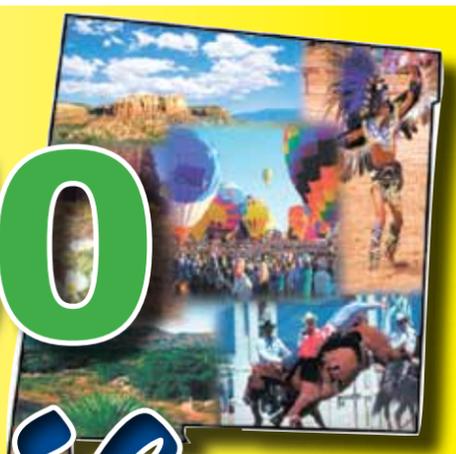


The NEW MEXICO Nurse



The Official Publication of
NIMNA
 NEW MEXICO NURSES ASSOCIATION

A Constituent Member Association of the American Nurses Association
 Quarterly circulation approximately 25,000 to all RNs, LPNs, and Student Nurses in New Mexico.

Volume 57 • Number 3

July, August, September 2012

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Adapting Clinical Practice When Caring for Homeless Diabetics

Bernadette Lee, MSN, RN

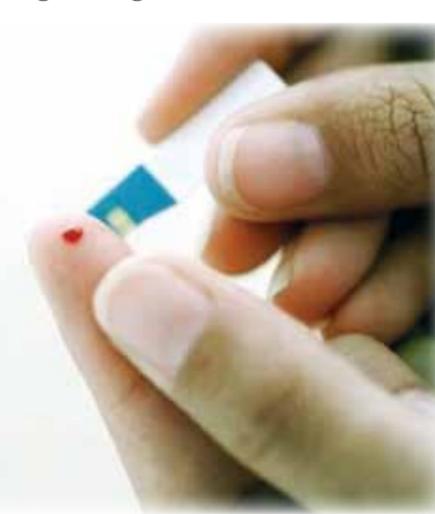
Homeless patients have more difficulty managing their diabetes than the regular population. According to the Health Care for the Homeless Clinicians' Network (2007), diet is an obstacle because, "Homeless persons are usually dependent on soup kitchens or shelters for meals, and it may be difficult to plan meals to coincide with insulin administration" (p. 3). Exercise is problematic because walking is usually the only form available. Medication management is a barrier because theft is common. Glucose monitoring is near impossible because glucometers and supplies are difficult to obtain. Many homeless individuals suffer with mental illness/addiction. Transience "prevents regular follow-up, interrupts patient education, and undermines long-term care" (Health Care for the Homeless Clinicians' Network, 1999). Finally, the lack of health insurance limits access to specialty referrals and to pharmacy supplies.

For those homeless diabetics fortunate enough to receive medical care, the care received is often inadequate. According to Strehlow, Kline, and Zerger (2005), "Evidence-based clinical practice guidelines rarely address implementation of primary healthcare services for the homeless population" (p. 433-434). In 2002, Health Care for the Homeless Clinician's Network recognized the need for clinicians to specifically address this population. The organization "provides specific recommendations for the clinical practice of working with homeless persons with diabetes" (Health Care for the Homeless Clinicians' Network, 2007, p. iii).

The network compiled recommendations specific to diabetic homeless persons to assist providers who care for homeless adults with diabetes. The recommendations are compiled in a guide titled "Adapting Your Practice: Treatment and Recommendations for Homeless Patients with Diabetes Mellitus." The American Diabetes Association's Standards of Medical Care for Patients with Diabetes Mellitus was the source document for these recommendations. Here are a few of their suggestions.

- Recognize that walking may be the only form of exercise available. Consider that most homeless carry their belongings which increases exercise effort. Document approximate daily walking distance.
- Assess for foot sores or ulcers and inspect the patient's shoes. Identify community resources that provide the patient with new or gently-used shoes and socks. Encourage patients to examine their feet daily and to keep their feet dry. Advise patients to take off shoes and socks to allow the patient's skin and foot wear to dry. Instruct patients to wash socks to kill bacteria.
- Prescribe insulin pens which are easily concealed and reduce the risk of theft.

- Ask about food sources and eating habits. Encourage the patient to make the best choices from what is available. Ask the patient to save part of the meal for later in the day especially when only one or two meals are available per day. Acknowledge the patient's limitations given food choices and work to adjust medications to address glucose control.
- Remember that patients receiving food stamps or other public entitlements may exhaust their resources by the end of the month. Recognize that patients may choose to eat at local fast food restaurants. Provide a list of healthier food choices available within these locations. Provide suitable documentation for the patient with diabetes to use at food pantries, soup kitchens, and shelters to obtain healthy snacks and foods.
- Perform dipstick urinalysis and portable HBA1C. Examine the albumin-to-creatinine ratio.
- Record labs and exam results on a diabetic monitoring card. Patients can use this card to share information with their next health care provider, and it is also useful as a self-management tool.
- Document lab and exam results on-line. Although this patient demographic can be transient, the electronic medical record allows clinicians immediate access to a patient's medical history regardless of the patient's location. Clinicians can refer to this information to assess how well a patient is meeting his or her self-management goals.



