



The Mississippi RN

THE MISSISSIPPI NURSES ASSOCIATION IS THE VOICE OF REGISTERED NURSES IN MISSISSIPPI AND HAS PROVIDED LEADERSHIP TO IMPROVE THE HEALTH OF ALL PEOPLE FOR THE PAST 100 YEARS

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Quarterly circulation approximately 55,000 to all RNs, LPNs, and Student Nurses in Mississippi.

Summer 2014

Executive Director's Column

Teresa Malone

Recently I discussed with a group of new MNA members the opportunities to serve on MNA's numerous committees and as leaders at the District level. MNA is fortunate to have members who routinely give of their time and expertise to ensure that MNA remains the strong voice of nursing in our State. Serving at the District level, determining convention themes and activities, reviewing legislation, presenting at conferences



Teresa Malone

and conventions, developing new programs, ensuring that continuing education offerings meet appropriate standards – these are just a few of the many activities in which volunteer members routinely participate. Serving as a member of an MNA committee provides members a unique opportunity to contribute to MNA. This participation also provides an opportunity to interact with nursing professionals from a variety of fields.

As evidenced by the Provider Unit's achievement in obtaining ANCC's Accreditation with Distinction and the many successful programs and conventions provided by MNA, these volunteer members go above and beyond to ensure that MNA meets the needs of our members. MNA recently concluded an informative and energized APRN conference in Mobile, Alabama, complete with renowned presenters, wonderful food, and some of the best jazz in the south provided by Mississippi's own Mr. Kimble Funchess. The Provider Unit and Convention Planning Committee are currently preparing for another exciting Annual Convention in Biloxi, Mississippi, October 21-24. I think you will find this convention to be described as "out-of-this world" – be on the lookout for information on this year's convention theme! In addition, our committees are continuously researching and developing plans for programs and offerings to meet the needs of our members. Likewise, our District Presidents continue to support members throughout our State by coordinating meetings with informative speakers and networking opportunities.

MNA is grateful for the support and dedication of all our volunteer members! If you are interested in participating on a committee, would like information regarding any of our committees, or have a suggestion for a committee, please contact our office.

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A Message from the President

Jennifer Hitt, RN, MSN, CNE

MNA remains the steady and experienced voice of all registered nurses in Mississippi. For more than a century, MNA, with nurse leadership at its helm, has represented nurses in all aspects of their profession. MNA has a long history of working successfully with other nurse specialty organizations that have grown in the past years, most with a focus on education and networking. These specialty groups have worked side-by-side with MNA, appreciating that MNA has the experience, leadership, community and business relationships, and financial resources that have allowed it to consistently remain the voice of nursing to the profession, public, legislature and other elected officials.



Jennifer Hitt

You may have recently received information from a new organization soliciting money from, and membership of nurse practitioners. Some have asked whether this new organization is a component of MNA. It is not. This group is not associated with, nor has it sought to collaborate with MNA. We are all registered nurses and must support each other in our efforts to move the nursing profession, as a whole, forward. MNA is committed firmly to remaining a united unit to advance the practice of all registered nurses in our State.

MNA has made great strides in advancing the role of the RN and APRN at the State and national

levels. All of us, as registered nurses, have benefited from these accomplishments. Increasing the number of nursing instructors, increasing the funding to nursing programs, helping to create the Office of Nursing Workforce, ensuring that registered nurses are members of key boards and committees throughout our State, obtaining approval for APRNs to write controlled substances, providing educational opportunities, educating business leaders, elected officials and other key stakeholders on the importance of registered nurses to the care of our State's patients and to our State's economy – these are but a few of the many areas in which MNA has been instrumental in advancing the registered nurse in our State. In addition, MNA's fundraising arm, the Mississippi Nurses Foundation, has awarded numerous scholarships and provided many opportunities for registered nurses to participate in both professional and community endeavors.

As nurses, we understand that this is a time of substantial change in healthcare and that we, as individual nurses, must work in tandem to ensure that all registered nurses be allowed to practice to their full scope of practice. MNA has the respect and support of elected officials that is required to move the registered nurses forward in our State.

