



Volume 1
Number 4

ANA - NEW YORK NURSE

THE PREEMINENT VOICE OF NURSING IN NEW YORK STATE

May 2017

The Official Publication of the American Nurses Association - New York
ANA - New York Nurse will reach over 4,200 New York nurses and schools of nursing through direct mail.

SAVE THE DATE

ANA-NY Annual Meeting and Conference 2017
"Healthy Nurse: Work/Life Balance"

September 14-16, 2017

Albany Hilton, Albany NY

Please join us for two exciting days of networking, learning and recharging and Thursday's free preconference.

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GREETINGS FROM YOUR PRESIDENT

Reflections

Elisa (Lee) A. Mancuso MS, RNC-NIC, FNS, AE-C



Spring awakenings have arrived with fragrant colorful flowers bursting through the rich soil. The promise of rebirth and endless possibilities fills the air. In the coming weeks nursing students eagerly anticipate their commencement while seasoned professional RNs reflect on their personal journey.

How many of us knew what adventures we would embark on? Have you embraced your interests, strengths and future goals?

We want to insure ANA-NY's vision statement comes to fruition and empowers NY nurses to be the voice of nursing. Yet how can we facilitate this for each nurse? Our members must initiate the process. Self-awareness is essential to successfully contemplate one's future and navigate the desired course. Stop for a moment and review the following statements and questions:

- Identify your personal and professional interests.
- Acknowledge your unique talents and skills.
- Clarify your short term and long term goals.
- Has your direction remained steadfast?
- What obstacles expected/unexpected have you encountered?
- What challenges do you want to address?

The persistent rumblings regarding changes in health care are evolving into a thunderous roar. As registered professional nurses, we have an obligation to be actively engaged in addressing these critical issues. ANA-NY needs you! We are seeking risk takers to run for office in our 2017 elections. We need your expertise and your passion to articulate the issues, collaborate and

implement innovative solutions for these challenging times.

I can imagine humble nurses hesitating to consider if they have the appropriate qualities for a leadership position. Yes, you do! The only limitations would be self-imposed. If you have a desire to improve the current status and provide optimal health care in any venue and at any level, then you are an ideal candidate. Also, there is a supportive network of dedicated nurses and a true collegial environment to assist you in your journey. We utilize diverse methods; virtual bridges, conference calls, and face-to-face meetings to accommodate members' needs and availability. Any feasible option is utilized.

Being inspired by nursing students and newly licensed RNs with their infectious energy and desire to be proactive trailblazers unleashes one's creative juices. This positive approach validates and revitalizes ourselves as nurses and human beings. It is invigorating to see colleagues immersed with diverse volunteer activities including environmental issues, political activism and direct health concerns. Each of us has an interest and a desire to make a connection during our personal journey. For the past 6 years, I have shaved my head for St. Baldricks and raised over \$30,000 to combat pediatric cancer. I am in awe of my young warriors and how they fight their disease with every fiber of their body. "I can't or I won't" is not in their vocabulary. They live life to the fullest and deserve only the best. Please visit my website to learn more: <https://www.stbaldricks.org/participants/mypage/881765/2017>.

As ANA-NY is evolving, we need fresh perspectives, new voices and unrestrained energy to ensure we represent all of our members. Every ANA-NY member is vital and respected for their present and yet-to-be discovered potential. Join us via an elected position to insure your voice is heard as we articulate our value as RNs and create new pathways to deliver transformative care.

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FROM THE DESK OF THE EXECUTIVE DIRECTOR

**Jeanine Santelli, PhD, RN, AGPCNP-BC, FAAN
Executive Director**



Jeanine Santelli

When you read this newsletter, it will be Spring! Spring means flowers, rain instead of snow (mud season for those of us with dogs), green replacing grey, conferences begin again, and graduations. Our May issue is jam-packed with information to match this busy season.

In this issue of ANA-NY Nurse you will find:

- Ways to advance our organization in the Call for Nominations. Think about nominating yourself or a colleague to serve in a leadership position in ANA-NY.
- The theme for the 2017 Annual Meeting and Conference as well as a peek at some of the speakers.

ANA-NY is a CE Approver!

ANA is committed to providing you with continuing education and resources you need to make the most of your career.

- Nursing programs who have chosen to participate in our Future Nurse Leader Program.
- A past Future Nurse Leader Awardee in our Spotlight.
- Greetings from an ANA-NY Organizational Affiliate.
- Updates from a few of our committees.
- Research
- 2017 ANA-NY Hall of Fame Award Call for Nominations

And as if all that wasn't enough, make sure that you visit our website www.ana-newyork.org. Jamilynne has been working very hard to get (and keep!) the information on our website current. We have had many challenges with the website, but we are hoping that it is all coming together. Think about our website when you are out and about. If you have pictures of our members at events, send them in (with captions, please). If you have exciting career news to share, send it in for our "Members on the Move" section. Don't forget to follow us on Facebook and Twitter.

Make sure to watch your email this summer for our election materials. Be sure to participate in our leadership succession process. Also, coming this summer will be the opportunity to nominate a colleague for the very first ANA-NY Hall of Fame Award.

In order to receive all of the breaking ANA-NY news, be sure that we have your correct email address on the My ANA membership site <http://www.nursingworld.org/EspeciallyForYou/My-ANA>.

Happy Spring!

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www.ana-newyork.org/

2017 ANA-NY Annual Meeting and Conference Events at a Glance

Come to Albany on Thursday for a FREE! Pre-conference program on Hepatitis C and its prevalence across the lifespan. This COMPLIMENTARY credit bearing offering is provided by **Clinical Education Initiative**. (See page 18 to learn more about CEI and find out how to have them provide training at your organization).

Do you have questions about New York State Legislation and/or our proposed ANA-NY Bylaws Amendments? Pop in to the fora that are being held to review and clarify these topics, Thursday evening.

Friday morning start to re-energize with **Marilyn Mitchell, RN, BSN, MAS**.

Marilyn has been working in health care, primarily in the field of High Risk Obstetrics, for over 30 years. She has worked as an RN in NY, MA, IL, and CA. Her experience includes work in university hospitals, private hospitals, a major HMO, outpatient clinics and the government. She currently works full time for the VA's National Center for Ethics in Health Care as the Integrated Ethics Manager for Ethics Consultation.

Hear updates and find out how to join the Nurses' Health Study from our Arthur L. Davis Publishing Agency, Inc. sponsored Keynote speaker **Brenda Birmann, ScD**.

The Nurses' Health Studies are among the largest prospective investigations into the risk factors for major chronic diseases in women.

Starting with the original Nurses' Health Study in 1976, the studies are now in their third generation with Nurses' Health Study 3 (which is still enrolling male and female nurses) and count more than 275,000 participants.

Due to their unique strengths, including regular follow-up of study participants since 1976 and repeated assessment of health and lifestyle factors, the studies have played an instrumental role in shaping public health recommendations. Also, the studies' investigators are leaders in developing and evaluating questionnaire-based methods to assess a variety of factors, such as diet, physical activity, and adiposity.

Stay awake Friday afternoon listening to **Jeanne-Marie Havener, PhD, RN, FNP** talk to us about importance of finding the balance between sleep and work.

Broadly educated and experienced in nursing and higher education, over a 35-year career Jeanne-Marie has served in a number of professional roles in practice, clinical management, nursing education, research, and educational administration. Of particular value to her role as the Director of Nursing at Castleton University is Havener's 20 years of experience as a tenured faculty member and nearly 10 years as the administrator of a baccalaureate nursing program. Havener has participated in nationally recognized and competitive academic and executive leadership development programs, grantsmanship training, and served (and continue to serves) as a site visitor for the Collegiate Commission on Nursing Education. She is married with three grown children. Be sure to ask her about being a grandmother!

Raise a glass at the **Awards Reception** being held Friday evening. Cheer on the Center for Nursing Research awardees and the First ANA-NY Hall of Fame Honoree. How does someone get selected to the ANA-NY Hall of Fame? Go to the criteria on page 3 to find out.

Rise and shine on Saturday morning to participate in the **Nurses House, Inc. Healthy Nurse Walk** along the Hudson River. Start thinking about who you will ask to sponsor your walk. There will be PRIZES!

After the invigorating walk, bring your appetite to the always popular, **NSO sponsored Breakfast and Presentation** to get tips on avoiding liability issues in your practice.

Throughout both days join us in LIVELY DISCUSSIONS at our **Governing Assembly Meetings** where you, the membership of ANA-NY, provide direction to the Board of Directors for the operations of the organization for the next year. Participate in the vote on proposed Bylaws Amendments. Witness the swearing in of your newly elected officers (remember to nominate yourself and/or others for open positions and watch for your ballot later this summer and VOTE!).

Keep the energy going on Saturday afternoon with **Keith Algozzine, PA-C**. Keith is the Chief Executive Officer of Upstate Concierge Medicine & Management.

Upstate Concierge Medicine is a local concierge telemedicine company designed to give everyone from all walks of life, immediate access to local caring medical



ANA-NY Board of Directors

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Article Submission

- Subject to editing by the ANA-NY Executive Director & Editorial Committee
- Electronic submissions ONLY as an attachment (word document preferred)
- Email: programassociate@anany.org
- Subject Line: ANA-New York Nurse Submission: Name of the article
- Must include the name of the author and a title.
- ANA-NY reserves the right to pull or edit any article / news submission for space and availability and/or deadlines
- If requested, notification will be given to authors once the final draft of the *Nursing Voice* has been submitted.
- ANA-NY does not accept monetary payment for articles.

Article submissions, deadline information and all other inquiries regarding the *ANA-New York Nurse* please email: programassociate@anany.org

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providers. Members have 24/7, 365 access to providers by telephone, videoconference, text messaging and email.

Hang in there for our Endnote speaker, **Scott Burton**.

A 20-year cancer survivor, headlining comedian and world-class juggler, Scott Burton's keynote is for anyone in the field of health care - executives, doctors, nurses, clinicians, (even clerical). A funny whirlwind of entertainment - incredible juggling mixed with clean, playful comedy - sheds light on the poignant battles we *all* go through. He's worked with Leno and Seinfeld and written for primetime. Now he brings an inspiring and empowering message from the patient perspective. (See page 4 for more information)

The Annual Meeting and Conference Committee (see page 7) is super excited about the great speakers that they have assembled for 2017. We know you won't want to miss out on all the fun! Watch for the registration link on our website www.ana-newyork.org

NURSES HOUSE COLUMN



Dolphins for Nurses Campaign to Raise Funds for Registered Nurses in Need

(Feb 27, 2017) – Nurses House, Inc. is pleased to announce the launch of its sixth annual Dolphins for Nurses Campaign to raise funds for RN's in need throughout the United States. The initiative invites nursing groups and staff at hospitals nationwide to raise funds for our colleagues in need by offering paper dolphins in exchange for \$1, \$5 or \$10 donations between April 12 and May 12. The campaign will culminate during National Nurses Week, May 6-12, and is a great team-building activity which can be easily incorporated into other Nurses Week plans.

