November is approaching quickly, and this fall we have two major events on the horizon that have the potential to shape our lives over the next several years, personally and professionally, at the national, state and local level. We need YOU to take that next step forward and discover how you can leverage your power as a nurse to affect change from the bedside, classroom, home, office, and exam room to the boardroom. Don’t sit on the sidelines this fall. Be a part of the action!

First, on November 4th, ANA-Michigan will host the 11th Annual Meeting and Conference - Leveraging the Power of Nursing at the Johnson Center at Cleary University in Howell, MI. Will you be there to add your voice and energy as we continue to make an impact for nursing in the state of Michigan? Remember we are the ONLY all inclusive registered nurse association in Michigan. We welcome all nurses across the spectrum of care from clinical practice to the boardroom, from the classroom halls to the research labs, and from the business realms to the entrepreneurial go-getters. Our tradition honors diversity and differing viewpoints to enhance our profession and the care we provide.

Our lives are busy and complicated and we value our “down time,” but I’m challenging you as a nurse, and valued member, to set aside time this year to attend. Why? Because our Conference and Annual Meeting is the only time we truly gather, in person, as an association each year. It’s our opportunity to learn about changes, challenges and opportunities in nursing locally and globally but, more importantly, an opportunity to be immersed in the positive energy dynamic that comes from gathering with other nurses. We all know that feeling of renewed focus and purpose that is generated when participating in a stimulating conference. That sense of purpose helps propel our association to continue to make a positive aspect in health care in our state.

At this year’s conference, we’re honored to have ANA President Pamela Cipriano, recently named one of the 100 Most Influential People in Healthcare by Modern Healthcare, discussing Leveraging the Power of Nurses. Rebecca Patton, Past ANA President, will speak about Leveraging Your Personal Power and in between we’ll host a panel update/discussion on Leveraging Nursing Advocacy. Local, state, national and global perspectives of issues concerning nurses and our profession will be discussed. Rounding out our day will be our Annual Meeting Assembly centered on Leveraging the Power of ANA-Michigan. We need YOU to be there! Be part of a dynamic community of nurses working to improve the nursing profession.

Second, Election 2016 will take place on Tuesday, November 8th. As we talk about leveraging our power, we also have an opportunity to participate in the political process at the national, state or local levels. My call to action is to encourage you to vote and be involved in the process. It’s not about what party or candidate you support – that’s personal – it’s about showing the power of nursing. “Few people are aware of the power behind nurses and the nursing profession. Statistics suggest that one in 17 women voters is a nurse and that one in 44 voters overall is a nurse” (J. Greishcar-Billard, MS, RN; Nurse Power, May 2000, Univ. of Kansas Medical Center School of Nursing).

We need to use this power to our advantage. This is an opportunity to interact with candidates, colleagues and other constituents to inform and advocate for issues that are important to the nursing profession. Issues like safe patient handling and mobility, safe staffing, workforce development programs (Title VIII of the Public Health Service Act) and APRN scope of practice. If we can start these conversations, even in small ways, we can utilize the power of more than 3.7 million registered nurses in the U. S. to effect real change. Not the slogan kind, but real change felt in our homes, workplaces and communities.

In your regions, open the dialog and look at one or two of these issues or other pertinent issue that may affect the health in your communities. Have one or two major events on the horizon that have the potential to shape our lives over the next several years, personally and professionally, at the national, state and local level.
House ANA-Michigan representatives, as members of the Coalition of Michigan Organizations of Nursing (COMON), recently met with Representative Ken Yonker (R) who is the sponsor of House Bill 5400. This legislation aims to increase autonomous functions for Nurse Practitioners, Nurse Midwives, and Clinical Nurse Specialists while reducing barriers to practice. Highlights in the substitute version of the bill include autonomous prescribing of non-scheduled prescription drugs, the authority to prescribe physical therapy and speech therapy, and the ability to order chemical/physical restraints. The most notable inclusion in HB 5400, after 40 years of effort, is the recognition and title protection of Clinical Nurse Specialist as an APRN role. The purpose of the meeting was to thank Representative Yonker for his tireless advocacy on behalf of nursing in Michigan and to provide recommendations to increase accountability, transparency, and customer service with state regulators, given the RN fee increase included in the bill. The ANA-Michigan Board supports the advanced practice nursing provisions of HB5400 (substitute). This support was also provided to the APRN Coalition of which ANA-MI is a member.

