My name is Heather Beavers; mother of one daughter and stepmother to four sons. I am a wife, a mother, a teacher, a friend and I am a Registered Nurse. For as long as I can remember, I wanted to be a nurse. No other career entered into my mind starting back in early childhood and continuing into my teens and college years. It was like I was destined to be a nurse as long as I can remember, and although I had other interests, like sports, and music, nursing was inscribed into my life book, leaving room for nothing else. I pursued this dream and completed my ADN in 1993 and started my career in the NICU at a large metropolitan level 3 trauma center; I had arrived; or so I thought. Looking back, still today, I fondly remember the mentors that coached me through those first few months as I got my feet wet, encouraging me and filling me with wisdom beyond what any school book or classroom could give. Explaining how the profession has grown and evolved, and in some aspects, remained the same. They instilled in me the importance of learning to adapt to change and staying plugged in to what is happening within patient care and nursing as a profession, and that this would be crucial in my continued success in the destined career I had prepared for my whole life.

That piece of advice couldn’t have been truer. Healthcare, nursing, and overall perception of health has changed a lot since I started my career. Just as I was advised so many years ago, I continue to learn, read, go to seminars, conferences, meet with colleagues and stay abreast of what is happening in the government that affects the way I perform patient care. Within the nursing profession, we are so fortunate to have organizations like TNA and ANA that help us to stay on top of the latest and greatest, as well as allowing nurses to be a voice for the profession. The multitude of seminars, conferences and educational opportunities are vast for members of TNA and ANA. Utilizing these two organizations, we as nurses can specialize, and become experts in our area of nursing. I myself have gone on to get my BSN and am working towards a specialty certification that will allow me to go further in my current resident or...
TNA District 2
East Tennessee Children's Hospital in Knoxville kicked the week off with a pop-up party and celebrated throughout the week with Pizza parties for all shifts. Spirit week was celebrated by assigning each day as a special theme throughout the week with Pizza parties for all shifts. Spirit week was closed by offering a popcorn party and celebrated May 6th. These leaders placed a lot of smiles on the faces of patients and staff.

To left: Stacie Feldmayer, Jennifer Harper, Jerri Lawson Pennei, and Terri Himelrick.

TNA District 1
The Tennessee Nurses Association District 1 Loves St Judes! Celebrating Nurses Month at the Oak Hall Run for St Jude. Left to Right—Diana Baker, Carla Kirkland and Florence Jones.

Nurses have super powers at Methodist North Hospital in Memphis TN. Nurse leaders dressed up and greeted nurses as they came into work Friday May 6th. These leaders placed a lot of smiles on the faces of patients and staff.

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In 1998, I presented the first “Foundations for Parish Nursing” course through the Center for Parish Nursing and Health Ministries at Vanderbilt University Medical Center. Since that time programs have come and gone and come again. Parish Nursing, or Faith Community Nursing (FCN) as it is now called, is a recognized specialty practice by the American Nurses Association and the American Nurses Credentialing Center. Faith community nurses are trusted professionals who help community members navigate the healthcare system; promote health and wellness within the congregation and community; make home, hospital and nursing home visits; identify resources and provide a listening ear and comforting presence to those in need. Faith community nursing is the faith community saying that just as we care for your physical needs we also care about your physical well being. It is doing “mission” work in the pews.

I want to introduce you to a faith community nurse who has spent the past 17 years doing just that. Carol Welsh RN, has just “retired” from her work as an FCN at St. Joseph’s Church in Madison, TN. And yes, she was in that first class I taught! Carol has made a huge impact on the lives of all she has touched, whether congregant, community members or colleagues. She has expanded her ministry to include a food pantry which currently serves 30 families, she visits members of the community and low income families and identifies resources to help them manage their lives. She works with volunteers to provide wellness screenings, educational opportunities and support groups, and she inspires others to open themselves to help the “least of these.”

When asked to look back on what she will remember, she said, “I will miss being with the families in times of real crisis, such as a recent or impending death, or during a serious illness. Visiting them either in the hospital or at home, and just being there as a support for them in whatever way they need – that’s probably my very, very favorite part of the entire 17 years. I loved being part of that. It’s a beautiful ministry.” So much of what nurses do is ministry...being present with people is really “standing on holy ground.” At a time when there is so much need, so much inequity in our health care system, and so little will by elected officials to do something, faith communities can be an invaluable source of support and action.

To faith community nurses...thank you, thank you for all you do. And to Carol, thank you for how you have always been a quiet presence and inspiration to me.

Sandy Murabito, Ed.D, MSN, RN

Happy Belated Nurses Week to each of you. I want to thank you for your commitment to your profession and for those of you have chosen to support your professional association with your individual membership in the Tennessee Nurses Association. Without your help we would be unable to advocate for strong Registered nurse practice in our state.

As you are aware, four generations of nurses currently exist in today’s healthcare workforce. Certainly this diversity offers strengths which can be leveraged to provide optimal patient care. However, these multiple age groups propel unique demands and preferences for communication, as well as services and outcomes expected from our professional organization. Your State Board has been working diligently to develop ways in which our multi-generational membership can be fully engaged in our organization.

The State Board of Directors, District Presidents and TNA staff met in April to discuss how to better increase membership engagement in TNA overall. We had excellent representation at this meeting and an opportunity to share many ideas. As a leadership group we fully recognize that there are varying levels of activity in our district-level associations. In addition, we understand the many barriers that exist for member participation. Available time, active leadership, and even geography may place considerable obstacles to involvement. Further, we recognize the strategies that might be different based on the characteristics and needs of members across the state.

As an initial step in providing structure and support, the State Board of Directors has established a new policy outlining the minimal criteria for active District associations in our state. Currently we are working with district presidents and leaders who desire achievement of active status.

In order to accomplish this goal we must work together. The health of our association is dependent upon meaningful involvement. If you are interested in being part of this effort, I hope that you will join forces with your district officer groups to see how you can help. Please call TNA at 615-254-0350 for your TNA District officers’ contact information. If your district is not active, I ask that you contact me directly at tnapresident@tnonline.org in order for our State board to better serve the members in your area. We look forward to partnering together to achieve our goals. Thank you so much for your commitment to our profession and for all that you do to improve the health of Tennesseans.

Sandy Murabito

If you are looking for educational sessions to ignite and sustain you in your nursing journey, this is it! Research proves it! Health is good for you! So don’t miss the opportunity to attend this year’s joint conference to learn how you can positively impact the health and well-being of your patients, family, friends and yourself! Our keynote speaker, Barbara Nash will get you moving and laughing as she relates humor to healing and health. Other topics will range from healthy aging, life balance, suicide prevention, and community initiatives to mental health, bullying and financial health. We will get you moving with Zumba sessions on Saturday and Sunday mornings and other fun, health related activities throughout the conference. Membership Assembly will offer you the opportunity to have your voice heard as we debate healthcare issues and make decisions for the direction of the association and nursing. Once again we will have a legislative panel, an interactive poster session and more, yes more, continuing education sessions! On Friday night during the welcome reception and exhibits we will have a costume contest (it is the season) with prizes and games for all. Saturday evening will be the awards gala, a not to be missed event, where we will honor our colleagues and our profession. And of course, your Christmas shopping extravaganza...the TNF Silent Auction. There will be much to do, much to learn and new friends to make and don’t be surprised if TNF has something special in store! Come and join students and nurses, old and new, to maximize your life’s potential.

Membership Assembly
All TNA members who attend this Annual Conference will be eligible to vote on all issues, positions, resolutions and policies brought before the assembly. Don’t miss this chance to let YOUR voice be heard!

Call for Resolutions
The Tennessee Nurses Association is issuing a formal Call for Resolutions for the 2016 TNA Membership Assembly to be held during the TNA & TASN Joint Conference on October 28, 29, 30, 2016 at the Embassy Suites SE Murfreesboro, Tenn. Resolutions can be submitted by any TNA member. If you wish to submit a Resolution, please submit in writing to TNA no later than August 26, 2016. If you should need assistance, please contact Barbara at the TNA office at bmartin@tnaonline.org.

TNA Achievement Awards Gala
The TNA Achievement Awards Gala held on Saturday evening, October 29, offers an opportunity to honor nurses and other individuals by acknowledging their exceptional dedication, commitment and professionalism to the profession of nursing.

We ask all TNA members to consider nominating someone today. The deadline for nominations is September 9. Visit www.tnaonline.org for details. We have all crossed paths with outstanding nurses. Don’t put off sending in your nomination.

Exhibits & Schools of Nursing Luncheon
The Exhibits & Schools of Nursing Luncheon held Saturday, October 29, allows all attendees to visit with the large variety of vendors who exhibit and learn more about new products and services. It also offers a great opportunity for graduates, from the many schools of nursing, to visit with alumni and gives student nurses and seasoned nurses the chance to network and get to know one another.

Joint Conference
The purpose of this joint conference is to promote mentoring opportunities between seasoned nurses and nursing students. We ask that you take some time out to get acquainted with the future of nursing while you are with us.