As an RN, I am proud to be the President of an established association devoted to all the registered nurses in our State, an association that through utilization of the expertise of both RNs and APRNs has been successful, and has the foresight and established strategies to remain successful in the future so that we can continue our legacy of moving the nursing profession forward. I ask that you join me in supporting MNA and if you have an interest in serving on any of MNA's many committees, please contact me or the MNA office. **Let's keep our voice and our profession strong!**

Congratulations!



Patricia Martin, RN, who works in Emergency Services, has been named 2013 RN of the Year at Central Mississippi Medical Center (CMMC). Pictured from left to right: CEO Charlotte Dupré, Martin and Emergency Department Director Shea Bishop. Martin, who has 25 years of service to CMMC, resides in Jackson.



Betty Dobbs, RN, who works in Telemetry, was named 2013 RN of the 4th quarter at Central Mississippi Medical Center (CMMC). Pictured from left to right: COO Jon-Paul Croom; Dobbs; Telemetry Nurse Manager Charmaine Gatlin and Assistant Chief Nursing Officer Laura Knight. Dobbs, who has 5 years of service with CMMC, resides in Weir.



www.msurses.org

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MISSISSIPPI NURSES' ASSOCIATION

MARK YOUR CALENDAR!

NRCME/FMCSA DOT Medical Examiner Course	Madison, MS: June 5, 2014
Controlled Substances Update 2 Hour Video	Madison, MS: June 27, 2014
Pharmacology Summit	Madison, MS: July 25 & 26, 2014
Controlled Substances Workshop 10 Hour Video	Madison, MS: Aug. 21-22, 2014
MNA Annual Convention	Biloxi, MS: Oct. 21-24, 2014
NRCME/FMCSA DOT Medical Examiner Course	Biloxi, MS: Oct. 25, 2014
Controlled Substances Workshop 10 Hour Video	Madison, MS: Dec. 4-5, 2014
Central Europe Classic Christmas Markets Tour Strasbourg, Wurzburg, Nuremberg, Munich & Innsbruck	Travel Tour: Dec. 7-15, 2014
2015 Legislative Nursing Summit	Jackson, MS: Jan. 27, 2015
Treasures of France Tour Paris, Arles, Avignon, Antibes, Grasse, Nice & Monaco	Travel Tour: Mar. 19-28, 2015
2015 APRN Spring Conference	Tupelo, MS: April 24-25, 2015

Note: Future NRCME/FMCSA DOT Medical Examiner Courses will be scheduled as needed.

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The University of North Alabama is accepting applications for the position of Tenure-Track, Assistant Professor of Nursing. This position is a full-time, nine-month, tenure-track faculty appointment at the Assistant Professor rank. A master's degree in nursing from an accredited institution and an unencumbered nursing license in the State of Alabama are required; a doctoral degree is preferred. To view additional information and/or apply for this position, please visit the University of North Alabama Online Employment System at <http://jobs.una.edu>. Applications will only be accepted through this system. For questions, please email employment@una.edu or call 256.765.4291. UNA is an equal opportunity employer committed to achieving excellence and strength through diversity. UNA seeks a wide range of applicants for this position so that one of our core values, ethnic and cultural diversity, will be affirmed.



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Report from Council on Advanced Practice

**Linda Sullivan, RN, BC, DSN, FNP/PNP,
Director, Council on Advanced Practice**



Linda Sullivan

The APRN Spring Conference held in April at the Battle House Renaissance and sister hotel, Riverview Renaissance in Mobile, Alabama held true to its theme of **APRNs 2014: Partners in Healthcare** and was a great success with over 170 APRNs in attendance. The Conference showcased APRNs as key partners in healthcare and instrumental in moving healthcare forward. We were honored to have Joy Deupree, PHD, MSN, WHNP-BC, a nursing leader renowned for her outstanding work in health literacy, as our luncheon presenter on Friday. Her presentation focused on the fact that as nurses, we understand that low health literacy in our patients can be the leading factor that causes negative healthcare outcomes. Dr. Deupree's presentation reinforced the importance of APRNs considering the individual patient's health literacy when providing instructions to and gathering information from a patient. She further reiterated that APRNs are excellent in educating patients and focus on ensuring that patients fully understand the instructions given by the provider and this can often ensure the appropriate level of care is provided and the patients are more compliant to the plan of care developed. Dr. Thomas Dobbs, State Epidemiologist with the Mississippi State Department of Health, provided an eye-opening and informative presentation regarding the risk and dangers of infectious diseases to our patients. Dr. Dobbs also highlighted the progression of some of the lesser known infectious diseases. In addition to our distinguished luncheon presenters, the Conference provided an opportunity for attendees to obtain information from experts in a variety of fields and numerous hands-on workshops were also available. The Conference also allowed APRNs from throughout the south to network with their colleagues and the many vendors exhibiting during the Conference.