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MESSAGE FROM THE EXECUTIVE DIRECTOR

Getting the Most out of Your Membership!

Congratulations on taking the first step in shaping the future of nursing by joining ANA-Michigan. If you’re like most new members, you may be wondering how to maximize what you get from your membership; simply read on for the highlights of what your membership will do for you and how we can help you get on-board quickly.

Engaged: To fully realize the benefits of membership, you should be engaged with the association, and there’s no better way to engage than to find a committee that interests you. In ANA-Michigan, for example, members can get involved in education, membership, public policy, and nursing excellence committees and councils at both local and national levels.

Informed: Association membership helps keep you up-to-date on issues affecting the nursing profession. Members have access to a wide variety of newsletters, journals and online resources. You can even test out your writing skills by submitting articles to the association’s various publications.

Educated: Advance your career with continuing nursing education. ANA-Michigan helps nurses in all areas of practice to grow their skills and increase their knowledge through meetings, workshops, webinars and conferences. ANA-Michigan provides continuing nursing education, which allows you to earn valuable contact hours—at reduced member prices. You also have the option of tuition discounts available from many of our educational partners.

Certified: Another benefit of membership is a discount on ANCC certifications. Although certification is voluntary for nursing practices, it may have a dramatic effect on your personal growth, professional goals, and practice outcomes. Certification also may result in financial gains, such as salary increases and bonuses. Many nurses also use certification as part of their career ladder for advancement.

Elected: You might also consider running for a local or national office. If you are elected, it will be a tremendous learning experience in your professional growth, and it will look great on your resume. If you are not elected, simply running will provide you with valuable experience, visibility and credibility.

Involved: Volunteer for special projects and programs. Continuing education events, annual conference, vendor fairs, health fairs, and media projects give you an opportunity to make a real difference and give something back to your profession.

Supported: ANA-Michigan advocates for you and the nursing profession. No matter what area of practice you work in, you know that nursing laws can change rapidly with wide-reaching impact. That’s why you’ll appreciate having an ally at the state legislature that will work to protect you and promote the issues that matter to you. Additionally, ANA-Michigan members have the chance to participate in forums to discuss the evolution of healthcare as it relates to the profession of nursing.

Membership in ANA-Michigan provides you the opportunity to be in control of your professional destiny. As the leading professional organization for Michigan’s registered nurses, we equip nurses at all stages to thrive in an ever-changing healthcare environment. If you haven’t joined yet, please consider doing so as we work to advance nursing and ensure high-quality healthcare for everyone.

For $22 a month: advance your career, advance your professional development, and advocate for your profession!

www.ana-michigan.org

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State of Michigan
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RN Seasonal Rates for 2016 - 2017:

<table>
<thead>
<tr>
<th>Role</th>
<th>Pay Rate</th>
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<tbody>
<tr>
<td>Day Shift</td>
<td>$42/hour</td>
</tr>
<tr>
<td>Night Shift</td>
<td>$42/hour</td>
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</tbody>
</table>

Completion Bonus

• RN $3,500 Completion Bonus for Medical Technology Strokes, CV/CPR, Cardiac Telemetry, Surgical Cuts, Ortho/Nursing and ICU
• Specialty RN $5,000 Completion Bonus for OR, ED, CCU, CVICU, ICU, OR, and Radiology (i.e. Vent Competencies and Moderate Sedation)

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MDHHS

State of Michigan
ANA-Michigan invites Michigan nurses to participate in the ANA-Michigan Annual Assembly and Conference, Friday, November 4, 2016 at the Johnson Center at Cleary University, Howell, Michigan.

WHO SHOULD ATTEND
This educational conference is designed to support the professional practice of nursing. The purpose of the conference is to bring together nurses and nursing students from all specialty and practice settings in pursuit of excellence in nursing leadership and practice.

CONFERENCE OBJECTIVES
This conference will assist attendees to:
• Analyze how nurses can use the change process effectively in the realization of a vision.
• Describe the process by which nurses and followers can thrive in today’s transformational healthcare systems.
• Develop leadership abilities so that they can be the force that drives the profession’s evolution and create our preferred future.