Hotel Information –
Embassy Suites SE Murfreesboro, 1220 Conference Center Blvd., Murfreesboro TN 37129
Event Group Code: TSN
Call 1-800-EMBASSY, the hotel directly at 615-890-4464 or online at www.murfreesboro.embassysuites.com to make reservations. Embassy Suites offers a complimentary full breakfast and happy hour, as well as free parking. The special room rate of $142, (single or double,) or $152, (triple or quad,) per night plus tax is available until group block is filled.

When making reservations online follow the below steps:
* Enter dates on hotel’s homepage
* Select “Check Availability”
* On the left hand side of the screen, under Narrow Your Results, select “Have a Special Code?”
* Enter the three-letter group code (TSN)
* Choose room type
* Proceed with reservation

The cut-off date for receiving the discounted rate is October 9, 2016.
TNA Members – Help Shape TNA Policy

Nominations Accepted Now for Several Elected Positions

Sharon Adkins, MSN, RN, TNA Executive Director

The Tennessee Nurses Association Nominating Committee is actively seeking nominations for several positions that will be open for election on the TNA ballot at the Membership Assembly this fall. Running for office is a benefit of membership and a way to participate actively by shaping policy in your professional association. There is no more important time for nursing than now…I encourage you to think carefully about this opportunity.

Positions Available:

• President Elect – 1 position to be elected
• Vice President – 1 position to be elected
• Treasurer – 1 position to be elected
• Director-Education – 1 position to be elected
• Director-Membership – 1 position to be elected
• Nominating Committee – 2 positions to be elected

If you wish to run for office, you must electronically complete the 2016 Call for Candidates Application, at tnaonline.org. Click on Events and scroll to the TNA Annual Conference link. Please email the completed form to Barbara Martin Harrell at bmartin@tnaonline.org, by the July 1, 2016 deadline.

No handwritten, faxed or mailed Call for Candidates Applications will be accepted. All Call for Candidates applications will be reviewed and selections made by the TNA Nominating Committee. Thank you in advance for your willingness to serve.

BSN and Online RN-BSN Admission Twice a Year

Deadlines: Sept.1 (Spring) Jan.15 (Fall)
An Update From TNPAC

Bethany Rhoten

It’s time for an update from the Tennessee Nurses Association Political Action Committee (TNPAC)! The 109th Tennessee General Assembly adjourned on April 22nd, and it was a good year for nurses! Our scope of practice task force legislation passed both the House and Senate and was signed by Governor Haslam on April 28th.

This is an important election year. All members of the State House and one half of the State Senators are up for re-election this fall. As nurses, we know that education is essential, and we must educate our representatives. Like it or not, donating to our state legislators’ re-election campaigns is essential in building relationships and ensuring access. We make donations to both Republicans and Democrats! We want to make sure that our voices are heard. Our 2016 fundraising goal is $50,000. That may seem like a lot of money, but if every TNA member contributed the equivalent of just one hour of their salary, we would well exceed our goal! We are challenging all nurses in Tennessee to donate the equivalent of one hour of your salary to TNPAC. As nurses, we know that education is essential, and we must educate our representatives.

Donate today at: https://www.tnalongline.org/pages/82-tnpac/tnpac-contributions-page. You can even recognize a friend or colleague by donating in their honor or memory! We are looking forward to seeing you at the TNA-TASN Joint Conference in October. TNPAC will also be hosting a gift basket auction on the last day of conference, so you won’t want to miss out!

Have any questions about TNPAC? Want to join our committee? Want chair, Bethany Rhoten, to come speak at your district or specialty association meeting about TNPAC? We would love to talk with you! Feel free to email bethanyrhoten@gmail.com.

Come shop with us!

Enter code GOG10 to save 10% on all orders!

ShopNurse.com

Scrubs, lab coats, stethoscopes, shoes, medical supplies, & accessories— from all your favorite brands!

Visit ShopNurse.com today!
TNA & TASN Joint Conference

A Culture of Health - The Nurse, The Patient, The Community: Maximizing Life’s Potentials!

October 28 - 30, 2016
Embassy Suites-Murfreesboro
1200 Hampton Crossing Blvd.
Murfreesboro, TN 37139

CALL FOR ABSTRACTS

We invite you to submit an abstract to be considered for oral or poster presentation at the 2016 TNA & TASN Joint Conference, A Culture of Health - The Nurse, The Patient, The Community: Maximizing Life’s Potentials. Abstracts are due on September 30, 2016. The focus of your abstract should relate to innovation in one of the following themes:

- Healthy aging
- Preventative care/health promotion
- Chronic disease
- Changes in policy/quality of care
- Preventing error/health safety
- Suffering
- Mental health
- Spiritual care
- Quality of care/health care delivery
- Advanced directives
- Wellness models of care
- Financial stress-promote, without insurance
- Nutrition/healing cooking
- Healthy aging
- Self care
- Healthy aging communities
- Healthy workplace
- Life balance (work, school, family, self)
- Public health/community initiatives
- Identifying at-risk children

If you have an innovative project or topic that does not quite fit into any of these categories, please submit, as a few innovative presentations outside these boundaries will be considered.

ABSTRACT SUBMISSION DEADLINES:

Abstract submissions must be received by September 30, 2016. Please submit abstracts by:

- Electronic submission via e-mail to abstractsubmissions@tna.org

Abstracts must contain no more than 250 words in length.

Abstract submission deadline: September 30, 2016

All presentations must be original work that is not currently under review elsewhere.

ABSTRACT CLASSIFICATION:

Abstracts may be submitted for oral presentation or poster presentation.

ABSTRACT SUBMISSION GUIDELINES:

- Abstracts must be submitted electronically utilizing the forms found at TNA.org.

Any submissions not utilizing this format or not containing complete information will be disqualified.

- Abstracts must be submitted electronically via e-mail to abstractsubmissions@tna.org.

- Abstracts should be no more than 250 words in length.

- Abstracts should include a description of the content addressed, objectives, methods/procedures, findings and recommendations for practice/research.

- Abstracts must be submitted in MS Word format using a 12 point font and be single spaced. Paged or mailed hard copy abstracts will not be accepted.

- Abstracts may be accompanied by a completed Educational Development Form, as well as Biographical Data & Conflict of Interest form for each presenter/author.

TIMELINE:

- Abstract submissions must be received by 4:30 p.m., CST, on June 30, 2016.

- All presentations must be submitted electronically to TNA at abstractsubmissions@tna.org. A panel of judges will review the abstracts and applicants will be notified of their acceptance or denial by July 18, 2016.

- All presenters must register to attend the conference.

ACCEPTED ORAL PRESENTATIONS:

- Oral presentations will be 8 to 10 minutes duration, including introduction and questions and answers.

- Oral presentations must be of commercial bias.

- All presenters are responsible for any expenses incurred in preparing, presenting and transporting their presentation.

ACCEPTED POSTER PRESENTATIONS:

- Accepted posters will be displayed throughout the conference in the Membership Assembly. Poster set up is 5pm-7pm September 28, 2016. All poster abstracts accepted will be published in the conference program. The program will be available on the website by October 15, 2016. Poster presenters will be notified as to their location in the format.

- Poster presenters must be available for any questions from attendees.

- Poster presenters must be present from 2:00 to 6:00 to introduce their topic to the audience.

- Poster presenters are responsible for all expenses incurred in preparing, presenting and transporting their poster presentations.

- All oral and poster presenters must register to attend the conference.

Tennessee Nurses Association Members Only Request for Absentee Ballot - 2016

Please send an absentee ballot for the 2016 Tennessee Nurses Association election. Request for Absentee Ballot must be received at TNA by September 26, 2016. A completed ballot will be mailed to you for the 2016 Tennessee Nurses Association election. TNA members should submit this absentee ballot request to the TNA office at:

TNA
1101 10th Avenue West
Nashville, TN 37208

While I understand that requesting an absentee ballot removes my name from the list of eligible voters at the TNA Annual Conference, No “group requests” will be honored. Fill in this Request for Absentee Ballot form and return it by:

- By noon on October 26, 2016
- By noon on October 29, 2016

Please send an absentee ballot for the 2016 Tennessee Nurses Association election.

I understand that mailing this ballot to me in the mail will constitute a request to receive a mail-in ballot. The “Request for Absentee Ballot” must be received at TNA by September 26, 2016. Several weeks later, my patient woke up and looked at me with tears in his eyes, and speaking in a strong, clear voice said: “where are my friends?” Something had changed in his eyes—he didn’t have the same confused look as before. He began to ask for names and I wrote them down as they came from his mouth. Then he finished in a tearful voice, “I’m all alone.”

“You’re not,” I told him reassuringly, “I’m right here.” I wiped his face then had another idea. “There’s this room here,” I began, “that’s really quiet and has another piano. If we go there, I can sing to you.” He looked at me with big eyes, considering the suggestion. “But God’s in there too,” I told him truthfully, because earlier he had told me that he didn’t want to have anything to do with God.

