This column is being written on a peaceful Colorado summer day in the mountains. The sky is a soft, clear blue without a hint of a cloud yet this morning. I am looking out on hillside with more shades of green than I can count, but at the top of the hill there are still snow fields despite the fact that it is already July. After living in Colorado for 40 years, the beauty of the surroundings whether I am in the mountains or enjoying the expansive beauty of the plains still takes my breath away. I am thankful every day for choosing to become a Colorado resident and for the opportunity to live, work and raise my family in this amazing environment.

As the current president of the Colorado Nurses Association, I am asking you today to make a choice as well. I am asking you to choose to become a member of our professional nursing association. The Colorado Nurses Association was established in 1894 which means that this year we are celebrating our 110th anniversary! Our parent association, the American Nurses Association, was established in 1896 and continues to thrive today. All registered nurses including advanced practice registered nurses licensed in Colorado are eligible to apply to both the Colorado Nurses Association and the American Nurses Association. Membership dues can be paid for on a monthly basis by electronic withdrawal from checking accounts or can be paid once a year in a lump sum. Assuming you do not qualify for any discounts, the monthly amount to join both the largest state and national professional nursing associations is still less than a dollar a day.

What is a professional association and what are the advantages to join? Professional associations are not for profit organizations that bring together individuals who share the same occupation or profession. The work of membership associations is financially supported by dues revenue and non-dues revenue and physically supported by the work of volunteers. The association pays for staff (including our executive director Colleen Casper RN, DNP and our professional lobbyist Nolbert Chavez) to represent the association pays for staff (including our executive director Colleen Casper RN, DNP and our professional lobbyist Nolbert Chavez) to represent us at state wide policy forums when nursing issues are being discussed. Volunteers also participate in state wide policy discussions, work on task forces and committees and at the local or district level. In addition to the benefits of networking and learning, we are asking you to join us for the opportunity to live, work and raise your family in this amazing environment.

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The 2nd Annual Fall Membership Assembly planning committee is in the final stages of work and we are confident you will find something of interest to hear from you as to how that works for you, your district and your region. District presidents are busy working with their board of directors and keeping the flames burning at the local level. The CNA office staff is interested in contributing to that in whatever ways work for all of you. Call or email your specific interests. There is also a membership feedback option available on the www.Coloradonurses.com web site, under Membership, Member Feedback.

Current district meetings scheduled: September 13, 2014 District 4 and 6

The 2nd Annual Fall Membership Assembly planning committee is in the final stages of work and we are confident you will find something of interest and do hope that you plan to join us. The continuing education event will be held Friday, October 24, 2014 afternoon and the morning of Saturday, October 25, 2014. The CNA Membership Assembly meeting will be held Saturday afternoon.

We are excited to be showing The American Nurse Documentary film Friday afternoon, followed by a Colorado Nurses Association members’ President’s reception. CNA is partnering with the Colorado Student Nurse AssociationThe film will be part of the continuing education presentation. To join the reception, you may do so by joining ANA/CNA.

American Nurses Association held their 2nd annual membership assembly June 14, 2014 and June 15, 2014. Please check the Colorado Nurses Association Facebook (Colorado Nurses Association) page for ANA video and photo releases from the assembly. Highlights of the meeting include:

- Election of ANA Officers as follows:
  - Pamela Cipriano, PhD, RN, NEA-BC, FAAN as President;
  - Election of Cindy Balkstra, MS, RN, ACNS-BC as Vice President;
  - Election of Patricia Travis, PhD, RN, CCRP as Secretary;
  - Election of Gingy Harshey-Meade, MSN, RN, CAE, NEA-BC as Treasurer;
  - Jesse Kennedy, RN as Director-at-Large Recent Graduate.

The ANA membership assembly piloted a “World Cafe” format for key issues dialogue forums. The ANA Reference Committee, who then made recommendations for consideration by the membership, kept the feedback from the dialogue forums. More details will be forthcoming. The forum topics were:

- Scoring Practice – Full Practice Authority for All RNs
- Integration of Palliative Care into Health Care Delivery System
- High Performing Inter-professional Teams

Please review the 2013 Annual Report submitted by President Karen Daley, and CEO Marla Weston, available on the CNA Facebook page and website. Preliminary 2014 – 2016 ANA Enterprise strategic priorities were shared with the key elements including: 1) safe, ethical work environments; 2) advancing quality and safety of patient care; 3) optimizing practice to full scope of knowledge, skills and license; 4) engage, retain and grow membership; and, 5) strengthen state and constituent nurses associations. Lots of fun ahead!

Western Multi State Updates ANA																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																																		
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Last year the Colorado Legislature passed a new law that requires mandatory reporting by certain professionals who suspect or observe abuse, neglect or exploitation of individuals age 70 or older. This legislation relies upon research that shows Colorado’s population of persons aged 70 years or older is expected to increase by twenty-eight percent by 2017, and by one hundred forty-two percent by 2032.

On July 1, 2014, this new elder abuse reporting law takes effect. For you lawyer-types, a copy of the law may be found at section 18-6.5-108, of the Colorado Revised Statutes, and includes definitions of “exploitation” and “abuse.” Abuse under this particular statute includes self-abuse by an at-risk elder.

The new law identifies the professional occupations that are mandatorily required to report to law enforcement if there is “reasonable cause to believe that an at-risk elder has been abused or exploited or is at imminent risk of abuse or exploitation.” The “mandatory reporters” include “registered nurses, licensed practical nurses and nurse practitioners,” “hospital and long-term care facility personnel engaged in the admission, care, or treatment of patients” and many others. Under this new law a mandatory reporter “shall report such fact to a law enforcement agency not more than twenty-four hours after making the observation or discovery.” There are legal penalties for a failure to report, and the statute strongly encourages the reporting by others who observe or suspect abuse or exploitation, but who are not required to mandatorily report.

The Colorado Department of Human Services (CDHS), Adult Protective Services (APS) offers a free on-line training program available for mandatory reporters and for others to learn about who, when, where, and how to report suspected abuse or exploitation of at risk elders. This training takes approximately 40 minutes and those who complete are able to print out a verification of training. For this training and more information about the mandatory reporting requirement please go to: http://www.colorado.gov/cs/Satellite/DPHS-DeptDis/CBN/1251595441967 from the state’s Adult Protective Services, Mandatory Reporting page.

As for the State Board of Nursing there are two exciting opportunities to serve for a licensed professional nurse who is currently in Home Health Care, and for an appointee representing the Public. This stimulating and enlightening Board service requires about 8 hours of “homework” in preparation each month and a commitment to regularly attend the monthly scheduled Board meetings. You will find such public service both personally and professionally rewarding.

Qualified applicants are heartily encouraged to apply through the Governor’s Boards and Commissions electronic application website at: http://www.colorado.gov/cs/Satellite/GovHickenlooper/CBN/12406484775

In addition, there are three vacancies on the Nurse Aide Advisory Committee (NAAC). Interested individuals for the public member, CNA, or professional/practical nurse position (representing Home Health Care) may access the NAAC application on the Board of Nursing’s homepage below.

Board of Nursing Website

Please be sure to check the Board of Nursing webpage at www.dora.state.co.us/nursing for the latest information relating to the Board of Nursing, and to your professional license.

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Colorado Nurses Association invites members and interested nurses to attend the second annual Membership Assembly. The two-day assembly will include a variety of continuing education programs.

Saturday’s keynote is Dr. Marla Weston, PhD, RN, FAAN and CEO of the American Nurses Association (ANA), a distinguished and visionary leader for nursing, who has dedicated her career to improving the work and public policy environment for nurses and the quality of care for patients. This focus has included leadership in a broad range of roles, including direct patient care in intensive care and medical-surgical units, nurse educator, clinical nurse specialist, director of patient care support, and nurse executive.

Since becoming CEO in 2009, she has initiated programs to make vital nursing data available to scientists to build a compelling picture of nursing’s impact on quality and safety outcomes and to influence national health policy. To ensure a strong national voice for nursing, Dr. Weston has helped forge partnerships among nursing groups and fostered effective working relationships between the Nursing Alliance for Quality Care, the American Academy of Nursing’s Expert Panel on Quality, and other groups working on national initiatives central to nursing, including care coordination, performance measurement, and patient-centered care. She has also successfully advocated for adding nurses on national workgroups, such as the NPP Readmission Action Team and the Office of the National Coordinator for Health Information Technology Innovation Safety Roundtable.

This year’s meeting will present information on the important changes coming down from ANA. A review of CNA’s proposed bylaws will follow. Members are highly encouraged to attend the Membership Assembly meeting and participate in the critical discussions on the future and structure of Colorado Nurses Association. The Membership Assembly session will include any potential resolutions including the presentation of Association reports. Election results for officers will be announced during the Membership Assembly meeting.

Registration Information
Registration for this event is available online at www.coloradonurses.org/assembly. Online registration will be active no later than Aug. 8, 2014. If you need assistance, email info@coloradonurses.org.