This campaign also has an online fundraising component which allows individuals or groups to sign up through the Nurses House website, www.nurseshouse.org, anytime during the campaign timeframe and raise funds virtually. All funds raised will be allocated to the Nurses House Service Program to help nurses facing serious health issues and other dire circumstances afford basic necessary expenses.

Nurses House, Inc. is the only national 501(c)3 organization offering short term financial assistance to Registered Nurses in need. The organization's sole mission is to provide short-term aid to nurses who are unable to support themselves financially as a result of illness, injury, disability or catastrophic event. Since Nurses House began offering financial aid to nurses in the 1960's, the organization has helped thousands of nurses in all fifty states regain health and productivity. In the past three years alone, Nurses House has distributed grants totaling over \$500,000 to RN's in need. Funds help cover basic expenses such as rent or mortgage payments, health insurance premiums and medications. Any Registered Nurse residing in the United States who is facing a hardship situation, and whose monthly income is insufficient to meet his or her basic needs, is encouraged to apply. Applications are available on the Nurses House website www.nurseshouse.org or by calling (518) 456-7858.

If you or your group is interested in participating in this fundraising campaign, simply contact Stephanie Dague, Director of Development, at sdague@nurseshouse.org or (518) 456-7858 x127 for an informational packet. Nurses House will provide all the necessary materials to help your group host an exciting and successful fundraiser for our colleagues in need!

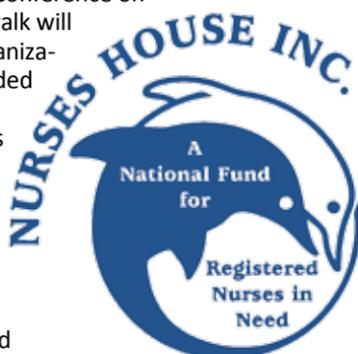
For more information about the work of Nurses House, please visit the website at www.nurseshouse.org.



JOIN US FOR A "HEALTHY NURSE WALK" TO RAISE FUNDS FOR NURSES HOUSE, INC.



Join the ANA-NY staff, board of directors, and other ANA-NY members as we come together for a "Healthy Nurse Walk" at the ANA-NY Conference on Saturday, September 16, 2017 from 7am-8am. The walk will benefit Nurses House, Inc., a national non-profit organization assisting RNs in need. Pledge forms will be included with the conference registration materials online or by contacting sdague@nurseshouse.org. Participants can raise funds anytime between now and September 16. Pledge forms and donations should be turned in the morning of the walk and all those who raise \$25 or more for Nurses House will receive a free t-shirt at the registration table (up to 50 available). Prizes will be given to the top three fundraisers! Let's show our support for our colleagues in need while getting some exercise and fresh air!



2017 Hall of Fame Award

ANA-NY is excited to announce the **2017 ANA-NY Hall of Fame Award**. The ANA-NY Hall of Fame Award recognizes a member who has made a sustained contribution to ANA-NY's mission and to the profession of nursing in New York State in the area(s) of nursing practice, education, scholarship, literature, and/or healthy policy and legislation.

Please consider nominating an exceptional nurse colleague who meets the following criteria:

1. Is a registered professional nurse (RN) who is practicing or has practiced as an RN in New York State.
2. Must be a current member of ANA-NY.
3. Must have a consistent, outstanding record of leadership that has directly affected the health and/or well-being of those dwelling in New York State through sustained, life-long contributions to the profession of nursing.
4. Is a recognized and respected leader in nursing and healthcare.
5. The impact of the contribution to the nursing profession must be at the state level at minimum and may be at the national or global level as well.
6. The achievements must have an enduring value to the profession of nursing and/or the health and welfare of the citizens of New York State.
7. Must not be a current member of the ANA-NY Board of Directors.

To submit your nomination, send an email to executivedirector@anany.org. Nominations must be received by Wednesday, May 31, 2017. Please include the following.

Nominee Information

- Nominee Name
- Mailing Address
- Email Address
- Phone Number

Nominator Information

- Nominator Name
- Email Address
- Phone Number

Written Narrative

- Nominator addresses how the nominee meets the award criteria
- Do not exceed 500 words



REGISTRATION NOW OPEN!

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This free full-day conference is restricted to New York State medical providers including physicians, physician assistants, nurses, nurse practitioners, dentists, and pharmacists.

To register, please go to
www.bit.ly/TransHealth2017

For more information,
please contact Jessica Steinke
jessica.steinke@mountsinai.org
212-731-3789



2017 Annual Meeting Endnote Speaker - Scott Burton

Don't leave early - you'll miss all the FUN and Laughter with Endnote speaker, Scott Burton @ 2:30 pm on September 16, 2017.

This is something you don't want to miss!

Scott Burton



The Best Speaker You've Never Heard Of!



"Staff were talking about your presentation for days. Your dynamic performance and inspirational message for the nursing profession was just what we wanted for this event!"

Karen Whyms
Nursing Celebration Planning Chair,
Aurora Health System, Milwaukee

"Participants very much enjoyed your presentation, rating it all 5's [highest], and for the first time in the history of the conference, some wrote in 6's and 10's!"

Sharolyn Gonzalez
Oncology Outreach Mgr., Sparrow Reg. Cancer Ctr

"You are an incredibly gifted speaker and we thank you for your ability not only to make us laugh, but also inspire us."

Joan Wagner, Coord. Nursing Ed.
Fox Chase Cancer Center

"I do not think I can do justice to the incredible response we have received from your wonderful performance at our Caregiver event!"

Susie Lott
Director
Care Partners

Scott Burton knows the value of quality nursing. A one year battle with high-grade osteosarcoma showed him the need for passion, humor and humanity - in life and on the job. His nurses embodied it. His upbeat, inspiring program telling his cancer story has been touching and entertaining audiences ever since. A headlining comic and best selling author, Scott has worked with Seinfeld, Leno, and written for prime-time TV. A former World-champion juggler, he was diagnosed at age 30. What Scott found in the battle was not loss, but LIFE! He turned his fears into strength, his tragedy to comedy. This is not a talk about cancer. It is about potential. Scott's high-energy and very entertaining program goes beyond the fear of cancer or struggle in life and calls for joy, laughter and expression of self everyday.

A needful message with great entertainment, or incredible entertainment with a potent message. Either way, Scott's show leaves a memorable impression.

Scott's Talks

Looking for Laughter in All the Wrong Places -

helps audiences see the potential in everyday, build positive attitude and inner strength through any situation.

The Three Steps to Survivorship -

We are all survivors. This program uses simple tools we all have to face the challenges of everyday.

Comedy/Juggling Show -

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HARTWICK COLLEGE

ASSISTANT PROFESSOR

The Department of Nursing at Hartwick College invites applications for full-time appointments at the rank of Assistant Professor starting in August 2017.

For detailed information about this position and how to apply, please visit our website, <http://www.hartwick.edu/about-us/employment/human-resources/employment-opportunities/faculty-positions>.

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Interested applicants should send letter of intent, resume and professional references to tara.smith@nccc.edu.

Please visit <http://www.nccc.edu/careers-2/> for more information.

NCCC is an EOE/AA employer.

“Being afraid of life is the real disease...”

Scott's talk doesn't come across as a canned, motivational speech - because it's not. It is a story about finding perspective, finding hope, finding laughter and finding ourselves.

In his story, Scott makes a special connection with nurses, who truly understand the medical *and* emotional side of the cancer battle.

Scott is Energetic, Genuine, Inspirational, Profound and, as all his audiences agree - **Very Funny!**

*Energize, Recognize, Entertain -- while earning **CEUs***

“Without hesitation, I would most certainly regard your performance as one of the best that any of us have ever witnessed, not only for the quality of the comedy and your physical skills, but inspirational component which uplifted us all.”

Thomas Eanelli, M.D.
Horton Radiation
Middletown, NY

“One woman had just come from hearing that her cancer had metastasized. She said that her angel must have led her here because she laughed so much that she could forget for a while that she had cancer.”

Kathleen Hardy CSW,
Program Director
Gilda's Club, Detroit

Partial List of Clients

- | | |
|------------------------|-----------------------|
| ONS Ntnl. Congress | ASCO |
| Fox Chase | Aurora Health |
| Tenet Health | American Cancer Soc. |
| Wellness Community | Columbia Health |
| Blue Cross Blue Shield | MN Nurses Association |
| Virtua Health Found. | Wellness Community |
| California Cancer Ctr. | Care Partners |
| Healing Journeys | ONCC |
| Presbyterian Health | Walther Institute |
| GlaxoSmithKline | HealthEast |
| Sentara Health | NOCR |
| MD Anderson | PLTC |
| NCCS | Gilda's Club |

Scott's acclaimed talk will:

- *Effectively express the human side of all struggle
- *Show the need (and results) of passion on the job
- *Empower and entertain
- *Illustrate the healing power of humor
- *Generate passion, hope, laughter and inspiration



... And that one is curable. ”

For more information on Scott's empowering program:

Contact: *Scott Burton*
2624 Tracy Ave.
Kansas City, MO 64108
(612) 385-8387
scott@sburton.com <http://www.sburton.com>

MEMBERS ON THE MOVE

We are delighted to announce the appointment of Toby Bressler, PhD, RN, OCN as the Mount Sinai Health System Vice President of Nursing, Oncology Services. Her proven track record in clinical, quality, administrative, and research program development, coupled with her strong leadership skills, will ensure the continued development of our oncology transformational nursing care delivery model.



Toby Bressler

Dr. Bressler began her nursing career in 2006 as a clinical nurse in the medical surgical oncology unit at New York Presbyterian, Columbia University. In 2009, she was promoted to Patient Care Director, Pediatric Oncology, Hematology and Bone Marrow Transplant at Morgan Stanley Children's Hospital, New York Presbyterian. Dr. Bressler continued to grow in leadership in 2013. She was recruited to Maimonides Medical Center in Brooklyn, where she assumed the role of Director of Nursing for Professional Practice until she was recruited to the Mount Sinai Health System in December, 2016.

