

The Pelican News



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Executive Director's Message



Rita J. Finn

Rita J. Finn

Great news! LSNA has joined the social media era. Check us out and be sure to follow us on our Facebook, Twitter, LinkedIn and Google Plus. We are excited to be able to come together and network with nurses in real time. We hope these dynamic internet-based tools will allow all nurses, student nurses and other disciplines in healthcare the opportunity to communicate, collaborate and share best practice notes with each other.

LSNA is fortunate and grateful to have a great Communication and Social Media committee member and volunteer, Mr. James Luce, RN guiding us through the social media maze. James gets full credit for setting up our social media sites. He does an excellent job monitoring our Facebook, Twitter, LinkedIn and Google Plus pages and keeping them current and updated with pertinent nursing news. He also posts legislative updates, and appealing human interest articles and videos. If you have an item of interest you would like to share James can be contacted at socialmedia@lsna.org. Please follow us on Facebook, Twitter, LinkedIn, and Google Plus, and don't forget to tell your nursing colleagues about us too.

LSNA adheres to the ANA's *Principles for Social Networking for the Nurse: Guidance for Registered Nurses* which can be found at www.NursingWorld.org under the Practice-> Professional Standards tabs. LSNA also endorses the National Council of State Boards of Nursing, *A Nurse's*



Guide to the use of Social Media which can be accessed at www.ncsbn.org by typing the term Social Media in the Search box.

On a different note, the annual LSNA cruise which set sail on Thursday, November 5, 2015, was by all accounts was a huge success. Ms. Alice Battista, MSN, RN, CHPN, and Director, Mission Services, Our Lady of the Lake Regional Medical Center presented "Navigating the Issues: Nursing Care and Ethics, a 5.0 CNE offering divided into two sessions. The purpose of the program was to enable nurses to use the ANA Code of Ethics as a basis for ethical analysis and decision making in practice. During the Friday component, Ms. Battista discussed the concept of ethics in daily practice. She summarized the updated ANA Code of Ethics, and shared how one organization developed its infrastructure to support ethical practice.

During the Sunday program, Ms. Battista related an appropriate procedure for giving bad news, defined key advance care planning documents, and discussed moral uncertainty, moral conflict, moral distress, and moral courage.

All in attendance agreed it was an excellent program. The board of directors and staff of LSNA thank Ms. Battista for her time and effort to develop and present this valuable course.

Please consider joining us on the cruise next year. We will be sailing on the newer, larger Carnival Triumph in 2016. What a way to earn ANCC accredited CNE hours and have a relaxing mini vacation at the same time.

Last but far from least, the Board of Directors and staff of LSNA wishes each of you joy and peace during this beautiful holiday season and every blessing in the New Year.

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Nurses!

Louisiana has a large list of nurses to keep updated and we want to reach you all. Please be sure to email lsna@lsna.org with address changes / corrections or if the nurse listed is no longer at this address.

Subject Line: Pelican News Address Change / Removal - Last, First Name

American Nurses Association

Social Media: What Nurses Are Saying...

If you were on Twitter and Facebook in September, you most likely noticed thousands of nurses from all over the world, proudly displaying their stethoscopes and voicing their support for the profession.

The campaign led by the American Nurses Association came in response to comments made by the hosts of the television program "The View," who poked fun of Miss Colorado, Kelley Johnson, an RN, for her performance of a monologue about nursing during the pageant. Co-host Joy Behar asked why she had a doctor's stethoscope around her neck. The comments not only demonstrated disrespect for nursing, but displayed a profound lack of understanding about what nurses do every day.

ANA asked that nurses tweet at "The View" sending their stethoscope selfies using the hashtag #NursesShareYourStethoscopes. ANA's constituent and state nurses associations helped spread the message. On Facebook alone, ANA's post reached more than 4.7 million and on Twitter the hashtags had a reach of well over 2 million.

In addition, ANA issued a statement from ANA President Pamela Cipriano, PhD, RN, NEA-BC, FAAN, to the media. Over the next few days, an apology was issued from the show's co-host via Twitter, but social media pressure remained high, and companies pulled their advertising from "The View."

On Sept. 18, the show devoted an entire segment to nursing in an effort to apologize and advance understanding of the profession. More than 50 nurses from New York University College of Nursing and the NYU Langone Medical Center appeared on the show, some coming in after a 12-hour shift to support the effort. Kellie D. Bryant, DNP, WHNP-BC, director of Simulation Learning, and Larry Z. Slater, PhD, RN-BC, CCRN, clinical assistant professor, and ANA-New York board member, talked with the hosts about "What exactly do nurses do?" The conversation allowed

Bryant and Slater to highlight the education, training and skills required of nurses, along with the challenges faced and countless heroes who are saving lives every day.

The president of ABC News called Cipriano to offer his personal apology, and he promised to work with ANA to help educate the public on the heroic work of nurses.

Johnson continues to act as a courageous spokesperson for nursing, appearing on "The Ellen DeGeneres Show" and "The Dr. Oz Show" in September. ANA was included in stories in *People*, *Forbes*, "E! Online" and *Associations Now*, which included a photo of ANA CEO Marla Weston, PhD, RN, FAAN, proudly sharing her stethoscope.

We encourage members to continue to take action by:

- Expressing yourself on social media via ANA's Facebook page or using the hashtag #NursesShareYourStethoscopes.
- To display your RN pride, visit ANA's e-store and make your selection from our line of "I'm an RN, what's your Superpower?" products at <http://anaestore.summitmg.com/anaestore>.
- Join the movement to unite and elevate the voices of nurses with a donation to the American Nurses Foundation. Visit www.givetonursing.org
- See the best film on nursing ever made. "The American Nurse: Healing America" helps raise funds for nurse scholarships. Visit www.givetonursing.org.

To access ANA's social media channels, click on the icons on ANA's homepage at www.nursingworld.org.



5713 Superior Drive, Suite A-6
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Monday-Friday
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Executive Director
Rita J. Finn, RN, MSN
rjfinn@lsna.org

Program Coordinator
Carol Cairo, RN
ccairo@lsna.org

Office Coordinator
Jennifer Newman, B.A.
lsna@lsna.org

Membership Volunteer
Karen Loden
membership@lsna.org

Article Submission

- Subject to editing by the LSNA Executive Director
- Must be in the form of an electronic submission as an attachment (**word or pdf**)
 - Email:
 - Subject Line: *Pelican News* Submission: Name of the Article
- Must include the name of the author and a title in the document.
- All pictures must have a caption with names of any persons depicted. (Names must be complete and submitted at time of picture)
- LSNA reserves the right to pull or edit any article / news submission for space and availability and/or deadlines.
- If requested, notification will be given to authors once the **FINAL** draft of the *Pelican* has been submitted.
- LSNA does not accept monetary payment for articles.

Article submissions, deadline information and all other inquiries regarding *Pelican News* please email: Managing Editor: Jennifer Newman, B.A. at lsna@lsna.org

2016 Article Submission Dates

(submissions by end of the business day)
January 08, 2016
April 08, 2016
July 08, 2016
October 14, 2016

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Honors & Awards

Another New Doctorally-Prepared Nurse in Acadiana

Patricia A. La Brosse, APRN-BC



Jeanine S. Thomas earned a BSN from Southern University A & M College in Baton Rouge, LA; a MSN from University of Louisiana in Lafayette, Lafayette, LA with a concentration in Nursing Education; and she recently earned a PhD in Nursing from the University from Arizona, Tucson, AZ. Her research focuses on spirituality and breast cancer. The title of her dissertation is "Relationships Among Self-Transcendence, Illness Distress, and Health Promoting Behaviors in African American Women Diagnosed with Breast Cancer." At the University of Arizona, Jeanine had the honor and privilege of working under the academic and research guidance of Dr. Pamela Reed, Dr. Lois Loescher, and Dr. Laura McRee.

Her nursing career has been diversified with experiences including working in roles as a staff nurse, an educator on the university level (both traditional and online), a manager, and a director. Jeanine is a member of several nursing organizations: the American Nurses Association, National Black Nurses Association, Oncology Nursing Society, and Sigma Theta Tau International. Her nursing specialty is oncology and she obtained her ONS Chemotherapy Biotherapy certificate along with her Oncology Certified Nurse (OCN) certification.

Clair Millet Selected for Public Health Nurse Leader Program

Rita J. Finn, MSN, RN Executive Director LSNA



Clair Millet, DNP, APRN, PHCNS-BC, has been selected by the Robert Wood Johnson Foundation (RWJF) as one of 25 public health nurses from across the country to participate in its Public Health Nurse Leaders (PHNL) program. According to the news release from the RWJF, the "Two-year leadership development program will prepare nurses to support the Future of Nursing: Campaign for Action and Help Advance a Culture of Health".

