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Positions Open for Appointment to the Kansas State Board of Nursing

The Kansas State Board of Nursing will have three positions open for appointment July 1, 2015. Governor Brownback will be seeking nominations for one Registered Nurse position, one Licensed Practical Nurse, and one Public Member position. The RN open position consist of a Registered Nurse from nursing practice, nursing education, or who is engaged in the advanced practice registered nurse role. Both the Registered Nurse and Licensed Practice Nurse must have five years' experience in nursing and shall be actively engaged in the profession of nursing.

Those interested in one of the positions is encouraged to complete the online form at <https://governor.ks.gov/contact-the-governor/contact-governor>. K.S.A. 74-1106 requires Kansas State Nurse Association to give the Governor a list of Registered Nurses to be considered for appointment. The Governor is not obligated to make his appointment from the recommendations, although they will be considered.

To see the statute discussed above log onto the web site at www.ksbn.org and download it at no charge.

Dr. Nancy Mosbaek Scholarship Winner

Brandon Bailey is the winner of the Dr. Nancy Mosbaek scholarship. He is attending the University of Kansas pursuing a doctorate degree in nursing with an emphasis on nursing education. He plans to teach at Fort Hays State University after completing his DNP.

From left to right: Mary Blubaugh, MSN, RN, Executive Administrator
Brenda Moffitt, CNS, APRN, Board President, Brandon Bailey, Doctorate Student at University of Kansas School of Nursing, Cynthia Teel, RN, PhD, FAAN, Associate Dean at University of Kansas School of Nursing - Graduate Program

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The Unique Contribution of Nursing to Healthcare



Mary Blubaugh, MSN, RN, Executive Administrator, Brenda Moffitt, CNS, APRN, Board President, Holly Dawson, ADN Student at Neosho County Community College, Beverly Roush, MSN, RN, Assistant Director of Nursing at Neosho County Community College

Holly Dawson

Nursing uniquely contributes to healthcare with its ability to strengthen, grow, and evolve professional practices in the constantly changing field of healthcare. Nurses adapt in order to become the appropriate resource at any given moment. Equipped with an arsenal of skills, nurses are life-

savers, educators, advocates, information gatherers, and comfort providers. While helping people is the overall goal, nursing is a unique, multifaceted profession focusing on all aspects of patient care. The Civil War set the stage for the modern nursing profession. Before the war, nurses were typically poorly trained, unsupervised and provided in-home (non-professional) care. Although hospitals were around before the war, they were not utilized, and were viewed by the public as poor-houses rather than a place you go for care. The efforts and contributions nurses made in the war by aiding soldiers changed the history of nursing in America forever. For example, Sally Tompkins was a nurse on the Confederate side. After being asked to care for wounded soldiers, she took the initiative to transform a friend's mansion into "Robertson Hospital." Even though germ theory was not understood at this time, Sally maintained a strict code of cleanliness in the hospital, which was staffed by only Sally and six other women. Although the facility was short-staffed, the hospital treated over one thousand people and had a 94% survival rate. After the war nursing was no longer seen as a low level role, but as a respectable career. The contribution nurses made during the war was a catalyst that led to the development of nursing schools. With improved education, nursing evolved from being an activity for untrained helpers into its own professional practice. Education has provided

broader knowledge and a foundation for quality, precise care, based on theory and this has led to stronger collaboration within the health care team. Nurses today are trained to think critically, prioritize and provide total patient care. Having this knowledge base has allowed nurses to be a driving force for what healthcare will be in the future. The Patient Protection and Affordable Care Act has changed how the medical field operates and will continue to exert its influence. Health care professionals have the opportunity to screen and prevent disease for people who previously avoided seeking medical care due to fear of cost. To achieve better patient outcomes, nurses now must focus more on preventative care, patient education, goal setting and support. Because of this expanded role, we can anticipate that nurses will be able to increase collaboration and take leadership roles in health care teams. Team focus on comprehensive care will increase patient outcomes. The past established a set of fundamental skills and ethical guidelines for nursing. The present challenges nurses to think critically and expand the meaning of "care" to include patient's physiological and psychosocial needs, with an increasing emphasis on safety. While the future of healthcare is unknown, I am certain nurses will be pivotal. Nursing is a profession fueled by passion, focused on patient care, and driven to evolve and fulfill healthcare needs. These are unique contributions.



Mary Blubaugh, MSN, RN, Executive Administrator, Brenda Moffitt, CNS, APRN, Board President, Nicole Martin, BSN Student at University of Kansas School of Nursing, David Martin, MSN, RN, University of Kansas School of Nursing Faculty

Nicole Martin

It is hard to escape the care of a nurse. From the watchful eye of a school nurse to the quick thinking of an emergency room nurse and from the sound advice of a home health nurse to the advocacy of a public health nurse, nurses are watching out for us our entire lives. In the United States no other healthcare profession even comes close to our sheer numbers; registered nurses are now over 3 million strong (Health Resources and Services Administration, 2010). Perhaps it is our ubiquitous nature that has placed us in a very unique position of responsibility: nurses consistently rank as most trusted of all professions (Robert Wood Johnson Foundation, 2014). According to Gallup® polling, last year 82% of Americans cited nurses for excellence in "honesty and ethical standards," more than twelve percentage points ahead of the second ranked profession (Gallup®, 2013). In fact, "nurses have

topped the list since Gallup® began asking about them in 1999, with the exception of 2001, when Gallup included firefighters in the aftermath of the September 11 attacks (Robert Wood Johnson Foundation, 2014)"a very fair concession to make indeed. So how do we as nurses continue to earn the public trust year after year? What exactly are we bringing to the table that is unique? The scope of a nurse is by definition, broad, and we are in the difficult and enviable position of trying to distill its essence. The unique contribution of nursing to healthcare can be explained by two factors: its predominant leadership style and the specific nature of nursing care that is not replicated by other professions. The predominant leadership style among nurses is something called servant leadership. Servant leaders prioritize building relationships, think before they act, and listen without forming judgments (Greenleaf, 2002; Neill & Saunders, 2008). The servant leader inspires followers because he or she is able to provide direction without resorting to barking orders. Few other professions attract people who can strike this delicate balance quite like nursing. One easy to understand example of servant leadership is found in the teachings of Jesus of Nazareth, which are deeply intertwined with the history of nursing and the creation of the first hospitals in the Western world. The root of all decision-making of a servant-leader nurse could be summarized as: *It's not about me. It's about the patient.* Nursing is a rewarding

Nicole Martin continued on page 3

Rocky Boy Health Board

Clinical Nurse Position Available

Montana RN licensed required, BSN desired



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Taunia Racine, Personnel Asst.
Rocky Boy Health Board
RR 1, Box 664, Box Elder, MT 59521
406-395-4486, ext. 2080



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The Unique Contribution of Nursing to Healthcare

Nicole Martin continued from page 2

career in every sense of the word, but nurses generally give more than they take, and this builds trust among their patients and the general public.

Caring, healing, skillful, courageous, skilled communicator, advocate these are attributes often used to describe nurses and the nature of the care they provide. But let us be honest, many of our inter-professional colleagues in healthcare exemplify these traits as well. Three aspects of nursing care that apply to both practical and professional nurses and distinguish nurses from other healthcare providers are: anticipatory, continuous, and patient-centered. First, anticipatory care recognizes a potential problem before it occurs. It assesses a patient's vulnerabilities and plans ahead in order to prevent complications. Anticipatory care comes in many forms such as safety, prevention, checklists, infection control, early intervention, and primary care, to name a few. The mindset of a nurse is: *What's the worst that could happen and am I prepared for it?* Second, continuous care refers to round-the-clock nursing presence. In the inpatient or residential setting, a "patient assignment" means something completely different to a nurse than it does to other professionals. For the nurse, accepting a patient assignment means taking the patient's safety, wellbeing, therapeutic progress, and even life into his or her hands while on duty. There simply is no such thing as a hospital without nurses. To drive the point home, nurses still

make home visits and nurses can be reached on the phone, two crucial aspects of continuous care for our aging population. Third, patient-centered care means respecting the patient as the driver of his or her healthcare decisions and working to empower patients to view themselves in this manner. Patient-centered care is a new concept for the American healthcare system at large but an old concept for nurses. It is the radical view that the most important information lies with the patient, not with the physician or with the nurse, and that the patient's goal is our goal. A patient-centered perspective puts nursing ahead of the curve in terms of upcoming changes in healthcare (Institute of Medicine, 2011) and is surely relevant to our standing in the Gallup® polls.