Weighing the options in his mind he looked at me and nodded, so I wheeled him into the Chapel. I placed his chair directly in front of the Tabernacle, a few feet away from the piano where I played and sang. I had prayed in that Chapel almost daily, and had received much of God’s consolation there. Now I had my patient with me, and although he had no idea how meaningful that moment was to me, I felt honored to share it with him.

I finished the song and looked up to see him crying again. I jumped up and sat down next to him, taking his hand. I asked him what was wrong, but he didn’t want to tell me. After that, I brought him back to his room with an unspeakable feeling weighing heavy on my heart.

I spent the rest of my shift trying to find the people my patient was naming, but he had no one. He had no friends or family; he was completely alone. When my shift ended, I returned to my room with more on my mind than I could process. As soon as I closed the door, I started to sob—and I had never cried like that in all my life. Everything I had felt out in a fit of tears, and within minutes, my mom called and I told her the whole story.

To both her and my amazement, she had called me to tell me that it was St. Joseph’s Feast Day, the patron saint of the dying, and that he would answer any prayer request. When we finished our conversation, I immediately dropped to my knees. I asked St. Joseph for two things: for my patient to go to heaven and to pass every semester of nursing school.

My patient died a few days later and the nurses said he had a very peaceful death. I ended up passing that semester, much to my own surprise, and am now only a semester away from graduating. But believe it or not, even with all the signs God had given me, I still considered dropping out of school after that. It took many powerful experiences before I realized that if my favorite part of nursing school was my clinical experiences, I would not want to have anything to do with God.

I often think about that day when I played the piano and sang for my patient. I know that day will always remember it as the day that got me through nursing school. And you nursing student would one day make me more valuable as a nurse in caring for others.

Clare Seghers is now a fully licensed RN and practicing at Skyline, in Nashville. Visit her blog to read a longer version of this story https://clareseghers.wordpress.com/2015/04/21/the-garden-why-i-want-to-be-a-nurse/

As a Registered Nurse, licensed in the state of Tennessee, you receive a free subscription to the Tennessee Nurse, provided by the Tennessee Nurses Foundation, but that does not include membership in TNA. Support the association that supports you. Join Today. Turn to page 9 for application. Questions? Call 615-254-0350. We can’t wait until we welcome you into TNA!
Through the Eyes of Students

Christien Aikens, MSN, RN, CPN and Deb Chyka, DNP, RN

The annual TNA Legislative Summit provides nursing students with a working knowledge of how the legislature functions, how bills become laws, and how to be an advocate of health care for all Tennesseans. In past years, the University of Tennessee College of Nursing allowed voluntary
to attend the Summit as they spoke to
to issues affecting nursing both statewide and federally.

TNA would like to express its’ appreciation to
Tennessee’s Mayor, Megan Barry, for taking time out of her
to deliver an inspiring and truly motivating
speech to those in attendance.

Pamela F. Cipriano, PhD, RN, NEA-BC, FAAN, President
of ANA, delivered the keynote address. Cipriano gave
Testimonial Day as she spoke to

the Summits ability to begin their nursing careers.” – Sarah

I now believe it is very important to speak
in the political field. I now believe that not everyone has the same
beliefs and if you do not voice your opinions,
then something huge could happen that affects
you. I learned the power of having a voice as a

student about to begin their nursing career.

The Summit was an enlightening and educational experience for
me to realize the importance of being an active participant in a
nursing organization and to keep up with the changes in
legislation. As stated earlier, I am extremely
interested and passionate about politics. I hope to be able to
join different associations and committees that could help impact
our healthcare legislation in a positive way.” – Gretchen Fischer

“By knowing that nurses can speak out about
work conditions, patient treatment, and
protocols I will be proactive in helping to always
improve these aspects in nursing. I do not know
if I would have gained this awareness without
attending TNA Legislative Day.” – Lindsay Lloyd

In closing, the faculty at the University of Tennessee
Knoxville College of Nursing appreciates the exposure
that this experience provides for nursing
students in regards to the relationship of nursing
and politics. The aforementioned reflections of the
students demonstrate how valuable this experience
truly is in promoting future nurses that are passionate
about advocating for their patient’s healthcare
outcomes. Overall, the importance of the TNA
mission and values will continue to drive the faculty
at UTK College of Nursing to expose future students
to legislation through the annual attendance at the
Legislative Summit.

Information is power! Membership in the
Tennessee Nurses Association and the American Nurses Association will keep you up-to-date on
legislation affecting the nursing practice. Join Today!

Your voice matters and together we can
ensure the future of nursing.

Founded in 1905, TNA is the only full-service
professional organization for the state’s 110,000
registered nurses. The mission of TNA is to promote and
protect the registered nurse and advance the practice of
nursing in order to assure a healthier Tennessee.

Learn more. Grow more. Be more with Tennessee Wesleyan’s online RN-BSN program

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Stay up-to-date and find your dream job!

Job Board: Search job listings in all 50 states
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Membership in the TNA mission of ensuring a healthier Tennessee by
advocates for individual patients and populations.

The Summit upholds the TNA mission of ensuring a healthier Tennessee by
influencing future members to initiate and influence
legislation and health policy.

Reflection questions were given to the students
prior to the Legislative Summit event in order
to promote thoughtful responses. Post-experience
responses to the questions included:

Question 1: “Describe something (idea/fact/information) that stood out for you in the presentation at the TNA Legislative Day.” Comments from the students include:

• “Prior to this legislative day, I did not have much experience or knowledge about the process, much less the specific bills, which are currently
under review regarding nursing and healthcare in the state of Tennessee. The TNA Legislative Day was an enlightening and educational experience that I believe was appropriate for new graduates about to begin their nursing careers.” – Sarah Sharp

• “I found it very interesting how big of a role politics could play in the daily lives of nurses. With multiplicity of leaders standing in front of the
crowd of students, strongly encouraging us to vote and speak to our legislators, I realized the
potential impact that our generation possesses that will affect the future of nursing.” – Lindsay Lloyd

Question 2: “How does this idea/fact/information impact you currently as a student about to graduate?” Student’s responses included:

• “This experience helped me realize that young
new nurses, although unpracticed, still have the
potential to influence the present and future
of their nursing career. The impact lawmaking
and government has on nursing is substantial
and this experience reiterated the importance
of getting involved early within your career.
These new bills being passed are starting to be
implemented within our practice today, and
having the knowledge and understanding of
these bills will not only help us along in our
career but help us to educate others and realize
the implications of these bills on our practice.” – Sarah Sharp

• “As a student about to graduate, this opens
a new door for me. I did not know that so
many laws and decisions constructed the way
a nurse performs, and because of this, I have
been influenced to become more educated and
involved in the political issues that are affecting
the medical field. I now believe it is very important to speak
to legislators and voice my opinion, especially
after experiencing working in the field of nursing.” – Lindsay Lloyd

• “I think the legislative day kind of opened my
eyes to the fact that not everyone has the same
beliefs and if you do not voice your opinions,
then something huge could happen that affects
you.” – Brittany Richardt

• “In the next five years, I hope to be able to
advocate for my patients not only via direct
caregiving but also in some way through
legislation. As stated earlier, I am extremely
interested and passionate about politics. I hope
to be able to join different associations and
communities that could help impact our
healthcare legislation in a positive way.” – Gretchen Fischer

• “By knowing that nurses can speak out about
work conditions, patient treatment, and
protocols, I will be proactive in helping to always
improve these aspects in nursing. I do not know
if I would have gained this awareness without
attending TNA Legislative Day.” – Lindsay Lloyd

In the next five years, I hope to be able
to advocate for my patients not only via direct
caregiving but also in some way through
legislation. As stated earlier, I am extremely
interested and passionate about politics. I hope
to be able to join different associations and
communities that could help impact our
healthcare legislation in a positive way.” – Samantha Sharp

The entire day can be summed up in the following
message: Through the Eyes of Students.

L-R: Megan Barry, Mayor of Nashville/Davidson County and TNA’s President, Sandy Murabito

L-R: Pamela Cipriano, Sandy Murabito and Sharon Adkins, TNA’s Executive Director

Through the Eyes of Students

L-R: Megan Barry, Mayor of Nashville/Davidson County and TNA’s President, Sandy Murabito

TNA would like to express its’ appreciation to
Tennessee’s Mayor, Megan Barry, for taking time out of her
busy schedule to deliver an inspiring and truly motivating
speech to those in attendance.

Pamela F. Cipriano, PhD, RN, NEA-BC, FAAN, President
of ANA, delivered the keynote address. Cipriano gave
Testimonial Day as she spoke to

the Summits ability to begin their nursing career.

