, Maryland Health Care Commission has awarded more than $375,000 to support a variety of telehealth projects. For more information, contact Erin M. Dorrien, the Commission’s chief of Government and Public Affairs.
Maryland Nurse Practitioners Go to “The Hill”

Maryland Nurse Practitioners (NPs) were in Washington, D.C., to attend the American Association of Nurse Practitioners (AANP) Health Policy Conference on February 26, 27, and 28. While there, they visited legislators on the hill to highlight issues that are of particular interest to Nurse Practitioners, including SB 445, a bill to amend Title XVIII of the Social Security Act, which will ensure more timely access to home health services for Medicare beneficiaries under the Medicare program. This bill, sponsored by Susan Collins, ME, and co-sponsored by Maryland Senator Ben Cardin would allow Nurse Practitioners to order home care for their patients. We gave him a big THANK YOU!

AANP President Cindy Cooke (C), Kathy Herberger AANP Maryland State Rep. (R), and Janet Selway AANP PAC Treasurer.


LPNs and RNs
Hiring immediately for all shifts
Full time, Part time, and Weekends

ManorCare offers a perfect environment
• Warm, caring atmosphere
• Flexible scheduling
• Competitive wages
• Post-acute experience
• Ongoing education programs
• Real growth potential

ManorCare of Adelphi
1801 Metzerott Rd | Adelphi, MD 20783
301-434-0500

ManorCare of Bethesda
6530 Democracy Blvd | Bethesda, MD 20817
301-530-9000

ManorCare of Chevy Chase
8700 Jones Mill Rd | Chevy Chase, MD 20815
301-657-8686

ManorCare of Dulaney
111 West Rd | Towson, MD 21204
410-828-6500

ManorCare of Hyattsville
6500 Regis Rd | Hyattsville, MD 20783
301-559-0300

ManorCare of Largo
600 Largo Road | Largo, MD 20774
301-350-5555

ManorCare of Potomac
10714 Potomac Tennis Ln | Rockville, MD 20854
301-299-2273

ManorCare of Roland Park
4669 Falls Rd | Baltimore, MD 21209
410-662-8606

ManorCare of Rossville
6600 Ridge Rd | Baltimore, MD 21237
410-574-4950

ManorCare of Ruxton
7001 N Charles St | Towson, MD 21204
410-821-9600

ManorCare of Silver Spring
2201 Golston Dr | Silver Spring, MD 20904
301-890-5552

ManorCare of Towson
509 E Joppa Rd | Towson, MD 21286
410-828-9494

ManorCare of Wheaton
11901 Georgia Ave | Silver Spring, MD 20902
301-942-2500

ManorCare of Woodbridge Valley
1525 N. Rolling Road | Catonsville, MD 21228
410-402-1200

Visit us online at jobs.hcr-manorcare.com and explore the growth waiting for you—right now!

Make a Big Difference For Small Patients

Earn your Neonatal Nurse Practitioner MSN from Old Dominion University—a leader in online graduate nursing education.

online.odu.edu/nnpj 1-800-503-9754
Apply today for the Fall 2017 semester

The Maryland Nurse News and Journal • Page 9
On February 20, 2017, Annapolis was buzzing with the excitement and enthusiasm of nurses and nursing students prepared to discuss legislative issues and healthcare reform. There were several bills introduced that had either strong support or strong opposition from MNA’s position. However, the major healthcare issues proposed changes to the Affordable Healthcare Act, Department of Health and Mental Hygiene Renaming, State Board of Nursing - Registered Nurses and Licensed Practical Nurses - Renewal of Licenses - Continuing Education Units; Maryland Nurse Practice Act – Revisions and many other similar bills that impact the public, the profession of nursing, and many other professions.

Author: Charlotte M. Wood, PhD, MBA, RN, may be contacted at charlottewood58@gmail.com.

Left to Right: MNA President, Kathy Ogle, PhD, RN, MNA Lobbyist, Robyn Elliott, and Chair of MNA’s Legislative Committee, Mary Kay DeMarco, PhD, RN

Left to Right: Ed Suddath, MNA Chief Staff Officer, Abaneh Echangwede, RN, Mary Kay DeMarco, PhD, RN, Chair of MNA’s Legislative Committee

Left to Right: Honorable Delegates, Vanessa E. Atterbury and Frank S. Turner of District 13, along with Delegates Eric D. Ebersole and Clarence K. Lam of District 12; visit with Charlotte M. Wood, PhD, MBA, RN and nurses from several schools on “Nurses Night in Annapolis.”

