As we begin a new year and think about what the Colorado Nurses Foundation (CNF) should be considering during this year in addition to our ongoing activities and programs I was prompted to review the organization’s Strategic Initiatives for 2010-2015 that were announced in April 2010. This strategic document has guided CNF’s decision making, strategic thinking and planning since it was announced. Below is a portion of that announcement.

REFRAMING THE PROFESSION OF NURSING:

Professional Engagement of Nurses

The Colorado Nurses Foundation (CNF) is pleased to announce plans for programmatic activities that will provide the knowledge, the understanding, and the tools for nurses at all levels to be able to fully engage as a member of the profession. We believe that “professional engagement” is an essential role component equal to the role of competent direct care provider. Professional Engagement of individual nurses is essential for the profession to truly actualize its potential to be a key member and leader in the interprofessional model of health care of the 21st century.

The proposed elements for this initiative are summarized below.

Part I: Rebuilding From Within

Engagement of Professional Nurses: Stewardship, Advocacy, and Citizenship

Part II: Connecting with the Outside

Engagement in the Community: Public Relations, Image, and Communication with Media

Part III: Challenging the Professional Practice Environment

Support of innovation in Health Care

Part IV: Recognition of Professional and Community Engagement

Continue a Statewide Recognition Event

Furthermore, another significant document was announced and published in October 2010: The Institute of Medicine Report: The Future of Nursing, Leading Change, Advancing Health. This report also supported and helped guide CNF in the implementation of some of the elements in our Strategic Initiatives. In addition, CNF has and continues to support the work of the Colorado Action Coalition, a collaborative group of nursing and health care organizations in the state dedicated to implementation of the IOM Report recommendations.
Executive Director’s Column

There Is No “I” in Team

Executive Director Updates: Colleen Casper, RN, MS, DNP

The shifting regulatory and business rules are changing every day in our care delivery system. We are continuously challenged to keep ourselves current, calm, and optimistic about our work and the future of our work. One of these changing dynamics is that of the priority for team based care.

Registered Nurses (RNs) have long served in the role of coordinating the efforts of multiple disciplines in a manner that best serves patients and families. Real examples of this have been demonstrated by the RN role in hospitals, home care, and rehabilitation services, as a few clear examples. An Institute of Medicine (2012) report on effective team based care describes healthcare examples. An Institute of Medicine (2012) report demonstrated by the RN role in hospitals, home disciplines in a manner that best serves patients the role of coordinating the efforts of multiple care.

As we at Colorado Nurses Association proceed through the 2015 Legislative session, we look forward to many collaborative relationships in support of Colorado’s already transformation in health care delivery models! Join us in that work!

Treat substance use like the healthcare issue it is.

Risky use of alcohol and other drugs contributes to more than 70 medical conditions, and leads to expensive, long-term health problems. Having a conversation about substance use only takes a few minutes, but can make a difference in a patient’s life. Call 303-369-0039 x245 or visit www.coloradohealthcolorado.org to learn more about substance use screening, brief intervention, and referral to treatment (SBIRT) education and training opportunities.
Ratcliff, RN, of Florissant, Colorado, a licensed appointment of two new members to the State Board and Program Staffing website for reference and general clarification. A review by the State Board of Nursing these FAQs concerning articulated plans. After completion of the last several months the Board’s Advance review of articulated plans for compliance. Over having occurred in 2013. During the audit a this takes place every two years, with the last Board Activity

In December 2014, the Colorado State Board of Nursing held two Open Forum Stakeholder Webinars inviting in particular, the education and professional nursing community to participate in reviewing the full body of the Chapter 2 Rules and Regulations for Approval of Nursing Education Programs; and to express their concerns, suggested revisions, and other comments. The webinars were well attended with good participation from a number of nursing education program representatives and professional nurse associations.

Stakeholders who may not have been able to attend the webinars or who have additional comments or suggestions can still contribute up through February 17, 2015. After this time, the stakeholder input will be presented in a consolidated format to the full Board for additional discussion and consideration of future rulemaking. Please provide your comments and proposed changes to the current Chapter 2 Board Rules in writing to the attention of Beth Glenn, Administrative Manager, State Board of Nursing, 1560 Broadway, Ste. 1350, Denver, CO 80202; email address to elizabeth.glenn@state.co.us; fax 303-894-2821 by this February date. To view the current Chapter 2 and other Board rules, you may access through the State Board of Nursing at www.dora.state.co.us/nursing.

In addition, Prescriptive Authority Audits are once again upon us. By statute this takes place every two years, with the last having occurred in 2013. During the audit a number of advanced practice nurses with full prescriptive authority are randomly selected for review of articulated plans for compliance. Over the last several months the Board’s Advance Practice Advisory Committee has been working on “Frequently Asked Questions” or FAQ’s concerning prescriptive authority. After completion of a review by the State Board of Nursing these FAQs will be released on the Board of Nursing’s public website for reference and general clarification.

Board and Program Staffing

The Board and Program are delighted to announce Colleen Hickey, RN, of Livonia, Colorado, a licensed professional nurse engaged in home health care; and Valinda Goodman, of Arvada, Colorado, a public member representative.

Valinda Goodman brings a public perspective to the Board and nursing regulation. She has worked in all areas of various child care programs as her passion, education and experience is in the field of Early Childhood Education. Ms. Goodman’s experience includes being an adjunct community college instructor of Early Childhood Education. She currently is the Education Director for the Goddard School of Lakewood.

Both are appointed to their first term which will run up to July 1, 2018. The Board of Nursing and the Program are excited about Ms. Ratcliff and Ms. Goodman joining the State Board of Nursing giving the depth and scope of their respective professional experience and education. The Colorado Board of Nursing is looking for qualified advanced practice nurses (with prescriptive authority) who practice pain management, to perform reviews of Colorado Nurse practice. Nurses are responsible under administrative investigation for allegations of substandard practice. As an independent nursing “consultant,” the management of nursing practice would be required to review all available case documentation and then provide a written professional report to the Board. In exchange for a qualified pain management reviewer’s time and expertise, financial compensation is offered. For more detailed information, please contact Investigator Martha Mesch, Colorado Department of Regulatory Agencies/Division of Professions and Occupations at 303-894-7703 or via email to martha.mesch@state.co.us

Board of Nursing Website

Please be sure to check the Board of Nursing webpage at www.dora.state.co.us/nursing for the latest information relating to the Board of Nursing, and to your professional license.

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The Colorado Nurse Association and the American Association of Nurse Attorneys Jerry Spence Trial Lawyers College

The Center will be hosting a “40 Under 40” event to recognize 40 emerging Colorado nurse leaders. Please send your nominations ASAP to Susan Moye at Susan@ColoradoNursingCenter.org

Expand your clinical teaching skill set! The Center’s next Clinical Scholar training class will be July 20-30, 2015. This popular workshop will increase your clinical teaching skills and help educate the next generation of Colorado nurses.

For more information, see www.ColoradoNursingCenter.org or contact us at info@ColoradoNursingCenter.org

The Colorado Nurse Association Approval Board Updates

The Colorado Nurse Association Approval Board recently appointed Colleen Casper, RN, MS, DNP as Nurse Peer Review Leader. Dr. Casper will serve in this position until March 2015, at which time the Western States Multi-State (WSMSD) consolidation of Accredited Nurse Approver Unit will be live and then Colorado Nurse Peer Review Leader and Approval Board will work in collaboration with the WSMSD. We have already realized economies of scale with this consolidation and the Colorado team continues to be active in the ongoing evolution.

A transition of staff requests for renewals and annual reports have been delayed. We are going to adjust due dates for both renewals and annual reports in accordance with our transition timeline. Approved providers and Individual providers will be receiving letters by January 31, 2015. We are actively accepting and reviewing all renewal applications that were submitted within our standard 90 day timeline. For more information, please check www.coloradanurses.org and the Education tab.