I also want to thank the many APRNs who contributed to the Political Action Committee (PAC). As you know, MNA is instrumental in moving forward the profession of all registered nurses in our State. This is especially important as MNA continues its work to remove the barriers facing the APRNs in our State. We, as APRNs, must help MNA continue to support us by participating in MNA and by our willingness to contribute to the PAC.

This is an especially important time for all of us to step up to the plate and not only give money and support to MNA but also for all of us to verbalize the ways that we might change the course of healthcare for Mississippi to those who help shape the course of action for our organization. Speaking in one clear voice, delivering a consistent, compelling and positive message to the community, to our patients and to the elected officials of Mississippi is vital if we are to move forward and finally remove the barriers to practice for all APRNs so we can at long last achieve the ability for full authority for APRNs to practice to their educational level of preparation.

This year at least 12 more states, Mississippi included, will renew their efforts to achieve full

practice authority, and if we are to be successful, we must demonstrate that we understand the boundaries of scope of practice, that we are truly invested in the healthcare of our patients and that we are prepared to take on the challenges of full scope of authority to practice. We need to begin a united effort early and continue a consistent message that reinforces the positive outcomes that can result from allowing us to do what we have been prepared to do. Persistence is the name of the game and we are making progress. We will make it to the finish line and achieve our goals. I am asking that we stay on course, speak in one voice to the legislators and our community, and demonstrate in a positive way what we can do for healthcare in

our state. If we finally and long last allow the 190,000 nurse practitioners nationwide and nearly 3,000 statewide to practice without the current barriers that limit so many nurse practitioners in so many states, we can open the doors for those with little or no access to care and for us here in Mississippi perhaps we can finally improve healthcare outcomes for all.

We need your input; so if you have not already joined the advanced practice council please contact the MNA office and volunteer now. We will be having a council meeting to discuss and plan for the coming year and I urge you to become involved. Thank you to all who already give so much of their time and energy!

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How do you help Mississippi and your community in times like these?

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Register to volunteer in a state or local emergency.**

The Mississippi Medical Reserve Corps (MMRC) is part of a national network of community-based units who contribute to local health initiatives and assist in response during public health emergencies.

If you are a health or medical professional, or are willing to assist in emergency response, you can register through The Mississippi Responder Management System (MRMS) to help our state in the event of a large scale disaster or other public health emergency.

If there is no MRC unit in your area, you can start one by contacting the MRC coordinator at the MSDH Office of Emergency Planning and Response at 601-933-6868.

FOR MORE INFORMATION AND TO REGISTER TODAY GO TO signupms.org



APRN Spring Conference 2014



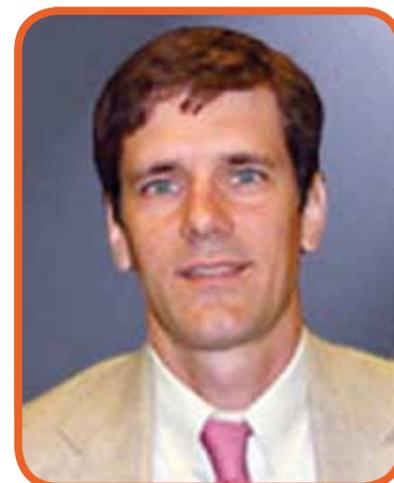
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- The Rane Center
- UAB School of Nursing
- USM School of Nursing



Joy Deupree, PhD, MSN, WHNP-BC, presents during the Friday luncheon



Thomas Dobbs, MD, MPH, State Epidemiologist with the Mississippi State Department of Health, spoke on the topic of "Emerging Infectious Disease Threats in the 21st Century"



Attendees network with vendors at expo



George Murphy, RN, MSN, FNP and Ellen Lee, RN, MSN, CFNP, enjoy networking at the conference



Attendees were delighted by jazz music provided by the talented instrumentalist, Kimble Funchess



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Mississippi Nurses Foundation

Leave a Legacy in Nursing



The Mississippi Nurses Foundation is a 501c (3) organization that supports the Mississippi Nurses Association. Its mission is to raise, accept and disperse charitable donations to promote professional nursing and better health in Mississippi.