On February 20, 2017, Annapolis was buzzing with the excitement and enthusiasm of nurses and nursing students prepared to discuss legislative issues and healthcare reform. There were several bills introduced that had either strong support or strong opposition from MNA’s position. However, the major healthcare issues proposed changes to the Affordable Healthcare Act, Department of Health and Mental Hygiene Renaming, State Board of Nursing - Registered Nurses and Licensed Practical Nurses - Renewal of Licenses - Continuing Education Units; Maryland Nurse Practice Act – Revisions and many other similar bills that impact the public, the profession of nursing, and many other professions.

Author: Charlotte M. Wood, PhD, MBA, RN, may be contacted at charlottewood58@gmail.com.

Left to Right: MNA President, Kathy Ogle, PhD, RN, MNA Lobbyist, Robyn Elliott, and Chair of MNA’s Legislative Committee, Mary Kay DeMarco, PhD, RN

Left to Right: Julius Brigoli, Kathy Ogle, Virginia Alimsao, Patricia Travis.

Nurses listen to legislative presentations in preparation for visits with Delegates and Senators

Coppin State University’s RN to BSN Nursing and the Law Class visit Annapolis

Nurses and Nursing Students from across Maryland were out to support “Nurses Night in Annapolis”
MNA Champions Nursing and Patients During the 2017 Legislative Session

MNA successfully championed initiatives critical for nurses and patients during the 2017 legislative session, which ended April 10. MNA’s Legislative Committee, consisting of MNA members across Maryland, reviewed over 100 bills. The high volume of bills reflects intense legislative interest in health care issues.

Highlights of session include:

**SUPPORTING THE LICENSURING PROCESS FOR NURSES**
- **SB 41 – Nursing Compact Revisions:** Maryland is already a member of the Nursing Compact. Our membership allows Maryland nurses to obtain a multi-state license and work in other compact states. To remain in the Compact, Maryland needed to update its statute to reflect changes in the compact. SB 41 makes those necessary changes. MNA strongly supported. The bill passed and is expected to be signed by the Governor.
- **HB 253 – Renewal of Licenses – CEUs:** Maryland is one of the few states that do not allow RNs to renew licenses by meeting continuing education requirements. This bill creates that option. MNA strongly supported. The bill passed and is expected to be signed by the Governor.
- **HB 482/SB 385 – Nurse Practice Act:** This bill updated the Nurse Practice Act. The two most noteworthy changes: 1) Updated the Board’s composition so that there will be two APRN seats open to any specialty and there will be an additional seat open to any LPN, RN, or APRN; 2) Repeals outdated formulary requirement for CNMs. MNA supported. The bill passed.

**HEALTH REFORM**
- **House Resolution 9 – Protection of the Affordable Care Act:** This joint resolution directs Congress and Governor Hogan to support the Affordable Care Act. This was a top issue of Nurses Night, resulting in over 200 nurses personally meeting with legislators. MNA supported. The resolution passed.
- **SB 571 – Maryland Health Protection Act:** Establishes a Commission to address any issues related to repeal and reform of the ACA. MNA Supported. The bill passed and has gone into law without the Governor’s signature.

**SUPPORTING NURSING PATIENTS**
- **HB 1632/SB 1174 – Certificates of Birth – Births Outside Institutions:** The Maryland Affiliate of the American College of Nurse Midwives and the Association of Independent Midwives of Maryland championed this legislation. The legislation was in response to a recent change in DHMH’s process for registering home birth certificates, which effectively barred midwives from registering birth certificates. The legislation reversed that restrictive policy that CNMs and direct-entry midwives be allowed to register birth certificates directly. MNA supported. The bill passed and was signed by the Governor before the end of session.
- **SB 27 – Substance Exposed Newborns Reporting:** Requires clinicians to report new mothers with substance exposed newborns, even if the exposure was the result of a legal prescription. MNA was deeply concerned that the process would interfere with the provider-patient relationship and make women afraid to seek prenatal care. MNA opposed. Thank you to everyone who responded to our email alert and asked legislators to oppose this bill. The bill failed.
- **HB 1083/SB 1081 – Family Planning Services:** Ensures family planning providers will receive State funds if defunded on a federal level. MNA supported. The bill passed and went into law without the Governor’s signature.
- **HB 1113/SB 988 – Community Health Worker Act:** This legislation proposed to create a State board and certification requirements for community health workers. MNA successful obtained amendments to: 1) Place a nurse on the board; and 2) clarify that the community health worker’s scope does not include clinical, but the bill stalled and will need to be revisited next year.