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NEED INFORMATION?

Visit our website at www.nmna.org for contact information on various nursing organizations.



www.nmna.org

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The deadline for submission of articles for the October 2012 issue of the *New Mexico Nurse* is August 4th so that our editorial board can review them before the publication deadline.

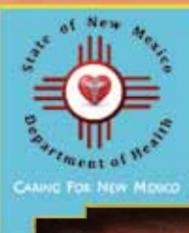


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New Mexico Nurse is a juried nursing publication for nurses licensed in New Mexico. The Editorial Board reviews articles submitted for publication. Carrie's Corner, a quarterly update of NMNA activities and interests in New Mexico are the responsibility of Carolyn (Carrie) Roberts, Executive Director of NMNA. Articles may be submitted to carrie@nmna.org, but must be received by November 1, February 1, May 1, and August 1 to be published by January 1, April 1, July 1, and October 1 respectively.

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DNA 4, Clovis—Lorraine Goodrich, lorraine.goodrich@enmu.edu, 575-359-0679.

DNA 14, Las Cruces—Leigh B. DeRoos, 4644 Sandalwood Dr., Las Cruces, NM 88011, ldeeroos@nmsu.edu, Hm: 505/521-4362.

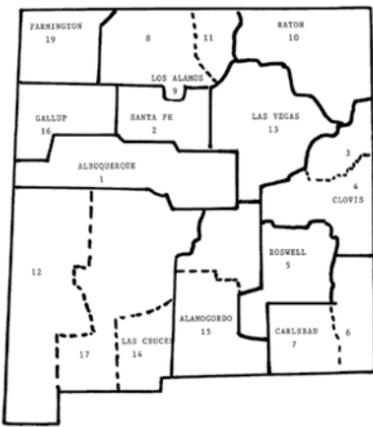
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DNA 16, Gallup—Frankie Spolar, fspolar@rmchcs.org, Wk: 505-863-7039.

DNA 19, Farmington—Nisa Bruce, brucen@sanjuancollege.edu, 505-326-1125.

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DNA 8, Española;
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DNA 11, Taos;
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DNA 15, Alamogordo;
DNA 17, Deming



Give the Board of Nursing your NEW ADDRESS!

If the Board of Nursing sends you a notice and you don't receive it because they don't have your latest address, you may miss something critical to your license! There is a Name/Address change/Residency Change form at www.bon.state.nm.us under Licensing Forms

Nursing Information Web Sites

NM Nurses Association: www.nmna.org

Information on the organization, calendar of events, legislative update, on line registration for workshops, job listings for all kinds of health care jobs, and Continuing Education applications for workshops for nurses.

NM Board of Nursing: www.bon.state.nm.us

Lists board meeting dates, download the Nursing Practice Act, Rules and Regulations, download renewal forms, complaint forms, get information on recent rules and regulation changes, get names of board members.

NM Center for Nursing Excellence:

www.nmnursingexcellence.org

Information on NMCNE activities to lessen the nursing shortage, recognize nurses for their accomplishments, Links to nursing organizations, workforce reports and much, much more.

NM Nurse Practitioner Council:

www.nmnpcc.org

Information on the organization, activities, legislative initiatives, and formulary for sale to NPs.

American Nurses Association:

www.nursingworld.org

Membership, bookstore to buy standards of various nursing practices, the Code of Ethics for Nurses, Online Journal of Nursing, press releases on various legislative initiatives, connections to state (constituent) nurses associations, American Nurses Credentialing Center, and the American Academy of Nursing.

Exceptional Nurse: www.ExceptionalNurse.com

A nonprofit resource for nurses and students with disabilities. The email address is exceptionalnurse@aol.com.

MISSION STATEMENT

New Mexico Nurses Association is committed to advocating for all licensed nurses, improving health care, and promoting life-long learning.

Core Values

- Promote the professional and educational advancement of nurses.
- Develop alliances with other professional health care organizations on issues affecting nurses and health care.
- Enhance recognition of the contribution of the nurse in health care.
- Promote high standards of nursing practice by upholding the integrity of the New Mexico Nursing Practice Act.
- Improve access to health care services by expanding opportunities for nurses.
- Foster personal and professional self-advocacy.
- Advocate for nurses through legislative, regulatory, and policy making endeavors.