We currently have an active committee of six (6) and we are interested in growing our approval board members to support the upcoming renewals in 2015. If you are a CNA member, with a BSN with interest and/or experience educational activities, please contact Colleen Casper at colleen@coloradonurses.org for more information.

Thank you.
This group is facilitated by the Colorado Center for Nursing Excellence. Over the last four years, CNF has made modifications to most all of our current activities. The criteria for the statewide recognition of nurses in CO were modified to honor nurses in the areas of leadership, innovation and advocacy. The grant program made extraordinary efforts to approve activities that were within the framework of both the CNF Initiatives and the IOM report on the Future of Nursing. Lastly, the CNF scholarship program considered the IOM goals for the future of nursing education to set annual criteria for nursing student scholarship awards.

As for 2015, it is my hope that CNF can not only continue current activities but also look to the future and determine programs that will address more specifically Rebuilding From Within: Engagement of Professional Nurses - Stewardship, Advocacy, and Citizenship and Connecting with the Outside: Engagement in the Community: Public Relations, Image, and Communication with Media.

Thanks for reading about the Colorado Nurses Foundation. I welcome comments and suggestions about the content of this column. They can be submitted to the Editorial staff of the Colorado Nurse.
The Nurse-Physician Advisory Taskforce for Colorado Healthcare (NPATCH) is honored to have convened the first Colorado Quad-Regulator Conference on September 27, 2013. The conference was the first of its kind at the state level, bringing together members of the Nursing, Medical, Pharmacy, and Dental Boards to discuss the common issues that confront these major prescribing boards.

With increasing overlap in the regulation of healthcare professions, from networks of care providers, discipline cases that touch an entire team, or rules and policies drafted to impact similar behaviors, the exchange among healthcare boards is becoming increasingly important.

The specific issue the Colorado boards tackled at this first Quad-Regulator Conference was prescription drug abuse. The conference convened to:

- Educate about prescription drug abuse, including the Governor’s Strategic Plan to Reduce Prescription Drug Abuse,
- Discuss the roles, activities, and policies of regulatory boards to help address this issue, and
- Explore other areas to improve healthcare in Colorado

The conference was modeled after the “Tri-Regulator Symposium” attended by program directors for the Nursing, Medical, and Pharmacy Boards in October 2012. The Symposium was jointly held by the National Council of the State Boards of Nursing, the Federation of State Medical Boards, and the National Association of Boards of Pharmacy. The Symposium offered a forum for program directors from many states to collectively discuss issues relating to licensing, discipline, and administration of programs.

NPATCH enthusiastically took on the charge of leading this collaborative, regulatory state conference. While NPATCH’s statute specifically refers to practices of nursing and medicine, the group is inclusive, interpreting its mission to improve healthcare and to tackle inter-professional issues broadly. In support of NPATCH’s mission and Governor Hickenlooper’s Strategic Plan to Reduce Prescription Drug Abuse, NPATCH focused this conference to educate the attending boards and facilitate cross-board discussions.

Dr. Richard Dart, an expert on drug abuse and accomplished speaker, provided an overview of the problem. The conference provided the opportunity for boards to work across disciplines and consider draft policies or rules that might impact prescription drug misuse and abuse. The Boards concluded by identifying consumer issues that are affected by the team-based delivery of healthcare and that would benefit from Quad-Regulator collaboration moving forward.

Approximately 60 people participated in the conference, mostly comprised of board members. Staff from the Department of Regulatory Agencies (DORA), which houses all four boards and the taskforce, as well as key directors from other state agencies also attended. NPATCH members facilitated the break-out groups consisting of representatives from each primary prescribing board. With team-based healthcare figuring prominently into Colorado’s future, these sorts of inter-professional discussions are more important than ever.

NPATCH is housed in the Colorado Department of Regulatory Agencies. The purpose of NPATCH is to promote public safety and improve healthcare in Colorado by supporting collaboration and communication between the practices of nursing and medicine, and addressing issues of mutual concern at the interface of these practices.

NPATCH is comprised of five nurses (one representative from the Board of Nursing), five physicians (one representative from the Colorado Medical Board) and two consumer members. The taskforce is ready to thoughtfully discuss issues that cross disciplines, and create solutions for policymakers. The members represent their professions articulately and passionately, while working together to find workable solutions. NPATCH looks forward to assisting state agencies and other organizations with creative healthcare recommendations.
What are the Eight Dimensions of Wellness in Your Life?

It’s that time of year when many of us make resolutions to better our health. Often, this focuses on the physical aspects our health; diet, exercise, and nutrition. Wellness means overall well-being. It incorporates the mental, physical, occupational, intellectual, and spiritual aspects of a person’s life. Each aspect of wellness can affect overall quality of life, so it is important to consider all aspects of health. This is especially important for people with mental health and substance use conditions because wellness directly relates to the quality and longevity of your life.

That’s why SAMHSA’s Wellness Initiative encourages you to incorporate the Eight Dimensions of Wellness in your life.²

**Emotional** – Coping effectively with life and creating satisfying relationships

**Environmental** – Good health by occupying pleasant, stimulating environments that support well-being

**Financial** – Satisfaction with current and future financial situations

**Intellectual** – Recognizing creative abilities and finding ways to expand knowledge and skills

**Occupational** – Personal satisfaction and enrichment from one’s work

**Physical** – Recognizing the need for physical activity, healthy foods and sleep

**Social** – Developing a sense of connection, belonging, and a well-developed support system

**Spiritual** – Expanding our sense of purpose and meaning in life

Why Wellness Matters for People with Mental Health and Substance Use Conditions

Poverty, Social Isolation, and Trauma

People with behavioral health problems often live in poverty and experience social isolation and trauma, which can lead to higher levels of stress and/or reduce access to quality primary care services that can help prevent and manage these deadly conditions.

**Tobacco**

75% percent of individuals with behavioral health problems smoke cigarettes as compared to 23% of the general population.¹ Half of all deaths from smoking occur among patients with mental or substance use disorders. Every year, smoking kills about 200,000 people who live with mental illnesses.

**Obesity**

Obesity is frequently accompanied by depression and the two can trigger and influence each other.¹ In fact, a study of obese people with binge eating problems found that 51% also had a history of major depression.

**Medication Side Effects**

The high prevalence of CVD risk factors can be explained in part by unfavorable psychiatric medication side effects—particularly on increased metabolic risk factors for CVD.³⁴ Weight gain from medication treatment of schizophrenia and affective disorders is a well-established side effect of antipsychotics affecting between 15 to 72% of people taking the medicines.

For people with mental health and substance use conditions, wellness is not the absence of disease, illness or stress, but the presence of purpose in life, active involvement in satisfying activity, healthy foods and sleep.

**Other Substance Use – Alcohol and Drugs**

Heavy and binge drinking is associated with numerous health problems, including: damage to liver cells, inflammation of the pancreas, various cancers, high blood pressure, and psychological disorders.⁵

**Lack of Access to Quality Healthcare**

People with behavioral health problems lack health insurance coverage at far higher rates than the general population. Due in part to the lack of provider knowledge in working with these populations, people with behavioral health problems often receive a poorer quality of healthcare.

Achieving health and wellness calls for an integrated focus on both the mind and the body. In addition to the difficulties presented by mental and/or substance use disorders, individuals with behavioral health conditions often face other health challenges that impact their wellness.

There are effective tools and interventions designed to prevent and intervene early to avoid illness and promote healthy lifestyle behaviors and overall wellness. SAMHSA works to ensure that individuals who are at high risk for or have a mental and/or substance use disorder have access to and receive appropriate behavioral health services as well as primary health care services to prevent and treat other medical conditions and to maintain health and wellness.