CONTINUING EDUCATION CREDITS
This activity has been submitted to the Ohio Nurses Association (OBN-001-91) for approval to award contact hours. The Ohio Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Pending approval, participants can receive a maximum of 4.25 contact hours for attending this activity.

For additional information or questions on contact hours contact the ANA-Michigan office at 517-325-5306.

In order to obtain a Certificate of Successful Completion for this activity, the learner must complete the following criteria:
• Sign the Verification of Attendance Form at the registration desk
• Attendance of at least 80% of the event
• Complete and submit the online evaluation form for each session attended

SCHEDULE OF EVENTS - FRIDAY, NOVEMBER 4

<table>
<thead>
<tr>
<th>Time</th>
<th>Event/Topic</th>
<th>Presenter</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 to 7:45</td>
<td>Poster and Exhibitor Set-up</td>
<td></td>
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<tr>
<td>7:45 to 8:30</td>
<td>Registration and Continental Breakfast with viewing of the exhibitors and posters</td>
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</tr>
<tr>
<td>8:30 to 8:45</td>
<td>Welcome</td>
<td>Mary Lee Pakieser, ANA-Michigan President</td>
</tr>
<tr>
<td>8:45 to 10:15</td>
<td>Keynote: Leveraging the Power of Nurses</td>
<td>Pamela F. Cipriano, PhD, RN, FAAN President</td>
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<tr>
<td>10:15 to 10:45</td>
<td>Break with Exhibitors</td>
<td></td>
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<tr>
<td>10:45 to 11:45</td>
<td>Panel Discussion: Leveraging Nursing Advocacy</td>
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<tr>
<td>11:45 to 1:15</td>
<td>Celebration and Award Luncheon</td>
<td></td>
</tr>
<tr>
<td>1:15 to 2:45</td>
<td>Keynote: Leveraging Your Personal Power</td>
<td>Rebecca M. Patton, MSN, RN, CNOR, FAAN</td>
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<tr>
<td>2:45 to 3:00</td>
<td>Celebration of Poster Winners</td>
<td></td>
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<tr>
<td>3:00 to 3:15</td>
<td>Refreshment Break with exhibitors</td>
<td></td>
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<tr>
<td>3:15 to 4:45</td>
<td>Annual Membership Assembly: Leveraging the Power of ANA-Michigan</td>
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<tr>
<td>4:45 to 5:00</td>
<td>Closing Comments and Evaluations</td>
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Go to www.ana-michigan.org to register online or to download a registration form.

PAMELA F. CIPRIANO, PHD, RN, NEA-BC, FAAN
President, American Nurses Association

Dr. Pamela Cipriano is the 35th president of the American Nurses Association (ANA), the nation’s largest nurses organization representing the interests of the nation’s 3.4 million registered nurses.

A distinguished nursing leader, Dr. Cipriano has extensive experience as an executive in academic medical centers. In 2015, she was named one of the “Top 100 People in Healthcare” and one of the “Top 25 Women in Healthcare,” both by Modern Healthcare magazine.

Prior to becoming ANA president, Dr. Cipriano was senior director for health care management at Galloway Consulting. She has served in faculty and leadership positions at the University of Virginia (UVA) since 2000, and currently holds a faculty appointment as research associate professor at the UVA School of Nursing.

Dr. Cipriano is known nationally as a strong advocate for health care quality and has served on a number of boards and committees for high-profile organizations, including the National Quality Forum and the Joint Commission. Dr. Cipriano was the 2010-11 Distinguished Nurse Scholar-in-Residence at the Institute of Medicine.

Dr. Cipriano has been a longtime active member in ANA at the national and state levels. She was the recipient of the association’s 2008 Distinguished Membership Award for her outstanding contributions to ANA and was the

Dr. Cipriano is certified in advanced nursing executive administration. She holds a PhD in executive nursing administration from the University of Utah College of Nursing, a master of nursing degree in physiological nursing from the University of Washington, and a bachelor of science in nursing degree from American University. She was inducted into the American Academy of Nursing as a fellow in 1991.