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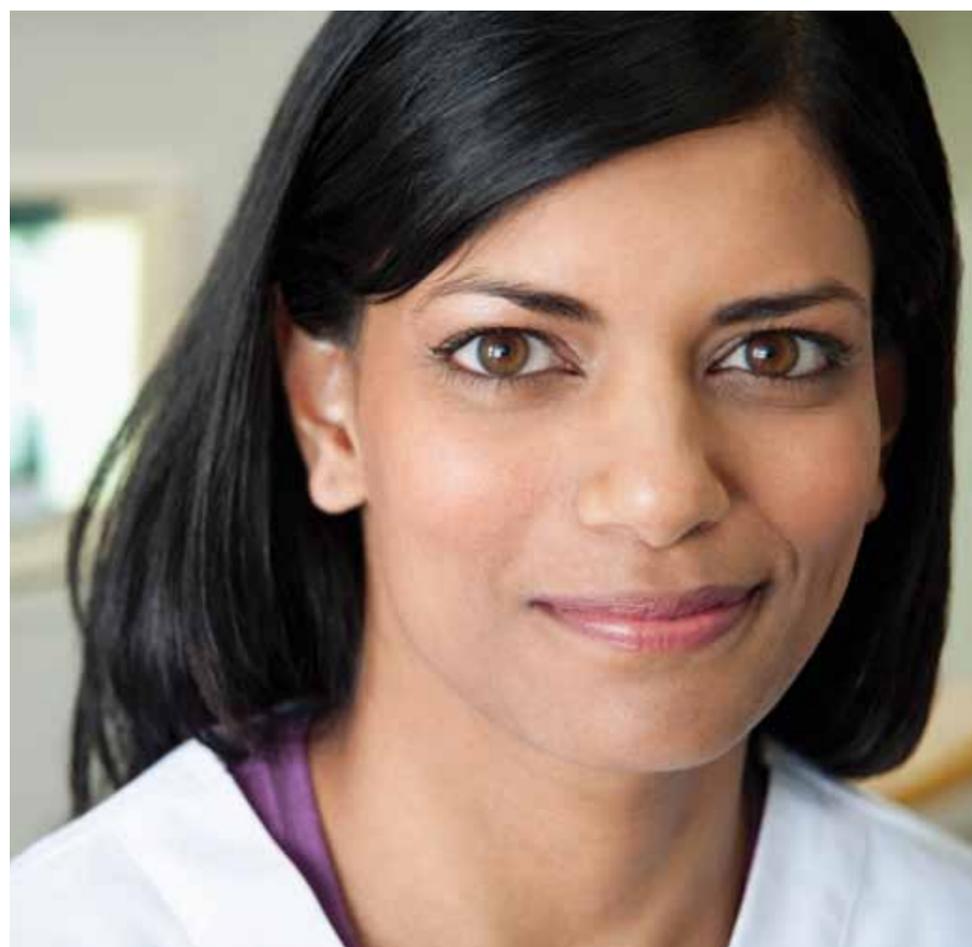
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Nurses: Leaders in Health Care Improvement

September 27-29, 2012

Hilton Buffalo Thunder Resort—15 miles North of Santa Fe

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This activity has been submitted to the Arizona Nurses Association for approval to award contact hours. The Arizona Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. You may earn as much as 10.00 contact hours of CNE for Friday and Saturday.

Purpose: Participants will receive information to improve their skills in assessing and intervening in various common conditions and situations to improve patient outcomes and prevent harm to patients or health care workers, meet newly adopted Pharmacology CE requirements by the Board of Nursing, and recognize trends in Health Care delivery that offer opportunities to Registered Nurses in the near future. Additionally, participants will recognize the legislative initiatives for 2013 that may impact their practices and how they can help to move those forward for the profession.

Keynote: Janet Haebler, MSN, RN
Associate Director, State Government Affairs
American Nurses Association

Plenary: Ricki Garrett, PhD
Business woman and expert in Nurses in Power Positions

- 3 tracks:**
- Leadership Track
 - Clinical Track
 - Controlled Substances Track

Disclosures:
Criteria for Successful Completion: participant must have registered for the conference, signed in, attended the sessions for which registered, and submitted a completed evaluation form.

- Conflicts of Interest:**
- Planners had no conflicts of interest to resolve
 - Presenters had no conflicts to resolve
 - Exhibitors had no part in the planning of this activity.
 - All funds provided by sponsors were in the form of grants to NMNA.
 - If you cancel your registration 2 weeks before the event, you will receive 70% of the fee; if cancel within 72 hours, you will receive 30%.
 - Ms. Haebler and Dr. Garrett received travel expenses for presenting at the conference.