Dr. Bressler has published in peer-reviewed journals on the subjects of palliative care, cultural diversity, moral distress, and professional development, and has written book chapters on inter-professional education and oncology nursing practice. She has presented at regional, national, and international meetings in oncology education, nursing research, and palliative care. Recognized for her leadership and scholarship abilities, Dr. Bressler has served as a Jonas Policy Scholar for the American Academy of Nursing, and collaborated with national and international experts to advance health care issues by writing policy briefs, advocacy call-to-action papers, and white papers on subjects such as patients and caregivers who have life-limiting illnesses.

Dr. Bressler's research focuses on translating nursing research into tools and methods that can be embraced by clinical staff nurses at the bedside. In her role as Mount Sinai Health System Vice President of Nursing, Oncology Services, Dr. Bressler will continue to develop our community of nurse scholars by generating new research, implementing evidence-based practice, and enhancing performance improvement.

Please join us in welcoming Dr. Bressler to the Mount Sinai Health System.

ARE YOU ON THE MOVE OR KNOW SOMEONE WHO IS ON THE MOVE AND WOULD LIKE TO LET US KNOW? Email programassociate@anany.org.

Where Nursing Leaders Are Made

Graduate programs include:

- Nursing Education
- Nursing Administration with Informatics
- Clinical Nurse Specialist: Adult-Gerontology
- Family Nurse Practitioner
- Adult-Gerontology Nurse Practitioner
- Pediatric Nurse Practitioner
- Family Psychiatric/Mental Health Nurse Practitioner

Doctoral programs include:

- Doctor of Philosophy (PhD) Nursing program
- Doctor of Nursing Practice (DNP) program

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For more information about Molloy College's Graduate Nursing Program call **516.323.4000** or visit www.molloy.edu

Buffalo Psychiatric Center

Registered Nurses

Buffalo Psychiatric Center is seeking registered nurses for its evening and night shifts.

Successful applicants will possess a license and current registration to practice as a registered nurse in NYS. Base salary is determined by education and experience plus an \$8,000 geographic differential. Comprehensive NYS Civil Service benefits offered.

Interested applicants should forward a resume to: **Buffalo Psychiatric Center, HR Department, 400 Forest Avenue, Buffalo, NY 14213** or via email to BPC-Careers@omh.ny.gov

AA/EOE



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Must be a graduate of an approved school of nursing with a current RN license. Five years' experience with a minimum of two years management in long term care. Knowledge of State, Federal and health code regulations including MDS, PRLs, EMRs and Labor Laws.

Send Resume to **718-304-1950 (fax)** • hr@stpatrickshome.org

WP-0000250578

FUTURE NURSE LEADER AWARD

The following schools of nursing have participated in ANA-NY's Future Nurse Leader Award. This award is provided to nurses with strong leadership skills that are vital to the future of the nursing profession and health care. As part of ANA-New York's (ANA-NY) commitment to encouraging new nurses to be professional, successful leaders, we have established an award program to recognize the leaders in the upcoming graduating class.

The ANA-New York Future Nurse Leader Award, sponsored by ANA-NY and the American Nurses Association (ANA), will recognize new graduates, who, as nursing students, displayed exceptional leadership abilities. We are looking for students who show initiative, make significant contributions and can inspire others with their vision. While ANA-NY is conferring this award, the selected winner is determined by the participating school of nursing.

Criteria for Student Nomination

The ANA-New York Future Nurse Leader should be a graduating senior from an undergraduate nursing program who:

- Demonstrates leadership:
 - o Prepares, motivates, and impacts other students as leaders
 - o Participates in community activities and gives back to others
 - o Mentors fellow students
 - o Promotes activity in nursing organizations

- o Creates opportunities for engagement and involvement
- Makes a significant contribution to the overall excellence of the school
- Sets a healthy example and promotes a healthy lifestyle
- Creates a positive working environment
- Embodies the ethics and values of nursing
- Demonstrates a clear sense of the direction for his/her nursing career

PARTICIPATING SCHOOLS 2017

Adelphi University College of Nursing and Public Health
 Arnot Ogden Medical Center School of Nursing
 Concordia College-New York
 Corning Community College
 D'Youville College
 Ellis Medicine, The Belanger School of Nursing
 Elmira College
 Farmingdale State College
 Finger Lakes Community College
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 Le Moyne College
 Memorial College of Nursing
 Molloy College
 Monroe College School of Nursing
 Nazareth College
 Niagara University
 Nyack College
 NYU Rory Meyers College of Nursing
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 Phillips School of Nursing at Mount Sinai Beth Israel
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In the Spotlight - Future Nurse Leader

Brianne Catherine Smith, BSN, RN

Brianne Smith of Belle Harbor, NY graduated Mount Saint Mary College, School of Nursing, Class of 2015. She was the recipient of the 2015 Future Nurse Leader Award by the American Nurses Association - New York (ANA-NY). Her nominators of this award wrote that "she has consistently demonstrated excellent patient care, critical thinking skills, teamwork, compassion, and leadership." She also received a Leadership Award in recognition of her service as Secretary of the college's Nursing Student Union during her sophomore and junior years, and as President during her senior year. Brianne strived from day one of nursing school to try her best in all her endeavors and was a success in doing so. She was placed on the Dean's List throughout her college years. She was proudly inducted into the Mu Epsilon Chapter of Sigma Theta Tau International Honor Society of Nursing, and remains an active member. Additionally, Brianne was a 2015 award recipient in the Who's Who Among Students in American Universities and Colleges program. In September 2016, Brianne was a speaker at the annual ANA-NY conference in Tarrytown, NY. She looks forward to the future as an active ANA member.



Brianne Catherine Smith

Smith was voted in by her fellow students and faculty to deliver the student speech at her Nursing Pinning ceremony. Brianne's college website quoted her words, "As a nurse, we will touch the lives of many on a daily basis. It is a beautiful thing to realize we will have the power to help, heal and comfort." As a Registered Nurse, Brianne follows this calling at North Shore University Hospital in Manhasset, NY. She works on the cardiac step down unit taking care of post-operative open heart surgery patients. She finds her work to be very rewarding and is a highly motivated twenty-three-year-old looking to continue to progress in her career.

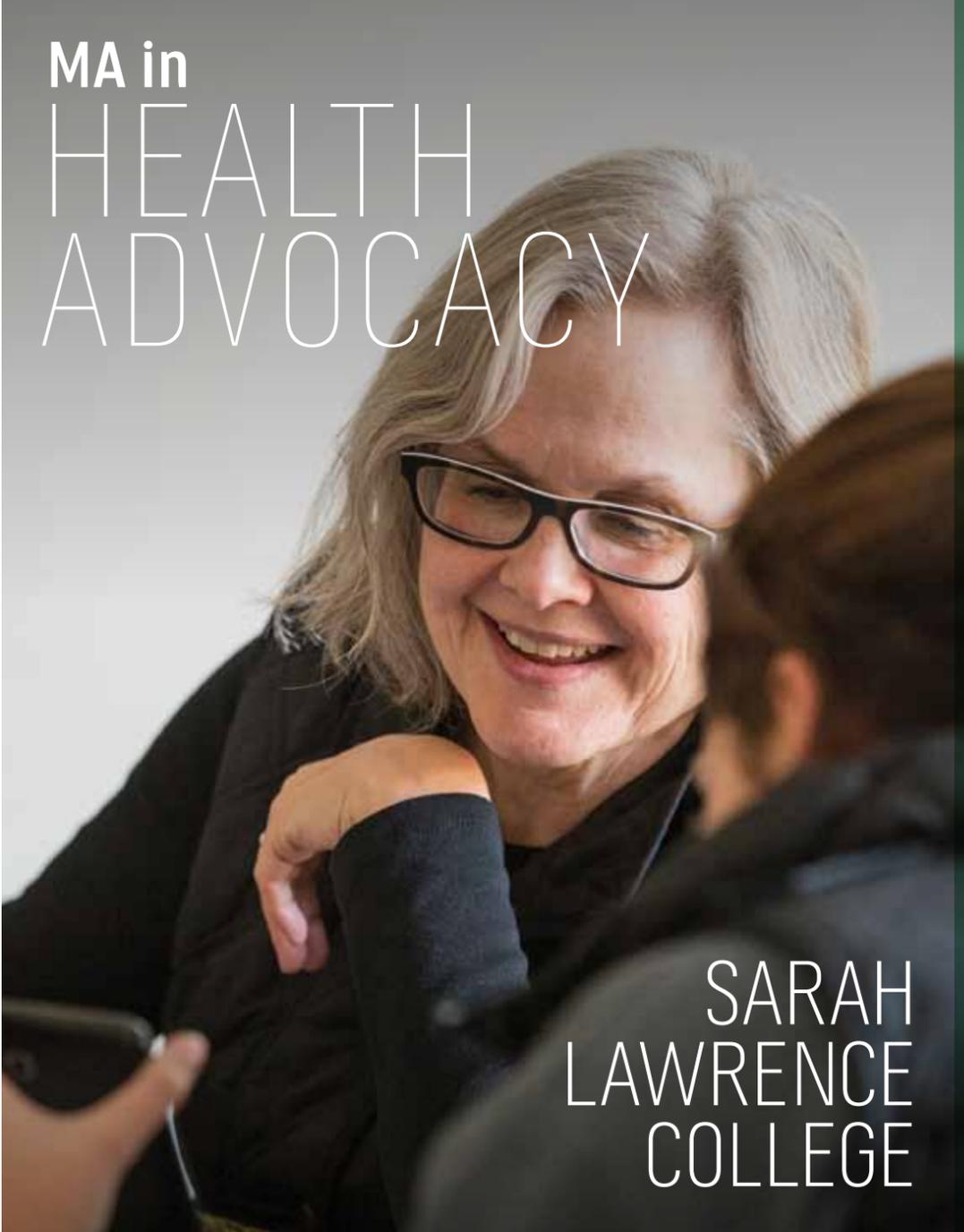


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COMMITTEE SPOTLIGHT

ANA-NY Annual Meeting and Conference Committee

This committee is charged by the ANA-NY Board of Directors to plan the annual membership meeting and conference that has a two-fold purpose:

- 1) Provide platform for membership to participate in decision-making process for the association.
- 2) Provide for educational and networking opportunities for membership.

Present committee members are as follows:



Patricia Lepping Hurd, BSN, RN

Chair, Annual Meeting and Conference Committee. A member of ANA-NY since 2013, Pat is serving her second term as chair of this committee. She enjoys working with committee members from throughout the state to bring a quality meeting and conference to all of our members. This year Pat is celebrating the 50th year of graduation from Providence Hospital School of Nursing in Detroit, MI. Her hospital career included Intensive Care Nursing. In 1993 she graduated with a BSN from SUNY New Paltz and was employed as a Public Health Nurse in Ulster County, NY. Pat accepted a Public Health Program Nurse position with New York State in 2006 and retired in 2013. As a student nurse, Pat was active in the Michigan State Student Nurses Association. She is a founding member and past president of Omicron Sigma Chapter of Sigma Theta Tau at SUNY New Paltz and served as president of District 11 Professional Nurses Association. Pat believes it is a duty of every Registered Professional Nurse to be active in her professional association, to support and nurture those new to the profession.