As you think about leaving a legacy or your footprint in nursing, there are numbers of flexible ways to make a lasting gift with significant savings on estate, capital gains and other taxes. Below are some of the possibilities:

A **Bequest** in your will for a percentage of your estate or a specific amount of cash or property allows you to support the Nurses Foundation without giving up assets today. In leaving a bequest it is important to be specific in naming the benefactor. For example: Nurses Foundation does not always mean Mississippi Nurses Foundation. Be specific.

A **Gift of Real Estate** allows you to eliminate all capital gains taxes. You may also deduct the fair market value of your gift and remove the assets from your taxable estate. If you wish, you can transfer the deed to the Mississippi Nurses Foundation and live in or use the property for your lifetime. You will receive a current charitable deduction based on your life expectancy and the value of the home or property.

Charitable Lead Trusts allow you to “lead” with a gift to the Mississippi Nurses Foundation, typically over a period of years, and the remaining trust assets will pass to your family members. This can have significant advantages in estate and gift taxes.

Charitable remainder trusts allow you to receive income for life or for a period of time (up to 20 years), and the “remainder” of the trust assets could support the Mississippi Nurses Foundation. You receive a partial income tax deduction.

Life insurance policies are a giving option that few people think about. A life insurance policy that was purchased for financial security when you were younger may not be necessary to serve as the safety net

for which it was initially intended, and may now be a suitable asset to contribute. The life insurance policy can be donated, or you can name the Mississippi Nurses Foundation as the beneficiary after all end of life arrangements have been paid. Benefits may include a current income tax deduction for the gift of the policy, continuing income tax deduction for the premium payments and removal of insurance from your taxable estate.

Memorials and honorary gifts are a wonderful way to honor or remember a loved one. Many of our living donors and planned gift donors give in this way, and we notify the honoree or family members of the person remembered, to let them know a generous gift was made on their behalf. Examples of memorials and honorary gifts include: naming scholarships, engraved bricks, specific annual events in memory, etc.

Securities, if they have appreciated, are excellent assets for charitable gifts. These include shares of **stock, bonds and mutual funds units**. Such gifts result in twofold tax savings: You can avoid paying any capital gains tax on the increase in value of the stock since its purchase, and you receive a tax deduction for full market value.

IRAs and (some) pension plans are subject to income taxes if passed to your loved ones, whereas you may gift those assets to a qualified nonprofit like the Mississippi Nurses Foundation with no income tax burden. Also, beginning the year after you turn 70 1/2, you will be required to withdraw a minimum amount every year. If you wish to make a gift, you can use your required minimum withdrawal to make a gift. This outright gift will qualify as an income tax charitable deduction.

Bank accounts and CDs: You may name the Mississippi Nurses Foundation as the beneficiary of bank accounts and certificates of deposit upon your death. By doing so, you could leave the Mississippi Nurses Foundation the stability of continuing to support nurses in touching lives.

I hope you will consider remembering the Mississippi Nurses Foundation in your will as a part of your living legacy.

For more information, please contact Rosalyn Smith-Howard, Executive Director at rhoward@msnurses.org or call 601-898-0850.



Mississippi Nurses Foundation Announces Deadline for \$6,000 Car Tag Stipends

The Mississippi Nurses Foundation will award twelve stipends, made possible by the Nurses Car Tag Program—*Nurses Touch Lives*. The stipends will be awarded to nursing students enrolled in an accredited Associate, Baccalaureate, Masters or Doctoral Nursing Program in Mississippi.

Deadline for application is June 13, 2014. Stipends will be awarded by July 15, 2014.

Mississippi Nurses Foundation Announces Deadline for “DARE TO SOAR” Scholarship

\$1,000 Scholarship for a Registered Nurse in an Accredited Graduate Nursing Program in Mississippi

Applicant must be an MNA member, hold current, unrestricted Mississippi RN license, is a full time or part time student in an accredited Graduate Nursing Program in Mississippi with one semester remaining.