4.5 Pharmacology contact hours will be awarded for the Controlled Substances Track session.

In order to receive continuing education contact hours, you must have registered, sign in, attend the session for which registered, and submit the evaluation form.

Resort Sleeping Rooms:
A limited number of rooms have been reserved for participants at the Buffalo Thunder Resort for \$119.00 per night + tax and fees from 9/24-9/30/2012. This includes discounted fees to use the Spa facilities. **Cutoff date for reservations is: September 6th—NO Exceptions!** Reservations must be made through <http://www.hilton.com/en/hi/groups/personalized/S/SFECGHH>

Preconference Thursday, September 27, 2012

0830	Registration with coffee
0900-1030	Writing Individual CE applications
1030-1045	Break
1045-1215	Continue Writing Indiv. CE Apps 3.0 c.h.
1215-1330	<u>Lunch on your own</u>
1330	Registration
1345-1645	Writing Approved Provider Apps 3.0 c.h.

This continuing nursing educational activity was approved by the Arizona Nurses' Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Networking Reception Thursday, September 27, 2012

6:00-8:00 p.m.
Cash bar, free soft drinks and hearty hors d'oeuvres

Specialty groups are encouraged to network, and arrangements can be made for meetings on site if agree to cosponsor (free) by 9/1/2012.

Friday, September 28, 2012

0730-0830 Registration w coffee & breakfast

0830-1000 Keynote
Leadership and Policy Development for ALL RNs- **Janet Haebler**

1000-1030 Break – visit Exhibitors

1030-1200 Leadership track: R Garrett,
Making connections, forming collaborative groups to accomplish goals

Clinical track:
Assessment and Tx of Asthma—**Scotty Silva, RRT**
Controlled Substances track:
Responsible prescribing and monitoring of opioids and other controlled substances **Larry Loring, RPh** at BON and **US Attny Kenneth Gonzales, 1.5 pharm hrs**

1200-1330 Lunch – Ricki Garrett, PhD
Nurses in Power Positions, 60 min.

1330-1500 Leadership track:
Michael Healey LFC and Panel discussions by specialty groups on their particular NPA needs: reps from 1199 AFL-CIO, CNMs, NMNPC, APNA, ENA, NMONL, NMBON.

Clinical track: TBD
Controlled Substances track: Pain management strategies **I.V. Zamora, MSN, CNS, 1.5 pharm hrs.**

1500-1530 Break – visit Exhibitors

1530-1700 Leadership track: [IOM, PPACA, the NPA and you—how to extend your influence] **J. Haebler**

Clinical track: De-Escalating Agitated folks
D Cheshire and Dwight Coleman

Controlled Substances track: Assessing, referring and treating those with substance use disorders **Tim Condit, Chandler Scott McMillin, 1.5 pharm hrs.**

1700-1715 Turn in Evaluations for certificates (7.0 contact hours)

1800-2000 Dinner with entertainment
An auction to benefit New Mexico Nurses Foundation featuring arts and crafts from New Mexico.

Saturday, September 29, 2012

0730-0830 Registration with coffee

0830-1000 The Power of One Voice & Legislative update for a very busy 2013, Linda Siegle,
Lobbyist of NMNA, NMNPC, NM Midwives and many others.

1000-1030 30 min. break

1030-1100 NMNA update on activities and projects—a collaboration with other nursing and HC groups.

1100-1200 Report on Race for Relevance and reorganization of ANA and NMNA, our goals, projects, opportunities and challenges

1200 Turn in Evaluations for CE certificates. (3.0 c.h.)

1200-1400 Luncheon Honoring our Leaders
Annual meeting: install new officers; vote on bylaws changes; district, committee and financial reports

Saturday afternoon:
1400-1700 NMNA Board of Directors meeting—Open to all NMNA members.

Registration form

Name _____

Address: _____

City: _____ Zip _____

Email: _____

Thursday, September 27, 2012
“Writing CE applications to 2013 ANCC Criteria”
Both sessions FREE to NMNA CNE Reviewers!

Lunch on your own at resort or next door at Gabriel's Restaurant

9 a.m.-12:15 p.m. Individual CNE Applications For nurse-educators for hospitals, LTC facilities, health systems, and planners for specialty groups (3.0 CE) \$60

1:30-4:45 p.m. Writing an Approved Provider App For large hospitals, health systems providing numerous CE activities each year (3.0 CE) \$60

Both Morning and Afternoon Sessions \$100 (Add these costs to those below if also attending Conference)

Only Thursday, September 27, 2012 Reception 6:00-8:30 p.m. no CE available

to meet colleagues and new friends, with areas for specialty groups to meet, discuss issues, and plan talking points for the Panel discussion on Friday. Dinner foods and Cash bar.