Gorete Crowe, RN, ADN

I am Gorete Crowe, RN, ADN. I am a Staff / Charge Nurse at Westchester Medical Center Oncology/Bone Marrow transplant unit. I have 34 years of nursing experience, starting in the Medical Surgical, Pediatrics, and Preoperative (OR) units. I've been in the Oncology Unit for the last 24 years.

I have ACLS, Oncology and Bone Marrow, and First Responder certifications.

I am a member of the Sleepy Hollow Ambulance Corp, Oncology Nursing Society of the Hudson Valley, Tarrytown Fire Department Hope Hose, Boy Scouts of America Venture Crew 2279 board member, Village of Sleepy Hollow Zoning board member, Democratic District Leader for District 5 of the Town of Mt Pleasant, and ITAV 10591 (It Takes a Village 10591).

I have presented and lectured on Diabetes and ANA-NY for the Sleepy Hollow Senior Citizen Community, the Road to Eagle Scout for the Boy Scouts of American Westchester Division, and the American Red Cross CPR and First Aid Instructor.

I have received many awards during my tenure as a nurse. I received the American Cancer Society for Relay for Life award in 2000, the American Red Cross award in 2002 (service After 9/11- working at ground Zero), the District Award of Merit from the Boy Scout of America (first female to win the award in Westchester County) in 2004, Sleepy Hollow Proclamation Gorete Crowe Day for Service to the Village in 2011, and the NYSNA Legislative Award in 2011.

I am still very involved with my church, Old Dutch Church, as a Deacon and in the community, specially the

ITAV 10591 (It Takes a Village 10592). We help seniors and people in need and provide rides to their doctor appointments, grocery shopping, and so much more.



Marilyn Klainberg EdD, RN

Marilyn Klainberg has had an extensive career in nursing education. She is a graduate of Adelphi University for both her undergraduate and her Master's degree in community health nursing. Her doctorate is from Columbia University, Teachers College.

She is presently a Department Chair and full professor at Adelphi University, where she has served as both Associate and Acting Dean in previous years. Dr. Klainberg was a professor at SUNY Downstate

Committee Spotlight continued on page 8

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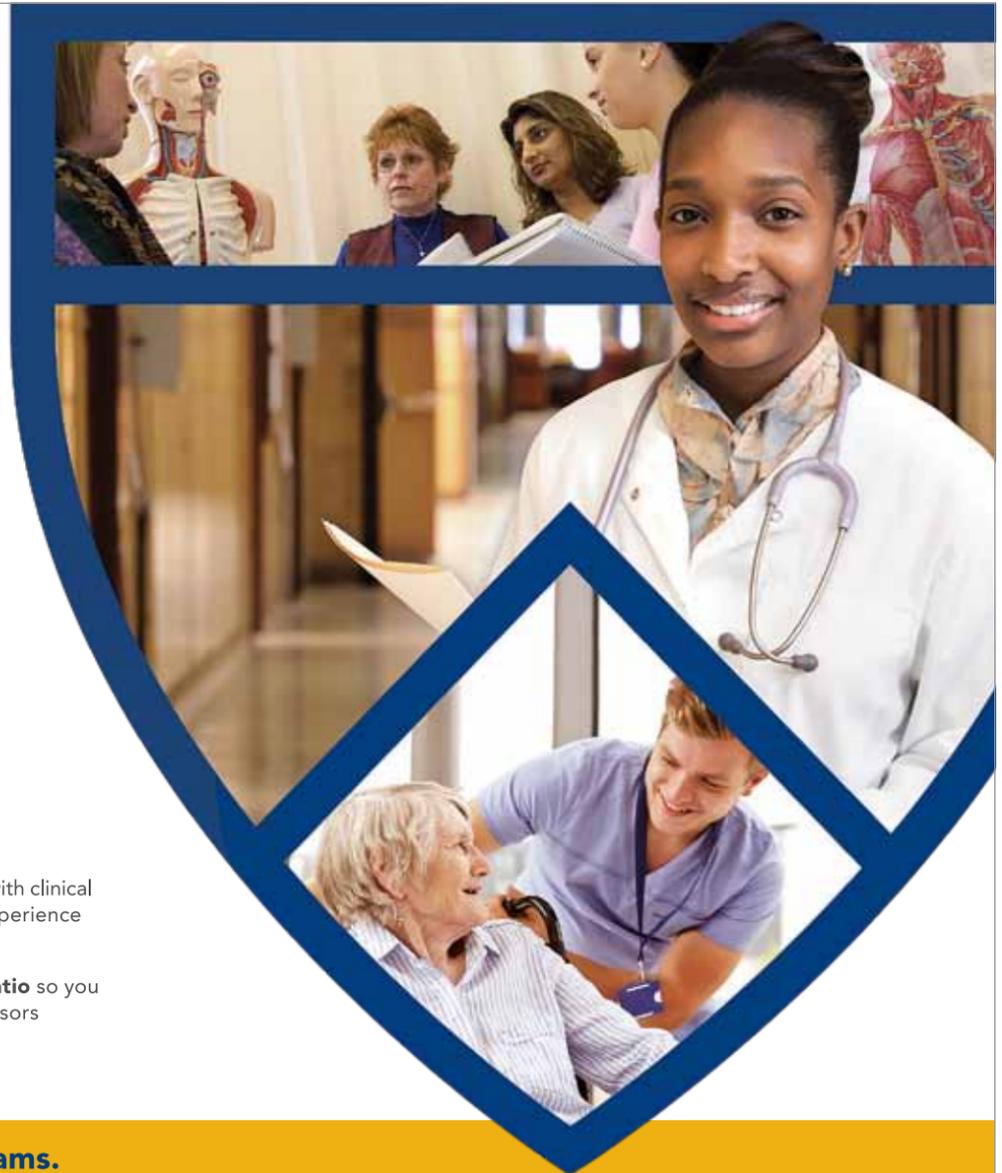
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COMMITTEE SPOTLIGHT



Committee Spotlight continued from page 7

from 1989 to 1998. She is the past president of the Alpha Omega Chapter of Sigma Theta Tau International and remains an active member. She is also a member of ANA-NY, NYSNA where she served on the education committee, and the NLN.



Elizabeth (Betty) Mahoney, EdD, MS, RN

Elizabeth (Betty) Mahoney, EdD, MS, RN, served as ex officio member to this committee and others, during her term as the first elected President of ANA-NY. Betty is Professor Emerita of The Sage Colleges in Troy and Albany, NY and has been committed to professional organizations and education since her graduation from Boston College. She is currently President of Nurses House and active in the Sage Chapter of Sigma Theta Tau (STTI), where she was President and Board Member. She has held local, state regional and national positions in STTI, ANA, and NYSNA,

among others. Betty has co-authored/edited three nursing books, one of which was translated into Japanese and another into Spanish. She is firmly committed to the educational and professional advancement of nurses at all levels.



Ann Purchase, MS, RN

Ann Purchase, MS, RN is a nurse entrepreneur and a nursing educator with more than 38 years of experience. She is a graduate of Hartwick College and received her Master's degree from Sage College. Currently, she is the Co-President and coordinator of curriculum development at Advantedge Education, an online continuing education company for health care professionals which specializes in interactive eLearning. As a nurse entrepreneur, Ann started Advantedge Education with a colleague with whom she had worked at the New York State Nurses Association where she managed online learning including eLearn™, webinars and online learning. She was the lead nurse planner for online learning.

As a clinical nurse for the majority of her career, she has worked in large medical centers in San Francisco, Boston and Albany in her clinical specialty of gynecologic oncology and women's health.

Ann is the co-founder of a 501c3, Caring Together, Inc., which began as a volunteer organization and a support group for women with ovarian cancer. To date, Caring Together, through their annual run/walk, has raised well over 1 million dollars to support research toward an early detection test a cure for ovarian cancer. She has been the support group facilitator for 20 years.

Ann is currently an adjunct faculty member at Excelsior College and a clinical adjunct for Samaritan

School of Nursing. She is active member of ANA-New York where she chairs the ad hoc committee for the Future Nurse Leader Award, has been an elected member of the Nominations Committee, chair of the Education Committee, and has served as the Lead Nurse Planner for organization's annual meeting. Ann is active in NYONEL, where she has lobbied for passage of the BS in 10 legislation. She is also a member of NLN and the Capital District Nursing Research Alliance as a member of the program committee.



Laura Terriquez-Kasey, DNP, MS, RN, CEN

Dr. Laura Terriquez-Kasey is an Associate Clinical Professor in the School of Nursing. She has been teaching at Decker School of Nursing for 17 years. Prior to teaching Dr. Kasey has an extensive background in Emergency and Trauma Nursing. She started her career in Bellevue Emergency

Services in New York City, where she was a head nurse and Supervisor and responder to disasters in New York.

Major Kasey also has prior military service in the Army Nurse Corp. She served as an assistant Chief Nurse at William Beaumont Hospital in El Paso, Texas and at Brooke Army Medical Center in San Antonio.

Dr. Kasey is also an expert in Disaster education. She has developed and run the Advanced Nursing Disaster Management Certificate Program at Decker since 2003. She has served with the NDMS National Disaster Medical System with New York DMAT 2. She has responded to numerous disasters with the team.

Dr. Kasey has both research and education interests in Disaster Preparedness. Dr. Kasey recently completed her Capstone project which focused on "Disaster Preparedness Education Program for Elders living in the Community."

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COMMITTEE SPOTLIGHT



She also has a wide background in community service with both the fire service and EMS in Delaware and Otsego County.

Dr. Kasey has also completed 20 years of providing Mission trips to the Dominican Republic with a Church Mission Team. She has also developed a course for undergraduate and graduate students in Global Health in the Dominican Republic.



Debra A. Wolff, RN, PCNP, DNS

Debra A. Wolff, RN, PCNP, DNS, is President/CEO of *NURSES – Ready for the Next Step*, a business launched in 2013 to help prepare nurses for success in the next step of their education and career. She also teaches online at Empire State College. Her book, *Advancing Your Nursing Degree: The Experienced Nurse's Guide to*

Returning to School was recently published by Springer. During her 38-year career in nursing, she has been a life-long learner.

