2015 Nurses Day at the Legislature

On February 12, 2015 approximately 425 nurses and students assembled in the Cornhusker Marriott Ballroom in Lincoln to learn about advocating for nursing issues. It was a collaborative event, with the following individual and organizations partnering with the Nebraska Nurses Association (NNA):

- Linda L. Lazure, PhD RN
- Beth Furlong, PhD JD RN
- Teresa Anderson, EdD MSN RNC-OB NE-BC
- Catholic Health Initiatives (CHI Health)
- Clarkson College
- Nebraska Action Coalition - Future of Nursing
- Nebraska Assembly of Nursing Deans and Directors
- Nebraska Center for Nursing
- Nebraska Emergency Nurses Association
- Nebraska Methodist and Women’s Hospital
- Nebraska Nurse Practitioners
- Nebraska Organization of Nurse Leaders
- Platte River Chapter 324 American Nephrology Nurses Association
- Sigma Theta Tau, Omicron Epsilon Chapter (Clarkson College)

The event was opened by NNA President, Teresa Anderson and emceed by Melissa Florell, NNA’s Director of State Affairs. Following Ms. Anderson’s welcome, Janet Haebler, Associate Director of State Government Affairs of the American Nurses Association, presented the keynote address “Making a Difference through Advocacy.” After Ms. Haebler presentation, the audience attended one of two breakout sessions designed for novice and experienced advocates. The novice group heard presentations from NNA members Linda Stones MS BSN BS RN CRRN who discussed “How to Read a Legislative Bill” and Jordan Colwell MHA BSN RN who addressed “Preparing and Giving Testimony.” The experienced advocates spent an additional hour with Ms. Haebler discussing a case study on “From Idea to Signing: How to Make Legislation Happen.” To complete the continuing education program, the attendees regrouped in the Ballroom for the following presentations:

- LaDonna Hart MSN APRN-NP FNP-C spoke to the power of advocacy; LaDonna is the President of the Nebraska Nurses Practitioners
- Don Wesely, NNA’s Lobbyist, discussed the current legislative bills of interest to nurses that are being tracked by NNA

Terry Anderson and Lt. Gov Mike Foley

State Senator Crawford and nurse constituents, including Carole Lainof (NNA)

Attendees at the 2015 Nurses Day at the Unicameral

Nurses Day at the Legislature continued on page 3

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February and March have been stellar months for the Nebraska Nurses Association. We broke attendance records at the 2015 Nurses Day at the Legislature. Governor Rick Perry, Lt. Governor, and over 20 State Senators for lunch that day. Shortly after the event, LB 107 sailed through the legislature and was signed into law by Governor Ricketts, eliminating the need in debate, preserving the 1988 law which was actively supported by NNA.

In February, we conducted two VERY successful governance revision retreats and a HUGE THANK YOU to the members who joined us in Lincoln and Grand Island for those meetings. Amazing “out-of-the-box” leadership ideas were generated. A recent meeting with the ANA Office of General Counsel confirms that we should be able to head down the pathway that was suggested. Let me summarize for you the suggestions that we will consider over the summer and at the convention.

- Membership category changes – We believe that we are “stronger together” and ANA-Only and NNA-Only membership categories are being considered for elimination. For our ANA/NNA Joint Members, dues rates and member benefits are being enhanced at the national and state level and membership in both associations will provide synergistic benefits and take us closer toward the “single sign-on” streamlined access and information databases.
- Movement from a House of Delegates to an Annual Membership Meeting – A new Annual Membership Meeting would allow all members to fully participate in the decisions of the association. Those attending the meeting and webinars will define and finalize ballot information, and final decisions related to elected officers, bylaw amendments, and proposals will occur by electronic ballot, with ALL members encouraged to vote. Nominations from the floor will enhance our candidate pool and allow all eligible members the chance to serve and lead. The meeting will become our interactive “reference process” and allow all voices to be heard.
- Creation of Mutual Interest Groups (MIGs) – These MIGs will provide a mechanism for geographically defined groups to continue in lieu of Districts and introduce a means to support other groups of members who are drawn together by common interests or issues. As few as three members will be able to apply for annual approval as a MIG, by outlining goals, activities, and needed support. Each of these groups will elect a Chair and these chaperions will serve on the new MIG Oversight Committee.

This is a very streamlined description of the proposed changes and more discussion will occur to finalize the policy and procedure details prior to our decisions at Convention and Annual Meeting. More will be discussed at the 2015 NNA HOD and approved changes will take effect for the 2016 calendar and fiscal year.

Watch for meetings and webinars providing further information and dialogue around these ideas. Please attend a meeting or phone in to a webinar. The changes proposed for our association will determine our future success and growth. We need “all hands on deck” to help guide the ship through to calmer seas and a more meaningful voyage for all.

Mark your calendars for October 1 – 3, 2015 and plan to join us in Kearney for what could be our last House of Delegates. Join in this once-in-a-lifetime opportunity to observe shared governance history.

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NNA's Mission:
The mission of the Nebraska Nurses Association is to foster high standards for nursing practice, stimulate and promote the professional development of nurses, and advance their professional security, and to work for the improvement of health standards and availability of health care services for all people. (Adopted 10/95, NNA House of Delegates)

NNA's Vision:
Nebraska Nurses Association will be an effective voice for nurses; and an advocate for Nebraska consumers on issues relating to health. (Affirmed 12/04/2004, NNA Board of Directors)

NNA’s Core Issues:
1. Workplace Rights
2. Appropriate Staffing
3. Workplace Health & Safety
   a. Patients
   b. Community/Public Health
4. Continuing Competence
   (Affirmed 12/04/2004, NNA Board of Directors)

NNA's Official Publication:
The Nebraska Nurse is the official publication of the Nebraska Nurses Association (NNA) (a constituent member of the American Nurses Association), published quarterly every March, June, September, and December. The NNA provides education, networking opportunities, publications and other products and services to its members and extends its mission to all nurses in Nebraska. Phone: (888) 885–7025
You can leave a message at any time! Email: Director@NebraskaNurses.org Web site: www.NebraskaNurses.org Mail: PO Box 3107 Kearney NE 68848–3107

Questions about your nursing license?
Contact the Nebraska Board of Nursing at (402) 471–4376. The NBON is part of the Nebraska Health and Human Services System Regulation and Licensure. Questions about stories in the Nebraska Nurse?
Contact: NNA.

This newsletter is a service of the Nebraska Nurses Association and your reading of this publication does not mean you are automatically a member. Your membership in support of this work is encouraged; please visit www.nebraskanurses.org.

Photo on front page: Scotts Bluff National Monument Photo by: Nebraska DED
“Scotts Bluff was one of the key geographic landmarks pioneers sought on their journeys westward.”

Writer's Guidelines:

Any topic related to nursing will be considered for publication in the Nebraska Nurse. Although authors are not required to be members of NNA, when space is limited, preference will be given to NNA members.

Photos are welcomed, digital is preferred. The NNA assumes no responsibility for lost or damaged photos.

Submitted material is due by the 12th of the month in January, April, July and October of each year.

You may submit your material in the following ways:
Prepare as a Word document and attach it to an e-mail sent to anna@nebraskanurses.org.

For advertising rates and information, please contact Arthur L. Davis Publishing Agency, Inc., 517 Washington Street, PO Box 216, Cedar Falls, Iowa 50613, (800) 626–4081, sales@aldpub.com. NNA and the Arthur L. Davis Publishing Agency, Inc. reserve the right to reject any advertisement. Responsibility for errors in advertising is limited to corrections in the next issue or refund of price of advertisement.

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At the conclusion of the continuing education program, Teresa Anderson, NNA President, inducted Sheila Exstrom into the NNA Hall of Fame. An article on Sheila’s outstanding career was in the last issue of the Nebraska Nurse. Also, Ms. Anderson presented the first annual NNA Member Scholarship to Joely Goodman from NNA District 1.

A luncheon, attended by the Governor, Lt. Governor, and 15 State Senators and their staff, followed the workshop. More than 320 nurses and students attended the luncheon to discuss issues related to nursing and healthcare with our State level officials. Approximately 100 participants walked to the Capitol Building for a guided tour the building and observe legislative hearings.

NNA extends a huge “Thank you” to our partnering organizations, the Planning Committee, and all attendees for helping to make the 2015 Nurses Day at the Unicameral successful. Mark your calendars for next year’s event – February 11, 2016.
On March 5, 2015, Nebraska Governor Pete Ricketts signed into law LB 107 following a final unanimous vote of 46-0 in the Unicameral. This legislation was introduced by Senator Sue Crawford, co-signed by 10 Senators, and supported by many organizations and agencies.