Peer Assistance is a regular column in The Colorado Nurse provided by Peer Assistance Services, Inc. PAS contracts with the Colorado Board of Nursing to provide the statewide Nursing Peer Health Assistance Program. For more information please go to our website PeerAssistanceServices.org or call 1 800.369.0039. We invite your comments and suggestions for future article content: email info@peerassist.org

Adapted from www.samhsa.gov/wellness


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time the consumer population is expanding by the thousands; nursing educators and practitioners are aging out of the workforce in record numbers. All registered nurses need to be able to function to the full extent of their practice authority if we are going to be able to meet the needs of healthcare consumers in Colorado now and in the future.

Being able to practice to the full extent of our knowledge, skills and abilities can be easier said than done. Scope of nursing practice (SOP) is a complex topic with multiple determinants. The most recent definition of nursing from the American Nurses Association (ANA) is the basis for all scope of practice discussions. Nursing is the protection, promotion and optimization of health and abilities, prevention of illness and injury, alleviation of suffering through the diagnosis and treatment of human response, and advocacy in the care of individuals, families, communities and populations (ANA Social Policy Statement, 2010). The scope of practice of professional nurses considers: standards of practice, code of ethics, specialty certification; nurse practice acts with their rules and regulations; institutional policies and procedures; self-determination; and evidence, safety, quality and risk management concerns. In other words, the Colorado Board of Nursing, employers, state agencies, community standards and liability insurance carriers all influence what activities are considered to be within the scope of practice for registered nurses (RNs) and advanced practice registered nurses (APRNs).

We currently have a number of regulatory and legislative barriers that prevent RNs and APRNs from being able to practice to their legal scope of authority. For example, the mental health statute or the substance use statutes in Colorado do not permit registered nurses to place persons on mental health holds or to initiate alcohol or substance use emergency commitments. Advanced practice registered nurses with a specialty in psychiatric nursing are allowed to place persons on mental health holds and use emergency commitments. These barriers to our scope of practice are not based in the Colorado nurse practice act or the competencies of behavioral health RNs and APRNs. The mental health, alcohol use and substance use statutes and regulations themselves restrict nursing scope of practice and subsequently limit consumer access to quality, cost effective mental health and substance use care.

Another barrier to APRNs in Colorado is the current requirements to achieve full prescriptive authority. Currently, APRNs seeking prescriptive authority are required to complete 1800 hours of practice with a physician preceptor before they can apply for prescriptive authority. After completing the first 1800 hours, the APRNs then must complete another 1800 hours of mentored practice, again with a licensed physician. Once the second 1800 hours are completed, the physician mentor attests that the period is completed and the APRN establishes a written plan (also known as an articulated plan) to specify their future safe prescribing practices. The Nurse Physician Advisory Task Force for Colorado Healthcare (NPATCH) has recommended to the Department of Regulatory Agencies that these requirements be changed to remove the requirement for the first 1800 hours, allow APRNs to be mentors and to reduce the second 1800 hours to 1000 hours among other changes. Hopefully these changes in combination will encourage more APRN graduates to remain in Colorado and thus improve access to primary and specialty healthcare. CNA employees and volunteers have been actively engaged in meetings with nursing organizations and other stakeholders regarding this issue for the past year. CNA supports the NPATCH recommendations to remove current barriers to APRNs earning prescriptive authority in Colorado. If you believe as I do that all Coloradans deserve access to high quality, cost effective healthcare, please join your colleagues and mentors by completing an online application at www.nursingworld.org or download an application from www.coloradonurses.org today. I look forward to working with you to improve access to care and remove barriers to nursing scope of practice in Colorado very soon!
DNA 2 Updates

We welcome the members from DNA 8 who have transferred to DNA 2. We are always here and as a member of CNA, and DNA 2, you are welcome to any District meeting in Colorado.

DNA#3
Anne Zobec, Board Member
W 719-667-6942
Cell 719-351-4268

DNA 3 held a Holiday Party at the home of Marilyn Russo in December. We had several new members present.

We are planning a program about health care reform in February.

Many ideas have been explored about how to get our student nurses involved and how we might help them during their school year.

DNA 6 (San Luis Valley)
Respectfully submitted,
Charlotte Ledonne, RN, BSN, MA, LPC
President DNA 6
December, 2014

DNA 6 (San Luis Valley) is gearing up to assist the Colorado Student Nurses Association, Adams State University and Trinidad State Junior College Nursing Departments in planning hosting the statewide CSNA meeting to be held at Adams State University on Saturday, February 28, 2015 in Alamosa. We invite nursing students from all districts to attend the meeting. It won’t be all academic! Some fun and games are planned too.

District 7 News and Activities

In early October 2014 district 7 hosted an open house at the Strater Hotel in Durango. Guest speakers included the new executive director of the Colorado Nurses Association Dr. Colleen Casper and expert medical billing Coder Laura L. Spencer Wagner of Summit Ridge Medical Billing and Coding.

An overview of the statewide conference and legislative concerns was addressed by Dr. Casper. Laura Spencer provided a description of her billing service which is poised to support and assist nurses who are providing billable services from a variety of payers. A review of local members activities in the community and networking with refreshments provided by the Strater ensued. At the member meeting officers discussed and identified possible objectives for the upcoming 2015 year and a tentative strategic plan and goals were brought forth. Outreach and membership were priorities identified as well as access to meetings for varied rural nurses residing in the outlying counties.

In early December, our district met for the annual holiday potluck and networking. This event was hosted by member Carol Connelly. The group gathered for delicious homemade and other holiday foods and to participate in the annual circle of sharing which highlights the accomplishments and talents of nurses in our area. Of note, two members will be also serving on the statewide CNA board: Nora Fluke and Terry Schumaker. A brief summary report of minutes and finances was provided by Terry and fall conference activities. A follow up strategic planning meeting and election of officer’s results was held. Realistic goals and strategies for 2015 were brought forward. Continued use of technology to update our e-mail list and outreach to members broadly and nursing students

District & Committee Reports continued on page 9
was discussed. An online needs assessment specifically designed for our area was suggested for early 2015 to continue to assure responsiveness to member needs.

We will continue to meet every other month at convenient locations and times throughout our region. Our district welcomes all nurses to meetings including students. DNA 7 offers networking, local updates and a variety of nursing opportunities and enrichments to nurses in the four corners area of our state. To be added to the updated current e-mail list or for further information or opportunities to participate please contact; Terry Schumaker @ terry@schumaker.com or by phone at 970-769-0286.

DNA 9 Update

This past fall the CNA Board of Directors accepted a request from DNA 8 leadership to dissolve DNA 8. We do so with every intention to keep current DNA 8 members active and engaged with CNA state-wide board member activities. As a result of this decision, we have sent notice to each and every DNA 8 member and requested your preference for District assignment. If you have not received this notice, please contact Colleen@ColoradoNurses.org at your earliest convenience. CNA Board of Directors have prioritized our commitment to district and regional activities. We look forward to working with all of you to reconfigure your networks in ways that are most effective for you.

DNA 9

Vicki Carroll – Secretary, DNA 9

DNA 9 Fall Meeting: On October 15, 2014, DNA 9 members met at Value Plastics in Fort Collins for a business meeting, and a Focus Group with members of the Global Market Development Unit. Officers for 2015 will remain the same in 2015: Janie Arndt – President, Janie Koeckeritz – Treasurer, and Vicki Carroll – Secretary. Janie was presented with a floral arrangement, and Thanks to the updated current e-mail list or for further information or opportunities to participate please contact; Terry Schumaker @ terry@schumaker.com or by phone at 970-769-0286.