In summary, nursing offers a unique leadership style and a unique skills set. But we must look to the future and ask ourselves how we can apply these skills to meet the needs of twenty-first century Kansas. Nurses have a responsibility as the most trusted of all professions. Earlier this year the Mayo Clinic called our current healthcare system "broken and unsustainable" and called for servant leadership in order to "regain public trust" (Trastek, Hamilton, & Niles, 2014). This certainly sounds like a call to nurses! If the healthcare system is going to shift from a reactive, disease-management approach to a proactive, health-promotion mindset, nurses *must* lead the way, starting with ourselves, our families, our co-workers, our churches, and our patients. As the profession charged with health promotion and illness prevention, the fate of the general

population and the fate of nursing go hand in hand. What will be our *future* unique contribution to healthcare? Will we fulfill the need for value-based primary care? Will we make our hospitals safer? Will we eliminate disparities in access to care? Will we see the United States join the ranks of the healthiest nations of the world? There truly is so much work to be done. And the question is not *will* Kansas nurses shape the future, but *how*.

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The Unique Contribution of Nursing to Healthcare



Mary Blubaugh, MSN, RN, Executive Administrator, Brenda Moffitt, CNS, APRN, Board President, Emily Nohr, PN Student at Johnson County Community College, Jane Zaccardi, MA, RN, GCNS-BC, Director of Health Occupations & PN at Johnson County Community College

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Emily Nohr

“Nursing encompasses an art, a humanistic orientation, a feeling for the value of an individual and an intuitive set of ethics, and of the appropriateness of action taken.”
- Myrtle Aydelotte, 1992

Every patient emerges with their own unique history and individual set of biological, psychosocial, spiritual, and cultural needs. Throughout the ages, nurses have been challenged with the dual role of artist and scientist, experts of both “soft” and “hard” skills with which to help each patient. And as patients, we expect our nurses to be nurturing, intuitive healers, as well as skilled technicians drawing from evidence-based practice. Our Lady of the Lamp, Florence Nightingale, deemed nursing the “finest of the Fine Arts” requiring “an exclusive devotion, as hard a preparation as any painter’s or sculptor’s work.” But also called the “passionate statistician,” Nightingale placed top priority on results. So we see the boundaries between art and science blur in this unique role, creating a nurse hybrid of sorts.

When I was four or five, I pored through my mom’s illustrated medical books from her time in nursing school. My favorite book of hers held layers of glossy see-through acetate pages. Each of these overlays portrayed a different system of the body

Faculty/Technology Coordinator

Baker University School of Nursing, located on the Stormont-Vail HealthCare Campus in Topeka, Kansas, is seeking a Technology Coordinator.

This person will have primary responsibility for the oversight and coordination of hardware, software, and learning systems applications (Moodle Rooms, Exam Soft, ATI and Taskstream) as well as other program technology projects for the school of nursing.

Requirements: Master’s in Nursing from an accredited school of nursing; at least two years of technology experience; current Kansas nursing license or eligible for Kansas licensure. Previous teaching experience and doctorate preferred.

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in intense color and detail, together overlapping to create a complete visual of the human body. As a child, I turned those pages countless times, and the layers started coming to life for me as I “built” this masterpiece each time. And I was endlessly fascinated with the interplay of colors, forms, balance, symmetry, and harmony that I saw. Much later on, I learned the art of physiology, of how this visually wondrous body works, breathes, moves, grows, reproduces. Now, I’m coming to realize that the science of nursing is what I learn on the pages, and the art of nursing is what I must find in *between* those pages. The immeasurable skills of reading your patient’s expression, of knowing when to follow your intuition, of gaining your patient’s trust: the art of nursing is inherent in these skills and in so many more.

As an LPN student, I grow daily in my understanding of nursing as a science. The human body is redefined to me as the most complex and brilliant machine ever created. My instructors, each with years of nursing experience, reveal the biological secrets each body holds. I learn about the independently functioning universe inside us that strives for perfect balance in all its systems. In lab, my classmates and I objectify, quantify, and document. Proven evidence, research, and lab data form the scientific base of my nursing education. Building from this solid base enables the nurse to ask: What information do I have to support my plan of care? Based on the numbers and test results, can I anticipate my patient’s needs?

Nursing could not be a viable discipline without both science and art, for one is not enough without the other. And together, art and science form so much more than just the sum of their parts. Both must work synergistically for the nurse, because his or her canvas isn’t static. It moves and breathes, hopes and grows, thinks and cries. As nurses, we are challenged to synthesize the patient’s subjective information with the objective to create the best possible plan of care. Just as each canvas, each patient, needs to achieve balance in all their systems, so does our scientist/artist: the nurse.

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The Unique Contribution of Nursing to Healthcare



Mary Blubaugh, MSN, RN, Executive Administrator, Brenda Moffitt, CNS, APRN, Board President, Ashtyn Shepard, PN Student at North Central Kansas Technical College – Beloit, Patti Scott, RN, MSN, APRN, Program Administrator at North Central Kansas Technical College – Beloit - PN Program

Ashtyn Shepard

The doctor walking down the hall is tired and overworked and he has just broken the news to a 24 year old mother of two that the cancer is not responding to treatment. That same mother is sitting in her hospital room watching the clock and grieving the loss of all the memories she has not even been able to make yet. The nurse that just started her shift is me. I'm depressed, on the brink

of divorce and wondering how I'm going to make it through this 12 hour shift when my entire world is falling apart. All three of us have one thing in common; we need support. I believe that the most unique contribution of nursing to health care is the support that nurses give doctors, patients, and fellow nurses.

Nurses provide support to doctors by being knowledgeable, skilled and understanding. If doctors know that they can depend on the knowledge and skills of the nurses, it allows them to focus more on their primary concerns. Understanding between doctors and nurses allows for grace and patience, which are both great stress reducers. There is a wonderful amount of freedom that comes when people know that they can count on those around them. Doctors need to know that they have the support of their nurses.

Nurses provide support to patients by being available, empathetic and willing to listen. As nurses we are an important source of comfort and reassurance for our patients. We can never be too busy for them; they are our priority. Their overall well-being includes not only their physical condition but also their mental, emotional, and psychological health. By being available to them when they need us, empathetic to their circumstances, and willing to listen to what they have to say, we can change their life. Patients need to know that they have the support of their nurses.

Nurses provide support to fellow nurses by encouraging each other, working well together, and remembering that we are all human. It is inevitable that we will all have a bad day or even

a bad season in our lives. When we encourage each other and keep a healthy perspective it helps not only us, but everyone we work with. Nursing is one of the most demanding careers available. If, as nurses, we are going to be truly successful, we must band together. Nurses need to know that they have the support of their fellow nurses.

When difficult times come and the doctor needs a helping hand, the dying woman needs our love, and the worn out coworker needs our encouragement, we need to be that support. I am that support, and I need that same support in return. When every person is fulfilling his or her role, the doctors, the patients, and the nurses all benefit. As a nurse I commit to providing that unique contribution of nursing to health care by giving doctors, patients, and fellow nurses the support that they need.

Labor & Delivery RN

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Investigative Committee

The Investigative Committee met on Monday and Tuesday September 15 and 16. The Committee reviewed cases for disposition using the new procedure mandated by the Attorney General's office. A letter of concern from a licensee was shared with the committee. It focused on the need to protect the public and profession by taking a more firm stand/disposition for violations of the KNPA. The KNAP annual report was reviewed. Review of the LMHT Act and language focusing on behavioral health is continuing forward to the December meeting. Two statutes were reviewed as part of the 5 year legislative review process. The NCSBN Competency Study was discussed and no changes were suggested by the Committee.