LB 107 brings Full Practice Authority to nurse practitioners (NPs) in the State by eliminating the career-long integrated practice agreement with a transition to practice agreement that will require newly graduated NPs to obtain 2,000 hours of clinical practice under the guidance of a physician or an established NP before they can practice independently.

The bill will be enacted 90 days after the end of the current legislative session, which is tentatively scheduled to end June 5, 2015, the Nebraska Board of Nursing is working on the supporting regulation.

This bill, which will bring direct access to NP care for patients, makes Nebraska the twentieth state in the nation, plus the District of Columbia, with Full Practice Authority for NPs. Nebraska Nurse Practitioners (NNP) would like to express sincere appreciation for the dedication and effort that Nebraska Nurses Association has extended over the years to support this important legislation.
NNA’s Director of State Affairs

Member Benefit Review

Melissa Florell, MSN RN
Director of State Affairs, NNA

Happy Spring Nebraska Nurses! How many of you have taken a few minutes recently to explore the benefits offered to NNA/ANA members? Joint Membership in NNA/ANA is becoming more – valuable! NNA and ANA have always been dedicated to providing the strongest Professional Development and Advocacy benefits possible for your membership. This summer, NNA and ANA will be adding a group of “Personal” member benefits designed to care for you while you care for others. The new benefits represent a conscious effort to meet the needs of member nurses and provide resources useful for professional practice and self-care.

Newly enhanced benefits for NNA/ANA members include discounts on insurance products useful in practice and daily life. Mercer professional liability insurance has been a long-time partner of NNA and ANA. Nationwide now offers NNA and ANA members auto insurance at an additional 5% savings from the best available rate. A new partnership has been developed with Anchor Health Administrators for long term care insurance. Members will receive an extra 5% discount off the regular rate, AND this offer extends to the member’s immediate family! Special Term Life Insurance policies are available through Hartford Term Life. And NNA and ANA members can receive financial planning information – and a free personal financial plan (valued at $800) through Edelman Financial Services with absolutely no commitment to pay anything.

These new benefits are on top of the already strong benefits already offered to NNA and ANA members! If you haven’t taken the time to explore the benefits of NNA/ANA membership, NOW is the time. The cost savings available in CE and ANCC certification alone cover the annual cost of membership.

Up-to-date News and Information:
• Members automatically receive subscriptions to American Nurse Today (the peer-reviewed journal of the ANA) and The American Nurse (focused on nursing issues and the work being done to advance nursing practice).
• Also available are online journals and newsletters such as OJIN (Online Journal in Nursing), ANA SmartBrief and Nursing Insider. Members must sign-up for newsletters they wish to receive through the ANA website www.nursingworld.org.

Other benefits:
• NNA/ANA members also receive discounted registrations to many NNA conferences and events.
• Members may access to NNA’s legislative platform and supporting information regarding priority legislation introduced in the Nebraska Legislature.
• The NNA Career Center provides information about nursing jobs available in Nebraska and surrounding states.
• The Nebraska Nurses Association also offers the NNA VISA in partnership with UMB/Card Partner.
• Members pursuing advanced education through BSN, MSN, or doctoral programs are able to apply for the NNA Member Scholarship. This is a $1000 scholarship to be applied toward the cost of education. These benefits may be accessed through www.nebraskanurses.org.

All of the information shared in this article can be found on the ANA website (www.nursingworld.org) or the NNA website (www.nebraskanurses.org). If you have additional questions please contact me at director@nebraskanurses.org.

Melissa Florell

Continuing Education and Leadership:
• Members receive deeply discounted rates on ANCC certification tests and review courses.
• The ANA continuing education library contains several hours of free continuing education as well as discounted rates for members on every course.
• For those members wishing to hone their leadership skills and take their practice to the next level the ANA Leadership Institute offers the necessary tools. The Leadership Institute offers courses on a wide variety of leadership topics including: Diversity, Innovation & the Triple Aim, and Managing Change.

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District Delegates Needed for the NNA House of Delegates – October 3, 2015

The District Delegate nomination process has been automated through a “self-nomination” or “registration” process on the NNA website. NNA Delegates serve a one year term; in order to serve, your name must appear on the NNA ballot and you must receive at least one vote from a member in your NNA District. You will not receive a call from your District Nominations Committee this year. Delegates from each District are essential to conduct the business of NNA.

All NNA members in good standing are eligible to self-nominate to be a candidate for delegate for their District. Membership in “Good Standing” means:
- Paid dues (not in grace period)
- Granted license to practice as RN, not encumbered (visual and electronic verification)
- Retired RN with license unencumbered at the time of retirement
- ANA/NNA or NNA only member
- Member by January 1, 2015

The “self-nomination” or registration process begins at NNA’s website (www.nebraskanurses.org):
- Click the Delegate Nomination link on the NNA home page
- Login with your user name and password; if you don’t know your password, contact director@nebraskanurses.org and Melissa will assist you to update your profile and access the Members Only page.
- Complete the nomination form; you will need to:
  - Enter your name, phone number, and email address
  - Indicate your NNA District
  - “Sign” the form; this verifies you understand that by submitting your name, you are available to attend, if eligible and selected

Every NNA Bylaws, members of the Board of Director, including District Presidents and Chairs of the LAR, NPD, and GFM Committees are automatically declared Delegates representing the NNA Board of Directors. These individuals do not need to self-nominate.

It is critical that the NNA fill its quorum of Delegates to conduct business. We need you to help us! If you have not been a Delegate in the past or have not had the chance to serve before, there will a Delegate Orientation Session during Convention on October 2nd to fully prepare you to participate and represent your District.

All nominees will be validated for membership status, membership date, and District assignment. Once validated, your name will appear on the 2015 NNA ballot where only members of your District will be eligible to select their Delegates. After elections are closed and tallied, you will be contacted by email. A list of Delegates will also be posted on the Members Only page of the website. You will also need to check-in at the Credentials table prior to the start of the House of Delegates in October.

Check out the Revised ANA Code of Ethics!

In January, the American Nurses Association released the 2015 revisions to the ANA Code of Ethics with Interpretive Statements. On February 24, 2015, Martha Turner, PhD, RN-C, Assistant Director of the ANA Center for Ethics and Human Rights provided a review of the new code to a group of nursing consultants gathered at the ANA headquarters. She reminded the group that “the code is a living document and needs revision every ten years. The provisions are more stable and need revision about every 20 years but the interpretive statements often need to be addressed more frequently.” The code is a standard of practice and is non-negotiable. The following summary of current revision was provided by Dr. Turner.

- Updates to some language, deleted some outdated terms. For example, technology, social media, genetics, incivility in the workplace, pain and suffering, and evidence informed practice were added.
- Reorganize content of the interpretative statements (ISs) to be consistent with the wording of the provisions and to decrease redundancy
- Rewards some Provisions to be more concise and to more clearly articulate the intent.
- As with the Code of 2001, the first three provisions describe the most fundamental values and commitments of the nurse; the next three address boundaries of duty and loyalty; the last three address aspects of duties beyond individual patient encounters.
- Updates the preface to strengthen the purpose, ethical framework and context. Added an introduction to clarify use of terms: patient/consumer/client, moral/ethical and must/ought/should. The intro also describes the addition of a glossary and a listing of links to resources and supportive documents.
- Emphasizes leadership throughout and renewed emphasis on the inclusion of nurses in all roles and in all settings.
- Strengthens the voice of nurses in social and health policy.
- Strengthens the role of nurses in global health.
- Addresses aspects of the document that dated it and would date this revision.
- Adds glossary of terms and a list of resources for more information.

The Code of Ethics with Interpretive Statements is one of the core foundational documents of professional nursing. EVERY nurse should own a copy and frequently refer to it. It is the guiding compass to the provision of safe, effective nursing practice. Purchase your new copy today at www.nursebooks.org. There is a significant discount for ANA/NNA members.

1 Dr Martha Turner February 24, 2015 Presentation Notes, pg 1.
2 Dr Martha Turner February 24, 2015 Presentation Notes, pg 3.
The 2015 Nominating Committee for the Nebraska Nurses Association (NNA) has proposed the following slate of candidates for the Association’s 2015 election. The ballot for this year includes:

- Board of Directors
  - President-Elect
  - Vice President Elect
  - Secretary
- Committee Positions
  - Legislative Advocacy and Representation Committee (LARC)
  - Professional Development (PDP) Committee
  - Governance, Finance, and Membership Committee (GFMC)

To help you make your decision, a brief description of each position on the ballot is provided as well as information on the candidates. Candidate information is organized by the positions on the ballot and is listed alphabetically. Balloting will be available electronically at the NNA web site after July 20, 2015. You will receive an email containing the ballot link. When the ballot is open, you will be instructed to login with your last name and NNA member ID. Candidate bios will be linked to the candidate in the electronic ballot. Contact dann@nebrasknurses.org if you need assistance or require a paper ballot.