The goal of the program is to prepare senior public health nurses to lead in the development of collaborative relationship in their communities, creating partnerships across all disciplines and specialties to build a Culture of Health.

Dr. Millet is from Paulina, LA and is currently the director of nursing at the State Department of Health and Hospitals Office of Public Health. She will work closely with the Louisiana Action Coalition to carry out recommendations from the Institute of Medicine's Future of Nursing report, as part of the Future of Nursing: Campaign for Action.

Rachelle Conish Elected to LENA



Rachelle Conish, RN, CEN has successfully passed the Certified Emergency Nurse (CEN) Certification Exam. Rachelle has also been elected to serve on the Board of Directors to Louisiana Emergency Nurse Association. Photo courtesy of Charla B. Johnson.

National Academies of Practice Inducts Mary Neiheisel

Patricia A. La Brosse, APRN-BC, President - District IV



The National Academies of Practice is pleased to announce the election of Mary Neiheisel, EdD, FNP-BC, FAANP, from Lafayette, LA as a Distinguished Scholar & Fellow of NAP. Dr. Neiheisel, member of the faculty in the College of Nursing and Allied Health Professions at the University of Louisiana at Lafayette, was inducted at the Spring 2015 membership banquet in Alexandria, VA. She is a well-respected member of our local and state nursing community, is active in numerous community endeavors, and serves on Board of Directors for multiple civic organizations as well as the Acadiana Area Human Services District. Dr. Neiheisel is a member of several professional organizations including ANA/LSNA District IV.

Founded in 1981, NAP is an interdisciplinary, non-profit organization, with membership representing fourteen health care professions willing to serve as distinguished advisors to health care policy makers in Congress and elsewhere. The 14 academies of practice within the NAP include: Audiology, Dentistry, Medicine, Nursing, Occupational Therapy, Optometry, Osteopathic Medicine, Pharmacy, Physical Therapy, Podiatric Medicine, Psychology, Social Work, Speech & Language Pathology and Veterinary Medicine.

Membership in the NAP is an honor extended to those who have excelled in their profession and are dedicated to furthering practice, scholarship and policy in support of interprofessional care. The central purpose of NAP is to advise public policy makers on health care issues using NAP's unique perspective -- that of expert practitioners and scholars joined in interdisciplinary dialogue.

New members were inducted following a forum on "Engaging the Patient and Family in Patient-Centered Care: An Interprofessional Approach." For more information on nominating potential members to the NAP, call the NAP office at 859-514-9184 or visit www.NAPPractice.org.



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Holiday Greetings

*from the Board and Staff
of the Louisiana State
Nurses Association*

Future of Nursing



Louisiana's Advanced Practice Registered Nurse Workforce According to Role

Released by the Louisiana Center for Nursing



Baton Rouge, LA, October 12, 2015 – In a time in our country and state when the demand for healthcare is expected to increase tremendously due to aging baby boomers, an increase in the number of insured persons seeking healthcare as a result of the implementation of the Affordable Care Act, changing demographics of our population, and the growing need for healthcare providers that are able to administer culturally competent, patient centered, high quality, cost-effective care to those that will be living longer with chronic, more complex health conditions, it is imperative that we take a closer look at the supply of advanced practice registered nurses (APRNs) that live and work in Louisiana.

APRNs are licensed registered nurses educated at a masters or post masters/doctoral level in a specific role and patient population. They are prepared by education and certification to assess, diagnose, and manage patient problems, order tests, and prescribe medications. There are four types of APRNs: nurse practitioners (NPs), certified registered nurse anesthetists (CRNAs), clinical nurse specialists (CNSs), and certified nurse midwives (CNMs).

Workforce projections indicate looming primary care provider shortages, especially in rural areas. Many experts in the area of health, healthcare, and the provision of healthcare have identified APRNs as key players in addressing the current gap that exist in the provision of

primary healthcare. Information on the distribution of the APRN workforce supply is needed to help workforce planners and policymakers address current and anticipated shortages effectively.

The Louisiana Center for Nursing recently completed a study which was funded by the Louisiana Action Coalition State Implementation Program Grant on the supply of APRNs in Louisiana according to their role. This report describes the demographics, educational preparation, clinical specialties, practice settings, and geographic regions where APRNs practice, as well as informs stakeholders about the gaps that exist between the population served and the demographics of the APRN population according to role in terms of racial/ethnic and gender representation at both the regional and state level.

According to the report, in 2014, there were 4,204 licensed APRNs working and residing in Louisiana and 446 that held an active APRN license to practice in Louisiana but did not reside in Louisiana. Sixty-six percent of the APRNs that reside and practice in Louisiana are NPs and thirty percent are CRNAs. Additionally, the vast majority of all types of APRNs reported that they provide direct patient care.

There is a growing concern around the country and in Louisiana about the growing demand for healthcare services. "An understanding of the supply of APRNs

according to their role is essential when addressing the specific healthcare needs of the citizens of Louisiana. Each type of APRN plays a vital, yet specific role, in the provision of healthcare" according to Dr. Cynthia Bienemy, Director of the Louisiana Center for Nursing at the Louisiana State Board of Nursing.

The report in its entirety, along with the 2014 APRN in Louisiana infographic can be accessed at the following link: <http://lcn.lsbns.state.la.us/NursingWorkforce.aspx>

About Louisiana State Board of Nursing

The mission of the Louisiana State Board of Nursing is to safeguard the life and health of the citizens of Louisiana by assuring persons practicing as registered nurses and advanced practice registered nurses are competent and safe.

About the Louisiana Center for Nursing

The mission of the Louisiana Center for Nursing, a division of the Louisiana State Board of Nursing, is to contribute to the health and welfare of Louisiana residents and visitors through activities that are directed to ensure that there is an adequate workforce to meet the current and future healthcare needs of the citizens of the state of Louisiana.

About the Future of Nursing: Campaign for Action

Louisiana Action Coalition is part of the Future of Nursing: Campaign for Action, a joint initiative of AARP and the Robert Wood Johnson Foundation (RWJF), working to implement the Institute of Medicine's evidence-based recommendations on the future of nursing. The Campaign includes Action Coalitions in 50 states and the District of Columbia and a wide range of health care professionals, consumer advocates, policy-makers, and the business, academic, and philanthropic communities. Learn more at www.campaignforaction.org and <http://louisianafutureofnursing.org/site/>. Follow the Campaign for Action on Twitter at @Campaign4Action and on Facebook at www.facebook.com/CampaignForAction.


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Future of Nursing



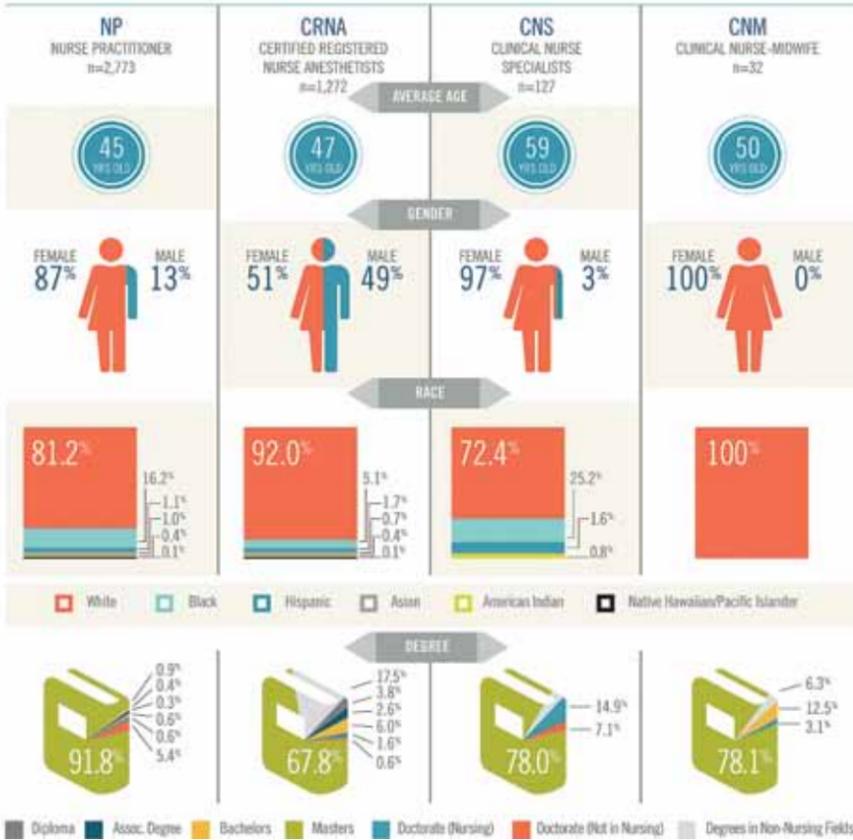
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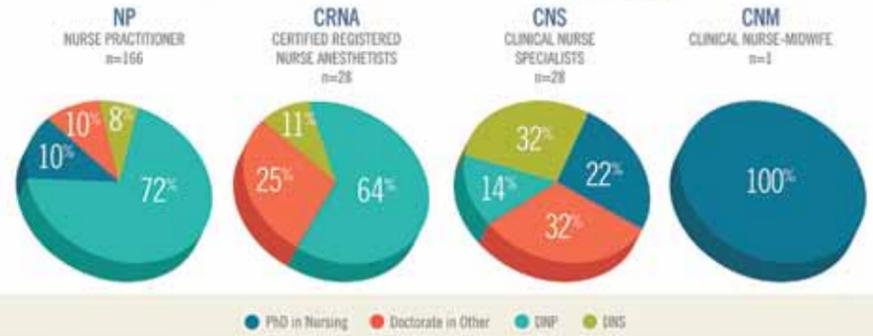
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ADVANCED PRACTICE REGISTERED NURSES (APRNs) IN LOUISIANA