REBECCA M. PATTON, MSN, RN, CNOR, FAAN
Lucy Jo Atkinson Scholar in Perioperative Nursing, Past President, American Nurses Association

A nurse since 1980, Patton has extensive inpatient and outpatient experience and has been responsible for the start up, and ongoing operations of ambulatory medical centers, and of an inpatient acute and a skilled nursing facility. Currently she is the Director of Perioperative Services for EMH Regional Healthcare System in Elyria, Ohio. Previously she has served as Director of Nursing, Director of Surgical Services and Director of Ambulatory Operations for hospitals in the University Hospitals Health System. She also has been a clinical instructor at the Case Western Reserve University Frances Payne Bolton School of Nursing. A member of the Editorial Board of OJIN: The Online Journal of Issues in Nursing, she has written chapters for books on medical-surgical nursing and for nursing journals. She has also written for popular publications including an article on “What You Must Know Before You go to the Hospital” for Redbook Magazine.

Patton has a Bachelors of Science in nursing from Kent State University and a Masters of Nursing from Case Western Reserve University. She has held numerous ANA positions including treasurer (1998-2002), Board of Directors member (1994-1998), and delegate to the ANA House of Delegates (2003-2005). In addition, she has served in several Ohio Nurses Association (ONA) positions, including ONA first vice president (1990-1992), ONA delegate (2005-2006), ONA finance committee member (2003-2005), and on an Association of PeriOperative Registered Nurses task force on competencies (1999-2000).

She received the “Community Involved Political Action Award” from the Sigma Theta Tau, Delta Xi Chapter at Kent State University in 2000 and the “Dorothy E. Cornelius Leadership Congress Award” from the Ohio Nurses Association in 1999.

EXHIBITORS

- Company name in conference program and on website (early registration only)
- Two complimentary representatives registration per table, extra staff members $50 each
- Continental breakfast and lunch included
- 8 foot linen-draped exhibit table with two chairs
- Exhibit space centrally located in meeting area, where food will be served
- Booth placement will be determined by ANA-Michigan staff with priority given in order of sponsorship levels

2016 Assembly and Conference continued on page 6

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As a nurse, you can empower your patients to live a healthier life. That’s why it’s important to give them the tools they need to quit using tobacco. The Michigan Tobacco Quit Line provides extra support, including a Quit Coach who will create a personal plan that will help free your patients from tobacco dependence. Your encouragement makes a difference, so have your patients call 1-800-QUIT-NOW (1-800-784-8669) today.
### SPECIALTY SPONSORSHIP OPPORTUNITIES

<table>
<thead>
<tr>
<th>Printed Program Sponsor</th>
<th>On-site program</th>
<th>Exhibit Level plus exclusive signage at the event, recognition at the event in the print program, company website logo and link on the ANA-Michigan website, social media recognition</th>
<th>$500</th>
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</thead>
<tbody>
<tr>
<td>Attendee Gift Sponsor</td>
<td>one available</td>
<td>Company logo on attendee conference gift bag, Exhibit Level plus exclusive signage at the event, recognition at the event in the print program, company website logo and link on the ANA-Michigan website, social media recognition</td>
<td>$1,000</td>
</tr>
<tr>
<td>Attendee Flash Drive</td>
<td>one available</td>
<td>Company name/logo printed on flash drive, holding all presenter handouts and information, distributed to all event attendees, Exhibit Level plus exclusive signage at the event, recognition at the event in the print program, company website logo and link on the ANA-Michigan website, social media recognition</td>
<td>$750</td>
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### TECHNOLOGY SPONSORSHIP OPPORTUNITIES

| Audio/Visual & Wi-Fi Sponsor | one available | Exhibit Level plus exclusive signage at the event, recognition at the event in the print program, company website logo and link on the ANA-Michigan website, social media recognition | $500 |

### MEAL SPONSORSHIP OPPORTUNITIES

| Breakfast Sponsor | one available | Exhibit Level plus exclusive signage at the event, recognition at the event in the print program, company website logo and link on the ANA-Michigan website, social media recognition | $750 |
| Lunch Sponsor     | one available | Exhibit Level plus exclusive signage at the event, recognition at the event in the print program, company website logo and link on the ANA-Michigan website, social media recognition | $1,000 |
| Refreshment Break Sponsor | one available | Exhibit Level plus exclusive signage at the event, recognition at the event in the print program, company website logo and link on the ANA-Michigan website, social media recognition | $500 |