REGISTRATION RATES

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Friday October 24, 2014
12:30 p.m. – 12:50 p.m. Registration
12:50 p.m. Welcome
1:00 p.m. – 2:00 p.m. Why Nurses Need to Lead – Opportunities For Affordable Care with Jeannette Jansson, RN, MSN, BS, NE-BC, CLNC, Chief Nursing Officer, Colorado Department of Health Care Policy and Financing
2:00 p.m. – 2:15 p.m. Break
2:15 p.m. – 3:15 p.m. Breakout Sessions
A) The Importance of APRNs in Colorado with Gail Finley, Vice President, Rural Health and Hospitals, CHA
B) Residencies for New Graduate RN and APRN: Policy Brief with Colleen Goode, RN, PhD, FAAN, CNAA
3:30 p.m. – 5:00 p.m. The American Nurse Documentary | Sponsor The Movie
5:00 p.m. – 6:30 p.m. CNA Member Reception

Saturday October 25, 2014
8:00 a.m. – 8:30 a.m. Registration & Continental Breakfast | Sponsor This Breakfast
8:30 a.m. – 9:30 a.m. – Keynote Speaker: American Nurses Association Chief Executive Officer Marla J. Weston, PhD, RN, FAAN.
9:30 a.m. – 10:00 a.m. Refreshment Break with exhibitors
10:00 a.m. – 11:00 a.m. Breakout Sessions
A) Compassion Fatigue
B) Mentoring is Everyone’s Job
11:30 a.m. – 1:00 p.m. Colorado Nurses Association Awards Luncheon
1:00 p.m. – 4:00 p.m. 2nd Annual Membership Assembly Meeting
Our Readers Speak

Improving Access to Healthcare: Utilizing Nurses to Their Fullest Potential

by Patricia Abbott, RN, FNP-BC, PhD

The Affordable Health Care Act (ACA) presents the nation, and the nursing profession, with challenges and opportunities. As a profession, nursing is poised to contribute significantly to the success of the ACA. All roles within the profession have the potential to effectuate positive change. Now, more than ever, the nursing profession needs to collectively use all of its resources and value the contribution of all roles within the profession. Such an effort will create a cohesive voice that has the power to improve access to healthcare.

The profession of nursing has its roots in the teachings of Florence Nightingale. In the mid-19th century, Ms. Nightingale pledged to do all she could to maintain and elevate the standard of nursing care. Ms. Nightingale would be pleased to see how far the nursing profession has come. Registered nurses (RN) today not only ensure quality care in the inpatient setting, but also in the outpatient healthcare arena. In inpatient and outpatient settings alike, nurses today advocate for their patients and often serve as care coordinators.

This role has become infinitely more important since the ACA opened the door to more extensive healthcare.

Nursing has also evolved to include advanced practice nurses (APNs), including nurse practitioners (NPs), over the years. Colorado is poised to highlight the role of APNs as the NP role was born here. When Loretta Ford, RN and Henry Silver, MD conceived of the role in 1965, they developed a health care provider which is particularly frustrating given the increased need for primary care providers in an era of expanded healthcare coverage and increased life expectancy. Nurse practitioners are well-educated and prepared to mitigate this projected shortage, but they must be given the opportunity to do so.

Whether one agrees or disagrees with ACA, it is clear we need more providers capable of delivering quality healthcare. The question should never be, “Should the patient see a MD, DO, APN, PA or RN?” The question should be, “How do we use our resources to see more patients and offer them better care?” It is imperative that nursing professionals across the board use their collective voice and advocate for all nurses to work to the fullest potential of their scope of practice.

This is the time, and Colorado is the ideal place, to model a cohesive nursing profession which collaborates with all facets of the profession to improve access to quality healthcare.

To share your thoughts with The Colorado Nurse readers, please submit to Coloreen@ColoradoNurses.org.

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We’ve gotten very used to using NDNQI data,” says Diane Reinhard, MBA, MSCIS, BSN, RN, NE-BC, CRRN, Vice President of Care Services and Chief Nursing Officer.

“We post data monthly on inpatient and outpatient units. We discuss them at unit participation and the board level to give the level of quality we’re at in the organization. We rely heavily on them. We post them. We actually print out and post them. We actually print them out and post them.”

Craig’s performance is reflected in what Reinhard believes: “It’s really not enough to articulate it in a way that non-nursing officials can understand. It’s an important tool for us to sustain that. Receiving this quality award for this third time proves to ourselves that we’re finally getting there. This additional award means a lot for us.”

Investing in Training
Over the past two years, Reinhard says she was able to use NDNQI data to improve incidents of pressure ulcers. “We noticed from the data that it’s not specific, so within the last two years, we decided we would promote people from within and pay for them to go offsite for two months to get WOC [Wound Ostomy and Continence] training.”

It was a big investment – three nurses were, as Reinhard says, “uprooted from their families” to study for six to eight weeks. “We paid for their expenses and time; we were that vested and needed them to be a solution.” The hospital had tried part-time consultants and experts in the past, but Reinhard says they didn’t fit with the culture.

The three nurses came back with evidence-based information and proven strategies to overhaul the hospital’s policies and procedures. Reinhard knew after the staff went through this extensive training, there would probably be an uptick in pressure ulcer numbers because of better awareness and reporting. “But for two quarters now, we have been able to sustain being below the Magnet® benchmark. We used the data to guide the decision to create a new program to promote from within.”

The challenge, Reinhard says, was being able to articulate it in a way that non-nursing officials could buy into it. “You can sell it to the CEO and VP of Finance because they’re going to understand that they’re the bottom dollar. One surgery from a hospital-acquired pressure ulcer is more than the cost of an FTE.”

She acknowledges it can be difficult, “when all hospitals are trying to be lean and mean and efficient,” to go and make the case for more hours. “But data are data, and we can’t say it’s not real or accurate,” she says. “It made for a strong case, for why we needed to do it. It’s been strategic and based on outcomes and it’s been a great move for us.”

The last prevalence survey mean was 1.22 out of 85 patients at Craig who had full skin assessments; “we had one patient in house that we believe had an ulcer that was hospital-acquired,” Reinhard said.

“The hospital isn’t focusing just on ulcers, though. “Because we’re seeing the results we want, the next area of focus is on falls,” Reinhard says. Since the hospital specializes in traumatic brain injuries, patients sometimes have poor judgment or may be impulsive, and someone who is paralyzed or has a spasm may slip out of a chair.

“We have seen an uptick in non-injury falls,” Reinhard says. “We are starting to focus on that, and after the first of the year, we will bring together a whole group of clinicians to address strategies.”

Taken together, Reinhard says it is all part of what makes Craig exceptional. “We strongly believe that a highly reliable organization is preoccupied with quality. We use this data a lot and take it seriously. We’re the first to admit that we have a good program, but the good can always get better.”

Craig Hospital in Englewood, CO, has been here before. This is the second year in a row and the third time it has won the NDNQI Award for rehabilitation hospitals.
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American Nurses Association Announces National Award Recipients

Five to be Inducted into ANA Hall of Fame

SILVER SPRING, MD – The American Nurses Association (ANA) has announced the recipients of its 2014 National Awards, including five nursing positions which will be inducted into ANA’s Hall of Fame and five registered nurses who will receive Honor Awards.

A National Awards ceremony and reception will be held on Thursday, June 12, to honor the recipients at the Washington Hilton in Washington, D.C., prior to the 2014 ANA Membership Assembly.

ANA Hall of Fame Award

ANA established the nursing Hall of Fame in 1976, inducting 15 charter members. Since then, 94 nurses have been inducted, including the five this year. The ANA Hall of Fame award recognizes a lifelong commitment to nursing and the nurses’ impact on the health and/or social history of the United States.

ANA is honored to announce the 2014 Hall of Fame inductees:

- Barbara Thomas Curtis, RN
- Robert V. Piemonte, EdD, RN, CAE, FAAN
- ANA-New York
- Jessie M. Scott, DSc, RN, FAAN, RADM (1915-2009)
- Pearl McIver, MS, RN (1893-1976)
- Mary Ellen Patton, RN

Honorary Awards

The Honorary Awards recipients were nominated by constituent and state nurses associations or ANA’s organizational affiliates, and selected by ANA awards subcommittees.

The five highly accomplished registered nurse leaders will be honored for their outstanding service to the profession in categories ranging from public health to patient advocacy to legislative successes.

The award recipients and organizations that nominated them are:

- Michael L. Evans, PhD, RN, NEA-BC, FACHE, FAAN
- Texas Nurses Association
- Luther Christman Award recognizes the contributions that an individual man in nursing has made to the profession of nursing.

Barbara Zittel, PhD, RN
- ANA/New York

Barbara Thomas Curtis Award recognizes significant contributions to nursing practice and health policy through political and legislative activity.

Vernel P. DeWitt, PhD, RN, MBA, MSN
- Maryland Nurses Association
- Maryland Nurses Association

Mary Mahoney Award recognizes the demonstration of interdependent relationships among nursing education, practice and research.