**PUBLIC AND ENVIRONMENTAL HEALTH**
- **HB 602/SB 433 – Keep Antibiotics Effective Act:** Prohibits the use of antibiotics by large livestock farms unless prescribed by veterinarians. MNA supported. The bill passed and expected to be signed by the Governor.
- **HB 1325 – Hydraulic Fracturing – Prohibitions:** Bans fracking in Maryland. MNA supported. The bill passed and was signed into law by the Governor.
Now more than ever, Washington needs to hear from you!

While the debate around health care reform continues on Capitol Hill, nurses from across the country will gather in Washington, DC, this June to meet with their representatives and make their voices heard as part of the American Nurses Association’s annual Hill Day. Given the ongoing health care debate, it’s more critical than ever that Members of Congress hear from experts like you about your experiences.

You’re on the front lines of health care every day, navigating its challenges and serving countless patients. You’re some of the most trusted and valued professionals in the country. Please consider joining us in Washington D.C. on June 8th to share your expertise with Congress face-to-face, which we know is the most effective way to ensure your input is taken into consideration. Time and again, representatives tell us that first-hand stories from nurses like you are what stick with them when they decide how to vote on health-related legislation.

All you need to do is bring yourself and your perspective. ANA’s federal advocacy team will provide you with everything you need and plan your visits with lawmakers and their staff to discuss the critical issues that impact your daily lives and patients’ safety.

For those who can’t join us in Washington, we’ll also be offering an opportunity to weigh in from wherever you are by calling and e-mailing your Members of Congress so they know that nurses across the country are speaking with one voice.

To learn more, go to rnaction.org and first click “Get Involved” and then click “Events.” If you have additional questions, please don’t hesitate to reach out to us at rnaction@ana.org. And to keep up with the latest on ANA’s federal advocacy efforts, go to our blog, anacapitolbeat.org and sign up to receive updates.

See you in June!

MARYLAND NURSES ASSOCIATION ANNOUNCES NEW AFFINITY CREDIT CARD PROGRAM

The Maryland Nurses Association (MNA) is proud to announce that it has partnered with the First National Bank of Omaha’s affinity credit card program. MNA members, family members, colleagues and friends may apply for this credit card. The use of the credit card benefits both the cardholder and MNA.

Additional details regarding this program will be forthcoming. Please stay tuned to the MNA web site at www.marylandrn.org.

Current opportunities:

Current Opportunities for Registered Nurses & Nursing Leadership

Experience how professionalism and strong commitment to our community come together in one unique setting.

UM Charles Regional offers competitive salaries, paid time off, paid holidays, tuition reimbursement, medical/dental/vision insurance, written plan, free parking, and much more. Visit us online to apply.

www.CharlesRegionalCareers.org

Advance Your Career

GERONTOLOGY AND THANATOLOGY CERTIFICATES
Small Evening Classes • Rich Discussion • Affordable Tuition

OPEN HOUSE • JUNE 13

For more information, visit www.hood.edu/graduate or email galther@hood.edu.

401 Rosemont Ave., Frederick, MD 21701
Rear Admiral (RADM) Sylvia Trent-Adams, PhD, RN, FAAN
Acting Surgeon General (OSG)

Rear Admiral (RADM) Sylvia Trent-Adams is the Acting Surgeon General. As Deputy Surgeon General, Rear Admiral (RADM) Sylvia Trent-Adams advises and supports the Surgeon General regarding operations of the U.S. Public Health Service (USPHS) Commissioned Corps and in communicating the best available scientific information to advance the health of the nation. She served as the Chief Nurse Officer of the USPHS from November 2013 through May 2016. In this role, she advised the Office of the Surgeon General and the U.S. Department of Health and Human Services (HHS) on the recruitment, assignment, deployment, retention, and career development of Corps nurse professionals.

RADM Trent-Adams has held various positions in HHS, working to improve access to care for poor and underserved communities. As a clinician and administrator, she has had a direct impact on building systems of care to improve public health for marginalized populations domestically and internationally.

Prior to joining the Office of the Surgeon General, RADM Sylvia Trent-Adams was the Deputy Associate Administrator for the HIV/AIDS Bureau (HAB), Health Resources and Services Administration (HRSA). She assisted in managing the Ryan White HIV/AIDS Treatment Extension Act of 2009 (Ryan White HIV/AIDS Program). The $2.3 billion program funds medical care, treatment, referrals and support services for uninsured and underserved people living with HIV disease as well as training for health care professionals. RADM Trent-Adams began her career in the Commissioned Corps of the USPHS in 1992. She has published numerous articles, participated in research studies, and presented to a variety of domestic and international organizations and professional groups. Prior to joining the USPHS, RADM Trent-Adams was a nurse officer in the U.S. Army. She also served as a research nurse at the University of Maryland. RADM Trent-Adams also completed two internships in the U.S. Senate where she focused on the prospective payment system for skilled nursing facilities and scope of practice for nurses and psychologists. She has served as guest lecturer at the University of Maryland and Hampton University. Her clinical practice was in trauma, oncology, community health, and infectious disease. She has also served as the Chair of the Federal Public Health Nurse Leadership Council, and the Federal Nursing Service Council.