Full Time LPN

Valeo Behavioral Health Care has an opening for a Full Time LPN in our Medical Services Department. For a complete listing of this position, please visit our website: valeotopeka.org. Interested applicants should submit a cover letter and resume to Valeo Behavioral Health Care, Human Resources, 5401 SW 7th Street, Topeka, KS 66606 or email to apply@valeotopeka.org. Valeo gives an incentive for Spanish speaking applicants. Valeo is an EOE.

September 2014 Education Committee

The Education Committee met September 16, 2014 and was called to order by Brenda Moffitt, APRN, CNS-BC, V-Chair at 8:30 a.m. in Room 509 of the Landon State Office Building. A certificate of appreciation for his time served on the Education Committee was presented to David, Martin, RN, MN. The minutes from June 17, 2014, 2014 were approved. The Education Specialist report was given by Carol Moreland, MSN, RN.

Larned State Hospital and Barton Community College requested application for the approval of a Mental Health Technician Certificate Program. It was moved to accept the application for the approval of the program with a site visit to occur before approval is given to admit students.

The following schools presented major curriculum changes:

- Johnson County Community College PN Program
- Hesston College ADN Program
- University of St. Mary BSN Program
- Hutchinson Community College PN Program
- Washburn University School of Nursing DNP Program

The 2014 Nursing Program Annual Report Data was reviewed. It was moved to reapprove the PN, ADN and BSN programs through December 2015. It was moved to reapprove the graduate nursing programs through December 2016.

Nine petitions for permission to test/retest were reviewed and action taken.

The meeting was adjourned at 10:31 am.

September Finance Committee

The September Finance Committee was called to order September 17, 2014 at 8:30 a.m. in room 560 of the Landon State Office Building in Topeka by Bernard Becker, Chair. The minutes of the June 18, 2014 Finance Committee were approved as written.

K.A.R. was reviewed and it was moved to increase the application fee for approval of a new nursing school to \$1,000 and increase the fee of single continuing nursing education offering to \$100.

The KSBN articles were reviewed and the following changes were recommended.


Article VII –Committees: Section 1e remove “and committee chair” and Section 5 Finance-add paragraphs c and d about Fee Fund Guidelines and Policy. It was consensus of the committee to take these changes to the full Board for approval.

M. Blubaugh reported that the agency was \$22,000 under budget. She also reported that the rent for the Data Center that is paid to the Department of Administration is being raised and the amount will be around \$19,899 more than FY 14. In FY 16 and FY 17 fees being charged to the agency for rent and other state services are being raised again and the amount will be around \$71,638 (FY16) and \$73,700 (FY17) more than FY 15. The committee discussed that the renewal fees that was just lowered in July 2014 will need to be reviewed and may need to be raised. It was the consensus of the committee for M. Blubaugh to get approval from the full Board to draft a letter of concern about the raising of some of the fees being charge to the agency for fiscal years 15, 16, and 17.

A. Guerrero reported that the state wide contract with KS.Gov was reviewed and the fee was lowered to 2.5% per transaction. This fee will be lower than the \$2.50 flat fee that is being charged now. This will lower the fees charged to our licensees when renewing online.

KORA fees for information requests for nurse information were discussed. It was decided to raise the electronic mail fee from \$27 to \$50 and removing the option for the request of mailing labels or printed paper list.

The meeting adjourned at 9:13 A.M.



Position: Full-Time Faculty—Nursing & Allied Health
Location: Lenexa, KS

Company Overview:

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Position Description:

The Full-time Nursing Faculty members serve as a full time faculty member at our Lenexa, KS campus. Our faculty is tasked to work a full-time student load in a given area of instruction. Faculty is expected to attend and serve on committees, perform administrative duties, and complete other tasks as assigned by the Dean and Chair of the College of Nursing & Allied especially as it relates to programmatic accreditation and practicum coordination. The faculty student workload will be reduced based upon the amount of time committed to another functions assigned. Nurse with a graduate degree with major in nursing is required; Doctoral degree in nursing is required to teach Master's level classes. Two years of full-time professional nursing clinical experience required. Two years teaching experience in an online nursing program preferred. Able to hold a current license in good standing to practice as a Registered Nurse in Kansas, or be eligible to obtain a Kansas Registered Nurse license is required. Able to make decisions and work independently with exceptional problem solving and analytical skills.

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September 2014 APRN Committee

The APRN Committee met September 16, 2014 and was called to order by Brenda Moffitt, CNS, APRN, Chair at 1:30 pm in Room 509 of the Landon State Office Building. The minutes from June 16, 2014 were approved.

It was moved to approve the following out of state schools and their courses:

- Arizona State University – Adult Gerontology Nurse Practitioner
- Bryan College of Health Sciences School of Nursing Anesthesia – Nurse Anesthesia
- Creighton University – Family Nurse Practitioner
- Frank J. Tometta School of Anesthesia – Nurse Anesthesia
- Georgetown University – Nurse Midwifery/ Women’s Health Nurse Practitioner
- Medical College of Virginia – Nurse Anesthesia
- Quinnipiac University – Family Nurse Practitioner
- Regis University – Family Nurse Practitioner
- Rush University – Pediatric Nurse Practitioner
- Texas Wesleyan University – Nurse Anesthesia
- Truman Medical Center School of Nurse Anesthesia – Nurse Anesthesia
- University of Massachusetts Worcester – Adult Gerontology Acute Care Nurse Practitioner
- University of Missouri-Columbia – Pediatric Nurse Practitioner
- University of North Carolina – Charlotte – Nurse Anesthesia
- University of North Florida – Nurse Anesthesia
- University of South Carolina School of Medicine – Nurse Anesthesia
- Vanderbilt University – Adult/Gerontology Acute Care Nurse Practitioner, Family Nurse Practitioner & Psychiatric Mental Health Nurse Practitioner

Charles Wheelen, HCSF Executive Director discussed the Kansas Care Stabilization Fund and the Enactment of House Bill 2516. HB 2516 adds nurse-midwives to the list of health care providers who are required to obtain professional liability insurance coverage and participate in the Kansas Health Care Stabilization Fund. An affidavit can be obtained for those nurse-midwives who have the intent of not rendering professional APRN services.

The meeting was adjourned at 2:10 pm.

September CNE Committee

The September CNE Committee was called to order September 16, 2014 at 8:35 a.m. in room 560 of the Landon State Office Building in Topeka by Judy Hiner, Chair. The review of K.A.R. 60-4-103 was removed from the agenda as it was reviewed in March 2014. The minutes from the June 2014 meeting were approved as distributed.

D. Glynn reported there were 164 (4109 hours) IOA’s denied for the month of July and 109 (3431 hours) IOA’s denied for the months of August. IOA’s were denied for being incomplete, no certificates included and no agendas.

The following long term provider applications were approved:


- Johnson County Community College
- Olathe Medical Center
- Kansas Coalition Against Sexual and Domestic Violence

Prairie View, Inc application was denied and the revisions requested will be reviewed at the December meeting.

The meeting was adjourned at 9:30 a.m.

Practice Committee

The Practice Committee met on Tuesday September 16. The second meeting of the multidisciplinary committee reviewing the Joint Policy Statement on the Use of Controlled Substances was attended by Brenda Moffitt and Diane Glynn. An updated statement Draft is being prepared and will be reviewed at a third meeting. A review of Kansas Administrative Regulations 60-15-103 and 104 was performed and no changes were suggested. The Community Paramedic discussion began and will be continued into the December meeting. The task force working on the update of the IV Therapy Exam Question Pool and study the need for a live stick in the competency check has begun the study process. A standardized form for use by the IV therapy providers in reporting course results was reviewed and approved. Chris Tuck received a certificate and thank you for her service to the committee over these past several years.