The Summit was an enlightening and educational experience for
me to realize the importance of being an active participant in a
nursing organization and to keep up with the changes in
legislation. As stated earlier, I am extremely
interested and passionate about politics. I hope
to be able to join different associations and
communities that could help impact our
healthcare legislation in a positive way.” – Gretchen Fischer

“By knowing that nurses can speak out about
work conditions, patient treatment, and
protocols, I will be proactive in helping to always
improve these aspects in nursing. I do not know
if I would have gained this awareness without
attending TNA Legislative Day.” – Lindsay Lloyd

In closing, the faculty at the University of Tennessee
Knoxville College of Nursing appreciates the exposure
that this experience provides for nursing
students in regards to the relationship of nursing
and politics. The aforementioned reflections of the
students demonstrate how valuable this experience
truly is in promoting future nurses that are passionate
about advocating for their patient’s healthcare
outcomes. Overall, the importance of the TNA
mission and values will continue to drive the faculty
at UTK College of Nursing to expose future students
to legislation through the annual attendance at the
Legislative Summit.

Information is power! Membership in the
Tennessee Nurses Association and the American Nurses Association will keep you up-to-date on
legislation affecting the nursing practice. Join Today!

Your voice matters and together we can
ensure the future of nursing.

Founded in 1905, TNA is the only full-service
professional organization for the state’s 110,000
registered nurses. The mission of TNA is to promote and
protect the registered nurse and advance the practice of
nursing in order to assure a healthier Tennessee.

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Who says the nursing profession is just for women? Meet some of the future men of nursing from Austin Peay State University. LtoR: Mike Clarke, Chris Burkert, Bruce Hunter, Mitchell Fambrough, Matthew O’Conner, Chi Wu

A Special THANK YOU to our Sponsors!

Tennessee Nurses Association’s Executive Director, Sharon Adkins, MSN, RN, was awarded the distinct honor of joining the Nashville Medical News’ Women to Watch Class of 2016. Adkins, one of ten finalists, was given the award May 10 at the Noah Liff Opera Center, in Nashville. Nashville Medical News Managing Editor, Cindy Sanders, “The smart, talented, dedicated women selected for the Class of 2016 represent the many facets of the healthcare industry that must come together to deliver effective, efficient care. Provider, payer, consultant, advocate, strategic planner, marketer, lawyer, educator, change agent – there are many ways to identify this year’s honorees. But across the board, one word comes to mind that aptly describes them all … leader.

These are women who lead by example. They are unafraid to address the big issues facing the American healthcare system as the nation rethinks and retools the way we deliver care. They are innovators and problem solvers by nature who don’t mind challenging the status quo when necessary. They are generous with their time, energy, experience and sense of humor. In short, they are women we want to watch because they model the passion and commitment it takes to move the needle on system reform. These 10 women truly are making a difference in the healthcare industry, and even more importantly, in the lives of the patients the industry serves.”

The first inaugural Emerging Nurse Leader seminar was held in Memphis on April 1, 2016 at the University of Memphis Loewenberg College of Nursing. The event was very well attended and successful. Participant responses were terrific. This was a cooperative effort between the Tennessee Action Coalition and a team of nurse leaders led by Lin Zahn at the University of Memphis. The goal of these seminars is to provide inspirational topics related to leadership in order to motivate emerging nurse leaders to influence and impact the culture of health in Tennessee. Future seminars are intended for the Middle Tennessee area, East Tennessee and in the Chattanooga area.
Members of the 109th Tennessee General Assembly completed the business of the second legislative session on Thursday, April 21, 2016. We thought last year’s session was a whirlwind, however, the General Assembly maintained its fast pace and adjourned exactly one year to the date of the 2015 adjournment. The 110th Tennessee General Assembly will convene on Tuesday, January 10, 2017.

To begin this article, I first must express sincere thanks to the TNA membership for your support and advocacy this legislative session, especially when called on either by Legislative Alerts or Call to Action notices and emails. Our members didn’t hesitate to contact legislators or to make visits to Capitol Hill when the opportunity presented itself. We wholeheartedly acknowledge those professional nurses who, through your grassroots efforts, worked feverishly to advocate on behalf of not just the nursing profession, but expressed to legislators any concerns or support for legislation for the health and welfare of all citizens of Tennessee.

We also send a very special thanks to over 1000 nursing students and nursing faculty who journeyed to Capitol Hill for the annual 2016 TNA Legislative Summit on April 6, 2016. The summit included bills update, explanation of legislation 101, and the need for nurses to get informed, to vote and in grassroots, explained the foundation of advocacy which reminded future nurses of the need to engage in the legislative process first hand, as they visited the House and Senate and later that day, attended the morning of the 110th Public Chapter 0990 effective January 1, 2017.

We also, send a very special thanks to over 1000 nurses across Tennessee who volunteer. After an engaging and informative session and adjourned sine die on Friday, April 22, 2016.

The Tennessee Nurse was our publication of record for the 110th General Assembly. The Tennessee Nurse is the largest group of healthcare professionals in Tennessee. Your voice must be heard!

To visit with your local candidates. Let them see the importance of telehealth and reimbursement or coverage for services provided through telehealth.

TNA is the authoritative voice of nurses and works to advance the interests of the profession. We continue to encourage TNA members to support candidates to their TNA District meetings. We continue to encourage TNA members to support candidates to your TNA District meetings. We continue to encourage TNA members to support candidates to your TNA District meetings. We continue to encourage TNA members to support candidates to your TNA District meetings.

This task force was created to work to their full scope of practice, make healthcare accessible, equitable, and affordable care provided by the appropriate healthcare professional; make recommendations on the implementation of a plan to allow healthcare providers to work to their full extent their education, training, experience, and certifications; and identify barriers to adoption of best practices and potential public policy options to address barriers to ensuring care for all Tennesseans. The bill will be referred to the Senate Education and Labor Committee, who will further consider the legislation in the 110th General Assembly.

We also received threats on our website, TennesseeNurse.org, and social media, which kept us busy. One such bill included, TMA’s proposed “Tennessee Health Care Professional Act” as H.B. 2424 and S.B. 2654 which was referred to the Senate Health and Welfare Committee. The Tennessee Nurses Association (TNA) is the authoritative voice of nurses and works to advance the interests of the profession. TNA works to advance the interests of the profession. TNA works to advance the interests of the profession. TNA works to advance the interests of the profession.

Again, we take this opportunity to thank all TNA members for your continued support and we hope to see each of you at the 2016 TNA/TASN Joint Annual Conference. The conference is being held at the Murfreesboro Embassy Suites Hotel, October 28–30, 2016, please visit www.tnaonline.org for registration information. See you there!
Power and Effectiveness of Stories

A Good Story on the Power of Stories

Stories capture the attention...and often the hearts and minds...of those who hear them. A well-crafted story can be a compelling tool in advocacy.

A powerful story unfolded February 16, 2016 at Legislative Plaza during a meeting of the House Health Subcommittee. On this day Jill Kinch, former President of the Tennessee Nurses Association, and Teri Durbin, President of the Tennessee Association of Nurse Anesthetists, presented testimony to committee members considering diverse bills supported by the Tennessee Medical Association (TMA) and the Tennessee Nurses Association (TNA). The major differences between these two professional organizations to resolve differences set the stage for the February 16th story and provided the conflict which is the heart of a good story.

Tennessee has some of the most restrictive Advanced Practice Registered Nurse (APRN) practice regulations at a time when restrictions are being abandoned across the country based on solid evidence and demands for better patient outcomes at a more efficient cost. The TMA-supported bill would have further restricted APRN care and resulted in major disruption in care for Tennesseans from East to West. The TNA-supported bill called for the establishment of a task force to examine and develop actionable recommendations on transforming the delivery of health care in Tennessee and advancing APRN practice. By the end of the hearing the TMA-supported bill failed to advance and the task force bill began a successful journey through the General Assembly. I am convinced that the success of the February 16th story resulted from the APRNs from across the state who visited, called, and emailed legislators in the days leading up to the committee meeting, were present at the hearing, and shared their everyday stories about the value of the care they provide.

A select number of the 10,000+ licensed APRNs who provide care across Tennessee, often to rural and other underserved populations, provided stories about their practice sites and the patients and communities they serve for Jill’s testimony. The prepared testimony delivered by Jill Kinch included profiles of APRNs who deliver community-based primary care, long term care, and critical care, deliver babies, provide much-needed care for individuals with emotional disturbances, substance abuse disorders, and serious mental illness. Jill spoke of APRNs representing rural primary care clinics, community mental health centers, university-owned or sponsored clinics, free-standing birth centers, school-based clinics, Federally Qualified Health Centers, and other sites that feature nurse-managed or nurse-led care. Although each story was unique, there were common themes. These themes include: APRNs frequently care for individuals, families, groups, and communities not served by other providers and the care delivered by APRNs is high-quality, cost-effective, well-received, and often preferred by patients and other stakeholders. Lastly, if APRNs faced additional barriers in their delivery of care thousands of Tennesseans and communities would suffer. In addition the barriers already in place are unnecessary and not based on good evidence or the experiences from states with less restrictions.