RADM Trent-Adams received her Bachelor of Science in Nursing from Hampton University, a Master of Science in Nursing and Health Policy from the University of Maryland, Baltimore, and a Doctor of Philosophy from the University of Maryland, Baltimore County. She became a Fellow in the American Academy of Nursing in 2014 and continues as a member of the Maryland Nurses Association.
Collaborating and Advocating to Protect Public Health: Maryland Poised to Ban “Fracking” – March 28, 2017

Karin Russ, MS, RN & Charlotte Wallace, MS, RN

High volume hydraulic fracturing or “fracking,” is a process used to extract natural gas trapped in shale rock thousands of feet underground. In the process, a well is drilled vertically deep into rock, and then drilling turns horizontally to create a path as long as one mile underground. Fractures in the rock occur when injected with millions of gallons of fresh water mixed with toxic chemicals and sand. These fractures in the rock allow the gas to escape. Fracking has become controversial in recent years because of associated health problems in workers, people living near drilling sites and reports of contaminated drinking water and air pollution.

Nurses have played an important role in researching, educating and advocating for a prohibition of fracking. This legislative session, the Maryland Nurses Association’s (MNA) Legislative Committee voted to support HB1325/SB740 – Prohibition of Hydraulic Fracturing.iii MNA Environmental Committee Member Charlotte Wallace testified in favor of the bills in the Maryland House of Delegates and Senate. Environmental Committee Chair, Karin Russ, authored a statement on the legislation that appears in a joint press release with other state health care professional organizations.9 On March 10, 2017, the Maryland House of Delegates overwhelmingly passed HB1325- Prohibition of Hydraulic Fracturing9 with bipartisan support. With increasing public support for a ban, Governor Larry Hogan (R) reversed his previous position and announced his support for a fracking ban in Maryland on March 17, 2017.10 On March 27, 2017, the Maryland Senate voted by a 35-to-10 margin in favor of SB740.10 This historic vote along with the governors stated support for a fracking ban will become a law.

For many years, nurses have played a key role in helping to pass proposed legislation to protect public health from fracking in the state of Maryland. Efforts to limit fracking in Maryland date to 2011. At that time, property owners in western Maryland had sold drilling rights to oil and gas companies and applied to the Maryland Department of the Environment (MDE) for permits to drill. The MDE did not have a standardized process to issue and monitor drilling permits, and so none were awarded. In response to the potential start of fracking in Maryland, environmental and health groups began advocating for strict regulation of the process.

In 2012, nurses from MNA’s Environmental Health committee began educating other nurses nationally about the dangers of fracking through a webinar titled “Energy in Crisis: Fracking and Health” and locally Suzanne Jacobson was a panelist at the conference “Drilling Down: A Conference on Fracking Risks and Actions in Maryland.” Charlotte Wallace gave a legislative briefing on “environmental pollution as a cause of illness” to the Joint Committee on Health Care Delivery and Financing in Annapolis. Katie Huffling and Luke Michaelson testified on behalf of MNA in support of HB1274/SB601 – Maryland Hydraulic Fracturing Moratorium and Right to Know Act of 2013.

Nationally, nurses organized to limit fracking in their communities as well. In 2012, the American Nurses Association (ANA) passed a resolution in their House of Delegates entitled “Nurses’ Role in Recognizing, Educating and Advocating for Healthy Energy Choices.” The resolution stated, (among many actions), that nurses should “collaborate with others in calling for a national moratorium on new permits for unconventional oil and natural gas extraction (fracking) throughout the country until human and ecological safety can be ensured.” Around the same time, nurses and nurse practitioners in southwest Pennsylvania organized to track health concerns reported among residents of the region living near fracking wells. This effort grew into the Southwest Pennsylvania Environmental Health Project (SWPA-EHP). Nurse researchers and their collaborators with SWPA-EHP have published more than a dozen papers and made scores of presentations on the health effects of fracking and the clinical management of patients exposed to fracking chemicals.