Demographics According to APRN Roles in 2014

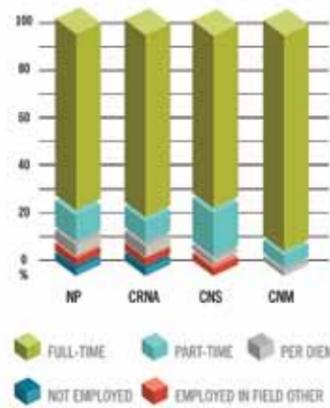


TYPES OF DOCTORATES HELD BY LICENSED APRNs RESIDING IN LA

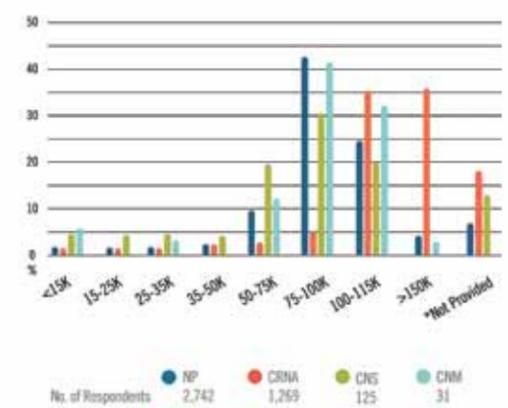


THE MAJORITY OF ALL TYPES OF APRNs ARE EMPLOYED FULL-TIME. APPROXIMATELY 18% OF THE CNS WORKFORCE IS EMPLOYED PART-TIME COMPARED TO A LITTLE OVER 9% OF THE NP WORKFORCE.

EMPLOYMENT DISTRIBUTION OF APRNs RESIDING IN LA (2014)



SALARIES OF APRNs RESIDING IN LOUISIANA



Clinical Specialties Reported by NPs (2014)

CLINICAL, TEACHING OR PRACTICE AREA	2014	%
Acute Care NP	121	4.4%
Acute Care Podiatric NP	10	0.4%
Adult/Gero Acute Care NP	10	0.4%
Adult/Gero Primary Care NP	16	0.6%
Adult NP	268	9.7%
Adult Psychiatric/Mental Health NP	48	1.7%
Family NP	1,826	65.8%
Family Psychiatric/Mental Health NP	39	1.4%
Gerontological NP	8	0.3%
Neonatal NP	134	4.8%
Pediatric NP	144	5.2%
Women's Health Care NP	91	3.3%
Other	58	2.1%
TOTAL	2,773	100%

Clinical Specialties Reported by CNSs (2014)

CLINICAL, TEACHING OR PRACTICE AREA	2014	%
Adult Gerontological CNS	1	0.8%
Adult Health CNS	29	22.8%
Adult Psychiatric/Mental Health NP	24	18.9%
Child/Adolescent Psychiatric/Mental Health CNS	3	2.4%
Community Health CNS	12	9.4%
Gerontological CNS	1	0.8%
Home Health CNS	1	0.8%
Maternal/Child CNS	16	12.6%
Medical/Surgical CNS	25	19.7%
Oncology CNS	1	0.8%
Other	14	11.0%
TOTAL	127	100%



Clinical Settings Reported by APRNs According to Role (2014)

AREA	NPs	%	CRNAs	%	CNSs	%	CNMs	%
College Student Health Clinic	19	0.7%	-	-	-	-	-	
Emergency Department	99	3.6%	-	-	-	-	-	
HIV / AIDS Clinic	16	0.6%	-	-	-	-	-	
Hospital	487	17.6%	1,090	85.7%	45	35.4%	17	53.1%
Medicine Clinic	41	1.5%	-	-	2	1.6%	-	-
Nursing Home	67	2.4%	-	-	1	0.8%	-	-
Outpatient Clinic	562	20.3%	122	9.6%	15	11.8%	1	3.1%
Pediatric Clinic	78	2.8%	-	-	-	-	-	-
Physician's Office	545	19.7%	8	0.6%	7	5.5%	1	3.1%
Private Clinic	233	8.4%	3	0.2%	5	3.9%	2	6.3%
Rural Clinic	235	8.5%	1	0.1%	1	0.8%	1	3.1%
School Clinic	50	1.8%	-	-	-	-	-	-
School of Nursing	24	0.9%	5	0.4%	25	19.7%	1	3.1%
Urban Clinic	23	0.8%	-	-	-	-	1	3.1%
Women's Health Clinic	36	1.3%	-	-	-	-	5	15.6%
Other	258	9.3%	43	3.4%	26	20.5%	3	9.4%
TOTAL	2,773	100%	1,272	100%	127	100%	32	100%

In 2014, 85.7% of CRNAs worked in hospitals, along with 53.1% of CNMs, 35.4% of CNSs, and 17.6% of NPs.

The vast majority of NPs (95.4%) and CNMs (87.5%) licensed and residing in Louisiana have prescriptive authority. Approximately 24% of CNSs and 1% of CRNAs had prescriptive authority in Louisiana in 2014.

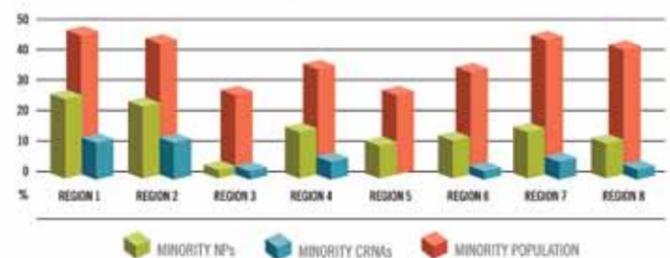
APPROXIMATELY 65.8% OF NPs REPORTED FAMILY AS THEIR PRIMARY CLINICAL SPECIALTY.

BETWEEN 2010 AND 2014, THERE WAS A 158% INCREASE IN THE NUMBER OF NPs WORKING IN NURSING HOMES, AN 83% INCREASE IN ERS, AND A 78% INCREASE IN OUTPATIENT CLINICS.

APPROXIMATELY 22.8% OF CNSs REPORTED ADULT HEALTH AS THEIR PRIMARY CLINICAL SPECIALTY.



MINORITY NPs, MINORITY CRNAs, AND MINORITY POPULATION BY REGION IN LA (2014)



FOR ADDITIONAL INFORMATION, PLEASE CONTACT CYNTHIA BENEMY, PHD, DR. LBSN-CENTER FOR NURSING AT LCN@LSBN.STATE.LA.US.

A FULL REPORT IS AVAILABLE AT HTTP://LCN.LSBN.STATE.LA.US/

8.19.2015

This project was funded by the Louisiana Action Coalition State Implementation Program I Extension Grant.

Future of Nursing

The Louisiana Action Coalition Convenes Louisiana's First Statewide Nursing Workforce Diversity Think Tank

Cynthia Bienemy, PhD, RN,
Director of the Louisiana Center for Nursing,
Co-Lead for the Louisiana Action Coalition

The health care challenges facing the nation are dramatically shifting in the 21st century. According to the U.S. Census Bureau, the U.S. population is expected to become majority-minority in 2044 with the minority population rising to 56 percent of the total in 2060, compared to 38 percent in 2014 (U.S. Census Bureau, 2015). Racial and ethnic minorities are disproportionately affected by health disparities, propelled to a certain extent by adverse social and environmental conditions and behavioral risk factors, and in part by systematic biases that often result in disparate, substandard care. Nowhere is this more prevalent than in Louisiana, a state that continues to rank among the lowest in the nation in terms of health care outcomes and health care quality, and among the highest in per capita health care costs (Munn, 2013).