Dr. Wolff earned a bachelor's degree from SUNY Plattsburgh, a master's degree and certificate as a Nurse Practitioner in Community Health from Binghamton University, and a doctoral degree from The Sage Colleges, where she was inducted into the Phi Kappa Phi national honor society.

Currently she is an active member of the American Nurses Association – New York (NY), the NY Organization of Nurse Executives and Leaders, the Capital District Nursing Research Alliance, the Northeast NY Professional Nurses Association, and the Albany Chapter of the American Statistical Association. From 2011 – 2013, Dr. Wolff was the Project Coordinator for the newly established Future of Nursing – NYS Action Coalition. In this capacity,

she traveled throughout the state and interacted with nurses in all areas and levels of practice. She was the guest speaker at several nursing schools and professional organizations as well as the co-author and data analyst for the NYS Nursing Schools and Faculty Report: 2010-2011.

Prior to 2010, she was the Project Director for a cancer research project that enrolled 115 sites nationwide and collected data on over 4,500 patients receiving chemotherapy. She had the privilege of being the only nurse working with this interdisciplinary, multicultural team. She has published extensively in *Cancer, Journal of Clinical Oncology, Journal of the National Comprehensive Cancer Network, Annals of Oncology, American Journal of Managed Care, Academic Medicine, Journal of Rural Health, and Clinical Orthopaedics and Related Research*. In 2010, Dr. Wolff completed a program as a certified synchronous learning expert and, in recent years, has been an abstract, journal, and textbook reviewer as well as a HRSA grant reviewer.



Linda O'Brien, MS, RN

Board of Director Liaison to ANA-NY Annual Meeting and Conference Committee. Graduate of Methodist Hospital School of Nursing 1961. Graduate St. Joseph's College 1961 with BS in Health Care Administration and in 2003 with MS in Health Care Management. My 55 + years of nursing have included variety of roles - staff

nurse, supervisor, manager and information resource in variety of settings – OR – ED – CCU – Med-Surg – Dialysis and Home Care. I am presently employed part-time in Home Care as resource for quality review, orientation and education of staff and informatics for the EMR.

Charter and founding member of ANA-NY. Have been active participant in professional nursing organizations for most of my nursing career. Member of Sigma Theta Tau and Charter Member and Past President of Professional Nursing Association of Suffolk County.

Throughout my career, I have mentored and encouraged my colleagues to recognize the importance of being active participants in professional nursing organizations. Many have gone on to advanced educational degrees and leadership roles in professional organizations.

I continue to be active participant in my professional organizations because I value networking with my colleagues throughout the state and country and being part of the initiatives that these associations have made to improve health care in our country and advance the profession of nursing.

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Just One More Medication – Perceptions of Taking Medication in Older Adults

Penny S. Boyer, PhD, RN retired from Hartwick College in 2015 where she taught medical-surgical nursing, nursing research, and was the nursing senior thesis advisor. Professor Boyer continues to teach nursing research, senior thesis, and other courses part-time for Hartwick College. She is a member of the Scholarship, Awards, and Appointments committee at the Catherine A. Welsh Center for Nursing Research.

Introduction

Many older adults suffer from multiple chronic conditions for which they take several medications. As health care providers, we are well aware that adherence to medication regimen is critical for older adults to maintain optimal health. We also know that nonadherence to a medication regimen is common. Despite a half century of research on decreasing medication non-adherence, a good solution has stubbornly remained out of reach. Because home medication management is under the control of the patient, understanding the perceptions of the entire medication-taking regimen as experienced by the patient is imperative to delivering patient-centered care.

A qualitative study was undertaken to examine the perceptions of older adults with chronic conditions who take at least five medications when a new medication was added by their health care provider. The goal of the study was to help health care providers gain a broader and in-depth understanding of their patients' perceptions of the medication management process and how this perception alters their medication management experience.

Method

Thirty older adults (average age 69 years, 48% female, 92% Caucasian) with multiple chronic conditions who took three or more medications and were recently prescribed another medication, were recruited from outpatient clinics. Using unstructured interviews and electronic diaries, the researchers collected descriptive accountings of how the participants responded to what it meant to take medications in their lives.

All raw data, consisting of interview transcriptions and diaries, were systematically analyzed to identify common patterns and themes. Data interpretations were

enhanced by gaining rich insights about the findings from practice partners including nurses, providers, pharmacists, and patient representatives.

Results

The results showed that barriers to medication management included much more than just the usual barriers revealed by the diaries of medication costs, side effects, or timing. Two main themes were identified in the combined data: "preserving self: living with chronic conditions and being with healthcare providers and engaging providers in visioning health" (p. 538-9). Under the theme of preserving self, participants found that the addition of a new medication, even a rather innocuous one, felt like a personal attack on their well-being. It was a constant reminder of their ill health and of their mortality. Participants did not want to define themselves or be defined as someone who was old and deteriorating because they took many medications. They wanted to live a 'normal' life. Many participants realized that they needed to adjust their lifestyles to accommodate their medication regimen, which challenged their coping abilities. Those that reported adherence, also reported their health as better and had "an attitude of acceptance and compromise" (p. 538).

Under the theme of engaging providers and visioning health, a surprising finding was that many participants also reported that a close relationship with their medication prescribers was essential and that this relationship was very important to them feeling cared for. Patient-provider relationships were found to either enhance participants' perception of their medication-taking regimen or challenge it. Participants' well-being and sense of normalcy were enhanced by collaborative decision-making with their providers concerning managing their medications. Those providers that did not appreciate or did not seek out participants' need to contextualize their medication management into their everyday lives were found to compromise participants' ability to adhere to their medication regimen.

Discussion

Although many of the difficulties of home management of multiple medications in this older population have been identified in previous research, the challenge to a patient's sense of well-being and normalcy that managing their medications poses, should not be underestimated. Providers need to recognize that even the addition of a single medication threatens patients' perceptions about their well-being and reactivates fears of further illness and mortality. As participants in this study reported, their medication adherence was enhanced by a close, collaborative relationship with their provider who helped them resolve medication issues. Some medication issues could have been resolved had participants felt their providers were more approachable.

Implications

Therefore, it is imperative that the patient-provider relationship receives much greater attention in improving medication adherence in this population. The survey data revealed that patients require more conversation with their providers. This is especially true in the period following prescribing a new prescription. Time needs to be allotted for the practitioner to answer questions and to help the patient adjust their lifestyle. In today's world of 15 minute maximum visits, this will indeed be a challenge.

Practice protocols that guide and support engagement of providers with older adult patients when medication is prescribed should be developed for use in the clinical setting. These protocols must be focused on gaining the patients' perceptions and experiences surrounding their medication regimen so that better collaborative decision-making can occur. The authors of this research report that in response to findings from this study, they are working on creating these tools.

Conclusions

Older adults with chronic conditions who take multiple medications report challenges to medication adherence including threats to their sense of well-being and identity. The patient-provider relationship is vital to preserving the patient's well-being and enhancing medication adherence in this population. An increased understanding and appreciation of what it means to take medications as an older adult with chronic conditions is imperative for health care providers, as is developing the protocol tools that will enable providers to do this.

Reference

VVandermause, R., Neumiller, J., Gates, B., David, P., Altman, M., Healy, D., ...Corbett, C. (2016). Preserving self: medication taking practices and preferences of older adults with multiple chronic medical conditions. *Journal of Nursing Scholarship*, 48(6), 533-542.

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2017 ANA-NY ELECTIONS – CALL FOR NOMINATIONS

The ANA-New York Nominations and Elections Committee is seeking nominees from the membership for a slate of candidates to be elected by secret electronic ballot and, when necessary and requested, a special paper ballot during the third quarter of 2017. Please add your email address to your ANA profile at www.nursingworld.org/EspeciallyForYou/My-ANA.

The following positions will be elected in 2017:

ANA-NY Board of Directors

OFFICERS:

- **Vice-President** (2 year term, 2017-2019)
 - o As Alternate Representative to the President to ANA's Membership Assembly
- **Secretary** (2 year term, 2017-2019)

DIRECTOR-AT-LARGE POSITIONS:

- **Three (3) Directors-at-Large** (2 year term, 2017-2019)

NOMINATIONS COMMITTEE:

- **Five (5) Member Positions** (2 year term, 2017-2019)

ANA Membership Assembly Representative and Alternate:

- **One (1) Representative and One (1) Alternate*** (2 year term, 2017-2019)

*Additional slots may be available pending ANA bylaws changes.

There will be Call for Nominations Notices sent by Eblast to members and by USPS mail to members without email addresses. Nominations for the slate must be received by **5:00pm (ET) on Friday, May 19, 2017:**

- Electronically to executivedirector@anany.org OR
- by mail to Winnie Kennedy, MSN, RN, Chairperson, ANA-NY Nominations Committee, 2113 Western Avenue, Suite 3, Gunderland, New York, 12084

NOTE:

The ANA-NY Bylaws state under Qualifications:

To be eligible to serve on the Board of Directors, a person shall:

- hold current membership.
- not concurrently serve as an officer or director of another organization if such participation might result in a conflict of interest with ANA-New York.

ANA-New York places high priority on diversity and seeks to encourage and foster increased involvement of minorities and nurses from a variety of settings, specialties, and positions at the state level.

Information on Board Members' Responsibilities:

The Board of Directors shall:

- exercise the corporate responsibility and fiduciary duties of the association consistent with applicable provisions of law.
- provide for implementation of association policies and positions approved by the ANA-New York Governing Assembly.
- establish policies and procedures for the transaction of business, coordination of association activities and operation and maintenance of a state headquarters.
- establish financial policies and procedures, adopt the budget, submit all books annually to a certified public accountant for audit, and present an annual financial statement to the membership and the Governing Assembly.
- establish policies and procedures for approving publications and other printed materials prior to their distribution.
- establish policies and procedures for the collection, analysis and dissemination of information.
- establish policies and procedures for nominations and elections.
- establish standing and special committees of the board as deemed necessary for the performance of its duties, and define the purpose and authority of such committees.
- make appointments and fill vacancies as delegated to the board in these bylaws.
- define qualifications for appointive office unless otherwise specified in these bylaws.
- appoint, define the authority and responsibilities of, and annually review the performance of the executive director as the chief executive officer.
- confer organizational affiliate membership on associations meeting qualifications established in these bylaws and consistent with board policy.
- establish policies and procedures for disciplinary action against members and organizational affiliates.
- establish fees for all meetings, specified activities, and services.
- control the use of the official ANA-New York logo and insignia and the procurement and sale of replicas thereof.
- provide for organizational affiliate liaisons or representation at meetings of voluntary organizations and of public or governmental agencies.
- establish relationships and collaboration with the Nursing Students Association of NYS.