Teri Durbin, DNP, CRNA, APN
Jill Kinch, MSN, ACNP-BC

The February 16th story has lots of drama. Although originally told she had ten minutes for her testimony, Jill was asked the night before to limit her comments to five minutes. Five minutes! It was a challenge to decide what to include and what had to regrettably be cut. There was not enough time to capture all the observations. Many people had to watch the proceedings from the monitors in the hall of Legislative Plaza. The idea that APRNs provide essential care in communities across Tennessee and this care should be facilitated, not disrupted, was given a great boost by several Tennessee representatives serving on the House Health Committee. These members are acutely aware of the value afforded by APRNs in the areas they represent and they were not shy in speaking-out in support of APRNs.

Good stories need to be told and used effectively in advocacy. Below are excerpts from the stories APRNs submitted to be included in the testimony provided by Jill Kinch. Enjoy!

Twenty-six certified nurse midwives practice at the West End Women’s Health Clinic, one of many Vanderbilt nurse-run clinics. According to Michelle Collins, Director of the Nurses Midwifery Program, the midwives deliver over 1,000 babies annually. One of the other Vanderbilt clinics provided 30,814 visits last year and attended 1,400 births. At a cost of approximately one-third of an OB/GYN physician, a CNM/WHNP can care for low-risk, well women throughout the lifespan and throughout pregnancy.

The Vine School Health Clinic is a full-service clinic staffed entirely by pediatric nurse practitioners, including Drs. Nan Gaylord, and Tami Bland, who are both Certified Pediatric Nurse Practitioners, and is associated with the University of Tennessee College of Nursing. It is a safety net for many underserved and come from families living below or near the federal poverty level; 22% are uninsured and 78% are covered by TennCare. During the 2014-2015 academic year the clinic had 4,442 visits.

Wellness Solutions, based in Nashville, relies on advanced practice registered nurses to provide medical and psychiatric services for 80 long-term care and skilled nursing facilities in Tennessee. According to Rachel Anderson, Vice President of Operations for Geriatrics, It is difficult to find physicians willing to practice in long-term care or skilled nursing facilities. Only five of the 80+ facilities where Wellness Solutions operate have an in-house physician. The remaining facilities are visited by a medical director who is onsite infrequently, while APRNs routinely manage patient’s chronic medical conditions, helping residents avoid hospitalization.

In the greater Chattanooga area Allyson Neal, an APNP with a doctorate in Nurse Anesthesia practice, provides behavioral health care in a community health center, as well as in a private practice. It provides care for over 150 patients ages 3 to 25 years daily for psychiatric evaluation, diagnosis, and treatment which include medications, therapy, and behavioral modification. 60% of the patients have TennCare, 40% are in Department of Children Services custody, some are in foster care, and many are referred from the juvenile justice system for evaluation and treatment.

Another APRN cares for patients at an APRN-owned clinic in rural Northwest Tennessee that has been in operation for over 15 years and accounts for over 8,000 patient visits per year. Clients represent the entire lifespan and have coverage with TennCare, Medicare, commercial carriers, and are uninsured. The advanced practice registered nurses at this clinic meet or exceed all credentialing requirements of the various payers. This clinic is a federally designated rural health clinic and is designated to provide services to veterans who have difficulty getting appointments at other VA clinics located from 20-120 miles away. Several physicians in the area have retired, resulting in a shrinking pool of providers. Recruitment of primary care physicians has been largely unsuccessful. Many of the remaining physicians in the area have dropped out of TennCare networks and have also declined to accept new Medicare patients. APNP-led clinics in the area are welcome displaced or new patients.

According to Dr. Patty Van Hook, Associate Dean for Practice, the East Tennessee State University College of Nursing Clinics include 12 federally qualified health centers providing primary, prenatal, pediatric, behavioral healthcare, and school-based care in elementary, middle, and high school, and University settings. Into 2015 40,932 visits occurred in these clinic sites; this includes 49% of the patients who were uninsured. These clinics provide the community with $1.7 million in uncompensated care. ETSU nurse-managed clinics are in the top 14% in the country for quality of care outcomes and are recognized as a Health Center Quality Leader by the federal Health Resources and Services Administration (HRSA).

Patty Van Hook, PhD, MSN, RN, FNP-BC, FAAN

Tami Bland, DNP, CNP

The Power of Stories continued on page 12

Nan Gaylord, PhD, RN, FNP-BC, FAAN
Rachel Anderson, APNP, FNP-BC, AcNP

Allyson Neal, DNP, APN, FP(NP/-BC), CNS-BS, CPNP

Patt Van Hook, PhD, MSN, RN, FNP-BC, FAAN

Beth Tobey owns and operates the Tobey Clinic in Oakland, Tennessee approximately 30 minutes east of Memphis. The patient population served by this clinic is diverse, including working adults on TennCare with physical and intellectual disabilities, elderly patients unable to find a physician accepting new Medicare patients, and female patients who were sexually abused as children and now very uncomfortable with and refuse to see a male provider.

Upper left, Certified Nurse Midwife, Michelle Collins, PhD, CNM, FACNM, sharing a happy moment new with parents.

Nan Gaylord, PhD, RN, PNP-PC, FAANP
The Power of Stories continued from page 11

For many years the homeless population in Knoxville has been cared for primarily by nurse practitioners. The clinic has grown from a small clinic that was staffed by part-time volunteers, to one that is open full-time, where homeless clients receive excellent primary care, health education and consistent follow up. Nurse Practitioners provide affordable and accessible primary care to the homeless population. An asthmatic that has had their back pack stolen and is out of their inhalers can walk-in and receive a nebulizer treatment. Jewel Birdwell, a Family Nurse Practitioner, shared stories about the special needs of the population she serves and how she, as an APRN, helps to address these needs. She spoke of homeless patients who have seizures on the street can come in and be evaluated, have meds refilled, or an ambulance called and a client that was recently released from a long incarceration who panicked and was ready to return to prison because that was recently released from a long incarceration and was out of their medications. These needs. She spoke of homeless patients who have needs. She spoke of homeless patients who have seizures on the street can come in and be evaluated, have meds refilled, or an ambulance called and a client that was recently released from a long incarceration who panicked and was ready to return to prison because that was recently released from a long incarceration and was out of their medications.

Jewel Birdwell, DNP, APRN-BC

As these stories attest, Tennessee APRNs put patients first, improve citizens’ access to health care services, and add value to our health care delivery system. APRNs play a critical role in the delivery of health care in Tennessee. Easing unnecessary regulations makes sense in Tennessee where access to primary care is lacking in many areas and among key populations and health status is relatively low. Kudos to the many APRNs from across the state of Tennessee who provide high-quality, cost-effective care and needed access to services on a daily basis. Thank-you to the APRNs who shared stories about their patients, communities, and practice.

Respectfully submitted,
Carole R. Myers, PhD, RN
Chairman-Government Affairs

Stories and Data are a Powerful Combination

Dr. Jennifer Aaker from Stanford does research on stories. She has found that when facts and figures are interwoven into a story, it draws listeners in intellectually, as well as emotionally, creating a powerful synergy. In the course of collecting and collating the Power stories it became apparent that we lack data in Tennessee about the richness of nurse-managed and led care. Currently, the Center for Nursing Practice at the University of Tennessee has teamed-up with the Tennessee Nurses Association and the Tennessee Action Coalition to host a survey on care in Tennessee through a mental health and describe nurse-managed clinics and nurse-managed care in Tennessee. All Tennessee APRNs are encouraged to complete the survey.

Please go to the below URL to take the survey

https://utk.co1.qualtrics.com/survey?SE/?SID=SV_1YcNfpyeRMfOBdr

Thank-you in advance for your participation!

Spotlight on Practice

Tami Bland, DNP, CPNP
Clinical Assistant Professor
Coordinator, Pediatric Nurse Practitioner Program
University of Tennessee, College of Nursing

Vine School Health Center

School based health centers are a model of care that are found quite commonly in many states (FL, NY, CA) but there are not many of these in Tennessee. I am fortunate to be able to practice in such a setting in Knoxville, TN. The Vine School Health Center was founded in an urban middle school in 1995 with care provision only 1 day a week in a “closet-like” setting. Twenty years later, we are a full-service pediatric practice with 5 pediatric nurse practitioners providing care 5 days a week. We serve the entire Knox County school district of 88 schools. We provide EPSDT screenings, sports physicals, sick care, mental health care, immunizations, and anything that would be provided by a pediatric primary care practice. We provide year round care as well as after hours call. In addition to our main clinic located in the back of Vine Magnet Middle School, we offer care to 11 other Title 1 schools through telehealth as well as direct onsite care 3/4 day per week.

I have been a pediatric nurse practitioner for over 20 years and have provided care in a NICU, a suburban clinic and in a rural setting. The school based health care model has been the most rewarding and effective setting that I have experienced. The school setting is trusted by families, is easily accessible, and provides a truly multidisciplinary approach including public health, educational concerns, and social work concerns, as well as individual health care. Our school base health center offers mental health care as well, through a mental health certified pediatric nurse practitioner and social workers.