- Member, BSN-completion or Grad. Student \$60
- Specialty group cosponsor members (APNA, NMNPC, Others signed up by 9/01) \$70
- Non-member \$80

Full conference: Thursday Reception through lunch on Saturday total 10.0 contact hours Includes breakfast x 2, lunch x 2, breaks, and a dinner with entertainment and a live auction of arts and crafts

- Member, BSN-completion or Grad. Student \$225
- Specialty group cosponsor members \$250
- Non-member \$275

Track registration:
10:30-1200
 Leadership Track
 Clinical Track
 Controlled Substances Track

1330-1500
 Leadership Track
 Clinical Track
 Controlled Substances Track

1530-1700
 Leadership Track
 Clinical Track
 Controlled Substances Track

New Mexico Nurses Political Action Committee

On Saturday, April 28, 2012 the New Mexico Nurses Political Action Committee had its first fundraiser at the historic Barela-Reynolds-Taylor home, the home of retired Representative J. Paul Taylor, right on the Mesilla Plaza in southern New Mexico. Representative Taylor and his family were gracious hosts, providing a docent

to take those attending through this house full of bultos, retables, and antiques, naming the people in paintings and photographs, pointing out handmade bedsteads with ropes for the support under mattresses.

Representative Taylor was a strong advocate for education and nursing in the 1980's and early

1990's, sponsoring bills for NMNA, the School Nurses Association, and many others for many years.

His hacienda is lovely with two gardens surrounded by the building, a realistic example of territorial buildings built before statehood.



Barbara Salas, President of NM Nurses PAC with Representative J. Paul Taylor, Retired. Ms. Salas is an NP with her own private practice in Santa Fe.



Leigh DeRoos, MSN, RN, President of NMNA District 14 sitting beside Rep. Taylor with three enthusiastic soon-to-graduate nursing students from NMSU.



Representative Taylor spent many years as a teacher and superintendent of schools in southern New Mexico, and supported many bills related to school nursing. Here are five school nurses with Rep. Taylor, thanking him for his past support of school nurses.



Mary J. Sletten, President of NMNA with Representative J. Paul Taylor in the courtyard.



Ranee Greenwald, a public health nurse in Las Cruces with Representative J. Paul Taylor in the courtyard.



Representative talking with three school nurses in the courtyard.

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Free Prescription Assistance Program for All New Mexico Residents

The New Mexico Drug Card is free statewide prescription assistance program that offers free drug cards to all New Mexico residents. The program provides discounts on both brand and generic medications with an average savings of around 30%. The program has no restrictions to membership, no income requirements, no age limitations and there are no applications to fill out. Everyone is eligible to receive savings!

The New Mexico Drug Card was launched to help uninsured and underinsured residents afford their prescription medications. The program can also be used by people who have health insurance coverage with no prescription benefits, which is common in many health savings accounts (HSA) and high deductible health plans. Additionally, people with prescription coverage can use the program to get a discount on prescription drugs that are not covered by insurance.

There are currently more than 56,000 pharmacy locations across the country participating in the program, including all major pharmacy chains. To locate participating pharmacies and search medication pricing, go to www.NMDrugcard.com. There you can also learn more about the program and print customized cards for your friends, family, employees, etc. No personal information is required to print a card and all prescriptions processed through the program are

completely confidential. There is also a new smart phone app, Free Rx iCard, available to make obtaining a card even more convenient.

If you have any questions or would like hard cards for your patients, contact Mike McCabe, Program Director for New Mexico Drug Card, by sending an email to mikem@NMdrugcard.com.



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Call for Abstracts

2012 TCAB NURSING CONFERENCE
OCTOBER 26th - ALBUQUERQUE, NM
EMBASSY SUITES

SUBMISSION GUIDELINES:
Staff Nurses, Student Nurses, Nurse Leaders, Encouraged to Submit!
Must Directly Reflect Symposium Objectives.
Word Limit: 400 Words
Abstract Submission Deadline:
August 10th, 2012

FORMAT:
Title
Author (Name, Phone, Email)
Problem Statement
Methods
Results
Conclusion

SAVE THE DATE!

Transforming Care at the Bedside
4th Annual Conference
October 26, 2012
0800 - 1630
Albuquerque, NM
Embassy Suites

GOALS/OBJECTIVES:

Transforming Care at the Bedside (TCAB) is a partnership between RWJF and the Institute for Healthcare Improvement (IHI).

- *It is a model that engages nurses as well as multi-disciplinary partners to improve the quality and safety of patient care.
- *It increases the vitality and retention of nurses.
- *It engages and improves the patient's and family members' care experience.
- *And it improves the effectiveness of the entire care team.