Cheryl A. Krause-Parello, PhD, RN
- New Jersey State Nurses Association
- Distinguished Membership Award recognizes the contributions that an individual man in nursing has made to the profession of nursing.

Rebecca M. Patton, MSN, RN, CNOR, FAAN
- Ohio Nurses Association
- Ohio Nurses Association

FACHE, FAAN

Barbara Thoman Curtis Award recognizes significant contributions to advancing equal opportunities in nursing for members of minority groups.

ANA is the only full-service professional organization representing the interests of the nation’s 3.1 million registered nurses through its constituent and state nurses associations and its organizational affiliates. ANA advances the nursing profession by fostering high standards of nursing practice, promoting the rights of nurses in the workplace, projecting a positive and realistic view of nursing, and by lobbying the Congress and regulatory agencies on health care issues affecting nurses and the public.
District 4

District 4 elected a vice president and secretary at the last meeting in La Junta, CO. The new vice president will be Denise Root and the secretary will be Donna Wofford. We would like to thank them for the time and look forward to a very productive year. The executive committee will be meeting soon to plan the meetings for the following year. The combo meeting for District 4 and District 6 in Walsenburg will be September 13th. The rest of the meetings will be reported in the next Colorado Nurse.

DNA-5/Western Slope – Grand Junction

Please contact DNA 5 President Kristy Reuss, PhD, RN (kreuss@coloradomesa.edu) for information about upcoming meetings and events.

DNA-7 Four Corners Area

Our DNA-7 continues to celebrate a number of accomplishments! Our communities of nurses-members are on the move and we celebrate these accomplishments! CNA member Debbie Meyers is pictured at the ribbon cutting of the 5th anniversary and new location of the nurse led primary care clinic “Sonas” in La Plata County. Durango leads the way meeting community healthcare needs with a number of nurse led clinics including: Southwest Women’s health and the Ignacio clinic, to mention only a few. Congratulations Debbie! Terry Schumaker, DNA-7 president received her doctorate of nursing practice from the University of Colorado at Denver on May 23rd. Her doctoral focus is fall detection and management in rural home hospice in Montezuma County. Member Nora Fluke has been selected to manage an AHEC grant in our area which will provide funding for expansion of nurse navigation in primary care. This effort will help to place nurses on the forefront of primary care clinics and programs in several counties in our region. Our new graduates in the area are on the move too! Recent SWCC graduate Lara Greenmyer is one of our new grad members on the move in our community in the arena of home care! In addition, we welcomed twenty new graduating nurses from our local community College who received their associate degrees. Congratulations graduates! We look forward to welcoming you and supporting you in our community.

Our strategic plan continues to unfold in our region with several activities underway. In addition to our regular meetings, On June 7th, the district hosted a roundtable and educational event in Montezuma County. This event was jointly sponsored by the Life Quality Institute, the South West Area Health Education Center and District 7 of the Colorado Nurses association. The topics addressed included: pain management in advanced disease and meeting the end of life needs comprehensively in our region from a nursing perspective. Our district 7 is also working to bring technology to the forefront by providing a bridge to remote access to our nurses meetings and ongoing development of our DNA-7 website. Plans are underway for fall. Our meetings are the second Tuesday of even months. We are on summer vacation and will resume meeting on October 14th. We will offer remote meeting access and an exciting new format for our meetings this fall. Did you know you can receive free continuing education credit for volunteering with us? It’s true, over half of your recertification CEU’s can be obtained for some ANCC certifications (37.5 hrs, category 6 and 5) when you participate in efforts or as an officer role in DNA-7? Other nursing associations are available but, we are your local association with local members and local support in the rural four corners region. All nurses are welcome! For more information or details contact Terry Schumaker, RN, DNP, APRN-BC: 970-769-0286 or @ terrysschu@gmail.com. Have a great summer everyone!

DNA 7 continued on page 10

Nurse Manager

We are always seeking compassionate & caring Registered Nurses to join our team! Competitive wages & benefits await you!
District & Committee Reports

DNA 7 member Debbie Meyers, APRN (front row 2nd on the left) at the Ribbon Cutting for Sonas Integrated Medical Center’s new location. Sonas IMC, Inc, celebrating its 5th anniversary, is owned by Renae Blanton, APRN (front left) pictured with staff including Millie Stacy, RN (back row second from left) and members of Chamber of Commerce (white jackets).

DNA 8 Greeley/Northeastern Colorado

May 23rd 2014: Terry Schumaker at graduation. Far left, Dr. Vicki Erickson, PhD, University of Colorado at Denver MS-DNP program coordinator. Center, Terry Schumaker receiving her DNP hood. Right and behind is Dr. Ernestine-Kothoff-Burrell, PhD, student advisor and selected hooder.

DNA 9 NEWS

DNA 9 members voted to give financial support to victims of last fall’s floods. Jane Koeckeritz brought one family in particular to our attention. In August, we will be celebrating our history by honoring northern Colorado nurses who have had significant impact on nursing over the years, and are now retired. A brunch will be held at the Koeckeritz home on August 27th at 10AM. President Janie Arndt will be setting up a business meeting for fall. Notification will go out to members after the brunch.

Congratulations from all the DNA 9 members to Carol O’Meara, recipient of the 2014 President’s Award at ANA’s Assembly meeting in June!

Vicki Carroll – Secretary

News from District 12

Kudos to Curtis Stringer at Boulder Community Hospital for being recognized as a nurse that goes above and beyond. Curtis is an active member of District 12 and a nurse leader. At Boulder Community Hospital, as a physician trainer, Curtis is instrumental in helping coordinate IT updates that are critical for operations.

Hurray—we have our Facebook page up and running thanks to Anja Bagheera. We are in the process of sending out this invite for members to “like us” in DNA 12. This will enable us to have photos and more timely information posted.

This summer, we have had a focus on fun related events in the Boulder area. Recently we hiked in Chautauqua Park. Our next hike will be Saturday August 23rd. Meet at 9 am at Eldorado Canyon State Park at the main parking lot just past the Ranger station. Please call or text Anita Roberts 720-308-2433 if you would like to join us.

There is a community outreach project that focused on the underserved in Broomfield County. They are providing healthcare screenings during a weekly Farmers Market on Tuesdays from 4-7pm at Holy Comforter church. For more information, you can contact Jody Owen at jldco994@comcast.net

Come join us as we meet to make plans for the State convention and for the FALL on Saturday Sept. 13th at 9am at Starbucks in Broomfield on 287 and Miramonte.

If you have news from your area of employment or would like to promote a health related event that is located in our district, please let Anita Roberts know at anitaroberts@comcast.net or 720-308-2433.

DNA 16 has been enjoying the summer after our walk to support Brain Tumor Research in April and the Nurses Night Rockies game in May. Our treasurer CJ Cullinan hosted a very successful fundraiser in June for Nurses for Political Action in Colorado. Congratulations CJ!

Our fall will begin with a Meeting, Potluck and Pool Party at the club house of Mary Kershner. Tuesday, August 26, 2014 6:00 PM–? Bring a potluck dish to share
RSVP requested, but drop ins welcome!
MARRY KERSHNER #303-758-4857 or tllskr@yahoo.com

Sept. 16, 2014 meeting and education at CNA Headquarters starting at 6 pm with a light meal and networking.
Colorado Nurses Association
2170 South Parker Road, Suite 145
Denver, CO 80231
Presentation on Compassion Fatigue with Regie Thompson, RN, MA, at 6:30
Approved for 1 CE Contact Nanette.Morgan@HealthONEcares.com for information

We welcome new (or returning) board members Mary Lambert along with Andrea LeClaire. We are happy to announce we retained Nan Morgan (president), Joan Engler (Secretary) and Chris McDermott (member at large). Rebecca Sposato will remain as an alternate to the board for any unexpected vacancy.

We look forward with the membership assembly in October and to sorting medical
Supplies at Project Cure on November 18th. Finally our annual Holiday party with donation collection for a local woman’s shelter in December. Along the way, we will be planning the 2015 Annual Legislative Dinner. See our website at DNA16@coloradonurses.org.