The Vine School Health Center is also an academic practice run by the University of Tennessee, Knoxville College of Nursing (with collaboration with the Knox County School District). Both undergraduate and graduate students rotate through during their clinical rotations. The director of the Pediatric Nurse Practitioner program at UTK, I am able to both practice in the clinic and also teach and observe my PNP students as they progress through the program. On a typical clinical day, I supervise 2 BSN students learning the office nurse role and 1 or 2 PNP students learning the advanced practice role. In addition, our social workers have undergraduate and graduate students working with them and are able to take advantage of teaching opportunities as well.

As one of the joys of my week is my one afternoon a week when I provide care to children at a very poor Title 1 elementary school. This school is over 50% Hispanic with the majority of these families being from Guatemala. With many of the families being undocumented, I am one of the few health care providers that will see them regardless of their ability to pay. For many of these children, I am the first health care provider to examine them since birth. Opportunities for teaching abound from oral health to asthma care. I have never met a community so loving to their children and so eager to provide what is needed for a healthy and better life. Creativity and flexibility are often called for and I often depend on the interdisciplinary providers within my practice.

Our practice is a nurse managed clinic that has experienced tremendous growth in providers and services over the last 20 years. Multiple grants as well as billing of public and private insurers allows us to continue to look for further areas of expansion, including the addition of more telehealth sites. There is a plethora of evidence to support the idea that improved health care can lead to improved academic performance. While our mission is to serve those students who have limited access to health care, our vision is that “healthier students are students ready to learn.” I could not find a more rewarding place to practice as a pediatric nurse practitioner.
Especially a Nurse: Find Power in your Practice

Kate Payne

There is power in our history as well. Nurses moved from instinctual caregivers, often forgotten because they were women, to essential components in the care of soldiers on the battlefield, the hospital, public health, scientists in the lab, and leaders in the boardroom and beyond. (6) Nightingale’s legacy of quality improvement and hand washing is a constant today.

There is power in nursing practice where we have been and where we are going. There is power in actually believing it and using it well. Part of empowerment is in actually believing it and using it well. Every nurse has to claim it and use to his or her power well. Every nurse has to mentor a new nurse, and continue to mentor the mentors of nurses who will in turn, touch many more lives. Let’s do some math. One nurse working on a general med-surg unit cares for 6 patients 5 days a week, that’s 30 patients a week. The nurse works 50 weeks a year, which equals 1,500 patients a year. Say that nurse works in direct care for 30 years, that’s 45,000 patients. And if they deal with 10 patients that love each of those patients, that nurse could impact 450,000 people over the course of his or her career. Sure you might have to adjust this for different units and shifts, more time off, or working less or more years, etc. either way its a big number! Another big number is that there are almost 3,000,000 nurses in the United States alone. That means millions upon millions of lives touched by caring nurses.

Nurses are powerful because of the care they give, how they give it, and the relationships they have with patients. Nurses spend 8-10-12 hours a day, 5-4-3 days a week with patients. 24 hours a day-7 days a week-365 days a year nurses are caring for patients with the nursing model. In formal and informal ways, nurses diagnose and treat human responses and advocate for individuals, families, groups, communities and populations to protect, promote and optimize health care and the abilities of all people, to prevent illness and injury, facilitate healing, and alleviate suffering (2). The relationship between patient and nurse is a special kind of intimacy that is collaborative, focused on the good of the patient. Sometimes it is recovery, sometimes it is healing, and alleviate suffering (2). The relationship between patient and nurse is a special kind of intimacy that is collaborative, focused on the good of the patient. Sometimes it is recovery, sometimes it is healing, and alleviate suffering (2). The relationship between patient and nurse is a special kind of intimacy that is collaborative, focused on the good of the patient. Sometimes it is recovery, sometimes it is healing, and alleviate suffering (2). The relationship between patient and nurse is a special kind of intimacy that is collaborative, focused on the good of the patient. Sometimes it is recovery, sometimes it is healing, and alleviate suffering (2). The relationship between patient and nurse is a special kind of intimacy that is collaborative, focused on the good of the patient. Sometimes it is recovery, sometimes it is healing, and alleviate suffering (2). The relationship between patient and nurse is a special kind of intimacy that is collaborative, focused on the good of the patient. Sometimes it is recovery, sometimes it is healing, and alleviate suffering (2). The relationship between patient and nurse is a special kind of intimacy that is collaborative, focused on the good of the patient. Sometimes it is recovery, sometimes it is healing, and alleviate suffering (2). The relationship between patient and nurse is a special kind of intimacy that is collaborative, focused on the good of the patient. Sometimes it is recovery, sometimes it is healing, and alleviate suffering (2). The relationship between patient and nurse is a special kind of intimacy that is collaborative, focused on the good of the patient. Sometimes it is recovery, sometimes it is healing, and alleviate suffering (2). The relationship between patient and nurse is a special kind of intimacy that is collaborative, focused on the good of the patient. Sometimes it is recovery, sometimes it is healing, and alleviate suffering (2). The relationship between patient and nurse is a special kind of intimacy that is collaborative, focused on the good of the patient. Sometimes it is recovery, sometimes it is healing, and alleviate suffering (2). The relationship between patient and nurse is a special kind of intimacy that is collaborative, focused on the good of the patient.

There is power in nursing practice where we have been and where we are going. There is power in actually believing it and using it well. Every nurse has to claim it and learn to use his or her power well. Every nurse has to mentor a new nurse, and continue to work to decrease barriers for practice and for quality patient care. We aren’t just nurses’ we are ‘especially nurses.’

References
Nurse Leadership Through Board Service

Brian Mountain, CRNA, DNP, APN

With the enactment of the Affordable Care Act (ACA) in 2010, the challenge to transform the healthcare system is more accessible, affordable, safer, and of higher quality was set forth. This challenge will be impossible to fully achieve without the full input of all of the healthcare players. With more than 3.1 million providers, nurses are the largest segment of the US healthcare workforce.1 Shortly after the enactment of the Affordable Care Act, the Institute of Medicine (IOM) released a report that communicated the results of the committee’s two-year collaboration with the Robert Wood Johnson Foundation (RWJF) that called for the transformation of the nursing profession. This report delivered four key messages to support their recommendations. One of those messages state that “Nurses should be full partners with physicians and other health professionals, in redesigning health care in the United States.” (Institute of Medicine, 2010)2

For nurses to become full partners with their healthcare counterparts there must be a transformation within nursing that takes the practitioner from a reactionary mindset to one of fostering proactive leadership within nursing that takes the practitioner from a reactionary mindset to one of fostering proactive leadership. It is essential that nurses take active roles on committees, commissions, advisory boards, and other boards where healthcare policies and procedures are being developed. Strong leadership on the part of nurses will help advance the health care system and achieve the most important goal of improving patient outcomes.

In 2014, the Nurses on Boards Coalition (https://www.nursesonboardscoalition.org/) was formed with the goal to bring awareness to the unique perspective nurses could and do bring to boards and to ensure that at least 10,000 nurses are on boards by the year 2020.3 Organizations such as the American Nurses Association (ANA), Sigma Theta Tau, American Academy of Nursing, Robert Wood Johnson Foundation, and many more have joined forces to transform the healthcare environment. The Tennessee Action Coalition (https://tnac.tennessee.edu/Pages/default.aspx) was formed with the input of the board having rippling effects on the staff, patients, and community. It is vital that others look to the members of the board with trust and respect. There has been no profession trusted more than nursing. Since 1999, the Gallup organization has been polling the United States public about whom they most trust. Nurses have been ranked number one every single year except 2001, when firefighters took the top honor.4 Nurses understand the inconsequential impact that policies and procedures often have. Having the insight of a nurse can add a unique perspective to the board that is impossible to achieve otherwise.

The Tennessee Action Coalition (https://tnac.tennessee.edu/Pages/default.aspx) is leading efforts in Tennessee to enhance nurse leadership. The Tennessee Action Coalition embraces the ideas of all nurses needing to be leaders to influence change, from the bedside to the boardroom and in policymaking at all levels, nurses leading the way where care, leadership is what we do, not just the positions we hold. Brian is a member of the Tennessee Action Coalition Board of Directors and an Assistant Clinical Professor at the University of Tennessee. He is also the co-founder of Professional Anesthetist Continuing Education Development. Brian serves on the Tennessee Action Coalition Nurses on Boards Task Force. The Task force is headed by Alve Jeffery, MSN, RN-BC, CCRN, FNP-BC.

References

Tennesse nurses Foundation

Part of Your ANA/TNA Dues are Tax Deductible!

You are allowed to deduct, as a professional/business expense, the percentage of dues that are NOT used by ANA or by TNA for political activities such as lobbying at the legislature. In 2015, the non-deductible percentage for ANA’s portion of the dues is 20.24%. The non-deductible percentage for TNA’s portion of the dues is 16.78%.