Kansas State Council

2015 Meeting Dates	2-Day CEN Review Course
April 10, Mercy Hospital, Manhattan	Nationally known speaker Jeff Solheim
June 12, Wesley Medical Center, Wichita	June 29 & 30, 2015 Lawrence, KS
August 14, Newton Medical Center/ Life Team, Newton	July 1 & 2, 2015 Hutchinson, KS
October 9, Stormont Vail RMC, Topeka	
December 11, KU Med Center, Kansas City	

All meetings start at 10:30 AM

Trauma Summit - July 24, Rolling Hills Zoo in Salina

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May 31, 2015	March 15, 2015	April 15, 2015
June 30, 2015	April 15, 2015	May 15, 2015
July 31, 2015	May 15, 2015	June 15, 2015
August 31, 2015	June 15, 2015	July 15, 2015
September 30, 2015	July 15, 2015	August 15, 2015

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National Transportation Safety Board Recommendation

The National Transportation Safety Board (NTSB) is an independent federal agency that investigates every civil aviation accident in the United States and significant accidents in other modes of transportation. They determine the probable cause of accidents and issue safety recommendations aimed at preventing future accidents. On September 9, 2014 they adopted, Drug Use Trends in Aviation: Assessing the Risk of Pilot Impairment. Information about this topic and recommendations may be found at their website <http://www.nts.gov> under report number SS-14/01. The NTSB has asked that KSBN publish the following informational article to highlight the importance of licensed health care providers to routinely discuss with their patients the effect their diagnosed medical conditions or recommended drugs may have on their ability to safely operate a vehicle in any mode of transportation.

Evidence That Pilots Are Increasingly Using Over-the-Counter, Prescription, and Illicit Drugs

The National Transportation Safety Board (NTSB) recently analyzed toxicology tests from 6,677 pilots who died in a total of 6,597 aviation accidents between 1990 and 2012. The results demonstrate a significant increase in the use of a variety of potentially impairing drugs. The study found significantly increasing trends in pilots' use of all drugs, potentially impairing drugs (those with a US Food and Drug Administration warning about sedation or behavior changes in routine use), controlled substances, and illicit drugs (those defined as Schedule I by the US Drug Enforcement Administration). The final report, *Drug Use Trends in Aviation: Assessing the Risk of Pilot Impairment*, is available on the NTSB's *Safety Studies* web page under report number SS-14/01. In this study, the pilot was considered to be positive for a drug if it could be qualitatively or quantitatively identified in blood or tissue; drugs identified only in urine or used as part of resuscitative efforts were excluded. Overall, 98% of the study pilots were male and 96% were flying privately rather than for commercial purposes. The average age of study pilots increased from 46 to 57 years over the study period.

Over the course of the study, for fatally injured pilots, the following was found:

- The proportion of pilots testing positive for at least one drug increased from 10% to 40%.
 - More than 20% of all pilots from 2008-2012 were positive for a potentially impairing drug, and 6% of all pilots were positive for more than one potentially impairing drug.
 - Overall, the most common potentially impairing drug pilots had used was diphenhydramine, a sedating antihistamine (the active ingredient in many *Senadryl* and *Unisom* products).
 - During the most recent 5 years studied, 8% of all pilots tested positive for controlled substances; hydrocodone and diazepam each accounted for 20% of the positive findings.
 - The percentage of pilots testing positive for marijuana use increased to about 3% during the study period, mostly in the last 10 years.
- The large increase in the proportion of fatally injured pilots with evidence of potentially impairing drugs suggests an increasing risk of impairment in general aviation. Aviation is the only transportation mode in which a fatally injured operator (pilot) routinely undergoes extensive toxicology testing; no similar testing is routinely performed for fatally injured operators of boats, trains, trucks, or cars. Given the general increase in drug use in the population, it is likely that there has been a similar trend in drug use among operators across all modes of transportation

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- June 16 & 17
- September 15 & 16
- December 8 & 9

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Wichita, KS 67203
2nd offense/\$100
- Suellen Shea
#14-94195-051
Kansas City, MO 64155
11 months/\$550
- Denise Dill
#14-92594-022
Kansas City, KS 66109
9 months/\$450
- Sheila Thompson
#23-21976-102
Kansas City, KS 66104
2nd offense/\$100
- Nikki Sykes
#24-36753-062
Stilwell, KS 66085
6 months/\$300
- Bridget Webb
#14-76531-062
Leawood, KS 66206
6 months/\$300

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Augusta, KS 67010
- Bryan Patel
#23-33419-062
Bel Aire, KS 67220
- Thomson Mganga
#13-119433-082
Wichita, KS 67220
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Topeka, KS 66611
License #23-38939-042
Case #14-502-8--
Summary Order
License Revoked 12/18/2014

Tachia Armstrong
Shawnee, KS 66218
License #13-104829-101
Case #13-1770-7 & 11-1374-7
Proposed Default Order
License Revoked 11/12/2014

Shelby Berry
Hays, KS 67601
License #13-94228-112
Case #13-790-3
Agreed Order
License Suspended 10/27/2014

Erin Bilynsky
Paola, KS 66071
License #13-101336-022
Case #13-1091-7 & 13-1518-8
Initial Agree Order
License Suspended 12/10/2014

Angela Coleman
Kansas City, KS 66109
License #13-97299-042
Case #12-538-7
Proposed Default Order
License Revoked 10/23/2014

Desiree Irwin
Kansas City, MO 64126
License #24-34015-011
Case #13-766-7
Initial Order to Revoke
License Revoked 9/22/2014

James Johnsen
Springfield, MO 65810
License #14-129763-052
Case #14-619-0
Initial Agreed Order
License Suspended with Stay 12/10/2014

Misty Latta
Harper, KS 67058
License #13-101900-052
Case #13-2233-4 & 14-1495-4
Summary Order
License Revoked 10/14/2014

Amanda Powell
Park City, KS 67219
License #24-34255-032
Case #12-1343-5
Initial Agreed Order to Surrender and Revoke
License Revoked 12/22/2014

Paul Schleicher
Kansas City, MO 64157
License #23-29119-071
Case #11-1191-0 &13-1343-0
Summary Order
License Revoked 10/14/2014

Monica Sharkey
Anthony, KS 67003
License #13-108614-012
Case #13-1289-4
Summary Order
License Revoked 10/30/2014

Kathy Shealy
Walker, LA 70785
License #14-123197-121
Case #13-1944-0
Summary Order
License Revoked 10/14/2014

Kayce Speltz
Clay Center, KS 67432
License #23-40237-061
Case #11-1793-9 & 13-1040-09
Proposed Default Order
License Revoked 10/14/2014

Dagan Wright
Colby, KS 67701
License #23-42892-022
Case #14-976-2 & 14-979-2
Summary Order
License Revoked 10/31/2014

Drug & Alcohol Violation

Simone Abachiche
Colorado Springs, CO 80903
Applicant
Case #14-1451-0
Summary Order
Application Denied 12/23/2014

Leah Aduma
New Century, KS 66031
License #23-39479-121
Case #13-307-8
Initial Agreed Order
License Suspended with Stay 11/14/2014

Jill Baker
Wichita, KS 67235
License #13-68881-061
Case #13-760-5
Initial Agreed Order to Surrender and Revoke
License Revoked 12/29/2014

John Barker
Anthony, KS 67003
License #13-65437-092
Case #09-1078-5
Agreed and Final Order
License Limited 12/30/2014

Michelle Barnett
Blue Springs, MO 64014
License #14-99381-072
Case #12-1102-7 & 12-1216-7
Order
License Revoked 11/4/2014

Todd Barrager
Independence, KS 67301
License #13-119549-061
Case #11-366-6
Proposed Default Order
License Revoked 12/2/2014

Vanessa Dean
Olathe, KS 66061
License #23-43514-022
Case #11-387-4, 12-1502-4, 12-2200-8
Initial Agreed Order
License Suspended with Stay 12/11/2014

Bonnie Flippin
Winfield, KS 67156
License #23-34795-071
Case #13-1601-6
Initial Agreed Order
License Suspended with Stay 10/20/2014

Robert Grey
Lebo, KS 66856
License #13-108972-061
Case #12-1334-9
Initial Agreed Order
License Suspended with Stay 10/20/2014

Shannon Kaffenbarger
Topeka, KS 66614
License #23-30662-012
Case #12-1141-8
Proposed Default Order
License Revoked 11/12/2014

Allan Karanu
Hutchinson, KS 67501
License #13-116441-092
Case #11-427-4
Initial Agreed Order
License Suspended with Stay 10/20/2014