### OFFICERS and BOARD OF DIRECTORS

**President Elect (Vote for 1)**

**Description of Duties:** The President Elect of NNA shall:
- assume duties of the president in the president’s absence or at the discretion of the president
- assume other duties as assigned by the Board of Directors

**Number of Candidates:** 1 (Connolly)

**Candidate:** Megan Connolly  
**Demographics** NNA District 2 - Douglas County  
**Work Experience**  
- Children’s Hospital  
  - Chief Administrative Officer (2013-present)  
  - Manager of Emergency Services (2009-2013)  
**Education**  
- DNP, Creighton University, May 2013  
- MSN, University of Nebraska Medical Center, May 1987  
- BSN, Midland Lutheran College, May 1990  
**Professional Membership Organizational Experience**  
- NNA  
- National Association of Pediatric Nurse Practitioners (NAPAP) (2004 to present)  
- Legislative Chair – Midwest Chapter, 2013–2014  
- Health Policy Member – National, 2013 – present  
- National ED Operations Committee 2013  
- Nebraska Nurse Practitioners (2014 – present)  
**Goals for Leadership Role**  
The main goal for this leadership role is in complete alignment with the mission statement of NNA. I want to be a leader of an organization dedicated to the advancement of nurses. I have been a nurse for 25 years and there is nothing of which I am more proud. I have had the opportunity to serve in many leadership roles, both professionally and personally as a volunteer. Woven into all of these roles have been my values as a nurse and how my direction will impact patients and or nurses. I feel this is such an important time in healthcare to have nurses have a voice and are a major part of future policy and process. NNA has a vital role in making sure this happens. I would be honored to be an integral part of this. Nurses are such a substantial part of the future of healthcare, at times I feel we do not realize how large of a part we play. NNA is well positioned to empower our nurses to become more involved and be a significant part of the future. An overarching goal would be to continue the current Board’s achievements of engaging more of our nurses in the early part of their career. This group of nurses hold a very important role in our future and it would be wonderful if they were part of NNA.

**Vice President (Vote for 1)**

**Description of Duties:** The Vice President of NNA assumes the duties of the president in the absence of both the president and president-elect, or at the discretion of the president; assumes other duties as assigned by the Board of Directors.

**Number of Candidates:** 1

**Candidate:** Lina Bostwick  
**Demographics** NNA District 3 - Lancaster County  
**Work Experience**  
- Bryan College of Health Sciences  
  - Associate Professor (2012-present)  
  - Assistant Professor (2005-2012)  
- Bryan Health System  
  - Unit Manager, Critical Care (1998-2005)  
**Education**  
- College of Saint Mary, 2013  
- MSN, Wesleyan University, 2004  
- BSN, Wesleyan University, 1994  
**Professional Membership Organizational Experience**  
- NNA District 3  
  - Board of Directors, Treasurer (2011-present)  
  - Fresh Start (non-profit home for women)  
  - Board of Directors, Secretary and Marketing (2014-present)  
  - Sigma Theta Tau  
  - Board of Directors, Membership (2006-2010)

**Goals for Leadership Role**  
1. Support the President and the Board  
2. Recruit talent with the right skills  
3. Collaborate with teams, focus groups, Districts, financially as needed  
4. Collaborate with analysis of data  
5. Engage volunteers, members, and donors  
6. Cultivate advocates of Nursing and for Nursing  
7. Assist in planning succession of leaders  
8. Cultivate Nurse advocates for safety and patient care on committees

**Secretary (Vote for 1)**

**Description of Duties:** The secretary of NNA shall: 
- be responsible for ensuring that records are maintained of meetings of the NNA House of Delegates, the Board of Directors, and the executive committee of the board, and  
- notify constituent members of meetings of the NNA House of Delegates; and  
- assume other duties as assigned by the Board of Directors

**Number of Candidates:** 1

**Candidate:** Connie Morrill  
**Demographics** NNA District 5 - Scotts Bluff County  
**Work Experience**  
- 2008 – present: Staff RN, Regional West Medical Center  
- 2011-2013: Pharmacy Med Rec RN, Regional West Medical Center  
- 2003 – 2008: Surgery Aide, Regional West Medical Center  
- 1985 – 2002: Veterinary Technician/Research Technician, University of Nebraska Veterinary Diagnostic Lab  
**Education**  
- BSN- UNMC – ScottsBluff Division, 2008  
- AAS Nursing: Western Nebraska Community College, 2007  
- AAS Veterinary Technology: University of Nebraska School of Technical Agriculture, 1977  
**Professional Membership Organizational Experience**  
- Regional West Medical Center Ortho/Neurosurgical Unit  
  - Unit Care & Practice Council, Secretary (2013)  
  - Nurse Practice Committee (2011-present)  
  - Evidence Based Practice Committee, Secretary (2013)  
- NNA  
  - Board of Directors, Secretary (2013-present)  
  - Delegate, NNA Convention 2008-2012  
  - Morrill United Methodist Church  
  - Recording/Financial Secretary (1995-2005)

**Goals for Leadership Role**  
1. I have served as the Secretary of NNA since 2003  
2. To keep an accurate record of NNA meetings via conference call or in person  
3. Learn more about the inner workings of my state organization  
4. I have been recording secretary for numerous organizations over the years and feel well qualified to hold this office if elected.

**LEGISLATIVE ADVOCACY and REPRESENTATION COMMITTEE (LARC)**

**Description of Duties:** The role of the Legislative Advocacy and Representation Committee is to plan and implement activities related to professional security and nurse advocacy and to represent NNA’s positions on state and local concerns, as defined by NNA’s approved legislative platform.

**Number of Candidates:** 1  
1. West (Kelley-Norton)  
2. East (Lainoff, Stones)  
3. South (Hollister)  
4. At Large (Lerdahl, Nelson)

**LARC Representative – WEST Region Representative**  
(Vote for 1)

**Candidate:** Lorie Kelly-Norton  
**Demographics** NNA District 7 - Lincoln County  
**Work Experience**  
- Great Plains Health  
  - Nurse Educator and Primary Nurse Planner for CNE Program (December 2012-present)  
- Bariatric, Stroke, and Joint Camp Coordinator (May 2012-December 2013)  
- North Platte Surgery Center  
- OR Circulator Nurse (January 2008-May 2012)  
- Gothenburg Memorial Hospital  
- Charge/Staff Nurse (May 2005-May 2012)  
**Education**  
- MSN, Walden University, 2012  
- BSN, University of Nebraska Medical Center – Kearney, 2008  
- ADN, Mid-Plains Community College, 2005  
- GPN, Mid-Plains Community College, 1992

**Professional Membership Organizational Experience**  
- ANA/NNA  
**Goals for Leadership Role**  
None submitted

**LARC Representative – NORTH Region Representative**  
(Vote for 1)

**Candidate:** Terri Mitchell  
**Demographics** NNA District 6, Holt County  
**Work Experience**  
- 1983 – present: CNO, West Holt Memorial Hospital, Ortho/Neurosurgical Staff Position – Staff Nurse, Nursing Supervisor
  - Diploma: Bryan Memorial School of Nursing, 1973
**Professional Membership Organizational Experience**  
- ANA/NNA – member  
- ENA – member  
- NS – member  
**Goals for Leadership Role**  
Promote more nursing involvement in the legislative process. Learn more about the Legislative process. This year will be my 30th year working at West Holt Memorial Hospital.

**LARC Representative – EAST Region Representative**  
(Vote for 1)

**Candidate:** Carole Laineuf  
**Demographics** NNA District 2 - Sarpy County  
**Work Experience**  
- Interim Health Care  
- Community Health Nurse/Educator (1998-present)  
- Nebraska Methodist College  
- Clinical Instructor/Faculty (1996-2006)
Goals for Leadership Role
1. Increase NNA member recognition and participation at all levels of Government – local, state, and national.
2. Encourage new members of our profession to be more aware of political issues and their importance in all areas of healthcare and nursing practice.
3. Encourage all nurses to be well-informed VOICE at the legislative level.