- establish relationships with other constituent/state nurses' associations of the ANA, including participation in a Multi-state division, if deemed appropriate.
- assume other duties as may be provided for elsewhere in these bylaws and by the ANA-New York Governing Assembly.

Duties of Officers:

- The **Vice-President** shall assume the duties of the president in the president's absence or at the discretion of the president. The vice-president serves as the alternate to the president as a representative to the Membership Assembly of the American Nurses Association.
- The **Secretary** shall be responsible for ensuring that records are maintained of meetings of the Governing Assembly, the Board of Directors, and the Executive Committee of the Board of Directors, and shall notify members of meetings of the Governing Assembly.

Nominations Committee:

- requests the names of members qualified and willing to serve if elected.
- prepares a slate of qualified candidates for each office to be filled.
- assures geographic and occupational group representation on the ballot.
- implements the policies and procedures for nominations and elections.

Representatives to ANA's Membership Assembly:

- ANA-NY has two (2) representatives and two (2) alternates to ANA's Membership Assembly.
- The President of ANA-NY serves as one (1) representative to ANA's Membership Assembly and the Vice-President serves as the alternate representative to the president.
- Another one (1) representative and one (1) alternate representative to the Membership Assembly is also elected
- Representatives and alternates serve a two-year term or until a successor is elected.
- Except for the President and the Vice-President, the other ANA representative and alternate is elected based on those who received the highest number of votes.

If you have questions about this process, contact ANA-New York at: executivedirector@anany.org or 1-877-810-5972 ext. 702.

Send your nominations to executivedirector@anany.org

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ANA-NY ORGANIZATIONAL AFFILIATE SPOTLIGHT



Mohawk Valley Nurses Association

Christine Stegel, BSN, MS

I graduated from Syracuse University School of Nursing in 1977 with a BSN. Most of my nursing career has been working in the home health care nursing field. I have worked locally for over 25 years in the home care agencies in Fulton, Montgomery and Saratoga counties. In 2003, I received a MS in nursing administration from SUNYIT in Utica. In 2004, I began working for IPRO and have enjoyed working in the quality improvement initially assisting home health agencies to implement quality improvement projects through-out New York State. Currently, I assist all healthcare and community service organizations in implementing cross-setting quality improvement projects, in an effort to improve the communication and care coordination as patients transition between all health care settings in their community.

Mohawk Valley Nurses Association is the local professional nursing association that serves Fulton, Montgomery, and Schenectady counties. The purpose of the organization is to foster high standards of nursing practice, promote the professional and educational advancement of nurses, and promote health and welfare of nurses, in order to enhance proficient care of those requiring nursing services. The first organizational meeting occurred on March 7, 1919. The nurses who joined together during that first meeting were convinced that nurses alone would best promote nursing's interest. During the initial first months, dues were set, bylaws were adopted, and the organization became affiliated with the New York State Nurses Association. Through the years, meetings have focused on providing educational presentations on topics related to a medical diagnosis or nursing practice that were important to the members at the time followed by a social activity. Male nurses were

accepted into the membership in 1934. During the early 1900's, each hospital within the counties had a school of nursing associated with that hospital. Currently, there are two nursing schools in the region: Ellis School of Nursing and Fulton-Montgomery Community College School of Nursing. The association has always promoted membership in the nursing organizations at the State and National levels and there have been several who have held leadership positions. The first bi-annual association newsletter started in 1947. In 1951, the newsletter was revised and began to be published monthly. Currently, the newsletter is distributed quarterly.

The association honored Ellen Burns in May 1992 for her contributions to the nursing profession. The Ellen Burn's Award for Excellence in Nursing was established later in the 1990's. To this day at the Annual meeting, a nurse is chosen for this award. In addition, we award a senior nursing student from each nursing school, who has demonstrated outstanding community service, excellence in nursing, and potential for future contribution to the field of nursing, the Grace Sease-Catherine Eberle award. Grace Sease and Catherine Eberle were two nursing educators.

In the past two years, Mohawk Valley Nurses Association membership voted to disaffiliate with the New York State Nurses Association and has now affiliated with ANA-NY. Membership has waned over the past several years with the current membership at 45 nurses. Quarterly membership dinner meetings occurred planned by the Board of Directors and announced through the quarterly Association newsletter, MVNA News.

Being an officer and an active member in the association has been important to me because it provides me a way to meet other nurses working in the area and see nursing friends who I have worked with in the past. I feel bringing healthcare issues to the nurses who work in the Fulton, Montgomery, and Schenectady counties are important and as a Board member, I have worked in the past to sponsor educational programs. Being active in the association, keeps me current on nursing issues that are impacting health care locally, state-wide, and nationally.

I live in Amsterdam, NY with my cat named Zeffie. I have two daughters, Kari and Amber, who both live in Virginia. I enjoy the warm weather, gardening, reading, going to the gym, bicycling, taking walks, and going out to dinner and a movie with friends.

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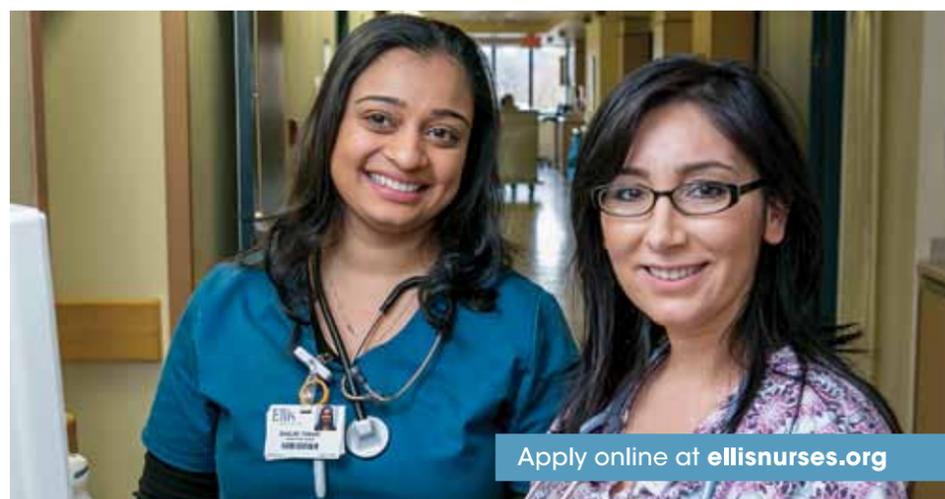


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IN MEMORIAM



Dr. Faye G. Abdellah, Founding Dean of Daniel K. Inouye Graduate School of Nursing, Dies at 97

Newswise – Bethesda, Md. – Dr. Faye Glenn Abdellah, founding Dean of the Uniformed Services University of the Health Sciences (USU) Daniel K. Inouye Graduate School of Nursing (GSN), and retired Rear Admiral of the U.S. Public Health Service (USPHS) passed away Friday, Feb. 24, at the age of 97. Abdellah was a pioneer and internationally recognized leader in nursing whose contributions substantially improved the nation's health. A true visionary, Abdellah was dedicated to advancing the nursing profession and is considered to be among the world's most influential nursing theorists and public health scientists.

In 1937, 18-year-old Faye Abdellah witnessed the explosion of the German passenger airship, Hindenburg, in Lakehurst, New Jersey, which became a crucial turning point in her life. In an interview years later for *Advance for Nurses*, she said, "I could see people jumping from the zeppelin and didn't know how I would take care of them, so I vowed that I would learn nursing."

Abdellah earned a nursing diploma from the Ann May School of Nursing in Neptune, New Jersey, undergraduate, masters and doctoral degrees from Columbia University, NY and graduate work in the sciences from Rutgers University. She authored more than 153 publications, some translated into six languages, including her seminal works, "Better Nursing Care Through Nursing Research" and "Patient Centered Approach to Nursing," which forever changed the focus of nursing theory from disease-centered to patient-centered. She was the recipient of twelve honorary university degrees, and numerous awards, including the prestigious Allied Signal Award in 1989 and the Institute of Medicine's Gustav O. Lienhard Award in 1992, all recognizing her innovative work in nursing research and health care.

Abdellah was the first nurse and the first woman to serve as Deputy Surgeon General (with Dr. C. Everett Koop) and was first nurse to hold the rank of Rear Admiral (upper half). Her incredible leadership abilities resulted in many truly remarkable accomplishments, including the development of the first tested coronary care unit, saving thousands of lives. Dr. Abdellah was renowned as an expert in health policies related to long-term care, mental retardation, the developmentally disabled, aging, hospice, and AIDS.

In 1989, she retired from the Public Health Service, and shortly thereafter, Congress directed the initiation of a demonstration program at USU for the preparation of family

nurse practitioners to meet the needs of the uniformed services. Abdellah stepped forward to assist then-USU President Dr. James A. Zimble establish the GSN in 1993, and under her leadership the GSN grew from a single master's degree program with two students, to a premier, fully accredited graduate school. Today, the GSN offers advanced practice and research doctoral degrees, and more than 700 nurse scientists, nurse anesthetists, clinical specialists, and family, women's health and psychiatric mental health nurse practitioner alumni are advancing military, veteran and federal health.

Abdellah was a charter Fellow in the American Academy of Nursing, later serving as the Academy's President and in 1994 she was one of the first Fellows to receive the Academy's highest honor, the "Living Legend" Award. In 1999, she was elected to the Hall of Fame for Distinguished Graduates and Scholars at Columbia University, and the following year, was inducted into the National Women's Hall of Fame for a lifetime spent establishing and leading essential health care programs for the nation. In acknowledging the recognition, Abdellah said, "We cannot wait for the world to change... Those of us with intelligence, purpose, and vision must take the lead and change the world. Let us move forward together! ... I promise never to rest until my work has been completed."

In 2001 she received the "Breaking Ground in Women's Health Award", and in 2012, she was inducted into the American Nurses Association Hall of Fame. Abdellah retired from USU in 2002 after 49 years of service to the Federal government and the nation.

"This is an incredible loss to the nation and nursing. Her intellect, compassion, and passion for excellence will be deeply missed. As a former student at USU's GSN, I feel personally blessed to have learned from her leadership," said Rear Adm. Susan Orsega, USPHS Chief Nurse Officer.