Lydia Mohammed
Manhattan, KS 66503
License #23-40960-061
Case #11-1483-9
Proposed Default Order
License Revoked 10/14/2014

Susann Nally
Arkansas City, KS 67005
License #23-30870-011
Case #13-1089-6
Proposed Default Order
License Revoked 10/14/2014

Synthia Rios
Satanta, KS 67870
License #13-102238-011
Case #13-188-1
Initial Agreed Order
License Suspended with Stay 11/20/2014

Jeffrey Williams
Lawrence, KS 66046
License #23-36201-012
Case #10-044-9 & 11-1350-8
Initial Order
License Suspended 12/30/2014

Mental Incompetence Violation

Heather Bartlett
Emporia, KS 66801
License #13-68299-121
Case #11-319-8, 13-1664-9
Initial Agreed Order to Surrender and Revoke
License Revoked 10/11/2014

Laurel Cole
Fairview, KS 66425
License #24-20163-102
Case #11-1730-9
Initial Agreed Order to Surrender and Revoke
License Revoked 11/12/2014

Unprofessional Conduct Violation

Harold Boen
Cheney, KS 67025
License #13-67582-111
Case #12-1249-4 & 13-1917-5
Proposed Default Order
License Revoked 11/13/2014

Maria Thompson
Spring Hill, KS 66083
License #13-116979-032
Case #14-1302-7
Summary Order
Application Denied 12/24/2014

Dawn Turner
Mulvane, KS 67110
License #23-27478-111
Case #14-875-5
Summary Order
License Revoked 11/12/2014

Cease & Desist Letter

Darran Jasper
Kansas City, KS 66102
IMPOSTER
Case #14-507-7
Cease and Desist Letter 12/8/2014

Tami Persson
Joplin, MO 64801
Never Licensed
Case #13-1684-0
Cease and Desist Letter 12/22/2014



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THE CONDUCT OF BOARD MEETINGS



1. Kansas State Board of Nursing meetings are open to the public.
2. Executive sessions and the Investigative Committee meetings are closed to the public.
3. The President will call for the Executive Session citing a specific purpose, length of time and who is included.
4. The Board meeting follows a prepared agenda.
5. Visitors and/or guests do not actively participate in the formal meeting but may be recognized by the President of the Board for additional information or questions.
6. Whenever possible, all meetings will be called to order on time and will follow the prepared agenda.
7. Members of the Board, Board committee members, and the Board staff shall be recognized by the President.
8. Only one person will speak at a time.
9. Members of the Board will speak in an orderly fashion and refrain from conversation when another member is speaking.
10. Guests/visitors will be recognized only at the discretion of the President.
11. Persons in attendance at meetings are respectfully requested to refrain from talking or making noises while the meeting is in progress.
12. Anyone disrupting the meeting will be asked to leave.
13. Meetings will be adjourned as scheduled or upon completion of business, or; continued only upon the consensus of the membership of the group.
14. The President may establish and announce additional guidelines for the meeting subject to the agreement of the other Board members.
15. The President is responsible for the conduct of the meeting and will enforce the rules of conduct.

THE CONDUCT OF COMMITTEE MEETINGS

1. Kansas State Board of Nursing Committee meetings are open to the public.
2. Executive sessions and the Investigative Committee meetings are closed to the public.
3. The Committee Chair will call for the Executive Session citing a specific purpose, length of time and who is included.
4. The Committee meeting follows a prepared agenda.
5. Visitors and/or guests do not actively participate in the formal meeting but may be recognized by the committee chair for additional information or questions.
6. Whenever possible, all meetings will be called to order on time and will follow the prepared agenda.
7. Members of the Committee, Board members, and the Board staff shall be recognized by the Committee Chair.
8. Only one person will speak at a time.
9. Members of the Committee will speak in an orderly fashion and refrain from conversation when another member is speaking.
10. Guests/visitors will be recognized only at the discretion of the Committee Chair.
11. Persons in attendance at meetings are respectfully requested to refrain from talking or making noises while the meeting is in progress.
12. Anyone disrupting the meeting will be asked to leave.
13. Meetings will be adjourned as scheduled or upon completion of business, or; continued only upon the consensus of the membership of the group.
14. The Committee Chair may establish and announce additional guidelines for the meeting subject to the agreement of the other Committee members.
15. The Committee Chair is responsible for the conduct of the meeting and will enforce the rules of conduct.



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KNAP

Kansas Nurse Assistance Program

What is KNAP?

KNAP is a professional assistance program designed to assist all nurses and mental health technicians who have a problem or illness that has or could impair their ability to practice safely.

The Goal of KNAP

Mental and physical illness, including alcohol and other drug addiction, can potentially impair practice and health. We estimate that at any given time, approximately 10% of the population is affected. This same percentage is thought to be true of healthcare professionals.

Alcohol and other drug addiction, as well as mental and physical illnesses, are treatable. KNAP works with the program participants to obtain an evaluation, treatment (if indicated), and monitoring throughout the recovery process.

Referrals

Self-referrals to the program are encouraged, but referrals may be made by a family member, a friend, employer or anyone concerned about the nurse/LMHT.

Anonymous referrals are not accepted. A person may call for information or advice without giving their name, however. Referrals may be made by calling 913-236-7575.

KNAP Providers

- Confidential services to Kansas RNs, LPNs, and LMHTs experiencing problems and illnesses which could lead to impaired practice.

- Interventions, assessments, referrals for evaluation and treatment (if indicated.)
- On-going monitoring through random urine drug screens, contact with employers and monthly groups.

Causes for Concern

Job Function

- Narcotics discrepancies, e.g.: incorrect counts, alteration of narcotic containers, increased patient reports of ineffective pain control, discrepancies on records or frequent corrections of records, unusual amounts of narcotics wasted, significant variations in the quantity of narcotics ordered for technician's unit or shift.
- Fluctuations in the quality of work performance.
- Irresponsible behavior from someone previously conscientious and responsible.
- Requests to work shifts that are the least supervised.
- Inordinate interest in patients' pain control medications.

Behavior

- Increasing isolation from colleagues, friends and family and avoiding social activities.
- Complaints from others about work performance or alcohol or drug use.
- Mood swings, irritability or depression, or suicide threats or attempts, perhaps caused by accidental overdose.

Physical Symptoms

- Obvious intoxication such as swaying, staggering or slurred speech.
- Odor of alcohol on breath or the excessive use of breath-fresheners or perfume to disguise the odor of alcohol.

KNAP is supported by funds from the Board of Nursing and, in small part, by fees charged to the participants.

For further information
The Kansas Nurses
Assistance Program
Cloverleaf Complex Bldg #3
6405 Metcalf, Suite 502
Overland Park, Ks 66202
(913)236-7575

john@hapn.org – John Childers, LMSW
Executive Director

regena@hapn.org – Regena M. Walters, RN
Program Manager

admassist@hapn.org – Betty Childers
Program Assistant

betty@hapn.org – Betty Childers
Office Manager

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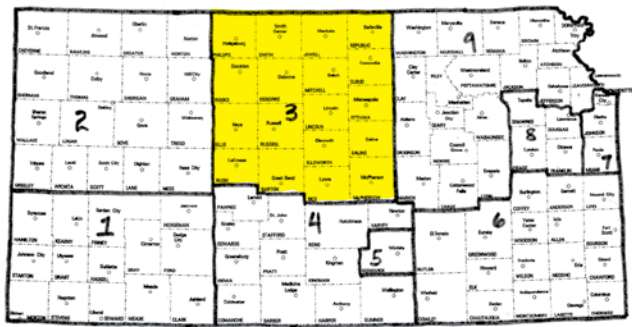
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CONTINUING NURSING EDUCATION OFFERINGS

REGION 3



April 9, 2015, 9:00 am-5:00 pm, Salina, KS
Energy! The Final Frontier in Modern Medicine. Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext 375. Fac: Jan Dyer, LPN, MS Natural Health. Aud: RN, LPN. As the title says, this workshop will journey into the undiscovered area of the human energy field and explore some of the fascinating new and ancient electro-magnetic therapies. Be prepared to explore some entirely new ideas about the human energy field and discuss new possibilities in health care. Fee: \$87.00. Reg. by: April 6, 2015. Contact Hours: 8.