### EDUCATIONAL SPONSORSHIP OPPORTUNITIES

| Keynote Sponsor | three available | Exhibit Level plus exclusive signage at the event, recognition at the event in the print program, company website logo and link on the ANA-Michigan website, social media recognition | $750 ea. |
| Education and General Session Sponsor | eight available | Recognition at the event in the print program, name listed on all other marketing material for the conference including website | $250 ea. |

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**Technology Sponsorship Opportunities**

- **Audio/Visual & Wi-Fi Sponsor**
  - On-site program
  - Exhibit Level plus exclusive signage at the event, recognition at the event in the print program, company website logo and link on the ANA-Michigan website, social media recognition
  - $500

**Meal Sponsorship Opportunities**

- **Breakfast Sponsor**
  - Exhibit Level plus exclusive signage at the event, recognition at the event in the print program, company website logo and link on the ANA-Michigan website, social media recognition
  - $750
- **Lunch Sponsor**
  - Exhibit Level plus exclusive signage at the event, recognition at the event in the print program, company website logo and link on the ANA-Michigan website, social media recognition
  - $1,000
- **Refreshment Break Sponsor**
  - Exhibit Level plus exclusive signage at the event, recognition at the event in the print program, company website logo and link on the ANA-Michigan website, social media recognition
  - $500

**Educational Sponsorship Opportunities**

- **Keynote Sponsor**
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  - Exhibit Level plus exclusive signage at the event, recognition at the event in the print program, company website logo and link on the ANA-Michigan website, social media recognition
  - $750 ea.
- **Education and General Session Sponsor**
  - Eight available
  - Recognition at the event in the print program, name listed on all other marketing material for the conference including website
  - $250 ea.

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Two Nurses Named as 2016 Crain’s Health Care Hero

Jay Greene, Crain Reporter

Shannon Pearce, R.N.
WINNER: ALLIED HEALTH
Health Care St. John Providence Health System
Health and wellness coach, Health Enhancement Program, St. John Providence Health System, Warren

Shannon Pearce is the official health coach for 15,700 associates at St. John Providence Health System, a five-hospital group based in Warren. As the system’s only coach, however, she hopes not every associate wants an appointment at the same time.

“I have time for about 30 clients at a time each week,” said Pearce, who is a certified health and wellness coach with St. John’s Health Enhancement Program. The wellness program has been saving money, reducing sick days and energizing thousands of St. John employees over the past 10 years.

“Associates (employees) sign up for appointments. It is all voluntary, free and confidential,” said Pearce, a registered nurse who graduated in 1993 from West Suburban College of Nursing in Oak Park, Ill., which is now Resurrection University.

Through group classes, lectures or individual meetings with employees and executives, Pearce helps participants reach their health goals, whether it is to lose weight, reduce stress, sleep better or stop smoking.

“Like weight loss, your goal might be to lose 20 pounds, but that is an outcome,” Pearce said. “What is your goal? Is it something you can work on and measure?”

For example, Pearce said a goal might be to take walks three times per week and get in 15 minutes of exercise each day. “This is a goal you can achieve and help you to lose weight,” she said.

Pearce said many health professionals lead busy and stressful lives and feel they don’t have time to participate in wellness programs or go to the health club.

“We work in a high-demand culture. It is important to manage your stress, sleep well, eat well,” she said. “We work on those things with our associates.”

Data St. John has collected over the years show that some years the wellness program has helped keep health care benefit costs flat. Over the past several years, St. John’s HEP program has reduced health care expenses by 34 percent on average.

Earlier this year, Pearce helped 380 of St. John’s top executives complete the health system’s first “68-Day Challenge” to lose weight and reduce stress. The program was designed by Kim Yost, CEO of Art Van Furniture, and shared with St. John, Pearce said.

“It was an amazing gift from Art Van. We rolled that out to executive-level leadership,” Pearce said. “Executives responded very well. We didn’t do one-on-one coaching. There were lots of meetings, lots of speeches, lots of pep talks. We got good results.”

Last year, Pearce helped Fox 2 Detroit News with its “31-Day Challenge,” a healthy-living initiative encouraging the community to eat better, walk more, lose weight and join the challenge’s Facebook page. With volunteer doctors and nurses, Pearce was the health coach for the event.

Pearce said wellness programs can be fun if people set aside time for them.