Deductible Amounts
Full ANA/TNA: $290 @ 62.98%—deduction $182.64
Reduced ANA/TNA: $145 @ 62.98%—deduction $91.32
State-Only: $199 @ 83.22%—deduction $165.61

I WANT TO SUPPORT TNF

Name ____________________________________________
Address ____________________________________________
City, State, Zip _______________________________________
Home Phone ___________________________ Office Phone _______________________
Fax ___________________________ Email _______________________________________

Please accept my donation of: $1,000 $500 $100 $50 $10 $_________

I would like to make my donation as an Annual Pledge (Annual pledges limited to gifts of $250 or more:)

I will honor my Annual Pledge

I Semi Annually (July & January)

Quartely (July, October, January, April)

Please use my donation for:

General Fund (Unrestricted)

Memorial Education Scholarship (Restricted)

Leadership Nursing Program (Restricted)

Research Grants (Restricted)

The TNF Membership Dues Scholarship and Honor a Nurse programs require additional forms. Please visit www.tensium.org or call 615-354-6300 for details.

Method of Payment

Check endorsed for the amount of ____________________________
Charge my credit/debit card in the amount of $ ____________________________

Visa Mastercard

Cardholder Name ____________________________
Street Address _______________________________________
City ____________________________ State __________ Zip ____________________________
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3 Digit Authorization Code ____________________________

Signature _______________________________________
Mail To: TNF © 2016 Hindsclaw Dr., Suite 405 • Nashville, TN 37228

Thank-you in advance for your participation!
The Tennessee Nurses Foundation would like to congratulate the following fiscal year scholarship, grants and contest awardees!

**Tennessee Action Coalition**

The Tennessee Action Coalition has been well-supported by the Tennessee Nurses Foundation (TNF). The TNF initially supported a widely-viewed and well-received five-part webinar series titled Nurse Advocacy, Policymaking, and Full Practice Authority. On demand-viewing of the archived webinars continues. There have been over 600 unique participants for the series; many of participants have watched multiple webinars from the series. Ninety-two percent of the participants reported they were very satisfied or satisfied with the webinar they viewed.

We are now finishing phase 1 of a three-part economic impact analysis that was partially funded by the TNF, as well as an East Tennessee pharmacist, Tennessee APN-BC, Yancey Smith. The remaining eight months, a regional TONE Council, and Baptist Memorial Health Care in Memphis. Phase 1 includes an extensive, integrated review of the economic impact of APNs having full practice authority in the state and national level. Before we proceed with phase 2, we need to raise the remaining funds. Phase 2 of the study will include Tennessee-specific projects based on models developed from state and national results described in the phase 1 report. The results of phase 2 will be valuable in our work with members of the full practice authority task force, legislators during the next General Assembly, and other key stakeholders.

Amount received for both projects: $13,900.

Respectfully submitted
Carole R. Myers, PhD, RN
Nursing Lead

**2016 Scholarly Writing Contest**

First Place Winner:
Amy Smith, MSN, RN, APN, FNP-BC

Amy Smith, “Thank you, TNA, for designing a writing contest that promotes the thought regarding the tender beginnings of new nurses. I enjoyed the time of developing the essay, and I am delighted to have won a year membership to both the TNA and ANA as well as a cash prize of $1,000!”

Ms. Smith’s article, The Mentoring Strategy of Transformational Leadership, can be found under the Tennessee Nurses Foundation link at tnaonline.org and will be published in an upcoming issue of the Tennessee Nurse. Scroll down the left menu and click on 2016 Scholarly Writing Contest. Amount received: $1,000, plus a free one-year membership in both the Tennessee Nurses Association and the American Nurses Association.

Second Place Winner:
Cathy Yancey, RN

Ms. Yancey’s article, Mentoring a Bond of Trust, will be published in an upcoming issue of the Tennessee Nurse. The Tennessee Nurses Foundation Board of Trust has also invited Yancey to submit an abstract for TNA’s upcoming Annual Conference and speak on this timely topic. Should an abstract be received, TNF will pay for Yancey’s conference registration fee.

**Nursing Research Grants**

Eydie Cloyd, JD, MSN, PMHNP-BC, Karen Hande, DNP, APN-BC, and Carrie Plummer, PhD, APN-BC have received TNF Grant Funding for their research project Mindfulness Centered Stress Reduction for TNF Grant Funding for their research project. This project is being conducted by Vanderbilt University School of Nursing in collaboration with Ochsner for Integrative Medicine at Vanderbilt.

Amount received: $3,990

Eydie Cloyd

Karen Hande

Carrie Plummer

**Maureen Nalle Memorial Graduate Nursing Scholarship**

Aimée Branch, BSN, RN, FNP-S

Aimée is currently attending Tennessee State University’s Family Nurse Practitioner program and plans to graduate in December 2016. Aimée’s goal upon graduation and passing the certification exam is to work at the Veterans Hospital in Memphis, working with their Returning Service Members program and their Women’s Veterans programs.

Amount received: $2,000

**Nurse Mentoring Toolkit**

Now Available to Hospitals and Schools in the State of Tennessee

Provided by the Tennessee Nurses Foundation

The TNF Nurse Mentoring Toolkit is designed for hospital nurses and can be used for students enrolled in a nursing program. This toolkit includes resources that support mentor program coordinators, mentors and mentees. Best Practices, questions to jump start discussions, resources, checklists and activities are contained in this practical, how-to mentoring guide.

Developed by The Health Alliance of MidAmerica LLC, a limited liability company of the Kansas and Missouri hospital associations, in conjunction with the Collegiate Nurse Educators of Greater Kansas City and the Kansas City Area Nurse Executive Council, this successful program provides encouragement and support to help nurses navigate the challenges of working in a hospital.

Handouts and Tools are Included for the Mentor.

Areas Covered Include:
- Building Trust
- Establish a Plan
- Setting Goals
- Explore Job Satisfaction, Workplace Engagement and Empowerment
- Understanding Self and Others
- Effective Communication
- Problem Solving
- Time Management
- Leadership and Workplace Dynamics
- Career Development and Understanding the Meaning of Professionalism in Nursing
- Evaluation and Outcomes

Complete details available at www.tnaonline.org.

Click on the Tennessee Nurses Foundation link and then click Nurse Mentoring Toolkit. For questions, call 615-254-0350.

**Tennessee Nurses Foundation’s mission is to promote professional excellence in nursing.**

Tennessee Nurses Foundation, 545 Mainstream Drive, Suite 405, Nashville, TN 37228-1296
Phone 615-254-0350 | Fax 615-254-0303
ANA News

Nurses Rank as Most Honest, Ethical Profession for 14th Straight Year

Ranking Reflects High Regard for Nursing Profession

The American Nurses Association (ANA) is the premier organization representing the interests of the nation’s 3.4 million registered nurses. ANA advances the nursing profession by fostering high standards of nursing practice, promoting a safe and ethical work environment, bolstering the health and wellness of nurses, and advocating on health care issues that affect nurses and the public. ANA is at the forefront of improving the quality of health care for all.

Jemarion Carol Jones
Sr. Public Relations Specialist, American Nurses Association
8515 Georgia Ave. Ste. 400
Silver Spring, MD 20910
P: 301-628-5198, E: Jemarion.Jones@ana.org

Want to become part of the ANA community? Visit www.NursingWorld.org/joinana.aspx to join today and learn more about the benefits of ANA membership. Find out what ANA can do for you and what together we can do for nursing.

SILVER SPRING, MD — Nursing continues to be rated the most trusted profession, according to the annual Gallup poll ranking of honesty and ethics in various fields. For the past 14 years, the public has voted nurses as the most honest and ethical profession in America. This year, 85 percent of Americans rated nurses’ honesty and ethical standards as “very high” or “high,” tying a nurses’ high point on the Gallup poll and 17 percentage points above any other profession.

“It’s essential that we leverage this trust to lead and implement change in the health care system,” said Pamela F. Cipriano, PhD, RN, NEA-BC, FAAN, president of the American Nurses Association (ANA). “Hospitals, health care systems and other organizations are lacking an important perspective and can’t make fully competent decisions if they don’t have registered nurses at the board table or in the C-Suite. That’s why ANA is a member of the Nurses on Boards Coalition, working to place nurses in leadership roles so that we can do for nursing.

The release was just one component of the “Year of Ethics,” a series of activities emphasizing the importance of ethics in nursing practice. In 2016, ANA will build on this concept of ethical and shared responsibility by launching a year-long “Culture of Safety” campaign to drive changes leading to a safer health care system. The campaign will also highlight how patients, communities and the nursing profession can benefit from efforts to foster a culture of safety in health care. For more information, please visit NursingWorld.org.

Nursing Shortage: Fact Not Fiction!

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Student Forum

Dustin Larson, TASN BTN West

Salutations from TASN (Tennessee Association of Student Nurses). As I embark on my second semester of nursing school at Tennessee Tech University, I feel very blessed to have been able to follow through on a goal that I made for myself back in 2011. I had lost a job and was reentering the workforce, and attending a nursing school that I knew would prepare me for a career in the hospital, and the program was not good. It was here, working with the doctors and the awe-inspiring nursing staff, at St. John’s Hospital in Springfield, Illinois that I received the calling to become a nurse.