Environmental degradation from fracking can be categorized into several categories that pose health risks. These include, but are not limited to, contaminated drinking water and poor air quality surrounding drill sites. There have been numerous incidents of drinking water contamination from drilling and fracking operations, mostly involving households using private drinking-water wells. Nearby residents report nosebleeds, headaches, and skin lesions when living near or drinking well water collected near fracking facilities. Water contamination has occurred from methane migration, chemical spills, leaks from wastewater holding pits, and split fuel used by drilling equipment. A 2011 study found that private drinking-water wells had methane levels 17 times higher (on average) near drilling sites than wells located in non-drilling sites. Methane natural gas has no odor, and when trapped in a house, can cause explosion and asphyxiation. In terms of spills and leaks: fracking wastewater is made up of very high concentrations of salts, chemicals and sand. These fractures in the rock allow the gas to escape. Fracking has become controversial in recent years because of associated health problems in workers, people living near drilling sites and reports of contaminated drinking water and air pollution.
The adoption of HB1325/SB740 – Prohibition of Hydraulic Fracturing marks the successful completion of a multi-year campaign by nurses and other health advocates to protect Marylanders from this potentially dangerous process. In addition to the nurses recognized here, and many who go unnamed, a large amount of credit goes to MNA lobbyist Robyn Elliott, for her expert guidance and navigation through the multiple iterations of legislation to limit fracking. Maryland is in the lead as the second state in the union, following New York in 2015, which has banned fracking." xvi Because of the persistent, collaborative effort, the citizens in the state will enjoy cleaner air and water for years to come.

References


viii http://www.chpmd.org/content/about

ix http://www.environmentalhealthproject.org/about


xvii https://www.galahp.org/pool/20097 americans-rate-healthcare-providers-high-honesty-ethics

We are currently seeking dedicated RNs with a passion for acute care management or chronic disease management. To join our team:

**RN COMPLEX CARE MANAGERS:**

- **Full-Time, Days, Canton-Baltimore, MD**
  - The professionals we seek will play a major role in the collaborative process to meet the comprehensive health needs of patients and families. Must be a registered nurse with 3-6 years of Critical Care/Acute experience including some case management experience such as Home Health or Hospice. Must have discharge planning, care coordination experience, and current MD RN licensure. This position offers commuter parking and the opportunity to work from home 1-2 years of experience in the role.

**RN LOCAL CARE COORDINATORS:**

- **Full-Time, MD, DC region**
  - Working remotely from your home and in the field, you will travel locally approximately 50-60% of the week to assigned PCP offices. The ideal candidate will have 3-5 years of experience. RN licensure, case management/care coordination experience, the ability to collaborate with physicians for successful program outcomes, and keyboarding/computer proficiency.

To inquire about specific openings, please call or email us at susan.stein@healthways.com.

[www.healthways.com/careers](http://www.healthways.com/careers)
Nurses Celebrate National Black History Month with Legacy Awards and Special Recognitions

Adult Health Nursing Award
Sandra O. Hines, RN

Community Health Nursing Award
Adrienne Ray, RN

Nursing Education Award
Vaple I. Robinson, PhD, CHES, RN

Military Nurse Leader Award
Colonel Joy Napper, RN

Tubman & Sands Award and Leadership & Legacy Award
Vanessa P. Fahie, PhD, RN

The Baltimore Chapter of the Black Nurses Association, Chi Eta Phi Sorority and the Provident Hospital Helene Fuld School Alumni Association organized and celebrated the 19th Annual Black History Celebration of Harriet R. Tubman’s Legacy in Nursing. Awardees received recognition for their contributions in clinical nursing, community service, nursing education and outstanding academic achievements. Dr. Fahie received special recognition for 31 years of dedicated support and commitment to transforming nursing education and increasing workforce diversity.

The author, Charlotte M. Wood, PhD, MBA, RN, may be contacted at charlottewood58@gmail.com.
In January 2017, I travelled to east India along with a medical team of 16 health care providers, including one nurse practitioner (myself), one physician assistant, one dentist, one chiropractor, one physical therapist, four registered nurses, and several non-medical assistants. We brought with us about $250,000 worth of medications and a variety of medical supplies, as well as candy and toys to distribute to the children.

Our team visited two different regions of India, serving two Christian charity ministries that work with the poor. While there, we set up seven medical camps in six days and treated 1,700 patients. Many of the places we visited took 2-5 hours by bus to reach in the rural countryside, where there are no medical providers. Some of the medical conditions that were seen and treated included upper respiratory infections, urinary tract infections, arthralgia, reflux, hypertension, diabetes, various wounds and skin infections, and allergies.

During part of our stay, we lived in an orphanage, waking up every morning to the sounds of children singing. We were pleased to participate in a candlelight nursing capping graduation ceremony as the nursing college affiliated with the ministry was keeping this tradition alive and it coincided with our visit. Overall, it was a very successful and joyful trip despite crazy layovers, 8 airplane flights and numerous bumpy bus rides.