“Our whole focus is to improve well-being for employees by creating programs centered around their needs,” Pearce said. “We say you can create the best year of your life. Just start.”

Lisa Muma, R.N.
RUNNER-UP: ALLIED HEALTH
Nurse navigator, Pediatric Oncology Followup Clinic, Beaumont Health, Royal Oak

Lisa Muma, R.N., knew she wanted to help children when she became a nurse in 1979. After a stint in surgery, she met now-retired pediatric oncologist Charles Main, M.D., and became a pediatric oncology nurse in 1983.

Muma now is nurse navigator in pediatric oncology at Beaumont Hospital’s Pediatric Oncology Followup Clinic in Royal Oak. The clinic, which opened in 2008, is part of Beaumont Children’s Hospital.

“It is dedicated for childhood cancer survivors,” Muma said. “We have a multidisciplinary clinic where we see children twice a month to follow them after treatment as a team” that includes doctors, nurses, social workers, physical therapists, dietitians and psychologists.

“One of every 1,000 18-year-olds is a childhood cancer survivor,” said Muma. “(Survivors) are increasing every year as results are improving.”

A stark statistic is this: 43 children are diagnosed with cancer every day.

“Long-term follow-up is vitally important, as two-thirds of children have some problems after treatment,” she said.

About 175 children are helped each year at the Beaumont follow-up clinic with two-hour visits, Muma said.

To help fund a college scholarship program for cancer survivors, Beaumont puts on an annual Stars Guitars fundraiser to fund the Charles Main Pediatric Cancer Survivor Scholarship Fund.

Last year, before Michigan native Glenn Frey of the Eagles died, his autograph along with bandmates’ on a guitar raised $8,500, she said. Some 43 students are in college with the $2,000 annual grants, totaling 160 children who have received college support.

Muma also was instrumental in helping Beaumont redesign its shared governance nursing team. Through multidisciplinary nursing councils, staff nurse participation increased to 1,256 from 899.

“Nurses have more voice in decision making as they are on many more hospital committees,” Muma said. “We have much more input now to hospital policies and decisions.”

In 2012, Muma also participated in a medical mission to Mali in West Africa with the Ward Church in Northville. She helped care for 750 patients in three days.

“I cared mostly for the children. We cared for people who lived in villages and in mud huts. We did our clinic out of a school building with no running water or electricity,” Muma said. “The children got water from the well for us. People hadn’t seen doctors or nurses for years.”

Muma also was selected for the 2016 Nightingale Staff Nurse Practice Award.
Northern Michigan Region 2

Last April, Region 2 co-sponsored a multi-disciplinary clinical ethics conference with Munson Medical Center (MMC) in Traverse City. It was very successful. We were not able to accept all of the requests for reservations and those who attended were very satisfied with the conference. As a result, ANA-MI and MMC are planning the second annual Clinical Ethics Conference. Mark your calendar for April 29, 2017. We have reserved more space and are working to find speakers that will address the educational needs identified by last year's attendees. Watch ANA-MI publications and emails for more information about this educational opportunity and an enjoyable time in Traverse City in the spring.

Myrna Holland, President of Region 2, also serves as co-chairperson of the Antrim Area Women Dems and Friends. In that capacity she chaired their celebration of Women’s Equality Day in Antrim County on August 11 to commemorate the 96th anniversary of the signing of 19th amendment of the United States Constitution. After being passed by Congress in 1919, the amendment which gave women the right to vote needed to be ratified by the 36 states. On August 18, 1920 Tennessee was number 36. Henry Burn, who at the urging of his mother to vote for suffrage, cast the deciding vote. The amendment was signed into law on August 26, 1920.

The suffragettes worked long and sacrificed much to insure this right, and we honor them each time we cast our vote to support equality, justice, and freedom. Names we all should know include: Elizabeth Cady Stanton, Lucretia Mott, Angelina and Sara Grimke, Susan B. Anthony, Sojourner Truth, Carrie Chapman Catt, and Harriet Stanton Blatch.

The guest speaker at the event was Gretchen Whitmer, who is currently the interim Ingham County Prosecuting Attorney and is the past Michigan Senate Democratic Leader. Ms. Whitmer shared experiences from her fourteen years as a state legislator and how important it is to have women at the table when policy decisions are being made. Public service was a key value in her childhood. She recently made that value manifest with her daughters, ages 12 and 14, by taking them to the Democratic National Convention.