LARC Representative – SOUTH Region Representative (Vote for 2)

Candidate: Linda Stones
Demographics NNA District 3 Saline County

Work Experience
• Bryan Medical Center
  • Patient Care Services Director (March 2011-present)
• Madonna Rehabilitation Hospital
  • Director of Nursing (Sept 2006-March 2011)
• Hospital for Extended Recovery (Norfolk, VA)
  • CEO (Jan 2000-Aug 2006)

Education
• PhD – AIBD, Virginia Commonwealth University
• MS Business, John Hopkins University, May 1994
• BSN, Creighton University, December 1989
• BS, Nebraska Wesleyan University, May 1988

Professional Membership Organizational Experience
• NNA – Variety of positions, 2007-present
• Nebraska Center for Nursing, Member (2 – 3yr terms, ends 2016) and Chair (2012-2014)

Goals for Leadership Role
1. Be involved in legislative activity on the State and National level that impact the nursing profession
2. Engage other nurses in the legislative activity
3. Promote the image of nursing as Leaders to elected officials

LARC Representative – AT LARGE Representative (Vote for 1)

Candidate: Lisa Lerdahl
Demographics NNA District 3 Lancaster County

Work Experience
• Bryan Health
  • CVRCU, Dec 2011-present
• Good Samaritan Hospital
  • FPC, Sep 2010-Nov 2011
• Ortho-Trauma, Aug 2009-Sep 2010

Education
• BSN, UNMC – Lincoln, May 2009

Professional Membership Organizational Experience
• NNA
  • LARC member, 2012-2014

Goals for Leadership Role
1. Be a part of the committee to lobby for legislation that will have a positive impact on nursing and the community. To be a voice and represent the nurses in my district and nurses throughout Nebraska.

Candidate: Joan Nelson
Demographics NNA District: 2 County of residence: Douglas

Work Experience
• OR Nurse Liaison, Nebraska Methodist Hospital, 2011-present
• Coordinator – CV/Thoracic Surgical Services, Nebraska Methodist Hospital, 2007 – 2013
• RN – NE Disaster Medical Assistance Team (NE-1 DMAT), Dept. of Health and Human Services, 2010
• Surgical RN – CV/Thoracic Team, Nebraska Methodist Hospital, 2000 - 2007

Education
• MS-Candidate, Emergency Preparedness, UNMC, May 2015 (projected)
• BSN, Nebraska Methodist College, 1990
• Diploma, Nebraska Methodist College, 1983
• LPN, Northeast Community College, 1977

Professional Membership Organizational Experience
• College of Medicine Parents and Family Advisory Council, Secretary and President, 2012 – present
• National Association of Professional Women member, 2013

NURSING PROFESSIONAL DEVELOPMENT COMMITTEE
Description of Duties: The role of the Nursing Professional Development Committee will be to plan and implement activities related to nursing professional development for nurses to receive continuing education accreditation activities.

1. Promote the understanding of nursing professional practice responsibilities defined by the most recent editions of the Nebraska Nurse Practice Act, the ANA Scope and Standards of Practice, the ANA Social Policy Statement and the ANA Code of Ethics for Nurses.

2. Develop mechanisms to provide professional development which are proactive and responsive to healthcare issues.

3. Serves the CE Planning Committee for Convention and other events in accordance with event planning guidelines.

4. Serve as the Approver unit for NNA and establish, implement and evaluate policies and procedures for the Approver unit, in collaboration with the Midwest NNA and State Board of Nursing.

5. Coordinate the reference proposal process and recommend to the House of Delegates those proposals that meet reporting criteria; and Coordinate NNA award, scholarship and recognition processes (including the Nightingale Tribute) and recommend to the Board of Directors those candidates to receive recognition.

Number of Candidates:
1. – Nursing Practice (Somado)
2. – Assisting (Barbas, Haas, Henk)
3. – Professional Educator (Morgan, Pohren)

NPDIC Representative – PRACTICE AND PROFESSIONAL DEVELOPMENT (Vote for 1)

Candidate: Anoumou Somado
Demographics NNA District 2 Douglas County

Work Experience
• CHI Health – Immanuel
  • Staff Nurse (December 2013-present)
• Select Specialty
  • Staff Nurse (December 2012-December 2013)

Education
• BSN, Nebraska Wesleyan University, May 2015

Professional Membership Organizational Experience
• ANA/NNA, August 2014-present

Goals for Leadership Role
1. Increase NNA member recognition and participation at all levels of Government – local, state, and national.
2. Encourage new members of our profession to be more aware of political issues and their importance in all areas of healthcare and nursing practice.
3. Become active in legislation for policy development and/or change, for best practice environments and nursing care.

4. Utilize my knowledge of Disaster Preparedness and potential positive impact on community and healthcare environment preparedness.

5. Research project across Nebraska on nurses’ disaster readiness.

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NPDC Representative – NURSING FACULTY Representative (Vote for 2)

Candidate: June Eilers
Demographics NNA District 2 Douglas County

Work Experience
Nebraska Medicine
• 2003 – 2015: Clinical Nurse Researcher, Office of Nursing Research and Quality Outcomes

Education
• PhD: University of Nebraska Medical Center College of Nursing, 1996
• MSN: Medical/Surgical Clinical Nurse Specialist, University of Nebraska Medical Center, 1974
• BSN: University of Nebraska School of Nursing, 1971

Professional Membership Organizational Experience
• ANA/UNMC – member since 1971
• ONA/MOCONCS – member since 1977, Evidence Based Practice Putting Evidence into Practice Team, Nominations Committee
• MASSE – member since 1980, Evidence Based Practice Team
• Sigma Theta Tau, Gamma Pi Chapter – member, Scholarship Team

Goals for Leadership Role
Asst the Nebraska Nurses Association with articulating and promoting evidence-based practice that supports the role of nurses in improving patient outcomes.

Candidate: Douglass Haas
Demographics NNA District 4 Buffalo County

Work Experience
• Nebraska Heart Institute – Kearney
  ○ RN Coordinator (Jan 2015 – present)
  ○ Good Samaritan Hospital
  ○ Staff RN (Jan 2010 – Jan 2015)

Education
• MSN, UNMC CON – Kearney, May 2015
• BSN, UNMC CON – Kearney, Dec 2009

Professional Membership Organizational Experience
• NNA
  ○ Chair, NPDC, Jan 2013 – present
  ○ LARC member, Jan 2001 – Dec 2014
  ○ District 4 Social and Legislative Council Chair, Jan 2011–present
• American Association of Critical Care Nurses
  ○ Member, Jan 2012 – present
• Sigma Theta Tau
  ○ Member, Oct 2014 – present

Goals for Leadership Role
My goals for this leadership role are as follows:
• Become a positive nurse leader and role model for the current professional image of nursing
• Work with a team of experts to move the professional image of nursing to a new and higher standard than we are currently allowing ourselves to rest at
• Be a representative and voice for nurses who either cannot be professionally involved or choose not to be professionally involved
• To help make choices that affect all nurses and to look out for the greater good of all nurses

Candidate: Jacy Henk
Demographics NNA District 4 Hamilton County

Work Experience
Memorial Community Health Inc. Hospital
• Staff Nurse (1988-present)

Education
• MSN, Kaplan University, 2014
• BSN, Kaplan University, 2011
• Diploma, Mary Lanning School of Nursing, 1985

Professional Membership Organizational Experience
• ANA/UNMC, 2013-present
• Sigma Theta Tau, Phi Rho Chapter, 2010-present
• National League for Nursing, 2014-present

Goals for Leadership Role
My goal is to get more involved in NNA and ANA.

Candidate: Jacy Henk
Demographics NNA District 2 Cass County

Work Experience
• Alvo Rescue Squad
  ○ Volunteer Advanced Practice Emergency Medical Technician (1980 to present)
• Lancaster County Mental Health Crisis Center
  ○ Staff Nurse (2006 - January 2010)
• Hamilton College
  ○ PN Instructor (2006 to August 2006)
• Lincoln Regional Center - Adolescent and Family Services
  ○ Shift Nurse Supervisor (1999 to 2006)

Education
• MSN, Walden University, 2010
• BSN, Wesleyan University, 1999
• ADN, Southeast Community College, 1993
• MED, UN-Lincoln, 1986
• BA, Our Lady of the Lake College (San Antonio), 1987
• ABA, Otumwa Heights College (Otumwa), 1964

Professional Membership Organizational Experience
• ANA/UNMC
• Alvo Rescue Squad – Educational/Continuing Education Officer

Goals for Leadership Role
I have a unique combination of skills and education to qualify me as a Nursing Professional Development Committee member. I have an extensive teaching background as well as a variety of nursing positions including Psychiatric Nursing and I have teaching experiences with youth as well as adults. I am a perpetual student which gives me an eclectic perspective of nursing continuing education. I am also a past accredited certification committee member with a program seeking accreditation. I am aware of the politics involved in getting legislative approval of programs and was a lobbyist for the Nebraska Emergency Medical Association many years ago. There are multiple aspects to change and changing state protocols in educational programs requires someone who can network within each part of that labyrinth. I am open to change and am willing to work toward the betterment of Nursing and Nursing Professionalism.