The landmark 2010 Institute of Medicine (IOM) report, *The Future of Nursing: Leading Change, Advancing Health*, recognized that the nursing workforce holds untapped power to transform the face of health care. With more than three million members, the nursing profession has nearly doubled since 1980 and represents the largest portion of the U.S. health care workforce (HRSA, 2010). Yet, as our nation is becoming more and more diverse, “. . . the U.S. nursing workforce has historically been—and continues to be—predominantly white and female” (Villarruel, Washington, Lecher & Carver, p. 57, 2015).

Changing the demographic composition of the nursing workforce has the potential to foster better interaction and communication with underserved populations, thereby improving quality of care and health care outcomes, which may ultimately lead to a decrease in health care costs (AACN, 2015). Health professionals who come from racial/ethnic minority groups and/or socioeconomically disadvantaged backgrounds are more likely to serve in resource-poor and rural communities (HRSA Bureau of Health Professions, 2006). Furthermore, “It has been widely accepted that diversifying the nation’s health-care workforce is a necessary strategy to increase access to quality healthcare for all populations, reduce health disparities, and achieve health equity” (Williams, et. al., 2014).

One of the major recommendations from the IOM Report on the Future of Nursing emphasizes the importance of a diversified nursing workforce in meeting the public’s health

needs, and providing more culturally relevant care. The Future of Nursing Campaign for Action created a Diversity Steering Committee to ensure that diversity is integrated in the work of all action coalitions. The mission of the committee is:

To narrow the health care disparities gap, to support the importance of a diverse workforce and to help prepare the discipline of nursing to care for an increasingly diverse population [in an effort] to ensure that all Americans, regardless of race, religion, creed, ethnicity, gender, sexual orientation, or any aspect of identity, will have access to high quality, patient-centered care in a health care system where nurses contribute as essential partners in achieving success (Future of Nursing Campaign for Action Diversity Steering Committee, 2014).

In Louisiana, nurses represent the largest component of the healthcare workforce. While Louisiana has a diverse mix of residents, its nursing workforce is highly homogeneous. While minorities represent 40 percent of the population, only 19 percent of licensed registered nurses (RNs) residing in Louisiana are minorities (LSBN Annual Report, 2014), and even fewer (16%) are advanced practice registered nurses (APRNs). Additionally, only 11 percent of Louisiana’s nursing workforce is male (LSBN Annual Report, 2014), while 49 percent of the state’s total population is male (U.S. Census Bureau, 2013).

The Louisiana Action Coalition (LAC), is aggressively pursuing strategies to create a culturally diverse, culturally competent, and inclusive nursing workforce in Louisiana. One of the first steps toward achieving this goal was to create a forum whereby stakeholders from across the state representing nursing education, nursing practice, nursing leadership, payer groups, business, faith-based communities, policy makers, graduate students, and others with a vested interest in increasing the diversity of Louisiana’s nursing workforce could come together, gather information about diversity both at the global and state level, and begin the process of developing an action plan to enhance the diversity of Louisiana’s nursing workforce.

Louisiana’s first Nursing Workforce Diversity Think Tank was held on Wednesday, August 26th at Pennington Biomedical Research Center in Baton Rouge, Louisiana. Approximately 80 thought leaders from across the state gathered together to address challenges, solutions, and resources needed to increase the diversity of Louisiana’s RN and APRN workforce. Barbara Nichols, DNSc (hon) MS, RN, FAAN, served as the keynote speaker for the Think Tank. Dr. Nichols is one of two diversity consultants for the National Future of Nursing Campaign for Action. Dr. Nichols has been a consultant on credentials

Think Tank continued on page 7



Dr. Cynthia Bienemy, Director of the Louisiana Center for Nursing at the Louisiana State Board of Nursing, presenting information about the diversity of Louisiana’s RN and APRN nursing workforce.



Dr. Barbara Nichols, Future of Nursing Campaign for Action Diversity Consultant, presenting information about Diversity and the Global Workforce at the Louisiana Action Coalition Nursing Workforce Diversity Think Tank.



Diversity and Nursing Education Breakout Session facilitated by Dr. Norann Planchock, Dean Emeritus of the College of Nursing and Allied Health at Northwestern State University of Louisiana – Facilitators were Jennifer Creech, DNP Student at Loyola University in New Orleans and Rosa Lamerson, DNP Student at Southern University Baton Rouge.

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Future of Nursing

Think Tank continued from page 6

assessment and diversity to the Office of Minority Health, the U.S. Department of Labor, and the Department of Homeland Security. She was also the first African American nurse in 100 years to be President of the American Nurses Association and the Wisconsin Nurses Association, respectively. Dr. Nichols gave an excellent keynote speech/presentation entitled *Diversity and the Global Nursing Workforce* which set the stage for the charge for the day.

Following Dr. Nichols' keynote speech, Cynthia Bienemy, RN, PhD, Director of the Louisiana Center for Nursing and co-lead for the Louisiana Action Coalition presented preliminary data identifying the gaps in diversity that currently exist in Louisiana's RN and APRN workforce.

Following Dr. Nichols and Dr. Bienemy's presentations, the over eighty thought leaders in attendance at the Think Tank were divided into three groups where they had the opportunity to participate in three different 50 minute sessions over the course of the day which examined challenges, solutions, and resources needed to address issues related to diversity and nursing education, practice and leadership in Louisiana.

There was tremendous energy in all of the breakout sessions. Facilitators did a wonderful job of keeping the dialogue and discussion focused on the charge for the day and the participants did an excellent job of identifying specific challenges related to nursing education such as the need for tracking minority students in nursing programs from admission to graduation, communication barriers for students that speak English as a second language, and the idea that nursing is still seen as an occupation primarily for women. In terms of nursing leadership, some of the challenges identified within the breakout sessions were the existence of invisible barriers, the belief that minority

nurses often have to prove themselves at a different standard, and acceptance of the idea that 'one is enough.' In the practice breakout sessions, a lack of mentors, gender role stereotypes, and a lack of respect were identified as some of the challenges faced by minorities and males in the practice setting.

Findings from the break-out group discussions will be used to develop LAC's Diversity Action Plan. The overarching goal of the Diversity Action Plan is to *create a diverse nursing workforce that is culturally competent and values inclusivity in the provision of healthcare in Louisiana*. LAC will implement at least one action step from each of the three breakout areas (nursing education, nursing practice, and nursing leadership) over the next 18 months. A summary report on the Think Tank, as well as a report on the diversity of the RN workforce in Louisiana will be completed and placed on LAC's website.

LAC would like to give special thanks to the Robert Wood Johnson Foundation, Blue Cross Blue Shield of Louisiana, Gifted Healthcare, and Our Lady of the Lake Regional Medical Center for financially sponsoring the Nursing Workforce Diversity Think Tank. We would also like to thank Coletta Barrett for serving as the Synthesizer/Facilitator for the Think Tank, Minister Jeremiah Phillips for starting the Think Tank off with prayer, and the members of the Nursing Workforce Diversity Think Tank Planning Committee for giving so much of your time and talent in making Louisiana's first Nursing Workforce Diversity Think Tank such a great success! The real work is just beginning.

Please go to the Louisiana Action Coalition website at the following link <http://louisianafutureofnursing.org/site/> to learn more about the work that is being done to implement the recommendations from the IOM Report on the Future of Nursing: *Leading Change, Advancing Health* in Louisiana.

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Williams, S. D., Hansen, K., Smithey, M., Burnley, J., Koplitz, M., Koyama, K., Young, J. & Bakos, A. (2014). Using social determinants of health to link health workforce diversity, care quality and access, and health disparities to achieve health equity in nursing. *Public Health Reports* 2 (129), 32-36.



Diversity and Nursing Practice Breakout Session facilitated by Linedda McIver, Director of Multicultural Outreach at AARP LA – Facilitators were Erica Joseph, DNP Student at Southern University Baton Rouge and Billy Morales, DNP Student at Northwestern State University in Shreveport.

Diversity and Nursing Leadership Breakout Session facilitated by Ecoee Rooney, Director of Nursing Professional Development and Evidence Based Practice and Wound Ostomy Continence Nursing at Ochsner Medical Center in New Orleans – Facilitators were Katherine Brown, DNP student at Louisiana State University Health Sciences Center in New Orleans and Mary Dudley, DNP student at Southeastern Louisiana University.