Questions & Submissions:
TCAB@salud.umm.edu

Carrie's Corner

It is May right now, the lilacs have bloomed, the irises are blooming now, the locust trees are beginning to bloom, and the dogs are constantly trying to catch the squirrels and bunnies on the land (unsuccessfully, so far). It has promised rain all week, and again next week—so far without a drop of rain... but we have a bumper crop of Miller Moths this year!



Carrie Roberts

Our big conference this year will start on Thursday, 9/27 with a Preconference on Continuing Nursing Education Application documentation, followed by a reception open to all participants coming for the Friday, 9/28 conference with 3 tracks, 2 keynotes, great food and fun, a gala dinner that evening that will feature a live auction of items donated by our members and districts, then the Saturday 9/29 day about the New Mexico Legislature and NMNA activities. We hope you are intrigued and will check our website after July 1 for the brochure and more information!

I want to share a vision with you... one fueled by the Patient Protection/Affordable Care Act and the IOM report:

Imagine with me a moment that the Supreme Court upholds the PPACA and that states working on meeting the recommendations of the IOM Report are successful in increasing the numbers of nurses with BSNs (and PhDs to educate all the added nursing students who replace us older nurses as our arthritis, lung and heart diseases take their inevitable toll). Now imagine that the hospitals don't need as many RNs as they used to because they have improved patient care with excellent staffing and educators to teach the patients how to care for themselves when they go home. Nurse Practitioners are graduating in larger numbers, and are setting up their own practices or are forming practices with Family Practice or Internal Medicine docs, and clinics are established in little towns and cities across the state to meet the health care needs of the increasing numbers of citizens now insured under PPACA. Those NPs and MDs don't want barely educated Medical Assistants to be in their offices—they want an educated nursing workforce who can make the calls to chronically ill patients to check on their BP, do a tele-health EKG, see what their weight was that morning, manage the CHF patient who has gained weight

via protocols to add a dose of Lasix, and if their weight doesn't drop X number of pounds in 24 hours, to come in to the office. The BSN RNs in these clinics will be teaching the COPD patient how to check their peak-flow, to adjust their medications based on their numbers, how to avoid allergy triggers, follow up on their Oxygen prescription, and ensure that their medications are being taken as required. The MDs and NPs can see acutely ill patients and not have hours of phone calling; they are happier because they feel like they are accomplishing something; and the BSNs are thrilled to have ongoing relationships with a cadre of patients, they are helping the chronically ill to understand their illnesses and how to deal with them, thus improving the patients' lives AND giving the BSNs terrific satisfaction. Now that CAN happen—we just have to make the change we want to be implemented. We can do this! We can help to develop clinics that meet patient AND caregivers needs!

Think about it! Help NMNA to bring this vision into reality!

Carrie



It is time again to nominate outstanding New Mexico nurses for the 2012 Nursing Excellence Awards!

I would like to spotlight an award category of which many nurses are not aware. The Nursing Legend award is designed to honor nurses who have had a long and distinguished nursing career and are now retired. Sponsored by the University of New Mexico Hospitals, the Nursing Legend award is presented to five distinguished nurses annually.

Anyone can nominate a nursing legend, much the same as any other award. Eligibility criteria for a Legend are:

- The nominee must be fully retired from nursing. This means that the nurse does not earn any income as a nurse. Volunteer work is acceptable.
- The nominee has served as a nurse in New Mexico for at least 20 years.

To nominate a legend, go to the NM Center for Nursing Excellence website—www.nmnursingexcellence.org. Either download the nomination form or complete the nomination online. We ask for the nominee's contact information as well as that of the nominator. Along with a short biography, nominators are asked to describe how their nominee meets the following criteria:

Spotlight on Nursing Legends

- Examples of nominee's significant and outstanding contributions to building the nursing profession in New Mexico, either *regionally* or *statewide*.
- Examples of nominee's contributions as a living tribute to the commitment and dedication she/he demonstrated to the profession of nursing and to community service.
- Examples of how nominee has *pioneered* and/or *provided leadership* in building the nursing profession in New Mexico.
- Examples of nominee's *advancement of the profession of nursing* through political, organization, academic or community processes.

Because of UNMH's generous sponsorship, there is no nomination fee for Nursing Legends. The nomination deadline is August 1, 2012 (that means done online, faxed, or postmarked by August 1).

Nursing Legends are selected by a committee comprised of nurses from around the state. The nominations are blinded and scored based on the selection criteria. The 2012 Nursing Legends will be honored at the New Mexico Nursing Excellence Awards gala Saturday, October 20, at the Hyatt Tamaya Resort.

Did I tickle your memory? Do you know a nurse that would be a great candidate for a Nursing Legend award? Reconnect—go to lunch—and interview your nominee. You will be surprised at the richness of their career—there will be many things you didn't know! We can find inspiration and mentors if we take time to listen to the stories of our colleagues. We need to thank them for their work that pioneered the way for us.