Candidate: Elaine Pohren
Demographics NNA District 2 Saunders County

Work Experience
• Medication Safety Nurse Specialist, Nebraska Medicine, October 2012 – present
• Lead Coordinator, Nursing Practice and Professional Development, Nebraska Medicine, June 2007 – October 2012
• Ambulatory Clinical Education Coordinator, Nebraska Medicine, June 2000 – June 2007

Education
• MSN, University of Nebraska Medical Center – Omaha, 1984
• BSN, Seton Hall University, 1976

2015 NNA Ballot continued on page 10

NPDC Representative – PROFESSIONAL EDUCATION Representative (Vote for 2)

Candidate: Karen Morgan
Demographics NNA District 2

Work Experience

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100th Anniversary
1915-2015

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Professional Membership Organizational Experience
ANA/NNA – Bylaws and Nominations Committee (District 2), District Delegate, NPDC member (current)

Goals for Leadership Role
I am a current member of NPDC. I feel this commission has begun to identify its roles and responsibilities in the new NNA structure but has not fully actualized its functions. I would appreciate another term of service to lend my support and expertise as an active member of the commission. I have appreciated the contributions of its diverse members and have experienced personal growth with technology over the past 1-1/2 years. I also feel my clinical experiences and background compliment the work of group. Thank you for this opportunity to serve the organization.

Governance, Finance, and Membership Committee (GFMC)

Description of Duties:
The role of the Governance, Finance, and Membership Committee is to provide infrastructure guidance and recommendations to the Board of Directors related to membership recruitment and retention, recruitment of qualified candidates for NNA elected and appointed positions, and oversight of financial operation on behalf of the Board of Directors.

1. Monitor quarterly NNA financial statements and advise the Board of Directors in matters of finance;
2. Develop the annual budget for the association in collaboration with the director;
3. Provide a plan for non-dues fundraising for the association;
4. Develop slate of nominees for NNA elected and appointed offices;
5. Develop, with priority actions, an ongoing 3-year membership recruitment and retention plan and report outcomes of the plan annually; and
6. Evaluate proposed changes to the bylaws, as presented by individual members, constituents, other committees, the NNA Board of Directors, or the ANA.

Number of Candidates:
1 – Nursing Practice (Smith)
1 – Management (Kampuschneider)
1 – Rural (Gurnsey)
1 – Urban (Carrico, Peterson)

GFMC Representative – NURSING PRACTICE Representative (Vote for 1)
Candidate: Cathy Smith
(did not submit a leadership profile in time for print)

GFMC Representative – MANAGEMENT Representative (Vote for 1)
Candidate: Carol Kampuschneider
Demographics
NNA District 6
Colfax County

Work Experience
• Saint Francis Memorial Hospital
  ○ Vice President of Clinical and Regulatory Services
Education
• MSN, UNMC, May 1995
• BSN, UNMC, May 1978
• Diploma, Lincoln General School of Nursing, May 1975

Professional Membership Organizational Experience
• NNA
  ○ State: Secretary, Treasurer (1998-2000)
  ○ District: Secretary, Treasurer
• NONL
  ○ District 2: Secretary, Treasurer (2003-present)

Goals for Leadership Role
I will provide input into the committee and promote the Nebraska Nurses Association.

GFMC Representative – Rural Representative (Vote for 1)
Candidate: Nolan Gurnsey
Demographics
NNA District 9
Rock County

Work Experience
• Rock County Hospital
  ○ Ainsworth Care Center
  ○ Director of Nursing, charge nurse (2009-2010, 2013-present)
• Private Contract Nurse
  ○ Travel Nurse (2007-present)
• Summer Place
  ○ Charge Nurse (2011-2013)
• Lancaster Manor
  ○ Charge Nurse (2011-2013)

Education
• RN, Metro Community College, May 2013
• LPN, Northeast Community College, Aug 2001
• EMT-B, Northeast Community College, Apr 1999

Professional Membership Organizational Experience
• Nebraska Center for Nursing
  ○ Board Member, Vice Chair (1 yr.), 2008-2014
• NCEN Foundation
  ○ Board Member, President, 2011-2014
• SNA – MCC
  ○ President, 2012-2013

Goals for Leadership Role
1. To further my experience in advocating for nurses in Nebraska
2. To use my abilities and post experiences to help NNA improve health care for Nebraskans and increase membership to NNA/ANA
3. To promote professionalism in nursing

GFMC Representative – Urban Representative (Vote for 1)
Candidate: Cathy Carrico
(did not submit a leadership profile in time for print)

Candidate: Mary C. Peterson
(did not submit a leadership profile in time for print)

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Earn a Bachelor of Science in Nursing
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For more information, call 877.540.8709 or visit NebraskaNursing.kaplan.edu.
Greetings. We are proud to be nurses!

It has long been said that nurses are the backbone of the delivery of health care services in the United States. Few statements are so veritable. Nursing is a highly respected profession. Quintessential to their expertise are the vocation’s foundation of compassionate care and indomitable professionalism. Nurses touch our lives at moments few others ever dare. They witness our brightest moments and our darkest hours, providing support and encouragement to their patients, friends, and families.

Very special souls enter the profession of nursing. They are not homogeneous of thought, culture, gender, or ethnicity; they truly reflect the global nature of the human individual.

I share with you a quote from the Dean of the School of Nursing at Kaplan University, Dr. Chandice Covington, “Nurses sign up for a lifetime commitment to professionalism, operate within a code of ethics, and have a host of materials to guide that development of a nursing student from neophyte to expert.” Yes, we ‘grow our own,’ striving to imbue them with the spirit of nursing from the day they enter our nursing programs. Upon licensure, they become our nursing peers. We share pride in their accomplishments and help them develop visions for the future of our profession.

And, where do we encounter nurses in the course of day to day living? Think about the venues accessed by licensed practical nurses, registered nurses, advanced practice nurses, and doctoral prepared nurses (to name a few possibilities). Of course they are in your hospitals, clinics, nursing facilities, and physicians’ offices; you expect that, don’t you? They are also educators and researchers, community and public health nurses, parish nurses and school nurses. Nurses work in information technology and help develop medical technology. They specialize in disaster services, leadership and management, juris prudence, or business. Even NASA employs nursing consultants for the space program. The possibilities are limitless; nurses with motivation and imagination are essential to all milieux.

Have you ever asked a nurse, “What do you do?” Have you ever followed a nurse for a day and learned that he/she could never quantify the tasks and ministrations accomplished in a single shift? There is more to nursing than fluffing pillows! For those nurses who seldom venture into areas outside their expertise, I challenge you to learn about the skills and tasks of your peers who work in territory unfamiliar to you.

I leave you with these thoughts: If you are a nurse and someone asks you, “What do you do?” make sure you take the time to explain how you have chosen to exercise the art and science of nursing in your professional world. If you are not a nurse, ask a nurse, “What do you do?” and be prepared to be amazed. Nurses work with us to help us understand health and wellness as well as illness and death. But, if that is all you hear, search further—that is only the ‘tip of the iceberg’.

A final message for all of you who are nurses in the form of a quote from Maya Angelou:

“You may forget your name but they will never forget how you made them feel.”

Nancy R. Wynner, Attorney at Law
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• Experienced NICU
• Nurse Practitioners
• Medical Surgical (IMC)
• Emergency
• Ambulatory Clinics
• Private Duty/Home Care
• Children’s Physicians Clinics

Mark your calendars now! June 29, 2015
Nursing Career Fair, 5-7pm. Hear about the “Transition to Pediatrics”, new and expanded services and tour the units.
The Center for Nursing has been operating under the 2010-2015 Strategic Plan for the past five years, and is at a point of evaluating the outcomes of this plan during this year. The strategic plan for the Center for Nursing includes overall goals of enhanced recruitment, retention of nurses, and enrollment of nursing students in programs of nursing in the state of Nebraska.

In order to evaluate the current status of the Center’s accomplishments, a report highlighting the goals and outcomes was presented by Juan Ramirez PhD during the March 2015 Center for Nursing meeting. The evaluation of this report by Center’s Board members helps to inform future strategic planning for the 2015-2020 period, which will be completed in the next few meetings. The written report here is just a highlight of the full report, which will be posted on the Center for Nursing website at http://www.center4nursing.com.