Fast-forward to the current day and I am a junior at TTU in the nursing program, one of the top in the U.S. I am, by 5th semester, the President of TTU Student Nurses Association (TASN), in addition to being the President of my nursing class. My passion with TASN involves encouraging minority to make the leap into the exciting world of nursing. Such minorities include men. While there are more men working as nurses today, when compared to twenty years ago, there is still a need for more men and minorities in the nursing field.

I hope to mentor and encourage anyone who feels like “nursing is not for me.” I always felt the same way growing up; I was always boundless! More importantly, I know that my late mother will be smiling down on me telling me how proud she is; that to me is the ultimate reward in and of itself.

Do you work at the VA?

Join TNA today for only $11.15 a pay period.

Check Payroll Deduction on the lower right-hand side of the TNA Membership application. A TNA staff member will send you the form you need to take to the VA Payroll Department to setup your payroll deduction dues plan. It’s that simple. You will never miss $11.15 from your paycheck and you will have gained so much in return. If you have any questions, call 615-254-0350.

TNA also has Payroll Deduction Dues plans set up at the: Regional Medical Center – Memphis @ $12.08 per pay period.
Carole names Maureen as one of her most influential mentors. In addition, Dr. Myers was recently appointed to the national Nurses on Boards State Strategy and Implementation Advisory Council. The Nurses on Boards Coalition is leading a campaign to help ensure that at least 10,000 nurses are on boards by 2020.

Visit: nursesonboardscoalition.org.

SUSAN NEWBOLD

Susan Newbold, of the Tennessee HIMSS chapter, has been recognized nationally by the HIMSS Nursing, Advanced Practice, Board of Directors as the 2015 Chapter Leader of the Year. Newbold received the award at the HIMSS15 Awards Gala in Las Vegas, Nevada.

JANET TUCKER

Janet Tucker, Program Director at Le Bonheur Children’s hospital in Memphis, has completed her PhD in nursing at UAB.

Dr. Haley Vance is the recipient of Vanderbilt’s Advanced Practice Nurse of the Year Award. Vance, Assistant Director, Advanced Practice Nursing at Monroe Carell Jr. Children’s Hospital at Vanderbilt, serves as Vice President of the Tennessee Nurses Association and also serves as a member of the Board of Trust for the Tennessee Nurses Foundation.

BROOKE VILLARREAL

Brooke Villarreal, one of four recipients nationwide, received a $3,000 scholarship from the American Nursing Informatics Association (ANIA) for the advancement of informatics through certification and education. The scholarship is only awarded to applicants seeking Masters and Doctorates. Brooke is currently working towards her Doctorate of Nursing Practice (DNP) at Vanderbilt University and is employed at HCA in Nashville, TN.

It has been a busy Spring for Deborah and her colleague Dr. Debra Sullivan. They presented twice on leadership topics and published once together. Weatherspoon is currently using the authors’ book called Nursing Documentation Basics Pocket Card in Beginning Nursing Programs; Quality, Safety.

The card helps students provide a high quality, safe, and efficient patient assessment. The pocket cards have been used for two semesters very successfully.

The team designed a card that nursing students keep in their pockets to help them perform a head to toe nursing assessment on their patients, using body systems and safety. The card helps students provide a high quality, safe, and efficient patient assessment. The pocket cards have been used for two semesters very successfully.

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District News

District 1
President: Florence Jones, DNP, RN, NEA-BC, FACHE

February 26th – 27th District 1 members volunteered their time and nursing skills to support the Mid-South Mission of Mercy Dental Clinic. Our next volunteer activity is scheduled for May 1st. District 1 members will participate in the Oak Hall 5k run/walk to support St. Jude Children’s Research Hospital. Everyone please remember to wear your TNA t-shirt.

Connie McCarter, Immediate Past President District 1 and Florence Jones, President District 1

District 2
President: Deb Chyka, DNP, MSN, RN

Annually District 2 does a presentation on legislative issues and advocacy. On March 10 the presentation was titled Nurses on the Move: Legislative Know-How and Advocacy and was led by Dr. Carole Myers. The presentation is attended by practicing nurses and faculty. Below are pictures of a contingent of Walter State Community College students who attended.

The Celebrate Nursing event for District 2 was held on April 21. We had wonderful food, fellowship, and presentations. Dr. Lisa Kirkland spoke on “The Five Ps of Nurse Retention.” Congratulations to all of the nurses who received TNA District 2 awards and to the nursing students chosen to receive Certificates of Recognition by their respective schools for their professional leadership. The award recipients were:

TNA District 2 Awards:
- Carole Myers – Maureen Nalle Leadership Award
- Donna Wallace – Clinical Award
- Lisa Kirkland – Scholarship Award
- Raycene Brewer – Hall of Fame Award
- Mary Lynn Brown – Service Award
- Amber Brown – Friend of Nursing Award

District 3
President: Chita Farrar, Ed.D, MSN, RN

TNA District 3 Meeting!
See you there!
June 16, 2016

Topic/Meeting: Empowering a Culture of Retention with Preventative Management of Compassion Fatigue

Speaker: Chita Farrar

1 Contact Hour Provided

Open to Members, Nonmembers, and Students

Program: General Meeting & Educational presentation

Where: Blackstone Restaurant & Brewery
1918 West End Ave.
Nashville, TN 37203

Light appetizers will be provided for attendees. The full menu and drinks will be available for individual purchase.

Time: 6:00 PM – 6:30 PM Optional Networking with District Members
6:30 PM - 8:00 PM Meeting
Join Dr. Chita Farrar as she presents a framework to empower retention of our valuable nurses through education about compassion fatigue including causative factors, symptomatology, and management. We experience compassion fatigue on a personal and practice level. Everyone can benefit from empowerment of combating compassion fatigue. She encourages you to bring a friend and a student to this valuable learning and interactive presentation.
New & Reinstated Members

District 01

District 02

District 03

District 04
Donna L. Bouler, Leslie F. Broschay, Christina Marie Chapman, Cheryl Culver, Jessica Lindsay Fugunt, Marian L. Gilbert, Michelle Hamblin, Bryna Hamilton, Karlia Hughes, Elizabeth Marie Jackson, Tracey Joleene Jenkins, Jewell J. Kyle, Ashley Taylor Long, Julie Nicole McBride, Sally Moss, Noelle Murphy, Pamela M. Sherrerts, Cathy Thomais, Leslie A. Turner, Leisha T. Wade, Ray Stephen Webb, Brittni Williamson, Marlene Fay Wilkey, Ashley Wright, Carly Brynne Zelinsky

District 05
Kasi Calhoun, Ashley Humphries Cameron, Aimee Marie Carpenter, Cathy Greenwood, Sandy Kay Halford, Sharron Huff, Blair Queensberry Jervis, Emily Lord Lamb, Patricia Lynn Manton, April D. Morelock, Tracy Morris, Zola Katherine Mounts, Jane M. Mustain, Amanda Michelle Oliver, Teresa C. Payne, Dee Fox Perry, Jennifer L. Peters, Mellissa A. Potter, Stephanie Rhoton, Ruth A. Richter, Rachel Allyson Roach, Lauren Nicole Rogers, Lisa Castina Sixmore, Kathryn Tyler Smiley, Christina Yvonne Smith, Lisa Smithgall, Jamie Stanley, Leslie Trivett, Gretchen J. Vondran, Carrie Joan Walker, Hannah E. Wheeler

District 06
Oloade Augusta Isibor, Brooke Ashton Laws, Linnette Maharry, Lisa M. Raines

District 07
Alyssa Chantell Bates, Lori Ann Claxton, Laruel Hope Stayton

District 09
Katie L. Agee, Pepe L. Thompson

District 15

American Nurses Association/Tennessee Nurses Association Membership—Each of you has something to offer…a skill that would strengthen the profession in some way. Join TNA Today!

Stay informed from coast to coast!
- Access over 600 issues of official state nurses publications, to make your research easier.
- Search job listings in all 50 states.
- Stay up-to-date with events for nursing professionals.

www.nursingALD.com
TNA Visa Rewards

Get the card that rewards you and supports TNA with every purchase. Learn more at tnanonline.org/Visa

Springleaf Financial

Springleaf Financial provides a wide variety of personal loans to meet TNA members’ needs, from auto loan refinancing, debt consolidation, and home improvement projects to travel excursions and more! Springleaf personal loan specialists will work with TNA members and nurses across the state to find a loan that fits your individual needs and budget while offering a steady fixed payment option and quality service. Springleaf provides personal and auto loans and has 29 convenient branches throughout Tennessee. Be on the lookout for an upcoming email communication. Springleaf lending made personal.

Snazzy Traveler

A private travel reservation site that provides TNA members with free access to exclusive wholesale pricing on hotels, resorts, cruises, car rentals, and travel activities. Save up to 75% on more than 400,000 hotels and resorts worldwide! TNA members will receive an email with your login information.

Advance your nursing career without sacrificing your practice. Learn more by visiting us at online.KING.edu/TNNurse

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