Grand Rapids and Muskegon Region 3

Region 3 met on Tuesday August 2 at Zeeland Community Hospital for dinner with guest speaker, Kathleen Van Waggoner MSN, RN, MSA, who led attendees through a Nursing Salon experience.

Kathleen is a consultant from Creative Healthcare Management. Prior to leading the attendees in a Nursing Salon experience Kathleen introduced the origins of Nursing Salons with Marie Manthey. She then explained that a nursing salon is:

- about nurses caring for self first—if we don’t care for self then how can we give “care”
- time where nurses can take a pause to think about care provided
- where nurses come together

Kathleen shared a reflective reading as we sat in a circle. All energy from the circle was brought to the center of the circle where there was a candle as a center piece. Next, the hostess started circle time by asking an open ended question followed by each nurse in the circle sharing what was on their mind in response to the question asked. Time was allowed for each person to share. One person spoke at a time and the rest listened with intention. As each of the 34 nurses shared the hostess listened and then identified a common theme which was noted as individuals spoke. The common theme identified during our circle time was INFLUENCE. Our experience in the Nursing Salon came to an end by individuals speaking more about the theme of nurses and influence.

The Nursing Salon experience was not only a very meaningful and emotional time but also inspiring as nurses shared with each other their thoughts/feelings/emotions in regards to our nursing profession.

East-Central Michigan Region 4

Region 4, is looking forward to another active year of networking with area nurses, nursing students, and Theta Chi members. All of the dinner meetings are co-provided with Theta Chi, the SVSU chapter of Sigma Theta Tau and continuing education is provided for nurses. Last year, over 139 nursing students attended the four co-provided educational dinner meetings. They are our future and we welcome them.
This upcoming year’s schedule is planned as follows:

- **Tuesday, October 4th**, Dinner meeting at Bay Valley Resort with area MSN graduates presenting their research
- **Wednesday, November 30th**, Dinner meeting at Bay Valley Resort with presentation of research on Cultural Competence in Practice
- **Thursday, February 9th**, Dinner meeting with presentation on pain management (just in time for re-licensure!)
- **Monday, April 3rd**, Dinner meeting with research on Facilitating Physical Activity in Assisting Living

Anyone interested in attending dinner meetings are welcome and can get added to the mailing list for details by sending an email to kmbrown@svsu.edu.

The meeting generally starts with cocktails and networking at 5:30pm, dinner at 6pm, program 7-8pm, and then a short business meeting to follow.

Region 4 has some new officers and council representatives for this upcoming year. Thanks to them for their willingness to serve and congratulations to the following nurses:

- Peggy Ursuy will continue as the ANA-MI board liaison and will now serve also as the region Treasurer.
- Many thanks to Suzanne Savoy for her many years of dedicated service as Treasurer for Region. Rachel Peltier will serve as the region representative on the Administration and Education Council, as well as the Nursing Excellence in Practice Council.
- Carol Jones will be serving as a region representative on the Nursing Excellence in Practice Council.
- Sally Decker and Kathleen Schachman will be serving as region representatives on the Public Policy Council.

Shawn Roberson will be serving as region representative on the Research and Evidence Based Practice Council.

See you all at the annual meeting on November 4th!

**Metro Detroit Region 7**

Region 7 will be meeting on Thursday, September 22nd at 7:00 pm at Rochester College, 800 West Avon Rd, Rochester Hills. The Michigan Department of Health and Human Services who will be providing a presentation on their “Eat Safe Fish” program.

- This presentation will give those in attendance information and resources that we can share with our clients on how to choose the safest fish to boost their health
- 1 hour of Continuing Education Contact Hours will be available to attendees
- We will be holding our bi-monthly business meeting immediately following the presentation

Due to limited space, please RSVP via email to Region7@ana-michigan.org.

**St. Joe’s Nurses Receive ANA-Michigan Memberships**

St. Joseph Mercy Oakland Magnet Ambassadors and the nurses’ week planning committee collaborated to use educational funding to provide nine (9) ANA-Michigan memberships for one full year to nurses expressing an interest in learning how participation in a professional organization promotes nursing. The idea was to engage nurses in Magnet-driven initiatives and to achieve nursing excellence by providing professional education and development to the nursing staff.