Between 2010 and 2015, Nebraska had a net growth of 18.1% FTE RNs. This surpasses the goal of 10% FTE growth that was established as a target in the strategic plan. Ethnic minorities in Nebraska increased by 19.5% (50% goal not met) and the number of licensed men increased by 33.1% during this same period, which met the goal of 25% established by the Center for Nursing. In addition, the number of RNs per 1000 population grew from 5.87 in 2010 to 6.38 in 2015. The Center membership discussed the need to reconsider a 50% increase goal for ethnic minorities, as this goal is likely unrealistic. Center members also discussed having geographic distribution data as well as RNs per 1000 reported in upcoming years.

Related to the goal of retention, the 2010-2015 strategic plan stated a goal to decrease the outmigration of nurses by 50 per year. In addition a second written goal was to decrease the non-renewal of RN licenses to 4.9% in 2015. During the Center meeting, it was discussed that these goals may need to be revised with a new strategic plan, as the Center does not have a direct ability to influence this outcome. For example, RNs may choose to retire and therefore not renew licenses, or economic influences may cause more nurses to retire later than anticipated in order to meet the needs of financial stability during periods of economic unrest. Board members discussed that Center activity is likely best focused by serving the state of Nebraska through tracking and communicating the data for others to use for the development of retention strategies.

Related to enrollment, the goal was to increase the percentage of RNs with BSN and higher degrees. In 2010 there were 55.7% of nurses with BSN and higher degrees. In 2015, there were 62% of RNs with BSN and higher degrees. The number of nurses with doctorates increased by 114% from 76 in 2010 to 163 in 2015. Related to the number of doctorates, the Center established a goal in 2010 to have an adequate number of qualified faculty to support nursing education programs. For 2015 there is a total of 4780 students enrolled in programs in the state, with a total of 732 faculty employed in the state to provide education to these students.

As the Center Board discussed these results, it was determined that future meetings in 2015 will focus on the development of the 2015-2020 strategic plan. The results of this meeting will be presented in upcoming reports via the web and in other written reports. The Board members look forward to developing these new goals for our future work in the state of Nebraska.

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The Nebraska Action Coalition (NAC) is now in its fourth year of work on the initiative to transform health care through advancing nursing education, practice, and leadership. This work is being done in collaboration with Nebraska businesses, state senators, health care leaders, consumers, professional nursing organizations, and NURSES!

The NAC has been awarded two Robert Wood Johnson Foundation (RWJF) State Implementation Program (SIP) two-year grants in the amount of $150,000 per grant award. The first award was announced in February 2013. Highlighted outcomes of the first grant are:

**Education Team: (2012 – 2014)**
- 13.6% increase in the percentage of RNs age 20 - 40 with a BSN
- 1.3% increase in minority nurses
- 0.6% increase in male nurses
- Development of five BSN competencies to guide seamless academic progression
- White Paper: Leadership and Education in Nebraska http://neactioncoalition.org/

**Leadership Team:**
- 15% increase in nurse leaders serving on boards/decision-making bodies (based on May 2013 Nursing Leadership Survey)
- 2012 and 2014 40 Under 40 award receptions honoring a total of 81 emerging nurse leaders
- Creation of Diversity Toolkit http://neactioncoalition.org/diversity-toolkit/
- Mentor/mentee program to prepare nurses for board service
- American Assembly of Men in Nursing chartered
- American Association of Colleges of Nursing (AACN) honors 81 Emerging Nurse Leaders
- Mentors worked to have women named to leadership roles
- Leadership work is being done in collaboration with Methodist Hospital AAMNOMAHA@gmail.com

Nebraska was one of 18 states across the nation to receive the second SIP grant from RWJF. As in 2013, funding will allow the NAC to continue to build on the work of the first grant to further advance education and leadership across the state.

While not part of our grant work, the NAC’s Practice Team worked together with NNA to assist Nebraska Nurse Practitioners (NNP) in achieving victory with the passage of LB 107 to eliminate the Integrative Practice Agreement (IPA) for Nurse Practitioners. The bill was signed by Governor Ricketts on March 9th. Nebraska is now the 20th state to have removed this barrier to practice and care for nurse practitioners.


*RWJF is the nation’s largest philanthropic health care funder and has worked to improve health and health care for more than 40 years. The goal is for all 50 Action Coalitions to be self-sustaining in the near future. NAC will continue to work along with RWJF to build a national Culture of Health to allow Americans to live longer and healthier lives. Nurses, as the largest health care profession, will act to monitor and continue to transform health care through the work of Action Coalitions.

Plan on attending the NAC Summit: Defining the Culture of Health in Nebraska on October 15 – 16 in collaboration with NNA, NONL, NANDD, and the Center for Nursing.
Planning a Continuing Nursing Education Activity – Where do I Start?

Judi Dunn MS, CPP, RN-BC
Midwest Multistate Division, Nurse Peer Review Leader

The Midwest Multistate Division (MW MSD) offers nurses two different routes if they are interested in providing continuing nursing education.

An individual, organization or facility that is interested in providing nursing contact hours for an educational event that they hope to offer once, but do not intend to offer numerous future activities or do not have the capacity to offer more can complete the application process for an Individual Activity. Application documents can be found on the MW MSD website at www.midwestnurses.org. A Nurse Planner is designated and following criteria guidelines a Planning Committee is formed. A needs assessment is completed to help document an actual learning gap that with education would benefit nurses, their clients or the health of the community. The Individual Activity Application walks the Nurse Planner through the process and the documentation needed. The completed application needs to be submitted to the MW MSD at least 45 days prior to the activity date. The application is reviewed by trained MW MSD Nurse Peer Reviewers for its completeness and adherence to ANCC/MW MSD accreditation criteria. Once the application is approved, contact hours maybe awarded for the activity. Evaluation and post-activity documents are submitted to the MW MSD after the continuing education event takes place. The activity may be offered multiple times during its 2 year approval period. I, along with the Nurse Peer Reviewers and Midwest Multistate Division staff are here to help throughout the process.

If an individual, organization or facility believes they have the need to offer CNE on a more frequent basis to nurses within their organization or a target audience and have the capacity to do so, they may apply to become a Midwest Multistate Division Approved Provider Unit. Through the application process, they are required to demonstrate a thorough understanding of accreditation criteria and the ability to plan, implement and evaluate high quality continuing nursing education. This application process does take longer to complete, as the organization must provide documentation of having planned, implemented and evaluated three educational activities that have been approved by the MW MSD or another ANCC Accredited Approver as Individual Activities. They must also provide evidence regarding appropriate key personnel, resources, and processes they will utilize to adhere to the criteria. The Approved Provider Applications are accepted by MW MSD February 1, June 1, and October 1 of each year. There is a rigorous review of each application by two independent Nurse Peer Reviewers and the Nurse Peer Review Leader. The time frame for an application to be reviewed and approved is approximately four months. Once an organization is approved, they are able to plan, implement and evaluate continuing nursing education and award ANCC/MW MSD contact hours for a three year period. After the three year approval period, the Approved Provider Unit has the ability to submit a renewal application to continue. The Approved Provider Application, information, documents and fees can be found at www.midwestnurses.org.

The Midwest Multistate Division assists all applicants with resources on its website, training sessions and personalized attention. The CNE Unit provides regular updates in regards to any ANCC changes and is always available to answer questions. For additional information check out the Frequently Asked Questions found on the MW MSD Continuing Education (CNE Approval for Nurses) portion of the website. To contact me directly please email me at NPRL@midwestnurses.org.

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NNA Trivia

Q: The 100th Anniversary of the Nebraska Nurses Association occurred in 2005 and was hosted in Omaha. Name three of the events that took place during that historic meeting?

A: Possible Answers – Health Walk, Centennial Gala Event, Old Market Shopping, Silent Auction, Celebrate the Past Reception, Rock Hop, Nurses in the Military Luncheon, and Grand Processional

Q: During the 109 years since the founding of the Nebraska Nurses Association 12 presidents have served for four consecutive years within that role? Can you list some of these leaders?

A: 1906 – 1910 Nan Dorsey
1915 – 1918 Amy Allison
1939 – 1942 Arta Lewis
1942 – 1945 Avis Purdy Scholder
1954 – 1958 Irma Kyle
1962 – 1966 Dorothy Dixon
1966 – 1970 Lorraine Hedman
1974 – 1978 Sheila Exstrom
1978 – 1982 Helen Weber
1982 – 1986 Judy Quinn
1990 – 1994 Judy Reimer
2012 – 2016 Teresa Anderson

Q: In what year was the “Good Samaritan Act” passed by the Unicameral which insures nurses’ immunity from civil suit if they render aid in an emergency situation?