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<p>Guardian: \$10,000</p> <ul style="list-style-type: none"> • One table (for 10) to the Gala in a premium location. • Corporate name listed on promotional materials. • Corporate Guardian level recognition in the Gala invitations. • Logo in the Gala printed program. • Logo and corporate recognition in the LSNA <i>Pelican News</i> sent to every licensed RN in Louisiana. • Presenter at the Gala Awards ceremony. 	<p>Caregiver: \$5,000</p> <ul style="list-style-type: none"> • One table (for 8) to the Gala in a great location. • Corporate name listed on promotional materials. • Logo in the Gala printed program. • Logo and corporate recognition in the LSNA <i>Pelican News</i> sent to every licensed RN in Louisiana. • Presenter at the Gala Awards ceremony. 	<p>Advocate: \$3,000</p> <ul style="list-style-type: none"> • One table (for 8) to the Gala in a good location. • Corporate name listed on promotional materials. • Logo in the Gala printed program. • Recognition in the LSNA <i>Pelican News</i> sent to every licensed RN in Louisiana. • Presenter at the Gala Awards ceremony.
<p>Protector: \$2,000</p> <ul style="list-style-type: none"> • Six (6) tickets to the Gala (seating will be together). • Corporate level recognized in the Gala printed program. • Recognition in the LSNA <i>Pelican News</i> sent to every licensed RN in Louisiana. • Presenter at the Gala Awards ceremony. 	<p>Strategist: \$1,000</p> <ul style="list-style-type: none"> • Four (4) tickets to the Gala (seating will be together). • Corporate level recognized in the Gala printed program. • Recognition in the LSNA <i>Pelican News</i> sent to every licensed RN in Louisiana. • Presenter at the Gala Awards ceremony. 	<p>Friend: \$500</p> <ul style="list-style-type: none"> • Two (2) tickets to the Gala (seating will be together). • Recognition in the Gala printed program. • Recognition in the LSNA <i>Pelican News</i> sent to every licensed RN in Louisiana.

<p>Level Requested:</p> <p>Champion: \$25,000 _____</p> <p>Guardian: \$10,000 _____</p> <p>Caregiver: \$ 5,000 _____</p> <p>Advocate: \$ 3,000 _____</p> <p>Protector: \$ 2,000 _____</p> <p>Strategist: \$ 1,000 _____</p> <p>Friend: \$ 500 _____</p> <p>Total amount due: _____</p> <p><i>The LNF is a registered 501(c) (3) organization and all contributions are tax deductible to the fullest extent allowed by law</i></p>	<p>Name/Organization: _____</p> <p>Address: _____</p> <p>City/State/Zip: _____</p> <p>Telephone: _____</p> <p>E-mail: _____</p> <p>Contact Name (if organization): _____</p> <p><small>You will be contacted for presenter information and company/organization logo</small></p>
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<p>INDIVIDUAL seating:</p> <p>Cost: \$75.00/seat (individual seating will be open seating at designated tables)</p> <p>Number of Seats Requested: _____</p> <p>Amount Due (\$75/seat): _____</p>	<p>TABLE reservation:</p> <p>Cost: \$600.00/table (tables seat 8) (This is the only way to reserve seating)</p> <p>Reservations for tables will be dated when received and table placement will be by date received. There will be tables with open seating for individual reservation</p> <p>Total number of Tables _____</p> <p>\$600.00/Table—Tables of 8 (number of tables): _____</p> <p>Total amount due (\$600/table): _____</p>
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Additional Information:

§ The Nightingale Awards Gala will be on Saturday, March 5, 2016 at the L'Auberge Casino Resort Hotel, Baton Rouge. Our website has hotel information on the Nightingale flyer.

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LSNA Health Policy Chair Addresses Students

Rita J. Finn, MSN, RN, Executive Director Louisiana State Nurses Association



Patricia A. La Brosse, LSNA Health Policy Chairperson, brought greetings from LSNA to the opening session of the House of Delegates at the Louisiana Association of Student Nurses 61st Annual Convention in Kenner, LA. In addition, she addressed the students during their Candidate/Delegate luncheon, and her presentation, "Health Policy: Nurses Making a Difference," was well-received. Ms. LaBrosse states, "Having had the privilege of interacting throughout the day with the LASN officers and school chapter representatives at this event, I am confident in the future of the nursing in Louisiana. These young people are bright, articulate, well-organized, and it will be a pleasure to welcome them into our profession."

The theme this year was "Back to the Future... Nursing through the Years." Nearly two hundred students from around the state, along with their faculty advisors, attended the 3-day event. Along with conducting the business of the organization during their House of Delegates, the students had opportunity to select and attend breakout sessions on topics including: Healthcare in a Rapidly Changing World; Nurse Licensure Compact; Global Health Issues; Organ, Tissue, and Eye Donation; Health Literacy; and Tips for a Successful Interview Process. Additionally, the students could choose from sessions related to various nursing specialties. Faculty focus sessions included: social media; clinical compliance; and the 2016 NCLEX test plan.

Their 2015 Community Health Project was entitled "Delivering Hope to the Future." This initiative encouraged students to bring wish list items for donation to project Delivering Hope NOLA: water/water bottles; hand sanitizer; lotion; children's books; premie/newborn hats & clothing; and pre-packaged/factory sealed snacks were among the items contributed.

The opening keynote speaker was Dr. Demetrius Porche, Dean of LSU School of Nursing, and the closing keynote speaker was Ms. Marirose Bernard, Instructor at LSU School of Nursing. A special guest speaker was Dan Flynn, RN. Mr. Flynn is employed at Touro Infirmary in New Orleans and has appeared in the A&E documentary series, *Nightwatch*. Ms. Cynthia A. York, MSN, RN, CGRN, Director, RN Practice/Credentialing Department, Louisiana State Board of Nursing, currently serves as LSNA Consultant to LASN.



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Education

The Woodard Nursing Scholarship Legacy Continues!

Cynthia Prestholdt, Chair
(Retired, Southeastern LA U.)

The estate of Mr. Ernest Scott Woodard Sr. provided a generous donation to the Louisiana Nurses Foundation (LNF) in 2015 for the *Mollie C. and Larene B. Woodard Nursing Scholarship* program – for the sixth year! LNF provided 13 scholarships ranging from \$2,500 to \$10,000 each for a total allocation of \$63,500. The LNF proudly announces the 2015 Woodard Nursing Scholars from the following nine Louisiana Schools of Nursing, with the majority as baccalaureate students, including: **Fiona A. Dillon, Augustine A. Mogaji & Tuandria N. Smith** from LSU Health Sciences Center; **Kasey M. Godfrey & Alexa S. Parria** from Our Lady of Holy Cross College; and **Taylor N. Bush & Jeffery D. Green** from Our Lady of the Lake College. One student was from each of the following schools: **Kellie D. Bani-Saaid** from Nicholls State University, **Madeline C. Hogg** from Louisiana Tech University (Associate degree), **Jalyn Ashley** from Northwestern Louisiana University, **Breona Harlan** from Dillard University, **Catherine A. Eubanks** from LSU at Eunice (Associate degree), and **Hannah Cashat** from McNeese State University. According to the donor's request, students are awarded \$5,000/year during the clinical component of their curriculum until they graduate. The number of students funded is determined by the funding amount available and the number of terms remaining for completion of each recipient student's curriculum. Some applicants had only one term left, whereas others had up to 4 terms remaining to complete their nursing programs. Awards ranged from \$2,500 to \$10,000. The majority of students received \$5,000 awards.

The LNF Scholarship & Awards Committee members worked with LSNA office personnel to complete the intake process of 44 Woodard Nursing Scholarship applications following the June 12, 2015 deadline. Code numbers were

affixed to each application, they were scanned and forwarded to the Chair for assignment to 8 reviewers. Three rounds of objective (blind) reviews were completed by the end of July by experienced nurse educators who were not affiliated with the schools in which the students they reviewed were enrolled. A roster of student scores was generated to reflect rankings in descending order from highest to lowest final scores. All 13 recipients were sent both an email and a hard copy letter of award during the first week of August and all returned their signed *Scholarship Acceptance Agreements*. LSNA office staff drafted the Fall checks and mailed them to each student's respective school of nursing. The LNF received many heartwarming responses of gratitude from the recipients. The LSNA office staff also notified all non-recipients by mail during early August, 2015. The Chair works with LSNA office personnel in monitoring available Woodard Scholarship funds. Recipient students are required to submit their official academic transcripts to the LSNA office before additional funds can be provided – a process that will continue each term until they graduate. **Given this year's cohort, we now have 65+13 = 78 Woodard Nursing Scholarships awarded. When the 2 LNF/ANF Scholarships from 2014 are included, a grand total of 80 undergraduate LNF Nursing Scholarships have been awarded since 2009! A remarkable contribution to professional nursing's future!**

The members of the LNF Scholarship & Awards Committee worked conscientiously during the summer to efficiently complete the impartial scholarship evaluation process. Gratitude is expressed to these Committee members: Jennifer Barrow (McNeese State U.), Sharon Bator (Southern U., Baton Rouge), Catherine Cormier (LSU Alexandria), Carol Gordon (Retired, Southern U. Baton Rouge), Maxine Johnson (NWU of LA), Barbara Moffett (Retired, Southeastern LA U.), Stephanie Pierce (LSU HSC), Evelyn Wills (Retired, ULL).