DNA 20 – West Metro Area

Submitted by Norma Tubman RN, MScN, NE-BC, Board Member at Large

DNA 20 closed out 2014 with 15 members attending a holiday potluck at Norma Tubman’s home. At the potluck, food was collected for Mountain Resource Center, Conifer and toiletries for The Action Center, Lakewood to promote healthy living through cleanliness initiative. In December, the Colorado Nurses Foundation Scholarship Committee awarded the $1,000 DNA 20 2015 Scholarship to Arvada resident Sharon Krasovich. Sharon is a second year, post-graduate student in the Family Nurse Practitioner Program at Regis University and is employed part-time at Kaiser Permanente Lakewood Clinic.

At its January meeting, members were introduced to a new treatment protocol for the management of frostbite. Linda Slaubli, RN, BSN, CCRN, Clinical Nurse Educator, Burn Trauma ICU, University of Colorado Hospital, presented on the importance, process and outcomes of implementation of t-PA to reduce the incidence of amputation associated with severe frostbite through collaboration of a multidisciplinary team of MDs, RNs, PT/OTs and pharmacists. In February, Jennifer Place, MA, LPC, CAC 111, a Case Manager for Peer Health Assistance Program, spoke on the RN Program that provides comprehensive services to RNs and LPNs experiencing physical, emotional, psychological or substance problems.

DNA 20 members continue their involvement in professional activities outside their work. Linda Stroup presented the findings of her dissertation “Nursing as a Career Choice by Hispanic/Latino College Students” at the American Association of Colleges of Nursing Baccalaureate Nursing Education Conference in Baltimore in November. Also in November, Beth Moxley gave a poster presentation “Improving Pre-Operative Screening Turn-Around Times” at the 7th Annual Centura Health Evidence-Based Practice, Research, and Innovation Conference in Denver. She gave the same poster presentation at the St. Anthony Hospital Quality Week in October. Congratulations to Susan Moyer who was elected as CNA Vice President and to Annette Aho who was re-elected as CNA Nominees Coordinating Committee. Annette also deserves kudos for her appointment to the Board of Directors of the Colorado Coalition for the Homeless.

For information on DNA 20 meetings, contact President, Janie Ballantyne at 303-838-1240 or vennerv2n@gmail.com.
DNA 30 Update
Submitted by Eve Hoygaard, DNA-30 Secretary

DNA-30/CSAPN (Colorado Society of Advanced Practice Nurses) has been very busy during recent months. In December, we participated in a joint meeting with DNA-31/CSCSPN (the Colorado Society of Clinical Specialists in Psychiatric Nursing) to address current issues for Advanced Practice Nursing in Colorado. The CNA lobbyist, Nolbert Chavez, provided updates and responded to many questions. Attendees included representing a variety of areas of practice.

Moving forward with CSNA, we hope to become more visible with students and nursing schools from Colorado. We want to be a sound resource for questions about professional development, new career navigation, and anything else that may ensure a rich nursing school experience. We are extremely excited to announce that the fall conference later this year will coincide with the Colorado Nurses Association’s conference. There will be breakout sessions for both experienced nurses and student nurses from all over Colorado. Students are excited about the networking opportunities this event will create. For those of you interested in participating in the joint conference planning committee, contact me at coloradosna@yahoo.com.

We want to be a sound resource for questions about professional development, new career navigation, and anything else that may ensure a rich nursing school experience.

Colorado Student Nurses Association Update

Adam M. Diesi, President CSNA

The Colorado Student Nurses Association (CSNA) just had their fall conference in Greeley, CO on the Campus of The University of Northern Colorado. The overarching theme was “Answering the Call.” The venue, staff, and vendors were so very accommodating and much appreciated. Our upcoming conference, February 28, 2015 is in Alamosa, CO on the campus of Adams State University and the theme will be “Achieving Your Highest Potential” (Adams State Nursing program is the highest altitude nursing school in America). We will be focusing on rural health and its importance in quality patient care. We plan on welcoming Senator Larry Crowder to our event.

We are extremely excited to announce that the fall conference later this year will coincide with the Colorado Nurses Association’s conference. There will be breakout sessions for both experienced nurses and student nurses from all over Colorado. Students are excited about the networking opportunities this event will create. For those of you interested in participating in the joint conference planning committee, contact me at coloradosna@yahoo.com.

Moving forward with CSNA, we hope to become more visible with students and nursing schools from Colorado. We want to be a sound resource for questions about professional development, new career navigation, and anything else that may ensure a rich nursing school experience.

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DNA 31
by Ann Terrill-Torres

DNA 31 Held a member-wide meeting in Denver in early October to revisit the value of continuing as a separate DNA vs. dissolving and encouraging members to join DNA 30. The unanimous decision of members present was to continue as a unique Psychiatric APN voice within the Colorado Nurses Association as a separate district. At this meeting we also decided to expand networking by renaming our monthly “board meetings” to “monthly member meetings” and to include an educational or other event of interest to members within the meeting and to encourage member interest in board participation. In November our new slate of Officers and Directors were nominated and elected using an on-line voting application. 43 Active members participated in the election. Our new Officers and Directors will serve two year terms (January 2015 – December 2016).

Cathi Collins, PMHNP, MS, President
Ruby Martinez, RN, CNS, PhD, Secretary
Laurie Reeder, PMHNP-BC and Deb Collins, PMHNP-BC: Co-Directors of Education
Mary Schuchman, NP, CNS, RN: Director of Ethics Committee
Tanya Sorrell, PhD, APN, PMHNP-BC: Director of Technology
Maureen Doran, APRN: Board Liaison for Students

Continuing their two year terms, ending December 2015 are Donna Strickland, CNS, MSN: Vice President
Laura Mehringer, CNS, RN: Treasurer and Legislative Director
Michael Rice, PhD, APN, RN, FAAN: Membership Director

Our thanks to Nancy Kehiayan who needed to step down as Public Relations Director. She will be missed!

DNA 31 is proud to announce that member Dr. Ruby Martinez was appointed to represent Colorado APNs on the Nurse Physician Advisory Taskforce for Colorado Healthcare (NPATCH). Ruby succeeds Mary Gambelli as a critical voice for APNs in this important group. Congratulations Ruby!

A Friends of Nursing memorial scholarship became available this year for nurses advancing their education in the mental health field. The scholarship is the Dorothy “Dort” Gregg Memorial Scholarship in Psychiatric Nursing. It was established recently by her family and from memorial gifts given in her honor by friends and former students.

Dort (September 14, 1920 – February 22, 1944) was a pioneer in psychiatric nursing in Colorado and the nation. Many knew her as a faculty member at the University of Colorado School of Nursing and from her active role in mental health activities throughout the state. This scholarship will be awarded in April 2015.

American Nurses Association
Ethical Practice
Quality Care
National Nurses Week 2015

Wanted: Full Time IVF Nurse Coordinators

Full time IVF RN nurse coordinators are needed for an innovative fertility and in vitro fertilization (IVF) center in the Denver Metro Area. Join our team of 25 RNs along with Dr. William Schuckert, Elic Syrue, Debra Miranda, Robert Gustafson, and Laarni Ronquillo who provide care for more than 3,500 fertility patients each year.

Four 16 hour days a week and every fourth to sixth weekend.
Two years previous RN experience required.
Background in women's health preferred.
Flexibility is perfect for compassionate RNs who enjoy patient interaction and primary care nursing.

Please send resume to Diane Tindall at 720-873-6225 (FAX) or email dtindall@colorecm.com.

Wanted: Part Time/PRN Surgery Center RN

Part Time/PRN RN wanted for Colorado Center for Reproductive Medicine Surgery Center located at our Lone Tree, Colorado location.

OR/PAUCU experience required.
Some weekend and holiday shifts required, based on committed work hours.

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Surgery Center applicants - please email ashreeve@colorecm.com.