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April 13, 2015, 8:00 am-3:30 pm, Salina, KS
Team UP — Working Strong Together. Spon: Dorothy & Associates, Inc., PO Box A, Cottonwood Falls, KS 66845. Contact: Dorothy Yeager, MS, CFCS, 1-888-836-7684 or 1-620-273-8486. Fac: Dorothy Yeager, MS, CFCS. Aud: RN, LPN. Strong teams don't just happen, we each create them. In this seminar, you will learn how to strengthen your team by creating more enjoyable, efficient, and productive relationships with team members. Go to www.DorothyAndAssociates.com to find out more about this fun seminar! Fee: \$99.00. Reg. by: April 12, 2015. Contact Hours: 7.

April 14, 2015, 9:00 am-5:00 pm, Belleville, KS
Metabolic Syndrome vs Diabetes. Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext 375. Fac: Emilie Hagen, ARNP-CNS, CDE, CCM. Aud: RN, LPN. Metabolic Syndrome will be discussed and how it relates to diabetes. Diabetes is everywhere and seems to be increasing every year. The focus of this workshop is a practical real world approach to assisting individuals with their attempt to fit diabetes into their lifestyle. Fee: \$87.00. Reg. by: April 10, 2015. Contact Hours: 8.

April 29, 2015, 9:00 am-5:00 pm, Belleville, KS
Intermediate Fetal Monitoring, An In-depth Review. Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext 375. Fac: Crystal Young, RN, MSN. Aud: RN, LPN. This course will be taught following the Associate of Women's Health, Obstetrical, Neonatal Nurses (AWHONN) curriculum. The attendees will receive basic fetal monitoring and discuss in detail intermediate fetal monitoring guidelines and practicum

education. Fee: \$87.00. Reg. by: April 24, 2015. Contact Hours: 8.

May 12, 2015, 9:00 am-5:00 pm, Salina, KS
Cardiovascular Update 2015. Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext 375. Fac: Emilie Hagen, ARNP-CNS, CDE, CCM. Aud: RN, LPN. This program will focus on defining acute coronary syndrome (ACS), various treatment options, and explore the management guidelines outlined by the American College of Cardiology and the American Heart Association. Treatment options for the ACS patient both in the rural and urban setting will be outlined. Twelve lead EKG interpretations will be discussed as a tool to aid in the diagnosing of ACS. In addition, the subject of women and heart disease will be explored along with the differences between men and women with heart disease. Fee: \$87.00. Reg. by: May 8, 2015. Contact Hours: 8.


May 14, 2015, 1:00 pm-5:00 pm, Salina, KS
Self Care: Health Promotion for the College Student. Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext 375. Fac: Judith Bunting, APRN, NP-C. Aud: RN, LPN. Students away from home for the first time and attending college frequently are very frightened when they become ill. Their symptoms that they tell the school nurse may be entirely different than what is really going on with them. Treating college students is a sometimes challenging but rewarding health care field. Fee: \$45.00. Reg. by: May 11, 2015. Contact Hours: 4.

May 21, 2015, 9:00 am-5:00 pm, Salina, KS
The Art and Science of Aromatherapy. Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext 375. Fac: Jan Dyer, LN, MS Natural Health. Aud: RN, LPN. This class will explain and introduce the use of essential oils in the treatment of acute and chronic illnesses. Participants will learn the safe application of oils and the healing properties of several commonly used oils. Essential oil constituents, the history of essential oil use, and the present day use in the clinical environment will be explored. Fee: \$87.00. Reg. by: May 18, 2015. Contact Hours: 8.

May 28, 2015, 9:00 am-1:00 pm, Salina, KS
Surgical Nursing-Changes Through the Decades. Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-

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CONTINUING NURSING EDUCATION OFFERINGS

243-1435 or 1-800-729-5101 ext. 372 or ext 375. Fac: JoAnne Balthazor, RN, BSN. Aud: RN, LPN. Have you ever wondered what it was like to work as a nurse in surgery before laparoscopes, flexible endoscopes, disposable drapes, disposable gloves, pre-packaged sponges to name a few. This workshop will discuss the many changes that have been made in surgical equipment and supplies in the last few decades. Fee: \$45.00. Reg. by: May 26, 2015. Contact Hours: 4.

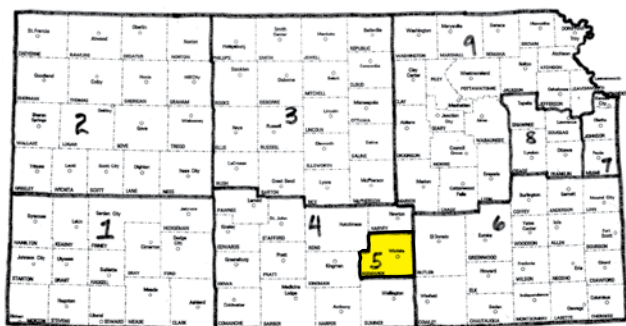
June 12, 2015, 9:00 am-5:00 pm, Salina, KS
Eating Disorders Occurring Today in Adolescents and Young Adults. Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext 375. Fac: Beth Whisler, MA. Aud: RN, LPN. Anorexia Nervosa and Bulimia have long been recognized as serious diseases in male and female adolescents and young adults. There will be discussion on ways that the two conditions are similar but differ in methods of treatment. The treatment plans for these diseases as well as other mental health issues in adolescents and young adults have changed and improved. The different issues with both disorders will be explored and discussed. Fee: \$87.00. Reg. by: June 10, 2015. Contact Hours: 8.

June 18, 2015, 9:00 am-5:00 pm, Salina, KS
Living the Abundant Life: The Biblical Principles of Health & Vitality. Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext 375. Fac: Jan Dyer, LPN, MS Natural Health. Aud: RN, LPN. The bible provides a complete set of guidelines for living an abundant life. Come join us on a journey through God's manual for human beings. Discover the foods eaten by the Hebrew people and how this diet helped stop diseases and extend life. Take a closer look at their sanitation practices that can halt the spread of dreaded diseases. Learn about Temple practices that are immune enhancing as well as spiritually renewing. We will also examine the role of the priest as spiritual leader, healer, and

teacher. Fee: \$87.00. Reg. by: June 16, 2015. Contact Hours: 8.

June 30, 2015, 9:00 am-5:00 pm, Concordia, KS
Recognizing and Treating Dementia in the Elderly. Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext 375. Fac: Juanita Borrell, RN, BSN. Aud: RN, LPN. Understanding dementia and its many faces is integral to providing quality care for the elderly confused patient. This class will focus on the symptoms that can help determine an acute episode of dementia, treatment options that may be applicable to resolve this versus chronic dementia's, their etiologies, and treatment options to provide best quality of life for the patient and family. Fee: \$87.00. Reg. by: June 26, 2015. Contact Hours: 8.

REGION 5



April 15, 2015, 8:00 am-3:30 pm, Wichita, KS
Team UP — Working Strong Together. Spon: Dorothy & Associates, Inc., PO Box A, Cottonwood Falls, KS 66845. Contact: Dorothy Yeager, MS, CFCS, 1-888-836-7684 or 1-620-273-8486. Fac: Dorothy Yeager, MS, CFCS. Aud: RN, LPN. Strong teams don't just happen, we each create them. In this seminar, you will learn how to strengthen your team by creating more enjoyable, efficient, and productive relationships with team members. Go to www.DorothyAndAssociates.com to find out more about this fun seminar! Fee: \$99.00. Reg. by: April 14, 2015. Contact Hours: 7.

June 29-July 31, 2015, Online except TBA
Clinicals, Wichita, KS

IV Therapy for Licensed Practical Nurses. Spon: Wichita Area Technical College, 4501 E. 47th Street South, Wichita, KS 67207. Contact: Kathryn Ake, 316-677-1308. Fac: Johanna Bartels. Aud: LPNs. This 3 credit hour course prepares LPNs to perform activities as defined in KAR 60-16-102(b) and presents knowledge, skills and competencies in the administration of intravenous fluid therapy, which will qualify LPNs to perform this procedure safely. See more at <http://watc.edu/iv-therapy/#sthash.OIXIIgOx.dpuf>. Fee: \$277.50. Reg. by: June 19, 2015. Contact Hours: 45.