St. Elizabeth Nurses Collaborate With Movement is Life

Charla B. Johnson, MSN, RN, ONC

In an initiative to raise awareness of health and health care disparities, nurses from St. Elizabeth Hospital & Baton Rouge Physical Therapy-Lake collaborated with Movement is Life™ (MIL) on a focus group held on August 18th in Gonzales, LA. The purpose of this focus group was to gain feedback from Health Care Professionals on the effectiveness of a continuing education (CE) module created to increase knowledge among healthcare providers related to co-morbidity of arthritis and depression in Women and African American and Latina Women.



Back Row Left-Right: Dale Campbell, Makeia Bergeron, Eddie Doming, Robin Fekete, Charla Johnson, Rosie Kiper, Susie Newton, Iris Wall, Tom Weber, Lenore Charlton, Gus Gutierrez, Jennifer Sing, PTA (name unknown) Sitting: Leslie Fisher, Christine Hitzman, Caroline Conerly, Daniel Guidry

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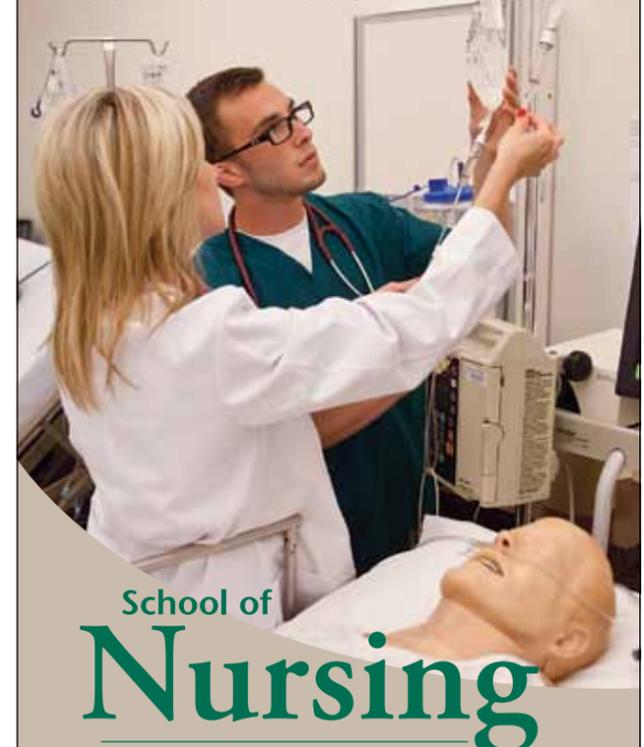
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District News

Lafayette District Nurses Association

District President Appointed to Office of Public Health Committee

Jacqueline L. Hebert, RN, MSN, ACNS-BC, CCRN
District IV Vice-President

Patricia A. La Brosse, President of District IV, has been invited to serve on the Louisiana Office of Public Health's (OPH) State Health Improvement Plan (SHIP) Steering Committee. The Louisiana Office of Public Health is seeking national public health accreditation through the Public Health Accreditation Board (PHAB). The SHIP, a PHAB prerequisite for public health agencies seeking public health accreditation, is a plan for the entire public health system—all stakeholders including state and local government, health care providers, community groups, universities and schools, business and industry, environmental groups and more.

Other prerequisites include a state strategic plan and a State Health Assessment (SHA). The state strategic plan has been published and was launched in July, 2014. The state health assessment process has been concluded in the nine (9) OPH regions and will result in an integrated SHA/SHIP report. The SHIP enables multi-sector partners to coordinate for more efficient, targeted and integrated health improvement efforts. The roles of the State Health Improvement Plan Steering Committee (SHIP Steering Committee) are to provide expert leadership by vetting the SHIP draft document, and by identifying cross-sector alignment among statewide priority areas which were identified in the SHA process.

According to Dr. Tammy Hall, Performance Improvement Director for Louisiana Department of Health & Hospitals, "seeking public health accreditation is an exciting time for the Office of Public Health, and especially for the people of Louisiana. The accreditation process provides the opportunity *to enhance quality and performance within our public health department, as well as, improve service, value, and accountability to the people of our great state.* All of us play a vital role in building a healthier Louisiana, and our efforts will not end with the SHIP planning process".

Ms. La Brosse is employed as an Adult Psychiatric/Mental Health Clinical Nurse Specialist at University Hospital and Clinics in Lafayette, LA. A member of several professional organizations, she has served in local, state and national positions including ten consecutive years in various offices on the Board of Directors for the Louisiana State Nurses Association. She currently serves as LSNA Health Policy Chairperson. Along with her service to the nursing profession, Ms. La Brosse is regular volunteer at the local behavioral health clinic.

To read more about public health accreditation, please visit the Public Health Accreditation Board's web site at www.phabboard.org.

New Orleans District Nurses Association

Patrick D. Reed, RN, DNP, MSN, MSHCM, MBA, CHPQ, New Orleans District Nurses Association

NODNA has committed to the support and active participation in the Region One Action Coalition (RAC). We are actively seeking open communication and dialogue with the multiple nursing organizations within the NODNA region.

The RAC for Region 1 has established a group of 30 plus members to lead the region in moving initiatives forward to meet the challenges of the IOM on education and leadership. Our co-chairs, Lisa Colette and Patrick Reed, have developed a survey based on the discussions of our first meeting, which included more than 30 educational and organizational leaders. There is excitement in the air!

As part of NODNA's restructuring, new activities and programs are focused on *Bringing Nurses Together*. We are reaching out to all the nursing organizations in the area to have NODNA representatives present at their organizational meetings and share our mission of bringing the voice of nursing together as one voice for the profession under the umbrella of the ANA and LSNA.

In the coming year, events and programs are poised to focus on panel discussions and presentations with leaders in the community incorporating nursing's role and opportunities to enhance healthy living in the region. In October, we were honored to have Ms. Charlotte Parent, RN speak to us about homelessness in New Orleans and projects underway to address the issue.

These are exciting times for nursing in Louisiana and NODNA is on the frontline of *Bringing Nurses Together*.



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District News

Baton Rouge District Nurses Association

**Submitted by Sharon Bator,
2015 BRDNA President**

Selena Sanford, MSN, RN, the vice-president of the BRDNA provided some excellent educational opportunities for the district members over the past several months. All of the presentations offered CNE hours which are really appreciated at this time of the year with license renewal right around the corner.

Dr. Susan Nelson and Ms. Alice Batistta gave a joint presentation on "Advanced Care Planning and the Louisiana Physician Orders for Scope of Treatment" (LA Post) Document. This document was produced with input from both healthcare providers and legal professionals from across the state and was enacted in 2010 by the Louisiana Legislature as Act 954. It is based on the best-practice model of care for patients with serious, advanced illnesses. Since its inception this document has continued to be incorporated into Louisiana's health care system. It permits patients, families and health care professionals to develop care plans that truly meet the patients' needs and goals of care.

In September, Ms. Del Mars, PhD, RN presented her outstanding qualitative research study entitled "The Lived Experience of African American Informal Caregivers of Family Members with Alzheimer's Disease and Related Dementias." Dr. Mars insightful study cited the multifaceted effects of this disease on the family members caring for loved ones at home.

The October presentation by Dr. Wanda Spurlock, Professor at Southern University and A&M College was titled "The Elderly and Medications: What you Should Know." Dr. Spurlock noted that all nurses needed to be "detectives" as we consider the negative consequences that are possible, when the elderly with predictable aging changes are not carefully monitored. She also discussed the Center for Medicare & Medicaid Services goals to reduce the percentage of nursing home residents on anti-psychotic medication which research has found are frequently over prescribed in this population.

At this same meeting Ms. Clara Earl, BRDNA President-Elect, and Ms. Karen Loden, Past BRDNA President presented a consolidated report from the email survey of district members regarding the 2015 bylaw revisions. The bylaws were approved during the November 2015 meeting.