"Dr. Abdellah is a nursing icon for leadership in education, research, practice and health policy. She has influenced almost every aspect of nursing and public health. Like Florence Nightingale, she has been a beacon of light for future generations and has provided vision for the science and the practice of nursing. I was privileged to meet her when I was a new

In Memoriam continued on page 19



Photo Credit: USU



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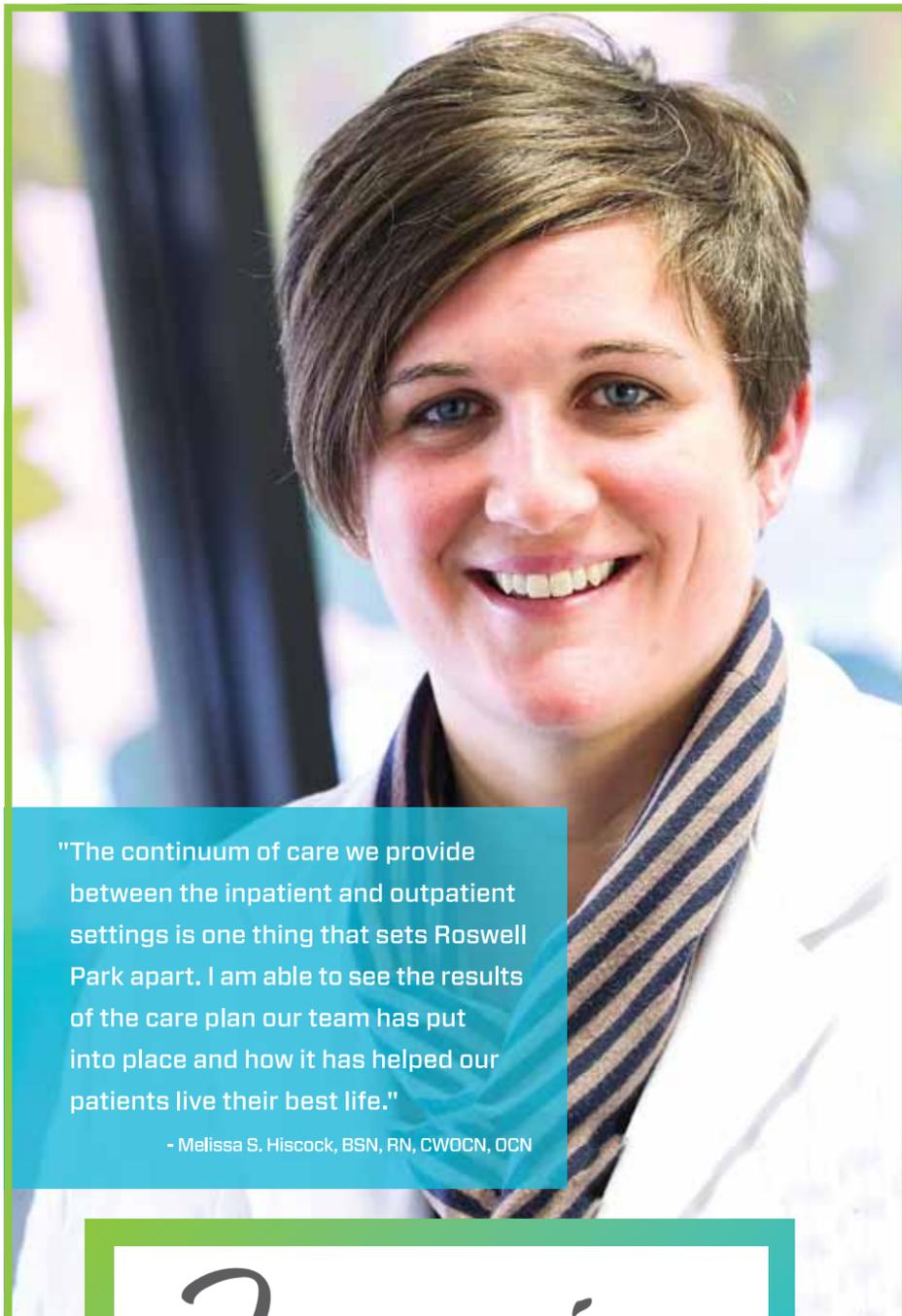


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ANA NEWS



ANA Principles and Policy Priorities for Affordable Care Act (ACA) Replacement or Repair

Since 2011, the House majority has voted more than 60 times to repeal or alter the Affordable Care Act (ACA). November's election outcome has further advanced that trend. In January the House approved a budget that would allow Congress to repeal parts of the ACA. On January 20th, President Trump issued his first Executive Order calling on the Secretary of Health and Human Services and other agencies to loosely interpret the requirements of the ACA so as to minimize the financial burden on individuals, insurers, healthcare providers, and others. Even with these changes underway, neither the White House nor Congressional Republicans have provided a cogent and complete ACA replacement plan. This primer highlights ANA policy priorities for future negotiation as ACA work moves forward. All of the policy issues presented are framed by ANA's four Principles for Health System Transformation.

ANA Policy Priorities for ACA Replacement or Repair

I. Ensure universal access to a standard package of essential health care services for all citizens and residents

- Widen the net of healthcare affordability with tax credits for individuals and families 138% - 400% of the federal poverty level (FPL).
- Set a maximum 8.5 % cap on household insurance costs.
- Provide a set of standard essential healthcare benefits that includes women's health and mental healthcare.
- Attract a healthier pool of young people into health exchanges by raising the premium age restrictions.

II. Optimize primary, community based preventive services while supporting the cost effective use of innovative, technology driven, acute hospital based services.

- Strengthen telehealth infrastructure to increase delivery of service to facilitate greater communication in areas with limited connectivity, and ensure the role of the nurse is identifiable.
- Institute regulatory measures to ensure government's role in achieving and maintaining interoperability standards for patient Electronic Health Records (EHR).
- Develop ways to more effectively utilize and reimburse/compensate primary care providers and care coordination teams to maximize healthcare outcomes for patients living with chronic conditions.
- Support evolving payment systems that reward quality and appropriate effective use of resources.

III. Encourage mechanisms to stimulate economic use of health care services while supporting those who do not have the means to share in costs.

- Address issues of unaffordable cost sharing, and extend protections to all; particularly individuals and families at 250% to 400% FPL.
- Include a tax credit of up to \$5000 to offset out of pocket costs greater than 5% of household income.
- Retain ACA out of pocket restrictions so there are no annual and no lifetime caps on patient benefits and reimbursements.

IV. Ensure sufficient supply of a skilled workforce dedicated to providing high quality health care services.

- Incentivize hospitals to maintain robust staffing levels rather than rewarding models that promote competition to reduce labor costs.
- Incentivize the implementation of patient centered medical homes with requirements that nurse practitioners be allowed to lead Patient Centered Medical Homes (PCMH) teams and practice fully consistent with their education, skill, and training.
- Ensure Title VIII and other funding streams that provide opportunities to expand nursing pools, and help existing nurses improve their skills, training, and education to take on new roles.
- Ensure parity in reimbursement for nurses taking leading roles in chronic disease management and providing access to primary care.
- Remove regulatory barriers and restrictions preventing RNs and APRNs from contributing fully to patient care in all communities and settings.

ANA NEWS

Talking Points for National Nurses Week – May 6 – 12, 2017



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AMERICAN NURSES ASSOCIATION

Nursing: The Balance of Mind, Body, and Spirit

Key Messages

- National Nurses Week celebrates the contributions nurses make every day to improve the health of their patients.
- The American Nurses Association (ANA) has a long-standing commitment to ensuring the health and wellness of nurses in all settings. ANA has designated 2017 the “Year of the Healthy Nurse” and the ANA Enterprise will launch the “Healthy Nurse, Healthy Nation™ Grand Challenge” in May.
- Nurses are recognized by the public for upholding high ethical standards. An annual Gallup survey shows that the public has ranked nursing as the top profession for honesty and ethical standards for 15 years straight.
- The Healthy Nurse, Healthy Nation Grand Challenge is a national movement designed to improve the health of the nation’s 3.6 million registered nurses. A Grand Challenge is a socially beneficial goal that addresses a systemic and embedded problem through collaboration and joint leadership.
- The Healthy Nurse, Healthy Nation™ Grand Challenge will connect and engage individual nurses, employers of nurses, state nurse organizations, and specialty nurse associations to take action within five domains: physical activity, rest, nutrition, quality of life and safety.
- There are 3.6 million registered nurses in the United States and nurses make up the largest group of all health care professionals.
- Registered nurses are on the frontlines of our health delivery system, providing care to millions of people.
- When nurses are healthy, it ensures the delivery of quality health care to their patients, families and communities.
- Health care delivery requires 24/7 support and the demands of shift work challenge the health

- of nurses. According to the Bureau of Labor Statistics, registered nurses have the fourth highest rate of injuries and illnesses that result in days away from work when compared with all other occupations.
- As the largest group of health care workers, nurses are critical to America’s health care system. Their well-being is fundamental to the health of our nation.
- Nurses have a critical responsibility to uphold the highest level of quality and standards in their practice, including fostering a healthy lifestyle.
- Nurse leaders can ensure tools and resources are available to achieve a healthy lifestyle.



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ANA NEWS



American Nurses Association Partners with CDC to Improve Infection Prevention and Control Education for Nurses

SILVER SPRING, MD – The American Nurses Association (ANA) and the Centers for Disease Control and Prevention (CDC) announced today that they have created the Nursing Infection Control Education (NICE) Network. This is a collaboration of 20 specialty nursing organizations that hold organizational-level membership in ANA and are committed to empowering nurses to protect themselves and their patients from infection.

NICE Network members will develop infection prevention and control training materials to assist nurses responding to and containing emerging infectious disease threats, including the Ebola and Zika viruses. An emerging infectious disease is one that is either newly recognized in an area or affects a larger population or geographic area.

“Nurses have played a critical role in educating the public and other health care workers about controlling and preventing the spread of the Ebola and Zika viruses,” said ANA President Pamela F. Cipriano, PhD, RN, NEA-BC, FAAN. “Like the CDC, we recognize that nurses are on the

front lines of delivering care and should be fully equipped to tackle emerging threats to protect themselves and the people they serve.”

In addition to Ebola and Zika, recent examples of emerging infectious diseases include severe acute respiratory syndrome (SARS), H1N1 influenza and West Nile virus. It’s extremely important to rapidly detect and contain emerging infectious diseases, and contain antibiotic resistance threats before they become global pandemics.

ANA will serve as the primary contractor for the project, which runs through May 31, 2018, and will provide nurses, who have been rated by the public as the most honest and ethical profession for 15 years straight, with real-time, tailored infection control training critical for an effective response to infectious diseases. Key tasks for the project include:

- Identifying infection control-related training needs
- Developing educational tools and outreach materials for registered nurses and nursing-related



professionals, including licensed practical nurses (LPNs) and certified nursing assistants (CNAs)

ANA will also work with NICE Network members to disseminate resources and implement in-person trainings at nursing organization conferences and meetings.