REGION 7



April 17-18, 2015, 9:00 am-5:00 pm, Olathe, KS
Tai Chi for Arthritis (TCA). Spon: The Home Gym, Inc., PO Box 3702, Shawnee, KS 66203. Contact: Jim Starshak, MS, 913-322-0764, jim@thehomegym.net, www.thehomegym.net. Fac: Jim Starshak, MS. Aud: RNs, LPNs, LMHTs, as well as PTs, OTs, and ACSM Professionals. Tai chi is recognized as an evidence-based fall prevention program by the CDC. Tai Chi for Arthritis (TCA) is recommended by the Arthritis Foundation as a safe and effective exercise program for people with arthritis or other chronic conditions. You will learn TCA, how to teach it safely using proven instructional methods, approved modifications, principles, and more. Registration includes instructional DVD. Discount if taken with TCA-2 on April 19th. Fee: \$250.00. Reg. by: March 20th for a discounted fee. Contact Hours: 14.

Continuing Education continued on page 16

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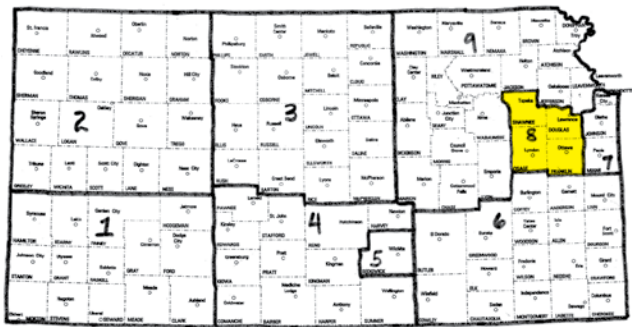
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CONTINUING NURSING EDUCATION OFFERINGS

Continuing Education continued from page 15

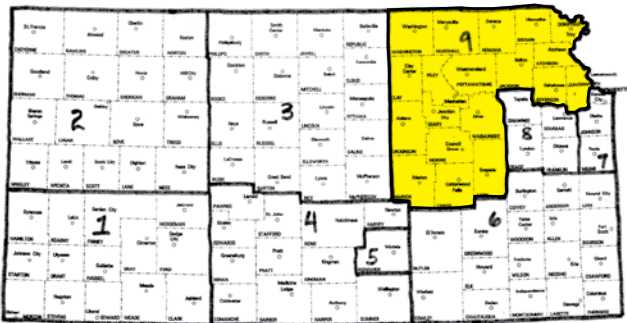
REGION 8



June 13 & 14, 2015, 9:00 am-7:00 pm both days, Baldwin City, KS
Healing Touch Level One. Spon: The Light Center, 1542 Woodson Rd., Baldwin City, KS 66006. Contact: Robin Goff, 785-255-4583. Fac: Robin Goff, BSN, MAV, CHTP, CHTI. Aud: RN, LPN. A comprehensive course in energetic healing which teaches a wide range of hands-on techniques suitable for all nursing settings, and can lead to an international certification. Fee: \$275.00. Reg. by: June 6, 2015. Contact Hours: 18.

June 11, 2015, 8:45 am-4:15 pm, Evangelical United Methodist Church, Holton, KS
Serving Life...Facing Death. Spon: Jackson County Caring Community Council, 1110 Columbine Drive, Holton, KS 66436. Contact: Esther A. Ideker, RN, BSN, 785-364-9617. Fac: Carol McAdoo, BS Ed., John G. Carney, M.Ed. Aud: RN, LPN, SW. The 3-hour morning session will focus on prison hospice including the film "Serving Life." The 3-hour afternoon session will explore choices in end-of-life care decisions. Fee: \$45.00 earlybird by May 14, 2015, \$55.00 after May 14. Reg. by: June 4, 2015. Contact Hours: Pending.

REGION 9



April 17, 2015, 9:00 am-5:00 pm, Abilene, KS
Weight Loss and Nutritional Myths: How Much Do You Really Know? Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext 375. Fac: Christy Rogers, RDT. Aud: RN, LPN. Americans spend an estimated \$42 billion annually on weight loss foods, products and services. They are drawn to statements like "lose 30 pounds in 30 days" or "eat as much as you want and still lose weight." This workshop is intended to help medical staff provide clients with safe and successful plans of eating that will improve their overall health. Participants will learn about a variety of "popular" diets and how to evaluate those plans in relationship to an overall healthy pattern of eating. Fee: \$87.00. Reg. by: April 14, 2015. Contact Hours: 8.

June 10, 2015, 9:00 am-5:00 pm, Clay Center, KS
Early Diagnosis & Treatment Protocol for Acute Ischemic Stroke. Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext 375. Fac: Wendy Dusenbury, DNP, APRN-BC, ANVP-BC, Rhonda Young, MSN, APRN-C, ANVP-BC. Aud: RN, LPN. This workshop will identify patients at risk and steps the clinician may take to promote primary prevention. Early identification of stroke is key to prompt intervention. Participants will learn how to quickly identify patients with stroke symptoms and what emergent steps need to be taken, based on available community resources. Early diagnosis and prompt treatment will impact

survival and enhance quality of life. Various stroke assessment tools will be discussed. Fee: \$87.00. Reg. by: June 5, 2015. Contact Hours: 8.

June 11, 2015, 8:45 am-4:15 pm, Evangelical United Methodist Church, Holton, KS
Serving Life...Facing Death. Spon: Jackson County Caring Community Council, 1110 Columbine Drive, Holton, KS 66436. Contact: Esther A. Ideker, RN, BSN, 785-364-9617. Fac: Carol McAdoo, BS Ed., John G. Carney, M.Ed. Aud: RN, LPN, SW. The 3-hour morning session will focus on prison hospice including the film "Serving Life." The 3-hour afternoon session will explore choices in end-of-life care decisions. Fee: \$45.00 earlybird by May 14, 2015, \$55.00 after May 14. Reg. by: June 4, 2015. Contact Hours: Pending.

June 16, 2015, 9:00 am-5:00 pm, Abilene, KS
Type 2 Diabetes Complications: Can They Be Prevented. Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext 375. Fac: Emilie Hagen, ARNP-CNS, CDE, CCM. Aud: RN, LPN. Diabetes is a group of chronic diseases characterized by hyperglycemia. The importance of protecting the body from hyperglycemia cannot be overstated. It is the direct and indirect effects of hyperglycemia that are the major sources of morbidity and mortality in both type 1 and type 2 diabetes. It is important for the healthcare provider to have an understanding of the relationship between normal glucose metabolism, diabetes defects and micro/macro vascular complications in order to prevent the complications of diabetes. Fee: \$87.00. Reg. by: June 12, 2015. Contact Hours: 8.

June 26, 2015, 9:00 am-5:00 pm, Junction City, KS
Navigating the DSM V: Important New Updates for Mental Health Professionals. Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext 375. Fac: Beth Whisler, MA. Aud: RN, LPN. There have been many changes and updates in the Diagnostic and Statistical Manual of Mental Disorders V. This workshop will examine and discuss the changes and assist attendees in keeping

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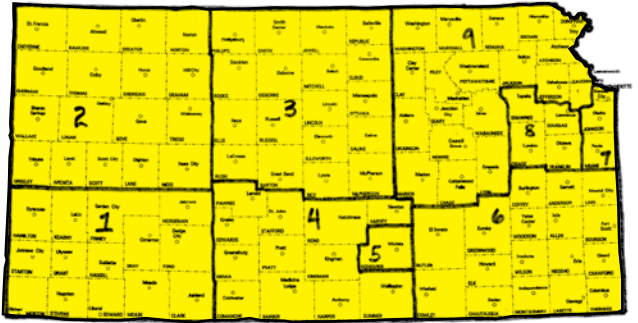


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STATEWIDE



April 1, 2015, 4:00-6:00 pm CDT, Live in Kansas City; by ITV in locations around KS, and Adobe Connect

Advance Directives: Clarification for Healthcare Professionals. Spon: Central Plains Geriatric Education Center at the University of Kansas Medical Center, 3901 Rainbow Blvd, MS1005, Kansas City, KS 66160. Contact: Nicole Palmer, 913-588-1464. Fac: Karen Weber, JD. Aud: RNs and LPNs who work with geriatric patients. This program will define and discuss the various legal terms associated with advanced directives; identify and explain your specific professional role in carrying out a patient's wishes related to their living will; explore the process whereby a person is declared incompetent should someone need to step in and make health decisions when no advanced directives are in place; and identify how put advance directives in place

and who would benefit from having advance directives. Fee: \$25.00. Deadline: Monday, March 30, 2015. Contact Hours: 2.