Applications for the Joe Ann Clark Graduate Nursing Education Award were distributed. Members were encouraged to disseminate the information regarding this financial award broadly throughout the nursing community. The November 12th meeting was held at Southeastern University and honoured new graduates and veterans. The new graduates represented Baton Rouge

Community College School of Nursing; Baton Rouge General Nursing School; Our Lady of the Lake College, School of Nursing; Southeastern University School of Nursing; and Southern University and A&M College, College of Nursing and Allied Health.

Ms. Lisa Deaton, BSN, RN, presented an update on the Louisiana Action Coalition. Ms. Doris Brown, MEd, MS, RN, CNE, Department of Health and Hospitals Executive Director of Emergency Preparedness, spoke on "Hurricane Katrina: 10 Years Later, Where Are we Now." Ms. Latricia Greggs, PhD, RN, Assistant Professor at Southern University gave a wonderful presentation on "Honouring Our Veterans" and also welcomed the upcoming graduating seniors to the nursing profession.

During this meeting the slate of candidates for the 2016 board of directors was completed.

Baton Rouge continued on page 12



L to R Ms. Alice Batistta and Dr. Susan Nelson at the BRDNA meeting following their presentation on Advanced Care Planning and La Post.



Ms. Del Mars, PhD, RN presented her research study entitled "The Lived Experience of African American Informal Caregivers of Family Members with Alzheimer's Disease and Related Dementias" at the BRDNA meeting.

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District News

Baton Rouge continued from page 11

The January meeting will focus on the election of the 2016 board of directors. The open election positions included, Corresponding Secretary, Board members for Membership & Public Relations, and Nominating Committee Chair members. Please check the BRDNA website for the location of all 2016 Baton Rouge District Nurses meetings.

At the February 11, 2016 meeting Ms. Valerie Schluter, RN, PhD will present her findings regarding the experience of being a faculty member in the profession of nursing. Given the need for more nursing educators this is an important topic.

The March 10, 2016, will feature a presentation by Dr. Sandra Brown, Director of the FNP Program at Southern University and A&M College, on the topic of "Men's Health." Dr. Brown notes there is recent information concerning men's health issues that members may find helpful in providing nursing care to this population.

Finally, the BRDNA is very grateful to Ms. Jennifer Rossi who has been the webmaster for the past year for the BRDNA District. Her position is part of a Pilot Project related to the BRDNA webpage at www.brdna.org. Dr. Joan Ellis is assisting the district in surveying the US Southeastern districts regarding their use of web pages for their district and also whether the districts incorporate a webmaster.



Clara Earl (L) and Karen Loden (R) presented potential bylaw revisions to members of the BRDNA.



Dr. Wanda Spurlock presented, "The Elderly and Medications: What you Should Know" at the October BRDNA meeting



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District News

Tangipahoa District Nurses Association

Tangi's Top Nurses 2015

Rachel Artigues, TDNA President and Lindsay Domiano, TDNA Past President

Annually, the Tangipahoa District acknowledges Tangi's "Top Nurses" recognized by their peers as outstanding nurses in their profession; promoting excellence in their jobs and in the communities in which they serve. The response to our call for applicants for the "Top Nurses 2015" honor was truly overwhelming and we sincerely appreciate everyone who took the time to nominate these outstanding nurses! We thank you for supporting your nursing colleagues and their daily efforts in such a kind, selfless, and endearing way!

"Top Nurses" was celebrated on Thursday May 7, 2015 at the Southeastern Louisiana University Victory Club. Recipients of Tangi's Top Nurses were: Lynn Bourn-Cypress Pointe Surgical Hospital, Britanie Breland- North Oak Medical Center, Cheryl Bolotte- Lallie Kemp Medical Center, Kirsten Constantino- North Oaks Medical Center, Joan Culberson- Cypress Pointe Surgical Hospital, Barbara Gibbs- Southeastern Louisiana University, Katie Littell- Cypress Pointe Surgical Hospital, Tammy Murphy- North Oaks Medical Center, Linda Parham- North Oaks Medical Center, Atnena Tucker- Southeastern Louisiana University, Kimberly Woods- North Oaks Medical Center.



Tangi's Top Nurses 2015 (Left to right): Lynn Borne, Kimberly Woods, Kirsten Constantino, Linda Parham, Katie Littell, Joan Culberson, Cheryl Bolotte, Britanie Breland, Barbara Gibbs. (Not Pictured Tammy Murphy and Atnena Tucker).



Past Top Nurse Recipients: Barbara Moffett, Elizabeth Wagner, De Lilia Lodge, Roberta Connelley, April Moll, Beth Powell, Jason Lindsey, Christi Marceaux, Laura Lucky, Susie Creel, Sherri Collura, Terry Compton, Mitzie Meyers, Ann Carruth, Erin Diamond

Presentation by Ms. Theresa Derenbecker, RDN, LDN on Childhood Obesity

Luanne Billingsley, DNP, APRN

TDNA is committed to support and serve registered nurses working in Tangipahoa parish. The organization was proud to host Ms. Theresa Derenbecker, RDN, LDN at its September professional meeting, held at Murphy's Seafood in Hammond, LA. Ms. Derenbecker, a registered dietician at Cypress Pointe Surgical Hospital, presented a continuing education program entitled, "An Update on Childhood Obesity: How Nurses Can Prevent Sugarcoating It." Obesity can be defined as a disorder involving excessive body fat that increases the risk of health problems. Nationwide, the number of obese children exceeds 13 million. Obese children have an 80% chance of becoming an obese adult. Obesity-related diseases, such as: diabetes, hypertension, heart disease, arthritis, certain cancers, social anxiety, and depression are on the rise. Various public campaigns to address this important health issue have been launched. Ms. Derenbecker addressed the importance of health care providers using parent-preferred terminology when discussing the weight issue for their children. Words to use include: weight, unhealthy weight, weight problem, overweight, and high BMI. Words to avoid are obese, extremely obese, fat, excess fat, large size, heavy, and chubby.

Treatment for childhood obesity is based on individual age and health conditions. Typical goals are to slow the child's rate of weight gain, promote gradual weight loss, increase physical activity, and encourage children to eat more fruits and vegetables.

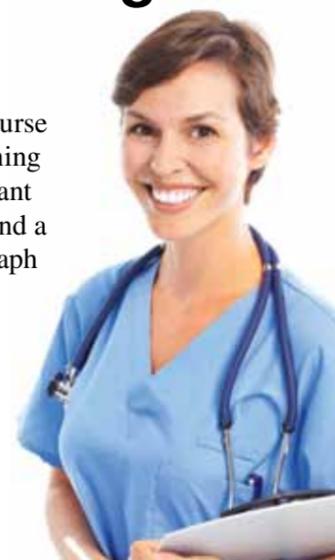
Following the presentation, the participants were able to describe childhood obesity statistics and the health risks associated with obesity, use evidence-based research to discuss barriers nurses may have when discussing childhood obesity, and were able to summarize core nutrition principles for promoting a healthy weight, including evidence-based resources. It is important for health care providers to overcome the barriers and obstacles, and focus on the opportunities to make a difference.



Theresa Derenbecker discusses with the TDNA "How nurses can prevent sugarcoating childhood obesity"

Outstanding Nurses

Know an LSNA Nurse who's done something outstanding and want to share? Please send a picture and paragraph (150 words or less) to lsna@lsna.org (must be in word or pdf). Subject Line: LSNA Outstanding Nurse – Last, First Name



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District News

Northshore District Nurses Association

Georgia Johnson, President



NDNA had another successful Nurse Recognition Program held at Slidell Memorial Hospital Cancer Center on September 15th 2015. There were twenty-five nominations for the Northshore Top Twenty. The Top Twenty recipients were Lisa Arbo-Slidell Memorial Hospital, Edward Bozes-Slidell Memorial Hospital, Pamela Cambre-Ochsner Health System, Cindy Dixon-Guest House of Slidell, Cynthia Hingle-Slidell Memorial Hospital, Anita Holland-Slidell Memorial Hospital, Jeffrey Johnson-Northlake Behavioral Health, Barbara Kuper-Lakeshore Hospice, Daniel May-Northlake Behavioral Health, Karen Moise-Retired St. Tammany Hospital, Noel Nesbit-Delta College, Linda Rajki-N.O. Physician Services, Andrea Rolston-Slidell Memorial Hospital, Sherry Savoie-Guest House of Slidell, Terry Seal-Family Home Health Agency, Jennifer Spencer-Slidell Memorial Hospital, Lynn Strain-Slidell Memorial Hospital, Michele Troclair-Acelity, Sandra Trumbaugh-Hancock Medical Center, Sherri Williams-Our Lady of the Angels Hospital.