More information and additional photos about International Medical Missions are located on a blog at: sgicmm2017.blogspot.com.

The author, Craig Zylka, CRNP is a primary care nurse practitioner and can be reached at craigy2017@gmail.com.
On April 7, 2017, members of AHEC and the MNA, as well as others across Western Maryland presented at the AHEC West Nursing Caucus Conference. The Nursing Caucus is a group of registered nurses (RN) interested in fostering discussions of nursing issues, promoting nursing as a profession, and providing continuing education to their peers in Western Maryland. The Nursing Caucus collaborated with Western Maryland Heath System and a multitude of other supporters in Western Maryland to deliver a memorable conference. The theme of the conference was, “Caring for the Professional Caregiver, Client, Family and Community.”

Content and subject matter experts included:
- University of Maryland School of Nursing Program Updates, presented by Rebecca Wiseman, PhD, RN
- Keynote: “Tag, You’re It” presented by Rosemarie DiMauro Satyshur, PhD, RN
- “Holistic Techniques to Reduce Workplace Stress and Burnout,” presented by Marilyn Spenadel, LPC, NCC, BCC, ACS
- “Born Addicted,” presented by Cheryl Harrow, DNP, MS, FNP-BC, RNC-LRC, IBCLC, RCC
- Frostburg State University Nursing Program Updates, presented by Roxanne Weighley
- Applying Ethical Theory in Professional Life-Difficulty Decision in Delegation: The Nursing Requirement of Ethics” presented by Charlotte M. Wood, PhD, MSN, MBA, RN
- WMHS Update presented by James M. Karstetter II, BSN, MBA-HC, RN, Vice President and Chief Nursing Officer
- “Women’s Urinary Health Update,” presented by Audra Houser, MSN, CRNP, CUNP
- “Concussions: Big & Small,” presented by Elizabeth Wooster, PhD, RN, MS, MsEM, MSE

Other leaders instrumental in the planning and success of the conference were, Bea Lamm, Angela Spataro, Lynn Kane, Michelle Harvey, Kathy Condor, and Joy Taylor.

---

**YES! I want to be part of the Leadership Circle and support the MNA-PAC**

Maryland Nurses Association Political Action Committee (MNA-PAC)

MNA-PAC is an Independent Bi-Partisan Political Action Committee

Here’s how to make Nursing’s Voice heard in Annapolis and all around the State

Please enroll me in the following circle:

( ) Platinum Circle $500 and above
( ) Diamond Circle $250 – $499
( ) Gold Circle $151 – $249
( ) Silver Circle $100 – $150

All donations require the following information from you:

Name ____________________________________________________________________________
Address _________________________________________________________________
City ________________________________________ State ________ Zip ____________

( ) My check payable to MNA-PAC is enclosed Donation Amount __________

( ) I cannot join a leadership circle, but wish to contribute $__________ to the MNA-PAC

Donation Amount __________

Any questions? Please contact MNA Chief Staff Officer, Ed Suddath at esuddath@marylandrn.org.

MNA-PAC | 6 Park Center Court, Suite 212 | Owings Mills, MD 21117
On April 1, 2017, the Maryland Nurses Association held its annual “Leadership Day” at the corporate office in Owings Mills. The meeting was open to all district leaders and board of directors. Essential presentations, as well as normal business proceedings were the order of the day. Initiatives focused on “Board Development,” member value pricing, districts helping each other, strategic planning and insight on the October convention. A major accomplishment was the selection and unanimous vote on “The Maryland Nurse” new masthead. The new look of the masthead aligns with the mission, vision, and new logo; and provides a fresh new cover.

Members engaged in absorbing information from the president

Maryland Nurses Association, Board of Directors and District Leaders

Left to Right: MNA Vice President, Dee Jones, MSN, RN; MNA President Elect, Karen Evans, MSN, RN-BC; MNA President Kathy Ogle, PhD, RN, FNP-BC, CNE; Sadie Parker, MA, BSN, RN; Denise Moore, PhD, MS, RN, CNS; Barbara Biedrzycki, PhD, CRNP, AONP; Nancy Goldstein, DNP, ANP-BC, RNC

Left to Right: Elizabeth Carr, BSN, RN; Jaime Striplin, MSN, RN; Janice Clements, MSN, RN; Donna Downing-Corddry, BSN, RN; Ed Suddath, Chief Staff Officer

Continuing Education Activity for Nurses

July 28-29, 2017

- 15 continuing education credits for physicians, dietitians, and nurses
- Networking opportunities with speakers and other attendees
- Access to health and wellness industry leaders with information and products that can enhance your practice

For more information and to register today, visit: www.ICNM17.org

Jointly provided by:
- The George Washington University School of Medicine and
- The Physicians Committee

Online Certificate in Legal Nurse Consulting

Active US RN Required.