ANA’s partnership with the CDC complements existing work in infection prevention and control. In June, ANA and the Association for Professionals in Infection Control and Epidemiology (APIC) launched the ANA/APIC Resource Center, a website that consolidates resources, allowing health care professionals quick and easy access to infection prevention strategies and evidence-based best practices.

For more information on CDC infection control and prevention procedures, visit <https://www.cdc.gov/hai/index.html>.

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ANA NEWS

ANA Releases New Position Statement Opposing Capital Punishment

Silver Spring, MD – The American Nurses Association (ANA) today announced its opposition to both capital punishment and nurses' participation in capital punishment. This new position is particularly relevant given the nomination of Judge Neil Gorsuch to the Supreme Court of the United States, who, if approved, will likely tip the court in favor of capital punishment.

The ANA has long been opposed to nurse participation in executions, either directly or indirectly, as it is contrary to the fundamental goals and ethical traditions of the nursing profession. Today's announcement strengthens ANA's position, adding it to the ranks of many U.S. and global human rights organizations opposing capital punishment, such as Amnesty International, the International Council of Nurses, and the American Public Health Association.

"The American Nurses Association is gravely concerned with the human rights of individuals facing execution," said ANA President Pamela F. Cipriano, PhD, RN, NEA-BC, FAAN. "Capital punishment is a human rights violation, and ANA is proud to stand in strong opposition to the death penalty. All human beings, regardless of their crimes, should be treated with dignity. For those states where capital punishment is currently legal, the American Nurses Association will continue to provide ethical guidance, education, and resources for nurses and other health care providers dealing with these ethical dilemmas."

ANA's Center for Ethics and Human Rights Advisory Board reviewed and unanimously approved the position statement. The statement was presented to the public for a 30-day comment period and subsequently approved by the ANA Board of Directors in December 2016. The full position statement and FAQs can be found on nursingworld.org.

ANA Opposes President Trump's 2018 Budget Proposal

SILVER SPRING, MD – The American Nurses Association (ANA) is deeply concerned that President Trump's FY 2018 budget plan will weaken the nation's health care system and jeopardize the scientific research needed to keep America healthy. ANA staunchly opposes the President's proposal which significantly reduces funding for health professions and nursing workforce programs by \$403 million. The budget slices \$5.8 billion from the National Institutes of Health (NIH), resulting in a massive 22 percent cut to scientific research for medical cures. Furthermore, this proposal suggests folding the Agency for Healthcare Research and Quality (AHRQ) into this significantly reduced NIH. AHRQ is the only federal agency with a mandate to conduct health services research.

ANA urges Congress to reject this proposal. It drastically hampers efforts to address critical faculty shortages and recruit new nurses into the profession. The nursing workforce stands ready to provide high-quality, patient-centered care in a transforming health care environment; however these cuts will hamper recruiting new nurses into the profession, promoting career advancement within nursing and allocating nurses to critical shortage areas.

"As the demand for high-quality health care intensifies, Congress must firmly invest in the nation's largest health-care workforce, registered nurses. Decreasing funding by \$403 million will significantly cripple efforts to effectively recruit, train and educate nurses for practice in rural and medically underserved communities," said ANA President Pamela F. Cipriano, PhD, RN, NEA-BC, FAAN.

ANA urges Congress to instead provide \$244 million to fund nursing workforce development programs, \$160 million for the National Institute of Nursing Research, \$380 million for the National Health Service

Corps, and to restore AHRQ's funding to at least \$364 million in FY 2018.

Despite concerns about the cuts above, ANA does support the President's call for a \$500 million increase to expand opioid misuse prevention and treatment efforts.

ANA recognizes the difficult task before Congress as they consider the President's proposal and work to adequately fund the government. However, ANA has consistently asserted that health care should not be compromised by political or partisan posturing. That is why ANA will work with Congress to advocate for programs that fully address the health care demands of the nation.

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We are able to provide opportunities to practice in the most diverse nursing settings in northeastern New York – options ranging from the operating room to hospice and home care, from the Emergency Room to community clinic work, and from administrative positions to technical specialties.

A Commitment to Excellence in Nursing
At St. Peter's Health Partners, we foster an environment where nurses are supported and encouraged to take part in improving how health care is practiced and delivered. We offer and encourage ongoing professional development opportunities while recognizing the need to build flexibility into the lives of our nurses and staff. Tuition assistance is available upon hire.

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* New York City Residency is not required for this position.




Clinical Education Initiative:

Free Training on HIV, HCV and STDs

Be sure to attend our free preconference on Thursday, 9/14, from 1-4 PM.

The New York State Department of Health AIDS Institute Clinical Education Initiative (CEI) is designed to enhance the capacity of New York's diverse health care workforce to deliver clinical services to improve health outcomes related to HIV, Hepatitis C (HCV), and STDs. CEI provides a wide array of clinical education trainings, resources, and tools to clinicians at no cost!

The aims of CEI are fourfold:

1. Provide progressive HIV, HCV, and STD education to clinicians
2. Disseminate AIDS Institute clinical practice guidelines
3. Expand the base of providers able to diagnose and care for HIV, HCV, and STD patients
4. Foster partnerships between community-based providers and HIV, HCV, and STD specialists

CEI offers conferences, onsite training, live webinars, intensive preceptorships, and provides other clinical education opportunities for health organizations across New York State. CEI's educational programs are accredited for free continuing nursing education CE credits.

CEI's newly updated and innovative website (www.ceitraining.org) houses various archived webinars and online clinical tools. The toll-free CEI Line enables you to speak with a clinician experienced with HIV, HCV, PEP, or PrEP; just call 1-866-637-2342.

Ready to get started? Visit www.ceitraining.org/request and complete the brief onsite training request form. You will be able to review a list of CEI's current training topics. CEI staff will follow up to discuss your organization's clinical education needs and how CEI can best meet them.

CEI looks forward to working with you!

MEMBERSHIP



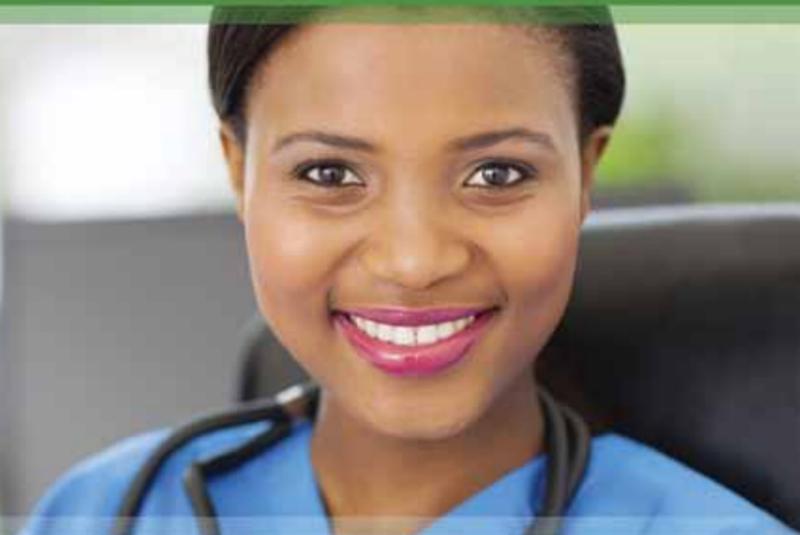
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or via email to WNYCPC-Careers@omh.ny.gov

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MEMBERSHIP



ANA-NY and ANA Membership Activation Form



Essential Information

First Name/MI/Last Name _____ Date of Birth _____ Gender: Male/Female _____

Mailing Address Line 1 _____ Credentials _____

Mailing Address Line 2 _____ Phone Number _____ Check preference: Home Work _____

City/State/Zip _____ Email address _____

County _____ Current Employment Status: (eg: full-time nurse) _____

Professional Information

Employer _____ Current Position Title: (eg: staff nurse) _____

Type of Work Setting: (eg: hospital) _____ **Required:** What is your primary role in nursing (position description)?

Practice Area: (eg: pediatrics) _____ Clinical Nurse/Staff Nurse

Nurse Manager/Nurse Executive (including Director/CNO)

Nurse Educator or Professor

Not currently working in nursing

Advanced Practice Registered Nurse (NP, CNS, CRNA)

Other nursing position

Ways to Pay

Monthly Payment

Checking Account *Attach check for first month's payment.*

Checking: I authorize monthly recurring electronic payments to the American Nurses Association ("ANA") from my checking account, which will be drafted on or after the 15th day of each month according to the terms and conditions below. Please enclose a check for the first month's payment. The account designated by the enclosed check will be used for the recurring payments.

Credit Card

Credit Card

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I understand that I may cancel this authorization by providing ANA written notice twenty (20) days prior to deduction. I understand that ANA will provide thirty (30) days written notice of any dues rate changes. I understand that my dues deductions will continue and my membership will auto-renew annually unless I cancel.

Membership Dues

Joint Membership Monthly = \$22.17 **OR** Annual = \$260

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(within one year of graduating from nursing school)

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Please note: \$49 of your membership dues is for a subscription to *American Nurse Today*. American Nurses Association (ANA) membership dues are not deductible as charitable contributions for tax purposes, but may be deductible as a business expense. However, the percentage of dues used for lobbying by the ANA is not deductible as a business expense and changes each year. Please check with your State Nurses Association for the correct amount.

For assistance with your membership activation form, contact ANA's Membership Billing Department at (800) 923-7709 or e-mail us at memberinfo@ana.org

In Memoriam continued from page 13

graduate and have viewed her as a mentor throughout my career. Her influence will live on as an inspiration to uniformed officers and health professionals," said Dr. Carol Romano, dean of the Daniel K. Inouye Graduate School of Nursing.

The Graduate School of Nursing, in collaboration with the USPHS, is planning a memorial tribute to honor Dr. Abdellah and the nearly half-century of her extraordinary contributions to the nation.

About the Uniformed Services University of the Health Sciences

The Uniformed Services University of the Health Sciences, founded by an act of Congress in 1972, is the nation's federal health sciences university and the academic heart of the Military Health System. USU students are primarily active duty uniformed officers in the Army, Navy, Air Force and Public Health Service who receive specialized education in tropical and infectious diseases, TBI and PTSD, disaster response and humanitarian assistance, global health, and acute trauma care. A large percentage of the university's more than 5,500 physician and 1,000 advanced practice nursing alumni are supporting operations around the world, offering their leadership and expertise. USU also has graduate programs in biomedical sciences and public health committed to excellence in research, and in oral biology. The University's research program covers a wide range of clinical and other topics important to both the military and public health. For more information about USU and its programs, visit www.usuhs.edu.

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