DNA 20 – West Metro Area

Submitted by Norma Tubman, RN, MSn, NE-BC

In May, members closed out 2013-14 activities with a potluck at Susan Moyer’s house. New Board and Committee members elected in May 2014 were welcomed. Re-elected officers are President, Janet Ballantyne; Treasurer, Linda Stroup; and Board Member at Large, Kathy Crisler. Elected to the Nominating Committee were Irene Drabek, Beth Moxley, Barbara Pedersen, Allison Windes, and Kathy Wood. Continuing in office are: Vice-President, Jean Rother; Secretary, Olivia Martinez; Board Members at Large, Kathy Butler, Norma Tuhaman, and Kiska May. A summer project for the Board was to revise the DNA’s By-Laws to make them compliant with ANA’s and CNA’s new organizational structure. The District kicked off its 2014-15 year with a Bar BQ and Board Meeting in August at Janet Ballantyne’s home. Kay Miller, CNO, St. Anthony Hospital, will be our speaker for our September District Meeting to be held at St. Anthony Hospital Lakewood. The Board was to revise the DNA’s By-Laws to make them compliant with ANA’s and CNA’s new organizational structure. The District kicked off its 2014-15 year with a Bar BQ and Board Meeting in August at Janet Ballantyne’s house. Kay Miller, CNO, St. Anthony Hospital, will be our speaker for our September District Meeting to be held at St. Anthony Hospital Lakewood. Congratulations to Linda Stroup who was appointed to fill the vacant CNA Board of Directors At Large position and to DNA 20 member Douglas Warnecke who was a Nightingale Award recipient. Kiska May, Kathy Crisler and Irene Drabek attended the Women Warrior: A Vision of Valor event in May and had the opportunity to share the DNA newsletter with Congressmen Ed Perlmutter’s staff to show them how DNA-20 area members in the district are to share that many CNA nurses are veterans. Staff very much appreciated the information and it was an opportunity to prompt CNA. Also representing DNA 20 on a more global scale was Susan Moyer who participated in a Project Cure trip in Ecuador. For more information on DNA 20 meetings, locations and speakers, contact DNA President Janet Ballantyne at 303-838-1240 or venery2nd@gmail.com.

DNA 23 North Metro Area

DNA 23 does not meet during the summer. For information about the September meeting plans, contact DNA-23 President Fran Dowling (francedowling@comcast.net) or Vice President Cathy O’Grady Melvin (cathyo@grady13@gmail.com).

DNA 30 Colorado Society of Advanced Practice Nurses (CSAPN)

Elections held in April for the year May 2014-15. Krista Estes was elected as President Elect and Susan Stephani was elected as Treasurer. Kate Martinez is now President and Eve Hoygaard is Secretary. Kelly Mowrey is now the Past-President.

DNA-30 members continue involvement in Community Service Projects including Project Cure and the Adopt-A-Highway program. New details on the Healthy Nurse Program will be announced in the fall… visit the website for details!

Many DNA-30 members are actively involved in the CNA Government Affairs & Public Policy Committee. Input has been provided to NPATCH for consideration as they develop their recommendations to DORA regarding the 3600 Hours requirement for prescriptive authority issue. This is important for all APN’s.

Membership in CNA/DNA-30 is encouraged for all APN’s, please visit our website (csapn.epnetwork.com) or the CNA website (cnap.org)!

DNA 31 Colorado Society of Clinical Specialists in Psychiatric Nursing (CSCSPN)

CNCSAPN’s May Spring Symposium was an evening of extraordinary connection and delicious food for the twenty members that attended. Dr. Karen Lyda and Diane Dean presented an interesting case for discussion and consideration by members present. Given the diversity of practice backgrounds and patient populations, questions and insights were varied, enlightening and broadened perspectives of each of us. Linda Willits presented on Positive Psychology which added yet another perspective to potential assessment and treatment options. Many attendees commented on how satisfying it was to experience the wisdom and talents of fellow Psychiatric APNs through this forum. Congratulations and thanks to Karen and the Education Committee for a memorable evening.

DNA 30 monthly dinner meetings are held on the first Wednesday of each month. For details, check the website. We also have a Facebook page. Eve Hoygaard, MS.RN, WHNP DNA-30 Secretary

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University of Northern Colorado
DENVER – Douglas Warnecke, Susan Clark, Kathy Mayer, Jacqueline Murray, Amanda Nenaber and Linda Staabli joined an elite group of nurses on May 10 when they each received the prestigious Nightingale Award for Excellence at the Colorado Nurses Foundation’s annual awards event at the Renaissance Denver Hotel. Continuing the twenty-eight year tradition of recognizing excellence in professional nursing, the awards highlight nurses whose actions exemplify the spirit of a citizen of the profession through leadership, advocacy or innovation. Two hundred eighty-five outstanding nurses from across the state were nominated in one of two practice categories: nurses in clinical practice and nurse state were nominated in one of two practice categories: nurses in clinical practice and nurse adminstrators, educators, researchers, or those in non-traditional roles. Forty-one Luminaries were selected by either the Area High Education Centers (AHEC) or the Regional Nightingale Committees and forwarded to the State Selection Committee, where six of the Luminary Award recipients, one from each category and one from each area of recognition, were selected to receive the traditional Nightingale Award. Additionally, the foundation recognized the selection of the 500th Nightingale Nominee, drawn at random. The designee was Kimberly Nash. Dr. Colleen Goode, Professor, College of Nursing, University of Colorado, served as the Master of Ceremonies.

Nightingale Luminaries Representing Administrator, Educator, Research or Non-Traditional Roles:

- Nioma Aden is a school nurse working for the Northeast Colorado Board of Cooperative Educational Services in Sterling. Nioma is nominated for her leadership in coordinating health care services for students in a 12-member school district.
- Kathy Bunch Rautus is an online nurse educator for Purdue-Calumet, Indiana and resides in Alamosa. Kathy is nominated for her leadership in nursing and community activities. Kathy was recognized as an outstanding hospice nurse who often would go above and beyond the routine hospice nurse duties to assure a patient was comfortable and that the family was reassured.
- Victor Duarte is a nurse educator at Front Range Community College and lives in Timnath. Victor is nominated for his innovation in the development of simulation as an educational modality. Victor’s No. 1 priority is each individual student and their education.
- Elizabeth Dunn is the Emergency Department Director at St. Anthony’s Hospital in Lakewood. Beth is nominated for her leadership; she ensures that the entire Emergency Department is integrated in the process of achieving excellence.
- Julie Geiser is the Director of the Alamosa Public Health Department in Alamosa. Julie is nominated for her leadership that maintained a vision ensuring success not only for her staff but for the entire San Luis Valley.
- Heather Gilmartin is a Public Health Nurse for Eagle County Public Health in Eagle. Heather is nominated for her innovation, which has moved the community towards a new model of emergency preparedness and disease surveillance.
- Sherry Gomez is the Chief Nursing Officer of Spanish Peaks Regional Health Center in Walsenburg. Sherry is nominated for her leadership both in the hospital and in the community. Sherry has spent the last 19 years serving our veterans.
- Marilyn Jiggins is the Clinical Nurse Specialist for Oncology Services at Memorial Hospital, University of Colorado Health in Colorado Springs. Marilyn is nominated for her advocacy for outstanding care of oncology patients.
- Kelly Kowar is the Oncology Service Line Director at Littleton Adventist Hospital in Littleton. Kelly is nominated for her advocacy for oncology nurses and patients. Kelly’s transformational leadership and her passion for comprehensive oncology services led to excellence in oncology care for our community.
- Heather Liska is the ED Unit Based Educator at St. Anthony’s Hospital in Lakewood. Heather is nominated for her innovation in the support and education of nurses in the emergency department. After conducting an IRB-supported research project in the ED focusing on horizontal violence, she found that 100% of nurses had experienced some form of horizontal hostility in the last 12 months.
- Lynda McFarland is the Education and EP Coordinator at Grand River Health in Rifle. Lynda is nominated for her advocacy for emergency preparedness and staff development for the nurses in her facility.
- Rebecca Oliver is the Director of Emergency Services/Trauma Coordinator, at Southwest Memorial Hospital in Cortez. Becky was nominated for her leadership in advancing excellence in the emergency department.

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Nancy L. Smith is Dean and Professor at Beth El College of Nursing and Health Sciences, UCCS in Colorado Springs. Nancy is nominated for her leadership in providing educational opportunities for nursing students. A key thrust for UCCS is increasing student access to higher education.

Susan Turner is a Community Health Nurse at The Southern Ute Indian Health Center in Ignacio. Susan is nominated for her advocacy to secure health care for the Southern Ute Indian Community.

Angela Waterbury is the Transition Planner/Navigator at Pikes Peak Hospice and Palliative Care in Colorado Springs. Angela is nominated for her leadership in advocating for the underserved, homeless population.

Amanda Bird is the Pulmonary Clinical Nurse Educator at Southwest Memorial Hospital in Cortez. Amanda is nominated for her role in mentoring others to develop exceptional nursing skills.

Cherie Anttila is a Level IV Charge Nurse in the Neonatal Intensive Care Unit at the University of Colorado Hospital in Denver. Cherie is nominated for her leadership in end of life and palliative care for the neonate.

John Darcy is a staff nurse in the Emergency Department at the Medical Center of the Rockies in Loveland. John is nominated for his work in advocating for the underserved, homeless population.

Douglas Warnecke is the Chief Nurse Anesthetist at Denver Health Medical Center in Denver. Douglas is nominated for his leadership in advocating for the advanced practice of nursing. He has actively supported the removal of scope of practice barriers for APRNs.

Kimberly Nash is a Forensic Nurse Examiner at Memorial Hospital-UCH in Colorado Springs. Kim is nominated for her efforts of advocacy for victims of interpersonal violence.

Shannon Muniz is a nurse educator in the ICU at San Luis Valley Health in Alamosa. She was nominated for her innovation in developing ongoing educational programs for her facility.