Thank you for your strong support to nursing and ANA-Michigan!

Pictured above:
- Back Row: Dana Blumenstein, MPA, Crista Walsh, BSN, RN, Theresa Harris, BSN, RN, Keith Yater, BSN, RN, Jo Pavlinac, BSN, RN; Front Row: Anne Slee, BSN, RN, Alysha Enjaian, BSN, RN, Jona Piazza, MSN, RN, Roxanne Tan Capaldi, ADN, RN

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New ANA Nursing Knowledge Center is Up and Running

From certification preparation to clinical knowledge, the American Nurses Association Nursing Knowledge Center learning management system is here to help you build your career. The NKC provides educational products and support services to individual nurses and healthcare organizations.

Developed for nurses by nurses, NKC workshops, online webinars, consultation services and publications support ANA’s mission to advance the nursing profession and improve health for all. ANA’s NKC supports individual nurses throughout all phases of their careers, with educational material presented in a variety of learning formats. Beyond the individual nurse, NKC helps organizations meet and address challenges to the nursing workforce and healthcare overall.

To get started using the NKC, follow the instructions below. If you are currently enrolled in an active course, please bookmark the page and continue the course until you complete it.

To enroll in new courses:
2. On the home page, search for courses by keyword, subject area, one of our six product categories or other helpful filters.
3. Select the course you want to participate in, and click on the button on the course description page. Each screen contains the information you’ll need to proceed from your shopping cart to the checkout page.
4. Before you check out, the system will ask you either to log in (with your current membership credentials) or to create a new account for the new ANA learning management system. NOTE: Creating this account does not make you a member of ANA, and no fees or dues are associated with this account. Remember your login credentials, as you’ll need them in the future to access your courses.
5. When you have completed your purchase, click on the link “Click here to access your training now.” A page that lists everything you have purchased in the new system will appear under the heading “My Courses.” This is your new personal home page. You will receive an email with instructions on how to access your course, in case you are not ready to start right away.
6. When you are ready, click on the title of the course to begin.

If you need assistance at any point in this process, do not hesitate to contact the support team at (866) 826-8746 or ana-helpdesk@d2l.com.

The American Nurses Association Center for Continuing Education and Professional Development is accredited as a provider of continuing education by the American Nurses Credentialing Center’s Commission on Accreditation.

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Now Hiring Commpassionate and Reliable RN’s

Our Beaumont nursing and rehabilitation facilities are the area’s leading post-hospital providers of advanced clinical care and comfort. We are looking to add compassionate and reliable nurses to our already exemplary team at our locations throughout the Metro area. If you are an RN, please send your resume to Sharon Derderian at Sharon.Derderian@beaumont.org. Applicants must be a Registered Nurse (RN) in good standing and currently licensed by the State of Michigan.
ANA-Michigan Board of Directors approved a task force consisting of 2 representatives from the board, 1 representative from each council, and 1 member at-large to review the proposed Michigan Board of Nursing draft administrative rules and make recommendations back to the ANA-Michigan board.

The task force met via conference call and traveled to Lansing for an all-day meeting. Official recommendations were prepared by the task force and approved by the ANA-Michigan Board of Directors. These recommendations and comments were submitted in writing and presented by Tobi Lyon Moore, Executive Director during the rules hearing on Tuesday, July 5th.

Task Force Members

Jeanette Klemczak, Region 6, Chair, ANA-Michigan Board of Directors
Anne Kretf, Region 2, Research and Evidence Based Council
Jean Barry, Region 3, Administration and Education Council
Sue Meeker, Region 7, Public Policy Council
Tricia Thomas, Region 7, Member At-Large
Peggy Ursyv, Region 4, ANA-Michigan Board of Directors
Monika Miner, ANA-Michigan Government and Legislative Consultant
Tobi Lyon Moore, ANA-Michigan Executive Director

Being a member of ANA-Michigan/American Nurses Association has many benefits! For only $22/month you get professional benefits from multiple publications, free monthly webinars, provide support and information regarding federal and state advocacy, receive professional learning to advance your career, and many personal benefits such as discounts on malpractice insurance, life insurance and others. Join Today!

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