- Ongoing registration throughout the year with 6 months to complete
- Convenient, self-paced study
- Access to experienced Legal Nurse Consultants, dedicated to your success
- Earn a certificate of completion from Duke University

learnmore.duke.edu/certificates

919-684-6259 • legalnurse@duke.edu
The Maryland Academy of Advanced Practice Clinicians (MAAPC) has opened its association to group memberships. If you and your colleagues have a small and/or specialized group that needs support from a large association, we are happy to assist you with membership drives, legislative issues and CE dinners/conferences. Please contact Lorraine Diana at themaapc@gmail.com.

MAAPC has also opened our association to group memberships. If you and your colleagues have a small and/or specialized group that needs support from a large association, we are happy to assist you with membership drives, legislative issues and CE dinners/conferences. Please contact Lorraine Diana at themaapc@gmail.com.

MAAPC has supplied written testimony supporting. We are looking for exceptional nurses with experience drooped, MAAPC’s legislative representatives Lorraine Diana and Elaine Crain are working with the Board of Nursing and MNA on several bills impacting the practice of Maryland APNs. We will let you know when action is needed. To follow the progress of these bills and others, please go to the Maryland Nurses’ website: APNPractice.org. The University of Maryland School of Nursing offers Master of Science degrees in three specialty areas: The University of Maryland School of Nursing offers Master of Science degrees in three specialty areas: Nursing Informatics, ranked No. 1 in the nation, can be completed entirely online. RN-to-BS option available. Nursing Informatics, ranked No. 1 in the nation, can be completed entirely online. RN-to-BS option available. Dimensions Healthcare System was formed in 1982 and is an integrated, not-for-profit healthcare system serving residents of Prince George’s County, Maryland and surrounding areas.

Dimensions Healthcare System was formed in 1982 and is an integrated, not-for-profit healthcare system serving residents of Prince George’s County, Maryland and surrounding areas.

A Promise To Our Community, An Opportunity For You

Dimensions Healthcare System was formed in 1982 and is an integrated, not-for-profit healthcare system serving residents of Prince George’s County, Maryland and surrounding areas.

We are looking for exceptional nurses with experience in several specialties:

- Critical Care | Emergency Services
- Maternal Child Health | OR

We are looking for exceptional nurses with experience in several specialties:

- Critical Care | Emergency Services
- Maternal Child Health | OR

The University of Maryland School of Nursing offers Master of Science degrees in three specialty areas:

- Nursing Informatics: ranked No. 1 in the nation, can be completed entirely online, RN-to-BS option available.

- Health Services Leadership and Management: ranked No. 5 in the nation, can be completed entirely online, RN-to-BS option available.

- Community/Public Health Nursing

Want to go even further? We also offer DNP and PhD degrees.

"U.S. News & World Report’s "America’s Best Graduate Schools,” 2018

Learn more: nursing.umd.edu/academics
The ANA Enterprise CEO Named One of Modern Healthcare’s “Top 25 Women in Healthcare”

Silver Spring, MD – The ANA Enterprise is pleased to announce that Modern Healthcare has selected ANA Enterprise CEO Marla J. Weston, PhD, RN, FAAN, as one of its 2017 “Top 25 Women in Healthcare.” The prestigious biennial program honors highly accomplished health care executives who are making a positive difference in the field.

Modern Healthcare selected Weston due to her leadership skills and accomplishments in health care, mentorship of female health care executives, and her contributions to health care at the local, state and national levels. Modern Healthcare also honored Weston with placement on the 100 Most Influential People in Healthcare list in 2014.

Since becoming CEO in 2009, Weston has transformed ANA into one of the fastest-growing national associations in terms of membership. Her stature continues to expand and enhance ANA’s success in advocating for the nation’s registered nurses. In December 2016, Forbes described ANA as “an increasingly politically powerful lobbying force in Washington and state capitals across the country.”

“It is an honor to receive this recognition from Modern Healthcare,” said Weston. “I am proud to be among such an impressive group of visionaries and leaders—especially at this pivotal moment in health care. I will continue to advocate for nurses to have a seat at key decision-making tables and to speak up, because no one is better equipped to advocate for consumers than registered nurses.”

Weston promotes a strong national voice for nursing in her role as CEO of the American Nurses Association (ANA); the American Nurses Foundation, ANA’s charitable arm, and the American Nurses Credentialing Center (ANCC), an ANA subsidiary that promotes excellence in nursing and health care globally through credentialing programs.