Adeleke Oyemade is an Anesthesia Element Chief/CRNA with the United States Air Force in Colorado Springs. Maj. Oyemade is nominated for his innovation in aeromedical evacuation care. As part of the Tactical Critical Care Evacuation Team in Afghanistan, Major Oyemade participated in 150 combat missions and delivered in flight care to over 200 patients.

Lisa Gates works in the Same Day Surgery Care Unit at Southwest Memorial Hospital in Cortez. Lisa is nominated for her advocacy through serving as a “change agent” in her facility.

Dawn Weed is the Clinical Nurse Educator at San Luis Valley Medical Center in Alamosa. Dawn is nominated for her innovation in the development and provision of clinical education for the staff in her facility.

Amanda Nenaber is the Clinical Nurse Specialist at University of Colorado Hospital in Denver. She is nominated for her innovation in the development of a population management program for Heart Failure patients. Amanda serves as the first Advanced Practice Nurse to lead a population management program for Heart Failure.

Kimberly Murray is the Pulmonary Hypertension Coordinator, CN III, at Children’s Hospital Colorado in Denver. Kimberly is nominated for her leadership in promoting best practice to the underserved.

Jennifer Boyd-Jandrain is a staff nurse in the orthopedic unit at McKeever Medical Center in Loveland. Jen is nominated for her leadership in mentoring others to develop exceptional orthopedic nursing care.

Michele Calderbank is the Pulmonary Hypertension Coordinator, CN III, at Children’s Hospital Colorado in Denver. Michele is nominated for her leadership in providing a transition program for patients with pulmonary hypertension.

John Darcy is a staff nurse in the Emergency Department at the Medical Center of the Rockies in Loveland. John is nominated for his work in advocating for the underserved, homeless population.

Katrina “Allison” Duran is a Public Health Nurse for the Montezuma County Public Health Department in Cortez. Allison is nominated for her advocacy related to the Nurse Family Partnership Program and the new mothers and babies for whom she provides care.

Cynthia Ellison is a Neonatal Intensive Care Nurse at St Mary’s Hospital in Grand Junction. Cindy is nominated for her advocacy in providing personalized, high touch care in the NICU.

Sheri Ferguson is Chief of the Quality Management Division at the Evans Army Community Hospital in Fort Carson. Sheri is nominated for her leadership in overseeing and providing quality health care for the military community.

Lisa Gates works in the Same Day Surgery Care Unit at Southwest Memorial Hospital in Cortez. Lisa is nominated for her advocacy through serving as a “change agent” in her facility.

Laraine Guyette is an educator and Nurse Midwife working at the Denver Health Medical Center in Denver. Laraine is nominated for her leadership in roles as educator, advocate, clinician and as a servant to women and the community.

Afton Hughes is a Charge Nurse on the Medical Surgical Unit at San Luis Valley Health in Alamosa. Afton is nominated for her advocacy and mentorship of fellow nurses.

Shannon Muniz is a nurse educator in the ICU at San Luis Valley Health in Alamosa. She was nominated for her innovation in developing ongoing educational programs for her facility.

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Patricia Pritchard is the Assistant Director of Nursing for the Colorado State Veterans Home in Walsenburg. Patricia is nominated for her advocacy in developing best clinical practice related to UTIs.

Alan Taylor is Department Director of Surgery and Anesthesia at San Luis Regional Medical Center in Alamosa. Alan’s leadership is a major factor in the harmony that presides in the surgical and anesthesia department. His impact on teamwork, collaboration, and communication is facility wide as well as throughout his community.

Robert Varney is a Direct Care Nurse and Relief Charge Nurse at Denver Health Medical Center in Denver. Robert is nominated in the category of innovation for the development of programs to promote professional clinical advancement.

Diane Woomer is the Volunteer Clinic Coordinator at LaBuda Community Clinic in Durango. Diane is nominated for her leadership in the all-volunteer clinic that provides medical care to the underserved.

Misty Young is the Clinical Manager of the Neuro/Trauma/Stroke Unit at St. Mary’s Hospital and Medical Center in Grand Junction. Misty is nominated for the leadership of her unit and the positive outcomes accomplished.

The Nightingale Award for Advocacy in a Clinical Practice role – An outstanding nurse who advanced a cause or a purpose:

Susan Clark from Rifle is the Assistant Director of Nursing and the Quality Assurance Coordinator at E. Dene Moore Care Center. Susan is nominated for her leadership in promoting best practice in reducing off-label use of antipsychotic medications in the geriatric population.

The Nightingale Award for Innovation in a Clinical Practice role – An outstanding nurse who demonstrated creativity that addresses today’s challenges or opportunities:

Linda Staubli from Denver is a Clinical Nurse Educator in the Burn/Trauma ICU at University of Colorado Hospital. Linda is nominated for her advocacy for those affected by brain injuries.

For comprehensive information and photos of the Nightingale event please visit www.coloradonursesfoundation.com.
Assistance will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated. Your advice will be greatly appreciated.
Scholarship Anschutz Medical

Angela Surace Friends of Nursing Scholarship University of Colorado, C. S.

Renee Stephens Friends of Nursing Scholarship University of Northern CO

Nikki Snortum Theresa Brofman Memorial Scholarship Regis University

Natasha Parsons Margaret Lewis Memorial Scholarship University of Northern CO

Jirina Myers Theresa Brofman Memorial Scholarship Adams State University

Juliette Holmes Viola Baudendistel Memorial Scholarship Mesa State University

Robin Jarrett Josephine Ballard/Presbyterian Scholarship University of Colorado at Denver

Shannon Koch Friends of Nursing Scholarship Colorado State University

Lisa Licata Margaret Lewis Memorial Scholarship Regis University

Gerald McCall Greta Pollard Scholarship Metro State Univ. of Denver

Jennifer (Cote) Medina Verda Richie Memorial Scholarship Adams State University

Amanda Nenaber Friends of Nursing/ Leila B. Kinney Scholarship University of Colorado at Denver

Natasha Parsons Margaret Lewis Memorial Scholarship Colorado State University, Pueblo

Rachel Ortiz Friends of Nursing Scholarship University of Colorado at Denver

Sara Salazar Friends of Nursing Scholarship Colorado State University, Pueblo

Nikki Snortum Theresa Brofman Memorial Scholarship Regis University

Renee Stephens Friends of Nursing Scholarship Colorado State University, Pueblo

Angela Sarace Friends of Nursing Scholarship University of Colorado at Denver

Kristina Vandermark Wayne T. “Dusty” Biddle Memorial Scholarship Colorado Christian University

Stacy Woll Josephine Ballard/Presbyterian Scholarship University of Colorado at Denver

Charlotte Wimer Friends of Nursing Scholarship Colorado Mesa University

Alisha Zimmer Friends of Nursing Scholarship University of Colorado, C. S.

The following officers were elected for the 2014-2015 year at the March 28th Annual Meeting: Juanita Tate, President; Cris Finn, President Elect; Pam Spry, First Vice President; Judy Igoe, Second Vice President; Ruth O’Brien, Treasurer; Kathleen Whalen, Recording Secretary. Those elected to the Nominating Committee were Elaine Graves, Mary Carol Ferrera and Sharon Kent.

Online applications for scholarships to be awarded spring 2015 will open on August 15, 2014. Go to www.FON.org to obtain information and register for application. Only online applications are accepted. Baccalaureate and higher degree nursing students enrolled in one of the nine schools shown above are eligible, with a preference for students living in Colorado.

For additional information contact Vicki Browning, Search Committee Chair vbrownri@uccs.edu
Interested applicants apply online at: www.jobsatcu.com

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Can Nurses Be the Cornerstone of Integrated Care?

What essential skills need to be taught?

What about the 3.1 million nurses who are currently in the workforce and no longer in school? Let’s open the doors for them to new ways of lifelong learning.

Working with other healthcare providers, we could offer “boot camps” focused on essential skills for integrated care; certified providers who need access to online modules that can provide “anytime, anywhere” learning in integrated care; and focused sessions that master the use of telehealth and other mobile technologies to reach people in rural and underserved communities.

Even more creatively, we can plan and implement a new type of graduate program in integrated care that is truly interprofessional in nature, and focuses on team as well as individual competencies (Feldman & Feldman, 2013).

The possibilities are exciting if we can take the opportunity to move forward rather than seeing the dynamic between academia, credentialing bodies, and professional guilds as a barrier.

References


Peer Assistance Services, Inc. provides trainings on SBIRT, utilization of screening tools in primary healthcare, and how to recognize “risky” drinking/drug behaviors. Call us at 303-369-0039 or visit the SBIRT Colorado website: www.improvinghealthcolorado.org. Article submitted by Donna Strickland, MS RN PMHCGS-BC, Clinical Services Director, Peer Assistance Services, Inc., Denver, CO.

This article is a reprint from SAMHSA-HRSA Center for Integrated Solutions, June 2014.