April 22, 2015, 4:00-6:00 pm CDT, Live in Kansas City; by ITV in locations around KS, and Adobe Connect

Alterations in Sleep Patterns in the Elderly. Spon: Central Plains Geriatric Education Center at the University of Kansas Medical Center, 3901 Rainbow Blvd, MS1005, Kansas City, KS 66160. Contact: Nicole Palmer, 913-588-1464. Fac: James Slaughter, MD. Aud: RNs and LPNs who work with geriatric patients. This program will discuss what are considered normal sleep patterns and understand what factors influence those patterns, and what changes as people age; review common chronic medical conditions and identify their impact on sleep; describe psychological and societal factors that affect sleep cycles in the elderly; and list interventions to address altered sleep patterns and the related effect in the elderly. Fee: \$25.00. Deadline: Monday, April 20, 2015. Contact Hours: 2.

May 16, 2015, 8:00 am-3:00 p.m., Wichita, KS Spanish Today for Medical Professionals.

Spon: Zinta Inspired Language/Spanish Horizons, 1855 S. Rock Road, Suite 129, Wichita, KS 67207. Contact: Kerry Smith, 316-932-2361. Aud: RN, LPN, LMHT. Employees who work in the medical field gain the ability to quickly use targeted and practical occupational Spanish phrases and basic Spanish knowledge with interpersonal and cross-cultural training in this fun and interactive 6 hour seminar. Fee: \$145.00.

Reg. by: NLT 72 hrs before seminar w/o late fee. Contact Hours: 6.8.

May 20, 2015, 4:00-6:00 pm CDT, Live in Kansas City; by ITV in locations around KS, and Adobe Connect

Qi Gong Exercise and Acupuncture in the Treatment of Neuropathic Pain. Spon: Central Plains Geriatric Education Center at the University of Kansas Medical Center, 3901 Rainbow Blvd, MS1005, Kansas City, KS 66160. Contact: Nicole Palmer, 913-588-1464. Fac: Wen Liu, PhD. Aud: RNs and LPNs who work with geriatric patients. This program will describe Qi Gong's effect on the body and potential benefits for neuropathic pain; identify ways to implement these movements into a geriatric person's daily life; discuss how acupuncture may benefit patients with neuropathic pain; and identify how acupuncture is thought to decrease patients' neuropathic symptoms. Fee: \$25.00. Deadline: Monday, May 18, 2015. Contact Hours: 2.

Continuing Education continued on page 18

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CONTINUING NURSING EDUCATION OFFERINGS

Continuing Education continued from page 17

June 1-July 27, 2015, Online/Wichita, KS
Adult Learning Principles for Health Careers. Spon: Wichita Area Technical College, 4501 E. 47th Street South, Wichita, KS 67207. Contact: Kathryn Ake, 316-677-1308. Fac: Dr. Gail Withers. Aud: RNs. This course will provide learners with basic adult learning


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principles utilized in teaching. The course is intended to meet the requirements from the Kansas Department for Aging & Disabilities Services for instructors to teach Nurse Aide Courses, and would also be of benefit to the novice in higher education. Pre-requisite: Must be a Registered Nurse. Fee: \$185.00. Reg. by: May 22, 2015. Contact Hours: 30.

July 15-16, 2015, 8:00 am-5:00 p.m. both days, Wichita, KS
APHON (Pediatric) Chemotherapy and Biotherapy Provider Class. Spon: Wesley Medical Center, 550 North Hillside, Wichita, KS 67214. Contact: Linda Long, 316-962-3080. Fac: Courtney Beirne, APRN, FNP-C, CPHON. Aud: RNs with minimum of 6 months experience in Oncology. Provides knowledge base and key principles to safely and competently administer chemotherapy and biotherapy to children and adolescents. Fee: \$200.00, \$160 for WMC and HCA employees. Reg. by: June 12, 2015. Contact Hours: 13.75.

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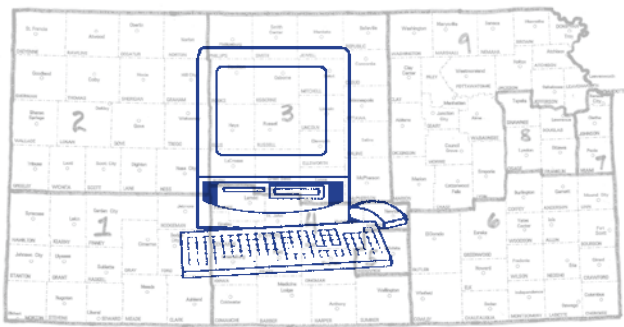
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Weight Management Strategies: A Holistic Approach. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627. Fac: Sue Popkess-Vawter, PhD. Aud: All levels of nursing. You will learn new strategies for making lifestyle changes that promote healthy weight by developing a daily plan using the cognitive restructuring strategies, Eat for Hunger, Exercise for Life and Esteem for Self. Fee: \$70.00. Contact Hours: 7.5.

Grief a Living Experience: The Multiple Responses to Loss. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627. Fac: Jody Gyulay, PhD. Aud: All levels of nursing. You will look at the usual grief process and identify the multiple responses to grief that affect the patient and the caregivers. Fee: \$35.00. Contact Hours: 3.0.

The Time of Your Life. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. Time is our most precious resource, this course will provide strategies needed to manage your time effectively and wisely. This course is available on-line or by text book. Fee: \$40.00. Contact Hours: 2.6.

The Truth About Antacids. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627. Fac: Lisa Everett, RPh., FACA, CCN. Aud: All levels of nursing. Learn the truth about one of the most common complaints, acid reflux or GERD, and what is the correct course of action to get permanent relief. Fee: \$15.00. Contact Hours: 1.0.

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Assertiveness: New Perspectives. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. The course will provide strategies needed to assertively manage challenging communication issues with patients, physicians and other members of the health care treatment team. Fee: \$40.00. Contact Hours: 3.0.

Patient Compliance: A New Look. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. This course will provide information needed to help prevent and manage non-compliant patient behavior. Fee: \$65.00. Contact Hours: 5.4.

Conflict Management: Skills for Uncertain Times. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. This course will provide skills needed to manage conflict with patients, physicians and allied health professionals. Fee: \$55.00. Contact Hours: 5.0.

Living the Dying Process: A Guide for Caregivers. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627. Fac: Jody Gyulay, PhD. Aud: All levels of nursing. You will see the dying process as a complex journey for both the patient and the family, you will learn ways to allay their fears and confusion, and bring calm to the dying patient and family. Fee: \$70.00. Contact Hours: 7.5.

The Holistic Art of Self-Health. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627. Fac: Carol Lett, OTR. Aud: All levels of nursing. This unique course will help you expand personally and professionally, you will increase your knowledge and awareness of the imbalances of illness and disease while learning practical applications and activities to nurture the seven dimensions of well being and recognize the connection between mind, body and spirit. This course available on-line or by text book. Fee: \$65.00. Contact Hours: 6.0.

Superachievers and Coping Strategies. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. This course will provide strategies needed to manage professional responsibilities without suffering the debilitating effects of perfectionism. Fee: \$35.00. Contact Hours: 2.4.

Tick-Borne Diseases in the United States. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627. Fac: Christine Kerns, BA, RN. The incidence of Tick-Borne Disease has skyrocketed, learn the reasons for this increase and the identifying signs and symptoms and treatment approaches. Fee: \$25.00. Contact Hours: 2.0.

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