Deadline for application is July 11, 2014. Scholarship will be awarded by August 8, 2014.

Mississippi Nurses Foundation Announces Deadline for “Up to” \$2,000 Research Award

Applicant must be a member of MNA, enrolled in masters or doctoral graduate program in Mississippi, or a clinician, educator or administrator working in a health care facility in Mississippi.

Deadline for application is July 14, 2014. Scholarship will be awarded by August 18, 2014.

For application information and forms, please visit www.msnursesfoundation.com or contact:

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Mississippi Nurses Foundation



Have you ever wondered about the *perfect* way to show *appreciation* to someone who has had a significant *influence* in your personal or professional life?



“BRICK GARDEN”

The Mississippi Nurses Foundation provides a great opportunity for you to pay tribute to someone or an organization through our “IN HONOR” OR “IN MEMORY” BRICK GARDEN. This opportunity allows you to purchase a brick “In Honor” or “In Memory” of someone who has significantly impacted your personal or professional life. Your brick will be engraved with your choice of text and placed in the **Mary E. Stainton Center for Nursing Garden**, located at the Mississippi Center for Nursing in Madison, MS.

When you purchase your brick, an acknowledgement will be sent to the person, family or organization designated. The amount will not be disclosed.

Every two years, during Nurses Week, the Mississippi Nurses Foundation host a **Brick Dedication Ceremony in the Mary E. Stainton Center for Nursing Garden** to recognize all those being honored. Everyone who purchases a brick and all the honorees (or their families) will receive an invitation to the dedication.

Every nurse and nursing organization in Mississippi deserves to be honored with an engraved brick that shows appreciation of their contribution to your life.

What an amazing way to say, Thank You!

(Please fill out the form below, tear it off, and mail it in along with your payment)

Please select your brick and fax this form to the Mississippi Nurses Foundation with your contact information on the lines provided below.

- \$500 8" x 8" engraved brick (7 lines of type) placed in the garden.
- \$250 8" x 8" engraved brick (4 lines of type) placed in the garden.
- \$100 4" x 8" engraved brick (3 lines of type) placed in the garden.
- My gift is unrestricted - use it where it is needed most.

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\$1,000 – Burdonne Young School of Nursing Bequest Scholarships



Mississippi Nurses Foundation

The Mississippi Nurses Foundation was proud to offer every School of Nursing in Mississippi a \$1,000 scholarship made possible by the Emma Burdonne Young Scholarship Fund.

The students were selected by the School of Nursing Leadership based on criteria set forth by the Mississippi Nurses Foundation Scholarship Committee.

- | | |
|---------------------|--|
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| Rosiland Blaylock | Itawamba Community College |
| Anna Claire Cauthen | University of Mississippi Medical Center |
| Diane Chapman | Northeast Mississippi Community College |
| Clayton Coy | Pearl River Community College |
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| Taylor Davis | Mississippi Delta Community College |
| Mary Hodges | Delta State University |
| Cody Kaar | University of Southern Mississippi |
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| Cynthia Miller | East Mississippi Community College |
| Brianna Pendergrass | Mississippi College |
| Joshua Hunter Ray | Southwest Mississippi Community College |
| Colby Rigdon | East Central Community College |
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| Sarah Turner | Jones County Junior College |
| Emily Willis | Meridian Community College |
| Kristi Winter | Holmes Community College |

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 Rosalyn Howard



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Student Nurses News

Prior to attending the National Student Nurses Association (NSNA) Annual Convention, the legislative committee conducted an extensive literature review to identify a topic for a resolution to be presented to the House of Delegates at the convention.

A resolution is a written main motion on a subject of great importance (expressed in formal wording) that serves to establish the NSNA's position on matters of national scope and significance affecting student nurses, nursing and the health needs of the public. Resolutions serve to direct policies and actions of the NSNA as they collaborate with organizations like the American Nurses Association and others to impact decisions relative to the identified concern.