Authored by: Gail W. Stuart, PhD, RN, FAAN, Dean and Distinguished University Professor, College of Nursing, Medical University of South Carolina; President, Board of Directors, Annapolis Coalition on the Behavioral Health Workforce.

The broader healthcare field has been talking about providing integrated care for some time now, but how can we move “integrated” from a descriptive adjective to an action verb?

The answer connects to understanding how the largest group of healthcare providers can aid in this movement. There are more than 3.1 million registered nurses in this country who provide care in every community and in a wide variety of settings. They are often the first provider you see if you need healthcare services.

Some of these nurses have graduate degrees and assume the role of Advanced Practice Registered Nurses (APRNs). The largest majority of APRNs are primary care nurse practitioners, and some are specialists in psychiatric-mental health nursing.

For a moment, however, let’s focus on those nurses who do not have advanced education in behavioral health. The behavioral health specialty workforce, in general, is few in numbers and we clearly need more of every type of mental health provider (Hoge et al., 2014), including advanced practice psychiatric nurses (Hanrahan et al., 2012). But I believe that we will never truly achieve integrated care if we rely solely on the specialty workforce.

What is needed is greater preparation in mental health and substance use issues among all nurses, including those without graduate degrees and those who are pediatric, adult, and family nurse practitioners in primary care settings.

If all nurses on the front line of care had essential skills in recognizing, assessing, briefly treating, and appropriately referring those with mental health and substance use problems, we might begin to move “integration” into that action mode of truly making a difference.

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- Tuition reimbursement • Employee Assistance Program (EAP)
- Excellent health/dental/vision plans • Flexible Spending Account
- 24-hour Acute Psychiatric Treatment Unit (ATU)
- 3.1 million registered nurses in this country who provide care in every community and in a wide variety of settings
- They are often the first provider you see if you need healthcare services
- Some of these nurses have graduate degrees and assume the role of Advanced Practice Registered Nurses (APRNs)
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What about the 3.1 million nurses who are currently in the workforce and no longer in school? Let’s open the doors for them to new ways of life-long learning.

Can we think outside the box?

What about the 3.1 million nurses who are currently in the workforce and no longer in school? Let’s open the doors for them to new ways of life-long learning.

Working with other healthcare providers, we could offer “boot camps” focused on essential skills for integrated care; certified providers who need access to online modules that can provide “anytime, anywhere” learning in integrated care; and focused sessions that master the use of telehealth and other mobile technologies to reach people in rural and underserved communities.

Even more creatively, we can plan and implement a new type of graduate program in integrated care that is truly interprofessional in nature, and focuses on team as well as individual competencies (Feldman & Feldman, 2013).

The possibilities are exciting if we can take the opportunity to move forward rather than seeing the dynamic between academia, credentialing bodies, and professional guilds as a barrier.

References


Peer Assistance Services, Inc. provides trainings on SBIRT, utilization of screening tools in primary healthcare, and how to recognize “risky” drinking/drug behaviors. Call us at 303-369-0039 or visit the SBIRT Colorado website: www.improvinghealthcolorado.org. Article submitted by Donna Strickland, MS RN PMHCGS-BC, Clinical Services Director, Peer Assistance Services, Inc., Denver, CO.
Starting with this issue, the Colorado Nurse will include a column highlighting what we are calling “Nurses in the News!” If you have received/known another nurse who has received an award, done something that is newsworthy, etc., please submit the following information to the Editor. Name of the nurse, brief description of the award/event, etc. and contact information for us to verify the information. A “head shot” photo will be printed as space permits. We reserve the right to edit the submitted material.

Eve Hoygaard, Co-Editor

American Nurses Association Honors Extraordinary Leadership at 2014 Membership Assembly

Carol O’Meara Receives American Nurses Association President’s Award

SILVER SPRING, MD – The American Nurses Association (ANA) will present Carol O’Meara, MSN, RN, CN-P, with the 2014 President’s Award at ANA’s Membership Assembly meeting June 13-14 in Washington, D.C.

O’Meara, a member of the Colorado Nurses Association (CNA), is being honored for her role in leading ANA’s governing body to streamline the organization’s structure, thereby making it more efficient and responsive to today’s nursing issues.

“Carol’s leadership during ANA’s organizational transition, as well as her insightful and unwavering, a true testament to her strong support of our mission and strategic goals,” said ANA President Karen A. Daley, PhD, RN, FAAN. “She was key to the approval of the new strategic plan and to the development of the strategic goals,” said ANA President Karen A. Daley, PhD, RN, FAAN. “She was key to the approval of the new strategic plan and to the development of the strategic goals.”

The changes, adopted in June 2012, included replacing the 650-member House of Delegates with a member of the advisory council of the Colorado Nurses Association and chair (2009-2012). Today, she serves as an advisor and chair of the Colorado Nurses Foundation and Colorado .

O’Meara served in the ANA House of Delegates from 1980-2012. She also served on the ANA Committee on Bylaws as a member (2007-2009) and chair (2009-2012). Today, she serves as an ANA Membership Assembly representative from Colorado.

On the state level, O’Meara is a founding member of the Colorado Nurses Association Foundation and a member of the advisory council of the Colorado Nurses Association for Nursing Excellence.

At the CNA, she has been a board member, held three officer positions, and served as chair of multiple committees and task forces. She has been honored with the Colorado Nurses Association’s Virginia Paulson Award and the Sustained Contributions to Colorado Nurses Association Award.

Additional awards include the Advanced Practice Nurse/Physician Assistant of the Year Award and the Summit Award from Kaiser Permanente Colorado, where she works as an OB-GYN nurse practitioner. O’Meara also serves as a clinical preceptor for the University of Colorado at Denver and Regis University.

Jessie M. Scott Award

2014 Recipient: Cheryl A. Krause-Parello, PhD, RN New Jersey State Nurses Association

As a nursing educator, researcher and practitioner, Dr. Cheryl Krause-Parello is known for her outstanding energy, enthusiasm, self-confidence and commitment. As a nurse practitioner for more than 24 years, Dr. Krause-Parello has served as both a home health care nurse and a school nurse. Her clinical practice led her to develop evidence-based practice protocols for vulnerable populations – including the elderly, child sexual abuse survivors and wounded warriors – work that has influenced public policy.

Currently, she is working with colleagues to develop a Master’s of Nursing Degree and Certificate Program with a functional concentration in Military Health at the University of Colorado, Denver, to advance nursing science for the future. Dr. Krause-Parello’s service to education, research and practice is unparalleled, and her altruism, academic expertise and critical acumen continue to inspire her students and colleagues alike.

Jody DeStigter

Jody DeStigter, MS, RN-BC of University of Colorado Health was selected by the National Council of State Boards of Nursing (NCSBN) for the Nursing licensure examination (NCLEX®) item development panel. DeStigter was one of twelve nurses selected from across the nation. NCSBN, headquartered in Chicago, is responsible for developing and administering the NCLEX-RN® and NCLEX-PN® licensing exams.

DeStigter, MS, RN-BC, of University of Colorado Health was approved by the Colorado Board of Nursing and selected by NCSBN to participate on the NCLEX® item development panel of subject matter experts that was held in Chicago, IL on June 17 and 18th, 2014.

DeStigter was one of twelve nurses from across the nation to be selected for this assignment. She was nominated on the basis of clinical specialty and nursing expertise. All nurses in the United States and its four U.S. territories must take the NCLEX®. The licensing exam identifies those candidates who demonstrate minimal competence to practice nursing at the entry level. Passing the NCLEX® exam is one of the requirements necessary for attaining a nursing license.

Nurses interested in contributing to the profession through volunteering to serve on NCLEX® item development panels, should apply by completing the application online at www.ncsbn.org.

Laraine Guyette

Congratulations to Laraine Guyette, CNM, PhD, FACNM who received the 2014 Dorothea M. Lang Pioneer Award by the A.C.N.M. Foundation.

This prestigious award was awarded at the ACNM National meeting in Denver, in April 2014. Laraine, one of the earliest nurse midwives to practice in Colorado, is known for her ongoing commitment to the practice of nurse midwifery in this state. She was a faculty member at the University of Colorado College of Nursing, served as a reservist in the U.S. Army (retiring at the rank of Colonel), worked in public health settings and continues to practice at Denver Health Medical Center in the OB Screening Room. She is an active member of ANA/CNA at the District Level as well as on the Government Affairs and Public Policy (GAPP) Committee of CNA. Laraine has served on the Colorado Maternal Mortality Review Committee for many years.

Karren Kowalski

Karren Kowalski, PhD, RN, NEA-BC, ANEF, FAAN, is President and CEO of the Colorado Center for Nursing Excellence and Co-Lead of the Colorado Action Coalition for implementation of the IOM report. She works at Texas Tech University School of Nursing and teaches in the DNP program in Nursing Administration.

She previously served as Asst Vice President and Administrator of Women and Children’s Services and Chairperson of the Department of Maternal Child Nursing at Rush-Presbyterian-St. Luke’s Medical Center and Rush University in Chicago.