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Colorado Center for Reproductive Medicine
Making Dreams Conceivable
Future healthcare expansion of the Affordable Care Act (ACA) hopes to provide needed healthcare services for millions of currently uninsured Americans, but advocacy, policy, and practice barriers stand in the way of achieving important patient care initiatives. For nearly two decades, advanced practice registered nurses (APRNs) have been authorized (as permitted by state law) to order Durable Medical Equipment (DME), such as oxygen, home blood glucose monitors, nebulizers, wheelchairs and accessories, hospital beds, air mattresses to prevent pressure ulcers, and equipment needed to safely transfer patients. However, as a result of the ACA, APRNs may soon require a physician’s co-signature for ordering DME. According to the American Nurses Association (ANA), The Centers for Medicare and Medicaid Services (CMS) has delayed this requirement twice. The passing of House bill H.R. 3833 would remedy such an illogical burden, and has been included in the House Ways & Means Committee draft legislation, Protecting Integrity in Medicare Act of 2014 (PIMA). The ANA urges support of H.R. 3833 and encourages The Ways & Means Committee members and the full House of Representatives to pass PIMA. Please call Congress to demonstrate support of H.R. 3833.

The Colorado Nurses Association, Colorado’s principal professional organization for nurses, with the leadership of Executive Director, Colleen Casper, RN, MS, DNP, has been instrumental in allowing the voices of advanced practice registered nurses (APRNs) to be heard regarding practice barriers for ordering home health services and escalating healthcare costs. April Canter, Associate Director of the American Nurses Association (ANA), reports that as the demands for home care increases, qualified providers decrease. With the combined shortage of primary care providers and current legislative barriers preventing APRNs from practicing to their fullest potential, the successful implementation of healthcare initiatives, as outlined by the ACA, remain uncertain at best. The ordering of home health services is within the practice scope of APRNs, which current legislation does not reflect. House bill H.R. 2504 has the potential to improve the health care delivery system in the United States, but Washington has failed to recognize the significance of this bill moving forward.

The enactment of H.R. 2504: Home Health Care Improvement Act of 2013, would amend title XVIII (Medicare) of the Social Security Act, and allow APRNs to certify the face-to-face encounter in lieu of the current physician certification mandate (Govtrack.us, 2014). Without expedited home care services, patients are taken out of their homes and placed in expensive institutional settings. A recent study by Dobson DaVanzo and Associates has determined the enactment of H.R. 2504 will have a 10-year Estimate (2011-2020) savings of $273.1 million, a fiscal benefit which is being ignored (ANA, 2014). The ANA and the American Academy of Nurse Practitioners (AANP) strongly support the enactment of the Home Health Care Improvement Act of 2013, and have been instrumental in their legislative efforts to educate and lobby on behalf of this crucial bill. According to Govtrack.us (2014) H.R. 2504 has a 3% chance of getting past committee assignments and a 1% chance of being enacted. Bipartisan legislation co-sponsoring H.R. 2504 continues to grow support across our great state. As of November 18, 2014, Govtrack.us (2014), reported the following representatives/co-sponsors from the following districts in the State of Colorado include:

- Jared Polis, D-CO2
- Scott Tipton, R-CO3
- Cory Gardner, R-CO4, and recently elected for Senate
- Mike Coffman, R-CO6
- Ed Perlmutter, D-CO7

Please demonstrate your support of H.R. 2504 moving forward to amend title XVIII (Medicare) of the Social Security Act by signing the petition on Facebook, which is located at:


Also, please visit Govtrack.us website at: https://www.govtrack.us/congress/bills/113/hr2504 and click on Call Congress to support H.R. 2504, a logical and fiscal solution to the timely provision of home health services. Is your Colorado State Representative a co-sponsor of H.R. 2504?

References


JOIN CNA TODAY!
See pages 18 & 19 for the application
Joyful Every Day

Sit down with Mabel Cotton, wise beyond her octogenarian years, and ask her one question. “Can you share a couple of stories that nurses would love to hear?” And get ready for a ride!

Mabel was born during the Prohibition Years of 1920 on the Powder River Ranch near Miles City, Montana. Her Papa was a sheep rancher struggling to defy drought and lost crops during the Great Depression. He expected Mabel and her older brother, both pre-teens, to serve as sheepherders in the Summer. Each would have their own band of sheep.

Accompanied by her horse, “a good ole guy,” and her collie dog, she exemplified the epitome of “Outward Bound” – free to commune with nature and the wide open spaces of the Big Sky Country day and night for a month at a time. Sometimes she rode in for dinner at noon and often Papa brought lunch out to her when he made rounds in the evenings. Before bedtime, guttery sacks laden with kerosene were placed in a circle around the sheep to keep the coyotes from getting to the precious stock left to her watch. She slept alone in a treepee after shaking her bedroll out to make sure there were no rattlesnakes curled up in it with her! (Just a couple of good stories, Mabel, please not a thriller novel!) She covets to this day a check in the amount of $10 that she received from her Papa for one Summer’s work.

With the outbreak of World War II, the U.S. Cadet Nurse Corps, with the tagline of “Enlist in a PROUD Profession: Train as a Nurse” (http://usacedtnurse.org/), offered Mabel the opportunity to go to nurses’ training with all expenses paid. She enrolled in the Holy Rosary Catholic Hospital School of Nursing where each of their three children were born, bulldozed and later rebuilt.

Mabel and Jack’s life took them to three states, Kansas but her first month clinical rotation in either Mental Health or Pediatrics. Mabel chose a pediatric rotation at the Gillette State Children’s Hospital (http://www.gillettechildrens.org/AboutUs/History/) in St. Paul, Minnesota. Established in 1887 by a young orthopedic surgeon by the name of Arthur Gillette, the hospital became the country’s first for children with special needs. She stated that Mabel had the distinct fortune of accompanying the avant-garde Sister Elizabeth Kenny on rounds to assess children afflicted with polio (http://ucel.blogs.ucla.edu/2013/12/26/a-nurse-gains-fame-in-the-days-of-polio/). Neither a religious sister nor an accredited nurse, Sister Kenny was a person long before her time. She was adament that treatments such as the use of hot compresses and passive range of motion to keep muscles from contracting were essential to patients’ recovery from polio. After being shunned in her home country of Australia and England, her now world-famous work found wide acceptance in the 1940s and 50s in the United States (https://en.wikipedia.org/wiki/Eлизabeth_Kenny).

With a diploma from Holy Rosary Catholic Hospital School of Nursing in Miles City, Montana, her Papa was a sheep rancher struggling to defy drought and lost crops during the Great Depression. He expected Mabel and her older brother, both pre-teens, to serve as sheepherders in the Summer. Each would have their own band of sheep.

Mabel and Jack’s life took them to three states, where each of their three children were born, before settling in Alamosa, Colorado in 1960. Upon moving to a new community, she was always touched so many lives. As a finale, she declared, “My life turned out pretty good for a sheepherder!”

Based on an interview with Mabel Cotton on June 26, 2014 by Susan Feldman Foster

Reference:

CAMP NURSE POSITION. Come spend a rewarding summer as a camp nurse at Cheley Colorado Camps in the beautiful Rocky Mountains of Estes Park, Colorado. Dates are June 7th-Aug 10th. Benefits include room and board, wages, travel stipend, camperships, and crisp mountain air. Call us 1-800-CAMPFUN, or visit our website at www.chele.com to apply online.

High Peaks Camp is recruiting!!! We have an open camp nurse position for the 2015 summer camping season. Nurse responsibilities include providing medical care to sick and injured personnel and campers. Supervising medical care providers and administering medications as prescribed by physicians. Must have a current medication administration license. For more information, please contact ryan@salvationary.org.