To see a list of Nursing Legends, go to the NM Center for Nursing Excellence website (www.nmnursingexcellence.org). Have questions? Call us at 505-889-4518.

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Continuing Nursing Education Listings

NMNA is now an ANCC-accredited approver—all CNE is ANCC approved!

A: = Alternative Therapies

Date	Location	Title	CE	Sponsor	Contact
6/30/12 7/14/12 8/18/12 9/8/12 10/13/12	Sante Fe	Therapeutic Touch	7.0	Rita Gugliotta, RN, LMT, RMTI	Wclavender@live.com or 505-438-1194
6/29/12	Albuquerque	NM Board of Nursing Diversion Program Conference	8.24	NM Board of Nursing, Diversion Program	Rachel Wright 505-841-9091
8/10/12	Albuquerque	Empowering Your Patients for Behavioral Change	7.3	Jean M. Calhoun and Suzanne Murphy	Jean: 505-934-7848 or Jeanrn15@yahoo.com
9/27-29/12	Buffalo Thunder Resort	2012 NMNA Conference: Leadership and Policy, Clinical Competence, and Controlled Substances tracks + Preconference: Writing CE Apps.	10.0	NM Nurses Association Registration and more info by July 1, 2012	carrie@nmna.org 505-471-3324
TBA Exp. 2/28/13	TBA	Homeopathy, a Complementary Therapy	6.5	The Mirus Foundation	Lia: 505-474-4917
Anytime Exp. 4/30/13	Home Study	Infection Control Statistics, Outbreak Investigation and Surveillance	1.25	RBC Limited Healthcare and Management Consultants	Tammy Mortier rbcmortier@nycap.rr.com 518-456-0525
Anytime Exp. 8/14/13	Home Study	2012 update on ICD9 coding for Home Health Care	1.5	RBC Limited Healthcare and Management Consultants	Tammy Mortier rbcmortier@nycap.rr.com 518-456-0525
TBA Expires 2/23/13	TBD	NURSING DOCUMENTATION: A Legal Perspective	13.8	E.D.G.E. Consulting, LLC	505-916-0796 877-777-4313 www.LNC-EDGE.com
Anytime	Online	Multiple titles-high quality CNE	varies	Graduate Education Foundation: CE Lectures	www.nmna.org , click on Lecture of the Month on Home page
Anytime	Online or video course	Professional Legal Nurse Consultant certification course	16.0	Jurex Center for Legal Nurse Consulting	www.jurexnurse.com 901-496-5447
Any time	at your home computer	multiple titles	various	National Council of State Boards of Nursing	www.learningext.com
Any time	at your home computer	multiple titles—all free!	various	Medscape website	www.medscape.com
Any time	at your home computer or by book & mail	multiple titles	various	Nursing Education of America	www.nursingeducation.com 1-800-234-8706
Any time	at your home computer or by book & mail	multiple titles	various	Western Schools	www.westernschools.com 1-800-438-8888
Any time	at your home computer or by book & mail	multiple titles	various	National Center of Continuing Education	www.nursece.com 1-800-824-1254
Any time	at your home computer	multiple titles	various	American Nurses Association	http://www.nursingworld.org under professional development
look at the website	NM and elsewhere	Various CE activities—all ANCC approved via Wisconsin Nurses Association	various	HEALTH Education Network	http://www.health-ed.com/

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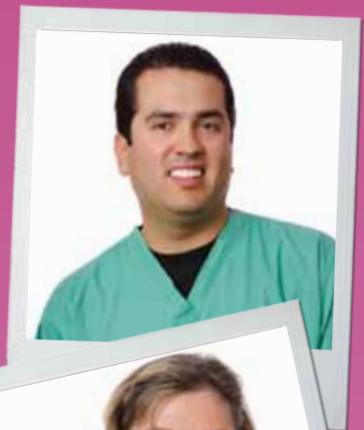
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- Tristan D. Fin
- Elizabeth Anne Finley
- Nancy Hobbs
- Christina Lynn Kamm
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- Susan R. Lewark
- Karen Marie Lopez-Rivera
- Emily Maner
- Michelle L. Martin
- Deborah W. Mueller
- Sharon Prudhomme
- Jennie Rodriguez
- Jean Carolyne Romero
- Linda S. Smouse
- Cindy L. Torres
- Jayanna Warwick

NM 02 (Santa Fe area)

- Deanna Rowley
- Linda J. Stanke

NM 04 (Clovis/Portales area)

- Nefise Kaya
- Denise Martin
- Imelda Sindro De Contreras

NM 14 (Las Cruces area)