She accomplishes this by forging partnerships among nursing groups working on national initiatives central to nursing, including care coordination, performance measurement, and consumer-centered care. Weston leverages this influence to advocate for adding nurses on prominent and high-impact national workgroups across the National Quality Enterprise.

In addition to her ANA role, Weston is co-chair of the Nurses on Boards Coalition, which is working to transform health care by placing at least 10,000 registered nurses on health care-related boards and governing bodies by 2020.

Weston has dedicated her career to improving the work and public policy environment for nurses and quality of care for patients. She has been a leader in a broad range of roles, including direct patient care in intensive care and medical-surgical units, nurse educator, clinical nurse specialist, director of patient care support, and nurse executive.

The “Top 25 Women in Healthcare” honorees come from all sectors, including hospitals, health systems, physician organizations, insurance, government, vendors and suppliers, trade and professional organizations, and patients’ rights groups. Weston and fellow honorees were featured in the February 27 print edition of Modern Healthcare and online at www.ModernHealthcare.com/Top25Women.
Pictured on the left is President Elect, Karen Evans and on the right, MNA Chief of Staff, Ed Suddath

Psychiatric Nurse Practitioners Needed in our Outpatient Mental Health Clinics

Mosaic Community Services is dedicated to transforming the lives of individuals with mental illness and addictions through comprehensive health services.

Why you should apply:

• Flexible hours
• Competitive salary
• CARF Accredited
• School Loan Repayment
• Telemedicine Available

Several locations throughout MD to choose from - suburban area or urban setting (Catonsville, Westminster, Randallstown, Baltimore City, Timonium)

Please contact Oleg Tarkovsky at 410.453.9553 ext. 1121 with any questions regarding the position.

Apply online at mosaicinc.org

We Offer:

• Post-Bachelor’s to D.N.P. – 80 credits for doctorate and eligibility for Family Nurse Practitioner certification
• Post-Master’s to D.N.P. – 68 credits for doctorate and eligibility for F.N.P. certification
• Post-Master’s to D.N.P. – 38 credits for doctorate with leadership focus
• M.S. Nurse Educator – to teach in academic or clinical settings

HIGHLIGHTS

• Full-time study for quick career advancement
• Distance-accessible courses
• Small cohort; one-on-one faculty interactions
• Tuition assistance available, including Good Neighbors Graduate Scholarship for Delaware students

Salisbury University

Apply by March 1, 2018 to begin classes in Fall 2018!
Information: 410-543-6420 or dnp@salisbury.edu
www.salisbury.edu/nursing
Membership in the Maryland Nurses Association and the American Nurses Association gives you direct access to nursing knowledge, career development, and professional connections, so you can provide top-quality patient care and be the best nurse you can be. New lower dues for joint membership in MNA and ANA makes this access more affordable for every registered nurse. Dues are now just $15/month or $174/year and include a host of invaluable benefits.

How does MNA and ANA help you be the best nurse you can be?

When you join, you can:

- Learn what you need with online access to learning resources on important issues impacting nursing (one FREE Navigate Nursing webinar every month — a $385 value).
- Stay current on issues and news affecting nurses through free members-only publications, including American Nurse Today, ANA SmartBrief, and OJIN: The Online Journal of Issues in Nursing.
- Get advice and support from nurses in your state and across the country.
- Use member discounts on our extensive library of online CE modules to stay current on nursing topics and earn contact hours.
- Save $125 on ANCC initial specialty certification and $100 on certification renewal as a member.
- Improve your clinical, business, and leadership skills through our educational programs.
- Add your voice to ANA’s advocacy efforts at the state and national levels.
- Protect yourself with liability, life, and auto insurance programs and financial planning resources — all offered at members-only discounts.

ANA is the only professional association that serves the interests and professional needs of all 3.6 million registered nurses in the United States. As an RN, you have a lot at stake. We give you what you need to take the best care of your patients. And we help you stay safe on the job and keep a healthy balance between your home and work lives.

Sign up online today at JoinANA.org. Now you can join MNA and ANA for only $15 a month!
Treating Tobacco Use in Maryland: Tools for Helping Your Patients Quit

Free online training and CME credits at:

www.helppatientsquitmd.org

Training includes:

• Using the brief tobacco intervention with patients who use tobacco
• Referring patients who are ready to quit to the evidence-based Maryland Tobacco Quitline
• Describing FDA approved pharmacotherapy to help patients stop using tobacco

Training provided for free by the Center for Tobacco Prevention and Control.