We are a traditional co-ed, residential, summer camp in beautiful North East Pennsylvania. We offer an 8 week experience of a lifetime. We have a beautiful setting, great staff community and an 8 week experience of a lifetime. To inquire about joining the IHC team, please contact: Lauren@indianhead.com • 914 345 2155 www.indianhead.com

Rn NURSE JOBS! GENEVA GLEN CAMP IN IINDIAN HILLS, Colorado, needs a NURSE for the 2015 Summer: June 7-August 15. GENEVA GLEN has an excellent reputation and rich heritage. ACA accredited. Compensation includes $6,000 salary, travel allowance of $300, insurance, room and board, beautiful new health center facility, participation in camp life including horseback riding, swimming, hiking—ideal Colorado climate, healthful working environment (Indian Hill’s is near Red Rocks). Nurse graduates welcomed! Contact: Ken or Nancy Atkinson, Directors, P.O. Box 248, Indian Hills, CO 80454, (303) 697-4621. Email: ken@genevaglen.org. Apply online at www.genevaglen.org

RN: CAMP NURSE GENEVA GLEN CAMP IN IINDIAN HILLS, Colorado, needs a CAMP NURSE for the 2015 Summer: June 7-August 15. GENEVA GLEN has an excellent reputation and rich heritage. ACA accredited. Compensation includes $6,000 salary, travel allowance of $300, insurance, room and board, beautiful new health center facility, participation in camp life including horseback riding, swimming, hiking—ideal Colorado climate, healthful working environment (Indian Hill’s is near Red Rocks). Nurse graduates welcomed! Contact: Ken or Nancy Atkinson, Directors, P.O. Box 248, Indian Hills, CO 80454, (303) 697-4621. Email: ken@genevaglen.org. Apply online at www.genevaglen.org

MAINE – SUMMER NURSE JOBS! Premier coed Maine camp seeks Nurse Manager, Charge Nurses, RNs, LPNs, Top salaries, travel allowance, room and board. www.camplaurel.com; or visit our website at www.camplaurel.com

This is the ultimate awesome answer to “What did you do this summer?” Join the Roundup River Ranch Medical Team. Our campers are kids with serious illnesses. Experienced pediatric nurses like you make life-changing experiences possible for these kids. And you, there’s a good chance you’ll have the time of your life while you’re here too. Join us as a mentor or a nurse staff nurse in 2015. As we like to say at camp, “The place the memories are made.” To learn more, email us at info@hruep.org or call (918) 544 5272 or visit www.hrupep.com

Top salaries, travel allowance, room and board. www.camplaurel.com; or visit our website at www.camplaurel.com

We offer a beautiful setting, great staff community and an 8 week experience of a lifetime. To inquire about joining the IHC team, please contact: Lauren@indianhead.com • 914 345 2155 www.indianhead.com

CAMP NURSE PosITIoN. Come spend a rewarding summer as a camp nurse at Cheley Colorado Camps in the beautiful Rocky Mountains of Estes Park, Colorado. Dates are June 7th-Aug 10th. Benefits include room and board, wages, travel stipend, camperships, and crisp mountain air. Call us 1-800-CAMPFUN, or visit our website at www.chele.com to apply online.

Summer Camp RNs or NPs
Vermon of girls overnight camp on Lake Champlain seeks RN or NP with strong assessment and interpersonal skill, as well as caring demeanor, to join our health center staff. Great location and atmosphere was recently renovated. Our 89th season. Details 1-800-246-1958. Email bill@brownledge.org

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As a community partner since 1922, Cedar Springs Hospital was the first free standing psychiatric hospital dedicated to the provision of specialized behavioral health care in the Rocky Mountain Region.

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Members and guests of FON gathered at Valley Country Club on December 12, 2014 to celebrate the holidays and raise funds for their nursing scholarships. A festive scene greeted all as they entered the dining room and delicious appetizers and a meal of salmon and fillet followed cocktails. The dessert was luscious Chocolate Marquis (chocolate mousse, grand mariner and sponge cake). Derry O’Leary entertained with his holiday piano music and a sing-a-long of familiar carols and Christmas songs. The event’s Co-Chairs were Terry Biddinger and Steve Edmonds. A spirited silent auction was chaired by Judy Robinson. Once again Jan Jaraus, a beautiful Christmas afghan was a hit. The event’s sponsors were Triple B and Valley Country Club. We are grateful to all who attended and/or donated. Proceeds from the event will be used to fund 2015 scholarships.

Scholarship applications are now being reviewed for awards to be made on April 18, 2015.

Our Readers Speak

Embracing Diversity in Nursing

Terry Schumaker, RN, DNP, APRN-BC

At our recent state membership assembly held in Denver this fall several guest speakers emphasized the importance of professional cohesion and strength in achieving shared goals. They spoke of what is possible in nursing when we compliment efforts. This prompted me to reflect further on the Institute of Medicine (IOM) recommendation for the future of nursing. The report delineates nursing’s need to foster continued emergence into full scope of practice.

Our unique roles and our diversity as nurses in scope of practice, training, education and environments can assist in achieving these IOM recommendations. In our diverse roles we can complement and support each other in the achievement of common purposes and goals. It is we who can pave the way for each other together as the IOM vision becomes realized. How exciting it is that we are and will progressively incorporate the IOM recommendations into our practice settings, despite the many constraints and challenges we face daily.

Examples of the IOM vision in action include many nursing models of care: nurse led clinics to provide high quality access to care for underserved groups, nursing navigation & care coordination; school nursing; chronic care management in primary care and at end of life; homecare and hospice. The opportunities are really endless. In each of these settings although scope of practice vary they complement one another. Look closely at any team of nurses devoted to quality and change and you will see a wide representation of training and appropriate use of scope of practice to deliver results.

Moving into the new-year as a community of nurses you may want to consider how we can increasingly open doors for each other supporting all nurses full scope of practice. To quote Florence Nightingale: “So never lose an opportunity of urging a practical beginning, however small, for it is wonderful how often in such matters the mustard-seed germinates and roots itself.”
In Memory

Eve Hoygaard, MS, RN, WHNP
Vice President, Colorado Nurses Association

The Colorado Nurses Association honors the memory of those who have passed away. Being involved with the work of deceased nurses who lived in, worked in or were educated in Colorado. Sharing these names of and information about these members of our profession is one way that we do this. If you have information about a nurse who has passed away that you would like to acknowledge, please provide us with information (including, as available, their full name, city where they lived/ worked, the school where they obtained their nursing degree and/or area of practice) to Eve Hoygaard (hoygaard@msn.com). We reserve the right to edit material submitted and endeavor to verify all information included in this column. If an error is noted, please advise us and a correction will be published. Your assistance will be greatly appreciated.

We honor the following nurses...

DeYoung, Carol, RN, passed away in December 2014 at the age of 78. A diploma graduate of the West Chester School of Nursing and BSN from Hunter College, New York, she received her MS in Psychiatric and Public Health Nursing at the University of Colorado. Her nursing career included working for the Tri-County Department of Public Health and Environmental Management, the Colorado Department of Health, and the Colorado Department of Social Services. She was a published author within the profession.

Gorski, Virginia, RN, passed away in December 2014 at the age of 95. She was a graduate of St. Mary’s Hospital School of Nursing, Evanston, IN.

Harrison, Janice, RN, passed away in January 2015 at age 84. Her diploma in Nursing was completed at the Vancouver General Hospital, British Columbia, Canada. She later completed a BS degree from San Francisco College for Women, a Masters in Education from San Francisco State University and a MS in Nursing from the University of Colorado School of Nursing.

(Please note that additional information about Clare Sandekian will be included in the next issue of the Colorado Nurse.)

Sandekian, Sura Clare (Green), RN, passed away in January 2015 at age 83. A member of the Dominican Sister of Hope, she earned her RN from Misericordia Hospital and a BS in Allied Health from Colorado Women’s College, Denver. Sister Mary Regis was a nurse with the Dominican Home Health Agency since 1961 including her volunteer work in her later years.