She completed doctoral work in Sociology, University of Colorado, with major areas of study in Leadership, Women’s studies and Family; receiving her PhD from Colorado, University of Colorado and MSN, University of Colorado. She has served as Project director on seven state and federal grants totaling more than $6.4 million; authored numerous articles and co-authored advanced textbooks, including Fast Facts for the Classroom Nursing Instructor, and Beyond Leading and Managing, Nursing Administration for the Future and is an Associate Editor of IJN.

Dr. Kowalski is a Viet Nam Army Nurse veteran, a Magnet appraiser and the recipient of numerous awards and honors focusing on leadership. Among these are the 2010 Colorado Florence Nightingale recipient, Distinguished Alumnae of the University of Colorado, School of Nursing, charter member of the Colorado Nurses Association Hall of Fame, past president of CNA and President Elect of CGEN (Council of Graduate Education for Administrative Nursing). She was elected to the American Academy of Nursing (1981) and to the Academy of Nursing Education (2013).

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Why Your Professional Profile is Important

Registered Nurses are recognized as the most trusted healthcare providers. As professional leaders, Registered Nurses must advocate for those to whom we provide services and the policies and practices that regulate the services. By establishing and maintaining a professional profile, each Registered Nurse has an opportunity to become involved in activities that match their personal interests and/or goals for professional development.

The American Nurses Association (ANA) electronically maintains CNA's membership database. By completing the profile update on “My ANA,” your information will be entered into CNA’s membership database. Dependent on your professional information, you may be contacted to support state level activities or represent our Association at the national level in professional activities such as virtual or onsite committees, speaking during legislative sessions on matters relating to your area of expertise, or planning celebratory events for you and your colleagues. Lost your membership card? Log onto the profile page and print yourself a new one!

Steps for logging in to My ANA:
1) Go to www.nursingworld.org
2) Go to the upper left-hand side of the screen and select “My ANA”
   a. This is to the right of the ANA logo.
3) Enter your username and password
   a. The username will be your email address.
   b. If you can't remember your password, use the “reset/forgot your password?” option.
4) If you are still having trouble, email ANA at memberinfo@ana.org or call the Membership Department at 1-800-923-7709
5) Select “Modify Your Profile” from the blue box in order to update any of your personal information, such as, your mailing address, phone number, or your email address.
6) Select “Update Credit Card Information” to update payment information for recurring monthly payments.
7) The blue box will also give you the option to “Print Member ID Card” if you desire.

Steps for logging in to Colorado Nurse:
1) Go to www.LCCA.com/employment
2) Go to the upper left-hand side of the screen and select “CNAs”
   a. This is to the right of the ANA logo.
3) Enter your username and password
   a. The username will be your email address.
   b. If you can't remember your password, use the “reset/forgot your password?” option.
4) If you are still having trouble, email ANA at memberinfo@ana.org or call the Membership Department at 1-800-923-7709
5) Select “Modify Your Profile” from the blue box in order to update any of your personal information, such as, your mailing address, phone number, or your email address.
Seeking Nurse Mentors

The Colorado Center for Nursing Excellence is developing a pilot mentoring program for underrepresented minority nursing students. Student mentoring programs have a long history in educational programs, with the potential for significant beneficial impact. The purpose of this program is to support career development and to insure success of BSN degree completion and ultimately lead to an increase in the number of ethnically diverse nurses in the workforce.

Mentor commitment includes:

- Attendance at a day and a half Mentor Training Institute on August 15th and 16th.
- Twice monthly mentoring sessions for up to one year.
- Quarterly mentor support/training sessions.
- Monthly group coaching call for mentors.

Key skills required to be effective mentors will be taught in this day and a half workshop. For this mentoring program, nurses from racial and ethnic minority groups are preferred and encouraged to attend this workshop; however the workshop is open to all nurses interested in becoming mentors.

Mentors are desired, but not required. The Center is fully committed to providing necessary support to all mentors to make this a successful program. Thus the Center has built in a regular program of mentor support including an initial mentor training workshop.

For the purpose of this project “Racial and Ethnic Minority Group” means American Indians (including Alaska Natives, Eskimos, and Aleuts), Asian Americans, Native Hawaiians and other Pacific Islanders, Blacks, and Hispanics.

For more information please visit www.peerassistanceservices.org/employment for further information.


NURSING FACULTY – 2 Openings

Full-Time, Limited Faculty Member Assignment 167 work days. The faculty member is responsible for delivery of instruction to students in the Associate’s Degree Nursing Program. One position includes primarily clinical and lab supervision as well as some classroom teaching. Second position includes classroom teaching as well as clinical and lab supervision. Both positions include student advisement, and participation in department, divisional and college-wide activities, curriculum development, and professional development. Teaching and clinical assignments may include evening, night and weekend offerings.

For full announcements & Employment App., visit http://www.morgancc.edu/about-mcc/jobs or e-mail human.resources@morgancce.edu, or call 970-542-3129.

Start Believing...

- You have the capacity to transform the lives of your colleagues struggling with substance use and mental health concerns.
- You can be a part of a compassionate team that strives to improve people’s lives.
- You are capable of saving the careers of valuable, educated health professionals...you belong here.

NOW HIRING!

If you are interested in pursuing a meaningful career as a Case Manager and/or Compliance Specialist in the Nurse Peer Health Assistance Program, please visit www.peerassistanceservices.org/employment for further information.

Colorado Student Nurses Association

https://www.facebook.com/groups/40909776269/

Please save the date

“ANSWERING THE CALL”

“LET WHOEVER IS IN CHARGE KEEP THIS SIMPLE QUESTION IN HER HEAD (NOT, HOW CAN I ALWAYS DO THIS RIGHT THING MYSELF, BUT) HOW CAN I PROVIDE FOR THIS RIGHT THING TO BE ALWAYS DONE?”

FLORENCE NIGHTINGALE

OCTOBER 11, 2014

UNIVERSITY OF NORTHERN COLORADO

Annual Fall Convention

Presented by

Colorado Student Nurses Association

http://www.coloradostudentnurses.org/

https://www.facebook.com/groups/40909776269/

Case Management Society of America - Rocky Mountain Chapter

Annual Conference - October 3, 2014

Rockin’ Case Management from the Foundation Up

Denver Marriott West, 1717 Denver West Marriott Blvd, Golden

Friday, October 3, 2014 7:00am-5:00pm

Cocktail Reception Thursday, October 2, 5:30-7:30pm

Registration Open on Website

www.cmsa-rmc.org

hoeWestCO.org • (970) 257-2364

 stareed openings for RNs

- Competitive salary & flexible hours
- Nursing Clinical Ladder
- Car leasing program
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- Retirement plan
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Voted as a Best Company to work for in Colorado three years in a row, come find out why... apply online today!

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Consider a Career at Saint Alphonsus Health System

Saint Alphonsus Health System is a four-hospital regional, faith-based Catholic ministry serving southwest Idaho and eastern Oregon.

Opportunities available in:
- Intensive Care
- Coronary Care
- Emergency
- Department
- Clinical Support Team
  (Float Pool)
- Med-Surg
- Rehab
- OB/NICU
- Main OR
- Nursing Professionals

To learn more and to apply, please visit www.saintalphonsus.org/careers
Or call Roxanne Ohlund 208-367-3032 or Rick Diaz 208-367-3118

Make a difference

COLORADO MENTAL HEALTH INSTITUTE AT FT. LOGAN
MENTAL HEALTH NURSING

The Colorado Mental Health Institute at Ft. Logan, located in southwest Denver, is dedicated to providing psychiatric services for adults in the Denver Metro area. The 94 bed inpatient facility provides state-of-the-art nursing care, integrating Trauma Informed Care. One of the first hospitals in the nation to implement SAMHSA’s Recovery to Practice initiative, our nurses take the time to give the best possible care. We provide our new nurses, including graduate nurses, an in-depth orientation.

As an employee of the State of Colorado, you have the opportunity to provide an invaluable service to the citizens of Colorado.

Positions available include:
- Full and Part-Time Staff Nurses
- Float Pool Nurses, Nursing Management
- Four 10-Hour Night Shift Scheduling.