A: 1961

Advocacy: An Active Process!
Check out the NNA Webpage

If anyone thinks that the nursing scope of practice is stable and never-changing, have I got news for you! Issues are arising on nearly a daily basis that have the potential to impact how professional nurses do their work and serve their patients. The 2015 session of the Nebraska Unicameral has been VERY active in the area of health, human services, and public safety; our advocacy team is “earning their stripes” in a big way tracking and impacting future legislation. Check out the Nebraska Nurses Association website and our Legislative tab to find our newest member value, a legislative tracking software package that takes members directly to our priority bills and the access to testimony, emails, and other important information. Non-members can also sign-up to receive email alerts when a legislative issue relates to professional nursing practice.

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The WOW program is limited to BSNs with a minimum of five years nursing experience.

For more information, go to uphealth.org/careers or call John Hoehne, human resources, at 308.696.3888.
Awards, Recognitions, and Kudos.... Please send announcements of awards and recognition, appointments, new positions, academic achievement, and promotions. Space preference will be given to NNA members. Information must be consistent with the mission, vision, and values of the association. Your submission may be edited prior to publication. Send the information to ann@nebraskanurses.org by July 1st and October 1st for future issues of the Nebraska Nurse.

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### Membership Application

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<tr>
<td>E-mail Address</td>
<td>Step 5: Return Completed Application and Payment</td>
</tr>
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</table>

**NEBRASKA NURSES ASSOCIATION MEMBERSHIP APPLICATION**

**REQUIREMENTS:**
- Must have basic computer skills
- Knowledge of occupational nursing preferred
- Must be a licensed practical or registered nurse in Nebraska
- Must have a degree from a school with an accredited nursing program
- Must be a member of the association
- Must be a currently enrolled student
- Must be a full-time student in an occupational nursing program
- Must complete the application and payment

**FOLLOWING THE MEMBERSHIP CRITERIA:**

**NEBRASKA NURSES ASSOCIATION MEMBERSHIP APPLICATION**

<table>
<thead>
<tr>
<th>Memberships Available</th>
<th>Steps to Complete</th>
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<tbody>
<tr>
<td><strong>FULL MEMBERSHIP — NNA/ANA</strong></td>
<td>1. Complete the application</td>
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<tr>
<td>$219.00/Year or $115.50/Monthly Epay*</td>
<td>2. Pay the membership fee</td>
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<tr>
<td>Includes membership to NNA, your NNA District, and ANA.</td>
<td>3. Submit the completed application and payment</td>
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<td><strong>NEBRASKA ONLY MEMBERSHIP — NNA</strong></td>
<td>4. Send the information to <a href="mailto:ann@nebraskanurses.org">ann@nebraskanurses.org</a></td>
</tr>
<tr>
<td>$189.00/Year or $159.00/Monthly Epay*</td>
<td>5. Return the completed application and payment</td>
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<tr>
<td>Includes membership to NNA and your NNA District.</td>
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**TO BE COMPLETED BY NNA STAFF:**

**STATE** | **DISTRICT** | **AMOUNT PAID** | **Annual** | **Monthly** | **Credit Card** | **Epay** | **TOTAL DUE** |
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**STAFF:**
Our Family Taking Care of Yours!

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**Tyson NURSE**

This part-time RN or LPN position is for Tyson Foods’ Madison, Nebraska, location. The successful candidate will be responsible for providing primary and emergency care for occupational and non-occupational injuries and illnesses, as well as conducting screening tests, maintaining team member, state, and OSHA records, assisting in health promotion, and identifying and documenting workers’ compensation cases. The position hours will primarily be 3:30-11:30 p.m. Monday-Friday and Saturday, if the plant is running; however, hours may vary as needed.

**REQUIREMENTS:**
- Must have a degree from a school with an accredited nursing program
- Must be a licensed practical or registered nurse in Nebraska
- Must have current CPR/First and certification

**CONTACT:**
To apply for this opportunity and view all current opportunities with Tyson Foods, please visit www.tysonfoodscareers.com.

---

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Severe Weather Awareness

Severe Weather Definitions for Severe Thunderstorms or Tornadoes:
Watch = conditions are favorable for development of storms/tornadoes. Be aware and ready to take action if conditions change. A watch calls for a heightened state of awareness.

Warning = A severe storm or tornado is present in the warned area. Take action! Go to the lowest level of the building, away from windows.

Preventing at Home
- Be able to turn gas, water off.
- When sirens go off, or TV/Radio indicates a WARNING in your area, take shelter.
- Do practice drills with your family.
- If shelter is not immediately available, try to drive to the the nearest sturdy shelter.
- Seek immediate shelter!
- If shelter is not immediately available, try to drive to the nearest sturdy shelter.
- Don’t try to outrun a tornado you can see.
- Be aware that tornadoes are often “rain wrapped.” You may not be able to see the tornado.
- Be sure all vehicle occupants remained buckled.
- If the tornado is upon you, then and only then, exit the vehicle and lie on the ground, below the roadway level, face down.

Preparing at Work
- Have an Emergency Action Plan in accordance with OSHA standard 1910.37 (Safety Pro).
- Practice the plan at least annually.
- When a WARNING is called, evacuate to the company storm shelter.
- Be sure to be able to take attendance once in shelter.
- Develop a policy for employees who are away from the office. Raise their awareness and teach them to use good judgment.
- Have supplies for workers – high protein snacks, water, in case the you are in shelter for an extended period.

Preparing When Traveling/Away from Home
- Have an Emergency Action Plan in accordance with OSHA standard 1910.37 (Safety Pro).
- Practice the plan at least annually.
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For all Scenarios
- Stay in shelter until “All Clear” is announced.
- After the storm has passed, be careful around downed power wires and debris.

If In Your Car During a Warning
- Keep your radio tuned to a station giving weather warnings and updates.
- Know your location, including nearest towns and what county.
- Seek immediate shelter!
- If shelter is not immediately available, try to drive to the nearest sturdy shelter.
- Don’t try to outrun a tornado you can see.
- Be aware that tornadoes are often “rain wrapped.” You may not be able to see the tornado.
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Preparing at Home
- Prepare a shelter area in your home on the lowest level, next to interior walls, without windows if possible.
- Get a NOAA weather radio, program it for your county. Keep batteries fresh.
- Make a survival kit (or buy one). Prepare for up to three days without outside support.
- Be able to turn gas, water off.
- Do practice drills with your family.
- When sirens go off, or TV/Radio indicates a WARNING in your area, take shelter.

Preparing When Traveling/Away from Home
- If you are at a public facility (train, bus station or airport, mall, store, or arena/stadium) follow the directions to shelter provided by staff.
- At the movies? Ask the management what their policy is regarding interrupting the movie for severe weather.
- If you are in your car, keep an eye to the sky when a watch is present. Plan your route so you know where you can shelter.
- If you are in your car and traveling, know which counties you will be traveling through. When severe weather warnings are being announced on the radio, you can know if you need to take action, or even be able to avoid those counties in your travels.
- Tall buildings/hotels, don’t use elevators.

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University of South Dakota
Department of Nursing Faculty Openings
USD’s growing Nursing Programs need energetic and enthusiastic educators to serve as full time faculty!
The University of South Dakota (USD) Department of Nursing is seeking faculty for its Vermillion and Sioux Falls sites. The positions are 9-month full-time positions beginning fall 2015. Salary and rank depend on experience and credentials. Faculty will be responsible for instruction with an emphasis in one or more of the following areas: mental health, adult medical/surgical and community/public health nursing. Faculty responsibilities include classroom, laboratory, clinical simulation and related academic roles. Recent clinical experience required. The successful candidate will be licensed RN, eligible for licensure in South Dakota, and hold a minimum of a Master’s degree in nursing from a nationally accredited program. Earn a doctorate in nursing or related field and teaching experience in a baccalaureate or higher degree program preferred. Exceptional written and verbal skills are essential with the ability to incorporate technology into teaching and learning. Diversity and inclusiveness are values that are embraced and practiced at the University of South Dakota. Candidates who support these values are encouraged to apply. Apply online at https://yourfuture.sdbor.edu.

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Your online resource for nursing jobs, research, & events.

LNA welcomes original letters from readers on current topics of interest related to Nursing. Letters submissions are limited to 300 words.

Only the author’s name and city will appear on published letters; we ask for your email address and phone number so we can contact you if necessary. Letters will be edited, usually for grammar, spelling, clarity and libel. We do not print form letters or open letters addressed to another person or institution. Letters will be screened for alignment with NNA’s mission, vision, and values.