Powell, Robin, RN, a graduate of Presbyterian Hospital School of Nursing, Denver died in December 2014 at age 87.

Roll, Daisy Rozanne, RN. A retired RN, she passed away in December 2014 at age 79.

Sanfellow, Janet, RN, passed away in November 2014 at age 81.

Sanderman, Sharon, RN, passed away in December 2014 at age 87, A 1965 graduate of the Royal Alexandra School of Nursing in Canada, her career included working in orthopedics.

Smart, Helen “Jane,” RN, passed away in December 2014 at age 87. She was a graduate of Muhlenberg Hospital School of Nursing. Her career included working in Denver for 20 years in a skilled nursing facility.

Yarno, Janet, RN, passed away in November 2014 at age 79. Her career included work first in pediatrics and later in the area of geriatrics. Nursing was her passion.

and, a correction... in the prior issue of the Colorado Nurse Memorial Column, there was an omission of information that we would like to correct:

Oestereicher-Jones, Patricia Ann Cooke, RN, passed away in August 2014 at the age of 80. She was a 1955 graduate of Mercy Hospital School of Nursing, Denver. Following her graduation, she was employed for 39 years as a RN at Mercy Hospital until her retirement in 1994. On two occasions, she was selected by and honored by her peers as “Mercy’s Nurse of the Year.”

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For more information about available opportunities, please visit jobs.usu.edu.

Joshua S. Zucker, MS, FNP-BC/GNP-C is now serving as an advisor to the Colorado Department of Public Health and Environment Long Term Care Facilities Regulations review and revisions program. He is a Past President and active member of DNA-30/CSAPN. He has over 10 years experience as a NP in Long Term Care Facilities and Geriatric Care.

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Joshua S. Zucker, MS, FNP-BC/GNP-C

Professional Nurses who were recipients of the 2015 Healthcare Awards Strength in Health awards include:

Administrative Excellence in Healthcare: Janet Houser, Ph.D., RN, Dean College for Health Professions, Regis University.

Nurse Excellence in Healthcare: Jill Grolux, RN, Case Manager, Colorado Connection for Kids, Denver Health Medical Center

Honorable Mention Award: Nurse Excellence in Healthcare, Bonnie Arritola, RN, Oncology Nurse at Red Rocks Cancer Center

Honorable Mention Award: Nurse Excellence in Healthcare, Mary Watkins, MS, RN, Medical Office Director, Englewood and Hidden Lake Kaiser Permanente


We also congratulate all the other nurses who were nominated for these awards.

Congratulations to Christy Rose, RN, staff nurse at Denver Health Medical Center, Denver. Her article “Choosing the Right Restraint was published in the January 2015 issue of the American Nurse Today in a special section “Focus on ... Safe use of Restraints.”

Congratulations to the National Magnet Nurse of the year 2014, Jacqueline Murray, PhD, BSN, Brain Injury Nursing Program, Coordinator, Children’s Hospital Colorado, Aurora. She was the recipient of the award for Exemplary Processional Practice.

Public Health Nurses Association of Colorado (PHNAC) presented the following awards at the 2014 Colorado Public Health Association Annual Conference.

Exemplary Frontier Public Health Nurses: Susana Kelly, RN, Lincoln County Public Health and Trish McClain RN, Northeast County Public Health

A future issue of the Colorado Nurse will include multiple columns on scholarships currently offered for nursing students in Colorado. If you were the recipient of a scholarship when you were a student (from basic RN program to PhD), please send a brief sentence or two as to what impact receiving the scholarship made on your career.

info@coloradonursesfoundation.com We hope to hear from you!

University of Colorado Hospital

Continuing Education Courses

- M/S Certification Review – February 20th & 21st
- CCRN/PCCN Certification Review – March 2nd-4th
- Trauma Nurse Core Curriculum – March 5th & 6th
- Evidence-Based Practice Boot Camp – March 11th
- Advanced AWHONN – March 16th
- Transplant Basics – March 23rd
- 12 Lead EKG – March 30th
- Advanced CPR – April 1st
- Beginning Medical Spanish 2 – April 1st
- Bariatric Surgery Seminar – April 7th
- 27th Annual Research & Evidence-Based Practice Symposium – April 8th & 10th
- Fundamentals of Critical Care Support – April 15th-17th
- Care of the Burn Patient – April 29th

For additional details or to register for a course, please go to: www.coloradosum.com

Click on Courses & Events Tab
Select Continuing Education from Event Topic Menu

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Your free online resource for nursing jobs, research, and events.

Martha Hubbard

Lillian Wald Award: Tsering K. Dorjee, RN (former) Colorado Department of Public Health & Environment

New Public Health Nurse of the Year: Andrea Mujica, Tri-County Health Department

PHNAC Award for Excellence, Martha Hubbard, Teller County

Andrea Mujica

Tsering Dorjee

Susan Kelly

Trish McClain

Andrea Mujica

Tsering Dorjee

Martha Hubbard

Nursing in the News
Support Legislative Bill to Reduce Barriers to Care

The increasing need for health care in Colorado and the projected shortage of health care providers to meet this need, presents opportunities and challenges for all nurses. Nurses are well educated and trained to positively impact this shortage. Unfortunately, in the state of Colorado, there are current barriers that limit Advanced Practice Registered Nurses (APRN) to practice to the full extent of their education. Reducing these barriers can help alleviate the shortage of providers and improve access to care.

Currently, due to existing restrictions, many new Colorado educated APRNs are leaving the state, to practice in surrounding states with less restrictive transition to full prescriptive authority. Current restrictions, in Colorado, include the need to be mentored by physicians before they can obtain prescriptive authority and complete 3600 hours (far more hours than surrounding states). When new APRNs are seeking their first position; they often have difficulty finding physician mentors or they are not being hired, because they do not have prescriptive authority.

The Colorado Nurses Association (CNA) and statewide stakeholders have been active for more than a year preparing for this legislation. Colorado’s legislated committee, Nurse Physician Advisory Taskforce (NPATCH) has facilitated extensive discussion and collaboration with multiple stakeholders including, nursing, physicians, hospital associations and the insurance industry. NPATCH reached consensus on the following recommendations, which form the foundation of this legislative bill (at publication Bill assignment was still pending):

1. Provisional prescriptive authority upon acceptance into the APRN Registry;
2. Reduction of transition hours from 3600 hours to 1000 hours; and,
3. Allow experienced, licensed APRNs or physicians, to mentor new graduates in transition to full prescriptive authority.

Many well respected professional organizations such as the Institute of Medicine, the National Governors Association (NGA) and the Federal Trade Commission (FTC) call for nurses to practice to the full extent of their education and training to improve access to safe, quality health care.

The FTC states: “if the regulation of APRNs was under federal jurisdiction, it would block any obstruction to practice restrictions as an unjust obstruction of fair trade” (FTC, 2014). Over thirty years of research on APRNs attest to the efficiency and productivity of APRNs in unrestricted health care environments as well as increased access to care for underserved populations. Evidence clearly demonstrates that APRNs provider safe, high quality care and achieve high patient satisfactions (NGA 2012).

This Bill is timely and important, not only for nurses, but for all Coloradans who are faced with limited access to care. Registered Nurses, including APRNs, are well prepared to mitigate the shortage of primary and specialty care providers upon graduation. Colorado has multiple graduate/doctoral programs that prepare Pediatric, Primary Care, Senior Care, Women’s Care, Midwifery and Psychiatric/Behavioral Health Care APRNs that could immediately and positively impact healthcare in this state. Limiting unnecessary barriers is needed in Colorado, where the role of APRNs began fifty years ago. CNA is calling for the state legislature to accept this bill which will allow APRNs to practice to the full extent of their academic and clinical preparation to improve access to health care.