You will also be offered:
- Competitive shift differentials
- Ongoing staff development
- Excellent benefits package
- Secure and flexible state retirement
- Work in a dynamic environment

Contact our Nurse Recruiter at 303-866-7059
https://www.colorado.gov/dhr/jobs

There is no better place to work!
**ANA Membership Application**

For dues rates and other information, contact ANA’s Membership Billing Department at (800) 923-7070 or email at memberservice@ana.org

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| Membership dues vary by state. Visit joanna.org to check dues rate in your state. |
| Dues Rate | $ |
| ANA-PM Contribution | $ |
| ANF Contribution | $ |
| Total Dues and Contributions | $ |

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| Authorization Signature |

**New & Returning Members**

Welcome to New and Renewing Members Colorado Nurses Association 2nd Quarter 2014

- Patricia Abbott
- Shauna Acker
- Amanda Amador
- Matt Backlund
- Jennifer Bienemann
- Judi Bobbitt
- Susan Botarelli
- Christina Browning
- Suzanne Cabral
- Jane Carnes
- Tom Chandler
- Jennifer Chavez
- Katharine S. Church
- Hilary Conn
- Louise Cook
- Candy R. Cromell
- Stacy Cruz
- Linda Despain
- Chelsea Feldhausen
- Jeff Foster
- Fatu Foster
- Leslie Gale
- Judith Gallaher
- Bonnie L. Gance-Cleveland
- Elysha Goodgion
- Alicia Green
- Leslie Hall-Huz
- Ashley Harrah
- Kelly Hebel
- Ashley D. Heise
- Chandra Henson
- Veronica Hernandez
- Deborah A. Hinnen
- Kina Howard
- Carol Johnson
- Sherry L. Ketner
- Megan Kinney
- Hannah Krostel
- Carmen Luttrell

- Sarah Masten
- Kathleen McGinleyWest
- Dolores Melius
- Virginia Middleton
- Jara Miller
- Angela Mullins
- Kimberly A Nash
- Hannah Neipp
- Kathy Nurick
- Devon Obenauer
- Rebecca Odonnell
- Erika Osborn
- Carla Parker
- Andrea Plested-Redohlado
- Anarita Grush
- Jammie Reichel
- Suzanne Retzer
- Cynthia Robison
- Shannon Ryan
- Sher L. Sauer-Demos
- Ingrid Johnson Serio
- Andrea Sethe
- Elizabeth Sewczak
- Brianna Sheridan
- Justine Sherman
- Ashley Shurley
- Lauren Smith
- Wendy Smith
- Amy Smith
- Kameel Sneij
- Ping Song
- Patricia A. Staples
- Margaret Storey
- Pamela Swanseid
- Carolyn Swenson
- Sarahalyn Trace
- Deborah Tuffield
- Teri Walker
- Tiffany Zampino

At Regis University, nursing and social justice go hand in hand.

A non-profit university in the Jesuit Catholic tradition, our degree will help you transform your career – and the quality of healthcare in your community. Take our AACN-CONE accredited program 100% online, or on campus in Denver, Colorado. But don’t wait, classes start soon.

**Programs include:**
- RN-BSN
- RN-MS, Nursing
- MS, Nursing: Leadership
- MS, Nursing: Family Nurse Practitioner
- MS, Nursing: Neonatal Nurse Practitioner
- Gerontology Certificate
- Doctor of Nursing Practice
- Post-BSN to DNP
- Graduate Academic Certificate in Health Care Education

**Apply today!** [regis.edu/coloradonurse](regis.edu/coloradonurse)

healthcare@regis.edu | 800.855.8683

Fax: Completed application with credit card payment to (800) 438-8385
Web: Join instantly online. Visit us at joanne.org
Mail: ANA Customer & Member Billing PO Box 59545 St. Louis, MO 63150-4945

Regis University is accredited by the Higher Learning Commission and a member of the North Central Association, www.ncahlc.org. The Loyola Heights School of Nursing is accredited by the American Association of Colleges of Nursing – Commission on Collegiate Nursing Education (AACN-CONE).

**Regis University**

**LOOK OUTWARD. INQUIRE WITHIN.**
Just Because You Received This Publication, Doesn’t Mean You Are a CNA Member

Every Registered Nurse in the state receives a copy of The Colorado Nurse – whether or not you are a member. So if you are not a member, please carefully weigh your decision. The old adage that “there is strength in numbers” is absolutely true. The Colorado Nurses Association advocates for you and your profession. When we meet with your legislators and they ask us how many Registered Nurses there are in the state and we reply nearly 4,000, they are impressed. But then, they ask us how many members we have and we reply 20,000 members. The good first impression quickly goes away.

It is quick and easy to join ANA/CNA online.

Below are instructions on how to join for non-members.

You can join ANA by going to www.nursingworld.org and selecting the red button that says “Join” and then following the steps below:

1) Enter their email address in the white box and select “Join Now”

2) Select that you are a registered nurse and select your state then hit “Continue”

3) Select the membership type that you would like to join and hit “Continue”

a. If you select ANA and State Membership, you will need to choose their current status and District/Chapter/Region (typically this will be the county that you live in) and then select “Search”

i. You will then need to choose whether you want to pay annually or monthly and then select “Become a Member”

ii. If you choose monthly, you will need to check the monthly deduction authorization box, agreeing to have ANA deduct monthly payments.

4) You will then be able to choose if you want to make a donation to ANF or PAC 

a. If you do not wish to make a donation, you can just select “Continue”

5) Next you will need to select “Checkout” in order to move to the profile and payment sections

6) This will bring you to a page where you will need to either log in or create an account

a. If you have created a profile with us before, then you can just login. If not, you can select “Create an Account”

Doesn’t Mean That You’re a Member continued on page 17
7) You will then need to either enter your personal information for the first time or update your information. When finish they should select “Update My Profile.”

8) You can then select “Checkout” again, which will take you to the payment page.

9) You can now enter your credit card information and select “Process My Order.”

Doesn’t Mean That You’re a Member continued from page 16

Find your Right Fit

Cheyenne Regional is looking for Registered Nurses who are the Right Fit.

At Cheyenne Regional, you’ll work on the front lines of Wyoming healthcare as part of a strong, stable healthcare organization— one with big plans and a clear direction for growth. That means big opportunities for nurses with the right combination of skills, dedication and experience in evidence-based practice.

Cheyenne Regional offers:

- New Emergency Department and Cancer Center
- Health, dental and vision benefits
- Competitive salary
- Long-term/short-term disability
- Educational assistance
- On-site professional development
- 12-month Nursing Residency Program for new graduate nurses
- Specialty Nursing Fellowship for experienced nurses

If we sound like the right fit for you, please call Cheyenne Regional at 800-477-4520 to learn more about our career opportunities.

cheyenneregional.org
Here’s your chance to give back to those who gave the most.

The Denver VA Medical Center is much more than just another employer. We are an honorable, open and welcoming community that takes care of the men and women who support and take care of us.

Our healthcare staff enjoys:

- Competitive Salary
- 13 to 26 annual paid vacation
- 13 sick days and 10 holidays
- Flexible scheduling
- Advancement opportunities
- One license/50 states
- Stable health and retirement benefits
- Liability protection

The Denver VA Medical Center has a variety of Nursing and non-Nursing positions available, to learn more please contact the following:

For Nursing Positions, contact:
Shelli Kriley
Shelli.Kriley@va.gov
303-750-7556

For other Positions, contact:
(303) 399-8020 ext: 2815

Apply online at:
www.usajobs.gov

EOE - Hiring Veterans and non-Veterans

After receiving treatment in an emergency department (ED), a 36-year-old woman died of undiagnosed sepsis. The physician and nurse who treated her were sued by the family. The lawsuit claimed that the nurse — who had worked a busy, 14-hour shift in the ED — failed to document an elevated heart rate on discharge and failed to tell the physician that the patient had had her spleen removed. The jury awarded the plaintiffs $1.2 million. The nurse was responsible for 40% of that award: $480,000.

It’s because of cases like this that the American Nurses Association (ANA) offers the Nurses Professional Liability Program. It protects nurses from the potentially devastating impact of malpractice lawsuits.

Get the protection you need — without paying more than you need. To take advantage of special rates for ANA members, visit proliability.com/65007 for an instant quote and to fill out an application.

MALPRACTICE INSURANCE OFFERED BY THE ANA ANNUAL PREMIUM AS LOW AS $98* Protect yourself now! Visit probility.com/65007 or call 800-503-9230.

After receiving treatment in an emergency department (ED), a 36-year-old woman died of undiagnosed sepsis. The physician and nurse who treated her were sued by the family. The lawsuit claimed that the nurse — who had worked a busy, 14-hour shift in the ED — failed to document an elevated heart rate on discharge and failed to tell the physician that the patient had had her spleen removed. The jury awarded the plaintiffs $1.2 million. The nurse was responsible for 40% of that award: $480,000.

We all make mistakes. But as a nurse, one mistake can lead to disaster. Consider this real-life example.

CONTINUING NURSING EDUCATION

Minding the Bedside: Meditative Awareness and Compassion
September 12-13, 2014

Explain mindfulness, meditative awareness and spaciousness in relation to a compassionate presence and create a plan for using the “one-minute” compassion practice at the bedside. www.regonline.com/MBSR14

7th Annual Advanced Practice Provider Leadership Summit
September 19-20, 2014

Share information with healthcare leaders and clinicians to develop a platform & map solutions for all issues related to advanced practice leadership. www.APexecutives.org

Twelve Lead ECG for Advanced Practice Providers
October 1, 2014

Recognize abnormalities on the 12 lead ECG. Limited spaces! www.regonline.com/ECG2014

Motivational Interviewing for Healthcare Professionals
October 24, 2014

Develop and practice motivational interviewing techniques to support client health behavior changes. www.regonline.com/Oct24MI

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The University of Colorado College of Nursing is an approved provider of continuing nursing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.