- Kandy L. Aboud
- Emily Marilyn Ceraolo
- Mark A. Holmes
- Cindy Lou Took-Dexter

NM 15 (Alamogordo area)

- Sherry E. Gill
- Karen Ellen Sadowski

NM 16 (Gallup area)

- Joyce Ann Archuleta
- Rosemary T. Coyne
- Kathleen M. Head
- Tyrone Pablo

NM 19 (Farmington area)

- Charles M. Baez
- Karen L. Huxley (Ignacio, CO)
- Heather Manus

NM 50 (At Large members)

- Brooke Carnathan (Artesia)
- Karen Ann Duncan (Taos)
- Lucas S. Gonzales (Santa Cruz)
- Kimberly A. Hansen (Roswell)
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for ANA/NMNA/ District membership, NMNA or NMNA/ District ONLY, and LPN Affiliate membership

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Check preferred contact

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 Fax (_____) _____ - _____ Email: _____

OR Employer name _____
 Street/POB _____ City _____
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 Fax (_____) _____ - _____ Email: _____

Basic nursing program/ City/ State _____ License # _____ License State _____

Graduation month/ year _____ Highest degree held _____

Member of a collective bargaining unit? YES—specify what unit _____ NO

Trilevel-ANA, NMNA, and Active district membership

<input type="checkbox"/> Full membership (employed full or part time in nursing)	\$230.00 yearly or	\$19.67 /month
<input type="checkbox"/> Reduced 50% reduction in membership fees <input type="checkbox"/> Not employed <input type="checkbox"/> Full Time student <input type="checkbox"/> New licensee within 6 mo. of graduation <input type="checkbox"/> 62 y/o and not earning more than Social Security allows	\$115.00 yearly or	\$10.08 /month
<input type="checkbox"/> Special—75% reduction in membership fees <input type="checkbox"/> > 62 y/o and not employed or <input type="checkbox"/> Totally disabled	\$57.50 yearly or	\$5.30 /month

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District 14– Las Cruces; **District 15**– Alamogordo; **District 16**– Gallup and **District 19**– Farmington.

Bi-level-ANA, NMNA, no active district or District “50” membership

<input type="checkbox"/> Full membership	\$218.00 yearly or	\$18.67 /month
<input type="checkbox"/> Reduced 50% reduction in membership fees <input type="checkbox"/> Not employed <input type="checkbox"/> Full Time student <input type="checkbox"/> New licensee within 6 mo. of graduation <input type="checkbox"/> 62 y/o and not earning more than Social Security allows	\$109.00 yearly or	\$9.58 /month
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Authorization Signature _____

Printed Name on Card _____ Amount _____

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Membership Category (check 1)

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LPN Affiliate membership (Not ANA)

Membership Category (check 1)

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- NMNA & active district only \$62.00/year

Active districts: **District 01** – Albuquerque; **District 02** – Sante Fe; **District 04** – Clovis/Portales; **District 10** – Raton; **District 14** – Las Cruces; **District 15** – Alamogordo; **District 16** – Gallup and **District 19** – Farmington.

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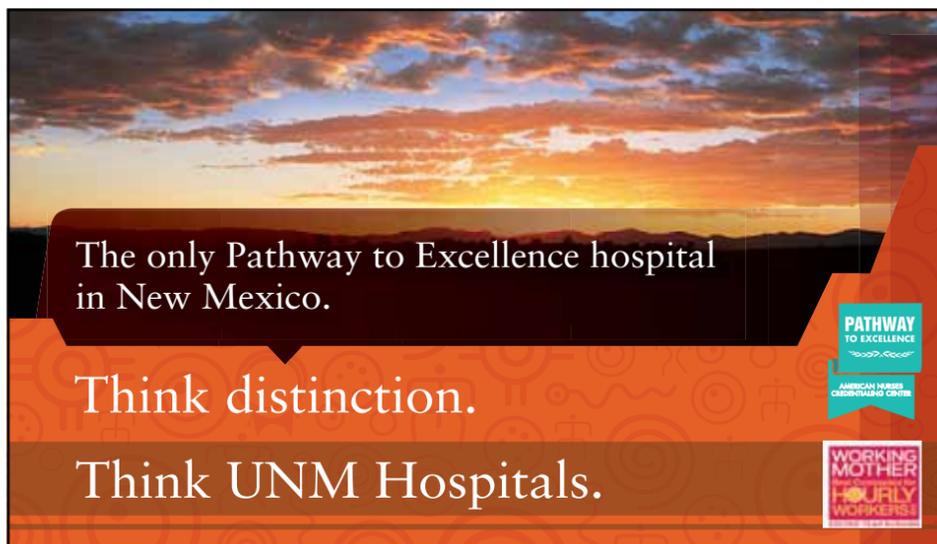
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