The title of the resolution was: **IN SUPPORT OF EDUCATION AND AWARENESS ABOUT THE CHANGES IN RECOMMENDATIONS FOR MANAGEMENT OF HYPERTENSION IN ADULTS.**

It aims to reduce the number of persons who could experience adverse side effects to antihypertensive medications by increasing education

MASN board members Olubusola Hall, Morgan Webb, Mary Kendall Land, and Mary Hodges attended the National Student Nurses Association Annual Convention in Nashville, TN this Spring.



and raising awareness about the recently released recommendations for managing hypertension in adults.

The student nurses found this topic important because studies have shown a high incidence of poly pharmacy among the elderly in the south who are prescribed anti-hypertensive drug therapies and

adverse medications reactions are a leading cause of death in the US. The board members enjoyed the opportunity to serve as advocates for the state and are pleased to announce that Mississippi's first resolution was adopted by the House of Delegates and passed by a vote of 91%.

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MNA's Provider Unit Achieves Accreditation with Distinction

Deloris Slade, FNP, BC
 Director, Council on Education

Congratulations to MNA's Provider Unit, led by Chairperson Marilyn Ellis, MSN, ANP, for securing MNA the highest level of accreditation that the American Nurses Credentialing Center (ANCC) awards to a provider of continuing education. Under the direction and exceptional leadership of Marilyn Ellis, this group of amazing nurses has worked together to secure MNA accreditation for four years, the maximum time allowed by the ANCC. MNA has a long history of being a leader in providing continuing education to the registered nurses of our State. The ANCC's Accreditation with Distinction is indicative of the Provider Unit's commitment to excellence. Chairperson Marilyn Ellis, in particular, deserves a special kudos for extraordinary service to the Provider Unit in preparation for the ANCC re-accreditation review that led to this award.

Although the ANCC review process takes place on a periodic basis, the Provider Unit is diligently working throughout each year to provide quality educational resources for RNs and APRNs alike. Offerings of more than 40 hours for the Registered Nurse and more than 50 hours for the Advanced Practice Nurse, not inclusive of District Meetings, are reviewed and credentialed to ensure that Mississippi nurses remain abreast of the newest developments and trends in healthcare.

The credentialing process for a continuing education offering is neither simple nor quickly accomplished. This process typically begins with

a request for a specific topic. Based on its wealth of experienced nurse members and contacts in healthcare, the Provider Unit then identifies an "expert" in the topic and/or field requested. The Provider Unit also issues a "Call for Speakers" as plans for Continuing Education meetings are underway to accommodate requests from members on specific educational topics. Once an expert has been identified and the level of proficiency in a particular area has been validated, the Provider Unit coordinates obtaining the required ANCC forms and information from the speaker including the objectives for the session and resources cited by the speaker to authenticate his/her presentation. The Provider Unit also works with MNA staff and the designated presenters to determine the most opportune scheduling of sessions for the presenter and the session attendees.

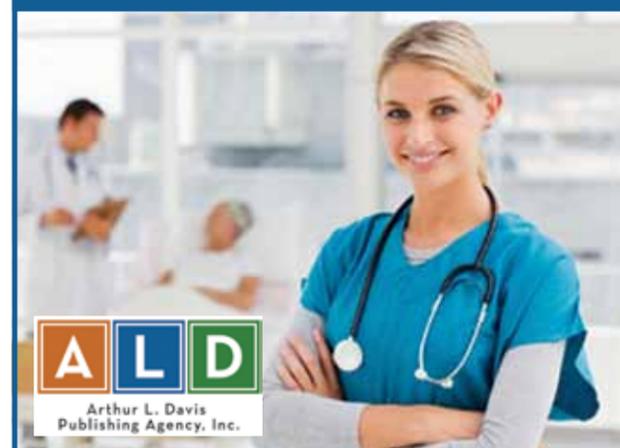
The above process is repeated for each and every educational opportunity presented by MNA. In addition, the Provider Unit is responsible for participation in both an ANCC annual review of the educational activities as well as the re-accreditation process that occurs every four years. Marilyn Ellis and her team on the Provider Unit work very hard to ensure that the nurses of Mississippi have access to the best available options to increase their knowledge base, making positive patient outcomes a reality. As Director of the Council on Education, it is my privilege to work with this dedicated group of nurses. The nurses and patients of Mississippi owe a tremendous **Thank You** to this group for a job well done!

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