Find the Colorado opportunity that inspires you.

Centra Health is Colorado’s largest fully-integrated health network. With 13 hospitals spanning the state, we can help you find the right nursing opportunity in a community you will love to call home. Relocation and sign-on incentives are available for some positions. Featured RN jobs include:

**Southern Colorado**

Centra Health is Colorado’s largest fully-integrated health network. With 13 hospitalsspanning the state, we can help you find the right nursing opportunity in a community you will love to call home. Relocation and sign-on incentives are available for some positions. Featured RN jobs include:

**Denver Area**

- Parker Adventist Hospital, Parker
  - Cath Lab (120672)
  - Special Procedures, part-time (26112)
  - Infusion Therapy, part-time (26114, 23742)
  - ICU, nights (21422)
  - Emergency Dept., nights (15057)
  - LDRP, nights (20338)
- St. Anthony Hospital, Lakewood
  - OR, variable shifts (20690)
  - OR, Asst. Nurse Manager, days (21541)
  - Psych Nurse, PRN (21786)
- St. Anthony North Hospital, Westminster
  - MICU, full- & part-time (26082, 26079, 651, + others)
  - LDRP, PRN (21646)
  - Emergency Dept. full- & part-time (15812, 21683, 24134, 21776)
  - Sexual Assault Nurse Examiner, PRN (23865)
- Porter Adventist Hospital, Denver
  - Cath Lab (17644, 24354)
  - ICU, nights (25846)
  - OR, evenings (Job 11584)
  - Hospice, Pediatric Butterfly Program (24543)
- Castle Rock Adventist Hospital, Castle Rock
  - Cath Lab, PRN (27032)
  - ICU, nights (20539)
  - GI Lab, part-time (24642)
  - OR, part-time (27694)
- Littleton Adventist Hospital, Littleton
  - Navigator/Clinical Liaison Rehab, PRN (20538)
  - Radiology Support (15981)
  - Emergency Dept., nights (22036)
  - OR, evenings (8240)

**Northern Colorado**

- Arvada Adventist Hospital, Louisville
  - MICU, full- & part-time, days/nights (26074, 22174 + others)
  - LDRP, PRN (1755)

For more information about all of CCU’s nursing programs, please visit AdultEd.ccu.edu or call 303.963.3311.
### Welcome New and Returning Members

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### Membership Application

Online at [http://www.nursingworld.org/joinana.aspx](http://www.nursingworld.org/joinana.aspx)

MAIL, FAX, OR EMAIL YOUR COMPLETED APPLICATION AND PAYMENT TO:
2851 S. Parker Road
Suite 250
Aurora, CO 80014
Fax (303) 757-8833

Thank you for your interest in the Colorado Nurses Association. We appreciate your awareness that nurses have responsibilities to their profession and we welcome your membership and participation.

Please read all the information carefully. The fastest way to become a member is signing up through [http://www.nursingworld.org/joinana.aspx](http://www.nursingworld.org/joinana.aspx). Alternatively, you may complete this form, include payment with a check or credit card and submit to CNA.

- Applicants must have been granted a license to practice in at least one state.
- An incomplete application may delay your membership, please ensure that this application is complete prior to submitting.

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### Membership Categories

The amount of dues you pay includes your CNA or ANA/CNA membership and the District Nurses Association dues portion. Please choose the category that best suits your situation and (if necessary) indicate how you qualify for your chosen category.

- **FULL MEMBERSHIP**
  - $311.00 annually
  - $26.42 monthly

- **REDUCED MEMBERSHIP**
  - $155.50 annually
  - $13.46 monthly

- **STATE ONLY MEMBERSHIP**
  - $120.00 annually
  - $10.00 monthly

- **SPECIAL MEMBERSHIP**
  - $77.75 annually
  - $6.98 monthly

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February, March, April 2015
CNA Districts:  
The district you are placed in is based on your residential address, you can elect to receive information on the meetings and activities within your district. (See website for list of districts)

Special Interest Districts:  
If you are interested in joining a special interest district, please choose the district that best suits your needs.

- **02 CNA Electronic District**  
  No geographic boundaries, any member can join, communicates only through email.
- **30 CO Society of Advanced Practice Nurses**  
  No geographic boundaries, APRN members are eligible to join.
- **31 CO Society of Clinical Specialists in Psychiatric Mental Health Nursing**  
  No geographic boundaries, Specialist members are eligible to join.

Opportunities for Involvement:  
CNA has many options for your participation in the organization. As a member you are welcome and encouraged to get involved with our working committees in order to help us achieve the mission and objectives for the organization. If you are interested in getting involved, please choose the committee that you are most interested in:

- Government Affairs and Public Policy  
  Discusses legislation, public policy and strategies for bills - primarily at the state level.
- CE Approval Unit  
- Membership and Marketing  
  Implements strategies to increase membership.
- Full-Time Med/Surg  
  Float Pool  
  Case Management
- CE Provider Unit

Dues Payment Options. Please select one:

- Full Annual Payment - Please indicate payment choice
  - CHECK for full amount included
  - CREDIT CARD: Please complete the credit card information box to the right.
- E-Pay (Monthly Electronic Payment) - Please indicate payment choice
  - CHECK for the first installment included, funds will be drafted on or after the 15th day of each month using the checking account indicated.
  - CREDIT CARD: Please complete the credit card information box to the right, your credit card account will be debited on or after the 15th of each month.
- Automatic Annual Credit Card Payment
  (mark only if you wish to have your membership automatically renewed each year using the credit card information provided).

By signing the Monthly Electronic Deduction Authorization or the Automatic Annual Credit Card Payment Authorization, you are authorizing ANA to change the amount by giving the undersigned thirty (30) days advance written notice, undersigned may cancel this authorization prior to receipt of notice. ANA will notify us if a new card is used or if the credit card account is closed. Membership application is to be submitted online.

Credit Card Payment Information (We accept Visa or MasterCard only)

- Credit Card #
- Expiration Date
- Security Code
- Name as it appears on the card
- Signature

American Nurses Association Registration  
Automated Payment Authorization Signature

[Signature]

Colorado Nurses Association dues are not deductible as charitable contributions for tax purposes but may be deductible as a business expense. However, the percentage of dues used for lobbying by the Colorado Nurses Association is not deductible as a business expense. Please check with the Colorado Nurses Association for the correct amount. Membership application is to be submitted online.

For more information contact info@coloradonurses.org or call 303.597.0128.

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**ANA Professional Issues Panel**  
Appointments from Colorado

**Work Place Violence and Incivility**  
The goal of this Professional Issues Panel is to develop a position statement on workplace violence and incivility and detailed guidance for registered nurses and employers. Over 500 applications were received.

- Deborah Center, MSN, RN, CNS, Coach-CTA
- Mary Pat De Wald, RN, APRN, MSN, MPA, SANE-A
- Lorrie Henecke, MS, APRN, ACNS-BC, CNRN
- Mary Ogg, MSN, RN, CNOR

**Barriers to RN Scope of Practice**  
The goal of this Professional Issues Panel is to identify and clarify barriers to RNs practicing to the full extent of their education, experience, and scope of practice (as set down by the relevant Nurse Practice Act), and guide the development of resources to address these barriers at the institutional, state, and federal level.

- Shanna Keele, PhD, APRN, FNP
- Ingrid Serio, RN, BSN, MPP, DNP Student

Colorado is fortunate to have the commitment and wisdom of these participants. Thank you!
SimpleWreath specializes in handmade, natural looking wreaths that enhance the beauty of your home, both inside and out.

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Facebook: https://www.facebook.com/simplewreath

E-mail: simplewreath@gmail.com

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