The choice of letters for publication is at the discretion of NNA editors; they will not be able to respond to individual inquiries about letters. Copies of submitted letters are not retained; please save your own copy before submitting the form.

Submit letters to anna@nebraskanurses.org by July 1st or October 1st for the upcoming 2015 Nebraska Nurse issues.

STOP

Letters to the Editor
NNA welcomes original letters from readers on current topics of interest related to Nursing. Letters submissions are limited to 300 words.

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Last winter, two high-profile – and very tragic – cases pitted family members against hospital administration and stirred debates nationwide about brain death, policies and laws, and ethics. No matter where they practice, nurses may have wondered what they would do if they found themselves in similar circumstances – whether they could object to providing patient care. The answer is a qualified “yes.”

First, the two cases

According to published reports, Jahi McMath, 13, was admitted into a California children’s hospital for surgical procedures to address sleep apnea. Following surgery, she developed a complication, went into cardiac arrest, and was declared brain dead by two hospital-associated physicians and ultimately a court-ordered physician. Her family fought to have her remain on a ventilator until she could be transferred to an undisclosed facility where she could be given additional “life-sustaining” measures.

Marlie Munoz was 14 weeks pregnant when she was found unconscious at home. She was declared brain dead and carrying a nonviable fetus; her family wanted her taken off life support, noting her wishes, the media reported. But this time, the hospital where she was reported. But this time, the hospital where she was participated in tech-supported treatment of a brain-dead person,” shared Catlin, a member of ANA’s ethics advisory board. “Additionally, when a woman and her surrogate have made their wishes known, it is unethical to go against these wishes as stated in ANA’s Code of Ethics for Nurses with Interpretive Statements.

Confronting difficult decisions

Nurse ethicist Anita Catlin, DNSc, FNP, FAAN, followed the Munoz case in the national press. “Nurses have a right to conscientiously object to participate in technologically supported treatment of a brain-dead person,” shared Catlin, a member of ANA’s ethics advisory board. “Additionally, when a woman and her surrogate have made their wishes known, it is unethical to go against these wishes as stated in ANA’s Code of Ethics for Nurses with Interpretive Statements.

“Nurses have a right to conscientiously object to participate in technologically supported treatment of a brain-dead person,” shared Catlin, a member of ANA’s ethics advisory board. “Additionally, when a woman and her surrogate have made their wishes known, it is unethical to go against these wishes as stated in ANA’s Code of Ethics for Nurses with Interpretive Statements.

To decrease the chances of having to object on moral or religious grounds, nurses ideally should practice in settings where they are less likely to be confronted with interventions – such as abortions, cardiac transplants or palliative sedation – that conflict with their beliefs, Lachman said.

The other broad category in which nurses can conscientiously object involves a specific intervention with a specific patient: Fowler said. A common example of this ethically sound objection is when a nurse is asked to participate in an intervention that goes against a patient’s decision. Nurses have a right to conscientiously object to participate in technologically supported treatment of a brain-dead person,” shared Catlin, a member of ANA’s ethics advisory board. “Additionally, when a woman and her surrogate have made their wishes known, it is unethical to go against these wishes as stated in ANA’s Code of Ethics for Nurses with Interpretive Statements.

Fowler added, “Nurses need to accommodate and support colleagues who conscientiously object and provide an environment that preserves professional integrity.”

Susan Trossman is the senior reporter for The American Nurse. Reprinted with permission of The American Nurse.
Better, Safer Patient Care Through Evidence-Based Practice and Teamwork

In today’s health care environment, patients rely on multiple providers for their care. For that care to be safe and of the highest quality, the Institute of Medicine, the nursing community and others have recognized the need for health care providers to embrace a collaborative, team-based approach to care. Patients, health care team members and the organization all benefit from interprofessional teamwork.

How can evidence-based teamwork be implemented?

Providers need to promote a change in organizational culture from an environment of working in silos to one that supports interprofessional collaboration. This, in turn, improves communication and reduces errors. One approach supported by the Agency for Healthcare Research and Quality (AHRQ) is TeamSTEPPS®, an evidence-based system that supports improving teamwork and communication skills with the goal of optimizing patient outcomes and improving patient quality and care.

TeamSTEPPS has been successful as the foundation for many evidence-based teamwork and quality improvement initiatives by using a three-phase approach. The first phase is for the organization to establish a multidisciplinary change team that assesses the need for practice change and that is committed to providing quality care by implementing evidence-based practices (EBP). Phase two focuses on planning, staff education and putting EBP into practice. Honest communication is crucial in this phase, because some team members may be resistant to practice changes and will need to share concerns and ask questions. The last phase of TeamSTEPPS is sustainability. The purpose of phase three is to sustain and spread improvements regarding teamwork performance. Sustainability can be achieved by asking for honest feedback from staff and by providing continual reinforcement and support.

To move away from silos to a team-based approach, Chaboyer, Wallis and Getherston make the following recommendations in their article “Implementing bedside handover: strategies for change management,” as reported in the Journal of Clinical Nursing. An organization’s leadership team should:

• Commit to a collaborative and interdisciplinary, or interprofessional, team approach.
• Be open to input from all staff members.
• Encourage frequent and honest conversation.
• Be patient. Change in organizational culture takes time.

Case scenario

Mrs. Hall was a frequent visitor to the pulmonary unit in the small urban community hospital. She acquired COPD from years of smoking, gained 30 pounds and needed frequent medication changes just to maintain her current oxygenation needs. Alex was the nurse assigned to care for Mrs. Hall and remembered her from previous admissions. What Alex didn’t realize was that Mrs. Hall lived alone and had been cared for inconsistently by multiple unlicensed caregivers since her last discharge. Since Alex “knew” the patient and was unusually busy that shift, the admission assessment was unfortunately swift and incomplete.

Tara, a new physical therapist, was assigned to evaluate Mrs. Hall’s mobility. Before the assessment, she read the patient’s history and physical exam report and quickly identified Mrs. Hall as being at high risk for pressure ulcers. Tara asked Alex and a nursing student, Angela, to help her with getting Mrs. Hall out of bed. Without hesitation, both the nurse and the nursing student agreed to assist in Mrs. Hall’s mobility assessment. Alex noticed that Mrs. Hall’s mobility status had declined, as she was no longer able to sit unassisted.

Immediately, Tara determined that Mrs. Hall was exceptionally weak and unable to support her own weight while sitting. Recognizing this as an opportune time to teach, Alex recommended that Angela examine the patient’s skin during the transfer in order to complete her admission assessment. Although Alex had previous experiences working with Mrs. Hall, she was surprised to learn that Mrs. Hall had developed a stage-three pressure ulcer on her sacrum and had breakdown on her hips and heels bilaterally.

Lessons learned

Alex, Tara and Angela worked together as a team and were able to identify a care issue that required immediate attention and action. It takes an interprofessional team to optimally care for a patient. If it weren't for Tara, Mrs. Hall’s pressure ulcer might not have been noticed until later in the shift. Input from each health care team member influences the patient’s plan of care regardless of the health care setting. A team-based approach provides unique perspectives that will benefit patient care quality and safety.

Practice recommendations

• Teamwork is essential in improving patient safety.
• Speak up…recognize that you have a unique perspective to share.
• Acknowledge interprofessional expertise and value input from others.
• An evidence-based teamwork system improves communication among health professionals and impacts patient care.

Implications

Highly functioning teams:

• Are one element in high-quality care.
• Protect patient safety.
• Reduce duplication of services and save organizational resources.
• Improve community access to care.

— Marie-Elena Barry is a senior policy analyst in Nursing Programs at ANA.

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Nurses – Welcome to Wyoming!

Wyoming Behavioral Institute, an 85-bed acute care psychiatric hospital is now recruiting in Casper, Wyoming. Wyoming Behavioral Institute is the premier leader in providing behavioral health services and treatment in Wyoming and the Rocky Mountain West.

Our philosophy is to provide a range of specialized and individualized treatment options with a focus on service and excellence to support healing for our patients and families.

We pride ourselves in providing the highest quality of nursing care. If you are an experienced nurse, or a recent graduate, and have a commitment to service excellence we look forward to hearing from you and having you join our team today.

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We offer excellent compensation and full benefits package. Interested applicants please visit our website and apply online.

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Wyoming Behavioral Institute has been accredited by The Joint Commission (TJC) and is licensed by the State of Wyoming’s Department of Health.

Wyoming Behavioral Institute is owned, managed and operated by a subsidiary of Universal Health Services, Inc., one of the largest providers of high-quality healthcare in the nation.