Special recognition was given to Barbara Kuper for the outstanding support that she received from peers, employer and families of patients she has cared for in Hospice. She was acknowledged for making a difference in the lives of those who are terminally ill and their caregivers. Liz McHugh and Noel Nesbit were recognized for 50 years of nursing.

The next event for NDNA was participation in a Regional Career Day held at Southeastern Louisiana State University on September 29th 2015 from 6PM-8PM. This met our goal of promoting nursing as a career. Georgia Johnson, President and Allison Maestri, Secretary (who has participated in the past) attended the event. There were several students interested in nursing. They were provided a list of schools of nursing and information was available on the nursing shortage and testimonials about being a nurse. On-going contact will be maintained to support their decision by sharing our newsletter and any other relevant information such as scholarship opportunities.

We met another goal of supporting a charitable event by participating in the Walk to End Alzheimer's held in Mandeville, Louisiana on October 3rd. The "Northshore Nurses" Team raised over \$800 in donations. Thank you to Cross Gates Family Fitness for their corporate donation. This is a worthy cause with walks held in multiple locations throughout the State.

We hope to have more nurses join our team next year.

Our November 17th meeting will include a presentation "Generational Effects in the Workplace". The objective of the program is "differentiate generational work styles". The speaker is Sue DeLaune, MN, RN, CNE, assistant professor at LSUHSC. Sue is an outstanding speaker, nationally known and author of Fundamentals of Nursing. There is no CE due to the length of the program.



Georgia Johnson, President, and Allison Maestri, Secretary, at Louisiana State University's Regional Career Day.



Rebecca Willingham, Willa Stewart, Allison Maestri and Terry Joseph were walkers while Georgia Johnson was a volunteer worker with registration.



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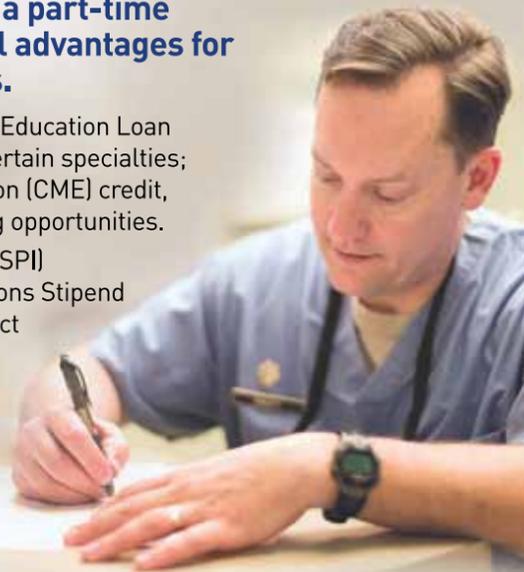
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Arcelia Hargrove	LA01 Alexandria	Sheralyn Long	LA02 Baton Rouge	Meagan Larimer	LA04 Lafayette
Sydney Laborde	LA01 Alexandria	Karen Lyon	LA02 Baton Rouge	Tranika Noel	LA04 Lafayette
Tywhanika Logan	LA01 Alexandria	Danielle Martin-Davenport	LA02 Baton Rouge	Cynthia C. Suire	LA04 Lafayette
Charlotte Merrill	LA01 Alexandria	Tanga McNemar	LA02 Baton Rouge	Michelle Talamo	LA04 Lafayette
Debra M. Young	LA01 Alexandria	Leslie Melancon	LA02 Baton Rouge	Angelle Brooks	LA05 Lake Charles
Regina Adomako	LA02 Baton Rouge	Eleanor Parrish	LA02 Baton Rouge	Erin Flavin	LA05 Lake Charles
Aminat Ajala	LA02 Baton Rouge	Phyllis Pedersen	LA02 Baton Rouge	Jenefer Gentry	LA05 Lake Charles
Shamelle A. Beaulieu	LA02 Baton Rouge	Claire Rea	LA02 Baton Rouge	Lacy Hanks	LA05 Lake Charles
Lisa Bishop	LA02 Baton Rouge	Sandra Robinson	LA02 Baton Rouge	John Kight	LA05 Lake Charles
Tara Bosley	LA02 Baton Rouge	Cassandra Selders	LA02 Baton Rouge	Damon Scott	LA05 Lake Charles
Britt A. Carlisle	LA02 Baton Rouge	Precious Selvage	LA02 Baton Rouge	Tammy Dannehl	LA06 Monroe
Karyn Crafton	LA02 Baton Rouge	Shawn Simmons	LA02 Baton Rouge	Tavell Lamar Kindall	LA06 Monroe
Keiuna Cropper-Patin	LA02 Baton Rouge	Misty Simon	LA02 Baton Rouge	Olukemi Kuku	LA06 Monroe
Tracy Dempsey	LA02 Baton Rouge	Jarred Smith	LA02 Baton Rouge	Virginia May	LA06 Monroe
Maurice L. Dorsey	LA02 Baton Rouge	Terrie Sterling	LA02 Baton Rouge	Jane Pierce	LA06 Monroe
Mary Dorsey-Lewis	LA02 Baton Rouge	Tonya Stokes	LA02 Baton Rouge	Judy Shields Rogers	LA06 Monroe
Antonieta Dousay	LA02 Baton Rouge	Nicole Telhiard	LA02 Baton Rouge	Ebony Washington	LA06 Monroe
Betty Fomby	LA02 Baton Rouge	Mija Thompson	LA02 Baton Rouge	Grady Earl Whitman	LA06 Monroe
Terrelle Foster	LA02 Baton Rouge	Jill Young	LA02 Baton Rouge	Shawnta Anderson	LA07 New Orleans
Kiona Hayes	LA02 Baton Rouge	Alexandria Durant	LA03 Northshore	Shaletha Heim Bell	LA07 New Orleans
Catherine Henderson	LA02 Baton Rouge	Christina Hulin	LA03 Northshore	Jovan Bernard	LA07 New Orleans
Tara Hollins	LA02 Baton Rouge	Shirley Ann Jeandron	LA03 Northshore	Deborah Blytt	LA07 New Orleans
Lori Hood	LA02 Baton Rouge	Melinda Lester	LA03 Northshore	Jevon Brooks	LA07 New Orleans
Nicole Isaac-Thomas	LA02 Baton Rouge	Marti Miller	LA03 Northshore	Bernadette Cade-Lambert	LA07 New Orleans
Trinette A. Jackson	LA02 Baton Rouge	Barbara Noel Nesbitt	LA03 Northshore	Courtney Canales	LA07 New Orleans
Trinette Jackson	LA02 Baton Rouge	Lindsey Prisk	LA03 Northshore	Debra Cooper	LA07 New Orleans
Brooke Elise Jensen	LA02 Baton Rouge	Brandi Anderson	LA04 Lafayette	Stacy Cruikshank	LA07 New Orleans
Brittany D. Johnson	LA02 Baton Rouge	Sondra C. Cummings	LA04 Lafayette	Laura D'Antonio	LA07 New Orleans
Paula Julian	LA02 Baton Rouge	Darrell Davis	LA04 Lafayette	Nicole Marie Davis	LA07 New Orleans
Melissa Kelly	LA02 Baton Rouge	Kendell Fisher	LA04 Lafayette	Regina Delatte	LA07 New Orleans
Michelina Kite	LA02 Baton Rouge	Ryan Christopher Francis	LA04 Lafayette	Ebony Dickerson	LA07 New Orleans
Sandra Knight	LA02 Baton Rouge	Valerie Groze	LA04 Lafayette	Kalli Dufresne	LA07 New Orleans

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* Employer Name _____	* Graduation (Month/Year) _____		
* Employer Address _____	Previously a member of LSNA _____		
* Employer City/State/Zip Code _____	If Yes, When? _____		

Membership Category (Please check one)

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Phyllis Peoples	LA12 Bayou
April Usie	LA12 Bayou
Danielle Vauclin	LA12 Bayou
Lora Brown	LA13 Feliciana

TO BE COMPLETED BY LSNA:

State _____ District _____

Exp. Date _____ / _____

Month Year

Approved by _____ Date _____

Amount enclosed _____

Check # _____

CURRENT DUES:	Yearly	Monthly
Full Member	\$290.00	\$24.67
Reduced	\$145.00	\$12.58
State Only	\$189.00	\$16.25

RECRUITED BY _____

Welcome to Louisiana Members!

Tamara Robinson	Kimberly Easterling
Michelle L. Trosclair	Doraine R. Woods
Myrna Cassimere	Frances L. Hawkins
Keithen Potts	Jaime Cooke
Kelly Hendrix	Edna W. Scott
Rebekah Bergeron	Courtney Travis

Please send all questions or concerns regarding membership to Karen Loden at membership@lsna.org.



Woman's

We Believe in our Nurses!

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